

**Community Directory**

**Devonport - Takapuna, Hibiscus and Bays, Kaipatiki, Rodney, Upper**

**Harbour, Henderson - Massey, Waitakere Ranges, Whau, Albert -**

**Eden, Great Barrier, Maungakiekie - Tamaki, Orakei, Puketapapa,**

**Waiheke, Waitemata, Franklin, Howick, Mangere - Otahuhu, Manurewa, Otara - Papatoetoe, Papakura**

Created 05/05/2021

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# Addiction

**Al-Anon Family Groups - Auckland/Northland**

FSD0006580 Last updated 06/08/2020

Support groups for family and friends who have been affected by someone else's drinking. It is an anonymous programme.

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| --- | --- |
| office@al-anon.org.nz  (09) 309 4792 (0508) 425 2666 http://www.al-anon.org.nz | Office Hours: Tuesday, Wednesday, Thursday 10am-3.30pm.  Please visit website for meeting times and venues.  Koha/donation may apply.  No referral required. |

**Alcoholics Anonymous - Auckland Service Centre**

FSD0006692 Last updated 07/09/2020

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

Level 2, Wesley Bicentenary Hall 78 Pitt St, Newton Auckland 1145



aaasc2011@gmail.com  9.00am to 4.30pm Monday to Friday.

(09) 366 6688 Koha/donation may apply.

(0800) 229 6757 No referral required. http://www.ascaanz.org

**Altered High Youth Service, CADS Auckland**

FSD0017122 Last updated 20/10/2020

CADS Altered High is a free health service, with a core focus on alcohol and other drug use, as well as co-existing problems. We work with young people (13-20) and their whanau in all areas of Auckland, being mobile we can travel to your local area. We are the service for you if you want some advice or have concerns about your own substance use or someone elses.

Level 2 409 New North Road Kingsland Auckland 1021



alteredhigh@waitematadhb.govt.nz  Monday to Friday 0830 to 16:45

(09) 845 1893 All services free of charge. https://alteredhigh.com/ No referral required.

**Anti-dose Ltd**

FSD0023898 Last updated 17/01/2021

At Anti-dose we provide private, confidential and affordable addiction counselling to individuals wanting to make positive changes in their lives. We work in a collaborative and motivational way and use evidence based modalities which are considered the "GOLD STANDARD" in the treatment of addiction.

As addiction counsellors in recovery we believe it's crucial to have a personal history with addiction when providing addiction counselling. At Anti-dose we recognise how important it is for our clients to feel truly understood when it comes to the reality and insanity of addiction. Our understanding of addiction enables us to walk alongside our clients with an empathetic and nonjudgmental approach. We are passionate about helping others reclaim their lives and believe that anyone can find recovery and a life worth living when provided with the right kind of support.

|  |  |
| --- | --- |
| antidoseltd@gmail.com  (021) 146 0060 (021) 222 8945 https://anti-dose.co.nz/ | Hours  Mon - Thu 9am - 8pm  Some charges may apply.  No referral required. |

**ASH (Action For Smokfree 2025)**

FSD0003632 Last updated 17/08/2020

We offer an education/ information and advisory service.

9 Kalmia Street Ellerslie Auckland 1051



ashnz@ash.org.nz  10am -5pm Monday - Thursday (021) 379 344 All services free of charge. http://www.ash.org.nz No referral required.

**Auckland City Mission**

FSD0003285 Last updated 23/10/2020

The Mission provides unique and specialised health and social services to marginalised Aucklanders.

23 Union Street Auckland 1010



info@aucklandcitymission.org.nz  Reception - 8:30am to 5:00pm

|  |  |
| --- | --- |
| (09) 303 9200 http://www.aucklandcitymission.org.nz    **Classification : THP** | Some charges may apply. Referral may apply. |

**Auckland Mental Wellness Centre**

FSD0023975 Last updated 17/07/2020

Auckland Mental Wellness Centre has a team of registered psychologists, who provide general counselling and specialist psychological services for children, adolescents, adults, and families.

We also do report for court and Immigration New Zealand.

16 Fernly Rise Flat Bush Auckland 2019



aucklandmentalwellness@gmail.com  Monday - Friday 9am-8pm

(09) 558 4455 Saturday 9am-8pm

(021) 960 303 Some charges may apply. http://aucklandmentalwellness.com No referral required.

**Bridget Wilson**

FSD0023250 Last updated 17/09/2020

A counselling service for people with addiction and their families, specialising in treating people with sexual addiction, and their families.

1D 238 Karangahape Rd Newton Auckland 1010 bridget@solutionsauckland.com  by appointment



(020) 403 91388 Some charges may apply. http://www.solutionsauckland.com No referral required.

**CADS Auckland - Central**

FSD0008280 Last updated 09/02/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

Level 1 409 New North Road Kingsland Auckland 1021



cads@waitematadhb.govt.nz  8:30 - 5:00pm Mon-Fri.

(09) 845 1818 (call centre) People can walk in between 10am - 1pm Mon-

(09) 845 1800 (reception) Fri and be seen without an appointment.

http://www.cads.org.nz Some after hour appointments and groups

available.

All services free of charge. No referral required.

**Classification : PACIFIC**

**CADS Auckland - North**

FSD0008277 Last updated 28/04/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

44 Taharoto Rd Takapuna North Shore City 0622



CADSDutyNorth@waitematadhb.govt.nz  8.30am - 4.30pm Monday to Friday. People can

(09) 488 2701 access a counsellor without an appointment http://www.cads.org.nz 10am - 1pm Mon to Friday. Some appointments

and groups are offered after hours.

All services free of charge. No referral required.

**CADS Auckland - Regional Office**

FSD0003430 Last updated 09/02/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages.

Pitman House 50 Carrington Road Point Chevalier Auckland



(09) 845 1818  Mon - Friday 8.30 to 5pm.

(09) 815 5830 All services free of charge. http://www.cads.org.nz Referral may apply.

**CADS Auckland - South**

FSD0008278 Last updated 28/04/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

Building 4 17 Lambie Drive Manukau Manukau City



CADSDutySouth@waitematadhb.govt.nz  9am - 4.30pm Mon to Fri.

(09) 845 1818 Walk-in clinic 10am-1pm. http://www.cads.org.nz Some groups available after hours.

All services free of charge. No referral required.

**CADS Auckland - West**

FSD0008279 Last updated 28/04/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

Level 1 1 Trading Place Henderson Waitakere



cadsdutywest@waitematadhb.govt.nz  Mon to Fri 8:30a.m. - 4:45pm. People can walk

(09) 845 1818 in between 10am - 1pm Mon- Fri and be seen

http://www.cads.org.nz without an appointment. After hours groups also

available.

All services free of charge. No referral required.

**CareNZ Ltd - Auckland**

FSD0006830 Last updated 19/04/2021

To provide alcohol and other drug treatment services for people and their families affected by alcohol and drug abuse/dependence in Counties Manukau.

521 Great South Road Manukau Auckland



auckland@carenz.co.nz  Monday to Friday 8.30am - 5.00pm

(09) 276 7193 Some charges may apply.

(0800) 682 468 No referral required. http://www.carenz.co.nz

**Caroline Williams Therapy & Counselling**

FSD0016172 Last updated 31/10/2020

There are times in life when we need to reach out for professional support to end the silent struggle and create a life of hope. Caroline Williams, a qualified and experienced counsellor, can help you with a range of issues including:

Substance use problems or eating disorders

Anxiety and depression

Co dependency or abusive relationships

Relationship issues, families or couples welcomed

Trauma and abuse ( historical or recent)

Caroline provides individual and family therapy with WINZ subsidies and Victim Support subsidies available.

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| therapycaroline@gmail.com  (021) 070 6343 https://carolinewilliamsnz.com/      **Changing Minds** | Tuesday to Friday with evening sessions available.  Some charges may apply. No referral required. |
| FSD0021620 | Last updated 05/02/2021 |

Changing Minds is a not-for-profit organisation that works to provide information for those impacted by mental health and addictions including individuals, families, whanau, workplaces and industries. Changing Minds advocates for people's stories and experiences to support, educate and change conversations around mental health and addictions.

762 Mt Eden Road Mt Eden Auckland 1024



operations@changingminds.org.nz  9am - 4.30pm weekdays (09) 623 1762 All services free of charge. http://www.changingminds.org.nz No referral required.

**Christians Against Poverty New Zealand**

FSD0019638 Last updated 08/03/2021

CAP’s purpose is to release people from poverty and all its causes. To achieve this, CAP targets key drivers of poverty through the following five FREE services:

1. Debt Help: releasing people from the burden of unmanageable debt. Clients work with teams inlocal communities around New Zealand whilst receiving long-term support from trained and experienced specialist teams based at our Head Office.

1. CAP Money Courses: three-session, interactive money management courses that encouragepeople to budget, save and spend wisely.

1. CAP Job Clubs: Helping job seekers back into the workforce through practical help, personalcoaching and a supportive environment.

1. Life skills: a friendly, fun community group which empowers people to thrive on a low income.

1. Release groups: a confidential, caring group that support people to find freedom from lifecontrolling habits.

55 Hugo Johnston Drive Penrose Auckland 1061



info@capnz.org  9-5 Monday to Friday (09) 270 0334 All services free of charge.

(0508) 227 111 No referral required. http://capnz.org

**Dayspring Trust**

FSD0015682 Last updated 08/09/2020

Dayspring is passionate about fostering the wellbeing of both mother and child creating opportunities that inspire women to live, love, learn and connect.

Dayspring began over 30 years ago with a group of women in West Auckland who saw a need in the community that wasn't being met.

Since those early beginnings we have been working with vulnerable families and have a long history of positive involvement with mothers and their babies who are living with post natal depression or an ongoing mental illness. We have first hand experience on the impact their illness has on the mother/baby bonding processes and the associated risks of attachment disorder.

Daysprings programmes are designed to positively influence the pathways for women and their families.

Vision: To be the preferred provider of Maternal Mental Health Community Services in the Auckland Region.

Head Office 2 Seabrook Avenue New Lynn Waitakere City



info@dayspring.co.nz  9.00 am - 3.00 pm (09) 827 6321 Some charges may apply.

(09) 834 4893 Referral may apply. http://www.dayspring.co.nz

**Debbie Rowberry**

FSD0019037 Last updated 22/09/2020

Emotion Regulation Therapy for Children and their Families.

Debbie Rowberry is a Child Therapist specialising in Child Emotion Regulation Therapy for high and complex needs children. The programme teaches Children how to recognise, monitor and moderate their States of Being. Parental Coaching is provided to teach conscious parenting skills. Children gain greater Emotion Resilience and Emotion I.Q. The programme also includes the development of a client specific behavioural management plan for home and school.

Debbie also facilitates early intervention, Emotion Education programmes for schools.

Debbie provides Therapeutic Services within a clinic setting as well as incorporating Equine Therapy, Canine Therapy and Nature based activities at Willow Therapy Farm in Clevedon.

610 Monument Road Clevedon Auckland 2582



D.rowberrynz@gmail.com  Please phone for an Appointment.

(021) 741 887 Some charges may apply. http://www.childbehaviourist.com No referral required.

**Dmitri Biletzki**

FSD0023833 Last updated 14/12/2020

Maximise your chance to be able to climb mountains when you become 90 years old! I offer Counselling, Therapy and coaching to People Who Want to achieve the highest level of health, confidence and happiness! Increase Confidence, Gain Clarity, Stay Motivated on the Path have the healthiest lifestyle for human beings. High Energy | Strong and Healthy Body | Empowered, clear, positive mind! We are a match if you are striving to work hard, make the necessary changes and want to get the highest level of health at all levels.

What can I help you with?

Counselling Addictions, Drug & Alcohol, Smoking & Gambling Crisis & Trauma, Pain &

Depression, Grief & Bereavement Counselling Psychotherapy, Relationships, Family & Parenting,

Marriage & Divorce. Eating Disorders Mental Health Services, Adolescent, Mood & Anxiety Disorders, Social services, Finding life purpose, Creating happy healthy lifestyle, Life Coaching, Health Coaching.

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| db@health-mentor.co (022) 389 1007 https://www.health-mentor.co/      **Ember Korowai Takitini** | online booking through website calendar.  Some charges may apply. No referral required. |
| FSD0021212 | Last updated 07/06/2020 |

Ember Korowai Takitini , offers a wide range of services to people experiencing mental health and addictions issues including attaining goals in employment and accommodation.

Ember works strongly from a Values base, using them in recruitment, decision making, planning and evaluation of services.

Ember holds priorities in people development. That includes stakeholder development – service users, family/whanau and Maori – so that people can work more actively in partnership with the organisation both in individual service delivery and in organisational development.

So finally, here we are… Ember Korowai Takitini , Tama T Tama Ora which is Standing Together In Wellness.

49B Apollo Drive Rosedale Auckland 0632



reception@connectsr.org.nz  9am - 5pm Monday to Friday

(09) 443 3700 All services free of charge. http://connectsr.org.nz Referral may apply.

**Emerge Aotearoa - National Support Centre**

FSD0003606 Last updated 13/04/2021

Emerge Aotearoa is a not-for-profit charitable trust that provides community-based mental health,addiction, disability support and social housing services nationwide to people who are vulnerable or marginalised within their communities. We believe that everyone is capable of living full and rich lives in their chosen communities when they have access to support and opportunities for learning,skill development and rehabilitation. Our vision of Realising Potential Tautokohia te mana tangata, provides us with the ability to see what can be achieved when there is connection; the ability for someone to see the good in themselves and in others, to recognise the possibility for things to improve, and life to be meaningful and purposeful. Our values guide the way we work with service users and their families; Connecting with Purpose, Whakawhnaunga, Engaging with Respect, Manaaki, Walking and Learning Together, Ako and Acting with Integrity, Whakamana; they form the basis of everything we do.

320 Ti Rakau Drive Burswood Auckland 2013 info@emergeaotearoa.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 265 0255 All services free of charge. https://www.emergeaotearoa.org.nz Referral may apply.

**Classification : PACIFIC, THP**

**Family Works Waitakere**

FSD0006493 Last updated 09/12/2020

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

2171 Great North Road Avondale Auckland 0600



admin.waitakere@fwn.org.nz  Monday - Friday

(09) 835 1288 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-west Referral may apply.

**Fiona Hardy Counselling**

FSD0021223 Last updated 16/03/2021

I am a skilled Counsellor/Family Therapist located in Central Auckland - working from rooms in Grey Lynn and Remuera.

I focus on working positively with individuals, couples, groups, families and adolescents who may be wanting to understand and develop skills in managing anxiety, depression, processing grief and loss, relationships, sexual issues, identity, work related issues, self esteem, pregnancy and pregnancy loss.

I am narratively trained with a focus on short term work that is person centered and solution focussed.

I work from two relaxed and private locations in Grey Lynn and Remuera.

Please contact me to see how I may be able to assist you.

Skype sessions are also availabe.

Community of St Luke 130 Remuera Road Remuera Auckland 1024



fionahardycounsellor@gmail.com  Counselling appointments during the day and

(021) 294 0346 some evenings in Remuera and Grey Lynn.

(09) 620 2121 Please phone to discuss your requirements. http://www.fionahardycounselling.co.nz

Skype Sessions also available.

Some charges may apply. No referral required.

**Hadiyyeh Zohoori-Dossa**

FSD0022715 Last updated 03/10/2020

Holistic, Multi-Cultural Counselling for individuals, groups, families and pre-marital couples.

Issues: Depression, Anxiety, Grief, Parenting, Stress, etc. Also, Nutrition-related conditions:

Obesity, Diabetes, Hypertension, etc.

Some benefits of counselling are:

* Developing Self-Awareness and Mindfulness
* Learning Problem-Solving, Effective Communication and Conflict Management
* Stress Management – Learning to go beyond coping to attain and maintain Lasting Happiness\* Personal Growth
* Behaviour Change, e.g. reduction in smoking, drug use, angry outbursts or other undesirablehabit, or increase in following a Healthy Diet, Physical Activity or any other desirable habit.

All services are multi-cultural and inter-faith by being sensitive to the ethnic, socio-economic, gender, racial and religious background of clients.

I also conduct:

* a pre-marital counselling programme, and
* Reiki Chanelling, a Japanese technique for stress reduction, relaxation and healing.

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| hadiyyehzd@yahoo.com (021) 037 2456 | Please get in touch to arrange a suitable time and place.  Online counselling also available.  Some charges may apply.  No referral required. |

**Higher Ground Drug Rehabilitation Trust**

FSD0003357 Last updated 16/07/2020

Higher Ground provides an 18 week residential recovery program for people addicted to alcohol or drug. Based on a 12 step approach.

118 Beach Road Te Atatu Peninsula Auckland 0610



admin@higherground.org.nz  8am - 4pm Monday to Friday for referrals

(09) 834 0017 Some charges may apply. http://www.higherground.org.nz No referral required.

**Iosis**

FSD0003294 Last updated 17/12/2020

Iosis is committed to transforming family life for good. Many families who access our services have complex issues and needs with limited resources. We provide a range of services addressing issues of parenting, family violence, relationships, safety of children, housing, finances, education, addictions etc, We are based in Manurewa and work across South Auckland.

Merivale Whanau Development Centre is a parenting residential programme for women and children. These families are referred by Oranga Tamariki and engage in our programme for a minimum of 6 months. It is our hope that through their engagement and successful completion these mothers will retain the care of their children. Referrals can be received from across the greater Auckland region and in some circumstances beyond Auckland.

112C Russell Road Manurewa Manukau City



enquiries@iosis.org.nz  Monday to Friday 8:30am to 5:00pm

(09) 269 0050 Some charges may apply. http://www.iosis.org.nz Referral may apply.

**Classification : BFC, FVSS, PACIFIC**

**Kirk Vette - Counsellor**

FSD0015442 Last updated 02/07/2020

Provides counselling for individuals , couples and families. I work with a wide range of issues including Depression, Anxiety , Relationship issues and anger management to name a few.

I also offer Clinical supervision. And do work for various EAP companies.

Youthline House 13 Maidstone Street Ponsonby Auckland



kirkdv@gmail.com  Please contact for appointment times.

(027) 222 5637 Some charges may apply.

No referral required.

**Mahi Marumaru**

FSD0021213 Last updated 15/04/2021

Community Based Alcohol and Other Drug Peer Support Services Counties Manukau&Franklin Area.

The peer support service supports people who have alcohol and/or other drug issues by inspiring hope and motivation; sharing information about resources and enabling service users’ active participation in their own recovery process. This support is provided by peers who have gained strength and understanding through their own lived experience.

The service is mobile and actively works with providers of specialist alcohol and other drug services in order to enhance outcomes for people using their services.

The holistic support provided by this service is individualised in order to best engage with each service user, model hope for recovery, encourage self-awareness about what works for the person, and develop understanding and support by becoming part of the community.

 28D Lambie Drive Papatoetoe Auckland 2104

reception@ember.org.nz  Mahi Marumaru - Alcohol and Other Drug Peer (09) 263 5923 Support Service is 9am - 5pm service with http://www.ember.org.nz flexibility around supportive activities to be negotiated outside of these times.

All services free of charge. No referral required.

**Mangere Community House**

FSD0016117 Last updated 19/11/2020

Developing programmes to meet the needs of the community.

141 Robertson Road Mangere East Auckland 2024



fatima.vaaga@aucklandcouncil.govt.nz  Office hours Wednesday - Friday 9am - 5pm, or

(09) 275 4920 Tuesday 9 am-3 pm

Some charges may apply. No referral required.

**Margo Regan**

FSD0023428 Last updated 04/03/2021

Specialised counselling for couples, relationship, addiction, sex therapy, alcohol, drug, pornography and sex addiction.

72 College Hill Freemans Bay Auckland 1011



margotoregan@gmail.com  Mon-Sat 9.30am-7pm (021) 032 2563 Some charges may apply. https://www.relationshipcounsellingtherap No referral required. y.com/

**Massey Community Trust**

FSD0020852 Last updated 23/04/2021

We focus on delivering programmes and services that empower people to make positive, effective changes in their lives and that enable positive integration to community and society. Our Trust achieves this through various support programmes including Celebrate Recovery and Breakfr3. “Celebrate Recovery” is a 12 step programme that runs for 52 weeks a year offering a community of care approach for adult participants to work through their hurts, habits and hangups through sharing a meal together, teaching, story telling and small groups. “BreakFr3” is a youth recovery programme for 12-24 year olds that are dealing with issues around abuse, drug and alcohol, petty crime, violence, sexuality, anxiety, depression, identity and family dysfunction. Breakfr3 runs weekly throughout the school terms, providing support, developing talent and growing selfconfidence through interactive learning, story telling and sharing in small groups.

8 Vadam Road Massey Auckland 0614 info@celebraterecovery.co.nz  Please call or email to make an appointment.



(09) 833 3107 Some charges may apply.

No referral required.

**ME Family Services**

FSD0003564 Last updated 19/03/2021

Our Mission:

ME Family Services offers young children and families a safe haven and the inspiration to develop their life skills, their enjoyment of life and their participation in a just and caring society.

16-18 Ferguson Street Mangere East Auckland 2024



mefsc@mefsc.org.nz  Mon - Fri 8.00am - 4.00pm

(09) 256 0810 Some charges may apply.

(09) 281 5805 Referral may apply. http://www.mefsc.org.nz

**Narrative Pathways**

FSD0018647 Last updated 13/04/2021

Specialist counselling and support for boys, teenagers (male and female), families, men and couples. LGBTI specialist and ACC registered with Youthline.

Since 1993 Nigel has provided counselling support in New Zealand, England and USA, including work as a School Guidance Counsellor, E.A.P Counsellor and couples / family therapist in his own practice in Auckland.

Nigel holds a Masters Degree in Counselling (Narrative Practice) and is a lecturer in the Bachelor of Social Practice Programme at Unitec, Auckland.

Nigel is available in-person in Auckland and online nation-wide.

In addition to counselling, Nigel provides clinical supervision to counsellors, social workers and others in senior roles within the helping professions, and Wellbeing seminars and workshops nationwide by arrangement.

10 Fontenoy Street Mount Albert Auckland 1025



nigel@narrativepathways.com  Fridays (during business hrs) but also some

(021) 834 413 evenings by special arrangement. http://narrativepathways.com

Call me to discuss your needs and we will find a time that works for us both. In-home appointments can also be arranged.

Some charges may apply. No referral required.

**Needle / Syringe Exchange Programme: Adio Trust**

FSD0003399 Last updated 14/08/2020

40 Needle exchange points in the Auckland and Northland region. The service is coordinated through the National Needle Exchange Office (NENZ). Operates 4 stand alone exchanges. Offers a full health promotion and disease prevention.

10 East Street Auckland 1145



lesley.mcturk@adio.org.nz  10am - 8pm weekdays, noon-8pm weekend

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| --- | --- |
| (09) 356 7373 http://www.adio.org.nz | All services free of charge. No referral required. |

**New Zealand Christian Counsellors Association**

FSD0015086 Last updated 15/01/2021

Christian counsellors seek to be qualified, accountable practitioners, who work with integrity within the wider community. They support their clients on their journey, deeply respecting both the uniqueness of each individual and the context within which they live.

Youthline Manukau 145 St George Street Papatoetoe 2025



info@nzcca.org.nz  Our members are based all around N.Z. A (09) 361 4183 directory of Christian Counsellors is available on http://www.nzcca.org.nz our website.

Can be emailed anytime, phone during normal working hours.

Mon to Friday 8am - 2pm.

Some charges may apply. No referral required.

**Ngati Whatua o Orakei Community Health Services**

FSD0003769 Last updated 15/02/2021

We are a Maori Health Provider, hapu (subtribe) owned. We provide primary health care services which include GP and Practice Nurse services at a low cost. We also provide a range of community services at no cost including Whanau Ora and Rongoaa - Maori Healing.

25/215 Kepa Road Orakei Auckland 1071



receptionohs@orakeihealth.org.nz  Monday to Friday 8:00am - 6:00pm

(09) 578 0956 Tuesday Late night until- 8:00pm http://orakeihealth.co.nz/

Closed weekends and Public Holidays Some charges may apply. No referral required.

**NZ Al-Anon General Services**

FSD0003586 Last updated 06/08/2020

Support groups for family and friends who have been affected by someone else's drinking. It is an anonymous programme.

 Level 2 78 Pitt Street Auckland 1010

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| --- | --- |
| office@al-anon.org.nz  (09) 309 4792 (0508) 692 476 http://www.al-anon.org.nz | Office Hours: 10.00am-3.30pm Tuesday to  Thursday. Please visit website for meeting times and venues.  All services free of charge.  No referral required. |

**Odyssey - Adult / Young Adult**

FSD0003407 Last updated 12/02/2021

A charitable trust which runs residential and non-residential (youth only) drug, alcohol / gambling and other associated problems treatment with separate programmes for young adults, adults, adolescents and parents with children and the Co-Existing disorders clients.

Unit 4 3029 Great North Road New Lynn Auckland



admissioncentre@odyssey.org.nz  9.00am - 5.00pm, Monday to Friday

(09) 638 4957 All services free of charge. http://www.odyssey.org.nz No referral required.

**Overeaters Anonymous - Auckland**

FSD0007761 Last updated 17/12/2020

Is food a problem for you? Overeaters Anonymous is a twelve-step programme for men and women who support each other in solving their common problem of compulsive eating including anorexia, bulimia, obesity and overeating.

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self- supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

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| aucklandoa@gmail.com  (021) 119 1442 http://www.aucklandoa.com      **Paul Letham, Counsellor** | Overeaters Anonymous - We hold meetings everyday in Auckland in various suburbs. Please see meeting times and locations www.aucklandoa.com/meetings or visit our international page oa.org.  Koha/donation may apply. No referral required. |
| FSD0021752 | Last updated 05/12/2020 |

A general counselling practice running as part of an established counselling practice in Mt Eden, Auckland. Specialist in LGBT, creatives/entertainment industry, depression, anxiety, existential issues, spirituality and relationship concerns.

92 Owens Road Mount Eden Auckland 1023



paul.letham@icloud.com  Monday: 11am to 9pm

(027) 255 3336 Tuesday: closed

https://www.talkingworks.co.nz/dir/Paul+L Wednesday: 11am to 7pm

etham.html Thursday: 11am to 9pm

Friday: 11am to 7pm Saturday: 9am to 1pm Some charges may apply. No referral required.

**Penina Trust**

FSD0023855 Last updated 19/01/2021

Penina Trust is a Non-Government Organisation that provides Mental Health & Addiction, and Housing services in the community.

Penina provides a wide range of services that include:

* Residential Rehabilitation Services (RRS)
* Youth Community Living Services (YCLS)
* Adult Community Living Services (ACLS)
* Cultural Support Services (CSW)
* Alcohol and Other Drugs Learning Development (AOD L&D)
* Awhi Ora (Primary Mental health)
* Transitional Housing Services (PHT)
* Social Housing Services (CHP)

186 Russell Road Manurewa Auckland 2102



admin@peninatrust.org.nz  8:30am - 5pm Monday - Friday

(09) 269 7989 All services free of charge. http://www.peninahealth.org.nz Referral may apply.

**PGF Services - Auckland Branch**

FSD0006202 Last updated 01/04/2021

The Problem Gambling Foundation of New Zealand is now trading as PGF Group, the overarching brand for PGF Services, Asian Family Services and Mapu Maia Pasifika Service.

All services provide free, professional and confidential counselling for anyone affected by gambling problems. We also provide health promotion, education and information.

PGF Services: 0800 664 262 or email help@pgf.nz www.pgf.nz

Mapu Maia Pasifika Service: English, Samoan, Tongan and Tokelauan. Ph 0800 212 122 or email help@mapumaia.nz www.mapumaia.nz

Asian Family Services: Provided in English, Korean, Japanese, Cantonese, Mandarin, Thai,

Vietnamese and Hindi. Asian Helpline 0800 862 342 www.asianfamilyservices.nz All our teams provide presentations to community groups, businesses and schools We also provide referrals to budgeting or other services if required.

If you would like to make a time to discuss your own or someone else’s gambling contact us. It's free and confidential.

Problem Gambling Foundation of NZ, Level 1 128 Khyber Pass Road Grafton Auckland help@pgf.nz  8.30am to 5.00pm phone contact (0800) 664 262 All services free of charge. http://www.pgf.nz No referral required.



**PGF Services - Henderson**

FSD0017919 Last updated 16/04/2021

The Problem Gambling Foundation of New Zealand is now trading as PGF Group, the overarching brand for PGF Services, Asian Family Services and Mapu Maia Pasifika Service.

All services provide free, professional and confidential counselling for anyone affected by gambling problems. We also provide health promotion, education and information.

PGF Services: 0800 664 262 or email help@pgf.nz www.pgf.nz

Mapu Maia Pasifika Service: English, Samoan, Tongan and Tokelauan. Ph 0800 212 122 or email help@mapumaia.nz www.mapumaia.nz

Asian Family Services: Provided in English, Korean, Japanese, Cantonese, Mandarin, Thai,

Vietnamese and Hindi. Asian Helpline 0800 862 342 www.asianfamilyservices.nz All our teams provide presentations to community groups, businesses and schools We also provide referrals to budgeting or other services if required.

If you would like to make a time to discuss your own or someone else’s gambling contact us. It's free and confidential.

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| help@pgfnz.org.nz (09) 369 0723 (0800) 664 262 http://www.pgf.nz      **PGF Services - Takapuna** | 8.30am to 5.00pm phone contact All services free of charge. No referral required. |
| FSD0017921 | Last updated 01/04/2021 |

The Problem Gambling Foundation of New Zealand is now trading as PGF Group, the overarching brand for PGF Services, Asian Family Services and Mapu Maia Pasifika Service.

All services provide free, professional and confidential counselling for anyone affected by gambling problems. We also provide health promotion, education and information.

PGF Services: 0800 664 262 or email help@pgf.nz www.pgf.nz

Mapu Maia Pasifika Service: English, Samoan, Tongan and Tokelauan. Ph 0800 212 122 or email help@mapumaia.nz www.mapumaia.nz

Asian Family Services: Provided in English, Korean, Japanese, Cantonese, Mandarin, Thai,

Vietnamese and Hindi. Asian Helpline 0800 862 342 www.asianfamilyservices.nz All our teams provide presentations to community groups, businesses and schools We also provide referrals to budgeting or other services if required.

If you would like to make a time to discuss your own or someone else’s gambling contact us. It's free and confidential.

1-7 The Strand Takapuna Auckland 0622



help@pgf.nz  8.30am to 5.00pm phone contact (0800) 664 262 All services free of charge. http://www.pgf.nz No referral required.

**Phoenix Centre (AOD)**

FSD0023450 Last updated 15/02/2021

The Phoenix Centre is a Mobile Community Alcohol & other Drug assessment and treatment service, based in the Counties Manukau District Health Board. Qualified Clinicians and Peer Support Specialists work together to deliver tailored and intensive treatment programmes that support clients in their immediate and long term recovery from addiction and substance abuse. Our team works closely with the individual to put together their recovery plan, supporting them to set goals, empower individuals with the skills they need to effect change in their own lives and community, and provide a key coordination role between the client, their family, the community and the resources they wish to access and use.

24 Coles Cres Papakura 2110



(09) 296 0983  8.00am - 4.30pm

Monday to Friday

All services free of charge. No referral required.

**Piritahi Hau Ora**

FSD0005932 Last updated 18/12/2020

Piritahi Hau Ora is a Marae-based health service for all people on Waiheke Island which is free and confidential.

Piritahi Marae 54 Tahatai Road Blackpool Waiheke Island 1081



reception@piritahi.co.nz  Monday to Friday 8.30am - 4.30pm

(09) 372 0022 All services free of charge. http://www.piritahi.co.nz No referral required.

**Classification : FVSS**

**Problem Gambling Foundation of New Zealand**

FSD0000673 Last updated 01/04/2021

The Problem Gambling Foundation's mission is building healthy communities together, free from

gambling harm.

128 Khyber Pass Road Grafton Auckland help@pgfnz.org.nz (0800) 664 262 (09) 368 1520 http://www.pgf.nz



**Raukura Hauora O Tainui Trust**

FSD0003728

Primary health care provider.

47 Druces Road Manukau 2104 enquiries@raukura.com (09) 263 8040 http://www.raukura.org.nz



8.30am to 5.00pm phone contact All services free of charge. No referral required.

Last updated 24/06/2020

8.30 a.m. - 5 p.m. Monday - Friday Some charges may apply. Referral may apply.

**SADD - Students Against Dangerous Driving**

FSD0003834 Last updated 23/12/2020

SADD is an effective, student-led, schools-based road safety programme driven by secondary aged students across New Zealand to reduce the harm caused on our roads by dangerous driving.

Level 12, AA Building 99 Albert Street Auckland Central Auckland 1010 team@sadd.org.nz  Mon-Fri 8:30am-5pm (03) 470 1973 All services free of charge. http://www.sadd.org.nz No referral required.



**Sex and Love Addicts Anonymous (SLAA) - Auckland**

FSD0003436 Last updated 09/03/2021

A 12 step programme for people who think they may have the problem of sex and love addiction.

slaainauckland@hotmail.com  Enquiries are made by leaving a voicemail

(021) 027 55296 message or sending an email. http://www.aucklandslaa.org.nz All services free of charge.

No referral required.

**SIAOLA**

FSD0023218 Last updated 14/09/2020

Siaola is a social service provider that is focused on the elimination of youth suicide and child abuse prevention. This is in line with the Methodist Mission ‘Let the Children Live’ 10 year Plan. We work with Tongan families in the areas of Family Violence Prevention and Child Protection through building successful and thriving lives for our Tongan families. Our programmes are focused on Famili Lelei - Relationships, Education and Health.

Level 1 409 Great South Rd Penrose Auckland 2022



Kathleent@methodist.org.nz  9am to 5pm

(09) 600 2662 Monday- Friday https://www.facebook.com/VahefonuaMet All services free of charge. hodistMission/ No referral required.

**Classification : PACIFIC**

**Social Detoxification Service**

FSD0003439 Last updated 30/06/2020

A first step towards lifestyle change for clients with substance related problems. Service offers residential non-medical detoxification, homely relaxed atmosphere with professional staff. Our service is available to anyone from Thames Auckland to North Auckland over the age of 18 who is committed to withdrawing and detoxing form alcohol and other drugs.

 6 Elm Street Avondale Auckland

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| detox@aucklandcitymission.org.nz  (09) 303 3016 http://www.aucklandcitymission.org.nz | Phone is attended 24 hours.  Phone assessment 7pm nightly  Phone 303 3008  Some charges may apply.  No referral required. |

**Synthesis Therapy & Counselling**

FSD0018392 Last updated 10/10/2020

Cian Kerrisk provides effective and professional psychotherapy, Cognitive Behavioural Therapy, Couple Counselling and Addiction Treatment for a range of issues.

0 Atkinson Road Titirangi Auckland 0604



synthesis-therapy@slingshot.co.nz  Mondays 4:30-8pm

(021) 973 455 Tuesdays 7pm-9pm

http://www.synthesistherapy.com Thursdays 5:30-8pm

Some Saturday sessions available Some charges may apply. No referral required.

**Talk Counselling**

FSD0003756 Last updated 12/04/2021

We do Face to face and Video calls!

Talk counselling and MensTalk is a face to face counselling and psychotherapy service for men women and couples. We are qualified and specialised in the areas that we work and cover issues such as: couples therapy Depression, Anxiety,addictions, relationship issues, erectile dysfunction, stress, couple counselling, anger management, personal growth, self esteem, and trauma.

147D Princes Street East Otahuhu Auckland 1062



ric@talkcounselling.co.nz  Monday to Friday 10am to 5.00pm

(0508) 636 782 Some charges may apply. http://www.talkcounselling.co.nz No referral required.

**Te Ara Hou**

FSD0003725 Last updated 13/08/2020

Drug and alcohol services. Residential and community assessments.

8 Lucas Place Weymouth Manukau 2103



enquiries@raukura.com  Available 24/7

(09) 267 2899 (Head office) Some charges may apply. http://www.raukura.org.nz No referral required.

**Te Ha Oranga**

FSD0004530 Last updated 16/03/2021

Te Ha Oranga o Ngati Whatua is an Iwi-based health service provider functioning under the umbrella of Te Runanga o Ngati Whatua. The service extends from the Waipoua Forest to Helensville and includes both coasts.

1 Rendall Place Eden Terrace Auckland



runanga@ngatiwhatua.iwi.nz  8:30am - 5.00pm Monday - Friday

(09) 366 1993 All services free of charge.

(0800) 698 342 No referral required. http://ngatiwhatua.iwi.nz

**Te Puna Hauora o Te Raki Paewhenua Society Incorporated**

FSD0003767 Last updated 07/09/2020

Te Puna Hauora provides a comprehensive range of medical and social services to our enrolled population.

58A Akoranga Drive Northcote Auckland 0627



(09) 489 3049  Monday-Friday 8.30am - 5.00pm. Closed http://www.tepuna.org.nz statutory holidays

All services free of charge. Referral may apply.

**Classification : BFC, FVSS**

**Te Tai Awa o Te Ora**

FSD0003732 Last updated 23/09/2020

To provide culturally appropriate services to whanau incorporating key values of Tika, Pono and Aroha. All staff have qualifications in social work and/or counselling and offer a range of services, information and assistance to individuals, couples and whanau. These include

* help and advocacy with budgeting and financial matters, social circumstances, e.g. housing,benefits
* the facilitation of programmes (Parenting, Stopping VIolence, support for people with alcohol andother drug related issues
* counselling for personal, relationship and whanau concerns
* We also have a Social Workers in Schools (SWiS) service with Social Workers based in 11Otara schools.

18 Otara Road Otara Auckland 2023



admin@taiawa.org.nz  Monday, Tuesday, Wednesday & Thursday 9 am

(09) 274 4220 - 5 pm

(027) 274 4220 Friday 9 am - 4 pm

http://www.taiawa.org.nz/ Some charges may apply.

Referral may apply.

**Classification : FVSS**

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612 audrey.tinsley@waiwhanau.com  8.30am - 5.00pm Monday - Friday



(09) 836 6683 Some charges may apply.

(0800) 924 942 Referral may apply. https://www.waipareira.com/

**Classification : BFC, FVSS**

**Te tea Marino**

FSD0008176 Last updated 28/01/2021

Te tea Marino is the addiction arm of Whtiki Maurea, a Waitemata DHB Mori mental health and addictions service. We provide free addiction services to Mori (or people who identify with Mori culture) from the age of 13 upward in the greater Auckland area. We can also access the mental health and cultural teams within Whtiki Maurea to give a comprehensive service.

Our core belief is that people use substances because they are struggling with their wairua and difficult feelings, and that the best solution is to reconnect to the healthy parts of their culture, whnau, iwi and self. We aim to enhance the mana of everyone that walks through our doors.

Our staff are clinically and culturally competent, professionally registered and supervised. Our practice is rooted in Mori values and practices, but done at a level the person is comfortable with.

409 New North Road Kingsland Auckland 1021



teatea@waitematadhb.govt.nz  Appointments

(09) 263 2023 Mon-Fri 9am-4.30pm

(09) 845 1818 Drop-in clinic (no appointment necessary)

http://www.cads.org.nz/services/te-atea- Mon-Fri 10am-1pm at Central and Manukau marino/ All services free of charge.

No referral required.

**The Fono North Shore**

FSD0023206 Last updated 01/10/2020

We offer a selection of community services for families from our community hub, located at 'Hearts and Minds' in the Norman King Building at 65 Pearn Crescent, Northcote.

First Floor, Norman King Building 65 Pearn Crescent Northcote Auckland 0627 socialservices@thefono.org  Mon-Fri: 8.30am-5.00pm



(09) 838 0746 Koha/donation may apply. http://www.thefono.org No referral required.

**Classification : PACIFIC**

**The Fono South**

FSD0003588 Last updated 28/09/2020

We offer Medical, Dental, Pharmacy and Whanau Ora services.

Some of our services are free to eligible patients while others are subsidised.

7 Halver Road Manurewa 2102



manurewamedical@thefono.org  Monday-Friday, 8am - 5pm

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| (09) 267 6331 (0800) FONO4U  http://www.thefono.org    **Classification : PACIFIC**    **The Fono West** | Some charges may apply. Referral may apply. |  |
| FSD0003550 |  | Last updated 28/09/2020 |

We offer a range of medical, dental, pharmacy, social and public health services. Our friendly, professional team are here to provide top quality service for everyone.

Head Office 411 Great North Road Waitakere City 0612



headoffice@thefono.org  Monday-Friday 8:30am-5pm

(09) 837 1780 Some charges may apply.

(0800) FONO4U Referral may apply. http://www.thefono.org

**Classification : BFC, FVSS, PACIFIC**

**The Fono West Central**

FSD0023205 Last updated 01/10/2020

We offer a range of medical services for the entire family. Some of our services are free to eligible patients while others are subsidised.

 297 Blockhouse Bay Road Blockhouse Bay Auckland 0600

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| BHBmedical@thefono.org  (09) 828 8421 (0800) FONO4U  http://www.thefono.org    **Classification : PACIFIC** | Mon-Fri: 8.30am - 5pm Some charges may apply.  No referral required. |

**The Pride Project Charitable Trust**

FSD0024469 Last updated 30/11/2020

The Pride Project is a Charitable Trust operating in the suburb of Manurewa, South Auckland. We have been working intensively in the community for the last four years and evolved what we know is a unique kaupapa and approach to community empowerment, pride and holistic development. Clendon/Manurewa is a community that suffers from high levels of deprivation, inter-generational poverty, over-crowding in homes particularly among its majority of Mori and Pacific households. Our understanding of our community comes from our local knowledge. We deal with the failings and silo-effects of the dominant socio-economic and political system and what we do is not about filling gaps but building an alternative healing system of well-being around Manurewa people as individuals, whanau, hapu and as a kainga. We are immersed in Kaupapa Mori; it is a deeply held foundation, as well as an expression of what we do and why.

60 Maplesden Drive Clendon Park Auckland 2103



melissaatama@theprideproject.co.nz  Community House, Volunteers and Whare

(027) 237 8756 Tautoko - 9.30am - 2.00pm

Hope Navigators Available - 9.30am-5.30pm

Tool Library - 9.30am-1.00pm

Koha Kutz Mon,Wed,Fri by appnt - 10.00am-

1.30pm

Koha/donation may apply. No referral required.

**The Salvation Army - Albany Bays**

FSD0008239 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army. (Corps and Korean Corps Plant)

 90 Rosedale Road Albany Auckland 0632

albanybays.corps@salvationarmy.org.nz  Coordinator works from 8.00am - 4.00pm

(09) 478 7567 Monday to Friday. https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/albany-bays/albany-bays- No referral required. corps

**The Salvation Army - Auckland City Corps**

FSD0006317 Last updated 23/03/2021

Worship, community and welfare services of The Salvation Army (Auckland and Korean Corps and Community Ministries)

18 Allright Place Mt Wellington Auckland 1060



aucklandcity.corps@salvationarmy.org.nz  Monday - Friday 9am - 4.30pm

(09) 379 7615 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/auckland/auckland-corps

**The Salvation Army - East City**

FSD0023575 Last updated 20/04/2021

Worship, community and welfare services of The Salvation Army.

37-45 Wellington Street Howick Auckland 2014 eastcity.corps@salvationarmy.org.nz  Drop in centre open Wed and Fri 11-2pm.



(09) 535 0847 Foodbank open Wed and Fri 11am-2pm. https://www.salvationarmy.org.nz/centres/ Budgeting available Fri by appointment.

nz/auckland/howick/east-city-corps Some charges may apply.

No referral required.

**The Salvation Army - Epsom Lodge**

FSD0003336 Last updated 25/03/2021

A Salvation Army Accommodation Service for men and women, providing a program of rehabilitation for people, with addictions, ex psychiatric patients, prison discharges and those unable to live independently in the community. Formal referral and assessment required.

18 Margot Street Epsom Auckland 1051 epsom.lodge@salvationarmy.org.nz  24 Hours



(09) 524 0252 Some charges may apply. http://www.salvationarmy.org.nz/ Referral may apply.

**Classification : THP**

**The Salvation Army - Flat Bush**

FSD0023577 Last updated 27/04/2021

Corps Plant. Worship, community and welfare services of The Salvation Army

18 Fusion Road Flat Bush Auckland 2019 flatbushcorps.plant@salvationarmy.org.nz  Some charges may apply.



(09) 277 6829 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/auckland/flatbush/flat-bush-corps

**The Salvation Army - Glenfield**

FSD0008241 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army.

430 Glenfield Road Glenfield Auckland 0629



glenfield.corps@salvationarmy.org.nz  Our offices are open 8.30am to 4pm, Monday to

(09) 441 2554 ext 2 Friday. https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/glenfield/glenfield-corps No referral required.

**Classification : BFC**

**The Salvation Army - Hibiscus Coast**

FSD0023583 Last updated 29/03/2021

Worship, community and welfare services of The Salvation Army on the Hibiscus Coast.

38 Greenview Lane Red Beach 0932



hibiscuscoastcorps@salvationarmy.org.nz  Office is open Tuesday, Wednesday, Thursday

(09) 426 0239 9.00am-12noon

https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/hibiscus-coast/hibiscus- No referral required. coast-corps

**The Salvation Army - Manukau Central**

FSD0005754 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army

16D Bakerfield Place Manukau Auckland 2104 manukaucentral.corps@salvationarmy.org  Monday to Friday, 9am-5pm.



.nz Some charges may apply.

(09) 262 2332 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/auckland/manukau/manukau-centralcorps

**Classification : BFC**

**The Salvation Army - Mt Albert**

FSD0023584 Last updated 26/03/2021

Worship, community and welfare services of The Salvation Army

218 Mt Albert Road Sandringham Auckland 1025



mtalbert.corps@salvationarmy.org.nz  Mon - Fri: 9.30am - 4.30pm,

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| (09) 629 5063 https://www.salvationarmy.org.nz/centres/ nz/auckland/sandringham/mt-albert-corps | Sat: 9am - 4pm  Some charges may apply.  No referral required. |
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**The Salvation Army - Otahuhu**

FSD0023585 Last updated 22/04/2021

Worship, community and welfare services of The Salvation Army

99 Church Street Otahuhu Auckland 1062



otahuhu.corps@salvationarmy.org.nz  9am-2.30pm Monday to Friday

(09) 276 5793 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/otahuhu/otahuhu-corps

**The Salvation Army - Papakura**

FSD0023546 Last updated 23/03/2021

Worship, community and welfare services of The Salvation Army

87-91 Clevedon Road Auckland papakura.corps@salvationarmy.org.nz  /



(09) 299 6791 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/papakura

**The Salvation Army - Royal Oak**

FSD0003434 Last updated 17/04/2021

Community and Welfare services for The Salvation Army

691a Mt Albert Road Royal Oak Auckland 1023



ndhq@nzf.salvationarmy.org  9:15am-12pm, 1-3pm Monday, Tuesday,

(09) 639 1181 Thursday Friday. https://www.salvationarmy.org.nz/centres/ Wednesdays 10-12 and 1-3pm. nz/auckland/royal-oak Some charges may apply.

Referral may apply.

**Classification : BFC, THP**

**The Salvation Army - Waitakere Central**

FSD0008237 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

7-9 View Road Henderson Auckland 0612



WaitakereCentral\_Corps@nzf.salvationar  Community and Family Services: 9.00am -

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| my.org  (09) 837 4471 https://www.salvationarmy.org.nz/centres/ nz/auckland/waitakere/waitakere-centralcorps    **Classification : BFC** | 5.00pm, Monday to Friday. Some charges may apply.  No referral required. |

**Tuilaepa Youth Mentoring Service**

FSD0019607 Last updated 19/02/2021

The Tuilaepa Youth Mentoring Service (TYMS) TYMS is a youth mentoring service (both individual and group) which works with at-risk youth, supporting them to achieve their full potential either academically or through training and employment.

Our TYMS vision is of Pasifika and Maori youth who feel a sense of belonging and pride in our communities living their full potential.

Our mission is to break the cycle of disengagement

TYMS partners with young people to create quality life paths and ensure they have the support networks, tools, resources, and life skills to navigate and succeed in education, employment or training.

Our approach to improving young people’s wellbeing is strengths-based, holistic (combining academic mentoring with family/student advocacy), and culturally appropriate, delivered by our Pasifika and Mori mentors and student/family advocates (all of whom are parents, certified youth workers with teaching experience and sporting backgrounds).

644 Swanson Road Swanson Auckland 0612



admin@tyms.org.nz  Monday-Friday 9am - 5pm

(09) 971 2746 Some charges may apply.

(021) 192 8607 Referral may apply. http://www.TYMS.org.nz

**Vaka Pasifika Charitable Trust**

FSD0021525 Last updated 09/11/2020

Vaka Pasifika is a charitable Trust set up with the mission and vision to “empower Pacific Island People to take charge of their lives and those of their family(s) to enjoy and participate in developing New Zealand Society”.

Unit 3 9 Northside Drive Westgate Auckland 0814



info@vakapasifika.org.nz  Monday - Friday

(021) 029 00701 9am - 5pm

http://www.vakapasifika.org.nz All services free of charge.

No referral required.

**Classification : FVSS, PACIFIC**

**Visionwest**

FSD0020227 Last updated 15/01/2021

Visionwest exists to meet the needs of people in the West Auckland community and beyond. As a community development based organisation, our vision is to build a place of trust and openness where people feel valued and loved.

We believe in the value of holistic care and support and offer an integrated range of wraparound services and supports that care for all people physically, emotionally, spiritually and intellectually.

Visionwest is a Registered Charitable Trust.

 Building 7 97 Glendale Road Glen Eden Auckland 0602

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| office@visionwest.org.nz  (09) 818 0700 http://www.VisionWest.org.nz    **Classification : BFC, YS** | Our Main Office for our Campus is open Monday to Friday 9am - 5pm.  Opening times of different services within the  Trust may vary  Some charges may apply.  Referral may apply. |

**Waiuku Family Support Network**

FSD0000974 Last updated 16/04/2021

To strengthen family life by helping individuals and families through their own efforts, to develop their skills and to become aware of resources available to them in the surrounding community.

56 Queen Street Waiuku 2123



admin@waiukufamilysupport.co.nz  Monday, Friday 10am – 2pm

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| (09) 235 9099 http://waiukufamilysupport.co.nz/    **Classification : FVSS** | Tue – Thur 9.30am – 4.00pm Some charges may apply.  No referral required. |

**Whanau Resource Centre o Pukekohe Charitable Trust**

FSD0016702 Last updated 08/10/2020

The Whanau Resource Centre is a one stop shop in community support servicing and prides itself on catering to the needs of its community. The Whanau Resource Centre's confidential service delivers a holistic approach to supportive care and is committed to promoting well being and assisting individuals to deal with the day to day matters of life.

17 McNally Road Pukekohe Auckland 2120



info@whanauresourcecentre.org.nz  Monday, Tuesday, Wednesday, Thursday and

(09) 238 5285 Friday 9am to 4.30pm (021) 532 178 Some charges may apply.

No referral required.

**Classification : FVSS, THP**

**William Garden Counselling and Facilitation Services**

FSD0015132 Last updated 29/09/2020

Relationship Counselling. Also personal one on one counselling: Grief, Addictions, Stress, Depression, Anxiety, Mentoring, Personal Development Group Facilitation.

6 Airfield Road Takanini Papakura 2245



william.garden@xtra.co.nz  Weekday 10am - 6pm

(09) 298 2489 Weekend Counselling Available (Relationship (027) 450 0488 Counselling Only)

http://www.southcitycounselling.co.nz Some charges may apply. Referral may apply.

**Wings Trust**

FSD0003467 Last updated 01/10/2020

For people having decided they want an abstinence life style from alcohol, drugs and solvents.

43 Walters Road Mt Eden Auckland



admin@wingstrust.co.nz  Office hours: 8.30am - 4.30pm, Monday-

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| --- | --- |
| (09) 815 1631 http://www.wingstrust.co.nz      **Women's Centre Waitakere** | Thursday.  All services free of charge. No referral required. |
| FSD0003464 | Last updated 02/11/2020 |

A community based agency supporting women and their families. We provide a safe, accessible environment for women and their families to make their own choices in a supportive, nonjudgemental and confidential way.

Services provided include Counselling, Programmes and workshops. Access to community information and resources.

 Cnr McLeod & Te Atatu Road 111 McLeod Road Te Atatu South Auckland 0610

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| info@womenscentre.org.nz  (09) 838 6381  (09) 836 2470 https://www.heartofthewest.org/ | Monday to Friday 9am to 2.00pm Some charges may apply.  No referral required. |

**Classification : FVSS**

# Basic Needs

**Abelard House Counselling and Psychotherapy**

FSD0015487 Last updated 08/02/2021

Counselling, Psychotherapy and Psychology for adults, couples, families and adolescents. Our therapists provide professional supervision. Our services are available via online platforms.

Please contact us for details.

Abelard House, Suite 2 518 East Coast Road Windsor Park North Shore City 0630



abelardhouse@gmail.com  8am to 8pm Weekdays and Saturday mornings

(09) 478 2501 Some charges may apply. http://www.abelardhousecounselling.co.nz No referral required.

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**Abuse Prevention Services Inc**

FSD0005858 Last updated 18/12/2020

Not-for-profit organisation specialising in the delivery of family violence/abuse intervention and prevention programmes and counselling for men, women, children, youth and couples. clinicalmanager@abuseprevention.org.nz  Office Hours:

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| (021) 54 5975 (09) 427 4317 http://www.abuseprevention.org.nz/    **Classification : FVSS** | Generally Monday to Friday 9.00 am to 3.00pm.  Some charges may apply.  No referral required. |

**Adult (Individual) Psychotherapy Clinic**

FSD0003273 Last updated 18/01/2021

Referrals are accepted for adult individuals seeking psychotherapy. Student therapists provide this service within the community as part of their training requirements on the Masters Programmes in Psychotherapy at the Akoranga Campus.

 AUT Integrated Health (AIH) Clinic 3 Akoranga Drive Northcote Auckland 0627 mihili.alexander@aut.ac.nz Mon - Fri 8 am - 5.30 pm

(09) 921 9155 Some charges may apply. http://aucklandtherapy.co.nz/Counselling+ No referral required. services/AUTPsychotherapyClinic.htm

**Affirming Works**

FSD0024453 Last updated 18/11/2020

Affirming Works (AW) is an innovative Pacific 'not-for-profit company which combines an effective team of multi-generational and multicultural professionals. AW offers an extensive range of mentoring services, social services and social enterprise to various communities in the Auckland region. AW began in 2001 and continues to provide for families; prevention to family violence, educational assistance for learners, food parcels, budgeting and case management of family plans. AW's ability to speak in pacific languages and have qualified staff has enabled a culturally competent yet safe practice approach to it's services. AW provides youth transition services for Oranga tamariki rangatahi, the Tupu'anga a mentoring programme for children and youth, Tautua a youth employment service for young people to work in the Community Cafes. AW also provides in five regions in Aotearoa the Young & Free conferences for the promotion of positive social messaging for Pacific youth.

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| office@affirmingworks.org.nz  (0800) 0AFFIRM (09) 276 6538 http://affirmingworks.org.nz    **Classification : FVSS, PACIFIC**    **Agape Care** | AW's service delivery is usually from 9am-5pm we have a site for our food hub, our community cafes and our offices, it is best to contact us via www.affirmingworks.org.nz or call free on 08000AFFIRM.  All services free of charge. No referral required. |
| FSD0021434 | Last updated 24/10/2020 |

To transform the lives of people with intellectual / learning disabilities. The Agape Homes Trust (known as Agape Care) is a Christian Ministry, and is governed by a 'Caring with Love' philosophy, providing the highest standards in all relationships, encouraging innovation and diligence in all we do.

It is a place where each person is loved for themselves in an environment where they can freely grow spiritually, emotionally, socially and intellectually.

Agape Care has been providing services to people with intellectual disabilities since 1996.

4210 Great North Road Glendene Auckland 0602



paulr@agapecare.org.nz  Office Hours Mon to Fri: 9.00am to 5.00pm

(09) 837 8597 Some charges may apply.

(021) 682 809 Referral may apply. http://www.agapecare.org.nz

**Age Concern Auckland Counties Manukau Office**

FSD0006656 Last updated 19/10/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

Cambria Park Homestead 250 Puhinui Road Papatoetoe Manukau ageconcern@ageconak.org.nz  By appointment only



(09) 279 4331 Some charges may apply.

(09) 820 0184 Referral may apply.

http://www.ageconcernauckland.org.nz

**Classification : EARS**

**Age Concern Rodney Inc**

FSD0006666 Last updated 20/11/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

Unit JA2, Westpac Plaza - Tamariki Avenue Orewa 0931



info@ageconcernrodney.org.nz  Some charges may apply.

(09) 426 0916 No referral required.

(0800) 652 105 http://www.ageconcern.org.nz

**Ai Kihara-ACC Counsellor**

FSD0022552 Last updated 16/04/2021

Ai is an ACC Registered Trauma (Sexual Abuse) Therapist, NZCCA qualified counsellor and social worker (Registered in Japan) Ai can undertake counselling in either English or Japanese.

Ai works with group and individuals including children and adolescents regarding how trauma relates to cross-cultural issues, migrant issues, relationships, family issues, addiction, anxiety and depression. Ai has also had a Triple P certificate and can provide parenting advice.

1. Maidstone Street Grey Lynn Auckland 1021



tetoandken@gmail.com  All consultations are by appointment. There is no (021) 085 18838 (Client) drop-in service.

http://aikihara.jimdo.com Some charges may apply.

No referral required.

**Aiga Atia'e Pasefika Family Trust**

FSD0020505 Last updated 04/01/2021

We offer and target Pasefika families and the Community as a whole of whoever need our Education and Support Programmes etc.

1. Kirklow Place Goodwood Heights Auckland 2105



taulapapa.n.wulf@aigaatiaepftrust.org.nz  Start time : 9.00 am

(09) 262 3725 Finish time: 3.00/6.00 pm Monday to Friday, and

http://www.aigaatiaepftrust.org.nz weekends and after hours by voicemail message.

Also available weekends and after hours by arrangement.

Some charges may apply. Referral may apply.

**Classification : PACIFIC**

**Airedale Property Trust**

FSD0022854 Last updated 25/08/2020

APT is helping address local and central government requirements for affordable housing, residential aged care and specialised housing for other at risk groups, including people living with disabilities. APT is providing social housing in partnership with the Government’s Social Housing Unit (SHU) and local Methodist parishes.

Level 7 385 Queen Street Auckland 1010



rateneshs@apt.org.nz  Monday - Friday 8.30am-5pm

(09) 302 8169 All services free of charge. http://www.airedaleproperty.org.nz/ No referral required.

**AKAL Foundation**

FSD0024322 Last updated 24/08/2020

Our aims to identify and fund the delivery of high-impact solutions that can reduce health inequities and give everyone the opportunity to live healthy, productive lives.

We work closely with our partners to support innovative approaches and expand existing ones, so they reach the people who are most in need.

Our aim is to create better society.

Akal Foundation

Leadership training – capacity building, political representation

Family Violence – prevention programmes, education awareness

Budgeting & Family Support Services as Below

Community Alcohol and Drug Services

Community Sports / Service

Food Bank Service

Community Awards

Ladies Night

Migrants Help

Open Festival

 35 East Tamaki Road Papatoetoe Auckland 2025

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| --- | --- |
| rajinz@gmail.com  (09) 278 6062 (021) 661888 http://www.akalfoundation.org.nz      **Albany Community Link** | Monday to Friday 8.00 to 5PM All services free of charge. No referral required. |
| FSD0007891 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44 Corinthian Drive Albany North Shore 0632



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Andrew Kirby**

FSD0015322 Last updated 21/12/2020

I am a registered psychotherapist in possession of a PhD and fifteen years experience helping individuals from all walks of life overcome obstacles and barriers that may prevent them from achieving happier, healthier, and more productive lives. This may mean finding help to resolve a specific problem, or learning more about yourselves, others and society to help you manage your lives more effectively and maximise your potential.

Level 2 46 Taharoto Road Takapuna Auckland 0622 andrew@thesquarecircle.co.nz  Available on Mondays and Wednesdays.



(09) 488 7647 Some charges may apply.

(021) 723 203 No referral required. http://www.thesquarecircle.co.nz

**Andrew Macgregor Counsellor and Registered Psychotherapist**

FSD0015295 Last updated 15/01/2021

Face to Face Counselling and Psychotherapy For Individuals and Couples.

All issues and enquiries welcome. Support provided in a confidential and safe comfortable environment.

Creating new endings for old stories.

Youthline House 13 Maidstone Street Ponsonby Auckland



andrewmacgregorpsychotherapy@gmail.c  Appointment times are available and you are om welcome to discuss this on the telephone.

(021) 116 2636 www.aucklandtherapy.co.nz/Psychotherapists/A

http://www.aucklandtherapy.co.nz/Psycho ndrewMacgregor.htm therapists/AndrewMacgregor.htm Some charges may apply.

No referral required.

**Anglican Community Church Birkdale / Beach Haven**

FSD0003659 Last updated 20/10/2020

Birkdale / Beach Haven Anglican Community Church. Emergency Foodbank assistance available by referral or by individual. Usually a one off unless extreme and/or budgeting advice is being sought by recipient. For residents in the Birkdale /Beach Haven area (available 10-12 Tuesday and Thursdays only)

We also provide mainly music for preschooolers and SPACE programmes for mostly first time parents.

56A Tramway Road Beach Haven Auckland 0626



office@cedarcentre.org.nz  Mondays - Thursday: 9am - 1pm

(09) 483 6989 Koha/donation may apply. https://www.cedarcentre.org.nz/ No referral required.

**Anglican Trust for Women and Children**

FSD0003280 Last updated 26/10/2020

ATWC’s integrated Family, Early Education and Social Work services and programmes help to protect, nurture and provide opportunities for up to 3000 children, young people and their families across Auckland.

Services include counselling and psychotherapy, parenting programmes, preschool education, early intervention (Family Start) and programmes in schools (SWiS & YWiSS).

10 Beatty Street Otahuhu Auckland 1062



info@atwc.org.nz  8.00am – 4.30pm Monday to Friday

(09) 276 3729 Some charges may apply. http://www.atwc.org.nz Referral may apply.

**Classification : FVSS**

**Antara Free Natural Health Clinic**

FSD0003689 Last updated 23/01/2021

The Antara Free Natural Health Clinic is for those people in the community who cannot afford to pay for natural health care. Antara also offers a Retreat north of Auckland for young adults.

Please see our website for more details.

66 Taikata Road Te Atatu Peninsula Waitakere



info@antara.org.nz  10am - 3pm Weekdays (09) 834 7987 All services free of charge.

(09) 423 7070 No referral required. http://www.antara.org.nz

**Anti-dose Ltd**

FSD0023898 Last updated 17/01/2021

At Anti-dose we provide private, confidential and affordable addiction counselling to individuals wanting to make positive changes in their lives. We work in a collaborative and motivational way and use evidence based modalities which are considered the "GOLD STANDARD" in the treatment of addiction.

As addiction counsellors in recovery we believe it's crucial to have a personal history with

addiction when providing addiction counselling. At Anti-dose we recognise how important it is for our clients to feel truly understood when it comes to the reality and insanity of addiction. Our understanding of addiction enables us to walk alongside our clients with an empathetic and nonjudgmental approach. We are passionate about helping others reclaim their lives and believe that anyone can find recovery and a life worth living when provided with the right kind of support.

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| antidoseltd@gmail.com  (021) 146 0060 (021) 222 8945 https://anti-dose.co.nz/      **Anxiety New Zealand Trust** | Hours  Mon - Thu 9am - 8pm  Some charges may apply. No referral required. |
| FSD0003383 | Last updated 03/07/2020 |

For the specialist assessment, management and treatment of anxiety, phobic and obsessive compulsive disorders. Providing education around these disorders and providing research into the cause and management. Call 0800 ANXIETY (0800 269 4389). We also provide Family support groups, community education and workshops.

77 Morningside Drive St. Lukes Auckland



clinic@anxiety.org.nz  The clinic is open Tuesday – Saturday with late

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| (0800) ANXIETY (269 4389)  (09) 846 9776 http://www.anxiety.org.nz | nights Tuesday (8:30am-8:30pm), Wednesday  (8:30am-8:30pm) and Thursday (10am-7pm)  Friday and Saturday (8:30am-5pm) | |
| Some charges may apply. Referral may apply. |  |
| **Aotea Family Support Group Charitable Trust** | |
| FSD0006011 | | Last updated 07/08/2020 |

Provision of social services to residents of Great Barrier Island.

 Old School Building, Medland & Shoal Bay Roads 1 Medland Road Tryphena Great Barrier

Island 0962

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| office@aoteafamilysupport.co.nz  (09) 429 0465  (09) 429 0174 http://www.aoteafamilysupport.co.nz    **Classification : OSCAR** | Every morning except Wednesdays and weekends.  Serves Great Barrier Island only.  Some charges may apply.  No referral required. |

**Aotearoa Latin American Community Incorporated**

FSD0020454 Last updated 29/01/2021

Our aims are: a) To preserve, enhance and promote the positive aspects of Latin American and Spanish culture; b) to provide holistic social services to the Latin American community, refugee and migrant communities in general; c) to be a link between the cultures of Spain, Latin America and New Zealand.

45 Cardwell Street Onehunga Auckland 1643



socialservices@alacinc.org.nz  Monday to Friday 09 am-16:00 pm

(09) 636 5313 All services free of charge. http://www.alacinc.org.nz No referral required.

**Arohanui Christian Trust**

FSD0003566 Last updated 24/06/2020

Arohanui is a non profit registered charitable Trust The goals are to help those in need in the community. We endeavour to keep the work simple and uncluttered so as to spend time and energy working with families and children. Our safe homes are set aside for families and children ,who have need of care. Family re unification is one of our main priorities. We support Solo parents and families. Programs are provided for parent seeking to keep their babies. All who are interested need to apply to the directors of the Trust, where selection process will take place.

Arohanui simply provides the love and care where needed.

143 Main Highway Ellerslie Auckland 1051



ross@arohanui.org.nz  9am-5pm

(09) 579 8315 Some charges may apply.

(021) 661781 No referral required.

http://www.arohanuichristiantrust.co.nz/

**Asylum Seeker Support Trust**

FSD0003685 Last updated 05/08/2020

Advocates for asylum seekers and refugees. We also provide emergency hostel accommodation for asylum seekers.

Unit 3 4 Warnock Street Grey Lynn Auckland 1021



info@asst.org.nz  Operating Hours: 8.30 am - 5 pm Mon - Fri.

(09) 378 7434 Some charges may apply.

(09) 828 6067 No referral required. http://www.asst.org.nz

**Auckland Central Budgeting Consultants Inc**

FSD0003852 Last updated 12/01/2021

Our mission at ABC is to 'help build stronger communities' through the delivery of free, confidential and professional budget advice to families or individuals.

Shop F, Parklands Shopping Centre 8-14 Rocklands Avenue Balmoral Auckland 1024 acdbudget@xtra.co.nz  weekdays 8.30-4pm (09) 631 5572 All services free of charge. http://www.aucklandbudgeting.org.nz No referral required.



**Classification : BFC**

**Auckland City Mission**

FSD0003285 Last updated 23/10/2020

The Mission provides unique and specialised health and social services to marginalised

Aucklanders.

23 Union Street Auckland 1010 info@aucklandcitymission.org.nz (09) 303 9200 http://www.aucklandcitymission.org.nz Reception - 8:30am to 5:00pm Some charges may apply. Referral may apply.



**Classification : THP**

**Auckland Dream Centre Community Trust**

FSD0024301 Last updated 18/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

Harbourside Church Office 48 Esmonde Road Takapuna Auckland 0622 info@dreamcentre.org.nz  Please phone for hours the food service is



(09) 489 0930 available. http://www.dreamcentre.org.nz All services free of charge.

No referral required.

**Auckland Women's Centre**

FSD0004148 Last updated 27/07/2020

A safe, accessible place offering support and facilitating empowerment and well-being for all women.

Unit 6 4 Warnock Street Grey Lynn Auckland 1021



info@womenz.org.nz  9.00am - 4.00pm Monday to Friday.

(09) 376 3227 extn 0 Some charges may apply. http://www.awc.org.nz No referral required.

**Auckland Women's Refuge**

FSD0007649 Last updated 08/09/2020

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111.

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| info@awrefuge.org.nz  (09) 378 7635 (0800) 733 843 http://www.womensrefuge.org.nz      **Avondale Community Link** | 24 hour crisis line service (09) 378 7635 or (0800) 733 843 (REFUGE) Some charges may apply. No referral required. |
| FSD0007892 | Last updated 11/03/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44-48 Rosebank Road Avondale 1026



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Barnardos - Auckland Central South (Te Atatu)**

FSD0016477 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

3/247 Edmonton Road Te Atatu South Auckland



(09) 625 3675  Monday to Friday 8.30am - 5pm (0800) BARNARDOS(227 627) Some charges may apply. http://www.barnardos.org.nz No referral required.

**Barnardos - Auckland North West**

FSD0006793 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

247 Edmonton Rd Te Atatu South Te Atatu 0610



Auckland\_Referrals@barnardos.org.nz  Monday - Friday 8:30-4:30

(09) 625 3730 Some charges may apply.

(027) 237 8862 Referral may apply. https://www.barnardos.org.nz/

**Barnardos North Shore (Albany)**

FSD0006794 Last updated 18/06/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

20 Alderman Drive Henderson Auckland 0612



AMAC@barnardos.org.nz  Monday to Friday 7.30 am to 5.30 pm

(09) 836 7506 Some charges may apply. https://www.barnardosearlylearning.org.nz No referral required.

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**Classification : OSCAR**

**Barnardos Onehunga**

FSD0016483 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

Level 2 173 Captain Springs Road Onehunga Auckland 1061



Lesley.Macken@Barnardos.org.nz  Contact : 0800 227 627

(09) 625 3687 Some charges may apply.

(0800) 543 782 No referral required. https://www.barnardos.org.nz/

**Bays Community Housing Trust**

FSD0020998 Last updated 19/02/2021

To provide affordable quality housing to people in social and economic need. Initially there has been a focus on those who have experienced mental ill health, also catering for young people out of Oranga Tamariki care and older women. We manage 33 houses and 60 tenants.

282 Glenvar Road Torbay Auckland 0630



manager@bcht.org.nz  Normal Office hours (021) 196 3978 Some charges may apply.

(09) 478 4679 Referral may apply. http://bcht.org.nz

**Beneficiaries Advocacy and Information Service Inc. (BAIS)**

FSD0003540 Last updated 15/12/2020

A voluntary community group set up to provide free independent advice, information & advocacy to beneficiaries and low income people in regards to financial assistance from Work & Income and IRD.

Glenfield Community Centre 96 Bentley Road Glenfield Auckland 0629 info@bais.org.nz  8am - 4pm Mon - Friday (09) 444 9543 All services free of charge. http://www.bais.org.nz/ No referral required.



**Beth St. Claire - Psychotherapist**

FSD0015962 Last updated 13/07/2020

Youth and Community Services. Beth St. Claire provides face to face counselling and therapy for adolescents and adults; as well as providing clinical supervision for counsellors and others in helping industries; and facilitating personal development and counselling skills training groups. Approaches: Psychodynamic, Gestalt, PSI, EMDR, creative/experiential eg sand-tray, dreamwork, visualisation, mindfulness, IDT drawing therapy. Specialities - ACC approved sexual abuse / trauma work; Gender issues / gender minorities; survivors of fundamentalist and cultic groups.

Youthline House 13 Maidstone Street Ponsonby Auckland



beth@youthline.co.nz  Text messages and email to contact.

(Free TXT) "ACSS" to 234 Some charges may apply.

(09) 376 7481 No referral required.

http://www.counsellingsupport.co.nz/bethst-claire.html

**Bridget Wilson**

FSD0023250 Last updated 17/09/2020

A counselling service for people with addiction and their families, specialising in treating people with sexual addiction, and their families.

1D 238 Karangahape Rd Newton Auckland 1010 bridget@solutionsauckland.com  by appointment



(020) 403 91388 Some charges may apply. http://www.solutionsauckland.com No referral required.

**Budgeting and Family Support Services Otara Inc**

FSD0005928 Last updated 29/03/2021

Otara Budgeting Service provides budgeting skills and education through free, supportive, confidential and culturally aware services to the community.

Shops 1 & 2, Fairmall 46 Bairds Road Otara Auckland 2023 tuliana@mangerebudgeting.org.nz  Monday to Friday 9am to 4pm



(09) 274 6432 Some charges may apply. http://mangerebudgeting.org.nz/contact- No referral required. us-mainmenu-3

**Cancer Society of NZ Auckland Northland Division Incorporated**

FSD0003487 Last updated 06/04/2021

Cancer Society of New Zealand Auckland Division Inc. is an independent, non-government organisation whose mission is to improve community wellbeing by reducing the incidence and impact of cancer. Our services include:

* A range of support services for people diagnosed with cancer, their family/whanau and friends.
* Health Promotion initiatives that aim to reduce the incidence of some cancers.
* Research into the development of more effective treatments for cancer.

Domain Lodge 1 Boyle Crescent Grafton Auckland 1023



info@akcansoc.org.nz  Monday to Friday 8:30 am to 4:30 pm

(09) 308 0160 All services free of charge.

(0800) CANCER No referral required. https://aucklandnorthland.cancernz.org.nz/

**CARE Waitakere Trust**

FSD0003844 Last updated 17/12/2020

CARE Waitakere Trust offers professional counselling, budgeting and family support services to the community of West Auckland and beyond.

 64 Waipani Road Te Atatu Peninsula Auckland 0610

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| admin@carewaitakere.org.nz  (09) 834 6480 http://www.carewaitakere.org.nz    **Classification : BFC** | Office hours 8:30am-5:00pm Monday-Friday Some charges may apply.  No referral required. |

**Caroline Williams Therapy & Counselling**

FSD0016172 Last updated 31/10/2020

There are times in life when we need to reach out for professional support to end the silent struggle and create a life of hope. Caroline Williams, a qualified and experienced counsellor, can help you with a range of issues including:

Substance use problems or eating disorders

Anxiety and depression

Co dependency or abusive relationships

Relationship issues, families or couples welcomed

Trauma and abuse ( historical or recent)

Caroline provides individual and family therapy with WINZ subsidies and Victim Support subsidies available.

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| therapycaroline@gmail.com  (021) 070 6343 https://carolinewilliamsnz.com/ | Tuesday to Friday with evening sessions available.  Some charges may apply.  No referral required. |

**Catholic Social Services - Auckland**

FSD0008234 Last updated 22/12/2020

Counselling for families, couples and individuals. Social work service for individuals and families.

Pacific Living without violence programme.

31 Lincoln Street Ponsonby Auckland 1021



reception@cssauckland.org.nz  Monday - Friday 9am-5pm

(09) 378 9650 Some charges may apply.

(09) 265 0841 (Otara office) No referral required. http://www.cssauckland.org.nz

**Cathy Langley**

FSD0022392 Last updated 08/01/2021

I work with people who want things to be better in their relationships, their work, their families, and other areas of their lives. Issues often include depression, anxiety, conflict, loss, workplace stress, life transition, and responses to the challenges of illness and aging.

Whether you are distressed by recent change, or something needs to change, we would work together to make a lasting difference to your life and your connection with others.

There is more information about psychotherapy and about me at www.psychotherapyspace.nz.

Both of my practice locations are on major bus routes.

I would be very happy to speak with you by phone to help you decide whether you would like to meet for an initial session.

Lister Centre 233 Mount Eden Road Mount Eden Auckland 1024 psychotherapyspace.nz@gmail.com  Please contact via website contact form.



(027) 493 4102 and text

http://www.psychotherapyspace.nz Available to see clients in Mount Eden and Remuera.

Some charges may apply. No referral required.

**Cerebral Palsy Society of New Zealand**

FSD0003830 Last updated 10/08/2020

Information and support for people, their family and whanua with Cerebral Palsy.

Ground Floor Rear 8 Railway St Newmarket Auckland 1023



cpsociety@cpsociety.org.nz  Monday to Friday from 9am to 5pm, for (0800) 503 603 information, advice and support on all aspects of http://www.cerebralpalsy.org.nz Cerebral Palsy

Some charges may apply. No referral required.

**Chinese Mental Health Consultation Services Trust**

FSD0015125 Last updated 21/09/2020

Our trust is a non-profit organisation with a mission of fostering and restoring family harmony and individuals' wellbeing and safety. It is formed by a group of New Zealand experienced and registered mental health professionals.

134 Pah Road Royal Oak Auckland 1023



info@cmh.org.nz  10.00 am to 2:30 pm on Monday and Tuesday

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| (09) 624 4639 http://www.cmh.org.nz    **Classification : FVSS**    **Christian Care Budget Service** | 10:00 am to 6:00 pm on Wednesday and Friday.  Please leave message on answer phone.  Some charges may apply. Referral may apply. |
| FSD0015018 | Last updated 30/06/2020 |

Our service is affiliated to the New Zealand Federation of Family Budgeting Services which is a not-for-profit, autonomous budgeting services whose aim is to help families find security in handling their own financial affairs through the development of good money management skills.

29 Broadway Papakura Auckland 2112



christianbudget2019@gmail.com  Hours flexible (09) 298 8536 All services free of charge. (022) 696 2213 No referral required.

**Christians Against Poverty New Zealand**

FSD0019638 Last updated 08/03/2021

CAP’s purpose is to release people from poverty and all its causes. To achieve this, CAP targets key drivers of poverty through the following five FREE services:

1. Debt Help: releasing people from the burden of unmanageable debt. Clients work with teams inlocal communities around New Zealand whilst receiving long-term support from trained and experienced specialist teams based at our Head Office.

1. CAP Money Courses: three-session, interactive money management courses that encouragepeople to budget, save and spend wisely.

1. CAP Job Clubs: Helping job seekers back into the workforce through practical help, personalcoaching and a supportive environment.

1. Life skills: a friendly, fun community group which empowers people to thrive on a low income.

1. Release groups: a confidential, caring group that support people to find freedom from lifecontrolling habits.

55 Hugo Johnston Drive Penrose Auckland 1061



info@capnz.org  9-5 Monday to Friday (09) 270 0334 All services free of charge.

(0508) 227 111 No referral required. http://capnz.org

**Christopher Caruana**

FSD0024152 Last updated 02/03/2021

To provide quality online or face to face counselling for individuals, couples and families. I am the sole practitioner and am a full member of the New Zealand Association of counsellors, I have a Masters Degree in Counselling and have 20 years experience working as a counsellor.

271 Kepa Road Mission Bay Auckland 1071



caruana@xtra.co.nz  7 days week 8am - 8pm (027) 318 7593 Some charges may apply. http://www.aucklandcounselling.com No referral required.

**Citizens Advice Bureau - Avondale**

FSD0006841 Last updated 30/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

c/- Avondale Library 93 Rosebank Road Avondale Auckland 1026



avondale@cab.org.nz  Bureau hours - Mon-Fri 9.30am to 1pm (09) 828 7121 JP's Mon,Wed,Thurs & Fri 10-12noon http://www.cab.org.nz BUDGETING Tuesdays only @ 10.00am

LEGAL Clinic Saturdays fortnightly &

Appointment essential All services free of charge. No referral required.

**Citizens Advice Bureau - Birkenhead**

FSD0006842 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is resourced by trained volunteers who can access information from the extensive range of resources held by each branch. The service can be accessed by phone, email or in person.

* Legal clinic (run by Waitemata Community Law) Monday 1.30 pm - 3.30 pm.
* JP available most days of the week. Ring to confirm availability.

We provide our service from 91 locations around New Zealand from the far north to Invercargill, and also a free phone number (0800 FOR CAB / 0800 367-222) which ensures no cost anyone calling from a landline.

Information, support and advice is free of charge and confidential.

 Birkenhead Library & Civic Centre - Cnr Rawene Road & Hinemoa Street Birkenhead North Shore 0626

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| birkenhead@cab.org.nz  (09) 418 0032 (0800) 367 222 http://www.cab.org.nz | Mon-Fri 9:00 am -4.00 pm.  Legal clinic by appointments only - Wed 7.00 pm-8.00 pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Browns Bay**

FSD0006843 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

- JP clinic available throughout the week. Ring for availability.

Information, support and advice is free of charge and confidential.

Ground Floor, Bays Community Centre 2 Glen Road Browns Bay Auckland 0630 brownsbay@cab.org.nz  Mon - Fri 9.00 am-4.00 pm



(09) 479 2222 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Central Auckland**

FSD0008344 Last updated 04/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

1st floor, Auckland Central City Library 44 Lorne Street Auckland 1010



centralauckland@cab.org.nz  Monday and Friday 9.30am-4.30pm

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| (09) 302 3676 (0800) 367 222 http://www.cab.org.nz | Monday-Friday (JP 12-2pm)  Sat: JP only 10am-12noon Closed Public Holidays All services free of charge.  No referral required. |

**Citizens Advice Bureau - Eden / Albert at St Lukes**

FSD0006856 Last updated 15/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

(adjoining Public Library) 82 St Lukes Road Mt Albert 2025 Auckland 1025



edenalbert@cab.org.nz  Branch opening hours: 9am to 4pm Mon to Fri, (09) 846 4023 5pm to 7pm Thu evening, 10am to 12pm Sat http://www.cab.org.nz morning.

J.P. service: 10.00am-2.30pm Mon-Fri, 5.00-

6.30pm Thu and 10.00-11.30am Sat.

All services free of charge. No referral required.

**Citizens Advice Bureau - Glen Eden**

FSD0006845 Last updated 10/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Glen Eden Library 12-32 Glendale Road Glen Eden Auckland 0602



gleneden@cab.org.nz  We provide free, confidential, independent

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| (09) 818 8634  (09) 818 6886 http://www.cab.org.nz | information and advice to anyone. We help people know what their rights are and how to access services they need.  Mon-Fri 9am - 4.30pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Glen Innes**

FSD0006846 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Glen Innes CAB 96 Line Road Glen Innes Auckland 1072



(09) 528 3682  Monday to Friday 9am - 4pm

(09) 528 9151 Saturday 9.15 - 11.30am

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Glenfield**

FSD0006847 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

JP available some days of the week. Ring to confirm availability.

Information, support and advice is free of charge and confidential.

Library Buildings 90 Bentley Avenue Glenfield Auckland 0629



glenfield@cab.org.nz  Mon - Fri 9.00 am - 4.30 pm

(09) 444 9451 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Grey Lynn / Ponsonby**

FSD0006865 Last updated 28/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Grey Lynn Community Centre 510 Richmond Road Grey Lynn Auckland 1021



(09) 376 0392  Mon to Fri 10am-2pm

(09) 376 3531 Online ContactUs form is available on website http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Helensville**

FSD0006848 Last updated 29/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

27 Commercial Road Helensville 0800



manager.helensville@cab.org.nz  Monday to Thursday - 10 am - 3 pm

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| --- | --- |
| (09) 420 7162 http://www.cab.org.nz | Friday 9.30am - 12.30pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Henderson**

FSD0006849 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

11 Trading Place Henderson Waitakere



(09) 836 4118  Closing Friday 20 December. Reopen 13th

(09) 836 4119 January 2020. http://www.cab.org.nz Normal Hours:

Mon to Fri 9am - 4:30pm All services free of charge. No referral required.

**Citizens Advice Bureau - Hibiscus Coast**

FSD0006850 Last updated 20/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteer interviewers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person at our office in Orewa, or on the online chat facility on the CAB website.

next to Community Centre 40-46 Orewa Square Orewa Auckland 0931



hibiscuscoast@cab.org.nz  Office Hours may vary from time to time. Please (09) 426 5338 check the CAB website on 'Find a CAB' for (0800) 367 222 current details. http://www.cab.org.nz https://www.cab.org.nz/location/cab-hibiscuscoast

All services free of charge. No referral required.

**Citizens Advice Bureau - Massey**

FSD0006854 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Te Manawa 11 Kohuhu Lane Westgate Auckland 0614



(09) 833 5775  Monday to Friday 9am - 4.30pm

(0800) FOR CAB (367 222) All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau - Mt Roskill**

FSD0006857 Last updated 07/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Common enquiries include but are not limited to - financial difficulties - tenancy - employment family dispute resolution - welfare of older people - consumer goods warranties and service quality - immigration - problems with neighbors - difficulties in education - beneficiary issues - vehicle purchase, loans and maintenance - insurance and accidents - and many more.

Library Building 546 Mt Albert Road Three Kings Auckland 1042



manager.mtroskill@cab.org.nz  Our CAB service is available MON - FRI 9.30am-

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| (09) 625 4854 (0800) 367 222 http://www.cab.org.nz | 4pm, THURS 5-7pm or SAT 10am-12pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Lynn**

FSD0006858 Last updated 15/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

New Lynn Library Building 3 Memorial Drive New Lynn Waitakere 0600



newlynn@cab.org.nz  Open Hours Mon - Fri 9am - 4.30pm

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| (09) 827 4731 (0800) 367 222 http://www.cab.org.nz | Sat 10am - 1pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Northcote**

FSD0021090 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Mandarin, Cantonese, Korean speaking volunteers available; J.P.s available most weekdays - phone or email for availability.

Information, support and advice is free of charge and confidential.

Northcote Library Buildings 5 Ernie Mays Street Auckland 0627



northcote@cab.org.nz  Mon - Fri 9.15 am - 3.30 pm

(09) 480 2971 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Onehunga**

FSD0006859 Last updated 25/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Community Centre & Library Building 81 Church Street East Onehunga Auckland 1061



(09) 634 1613  Monday, Tuesday, Thursday & Friday: 9.30am-

(0800) 367 222 4pm

http://www.cab.org.nz Wednesday 9.30-7pm

Saturday: 10am-12 noon All services free of charge. No referral required.

**Citizens Advice Bureau - Orakei / Remuera**

FSD0006867 Last updated 11/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. Citizens Advice Bureau is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

156 Kepa Road Orakei Auckland 1071



(09) 524 0298  Monday to Friday 9:30am - 4:30pm http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Pakuranga-Eastern Manukau**

FSD0006861 Last updated 03/05/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 576 8331, email pakuranga@cab.org.nz

Library Building 7 Aylesbury Street Pakuranga Auckland 2140



pakuranga@cab.org.nz  Monday – Friday 9.30am – 4pm

(09) 576 8331 Saturday 9.30am - 11.30am http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Panmure**

FSD0006862 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Above Panmure Library 7 - 13 Pilkington Road Panmure Auckland 1072



(09) 573 5707  Opening hours 9am-12.45pm weekdays http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Papakura**

FSD0006863 Last updated 09/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

4A Opaheke Road Papakura 2110



papakura@cab.org.nz  Weekdays 10am - 3.30pm.

(09) 299 6411

(09) 299 6412 Sat from 9am - legal advice by appointment only.

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Sylvia Park**

FSD0023055 Last updated 14/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Sylvia Park Shopping Centre 286 Mount Wellington Hwy Auckland 1060



sylviapark@cab.org.nz  Open Mon-Fri Currently 10am-4pm

(09) 573 5707 Saturday 10-12 http://www.cab.org.nz

See website for JP service times All services free of charge. No referral required.

**Citizens Advice Bureau - Takapuna**

FSD0006868 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Information, support and advice is free of charge and confidential.

Community Services Building 7 The Strand Takapuna Auckland 0622



takapuna@cab.org.nz  Mon- Fri 9.00 am to 4.30 pm

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| (09) 486 3139 (0800) 367 222 http://www.cab.org.nz | Legal Clinic Thurs 7pm-8pm by appointments only  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Waiheke**

FSD0006869 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Specialist Advocacy.

141 Ocean View Road Oneroa Waiheke Island 1081



(09) 372 8640  Mon - Fri 9.30am - 3.30pm.

http://www.cab.org.nz Sat 9.00am - 12 noon

All services free of charge. No referral required.

**Citizens Advice Bureau - Wellsford**

FSD0006870 Last updated 01/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 Wellsford Community Centre 1 Matheson Road Wellsford 0900

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| wellsford@cab.org.nz (09) 423 7333 http://www.cab.org.nz | Mon - Fri 10am - 2pm All services free of charge.  No referral required. |

**Citizens Advice Bureau Botany**

FSD0024491 Last updated 19/01/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 271 5382, email botany@cab.org.nz

Botany Town Centre 251 Town Centre Drive Botany Auckland 2016



botany@cab.org.nz  Monday to Friday 9.30am to 1pm

(09) 271 5382 All services free of charge. http://cab.org.nz No referral required.

**Citizens Advice Bureau Mangere**

FSD0006852 Last updated 25/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained Volunteers who can access information by computer or from the extensive range of resources held by each Bureau. The service can be accessed by phone, email, fax or in person.

Shop 17 93 Bader Drive Mangere Town Centre Auckland 2022



mangere@cab.org.nz  Monday to Friday: 9am - 4pm.

(09) 275 6885 Alternative Saturdays: 9.30am - 12.30 pm.

http://www.cab.org.nz Closed on Public Holidays and Long Weekends.

All services free of charge. No referral required.

**Citizens Advice Bureau Manurewa**

FSD0006853 Last updated 10/11/2020

Citizens Advice Bureau Manurewa provides free and confidential, information and options to anyone about any query or problem. Citizens Advice Bureaux are staffed by trained volunteers who have access to information from an extensive range of resources, held by each bureau. The service may be accessed by phone, email or in person.

Library Complex 7 Hill Rd Manurewa 2102



manurewa@cab.org.nz  Mon - Fri 9am - 4pm

(09) 266 5729 Saturday 9am - 11am

(0800) 367 222 All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau Otara Incorporated**

FSD0006860 Last updated 12/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Shops 1 & 2 46 Fair Mall Otara Town Centre, Bairds Road Auckland 2023



manager.otara@cab.org.nz  Normal Bureau hours operation: 9am-4pm

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| --- | --- |
| (09) 274 6577 http://www.cab.org.nz      **City Impact Church** | Monday to Friday, 9am-12pm Saturday All services free of charge. No referral required. |
| FSD0003842 | Last updated 10/11/2020 |

Assisting people of all ages and races to discover how God can improve their life and situation. We have five campuses - Two in the North Island - North Shore and at Mt Wellington in Auckland and three in the South Island - Queenstown, Balclutha and Invercargill. (OSCAR approved for Holiday Club for children.)

 794 East Coast Road Oteha Auckland 0630

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| --- | --- |
| info@cityimpactchurch.com  (09) 477 0300  (0800) CHURCH  http://www.cityimpactchurch.com    **Classification : OSCAR** | Office hours Mon - Fri 8.30am - 5.00 pm Some charges may apply.  No referral required. |

**Combined Churches Foodbank (Mt Roskill)**

FSD0003660 Last updated 30/09/2020

Foodbank service available. Hours: Monday, Wednesday, Friday 9.30 -12 noon.

office@hillschurch.nz  9.30am -2:30pm Monday - Friday.

(09) 625 5050 Some charges may apply. http://www.cll.org.nz No referral required.

**Community Builders NZ**

FSD0024302 Last updated 18/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

Otara Kai Village 120 East Tamaki Road Otara Auckland 2023



thecommunitybuildersnz@gmail.com  Please contact us for times service is open

(021) 802 791 All services free of charge. https://www.communitybuildersnz.org/ No referral required.

**Community Support Waitakere - Laingholm**

FSD0024348 Last updated 02/03/2021

The Laingholm area of Neighbourhood Support Waitakere is working to provide a broad range of resources including food relief, financial & budgeting advice, emotional & mental well-being support, schooling & childcare support to help empower our local community.

Neighbourhood Support Waitakere works alongside NZ Police, Auckland Council, FENZ Fire & Emergency New Zealand & Auckland Emergency Management CD to create safe and caring neighbourhoods and communities, reducing the incidents and effects of crime, building community resilience and strengthening community networks to improve the quality of life and enhance wellbeing.

21 Laingfield Terrace Laingholm Auckland 0604



support@laingholm.net  7am - 7pm 7-days a week

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| --- | --- |
| (0800) 007 008 (021) 28 38 062 https://laingholm.net      **CORT Community Housing** | available after these hours only if vitally necessary  All services free of charge. No referral required. |
| FSD0021035 | Last updated 29/04/2021 |

CORT Community Housing specialises in the provision of long-term affordable housing in Auckland for people on low incomes. Most of its accommodation is low rise, medium density 1 and 2 bedroom units.

68 Grafton Road Auckland 1010



info@cort.org.nz  Monday to Thursday 9am - 4:30pm

|  |  |
| --- | --- |
| (09) 376 3049 http://www.cort.org.nz      **Counselling Services Centre** | Friday 9am-4pm  Some charges may apply. Referral may apply. |
| FSD0003355 | Last updated 31/08/2020 |

Counselling service for survivors and victims of sexual abuse. Counselling for victims of domestic and family violence. Counselling for people strugglling with depression, anxiety, stress, grief and loss. Counselling for women, children, men and couples. 24 hour Crisis service for victims of acute sexual violence. Professional Supervision.

22 Alexander Avenue Papatoetoe Manukau City 2025



admin@cscnz.org.nz  Monday-Friday 8.00am-7.00pm

(09) 277 9324

http://www.cscnz.org.nz Crisis 24/7

Some charges may apply. Referral may apply.

**Classification : FVSS, SHSS**

**Dayspring Trust**

FSD0015682 Last updated 08/09/2020

Dayspring is passionate about fostering the wellbeing of both mother and child creating opportunities that inspire women to live, love, learn and connect.

Dayspring began over 30 years ago with a group of women in West Auckland who saw a need in the community that wasn't being met.

Since those early beginnings we have been working with vulnerable families and have a long history of positive involvement with mothers and their babies who are living with post natal depression or an ongoing mental illness. We have first hand experience on the impact their illness has on the mother/baby bonding processes and the associated risks of attachment disorder.

Daysprings programmes are designed to positively influence the pathways for women and their families.

Vision: To be the preferred provider of Maternal Mental Health Community Services in the Auckland Region.

Head Office 2 Seabrook Avenue New Lynn Waitakere City



info@dayspring.co.nz  9.00 am - 3.00 pm (09) 827 6321 Some charges may apply.

(09) 834 4893 Referral may apply. http://www.dayspring.co.nz

**De Paul House**

FSD0016947 Last updated 13/07/2020

Transitional accommodation for homeless families and support for vulnerable families in the community. Residential and outreach families also have access to Learning Centre programmes (which include budget, literacy, computer skills, WISE hub) and an Early Childhood Centre.

Please see service detail for more information.

92 - 96 Onewa Road Northcote North Shore City 0627



jan@depaulhouse.org.nz  8.30am - 5pm Monday to Friday

(09) 480 5959 Some charges may apply. http://www.depaulhouse.org.nz Referral may apply.

**Classification : THP**

**Debbie Rowberry**

FSD0019037 Last updated 22/09/2020

Emotion Regulation Therapy for Children and their Families.

Debbie Rowberry is a Child Therapist specialising in Child Emotion Regulation Therapy for high and complex needs children. The programme teaches Children how to recognise, monitor and moderate their States of Being. Parental Coaching is provided to teach conscious parenting skills. Children gain greater Emotion Resilience and Emotion I.Q. The programme also includes the development of a client specific behavioural management plan for home and school.

Debbie also facilitates early intervention, Emotion Education programmes for schools.

Debbie provides Therapeutic Services within a clinic setting as well as incorporating Equine Therapy, Canine Therapy and Nature based activities at Willow Therapy Farm in Clevedon.

610 Monument Road Clevedon Auckland 2582



D.rowberrynz@gmail.com  Please phone for an Appointment.

(021) 741 887 Some charges may apply. http://www.childbehaviourist.com No referral required.

**Deirdre Tollestrup**

FSD0021340 Last updated 12/01/2021

Deirdre is a counsellor practicing in Ponsonby and Henderson, Auckland. She works with individuals and couples, using constructive narrative, mindfulness (ACT) and somatic awareness skills to help clients find insight and change with a wide range of problems (including anxiety, depression, relationship strife, trauma...).

Deirdre is also an experienced Counselling Supervisor, working collaboratively with counsellors and students. She is NZAC and ACC registered. For more information, see Deirdre's website.

Letham Cottage 35 Jervois Road Ponsonby Auckland 1011



dtollestrup@gmail.com  Tuesday through Friday 10am - 6pm. Make an (021) 232 3863 appointment or contact Deirdre via her website. http://dtollestrup.com/ Some Henderson appointments also available.

Some charges may apply. No referral required.

**Dmitri Biletzki**

FSD0023833 Last updated 14/12/2020

Maximise your chance to be able to climb mountains when you become 90 years old! I offer Counselling, Therapy and coaching to People Who Want to achieve the highest level of health, confidence and happiness! Increase Confidence, Gain Clarity, Stay Motivated on the Path have the healthiest lifestyle for human beings. High Energy | Strong and Healthy Body | Empowered, clear, positive mind! We are a match if you are striving to work hard, make the necessary changes and want to get the highest level of health at all levels.

What can I help you with?

Counselling Addictions, Drug & Alcohol, Smoking & Gambling Crisis & Trauma, Pain &

Depression, Grief & Bereavement Counselling Psychotherapy, Relationships, Family & Parenting,

Marriage & Divorce. Eating Disorders Mental Health Services, Adolescent, Mood & Anxiety Disorders, Social services, Finding life purpose, Creating happy healthy lifestyle, Life Coaching, Health Coaching.

db@health-mentor.co  online booking through website calendar.

(022) 389 1007 Some charges may apply. https://www.health-mentor.co/ No referral required.

**Dress for Success Auckland**

FSD0023371 Last updated 13/04/2021

We will help you build your confidence and support your employment journey by providing you with a full wrap around service - we are 'more than a dress'!

Our interview and employment dressing service supports women in need with confidence via outfits to keep (clothing, shoes and accessories) and with being better prepared to secure work.

This service is available while job searching, when interviewing or if a job offer has been made. Referrals from the MSD require a TTW authorization, a set fee for this service paid by the Ministry to DFS Auckland. This payment also allows each client to participate in our Career Centre programme for up to 2 years, providing skills workshops and coaching to help with the transition to work, job retention and career development which can be a challenging time.

Our mission is to support women to achieve economic independence for the benefit of themselves, their families and their community.

Ground Level 12 Lambie Drive Papatoetoe Auckland 2104



manukau@dfsa.org.nz  Monday to Friday - 9.30am to 3.00pm (020) 4377 276 Saturday - 10.00am to 1.00pm (monthly)

(09) 377 2762 Some charges may apply. http://auckland.dressforsuccess.org Referral may apply.

**Dress for Success Auckland, Manukau**

FSD0024139 Last updated 07/01/2021

We help you build your confidence and support you in your employment journey by providing you with a full wrap around service - we are 'more than a dress'!

Our interview and employment dressing service supports women in need with confidence via outfits to keep (clothing, shoes and accessories). This service is available while job searching, when interviewing or if a job offer has been made.

Referrals from the MSD require a TTW authorization, a set fee for this service paid by the Ministry to DFS Auckland. This payment also allows each client to participate in our Career Centre programme for up to 2 years, providing skills workshops and mentoring to help with the transition to work, job retention and career development which can be a challenging time. Our mission is to support women to achieve economic independence for the benefit of themselves, their families and their community.

12 Lambie Drive Papatoetoe Auckland 2104



manukau@dfsa.org.nz  Hours of operation: Tuesday to Friday 9.30am to (020) 437 7276 3pm; Appointments available at 10am, 11am and

https://auckland.dressforsuccess.org/ 12pm – by booked appointment only Some charges may apply. Referral may apply.

**Elim Counselling Services**

FSD0017362 Last updated 17/11/2020

Counselling Services, Budgeting services.

159 Botany Road Botany Downs Auckland 2010 botany@elimchristiancentre.org.nz  Monday to Friday



(09) 538 0360 9am to 5pm

http://www.elimchristiancentre.org.nz Koha/donation may apply. No referral required.

**Emerge Aotearoa - National Support Centre**

FSD0003606 Last updated 13/04/2021

Emerge Aotearoa is a not-for-profit charitable trust that provides community-based mental health,addiction, disability support and social housing services nationwide to people who are vulnerable or marginalised within their communities. We believe that everyone is capable of living full and rich lives in their chosen communities when they have access to support and opportunities for learning,skill development and rehabilitation. Our vision of Realising Potential Tautokohia te mana tangata, provides us with the ability to see what can be achieved when there is connection; the ability for someone to see the good in themselves and in others, to recognise the possibility for things to improve, and life to be meaningful and purposeful. Our values guide the way we work with service users and their families; Connecting with Purpose, Whakawhnaunga, Engaging with Respect, Manaaki, Walking and Learning Together, Ako and Acting with Integrity, Whakamana; they form the basis of everything we do.

320 Ti Rakau Drive Burswood Auckland 2013 info@emergeaotearoa.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 265 0255 All services free of charge. https://www.emergeaotearoa.org.nz Referral may apply.

**Classification : PACIFIC, THP**

**Emma Green, Psychotherapist**

FSD0022671 Last updated 18/02/2021

Registered psychotherapist providing therapy and counselling for adults, adolescents and couples. Therapy provides a space for reflection and healing, and can help build stronger, more mutually satisfying relationships. Emma works with depression and anxiety, as well as trauma and relationship difficulties.

Level 1 300 Great South Road Greenlane Auckland 1051



emmagreentherapy@gmail.com  Tuesday afternoons

(022) 063 5838 Wednesdays (09) 393 0051 Friday mornings

http://www.talkingworks.co.nz/dir/Emma+ By appointment

Green.html Some charges may apply.

No referral required.

**Equip**

FSD0008131 Last updated 27/01/2021

We are a non-governmental organisation providing recovery support for individuals experiencing major mental health disorders and their families.

Windsor Park Centre 550 East Coast Road Mairangi Bay Auckland 0630



office@equip.net.nz  8.30am - 4.30pm, Monday to Friday.

(09) 477 0338 All services free of charge.

(021) 815 139 Referral may apply. http://www.equip.net.nz

**Ethnic Family Services**

FSD0020934 Last updated 08/01/2021

We offer support services for women, men and young people to build safe and happy families. We work in partnership with schools, various government and non-governmental organisations to offer specialised culturally appropriate intervention and prevention services for families and youth from Asian, African and Middle-Eastern communities in Aotearoa New Zealand.

Inside Manukau Medical & Health Centre 18 Manukau Station Road Manukau Auckland 2102 youth@shakti.org.nz  Mon-Thurs 10am-4pm



(0800) 742 584 (0800 SHAKTI) All services free of charge.

(09) 262 0487 non-urgent No referral required.

https://www.facebook.com/shaktiyouth

**Family Works Leslie Centre**

FSD0006491 Last updated 27/04/2021

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Leslie Centre 37B Dornwell Road Mt Roskill Auckland 1041



admin.lesliecentre@fwn.org.nz  Monday - Friday

(09) 639 2016 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-central Referral may apply.

**Family Works Northern**

FSD0020674 Last updated 01/09/2020

Family Works Northern helps children and their families overcome the consequences of poverty, lack of adequate housing, and living with violence. It helps families to stay safe, strong and connected so they can make positive and lasting changes in their lives.

111 Great South Road Epsom Auckland 1051



info@psn.org.nz  Monday to Friday (09) 520 8600 8.30 am to 5.00pm

https://www.familyworksnorthern.org.nz Koha/donation may apply. No referral required.

**Family Works Te Hononga**

FSD0006492 Last updated 27/04/2021

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Family Works Te Hononga 10 Mahia Road Manurewa Auckland 2102 admin.tehononga@fwn.org.nz  Monday - Friday



(09) 269 1009 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-south Referral may apply.

**Family Works Waitakere**

FSD0006493 Last updated 09/12/2020

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

2171 Great North Road Avondale Auckland 0600



admin.waitakere@fwn.org.nz  Monday - Friday

(09) 835 1288 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-west Referral may apply.

**Fiona Hardy Counselling**

FSD0021223 Last updated 16/03/2021

I am a skilled Counsellor/Family Therapist located in Central Auckland - working from rooms in Grey Lynn and Remuera.

I focus on working positively with individuals, couples, groups, families and adolescents who may be wanting to understand and develop skills in managing anxiety, depression, processing grief and loss, relationships, sexual issues, identity, work related issues, self esteem, pregnancy and pregnancy loss.

I am narratively trained with a focus on short term work that is person centered and solution focussed.

I work from two relaxed and private locations in Grey Lynn and Remuera.

Please contact me to see how I may be able to assist you.

Skype sessions are also availabe.

Community of St Luke 130 Remuera Road Remuera Auckland 1024



fionahardycounsellor@gmail.com  Counselling appointments during the day and

(021) 294 0346 some evenings in Remuera and Grey Lynn.

(09) 620 2121 Please phone to discuss your requirements. http://www.fionahardycounselling.co.nz

Skype Sessions also available.

Some charges may apply. No referral required.

**First Call Resolution**

FSD0020012 Last updated 14/08/2020

First Call™Resolution is an Auckland based Conflict Resolution company. We provide Alternative Dispute Resolution for families, couples and communities in crisis. We offer funded Family Dispute Resolution Mediation (FDR), Advocacy, Counselling and conflict resolution coaching.

senta@firstcall.co.nz  Weekdays 9am to 7pm (021) 771 933 Some charges may apply. http://firstcall.co.nz No referral required.

**Fonua Ola**

FSD0003695 Last updated 14/12/2020

We cater for the Auckland region covering the areas of South, West, Central and East Auckland.

We provide Social Work Support, Counselling, Youth Programme, Building Financial Capability, Family Violence Intervention, Whanau Ora Support and Group Parenting Programme. Our aim is to achieve better outcomes for our children and young people through journeying with their families on their voyage to sustainable futures

8 Hendon Avenue Mt Albert Auckland cfohe@fonuaola.org.nz (09) 828 4307 (022) 164 0627 https://www.fonuaola.org.nz/



**Classification : PACIFIC**

**Fonua Ola Network Trust**

FSD0021714

Mondays to Fridays

9am - 5pm

All services free of charge. No referral required.

Last updated 17/11/2020

Our Services include social work support services, counselling, youth mentoring, life fit programme, parenting programmes and financial mentoring/budgeting as well as Whanau Ora clientele.

We are based in Auckland and predominantly support the local Pacific Community to cope in times of economic, social and cultural adversity.

With a head office in Otahuhu, Fonua Ola has another additional site located at Hendon Avenue Mt Albert (former Pasifika Health & Social Services).

32 Station Road Otahuhu Auckland 1062



msuamili@fonuaola.org.nz  Mon - Fri - 9am to 5pm (09) 270 2089 All services free of charge.

(022) 043 0811 Referral may apply. http://www.fonuaola.org.nz

**Classification : BFC, FVSS, PACIFIC**

**Foodbank New Zealand**

FSD0021640 Last updated 02/01/2021

We provide an online directory of foodbanks and other service organisations across New Zealand. We also assist foodbanks with fundraising, advice and food rescue. If you are in need of food assistance please visit our directory and contact your local foodbank directly.

info@foodbank.co.nz  Online 24 hours (022) 045 8184 All services free of charge. http://www.foodbank.co.nz No referral required.

**Franklin Family Support Centre**

FSD0000964 Last updated 23/12/2020

To empower families and individuals with financial, personal or family issues by providing professional, compassionate and caring social services and educational programmes.

82 Manukau Road Pukekohe admin@familysupport.org.nz  9.00am - 4.00pm, Monday to Friday.



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| (09) 238 6233 http://www.familysupport.org.nz    **Classification : BFC, FVSS**    **Friendship House** | Some charges may apply. No referral required. |
| FSD0003345 | Last updated 31/10/2020 |

Friendship House is a centre for social services, education, and community life set in the heart of Manukau.The Cafe offers quality affordable food and friendly centre staff provide information and practical assistance to visitors. Our qualified social service professionals offer individual and family support for people to build satisfying relationships and purposeful lives through social work, counselling, courses and programmes. The centre is available for hire to community and business groups on a casual or regular basis with rooms to suit 2 - 80 people. Our central location (behind Westfield Manukau) enables easy access to our services by both bus and rail.

20 Putney Way Manukau City Centre 2104



info@friendshiphouse.org.nz  Mon - Friday 8:30am-4:00pm

(09) 262 2322

(0800) 348 7878 Closed for Public Holidays http://www.friendshiphouse.org.nz Some charges may apply.

No referral required.

**Classification : FVSS**

**FULL Balance Financial Coaching**

FSD0019893 Last updated 11/01/2021

Full Balance provides practical, down to earth, independent financial planning, mentoring and budgeting advice to plan for you to be debt free, get into your own home quicker and invest in and save for your future. As an objective observer and mentor we can listen, review and motivate you to get where you want to go.

We are a mobile company with offices in Tauranga and Auckland giving independent financial assistance to people from all over New Zealand with their personal and business money management, whether you already have lots of money, are in financial hardship or anywhere in between.

We also specialise in complicated situations such as relationship break ups, IRD debt negotiation and insolvency options.

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| shula@fullbalance.co.nz  (0800) 385 522 (09) 962 4212 http://www.fullbalance.co.nz      **Glen Innes Family Centre** | Mon - Fri daytime or evening Some charges may apply. No referral required. |
| FSD0016332 | Last updated 22/01/2021 |

Provide Social Work Support, Counselling (Individual/Family), Budgeting, Parenting Programmes, Domestic Violence Programmes, Senior Recreational Programmes.

122 Elstree Avenue Glen Innes Auckland 1743



admin@gifc.org.nz  Weekdays 9AM - 3PM

(09) 570 6250 Thursday 9am - 6pm

http://www.gifc.co.nz All services free of charge.

No referral required.

**Grace Foundation Charitable Trust Auckland**

FSD0024203 Last updated 09/04/2021

We provide transitional housing for people in South Auckland in need of a place to stay while they re-establish their lives.

We provide a wraparound service including education, community involvement, health & wellbeing activities. Grace Foundation operates 18 houses with 24 hour assisted living care; These homes are supported by a dedicated team of 6 full-time staff and 4 Volunteers.

A strategic part of our service is the Solutionz classes which focuses on mindfulness that involves learning how to change negative attitudes, thought patterns, and adopting a positive, goal creation and planning; practical tools to help them implement and maintain major life changes.

The impact of our work can be seen in the changes within our resident’s lives, their families live, their children's lives. By transforming our resident’s mind-sets, through education, self-belief, selfconfidence we create leaders who then go on to lead their families in a positive way which strengthens the community.

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| gracefoundationauckland@gmail.com  (0508) 447 223 (022) 184 4973 https://www.gracefoundation.co.nz/ | We are open 24/7 to support our residents and those in need. Call anytime.  Some charges may apply.  Referral may apply. |

**Great Potentials - Takanini Family Service Centre**

FSD0022363 Last updated 17/07/2020

We offer a range of social services and programmes to the community including counselling, parenting programmes, playgroup, English literacy classes. Most of our services/programmes are free however a small koha may apply to some.

8 Oakleigh Avenue Takanini Auckland 2112



fsc.info@greatpotentials.org.nz  9am - 4.30pm

(09) 974 4719 Monday to Friday

(021) 882 970 Some charges may apply. http://www.greatpotentials.org.nz/ No referral required.

**Greg Ogg**

FSD0023403 Last updated 24/11/2020

I am a Family Disputes Mediator and also a Family and Relationship Therapist.

I provide a private service aimed towards helping families and couples work through difficult issues in order to reach a workable resolution.

 - Onetangi Road RD1 Waiheke Island 1843

gogg@slingshot.co.nz (021) 234 1693

(09) 372 8887

**Grey Lynn Community Link**

FSD0007916

9am to 5pm. Mon-Fri

Some charges may apply. No referral required.

Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

562 Richmond Road Grey Lynn 1011



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz      **Hadiyyeh Zohoori-Dossa** | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0022715 | Last updated 03/10/2020 |

Holistic, Multi-Cultural Counselling for individuals, groups, families and pre-marital couples.

Issues: Depression, Anxiety, Grief, Parenting, Stress, etc. Also, Nutrition-related conditions:

Obesity, Diabetes, Hypertension, etc.

Some benefits of counselling are:

* Developing Self-Awareness and Mindfulness
* Learning Problem-Solving, Effective Communication and Conflict Management
* Stress Management – Learning to go beyond coping to attain and maintain Lasting Happiness\* Personal Growth
* Behaviour Change, e.g. reduction in smoking, drug use, angry outbursts or other undesirablehabit, or increase in following a Healthy Diet, Physical Activity or any other desirable habit.

All services are multi-cultural and inter-faith by being sensitive to the ethnic, socio-economic, gender, racial and religious background of clients.

I also conduct:

* a pre-marital counselling programme, and
* Reiki Chanelling, a Japanese technique for stress reduction, relaxation and healing.

hadiyyehzd@yahoo.com  Please get in touch to arrange a suitable time

(021) 037 2456 and place.

Online counselling also available.

Some charges may apply. No referral required.

**Harbourside Church**

FSD0015422 Last updated 12/10/2020

Harbourside Community Services is about empowering and equipping people and meeting the needs in the community.

48 Esmonde Road Takapuna North Shore City



office@harboursidechurch.org  9am - 5pm weekdays, Sundays services are at

(09) 489 0930 9am and 11am

http://www.harboursidechurch.org Some charges may apply.

No referral required.

**Haumaru Housing Limited Partnership**

FSD0023133 Last updated 15/02/2021

Haumaru Housing is a limited partnership between the Auckland Council and The Selwyn

Foundation, providing safe and affordable housing for older people. Sixty-three villages comprising 1452 self-contained residential units for older people ( 65 years +) across the Auckland region. Haumaru Housing aims to provide a safe community environment to meet the social and housing needs of older people.

 Level 2 1 Nugent Street Grafton Auckland 1023

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| info@haumaruhousing.co.nz  (0800) 430 101 https://www.haumaruhousing.co.nz/      **Heartbeat City Ministries** | 8:00am - 5:00pm  Plus After Hours Service Some charges may apply. No referral required. |
| FSD0003351 | Last updated 03/01/2021 |

Psychological Counselling Services delivering home based short term therapy approach within a Whnau Ora framework to predominately Mori whnau, children/tamariki and young people/rangatahi. HBCM Psychological Counselling Service aim to provide the highest standard of care for whnau, tamariki and rangatahi residing in the Counties Manukau region.

24 Huia Rd Papatoetoe Auckland 2025



heartbeat@xtra.co.nz  Office hours: 9.00am to 4.30pm.

(021) 112 7543 Phone voice message are welcomed and will be

(021) 213 6235 responded to.

Some charges may apply. Referral may apply.

**Helensville / Waimauku Family Budgeting Service Inc**

FSD0005913 Last updated 12/11/2020

Helensville / Waimauku Family Budgeting Service offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

49 Commercial Road Helensville



hlv.budget@xtra.co.nz  Between 9.00am and 12.00 noon, Monday

(09) 420 7740 through Friday.

https://www.facebook.com/HelensvilleWai mauku-Family-Budgeting-Service- Other times possible by arrangement.

732945183477198/ All services free of charge.

No referral required.

**Classification : BFC**

**Henderson Budget Service Inc.**

FSD0005914 Last updated 15/04/2021

Henderson Budget Service offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

20 Alderman Drive Henderson Auckland 0612



info@budgeting.org.nz  Mon - Sat 9am - 5 pm (09) 836 4141 All services free of charge.

(027) 450 7760 No referral required.

https://www.facebook.com/Hendersonbud getserviceinc/

**Classification : BFC**

**Hibiscus Coast Community House Incorporated**

FSD0008129 Last updated 30/11/2020

We provide a range of services to the Hibiscus Coast Community to enrich and support individuals and families.

214E Hibiscus Coast Highway Orewa Auckland 0931 hbccommunityhouse@xtra.co.nz  Office open 10am - 3pm, Monday to Friday.



(09) 426 3598 Some charges may apply. http://www.hbccommunityhouse.org.nz No referral required.

**Hibiscus Coast Youth Centre**

FSD0022060 Last updated 17/02/2021

The Hibiscus Coast Youth Centre is a non-profit organisation whose mission is to empower and strengthen youth and their families by providing comprehensive youth development through education, physically challenging activities, employment and training advocacy and other support services.

To provide opportunities and support for young people, encouraging them to become involved in, and contribute to the development of their community.

 HBC HWY 214d Hibiscus Coast Highway Auckland 0930

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| findhbcyc@gmail.com  (09) 426 5005 (027) 685 1415 http://www.hbcyouthcentre.org    **Classification : OSCAR** | Mon-Fri 09:00 To 18:00  Friday Night 18:00 To 22:00  Saturday 11:00 To 17:00  Room Hire 24/7 By Booking Some charges may apply.  No referral required. |

**Highbury Community House Inc**

FSD0015253 Last updated 07/09/2020

To enhance social and cultural well-being by providing accessible and affordable opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to make friends, meet people, learn, contribute and participate in the local community.

Highbury Community House & ELC 110 Hinemoa Street Birkenhead North Shore 0626 manager@highburyhouse.org.nz  Office hours 9.00am - 2.30pm Mon - Fri



(09) 480 5279 Community House is available for hire 7 days a

(09) 480 5239 week

http://www.highburyhouse.org.nz Early Learning Centre open times 9.00-2.30 term

time only

Some charges may apply. No referral required.

**Highland Park Community Link**

FSD0007900 Last updated 06/04/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 Unit E 491 Pakuranga Road Manukau 2010

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| (0800) 559 009 http://www.workandincome.govt.nz      **Hindu Niwas** | Monday to Friday 8:30am - 5pm, Wednesday  9:30am - 5pm  All services free of charge. No referral required. |
| FSD0019247 | Last updated 17/01/2021 |

Hindu Niwas aims to provide the most effective, financially and socially sustainable emergency, social and affordable housing and espouse the best provider reputation in New Zealand. Our service provides social & residential services and various activities throughout Auckland.

74 Retreat Drive Mangere Manukau 2022



hinduniwas@gmail.com  Office time 9am to 5pm.

(09) 275 1003 Emergency accommodation contact telephone

(021) 052 0323 Number 0800 275 100

Some charges may apply. Referral may apply.

**Home and Family Counselling Inc: Auckland Office.**

FSD0003359 Last updated 13/07/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. We have a Chinese counsellor available and a mix of male and female counsellors. Professional, experienced counsellors provide high quality services from our long-standing wellrespected independent organisation.

344 Mt Eden Road Mt Eden Auckland 1024



(09) 630 8961  Monday - Friday 9am - 5pm

http://www.homeandfamily.org.nz Saturday 9am - 4.30pm

Late Nights: Tuesday, Wednesday, and Thursday.

Koha/donation may apply. No referral required.

**Classification : FVSS**

**Home and Family Counselling Inc: North Shore Office**

FSD0015867 Last updated 16/06/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. Chinese counsellor available. Professional, experienced counsellors provide high quality services from our long-standing well-respected independent organisation.

2a Seaview Avenue Auckland 0627



Northshore@hfc.org.nz  Monday - Friday 9am - 5pm, Saturday 9am -

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| (09) 419 9853 http://www.homeandfamily.org.nz      **Homes of Choice** | 2pm.  Koha/donation may apply. Referral may apply. |
| FSD0023393 | Last updated 20/11/2020 |

Great homes enabling choice, affordability and happiness for people with disabilities.

205 Great South Road Greenlane Auckland 1051



julie.sutherland@homesofchoice.org.nz  8.30am - 5.00pm Mon-Fri

(09) 634 9766 Exception: Public Holidays

Some charges may apply. Referral may apply.

**Hope Food Bank**

FSD0024314 Last updated 18/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

 44H4 Portage Road New Lynn Auckland 0600

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| hopecentrefoodbank@gmail.com (021) 080 48436      **Hope Unlimited Trust** | Open Wednesday Thursday and Friday's from  10am to 2:45pm  All services free of charge. No referral required. |
| FSD0008101 | Last updated 10/01/2021 |

We offer holistic, affordable, professional counselling and social services supporting parents and their families.

Our services include Counselling, Community Support, and Programmes: - Men's Living In Harmony/emotional intelligence/mana building; Women's Self Esteem /Personal

Development/Living in Harmony/Emotional management; plus a connect group; Parenting Toolbox 6-12yr-olds & Teenagers; Building Awesome Whanau; and Blended Families Programmes.

We have male & female counsellors, and we provide day & evening appointments.

46 John Street Pukekohe 2120



hope@hopeunlimitedtrust.org.nz  9am - 8pm, Monday to Friday. Sometimes

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| (09) 239 1823 http://www.hopeunlimitedtrust.org.nz      **Hospice West Auckland** | Saturday  Some charges may apply. No referral required. |
| FSD0008175 | Last updated 03/08/2020 |

Hospice West Auckland provides free specialist palliative care and support to the people of West Auckland during terminal or life-limiting illness. Our unique blend of holistic care extends to families/whanau and carers and we offer our services both at Hospice House and in patients home.

52 Beach Road Te Atatu Peninsula Auckland 0610



info@hwa.org.nz  Office Hours 8.30 - 5 (09) 834 9750 Clinical Services 24/7

http://www.hwa.org.nz All services free of charge.

No referral required.

**Huakina Development Trust**

FSD0005729 Last updated 14/09/2020

Huakina has a mission statement to "Unleash the Potential of People" and they stand by it with passion. To provide support in health & wellbeing, education and environmental issues to the community.

15-17 Roulston Street Pukekohe



admin@huakina.co.nz  8.30 am - 5.00 pm Monday to Friday

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| (09) 238 0250 http://www.huakina.co.nz    **Classification : FVSS, OSCAR** | All services free of charge. Referral may apply. |

**Humanitarian Organization for Poverty Eradication**

FSD0024470 Last updated 03/12/2020

HOPE is a faith based Humanitarian Organization for Poverty Eradication. HOPE has been striving to help the marginalized communities through interventions in different sectors. Cultural diversity and Connection Program to enhance the cultural well-being of communities, individually and collectively. Bringing different cultures together helps families and individuals celebrate and reinforce their traditional values, traditions and language. We provide practical, financial and psycho-social assistance to vulnerable people, foster connections between communities, and educate the wider community of the needs, strengths and aspirations of these groups. FOOD WATCH PROGRAM addresses the food needs of those families who have low income and, for a number of reasons, cannot access MSD food grants or other mainstream foodbanks.

We also run community meals to foster community participation.

176A Lincoln Road Henderson Auckland 0610



hopeworldwide@xtra.co.nz  Food Watch Program runs Thursday only 12pm -

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| (021) 025 44023 (021) 139 8996 http://www.hopeworldwide.org.nz | 4 pm  Koha/donation may apply.  No referral required. |

**Hunters Corner Community Link**

FSD0007901 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

139 Great South Road Hunters Corner Manukau 2025



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Iosis**

FSD0003294 Last updated 17/12/2020

Iosis is committed to transforming family life for good. Many families who access our services have complex issues and needs with limited resources. We provide a range of services addressing issues of parenting, family violence, relationships, safety of children, housing, finances, education, addictions etc, We are based in Manurewa and work across South Auckland.

Merivale Whanau Development Centre is a parenting residential programme for women and children. These families are referred by Oranga Tamariki and engage in our programme for a minimum of 6 months. It is our hope that through their engagement and successful completion these mothers will retain the care of their children. Referrals can be received from across the greater Auckland region and in some circumstances beyond Auckland.

112C Russell Road Manurewa Manukau City



enquiries@iosis.org.nz  Monday to Friday 8:30am to 5:00pm

(09) 269 0050 Some charges may apply. http://www.iosis.org.nz Referral may apply.

**Classification : BFC, FVSS, PACIFIC**

**Island Child Charitable Trust NZ**

FSD0021091 Last updated 08/09/2020

ICCT provides safe and caring support to whanau who are homeless and in need of immediate Transitional Housing.

Our residential program empowers whanau to believe in themselves and improve their life, health and educational outcome.

3/59 Point England Rd Point England Auckland 1072



admin@islandchild.org.nz  Business office hours:

(09) 574 5530 Monday to Friday 9am - 3pm http://www.islandchild.org.nz

On call for weekends and holiday periods.

Some charges may apply. No referral required.

**Classification : THP**

**Jenny Jackson, Family Therapist/Counsellor**

FSD0008250 Last updated 30/03/2021

Counselling for teenagers, adults and families. Member of NZAC (New Zealand Association of Counsellors). Anxiety, depression, anger, grief/loss, relationships, bullying, stress, parenting/behaviour issues, supervision of counsellors/students/pastoral staff. Services offered face to face and online via skype or zoom.

Suite 2 518 East Coast Road Windsor Park Auckland 0630



jenny@jacksoncounselling.co.nz  Weekdays 9am to 6pm

(021) 167 0308 Some charges may apply.

(09) 478 2501 No referral required.

http://www.jacksoncounselling.co.nz

**Jody Allen Counselling**

FSD0016362 Last updated 19/03/2021

Couple counselling for relationship difficulties and individual counselling for grief, depression, anxiety, stress, motivation, trauma and CBT based therapies. Jody also provides professional supervision for other practitioners.

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| kidzsocialservices@xtra.co.nz (027) 403 6422      **JPS Counselling** | Works out of Pukekohe and Tuakau Some charges may apply. No referral required. |
| FSD0023100 | Last updated 12/04/2021 |

My counselling services are for anyone who is searching for help with answers to problems that they feel unable to cope with on their own.

1-3 Poynton Terrace Newton Auckland 1145 jpscounselling@gmail.com  Appointments available Monday to Saturday.



(020) 4171 0683 Available for contact 7 days. https://www.facebook.com/jpscounselling Some charges may apply. nz/ No referral required.

**Juliette Baertschi**

FSD0015307 Last updated 26/08/2020

I have experience in working with individuals (adults and adolescents) as well as couples. I work with a variety of issues including: grief, loss, depression, self esteem, identity issues, anxiety and relationships difficulties. I have expertise in supporting both women and their partners through pregnancy, miscarriage and post-termination related issues. In addition I have extensive experience in providing domestic violence counselling including physical, emotional and psychological abuse.

Youthline House 13 Maidstone Street Ponsonby Auckland



(021) 082 39385  Normal business hours Monday to Friday - 9am (09) 376 6645 to 5pm to make an appointment. After hrs

appointments can be discussed. Clients seen through Youthline premises.

Some charges may apply. No referral required.

**Kereru Psychotherapy and Counselling Services Ltd**

FSD0015078 Last updated 05/10/2020

We specialise in working with children, young people, adults and families/whanau with a range of issues. We offer critical incident debriefing, cultural and clinical supervision and consultancy services. Our service specialises in indigenous models of practice.

Presenting issues may include parenting, fertility issues, alienation and dispossession, mens issues, depression, anger management, developmental and attachment issues, grief and loss, mental health issues, sexuality, difficult behaviours, medical illness and more.

33 Mokoia Road Birkenhead Auckland 0626



kereru.psychotherapy@gmail.com  Monday to Friday. Different practitioners work

(021) 251 2829 varying hours. (021) 034 0764 Some charges may apply. http://www.kidslink.co.nz/services- Referral may apply. view/kereru-psychotherapy-counselling/

**Kidsline**

FSD0003474 Last updated 22/12/2020

Kidsline is a free, nationwide telephone counselling serivce for children up to 18. Our service is free and confidential. Contacting Kidsline is easy. We are available 24/7 - call us on 0800 kidsline.

If you would like to speak with one of our Buddies call the same number between 4pm-9pm weekdays from your home phone or mobile phone.

Remember: It helps to talk.

95 Great South Road Greenlane Auckland City



(0800) 543 754   We are a 24/7 service. Callers can talk to a http://www.kidsline.org.nz trained Kidsline Buddy between 4 - 9pm weekdays.

All services free of charge. Referral may apply.

**Kidz Social Services**

FSD0017562 Last updated 08/01/2021

We are a counselling and social worker agency specialising in therapuetic work with children and their families/whanau.

8 Graham Street Pukekohe 2120



kidzsocialservices@xtra.co.nz  Contact by phone or email

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| (09) 238 1612  (027) 536 0612      **Kindred Family Services** | Koha/donation may apply. No referral required. |
| FSD0021342 | Last updated 10/12/2020 |

Kindred Family Services provide the tools and resources that build resilience and offer hope so that a person can make positive change for the mutual flourishing of themselves, their whnau and in turn their community.

We work with people from crisis, to safety, resilience and towards a flourishing community and meet people wherever they are at on that journey.

Our crisis response includes a safe house for women and children escaping family violence, a 24/7 women's refuge crisis line and the Kai Collective foodbank providing wholesome nutritious meals to those in need.

Our other services include subsidised counselling, family support, men's and women's support groups, and programmes such as Strengthening Families, Pathfinders for children who have witnessed abuse and Seasons for Growth for youth experiencing loss.

Kindred Family Services was formed on 1 July 2020 by the formal merger ofKia Tmata An Women’s Refuge and the Helensville Women and Family Centre.

104 Commercial Road Helensville 0800



info@kindredservices.org.nz  Women's Refuge Crisis Line 24/7: 021 842 917 (09) 420 7992

(021) 842 917 Office Hours: 9am - 3pm Monday-Friday. https://www.kindredservices.org.nz Some charges may apply.

No referral required.

**Classification : FVSS**

**Kirk Vette - Counsellor**

FSD0015442 Last updated 02/07/2020

Provides counselling for individuals , couples and families. I work with a wide range of issues including Depression, Anxiety , Relationship issues and anger management to name a few.

I also offer Clinical supervision. And do work for various EAP companies.

Youthline House 13 Maidstone Street Ponsonby Auckland



kirkdv@gmail.com  Please contact for appointment times.

(027) 222 5637 Some charges may apply.

No referral required.

**Khui T Kaha**

FSD0003476 Last updated 22/04/2021

Khui T Kaha is a well-established, not-for-profit organisation providing social housing to young people aged 16 – 19 years who are on the MSD social housing register.

650 Great South Road Ellerslie Auckland 1051



reception@kahuitukaha.co.nz  Head Office 8:30am-5 pm.

(09) 531 4040 Some charges may apply. http://www.kahuitukaha.co.nz Referral may apply.

**Classification : THP**

**LIA Social Services**

FSD0024315 Last updated 21/08/2020

Social services includes emergency housing accommodation, counselling, prevention programmes for the prevention of family violence, parenting programme.

 12-16 High Street Otahuhu Auckland 1062

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| stuart.ramsay@lia.org.nz  (09) 270 0380  http://lia.org.nz    **Classification : FVSS**    **Life Therapies** | Monday to Friday  9.00 am - 5.00 pm Weekend by appointment Some charges may apply. No referral required. |
| FSD0022894 | Last updated 06/04/2021 |

Providing private and confidential counselling, life coaching, and personal training services to anyone looking for life changes. Receive support that is unwavering, encouraging, accepting, and empowering.

300 Richmond Road Grey Lynn Auckland 1021



contact@lifetherapies.co.nz  Mon & Tues 9am - 6pm

(022) 456 6540 Wednesday to Friday: 9am-4pm http://lifetherapies.co.nz Some charges may apply.

No referral required.

**Lifeline Aotearoa**

FSD0003380 Last updated 09/06/2020

24/7 crisis helpline and face to face counselling service.

95 Great South Road Epsom Auckland



info@lifeline.org.nz  Office: 9 -5 p.m.

(09) 909 8750

(0800) 543 354 Helpline 24/7 0800543354 http://www.lifeline.org.nz Some charges may apply.

No referral required.

**LIFEWISE**

FSD0003389 Last updated 08/09/2020

Established in 1851, we work with individuals and communities to address social issues such as poverty, homelessness, social isolation, substance abuse, caring for families and older people.

Level 7 385 Queen Street CBD Auckland 1010



lifewise@lifewise.org.nz  Monday to Friday 8.30am-5pm.

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| (09) 302 5390 http://www.lifewise.org.nz    **Classification : THP**    **Lincoln Court Motel** | Some charges may apply. No referral required. |
| FSD0024215 | Last updated 23/03/2021 |

Emergency accommodation available for clients of Work and Income and Social Housing.

58 Lincoln Rd Hendersen Auckland



lincolncourtmotel@xtra.co.nz  day time

(09) 836 0326 Some charges may apply.

(09) 836 0326 Referral may apply. http://lincolncourtmotel.co.nz

**Lister Centre**

FSD0019503 Last updated 29/06/2020

Welcome to the Lister Centre. We are experienced psychotherapists who can assist you in addressing your personal issues in a safe, respectful and confidential way. If you’re struggling with feeling good about yourself and others in your life, we can be of help to you.

If you’re amidst a personal crisis, struggling with anxiety or depression, experiencing relationship difficulties, or battling with an addiction or unmanageable feelings, our services can help bring clarity and relief.

If you and your partner or family are trying to find a way to move through a difficult time, explore patterns that may be underlying these difficulties and improve communication with each other, you’re not alone in seeking help through psychotherapy.

 233 Mount Eden Road Auckland 1024

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| lister.centre@xtra.co.nz  (09) 623 1916 http://www.listercentre.co.nz | Some charges may apply. No referral required. |

**Living Without Violence (Waiheke Network) Inc**

FSD0003646 Last updated 14/12/2020

We aim to empower the community of Waiheke to choose safe and respectful ways of living and relating. We work to eliminate interpersonal violence in all its forms by providing primary intervention services (counselling and group programmes), raising community awareness about the impacts of family abuse and domestic violence and advocating for just social and legal systems to protect and respect those impacted by family abuse and domestic violence.

28 Hamilton Road Surfdale Waiheke Island 1081 office@livingwithoutviolence.co.nz  Monday to Thursday 9am-3pm.



(09) 372 9220 Koha/donation may apply.

(027) 385 3998 No referral required.

http://www.livingwithoutviolence.co.nz

**Classification : FVSS**

**Liz Summerville Counsellor**

FSD0019117 Last updated 03/09/2020

Counsellor in private practice. Specialities are relationship counselling, sexual abuse (ACC), anxiety, depression, grief and trauma. Teens, adults, individuals, couples, families.

19a Rangatira Road Birkenhead North Shore 0626



liz@summerville.co.nz  9am-5pm phone contact. Counselling available (027) 488 9236 by arrangement outside those hours.

http://www.summerville.co.nz Some charges may apply.

No referral required.

**Loneliness New Zealand Charitable Trust**

FSD0023489 Last updated 01/04/2021

We are intent on conquering loneliness in New Zealand. People with loneliness struggle having quality relationships, and that can spiral their loneliness further, affecting work, study and home life. The distress of ongoing loneliness causes higher risk of physical and mental health problems including depression and suicide.

Our vision is that those who have loneliness are enabled to better understand themselves and the way they connect to others, and their world. Research shows that people need support to overcome prolonged loneliness, and is most effectively done through changing the way they think about themselves and others.

With our help people will experience significantly less pain that loneliness brings with it, and become stronger emotionally and mentally within themselves, increasing their resilience and dependency on others.

We provide support in the form of mentoring, and coaching through technology from our client's own home.

30A Bell Road Remuera Auckland 1050



admin@loneliness.org.nz  By arrangement, as we use Zoom and Skype or https://loneliness.org.nz/ equivalent technology. Contact first made

through the Get Started Form on our website or email admin@loneliness.org.nz Some charges may apply. No referral required.

**Mahu Vision**

FSD0024454 Last updated 19/11/2020

Improve community well being by providing support and services to individuals and groups that are at risk, regardless of race or belief (eg children, youth, elderly, families, new immigrants).

5 Pulham Road Warkworth 0910



food@mahu.org.nz  Tuesday to Friday 9am to 1pm

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| (09) 425 8861 http://mahuvision.org.nz | All services free of charge. No referral required. |

**Man Alive Charitable Trust**

FSD0003555 Last updated 22/12/2020

Working for men and boys in the community. Man Alive Men's Centre Offices in Auckland Region:

Henderson, Glen Innes; Northland Region: Whangarei, Kaikohe, Dargaville and Kaitaia.

11 Edmonton Road Waitakere City



info@manalive.org.nz  8.30am - 5.00pm Monday to Friday, groups

(09) 835 0509 meetings run in the evening. (0800) 826 367 Some charges may apply. http://www.manalive.org.nz No referral required.

**Classification : FVSS**

**Mangere Budgeting Services Trust**

FSD0005954 Last updated 01/10/2020

We are a not-for-profit, social service providing Budgeting, Education, Housing Advocacy, Food

Parcels (criteria applies) and Social Service Support to the community of Mangere and South Auckland. We are also a Lead Agency for Strengthening Families.

59B Mahunga Drive Mangere Manukau 2022



appointments@mangerebudgeting.org.nz  Monday to Friday. 9am to 4pm. Financial

(09) 275 2266 capability: AUCKLAND CENTRAL and SOUTH http://www.mangerebudgeting.org.nz ONLY.

All services free of charge. No referral required.

**Classification : BFC**

**Mangere Community House**

FSD0016117 Last updated 19/11/2020

Developing programmes to meet the needs of the community.

141 Robertson Road Mangere East Auckland 2024



fatima.vaaga@aucklandcouncil.govt.nz  Office hours Wednesday - Friday 9am - 5pm, or

(09) 275 4920 Tuesday 9 am-3 pm

Some charges may apply. No referral required.

**Mangere East Community Centre**

FSD0005829 Last updated 30/04/2021

We provide a variety of programmes for families in the community. Before and After school Care,

Holiday Programmes, Community Education and Study Support (ACCESS) programmes at the

Mangere East Community Centre. Community Classes include, English for Speakers of other Languages, Zumba, Samoan, Salsa, Fitness, Cook Island Dance, Ukulele, Korowai, Parenting Programmes, Te Reo Maori, Tai Chi.

372 Massey Road Mangere East Manukau



info@mangereeast.org  7.00am - 6.00pm Monday to Friday

(09) 275 6161 Some charges may apply.

(029) 773 0146 No referral required. http://www.mangereeast.org

**Classification : OSCAR**

**Manukau Urban Maori Authority**

FSD0005969 Last updated 14/09/2020

MUMA is proud to be an accredited Whanau Ora Provider. The vision behind Whanau Ora is to focus on the whanau, not simply the individual. Whanau Ora empowers whanau, enabling them to direct their own steps, while providing support, services and opportunities to help them to achieve a better future. Whanau Ora outlines a flexible, collaborative approach to providing services and opportunities. It enables different accredited providers to come together to deliver a seamless solution for the betterment of the entire whanau.

31 Calthorp Close Favona Auckland 2024



info@muma.co.nz  Monday to Friday: 9am - 5pm.

(0800) 866 862 Saturday & Sunday: CLOSED.

(09) 277 7866 Public Holidays: CLOSED.

http://www.muma.co.nz Some charges may apply.

Referral may apply.

**Classification : BFC, FVSS, THP**

**Manurewa Community Link**

FSD0007904 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

12 Selwyn Road Manurewa Manukau City 2102



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Margo Regan**

FSD0023428 Last updated 04/03/2021

Specialised counselling for couples, relationship, addiction, sex therapy, alcohol, drug, pornography and sex addiction.

72 College Hill Freemans Bay Auckland 1011



margotoregan@gmail.com  Mon-Sat 9.30am-7pm (021) 032 2563 Some charges may apply. https://www.relationshipcounsellingtherap No referral required. y.com/

**Marta Fisch**

FSD0015382 Last updated 30/08/2020

Family and individual counselling.

 85 College Hill Rd Herne Bay Auckland

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| martafischnz@gmail.com  (027) 600 4793 http://martafisch.com      **Massey Community Trust** | Monday to Friday, Sunday Some charges may apply. No referral required. |
| FSD0020852 | Last updated 23/04/2021 |

We focus on delivering programmes and services that empower people to make positive, effective changes in their lives and that enable positive integration to community and society. Our Trust achieves this through various support programmes including Celebrate Recovery and Breakfr3. “Celebrate Recovery” is a 12 step programme that runs for 52 weeks a year offering a community of care approach for adult participants to work through their hurts, habits and hangups through sharing a meal together, teaching, story telling and small groups. “BreakFr3” is a youth recovery programme for 12-24 year olds that are dealing with issues around abuse, drug and alcohol, petty crime, violence, sexuality, anxiety, depression, identity and family dysfunction. Breakfr3 runs weekly throughout the school terms, providing support, developing talent and growing selfconfidence through interactive learning, story telling and sharing in small groups.

8 Vadam Road Massey Auckland 0614 info@celebraterecovery.co.nz  Please call or email to make an appointment.



(09) 833 3107 Some charges may apply.

No referral required.

**Meals on Wheels - Pukekohe**

FSD0000965 Last updated 21/04/2021

Meals delivered to people's home when they are incapable of cooking/preparing food.

10 Oakwood Place Pukekohe 2120



billandmaureen@xtra.co.nz  Some charges may apply.

(09) 238 2026 Referral may apply.

**Monte Cecilia Emergency Housing Trust**

FSD0003875 Last updated 14/01/2021

Provision of emergency housing for low income families and their children.

housing@montececilia.org.nz  Office hours - 9.00am - 5.00pm, Mon - Fri

(09) 275 6661 Some charges may apply. http://montececilia.org.nz/ No referral required.

**Classification : THP**

**Mothers Helpers**

FSD0022150 Last updated 10/11/2020

Mothers Helpers is a charitable trust established to help prevent postnatal depression (PND) in mothers who are at-risk, and to work towards wellness for mothers with existing PND.

Mothers Helpers:

* provides free, affordable and practical help for mothers with PND
* helps you understand how to manage PND
* helps prepare you for parenthood

COURSES AVAILABLE:

These courses are facilitated by counselling and social work students and are delivered in a support group environment.

Preparing for Parenthood: a 6-week course focused on helping soon-to-be parents prepare for the life-changing and wonderful experience of parenthood. This includes two one-on-one sessions with the parents.

PND Recovery Course: a 10-week course for mothers diagnosed with PND, covering:

* What is PND & Anxiety?
* Cognitive Behavioural Therapy
* Exercise
* Diet
* Risk factors
* Stressor & triggers
* Mindfulness
* Medication
* Self-care & self-esteem

Suite 7710 17B Farnham Street Parnell Auckland 1052



info@mothershelpers.co.nz  Operating hours Monday-Friday 9am-5pm

(0800) 002 717 http://www.mothershelpers.co.nz The best way to refer yourself or a mother to our

service, is through our online referral form,

https://www.mothershelpers.co.nz/referral-2/ Some charges may apply. No referral required.

**Mount Eden Community Link**

FSD0007906 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

191-193 Dominion Road Mt Eden Auckland 1024



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Narrative Pathways**

FSD0018647 Last updated 13/04/2021

Specialist counselling and support for boys, teenagers (male and female), families, men and couples. LGBTI specialist and ACC registered with Youthline.

Since 1993 Nigel has provided counselling support in New Zealand, England and USA, including work as a School Guidance Counsellor, E.A.P Counsellor and couples / family therapist in his own practice in Auckland.

Nigel holds a Masters Degree in Counselling (Narrative Practice) and is a lecturer in the Bachelor of Social Practice Programme at Unitec, Auckland.

Nigel is available in-person in Auckland and online nation-wide.

In addition to counselling, Nigel provides clinical supervision to counsellors, social workers and others in senior roles within the helping professions, and Wellbeing seminars and workshops nationwide by arrangement.

10 Fontenoy Street Mount Albert Auckland 1025



nigel@narrativepathways.com  Fridays (during business hrs) but also some

(021) 834 413 evenings by special arrangement. http://narrativepathways.com

Call me to discuss your needs and we will find a time that works for us both. In-home appointments can also be arranged.

Some charges may apply. No referral required.

**New Lynn Community Link**

FSD0007907 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

5-9 Hugh Brown Drive New Lynn Auckland 0600



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**New Zealand Christian Counsellors Association**

FSD0015086 Last updated 15/01/2021

Christian counsellors seek to be qualified, accountable practitioners, who work with integrity within the wider community. They support their clients on their journey, deeply respecting both the uniqueness of each individual and the context within which they live.

Youthline Manukau 145 St George Street Papatoetoe 2025



info@nzcca.org.nz  Our members are based all around N.Z. A (09) 361 4183 directory of Christian Counsellors is available on http://www.nzcca.org.nz our website.

Can be emailed anytime, phone during normal working hours.

Mon to Friday 8am - 2pm.

Some charges may apply. No referral required.

**New Zealand Red Cross Refugee Services- Manukau**

FSD0000698 Last updated 17/12/2020

Refugee Services (formerly RMS Refugee Resettlement) provides initial settlement services to the annual quota of 750 refugees who are rebuilding their lives in New Zealand. Our 3-strand model of service-delivery utilizes the combined strengths of our Professional Social Workers, Cross Cultural workers and trained community volunteers. We are also involved in public education, advocacy, contribute to policy development and support ethnic community development. We have a global responsibility in the development of international refugee resettlement policies and resettlement best-practice and attend the Annual Tripartite Consultations on Resettlement (ATCR) held in Geneva each year.

33 Lambie Drive Manukau Auckland 2104



aucklandsouth@redcross.org.nz  9.00am - 5.00pm, Monday to Friday

(09) 262 0942 All services free of charge. https://www.redcross.org.nz/about- Referral may apply. us/service-centres/

**Nga Tangata Microfinance**

FSD0024284 Last updated 07/08/2020

The social justice aim of Nga Tangata Microfinance is expressed through its provision of safe fair and affordable no interest loans in low income communities. In partnership with local budgeting services it aims to strengthen the financial education, independence and inclusion of its clients.

23 Union Street Auckland Central Auckland 1010



gm@ntm.org.nz  Monday-Friday 9am-6pm (022) 400 8664 All services free of charge. https://www.ngatangatamicrofinance.org.n Referral may apply. z/

**Classification : BFC**

**North Harbour Budgeting Services Inc**

FSD0005924 Last updated 05/12/2020

North Harbour Budgeting Services Inc. offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

We also offer custom made seminars on money management by Community Educators for community organisations, businesses, education providers and other groups upon request.

Call us free on 0800 159 158

Room 12 Level 2 Lion Foundation House 3 William Laurie Place Albany Auckland info@nhbudgeting.org.nz  Mon-Fri 8.30am - 4.30pm



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| --- | --- |
| (09) 448 5655 (0800) 159 158 http://www.nhbudgeting.org.nz    **Classification : BFC** | Evening and weekend appointments available upon request.  We are available for appointments at locations throughout the North Shore and Orewa.  Call free on 0800 159 158 All services free of charge.  No referral required. |

**North Shore Budget Service Inc**

FSD0003808 Last updated 29/09/2020

We offer a complete financial mentoring service. We take people from across the Auckland region particularly for BFC Plus. We are located in Takapuna central.

Mary Thomas Centre 3 Gibbons Road Takapuna Auckland 0622



nsbudget@xtra.co.nz  8.00am - 4.00pm Tuesday to Friday

(09) 486 6206 answerphone is available. (0800) 283 238 Some charges may apply. http://nsbudget.co.nz/ No referral required.

**Classification : BFC**

**North Shore Women's Centre**

FSD0003480 Last updated 29/01/2021

Information, support and referral service for women and girls from age 12. Providing social work support, counselling service, free legal clinic and clothing exchange. Personal development and interest classes during school term.

5 Mayfield Road Glenfield Auckland 0747



women.ctr@xtra.co.nz  Monday to Friday 9am - 3.30pm

(09) 444 4618 Some charges may apply. http://www.nswomenscentre.co.nz No referral required.

**Norwest Food Bank**

FSD0024275 Last updated 06/08/2020

Norwest Food Bank is committed to caring for our community. We provide a delivery-only food parcel service for those requesting assistance. And for those needs that go beyond the pantry, we provide community support callouts with our network of chaplains and local pastors. When life's challenges begin to mount, we want to ensure that your family's access to these essential services isn't one of them. We operate in the following areas: Massey, Westgate, West Harbour,

Hobsonville, Herald Island, Whenuapai, Kumeu, Riverhead, Huapai, Taupaki, Waimauku, Muriwai Beach, Coatesville. If you reside outside of these areas we can help refer you to your local food bank.

Norwest Care Trust... We are Care Delivered.

|  |  |  |
| --- | --- | --- |
| norwestfoodbank@gmail.com  (021) 086 33785 (022) 568 6337 http://www.norwestcaretrust.org.nz      **Nutrifare Ltd** | Parcels are prepared and delivered on Wednesdays & Fridays, 10am - 12pm.  (Note: Requests via Text, Voicemail and Email | |
| can be received at any time.) All services free of charge.  No referral required. |  |
| FSD0015112 |  | Last updated 12/02/2021 |

Home Delivered Prepared Ready to Eat Meals.

5 Marjorie Jayne Cres Otahuhu Auckland 1640



accounts@nutrifare.co.nz  7am - 5pm Weekdays (0800) 303 232 Some charges may apply.

(09) 270 2634 No referral required. http://www.nutrifare.co.nz

**Oasis of Peace Counselling Limited**

FSD0021555 Last updated 12/04/2021

Supporting people to live a more peaceful and fulfilled life. Member of NZCCA. Bilingual counsellor (English / Arabic).

ACC-funded sexual abuse counselling.

9 Egret Court Unsworth Heights Auckland 0632



maysoonr@gmail.com  8 am- 8 pm

(022) 616 0276 Some charges may apply.

(09) 834 6480 No referral required.

http://www.oasisofpeacecounselling.com

**Ohana Young Parent Charitable Trust**

FSD0021600 Last updated 17/07/2020

We are a charitable trust providing a parenting course for young parents in West Auckland.

Our Mission Statement:

Ohana Is for Young parents to learn to care and nurture their baby through becoming confident and self-assured. Young parents who know who they are, are resilient and feel nurtured themselves. Young parents, who can enjoy the love of parenthood, feel good about themselves and have ambitions and hopes for the future…

We also provide support and guidance for parents wishing to complete their NCEA levels 1, 2 and 3.

86 Kaurilands Road Glen Eden Waitakere 0604



info@ohana.org.nz  Open Mon-Fri 8.00am-4.00pm

(09) 818 5062 All services free of charge. http://www.ohana.org.nz No referral required.

**Oliver Broomfield Mortgage & Insurances**

FSD0023126 Last updated 04/02/2021

Oliver Bromfield Mortgages and Insurance will review the client's personal circumstances and provide advice in conjunction with budget advisers as to the best solution. Refinance, consolidation, the sale of assets are all options that may be considered.

Oliver's costs are normally paid by the new lender. There should be no upfront costs to the client.

Oliver Broomfield is a Registered Financial Adviser (RFA) and a member of the Professional

Advisers Association and olds a Post Graduate Diploma in Personal Financial Planning & a level 5

certificate in Financial Services.

oliver@obmi.co.nz (027) 275 1555 http://www.oliverbroomfield.co.nz

**Onehunga Community Link**

Available for phone calls from 9am - to 3.30pm. Emails will be answered within 3 (business) hours of receipt.

All services free of charge. No referral required.

FSD0007908 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

201-211 Onehunga Mall Auckland 1061



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Order of St John - Northern Region**

FSD0003444 Last updated 27/10/2020

Ambulance, Events first aid, first aid training, FED's (Friends of the Emergency Department), St John Medical Alarms, Youth and Caring Caller.

604 Great South Road Greenlane Auckland 1051



info@stjohn.org.nz  International calls 649 526 0528

(09) 579 1015 Some charges may apply.

(0800) 785 646 No referral required. http://www.stjohn.org.nz

**Otahuhu Community Link**

FSD0007910 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

4 Fairburn Road Otahuhu 1062



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Otahuhu Home Budgeting Service**

FSD0003802 Last updated 06/07/2020

One-on-one budgeting and financial advice for the people of Auckland.

Level 1 12-16 High Street Otahuhu Auckland 1640



manager.saips@xtra.co.nz  8.30 am - 4 pm Mon - Friday (09) 270 3546 All services free of charge.

No referral required.

**Otara Health Charitable Trust**

FSD0020612 Last updated 07/07/2020

Otara Health Inc started in May1998. In September 2010 its status was changed from an Incorporated Society to a Charitable Trust. Known as Otara Health, it remains today an integral part of the community. Otara Health is building a child centred community and want to have all Otara's children thrive and achieve within a nurturing family environment and a healthy, flourishing community.

General Information: Our services are free. including:

1. Kaitohutohu - home based service for people or families with complex needs. SUDI educationand Pepi pods.
2. Parenting programmes - teen parenting, HIPPY programme and Incredible Years.
3. Active Families - Healthy food sessions, and other lifestyle information.
4. Neighbourhood Support - we work together to provide and support healthy safeneighbourhoods.
5. Community Leadership - lead and support smokefree town centres, alcohol and gamblingoutlets, and supporting awareness and action on issues of child abuse and family violence.

Shop 3, Otara Town Centre - Fair Mall Lane Otara Auckland 2023 carol@otarahealth.org.nz  8.30am to 4.30pm



(09) 274 8355 Monday to Friday

http://www.otarahealth.org.nz All services free of charge. Referral may apply.

**OUTLine New Zealand Incorporated**

FSD0003347 Last updated 19/10/2020

OUTLine is a national service that helps LGBTIQ+ New Zealanders (and their friends and whnau) to access support, information and a sense of community. We currently provide a free peer support phone line, a transgender peer support service for trans and non-binary people in Auckland, and specialist face-to-face and video counselling exploring gender and sexuality for LGBTIQ+ people across Aotearoa.

OUTLineNZ (Nationwide), Level 2 31 Hargreaves Street Auckland 1011



info@outline.org.nz  Every Day: 6 pm - 9 pm (messages can be left

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| (0800) 688 5463 / OUTLINE  (09) 281 3409 http://www.outline.org.nz/ | outside of these hours) Some charges may apply.  Referral may apply. |

**Pakuranga & Howick Budgeting Service Inc**

FSD0005930 Last updated 21/12/2020

To provide advice on budgeting to members of our community. To also provide learning opportunities where clients can understand what has worked for them in the past and how working with budgets and cashflows can help with planning for the future.

Pakuranga Library Building 7 Aylesbury Street Pakuranga Auckland 2010 budgeting@phbs.org.nz  Call for appointments (09) 576 5222 All services free of charge.



(021) 026 09063 No referral required. http://www.phbs.org.nz

**Classification : BFC**

**Pakuranga Counselling Centre**

FSD0003592 Last updated 15/03/2021

Confidential and professional counselling services for adults, adolescents and families including children from 4 years of age.

207 Ti Rakau Drive Pakuranga Auckland 2010 reception@pakcc.org.nz  Monday - Friday 9:00am - 5:00pm.



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| (09) 576 4248 (027) 717 8715 https://www.pakcc.org.nz/ | Saturday and after hours appointments available.  Some charges may apply.  No referral required. |

**Panic And Anxiety Disorder Specialist**

FSD0022829 Last updated 29/06/2020

Affordable psychological services for individuals and families experiencing anxiety or panic, depression, poor sleep or related symptoms. Free educational family workshops. I have rooms in Warkworth, the North Shore and Grey Lynn. Self referrals or GP referrals are OK.

lyn@anxietyhelp.co.nz  9-5 weekdays http://www.anxietyhelp.co.nz Some charges may apply.

No referral required.

**Papakura Budgeting Service Inc**

FSD0003414 Last updated 20/07/2020

We offer financial literacy education in all aspects of budgeting, managing money, banking, setting goals and cash-flow monitoring. We work alongside our clients and support them to develop sound money management skills.

 Old Central School 57 Wood Street Papakura 2110

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| papakurabudget@xtra.co.nz  (09) 299 6881 http://www.papakurabudgetingservice.co  m    **Classification : BFC**    **Papakura Community Link** | 9.00am - 4.00pm Monday to Friday.  Evening appointments available until 7:00pm every Wednesday and Thursday.  8:30am - 12:30pm Saturday.  All services free of charge. No referral required. |
| FSD0007913 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20-22 Queen Street Papakura 2110



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Papakura Marae Society Incorporated**

FSD0003762 Last updated 25/08/2020

We deliver Marae and home based health, education and social services.

29A Hunua Road Papakura 2110



admin@papakuramarae.co.nz  Monday- Friday

(09) 297 2036

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| (021) 519 812  http://www.papakuramarae.co.nz | 8:00am - 5:00pm  Some charges may apply.  Referral may apply. |
| 125 |  |

**Papakura Support and Counselling Centre**

FSD0003416 Last updated 15/09/2020

Promoting well-being through effective counselling and support services.

4 Opaheke Road Papakura 2244



pscc@xtra.co.nz  48 hour turn around (average)

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| (09) 299 9455  (09) 299 9466 http://psccentre.webs.com    **Classification : FVSS** | Office available 9.00am - 3.00pm Monday Friday.  Some charges may apply.  No referral required. |

**Papatoetoe Budgeting & Family Services**

FSD0024440 Last updated 30/10/2020

To assist families in need of assistance regarding financial Mentoring, Budgeting and Family services to uplift the family in moving towards independency

Ground Floor, Papatoetoe Chambers 35 St George Street Papatoetoe Auckland 2025 comm.budgetingservice@gmail.com  Business hours (09) 279 0415 All services free of charge.



No referral required.

**Classification : BFC**

**Papatoetoe Community Link**

FSD0007914 Last updated 05/01/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

17 Shirley Road Papatoetoe 2025



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Papatoetoe Seventh Day Adventist Community Church**

FSD0023958 Last updated 22/04/2021

We provide community services for those in our immediate area (South Auckland) and for the Auckland region.

Church 16 Puhinui Road Papatoetoe Auckland 2104



info@papsda.co.nz  Office: Monday to Friday, 9am - 2pm.

(09) 278 7786

http://papsda.co.nz Enquire with the office for specific programs and

their times.

All services free of charge. No referral required.

**Patrick Au Professional Counselling Service for Chinese**

FSD0006093 Last updated 21/12/2020

Cultural specific services for Chinese people, Stopping Violence programmes, family counselling.

1/230 Manukau Road Epsom Auckland 1023



patau@xtra.co.nz  Some charges may apply.

(09) 522 0068 No referral required.

(021) 793 388

**Classification : FVSS**

**Paul Letham, Counsellor**

FSD0021752 Last updated 05/12/2020

A general counselling practice running as part of an established counselling practice in Mt Eden, Auckland. Specialist in LGBT, creatives/entertainment industry, depression, anxiety, existential issues, spirituality and relationship concerns.

92 Owens Road Mount Eden Auckland 1023



paul.letham@icloud.com  Monday: 11am to 9pm

(027) 255 3336 Tuesday: closed

https://www.talkingworks.co.nz/dir/Paul+L Wednesday: 11am to 7pm

etham.html Thursday: 11am to 9pm

Friday: 11am to 7pm Saturday: 9am to 1pm Some charges may apply. No referral required.

**Paula Yeatman Counsellor**

FSD0023048 Last updated 16/11/2020

I work with individuals (women, men and young people) and couples who want to make changes in life, family, relationships and work, who want to explore, discover or heal, or who want to work on issues like depression, anxiety, trauma, abuse, self esteem, grief and loss. I am happy to talk with you about what you need before you decide to work with me.

2a Komaru Street Remuera Auckland 1050



paula@paulayeatman.co.nz  I am available Monday to Thursday from 9:00am (027) 483 0021 to 6:00pm close in my Remuera practice. I also

https://www.talkingworks.co.nz/dir/Paula+ see ACC sensitive claims clients from Te Atatu.

Yeatman.html Contact me to discuss times that work best for

you.

Some charges may apply. No referral required.

**Penina Trust**

FSD0023855 Last updated 19/01/2021

Penina Trust is a Non-Government Organisation that provides Mental Health & Addiction, and Housing services in the community.

Penina provides a wide range of services that include:

* Residential Rehabilitation Services (RRS)
* Youth Community Living Services (YCLS)
* Adult Community Living Services (ACLS)
* Cultural Support Services (CSW)
* Alcohol and Other Drugs Learning Development (AOD L&D)
* Awhi Ora (Primary Mental health)
* Transitional Housing Services (PHT)
* Social Housing Services (CHP)

186 Russell Road Manurewa Auckland 2102



admin@peninatrust.org.nz  8:30am - 5pm Monday - Friday

(09) 269 7989 All services free of charge. http://www.peninahealth.org.nz Referral may apply.

**Peter James Counsellor**

FSD0024534 Last updated 25/03/2021

I provide professional counselling to help adults with with stress, anxiety and depression related to life transitions, such as job loss, career change, migration or returning home from life overseas, relationship crisis and grief.

19 Queensway Three Kings Auckland 1024



peterjamescounsellor@gmail.com  Mondays: Three Kings Room, by appointment

(028) 461 6708 https://www.talkingworks.co.nz/dir/Peter+J Tuesdays: Online Sessions [Zoom, MS Teams

ames.html etc.], by appointment

Some charges may apply. No referral required.

**Petra Charlewood**

FSD0020582 Last updated 16/04/2021

I am a registered psychotherapist providing short or long term therapy to individuals and couples. I provide a safe, confidential space to talk about whatever is troubling you. I aim to facilitate deeper understanding of your emotional and relationship difficulties and how they have evolved. I will work with you to develop more effective and satisfying ways of living.

Level 1 McInnes Building 1a Cook Street Howick Auckland 2014



pcharlewood@gmail.com  Monday - Friday (by appointment) at 1A Cook

(027) 820 5655 Street, Howick, Auckland http://www.cornerstonepsychotherapy.co. Some charges may apply. nz No referral required.

**Phoenix House Counselling and Psychotherapy**

FSD0003537 Last updated 01/02/2021

Psychotherapy and counseling for adults and couples, covering a wide range of issues.

Six experienced therapists, using a wide range of psychological modalities according to the client's needs. Our modalities include Psycho-dynamic, EMDR, DBT, IDT, ACT,IFS,CBT, EFT for couples, Mindfulness, Hakomi, Each therapist has their own fee structure, please ask when inquiring. Each therapist also sets their own hours of work, ensuring varying times available across week days.

306 Great North Road Henderson Auckland 0650



info@phoenixhouse.co.nz  8.30am - 7.00pm Monday to Friday by

|  |  |
| --- | --- |
| (09) 837 1797 (021) 232 2701 http://www.phoenixhouse.co.nz      **Pillows Lodge** | appointment only. (Therapists' hours vary).  Some charges may apply. No referral required. |
| FSD0023198 | Last updated 10/07/2020 |

We are an economic motel located at Orewa, Rodney, Auckland. We service 6 types of accommodation options from backpacker to Master En-suite room.

412 Hibiscus Coast Highway Orewa Auckland 0931



pillows.lodge@outlook.com  Please contact us

(09) 426 6338 Some charges may apply. http://www.pillows.co.nz Referral may apply.

**Pregnancy Help Inc - Auckland**

FSD0007390 Last updated 02/11/2020

Pregnancy Help provides emotional and practical support for the well being of pregnant and recently pregnant women, new mothers and their families/whanau.

46D Stanley Street Auckland Central Auckland 1010



auckland@pregnancyhelp.org.nz  Office in Wyndham Street open Mon-Fri 9.30 am

(09) 373 2599 - 3.30 pm

http://www.pregnancyhelp.org.nz

Office Blockhouse Bay open Wednesday 9.30 am - 12 noon

Office in Otara South Auckland open Thursday

9.30 am - 12 noon

All services free of charge. No referral required.

**Pregnancy Options and Help**

FSD0016452 Last updated 24/04/2021

Support for pregnant women and partners, and new mothers, including advocacy, supported accomodation, education, and options around care of the child.

15 Paparimu Rd Paparimu Papakura, Auckland 2583



jgrant@maxnet.co.nz  24 hour phone contact (0800) 824 6673(U CHOOSE) 021 293 6687 texts welcome

(09) 292 4357 Koha/donation may apply. http://www.uchoose.org.nz No referral required.

**Prostate Cancer Foundation of New Zealand Inc.**

FSD0001377 Last updated 16/04/2021

A support group for sufferers. To increase public awareness of prostate problems and prostate cancer in particular.

Building C, Suite B 42 Tawa Drive Albany Auckland



info@prostate.org.nz  Monday - Friday 8:30 - 5pm (0800) 477 678 All services free of charge. http://www.prostate.org.nz No referral required.

**Pukekohe Budget Service**

FSD0019493 Last updated 13/04/2021

We assist people to draw up a budget plan and weekly cash-flow, and a plan to cope with debt repayment. Budgeting support is given as long as needed.

We also run a 2hr x 6 week Back to Basics course each school term to teach economical cooking and basic budgeting skills. The first hour is a practical participation class cooking 3 economical recipes each day. The second hour focuses on teaching budgeting skills - making up a Budget Plan, weekly cash-flow, and Debt Repayment Plan. Other topics and speakers are included e.g. Work and Income New Zealand, gardening, knitting, etc. that encourage economical household budgeting.

1 Roulston Street Pukekohe 2120



pukbudget@xtra.co.nz  Koha/donation may apply.

(09) 238 5125 No referral required.

(027) 632 0924

**Pukekohe Community Link**

FSD0007917 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

9-11 Tobin Street Pukekohe 2120



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Pukekohe Counselling Service, Therapy Centre Ltd**

FSD0015168 Last updated 02/03/2021

To provide counselling to the community of Franklin. Offering counselling for trauma, depression, anxiety, phobias, relationship issues, etc.

46 John Street Pukekohe 2120



pukekohecounsellingservice@gmail.com  9.30am - 4.30pm. Tuesday - Thursday

(027) 481 1693 Some charges may apply. http://www.pukekohecounselling.co.nz/ No referral required.

**Pukekohe Salvation Army Budget Service**

FSD0023083 Last updated 12/03/2021

We provide financial literacy education in all aspects of budgeting, planning a budget, managing money, setting goals, cash flow monitoring, how to cope with debt repayment.

Our services include:

\*Building Financial Capability (BFC)

\*All aspects of budgeting \*Financial Advocacy \*Money Mates Courses.

We are also a provider

\*No interest loans (NILS) for those on low incomes.

 1 Tobin Street Pukekohe 2120

Pukekohe\_Corps@nzf.salvationarmy.org  Budgeting hours are by appointment

(09) 238 5641 All services free of charge

http://www.salvationarmy.org.nz No referral required

All services free of charge. No referral required.

**Classification : BFC**

**Quality Education Services**

FSD0021479 Last updated 29/04/2021

Quality Education Services Limited (QES) is a Private Training Establishment (PTE) based in

Auckland New Zealand. We provide education and training for youth and adult learners from our Manukau sites. Our organisation has been working hard in the south Auckland community for over 27 years.

Our mission is to improve the education and skill level of the community by providing high quality education and training within a student / client centered and supportive environment. We deliver six different programmes focused on working with people with little formal education and low foundation skills.

10 Norman Spencer Drive Manukau Auckland 2164



info@qes.org.nz  Weekdays 8.30am - 4.30pm

(09) 252 0055 All services free of charge.

(021) 290 0485 Referral may apply. http://www.qes.org.nz/

**Classification : YS**

**Queen Street Community Link**

FSD0007918 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 3 450 Queen Street Auckland 1010



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Rachel Hendron**

FSD0024089 Last updated 27/09/2020

I work online.

Counselling service, Person-centred, somatic/Focusing-Oriented Therapy. For individual adults and adolescents, couples and families. Welcoming of people with diverse gender identities, backgrounds, ADHD, Autistic spectrum and difference. I work in a trauma-informed, attachment aware, intuitive way to connect with clients, hear their stories and accompany as they make their journey. I am respectful of each client's unique past, current resources and the knowledge they hold to guide them as they move forward. I also offer person centred coaching for parents and supervision and training for therapists who want to develop their somatic facilitation.

rachel@vibrantlife.nz  I work online weekdays (027) 216 0779 Some charges may apply. http://www.vibrantlife.nz No referral required.

**Rainbow Family Services**

FSD0022720 Last updated 27/09/2020

To provide safe, effective counselling for children, young people, adults and their families in

Auckland. Specializes in trauma, LBBTIQA+, self-harm, children, adolescents, and family therapy.

ACC registered for sensitive claims.

sgranich30@hotmail.com (021) 038 2451 https://www.ry.org.nz/what-wedo/rainbow-friendly-counselling

Mondays 10am - 8pm in Takanini.

Tuesdays 10am - 8pm in Auckland City. Skype, zoom and phone sessions available upon request.

Some charges may apply. No referral required.

**Ranui Baptist Community Care**

FSD0019697 Last updated 22/09/2020

Goals of the Trust are:

* To provide leadership, direction and resources which will enable the Church to minister to its localcommunity by seeking to meet social, emotional, physical, spiritual and educational needs of the people of its local community
* To establish such service centres, programmes and facilities as will enable the Trustees toprovide appropriate community social services
* To alleviate the difficulties of those experiencing hardship of any kind, including financial hardshipand to bring relief through whatever means are available
* To initiate, establish and administer community and social services for people of all ages who forany reason are in need of care, counseling, or assistance
* To carry out such other charitable purposes within New Zealand as the Trustees shall determine

Currently we operate a cluster of community services that address the outcomes of social deprivation (poverty). Our services have an early intervention component.

464 Swanson Road Ranui Auckland 0612 adminsupport@careranui.org.nz  Monday to Friday 9:00am to 5:00pm.



(09) 833 7815 Some charges may apply.

(021) 143 5457 No referral required. http://www.careranui.org.nz

**Classification : BFC, THP**

**Rawiri Residents’ Association Incorporated**

FSD0024308 Last updated 18/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

1 Rata Vine Drive Wiri Auckland 2104



liz@rawiri.org  Office hours Monday - Friday 10.00am - 2.30pm.

(09) 263 8202 All services free of charge.

http://www.rawiri.org/ No referral required.

**Reallife Counselling**

FSD0023599 Last updated 27/07/2020

I have experience in working with a wide range of emotional challenges including self esteem, depression, anxiety, abuse, trauma and relationship difficulties and other general real life issues.

I am a qualified Psychosynthesis Counsellor and a member of NZAC. I have been in private practice for the past 20 years. I am a registered Social Worker, currently practicing part-time for a District Health Board, and a member of ANZASW. I am also ACC sensitive claims approved.

I work with individuals, couples, and adolescents, and provide a confidential service following the code of ethics of the New Zealand Association of Counsellors and Aotearoa New Zealand Association of Social Workers.

Professional and Experienced Counselling and Therapy in two convenient clinic locations:

Ponsonby & Glen Eden, Auckland.

35 Jervois Rd Ponsonby Auckland 1010 michelle@reallifecounselling.co.nz  Sessions available by appointment.



(021) 360 063 Some charges may apply. http://www.aucklandcounsellor.co.nz No referral required.

**Reconnect Family Services**

FSD0003740 Last updated 09/02/2021

Reconnect provides a range of services for young people with challenging behaviours. These services include a national residential placement, therapeutic intervention and liaison around educational services for young people, specific youth justice mentoring and placement services and services in the area of supported bail in the Auckland region.

8 Puhinui Road Manukau info@reconnect.org.nz (09) 926 5360 http://reconnect.org.nz/



8am / 4pm Monday to Friday Some charges may apply. Referral may apply.

**Relate Counselling**

FSD0023134 Last updated 31/12/2020

Relate Counselling is Auckland's relationship and marriage rescue team. Our team are all trained in not just one - but at least two specialist approaches to couples therapy. Couples and relationship work is a challenging area of counselling requiring a specific skill set in order to be effective. Our team is passionate about making relationships awesome! Our team also offers affordable relationship counselling with qualified counsellors through our internship programme.

Unit 19 210 Victoria Street West Victoria Park Auckland 1010



contact@relate.kiwi.nz  Monday - Friday 8:30-8 pm (020) 4 RELATE (735283) Saturday - Sunday 9 - 2 pm http://relate.kiwi.nz Some charges may apply.

No referral required.

**Relationship Matters Limited**

FSD0019512 Last updated 01/05/2021

Relationship Matters Ltd provides Counselling, Mediation, Training, Consultancy, Employer Workplace Assistance, and Online Social service assistance.

179 Hillsborough Road Hillsborough Auckland steve.taylor@relationshipmatters.org.nz  After-hours and weekends.



(021) 259 2506 Some charges may apply. http://relationshipmatters.org.nz No referral required.

**Relationship Rescue**

FSD0024379 Last updated 17/09/2020

Relationship Rescue offers specialist couples, individual and child therapy. Our therapist have decades of experience and have been trained in multiple couples therapy approaches including Imago, Gottman, Systemic Family Therapy, Emotionally Focused Therapy and Love and Logic.

We have counsellors who specialise in:

Affair recovery

Communication

Conflict management

Anger Management

Abuse Dynamics - including emotional abuse, coercive control, financial abuse and narcissism.

Post Separation Abuse Dynamics

Sex Therapy

Loss of connection

Parenting differences and tools

Family court - what to expect and how to survive it

Child therapy

We're passionate about helping you create the relationship that work for you both and can provide you with very practical tools that will deepen your connection and get the fun energy back.

We provide in person counselling in Auckland or zoom counselling with people anywhere in the world, including couples in separate locations.

50 Torrington Crescent Glen Innes Auckland 1072



janine@relationshiprescue.co.nz  Monday to Friday 9am-8pm

(021) 025 67201 Saturday - Noon- 6pm

http://www.relationshiprescue.co.nz Sunday - closed

Some charges may apply. No referral required.

**Revive Family**

FSD0022765 Last updated 29/03/2021

Revive Family is a Family therapy, couple and individual counselling and social work service provider for Auckland region.

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| wonkon@revivefamily.co.nz  (021) 232 7658 http://www.revivefamily.co.nz | During a week  Some charges may apply.  No referral required. |

**Roopa Aur Aap Charitable Trust**

FSD0019584 Last updated 24/08/2020

Roopa Aur Aap charitable Trust is “Not for Profit” organisation. The organisation provides culturally appropriate counselling and other support services to the victims of family violence within the South Asian community in Auckland. The organization’s primary objective is to provide free counselling, support services, family advocacy with help of professionals, immigration help again with the help immigration advisers, interventions programmes for the victims of domestic violence and disputes, educating and empowering the weaker individuals and families of the South Asian community. Roopa Aur Aap Charitable Trust focuses on reducing discrimination, removes barriers, create opportunity and participation through workshops and support services.

1193B Dominion Road Mount Roskill Auckland 1041



roopa.suchdev@roopaauraap.org.nz  Monday to Friday - 10am to 4pm ( Physically)

|  |  |
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| (09) 620 4606  (021) 665 609 http://roopaauraap.org.nz/      **Roskill South Oasis Hub** | All Seven day- 24/7 on phone number:  021665609  All services free of charge. No referral required. |
| FSD0015562 | Last updated 19/10/2020 |

To provide support for a network of early years services, improve the co-ordination and make access to these services easier for families with children pre-birth to 6 years of age.

Roskill South Oasis 56 Glass Road Mt Roskill Auckland 1041



thehub@roskillsouthoasis.org.nz  Monday to Friday

(09) 620 8079 8.30am to 12.30pm (021) 375 253 All services free of charge.

No referral required.

**Ruaptaka Marae Society Incorporated**

FSD0024311 Last updated 18/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the

Community

106 Line Road Glen Innes Auckland 1072



georgie@ruapotakamarae.co.nz  Please contact us for times service is open

(027) 290 8771 All services free of charge. https://www.facebook.com/Ruapotakamar No referral required. ae/

**Rkau Tautoko Ltd**

FSD0024309 Last updated 22/08/2020

The Kai Collective Project does food support a little differently.

We are a collective of local groups and grassroots leaders who have come together as a collective and created a shared pool of resources and support to address food security needs across our communities.

We support and empower local organisations and local leaders to have food resources and the wrap-around support to distribute out to their own communities.

We believe collaboration is a key ingredient in food security and food sovereignty.

The core organisations that make up The Kai Collective Project currently are:

* ASPARGOVE
* Faith Family Connect
* Synergy Trust- Rkau Tautoko

And our amazing local leaders that we distribute out to.

Cornerstone Hall 99 Pilkington Road Panmure Auckland 1072



kaicollective@rakautautoko.com  Please contact us for ways that we can support,

(022) 469 3761 and when. https://rakautautoko.com/ All services free of charge.

No referral required.

**Sahaayta**

FSD0020667 Last updated 13/07/2020

Sahaayta was conceived to serve and meet the growing needs of the South Asian community in Auckland. Sahaayta provides holistic, confidential, culturally appropriate counselling and support services for individuals, couples, families, youth, children and seniors. We also run support groups (Women's groups, Anger Management groups & Personal Development groups) periodically.

15A Norman Spencer Drive Papatoetoe Auckland 2104



info@sahaayta.org.nz  Monday - Friday 9.30 am - 5.00 pm

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| (09) 280 4064 http://www.sahaayta.org.nz      **Salt Community Trust** | Some charges may apply. No referral required. |
| FSD0024313 | Last updated 26/08/2020 |

We are funded by the MSD Community Food Response Fund to provide food to people in the Hibiscus Coast Community

6 Hibiscus Coast Highway Silverdale 0932



operationreach@salttrust.org.nz  Please contact us via email for times service is

(021) 090 63486 open (NB: When operating under Covid-19 Alert http://www.salttrust.org.nz/ Levels 3 and 4, hours of operation are manged

to meet the need accordingly) Some charges may apply. No referral required.

**Seed 2 Harvest Trust**

FSD0024310 Last updated 01/03/2021

VISION: STRONG VALUES = STRONG FAMILIES = STRONG COMMUNITIES

MISSION STATEMENT:

To initiate and establish programmes that are empowering. Creating platforms that approach leadership development, entrepreneurial opportunities, sustainable living and wellbeing. Our underpinning values in everything that we do is aroha (love), whanaungatanga (relationship) and hauora (wellbeing).

seedtoharvest15@gmail.com  CLICK on our website and from the HOMEPAGE (021) 678 192 scroll down to "S2H Food Parcel" TAB - click and

https://www.seed2harvest.co.nz/ complete the form - the team will arrange a

parcel for you. We are a Distribution Hub ONLY for deliveries.

All services free of charge. No referral required.

**Shakti Asian Women's Centre**

FSD0007645 Last updated 27/01/2021

This organisation provides a 24-hour national crisis call service (0800 SHAKTI) for ethnic women in domestic violence, drop in centres for women, outreach, case work, advocacy, counselling, legal referral, interpreting, life skills programmes, domestic violence intervention and awareness training for communities and lobbying for legislation change.

3 Cardwell Street Onehunga Auckland



scc@shakti.org.nzDrop In Centre 9am to 4pm

(0800) 742 584 SHAKTI (24 hr crisis) All services free of charge. http://shaktiinternational.org/ No referral required.

**Shanti Niwas Charitable Trust**

FSD0022954 Last updated 21/09/2020

Shanti Niwas is a non-profit organisation, has a long history of working with senior citizens of Indian and South Asian origin living in the Auckland region since 1994 to ensure they are valued and treasured by society.

Our mission is to provide culturally appropriate aged care services along with social, emotional, educational, physical and spiritual support for the wellbeing of older people of Indian and South Asian origin.

The trust delivers Positive Ageing Day programmes for older people and people with special needs in the Auckland region. We also provide counselling, advocacy, translation services, help to access health related practical assistance etc and help them integrate into New Zealand society for the betterment of the quality of life of seniors and their families. Our other services include KHUSHI – Elder Abuse and Neglect Prevention Services, SNEH – Shanti Niwas Emergency Home for the seniors, DOSTI – Volunteer Visiting services and many more.

(Beside Dolphin Theater) 14 Spring Street Onehunga Auckland 1061 shantiniwas@xtra.co.nz  Mon - Fri 9.30am - 4pm (09) 622 1010 Some charges may apply.



(021) 202 8406 No referral required. http://www.shantiniwas.org.nz

**Classification : EARS**

**Shine (Safer Homes In New Zealand Everyday)**

FSD0003515 Last updated 18/09/2020

Shine (Safer Homes In New Zealand Everyday) is making homes violence free. Shine offers a free national Helpline, frontline services for adult and child victims of domestic abuse and for men who've used violence, as well as training programmes, the DVFREE workplace programme, and Shine in School programme.

Ground Floor 409 New North Road Kingsland Auckland 1021



enquiries@2shine.org.nz  Helpline (0508 744 633) is answered 9am -

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| (0508) 744 633 (09) 815 4601 http://www.2shine.org.nz      **Shore Vineyard Church** | 11pm, 7 days a week . Our office hours are  8.30am - 5.00pm weekdays. Some charges may apply. Referral may apply. |
| FSD0022071 | Last updated 12/04/2021 |

We provide services to the North Shore Auckland. Mainly music on Friday, community events and an emergency food-bank. The food-bank is by referral only and meets the needs of short term emergency difficulties. To access the service contact your support agency or call into the Citizen's Advice Bureau. We can deliver Monday through Thursday.

We run CAP Life Skills and Money courses and the Alpha Marriage class

 2 252 Forrest Hill Road Forrest Hill Auckland 0620

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| shore@svc.org.nz http://www.svc.org.nz | Family Services at 10am and 5pm every Sunday.  All services free of charge.  Referral may apply. |

**SIDS and Kids New Zealand Incorporated**

FSD0015107 Last updated 30/06/2020

Established to provide services for families and communities who have been affected by SIDS (Cot Death), SIDS New Zealand Incorporated is a national organisation of parents, families and friends of children who have died suddenly and/or unexpectedly of any cause including SIDS.

info@sids.org.nz  24 Hours

(0800) 164 455  All services free of charge. http://www.sidsandkids.org.nz No referral required.

**Sisters of Mercy Wiri**

FSD0005894 Last updated 15/01/2021

Sisters of Mercy Wiri is a community based social service agency with a strong social justice and community development focus. We provide a range of services to meet the needs of children, families/whanau and the community.

14 Trevor Hosken Drive Wiri Auckland 2104 info@sistersofmercywiri.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 263 6464 The service is predominantly for the people who http://www.sistersofmercywiri.org.nz/ live in Wiri/Manurewa.

All services free of charge. No referral required.

**Soup Kitchen**

FSD0024270 Last updated 03/08/2020

LIFE Soup Kitchen exists to bring help and hope. Our aim is to ensure that the most vulnerable do not go hungry, as some don’t always know where their next meal is coming from. Currently, in 5+ communities across Tamaki Makaurau, we provide a hot nutritious meal in a safe environment for those struggling to make ends meet.

info@lifecommunity.org.nz  Check out our website/facebook for where you

(09) 306 4222 can find us! https://www.lifecommunity.org.nz/soup- All services free of charge. kitchen No referral required.

**South Auckland Christian Foodbank**

FSD0016637 Last updated 15/04/2021

We distribute & Deliver free food parcels for those in genuine need in South Auckland and operate a free weekly community dinner, that is open for families to attend, all are welcome to attend, food parcel clients are invited. We also run Financial Capability Courses, this is a 10 hour course that is run over 5 weeks and a free budgeting service for clients.

ian@sacfb.org.nz  Monday - Friday 8.30am - 5.00pm.

(0508) 242 643 All services free of charge.

(027) 47 71092 No referral required. http://www.sacfb.org.nz

**South Auckland Family Refuge Inc.**

FSD0007651 Last updated 14/09/2020

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an

emergency, please ring 111.

mariap@southaucklandrefuge.co.nz 

(0800) 733 843 (09) 276 8868 http://www.womensrefuge.org.nz Monday- Friday 9am-4.30pm

0800 733 843 - 24 hours crisis line Some charges may apply. No referral required.

**Classification : PACIFIC**

**South Auckland Psychology**

FSD0016657 Last updated 13/04/2021

To provide clinical psychology services to the community of South Auckland.

 Suite 217, Level 2, Sylvia Park shopping Centre 286 Mount Wellington Highway Mt Wellington Auckland 1060

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| southaucklandpsychology@xtra.co.nz  (09) 579 1280 (027) 226 1581 http://southaucklandpsychology.co.nz      **Southseas Healthcare Trust** | All consultations are by appointment. There is no drop-in service.  Mon -Thu: 8am to 8pm  Friday: 8am to 7pm  Saturday: 9am -3pm  Sunday: Closed  Some charges may apply. No referral required. |
| FSD0024305 | Last updated 26/03/2021 |

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

14 Fair Mall Otara Auckland 2023



wellbeing@southseas.org.nz  Monday to Friday 8:30am to 5pm

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| (027) 622 6221 http://www.southseas.org.nz/ | Some charges may apply. No referral required. |

**Springboard Community Works**

FSD0020184 Last updated 30/09/2020

Primary Aims:

Empowering people who are disadvantaged.

Fostering community connection and wellbeing.

Mission:

To work with at risk youth and their families in Snells Beach, Warkworth, Wellsford and surrounding areas. To empower them with essential truths, skills, and mentors to facilitate personal transformation and connection to community. We have a number of programmes, services and partnerships that identify and work with families and youth to bring about the changes needed for positive living.

By providing proven wrap around support programmes, Springboard creates opportunities for young people to achieve positive outcomes and pathways to success. We focus on personal wellbeing by creating a place of belonging and celebrating one-to-one connections, whilst also engaging family and the wider community.

58 Hamatana Road Snells Beach Auckland 0920



mail@springboard.org.nz  Mon -Fri

(09) 425 4623 8.00-5.00

http://www.springboard.org.nz All services free of charge. Referral may apply.

**Classification : YS**

**St Elizabeth's Anglican Church in Clendon**

FSD0003443 Last updated 20/08/2020

Family support, home assessment & support, family advocacy plus JP services.

182 Finlayson Avenue Clendon Park Auckland 2103



office@steliz.co.nz  All services free of charge.

(021) 268 8441 No referral required.

https://aucklandanglican.org.nz/find-achurch/auckland-south/clendon/stelizabeths-clendon/

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| **St George's Anglican Church**  FSD0003598 | Last updated 19/04/2021 |
| 148 |  |

Services into the community include - Counselling Services, Elderly day centre and Indian Elderly day centre, Preschool, Playgroup, Foodbank.

St Georges Church 5 Landscape Road Papatoetoe Manukau



office@stgap.org.nz  Monday 9.00am - 12pm

(09) 278 3412 Tuesday-Friday 9.30am - 12.30pm http://www.stgap.org.nz Some charges may apply.

No referral required.

**St Luke's Church Budgeting Service**

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| FSD0003573  Social services support drop-in centre. | Last updated 19/04/2021 |

3 Russell Road Manurewa Auckland



satellitestlukes@outlook.com  Monday mornings 10am - 2pm. Please make

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| (09) 266 3233 | appointment via phone. If urgent, late afternoon appointment possible.  All services free of charge.  No referral required. |

**St Vincent de Paul Society South Auckland**

FSD0022986 Last updated 09/11/2020

We provide Financial Coaching from our Otahuhu Centre. We also operate 5 Foodbanks, and provide furniture and clothing to those who meet our criteria.

Street Level 47 Station Road Otahuhu Auckland 1062



office@stvinnieotahuhu.org.nz  Monday - Friday 9am - 3pm

(09) 270 4088 All services free of charge. http://www.svdp.org.nz/ No referral required.

**Classification : BFC**

**STRIVE Community Trust**

FSD0003775 Last updated 20/01/2021

STRIVE Community Trust is a long-standing social service provider based in Mangere and servicing the wider Manukau area. These services include Integrated Attendance Services; Counselling; Transitional Housing; Family Wellbeing; Financial Capability; Teen Dads; Sustaining Tenancies; Social Work in High Schools in Mangere, Otahuhu, Otara & Papatoetoe; Youth Development; Youth Services.

Unit 5 197 Montgomerie Road Mangere Auckland



info@strive.org.nz  8.30am to 5.00pm (09) 954 1548 Some charges may apply.

(021) 609 039 Referral may apply. http://www.strive.org.nz

**Classification : BFC, THP, YS**

**Sukhmani Charitable Trust**

FSD0024484 Last updated 06/01/2021

Purpose to help families to live healthy, happy and purposeful life contributing to society in building nation in the area of health, well being, child care, deal with abusive relationship, getting into employment and advocacy.

583A Blockhouse Bay Road Blockhouse Bay Auckland 0600



(022) 125 6775  Monday to Friday

10 am to 5 pm

All services free of charge. No referral required.

**Suzi Wallis | Counsellor & Family Therapist**

FSD0022969 Last updated 31/07/2020

My name is Suzi Wallis. I see my purpose as helping you navigate the challenges you face, so that you can experience more success and happiness.

Robust emotional health is key to having a fulfilling life, and managing the hurdles that you face. Even if you feel like life can't possibly improve, I want to assure you that what you're going through is temporary, and that you can find a way through.

I specialise in:

* communication upskilling
* conflict management
* working with couples (of any gender or gender combination) to work through relationship issues\* grief support for all.

I can also help with many other issues they may be facing.

I work with clients aged 14 upwards.

The counselling I offer is about making change, and making change stick. Clients regularly leave sessions with several things to work on between appointments.

102 Main Highway Ellerslie North Auckland 1051



suzi@lifejourney.co.nz  Please check my website for availability of

(021) 870 576 appointments. http://www.lifejourney.co.nz Some charges may apply.

No referral required.

**Synthesis Therapy & Counselling**

FSD0018392 Last updated 10/10/2020

Cian Kerrisk provides effective and professional psychotherapy, Cognitive Behavioural Therapy, Couple Counselling and Addiction Treatment for a range of issues.

0 Atkinson Road Titirangi Auckland 0604



synthesis-therapy@slingshot.co.nz  Mondays 4:30-8pm

(021) 973 455 Tuesdays 7pm-9pm

http://www.synthesistherapy.com Thursdays 5:30-8pm

Some Saturday sessions available Some charges may apply. No referral required.

**Talk Counselling**

FSD0003756 Last updated 12/04/2021

We do Face to face and Video calls!

Talk counselling and MensTalk is a face to face counselling and psychotherapy service for men women and couples. We are qualified and specialised in the areas that we work and cover issues such as: couples therapy Depression, Anxiety,addictions, relationship issues, erectile dysfunction, stress, couple counselling, anger management, personal growth, self esteem, and trauma.

147D Princes Street East Otahuhu Auckland 1062



ric@talkcounselling.co.nz  Monday to Friday 10am to 5.00pm

(0508) 636 782 Some charges may apply. http://www.talkcounselling.co.nz No referral required.

**Tamaki Budgeting**

FSD0003859 Last updated 27/04/2021

Provide budgeting advice and support including information regarding benefits. Also referral to counselling and rehabilitation services.

18 Clifton Court Panmure Auckland 1072



admin@homebudget.org.nz  9 am - 3 pm Monday to Friday by appointment.

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| (09) 570 9023 http://www.facebook.com/tamakibudgetin g/    **Classification : BFC**    **Tamaki Community Link** | Sometimes after hours appointments can be arranged.  Saturdays at Glen Innes CAB - 9am - 11.30am.  All services free of charge. No referral required. |
| FSD0007898 | Last updated 03/03/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 Unit 1 40-42 Mayfair Place Glen Innes Auckland 1072

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| --- | --- | --- |
| (0800) 559 009 http://www.workandincome.govt.nz      **Te Kotuku Ki Te Rangi Trust** | Monday to Friday 8:30am - 5pm, Wednesday | |
| 9:30am - 5pm  All services free of charge.  No referral required. |  |
| FSD0003745 |  | Last updated 18/08/2020 |

A kaupapa Maori community health provider for Oranga Hinengaro Services.

20-40 Copsey Place Avondale Auckland 1026



reception@tekotuku.co.nz  Head Office

(09) 820 0045 Mon-Fri: 8.30am - 5:00pm

(0800) 731 188 All services free of charge. http://www.tekotuku.co.nz Referral may apply.

**Te Manawanui Charitable Trust**

FSD0003676 Last updated 27/07/2020

Provision of emergency housing to families, solo mums / dads & pregnant women on their own.

Free budget services to individuals & families in need of financial advice or assistance.

te.manawanui@xtra.co.nz  9am - 5pm Mon -Fri (09) 624 3906 Outside of these hours 24/7

(021) 280 4000 mob: 021 280 4000

Some charges may apply. No referral required.

**Classification : THP**

**Te Puna Hauora o Te Raki Paewhenua Society Incorporated**

FSD0003767 Last updated 07/09/2020

Te Puna Hauora provides a comprehensive range of medical and social services to our enrolled population.

58A Akoranga Drive Northcote Auckland 0627



(09) 489 3049  Monday-Friday 8.30am - 5.00pm. Closed http://www.tepuna.org.nz statutory holidays

All services free of charge. Referral may apply.

**Classification : BFC, FVSS**

**Te Roopu O Te Whanau Rangimarie O Tamaki Makaurau**

FSD0006046 Last updated 03/08/2020

Our mission is to empower families and individuals by providing support, advocacy, temporary accommodation options and services with a focus towards family violence intervention and prevention leading to an improved quality life.

2 Cameo Court Road Mangere Auckland 2024



admin@twr.org.nz  Monday to Friday, 9.00am-5.00pm.

(09) 275 1230 Some charges may apply. https://www.twr.org.nz/ No referral required.

**Classification : FVSS, THP**

**Te Tai Awa o Te Ora**

FSD0003732 Last updated 23/09/2020

To provide culturally appropriate services to whanau incorporating key values of Tika, Pono and Aroha. All staff have qualifications in social work and/or counselling and offer a range of services, information and assistance to individuals, couples and whanau. These include

* help and advocacy with budgeting and financial matters, social circumstances, e.g. housing,benefits
* the facilitation of programmes (Parenting, Stopping VIolence, support for people with alcohol andother drug related issues
* counselling for personal, relationship and whanau concerns
* We also have a Social Workers in Schools (SWiS) service with Social Workers based in 11Otara schools.

 18 Otara Road Otara Auckland 2023

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| admin@taiawa.org.nz  (09) 274 4220 (027) 274 4220 http://www.taiawa.org.nz/    **Classification : FVSS** | Monday, Tuesday, Wednesday & Thursday 9 am  - 5 pm  Friday 9 am - 4 pm  Some charges may apply.  Referral may apply. |

**Te Waipuna Puawai Mercy Oasis Ltd**

FSD0008245 Last updated 20/04/2021

Te Waipuna Puawai Mercy Oasis Ltd is a thriving community development initiative of the Sisters of Mercy New Zealand. We were established in 1999, building on a decade of highly respected community development work in Glen Innes.

We are committed to working with and alongside women, children and families who are in need.

We aim to improve lives of families by providing family support services and adult education.

We build supportive relationships with whanau by connecting them with others in the local community and developing a pathway to achieve and celebrate their goals.

Our Vision

Whakamana te oranga wairua o te tangata me te whenua.

Well-being for our communities and restoration of the earth.

Our Mission

Kia u ki te mahi kotahi whakarawea te mana wahine, te mana whanau me te mana iwi whanui.

Working together to strengthen women, strengthen families and strengthen community.

Ellerslie Site 12A Umere Crescent Ellerslie Auckland 1051



ceo@twp.org.nz  8.30am-5pm Monday to Friday.

(09) 527 6380(Glen Innes) Koha/donation may apply.

(09) 525 0337(Ellerslie) No referral required. http://www.twp.org.nz

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612 audrey.tinsley@waiwhanau.com  8.30am - 5.00pm Monday - Friday



(09) 836 6683 Some charges may apply.

(0800) 924 942 Referral may apply. https://www.waipareira.com/

**Classification : BFC, FVSS**

**Tenancy Services - Auckland**

FSD0006222 Last updated 18/03/2021

We offer advice and information for landlords and tenants who rent their homes. We administer the Residential Tenancies Act 1986. We receive and hold bonds until the end of a tenancy, we provide dispute resolution services, and we administer the State Housing Appeals Authority.

Level 8 280 Queen Street Auckland Central Auckland 1010



info@dbh.govt.nz  Open 8.30 am to 4.30 pm weekdays. It is best to (0800) 836 262 call and make an appointment to see someone.

(0800) TENANCY From overseas: +64 4 238 4695 https://www.tenancy.govt.nz/ Some charges may apply.

No referral required.

**Tenancy Services - Manukau**

FSD0006225 Last updated 18/03/2021

We offer advice and information for landlords and tenants who rent their homes. We administer the Residential Tenancies Act 1986. We receive and hold bonds until the end of a tenancy, we provide dispute resolution services, and we administer the State Housing Appeals Authority.

 Level 4, MIT Building 25 Davies Avenue Manukau Auckland 2104

info@tenancy.govt.nz Open 8.30 am to 4.30 pm weekdays. It is best to (0800) 836 262 call and make an appointment to see someone.

(0800) TENANCY From overseas: +64 4 238 4695 https://www.tenancy.govt.nz/ Some charges may apply.

No referral required.

**Tenants Protection Association**

FSD0003455 Last updated 15/03/2021

Advice on tenants rights and responsibilities under the Residential Tenancies Act 1986. Support and advocacy for tenants experiencing disputes with landlords.

2nd Floor 147 Great North Road Grey Lynn Auckland



tpaauckland@xtra.co.nz  9.30am - 12.30pm, Mon - Fri.

(09) 360 1473 Answerphone available at other times.

All services free of charge. No referral required.

**The Fono Head Office**

FSD0023623 Last updated 01/10/2020

Established in 1989, The Fono is NZ's largest Pacific owned health and social services NGO.

Level 2 6 Alderman Drive Henderson Auckland 0612



headoffice@thefono.org  Monday to Friday, business hours.

(09) 267 6331 All services free of charge.

(09) 837 1780 No referral required. http://thefono.org

**The Fono North Shore**

FSD0023206 Last updated 01/10/2020

We offer a selection of community services for families from our community hub, located at 'Hearts and Minds' in the Norman King Building at 65 Pearn Crescent, Northcote.

First Floor, Norman King Building 65 Pearn Crescent Northcote Auckland 0627 socialservices@thefono.org  Mon-Fri: 8.30am-5.00pm



(09) 838 0746 Koha/donation may apply. http://www.thefono.org No referral required.

**Classification : PACIFIC**

**The Fono South**

FSD0003588 Last updated 28/09/2020

We offer Medical, Dental, Pharmacy and Whanau Ora services.

Some of our services are free to eligible patients while others are subsidised.

7 Halver Road Manurewa 2102



manurewamedical@thefono.org  Monday-Friday, 8am - 5pm

|  |  |  |
| --- | --- | --- |
| (09) 267 6331 (0800) FONO4U  http://www.thefono.org    **Classification : PACIFIC**    **The Fono West** | Some charges may apply. Referral may apply. |  |
| FSD0003550 |  | Last updated 28/09/2020 |

We offer a range of medical, dental, pharmacy, social and public health services. Our friendly, professional team are here to provide top quality service for everyone.

Head Office 411 Great North Road Waitakere City 0612



headoffice@thefono.org  Monday-Friday 8:30am-5pm

(09) 837 1780 Some charges may apply.

(0800) FONO4U Referral may apply. http://www.thefono.org

**Classification : BFC, FVSS, PACIFIC**

**The Fono West Central**

FSD0023205 Last updated 01/10/2020

We offer a range of medical services for the entire family. Some of our services are free to eligible patients while others are subsidised.

297 Blockhouse Bay Road Blockhouse Bay Auckland 0600



BHBmedical@thefono.org  Mon-Fri: 8.30am - 5pm

(09) 828 8421 Some charges may apply.

(0800) FONO4U No referral required. http://www.thefono.org

**Classification : PACIFIC**

**The Good Works Charitable Trust (GWT)**

FSD0024312 Last updated 19/08/2020

Good Works Trust operates a foodbank with the help of private donors and funds from the MSD Community Food Response Fund

|  |  |
| --- | --- |
| foodbank@svc.org.nz http://goodworkstrust.org.nz      **The Grief Centre** | Please contact us for delivery times for food parcels.  All services free of charge. No referral required. |
| FSD0016202 | Last updated 23/06/2020 |

To provide affordable professional counselling, support, education, and information and resources, to those either experiencing or working with all forms of loss and grief.

92 Hinemoa Street Birkenhead Auckland 0626 office@griefcentre.org.nz  Office Hours are Mon-Fri 8.30am - 4.30pm.



|  |  |
| --- | --- |
| (09) 418 1457 (022) 636 4211 http://www.griefcentre.org.nz | Appointments can be arranged outside of these hours in Whangarei and across the Auckland Region.  Some charges may apply.  No referral required. |

**The Meditating Giraffe**

FSD0023440 Last updated 24/07/2020

Would you like...

Harmonious relationships both at home and at work?

To be heard and to hear others so a strategy can be found that works for you and for others involved?

To be able to make clear requests that give you what you want and not what you don’t want?

To heal past relationships that are impacting on your present life?

“The Meditating Giraffe” is committed to offering workshops & support based on the principles of NVC - Nonviolent Communication. This is the work of Dr Marshall B Rosenberg.

We work with organisations, smaller groups, families, couples, and individuals – supporting people to communicate, connect and move forward in a life serving way. We also offer Transformative Mediation.

|  |  |
| --- | --- |
| deb@meditatinggiraffe.co.nz  (027) 237 9657 (027) 341 0000 http://www.meditatinggiraffe.co.nz | All days 8am to 9:30pm Some charges may apply.  No referral required. |

**The Moses Basket emergency housing provider ltd**

FSD0024198 Last updated 13/10/2020

Emergency housing provider. house with evidence of compliance to MBIE tenancy standards.

Home is more suitable to single or couples and for short term stays only. Facilities are shared. Clients with children are an exception, but short term stays only. Facilities are shared with two other families that reside at the property on a permanent basis. Clients will have their own room. 7 day stays at a time and appointments and funding from work and income need to be confirmed prior to the 7 day stay is up.

|  |  |
| --- | --- |
| melissa@themosesbasket.co.nz  (027) 635 4772 | Mon - Sun, timing is flexible Some charges may apply.  Referral may apply. |

**The Pride Project Charitable Trust**

FSD0024469 Last updated 30/11/2020

The Pride Project is a Charitable Trust operating in the suburb of Manurewa, South Auckland. We have been working intensively in the community for the last four years and evolved what we know is a unique kaupapa and approach to community empowerment, pride and holistic development. Clendon/Manurewa is a community that suffers from high levels of deprivation, inter-generational poverty, over-crowding in homes particularly among its majority of Mori and Pacific households. Our understanding of our community comes from our local knowledge. We deal with the failings and silo-effects of the dominant socio-economic and political system and what we do is not about filling gaps but building an alternative healing system of well-being around Manurewa people as individuals, whanau, hapu and as a kainga. We are immersed in Kaupapa Mori; it is a deeply held foundation, as well as an expression of what we do and why.

60 Maplesden Drive Clendon Park Auckland 2103



melissaatama@theprideproject.co.nz  Community House, Volunteers and Whare

(027) 237 8756 Tautoko - 9.30am - 2.00pm

Hope Navigators Available - 9.30am-5.30pm

Tool Library - 9.30am-1.00pm

Koha Kutz Mon,Wed,Fri by appnt - 10.00am-

1.30pm

Koha/donation may apply. No referral required.

**The Salvation Army - Albany Bays**

FSD0008239 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army. (Corps and Korean Corps Plant)

90 Rosedale Road Albany Auckland 0632



albanybays.corps@salvationarmy.org.nz  Coordinator works from 8.00am - 4.00pm

(09) 478 7567 Monday to Friday. https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/albany-bays/albany-bays- No referral required. corps

**The Salvation Army - Auckland City Corps**

FSD0006317 Last updated 23/03/2021

Worship, community and welfare services of The Salvation Army (Auckland and Korean Corps and Community Ministries)

18 Allright Place Mt Wellington Auckland 1060



aucklandcity.corps@salvationarmy.org.nz  Monday - Friday 9am - 4.30pm

(09) 379 7615 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/auckland/auckland-corps

**The Salvation Army - East City**

FSD0023575 Last updated 20/04/2021

Worship, community and welfare services of The Salvation Army.

37-45 Wellington Street Howick Auckland 2014 eastcity.corps@salvationarmy.org.nz  Drop in centre open Wed and Fri 11-2pm.



(09) 535 0847 Foodbank open Wed and Fri 11am-2pm. https://www.salvationarmy.org.nz/centres/ Budgeting available Fri by appointment.

nz/auckland/howick/east-city-corps Some charges may apply.

No referral required.

**The Salvation Army - Epsom Lodge**

FSD0003336 Last updated 25/03/2021

A Salvation Army Accommodation Service for men and women, providing a program of rehabilitation for people, with addictions, ex psychiatric patients, prison discharges and those unable to live independently in the community. Formal referral and assessment required.

18 Margot Street Epsom Auckland 1051 epsom.lodge@salvationarmy.org.nz  24 Hours



(09) 524 0252 Some charges may apply. http://www.salvationarmy.org.nz/ Referral may apply.

**Classification : THP**

**The Salvation Army - Flat Bush**

FSD0023577 Last updated 27/04/2021

Corps Plant. Worship, community and welfare services of The Salvation Army

18 Fusion Road Flat Bush Auckland 2019 flatbushcorps.plant@salvationarmy.org.nz  Some charges may apply.



(09) 277 6829 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/auckland/flatbush/flat-bush-corps

**The Salvation Army - Glenfield**

FSD0008241 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army.

430 Glenfield Road Glenfield Auckland 0629



glenfield.corps@salvationarmy.org.nz  Our offices are open 8.30am to 4pm, Monday to

(09) 441 2554 ext 2 Friday. https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/glenfield/glenfield-corps No referral required.

**Classification : BFC**

**The Salvation Army - Hibiscus Coast**

FSD0023583 Last updated 29/03/2021

Worship, community and welfare services of The Salvation Army on the Hibiscus Coast.

38 Greenview Lane Red Beach 0932



hibiscuscoastcorps@salvationarmy.org.nz  Office is open Tuesday, Wednesday, Thursday

(09) 426 0239 9.00am-12noon

https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/hibiscus-coast/hibiscus- No referral required.

coast-corps

**The Salvation Army - Manukau Central**

FSD0005754 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army

16D Bakerfield Place Manukau Auckland 2104 manukaucentral.corps@salvationarmy.org  Monday to Friday, 9am-5pm.



.nz Some charges may apply.

(09) 262 2332 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/auckland/manukau/manukau-centralcorps

**Classification : BFC**

**The Salvation Army - Mt Albert**

FSD0023584 Last updated 26/03/2021

Worship, community and welfare services of The Salvation Army

218 Mt Albert Road Sandringham Auckland 1025



mtalbert.corps@salvationarmy.org.nz  Mon - Fri: 9.30am - 4.30pm,

(09) 629 5063 Sat: 9am - 4pm

https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/sandringham/mt-albert-corps No referral required.

**The Salvation Army - New Lynn**

FSD0005938 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

32 Delta Avenue New Lynn Auckland 0600 newlynn\_corps@nzf.salvationarmy.org  Mon - Fri 9.30am - 1pm for food bank.



(09) 827 3128 All services free of charge. https://www.salvationarmy.org.nz/centres/ No referral required.

nz/auckland/new-lynn/new-lynn-corps

**Classification : BFC**

**The Salvation Army - Otahuhu**

FSD0023585 Last updated 22/04/2021

Worship, community and welfare services of The Salvation Army

99 Church Street Otahuhu Auckland 1062



otahuhu.corps@salvationarmy.org.nz  9am-2.30pm Monday to Friday

(09) 276 5793 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/otahuhu/otahuhu-corps

**The Salvation Army - Papakura**

FSD0023546 Last updated 23/03/2021

Worship, community and welfare services of The Salvation Army

87-91 Clevedon Road Auckland papakura.corps@salvationarmy.org.nz  /



(09) 299 6791 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/papakura

**The Salvation Army - Pukekohe**

FSD0021224 Last updated 21/04/2021

Worship, community and welfare services of The Salvation Army

3 Tobin Street Pukekohe 2120



pukekohe.corps@salvationarmy.org.nz  Wednesday to Friday 9am to 3pm

(09) 238 5641 All services free of charge. http://www.salvationarmy.org.nz/centres/n No referral required.

z/auckland/pukekohe

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| **The Salvation Army - Royal Oak** |  |
| FSD0003434 | Last updated 17/04/2021 |

Community and Welfare services for The Salvation Army

691a Mt Albert Road Royal Oak Auckland 1023



ndhq@nzf.salvationarmy.org  9:15am-12pm, 1-3pm Monday, Tuesday,

(09) 639 1181 Thursday Friday. https://www.salvationarmy.org.nz/centres/ Wednesdays 10-12 and 1-3pm. nz/auckland/royal-oak Some charges may apply.

Referral may apply.

**Classification : BFC, THP**

**The Salvation Army - Waitakere Central**

FSD0008237 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

7-9 View Road Henderson Auckland 0612



WaitakereCentral\_Corps@nzf.salvationar  Community and Family Services: 9.00am -

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| --- | --- |
| my.org  (09) 837 4471 https://www.salvationarmy.org.nz/centres/ nz/auckland/waitakere/waitakere-centralcorps    **Classification : BFC**    **The Umma Trust** | 5.00pm, Monday to Friday. Some charges may apply. No referral required. |
| FSD0023163 | Last updated 03/08/2020 |

UMMA Trust’s mission is to provide support for Muslim refugee and migrant families with a specific focus on women who are in the process of resettlement in New Zealand. We aim to ensure that families are able to lead productive and quality lives and be actively involved in New Zealand society. UMMA Trust believes that women are the backbone of the family so we aim to increase their strengths; health and well-being. They are then able to be successfully integrated and empowered to provide for their family and community, resulting in a positive resettlement.

Ferndale House 830 New North Road Mount Albert Auckland 1025 whitney.jessett@ummatrust.co.nz  Monday to Friday 9:00 - 5:00



(09) 815 0153 All services free of charge. https://www.facebook.com/theummatrust/ No referral required.

**Classification : BFC**

**Therapyworx & Val Hayes Counselling**

FSD0015503 Last updated 07/12/2020

I offer short and long term counselling and psychotherapy for depression, anxiety, relationship problems, grief and trauma (to name a few) along with life coaching and clinical supervision in Remuera and Glendowie.

I work primarily with individuals and some couples.

130 Remuera Road Remuera Auckland 1050



val@therapyworx.co.nz  Tuesday, Wednesday in Glendowie 0800 until (09) 292 1035 1830. (No wheelchair access or waiting room) http://therapyworx.co.nz Friday in Remuera 0800 until 1700 (Wheelchair access and waiting room) Some charges may apply. No referral required.

**Three Kings Community Link**

FSD0007920 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Three Kings Plaza 536 Mt Albert Road Three Kings Auckland 1042



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Tom Didovich Counselling & Coaching Services**

FSD0020058 Last updated 05/04/2021

New Lynn based provider for accessible counselling and coaching services for a broad range of requirements & needs with specific experience in relation to hurt & anger, anxiety, depression, grief, relationships, mens issues, couples, and an individual life path/direction.

72 Willerton Avenue New Lynn Auckland



tomdidovich@gmail.com  9am till 3.30pm Monday to Friday (027) 498 1555 Some charges may apply. http://www.talkingworks.co.nz/dir/84.html No referral required.

**Training & Budget Services**

FSD0003773 Last updated 22/12/2020

Provision of financial assistance to stresses families and individuals to people in South Auckland.

129 Great South Road Papatoetoe Auckland 2025



t.abs@xtra.co.nz  9.30am to 3.30pm Tuesday-Friday

(09) 279 9500 Koha/donation may apply.

(021) 772 749 No referral required. https://www.tabsinc.co.nz/

**Classification : BFC**

**Transitioning Out Aotearoa**

FSD0016447 Last updated 26/11/2020

He Whanau TOA, He Whanau ORA - A Strong Family is a Healthy Family strategy involves facilitating positive and adaptive relationships within whanau and recognising the interconnectedness of welfare, health, education, housing, justice, employment and lifestyle as elements of whanau wellbeing.

25 Druces Road Wiri Manukau 2104



info@toa.org.nz  9am to 5pm Monday to Friday (0800) 367 942 x2 Some charges may apply.

(09) 570 2679 Referral may apply. http://www.toa.org.nz

**Classification : PACIFIC**

**Tuilaepa Youth Mentoring Service**

FSD0019607 Last updated 19/02/2021

The Tuilaepa Youth Mentoring Service (TYMS) TYMS is a youth mentoring service (both individual and group) which works with at-risk youth, supporting them to achieve their full potential either academically or through training and employment.

Our TYMS vision is of Pasifika and Maori youth who feel a sense of belonging and pride in our communities living their full potential.

Our mission is to break the cycle of disengagement

TYMS partners with young people to create quality life paths and ensure they have the support networks, tools, resources, and life skills to navigate and succeed in education, employment or training.

Our approach to improving young people’s wellbeing is strengths-based, holistic (combining academic mentoring with family/student advocacy), and culturally appropriate, delivered by our Pasifika and Mori mentors and student/family advocates (all of whom are parents, certified youth workers with teaching experience and sporting backgrounds).

644 Swanson Road Swanson Auckland 0612



admin@tyms.org.nz  Monday-Friday 9am - 5pm

(09) 971 2746 Some charges may apply.

(021) 192 8607 Referral may apply. http://www.TYMS.org.nz

**Tmaki Housing Association**

FSD0022861 Last updated 20/04/2021

Tmaki Housing manages all social housing in Glen Innes, Panmure and Point England. We have a great team of tenancy managers who spend a lot of time in the community getting to know our tenants.

Tamaki Housing is part of the Tmaki Regeneration Company, which is jointly owned by the Government and Auckland Council.

We stand by the Tmaki Commitment: Those who wish to stay in Tmaki will have the opportunity to do so.

244 Apirana Avenue Glen Innes Auckland 1072



info@tamakiregeneration.co.nz  Our call centre is open between 8am - 5pm, (0800) 521 555 Monday to Friday if you have any questions.

http://tamakihousing.co.nz Some charges may apply.

Referral may apply.

**Vaiola PI Budgeting Service Trust**

FSD0005942 Last updated 03/01/2021

Vaiola PI Budgeting Service Trust offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

Baptist Church Cnr Ashgrove and Bader Drive Mangere Auckland 2022



vpibs@vaiola.org  9:00 am - 3:00pm Monday - Friday

(09) 256 9639 All services free of charge.

(09) 280 4190 No referral required. http://www.vaiola.org

**Classification : BFC**

**Vaka Pasifika Charitable Trust**

FSD0021525 Last updated 09/11/2020

Vaka Pasifika is a charitable Trust set up with the mission and vision to “empower Pacific Island People to take charge of their lives and those of their family(s) to enjoy and participate in developing New Zealand Society”.

Unit 3 9 Northside Drive Westgate Auckland 0814



info@vakapasifika.org.nz  Monday - Friday

(021) 029 00701 9am - 5pm

http://www.vakapasifika.org.nz All services free of charge.

No referral required.

**Classification : FVSS, PACIFIC**

**Vaka Tautua Limited**

FSD0015458 Last updated 01/10/2020

Vaka Tautua provides information and support for Pacific families in the areas of disability, older people, mental health and financial capability. Please get in touch if you would like more information on our services.

Unit 7 586 Great South Road Manukau Auckland 2025



administration@vakatautua.co.nz  Mon - Fri 8.30am - 5.00pm

(0800) 825 282 http://www.vakatautua.co.nz Elder Abuse Response Service for Auckland

region only.

All services free of charge. Referral may apply.

**Classification : EARS, FVSS, PACIFIC**

**Vinnies**

FSD0003440 Last updated 27/10/2020

Food bank

Advocacy

Volunteering

Community Events

Youth volunteer programme

Social Justice programme in schools

12 Gundry Street Newton Auckland 1010



auckland@stvinnies.co.nz  Monday-Friday 10-3:30pm

(09) 815 6122 Some charges may apply. http://www.svdpak.org.nz/ No referral required.

**Visionwest**

FSD0020227 Last updated 15/01/2021

Visionwest exists to meet the needs of people in the West Auckland community and beyond. As a community development based organisation, our vision is to build a place of trust and openness where people feel valued and loved.

We believe in the value of holistic care and support and offer an integrated range of wraparound services and supports that care for all people physically, emotionally, spiritually and intellectually.

Visionwest is a Registered Charitable Trust.

Building 7 97 Glendale Road Glen Eden Auckland 0602



office@visionwest.org.nz  Our Main Office for our Campus is open Monday

(09) 818 0700 to Friday 9am - 5pm.

http://www.VisionWest.org.nz Opening times of different services within the

Trust may vary

Some charges may apply. Referral may apply.

**Classification : BFC, YS**

**Visionwest Budgeting Service**

FSD0005773 Last updated 15/01/2021

Visionwest’s Budgeting and Money Management Service provides advice and guidance to people who are facing financial difficulties, struggling with overspending, experiencing changes in financial circumstances or just want to be better and managing their money.

Our service is FREE and we can offer one off, short term, and long-term support. We will work

with you for as long as it takes to ensure you have a positive financial future.

We are situated at 97 Glendale Rd, Glen Eden, West Auckland. Appointments can be face-toface, phone or online video-chat. Our opening hours are Monday - Friday, 9am - 5pm with some limited appointments available if prearranged.

VisionWest Community Trust, Building 11 97 Glendale Road Glen Eden Waitakere 0641



Budgeting@visionwest.org.nz  9.00am - 4.00pm Monday to Friday

(09) 818 0714 All services free of charge. http://visionwest.org.nz No referral required.

**Visionwest Community Housing**

FSD0020732 Last updated 15/01/2021

Visionwest Community Housing provides emergency, short term and long term supported Housing in West Auckland & Christchurch for those in need who cannot access private rental houses. The aim is to provide safe, healthy, affordable, quality housing for low-income families.

Building 13 97 Glendale Road Glen Eden Auckland 0602



office@visionwest.org.nz  Monday - Friday 9am - 4.30pm

(09) 818 0700 Some charges may apply. http://www.visionwest.org.nz/community- No referral required. housing.html

**Classification : THP**

**Visionwest Home HealthCare**

FSD0005955 Last updated 15/01/2021

Visionwest Home Healthcare is a long-standing provider of quality, professional, home healthcare in the West Auckland region. Services are available to the elderly, sick, injured and those with disabilities of all ages in West Auckland and the North Shore.

Building 4 97 Glendale Road Glen Eden Waitakere 0612



homecare@Visionwest.org.nz  Office hours: 9.00am - 5.00pm, Monday to

(0800) 222 040 Friday. http://www.Visionwest.org.nz Some charges may apply.

Referral may apply.

**Waiheke Budgeting Services Trust**

FSD0005944 Last updated 11/09/2020

Waiheke Budgeting Services Trust offers free, supportive, confidential and culturally aware budget advisory services with trained and nationally certificated budget advisers.

Geographic Coverage Area(s) - Waiheke Island.

6 Putiki Rd Waiheke Island Auckland



info@waihekebudgeting.org.nz  Tuesday 9am-4pm

|  |  |
| --- | --- |
| (09) 372 6300 https://www.waihekebudgeting.org.nz/    **Classification : BFC**    **Waiheke Homecare Hospice** | Wed, Thurs, Friday 9am-2pm All services free of charge. No referral required. |
| FSD0008190 | Last updated 17/07/2020 |

To provide Volunteer support for people affected by a terminal illness and their loved ones.

Bereavement support, free equipment loans.

2/11 Moa Ave Oneroa Waiheke Island 1081 waihekehospice@xtra.co.nz  Contact hours: Monday to Friday 9am-4pm.



(09) 372 7131 All services free of charge. http://hospicewaihekehomecare.co.nz No referral required.

**Waiheke Island Community Link**

FSD0007922 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Shop One 116 Ocean View Road Oneroa Waiheke Island 1081



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waitakere Community Link**

FSD0007924 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

36-44 Sel Peacock Drive Waitakere 0610



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waitakere Community Outreach (Foodbank)**

FSD0003657 Last updated 24/07/2020

Food parcels delivered to those who need emergency food parcels West Auckland. The referrals come from 18 agencies such as C.A.B, Budget Advisors, Public Health Nurses, Mental Health,

Hospitals and many other agencies.

waitakere.parish@methodist.org.nz 

(09) 818 8111

(09) 818 6542

Mon - Friday 11am - 2:30pm

Referral Service Only

All services free of charge. Referral may apply.

**Waiuku Community Link**

FSD0007925 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

57b Queen Street Waiuku 2682



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Waiuku Family Support Network**

FSD0000974 Last updated 16/04/2021

To strengthen family life by helping individuals and families through their own efforts, to develop their skills and to become aware of resources available to them in the surrounding community.

56 Queen Street Waiuku 2123



admin@waiukufamilysupport.co.nz  Monday, Friday 10am – 2pm

|  |  |
| --- | --- |
| (09) 235 9099  http://waiukufamilysupport.co.nz/ | Tue – Thur 9.30am – 4.00pm Some charges may apply.  No referral required. |

**Classification : FVSS**

**WALSH Trust**

FSD0003630 Last updated 22/12/2020

West Auckland Living Skills Homes Trust Board. A variety of support services for people living in the community who experience Mental Ill Health.

8 Hickory Avenue Henderson Auckland 0650



reception@walsh.org.nz  8.30am - 4.30pm Monday to Friday.

(09) 837 5240 All services free of charge. http://www.walsh.org.nz Referral may apply.

**Classification : PACIFIC**

**Warkworth Community Link**

FSD0007926 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Winscombe Mall 37 Queen Street Winscombe Mall Warkworth 0910



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Warkworth/Wellsford Budget Service**

FSD0005947 Last updated 02/01/2021

To provide budgeting help and education to families, individuals and interested groups.

Citizens Advice Bureau 1 Matheson Road Wellsford Auckland 0900



admin@wwbudgetservice.co.nz  9.00am - 3.00pm Monday to Friday

(09) 423 7123 All services free of charge.

(021) 423 788 No referral required.

https://www.wwbudgetservice.co.nz/

**Classification : BFC**

**Wellsford Cooperating Parish - Loaves & Fishes**

FSD0024317 Last updated 20/08/2020

We give food to families in need usually thru organisations. If wishing to contact us please phone The Wellsford Citizens Advice Bureau and they will arrange thru us to organise the parcel. The hours CAB are open from 10am to 2pm. Monday to Friday. The Foodbank is unavailable on Wednesdays.

251 Rodney Street Wellsford 0900



27irock@gmail.com  The hours are: Monday, Tuesday, Thursday, (09) 423 7333 Friday. 10am to 3:30pm

All services free of charge. No referral required.

**West Auckland Budget Service**

FSD0003512 Last updated 25/08/2020

Work together with people, their family and whanau to increase effective management of finances, knowledge of smart use of debt and financial products, improve longer term financial capability.

Admin Office 26 Belvedere Court West Harbour Auckland 0618



wabs@wabs.org.nz  New Lynn Citizens Advice Bureau (09) 416 4727 Monday, Tuesday 10 to 1pm

(027) 242 6719 Wednesday Thursday 10 to 1pm

Massey CAB

Monday & Friday 10 to 1pm

Home Visits available, must meet a criterion All services free of charge. No referral required.

**Classification : BFC**

**Westgate Community Link**

FSD0007927 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

22-24 Cabernet Crescent Westgate Waitakere City 0614



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Whai Maia Ltd**

FSD0022876 Last updated 13/07/2020

Provides tribal development through social housing, health, environmental, whanau ora and educational services.

230 Kupe Street Orakei Auckland 1071



info@ngatiwhatuaorakei.com  Mon to Fri 8.30am to 4.30pm.

(09) 336 1670 All services free of charge.

(0508) NW rkei No referral required.

http://www.ngatiwhatuaorakei.com/

**Whanau Resource Centre o Pukekohe Charitable Trust**

FSD0016702 Last updated 08/10/2020

The Whanau Resource Centre is a one stop shop in community support servicing and prides itself on catering to the needs of its community. The Whanau Resource Centre's confidential service delivers a holistic approach to supportive care and is committed to promoting well being and assisting individuals to deal with the day to day matters of life.

17 McNally Road Pukekohe Auckland 2120



info@whanauresourcecentre.org.nz  Monday, Tuesday, Wednesday, Thursday and

(09) 238 5285 Friday 9am to 4.30pm (021) 532 178 Some charges may apply.

No referral required.

**Classification : FVSS, THP**

**William Garden Counselling and Facilitation Services**

FSD0015132 Last updated 29/09/2020

Relationship Counselling. Also personal one on one counselling: Grief, Addictions, Stress, Depression, Anxiety, Mentoring, Personal Development Group Facilitation.

6 Airfield Road Takanini Papakura 2245



william.garden@xtra.co.nz  Weekday 10am - 6pm

(09) 298 2489 Weekend Counselling Available (Relationship (027) 450 0488 Counselling Only)

http://www.southcitycounselling.co.nz Some charges may apply. Referral may apply.

**Women's Centre Waitakere**

FSD0003464 Last updated 02/11/2020

A community based agency supporting women and their families. We provide a safe, accessible environment for women and their families to make their own choices in a supportive, nonjudgemental and confidential way.

Services provided include Counselling, Programmes and workshops. Access to community information and resources.

Cnr McLeod & Te Atatu Road 111 McLeod Road Te Atatu South Auckland 0610 info@womenscentre.org.nz  Monday to Friday 9am to 2.00pm



(09) 838 6381 Some charges may apply.

(09) 836 2470 No referral required. https://www.heartofthewest.org/

**Classification : FVSS**

**Work and Income - Auckland Regional Office**

FSD0015264 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 2, Building A 65 Main Highway Ellerslie Auckland 1051



(0800) 559 009  Monday to Friday, 8:30 am to 5:00 pm http://www.workandincome.govt.nz All services free of charge.

No referral required.

**Work and Income - Clendon Service Centre**

FSD0007895 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Clendon Shopping Centre Cnr Roscommon & Palmers Roads Clendon Manukau City 2103



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenfield**

FSD0007896 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

1 Peach Road Glenfield North Shore City 0629



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenmall Community Link**

FSD0007897 Last updated 14/12/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20 Oates Road Glen Eden Auckland 0602



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Helensville Service Centre**

FSD0007899 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

34-38 Commercial Road Helensville 0800



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Mangere Community Link**

FSD0007902 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

93 Mascot Avenue Mangere Auckland 2022



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Manukau Community Link**

FSD0007903 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

2 Osterley Way Manukau Auckland 2104



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Orewa Service Centre**

FSD0007909 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

27 Florence Avenue Orewa 0931



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Work and Income - Otara Service Centre**

FSD0007911 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

52-60 Lovegrove Crescent Otara 2023



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Takapuna Service Centre**

FSD0007919 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

519 Lake Road Takapuna 0622



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Youthline**

FSD0006531 Last updated 18/02/2021

Youthline offers access to a wide range of youth development and support services.

Youthline is at the forefront in developing and providing youth and family services and we offer and can link young people to a comprehensive range of clinical services.

Youthline House 13 Maidstone Street Ponsonby Auckland 1021



supportcentre@youthline.co.nz  Office open Monday to Friday 9am-5pm. Youth

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| (0800) 37 66 33 (09) 376 6645 http://www.youthline.co.nz      **Youthline - Manukau** | Help Line 24 hours a day, 7 days a week.  Free TXT 234  Some charges may apply. No referral required. |
| FSD0006533 | Last updated 19/02/2021 |

Counselling and programmes for people of all ages with a specific focus on 11 to 30 years. Youth Help and Counselling Line 8.00 am - midnight seven days.

145 St George Street Papatoetoe Manukau 2025



supportcentre@youthline.co.nz  24/7 Youth Help and Counselling Line 0800

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| (0800) 376 633 |  |
| (09) 376 6645  http://www.youthline.co.nz | Youthline Centre open 8.30am - 5pm Monday to Friday. |

Cafe 'Thyme Out @ The Station' open 7.30am 4.30pm Monday - Friday and 7.30am - 3pm Saturdays.

Some charges may apply. No referral required.

# Budgeting / Financial Capability

**Affirming Works**

FSD0024453 Last updated 18/11/2020

Affirming Works (AW) is an innovative Pacific 'not-for-profit company which combines an effective team of multi-generational and multicultural professionals. AW offers an extensive range of mentoring services, social services and social enterprise to various communities in the Auckland region. AW began in 2001 and continues to provide for families; prevention to family violence, educational assistance for learners, food parcels, budgeting and case management of family plans. AW's ability to speak in pacific languages and have qualified staff has enabled a culturally competent yet safe practice approach to it's services. AW provides youth transition services for Oranga tamariki rangatahi, the Tupu'anga a mentoring programme for children and youth, Tautua a youth employment service for young people to work in the Community Cafes. AW also provides in five regions in Aotearoa the Young & Free conferences for the promotion of positive social messaging for Pacific youth.

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| office@affirmingworks.org.nz  (0800) 0AFFIRM (09) 276 6538 http://affirmingworks.org.nz    **Classification : FVSS, PACIFIC**    **Agape Care** | AW's service delivery is usually from 9am-5pm we have a site for our food hub, our community cafes and our offices, it is best to contact us via www.affirmingworks.org.nz or call free on 08000AFFIRM.  All services free of charge. No referral required. |
| FSD0021434 | Last updated 24/10/2020 |

To transform the lives of people with intellectual / learning disabilities. The Agape Homes Trust (known as Agape Care) is a Christian Ministry, and is governed by a 'Caring with Love' philosophy, providing the highest standards in all relationships, encouraging innovation and diligence in all we do.

It is a place where each person is loved for themselves in an environment where they can freely grow spiritually, emotionally, socially and intellectually.

Agape Care has been providing services to people with intellectual disabilities since 1996.

 4210 Great North Road Glendene Auckland 0602

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| paulr@agapecare.org.nz  (09) 837 8597  (021) 682 809 http://www.agapecare.org.nz      **AKAL Foundation** | Office Hours Mon to Fri: 9.00am to 5.00pm Some charges may apply. Referral may apply. |
| FSD0024322 | Last updated 24/08/2020 |

Our aims to identify and fund the delivery of high-impact solutions that can reduce health inequities and give everyone the opportunity to live healthy, productive lives.

We work closely with our partners to support innovative approaches and expand existing ones, so they reach the people who are most in need.

Our aim is to create better society.

Akal Foundation

Leadership training – capacity building, political representation

Family Violence – prevention programmes, education awareness

Budgeting & Family Support Services as Below

Community Alcohol and Drug Services

Community Sports / Service

Food Bank Service

Community Awards

Ladies Night

Migrants Help

Open Festival

35 East Tamaki Road Papatoetoe Auckland 2025



rajinz@gmail.com  Monday to Friday 8.00 to 5PM

(09) 278 6062 All services free of charge.

(021) 661888 No referral required. http://www.akalfoundation.org.nz

**Albany Community Link**

FSD0007891 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44 Corinthian Drive Albany North Shore 0632



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Anglican Community Church Birkdale / Beach Haven**

FSD0003659 Last updated 20/10/2020

Birkdale / Beach Haven Anglican Community Church. Emergency Foodbank assistance available by referral or by individual. Usually a one off unless extreme and/or budgeting advice is being sought by recipient. For residents in the Birkdale /Beach Haven area (available 10-12 Tuesday and Thursdays only)

We also provide mainly music for preschooolers and SPACE programmes for mostly first time parents.

56A Tramway Road Beach Haven Auckland 0626



office@cedarcentre.org.nz  Mondays - Thursday: 9am - 1pm

(09) 483 6989 Koha/donation may apply. https://www.cedarcentre.org.nz/ No referral required.

**Anglican Trust for Women and Children**

FSD0003280 Last updated 26/10/2020

ATWC’s integrated Family, Early Education and Social Work services and programmes help to protect, nurture and provide opportunities for up to 3000 children, young people and their families across Auckland.

Services include counselling and psychotherapy, parenting programmes, preschool education, early intervention (Family Start) and programmes in schools (SWiS & YWiSS).

10 Beatty Street Otahuhu Auckland 1062



info@atwc.org.nz  8.00am – 4.30pm Monday to Friday

(09) 276 3729 Some charges may apply. http://www.atwc.org.nz Referral may apply.

**Classification : FVSS**

**Auckland Central Budgeting Consultants Inc**

FSD0003852 Last updated 12/01/2021

Our mission at ABC is to 'help build stronger communities' through the delivery of free, confidential and professional budget advice to families or individuals.

Shop F, Parklands Shopping Centre 8-14 Rocklands Avenue Balmoral Auckland 1024 acdbudget@xtra.co.nz  weekdays 8.30-4pm (09) 631 5572 All services free of charge. http://www.aucklandbudgeting.org.nz No referral required.



**Classification : BFC**

**Avondale Community Link**

FSD0007892 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44-48 Rosebank Road Avondale 1026



(0800) 559 009 http://www.workandincome.govt.nz

Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Budgeting and Family Support Services Otara Inc**

FSD0005928 Last updated 29/03/2021

Otara Budgeting Service provides budgeting skills and education through free, supportive, confidential and culturally aware services to the community.

Shops 1 & 2, Fairmall 46 Bairds Road Otara Auckland 2023 tuliana@mangerebudgeting.org.nz  Monday to Friday 9am to 4pm



(09) 274 6432 Some charges may apply. http://mangerebudgeting.org.nz/contact- No referral required. us-mainmenu-3

**CARE Waitakere Trust**

FSD0003844 Last updated 17/12/2020

CARE Waitakere Trust offers professional counselling, budgeting and family support services to the community of West Auckland and beyond.

64 Waipani Road Te Atatu Peninsula Auckland 0610



admin@carewaitakere.org.nz  Office hours 8:30am-5:00pm Monday-Friday

(09) 834 6480 Some charges may apply. http://www.carewaitakere.org.nz No referral required.

**Classification : BFC**

**Christian Care Budget Service**

FSD0015018 Last updated 30/06/2020

Our service is affiliated to the New Zealand Federation of Family Budgeting Services which is a not-for-profit, autonomous budgeting services whose aim is to help families find security in handling their own financial affairs through the development of good money management skills.

 29 Broadway Papakura Auckland 2112

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| christianbudget2019@gmail.com  (09) 298 8536  (022) 696 2213 | Hours flexible  All services free of charge.  No referral required. |

**Christians Against Poverty New Zealand**

FSD0019638 Last updated 08/03/2021

CAP’s purpose is to release people from poverty and all its causes. To achieve this, CAP targets key drivers of poverty through the following five FREE services:

1. Debt Help: releasing people from the burden of unmanageable debt. Clients work with teams inlocal communities around New Zealand whilst receiving long-term support from trained and experienced specialist teams based at our Head Office.

1. CAP Money Courses: three-session, interactive money management courses that encouragepeople to budget, save and spend wisely.

1. CAP Job Clubs: Helping job seekers back into the workforce through practical help, personalcoaching and a supportive environment.

1. Life skills: a friendly, fun community group which empowers people to thrive on a low income.

1. Release groups: a confidential, caring group that support people to find freedom from lifecontrolling habits.

55 Hugo Johnston Drive Penrose Auckland 1061



info@capnz.org  9-5 Monday to Friday (09) 270 0334 All services free of charge.

(0508) 227 111 No referral required. http://capnz.org

**Citizens Advice Bureau - Avondale**

FSD0006841 Last updated 30/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

c/- Avondale Library 93 Rosebank Road Avondale Auckland 1026



avondale@cab.org.nz  Bureau hours - Mon-Fri 9.30am to 1pm (09) 828 7121 JP's Mon,Wed,Thurs & Fri 10-12noon http://www.cab.org.nz BUDGETING Tuesdays only @ 10.00am

LEGAL Clinic Saturdays fortnightly &

Appointment essential All services free of charge. No referral required.

**Citizens Advice Bureau - Birkenhead**

FSD0006842 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is resourced by trained volunteers who can access information from the extensive range of resources held by each branch. The service can be accessed by phone, email or in person.

* Legal clinic (run by Waitemata Community Law) Monday 1.30 pm - 3.30 pm.
* JP available most days of the week. Ring to confirm availability.

We provide our service from 91 locations around New Zealand from the far north to Invercargill, and also a free phone number (0800 FOR CAB / 0800 367-222) which ensures no cost anyone calling from a landline.

Information, support and advice is free of charge and confidential.

 Birkenhead Library & Civic Centre - Cnr Rawene Road & Hinemoa Street Birkenhead North Shore 0626

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| birkenhead@cab.org.nz  (09) 418 0032 (0800) 367 222 http://www.cab.org.nz | Mon-Fri 9:00 am -4.00 pm.  Legal clinic by appointments only - Wed 7.00 pm-8.00 pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Browns Bay**

FSD0006843 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

- JP clinic available throughout the week. Ring for availability.

Information, support and advice is free of charge and confidential.

Ground Floor, Bays Community Centre 2 Glen Road Browns Bay Auckland 0630 brownsbay@cab.org.nz  Mon - Fri 9.00 am-4.00 pm



(09) 479 2222 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Central Auckland**

FSD0008344 Last updated 04/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

1st floor, Auckland Central City Library 44 Lorne Street Auckland 1010



centralauckland@cab.org.nz  Monday and Friday 9.30am-4.30pm

|  |  |
| --- | --- |
| (09) 302 3676 (0800) 367 222 http://www.cab.org.nz | Monday-Friday (JP 12-2pm)  Sat: JP only 10am-12noon Closed Public Holidays All services free of charge.  No referral required. |

**Citizens Advice Bureau - Eden / Albert at St Lukes**

FSD0006856 Last updated 15/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

(adjoining Public Library) 82 St Lukes Road Mt Albert 2025 Auckland 1025



edenalbert@cab.org.nz  Branch opening hours: 9am to 4pm Mon to Fri, (09) 846 4023 5pm to 7pm Thu evening, 10am to 12pm Sat http://www.cab.org.nz morning.

J.P. service: 10.00am-2.30pm Mon-Fri, 5.00-

6.30pm Thu and 10.00-11.30am Sat.

All services free of charge. No referral required.

**Citizens Advice Bureau - Glen Eden**

FSD0006845 Last updated 10/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Glen Eden Library 12-32 Glendale Road Glen Eden Auckland 0602



gleneden@cab.org.nz  We provide free, confidential, independent

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| --- | --- |
| (09) 818 8634  (09) 818 6886 http://www.cab.org.nz | information and advice to anyone. We help people know what their rights are and how to access services they need.  Mon-Fri 9am - 4.30pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Glen Innes**

FSD0006846 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Glen Innes CAB 96 Line Road Glen Innes Auckland 1072



(09) 528 3682  Monday to Friday 9am - 4pm

(09) 528 9151 Saturday 9.15 - 11.30am

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Glenfield**

FSD0006847 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

JP available some days of the week. Ring to confirm availability.

Information, support and advice is free of charge and confidential.

Library Buildings 90 Bentley Avenue Glenfield Auckland 0629



glenfield@cab.org.nz  Mon - Fri 9.00 am - 4.30 pm

(09) 444 9451 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Grey Lynn / Ponsonby**

FSD0006865 Last updated 28/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Grey Lynn Community Centre 510 Richmond Road Grey Lynn Auckland 1021



(09) 376 0392  Mon to Fri 10am-2pm

(09) 376 3531 Online ContactUs form is available on website http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Helensville**

FSD0006848 Last updated 29/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

27 Commercial Road Helensville 0800



manager.helensville@cab.org.nz  Monday to Thursday - 10 am - 3 pm

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| (09) 420 7162 http://www.cab.org.nz | Friday 9.30am - 12.30pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Henderson**

FSD0006849 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

11 Trading Place Henderson Waitakere



(09) 836 4118  Closing Friday 20 December. Reopen 13th

(09) 836 4119 January 2020. http://www.cab.org.nz Normal Hours:

Mon to Fri 9am - 4:30pm All services free of charge. No referral required.

**Citizens Advice Bureau - Hibiscus Coast**

FSD0006850 Last updated 20/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteer interviewers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person at our office in Orewa, or on the online chat facility on the CAB website.

next to Community Centre 40-46 Orewa Square Orewa Auckland 0931



hibiscuscoast@cab.org.nz  Office Hours may vary from time to time. Please (09) 426 5338 check the CAB website on 'Find a CAB' for (0800) 367 222 current details. http://www.cab.org.nz https://www.cab.org.nz/location/cab-hibiscuscoast

All services free of charge. No referral required.

**Citizens Advice Bureau - Massey**

FSD0006854 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Te Manawa 11 Kohuhu Lane Westgate Auckland 0614



(09) 833 5775  Monday to Friday 9am - 4.30pm

(0800) FOR CAB (367 222) All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau - Mt Roskill**

FSD0006857 Last updated 07/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Common enquiries include but are not limited to - financial difficulties - tenancy - employment family dispute resolution - welfare of older people - consumer goods warranties and service quality - immigration - problems with neighbors - difficulties in education - beneficiary issues - vehicle purchase, loans and maintenance - insurance and accidents - and many more.

Library Building 546 Mt Albert Road Three Kings Auckland 1042



manager.mtroskill@cab.org.nz  Our CAB service is available MON - FRI 9.30am-

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| --- | --- |
| (09) 625 4854 (0800) 367 222 http://www.cab.org.nz | 4pm, THURS 5-7pm or SAT 10am-12pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Lynn**

FSD0006858 Last updated 15/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

New Lynn Library Building 3 Memorial Drive New Lynn Waitakere 0600



newlynn@cab.org.nz  Open Hours Mon - Fri 9am - 4.30pm

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| (09) 827 4731 (0800) 367 222 http://www.cab.org.nz | Sat 10am - 1pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Northcote**

FSD0021090 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Mandarin, Cantonese, Korean speaking volunteers available; J.P.s available most weekdays - phone or email for availability.

Information, support and advice is free of charge and confidential.

Northcote Library Buildings 5 Ernie Mays Street Auckland 0627



northcote@cab.org.nz  Mon - Fri 9.15 am - 3.30 pm

(09) 480 2971 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Onehunga**

FSD0006859 Last updated 25/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Community Centre & Library Building 81 Church Street East Onehunga Auckland 1061



(09) 634 1613  Monday, Tuesday, Thursday & Friday: 9.30am-

(0800) 367 222 4pm

http://www.cab.org.nz Wednesday 9.30-7pm

Saturday: 10am-12 noon All services free of charge. No referral required.

**Citizens Advice Bureau - Orakei / Remuera**

FSD0006867 Last updated 11/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. Citizens Advice Bureau is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

156 Kepa Road Orakei Auckland 1071



(09) 524 0298  Monday to Friday 9:30am - 4:30pm http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Pakuranga-Eastern Manukau**

FSD0006861 Last updated 03/05/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 576 8331, email pakuranga@cab.org.nz

Library Building 7 Aylesbury Street Pakuranga Auckland 2140



pakuranga@cab.org.nz  Monday – Friday 9.30am – 4pm

(09) 576 8331 Saturday 9.30am - 11.30am http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Panmure**

FSD0006862 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Above Panmure Library 7 - 13 Pilkington Road Panmure Auckland 1072



(09) 573 5707  Opening hours 9am-12.45pm weekdays http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Papakura**

FSD0006863 Last updated 09/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

4A Opaheke Road Papakura 2110



papakura@cab.org.nz  Weekdays 10am - 3.30pm.

(09) 299 6411

(09) 299 6412 Sat from 9am - legal advice by appointment only.

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Sylvia Park**

FSD0023055 Last updated 14/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Sylvia Park Shopping Centre 286 Mount Wellington Hwy Auckland 1060



sylviapark@cab.org.nz  Open Mon-Fri Currently 10am-4pm

(09) 573 5707 Saturday 10-12 http://www.cab.org.nz

See website for JP service times All services free of charge. No referral required.

**Citizens Advice Bureau - Takapuna**

FSD0006868 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Information, support and advice is free of charge and confidential.

Community Services Building 7 The Strand Takapuna Auckland 0622



takapuna@cab.org.nz  Mon- Fri 9.00 am to 4.30 pm

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| --- | --- |
| (09) 486 3139 (0800) 367 222 http://www.cab.org.nz | Legal Clinic Thurs 7pm-8pm by appointments only  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Waiheke**

FSD0006869 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Specialist Advocacy.

141 Ocean View Road Oneroa Waiheke Island 1081



(09) 372 8640  Mon - Fri 9.30am - 3.30pm.

http://www.cab.org.nz Sat 9.00am - 12 noon

All services free of charge. No referral required.

**Citizens Advice Bureau - Wellsford**

FSD0006870 Last updated 01/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 Wellsford Community Centre 1 Matheson Road Wellsford 0900

wellsford@cab.org.nz Mon - Fri 10am - 2pm (09) 423 7333 All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau Botany**

FSD0024491 Last updated 19/01/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 271 5382, email botany@cab.org.nz

Botany Town Centre 251 Town Centre Drive Botany Auckland 2016



botany@cab.org.nz  Monday to Friday 9.30am to 1pm

(09) 271 5382 All services free of charge. http://cab.org.nz No referral required.

**Citizens Advice Bureau Mangere**

FSD0006852 Last updated 25/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained Volunteers who can access information by computer or from the extensive range of resources held by each Bureau. The service can be accessed by phone, email, fax or in person.

Shop 17 93 Bader Drive Mangere Town Centre Auckland 2022



mangere@cab.org.nz  Monday to Friday: 9am - 4pm.

(09) 275 6885 Alternative Saturdays: 9.30am - 12.30 pm.

http://www.cab.org.nz Closed on Public Holidays and Long Weekends.

All services free of charge. No referral required.

**Citizens Advice Bureau Manurewa**

FSD0006853 Last updated 10/11/2020

Citizens Advice Bureau Manurewa provides free and confidential, information and options to anyone about any query or problem. Citizens Advice Bureaux are staffed by trained volunteers who have access to information from an extensive range of resources, held by each bureau. The service may be accessed by phone, email or in person.

Library Complex 7 Hill Rd Manurewa 2102



manurewa@cab.org.nz  Mon - Fri 9am - 4pm

(09) 266 5729 Saturday 9am - 11am

(0800) 367 222 All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau Otara Incorporated**

FSD0006860 Last updated 12/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Shops 1 & 2 46 Fair Mall Otara Town Centre, Bairds Road Auckland 2023



manager.otara@cab.org.nz  Normal Bureau hours operation: 9am-4pm

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| --- | --- |
| (09) 274 6577 http://www.cab.org.nz      **City Impact Church** | Monday to Friday, 9am-12pm Saturday All services free of charge. No referral required. |
| FSD0003842 | Last updated 10/11/2020 |

Assisting people of all ages and races to discover how God can improve their life and situation. We have five campuses - Two in the North Island - North Shore and at Mt Wellington in Auckland and three in the South Island - Queenstown, Balclutha and Invercargill. (OSCAR approved for Holiday Club for children.)

 794 East Coast Road Oteha Auckland 0630

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| --- | --- |
| info@cityimpactchurch.com  (09) 477 0300  (0800) CHURCH  http://www.cityimpactchurch.com  **Classification : OSCAR** | Office hours Mon - Fri 8.30am - 5.00 pm Some charges may apply.  No referral required. |

**Community Support Waitakere - Laingholm**

FSD0024348 Last updated 02/03/2021

The Laingholm area of Neighbourhood Support Waitakere is working to provide a broad range of resources including food relief, financial & budgeting advice, emotional & mental well-being support, schooling & childcare support to help empower our local community.

Neighbourhood Support Waitakere works alongside NZ Police, Auckland Council, FENZ Fire & Emergency New Zealand & Auckland Emergency Management CD to create safe and caring neighbourhoods and communities, reducing the incidents and effects of crime, building community resilience and strengthening community networks to improve the quality of life and enhance wellbeing.

21 Laingfield Terrace Laingholm Auckland 0604



support@laingholm.net  7am - 7pm 7-days a week

(0800) 007 008 available after these hours only if vitally

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| (021) 28 38 062 https://laingholm.net      **Dayspring Trust** | necessary  All services free of charge. No referral required. |
| FSD0015682 | Last updated 08/09/2020 |

Dayspring is passionate about fostering the wellbeing of both mother and child creating opportunities that inspire women to live, love, learn and connect.

Dayspring began over 30 years ago with a group of women in West Auckland who saw a need in the community that wasn't being met.

Since those early beginnings we have been working with vulnerable families and have a long history of positive involvement with mothers and their babies who are living with post natal depression or an ongoing mental illness. We have first hand experience on the impact their illness has on the mother/baby bonding processes and the associated risks of attachment disorder.

Daysprings programmes are designed to positively influence the pathways for women and their families.

Vision: To be the preferred provider of Maternal Mental Health Community Services in the Auckland Region.

Head Office 2 Seabrook Avenue New Lynn Waitakere City



info@dayspring.co.nz  9.00 am - 3.00 pm (09) 827 6321 Some charges may apply.

(09) 834 4893 Referral may apply. http://www.dayspring.co.nz

**De Paul House**

FSD0016947 Last updated 13/07/2020

Transitional accommodation for homeless families and support for vulnerable families in the community. Residential and outreach families also have access to Learning Centre programmes (which include budget, literacy, computer skills, WISE hub) and an Early Childhood Centre.

Please see service detail for more information.

92 - 96 Onewa Road Northcote North Shore City 0627



jan@depaulhouse.org.nz  8.30am - 5pm Monday to Friday

(09) 480 5959 Some charges may apply. http://www.depaulhouse.org.nz Referral may apply.

**Classification : THP**

**Elim Counselling Services**

FSD0017362 Last updated 17/11/2020

Counselling Services, Budgeting services.

 159 Botany Road Botany Downs Auckland 2010

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| botany@elimchristiancentre.org.nz  (09) 538 0360 http://www.elimchristiancentre.org.nz    **Family Works Leslie Centre** | Monday to Friday  9am to 5pm  Koha/donation may apply. No referral required. |
| FSD0006491 | Last updated 27/04/2021 |

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Leslie Centre 37B Dornwell Road Mt Roskill Auckland 1041



admin.lesliecentre@fwn.org.nz  Monday - Friday

(09) 639 2016 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-central Referral may apply.

**Family Works Northern**

FSD0020674 Last updated 01/09/2020

Family Works Northern helps children and their families overcome the consequences of poverty, lack of adequate housing, and living with violence. It helps families to stay safe, strong and connected so they can make positive and lasting changes in their lives.

111 Great South Road Epsom Auckland 1051



info@psn.org.nz  Monday to Friday (09) 520 8600 8.30 am to 5.00pm

https://www.familyworksnorthern.org.nz Koha/donation may apply. No referral required.

**Family Works Te Hononga**

FSD0006492 Last updated 27/04/2021

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Family Works Te Hononga 10 Mahia Road Manurewa Auckland 2102 admin.tehononga@fwn.org.nz  Monday - Friday



(09) 269 1009 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-south Referral may apply.

**Family Works Waitakere**

FSD0006493 Last updated 09/12/2020

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

2171 Great North Road Avondale Auckland 0600



admin.waitakere@fwn.org.nz  Monday - Friday

(09) 835 1288 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-west Referral may apply.

**Fonua Ola Network Trust**

FSD0021714 Last updated 17/11/2020

Our Services include social work support services, counselling, youth mentoring, life fit programme, parenting programmes and financial mentoring/budgeting as well as Whanau Ora clientele.

We are based in Auckland and predominantly support the local Pacific Community to cope in times of economic, social and cultural adversity.

With a head office in Otahuhu, Fonua Ola has another additional site located at Hendon Avenue Mt Albert (former Pasifika Health & Social Services).

 32 Station Road Otahuhu Auckland 1062

msuamili@fonuaola.org.nz Mon - Fri - 9am to 5pm (09) 270 2089 All services free of charge.

(022) 043 0811 Referral may apply.

http://www.fonuaola.org.nz

**Classification : BFC, FVSS, PACIFIC**

**Franklin Family Support Centre**

FSD0000964 Last updated 23/12/2020

To empower families and individuals with financial, personal or family issues by providing professional, compassionate and caring social services and educational programmes.

82 Manukau Road Pukekohe admin@familysupport.org.nz  9.00am - 4.00pm, Monday to Friday.



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| (09) 238 6233 http://www.familysupport.org.nz    **Classification : BFC, FVSS** | Some charges may apply. No referral required. |

**FULL Balance Financial Coaching**

FSD0019893 Last updated 11/01/2021

Full Balance provides practical, down to earth, independent financial planning, mentoring and budgeting advice to plan for you to be debt free, get into your own home quicker and invest in and save for your future. As an objective observer and mentor we can listen, review and motivate you to get where you want to go.

We are a mobile company with offices in Tauranga and Auckland giving independent financial assistance to people from all over New Zealand with their personal and business money management, whether you already have lots of money, are in financial hardship or anywhere in between.

We also specialise in complicated situations such as relationship break ups, IRD debt negotiation and insolvency options.

shula@fullbalance.co.nz (0800) 385 522 (09) 962 4212 http://www.fullbalance.co.nz

**Glen Innes Family Centre**

FSD0016332

Mon - Fri daytime or evening Some charges may apply. No referral required.

Last updated 22/01/2021

Provide Social Work Support, Counselling (Individual/Family), Budgeting, Parenting Programmes, Domestic Violence Programmes, Senior Recreational Programmes.

122 Elstree Avenue Glen Innes Auckland 1743



admin@gifc.org.nz  Weekdays 9AM - 3PM

 (09) 570 6250 Thursday 9am - 6pm

http://www.gifc.co.nz All services free of charge.

No referral required.

**Grey Lynn Community Link**

FSD0007916 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

562 Richmond Road Grey Lynn 1011



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Helensville / Waimauku Family Budgeting Service Inc**

FSD0005913 Last updated 12/11/2020

Helensville / Waimauku Family Budgeting Service offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

49 Commercial Road Helensville



hlv.budget@xtra.co.nz  Between 9.00am and 12.00 noon, Monday

(09) 420 7740 through Friday.

https://www.facebook.com/HelensvilleWai mauku-Family-Budgeting-Service- Other times possible by arrangement.

732945183477198/ All services free of charge.

No referral required.

**Classification : BFC**

**Henderson Budget Service Inc.**

FSD0005914 Last updated 15/04/2021

Henderson Budget Service offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

20 Alderman Drive Henderson Auckland 0612



info@budgeting.org.nz  Mon - Sat 9am - 5 pm (09) 836 4141 All services free of charge.

(027) 450 7760 No referral required.

https://www.facebook.com/Hendersonbud getserviceinc/

**Classification : BFC**

**Highland Park Community Link**

FSD0007900 Last updated 06/04/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit E 491 Pakuranga Road Manukau 2010



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Hunters Corner Community Link**

FSD0007901 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

139 Great South Road Hunters Corner Manukau 2025



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Iosis**

FSD0003294 Last updated 17/12/2020

Iosis is committed to transforming family life for good. Many families who access our services have complex issues and needs with limited resources. We provide a range of services addressing issues of parenting, family violence, relationships, safety of children, housing, finances, education, addictions etc, We are based in Manurewa and work across South Auckland.

Merivale Whanau Development Centre is a parenting residential programme for women and children. These families are referred by Oranga Tamariki and engage in our programme for a minimum of 6 months. It is our hope that through their engagement and successful completion these mothers will retain the care of their children. Referrals can be received from across the greater Auckland region and in some circumstances beyond Auckland.

112C Russell Road Manurewa Manukau City



enquiries@iosis.org.nz  Monday to Friday 8:30am to 5:00pm

(09) 269 0050 Some charges may apply. http://www.iosis.org.nz Referral may apply.

**Classification : BFC, FVSS, PACIFIC**

**LIA Social Services**

FSD0024315 Last updated 21/08/2020

Social services includes emergency housing accommodation, counselling, prevention programmes for the prevention of family violence, parenting programme.

12-16 High Street Otahuhu Auckland 1062



stuart.ramsay@lia.org.nz  Monday to Friday

(09) 270 0380 9.00 am - 5.00 pm http://lia.org.nz Weekend by appointment

Some charges may apply. No referral required.

**Classification : FVSS**

**Mangere Budgeting Services Trust**

FSD0005954 Last updated 01/10/2020

We are a not-for-profit, social service providing Budgeting, Education, Housing Advocacy, Food

Parcels (criteria applies) and Social Service Support to the community of Mangere and South Auckland. We are also a Lead Agency for Strengthening Families.

59B Mahunga Drive Mangere Manukau 2022



appointments@mangerebudgeting.org.nz  Monday to Friday. 9am to 4pm. Financial

(09) 275 2266 capability: AUCKLAND CENTRAL and SOUTH http://www.mangerebudgeting.org.nz ONLY.

All services free of charge. No referral required.

**Classification : BFC**

**Manukau Urban Maori Authority**

FSD0005969 Last updated 14/09/2020

MUMA is proud to be an accredited Whanau Ora Provider. The vision behind Whanau Ora is to focus on the whanau, not simply the individual. Whanau Ora empowers whanau, enabling them to direct their own steps, while providing support, services and opportunities to help them to achieve a better future. Whanau Ora outlines a flexible, collaborative approach to providing services and opportunities. It enables different accredited providers to come together to deliver a seamless solution for the betterment of the entire whanau.

31 Calthorp Close Favona Auckland 2024



info@muma.co.nz  Monday to Friday: 9am - 5pm.

(0800) 866 862 Saturday & Sunday: CLOSED.

(09) 277 7866 Public Holidays: CLOSED.

http://www.muma.co.nz Some charges may apply.

Referral may apply.

**Classification : BFC, FVSS, THP**

**Manurewa Community Link**

FSD0007904 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

12 Selwyn Road Manurewa Manukau City 2102



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Mount Eden Community Link**

FSD0007906 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

191-193 Dominion Road Mt Eden Auckland 1024



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**New Lynn Community Link**

FSD0007907 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

5-9 Hugh Brown Drive New Lynn Auckland 0600



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Nga Tangata Microfinance**

FSD0024284 Last updated 07/08/2020

The social justice aim of Nga Tangata Microfinance is expressed through its provision of safe fair and affordable no interest loans in low income communities. In partnership with local budgeting services it aims to strengthen the financial education, independence and inclusion of its clients.

23 Union Street Auckland Central Auckland 1010



gm@ntm.org.nz  Monday-Friday 9am-6pm (022) 400 8664 All services free of charge. https://www.ngatangatamicrofinance.org.n Referral may apply. z/

**Classification : BFC**

**North Harbour Budgeting Services Inc**

FSD0005924 Last updated 05/12/2020

North Harbour Budgeting Services Inc. offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

We also offer custom made seminars on money management by Community Educators for community organisations, businesses, education providers and other groups upon request.

Call us free on 0800 159 158

Room 12 Level 2 Lion Foundation House 3 William Laurie Place Albany Auckland info@nhbudgeting.org.nz  Mon-Fri 8.30am - 4.30pm



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| (09) 448 5655 (0800) 159 158 http://www.nhbudgeting.org.nz    **Classification : BFC** | Evening and weekend appointments available upon request.  We are available for appointments at locations throughout the North Shore and Orewa.  Call free on 0800 159 158 All services free of charge.  No referral required. |

**North Shore Budget Service Inc**

FSD0003808 Last updated 29/09/2020

We offer a complete financial mentoring service. We take people from across the Auckland region particularly for BFC Plus. We are located in Takapuna central.

Mary Thomas Centre 3 Gibbons Road Takapuna Auckland 0622



nsbudget@xtra.co.nz  8.00am - 4.00pm Tuesday to Friday

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| (09) 486 6206 (0800) 283 238 http://nsbudget.co.nz/    **Classification : BFC** | answerphone is available.  Some charges may apply.  No referral required. |

**Ohana Young Parent Charitable Trust**

FSD0021600 Last updated 17/07/2020

We are a charitable trust providing a parenting course for young parents in West Auckland.

Our Mission Statement:

Ohana Is for Young parents to learn to care and nurture their baby through becoming confident and self-assured. Young parents who know who they are, are resilient and feel nurtured themselves. Young parents, who can enjoy the love of parenthood, feel good about themselves and have ambitions and hopes for the future…

We also provide support and guidance for parents wishing to complete their NCEA levels 1, 2 and 3.

86 Kaurilands Road Glen Eden Waitakere 0604



info@ohana.org.nz  Open Mon-Fri 8.00am-4.00pm

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| (09) 818 5062 http://www.ohana.org.nz | All services free of charge. No referral required. |

**Oliver Broomfield Mortgage & Insurances**

FSD0023126 Last updated 04/02/2021

Oliver Bromfield Mortgages and Insurance will review the client's personal circumstances and provide advice in conjunction with budget advisers as to the best solution. Refinance, consolidation, the sale of assets are all options that may be considered.

Oliver's costs are normally paid by the new lender. There should be no upfront costs to the client.

Oliver Broomfield is a Registered Financial Adviser (RFA) and a member of the Professional Advisers Association and olds a Post Graduate Diploma in Personal Financial Planning & a level 5 certificate in Financial Services.

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| oliver@obmi.co.nz (027) 275 1555 http://www.oliverbroomfield.co.nz      **Onehunga Community Link** | Available for phone calls from 9am - to 3.30pm. Emails will be answered within 3 (business) hours of receipt.  All services free of charge. No referral required. |
| FSD0007908 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

201-211 Onehunga Mall Auckland 1061



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Otahuhu Community Link**

FSD0007910 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

4 Fairburn Road Otahuhu 1062



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Otahuhu Home Budgeting Service**

FSD0003802 Last updated 06/07/2020

One-on-one budgeting and financial advice for the people of Auckland.

Level 1 12-16 High Street Otahuhu Auckland 1640



manager.saips@xtra.co.nz  8.30 am - 4 pm Mon - Friday (09) 270 3546 All services free of charge.

No referral required.

**Pakuranga & Howick Budgeting Service Inc**

FSD0005930 Last updated 21/12/2020

To provide advice on budgeting to members of our community. To also provide learning opportunities where clients can understand what has worked for them in the past and how working with budgets and cashflows can help with planning for the future.

Pakuranga Library Building 7 Aylesbury Street Pakuranga Auckland 2010 budgeting@phbs.org.nz  Call for appointments (09) 576 5222 All services free of charge.



(021) 026 09063 No referral required. http://www.phbs.org.nz

**Classification : BFC**

**Papakura Budgeting Service Inc**

FSD0003414 Last updated 20/07/2020

We offer financial literacy education in all aspects of budgeting, managing money, banking, setting goals and cash-flow monitoring. We work alongside our clients and support them to develop sound money management skills.

Old Central School 57 Wood Street Papakura 2110



papakurabudget@xtra.co.nz  9.00am - 4.00pm Monday to Friday.

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| (09) 299 6881 http://www.papakurabudgetingservice.co  m    **Classification : BFC**    **Papakura Community Link** | Evening appointments available until 7:00pm every Wednesday and Thursday.  8:30am - 12:30pm Saturday.  All services free of charge. No referral required. |
| FSD0007913 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20-22 Queen Street Papakura 2110



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Papatoetoe Budgeting & Family Services**

FSD0024440 Last updated 30/10/2020

To assist families in need of assistance regarding financial Mentoring, Budgeting and Family services to uplift the family in moving towards independency

Ground Floor, Papatoetoe Chambers 35 St George Street Papatoetoe Auckland 2025 comm.budgetingservice@gmail.com  Business hours (09) 279 0415 All services free of charge.



No referral required.

**Classification : BFC**

**Papatoetoe Community Link**

FSD0007914 Last updated 05/01/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

17 Shirley Road Papatoetoe 2025



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Presbyterian Support Northern**

FSD0008142 Last updated 27/04/2021

Presbyterian Support Northern helps create a better life for everyone. Our social services:

* build strong families
* enable older people and those with disabilities or injuries to live in their own homes, stay healthyand engage socially with others
* show those who are struggling financially how to move toward financial independence.

 Presbyterian Support Northern 111 Great South Road Epsom Auckland 1051

info@psn.org.nz (09) 520 8600 http://www.psn.org.nz

**Classification : BFC, FVSS**

**Pukekohe Budget Service**

FSD0019493

Monday to Friday, 8.30am to 5.00pm Financial capability availability: AUCKLAND WEST, CENTRAL and SOUTH.

Some charges may apply. Referral may apply.

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| We assist people to draw up a budget plan and weekly cash-flow, and a plan to cope with debt repayment. Budgeting support is given as long as needed.  We also run a 2hr x 6 week Back to Basics course each school term to teach economical cooking and basic budgeting skills. The first hour is a practical participation class cooking 3 economical recipes each day. The second hour focuses on teaching budgeting skills - making up a Budget Plan, weekly cash-flow, and Debt Repayment Plan. Other topics and speakers are included e.g. Work and Income New Zealand, gardening, knitting, etc. that encourage economical household budgeting.  1 Roulston Street Pukekohe 2120  pukbudget@xtra.co.nz  Koha/donation may apply.  (09) 238 5125 No referral required.  (027) 632 0924        **Pukekohe Community Link**  FSD0007917 Last updated 26/02/2021  COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).    Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.  9-11 Tobin Street Pukekohe 2120 |

Last updated 13/04/2021

(0800) 559 009 http://www.workandincome.govt.nz Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge.

No referral required.

**Pukekohe Salvation Army Budget Service**

FSD0023083 Last updated 12/03/2021

We provide financial literacy education in all aspects of budgeting, planning a budget, managing money, setting goals, cash flow monitoring, how to cope with debt repayment.

Our services include:

\*Building Financial Capability (BFC)

\*All aspects of budgeting \*Financial Advocacy \*Money Mates Courses.

We are also a provider

\*No interest loans (NILS) for those on low incomes.

1 Tobin Street Pukekohe 2120



Pukekohe\_Corps@nzf.salvationarmy.org  Budgeting hours are by appointment

(09) 238 5641 All services free of charge

http://www.salvationarmy.org.nz No referral required

All services free of charge. No referral required.

**Classification : BFC**

**Quality Education Services**

FSD0021479 Last updated 29/04/2021

Quality Education Services Limited (QES) is a Private Training Establishment (PTE) based in

Auckland New Zealand. We provide education and training for youth and adult learners from our Manukau sites. Our organisation has been working hard in the south Auckland community for over 27 years.

Our mission is to improve the education and skill level of the community by providing high quality education and training within a student / client centered and supportive environment. We deliver six different programmes focused on working with people with little formal education and low foundation skills.

10 Norman Spencer Drive Manukau Auckland 2164



info@qes.org.nz  Weekdays 8.30am - 4.30pm

(09) 252 0055 All services free of charge.

(021) 290 0485 Referral may apply. http://www.qes.org.nz/

**Classification : YS**

**Queen Street Community Link**

FSD0007918 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 3 450 Queen Street Auckland 1010



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ranui Baptist Community Care**

FSD0019697 Last updated 22/09/2020

Goals of the Trust are:

* To provide leadership, direction and resources which will enable the Church to minister to its localcommunity by seeking to meet social, emotional, physical, spiritual and educational needs of the people of its local community
* To establish such service centres, programmes and facilities as will enable the Trustees toprovide appropriate community social services
* To alleviate the difficulties of those experiencing hardship of any kind, including financial hardshipand to bring relief through whatever means are available
* To initiate, establish and administer community and social services for people of all ages who forany reason are in need of care, counseling, or assistance
* To carry out such other charitable purposes within New Zealand as the Trustees shall determine

Currently we operate a cluster of community services that address the outcomes of social deprivation (poverty). Our services have an early intervention component.

464 Swanson Road Ranui Auckland 0612 adminsupport@careranui.org.nz  Monday to Friday 9:00am to 5:00pm.



(09) 833 7815 Some charges may apply.

(021) 143 5457 No referral required. http://www.careranui.org.nz

**Classification : BFC, THP**

**Roskill South Oasis Hub**

FSD0015562 Last updated 19/10/2020

To provide support for a network of early years services, improve the co-ordination and make access to these services easier for families with children pre-birth to 6 years of age.

Roskill South Oasis 56 Glass Road Mt Roskill Auckland 1041



thehub@roskillsouthoasis.org.nz  Monday to Friday

(09) 620 8079 8.30am to 12.30pm (021) 375 253 All services free of charge.

No referral required.

**Sahaayta**

FSD0020667 Last updated 13/07/2020

Sahaayta was conceived to serve and meet the growing needs of the South Asian community in Auckland. Sahaayta provides holistic, confidential, culturally appropriate counselling and support services for individuals, couples, families, youth, children and seniors. We also run support groups (Women's groups, Anger Management groups & Personal Development groups) periodically.

 15A Norman Spencer Drive Papatoetoe Auckland 2104

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| info@sahaayta.org.nz (09) 280 4064 http://www.sahaayta.org.nz      **Shore Vineyard Church** | Monday - Friday 9.30 am - 5.00 pm Some charges may apply. No referral required. |
| FSD0022071 | Last updated 12/04/2021 |

We provide services to the North Shore Auckland. Mainly music on Friday, community events and an emergency food-bank. The food-bank is by referral only and meets the needs of short term emergency difficulties. To access the service contact your support agency or call into the Citizen's Advice Bureau. We can deliver Monday through Thursday.

We run CAP Life Skills and Money courses and the Alpha Marriage class

2 252 Forrest Hill Road Forrest Hill Auckland 0620



shore@svc.org.nz  Family Services at 10am and 5pm every http://www.svc.org.nz Sunday.

All services free of charge. Referral may apply.

**Sisters of Mercy Wiri**

FSD0005894 Last updated 15/01/2021

Sisters of Mercy Wiri is a community based social service agency with a strong social justice and community development focus. We provide a range of services to meet the needs of children, families/whanau and the community.

14 Trevor Hosken Drive Wiri Auckland 2104 info@sistersofmercywiri.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 263 6464 The service is predominantly for the people who http://www.sistersofmercywiri.org.nz/ live in Wiri/Manurewa.

All services free of charge. No referral required.

**South Auckland Christian Foodbank**

FSD0016637 Last updated 15/04/2021

We distribute & Deliver free food parcels for those in genuine need in South Auckland and operate a free weekly community dinner, that is open for families to attend, all are welcome to attend, food parcel clients are invited. We also run Financial Capability Courses, this is a 10 hour course that is run over 5 weeks and a free budgeting service for clients.

ian@sacfb.org.nz  Monday - Friday 8.30am - 5.00pm.

(0508) 242 643 All services free of charge.

(027) 47 71092 No referral required. http://www.sacfb.org.nz

**St Luke's Church Budgeting Service**

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| FSD0003573  Social services support drop-in centre. | Last updated 19/04/2021 |

3 Russell Road Manurewa Auckland



satellitestlukes@outlook.com  Monday mornings 10am - 2pm. Please make

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| (09) 266 3233 | appointment via phone. If urgent, late afternoon appointment possible.  All services free of charge.  No referral required. |

**St Vincent de Paul Society South Auckland**

FSD0022986 Last updated 09/11/2020

We provide Financial Coaching from our Otahuhu Centre. We also operate 5 Foodbanks, and provide furniture and clothing to those who meet our criteria.

Street Level 47 Station Road Otahuhu Auckland 1062



office@stvinnieotahuhu.org.nz  Monday - Friday 9am - 3pm

(09) 270 4088 All services free of charge. http://www.svdp.org.nz/ No referral required.

**Classification : BFC**

**STRIVE Community Trust**

FSD0003775 Last updated 20/01/2021

STRIVE Community Trust is a long-standing social service provider based in Mangere and servicing the wider Manukau area. These services include Integrated Attendance Services; Counselling; Transitional Housing; Family Wellbeing; Financial Capability; Teen Dads; Sustaining Tenancies; Social Work in High Schools in Mangere, Otahuhu, Otara & Papatoetoe; Youth Development; Youth Services.

Unit 5 197 Montgomerie Road Mangere Auckland



info@strive.org.nz  8.30am to 5.00pm (09) 954 1548 Some charges may apply.

(021) 609 039 Referral may apply. http://www.strive.org.nz

**Classification : BFC, THP, YS**

**Sukhmani Charitable Trust**

FSD0024484 Last updated 06/01/2021

Purpose to help families to live healthy, happy and purposeful life contributing to society in building nation in the area of health, well being, child care, deal with abusive relationship, getting into employment and advocacy.

583A Blockhouse Bay Road Blockhouse Bay Auckland 0600



(022) 125 6775  Monday to Friday

10 am to 5 pm

All services free of charge. No referral required.

**Tamaki Budgeting**

FSD0003859 Last updated 27/04/2021

Provide budgeting advice and support including information regarding benefits. Also referral to counselling and rehabilitation services.

18 Clifton Court Panmure Auckland 1072



admin@homebudget.org.nz  9 am - 3 pm Monday to Friday by appointment.

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| (09) 570 9023 http://www.facebook.com/tamakibudgetin g/    **Classification : BFC**    **Tamaki Community Link** | Sometimes after hours appointments can be arranged.  Saturdays at Glen Innes CAB - 9am - 11.30am.  All services free of charge. No referral required. |
| FSD0007898 | Last updated 03/03/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 40-42 Mayfair Place Glen Innes Auckland 1072



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Te Manawanui Charitable Trust**

FSD0003676 Last updated 27/07/2020

Provision of emergency housing to families, solo mums / dads & pregnant women on their own.

Free budget services to individuals & families in need of financial advice or assistance.

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| te.manawanui@xtra.co.nz  (09) 624 3906  (021) 280 4000    **Classification : THP** | 9am - 5pm Mon -Fri  Outside of these hours 24/7 mob: 021 280 4000 Some charges may apply.  No referral required. |

**Te Puna Hauora o Te Raki Paewhenua Society Incorporated**

FSD0003767 Last updated 07/09/2020

Te Puna Hauora provides a comprehensive range of medical and social services to our enrolled population.

58A Akoranga Drive Northcote Auckland 0627



(09) 489 3049  Monday-Friday 8.30am - 5.00pm. Closed http://www.tepuna.org.nz statutory holidays

All services free of charge. Referral may apply.

**Classification : BFC, FVSS**

**Te Waipuna Puawai Mercy Oasis Ltd**

FSD0008245 Last updated 20/04/2021

Te Waipuna Puawai Mercy Oasis Ltd is a thriving community development initiative of the Sisters of Mercy New Zealand. We were established in 1999, building on a decade of highly respected community development work in Glen Innes.

We are committed to working with and alongside women, children and families who are in need.

We aim to improve lives of families by providing family support services and adult education.

We build supportive relationships with whanau by connecting them with others in the local community and developing a pathway to achieve and celebrate their goals.

Our Vision

Whakamana te oranga wairua o te tangata me te whenua.

Well-being for our communities and restoration of the earth.

Our Mission

Kia u ki te mahi kotahi whakarawea te mana wahine, te mana whanau me te mana iwi whanui.

Working together to strengthen women, strengthen families and strengthen community.

Ellerslie Site 12A Umere Crescent Ellerslie Auckland 1051



ceo@twp.org.nz  8.30am-5pm Monday to Friday.

(09) 527 6380(Glen Innes) Koha/donation may apply.

(09) 525 0337(Ellerslie) No referral required. http://www.twp.org.nz

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612 audrey.tinsley@waiwhanau.com  8.30am - 5.00pm Monday - Friday



(09) 836 6683 Some charges may apply.

(0800) 924 942 Referral may apply. https://www.waipareira.com/

**Classification : BFC, FVSS**

**The Fono West**

FSD0003550 Last updated 28/09/2020

We offer a range of medical, dental, pharmacy, social and public health services. Our friendly, professional team are here to provide top quality service for everyone.

Head Office 411 Great North Road Waitakere City 0612



headoffice@thefono.org  Monday-Friday 8:30am-5pm

(09) 837 1780 Some charges may apply.

(0800) FONO4U Referral may apply. http://www.thefono.org

**Classification : BFC, FVSS, PACIFIC**

**The Pride Project Charitable Trust**

FSD0024469 Last updated 30/11/2020

The Pride Project is a Charitable Trust operating in the suburb of Manurewa, South Auckland. We have been working intensively in the community for the last four years and evolved what we know is a unique kaupapa and approach to community empowerment, pride and holistic development. Clendon/Manurewa is a community that suffers from high levels of deprivation, inter-generational poverty, over-crowding in homes particularly among its majority of Mori and Pacific households. Our understanding of our community comes from our local knowledge. We deal with the failings and silo-effects of the dominant socio-economic and political system and what we do is not about filling gaps but building an alternative healing system of well-being around Manurewa people as individuals, whanau, hapu and as a kainga. We are immersed in Kaupapa Mori; it is a deeply held foundation, as well as an expression of what we do and why.

60 Maplesden Drive Clendon Park Auckland 2103



melissaatama@theprideproject.co.nz  Community House, Volunteers and Whare

(027) 237 8756 Tautoko - 9.30am - 2.00pm

Hope Navigators Available - 9.30am-5.30pm

Tool Library - 9.30am-1.00pm

Koha Kutz Mon,Wed,Fri by appnt - 10.00am-

1.30pm

Koha/donation may apply. No referral required.

**The Salvation Army - Auckland City Corps**

FSD0006317 Last updated 23/03/2021

Worship, community and welfare services of The Salvation Army (Auckland and Korean Corps and Community Ministries)

18 Allright Place Mt Wellington Auckland 1060



aucklandcity.corps@salvationarmy.org.nz  Monday - Friday 9am - 4.30pm

(09) 379 7615 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required.

nz/auckland/auckland/auckland-corps

**The Salvation Army - East City**

FSD0023575 Last updated 20/04/2021

Worship, community and welfare services of The Salvation Army.

37-45 Wellington Street Howick Auckland 2014 eastcity.corps@salvationarmy.org.nz  Drop in centre open Wed and Fri 11-2pm.



(09) 535 0847 Foodbank open Wed and Fri 11am-2pm. https://www.salvationarmy.org.nz/centres/ Budgeting available Fri by appointment.

nz/auckland/howick/east-city-corps Some charges may apply.

No referral required.

**The Salvation Army - Glenfield**

FSD0008241 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army.

430 Glenfield Road Glenfield Auckland 0629



glenfield.corps@salvationarmy.org.nz  Our offices are open 8.30am to 4pm, Monday to

(09) 441 2554 ext 2 Friday. https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/glenfield/glenfield-corps No referral required.

**Classification : BFC**

**The Salvation Army - Hibiscus Coast**

FSD0023583 Last updated 29/03/2021

Worship, community and welfare services of The Salvation Army on the Hibiscus Coast.

38 Greenview Lane Red Beach 0932



hibiscuscoastcorps@salvationarmy.org.nz  Office is open Tuesday, Wednesday, Thursday

(09) 426 0239 9.00am-12noon

https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/hibiscus-coast/hibiscus- No referral required.

coast-corps

**The Salvation Army - Manukau Central**

FSD0005754 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army

16D Bakerfield Place Manukau Auckland 2104 manukaucentral.corps@salvationarmy.org  Monday to Friday, 9am-5pm.



.nz Some charges may apply.

(09) 262 2332 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/auckland/manukau/manukau-centralcorps

**Classification : BFC**

**The Salvation Army - New Lynn**

FSD0005938 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

32 Delta Avenue New Lynn Auckland 0600 newlynn\_corps@nzf.salvationarmy.org  Mon - Fri 9.30am - 1pm for food bank.



(09) 827 3128 All services free of charge. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/new-lynn/new-lynn-corps

**Classification : BFC**

**The Salvation Army - Pukekohe**

FSD0021224 Last updated 21/04/2021

Worship, community and welfare services of The Salvation Army

 3 Tobin Street Pukekohe 2120

pukekohe.corps@salvationarmy.org.nz  Wednesday to Friday 9am to 3pm

(09) 238 5641 All services free of charge. http://www.salvationarmy.org.nz/centres/n No referral required. z/auckland/pukekohe

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| **The Salvation Army - Royal Oak** |  |
| FSD0003434 | Last updated 17/04/2021 |

Community and Welfare services for The Salvation Army

691a Mt Albert Road Royal Oak Auckland 1023



ndhq@nzf.salvationarmy.org  9:15am-12pm, 1-3pm Monday, Tuesday,

(09) 639 1181 Thursday Friday. https://www.salvationarmy.org.nz/centres/ Wednesdays 10-12 and 1-3pm. nz/auckland/royal-oak Some charges may apply.

Referral may apply.

**Classification : BFC, THP**

**The Salvation Army - Waitakere Central**

FSD0008237 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

7-9 View Road Henderson Auckland 0612



WaitakereCentral\_Corps@nzf.salvationar  Community and Family Services: 9.00am -

|  |  |
| --- | --- |
| my.org  (09) 837 4471 https://www.salvationarmy.org.nz/centres/ nz/auckland/waitakere/waitakere-centralcorps | 5.00pm, Monday to Friday. Some charges may apply.  No referral required. |

**Classification : BFC**

**Three Kings Community Link**

FSD0007920 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Three Kings Plaza 536 Mt Albert Road Three Kings Auckland 1042



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Training & Budget Services**

FSD0003773 Last updated 22/12/2020

Provision of financial assistance to stresses families and individuals to people in South Auckland.

129 Great South Road Papatoetoe Auckland 2025



t.abs@xtra.co.nz  9.30am to 3.30pm Tuesday-Friday

(09) 279 9500 Koha/donation may apply.

(021) 772 749 No referral required. https://www.tabsinc.co.nz/

**Classification : BFC**

**Transitioning Out Aotearoa**

FSD0016447 Last updated 26/11/2020

He Whanau TOA, He Whanau ORA - A Strong Family is a Healthy Family strategy involves facilitating positive and adaptive relationships within whanau and recognising the interconnectedness of welfare, health, education, housing, justice, employment and lifestyle as elements of whanau wellbeing.

 25 Druces Road Wiri Manukau 2104

info@toa.org.nz (0800) 367 942 x2 (09) 570 2679 http://www.toa.org.nz

**Classification : PACIFIC**

9am to 5pm Monday to Friday Some charges may apply. Referral may apply.

**Vaiola PI Budgeting Service Trust**

FSD0005942 Last updated 03/01/2021

Vaiola PI Budgeting Service Trust offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

Baptist Church Cnr Ashgrove and Bader Drive Mangere Auckland 2022



vpibs@vaiola.org  9:00 am - 3:00pm Monday - Friday

(09) 256 9639 All services free of charge.

(09) 280 4190 No referral required. http://www.vaiola.org

**Classification : BFC**

**Vaka Pasifika Charitable Trust**

FSD0021525 Last updated 09/11/2020

Vaka Pasifika is a charitable Trust set up with the mission and vision to “empower Pacific Island People to take charge of their lives and those of their family(s) to enjoy and participate in developing New Zealand Society”.

Unit 3 9 Northside Drive Westgate Auckland 0814



info@vakapasifika.org.nz  Monday - Friday

(021) 029 00701 9am - 5pm

http://www.vakapasifika.org.nz All services free of charge.

No referral required.

**Classification : FVSS, PACIFIC**

**Vaka Tautua Limited**

FSD0015458 Last updated 01/10/2020

Vaka Tautua provides information and support for Pacific families in the areas of disability, older people, mental health and financial capability. Please get in touch if you would like more information on our services.

Unit 7 586 Great South Road Manukau Auckland 2025



administration@vakatautua.co.nz  Mon - Fri 8.30am - 5.00pm

(0800) 825 282 http://www.vakatautua.co.nz Elder Abuse Response Service for Auckland

region only.

All services free of charge. Referral may apply.

**Classification : EARS, FVSS, PACIFIC**

**Visionwest**

FSD0020227 Last updated 15/01/2021

Visionwest exists to meet the needs of people in the West Auckland community and beyond. As a community development based organisation, our vision is to build a place of trust and openness where people feel valued and loved.

We believe in the value of holistic care and support and offer an integrated range of wraparound services and supports that care for all people physically, emotionally, spiritually and intellectually.

Visionwest is a Registered Charitable Trust.

Building 7 97 Glendale Road Glen Eden Auckland 0602



office@visionwest.org.nz  Our Main Office for our Campus is open Monday

(09) 818 0700 to Friday 9am - 5pm.

http://www.VisionWest.org.nz Opening times of different services within the

Trust may vary

Some charges may apply. Referral may apply.

**Classification : BFC, YS**

**Visionwest Budgeting Service**

FSD0005773 Last updated 15/01/2021

Visionwest’s Budgeting and Money Management Service provides advice and guidance to people who are facing financial difficulties, struggling with overspending, experiencing changes in financial circumstances or just want to be better and managing their money.

Our service is FREE and we can offer one off, short term, and long-term support. We will work with you for as long as it takes to ensure you have a positive financial future.

We are situated at 97 Glendale Rd, Glen Eden, West Auckland. Appointments can be face-toface, phone or online video-chat. Our opening hours are Monday - Friday, 9am - 5pm with some limited appointments available if prearranged.

VisionWest Community Trust, Building 11 97 Glendale Road Glen Eden Waitakere 0641



Budgeting@visionwest.org.nz  9.00am - 4.00pm Monday to Friday

(09) 818 0714 All services free of charge. http://visionwest.org.nz No referral required.

**Visionwest Home HealthCare**

FSD0005955 Last updated 15/01/2021

Visionwest Home Healthcare is a long-standing provider of quality, professional, home healthcare in the West Auckland region. Services are available to the elderly, sick, injured and those with disabilities of all ages in West Auckland and the North Shore.

Building 4 97 Glendale Road Glen Eden Waitakere 0612



homecare@Visionwest.org.nz  Office hours: 9.00am - 5.00pm, Monday to

(0800) 222 040 Friday. http://www.Visionwest.org.nz Some charges may apply.

Referral may apply.

**Waiheke Budgeting Services Trust**

FSD0005944 Last updated 11/09/2020

Waiheke Budgeting Services Trust offers free, supportive, confidential and culturally aware budget advisory services with trained and nationally certificated budget advisers.

Geographic Coverage Area(s) - Waiheke Island.

6 Putiki Rd Waiheke Island Auckland



info@waihekebudgeting.org.nz  Tuesday 9am-4pm

|  |  |
| --- | --- |
| (09) 372 6300 https://www.waihekebudgeting.org.nz/    **Classification : BFC** | Wed, Thurs, Friday 9am-2pm All services free of charge.  No referral required. |

**Waiheke Island Community Link**

FSD0007922 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Shop One 116 Ocean View Road Oneroa Waiheke Island 1081



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waitakere Community Link**

FSD0007924 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

36-44 Sel Peacock Drive Waitakere 0610



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waiuku Community Link**

FSD0007925 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

57b Queen Street Waiuku 2682



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Waiuku Family Support Network**

FSD0000974 Last updated 16/04/2021

To strengthen family life by helping individuals and families through their own efforts, to develop their skills and to become aware of resources available to them in the surrounding community.

56 Queen Street Waiuku 2123



admin@waiukufamilysupport.co.nz  Monday, Friday 10am – 2pm

|  |  |
| --- | --- |
| (09) 235 9099  http://waiukufamilysupport.co.nz/ | Tue – Thur 9.30am – 4.00pm Some charges may apply.  No referral required. |

**Classification : FVSS**

**Warkworth Community Link**

FSD0007926 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Winscombe Mall 37 Queen Street Winscombe Mall Warkworth 0910



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Warkworth/Wellsford Budget Service**

FSD0005947 Last updated 02/01/2021

To provide budgeting help and education to families, individuals and interested groups.

Citizens Advice Bureau 1 Matheson Road Wellsford Auckland 0900



admin@wwbudgetservice.co.nz  9.00am - 3.00pm Monday to Friday

(09) 423 7123 All services free of charge.

(021) 423 788 No referral required.

https://www.wwbudgetservice.co.nz/

**Classification : BFC**

**West Auckland Budget Service**

FSD0003512 Last updated 25/08/2020

Work together with people, their family and whanau to increase effective management of finances, knowledge of smart use of debt and financial products, improve longer term financial capability.

Admin Office 26 Belvedere Court West Harbour Auckland 0618



wabs@wabs.org.nz  New Lynn Citizens Advice Bureau (09) 416 4727 Monday, Tuesday 10 to 1pm

(027) 242 6719 Wednesday Thursday 10 to 1pm

Massey CAB

Monday & Friday 10 to 1pm

Home Visits available, must meet a criterion All services free of charge. No referral required.

**Classification : BFC**

**Westgate Community Link**

FSD0007927 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

22-24 Cabernet Crescent Westgate Waitakere City 0614



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Auckland Regional Office**

FSD0015264 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 2, Building A 65 Main Highway Ellerslie Auckland 1051



(0800) 559 009  Monday to Friday, 8:30 am to 5:00 pm http://www.workandincome.govt.nz All services free of charge.

No referral required.

**Work and Income - Clendon Service Centre**

FSD0007895 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Clendon Shopping Centre Cnr Roscommon & Palmers Roads Clendon Manukau City 2103



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenfield**

FSD0007896 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

1 Peach Road Glenfield North Shore City 0629



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenmall Community Link**

FSD0007897 Last updated 14/12/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20 Oates Road Glen Eden Auckland 0602



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Helensville Service Centre**

FSD0007899 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

34-38 Commercial Road Helensville 0800



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Mangere Community Link**

FSD0007902 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

93 Mascot Avenue Mangere Auckland 2022



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Manukau Community Link**

FSD0007903 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family. 2 Osterley Way Manukau Auckland 2104



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Orewa Service Centre**

FSD0007909 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

27 Florence Avenue Orewa 0931



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

|  |  |
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| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Work and Income - Otara Service Centre**

FSD0007911 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 52-60 Lovegrove Crescent Otara 2023

(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Takapuna Service Centre**

FSD0007919 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

519 Lake Road Takapuna 0622



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

# Child Care

**3 O'clock Dash Before and After School Care**

FSD0022458 Last updated 12/01/2021

3 O'clock Dash is an OSCAR approved programme operating a Before & After school care service for the children of Bailey Road School, Mt Wellington, Auckland.

We also provide a one week School Holiday programme each holidays as well.

We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

19 Bailey Road Mt Wellington Auckland 1060



3oclockdash@gmail.com  Open to all Bailey Rd School students each

|  |  |
| --- | --- |
| (09) 948 8969  (021) 322 774 https://www.3oclockdash.co.nz/    **Classification : OSCAR** | school day  Before School Care: 7am - 8.30am After School Care: 2.45pm - 6pm Some charges may apply.  Referral may apply. |

**4Kids & Whanau OSCAR Program**

FSD0017538 Last updated 27/04/2021

Provision of after school and holiday care for children 5-14 years of age that is relevant, fun and safe. The program operates from the Glenfield Baptist Church lower hall area and is structured, well resourced and professional with a great team. An additional venue was started in January 2020 located in the Belmont Baptist hall.

Glenfield Baptist Church 46 James Street Glenfield Auckland 0629 office@4kids.nz  Breakfast 7am-9am (09) 440 9394 After School 3-6pm



http://www.4kids.nz Holiday Care 7.00am-6pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Adventure Specialties Trust**

FSD0019387 Last updated 24/07/2020

Adventure Specialties Trust provides adventure activities, outdoor pursuits and wilderness education to community groups and schools with the aim of facilitating the holistic development of individuals and families through the medium of the outdoors.

Unit 1 4 Winston Place Henderson Auckland 0610



office@adventurespecialties.co.nz  Monday - Friday, 9am - 5pm

(09) 837 6033 Some charges may apply. http://www.adventurespecialties.co.nz Referral may apply.

**Albany Community Link**

FSD0007891 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44 Corinthian Drive Albany North Shore 0632



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Allan Brewster Leisure Centre**

FSD0021409 Last updated 04/09/2020

We run after school care, holidays programmes, early childhood centres, fitness centres, pools and group fitness classes.

7 Tavern Lane Papatoetoe Auckland 2025



allanbrewsterleisure@aucklandcouncil.go  Monday - Thursday, 7am-9pm

vt.nz Friday, 7am-6pm

(09) 262 5965 Weekends, 8am-6pm

(021) 277 6364 Some charges may apply. https://aucklandleisure.co.nz/locations/alla No referral required. n-brewster-leisure-centre/

**Classification : OSCAR**

**Anglican Community Church Birkdale / Beach Haven**

FSD0003659 Last updated 20/10/2020

Birkdale / Beach Haven Anglican Community Church. Emergency Foodbank assistance available by referral or by individual. Usually a one off unless extreme and/or budgeting advice is being sought by recipient. For residents in the Birkdale /Beach Haven area (available 10-12 Tuesday and Thursdays only)

We also provide mainly music for preschooolers and SPACE programmes for mostly first time parents.

56A Tramway Road Beach Haven Auckland 0626



office@cedarcentre.org.nz  Mondays - Thursday: 9am - 1pm

(09) 483 6989 Koha/donation may apply. https://www.cedarcentre.org.nz/ No referral required.

**Anglican Trust for Women and Children**

FSD0003280 Last updated 26/10/2020

ATWC’s integrated Family, Early Education and Social Work services and programmes help to protect, nurture and provide opportunities for up to 3000 children, young people and their families across Auckland.

Services include counselling and psychotherapy, parenting programmes, preschool education, early intervention (Family Start) and programmes in schools (SWiS & YWiSS).

 10 Beatty Street Otahuhu Auckland 1062

|  |  |
| --- | --- |
| info@atwc.org.nz  8.00am – 4.30pm Monday to Friday | |
| (09) 276 3729 Some charges may apply. http://www.atwc.org.nz Referral may apply.    **Classification : FVSS**    **Aotea Family Support Group Charitable Trust** |  |
| FSD0006011 | Last updated 07/08/2020 |

Provision of social services to residents of Great Barrier Island.

 Old School Building, Medland & Shoal Bay Roads 1 Medland Road Tryphena Great Barrier Island 0962

|  |  |
| --- | --- |
| office@aoteafamilysupport.co.nz  (09) 429 0465  (09) 429 0174 http://www.aoteafamilysupport.co.nz    **Classification : OSCAR** | Every morning except Wednesdays and weekends.  Serves Great Barrier Island only.  Some charges may apply.  No referral required. |

## aPlus Out of School Ltd - Auckland

FSD0022791 Last updated 28/01/2021

Provider of Morning Care, After School Care and School Holiday programmes. OSCAR approved.

26 Lyons Ave Auckland 0630



auckland@aplus.kiwi.nz  Office: 9am to 4pm. Morning care from 7am and

|  |  |
| --- | --- |
| (09) 443 5386 http://www.aplus.kiwi.nz | after school care till 6pm.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**AppleSeed Educare**

FSD0020932 Last updated 06/07/2020

AppleSeed Educare is a quality childcare center in Mt Eden Auckland. AppleSeed Educare is conveniently located at 158 Balmoral Road, Mt Eden.

We understand that choosing the best Early Childhood Center for your child is one of the most important decisions that you will make as a parent. By choosing AppleSeed Educare Mt Eden, you can be certain that your child is cared for in an environment that fits well with your values, provides a safe, happy and social environment where your child can develop confidence and selfawareness along the journey.

We believe that children will learn and grow better in an environment where they feel happy and secure. AppleSeed Educare is licensed for 27 children and it is designed with a homely feeling and an extensive outdoor play area. We trust our daycare center will be a home away from home for your child.

158 Balmoral Road Mt Eden Auckland



info@appleseededucare.co.nz  7.30-6pm Monday to Friday

|  |  |
| --- | --- |
| (09) 630 9158 (0800) 000 158 http://www.appleseededucare.co.nz | Some charges may apply. No referral required. |

**Auckland Kindergarten Association**

FSD0003870 Last updated 19/11/2020

Established in 1908, the Auckland Kindergarten Association (AKA) is a charitable trust made up of 107 kindergartens in Auckland, four Playgroups, and four KiNZ early learning daycare centres.

We are New Zealand’s largest kindergarten association. The AKA are proud to provide high quality early childhood education to over 10,000 young children who attend our services throughout Auckland each year.

At our kindergartens, playgroups and KiNZ care and early learning centres, we provide a safe and enriching learning environment where young children can develop as confident and competent learners.

We offer quality Early Childhood Education (ECE) to all Auckland children, with a strong focus on inclusiveness that values and recognises of the rich diversity of the children, parents and whnau that attend.

Head Office, Level 5 385 Queen Street Auckland 1010



info@aka.org.nz  Some charges may apply.

(09) 373 5635 Referral may apply.

(0800) 4 KINDY http://www.aka.org.nz

**Avondale Community Link**

FSD0007892 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44-48 Rosebank Road Avondale 1026



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Babylon Community Development Charitable Trust**

FSD0024503 Last updated 25/02/2021

Babylon Community Development Charitable Trust is a not-for-profit organization, stranded in fundamentals of empowerment, shared vision, inclusion, collective action, determination, social cohesion, building leadership and collaboration. Committed to undertake a sustainable community development process through providing a wide range of quality services and performing a variety of essential activities and projects by and to the beneficiaries of the Trust at a grassroots level, with support from the New Zealand government agencies and non-government organizations to actively contribute in building and developing Auckland society’s safety, strength and well-being.

 9 The Enclave Totara Heights Auckland 2105

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| (021) 067 7725 http://babylon.ac.nz | all days of the week, all hours of the day All services free of charge.  No referral required. |

**Barnardos - Auckland Central South (Te Atatu)**

FSD0016477 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

3/247 Edmonton Road Te Atatu South Auckland



(09) 625 3675  Monday to Friday 8.30am - 5pm (0800) BARNARDOS(227 627) Some charges may apply. http://www.barnardos.org.nz No referral required.

**Barnardos - Auckland North West**

FSD0006793 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

247 Edmonton Rd Te Atatu South Te Atatu 0610



Auckland\_Referrals@barnardos.org.nz  Monday - Friday 8:30-4:30

(09) 625 3730 Some charges may apply.

(027) 237 8862 Referral may apply. https://www.barnardos.org.nz/

**Barnardos Auckland South (Wiri)**

FSD0016597 Last updated 13/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

11 Dalgety Drive Wiri Auckland 2104 aucklandcentralsouth@barnardos.org.nz  Monday - Friday 8.30am - 5.00pm.



(0800) 227 627 Some charges may apply.

(09) 625 3604 No referral required. http://www.barnardos.org.nz/

**Barnardos North Shore (Albany)**

FSD0006794 Last updated 18/06/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

20 Alderman Drive Henderson Auckland 0612



AMAC@barnardos.org.nz  Monday to Friday 7.30 am to 5.30 pm

(09) 836 7506 Some charges may apply. https://www.barnardosearlylearning.org.nz No referral required.

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**Classification : OSCAR**

**Barnardos Onehunga**

FSD0016483 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

Level 2 173 Captain Springs Road Onehunga Auckland 1061



Lesley.Macken@Barnardos.org.nz  Contact : 0800 227 627

(09) 625 3687 Some charges may apply.

(0800) 543 782 No referral required. https://www.barnardos.org.nz/

**Bayview Community Centre**

FSD0021235 Last updated 08/04/2021

We provide OSCAR approved programmes for children aged 5-13 and early childhood education for children under 5.

The purpose of the Bayview Community Centre Association Incorporated society is to enhance social and cultural wellbeing by providing accessible and affordable facilities and opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to:

* Make friends, meet people, learn, contribute and participate in their local community
* Participate in programmes and services developed in response to changing community needs

72 Bayview Road Bayview Auckland 0629



office@bayviewcentre.org.nz  Community Centre Office is open 9am-2pm

(09) 443 0231 weekdays. Early Learning Centre is open (09) 444 8006 7.30am-5.30pm weekdays. Centre available for http://bayviewcentre.org.nz hire anytime.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Beach Haven Primary School After School Care**

FSD0021851 Last updated 15/10/2020

We provide After School Care programmes for the students of Beach Haven Primary School.

50 Tramway Road Beach Haven Auckland 0626



office@beachhaven.school.nz  Monday - Friday 3pm - 5.45pm

(09) 483 7615 Some charges may apply. http://www.beachhaven.school.nz Referral may apply.

**Classification : OSCAR**

**Belgravia Leisure**

FSD0021419 Last updated 05/08/2020

Community Recreation Centre with Child Care services, Stadium, Gym, Aquatic Pool, Badminton Courts and Meeting Rooms.

29 Franklin Road Pukekohe 2120



ismith@belgravialeisure.co.nz  when the organisation is open

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| (09) 238 5240 http://www.franklinleisure.co.nz    **Classification : OSCAR**    **Best Start Glenfield** | Some charges may apply. No referral required. |
| FSD0022695 | Last updated 17/02/2021 |

We provide Education and Care for children aged 3 months to 5 years. We are open 7am to 6pm and also offer a part time day. At ABC Glenfield we cater for all children from all backgrounds and pride ourselves on our links to the local Primary School and community.

26 Manuka Road Glenfield Auckland 0629



glenfield@best-start.org  7am to 6pm Weekdays (09) 443 3023 Some charges may apply. http://www.best-start.org No referral required.

**BestStart Avondale**

FSD0022570 Last updated 17/12/2020

Provide quality childcare services to children from infants to five years of age.

18-20 Wolverton Street Avondale Auckland 0600



avondale@best-start.org  Mon - Fri

(09) 828 9082 7.00 a.m. - 6.00 p.m. http://www.best-start.org Some charges may apply.

No referral required.

**Beststart Kenderdine Road**

FSD0022569 Last updated 12/10/2020

At Beststart Kenderdine road, we provide childcare and early learning for children 0-5 years old. Our centre offers 20 ECE for children 3 years and above and we have 80% registered teachers. The centre is a purpose built multicultural hub with children and teachers from different cultural background and language where exciting celebrations form a part of the regular events. We prepare hot nutritious meal at the premises for our children. Our online storypark system allows parents to visit children's learning and development regularly. The centre also provides Be School Ready framework which supports children's smooth transition to school. Community means a lot to us and we have different ways to connect to our community on a regular basis.

19 Kenderdine Rd, Papatoetoe Auckland 2025



kenderdine@best-start.org  Our centre opens from Monday to Friday (09) 277 0994 between 7:00am and 6:00pm. The centre

https://www.best-start.org/ operates throughout the year except on public holidays. We have easy access from 19 Kenderdine Road and 42 Wyllie Road.

Some charges may apply. No referral required.

**BestStart Mangere East**

FSD0022568 Last updated 29/01/2021

We are a well established childcare in the heart of Mangere East catering for children from 0-6.

48 Tennessee Avenue Mangere East Auckland 2024



mangereeast@best-start.org  7am-6pm Monday to Friday

(09) 258 5093 Some charges may apply. http://www.best-start.org/ No referral required.

**BestStart New Lynn**

FSD0018492 Last updated 15/06/2020

FREE\* Childcare for 3 - 5 year olds (Conditions apply)

19 A Delta Avenue New Lynn Auckland 0600



newlynn@best-start.org  Open 7am - 6pm Mon - Fri

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| (09) 826 0866 https://best-start.org/centres/beststartnew-lynn      **BestStart Wolverton Street** | Free\* Session Options:  8.00am-12.00pm & 1.00pm-5.00pm  (depending on vacancies) All services free of charge. No referral required. |
| FSD0022571 | Last updated 13/01/2021 |

Provider of quality Childcare Services to Children from Infants to Five Years of Age.

25 Wolverton Street Avondale Auckland 0600



wolverton@best-start.org  Monday - Friday (09) 828 9083 7.00 a.m - 6.00 p.m

http://best-start.org Some charges may apply.

No referral required.

**Biggles Childcare**

FSD0022490 Last updated 07/01/2021

Biggles is a fully licensed childcare centre in Glen Eden offering full and part-time care for children aged 3mths to 6 years.

Biggles provides the highest quality early childhood care and education. We have high teacher/child ratios, extensive playground space and are environmentally proactive.

We have an open-door policy so feel free to visit us any time to view our premises and meet our teachers.

9 Glenorchy St Glen Eden Auckland 0602 biggleschildcare@xtra.co.nz  7.30am to 5.30pm flexible contact by mobile.



(09) 813 3595 Some charges may apply.

(021) 022 58059 No referral required. http://biggleschildcare.co.nz

**Birkdale Beach Haven Community Project Inc**

FSD0018877 Last updated 30/11/2020

The aim of our Houses is to develop community spirit. The Houses belongs to all locals. Their role is to cater to the interests and needs of this community. We provide the opportunity for local people to get together with others and do worthwhile, enjoyable things of their choosing. The Beach Haven and Birkdale Community House are entity's which has seen many changes over the years. Always receptive to new ideas, we strive to maintain the regular classes and groups, in addition to assisting new ones to become established.

We currently run many classes in our two community houses, events in our community and our Kids at #134 holiday programme from Birkdale hall.

134 Birkdale Road Birkdale Auckland 0626 houses@birkdalebeachhaven.org.nz  9-3 Monday to Friday.



(09) 483 9149 Some charges may apply.

(09) 483 9942 No referral required.

http://www.birkdalebeachhaven.org.nz

**Classification : OSCAR**

**Birkenhead Pool and Leisure Centre**

FSD0022348 Last updated 13/07/2020

Offer out of school care and holiday programmes. The goal of Auckland Council Parks, Sport and Recreation is to make more Aucklanders, more Active, more often. Our role in this is to encourage and facilitate the local community to become active and to take part in sport and recreation activities. Specifically we are a site that focuses on Outdoor Recreation. One of our core businesses is to undertake Education Outside the Classroom activities for many Auckland schools.

Our School Holiday Programme involves a wide range of these Outdoor Recreation pursuits, including but not limited to, Rock Climbing, Archery, Kayaking, Bush Survival, High Ropes and Orienteering.

Our facilities also include a 33m heated outdoor pool and a smaller indoor children's pool which we utilise for many of our programmes.

46 Mahara Avenue Birkenhead Auckland 0626 birkenheadpools@aucklandcouncil.govt.n  Opening Hours;



z 6am-9pm Monday, Wednesday, Friday

(09) 484 7290 6am-10pm Tuesday, Thursday

https://aucklandleisure.co.nz/locations/birk 9am-7pm - Weekends enhead-pool-and-leisure-centre/

Opening hours are subject to change in Winter.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Bizzy Bodz – Auckland South&East**

FSD0024208 Last updated 23/03/2021

Bizzy Bodz Ltd provides Before and After Care as well as Holiday Programme services to the Auckland Region.

 1/14 Whitford-Maraetai Road Whitford 2571

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| admin@bizzybodz.co.nz  (09) 530 9020 http://www.bizzybodz.co.nz    **Classification : OSCAR** | Programme Hours are between 7am & 8.30am, 2.30 - 6.00pm and holidays between 7.30am -  6.00pm.  Our office hours are 9.00am - 4.30pm Monday to  Friday  Some charges may apply.  No referral required. |

**Blockhouse Bay Community Centre Inc**

FSD0021499 Last updated 25/08/2020

The Centre of Blockhouse Bay, providing a place for programmes and activities that are tailormade by and for our community. We play a key part in meeting the social, cultural, environmental, recreational and educational desires of our diverse community.

We offer a fantastic school holiday programme at affordable rates for children aged 5-13 years of age.

524 Blockhouse Bay Road Blockhouse Bay Auckland 0600 info@bhbaycommunitycentre.co.nz  Office



(09) 626 4980 9am - 3.30pm Monday, Thursday & Friday

http://www.blockhousebaycentre.co.nz 9am - 6pm on Tuesday & Wednesday

Programmes/Activities 8am-9pm 7 days per week.

School Holiday Programme 8.30am - 3.30pm school holidays.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Bluebells School Holiday Programme**

FSD0024079 Last updated 20/10/2020

We provide quality activity based school holiday care for children aged between 5-13

Glenhouse Hall 6 Glenside Ave Pakuranga Auckland 2013



stephanie@bluebells.co.nz  School holidays only between 7am and 6pm

(09) 215 8335 Some charges may apply.

(021) 338 639 No referral required. http://www.bluebells.co.nz

**Classification : OSCAR**

**Boomers Programme**

FSD0021834 Last updated 17/12/2020

Boomers is a vibrant and fun out of school programme for young people aged 5-12 yrs. Boomers is organised and run by Equippers Church Trust, and is based in the heart of Manukau City.

We offer an exciting OSCAR approved holiday programme during the school holidays. The programme is run very similarly to a camp. They compete in fun challenges, create different things with art and food, play some sports and even go on trips around Auckland City.

13-15 Gladding Place Manukau Auckland 2104



boomersholiday@gmail.com  Days during holiday: Mon-Fri (8.00am-4.00pm)

(09) 260 4255 Some charges may apply. https://www.facebook.com/boomersholida No referral required. y/

**Classification : OSCAR**

**Bright Sparks Childcare - Henderson**

FSD0022438 Last updated 15/02/2021

We are a Childcare Centre conveniently situated in the heart of Henderson's light industrial and retail sector, at 40 Paramount Drive, opposite the WDHB.

40 Paramount Drive Henderson Auckland 0610



henderson@bscc.co.nz  We are open from 7.00am to 6.00pm Monday to

(09) 836 2500 Friday and closed only on the statutory days.

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| (09) 836 2509 http://www.bscc.co.nz | Some charges may apply. No referral required. |

**Brightside Education Ltd**

FSD0021860 Last updated 16/03/2021

We are an OSCAR Provider for After school programme & School Holiday Programme for up to 50 children.

Level 1 122 Wairau Road Auckland 0627



david.nsls@xtra.co.nz  Mon-Fri from 9am to 6:30pm.

(09) 442 4500 Some charges may apply. (021) 048 2570 Referral may apply.

**Classification : OSCAR**

**Busby Street Early Learning Childcare Centre**

FSD0022952 Last updated 22/12/2020

Busby Street Early Learning Childcare Centre is a well-established licensed all day childcare in Blockhouse Bay, which provides quality education and care for children between 3 months and 5 years of age. We have an excellent reputation, and in fact the centre has been in our community for over 35 years!

Our license is for 30 children, so being a small centre we have the advantage of a family-like environment, where the staff are able to get to know your child really well and work in conjunction with family and whanau to enable children to achieve their full potential. We genuinely believe that "small" is best for infants, toddlers and young children during these very important formative years in their life.

The staff are an extremely professional and motivated team and we have created a comprehensive early childhood curriculum which is brimming with variety, is highly interactive and full of fun for all age groups. The curriculum includes a transition to school programme.

19 Busby Street Blockhouse Bay Auckland 0600



info@busbychildcare.co.nz  Monday to Friday 7.30am to 5.30pm

(09) 828 7653 Some charges may apply. http://www.busbychildcare.co.nz No referral required.

**CARE 4 KIDZ**

FSD0021217 Last updated 21/08/2020

Provision of quality Before and After School Care and Holiday Programmes to children at the schools CARE 4 KIDZ is based.

|  |  |
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| care4kidz.nz@gmail.com (027) 362 8494    **Classification : OSCAR** | BSC: 7:00 till 8:30AM Mon - Fri  ASC: 3:00 till 6:00PM Mon - Fri HP : Term breaks only Mon - Fri Some charges may apply.  Referral may apply. |

**Care-a-Lot Early Learning Childcare Centre**

FSD0022951 Last updated 04/01/2021

Our well-resourced childcare centre has been serving Devonport families and their children for over 25 years. We cater for up to 21 children daily between the ages of 2 and 5. Our team of talented, qualified and caring teachers deliver a stimulating child-centred curriculum. Our teachers are dedicated to your child’s learning and wellbeing.

Whether your child is a 'sensitive soul' or a 'big personality', our intimate personal setting caters to all temperaments. We give every child the opportunity to blossom and shine. Our high teacher-tochild ratio means that we can provide individualised care for your child and support his or her needs appropriately. An individual ‘caregiver' teacher is assigned to each child to provide consistency of care and to guide them on their journey with us as well as support from extended teaching team.

21A Waterview Road Stanley Point Auckland 0624



carealot@xtra.co.nz  Monday to Friday 8.45am to 5.30pm

(09) 445 8551 Some charges may apply. http://www.carealot.co.nz No referral required.

**Carpe Diem Kids Ltd**

FSD0021906 Last updated 22/01/2021

Providing OSCAR approved care for children aged 5 yrs to 13 yrs, before school, after school and during school Holidays. We run Before school care, After school care and School Holiday Programmes at seven schools in Auckland.

2 Amberley Ave Te Atatu South Auckland 0610



info@carpediemkids.co.nz  Monday to Friday 7.00 am to 6.00 pm

(021) 155 0242 Some charges may apply.

(0800) 235 437 No referral required. http://www.carpediemkids.co.nz

**Classification : OSCAR**

**Castor Bay Infant Care Centre**

FSD0022950 Last updated 15/09/2020

Castor Bay Infant Care Centre is a well-established all day childcare licensed for up to 20 infants from 0 to 3 years of age. We have an excellent reputation, and in fact the centre has been in our community for over 20 years!

1/14 Castor Bay Road Castor Bay Auckland 0620



info@cbicc.co.nz  Monday to Friday 8am to 5.30pm

(09) 410 3320 Some charges may apply.

(027) 265 5867 No referral required. http://www.cbicc.co.nz

**Chatz**

FSD0022140 Last updated 13/01/2021

OSCAR approved After school care service.

Alfriston Primary School 137 Alfriston Road Manurewa Auckland 2576



chatz@ps.gen.nz  Open Monday- Friday during School terms from

(021) 916 677 2.45pm- 6.00pm (021) 916 677 Some charges may apply.

No referral required.

**Classification : OSCAR**

**Cherry Music Studio & JEI Learning Centre Mt Eden**

FSD0024024 Last updated 07/09/2020

Cherry Music Studio is a one stop learning centre which provides excellent education services to children in Balmoral/Mt Eden area.

Located in heart of Balmoral/Mt Eden, we provide quality and fun music instrumental lessons for ages 4 and above. We have highly professional and friendly team who teach piano, violin, guitar and ukulele. Since July 2019, we have also partnered with JEI learning center, to support kids up to Year 10 with areas such as Math, English, Reading & writing, Problem solving, or brain safari.

We also offer Holiday Programme.

First floor 2A Rocklands Avenue Mt Eden Auckland 1024



cherrypianomteden@gmail.com  Monday to Saturday

(027) 423 6414 Some charges may apply. http://cherrypianostudio.com No referral required.

**Child, Women and Family Service - Waitemata DHB**

FSD0003697 Last updated 22/12/2020

A community based multidisciplinary team consisting of Public Health Nurses, Medical Officers, Social Workers, Hearing Vision Technicians, Health Promoting Schools Coordinators, Ear Nurse Specialists and Health Assistants.

55-75 Lincoln Road Henderson Waitakere childhealthreferrals@waitematadhb.govt.n  All services free of charge. z Referral may apply.



(09) 839 0000 http://www.waitematadhb.govt.nz

**Childcare at Home**

FSD0023365 Last updated 09/03/2021

Childcare at Home is part of a network of privately owned home based-care services that span across the Auckland Region. We endeavour to match prospective families with the best-suited educators who will share similar values, traditions, and interests who will care for their children. Home-based care networks receive government funding and operate within education and other relevant legal parameters.

Home-based childcare differs from the more informal arrangement you may have with a babysitter or nanny in that our Educators are in many instances qualified early childhood teachers and through the assistance and support of Childcare at Home our Educators receive ongoing support and training in the form of professional development in order to maintain a high-quality wellmonitored learning environment for your child.

2/667 Whangaparaoa Road Stanmore Bay Auckland 0932



info@childcareathome.nz  Office open from 9 - 4pm

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| (09) 424 2499 (027) 431 4633 http://childcareathome.nz | Educators have their own working hours Some charges may apply.  No referral required. |

**Chinese New Settlers Services Trust**

FSD0001709 Last updated 15/04/2021

Chinese New Settlers Services Trust is a charitable trust since 1998, supporting Asian new comers and the entire community as a whole. We provide social services, education and social housing for 15,000 people every year.

CNSST provides wraparound services:

* Social work & Counseling
* Employment & Enterprise
* Education & Settlement
* Social Enterprise: Education Institute, Social Housing Project
* Accounting & taxation

20 Clifton Court Panmure Auckland 1072



info@cnsst.org.nz  Monday-Friday 9am-5pm.

(09) 570 1188 All services free of charge. http://www.cnsst.org.nz Referral may apply.

**Classification : FVSS**

**City Impact Church**

FSD0003842 Last updated 10/11/2020

Assisting people of all ages and races to discover how God can improve their life and situation. We have five campuses - Two in the North Island - North Shore and at Mt Wellington in Auckland and three in the South Island - Queenstown, Balclutha and Invercargill. (OSCAR approved for Holiday Club for children.)

794 East Coast Road Oteha Auckland 0630



info@cityimpactchurch.com  Office hours Mon - Fri 8.30am - 5.00 pm

(09) 477 0300 Some charges may apply.

(0800) CHURCH No referral required. http://www.cityimpactchurch.com

**Classification : OSCAR**

**Club Meadowbank**

FSD0021386 Last updated 13/07/2020

We are an OSCAR (Out of School Care and Recreation) programme provider based at

Meadowbank School catering to Before School Care Programme, After School Care Programme, Holiday Programme and Recreation Programme.

Bruce McLaren Hall 68 Waiatarua Road Remuera Auckland 1050



clubmeadowbank@meadowbank.school.n  Monday - Friday (excl. Public Holidays)

|  |  |
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| z  (09) 520 3739 (021) 176 7069 http://www.meadowbank.school.nz    **Classification : OSCAR**    **Community Approach Trust** | 7:00 am- 6:00 pm  Some charges may apply. No referral required. |
| FSD0017887 | Last updated 22/03/2021 |

A social service agency that works with youth at risk and their families.

You can check out our facebook page under "Community Approach".

1213 Dominion Road Extention Mt Roskill Auckland 1041



director@communityapproach.co.nz  Monday - Friday 9am to 5pm

(021) 191 6136 All services free of charge. http://www.communityapproach.co.nz Referral may apply.

**CONSCIOUS KIDS**

FSD0024399 Last updated 01/10/2020

Founded in 2015, Conscious Kids social enterprise has worked collaboratively across Auckland to deliver innovative educational programmes, build momentum and increase awareness about the importance of nature play and environmental sustainability in the lives of Kiwi children, youth and families. In partnership with various community organisations, as well as the not-for-profit and public sectors,Conscious Kids has helped bring the importance of nature play and environmental sustainability back into the minds and lives of thousands of children. Conscious Kids advocates for the right of every single child in New Zealand to play freely in our unique environment and natural heritage; connecting our children with nature is imperative not only for their own mental, physical and social health and wellbeing, but for motivating their future environmentally friendly behaviours.

They will be the future kaitiaki of Papatuanuku.

93 Moa Road Point Chevalier Auckland 1022



info@consciouskids.co.nz  During the holidays

(027) 847 4487 Monday-Friday 9 am to 4 pm http://www.consciouskids.co.nz Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**Counties Kidz Hingaia**

FSD0022892 Last updated 25/03/2021

We provide a before and after school care, along with school holiday programs. We are OSCAR approved and can collect your child from schools within the Karaka area. Our after-school program also offers sports coaching from our highly qualified staff.

School Hall 171 Hingaia Rd Karaka Auckland 2580



countieskidz@gmail.com  Monday-Friday 7am - 6pm (021) 213 2301 Some charges may apply.

(09) 299-362-809 Ext:2 No referral required. http://www.countieskidz.com

**Classification : OSCAR**

**Creative Kids NZ**

FSD0022130 Last updated 12/01/2021

Creative Kids NZ is a before and after school care program. Operating at Baverstock Oaks Primary School.

Baverstock Primary School 21 Baverstock Road Flat Bush Auckland



sshervell@gmail.com  7am - 8.30am Monday to Friday

(021) 663 226 3pm - 6.00pm Monday to Friday

Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Cute Kids Home Based Child Care**

FSD0022689 Last updated 08/01/2021

To provide quality care and education home based Auckland wide. Educators are trained, qualified and possess valid first aid certificate. They are supervised by early childcare qualified teacher in order to provide safe and nurturing environment to child under six years of age. Cute kids philosophy is every child is special and gifted. It is their right to get best care and learning environment.

77 Aintree Avenue Mangere Auckland 2022



info@cutekids.co.nz  7am to 12am 7 days (09) 390 4578 Some charges may apply. http://www.cutekids.co.nz Referral may apply.

**De Paul House**

FSD0016947 Last updated 13/07/2020

Transitional accommodation for homeless families and support for vulnerable families in the community. Residential and outreach families also have access to Learning Centre programmes (which include budget, literacy, computer skills, WISE hub) and an Early Childhood Centre.

Please see service detail for more information.

92 - 96 Onewa Road Northcote North Shore City 0627



jan@depaulhouse.org.nz  8.30am - 5pm Monday to Friday

(09) 480 5959 Some charges may apply. http://www.depaulhouse.org.nz Referral may apply.

**Classification : THP**

**Devonport Community House**

FSD0022492 Last updated 01/03/2021

We offer OSCAR approved School Holiday programmes for children aged 5-13 years old as well as Art Club Sessions.

The purpose of the Devonport Community House is to enhance the social, cultural and physical wellbeing of the local community by providing accessible and affordable facilities and a wide range of programmes, workshops and opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to meet people, make friends, try new things, learn, share, contribute and participate in their local community.

32 Clarence Street Devonport Auckland 0624 devonportcomhouse@xtra.co.nz  Office open daily from 8.30am to 4.30pm.



(09) 445 3068 Closed the two weeks over Xmas and New Year.

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| --- | --- |
| (027) 271 8961  http://devonportcomhouse.co.nz | School Holiday Programme. Monday to Friday from 7.30am to 6pm during school holidays.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Dream Childcare**

FSD0020411 Last updated 10/02/2021

We are New Zealand's Premium Home Based Childcare agency. We match Kiwi Families with Au Pairs, Nannies and Home Based Educators. The Dream Vision is to "make family life easier" by offering tailored personalised childcare advice and solutions to Kiwi families.

Our team have been providing quality home based childcare options to Kiwi Families for over 15 years and we will work with you to create in home childcare solutions based on the ages and stages of your children.

We believe that personal relationships and genuine connections with others determine success. Our team go above and beyond every day to ensure that our Au Pairs, Nannies, Educators and our Families feel valued, understood and are supported every step of the way with exceptional service.

Contact us today to find your Dream Nanny, Dream Au Pair or Dream Home Based Educator.

contact@dream.co.nz

Level 4 81 Grafton Rd Grafton Auckland 1010



contact@dream.co.nz  9am-5pm- Monday to Friday

(09) 969 5451 Some charges may apply. http://www.facebook.com/pages/Dream- No referral required. Au-Pair-NZ/108960772510911

**Drowning Prevention Auckland**

FSD0020595 Last updated 16/04/2021

Drowning Prevention Auckland (DPA) is a lead agency for regional water safety coordination and education in the Auckland region.

Our Mission is to prevent drowning through education, research and advocacy.

Our vision is an Auckland, free from drowning, achieved through the development of water competence and changing knowledge, attitudes and behaviours in, on and around water environments.

Water safety education is delivered across four core channels - where we learn (early childhood to tertiary); live and play (community); and work (workplace Health & Safety and group development) - all with a research and evidence-based approach.

85 Westhaven Drive Westhaven Auckland 1150



info@dpanz.org.nz  Monday to Friday 8.30am to 5.00pm

(09) 376 5114 All services free of charge. https://www.watersafe.org.nz/ No referral required.

**Dunkirk Road Activity Centre Inc**

FSD0021891 Last updated 09/11/2020

We provide a varitey of programmes and activities which meet the needs of the community. The community is encouraged and supported to develop and run their own activities to meet its needs. In particular, we operate a school holiday programme every school holidays. Our venue is available for other community groups to use for their activities and we hire our venue to the community. We are happy to support and encourage other groups to develop their services and have some capacity to umbrella funding for smaller community groups

50 Dunkirk Road Panmure Auckland 1740



dunkirk@xtra.co.nz  Office hours are Monday to Thursday 9.30 -

(09) 570 5539 1.30, Friday 9 - 1

http://www.dunkirkrdactivitycentre.org.nz Some charges may apply. No referral required.

**Classification : OSCAR**

**Dynamix Out of School Care Limited**

FSD0024219 Last updated 08/10/2020

We are a Out of school care provider, providing before school, after school and holiday programmes.

 Starling Sports Club 34 Glen Road Ranui Auckland 0610 amber@dynamixoutofschoolcare.co.nz  Monday - Friday

(022) 402 5422 Before School Care 6.45am - 9am

https://www.dynamixoutofschoolcare.co.n After School Care 3pm - 6.30pm

z/ Holiday Programme 6.45am - 6.30pm

Some charges may apply. No referral required.

**Classification : OSCAR**

|  |  |
| --- | --- |
| **East Coast Bays Holiday Programme** |  |
| FSD0022805  East Coast Bays Holiday Programme - School Terms. | Last updated 11/03/2021 |

12 Bute Road Auckland 0630



eastcoastbaysleisure@aucklandcouncil.g  6am - 9pm Mon - Friday

|  |  |  |
| --- | --- | --- |
| ovt.nz  (09) 478 3379 (027) 448 6885 https://aucklandleisure.co.nz/locations/eas t-coast-bays-leisure-centre/    **Classification : OSCAR** | 8am - 6pm Saturday  Closed Sunday  9 - 12 Public Holidays Some charges may apply.  No referral required. |  |
| **Edmonton School OSCAR Program** | |
| FSD0024116 | | Last updated 30/11/2020 |

Before, After School and Holiday Program for the children of Edmonton Primary School.

Edmonton School 1 School Road Te Atatu South Auckland 0610



edmonton.cash@xtra.co.nz  During the School Term 7am-8:30am and

(027) 550 5197 3:00pm-5:30pm

(09) 838 9318 School Holidays 7am-5:30pm with the exception

of the week of Xmas and the week of New Year Some charges may apply. No referral required.

**Classification : OSCAR**

**Edmund Rice Camps Auckland Incorporated**

FSD0024400 Last updated 01/10/2020

Edmund Rice Camps provide fun and exciting camps for children aged 8-12 who need a break due to social, financial or family reasons. Our camps aim to provide a fun-filled week of activities and challenges that encourage children to come out of their shells and realise their full potential. The diversity of children and leaders who come on camp creates a culturally enriched environment that explores, teaches and motivates positive behaviour, confidence, life skills, leadership amongst many other benefits.

Camps rely solely on volunteers aged between 17-25 years who are driven by passion and respect to care for young people. We provide a unique experience where the ratio of leaders to children is 1:1, providing an opportunity to learn self-worth through social skills and positive role modelling.

34 Queen Mary Avenue Epsom Auckland 1023 chairperson@ercampsauckland.org  Monday-Friday (Free call / text) 021 1023616 Some charges may apply. http://www.ercampsauckland.org.nz/about Referral may apply. -us/



**Classification : OSCAR**

**Eduplay Childcare OTAHUHU**

FSD0022393 Last updated 22/09/2020

Eduplay Otahuhu offers full day childcare for all ages. We are a purpose built centre in Otahuhu's newest commercial building complex. We welcome you to come and have a look at our centre and meet our teaching team!

First Floor 225 Great South Road Otahuhu Auckland 1062



adminotahuhu@edupac.co.nz  7.30am to 5.30pm

|  |  |
| --- | --- |
| (09) 965 4489 (0800) 219 172 http://www.otahuhuchildcare.co.nz | Monday to Friday  Some charges may apply.  No referral required. |

**Ember Korowai Takitini**

FSD0021212 Last updated 07/06/2020

Ember Korowai Takitini , offers a wide range of services to people experiencing mental health and addictions issues including attaining goals in employment and accommodation.

Ember works strongly from a Values base, using them in recruitment, decision making, planning and evaluation of services.

Ember holds priorities in people development. That includes stakeholder development – service users, family/whanau and Maori – so that people can work more actively in partnership with the organisation both in individual service delivery and in organisational development.

So finally, here we are… Ember Korowai Takitini , Tama T Tama Ora which is Standing Together In Wellness.

49B Apollo Drive Rosedale Auckland 0632



reception@connectsr.org.nz  9am - 5pm Monday to Friday

(09) 443 3700 All services free of charge. http://connectsr.org.nz Referral may apply.

**Fairy Godmothers Home-based Childcare**

FSD0023368 Last updated 05/02/2021

Fairy Godmothers is a home-based childcare service that looks after children on the North Shore, Hibiscus Coast, Helensville and Rodney Districts. We offer small rations of 1 educator to 4 children. There are plenty of opportunities to join other educators for outings and playgroups. Home-based care gives parents more flexibility than larger childcare centres and the environment is more like their own home.

2/667 Whangaparaoa Road Stanmore Bay Auckland 0932



info@fairygodmothers.co.nz  Weekdays 9am - 4pm

|  |  |
| --- | --- |
| (09) 424 8868 |  |
| (0800) 324 7437  http://www.fairygodmothers.co.nz | 0800 FAIRIES  Some charges may apply.  No referral required. |

**Fetu Taiala Aoga Amata**

FSD0024303 Last updated 19/08/2020

We provide a Samoan Full Immersion Early Learning service for all children. Our passionate teachers have years of experience in the ECE sector and are registered educators with the NZ Teachers Council. Our philosophy aims to empower children through their language, culture, identity and spiritual beliefs. We provide free 30 hours FOR ALL CHILDREN, free transportation, free morning tea, and afternoon. Our transition to school programme is developed to prepare 4 year old children for Primary School.

29 Wickman Way Mangere East Auckland 2024



(09) 257 0182  Monday to Friday 7.30am to 5pm http://www.tavaesinatrust.org.nz All services free of charge.

No referral required.

**Finlayson Park School**

FSD0024065 Last updated 19/10/2020

OSCAR approved programes at Primary School.

85 John Walker Drive Manurewa Auckland 2102 office@finlaysonpark.school.nz  7:30 am - 4:30 pm



(09) 266 5558 Some charges may apply. http://www.finlaysonpark.school.nz/ Referral may apply.

**Classification : OSCAR**

**First Korean Presbyterian Church and Community Trust**

FSD0023075 Last updated 15/06/2020

Provide and develop a high quality cross-cultural community services, OSCAR Holiday/After School Care programmes and the Christian faith at and from the centre to meet the families and individual needs.

 22 Edmonton Road Henderson Auckland 0612

|  |  |
| --- | --- |
| kpcanz@kpcanz.com (09) 836 0191 http://kpcanz.com    **Classification : OSCAR** | Mon - Fri 9 - 6  Some charges may apply.  No referral required. |

**Franklin Family Support Centre**

FSD0000964 Last updated 23/12/2020

To empower families and individuals with financial, personal or family issues by providing professional, compassionate and caring social services and educational programmes.

82 Manukau Road Pukekohe admin@familysupport.org.nz  9.00am - 4.00pm, Monday to Friday.



|  |  |
| --- | --- |
| (09) 238 6233 http://www.familysupport.org.nz    **Classification : BFC, FVSS** | Some charges may apply. No referral required. |

**Freemans Bay After School Care**

FSD0022282 Last updated 07/12/2020

Freeman Bay Before & After School Care Programmes provide safe, fun, supervised programmes which cater for the needs of primary school children.

Our programmes provide constructive opportunities for children to use their leisure time creatively in a caring and positive environment.

The programmes are structured to provide opportunities for children to play and enjoy themselves, to be treated fairly with dignity, respect, attention and support from staff. A positive, child-focused and culturally-responsive environment.

95 Wellington St Freemans Bay Auckland 1011



freemansbay@yahoo.co.nz  During school terms only

(021) 051 1976 Before school 7:00am - 8:45am

After school 3:00pm - 6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Funtimez Kids Club**

FSD0017823 Last updated 11/06/2020

Out of School Care Programme. Providing quality affordable before and after school care. Holiday Programmes run at the end of each school term and during January.

Fruitvale Primary School 9 Fruitvale Road New Lynn Auckland 0603



craynes@xtra.co.nz  Before School 7.00am - 8.30am (021) 024 98202 After School 3.00pm - 6.00pm

Holiday Programmes 7.30am - 6.00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Gateway Community Trust**

FSD0015197 Last updated 22/09/2020

We are a community-based trust focused on strengthening families, empowering our youth and are OSCAR approved for child care services.

26A Wood Street Papakura 2110



reception@navigators.community  Monday to Friday, 8am - 4pm

|  |  |
| --- | --- |
| (09) 298 1807 http://www.thegate.co.nz    **Classification : OSCAR**    **Giraffe Early Learning Center** | Some charges may apply. No referral required. |
| FSD0024446 | Last updated 05/11/2020 |

Giraffe ELC is a beautifully designed, purpose built Early Learning Centre located at 529 Mt Albert Road, Three Kings.

We are taking enrolments now for our opening in January 2021.

We welcome you and your child/children to what we trust is an early learning education in a nurturing and stimulating environment, that provides an extension of your family life and parenting goals, as well as a solid foundation for your child's future learning.

Your preschool child/children will have a full nutritional meal service from breakfast to dinner, experience high quality day care and a preschool education, where they participate in a wellresourced centre with a fun, supportive and challenging background to inquiry-based learning.

We offer a range of extra-curricular activities such as fencing, speech and drama, music, french, dancing classes on site for your little ones.

529A Mount Albert Road Three Kings Auckland 1042



info@gece.co.nz  Monday to Saturday from 7:00 am to 6:30pm (0800) 309 000 and Sunday from 9:00am to 6:30pm excluding http://gece.co.nz public holidays.

Some charges may apply. No referral required.

**Gladstone Primary School OSCAR**

FSD0021424 Last updated 06/10/2020

To provide quality, safe, accessible childcare and recreational opportunities for the Gladstone community. We offer morning care, after school care and holiday programmes.

8 Seaview Terrace Mt Albert Auckland 1025



michellen@gladstone.school.nz  School Terms 7.30am - 8.30am and 3.00pm -

(027) 478 8158(2.30pm onwards) 6.00pm

(09) 845 2623 (2.30pm-6pm) Some charges may apply. https://gladstone.school.nz/category/oscar No referral required. -2/

**Classification : OSCAR**

**Glamorgan Kids Club**

FSD0024263 Last updated 17/07/2020

A Before and after school care, plus school holiday programme for students at Glamorgan Primary School, Torbay

 Glamorgan School 145 Glamorgan Drive Torbay Auckland 0630

|  |  |
| --- | --- |
| p.k.mccormack@outlook.com (021) 612 105    **Classification : OSCAR** | Open 7.15-8.30am, 3-6pm, and during school holidays 7.15am - 6pm Some charges may apply.  No referral required. |

**Glen Eden Community House Inc**

FSD0017552 Last updated 04/05/2021

The Glen Eden Community House provides local people with opportunities to participate in and experience a mix of social, educational, cutural or recreational activities

13 Pisces Road Glen Eden Auckland 0602



manager@glenedencommunityhouse.co.  Monday to Friday 9.00 am to 4.00pm nz Some charges may apply.

(09) 818 2194 Referral may apply.

(09) 818 2198 http://glenedencommunityhouse.co.nz

**Classification : OSCAR**

**Glen Innes Out of School Care and Recreation**

FSD0024063 Last updated 19/10/2020

Welcome to our OSCAR approved Before and After school and Holiday programmes, where the safety and care of your child is our number one priority.We offer the programmes that parents can rely on and children love to attend. A safe,fun,supervised environment with lots on offer.

171 Pilkington Road Glen Innes Auckland 1072



gleninnes@blossomseducare.co.nz  Before School 7.00-8.30am

(09) 527 4282 After School 3.00-6.00pm

http://Blossomseducare.co.nz Holiday Programme 7.30-6.00pm

Monday to Friday(Closed Public Holidays) Some charges may apply. No referral required.

**Classification : OSCAR**

**Glendowie OSCARS**

FSD0018552 Last updated 11/03/2021

To provide a caring, fun and safe out of school care programme that meets the needs of our local community.

Glendowie Primary School 217 Riddell Road Glendowie Auckland 1071 che@oscars.co.nz  During school terms: (021) 367 243 Monday - Friday 7.15am - 8.30am http://www.oscars.co.nz and 3pm-6pm



School Holidays 7.30am-6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Good Seed Trust**

FSD0017872 Last updated 26/01/2021

Good Seed Trust's mission is to provide quality care & learning experiences for children, youth & families. We have three early children centres in Mangere, Mt Wellington & Glendene. Our family support team operates 4 vans in Mangere to transport children. We run a community playgroup in Mangere.

The Trust also operates OSCAR approved programmes - Afterschool and Holiday programmes in Mangere, and Afterschool care at Panama Rd School. Fathers & Kids Events are held quarterly.

SuperGrans is being established in Mangere and Riverside through Good Seed Trust.

18A Mervan Street Mangere East Auckland 2024



info@goodseedtrust.co.nz  Monday to Friday

|  |  |
| --- | --- |
| (09) 275 1065 (027) 503 2470 http://www.goodseedtrust.co.nz | 7am to 6pm  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Great Potentials - Papakura Family Service Centre**

FSD0003679 Last updated 03/11/2020

Papakura Family Service Centre has integrated health, education and support services for children and parents and is part of the Great Potentials Foundation.

14 Maurice Street Papakura Auckland 2110



(09) 299 6610  Monday - Friday 9am - 4.30pm http://www.greatpotentials.org.nz Some charges may apply.

Referral may apply.

**Great Potentials - Takanini Family Service Centre**

FSD0022363 Last updated 17/07/2020

We offer a range of social services and programmes to the community including counselling, parenting programmes, playgroup, English literacy classes. Most of our services/programmes are free however a small koha may apply to some.

8 Oakleigh Avenue Takanini Auckland 2112



fsc.info@greatpotentials.org.nz  9am - 4.30pm

(09) 974 4719 Monday to Friday

(021) 882 970 Some charges may apply. http://www.greatpotentials.org.nz/ No referral required.

**Great Times Out of School Care**

FSD0021389 Last updated 19/12/2020

OSCAR approved Out of School Care provider. Operating from The Gardens School providing Morning Care, After School Care and Holiday Care & Conifer Grove School providing After School Care and Morning Care.

 The Gardens School 101 Charles Prevost Dr The Gardens Manurewa

|  |  |
| --- | --- |
| alecas@xtra.co.nz (027) 518 0077    **Classification : OSCAR** | Morning Care 7.00am-8.30am  After School Care 2.45pm-5.45pm, School Holiday Care available Some charges may apply.  No referral required. |

**Great Times Out of School Care - Conifer Grove**

FSD0017832 Last updated 17/01/2021

OSCAR approved. Great Times Out of School Care operates out of Conifer Grove School Evanda Cres, Manurewa.

Conifer Grove School 1 Evanda Cr Takanini South Auckland



alecas@xtra.co.nz  Hours of operation 7am to 8.30am Morning

(027) 518 0077 Care. After School Care 2.45pm to 5.45pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Green Bay Community House**

FSD0018417 Last updated 16/07/2020

At the Green Bay Community House we provide a welcoming place for people of all ages. Our Community House is a place to build friendships, aspire to learn new things and share skills.

1 Barron Drive Green Bay Auckland 0604



gbcommunityhouse@gmail.com  9am - 2pm

(09) 827 3300 Some charges may apply. http://www.greenbaycommunityhouse.co. No referral required. nz

**Classification : OSCAR**

**Green Bay Kids Own**

FSD0021405 Last updated 08/04/2021

Out of School Care, Before and After School care and Holiday programmes for children aged 5 13 years.

gbko@xtra.co.nz  School days 7.00 am - 8.30 am and 2.55 pm -

(027) 223 8386 5.45 pm

School Holidays 7.45 am - 5.45 pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Grey Lynn Community Centre**

FSD0021925 Last updated 09/04/2021

Provides a play group and OSCAR school holiday programme for children. Our purpose is to be the ‘hub’ in Grey Lynn, where our community meets to learn skills and get to know each other, forming an integrated and supportive community.

The Centre is a place that is welcoming, comfortable and accessible to all who want to use it. Our primary community includes the people of Grey Lynn, Westmere and Arch Hill.

510 Richmond Rd Grey Lynn Auckland 1021



office@greylynn.org.nz  Office Hours - Monday - Friday 8.30am until

(09) 378 4908 4.30pm

(027) 271 7210 after hours Some charges may apply. http://greylynn.org.nz No referral required.

**Classification : OSCAR**

**Grey Lynn Community Link**

FSD0007916 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

562 Richmond Road Grey Lynn 1011



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz      **GymCity Papatoetoe** | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0019627 | Last updated 15/12/2020 |

GymCity is a children's gymnastic club offering classes for all children from babies to teenagers. We teach fundamental skills development & gymnastics programmes for boys and girls, beginners to National level, Tumbling, TeamGym. We deliver to pre-school and school within the wider community. We run OSCAR approved School Holiday Programmes every holidays with lots of variety including Arts & Crafts, cooking, excursions, games and gymnastics, as well as lots of other exciting activities. We have very experienced coaches and wonderful helpers, and we are proud of the lovely atmosphere our club has, where everyone works together to make GymCity a great club for their children. We welcome anybody to come and join our club - you will be pleased you did.

Flat 2 64 Marne Road Papakura 2110



rowenadeadman@gmail.com  8am-8.30pm Mon- Fri, 8am-12.30pm Sat

(09) 279 9400 Some charges may apply. http://www.gymcity.org.nz No referral required.

**Classification : OSCAR**

**HappyTots In home Childcare**

FSD0020937 Last updated 17/09/2020

HappyTots is licensed and funded by the Ministry of Education, which means families can access our programme at no cost to children, caregiver, and whanau who qualify.

If you are grandparents who are looking after your grandchild, you may qualify for our programme.

Our programme includes:

Non income tested subsidy to every child of up to $4.2 per hour

Free access to our toy library

Individual learning programme designed for your child

Free monthly visit from registered ECE teacher to help you on education

Free first aid training

Free monthly organised activities

Suite 1, Level 1, Annex Building 27 Gillies Ave Epsom Auckland 1023



info@happytots.co.nz  Monday to Friday 8.30am-4.30pm (0800) 208 000 All services free of charge. http://www.happytots.co.nz No referral required.

**Helensville After School care**

FSD0021404 Last updated 05/11/2020

After School childcare.

c/- Helensville Primary School 29 Rata Street Helensville 0800



emanddarren3@gmail.com  Monday - Friday 3 pm till 6 pm

(021) 120 8467 Some charges may apply.

No referral required.

**Classification : OSCAR**

**Hibiscus Coast Parents Centre Inc**

FSD0007311 Last updated 07/10/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

hibiscus.coast@parentscentre.org.nz  Please use our Facebook page to make contact.

(021) 0882 9339 https://www.facebook.com/hibiscuscoastp We respond to contact twice a week, our

arentscentre courses run 8 times a year with short courses in

between.

Some charges may apply. No referral required.

**Hibiscus Coast Youth Centre**

FSD0022060 Last updated 17/02/2021

The Hibiscus Coast Youth Centre is a non-profit organisation whose mission is to empower and strengthen youth and their families by providing comprehensive youth development through education, physically challenging activities, employment and training advocacy and other support services.

To provide opportunities and support for young people, encouraging them to become involved in, and contribute to the development of their community.

HBC HWY 214d Hibiscus Coast Highway Auckland 0930



findhbcyc@gmail.com  Mon-Fri 09:00 To 18:00

|  |  |
| --- | --- |
| (09) 426 5005 (027) 685 1415 http://www.hbcyouthcentre.org    **Classification : OSCAR** | Friday Night 18:00 To 22:00  Saturday 11:00 To 17:00  Room Hire 24/7 By Booking Some charges may apply.  No referral required. |

**Highbury Community House Inc**

FSD0015253 Last updated 07/09/2020

To enhance social and cultural well-being by providing accessible and affordable opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to make friends, meet people, learn, contribute and participate in the local community.

Highbury Community House & ELC 110 Hinemoa Street Birkenhead North Shore 0626 manager@highburyhouse.org.nz  Office hours 9.00am - 2.30pm Mon - Fri



|  |  |
| --- | --- |
| (09) 480 5279  (09) 480 5239 http://www.highburyhouse.org.nz | Community House is available for hire 7 days a week  Early Learning Centre open times 9.00-2.30 term time only  Some charges may apply.  No referral required. |

**Highland Park Community Link**

FSD0007900 Last updated 06/04/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit E 491 Pakuranga Road Manukau 2010



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**HIPPY North Shore**

FSD0024445 Last updated 06/11/2020

Community Education Foundation supports New Zealand Families to nurture their children and provide the opportunities and resources to help children and families to get what they suppose to have in today’s New Zealand modern societies.

Our service will take a holistic approach on how to achieve the best possible outcome for the children and the families. From their basic needs such as food to early childhood education.

HIPPY

Hippy is a home-based programme that supports parents to be involved in their children's learning.

Parents help their children to develop cognitive skills including language, problem solving, logical thinking, percepetual and other school readiness skills. All HIPPY activities can be linked to learning outcomes in the early childhood curriculum framework, Te Whaariki, or the New Zealand Curriculum Framework for primary schools.

 Suite 2 179A Archers Road Hillcrest Auckland 0629

jenny@vulnerable.org.nz  Monday to Friday 9-3pm except public holidays (027) 233 9788 All services free of charge. https://vulnerable.org.nz/activities/early- No referral required. intervention

**HJ Elite Academy Limited**

FSD0024535 Last updated 30/03/2021

HJ Elite Soccer Academy offers a plethora of programs that are geared towards optimising the soccer capabilities of children (and young adults) 4 to 21 years of age. To maximise impact, we have programs in South and East Auckland with operational hours that cater to the hectic schedule of our school-going kids, and their parents/caregivers. HJ Elite enhances its impact by utilising a long-term development model which spans the four seasons; offering year round training and development options for our young soccer stars: in the making. We also maximise outcomes by ensuring that training is conducted on both grass and turf settings; dependent on the training location. Check out our programs listed on the website, to identify which one is right for you.

|  |  |  |
| --- | --- | --- |
| info@hjeliteacademy.co.nz  (021) 089 36872 http://www.hjeliteacademy.co.nz      **HobbyCare** | Operational hours are based on program and location. Average after school hours are 3:15 - | |
| 5:15 pm (age dependent) Some charges may apply.  No referral required. |  |
| FSD0021415 |  | Last updated 17/08/2020 |

Before & After School Care for pupils of Hobsonville Primary School.

Hobsonville Primary School 104 Hobsonville Road Hobsonville Auckland 0618



info@hobbycare.co.nz  Monday to Friday during the school term.

(021) 667 713 7:00am to 8:30am (Morning Care). https://www.facebook.com/hobbycarenz 3:00pm to 5:45pm (Afternoon Care).

Not open Public or School Holidays.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Howick Leisure Centre**

FSD0022362 Last updated 21/07/2020

Howick Leisure Centre provides Holiday programmes during school holiday periods.

We also offer recreation activities for all ages. We have a fitness centre/gym as well as a child care facility that services the community.

563 Pakuranga Road Highland Park Auckland 2010



howickleisure@aucklandcouncil.govt.nz  Monday - Friday 7.30am-7.00pm

(09) 261 8436 Weekends 8am-4pm

https://aucklandleisure.co.nz/locations/ho Some charges may apply. wick-leisure-centre/ No referral required.

**Classification : OSCAR**

**Huakina Development Trust**

FSD0005729 Last updated 14/09/2020

Huakina has a mission statement to "Unleash the Potential of People" and they stand by it with passion. To provide support in health & wellbeing, education and environmental issues to the community.

15-17 Roulston Street Pukekohe



admin@huakina.co.nz  8.30 am - 5.00 pm Monday to Friday

|  |  |
| --- | --- |
| (09) 238 0250 http://www.huakina.co.nz    **Classification : FVSS, OSCAR**    **Huapai District School** | All services free of charge. Referral may apply. |
| FSD0024283 | Last updated 14/08/2020 |

Huapai plus provides Before, After school & Holiday programmes for children aged 5-13 years old operated at Huapai District School. We are fully OSCAR approved which means our services are regularly audited and are eligible for childcare subsidies through Work and Income New Zealand.

40 Station Road Huapai Kumeu 0810 huapaiplus@huapaidistrict.school.nz (027) 359 5026 https://www.facebook.com/Huapaiplus



**Classification : OSCAR**

Monday - Friday Before school 7am-8:30am,

After School 3pm-6pm & the school holidays

7am-6pm

All services free of charge. No referral required.

**Hunters Corner Community Link**

FSD0007901 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

139 Great South Road Hunters Corner Manukau 2025



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Immanuel Preschool - Favona Road**

FSD0023468 Last updated 12/04/2021

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

 15 Favona Road Favona Auckland 0600

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| enquire@immanuelpreschool.ac.nz  (09) 962 5237 (0800) 338 583 http://www.immanuelpreschool.ac.nz      **Immanuel Preschool - Mangere** | Monday 7:30am to 5:30pm  Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply. No referral required. |
| FSD0023462 | Last updated 12/03/2021 |

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

55 Hokianga Street Mangere East Auckland 2024



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

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| (09) 277 9409 (021) 022 45322 http://www.immanuelpreschool.ac.nz      **Immanuel Preschool - Otara** | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply. No referral required. |
| FSD0023461 | Last updated 12/04/2021 |

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

55 Clayton Avenue Otara Auckland 2023



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

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| (09) 271 1412 (021) 022 45322 http://www.immanuelpreschool.ac.nz | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply.  No referral required. |

**Immanuel Preschool - Papatoetoe**

FSD0023460 Last updated 23/03/2021

To provide great opportunities to bring out the best from each child. We are highly focused on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

184 Portage Road Papatoetoe Auckland 2025



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

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| (021) 022 45322 (09) 279 4879 http://www.immanuelpreschool.ac.nz      **Jigsaw Afterschool Centre** | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply. No referral required. |
| FSD0021655 | Last updated 22/08/2020 |

Jigsaw has been operating since 1987, providing care for children after school and in the school holidays. We are a registered centre, in a purpose built building in Mt Eden, and provide a wide range of activities for children, which include cooking, art and craft, tennis, and various leisure activities. Many outdoor pursuits and activities are also provided in the school holiday programme. 19 View Road Mt Eden kamiskis@hotmail.com  After school hours 3 - 6 pm. Monday to Friday.



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| (027) 277 7714    **Classification : OSCAR**    **Kaleidocare** | On the days the school closes early we also provide care School holiday hours 7.45am6pm. Monday to Friday.  Some charges may apply. No referral required. |
| FSD0022937 | Last updated 23/07/2020 |

Provide day service programme for young adults with High and Complex special needs.

OSCAR approved After school and Holiday programme for young children with special needs.

6C Cape Hill Road Pukekohe 2120



office@kaleidocare.co.nz  8.30am - 5.30pm Monday to Friday

(09) 239 3701 Some charges may apply. http://www.kaleidocare.co.nz Referral may apply.

**Classification : OSCAR**

**Karma Kids**

FSD0022045 Last updated 28/04/2021

Karma Kids is an OSCAR approved organisation providing After Schoolcare to children at Westmere Primary School. Karma Kids provides a high quality program with trained, caring staff and the amazing resources for children. Activities include sports, crafts, dance, art, games and more - we even have a resident clown.

23 Picton Street Freemans Bay Auckland 1011



admin@karmakids.co.nz  Currently running ASC only.

(027) 668 4655 8.00AM to 6.00PM Mon-Fri (Head Office) (027) 451 4863 7.30AM to 8.30AM (BSC)

2.30PM to 6.00PM (ASC)

8.00AM to 6.00PM (Holidays) Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Kelly Club Albany**

FSD0024059 Last updated 21/09/2020

Kelly Club Albany provides OSCAR approved Before School Care, After School Care and Holiday Programmes at Albany Primary School.

Albany Primary School 6 Bass Road Albany Auckland 0632



albany@kellyclub.co.nz  Mondays-Fridays

(022) 693 7732 Before School 7-830am

http://www.kellyclub.co.nz/albany After School 3-6pm

Holiday Programme 7am-6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Avondale**

FSD0021945 Last updated 24/11/2020

We are a before and after school care provider and also a holiday programme provider run out of Avondale Primary School. We cater for primary school aged children 5-13yrs. Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the holiday programme we go on trip days.

Avondale Primary School 4 Crayford Street West Avondale Auckland



avondale@kellyclub.co.nz  Our venue times vary but 8am - 5pm office

(09) 427 9377 hours.

(021) 120 5575 Some charges may apply. http://kellyclub.co.nz No referral required.

**Classification : OSCAR**

**Kelly Club Bayswater Limited**

FSD0021402 Last updated 17/01/2021

To offer the children of Bayswater and Belmont School a Before and After School option where they can relax and enjoy themselves in a safe environment.

We offer:

\*Sports

\*Arts and Crafts

\*Cooking

Throughout a normal week, the session times are 7am-8.30am and 3pm-4.30pm or 3pm to 6pm.

181 Bayswater Avenue Bayswater North Shore City 0622



bayswater@kellyclub.co.nz  Morning session: 7am-8.30am

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| (022) 301 8610 (027) 278 4254 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Beachlands** | Afternoon half session: 3pm-4.30pm Afternoon full session: 3pm-6pm Some charges may apply. No referral required. |
| FSD0024090 | Last updated 27/09/2020 |

Kelly Club provides OSCAR approved Before and After School Care within the school grounds on a daily basis.

We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide quality childcare in safe and fun surroundings for children out of school. Our before and aftercare programmes are focused around sports, cooking, art and craft activities as well as relaxation time around a busy day at school. Children will be encouraged, educated and entertained during their time on our programmes.

Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid, art and craft activities and a range of basic sports skills.

 18 Bell Road Beachlands Auckland 2018

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| beachlands@kellyclub.co.nz  (021) 204 3824 (021) 733 714 http://kellyclub.co.nz/beachlands    **Classification : OSCAR**    **Kelly Club Buckland** | Daily,  Before School Care 7:00am to 8:15am Afterschool care 2:30pm to 6:00pm.  Daily during school holidays 7:00am to 6:00pm  Plus Teacher Only Days Some charges may apply. No referral required. |
| FSD0024408 | Last updated 02/10/2020 |

At Kelly Club Buckland, we offer quality, OSCAR approved before and after school care in safe and supportive surroundings, with programmes that are tailored to your kids' ages and skill levels.

Our dedicated and passionate staff are fully trained in all aspects of looking after your children.

72 George Crescent Buckland 2677



buckland@kellyclub.co.nz  After School Care

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| (021) 087 49579 https://www.kellyclub.co.nz/buckland    **Classification : OSCAR**    **Kelly Club Chelsea** | Monday to Friday - 3 pm to 6 PM  Holiday Programme  Monday to Friday - 7:30 am to 5:30 pm  Before School care  7:00 am - 8:30 am Some charges may apply. No referral required. |
| FSD0023011 | Last updated 19/02/2021 |

Provides before school care, after school care and holiday programmes at Chelsea Primary School.

 Chelsea Primary School (corner Balmain Rd) 6 Onetaunga Rd Chatswood Auckland 0626

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| chelsea@kellyclub.co.nz (022) 268 21155 https://kellyclub.co.nz/chelsea    **Classification : OSCAR**    **Kelly Club Clevedon** | School Term time Mondays-Fridays  Before Care 7.30-8.30am  After Care 3-4.30pm or 3-6pm  School Holidays  8am - 6pm (with half day and school day options)  Some charges may apply. No referral required. |
| FSD0024034 | Last updated 01/10/2020 |

Kelly Club Clevedon OSCAR approved programmes are packed with variety to entertain and inspire children.

Our goal is to give children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We use a professional programme model and have local people take control of the programme, this means Kelly Club programmes best meet the needs of the local community.

Programmes are focused around sports, cooking, trips, art and craft activities, as well as relaxation time around a busy life at school.

Children are encouraged, educated and entertained during their time on our programmes.

13 North Rd Clevedon Auckland 2580



clevedon@kellyclub.co.nz  7am-6pm Monday - Friday

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| (021) 082 00679 http://www.kellyclub.co.nz/clevedon    **Classification : OSCAR**    **Kelly Club Edendale Limited** | Some charges may apply. No referral required. |  |
| FSD0023933 |  | Last updated 22/04/2021 |

Children can have fun and benefit in a number of ways.

Kelly Club OSCAR approved programmes are packed with variety to entertain and inspire children.

Our goal is to give children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We use a professional programme model and have local people take control of the programme, this means Kelly Club programmes best meet the needs of the local community.

Programmes are focused around sports, cooking, trips, art and craft activities, as well as relaxation time around a busy life at school.

Edendale Primary School 419 Sandringham Road Sandringham Auckland 1025 edendale@kellyclub.co.nz  7 - 8.30am and 2pm - 6pm during the School



(021) 072 1723 Term

https://www.kellyclub.co.nz/

7.30 - 6pm during School Holidays

Closed on public holidays Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Elim Limited**

FSD0024212 Last updated 26/04/2021

We offer a range of activities that the children can be involved in while they are in our OSCAR approved programmes.

We run after school 3.00pm - 6pm, during term time.

Holiday Programmes open at 8am and close at 6pm.

We have a range of activities from sports, crafts, baking, scavenger hunts and trip days.

Something for everyone!

94 Golfland Drive Golflands Auckland 2013



elim@kellyclub.co.nz  Term time after school, and all day during

(021) 156 6256 holiday programmes

http://www.kellyclub.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kelly Club Glenbrook**

FSD0024033 Last updated 09/10/2020

Kelly Club Glenbrook provides OSCAR approved after school care to children attending Glenbrook School.

459 Waiuku Road RD1 Franklin 2681



glenbrook@kellyclub.co.nz  Monday - Friday (except public and school

(022) 647 8228 holidays)

http://kellyclub.co.nz 2:40pm-6:00pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Long Bay**

FSD0022122 Last updated 17/01/2021

We offer fun, engaging Before, After School Care and Holiday Programmes at Long Bay Primary School. A place where the children can enjoy themselves as well as making new friends along the way.

Long Bay Primary School - Ralph Eagles Place Long Bay Auckland



longbay@kellyclub.co.nz  Before School Care: 7.00am-8.30am (027) 363 3329 After School Care: 3.00pm-6.00pm http://kellyclub.co.nz Holiday Programme: 7.00am-6.00pm

Contactable throughout the day via phone or email for enquiries.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Marist School Herne Bay**

FSD0022457 Last updated 04/02/2021

Kelly Club Marist Herne Bay providing a Programme of FUN filled activities, Arts & Crafts, Sports, Discovery, Cooking & development for Before Care/After School Care and Holiday Progammes to the Community of Herne Bay/Ponsonby and also the wider Community.

82 Kelmarna Ave Auckland 1011



marist@kellyclub.co.nz  2.50 - 6pm, Monday - Friday during the School

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| (022) 192 6889 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Newmarket** | Term. 7am - 6pm, Monday - Friday during the School Holidays.  Some charges may apply. No referral required. |
| FSD0022015 | Last updated 02/02/2021 |

Kelly Club Newmarket provides OSCAR approved before and after school care. Our aim is to provide not just "a childcare facility", but to run programmes in a safe environment that entertain and inspire children.

7-11 Gillies Avenue Newmarket Auckland 1023



newmarket@kellyclub.co.nz  2.50pm - 6pm Monday - Friday During the

(021) 083 49109 School Term and 7am - 6pm during the school https://www.kellyclub.co.nz/ holiday periods.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club NZ**

FSD0021425 Last updated 25/04/2021

Kelly Club provide OSCAR beforecare, aftercare and holiday programmes throughout New Zealand. Our aim is to provide not just "a childcare facility", but to run programmes in a safe environment that entertain and inspire children.

paul@kellyclub.co.nz (021) 409 241 (09) 427 9377 http://www.kellyclub.co.nz

**Classification : OSCAR**

**Kelly Club Orewa Ltd**

FSD0021460

Monday - Friday

7.00am - 6.00pm

Some charges may apply. No referral required.

Last updated 24/11/2020

We are a before and after school care provider and also a holiday programme provider run out of Orewa Primary School. We cater for primary school aged children 5-13yrs.

Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the holiday programme we go on trip days.

86 Maire Rd Orewa Auckland 0932



orewa@kellyclub.co.nz  Our venue times vary but 8am - 5pm office

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| (09) 427 9377  (021) 070 8839 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Orewa North** | hours.  Some charges may apply. No referral required. |
| FSD0024046 | Last updated 20/09/2020 |

Kelly Club childcare OSCAR approved programmes focus on giving children aged between 5 and 12 the opportunity to do things they enjoy in a safe, supportive and encouraging environment. Kelly Club programmes are packed with variety to entertain and inspire children. Programmes are full of exciting activities and trips that will guarantee your children have a great time!

Orewa North School 280 Centreway Rd Orewa Auckland 0932



orewanorth@kellyclub.co.nz  Monday-Friday 7am-8-30am Before school care (021) 195 1562 and 2-45-6pm after school care.

http://www.kellyclub.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kelly Club Point Chevalier**

FSD0024374 Last updated 14/09/2020

OSCAR Approved Before and Aftercare and Holiday programmes.

7-31 Te Ra Road Point Chevalier Auckland 1022



ptchev@kellyclub.co.nz  7am - 8.30 M-F during the term (022) 699 0573 2pm - 6pm M-F During school term

http://kellyclub.co.nz 7.30am - 6pm During the School Holidays

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Red Beach**

FSD0021934 Last updated 24/11/2020

We are a before and after school care provider and also a holiday programme provider run out of Red Beach Primary School. We cater for primary school aged children 5-13yrs. Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the holiday programme we go on trip days.

Red Beach School 20 Albert Hall Drive Red Beach Auckland 0932



redbeach@kellyclub.co.nz  Our venue times vary but 8am - 5pm office

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| (09) 427 9377  (021) 189 3484 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Royal Oak** | hours.  Some charges may apply. No referral required. |
| FSD0024029 | Last updated 31/08/2020 |

Kelly Club provide OSCAR beforecare, aftercare and holiday programmes throughout New Zealand. Our aim is to provide not just "a childcare facility", but to run programmes in a safe environment that entertain and inspire children.

3 Chandler Avenue Royal Oak Auckland



din@kellyclub.co.nz  Mondays-Fridays (Term) 7:00-8:30am and 3:00-

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| http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Silverdale** | 6:00pm  Mondays-Fridays (School Holidays) 7:00am-  6:00pm  Some charges may apply. No referral required. |
| FSD0023258 | Last updated 01/08/2020 |

We run OSCAR approved before school care, after school care and holiday programmes

Level 1 2 Milner Avenue Silverdale 0932



silverdale@kellyclub.co.nz  Before School Care- 7am-8-30am

(021) 146 4463 After School Care- 3pm-6pm

http://www.kellyclub.co.nz/silverdale Holiday Programme- 7am-6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Snells Beach**

FSD0024045 Last updated 20/09/2020

We run OSCAR approved Before and After School care, and Holiday programmes.

Snells Beach School 62 Dawson Rd Snells Beach Auckland 0932



snellsbeach@kellyclub.co.nz  Before School Care- 7am-8-30am After School (021) 195 4227 Care- 3pm-6pm Holiday Programme- 7am-6pm.

http://www.kellyclub.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kelly Club St Thomas's**

FSD0024041 Last updated 19/10/2020

We offer OSCAR approved quality Before and After School Care during term time for students at St Thomas's school.

We also run awesome school Holiday programmes that are available to children outside of the school between the ages of 5 and 13.

School Hall 113 Allum St Kohimarama Auckland 1071



stthomas@kellyclub.co.nz  Monday - Friday 7:00am-8:30am and 3:00pm(021) 080 33666 6:00pm during term (excludes public and school https://kellyclub.co.nz/kelly\_events/view/8 holidays)

816 Monday - Friday 7:30am-5:30pm during school

holidays (this excludes public holidays).

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Stanhope Road**

FSD0024173 Last updated 04/03/2021

Kelly Club Stanhope Road provides OSCAR approved before and after school care and holiday programmes run within the school grounds.

Suite 1 2 Harris Road Mount Wellington Auckland 1051



stanhoperoad@kellyclub.co.nz  Monday - Friday 7:00am - 8:30am and 3:00pm -

(021) 980 050 6:00pm during term time (excludes public https://www.kellyclub.co.nz/stanhope-road holidays)

Monday - Friday 7:30am - 5:30pm during school holidays (excludes public holidays) Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Stanmore Bay**

FSD0021944 Last updated 09/06/2020

We are a before and after school care provider and also a Holiday Programme provider run out of Orewa, Orewa North, Red Beach, Stanmore and Silverdale Primary Schools. We cater for primary school aged children 5-13yrs. Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the Holiday Programme we go on trip days.

Stanmore Bay School 30 Waiora Road Stanmore Bay Whangaparaoa 0931 hbc@kellysports.co.nz  Our venue times vary but 8am - 5pm office



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| (09) 427 9377  (021) 146 4463 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Stonefields** | hours.  Some charges may apply. No referral required. |
| FSD0021950 | Last updated 19/06/2020 |

Kelly Club Stonefields providing a Programme of FUN filled activities, Arts & Crafts, Sports, Discovery, Cooking & development for Before Care & After School Care to the Community of Stonefields and also the wider Community.

81 Tihi Street Orakei Auckland 1060



stonefields@kellyclub.co.nz  Monday to Friday

(021) 028 89746 7am - 6pm

http://www.kellyclub.co.nz Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**Kelly Club Sunnyhills**

FSD0023269 Last updated 14/09/2020

Kelly Club provides before and after school care within the school grounds on a daily basis. We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide quality childcare in safe and fun surroundings for children out of school. Our before and aftercare programmes are focused around sports, cooking, art and craft activities as well as relaxation time around a busy day at school. Children will be encouraged, educated and entertained during their time on our programmes.

Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid, art and craft activities and a range of basic sports skills.

17 The Crest Sunnyhills Auckland 2010



sunnyhills@kellyclub.co.nz  School Term:

(09) 212 8658 Before School care 7:00am - 8:30am

(021) 131 7216 After School Care 3:00pm - 6:00pm http://kellyclub.co.nz/sunnyhills

School holidays:

Daily 7:00am to 6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Three Kings**

FSD0024030 Last updated 31/08/2020

Kelly Club provide OSCAR beforecare, aftercare and holiday programmes throughout New Zealand. Our aim is to provide not just "a childcare facility", but to run programmes in a safe environment that entertain and inspire children.

944 Mt. Eden Road Mt. Roskill Auckland 1024



din@kellyclub.co.nz  Mondays-Fridays (Term) 7:00-8:30am and 3:00http://kellyclub.co.nz 6:00pm

Mondays-Fridays (School Holidays) 7:00am-

6:00pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Valley**

FSD0024032 Last updated 09/10/2020

Kelly Club Valley provides OSCAR approved before and after school care for children aged between 5-13 years and operates out of the Valley School hall.

 42 East Street Auckland

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| natalie@kellyclub.co.nz (027) 467 3261 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Wellsford** | Kelly Club Valley is open Monday to Friday  (except public and school holidays) from 7:00am-8:30am and 3:00pm-6:00pm.  Some charges may apply. No referral required. |
| FSD0022843 | Last updated 13/09/2020 |

We are an OSCAR approved Before and After school care provider and also an OSCAR approved Holiday Programme provider run out of Wellsford Primary School. We cater for primary school aged children 5-13yrs. Our programmes offers various activities from baking, arts'n'crafts, sports and in the Holiday Programme we offer trip days.

Wellsford School 47 School Road Wellsford Auckland 0900



wellsford@kellyclub.co.nz  Our after school care programme operates 3pm (021) 176 9290 6pm. Our holiday programme operates 07:45am https://www.kellyclub.co.nz/ - 5:45pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Willowbank Ltd**

FSD0023433 Last updated 24/11/2020

We offer a range of activities that the children can be involved in while they are in our OSCAR approved programmes.

We run before school from 7am-8.30am and after school 3.00pm - 6pm, during term time, at Willowbank School.

We also run holiday programmes opening at 7am and close at 6pm.

We have a range of activities from sports, crafts, baking, scavenger hunts and trip days.

Something for everyone!!

56 Middlefield Drive East Tamaki Heights Auckland 2016



willowbank@kellyclub.co.nz  Term time before and after school, and all day

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| (09) 427 9377 (021) 195 4822 http://www.kellyclub.co.nz    **Classification : OSCAR**    **Kelly Sports East Auckland** | during holiday programmes Some charges may apply. No referral required. |
| FSD0023299 | Last updated 11/11/2020 |

We provide quality sporting opportunities for children as well as a quality fun and activity based holiday programme for 5-13 year olds. OSCAR approved.

Howick Pakuranga Netball Centre 451 Pakuranga Road Highland Park Auckland 2010 eastauckland@kellysports.co.nz  7am-6pm Mon-Fri during School Holidays



(021) 746 637 Some charges may apply. http://www.kellysports.co.nz/east- No referral required. auckland

**Classification : OSCAR**

**Kelly Sports Glenfield/Birkenhead**

FSD0022192 Last updated 04/10/2020

Kelly Sports encourages kids to have fun, build confidence and to give sport a go. We are passionate about what we do because we believe that sport has so much to offer young people. Sport and physical activity improves fitness, builds confidence, develops communication skills, teaches respect and consideration and gives children a place to channel their energy.

Kelly Sports G/B runs sports based holiday programmes from Target Road School, Glenfield, Auckland. Also after school programmes at various school in the Auckland Kaipatiki district.

felicia@kellysports.co.nz  8.00am - 6.00pm Mon - Friday

(022) 533 5420 Some charges may apply.

(09) 390 5000 No referral required. http://kellysports.co.nz

**Classification : OSCAR**

**Kelly Sports Papakura Franklin**

FSD0022825 Last updated 09/10/2020

Kelly Sports Papakura Franklin operates an OSCAR approved school holiday programme out of Valley School in Pukekohe for children between the ages of 5 - 13. We run a variety of sport based activities that help children gain and develop fundamental sporting skills as well as fair play and cooperation. We also offer games, food and craft activities, along with structured free time.

42 East Street Pukekohe



valley@kellyclub.co.nz  Monday to Friday during the school holidays

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| (021) 258 9040 http://www.kellysports.co.nz    **Classification : OSCAR**    **Kiddie Academy ELC** | (except public holidays) between the hours of 7:30am - 5:30pm.  Some charges may apply. No referral required. |
| FSD0024444 | Last updated 02/11/2020 |

Kiddie Academy is a beautifully designed, purpose built Early Childhood Education and Day Care Centre in Pukekohe.

We welcome you and your child/children to what we trust is an extension of your family life; one that understands the importance of maintaining a close relationship between your preschool child, their teacher and the family.

Your child/children will have a full nutritional meal service from breakfast to dinner and experience high quality care and early childhood education in a well-resourced centre in a nurturing, fun, loving and challenging environment.

Our well-equipped facilities will create a stimulating environment where children can feel safe and learn through their play in a natural and un-hurried way.

Our vibrant and qualified teaching team will be the best buddy when your child/children are away from home and provide inquiry based learning to stimulate their developing brain.

93 Victoria Street Pukekohe 2120



info@kece.co.nz  Monday to Friday 7am - 6pm except public

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| (0800) 207000 http://www.kece.co.nz | holidays  Some charges may apply.  No referral required. |

**Kids After School Care - Hauraki Primary School**

FSD0021229 Last updated 14/09/2020

OSCAR approved Before and After School Child Care provider at Hauraki Primary School, Takapuna, North Shore City.

Hauraki School 82 Jutland Road Takapuna Auckland 0622 kaschauraki@gmail.com  7.30-8.30 am



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| (021) 940 197 (021) 183 3595 http://www.hauraki.school.nz    **Classification : OSCAR** | 3.00-5.30 pm  Some charges may apply.  No referral required. |

**Kids After School Ltd - Bombay**

FSD0021331 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school care arrangements that will fit in with you.

 35 Paparata Road Bombay

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| admin@kidsafterschool.co.nz  (09) 236 4078 (027) 694 3096 http://www.kidsafterschool.co.nz    **Classification : OSCAR** | Before School 6.30am to 8.15am,  After School 2.50pm to 6.00pm Holiday Programme 7.00am-6.00pm Some charges may apply.  No referral required. |

**Kids After School Ltd - Harrisville**

FSD0021645 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school care arrangements that will fit in with you.

202 Harrisville Road Taukau



admin@kidsafterschool.co.nz  Before school 6.30am to 8.30am.

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| (09) 236 4078 (027) 694 3022 http://www.kidsafterschool.co.nz | After school 3pm to 6pm.  Holiday programme 7am to 6pm.  Some charges may apply.  No referral required. |

**Kids After School Ltd - Karaka**

FSD0023336 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holidays care arrangements that will fit in with you.

12 Blackbridge Rd RD1 Papakura



admin@kidsafterschool.co.nz  6.30am-8.30am – Before School Programme

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| (09) 236 4078 (027) 694 3000 http://www.kidsafterschool.co.nz    **Classification : OSCAR** | After School 2.45pm-6.00pm Holiday Programme 8.00-6.00pm Some charges may apply.  No referral required. |

**Kids After School Ltd - Patumahoe**

FSD0021642 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holidays care arrangements that will fit in with you.

38 Patumahoe Road Patumahoe



admin@kidsafterschool.co.nz  Before School 6.30am - 8.00am

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| (09) 236 4078  http://www.kidsafterschool.co.nz | After School 2.20pm to 6.00pm Holiday Programme 7.00am-6.00pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Kids After School Ltd - Pokeno**

FSD0024168 Last updated 08/04/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school care arrangements that will fit in with you.

54 Pokeno Road Pokeno 2472



(09) 236 4078  6.30am-8.30am – Before School Programme

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| (027) 694 3025 http://www.kidsafterschool.co.nz    **Classification : OSCAR** | After School 3.00pm-6.00pm Some charges may apply.  No referral required. |

**Kids After School Ltd - Pukekohe Hill**

FSD0021633 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holidays care arrangements that will fit in with you.

12 Green Lane Pukekohe admin@kidsafterschool.co.nz 



(027) 694 3011 (09) 236 4078 http://www.kidsafterschool.co.nz

**Classification : OSCAR**

Before School 6.30am - 8.30pm. After School 3pm to 6pm. Holiday programme 7am to 6pm Some charges may apply. No referral required.

**Kids After School Ltd - Waiuku**

FSD0021643 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holiday care arrangements that will fit in with you.

- George Street Waiuku



admin@kidsafterschool.co.nz  Before School 6.30am - 8.30am,

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| (09) 236 4078 (027) 694 3020 http://www.kidsafterschool.co.nz    **Classification : OSCAR**    **Kids at School Care** | After School 3pm to 6pm,  Holiday Programme 7am to 6pm Some charges may apply. No referral required. |
| FSD0022381 | Last updated 29/09/2020 |

We offer an organised program that provides before/after & holiday school care. This care is provided in a safe, stimulating and fun program that meets the development, emotional, intellectual and physical needs of the children.

6 Waipareira Avenue Henderson Auckland 0610



nanettecarillo@yahoo.com  Monday to Friday

(021) 0265 3242 7:00-8:20am (09) 833 4338 3:00-5:45pm

https://sunderland.acgedu.com/school- Some charges may apply. information/after-schools- No referral required. careprogrammes/

**Classification : OSCAR**

**Kids Care**

FSD0018202 Last updated 14/08/2020

We provide a professional service with dedicated staff and our priority is to create a relaxed and friendly environment. We offer a safe and stimulating OSCAR approved programmes.

55 Meadowood Drive Unsworth Heights North Shore City



martinvr@xtra.co.nz  7.30am-9am Before school.

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| (021) 108 9904 (09) 478 9304 http://www.kids-care.co.nz    **Classification : OSCAR**    **Kids Choice Ltd** | 2.30pm - 6pm, after school care. 7.30am - 6pm holiday programme.  Some charges may apply. No referral required. |
| FSD0008211 | Last updated 12/08/2020 |

Provides OSCAR approved Before and After school care and School Holiday programmes for children aged 5 years old up to their 14th birthday. We cover all 'Teacher Only' days. We operate a free drop off/pick up service to/from the programme and several schools in the East Coast Bays area. We also take your child to their other sports & recreational activities free of charge. We are Social Sector accredited approved allowing for parents to apply for Work and Income subsidies towards the cost of out of school care.

 Presbyterian Church Hall plus St Johns Primary 10 Penzance Road Mairangi Bay Auckland 0632

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| kids.choice@infogen.net.nz  (027) 440 6363 (09) 478 3705 http://www.kidschoice.co.nz    **Classification : OSCAR**    **Kids Club @ Freyberg** | Before School 7am till 8.30am.  After School 3pm till 6pm.  School Holidays 7am till 6pm.  All 'Teacher only' days.  Some charges may apply.  No referral required. |  |
| FSD0021664 |  | Last updated 06/10/2020 |

Before School and After School Care and School Holiday Programmes.

60 Roberts Road Te Atatu South Auckland 0610



freybergkidsclub@gmail.com  Before School Care 7am - 8.30 am

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| (027) 351 0205 (09) 838 8941 http://www.duckndive.co.nz    **Classification : OSCAR**    **Kids Club Waitakere** | After School Care 3pm - 6pm  School Holiday Programme 7am - 6pm | |
| Some charges may apply. No referral required. |  |
| FSD0021936 |  | Last updated 12/01/2021 |

Before and After School Care Provider at Waitakere Primary School.

Waitakere Primary School 10 Bethells Road Waitakere Auckland 0782 wensorholdings@titan.co.nz  Monday - Friday



(027) 655 6398 7am - 8.30am

(027) 604 0907 3pm - 5.30pm

https://www.waitakereprimary.school.nz/b After hours 810 8335 or the School Office phone

efore-after-school-care 810 9607

Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Kids Crafty Clubs**

FSD0021894 Last updated 13/07/2020

We provide After School and Holiday Programme.

At Kids Crafty Clubs we offer the programmes that parents can rely on and children love to attend.

A safe, fun, supervised environment with lots to do.

118 Vincent Street Howick Auckland 2014



kidscraftyclubs@xtra.co.nz  Before school 7.00 to 8.30 am Owairoa and

(09) 535 5522 Botany school only

(09) 537 8522 After school programme 3 to 6 pm

http://kidscraftyclub.co.nz Holiday programme 7.30am to 6.00pm Monday

to Friday (closed public holidays) Some charges may apply. No referral required.

**Classification : OSCAR**

**Kids Knection Ltd**

FSD0017817 Last updated 15/04/2021

Kids Knection Ltd is an organised programme providing before care, after school and holiday care for children aged 5-13 years old. We are Ministry of Social Development OSCAR approved, so parents can be assured we provide a good quality programme.

Held in Marina View School grounds 97-99 Marina View Dr West Harbour Auckland 0632 cplewinski@xtra.co.nz  Before School Care: 7am - 9am Monday to



(09) 415 8321 Friday.

(021) 832 181 After School Care: 3pm - 6pm term time. http://www.kidsknection.com

School Holidays - Open 7:45am - 6pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kids West Pomaria**

FSD0022167 Last updated 28/01/2021

After school care for students aged between 5 and 14.

Pomaria Primary School 33a Pomaria Road Henderson 0610



kidswest123@gmail.com  School Term Time 2:45 - 5:30pm (021) 052 9418 Some charges may apply. https://www.facebook.com/Kids-West- No referral required. Pomaria-102529354803085/

**Classification : OSCAR**

**KidsRock Programmes**

FSD0021830 Last updated 20/11/2020

Before School Care, After School Care and Holiday Programme.

25 Druces Rd Manukau 2104



office@kidsrock.org.nz  Office Hrs 7.30am- 6pm

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| (029) 570 5700    **Classification : OSCAR** | Some charges may apply. No referral required. |

**Kidz First Centre for Youth Health**

FSD0015243 Last updated 23/12/2020

Kidz First Centre for Youth Health is a team of health professionals who provide advice and support for young people aged 12-24 years, along with their whaanau/families. Our team includes nurses, doctors, social workers and youth health workers. We provide support to young people experiencing health issues that have a significant impact on their lives.

95 Wiri Station Road Wiri Auckland 2104



cfyh@middlemore.co.nz  Monday to Friday, 8.00am to 4.30pm

(09) 261 2272 Some charges may apply. http://www.countiesmanukau.health.nz/ Referral may apply.

**Kidz in Care Limited - Skids Glenavon School**

FSD0022021 Last updated 19/06/2020

Provide Before / After School Care and Holiday Programme.

89 Vine Street Mangere East Auckland



ajneeta@skids.co.nz  7.30-8.30am Before School

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| (027) 627 5001 http://www.skids.co.nz/locations/glenavon/    **Classification : OSCAR** | 3 - 6pm After School 7.30am - 6pm Holiday time Some charges may apply.  No referral required. |  |
| **Kidz in Care Limited - Skids Koru** | |
| FSD0022845 | | Last updated 17/08/2020 |

Provide OSCAR approved before/after school care and holiday programme.

71 Robertson Road Favona Auckland 2024



koru@skids.co.nz  7.30-8.30am Before School 3 - 6pm After School (027) 627 5001 7.30am - 6pm Holiday time

(09) 558 3462 office Some charges may apply. http://www.skids.co.nz No referral required.

**Classification : OSCAR**

**Kidz in Care Limited - Skids Sutton Park School**

FSD0022020 Last updated 19/06/2020

Provide Before / After School Care and Holiday Programme.

340 Blockhouse Bay Road Auckland 0600



suttonpark@skids.co.nz  Before School Care = 7:30am-8:30am After

(027) 627 5001 School Care = 2:50pm-6:00pm Holiday

(0800) 543 922 Programme = 8:00am-6:00pm http://www.skids.co.nz/locations/sutton\_p Some charges may apply. ark/ No referral required.

**Classification : OSCAR**

**Kidz Patch @ Kauri Flats**

FSD0021498 Last updated 26/03/2021

After School care for 5-13 year olds at Kauri Flats School. OSCAR approved.

Kauri Flats School 181 Walters Road Takanini Auckland 2582



kidzpatch@gmail.com  Mon - Fri 2:45pm - 6pm (021) 170 2900 Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**Kilkenny Kids**

FSD0021918 Last updated 05/11/2020

Before and afterschool care and holiday programme at Point view school Howick/Botany.

Point View primary school 25 Kilkenny Drive Auckland 2016



simone@kilkennykids.co.nz  Term 3-5.45pm

(027) 477 8651 Holiday programme 8-5.30pm

http://www.kilkennykids.co.nz Closed public holidays Some charges may apply. No referral required.

**Classification : OSCAR**

**Kings Academy**

FSD0024360 Last updated 07/09/2020

Providing After School & Holiday Program

60 Airedale Street Auckland Central Auckland 1010



chupinamail@gmail.com  Monday to Friday 9am to 8pm

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| (0800) 115 354  http://www.kingsacademy.club | Saturday 11am to 2pm Some charges may apply.  No referral required. |
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**Classification : OSCAR**

**Kits Club Ltd**

FSD0023570 Last updated 31/08/2020

This is Kit’s Club, which is an educational club of comprehension and arts in North Shore

Auckland, We concentrate on children’s study in a relaxed and happy environment. We have an after school care programme that runs from 3pm to 6pm every school day, which is convenience for parents who always find themselves rushing at end of the day, trying to collect children, do homework etc. We will provide afternoon tea and supervise their homework, then we do fun activities with them so parents can rest assured that children are safe, secure and having a friendly environment with great facilities.

We also provide tutorial classes after school time and on weekends, serving children and youth of all ages, encompassing a broad range of focus areas including academic support (Mathematics, English for international students, Science, Chinese language etc.), youth development, fun arts ( Digital Painting, Hip-Hop Dancing, Handcraft Making etc.).

Floor 1 28 William Pickering Drive Rosedale Auckland 0632



kitsclub@hotmail.com  10am to 6:00pm (09) 688 0018 Some charges may apply.

(021) 753 636 No referral required. http://www.kitsclub.co.nz/

**KiwiKapers Care and Education Centre**

FSD0022533 Last updated 02/12/2020

Kiwi Kapers founders Gail Lasenby and her husband opened the centre in 1989 with the intention of providing a friendly and approachable business for working families looking for a safe and interactive early learning environment for their children.

We offer 20 ECE hours free for all children aged 3 and above and can help parents with the application process for Work and Income subsidies if required.

We are open from 7.30am - 6.00pm Monday - Friday including school term breaks. We close for 2 weeks over the Christmas period.

 51 Rosier Road Glen Eden Auckland 0602

kiwikapers@xtra.co.nz (09) 818 7741 http://www.kiwikaperspreschool.co.nz

**Kiwikids After School Ltd**

FSD0022288

Monday - Friday

7.30am - 6.00pm

Some charges may apply. No referral required.

Last updated 23/03/2021

At skids we provide quality care for the children for before and after school care. We also run holiday programs. We stand for Safe kids in daily supervision. "Kids just love it". We are Social Sector accredited. We do accept OSCAR subsidies through Work and Income. We also have family discounts for the families that have more than one child attending our services.

89 Browns Road Manurewa Auckland 2023



palwinder@skids.co.nz  Monday to Friday

(09) 265 2422 7AM to 8.30AM (021) 081 78012 2.30PM to 6.00PM

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kohi Kids**

FSD0021872 Last updated 09/04/2021

The ASB Stadium operates an Afterschool Club, Holiday Programme and Children's Parties in addition to having a number of function and event spaces that can be used for both social and sporting activities.

237 Kohimarama Road Kohimarama Auckland 1071



afterschool@eastcitytrust.org.nz  Afterschool Club: Monday - Friday 3pm - 6pm

(09) 521 0009 xt0 Holiday Club: Monday - Friday 8am - 6pm

https://www.barfootstadium.co.nz/ Children's Parties at weekends Some charges may apply. No referral required.

**Classification : OSCAR**

**Kowhai Kids Early Learning Centre**

FSD0024460 Last updated 24/11/2020

High quality childcare and education at an affordable rate. Family owned with fantastic teacher: child ratios, spacious indoors with generous outdoor playground backing on to a bush reserve.

265 Albany Highway Rosedale Auckland 0632



office@kowhaikids.co.nz  Monday to Friday, 6.45am to 5.30pm

(09) 415 1665 Some charges may apply.

(021) 810642 No referral required. http://kowhaikids.co.nz

**Li'lChamps Early Learning Centre**

FSD0022655 Last updated 12/10/2020

This a center with a difference. This is run by team of educational specialists. We are a childcare/ daycare center . We provide quality care and learning for children aged 0-5yr. We offer free 20 hrs ECE sessions to children aged 3yr and over. We serve healthy meals cooked by our experienced cooks.

431 Great South Road Papatoetoe Auckland 2025



Admin@lilchamps.co.nz  Opening hours: Monday- Friday 7.30am-

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| (021) 033 8301 (09) 277 2556 http://www.lilchamps.co.nz      **LifeKidz Trust** | 6.00pm  Some charges may apply. No referral required. |
| FSD0021383 | Last updated 25/10/2020 |

LifeKidz Trust After School and School Holiday Programmes, aim to provide a community focused holiday programme that positively includes children with different special needs and disabilities. The children who attend the programme are cared for by young people from within the community, and has a theme for each programme. Children without special needs also attend.

Service objectives:-

To maintain family stability and well being of the child.

To provide a community service that promotes a sense of belonging to a child with a disability.

To provide a quality child focused respite service in the community.

To train youth workers to understand about the issues that face children and families with special needs.

To provide a team of trained carers.

To collaborate with the local community to create opportunities that promote the child disability sector in a positive sense.

The Depot, Lloyd Elsmore Park - Sir Lloyd Drive Highland Park Auckland 2143



deearna@lifekidz.org.nz  Monday to Friday 8:30am to 6pm.

(09) 533 6360 Some charges may apply.

(021) 543 350 No referral required. http://www.lifekidz.org.nz

**Classification : OSCAR**

**Lighthouse Preschool**

FSD0019297 Last updated 20/10/2020

Lighthouse Preschool is a fun, loving and brilliantly resourced private early learning centre in Howick/Highland park.

We cater for 6 months to 5-6 years and have a strong focus on whanau, relationships and the holistic development of the child.

69 Hutchinsons Road Howick Auckland 2014



lighthouse\_preschool@xtra.co.nz  7:30 - 5:30 Monday - Friday

(09) 535 3095 Some charges may apply. http://www.lighthousepreschool.co.nz No referral required.

**Little Loves Early Learning Centre**

FSD0023836 Last updated 11/02/2021

Little Loves childcare / pre-school is located in Ranui, West Auckland where we provide quality childcare service and safe supervision to 0 to 5 years old children. High-quality early childhood education is an essential to support social, emotional and cognitive development of children. Every child deserves the best start in life.

32 Pooks Road Ranui Auckland 0612



info@littleloves.co.nz  7am to 6pm

(09) 666 2020 Monday to Friday

(020) 404 04020 Some charges may apply. https://www.littleloves.co.nz No referral required.

**Live N Learn**

FSD0022340 Last updated 16/02/2021

We provide Before and After School Care Services and School Holiday Programmes.

Services the Greater Glen Eden area - Glen Eden, Konini, Kauri Lands and Titirangi.

44 Withers Road Glen Eden Auckland 0604



rene@livenlearn.co.nz  Before School Care: 7:00 - 8:30am (09) 215 9206 After School Care: 3:00 - 6:00pm (022) 175 8576 School Holidays: 7:00am - 6:00pm http://www.livenlearn.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Magnificent Kids Limited**

FSD0024211 Last updated 23/03/2021

Magnificent Kids offer OSCAR approved safe, fun-filled and action-packed After School Care and

Holiday Programmes for children aged 5 - 13 located at Victoria Avenue School. At Magnificent Kids we strive to ensure our programmes are run in a safe, welcoming, comfortable and appropriate environment. It is our fundamental aim that all children in our programmes feel nurtured, valued and secure while having a magnificent time during their time with us.

Victoria Avenue School 282 Victoria Avenue Remuera Auckland 1050



magnificentkidsoutofschoolcare@gmail.co  After School Care 3 pm - 6 pm every day during

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| m  (027) 4971554 http://www.magnificentkids.co.nz | each school term.  Holiday Programmes 8:30 am - 6 pm every day during the school holidays.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Mangere East Community Centre**

FSD0005829 Last updated 30/04/2021

We provide a variety of programmes for families in the community. Before and After school Care,

Holiday Programmes, Community Education and Study Support (ACCESS) programmes at the

Mangere East Community Centre. Community Classes include, English for Speakers of other Languages, Zumba, Samoan, Salsa, Fitness, Cook Island Dance, Ukulele, Korowai, Parenting Programmes, Te Reo Maori, Tai Chi.

372 Massey Road Mangere East Manukau



info@mangereeast.org  7.00am - 6.00pm Monday to Friday

(09) 275 6161 Some charges may apply.

(029) 773 0146 No referral required. http://www.mangereeast.org

**Classification : OSCAR**

**Manukau Insitute of Technology Children's Education Centre**

FSD0023110 Last updated 18/08/2020

Manukau Insitute of Technology Children's Education Centre aim is to provide the best learning and nurturing environment for your child, to support parents and caregivers and be accessible at all times. Working alongside qualified and passionate educators, children will discover the joys of learning exploration, peer tutoring, through research and play. Children will be resilient through opportunities to problem solve, taking risks, compromise, and negotiate within a peaceful and respectful environment.

NE Block, Gate 11 - Otara Rd Otara Auckland 2023



child.centre@manukau.ac.nz  Childcare 7.30am-5.00pm Mon-Friday

(09) 968 7715 Some charges may apply. https://www.manukau.ac.nz No referral required.

**Manurewa Community Link**

FSD0007904 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

12 Selwyn Road Manurewa Manukau City 2102



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Manurewa Leisure Centre**

FSD0022331 Last updated 26/06/2020

We are the Manurewa Leisure Centre located on Frances Street.

We offer a range of recreation programmes including; Before and After school childcare which is

Ministry of Social Development approved with some families having the possibility of qualifying for WINZ subsidies. Exciting Holiday Programme activities are also a highlight for children attending along with our female youth programme T.W.E.R.K.

Other programmes we facilitate include Pre-school gymnastics, Timberwolves Basketball coaching and the McDribblers Junior Basketball Competition which help to build the dreams of our upcoming superstars.

If martial arts is more their speed sign them up in a karate class! Other activities here at the Centre include line dancing, Men's Move It and Tai Chi.

33 Frances Street Manurewa Auckland 2102



manurewaleisure@aucklandcouncil.govt.n  8am-6pm weekdays z Some charges may apply.

(09) 261 8303 No referral required. http://www.aucklandcouncil.govt.nz

**Classification : OSCAR**

**Marshall Laing OSCAR**

FSD0021430 Last updated 15/07/2020

To provide a quality, safe accessible OSCAR programme for the community of Mt Roskill.

Marshall Laing Primary School 39 Marshall Laing Ave Mt Roskill Auckland



(027) 201 0034  Morning Care 7.30am - 8.30am Term Time

Afternoon Care 3.00pm - 6.00pm Term Time Some charges may apply. No referral required.

**Classification : OSCAR**

**Massey Park Aquatic Centre**

FSD0021966 Last updated 15/12/2020

Aquatic Centre with Swim School and Childcare Services.

2R Ron Keat Drive Papakura 2110



(09) 298 8526  Monday - Thursday 5.30am - 8.00pm Friday

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| http://clmnz.co.nz/masseypark    **Classification : OSCAR**    **Maungakiekie After School Care** | 5.30am - 6.30pm Saturdays 6.30am - 8.00pm  Sundays 6.30am - 8.00pm Public Holidays 10.00am - 7.00pm Anzac Day 1.00pm - 7.00pm Some charges may apply. No referral required. |
| FSD0022454 | Last updated 25/08/2020 |

MASC provides OSCAR approved before and after school care services for Primary/Intermediate aged children attending St Marys School, Ellerslie Primary School and other schools nearby.

Operating from the St Marys Parish Hall, Ellerslie Highway, Auckland.

56 Main Highway Ellerslie Auckland 1051 maungakiekiemasc@gmail.com  Mon - Fri - Regular school term operating days.



(021) 297 0657 Excluding school holidays/public holidays.

Before School - 7.10am to 8.30am After School - 2.45pm - 6.00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Maungarei Community Christian Trust**

FSD0022296 Last updated 22/01/2021

Provide after school/holiday programmes. We are a not-for-profit organisation established to facilitate improvement in the social, cultural, spiritual and economic lives of Mt Wellington people.

Our work focuses on improving outcomes for high needs communities – especially at risk youth. Mt Wellington is a multi-ethnic area with few available resources other than significant tracts of low quality government housing. Many socio-economically deprived families live here, including significant numbers of solo parent families and families where both parents are not at home during the day due to work commitments.

Risks to young people include self harm, depression, suicidal thoughts and abuse.

MCCT is arguably the area’s only social service, operating the only community centre in Mt Wellington. Our community workers influence lives of children, young people and their families, by getting alongside those at risk or in need of extra help, socially or behaviourally

3A Waipuna Road Mt Wellington Auckland 1060



admin@mcct.org.nz  9 am - 5 pm Weekdays (09) 527 5002 Some charges may apply. http://www.mcct.org.nz/ No referral required.

**Classification : OSCAR**

**Maungawhau School OSCAR**

FSD0021676 Last updated 04/10/2020

Out of school care programme that provides a fun, safe, and inclusive environment for children to enjoy their time before and after school.

43 Ellerton Rd Mt Eden Auckland 1024 oscar@maungawhau.school.nz (021) 950 489 http://www.maungawhau.school.nz/out-ofschool-care/



**Classification : OSCAR**

**ME Family Services**

FSD0003564

Our Mission:

Term time

7:30-8:30 am

3:00-6:00 pm

Holidays 8:00 am - 6:00 pm

Some charges may apply. No referral required.

Last updated 19/03/2021

ME Family Services offers young children and families a safe haven and the inspiration to develop their life skills, their enjoyment of life and their participation in a just and caring society.

16-18 Ferguson Street Mangere East Auckland 2024



mefsc@mefsc.org.nz  Mon - Fri 8.00am - 4.00pm

(09) 256 0810 Some charges may apply.

(09) 281 5805 Referral may apply. http://www.mefsc.org.nz

**Mi Casa ASC**

FSD0024383 Last updated 17/09/2020

Mi Casa After School Care and Holiday Progamme, we focus on smaller numbers to provide quality and nurturing care for each individual child. Our goal is to provide a safe "home away from home" environment for children to enjoy and have fun.

47 Church Street Northcote Point Auckland 0627



micasaasc@gmail.com  Monday to Friday 3pm - 6pm School Term Time

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| (027) 217 2627 (022) 027 2930 http://www.micasaasc.co.nz | Monday to Friday 8am - 6pm School Holiday  Time  Some charges may apply.  Referral may apply. |

**Classification : OSCAR**

**Mika Haka Foundation**

FSD0020591 Last updated 06/07/2020

The Mika Haka Foundation exists to ignite young minds and transform bodies towards better lives through the performing arts and physical culture.

The Mika Haka Foundation invites people of diverse ethnicities, cultures, sexualities and religions, living in Aotearoa/New Zealand, to find pathways towards better health and education opportunities through physical culture and the performing arts.

We aim to provide young people with direction and create an understanding of self-discipline and boundaries. Maori refer to this as Tikanga. This direction helps to empower young people to set goals and take responsibility for their own lives. We promote healthy living and always aim to lead by example.

We want to provide an environment of inspiration, encouraging dreams and the idea that nothing is impossible - to push yourself to new heights, to have no fear of failure and to be in a constant state of learning.

111B May Road Mount Roskill Auckland 1041



admin@mika.co.nz  Monday - Friday, 10am - 5pm

(09) 620 6111 All services free of charge. http://www.mikahaka.com/foundation Referral may apply.

**Mission Kids**

FSD0018482 Last updated 10/10/2020

Mission Kids offers OSCAR approved high-quality, award winning child care to the children and families of the Mission Heights Community.

 Mission Heights Primary School 103 Jeffs Road Flat Bush Auckland 2016

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| paul@missionkids.org.nz  (020) 455 5015 (020) 433 3013 http://www.missionkids.org.nz    **Classification : OSCAR** | Term Time 7am - 8am, 3 - 6pm  Holiday Time 7am - 6pm  Office Hours  8.30am – 1.30pm Monday to Friday Some charges may apply.  No referral required. |

**Mitie Dragons Before & After School Care**

FSD0021296 Last updated 28/03/2021

Mitie Dragons provides Before/After school care and Holiday programmes. We are 17 years old and our staff have child-minding experience ranging from 6-30+ years. We are based in

Papatoetoe and are accredited under the Social Sector Accreditation Standards. We also provide a safe and happy environment for all children. We are OSCAR approved. We provide plenty of games. activities, ie: lego, blocks, board games, crafts, cooking, dress ups and Hut making, Dodge ball is very popular.

We also provide afternoon tea.

247 Great South Road Hunters Corner Papatoetoe Auckland 2102 roseyspl1956@gmail.com  7.00am - 8.30am (021) 120 1720 3.00pm - 6.00pm http://mitiedragons.com



Holiday Programmes 7.30 - 5.30 pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Moana-Nui-a-Kiwa Pool & Leisure Centre**

FSD0022368 Last updated 03/11/2020

We run after school care, holiday programmes, fitness centre, pools and group fitness classes.

 66 Mascot Avenue Mangere Auckland 2022

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| mangerepools@aucklandcouncil.govt.nz  (09) 261 8040 https://aucklandleisure.co.nz/locations/mo ana-nui-a-kiwa-pool-and-leisure-centre/    **Classification : OSCAR**    **Mount Eden Community Link** | Monday – Friday: 6am-6.45pm. Weekends: 9am-  6.45pm  Hours Afterschool Care only  Monday – Friday: 3-6pm  Holiday Programme  Monday - Friday: 7:30am-6pm Some charges may apply. No referral required. |
| FSD0007906 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

191-193 Dominion Road Mt Eden Auckland 1024



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**MPHS Community Trust**

FSD0020592 Last updated 11/01/2021

Local community development organisation enabling the development and co-ordination of local projects and programmes that promote a connected and well community.

27 Corban Avenue Henderson 0612 info@mphs.org.nz (09) 838 4820 http://www.mphscommunity.org



9.00am to 4.30pm Monday to Friday All services free of charge. No referral required.

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| **Mt Albert Community & Leisure Centre** |  |
| FSD0003392 | Last updated 15/09/2020 |

We build strong kids, strong families and strong communities

You’ll find it all at Mt Albert Community and Leisure Centre managed by YMCA.

We reckon that strong families have fun and stay healthy together.

The fitness facilities and programmes on offer at the YMCA Mt Albert Community and Leisure Centre will help to get your family moving together, with sports for kids, group fitness classes and a range of membership options to suit your needs.

773 New North Road Mt Albert Auckland 1025



mtalbert@ymcaauckland.org.nz  Monday to Thursday 6 am - 9 pm

(09) 846 0788 Friday 6 am to 8 pm

http://ymcaauckland.org.nz Saturday and Sunday 8 am till 5 pm.

Some charges may apply. No referral required.

**Mt Roskill After School Care**

FSD0022586 Last updated 02/02/2021

We are a After School center catering for children aged 5-11 years from Mt Roskill and Three Kings Primary. We provide transportation from Three Kings. We run homework groups and provide an afternoon tea snack and activities for children. We also run a school holiday programme with daily outings and various activities for children aged 5-11 years.

60 Somerset Road Mt Roskill Auckland 1041



admin.mrecc@mrgs.school.nz  Open 7am - 6pm Monday to Friday

(09) 629 0732 Some charges may apply. http://www.mountroskillearlychildhood.co. No referral required. nz

**Classification : OSCAR**

**Mt Royal Early Learning Centre**

FSD0023825 Last updated 28/01/2021

Mt Royal Early Learning Centre is a delightful childcare centre on Mt Royal Ave in Mt Albert catering for children from all backgrounds and pride ourselves on our links to the local Primary School and community. With only 24 children attending each day including four lovely babies, we are very much a “home away from home”.

Our programme is based around the New Zealand Early Childhood Curriculum, Te Whariki, and ensures that the full potential of your child is reached in a relaxed and an adaptable environment.

We acknowledge and celebrate the diversity of our community and embrace the different ethnic, linguistic and socio-cultural backgrounds from which our children come.

88 Mt Royal Avenue Mt Albert Auckland 1025



mtroyal88@hotmail.com  7:30am till 6:00pm Mon - Friday

(09) 849 7440 Some charges may apply. http://mtroyalelc.co.nz No referral required.

**Nathan Homestead**

FSD0024178 Last updated 18/03/2021

We run after school care, holidays programmes, early childhood centres, arts Centre, and Art classes

70 Hill Road Manurewa Manukau 2102



nathan.homestead@aucklandcouncil.govt  Monday to Friday 8.00am - 9.00pm

.nz Some charges may apply.

(09) 267 0180 No referral required.

https://bookings.aucklandcouncil.govt.nz/f acilities/facility/nathan-homestead

**Classification : OSCAR**

**New Lynn Community Link**

FSD0007907 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

5-9 Hugh Brown Drive New Lynn Auckland 0600



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Nikau Kids**

FSD0023976 Last updated 18/07/2020

Nikau Kids is a unique, value-based, OSCAR programme created to enhance and advance the vision and values of Te Uho o te Nikau Primary School with a student-centred approach. We value excellence and offer students an opportunity to explore the word together in a safe, professional and incredibly fun environment during after school hours and during the holidays.

187 Flat Bush School Road Flat Bush Auckland 2016



office@nikaukids.org.nz  8:30am - 1:30pm (Mon - Fri) - Office Hours

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| --- | --- |
| (020) 455 5015 (020) 466 6016 http://www.nikaukids.org.nz    **Classification : OSCAR** | 2:30pm - 6:00pm (Mon - Fri) - On site Some charges may apply.  No referral required. |

**Oaklynn School Holiday Programme**

FSD0021244 Last updated 07/10/2020

Specialist school for students with special needs. OSCAR approved holiday programmes to Oaklynn school students and their siblings. Operating second week of school holidays and last two weeks of the summer break.

 20 Mayville Avenue New Lynn Auckland 0600

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| office@oaklynn.school.nz  (09) 827 4748 http://oaklynn.school.nz    **Classification : OSCAR**    **One Big Adventure** | Usually 2nd week of school holidays Last two weeks of Summer holidays Some charges may apply. Referral may apply. |
| FSD0016997 | Last updated 01/04/2021 |

One Big Adventure operates Carey Park Christian Camp, and Ferndale Lodge. We operate safe, fun and challenging OSCAR approved camps for Kids, Teens and Families, as well as School, Church and Community Groups. We also host a range of seminars, events and small group accommodation at Ferndale Lodge.

397 Henderson Valley Road Henderson Valley Auckland 0612 info@onebigadventure.org.nz  8.00am to 4.30pm (office hours)



(09) 837 0494 Some charges may apply. http://www.onebigadventure.org.nz No referral required.

**Classification : OSCAR**

**Onehunga Community Link**

FSD0007908 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

201-211 Onehunga Mall Auckland 1061



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Onepoto Awhina Incorporated Society**

FSD0003739 Last updated 05/08/2020

To assist families and individuals within the Northcote area by addressing socio-cultural issues including education, health, employment, advocacy and empowerment through cultural growth.

Northcote Community House 65 Pearn Crescent Northcote Auckland 0627 onepoto1@xtra.co.nz  Weekdays



(09) 419 1692 Office 9.30-4.30

(021) 153 2126 Educare Centre 8.00-5.00 http://www.northcotecommunity.co.nz Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Ormi Kids**

FSD0022984 Last updated 10/09/2020

Ormi Kids offers OSCAR approved one of a kind, value-based child care to the children and families of the Ormiston Community in Flat Bush. Our commitment is excellence, offering safe, professional and great fun childcare.

291 Ormiston Road Flat Bush Auckland 2016



paul@ormikids.org.nz  School Term Time: 3pm - 6pm

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| --- | --- |
| (020) 455 5015 (020) 499 9019 http://www.ormikids.org.nz | Holiday Time: 7am - 6pm  Office Hours: 8.30am – 1.30pm Monday to  Friday  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Oscar Kool Kidz Ltd**

FSD0021423 Last updated 16/04/2021

OKK provides OSCAR approved quality Before & After School and Holiday Programs onsite at Oratia District School, Oratia, Waitakere City, Auckland. We pride ourselves on the quality of our program and offer a wide range of trips, activities including use of the school swimming pool everyday onsite.

- Corner Shaw & West Coast Road Oratia Waitakere City



oscarkoolkidzltd@gmail.com  Term Time: 7am-8.30am, 3pm - 6pm

(021) 082 90794 Holiday Programme 7am-6pm http://www.oscarkoolkidz.com Some charges may apply.

No referral required.

**Classification : OSCAR**

**Otahuhu Community Link**

FSD0007910 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

4 Fairburn Road Otahuhu 1062



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Otahuhu Pool & Leisure Centre**

FSD0021961 Last updated 15/12/2020

Aquatic Centre with Fitness Centre, Library, Swim School, Stadium, Cafe and Childcare Services.

 Fairburn Reserve - Mason Avenue Otahuhu Auckland 3200

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| (09) 276 8207 http://www.clmnz.co.nz/otahuhurecreation-and-youth-centre/    **Classification : OSCAR** | Pool  Monday - Friday  6.00am - 8.00pm  Saturday - Sunday  7.00am - 6.00pm  Some charges may apply.  No referral required. |

**Otahuhu Town Hall Community Centre**

FSD0018822 Last updated 11/02/2021

To provide a place for community residents to enable them to meet in a drop in situation or take part in programmes that are organized to meet the needs of the community. To act with the Auckland Council and the Local Board concerning the use of the community centre,supplying monthly reports as directed. To promote cultural,educational and recreational activities in and for the benefits of all residents of the Otahuhu district. To set hireage that may be reasonable and appropriate at a level that is affordable by user groups and to change these charges when necessary. To provide a venue for social services and community networking needs.

10 High Street Auckland Central Auckland 1010



makeritaothcc@gmail.com  OSCAR Monday - Friday

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| --- | --- |
| (09) 276 7346  (09) 276 7343 https://www.otahuhutownhall.com/    **Classification : OSCAR** | Before care 6am - 8am  ASP 1.45pm - 6pm  School Holiday 8am - 6pm  Centre office Monday - Friday 9am - 3pm Some charges may apply.  Referral may apply. |

**Otara Pool and Leisure Centre**

FSD0022346 Last updated 01/09/2020

Offer out of school care and holiday programmes.

Our goals: To create the worlds most livable city deliver great value for money to rate payers. To inspire Aucklanders to active. To inspire children, young people and their whanau to achieve their potential.

115 Bairds Road Otara Manukau city 2023



otarapools@aucklandcouncil.govt.nz  Monday-Thursday 5.30am - 9pm

(09) 274 6917 Friday 5.30am - 7pm

https://www.aucklandleisure.co.nz/locatio Saturday & Sunday 9.00am - 6.45pm ns/south/otara-pool-and-leisure- Some charges may apply. centre/recreation/ No referral required.

**Classification : OSCAR**

**Our Space Early Childhood Education Centre**

FSD0022418 Last updated 11/01/2021

Our Space is an early childhood education and care centre in Whangaparaoa, Hibiscus Coast. We are a privately owned centre licensed for 30 children. We take tamariki from 6 months to 6 year olds.

Our philosophy is based on a strong foundation of relationship. This is the base for both care and learning. The whnau is very much part of the centres life. We take your aspirations into account and look for your input in anything to do with your tamariki. We have a fish and chips evening with the parents in about February/March. We celebrate Matriki with a hangi and the whnau are invited.

We also have a Christmas Party at the end of the year.

We provide morning and afternoon tea and children bring in the lunchboxes everyday.

We take the children out of the centre quite regularly. The 3, 4 and 5 year olds attend a play at the Pumphouse once a year. They also have regular excursions to the beaches, the surrounding reserves as well as other activities such as strawberry picking.

5 Poplar Rd Whangaparaoa Auckland 0932



ourspacehbc@gmail.com  Monday to Friday 7 am to 6 pm

(09) 428 0978 Some charges may apply. (027) 434 3716 No referral required.

**Out Of School Care Network (OSCN)**

FSD0007275 Last updated 11/08/2020

OSCN has over 200 member organisations (sole traders, companies, community organisations, schools and local authorities) that operate before/after school and holiday programmes. These are located in schools, community and recreation centres, churches, early childhood centres and sports facilities. Originally OSCN's work was based mainly in the Auckland region but changes in the sector mean that our services are now offered over a wider area.

c/- PHAB, The Building 8 Auburn Street Takapuna Auckland



oscn@xtra.co.nz  10am-1pm Mon - Thurs (09) 366 0320 Some charges may apply. https://www.oscn.nz/parents.html No referral required.

**Classification : OSCAR**

**Owairaka District School - OSCAR After School Care**

FSD0021855 Last updated 23/03/2021

We run an OSCAR approved After School Care programme for students enrolled at Owairaka School.

113-115 Richardson Rd Mt Albert Auckland 1025



afterschoolcare@owairaka.school.nz  Monday to Friday 3.00pm until 5.30pm

(020) 4158 3155 Some charges may apply. http://www.owairaka.school.nz Referral may apply.

**Classification : OSCAR**

**Pakuranga Leisure Centre**

FSD0022244 Last updated 19/06/2020

We offer Holiday (OSCAR approved) programmes and recreation programmes.

Pakuranga Leisure Centre 13 Reeves Road Pakuranga Auckland 2010 pakurangaleisure@aucklandcouncil.govt.  Some charges may apply. nz No referral required.



(09) 261 8391 http://aucklandleisure.co.nz

**Classification : OSCAR**

**Papakura Community Link**

FSD0007913 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20-22 Queen Street Papakura 2110



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz      **Papakura Leisure Centre** | 5:00pm. Wednesday 9:30am - 5:00pm. | |
| All services free of charge. No referral required. |  |
| FSD0021965 |  | Last updated 15/12/2020 |

Fitness Centre with Stadium and Childcare Programmes.

294 Great South Road Papakura Auckland 2110



papakurarec@clmnz.co.nz  Monday - Friday 5.30am - 10:00pm Saturday (09) 298 6852 6:00am to 12:30pm Sunday 8.30am - 12.30pm

http://clmnz.co.nz/papakura Public Holidays 8.30am - 12.30pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Papatoetoe Adolescent Christian Trust**

FSD0003545 Last updated 21/01/2021

Mentoring, counselling, support, and activities for youth, especially at risk youth. Parenting programmes and resources. OSCAR approved school holiday programmes.

311 Great South Road Papatoetoe Manukau City



neda@pact.org.nz  Mon - Fri 9am-5pm (09) 279 8340 Some charges may apply. http://www.pact.org.nz No referral required.

**Classification : OSCAR**

**Papatoetoe Community Link**

FSD0007914 Last updated 05/01/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

17 Shirley Road Papatoetoe 2025



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz      **Parent Aid North West** | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0016677 | Last updated 03/08/2020 |

Parent Aid is a an organisation that assists parents who have the care of 0-5 year old children. This is practical support within the family home by providing childcare, light housework and/or meal preparation. The purpose is to give parent's a helping hand: "because you have your hands full, we'll lend one of ours". The outcome is supporting the role of parents as an important part of a healthy NZ society.

 1 Porter Crescent Helensville 0840

hello@parentaidnorthwest.org.nz 

(09) 420 7002 (0800) 222 402 http://www.parentaidnorthwest.org.nz

**Parent Aid Waitakere Inc**

FSD0003643

Monday - Friday 9am - 3pm.

All services free of charge. No referral required.

Last updated 19/04/2021

Providing a free, in-home childcare and helping service in times of illness, accident, stress or other emergency to persons who have the everyday care of children.

Family Action Building 13 Edsel St Henderson Auckland 0612



info@parentaidwaitakere.co.nz  Office available 9.00am - 3pm Monday to Friday

(09) 836 4122 All services free of charge. http://www.parentaidwaitakere.co.nz/ No referral required.

**Parents Centre New Zealand Inc - Auckland East**

FSD0007314 Last updated 09/04/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

info@aepc.org.nz  Some charges may apply.

(09) 537 0560 (answerphone) No referral required. http://www.parentscentre.org.nz

**Parents Centre New Zealand Inc - East and Bays (Auckland)**

FSD0007316 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community. east.and.bays@parentscentre.org.nz  All services free of charge.

(09) 575 5998 No referral required.

(021) 710 499 https://www.parentscentre.org.nz/eastand-bays/index.asp

**Parents Centre New Zealand Inc - Franklin**

FSD0007322 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

franklin@parentscentre.org.nz  Monday to Friday

(09) 283 8513 Some charges may apply. http://www.parentscentre.org.nz No referral required.

**Parents Centre New Zealand Inc - Manukau**

FSD0007315 Last updated 25/08/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

manukau@parentscentre.org.nz  Some charges may apply.

(09) 267 1224 No referral required. http://www.parentscentre.org.nz

**Parents Centre New Zealand Inc - Onewa**

FSD0007307 Last updated 23/06/2020

Onewa Parents Centre encourages and empowers local families with childbirth education, new parent classes, parenting workshops, and community events. We are one of 46 centres within the wider Parents Centre New Zealand network and support parents in Birkenhead, Beach Haven, Birkdale, Glenfield, Bayview, Northcote, and Hillcrest.

Members enjoy a range of benefits including meeting other local parents, being part of our successful coffee groups, partner discounts and access to news and resources.

Rawene Centre | Level Three 33 Rawene Road Birkenhead Auckland



onewa@parentscentre.org.nz  Courses are held in the evenings and committee http://www.onewaparentscentre.org.nz is comprised of volunteers.

Some charges may apply. No referral required.

**Parents Centre New Zealand Inc - Waitemata**

FSD0007308 Last updated 11/03/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

waitemata@parentscentre.org.nz  Answer phone available at all times. Leave a

(09) 446 0959 message as we check it every day or two. http://www.parentscentre.org.nz Some charges may apply.

No referral required.

**Parnell Trust**

FSD0021865 Last updated 20/04/2021

We provide After School, Before School and School Holiday programmes for children in the Auckland area.

We run from Epsom Normal Primary, Parnell District School and Our Lady of the Sacred Heart School.

Jubilee Building 545 Parnell Road Parnell Auckland 1052



pfc@parnell.org.nz  Before and after school cares provided for (09) 379 2095 further information please contact the service http://www.parnell.org.nz provider.

Some charges may apply. No referral required.

**Classification : OSCAR**

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| **Party Kingdom After School Care** |  |
| FSD0023636 | Last updated 23/08/2020 |

What we offer -

After School Care & Holiday Programme

Indoor Playground (Open for public play)

Kids Birthday Parties with 12 themes to choose from

After School Pick up from 4 local schools Gulf Harbour School, Stanmore Bay School and

Whangaparoa School & College from 3pm-6pm.Before School Care offered from 7 am - 08.30 am to include breakfast & school drop off.

School Holiday Programme from 7am-6pm

Open for Public Play -Wednesday,Thursday & Friday 9am-1pm Exclusive for Birthday parties at weekends

Venue: Party Kingdom , 16 Karepiro Dr, Stanmore Bay, Whangaparaoa 0932 & Sports Cave Karepiro Dr, Stanmore Bay 0932

16a Karepiro Drive Stanmore Bay Auckland 0932



info@partykingdom.co.nz  After School 3pm-6pm Mon to Fri

(021) 919 169 Before School Care 7am-830am https://www.partykingdom.co.nz/school-

holidays Holiday Programme 7am-6pm

Public Play Wednesday,Thursday & Friday 9am-1pm

Parties please enquire Some charges may apply. No referral required.

**Classification : OSCAR**

**Pasifika at Home Home-based childcare**

FSD0023370 Last updated 25/03/2021

There is a saying “It takes a village to raise a child”, and we at Pasifika at Home realise how important it is to find the right person to help raise your child. We will support you in finding an educator, who respects and practices the same family traditions, values, religious beliefs, and shares with your child on a daily basis, the culture that they are used to experiencing in their own home.

Pasifika at Home’s objective is to ensure that all children are educated and cared for in a warm, loving and homely environment. A place where they are free to play, explore and develop into confident, happy and emotionally enriched young members of the Pasifika community. The educators at Pasifika at Home will offer for your child the opportunity to develop good social skills through organised playgroups and interactions with other children in a small group settings.

32 McInnes Rd Weymouth Auckland 2103



info@pasifikaathome.nz  Office is open between the hours 9am - 4pm

(0800) 324 7437 Individual Educators have their own designated

(027) 886 8911 working hours

http://www.pasifikaathome.nz Some charges may apply.

No referral required.

**Classification : PACIFIC**

**PAUA Poppetts Early Childhood**

FSD0015427 Last updated 24/11/2020

PAUA Poppetts ECE provides support and resources to the Caregivers/ Home Educators/Nanny's or Whnau carers of young children in the home. We aim to facilitate the growth and development of each child during the early years. We provide resources and support for home based Educators/Nannies to ensure that all who surround the child can create the best possible environment for future growth.

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| info@paua.ac.nz (09) 376 7774  (021) 352 364 http://www.pauapoppetts.co.nz/ | Service available 24/7 Some charges may apply.  No referral required. |

**Playcentre Aotearoa**

FSD0018567 Last updated 23/03/2021

Supporting families to provide early childhood experiences and education for their own, and other children in their communities. 'Whanau Tupu Ngatahi - Families Learning Together'

6A Glenside Ave Pakuranga Manukau



administrator@playcentre.org.nz  Weekdays 9am - 3pm

(027) 808 6360 Some charges may apply. http://www.playcentre.org.nz No referral required.

**Playgroup**

FSD0023732 Last updated 17/12/2020

Playgroups provide environments for children and parents to learn together. AKA playgroups operate 9:30am-12:30pm Tuesday, Wednesday and Thursday. Playgroup is completely free fro children 0-6 years.

Whakawhnaungatanga is at the heart of our playgroups for kids. We take pride in our communities: our identity, our beliefs and our values. As a whnau we endeavour to work together (Kotahitanga) making important decisions that will help with the day-to-day tasks of running the children’s play group, along with the support of the Playgroup coordinator.

All whnau are welcomed and children from birth to school age have a place to call their own. We welcome babies, toddlers, preschool and kindergarten aged children to participate in playgroup activities. An adult must stay with the child at community playgroup: Whnau have an important role to play in supporting children’s learning (Manaakitanga) and sharing in their achievements and challenges.

Level 5 Otago House 385 Queen Street Auckland 1141



info@playgroups.org.nz  Tuesday, Wednesday & Thursday, 9:30am-

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| (09) 373 1992 (027) 702 2539 https://www.aka.org.nz/playgroup | 12:30pm  All services free of charge.  No referral required. |

**Premium Kids Care (2018) Limited**

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| FSD0018108  After School care, Before School Care and Holiday programme provider. | Last updated 01/12/2020 |

Northcote Intermediate School 145-157 Lake Rd Northcote Auckland



kate@premiumkidscare.co.nz  Before School : 7 - 8:45am

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| (021) 448 886 http://premiumkidscare.co.nz    **Classification : OSCAR**    **Premium Kids Care Birkdale** | After School: 3 - 6pm Holidays: 7:30am - 6pm Some charges may apply.  No referral required. |  |
| FSD0022780 |  | Last updated 21/12/2020 |

Before and After School care for children of Birkdale Primary School.

Birkdale Primary School 18 Salisbury Rd Birkdale Auckland 0626 rochelle@premiumkidscare.co.nz  Monday - Friday 7:00am - 8:30am



(027) 325 3229 Monday - Friday 3 - 6pm

http://www.premiumkidscare.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Premium Kids Care Northcross**

FSD0023259 Last updated 21/12/2020

Premium Kids Care offer OSCAR approved out of school care services for children between the ages of 5 and 14. We aim to provide a home away from home while parents are at work or busy.

Before school care 7am - 8:45am

After school care 3pm - 6pm

Holiday programme 7:30am - 6pm

Transporting to nearby schools daily. It is a place where your children are encouraged to relax and enjoy themselves. No two days are the same. Each day is exciting, varied, safe, and affordable

but most of all will leave your child wanting to come back for more.

10 Sartors Ave Northcross Auckland



rochelle@premiumkidscare.co.nz  After school Care from 3pm - 6pm Before School

|  |  |  |
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| (027) 325 3229 http://premiumkidscare.co.nz/    **Classification : OSCAR** | Care 7.30am - 8.30am Holiday programs 8am - | |
| 6 pm.  Some charges may apply.  No referral required. |  |
| **Premium Kids Care Pinehill School** | |
| FSD0022320 | | Last updated 21/12/2020 |

OSCAR approved before and after school care.

2 Spencer Road Browns Bay Auckland



rochelle@premiumkidscare.co.nz  Before School Care 7am - 8.30am

(027) 325 3229 After School Care 3pm - 6pm

http://www.premiumkidscare.co.nz 7.30am-6pm school holiday programme Some charges may apply. No referral required.

**Classification : OSCAR**

**Promise Education Ltd**

FSD0022840 Last updated 02/09/2020

We are a OSCAR approved provider for After School care and Holiday Programmes.

52-56 Anzac Road Browns Bay Auckland 0632



nzpromiseschool@gmail.com  2:30PM to 6:30PM during school day (09) 476 5004 8:30AM to 6:30PM during school holiday (021) 275 8234 Some charges may apply. http://www.facebook.com/promiseschool No referral required.

**Classification : OSCAR**

**Puawai Homebased Childcare**

FSD0020828 Last updated 29/09/2020

Puawai Homebased Childcare is an Early Childhood Education Service where Educators teach, nurture and care for your child in a safe, friendly environment.

166 Wellington Street Pukekohe 2120



puawai\_homebased@outlook.com  Office Hours Mon - Fri 9.00am-4.30pm

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| (0800) 427 829 http://www.puawaichildcare.co.nz/    **Classification : PACIFIC** | All services free of charge. No referral required. |

**Pukeko OSCAR Before and After School Care**

FSD0022398 Last updated 31/10/2020

Pukeko OSCAR runs fun, engaging before and after-school programmes every day of term time, based at Pakuranga Heights School (as well as school holiday programmes)!

Check out the cool things we do on our Facebook page, updated daily.

We'd love to see you here :)!

School Hall, Pakuranga Heights School 77 Udys Road Pakuranga Heights Auckland 2010 pukekopreschoolPH@gmail.com  Open every day except Statutory holidays.



(09) 576 4822 http://www.pukekopreschools.co.nz Term Time:

Morning: 7:30-8:30am

Afternoon: 3:00-6:00pm

Holiday Programme:

7:30 - 6:00

Some charges may apply. No referral required.

**Classification : OSCAR**

**Pukekohe Community Link**

FSD0007917 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

9-11 Tobin Street Pukekohe 2120



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz      **Pukekohe Youth Centre**  FSD0000972  Youth Centre | 5:00pm. Wednesday 9:30am - 5:00pm. | |
| All services free of charge. No referral required. | Last updated 12/03/2021 |

1 Roulston Street Pukekohe Manukau



pyc@xtra.co.nz  8:30am-6:00pm during School Holidays, 3:00pm-

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| (09) 238 5125      **Puna Ole Atamai Aoga Amata** | 6:00pm During School Term Some charges may apply. No referral required. |
| FSD0023054 | Last updated 15/02/2021 |

We govern and manage Pasifika early childhood services in Mangere, Auckland.

5/29 Wickman Way Mangere Auckland 2024



punaoleatamai@gmail.com  Office open 8.30am to 2.30pm Weekdays

(09) 275 8430 Some charges may apply. (027) 757 9600 No referral required.

**Classification : PACIFIC**

**Queen Street Community Link**

FSD0007918 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 3 450 Queen Street Auckland 1010



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Ranui in Motion Trust**

FSD0021392 Last updated 13/07/2020

RIM Trust is an incorporated charitable trust which provides valuable services to Ranui and the greater Auckland. Two key Service providers are our Early Childhood Centre 'Puataunofo Aoga Amata' and our RIM OSCAR programs for 5-13 year olds.

35A Armada Drive Ranui Waitakere 0612



office@paa.org.nz  Monday - Friday 9am-5pm.

(09) 832 0033 Koha/donation may apply. http://www.puataunofo.org No referral required.

**Classification : OSCAR**

**Reach for the Stars Early Learning Centre**

FSD0022281 Last updated 10/08/2020

Reach for the Stars Early Learning Centre is a privately owned and operated early childhood centre run by hands-on owners Karyn and Bruce Poole and a team of dedicated early childhood teachers.

At Reach for the Stars Early Learning Centre we empower our children to become confident, independent lifelong learners by providing an engaging learning environment where children are given every opportunity, encouragement, guidance and support to ‘reach for the stars’, and to develop to their full potential. Children at our centre are shown love and nurtured while they learn with teaching principles based on established philosophies including Reggio Emilia and Magda Gerber.

If you would like to see if Reach for the Stars Early Learning Centre is right for your family, you can give us a call, send us an email or even just pop in and visit - our centre manager will be happy to show you around.

19 Canaveral Drive Rosedale Auckland



albanychildcare@reachforthestars.co.nz  Mon-Fri, 7:30am to 6:00pm

(09) 476 3950 Some charges may apply. http://www.reachforthestars.co.nz No referral required.

**Redeemer Kids**

FSD0021275 Last updated 09/10/2020

Providing after school care in the Manukau area from 3pm to 6pm.

30 Hilltop Road Flat Bush Auckland 2019



tonyb@mcctrust.nz  3pm to 6pm (09) 262 4562 Some charges may apply.

(021) 217 3837 No referral required. http://www.redeemerkids.org.nz

**Classification : OSCAR**

**Regional Sports Trust - Counties Manukau Sport Foundation**

FSD0003719 Last updated 14/12/2020

Delivering free services in the community. Working in three different areas: Schools delivering

Primary Sport and Bike programmes; Community - Free events and school holiday programmes; Social Services - supporting youth to gain employment or education goals, including part time work in schools as a coach.

Finlayson Homestead 190 Weymouth Road Clendon Manurewa 2102



info@cmsport.co.nz  Office available Monday - Friday 9am - 3.30pm

(09) 269 0066 Answerphone available outside hours. http://www.cmsport.co.nz All services free of charge.

Referral may apply.

**Classification : YS**

**Richmond Road Out of School Care**

FSD0021248 Last updated 26/03/2021

Our motto at Richmond Road OSCAR is 'to provide a safe and happy place for children between school and home'. It is a privately - home from home - out of school care establishment.

I have been running this care service within Richmond Road School in Ponsonby for 14 years. Although the programme is operated from Richmond Road School mainly for the school community the door is open to other schools and the wider community.

ALL ARE WELCOME.

I run a Before School, After School and Holiday Programmes every school day and school holidays. We have 5 - 13 year old attending and offer a wide range of activities and care and cater to our multilingual / multicultural community. I look forward to chatting more about what we offer for your children.

c/o Richmond Road School 113 Richmond Road Ponsonby Auckland 1021 suewinslow01@gmail.com  Available 24 hrs



(027) 278 2000 B4SC - 7 - 9am

(021) 066 8280 ASC - 3 - 6pm

http://www.richmondroad.school.nz Holiday Programmes - 8am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Roskill South Oasis Hub**

FSD0015562 Last updated 19/10/2020

To provide support for a network of early years services, improve the co-ordination and make access to these services easier for families with children pre-birth to 6 years of age.

Roskill South Oasis 56 Glass Road Mt Roskill Auckland 1041



thehub@roskillsouthoasis.org.nz  Monday to Friday

(09) 620 8079 8.30am to 12.30pm (021) 375 253 All services free of charge.

No referral required.

**Safe Kids in Daily Supervision (SKIDS) - Henderson**

FSD0008212 Last updated 16/12/2020

SKIDS provide on-site OSCAR approved programmes at around 170 sites across New Zealand.

We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Henderson Primary School, Assembly Hall 11b Montel Avenue Henderson Auckland 0612 henderson@skids.co.nz  Monday to Friday:



(09) 390 4545

(022) 447 5437 Before School Care:

http://www.skids.co.nz/location/henderson 6.45am – 8.15am

/ After School Care:

2.45pm – 6.00pm

We also run School Holiday programmes.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Limited - Waitoki**

FSD0022417 Last updated 14/12/2020

We provide OSCAR approved Before & After School Care for children aged 5-12. We are based at Waitoki School.

Waitoki School Hall 1119 Kahikatea Flat Road Waitoki 0871



waitoki@skids.co.nz  After School Care: 2:30pm-6:00pm (027) 846 1725 Some charges may apply.

(027) 723 6056 No referral required.

http://www.skids.co.nz/location/waitoki/

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - Halsey Drive**

FSD0008203 Last updated 22/04/2021

SKIDS Halsey Drive provides on-site Before and After School care programmes at Halsey Drive

Primary School, Lynfield, Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Halsey Drive School Hall 106 Halsey Drive Lynfield Auckland



purity@skids.co.nz  Before school care from 7.30-8.30am

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| (021) 035 6547 (021) 150 0912 http://www.skids.co.nz    **Classification : OSCAR** | After school care from 3-6pm, Holiday programmes from 7:30am -6pm. After hour contact: 09 9403665 Some charges may apply.  No referral required. |

**Safe Kids in Daily Supervision (SKIDS) Ltd - Hillsborough**

FSD0008205 Last updated 17/09/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Hillsborough Primary School Hall - Belfast St Hillsborough Auckland



hillsborough@skids.co.nz  In office Monday to Friday 7.30am - 6.00pm

(09) 818 9662 Some charges may apply.

(021) 157 9344 No referral required.

https://www.skids.co.nz/locations/hillsboro ugh/

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - Massey**

FSD0008213 Last updated 14/12/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Massey Primary School 326 Don Buck Road Massey Waitakere massey@skids.co.nz  Monday to Friday



(021) 247 8828 (Manor Pillay, owner) 7am to 8.30am and 2.55pm to 6 pm

(09) 390 8828 (Office) Some charges may apply. http://www.skids.co.nz No referral required.

**Classification : OSCAR**

**Safe Kids In Daily Supervision (SKIDS) Ltd - Mellons Bay**

FSD0015214 Last updated 17/09/2020

After School Care and Holiday Program for children aged 5 - 13.

140 Mellons Bay Road Howick Manukau



mellonsbay@skids.co.nz  School Terms: Mon - Fri (3pm - 6pm) (021) 975 636 Holidays: Mon - Fri (8:30am - 5:30pm)

(09) 533 3629 (office) Some charges may apply. http://www.skids.co.nz/location/mellons\_b No referral required. ay/

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - Mt Albert**

FSD0008218 Last updated 16/02/2021

SKIDS provide on-site OSCAR programmes at more than 50 schools throughout New Zealand. We are Social Sector Accredited and our families can access Work and Income OSCAR subsidies when using our services.

Mt Abert Primary 6 Sainsbury Road Mt Albert Auckland



mtalbert@skids.co.nz  3pm-6pm weekdays in school terms and (021) 026 06460 8am-6pm during School Holidays http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - National Office**

FSD0008201 Last updated 16/11/2020

sKids provide on-site OSCAR approved programmes at 64 schools nationwide and 53 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

62A Diana Drive Wairau Valley Auckland 0627



admin@skids.co.nz  Office Daily 9am-5pm.

(0800) 274 172 Some charges may apply.

(09) 576 6602 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - Titirangi**

FSD0008214 Last updated 18/12/2020

SKIDS provide on-site OSCAR approved programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Titirangi Primary School Hall - Atkinson Road Titirangi Auckland titirangi@skids.co.nz  Monday to Friday from:



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| (021) 247 8828 (09) 390 8828 http://www.skids.co.nz | 7am - 8.30am  2.55pm - 6pm  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**School's Out Wolverton**

FSD0022226 Last updated 26/03/2021

School’s Out Wolverton caters for children between the ages of 5-13 years who are attending Primary or Intermediate school. OSCAR approved sessions run Before School, After School and during every School Holidays.

At School’s Out, we are committed to providing each child with a safe, positive, fun and happy environment in which to grow. Our daily, weekly and holiday programmes are tailored to meet the needs, interests and abilities of the children in our care.

c/- Best Start Wolverton St 25 Wolverton St Avondale Auckland 0600



wolverton@schoolsout.co.nz  Monday-Friday (excl. stat holidays)

|  |  |
| --- | --- |
| (09) 828 9089 (027) 688 8477 https://schoolsout.co.nz/wolverton/    **Classification : OSCAR**    **School's Out Wyllie** | Before School 7am-9am  After School 3pm-6pm Holiday Programme 7am-6pm Some charges may apply. No referral required. |
| FSD0022222 | Last updated 26/03/2021 |

School’s Out caters for children between the ages of 5-13 years who are attending Primary or Intermediate school. Our OSCAR approved daily, weekly and holiday programmes are tailored to meet the needs, interests and abilities of the children in our care.

At School’s Out, we are committed to providing each child with a safe, positive, fun and happy environment in which to grow.

44 Wyllie Road Papatoetoe Auckland 2025



wyllie@schoolsout.co.nz  Monday to Friday (excluding stat. holidays)

(09) 277 1216 Before school 7am-9am

(027) 440 5072 After school 3pm-6pm

https://schoolsout.co.nz/wyllie/ Holiday programme 7am-6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Schools Out Before & After School Care New Windsor**

FSD0022831 Last updated 19/01/2021

Schools Out New Windsor Before and After School Care is a privately and locally owned business that has operated since 2001 and is conveniently based on site in the school hall at New Windsor Primary School. We are OSCAR approved & cater for Work & Income subsidies. Our aim is to provide a safe and secure, fun environment where the children and our dedicated staff can enjoy the great range of activities available. Breakfast & afternoon tea is provided offering the children a great range of tasty & healthy foods.

New Windsor Primary School 185 New Windsor Road New Windsor Auckland 0600



dazshaz@xtra.co.nz  Monday-Friday (excl. stat holidays) Before

|  |  |
| --- | --- |
| (021) 239 2116 (09) 828 0427 https://schoolsout.co.nz/    **Classification : OSCAR** | School Care 7am to 8.30am.  After School Care 3pm to 6pm.  Some charges may apply.  No referral required. |

**Schools Out Waimauku/Huapai**

FSD0022496 Last updated 12/01/2021

We specialise in OSCAR approved Before and After School Care and School Holiday programmes and are based at Huapai and Waimauku Schools.

At Schools Out we are committed to providing excellence in the school age child care. Our programme aims to provide a safe and enjoyable environment while attempting to encompass individual needs, cultures and interests. The atmosphere is relaxed with the necessary boundaries to ensure safety.

School's Out After School Care was established in May 1997 and before school care began in 2002 as demand from parents increased.

 Waimauku War Memorial Hall 24 Waimauku Station Road Waimauku Auckland 0812

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| sandra@afterschoolcare.net.nz  (027) 226 0890 http://afterschoolcare.net.nz    **Classification : OSCAR**    **Seedlings Education** | Monday to Friday 7am-8.30am & 3pm to 6pm during school term and 7am to 6pm during school holidays  Some charges may apply. No referral required. |
| FSD0022911 | Last updated 18/08/2020 |

We are a home-based education program offering support and guidance to people caring for children in the home.

3/12 Laidlaw Way East Tamaki Manukau 2016



info@seedlingseducation.co.nz  Monday - Sunday 6am - 8:30pm

(09) 273 5525

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| --- | --- |
| (0800) 733 354 http://seedlingseducation.co.nz | 0800 SEEDLINGS  All services free of charge.  No referral required. |

**Sherwood Before & After School Care & Holiday Programmes**

FSD0017873 Last updated 12/04/2021

We provide quality care in a safe and stimulating environment with trained staff to ensure your child has the best care possible when you cannot be there for them.

Daily term time from 7am to 6pm. Teacher only days 7am - 6pm (dependent on staffing) Holiday programmes x 8 weeks per year. 7.30am - 6pm.

40 Sartors Avenue Browns Bay Auckland 0360



christinea@sherwoodprimary.school.nz  7am - 6pm daily Term time

(09) 476 2594 7.30am - 6pm Holiday Programmes http://sherwoodprimary.school.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Sherwood Primary Before & After School Care**

FSD0021219 Last updated 12/04/2021

We offer parents OSCAR approved Before & After School Care and Holiday Programmes in a safe, secure, stimulating and friendly environment for your child when you are unable to be at home.

Situated on school grounds in our own buildings with access to 3 age relative playgrounds, which are supervised by trained staff.

Outside provider activities are run onsite and we will take and bring back your child from any they may have booked in too.

Afternoon tea is provided and supervision of homework is completed 4 days of the week, however parents take full responsibility for content and signing off for teachers. . You are welcome to visit at anytime.

40 Sartors Avenue Browns Bay Auckland 0360



basc@sherwoodprimary.school.nz  Opening at 7am daily to 6pm Term time and

(09) 476 2594 730am - 6pm holidays. http://www.sherwoodprimary.school.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Skids - Sylvia Park**

FSD0008219 Last updated 05/02/2021

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Sylvia Park School - Longford Street Mt Wellington Auckland



sylviapark@skids.co.nz  Breakfast Club 7.30 to 8.30 Mon to Fri

|  |  |
| --- | --- |
| (027) 291 9116 (027) 539 9412 http://www.skids.co.nz | After School Care 2.45 to 6.00 Mon to Friday. Holiday Programme runs from 8.00 to 6.00 Mon to Fri on the holiday weeks.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**sKids Anchorage Park**

FSD0022025 Last updated 16/11/2020

sKids Anchorage Park offers OSCAR approved after school care and holiday programmes servicing the Anchorage Park School community and greater Pakuranga communities. We are Social Sector accredited, qualifying families can access Work and Income subsidies.

Fantastic staff and amazing fun and safe programme for all children aged 5 to 14 years of age!

Anchorage Park School 16 Swan Crescent Pakuranga Auckland 2010 admin@skids.co.nz  Programme hours:



|  |  |
| --- | --- |
| (0800) 274 172 (09) 576 6602 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Arahoe** | After School Care - 3pm to 6pm Holiday Care - 8am to 6pm Some charges may apply. No referral required. |
| FSD0022298 | Last updated 27/10/2020 |

Provider of OSCAR approved out of school care services for school aged (5years - 13years) children.

1. Arahoe road New Lynn Auckland 0600



arahoe@skids.co.nz  7.00am - 8.30am - Before School Care

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| (021) 931 133  (027) 565 5251 http://skids.co.nz    **Classification : OSCAR**    **Skids at Bairds Mainfreight** | 3.00pm - 6.00pm - After School Care 7.00am - 6.00pm - Holiday Care Some charges may apply. No referral required. |
| FSD0018562 | Last updated 22/04/2021 |

We offer you the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in: Before school care, After school care, and School holiday programmes. We take the care and welfare of your children very seriously. The safety and care of your child is our number one priority.

1. Edward Avenue Otara Auckland 2023



bairds@skids.co.nz  Hours of operation 2.45pm - 6.30pm, Monday to

(027) 627 5001 Friday.

(0800) 543 922 Some charges may apply. http://www.skids.co.nz No referral required.

**Classification : OSCAR**

**sKids Balmoral**

FSD0008215 Last updated 04/02/2021

SKIDS provide on-site OSCAR approved programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Balmoral School hall - Brixton Road Mount Eden Auckland



balmoral@skids.co.nz  Before / After School, 7.30-8.45am and 3.00-

|  |  |
| --- | --- |
| (021) 975 632 (021) 683 763 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Bayfield** | 6.00pm daily in school term  8.00am-6.00pm school holidays Some charges may apply. No referral required. |
| FSD0023073 | Last updated 19/03/2021 |

SKIDS provide on-site OSCAR approved programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Bayfield School 2-12 Clifton Rd Herne Bay Auckland 1011



bayfield@skids.co.nz  After School, 3.00-6.00pm daily in school term.

(027) 528 6999 8.00am-6.00pm school holidays http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Belmont**

FSD0023183 Last updated 30/09/2020

SKIDS provide onsite before/after school care and holiday programmes at 150 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income out of school care and recreation subsidies when using our services.

Belmont Rose Centre 4 School Road Belmont Auckland 0622



belmont@skids.co.nz  Before School Care: 7.30-9am Monday to Friday (022) 692 0087 After school Care: 3-6pm Monday to Friday (021) 185 1239 Holiday Programme: 7.30-6pm Monday to Friday http://www.skids.co.nz/location/belmont/ between school terms.

Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Birkdale North School**

FSD0023307 Last updated 24/09/2020

OSCAR approved Before School Care, After School Care and School Holiday Programme Provider for ages 5-13 years old.

213 Birkdale Road Auckland 0626



birkdalenorth@skids.co.nz  Term time: Monday to Friday 7am to 8:30 am;

(022) 160 9033 3pm to 6pm

(022) 084 9253 School Holiday : Monday to Friday 7 am to 6pm https://www.skids.co.nz/locations/birkdale Some charges may apply.

\_north/ No referral required.

**Classification : OSCAR**

**Skids Birkenhead**

FSD0022364 Last updated 02/11/2020

We provide a quality Before, After School Care and Holiday Programme for many years. A Structure Programme runs according to theme including homework supervision, extra Maths practice, sports, art and craft, baking and cooking, science and fun games.

77 Mokoia Road Birkenhead Auckland 0626



birkenhead@skids.co.nz  Before School Care 7.00am till 8.30am

|  |  |  |
| --- | --- | --- |
| (021) 118 1621 (021) 127 1685 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Botany Downs** | After School Care 3.00pm till 6.00pm  Holiday Programme 7.00am till 6.00pm | |
| Some charges may apply. No referral required. |  |
| FSD0021488 |  | Last updated 18/12/2020 |

OSCAR Approved Holiday Programme at Botony Downs School, Auckland.

Botany Downs School 35 Mirrabooka Avenue Botany Downs Auckland 2010 botanydowns@skids.co.nz  7.30am to 6pm during holidays (022) 020 0991 Some charges may apply. http://www.skids.co.nz/location/botany\_do No referral required. wns/



**Classification : OSCAR**

**sKids Browns Bay**

FSD0021649 Last updated 24/08/2020

Welcome to Safe Kids In Daily Supervision (sKids) where the safety and care of your child is our number one priority and offers the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in:

Before school care

After school care

School holiday programmes sKids Active! sports programmes We pride ourselves on being New Zealands largest private out-of-school supervised care provider, we take the care and welfare of your children very seriously.

For us this is more than a business it's a PASSION - visit our website.

Browns Bay School Hall - Masterton Road Browns Bay Auckland 0630



brownsbay@skids.co.nz  7.00 - 8.30am Before School

|  |  |
| --- | --- |
| (021) 384 038 (022) 129 0050 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Bucklands Beach** | 3.00 - 6.00pm After School  7.00 - 6.00pm Holiday time Some charges may apply. No referral required. |
| FSD0021417 | Last updated 18/08/2020 |

We provide before and after school care and holiday programmes for primary aged school kids.

107 Clovelly road Bucklands Beach Manukau 2012



bucklandsbeach@skids.co.nz  School term times Between 7.30am and 8.30am

(021) 812 141 and between 3pm and 6pm. http://www.skids.co.nz/location/bucklands

\_beach School Holidays 7.30am - 6pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Campbells Bay**

FSD0023113 Last updated 11/02/2021

We Provide Out of School care. This includes Before, After school care. Holiday programme and most recently tuition Programmes.

 Campbells Bay School 77 Aberdeen Road Castor Bay Auckland 0620

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| campbellsbay@skids.co.nz  (09) 390 0013  (022) 367 5011 http://skids.co.nz    **Classification : OSCAR**    **Skids Clayton Park** | Monday to Friday  7:00 to 8:30am  3:00 to 6:00pm  Some charges may apply. Referral may apply. |
| FSD0023049 | Last updated 23/04/2021 |

Programme: OSCAR approved programme. We offer Before School care, After School Care and holiday programme for ages 5 to 13 years.

187 Coxhead Road Manurewa Auckland 2110



admin@skids.co.nz  During School Term Centre times.

(0800) 274 172 7am to 8.30am (09) 576 6602 2pm to 6.15pm http://www.skids.co.nz

School Holidays 7am - 6pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Dawson**

FSD0022436 Last updated 24/08/2020

We provide OSCAR approved after school and holiday programme for primary and intermediate children. School based. MSD Approved. OSCAR subsidy available.

15 Haumia Way Otara Auckland 2023



dawson@skids.co.nz  After School 2:45 -6:15pm

|  |  |
| --- | --- |
| (021) 252 9470 (021) 403 0009 https://www.facebook.com/skidsotara | Holiday Programme 8am - 6pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**sKids Devonport**

FSD0018342 Last updated 12/04/2021

SKIDS provide onsite before/afterschool care and holiday programmes at 150 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income out of school care and recreation subsidies when using our services.

Devonport Primary School 18 Kerr Street Devonport North Shore 0624



devonport@skids.co.nz  Before School Care: 7.30-9am Monday to Friday (022) 173 7289 Afterschool Care: 3-6pm Monday to Friday (021) 185 1239 Holiday Programme: 7.30-6pm Monday to Friday http://www.skids.co.nz/locations/devonpor between school terms. t/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Don Buck**

FSD0022312 Last updated 15/03/2021

SKIDS provide on-site OSCAR programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Don Buck Primary School - Space 1 124 Don Buck Road Massey West Waitakere 0614 manel@skids.co.nz  Before School Care: 7:00am-8:30am (022) 654 5248 Before School Care: 7:30am-8:30am http://www.skids.co.nz After School Care: 3:00pm-6:00pm



School Holidays: 7:00am-6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Flat Bush**

FSD0022469 Last updated 24/08/2020

We provide OSCAR approved after school and holiday programme for primary and intermediate children. School based. MSD Approved and OSCAR subsidy available.

20 FlatBush Road Otara Auckland 2023



flatbush@skids.co.nz  After School 3:00 - 6:15pm (021) 252 9470 Holiday Programme 8am - 6pm (021) 403 0009 Some charges may apply. https://www.facebook.com/skidsotara No referral required.

**Classification : OSCAR**

**sKids Glen Eden**

FSD0023877 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services.

3 Glenview Road Glen Eden Auckland 0602



admin@skids.co.nz  Before School - 7.00am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/glen\_ed Some charges may apply. en/ No referral required.

**Classification : OSCAR**

**skids Glen Innes**

FSD0022847 Last updated 03/05/2021

We provide OSCAR approved after school care, before school care and holidays care for children age 5 to 13 years.

Glen Innes School 40 Eastview Road Glen Innes Auckland 1072



gleninnes@skids.co.nz  For school Term - Monday to Friday

|  |  |
| --- | --- |
| (022) 50 SKIDS(75437) (021) 068 6892 http://www.skids.co.nz | 2:30pm-6:00pm.  For school holidays -Monday to Friday 8:00am-6:00pm.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**skids Glen Taylor**

FSD0022846 Last updated 30/06/2020

We run OSCAR approved after school care, Before school care and Holiday programmes for children age 5-13.

172 West Tamaki Road Glendowie Auckland 1072



glentaylor@skids.co.nz  For School Term - Monday to Friday 2:30pm-

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| --- | --- |
| (021) 068 6892 (022) 587 5437 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Glenbrae** | 6:00pm.  For school Holidays - Monday to friday 8:00am6:00pm.  Some charges may apply. No referral required. |
| FSD0023235 | Last updated 20/08/2020 |

We provide OSCAR approved after school care, before school care and holidays care for children age 5 to 13 years.

18 Beltany Drive Flat Bush Auckland 2019



glenbrae@skids.co.nz  For school Term - Monday to Friday

(021) 068 6892 2:30pm-6:00pm.

(022) 022 50 SKIDS (75437) For school holidays - Monday to Friday http://skids.co.nz 8:00am-6:00pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Glendene**

FSD0022770 Last updated 08/02/2021

sKids Glendene provides a safe, affordable, onsite supervised out-of-school care programmes for kids 5 - 12 years old. We are OSCAR approved and our families can access OSCAR subsidies through Work and Income when using our services.

60 Barry's Road Glendene Auckland 0602



glendene@skids.co.nz  School Term: Mon - Fri 3:00pm - 6:00pm (022) 657 7433 School Holiday: Mon - Fri 7:00am - 6:00pm http://skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Grey Lynn**

FSD0008216 Last updated 12/04/2021

SKIDS provide onsite OSCAR approved programmes in over 150 schools throughout New Zealand. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Grey Lynn Primary School 44 Surrey Crescent Grey Lynn Auckland 1021



greylynn@skids.co.nz  Weekdays from 7.30am to 9am and 3pm to 6pm (027) 316 3293 School holidays from 7.30am to 6pm (021) 185 1239 Some charges may apply. http://www.skids.co.nz/locations/grey\_lynn No referral required.

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**Classification : OSCAR**

**Skids Henderson Valley**

FSD0022579 Last updated 19/06/2020

OSCAR approved. Skids HENDERSON VALLEY provides Before & After School Care and Holiday Programmes for kids 5 to 13 years old onsite at Henderson Valley Primary School.

 Henderson Valley Primary School 389 Henderson Valley Rd Henderson Auckland 0612

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| hendersonvalley@skids.co.nz  (021) 213 4652 bookings (021) 286 2807 onsite http://www.skids.co.nz/location/henderson \_valley/    **Classification : OSCAR**    **Skids Hillpark** | Before School Care programme runs from 7.00am - 8.30am and our After School Care programme runs from 3.00pm - 6.00pm  Holiday program service available from 7.30am til 6pm  Some charges may apply. No referral required. |
| FSD0023297 | Last updated 23/04/2021 |

Skids Hillpark provides OSCAR approved, exciting holiday programmes to school aged children from age 5 years to 13 years. Programmes held at Hillpark School, Manurewa.

57 Grande Vue Road Manurewa Auckland 2102



admin@skids.co.nz  7am to 6pm during holiday programme

|  |  |
| --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Holy Cross** | Office hours 9am to 5pm Some charges may apply. No referral required. |
| FSD0008206 | Last updated 08/02/2021 |

sKids Holy Cross provides a safe, affordable, onsite supervised out-of-school care programmes for kids 5 - 12 years old. We are OSCAR approved and our families can access Work and Income subsidies when using our services.

Holy Cross Catholic School Hall 8 Lavelle Road Henderson Waitakere City 0612



holycrosswest@skids.co.nz  Before School Care: 7:00am - 8:30am (021) 922 809 After School Care: 3:00pm - 6:00pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Skids Holy Trinity**

FSD0023300 Last updated 23/04/2021

Skids Holy Trinity run OSCAR approved before school care,after school care and holiday programmes for school aged children.

137 Airfield Road Takanini Auckland 2110



admin@skids.co.nz  Mon to Friday

|  |  |
| --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Homai** | 7am to 8.30am  2pm to 6.15pm  Holiday program  7am to 6.15pm weekdays Some charges may apply. No referral required. |
| FSD0024223 | Last updated 19/04/2021 |

We provide before school care, after school care and holiday care for school aged children between the age of 5 to 13.

27 Moyrus Crescent East Tamaki Heights Auckland 2016



palwinder@skids.co.nz  Monday to Friday (021) 081 78012 Some charges may apply.

(021) 300 146 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Skids Howick**

FSD0024356 Last updated 04/09/2020

We offer OSCAR approved Programmes that provides Before and After School care and Holiday programmes. Based in Howick, Auckland.

1. Willoughby Avenue Howick Auckland 2014



wayne@skids.co.nz  Before School Care - 7am to 8.30am

(021) 616 513 After School Care - 3pm to 6pm

http://www.skids.co.nz/locations/howick/ Holiday Programmes - 7am to 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Kelston**

FSD0022610 Last updated 15/01/2021

OSCAR approved programmes Provider offers Before and After School childcare.

OSCAR Funding for 3 sites : Skids Kelston, Skids New Lynn, Skids \Sunnyvale.

1. Archibald Road Kelston Auckland 0602



kelston@skids.co.nz  7.00am to 8.30am - Before School

|  |  |  |
| --- | --- | --- |
| (09) 948 8332  (021) 669 201 http://www.skids.co.nz/location/kelston/    **Classification : OSCAR**    **SKIDS Kelvin Road** | 3pm to 6pm - After School  7am to 6pm - Holiday Programme | |
| Some charges may apply. No referral required. |  |
| FSD0021893 |  | Last updated 23/03/2021 |

Provide before/after school care and holiday programme.

Kelvin Road School 74 Kelvin Road Papakura 2110



palwinder@skids.co.nz  Before School Care - 7:00am - 8:30am

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| --- | --- |
| (021) 081 78012 (09) 265 2422 http://www.skids.co.nz | After School Care - 2:30pm - 6:30pm Holiday Porgamme - 8:00 am - 6:00pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

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| **SKIDS Kingsford** |  |
| FSD0021911 | Last updated 22/04/2021 |

Provide before/after school care and holiday programme.

54 Raglan Street Mangere East Auckland 2024



kingsford@skids.co.nz  Before School Care = 7:30am-8:30am

(09) 940 3665 After School Care = 3:00pm-6:00 pm

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| (021) 035 6547 http://www.skids.co.nz    **Classification : OSCAR**    **sKids KingsWay** | Holiday Programme = 8:00am-6:00pm Some charges may apply. No referral required. |
| FSD0023238 | Last updated 30/06/2020 |

sKids KingsWay is your one stop shop for a highly interactive programme designed to inspire and educate the children in our care through both structured play and free play. We do this by offering fun activities and homework help in a safe and nurturing environment that parents trust and kids love. Children in our care receive the goodness a growing body needs with our nutritional breakfasts & afternoon teas. We pride ourselves on being New Zealand's largest private out-ofschool supervised care provider. Being an OSCAR approved site means Work and Income OSCAR subsidies are available.

2 Bonair Crescent Silverdale Auckland 0932



kingsway@skids.co.nz  Term Time Monday - Friday Before School (021) 047 4834 7:00am-8:30am After School 3:00pm - 6:00pm

http://www.skids.co.nz/location/kingsway/ School Holiday Programme 7:00am-6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Laingholm**

FSD0021821 Last updated 18/12/2020

We run before/after school care and holiday care.

54 Victory Road Laingholm Auckland 0604



laingholm@skids.co.nz  Monday to Friday (term time)

(09) 390 8828 2.55pm - 6pm

(021) 247 8828 7 am - 6pm (holidays)

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Lincoln Heights**

FSD0022310 Last updated 15/03/2021

SKIDS provide on-site OSCAR programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Lincoln Heights School - sKids Room 31 16 Keegan Drive Massey Waitakere 0614



manel@skids.co.nz  Before School Care: 7:00am-8:30am / 7:30am-

(022) 654 5248 8:30am

http://www.skids.co.nz After School Care: 3:00pm-6:00pm

School Holidays: 7:00am-6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Macleans**

FSD0023879 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services at Macleans Primary School.

10 Wycherley Drive Bucklands Beach Auckland 2014



admin@skids.co.nz  Before School - 7.00am - 8.30am (0800) 274 172 After School - 3.00pm - 6.00pm (09) 576 6602 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/maclean Some charges may apply. s/ No referral required.

**Classification : OSCAR**

**sKids Mairangi Bay**

FSD0023880 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services at Mairangi Bay School.

Mairangi Bay School - Galaxy Drive Mairangi Bay Auckland 0630



admin@skids.co.nz  Before School - 7.30am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.30pm - 6.00pm https://www.skids.co.nz/locations/mairangi Some charges may apply.

\_bay/ No referral required.

**Classification : OSCAR**

**SKIDS Mangere Bridge**

FSD0008217 Last updated 16/11/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are Social Sector accredited and our families can access Work and Income OSCAR subsidies when using our services.

Mangere Bridge School 2 Domain Drive Mangere Bridge Manukau admin@skids.co.nz  7.30am - 8.30am



|  |  |
| --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Mangere Central** | 3.00pm - 6.00pm  Monday to Friday  Some charges may apply. No referral required. |
| FSD0021888 | Last updated 29/06/2020 |

We provide before/after school care and holiday programme.

244 Kirkbride Road Mangere Auckland 2022



samuel@skids.co.nz  Before School Care = 7:30 am- 8:30am

|  |  |
| --- | --- |
| (09) 390 6700 (021) 040 2375 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Manuka** | After School Care = 3:00 pm - 6:30pm Holiday Programme = 8:00 - 6:00 pm Some charges may apply. No referral required. |
| FSD0022516 | Last updated 15/01/2021 |

We provide a safe, quality, structure and well trained staff in our before and after school care and holiday programme.

Structured Programmes run according to the fun theme including sports, games, art and craft, baking and cooking and science, after home work supervising and extra Maths worksheet. All staff are trained in Behaviour Management, Child Protection, Health and Safety and of course First Aid.

34 Manuka Road Glenfield North Shore 0629



manuka@skids.co.nz  Before School 7.00 am - 8.30 am

|  |  |
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| (09) 443 2183 (021) 118 1621 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Manurewa East** | After School 3.00 pm - 6 .00 pm Holiday Programme 7.30 am - 6.00 pm Some charges may apply. No referral required. |
| FSD0023302 | Last updated 23/04/2021 |

sKids Manurewa East offers OSCAR approved After-School-Care, Before-School-Care and Holiday Programmes to children aged 5-13 years. If you're looking for a safe, structured and fun Out-of-School Care environment for your children then you've come to the right place.

 The School Hall (Gate 6), Manurewa East School 10 Scotts Road Manurewa East Auckland 2102

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| admin@skids.co.nz  (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Manurewa South** | BSC - 7:00am-8:30am Mondays to Fridays during school term.  ASC - 2:45pm-6:00pm Mondays to Fridays during school term.  Holiday Programme - 7:00am-6:00pm during programme.  Some charges may apply. No referral required. |
| FSD0019332 | Last updated 27/04/2021 |

Skids Manurewa is an after School Provider -

We offer before school care, afterschool care, Holiday Programme.

We also offer a pick up service from 8 of the local schools in Manurewa.

Manurewa South Primary School Hall 39 Tawa Crescent Manurewa South Manurewa 2102 admin@skids.co.nz  7am - 8.30am morning care (09) 576 6602 2pm to 6pm Afterschool care (0800) 274 172 Some charges may apply. http://skids.co.nz No referral required.



**Classification : OSCAR**

**SKIDS Mary McKillop School**

FSD0019102 Last updated 30/06/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Mary McKillop School 12 McNaughton Avenue Mangere Manukau 2024



samuel@skids.co.nz  Before School Care = 7:30 am- 8:30am

|  |  |
| --- | --- |
| (09) 390 6700 (021) 040 2375 http://www.skids.co.nz | After School Care = 3:00 pm - 6:30pm Holiday Programme = 8:00 - 6:00 pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Skids Matipo**

FSD0022305 Last updated 03/11/2020

We are providers of OSCAR approved out of school care services (Before School Care, After School Care & Holiday Care) for school aged children from 5 years - 13 years of age.

63B Matipo Road Te Atatu Peninsula Auckland 0610



matipo@skids.co.nz  School term - Weekdays-Before School Care -

(021) 213 4652 7.00am-8.30am, After School Care-2.45pmhttp://skids.co.nz 6.00pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS MATUA NGARU**

FSD0023873 Last updated 12/04/2021

SKIDS MATUA NGARU provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes.

47 Gilbransen Road Kumeu 0810



matuangaru@skids.co.nz  School Term Care

(027) 846 1725 Monday - Friday

(020) 478 9987 Before School Care 7:00am - 8.30am

https://www.skids.co.nz/locations/matua\_ After School Care 3:00pm - 6:00pm ngaru/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**Skids May Road**

FSD0022801 Last updated 22/04/2021

Skids May Road provides OSCAR approved Before School Care, After School Care and School Holiday Programmes.

504 Richardson Road Mt Roskill Auckland



mayroad@skids.co.nz  7:30 to 8:30

|  |  |
| --- | --- |
| (09) 940 3665  (021) 150 0912 http://skids.co.nz    **Classification : OSCAR**    **SKIDS Mayfield School** | 3 pm to 6 pm  School Holiday  8 am to 6 pm  Some charges may apply. Referral may apply. |
| FSD0019105 | Last updated 17/08/2020 |

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Mayfield School 12 Pearl Baker Drive East Tamaki Manukau



mayfield@skids.co.nz  Some charges may apply.

(021) 627 5001 No referral required.

(09) 558 3462 office http://www.skids.co.nz

**Classification : OSCAR**

**sKids Milford**

FSD0021835 Last updated 26/11/2020

We are an Out of School Care and Recreation (OSCAR) Provider for children aged 5-13 years old offering Before School Care, After School Care and Holiday Programmes. We are approved by the Ministry of Social Development. Our aim is to provide a fun and safe environment for kids where they can learn, interact and play in a supervised setting.

 34 Shakespeare Road Milford Auckland 0623

milford@skids.co.nz  Mon-Fri (021) 022 30650 7am-6pm

http://www.skids.co.nz/locations/milford/ Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Monte Cecilia**

FSD0023252 Last updated 16/11/2020

We provide before school and after school care.

34 Whitmore Road Mt Roskill Auckland 1041



admin@skids.co.nz  We provide before school and after school care

(09) 576 6602 Some charges may apply.

(0800) 274 172 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Mt. Roskill**

FSD0021900 Last updated 16/11/2020

Provides before/after school care and holiday programme.

Mount Roskill Primary School 37 Frost Road Mount Roskill Auckland 1041



admin@skids.co.nz  Before School Care = 7:30am- 8:30am

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| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz | After School Care = 3:00pm - 6:15pm Holiday Programme = 7:30am - 6:15pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Skids New Lynn**

FSD0021650 Last updated 15/01/2021

OSCAR provider - We Offer Before/After School Care. Holiday programmes delivered from Kelston Primary School (5 Archibald Road, Kelston, Auckland).

1 Hutchinson Avenue New Lynn Auckland 0600



newlynn@skids.co.nz  Before School Care - 7am to 8.30am

(09) 948 8332 After School Care - 3 to 6pm

(021) 669 201 Holiday programmes (In Kelston)- 7am to 6pm http://www.skids.co.nz/location/new\_lynn Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Nga Iwi School**

FSD0019103 Last updated 17/08/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Nga Iwi School 60 Mascot Avenue Mangere Manukau



ngaiwi@skids.co.nz  Freephone: 0800 900754 (0800) 543 922 Some charges may apply.

(09) 558 3462 office No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Northcote**

FSD0022299 Last updated 14/12/2020

SKIDS provide onsite OSCAR programmes in over 150 schools throughout New Zealand. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

2 Lake Road Northcote Auckland 0620



northcote@skids.co.nz  Before school 7am - 8.30am

(021) 082 97693 After school 3pm to 6pm http://www.skids.co.nz/locations/northcote School holidays from 8am to 6pm.

\_primary/ Some charges may apply.

No referral required.

**SKIDS Onehunga**

FSD0023838 Last updated 22/01/2021

We provide After School Care and Holiday Programmes.

122 Arthur Street Onehunga Auckland



becca@skids.co.nz  No BSC Offered (as of yet)

(021) 050 7893 3:00-6:00pm ASC

(0800) 754377 8:00-6:00pm Holiday Programmes http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Orakei**

FSD0023402 Last updated 16/11/2020

OSCAR approved out of school care. After school and holiday programmes available.

1 Grace Street Orakei Auckland 1071



admin@skids.co.nz  After School - 3.00pm - 6.00pm (0800) 274 172 Holiday Programme - 8.00am - 6.00pm

(09) 576 6602 Some charges may apply. http://www.skids.co.nz No referral required.

**Classification : OSCAR**

**SKIDS Oranga**

FSD0023228 Last updated 25/08/2020

OSCAR approved before, after and school holiday programmes delivered from Oranga School

 21 Rangipawa Road One Tree Hill Auckland 1061

oranga@skids.co.nz  /

(027) 610 0021 (Site phone) Some charges may apply.

(09) 390 6700 (Office) No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Otahuhu**

FSD0024043 Last updated 19/10/2020

SKIDS provide on-site OSCAR approved programmes throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care.

43 Station Rd Otahuhu Auckland 1062



otahuhu@skids.co.nz  ASC- 3pm -6pm Mon-Fri (09) 576 6602 Some charges may apply.

(027) 209 2547 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**SKIDS Oteha Valley**

FSD0021377 Last updated 12/04/2021

Skids Oteha Valley provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes and School Holiday Programmes.

Oteha Valley Primary School Hall 2 Medallion Drive Auckland



otehavalley@skids.co.nz  School Term Care

(027) 846 1725 Monday - Friday

(027) 558 8032 Before School Care 7:00am - 8.30am

http://www.skids.co.nz/location/oteha\_vall After School Care 3:00pm - 6:00pm ey/

School Holidays

Holiday Programme 7:00am - 6:00pm Some charges may apply. No referral required.

**Skids Papakura Central**

FSD0021495 Last updated 11/12/2020

OSCAR approved Before and After School care and Holiday programmes at Papakura Central School.

Papakura Central School 23 Ray Small Drive Papakura Auckland 2110 vincent@skids.co.nz  7.00am to 8.30am



(027) 609 1220 2:30pm to 6pm

http://www.skids.co.nz/location/papakura\_ 7.30am to 6pm (holidays) central Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Papatoetoe Central**

FSD0021902 Last updated 16/11/2020

Provide before/after school care.

OSCAR approved.

71 C Montgomerie Road Mangere Bridge Auckland 2022



admin@skids.co.nz  Before School Care = 7:30am-8:30am (0800) 274 172 After School Care = 3:00pm-6:15pm (09) 576 6602 Holiday Programme =7.30am-6:15pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Papatoetoe South**

FSD0021901 Last updated 16/11/2020

Provide before/after school care and holiday.

OSCAR approved.

71 C Montgomerie Road Mangere Bridge Auckland 2022



admin@skids.co.nz  Before School Care = 7:30am-8:30am

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| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Papatoetoe West** | After School Care = 3:00pm-6:30pm  Holiday Care= 7:30 am to 6:30 pm | |
| Some charges may apply. No referral required. |  |
| FSD0021907 |  | Last updated 16/11/2020 |

We offer Oscar approved after school care and holiday programmes.

71 C Montgomerie Road Mangere Bridge Auckland 2022



admin@skids.co.nz  Before School Care = 7:30am-8:30am

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| --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Parakai** | After School Care = 3:00pm-6:15pm Holiday Programme = 7:30am-6:15pm Some charges may apply. No referral required. |
| FSD0024214 | Last updated 12/04/2021 |

Skids Parakai provides on-site OSCAR programme. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer After School Care Programme.

10 Fordyce Road Parakai 0830



parakai@skids.co.nz  School Term Care

(027) 846 1725 Monday - Friday

http://www.skids.co.nz/location/parakai/ After School Care 3:00pm - 6:00pm

School Holidays

Holiday Programme 8:00am - 6:00pm Some charges may apply. No referral required.

**sKids Peninsula**

FSD0023923 Last updated 30/03/2021

Provider of out of school care (OSCAR Approved) services at Peninsula Primary School

22 Waipani Road Te Atatu Auckland 0627



peninsula@skids.co.nz  Term time: 6.30am - 8.30am

(09) 576 6602 Term time: 3pm - 6pm

(027) 285 1704 Holiday: 6.30 - 6pm

http://www.skids.co.nz/locations/peninsula Some charges may apply. No referral required.

**Classification : OSCAR**

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| **sKids Puhinui** |  |
| FSD0023590 | Last updated 22/01/2021 |

Provider of Before/After School Care and Holiday Programme.

OSCAR approved Provider.

116 Puhinui Road Puhinui Auckland



becca@skids.co.nz  7:30 am - 8:30 am (021) 050 7893 3:00 pm - 6:00 pm

(0800) 754 377

http://WWW.SKIDS.CO.NZ Holiday Programme: 8:00am - 6:00pm

Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Skids Ramarama**

FSD0022982 Last updated 18/12/2020

Skids Ramarama is a child care centre that offers OSCAR approved before school care, after school care and holiday programmes.

126 Ararimu Road RD 3 Drury 2579



rose@skids.co.nz  Centre Hours 7am to 8.30am & 3pm to 6pm

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| --- | --- |
| (09) 298 5251 (office) (021) 289 9939 http://skids.co.nz    **Classification : OSCAR**    **Skids Randwick Park** | Office hours 9am-3pm.  Some charges may apply. No referral required. |
| FSD0018563 | Last updated 01/04/2021 |

We offer you the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in: Before school care, After school care, and School holiday programmes. We take the care and welfare of your children very seriously. The safety and care of your child is our number one priority.

66 Riverton Drive Randwick Park Manukau 2016



randwickpark@skids.co.nz  weekdays 2.45 pm to 6.30 pm (027) 627 5001 Some charges may apply.

(021) 286 9900onsite No referral required.

http://www.skids.co.nz/location/randwick\_ park/

**Classification : OSCAR**

**sKids Remuera**

FSD0022209 Last updated 30/03/2021

We offer OSCAR approved Before School Care, After School Care and Holiday Programmes for children aged 5 to 13 years of age.

 25 Dromorne Road Remuera Auckland

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| remuera@skids.co.nz (027) 291 9115onsite (09) 576 6602bookings http://skids.co.nz    **Classification : OSCAR**    **SKIDS Riverhead** | Term Care:  Mon to Fri 7.30am to 8.30am and 3pm to 6pm  Holiday Care:  Mon to Fri 7.30am to 6pm Some charges may apply. No referral required. |
| FSD0023405 | Last updated 09/04/2021 |

SKIDS Riverhead provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes and School Holiday Programmes.

21 School Road Riverhead 0820



riverhead@skids.co.nz  Monday-Friday

(027) 846 1725 After School (2.30pm – 5.30pm)

https://www.skids.co.nz/locations/riverhea Before School (7.00am – 8.00am) d/

School Holidays

Holiday Programme (7.00am – 6.00pm) Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Riverina**

FSD0023125 Last updated 22/01/2021

Out of school care (OSCAR approved) provider operating before school after school & holiday programs.

 30 Millen Avenue Pakuranga Auckland 2010

riverina@skids.co.nz  Before school 7:30-8:30am (0800) 754 377 After care 3:00-6:00pm (021) 050 7893 Holiday care 8:00am-6:00pm http://www.skids.co.nz/location/riverina/ Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Robertson Road School**

FSD0019104 Last updated 17/08/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Robertson Road School 205 Robertson Road Mangere Manukau



robertsonroad@skids.co.nz  Landline 0800 900754 (027) 582 1131 onsite Some charges may apply.

(09) 558 3462 office No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Skids Rosebank**

FSD0024031 Last updated 17/10/2020

Provide OSCAR approved before after school and holiday care for school and community in the area.

217 Rosebank Road Avondale Auckland 1026



rosebank@skids.co.nz  7:30 to 8:30 am

(027) 526 5321 3 to 6pm Monday to Friday

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| (022) 031 5240 http://www.skids.co.nz | Some charges may apply. No referral required. |

**Classification : OSCAR**

**SKIDS Rowandale**

FSD0022475 Last updated 24/08/2020

We provide OSCAR approved after school and holiday programme for primary and intermediate children. School based. MSD Approved and OSCAR subsidy available.

73 Rowandale Avenue Manurewa Auckland 2102



rowandale@skids.co.nz  After School - Mon to Fri from 3:00-6.15pm (021) 252 9470 Holiday Programme - Mon to Fri from 8am-6pm (021) 403 009 Some charges may apply. https://www.facebook.com/skidsmanurew No referral required. a

**Classification : OSCAR**

**Skids Rutherford**

FSD0021374 Last updated 19/06/2020

OSCAR approved. Skids Rutherford provides Before & After School Care and Holiday Programmes for kids 5 to 13 years old onsite at Rutherford Primary School.

Rutherford Primary School 2 Kotuku Street Te Atatu Peninsula Auckland 0610



rutherford@skids.co.nz  Before School Care programme runs from 7.15 (021) 213 4652 8.30am, After School Care runs from 2.45 http://www.skids.co.nz/location/rutherford/ 5.30pm, Holiday programme from 7.30am -

5.30pm

Some charges may apply. Referral may apply.

**Classification : OSCAR**

**sKids Sancta Maria Catholic Primary School**

FSD0024019 Last updated 08/09/2020

Before and After School and Holiday Programme Service Provider for 5-13 year olds (Primary and Intermediate).

 sKids Cottages 319 Te Irirangi Drive Flat Bush Auckland 2016

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| sanctamaria@skids.co.nz  (021) 702 498 (0800) 754 377 http://www.skids.co.nz | 7:30-8:30am Before School Care  2:45-5:45pm After School Care 7:00-6:00pm Holiday Programme Some charges may apply.  Referral may apply. |

**Skids SASDA (South Auckland Seventh Day Adventist)**

FSD0023598 Last updated 22/01/2021

OSCAR approved Provider of before and after school care and holiday programme for 5-13 year olds.

42A Puhinui Road Papatoetoe Auckland



becca@skids.co.nz  7:15-8:15am Before School Care (021) 050 7893 2:45-5:45pm After School Care (0800) 754 377 8:00am-6:00pm Holiday Programme http://WWW.SKIDS.CO.NZ Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**SKIDS Sir Edmund Hillary**

FSD0021908 Last updated 23/03/2021

Provide before/after school care and holiday programme.

2 Franklyne Road Otara Auckland 2023



palwinder@skids.co.nz  Before School Care = 7:30am-8:30am (021) 081 78012 After School Care = 3:00pm-6:30pm (09) 265 2422 Holiday Programme = 8:00am-6:00pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids St Annes Catholic School**

FSD0022794 Last updated 16/11/2020

We provide before school, after school and holiday programme.

124 Russell Road Manurewa Auckland



admin@skids.co.nz  Before School Care 7.00 am to 8:30 am (09) 576 6602 After School Care 2:45 pm to 6:00 pm (0800) 274 172 Holiday Programme : 7am to 6 pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Skids St Francis Pt Chev**

FSD0022541 Last updated 11/03/2021

After School Care and Holiday Programmes available. OSCAR approved.

St Francis School 2 Montrose Street Point Chevalier Auckland 1022



stfrancisptchev@skids.co.nz  After School Care 3pm -6pm

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| (021) 975 642 (021) 025 14172 http://www.skids.co.nz    **Classification : OSCAR**    **sKids St Ignatius** | Holiday Programme 8am-6pm Some charges may apply.  No referral required. |  |
| FSD0022811 |  | Last updated 30/03/2021 |

sKids St Ignatius offers OSCAR approved before school are, after school care and holiday programmes servicing the St Ignatius Catholic community. We are Social Sector accredited, qualifying families can access Work and Income subsidies.

12 Kotiri Street Auckland



stignatius@skids.co.nz  Before School Care - 7am to 8.40am

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| (022) 129 0221 (0800) 274 1722 http://www.skids.co.nz | After School Care - 3pm to 6pm Holiday Care - 7am to 6pm Some charges may apply.  No referral required. |

**sKids St Leonards Road**

FSD0023881 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services.

15 St Leonards Road Kelston Auckland 0602



admin@skids.co.nz  Before School - 7.00am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/st\_leona Some charges may apply. rds\_road/ No referral required.

**Classification : OSCAR**

**Skids St Marks**

FSD0023248 Last updated 17/09/2020

OSCAR approved Before / After School Care & Holiday Programme for kids 5-13 yrs old.

St Marks Catholic School 334 Pakuranga Rd Pakuranga Heights Auckland 2010



stmarks@skids.co.nz  Before School Care Mon-Fri 7am-8:30am

(09) 533 3629 After School Care Mon-Fri 3-6pm

(027) 230 8846 Holiday Programme Mon - Fri 8:30am-5:30pm. http://www.skids.co.nz/location/st\_marks\_ Some charges may apply. pakuranga/ No referral required.

**Classification : OSCAR**

**sKids St Mary's Avondale**

FSD0023628 Last updated 20/11/2020

We provide OSCAR approved Before/After School Care and Holiday Programmes.

 2140 Great North Road Avondale Auckland 0600

ana@skids.co.nz (022) 603 5298 (021) 227 5437 http://skids.co.nz

**Classification : OSCAR**

**Skids St Marys Northcote**

FSD0023483

Term Time: Monday-Friday

7am-8:30am

2:30-6:00 pm

During Holidays

7am-6pm Some charges may apply. No referral required.

Last updated 06/01/2021

We offer OSCAR approved out of school care in a safe and secure environment in a structured well balanced programme. Weekly themes are incorporated in the daily format of Arts and Crafts, Technology, Music and Drama, Sports and Fun activities. We provide daily morning and afternoon tea. Additional staff assistance to older kids to do their homework.

D9, Block D, St Marys School ( Northcote) 45 Gladstone Road Northcote Auckland 0627 stmarysnorthcote@skids.co.nz  Monday to Friday



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| (022) 010 7177 (09) 390 6558 http://www.skids.co.nz/locations/st\_marys \_northcote/    **Classification : OSCAR**    **sKids St Patrick's Pukekohe** | 7:00 - 8:30 AM  3:00 - 6:00 PM  Some charges may apply. No referral required. |
| FSD0023906 | Last updated 15/03/2021 |

SKIDS provide on-site OSCAR approved programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

St Patricks Church 133 Seddon Street Pukekohe Auckland 2120 manel@skids.co.nz  Availability:



(022) 654 5248 After School Care: 2:45pm-6:00pm

https://www.skids.co.nz/locations/st\_patric School Holidays: 7:00am-6:00pm ks\_pukekohe/ Some charges may apply.

No referral required.

**sKids St. Joseph's Catholic Primary Onehunga**

FSD0023708 Last updated 22/01/2021

We offer OSCAR approved Before and After School and Holiday Programmes.

St Joseph's School 125 Church Street Onehunga Auckland 1061



becca@skids.co.nz  7:30-8:30am Before School

(021) 050 7893 2:50-5:50pm After School (0800) 754 377 8:00am-6:00pm Holiday Programme http://skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**SKIDS St. Josephs Takapuna**

FSD0021253 Last updated 26/01/2021

St. Josephs Primary School, Daily After & Before School Care where the safety and care of your child is our number one priority.

We offer the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment.

A Healthy Afternoon Snack, Homework Help, Supervised Free Play and Organised Activities are on the daily schedule!

entrance Dominion Road 2 Taharoto Rd Auckland 0622



stjosephstakapuna@skids.co.nz  Before School Care: 7:00 - 8:30 Mo - Fri (022) 067 4840 After School Care: 2:50pm -6pm Mo - Fri (022) 092 6614 Some charges may apply. http://www.skids.co.nz/location/st\_josephs No referral required. \_takapuna/

**Classification : OSCAR**

**SKIDS Stella Maris**

FSD0008209 Last updated 12/04/2021

Skids Stella Maris provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes and School Holiday Programmes.

Stella Maris Catholic Primary School Hall 50 Silverdale Street Silverdale stellamaris@skids.co.nz  Monday - Friday



(027) 846 1725 Before School Care 7:00am - 8.30am

(027) 275 4377 After School Care 3:00pm - 6:00pm http://www.skids.co.nz/location/stella\_mari

s/ School Holidays

Holiday Programme 7:00am - 6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Sunnynook**

FSD0022545 Last updated 13/10/2020

We pride ourselves on being New Zealands largest private out-of-school supervised care provider.

Being an OSCAR approved site means WINZ subsidies are available.

We provide a highly interactive programme designed to inspire and educate the children in our care through structured play. We do this by offering fun activities and homework help in a safe and nurturing environment that parents trust and kids love.

Children in our care receive the goodness a growing body needs with our nutritional breakfasts & afternoon teas.

Sunnynook Primary School 35 Lyford Crescent Sunnynook Auckland 0620 sunnynook@skids.co.nz  Term Time Monday - Friday (021) 026 73396 Before School 7:00am-8:30am http://www.skids.co.nz/ After School 3:00pm - 6:00pm



School Holiday Programme

7:00am-6:00pm

Some charges may apply. No referral required.

**Skids Sunnyvale**

FSD0023335 Last updated 15/01/2021

Skids Sunnyvale is an OSCAR Programme - provider of Before/After School Care and holiday programme. We are located at Sunnyvale Primary School Hall - 34 Ribblesdale Crescent, Henderson.

34 Ribblesdale Cres Auckland 0612



sunnyvale@skids.co.nz  Before School care

(09) 948 8332 7am to 8.30am

(021) 669 201 After School care http://www.skids.co.nz 3pm to 6pm

Holiday Programme

7am to 6pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Taupaki**

FSD0023408 Last updated 12/04/2021

SKIDS TAUPAKI provides on-site OSCAR programme. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes.

14 Cottle Road Henderson Auckland 0782



taupaki@skids.co.nz  Monday - Friday (School Term) (027) 846 1725 Before School Care 7.00am – 8.30am

https://www.skids.co.nz/locations/taupaki/ After School Care 3.00pm – 6.00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Te Hihi**

FSD0015235 Last updated 11/12/2020

We are a provider of OSCAR approved Before and After School Care and Holiday programs. The kids are safe and supervised in a safe and secured environment.

767 Linwood Road Papakura



tehihi@skids.co.nz  7.00 - 8:30 am, 2:30pm-6:00pm Monday to

|  |  |
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| (027) 609 1220 (027) 846 1723 onsite http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Te Papapa** | Friday, during School Holidays 7:30a.m.-6p.m.  Some charges may apply. No referral required. |
| FSD0023229 | Last updated 25/08/2020 |

OSCAR approved before school, after school and holiday programmes, operating out of Te Papapa School.

Te Papapa School 219 Mount Smart Road Onehunga Auckland 1061 tepapapa@skids.co.nz  /



(021) 610 257 (On site mobile) Some charges may apply.

(09) 390 6700 (Office) No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Vauxhall**

FSD0024401 Last updated 04/10/2020

SKIDS provide onsite before/after school care and holiday programmes at 150 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income out of school care and recreation subsidies when using our services.

 Vauxhall School 2A Morrison Avenue Narrow Neck Auckland 0624

vauxhall@skids.co.nz  Before School Care: 7.30-9am Monday to Friday (022) 547 4203 After school Care: 3-6pm Monday to Friday (021) 185 1239 Holiday Programme: 7.30-6pm Monday to Friday https://www.skids.co.nz/locations/vauxhall between school terms.

/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Verran**

FSD0023123 Last updated 14/10/2020

Welcome to Safe Kids In Daily Supervision (sKids) where the safety and care of your child is our number one priority.

We offer affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in:

Before school care

After school care

School holiday programmes

OSCAR approved.

Verran Primary School 136 Verran Road Birkdale Auckland 0626 verran@skids.co.nz  BSC: 7am - 8:30am



(021) 298 8919 ASC: 3pm - 6pm

http://www.skids.co.nz/location/verran/ Holiday Program 7am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

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| **SKIDS Viscount** |  |
| FSD0021903 | Last updated 22/04/2021 |

Provide before/after school care and holiday programme.

 65 Viscount Street Mangere Bridge Auckland 2022

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| --- | --- | --- |
| viscount@skids.co.nz  (021) 150 0912 (021) 035 6547 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Waiau Pa** | Before School Care = 7:30am-8:30am  After School Care = 3:00pm-6:30pm  Holiday Programme = 8:00am-6:00pm | |
| Some charges may apply. No referral required. |  |
| FSD0022313 |  | Last updated 16/02/2021 |

We provide Before and After School Care and Holiday Programmes.

571 Waiau Pa Road Pukekohoe 2679



tiakikids@skids.co.nz  daily except public holidays

|  |  |  |
| --- | --- | --- |
| (09) 390 9128 (027) 505 4518 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Wakaaranga** | 7.30 - 9 am  2.30-6pm  7.30am - 6pm  Some charges may apply.  No referral required. |  |
| FSD0023999 |  | Last updated 20/08/2020 |

Provider of out of school care services.

18 Butley Drive Farm Cove Auckland 2012



wakaaranga@skids.co.nz  7.30am to 6pm during School Holidays

(027) 200 6266 Some charges may apply.

(09) 576 6602 office No referral required.

https://www.skids.co.nz/locations/wakaara nga/

**SKIDS Waterlea School**

FSD0008220 Last updated 18/08/2020

We provide before, after school and holiday programme for primary and intermediate children. School based. We are accredited under the Social Sector Accreditation Standards and OSCAR subsidy is available



17 House Avenue Mangere Bridge Auckland 2022

admin@skids.co.nz (09) 576 6602 (027) 240 0024 http://www.skids.co.nz

**Classification : OSCAR**

**Skids Waterview**

FSD0022338

Provide Before and After School Care

16 Herdman Street Waterview Auckland waterview@skids.co.nz (021) 299 0573 (027) 526 5321 http://www.skids.co.nz



**sKids Weymouth**

FSD0023148

Before School 7:30 - 8:30 am

After School 3 - 6 pm

Some charges may apply. No referral required.

Last updated 17/10/2020

3pm - 6pm and holidays 8am - 6pm Some charges may apply. No referral required.

Last updated 16/11/2020

We provide OSCAR approved before/after school care and holiday programme.

23 Evans Road Weymouth Auckland 2103



admin@skids.co.nz  Before School - 7.30am - 8.30am (0800) 274 172 After School - 3.00pm - 6.00pm (09) 576 6602 Holiday Programme - 7.30am - 6.00pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Whenuapai**

FSD0017869 Last updated 15/02/2021

We provide before/after school care and holiday programmes.

360 Albany highway Albany Auckland



whenuapai@skids.co.nz  3-6pm Monday to Friday (After School Care)

(021) 180 1172 7.30am-6pm Monday to Friday (Holiday

(021) 174 8473 Programme)

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Willow Park**

FSD0023347 Last updated 04/10/2020

Welcome to Safe Kids In Daily Supervision (sKids) where the safety and care of your child is our number one priority.

We offer OSCAR approved programmes for school kids.

We offer affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in:

Before school care

After school care

School holiday programmes

48 Normanton Street Auckland 0629



willowpark@skids.co.nz  BSC: 7am - 8:30am ASC: 3pm - 6pm (022) 035 7382 Some charges may apply.

(027) 475 4372 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Windy Ridge**

FSD0023878 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services.

54 Seaview Road Glenfield Auckland 0629



admin@skids.co.nz  Before School - 7.00am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/windy\_ri Some charges may apply. dge/ No referral required.

**Classification : OSCAR**

**sKids Wiri**

FSD0024042 Last updated 19/10/2020

SKIDS provide on-site OSCAR approved programmes throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care.

11 Inverell Avenue Wiri Auckland 2104



admin@skids.co.nz  We offer OSCAR approved Before & After (027) 306 3231 School Care - please contact us for times.

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**SKIDS Wymondley**

FSD0022470 Last updated 24/08/2020

We provide after school and holiday programme for primary and intermediate children. School based. OSCAR Approved and Work and Income subsidy available.

77 Wymondley Road Otara Auckland 2023



wymondley@skids.co.nz  Mon to Fri from 2.50-6.15pm

(021) 252 9470 Holiday Programme - Mon to Fri from 8am-6pm (021) 403 0009 Some charges may apply. https://www.facebook.com/skidsotara No referral required.

**Classification : OSCAR**

**Skids Yendarra**

FSD0022844 Last updated 16/11/2020

Provide OSCAR approved before/after school care and holiday programme.

228 Bairds Road Otara Auckland 2023



admin@skids.co.nz  Before School - 7.30am - 8.30am (0800) 274 172 After School - 3.00pm - 6.00pm (09) 576 6602 Holiday Programme - 7.30am - 6.00pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Spectrum Care**

FSD0003492 Last updated 01/10/2020

We provide support for children, young people and adults with disabilities and their whanau. We offer a wide array of personalised and flexible support options for people of all ages and stages in the Northland, Auckland, Waikato, Bay of Plenty and Wellington regions. This includes 24-hour residential support, a variety of flexible planned break options, and specialised Home Support, Transitions and Aspirations support. Our popular School Holiday,

After-school and Weekend programmes of activities for children are available in Whangarei, Auckland, Hamilton and Wellington – talk to us today to find out more!

Our independent living support is specifically focused on empowering people to their lives of choice – lives like any other – in the community, and our Specialist Clinical Team supports health, behaviour and speech-language outcomes.

205 Great South Road Greenlane Auckland 1051



info@spectrumcare.org.nz  8am-5pm Monday-Friday (09) 634 3790 Some charges may apply. http://www.spectrumcare.org.nz Referral may apply.

**Classification : PACIFIC**

**St Heliers Community Centre**

FSD0003913 Last updated 14/12/2020

Reaching Out and Welcoming In to people in the community. We have a range of programmes & activities and spaces for hire. OSCAR approved before/after and school holiday programmes

St Heliers Community Centre 100 St Heliers Bay Road St Heliers Auckland 1071 centre@sthelierscentre.org.nz  9 am - 5 pm (Monday to Friday)



(09) 575 6098 Some charges may apply. http://www.sthelierscentre.org.nz/ No referral required.

**Classification : OSCAR**

**St Joseph Catholic School, Grey Lynn**

FSD0022197 Last updated 18/02/2021

This is an Oscar Programme Provided for our students.

office@st-joseph.school.nz  3.15pm - 5.20pm

(09) 376 5456 Some charges may apply. https://www.st-joseph.school.nz/after- No referral required. school-care/

**Classification : OSCAR**

**Stanley Bay Kelly Club**

FSD0022510 Last updated 13/10/2020

We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide OSCAR approved programmes.

15 Russell Street Devonport Auckland 0622



stanleybay@kellyclub.co.nz  7am - 6pm weekdays

(021) 024 57903 Some charges may apply. http://www.kellyclub.co.nz No referral required.

**Classification : OSCAR**

**Stanmore Bay Pool and Leisure Centre**

FSD0022322 Last updated 26/06/2020

To provide the Hibiscus Coast Community with health & fitness programmes.

We have programmes for all ages and abilities in fitness, pool (includes spa and sauna), Learn to Swim and Recreation. We have a newly opened Splash pad (available during the summer months)

We run an OSCAR approved school holiday programme call Leisure Kidz that caters for 5year olds through to 13 year olds.

We also have an onsite Early Childcare facility - Kauri Kids that caters for 0 - 5 years old. Oscar subsidies via Work&Income are available for holiday programmes and ECE.

Stanmore Bay Pool and Leisure Centre 159 Brightside Road Stanmore Bay Auckland 0932



Stanmorebaypools@aucklandcouncil.govt  Mon - Thurs 5.30am - 9pm

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| --- | --- |
| .nz  (09) 424 9227 http://www.aucklandleisure.co.nz    **Classification : OSCAR** | Fri 5.30am - 8pm  Sat - Sun & Public Holidays 7am - 6pm Some charges may apply.  No referral required. |

**Sunny Days Community Pre School Inc**

FSD0022428 Last updated 06/07/2020

We provide an early Childhood education and care service to the parents and whanau of Helensville Township and surrounding areas.

Our Goal is to provide a safe, nurturing environment where a child’s needs and abilities are acknowledged and enhanced through exposure to a wide range of learning resources and experiences. At Sunny Days children will be given the opportunity to develop a positive self-image and experience success through developmentally appropriate activities in the aspects of mathematics, construction, language, literacy, social skills, music and movement, science and nature and arts and crafts. All of these are based on child-initiated interests within the centre.

Sunny Days has been operating for 28 years.

 130 Commercial Road Helensville

|  |  |
| --- | --- |
| sunnydays102@yahoo.com  (09) 420 7253 (027) 245 0885 http://sunnydayspreschool.co.nz | Monday to Friday 7:30am to 5:30pm Open all year round.  Some charges may apply.  No referral required. |

**Sunnynook Community Centre Incorporated**

FSD0018227 Last updated 30/11/2020

We are a Community Centre in Sunnynook on the North Shore. We run an MSD approved OSCAR Holiday Programme for 5 to 9 year olds, and a Youth Holiday Programme for 10 to 14 year olds. Daily charge is $24.50 - 8.00am to 3.30pm - one day a week is trip day and there is an extra charge for this.

Sunnynook Community Centre 148 Sycamore Drive Sunnynook Auckland 0620 snook.com.cen@xtra.co.nz  Office hours 9.00am - 4.00pm Monday to Friday



(09) 410 4902

(027) 2847761 The Community Centre is open 7 days a week.

The Holiday Programme and Youth Programme operate every week in the school holidays.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Talented Tots Childcare - West Coast**

FSD0022604 Last updated 15/01/2021

Childcare provider in Glen Eden and Mt Albert areas. We offer free sessions for 3 and 4 year olds.

306 West Coast Road Glen Eden Auckland 0602



colleen@talentedtots.co.nz  7.30 am to 5.30 pm

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| --- | --- |
| (09) 818 6138  (09) 818 9577 http://talentedtots.co.nz | Some charges may apply. No referral required. |
| 418 |  |

**Tamaki Community Link**

FSD0007898 Last updated 03/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 40-42 Mayfair Place Glen Innes Auckland 1072



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Te Aho O Te Kura Pounamu (Te Kura) - Auckland**

FSD0021112 Last updated 17/12/2020

We provide distance education from early childhood level to Year 13. Our learning advisors, teachers and in-region staff work with students, their whanau and communities to help our students achieve their potential.

Level 7 124 Vincent Street Auckland 1140



info@tekura.school.nz  Some charges may apply.

(0800) 65 99 88 Referral may apply. http://www.tekura.school.nz

**Te Ao Hou Community Childcare Centre Inc**

FSD0021682 Last updated 06/11/2020

We provide early childhood education to children from birth to 5 years. We offer up to 30 hours free early childcare education to children of all ages. Our experienced teachers are all qualified and fully registered. We are licensed for 28 children per day. We can assist with MSD childcare subsidy applications.

134 Elstree Avenue Point England Auckland 1072



teaohouchildcare@xtra.co.nz  7.30am to 5.30pm Monday to Thursday

(09) 527 8489 7.30am to 5.00pm Friday

Some charges may apply. No referral required.

**Te Huruhi Trusts Kids Extreme OSCAR Programme**

FSD0021287 Last updated 27/09/2020

Providing care, entertainment and fun for kids aged 5 to 12 during their school holidays.

Access off Omaru Lane 77 Line Rd Glen Innes Auckland 1072



gleninnesoscar@gmail.com  School holidays, Monday-Friday, 8am-6pm

(09) 528 1050 Please confirm opening ours over (027) 271 0270 Christmas/Summer Holidays

Some charges may apply. No referral required.

**Classification : OSCAR**

**Te Iwi O Ngati Kahu Trust**

FSD0021607 Last updated 11/01/2021

Te Iwi O Ngati Kahu Trust is an Iwi service provider situated in Tamaki Makaurau to provide whanau support services in their own communities. We also provide care placement services for mokopuna Maori aged 0-16 years old throughout Tamaki Makaurau and the Far North and are committed to mokopuna remaining in the care of their whanau, hapu and Iwi.

19 Lambie Drive Papatoetoe Auckland 2104



admin@tionk.co.nz  Monday to Friday 8.30 - 5pm.

(09) 250 4797 Weekends by appointment only. https://tionk.co.nz/index.html Weekends/After Hour support for caregivers.

All services free of charge. Referral may apply.

**Te Matariki Clendon Community Centre & Library**

FSD0022330 Last updated 22/09/2020

We are an OSCAR approved childcare provider.

Also at Te Matariki Clendon we’ve got something for everyone – including you. Whether you want to play social sports, get your kids involved in activities such as gymnastics or friendly competitive sports leagues, sign up to some of our dedicated programmes, such as Green Prescription, or one of our FREE Youth Programmes Te Matariki Clendon Community Centre is your place to do it.

17 Palmers Road Clendon Auckland 2103



clendoncommunitycentre@aucklandcoun  8am-6pm Monday-Friday cil.govt.nz Some charges may apply.

(09) 261 8080 No referral required.

https://aucklandleisure.co.nz/locations/tematariki-clendon-community-centre-andlibrary/

**Classification : OSCAR**

**Te Puru Community Charitable Trust**

FSD0022472 Last updated 24/10/2020

We offer School Holiday programmes for school age children. To promote, support and develop programmes, actions and initiatives that provide for the recreational, social and community needs for the residents of Beachlands/Maraetai/Whitford and the Clevedon regions of Franklin together with encouraging usage of the facility by the wider Auckland Region in accordance with the Te Puru Strategic Plan.

954R Whitford-Maraetai Road Beachlands 2018



admin@tepuru.co.nz  Monday - Thursday 9.00am - 9.00pm (09) 536 5360 Friday 9.00am - 5.00pm http://www.tepuru.co.nz Weekends on request

Some charges may apply. No referral required.

**Classification : OSCAR**

**Te Waipuna Puawai Mercy Oasis Ltd**

FSD0008245 Last updated 20/04/2021

Te Waipuna Puawai Mercy Oasis Ltd is a thriving community development initiative of the Sisters of Mercy New Zealand. We were established in 1999, building on a decade of highly respected community development work in Glen Innes.

We are committed to working with and alongside women, children and families who are in need.

We aim to improve lives of families by providing family support services and adult education.

We build supportive relationships with whanau by connecting them with others in the local community and developing a pathway to achieve and celebrate their goals.

Our Vision

Whakamana te oranga wairua o te tangata me te whenua.

Well-being for our communities and restoration of the earth.

Our Mission

Kia u ki te mahi kotahi whakarawea te mana wahine, te mana whanau me te mana iwi whanui.

Working together to strengthen women, strengthen families and strengthen community.

Ellerslie Site 12A Umere Crescent Ellerslie Auckland 1051



ceo@twp.org.nz  8.30am-5pm Monday to Friday.

(09) 527 6380(Glen Innes) Koha/donation may apply.

(09) 525 0337(Ellerslie) No referral required. http://www.twp.org.nz

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

 Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612

audrey.tinsley@waiwhanau.com 

(09) 836 6683 (0800) 924 942 https://www.waipareira.com/

**Classification : BFC, FVSS**

**Te Whare Awhina**

FSD0003741

Community social service centre

8.30am - 5.00pm Monday - Friday Some charges may apply. Referral may apply.

Last updated 04/02/2021

4 Tamworth Close Manurewa Auckland 2102 jaylene.ball@twa.org.nz  Office open 9am - 3pm, Monday - Friday.



(09) 267 2860 Some charges may apply. https://bookings.aucklandcouncil.govt.nz/f No referral required.

acilities/facility/te-whare-awhinacommunity-services-centre

**TenForward Technology Lounge**

FSD0024373 Last updated 11/09/2020

TenForward is a gaming themed after school care and holiday programme and birthday party destination for kids aged 7-13. Our video and board gaming experts help kids to learn social development skills and behaviours to manage their online activities, esports training, imaginative play, strategies and teamwork.

81 Green Lane East Remuera Auckland 1050



belinda@tenforward.co.nz  After school every day 3pm - 6pm

(021) 288 9323 Holiday Programme and Teacher Only Days http://www.tenforward.co.nz 8:30am - 6pm

Birthday Parties - weekends, flexible times

$10 per hour

Some charges may apply. No referral required.

**Classification : OSCAR**

**The Auckland Rugby Football Union Incorporated**

FSD0020589 Last updated 17/08/2020

Pro Sport Career Programme - Tertiary Education Provider for school leavers delivering the National Certificate in Recreation and Sport Core Skills Level 2 and school and community based activities and coaching programmes.

Level 6 North Stand, Gate B - Walters Rd Eden Park Auckland 1446



info@aucklandrugby.co.nz  8.30am to 5.00pm Monday to Friday

(09) 815 4850 All services free of charge.

(09) 815 4828 infoline Referral may apply. http://www.aucklandrugby.co.nz/

**The Fabulous Kids Club**

FSD0024409 Last updated 01/10/2020

After School care for children aged 5 to 13

Te Huruhi Primary School 11 Donald Bruce Road Surfdale Waiheke Island 1081



thefabkidsclub@gmail.com  Term time, Monday to Friday, 2.30 to 6pm

(021) 103 1199 Some charges may apply. https://www.facebook.com/fabkidsclub/ Referral may apply.

**The iHub Greenmeadows**

FSD0023304 Last updated 22/01/2021

OSCAR approved programmes. The iHub is a place where tweens can go after school to chill and spend time with mates. It’s also a place that opens doors to Big Opportunities!

We know that hanging out with mates and having fun matters, so at The iHub there are plenty of opportunities for tweens to chill out and initiate their own fun/activities. We also know during these years its important to give new things ‘a go’ because the experiences may trigger a passion to last a lifetime.

The iHub was founded by (Safe Kids in DailySupervision), so Whanau know that when kids are at The iHub, they are safe.

 Technology Dept, Greenmeadows Intermediate School 29 Greenmeadows Avenue Manurewa Auckland 2102

|  |  |
| --- | --- |
| greenmeadows@theihub.co.nz  (09) 298 5251 (021) 289 9939 http://www.theihub.co.nz/    **Classification : OSCAR** | 3:00pm-6:00pm, Mondays-Fridays during the school term.  8:00am-6:00pm, Mondays-Fridays during school holidays  Some charges may apply.  No referral required. |

**The Laingholm & Woodlands Park Buzz Club**

FSD0022123 Last updated 25/06/2020

We are an out of school care provider operating in the Laingholm and Woodlands park area of Auckland. We provide before school, after school and holiday programmes.

6 Dorothy Road Laingholm Auckland 0604



neigh41@gmail.com  Monday - Friday during school terms (027) 722 1944 Before school care 7am - 8.30am https://buzzclub.fun/ After school care 3pm - 6pm

School holidays

Holiday Programme 7.30am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**The Salvation Army - Waitakere Central**

FSD0008237 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

 7-9 View Road Henderson Auckland 0612

WaitakereCentral\_Corps@nzf.salvationar my.org (09) 837 4471 https://www.salvationarmy.org.nz/centres/ nz/auckland/waitakere/waitakere-centralcorps

**Classification : BFC**

**The Shane Cameron Foundation**

FSD0020783

Community and Family Services: 9.00am -

5.00pm, Monday to Friday. Some charges may apply. No referral required.

Last updated 03/02/2021

The Shane Cameron Foundation - Creating Champions.

Our aim is to improve communities through educational programmes for youth.

mw@shanecameron.co.nz  Monday - Friday: 9am - 5pm (021) 322 970 All services free of charge.

No referral required.

**Three Kings Community Link**

FSD0007920 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Three Kings Plaza 536 Mt Albert Road Three Kings Auckland 1042



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Tiaki Kids**

FSD0022307 Last updated 14/02/2021

We provide before and after school care for primary and intermediate school kids plus holiday programmes.

38 Park Estate Road Papakura 2113



tiakikids@skids.co.nz  3-6 pm

(09) 390 9128 Some charges may apply. (021) 104 9128 No referral required.

**Classification : OSCAR**

**Tigers Den Ltd**

FSD0021420 Last updated 08/04/2021

We are an o.s.c.a.r program providing before and after school care to a limited number of children in a safe, stimulating environment.

The staff of this program work together to plan exciting activities, craft and games for the children to do. All staff are fully trained. And there is always a staff member on site with first aid training.

Families that qualify can apply for the o.s.c.a.r wins subsidy.

We are Ministry of Social Development funded.

West Harbour School 74 Oriel Avenue West Harbour Auckland



jewelstiger17@gmail.com  We are open Monday to Friday.

(09) 833 1886 Before school from 6-45 am to 8-40 am. (027) 4717 213 After school from 3 pm to 6 pm.

Term time only. Holiday Programme Hours 6.45 am to 6 pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Titirangi Community House Society Incorporated**

FSD0022841 Last updated 02/02/2021

We support the local community with our OSCAR approved School Holiday Programme which runs 9 weeks a year and we also run events. The Titirangi Community House offers opportunities for the people of Titirangi to expand their knowledge and abilities, make and maintain friendships, and to enjoy their leisure, hobbies and pursuits in a stimulating, inclusive and environmentally friendly atmosphere. We are a community based Not for Profit and rent rooms out to people who want to come in and run classes or attend classes.

500 South Titirangi Road Titirangi Auckland 0604



admin@titirangihouse.co.nz  8.30 to 4.30 Monday to Friday

(09) 817 7448 Some charges may apply.

(027) 217 7448 No referral required. http://www.titirangihouse.co.nz

**Classification : OSCAR**

**Toddlers Turf Childcare Centre Inc**

FSD0022420 Last updated 19/04/2021

Toddlers Turf Childcare Centre Inc aspires to be a front runner in the field of community based early childhood education. We plan to achieve this objective by working closely with parents, whanau, and the community and by providing a first class environment which values the future leaders of Aotearoa New Zealand.

66 Trevor Hosken Drive Wiri Auckland 2104



officeadmin@toddlersturf.co.nz  Centre is open Monday to Friday, 7.30 am to

(09) 263 9680 5.30 pm

http://toddlersturf.co.nz Some charges may apply.

No referral required.

**Transitioning Out Aotearoa**

FSD0016447 Last updated 26/11/2020

He Whanau TOA, He Whanau ORA - A Strong Family is a Healthy Family strategy involves facilitating positive and adaptive relationships within whanau and recognising the interconnectedness of welfare, health, education, housing, justice, employment and lifestyle as elements of whanau wellbeing.

 25 Druces Road Wiri Manukau 2104

info@toa.org.nz (0800) 367 942 x2 (09) 570 2679 http://www.toa.org.nz

**Classification : PACIFIC**

**Trend Tots**

FSD0024118

9am to 5pm Monday to Friday Some charges may apply. Referral may apply.

Last updated 10/11/2020

Our Mission at Trend Tots is to provide Inspirational and Safe “Boutique Childcare @ HOME” in a Relaxed, Focused, Trusting and Balanced Environment.

Our focus is, when the time comes, your child will be ‘online’ and ready for their next step of learning as they start their formal school journey.

Our core values are Education, Fun, Wellbeing, Whnau and Culture.

Our approach is to enrich those formative years, while providing a stable base.

Trend Tots “Boutique” Childcare in a home environment.

Level 1 5B/41 Smales Road East Tamaki Auckland 2013



info@trendtots.co.nz  Monday to Sunday 7:00am to 10:00pm (021) 965594 Some charges may apply. https://trendtots.co.nz/ No referral required.

**Ultimate Kidz**

FSD0022141 Last updated 13/01/2021

Before and After School Care provider. OSCAR approved.

12 Scotsmoor Drive Manukau 2103



chatz@ps.gen.nz  7.00am- 8.30am Mon- Fri term time

(021) 916 677 3.00pm- 6.00pm monday to friday during school

(021) 916 677 terms

Some charges may apply. No referral required.

**Classification : OSCAR**

**VEEPEE TotallySafe kids LTD**

FSD0024361 Last updated 08/09/2020

Skids is a before and after school care provider.

Sandspit Road School 60 Sandspit Road Waiuku 2123



sandspit@skids.co.nz  Monday to Friday (021) 800 250 Some charges may apply.

(021) 029 61005 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Waiheke Island Community Link**

FSD0007922 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Shop One 116 Ocean View Road Oneroa Waiheke Island 1081



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waitakere Community Link**

FSD0007924 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

36-44 Sel Peacock Drive Waitakere 0610



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waiuku Community Link**

FSD0007925 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

57b Queen Street Waiuku 2682



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz      **Warkworth Community Link** | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0007926 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Winscombe Mall 37 Queen Street Winscombe Mall Warkworth 0910



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Wee Wisdom Montessori Drury**

FSD0022636 Last updated 26/12/2020

Montessori Pre-school catering for children 6 months - 6 years old. We offer long day/short day and sessional classes in a beautiful purpose built classroom with large play areas and qualified Montessori and ECE teachers. Montessori is truly the best start for your child to develop a lifelong love of learning.

159 Great South Road Drury Auckland 2113



managerdrury@weewisdommontessori.co  7.30am-5.30pm

.nz Some charges may apply.

(09) 294 7978 No referral required.

(022) 043 0310 http://www.weewisdommontessori.co.nz/

**Wellsford Preschool Education Centre**

FSD0022505 Last updated 03/01/2021

We are a preschool centre and provide care and education from 3 months old to 5years old. We are a purpose built centre with large outdoor and indoor areas. We are situated in a rural part of Wellsford and are licensed for 50 children.

107 Centennial Park Road Wellsford 0900



wellsfordpreschool@hotmail.com  We are open from 7.30am to 5.30pm. Monday to

(09) 423 7956 Friday.

Some charges may apply. No referral required.

**West Auckland Parents Centre**

FSD0007312 Last updated 03/08/2020

West Auckland Parents Centre is an Incorporated Society affiliated to Parents Centre New Zealand Inc. We are a not-for-profit organisation run by parents, for parents and our committee is made up of a group of extremely dedicated volunteers. We have been very active in the West

Auckland community for almost 30 years. To quote from our national office website: Parents Centres share a vision of New Zealand being a society that values parenting as being fundamental to the well being of all members of society and believe that parenting creates the environment that sews the fabric of our social structure. We deliver education, support and services to support and drive that vision.

info@westaucklandparents.org.nz  Please email and someone will contact you as

(09) 837 8481 soon as possible. http://www.westaucklandparents.org.nz Some charges may apply.

No referral required.

**West Wave Pool and Leisure Centre**

FSD0022218 Last updated 05/08/2020

OSCAR Programmes.

Join in and get involved with West Wave! We’ve got recreation programmes to suit you – from social sports to gymnastics and from preschoolers to seniors, we’ve got you covered.

Your recreation options at West Wave include gymnastics for toddlers, preschoolers and school age children. We have added value programmes for West Wave members, along with adaptive programmes, social and sports programmes for adults and senior activities.

20 Alderman Drive Henderson Auckland 0612



reccentre@aucklandcouncil.govt.nz  Monday – Friday: 9am-9pm

(09) 892 4920 Weekends: 9am-5pm

https://aucklandleisure.co.nz/locations/we st-wave-pool-and-leisure-centre/ Holiday Programme times: Monday - Friday 7.30am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Westgate Community Link**

FSD0007927 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

22-24 Cabernet Crescent Westgate Waitakere City 0614



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Whangaparaoa School After School Care**

FSD0023772 Last updated 20/10/2020

Before School Care / After School Care / Holiday Program for Whangaparaoa School

39 Ladies Mile Manly Auckland 0930



karen@wgpasc.co.nz  Term Time 7.30-8.30 School finish to 5.45pm

|  |  |
| --- | --- |
| (021) 705 804 https://www.wgp.school.nz/before-andafter-school-care    **Classification : OSCAR** | Holidays 7.30-5.30  Some charges may apply.  No referral required. |

**Wizard Child Out of School Care**

FSD0021441 Last updated 19/07/2020

Provide out of school care for children for ages 5 to 12.

Manurewa West Primary School 31 McKean Avenue Manurewa Auckland wizardchild@outlook.com  Monday to Friday (09) 214 5427 7:00 am to 9:00 am (021) 023 44428 2:45 pm to 6:00 pm



http://www.manurewawest.school.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Work and Income - Auckland Regional Office**

FSD0015264 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 2, Building A 65 Main Highway Ellerslie Auckland 1051



(0800) 559 009  Monday to Friday, 8:30 am to 5:00 pm http://www.workandincome.govt.nz All services free of charge.

No referral required.

**Work and Income - Clendon Service Centre**

FSD0007895 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Clendon Shopping Centre Cnr Roscommon & Palmers Roads Clendon Manukau City 2103



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenfield**

FSD0007896 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

1 Peach Road Glenfield North Shore City 0629



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenmall Community Link**

FSD0007897 Last updated 14/12/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 20 Oates Road Glen Eden Auckland 0602

Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge.

No referral required.

**Work and Income - Helensville Service Centre**

FSD0007899 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

34-38 Commercial Road Helensville 0800



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Mangere Community Link**

FSD0007902 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 93 Mascot Avenue Mangere Auckland 2022

Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge.

No referral required.

**Work and Income - Manukau Community Link**

FSD0007903 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

2 Osterley Way Manukau Auckland 2104



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Orewa Service Centre**

FSD0007909 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 27 Florence Avenue Orewa 0931

Monday to Friday 8:30am - 5pm, Wednesday

9:30am - 5pm

All services free of charge.

No referral required.

**Work and Income - Otara Service Centre**

FSD0007911 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

52-60 Lovegrove Crescent Otara 2023



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Takapuna Service Centre**

FSD0007919 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 519 Lake Road Takapuna 0622

Monday to Friday 8:30am - 5pm, Wednesday

9:30am - 5pm

All services free of charge.

No referral required.

**YMCA Auckland City**

FSD0022365 Last updated 21/01/2021

We offer School Holiday Programmes.

To build strong kids, strong families, strong communities.

YMCA Auckland City 149 Greys Avenue Auckland 1010



aucklandcity@ymcaauckland.org.nz  5:30am-9:00pm Monday-Thursday

(09) 303 2069 5:30am-8:00pm Friday

http://www.ymcaauckland.org.nz 8:00am-4:00pm Saturday-Sunday Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Camp Adair**

FSD0023041 Last updated 13/01/2021

OSCAR approved YMCA Camp Adair in Hunua has provided thousands of Kiwis the opportunity to develop themselves using the great outdoors. Overlooking the stunning Hunua Ranges Regional Park, YMCA Camp Adair covers 100 acres and includes four self-contained areas that can accommodate a total of 434 people.

At YMCA Camp Adair, we love welcoming people from all walks of life. Examples of groups that have used our camp have included (but are not limited to); community groups, family groups, corporate team building, church retreats, sports teams and school camps from Auckland and beyond. If you are a group of people who need a venue, you will find everything you need for your outdoor adventure experience – accommodation, indoor facilities, catering and most importantly our amazing activities!

Everyone who visits our unique camp in Hunua gets the opportunity to enjoy the fresh air, open fields and the native bush of Auckland’s oldest regional park right on our doorstep.

2487 Hunua Road Hunua Auckland 2583



campadair@ymcaauckland.org.nz  8:30am - 5pm Weekdays

(09) 292 4886 Some charges may apply. https://www.ymcaauckland.org.nz/find- No referral required. your-local/camp-adair-hunua/

**Classification : OSCAR**

**YMCA Ellerslie**

FSD0021898 Last updated 16/03/2021

We have a licenced Early Learning Centre for children from 6 months of age, and of course Out of

School Care and Recreation (OSCAR) with both Before and After School Programmes and

Holiday Programmes all of which are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a vast range of recreational and sport programmes catering to all ages and abilities. Specialising in Family Programming we operate many successful programmes such as Fitness including group exercise, never2old (for the over 60's), Jumpstart (for those living with Diabetes) and K-Club (a fitness programme aimed at kids between 8-12 years), Children's Activities e.g. gymnastics, dance, basketball and birthday parties. Other programmes include Stadium sports such as badminton, basketball, volleyball and indoor soccer.

We’d love you family to visit ours.

46 Michaels Avenue Ellerslie Auckland 1051



ellerslie@ymcaauckland.org.nz  Monday to Thursday 5:30am-9:00pm

(09) 579 4716 Friday 5:30am-8:00pm

http://www.ymcaauckland.org.nz/ellerslie/ Saturday 8:00am-4:00pm

Pages/ellerslie.aspx Sunday 8:00am-4:00pm

Public Holiday hours may vary.

Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Jordan Recreation Centre**

FSD0022361 Last updated 22/01/2021

We have Out of School Care and Recreation (OSCAR) with an After School Programme and

Holiday Programmes, all of which are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a comprehensive range of recreational and sports programmes catering to all ages and abilities.

Specialising in Family Programming, we operate many successful programmes such as: Group Exercise; Never2Old (for the over 60's); Jumpstart (for those living with Diabetes); K-Club (a fitness programme aimed at kids between 8-12 years); Gymnastics/Active Gym Play; Mini-Ball and Birthday Parties.

Other programmes include Stadium sports such as Basketball, Netball and Badminton.

Our mission is "strong kids, strong families and strong communities".

We’d love you and your family to visit us.

5 Pearce Street Onehunga Auckland 1061



jordan@ymcaauckland.org.nz  Mon-Fri: 6.00am - 8.30pm (0800) 548 034 Saturday: 8.00am - 4.00pm

http://www.ymcaauckland.org.nz/jordan Sunday: 9.00am - 4.00pm Public Holiday hours may vary.

Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Lagoon Stadium**

FSD0022366 Last updated 31/10/2020

Out of School Care and Recreation (OSCAR) services run from our centre in the capacity of Before and After School Care and Holiday Programmes. All programmes are MSD and WINZ approved.

Our centre provides the community with a vast range of recreational and sport programmes catering to all ages and abilities.

We have a childrens basketball programme along with stadium sports such as - badminton, soccer/futsal, basketball, table tennis, kyudo, hockey etc.

We also have a function room and dance studio. Making YMCA Lagoon Stadium your one stop

family fitness and recreation spot. We look forward to you visiting our centre.

44 Domain Road Panmure Auckland 1072 reception.lagoonstadium@ymcaauckland. 



org.nz (09) 570 5321 http://www.ymcaauckland.org.nz/lagoonst adium/Pages/lagoonstadiumhome.aspx

**Classification : OSCAR**

**YMCA Lynfield**

FSD0018887

Mon - Fri 9:00am - 9:30pm. Saturday 9:00am - 6:00pm. Sunday 10:00am - 6:00pm.

Some charges may apply. No referral required.

Last updated 22/12/2020

A Family Recreation and Fitness Centre offering children term and OSCAR approved holiday programmes.

Margaret Griffen Park 16-18 Griffen Park Road Lynfield Auckland 1041



lynfield@ymcaauckland.org.nz  Monday - Friday 6am - 9pm

(09) 627 1642 Saturday and Sunday 8am-5pm (0800) 534 535 Some charges may apply. https://www.ymcaauckland.org.nz/find- No referral required. your-local/lynfield/lynfield-leisure-youthcentre/

**Classification : OSCAR**

**YMCA Massey Leisure Centre**

FSD0022390 Last updated 25/08/2020

YMCA Auckland is a not-for-profit community organisation that offers programmes and services for children, teenagers and adults in and around Auckland and Hamilton.

From fully licensed early learning centres that give children the best start in life, to term programmes for pre-school and school age children that support co-ordination, motor skill and social skill development, holiday programmes and before and after school care, every day can be a new adventure for kids at YMCA.

YMCA Massey Leisure Centre 545 Don Buck Road Massey Auckland 0614 massey@ymcaauckland.org.nz  5:30am to 9pm weekdays



(09) 833 8100 8am to 4pm weekends and public holidays http://www.ymcaauckland.org.nz/massey Some charges may apply.

No referral required.

**Classification : OSCAR**

**YMCA Mt Albert**

FSD0022367 Last updated 15/09/2020

We provide Out of School Care and Recreation (OSCAR) After School Programmes and Holiday Programmes all of which are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a vast range of recreational and sport programmes catering to all ages and abilities. Specialising in Family Programming we operate many successful programmes such as Fitness including group exercise, Gold Fit (for the over 60's), Jumpstart (for those living with Diabetes) and Play Strong (a fitness programme aimed at kids between 8-12 years), Children's Activities e.g. gymnastics, basketball, and birthday parties.

Other programmes include Stadium sports such as badminton, basketball, and indoor soccer.

The Y is a place where you can be yourself, feel comfortable with who you are and enjoy a sense of belonging. Your local YMCA is not just a place to go; it's a culture, a feeling and a place of support. We’d love your family to visit ours.

Mt Albert Community & Leisure Centre 773 New North Road Auckland 1025 mtalbert@ymcaauckland.org.nz  Monday - Thursday 6am -9am



(09) 846 0788 Friday 6am- 8pm

http://ymcaauckland.org.nz Saturday & Sunday 8am -5pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Onehunga War Memorial Pool**

FSD0022374 Last updated 19/10/2020

We have Out of School Care and Recreation (OSCAR) with an After School Programme and Holiday Programmes, all of which are are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a comprehensive range of recreational and sports programmes catering to all ages and abilities. Specialising in Family Programming, we operate many successful programmes such as: Swim School Lessons and Tri Squads; Group Exercise; Jumpstart (for those living with Diabetes); K-Club (a fitness programme aimed at kids between 812 years); and Birthday Parties.

Our mission is "strong kids, strong families and strong communities". We’d love you and your family to visit us!

1 Park Gardens Onehunga Auckland 1060



oscar.onehunga@ymcaauckland.org.nz  Mon-Fri: 5:15am - 9:00pm

|  |  |
| --- | --- |
| (09) 634 3748  (021) 516 744 http://www.ymcaauckland.org.nz/onehung apool/Pages/onehungapool.aspx    **Classification : OSCAR**    **YMCA Shakespear Lodge** | Saturday: 7:00am - 7:30pm  Sunday: 7:00am - 7:30pm  Public Holiday hours may vary.  Some charges may apply. No referral required. |
| FSD0022430 | Last updated 30/07/2020 |

Our residential school holiday programmes are for children from 9 to 14 years old. Our programmes normally they run from Sunday to Friday with a big part of the programme being in the outdoors - climbing, sailing, archery, kayaking, orienteering, mt boarding are but a few of the activities we are likely to do.

YMCA Shakespear Lodge 1503 Whangaparaoa Rd Army Bay Whangaparaoa 0930 shakespear@ymcaauckland.org.nz  We aim to be available between 9am to 4pm



|  |  |
| --- | --- |
| (09) 424 7111 http://www.ymcaauckland.org.nz/findyour-ymca/shakespearlodge/Pages/default.aspx | Weekdays, however due to the nature of Camp you may need to leave a message and let us get back to you.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**YMCA Warkworth**

FSD0022373 Last updated 24/08/2020

Provider of out of school care before / after school and during the school holidays for children aged 5yrs-13yrs.

35 Hill Street Warkworth 0910



kthomson@warkworth.school.nz  7.15 am-8.30am /3.00pm-6.00pm term time.

|  |  |
| --- | --- |
| (027) 700 8605 http://www.warkworth.school.nz    **Classification : OSCAR** | 7.30am-6.00pm school holidays Some charges may apply.  No referral required. |

**Youthtown Inc: Auckland Central**

FSD0003473 Last updated 03/02/2021

Community Youth Facility for all youth aged under 18 years. Aims to build self-esteem by offering youth a safe place to express themselves physically, creatively and socially. Run OSCAR approved after school and holiday programmes.

110 Mt Eden Road Mt Eden Auckland



info@youthtown.org.nz  Weekdays 9am - 5pm

|  |  |
| --- | --- |
| (0800) 004 566 http://www.youthtown.org.nz    **Classification : OSCAR**    **Youthtown Inc: Panmure** | Weekends closed Some charges may apply. No referral required. |
| FSD0018712 | Last updated 11/01/2021 |

Community Youth Facility for all youth aged under 18 years. Aims to build self-esteem by offering youth a safe place to express themselves physically, creatively and socially.

 143 Tripoli Road Panmure Auckland 1072

|  |  |
| --- | --- |
| panmure@youthtown.org.nz  (027) 763 5610 http://www.youthtown.org.nz | Some charges may apply. No referral required. |

**Classification : OSCAR**

# Disaster Recovery

**Albany Community Link**

FSD0007891 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44 Corinthian Drive Albany North Shore 0632



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Avondale Community Link**

FSD0007892 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44-48 Rosebank Road Avondale 1026



(0800) 559 009 http://www.workandincome.govt.nz

Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Hunters Corner Community Link**

FSD0007901 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

139 Great South Road Hunters Corner Manukau 2025



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Manurewa Community Link**

FSD0007904 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

12 Selwyn Road Manurewa Manukau City 2102



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Mount Eden Community Link**

FSD0007906 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

191-193 Dominion Road Mt Eden Auckland 1024



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**New Lynn Community Link**

FSD0007907 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

5-9 Hugh Brown Drive New Lynn Auckland 0600



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Otahuhu Community Link**

FSD0007910 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

4 Fairburn Road Otahuhu 1062



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz      **Three Kings Community Link** | 9:30am - 5pm  All services free of charge. No referral required. |
| FSD0007920 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Three Kings Plaza 536 Mt Albert Road Three Kings Auckland 1042



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waiheke Island Community Link**

FSD0007922 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Shop One 116 Ocean View Road Oneroa Waiheke Island 1081



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waitakere Community Link**

FSD0007924 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

36-44 Sel Peacock Drive Waitakere 0610



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Auckland Regional Office**

FSD0015264 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 2, Building A 65 Main Highway Ellerslie Auckland 1051



(0800) 559 009  Monday to Friday, 8:30 am to 5:00 pm http://www.workandincome.govt.nz All services free of charge.

No referral required.

**Work and Income - Clendon Service Centre**

FSD0007895 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Clendon Shopping Centre Cnr Roscommon & Palmers Roads Clendon Manukau City 2103



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenfield**

FSD0007896 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

1 Peach Road Glenfield North Shore City 0629



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Helensville Service Centre**

FSD0007899 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

34-38 Commercial Road Helensville 0800



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Mangere Community Link**

FSD0007902 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family. 93 Mascot Avenue Mangere Auckland 2022



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Orewa Service Centre**

FSD0007909 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

27 Florence Avenue Orewa 0931



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Work and Income - Otara Service Centre**

FSD0007911 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 52-60 Lovegrove Crescent Otara 2023

(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Takapuna Service Centre**

FSD0007919 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

519 Lake Road Takapuna 0622



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

# Education and Training

**Active Institute**

FSD0021367 Last updated 02/02/2021

Active Institute is a NZQA approved and accredited Private Training Provider who has been serving the Manukau and wider South Auckland community since 1988. We provide training courses in ESOL and Employment.

23 Norman Spencer Drive Papatoetoe Manukau 2104



it@activeinstitute.co.nz  8 am - 4 pm (09) 278 0849 All services free of charge.

(027) 560 1118 Referral may apply. http://www.activeinstitute.co.nz

**aDapt Family Solutions**

FSD0019662 Last updated 26/07/2020

aDapt Family Solutions is an organisation that provide a mobile Family Development program. Services are delivered in the home at times that suit the family. aDapt delivers programs that are customised addressing the challenges affecting each family. aDapt have a number of modules with a wide variety of topics, behaviour management for children, stress management and self care, co-parenting, family organisation, ADHD and other challenges, and other topics. aDapt respects and considers the culture, values and uniqueness of each family when tailoring a program to suit.

We have a high level of flexibility around times and dates where the programs can be delivered. We work 7 days a week and between the hours of 6.00am-10.00pm we can structure visits to suit our clients. aDapt Family Solutions are able to offer 6 to 12 week interventions. aDapt is a Social

Sector accredited provider offering; specialised parenting and family development program

|  |  |
| --- | --- |
| paula@adapt.net.nz  (021) 318 879 (021) 318 139 http://www.adapt.net.nz | We can be contacted from 8am to 6pm weekdays and by appointment weekends.  All services free of charge.  No referral required. |

**ADHD New Zealand**

FSD0003609 Last updated 11/01/2021

Our mission is to educate, support and advocate for children, teens and adults affected by Attention Deficit Hyperactivity Disorder (ADHD) by:

* assisting people in making informed choices
* being a credible national voice
* being a centre of excellence for services offered
* providing a repository of information accessible to all.

Yarnton House 14 Erson Avenue Royal Oak Auckland 1061



info@adhd.org.nz  Everyday. Variable times.

(09) 625 1754 Some charges may apply. http://www.adhd.org.nz No referral required.

**Adult Literacy Tamaki Auckland Inc**

FSD0003270 Last updated 11/12/2020

We work alongside adults to improve their reading, writing, spelling and/or basic maths, at no cost to the learner.

25 Mayfair Place Glen Innes Auckland 1072



info.C2@literacy.org.nz  8:30 am - 3.30 pm Weekdays.

(09) 570 4140 All services free of charge.

(022) 395 8456 No referral required. http://adultliteracy.org.nz

**Classification : PACIFIC**

**Affirming Works**

FSD0024453 Last updated 18/11/2020

Affirming Works (AW) is an innovative Pacific 'not-for-profit company which combines an effective team of multi-generational and multicultural professionals. AW offers an extensive range of mentoring services, social services and social enterprise to various communities in the Auckland region. AW began in 2001 and continues to provide for families; prevention to family violence, educational assistance for learners, food parcels, budgeting and case management of family plans. AW's ability to speak in pacific languages and have qualified staff has enabled a culturally competent yet safe practice approach to it's services. AW provides youth transition services for Oranga tamariki rangatahi, the Tupu'anga a mentoring programme for children and youth, Tautua a youth employment service for young people to work in the Community Cafes. AW also provides in five regions in Aotearoa the Young & Free conferences for the promotion of positive social messaging for Pacific youth.

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| --- | --- |
| office@affirmingworks.org.nz  (0800) 0AFFIRM (09) 276 6538 http://affirmingworks.org.nz    **Classification : FVSS, PACIFIC** | AW's service delivery is usually from 9am-5pm we have a site for our food hub, our community cafes and our offices, it is best to contact us via www.affirmingworks.org.nz or call free on 08000AFFIRM.  All services free of charge.  No referral required. |

**Age Concern Auckland - North Shore Office**

FSD0006664 Last updated 19/10/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support for over 65's.

177B Shakespeare Road Milford North Shore 0620



ageconns@acns.co.nz  Monday - Friday 9 am - 4 pm

(09) 489 4975 Some charges may apply. http://www.ageconcernauckland.org.nz Referral may apply.

**Classification : EARS**

**Age Concern Auckland Counties Manukau Office**

FSD0006656 Last updated 19/10/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

Cambria Park Homestead 250 Puhinui Road Papatoetoe Manukau ageconcern@ageconak.org.nz  By appointment only



(09) 279 4331 Some charges may apply.

(09) 820 0184 Referral may apply.

http://www.ageconcernauckland.org.nz

**Classification : EARS**

**Age Concern Auckland Inc**

FSD0006655 Last updated 02/11/2020

Your local Age Concern is your first port of call for over 65's when you and your family/whanau need: information, advice, referral and support.

57 Rosebank Road Avondale Auckland



ageconcern@ageconak.org.nz  9.00am to 4.00pm Monday to Friday

(09) 820 0184 Some charges may apply. http://www.ageconcernauckland.org.nz Referral may apply.

**Classification : EARS**

**Age Concern Rodney Inc**

FSD0006666 Last updated 20/11/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

Unit JA2, Westpac Plaza - Tamariki Avenue Orewa 0931



info@ageconcernrodney.org.nz  Some charges may apply.

(09) 426 0916 No referral required.

(0800) 652 105 http://www.ageconcern.org.nz

**AKAL Foundation**

FSD0024322 Last updated 24/08/2020

Our aims to identify and fund the delivery of high-impact solutions that can reduce health inequities and give everyone the opportunity to live healthy, productive lives.

We work closely with our partners to support innovative approaches and expand existing ones, so they reach the people who are most in need.

Our aim is to create better society.

Akal Foundation

Leadership training – capacity building, political representation

Family Violence – prevention programmes, education awareness

Budgeting & Family Support Services as Below

Community Alcohol and Drug Services

Community Sports / Service

Food Bank Service

Community Awards

Ladies Night

Migrants Help

Open Festival

35 East Tamaki Road Papatoetoe Auckland 2025



rajinz@gmail.com  Monday to Friday 8.00 to 5PM

(09) 278 6062 All services free of charge.

(021) 661888 No referral required. http://www.akalfoundation.org.nz

**Allan Brewster Leisure Centre**

FSD0021409 Last updated 04/09/2020

We run after school care, holidays programmes, early childhood centres, fitness centres, pools and group fitness classes.

7 Tavern Lane Papatoetoe Auckland 2025



allanbrewsterleisure@aucklandcouncil.go  Monday - Thursday, 7am-9pm

vt.nz Friday, 7am-6pm

(09) 262 5965 Weekends, 8am-6pm

(021) 277 6364 Some charges may apply. https://aucklandleisure.co.nz/locations/alla No referral required. n-brewster-leisure-centre/

**Classification : OSCAR**

**Anglican Community Church Birkdale / Beach Haven**

FSD0003659 Last updated 20/10/2020

Birkdale / Beach Haven Anglican Community Church. Emergency Foodbank assistance available by referral or by individual. Usually a one off unless extreme and/or budgeting advice is being sought by recipient. For residents in the Birkdale /Beach Haven area (available 10-12 Tuesday and Thursdays only)

We also provide mainly music for preschooolers and SPACE programmes for mostly first time parents.

56A Tramway Road Beach Haven Auckland 0626



office@cedarcentre.org.nz  Mondays - Thursday: 9am - 1pm

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| (09) 483 6989 https://www.cedarcentre.org.nz/ | Koha/donation may apply. No referral required. |

**Anglican Trust for Women and Children**

FSD0003280 Last updated 26/10/2020

ATWC’s integrated Family, Early Education and Social Work services and programmes help to protect, nurture and provide opportunities for up to 3000 children, young people and their families across Auckland.

Services include counselling and psychotherapy, parenting programmes, preschool education, early intervention (Family Start) and programmes in schools (SWiS & YWiSS).

10 Beatty Street Otahuhu Auckland 1062



info@atwc.org.nz  8.00am – 4.30pm Monday to Friday

(09) 276 3729 Some charges may apply. http://www.atwc.org.nz Referral may apply.

**Classification : FVSS**

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| **Aotea Family Support Group Charitable Trust** |  |
| FSD0006011 | Last updated 07/08/2020 |

Provision of social services to residents of Great Barrier Island.

 Old School Building, Medland & Shoal Bay Roads 1 Medland Road Tryphena Great Barrier

Island 0962

|  |  |
| --- | --- |
| office@aoteafamilysupport.co.nz  (09) 429 0465  (09) 429 0174 http://www.aoteafamilysupport.co.nz    **Classification : OSCAR**    **AppleSeed Educare** | Every morning except Wednesdays and weekends.  Serves Great Barrier Island only.  Some charges may apply. No referral required. |
| FSD0020932 | Last updated 06/07/2020 |

AppleSeed Educare is a quality childcare center in Mt Eden Auckland. AppleSeed Educare is conveniently located at 158 Balmoral Road, Mt Eden.

We understand that choosing the best Early Childhood Center for your child is one of the most important decisions that you will make as a parent. By choosing AppleSeed Educare Mt Eden, you can be certain that your child is cared for in an environment that fits well with your values, provides a safe, happy and social environment where your child can develop confidence and selfawareness along the journey.

We believe that children will learn and grow better in an environment where they feel happy and secure. AppleSeed Educare is licensed for 27 children and it is designed with a homely feeling and an extensive outdoor play area. We trust our daycare center will be a home away from home for your child.

158 Balmoral Road Mt Eden Auckland



info@appleseededucare.co.nz  7.30-6pm Monday to Friday

|  |  |
| --- | --- |
| (09) 630 9158 (0800) 000 158 http://www.appleseededucare.co.nz | Some charges may apply. No referral required. |

**Auckland Community Law Centre**

FSD0021813 Last updated 07/10/2020

The Auckland Community Law Centre gives FREE legal advice to Aucklanders who can’t afford it.

ACLC (formerly Grey Lynn Neighbourhood Law Office) provides access to justice in the Auckland community.

ACLC's services are designed to empower people to resolve their own legal issues. This is mostly done over the phone with information, advice, assistance and self-help resources. ACLC also runs legal outreach clinics throughout Auckland.

If an Aucklander is facing a truly life changing legal situation, ACLC can sometimes do more than just give advice, including sending a letter, providing support at a meeting, representing at mediation, or even going to Court. However, ACLC can only do this provided they have enough resources, and usually only for truly serious, life changing issues. ACLC also provides legal education to the Auckland community, particularly through seminars and information sessions.

Level 2A, Tasman Building 16-22 Anzac Avenue Auckland 1010



info@aclc.org.nz  Monday - Thursday 9.00 am - 5.00pm (available (09) 377 9449 Thursday evenings by appointment only). Friday http://aclc.org.nz 9:00 am - 4:00 pm.

Koha/donation may apply. No referral required.

**Auckland Kindergarten Association**

FSD0003870 Last updated 19/11/2020

Established in 1908, the Auckland Kindergarten Association (AKA) is a charitable trust made up of 107 kindergartens in Auckland, four Playgroups, and four KiNZ early learning daycare centres.

We are New Zealand’s largest kindergarten association. The AKA are proud to provide high quality early childhood education to over 10,000 young children who attend our services throughout Auckland each year.

At our kindergartens, playgroups and KiNZ care and early learning centres, we provide a safe and enriching learning environment where young children can develop as confident and competent learners.

We offer quality Early Childhood Education (ECE) to all Auckland children, with a strong focus on inclusiveness that values and recognises of the rich diversity of the children, parents and whnau that attend.

 Head Office, Level 5 385 Queen Street Auckland 1010

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| --- | --- |
| info@aka.org.nz (09) 373 5635 (0800) 4 KINDY http://www.aka.org.nz | Some charges may apply. Referral may apply. |

**Auckland Regional Migrant Services Trust**

FSD0003854 Last updated 02/03/2021

ARMS is a specialist settlement support agency. We provide services for migrants and refugees across Auckland Region. ARMS works to facilitate settlement assistance through effective agency coordination, community networking and informed advocacy.

8 Virginia Avenue East Eden Terrace Auckland 1021



reception@belong.org.nz  Mon - Fri 9am - 4pm (09) 625 2440 All services free of charge. https://www.facebook.com/BelongAotearo No referral required. a/

**Auckland Women's Centre**

FSD0004148 Last updated 27/07/2020

A safe, accessible place offering support and facilitating empowerment and well-being for all women.

Unit 6 4 Warnock Street Grey Lynn Auckland 1021



info@womenz.org.nz  9.00am - 4.00pm Monday to Friday.

(09) 376 3227 extn 0 Some charges may apply. http://www.awc.org.nz No referral required.

**Babylon Community Development Charitable Trust**

FSD0024503 Last updated 25/02/2021

Babylon Community Development Charitable Trust is a not-for-profit organization, stranded in fundamentals of empowerment, shared vision, inclusion, collective action, determination, social cohesion, building leadership and collaboration. Committed to undertake a sustainable community development process through providing a wide range of quality services and performing a variety of essential activities and projects by and to the beneficiaries of the Trust at a grassroots level, with support from the New Zealand government agencies and non-government organizations to actively contribute in building and developing Auckland society’s safety, strength and well-being.

9 The Enclave Totara Heights Auckland 2105



(021) 067 7725  all days of the week, all hours of the day http://babylon.ac.nz All services free of charge.

No referral required.

**Barnardos - Auckland Central South (Te Atatu)**

FSD0016477 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

3/247 Edmonton Road Te Atatu South Auckland



(09) 625 3675  Monday to Friday 8.30am - 5pm (0800) BARNARDOS(227 627) Some charges may apply. http://www.barnardos.org.nz No referral required.

**Barnardos - Auckland North West**

FSD0006793 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

247 Edmonton Rd Te Atatu South Te Atatu 0610



Auckland\_Referrals@barnardos.org.nz  Monday - Friday 8:30-4:30

(09) 625 3730 Some charges may apply.

(027) 237 8862 Referral may apply. https://www.barnardos.org.nz/

**Barnardos North Shore (Albany)**

FSD0006794 Last updated 18/06/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

20 Alderman Drive Henderson Auckland 0612



AMAC@barnardos.org.nz  Monday to Friday 7.30 am to 5.30 pm

(09) 836 7506 Some charges may apply. https://www.barnardosearlylearning.org.nz No referral required.

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**Classification : OSCAR**

**Barnardos Onehunga**

FSD0016483 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

 Level 2 173 Captain Springs Road Onehunga Auckland 1061 Lesley.Macken@Barnardos.org.nz  Contact : 0800 227 627

(09) 625 3687 Some charges may apply.

(0800) 543 782 No referral required. https://www.barnardos.org.nz/

**Bays Youth Community Trust**

FSD0020027 Last updated 08/01/2021

Bays Youth Community Trust values young people, and provides programmes, mentoring, counselling and services that focus on positive early intervention and support for 11-18 year old youth and their families.

We help young people make positive changes in their own lives and become more involved in their community. Our programmes and services provide positive early intervention and support to 11-18 year-olds and we help them develop the skills, confidence and experience they need to overcome challenges and create plans and steps towards achieving a bright future!

550 East Coast Road Mairangi Bay Auckland 0630



info@baysyouth.org.nz  Monday - Friday from 9am - 5pm.

(022) 010 6978 Some charges may apply.

(022) 010 6967 Referral may apply. http://www.baysyouth.org.nz

**Best Start Glenfield**

FSD0022695 Last updated 17/02/2021

We provide Education and Care for children aged 3 months to 5 years. We are open 7am to 6pm and also offer a part time day. At ABC Glenfield we cater for all children from all backgrounds and pride ourselves on our links to the local Primary School and community.

26 Manuka Road Glenfield Auckland 0629



glenfield@best-start.org  7am to 6pm Weekdays (09) 443 3023 Some charges may apply. http://www.best-start.org No referral required.

**BestStart Avondale**

FSD0022570 Last updated 17/12/2020

Provide quality childcare services to children from infants to five years of age.

18-20 Wolverton Street Avondale Auckland 0600



avondale@best-start.org  Mon - Fri

(09) 828 9082 7.00 a.m. - 6.00 p.m. http://www.best-start.org Some charges may apply.

No referral required.

**Beststart Kenderdine Road**

FSD0022569 Last updated 12/10/2020

At Beststart Kenderdine road, we provide childcare and early learning for children 0-5 years old. Our centre offers 20 ECE for children 3 years and above and we have 80% registered teachers. The centre is a purpose built multicultural hub with children and teachers from different cultural background and language where exciting celebrations form a part of the regular events. We prepare hot nutritious meal at the premises for our children. Our online storypark system allows parents to visit children's learning and development regularly. The centre also provides Be School Ready framework which supports children's smooth transition to school. Community means a lot to us and we have different ways to connect to our community on a regular basis.

19 Kenderdine Rd, Papatoetoe Auckland 2025



kenderdine@best-start.org  Our centre opens from Monday to Friday (09) 277 0994 between 7:00am and 6:00pm. The centre

https://www.best-start.org/ operates throughout the year except on public holidays. We have easy access from 19 Kenderdine Road and 42 Wyllie Road.

Some charges may apply. No referral required.

**BestStart Mangere East**

FSD0022568 Last updated 29/01/2021

We are a well established childcare in the heart of Mangere East catering for children from 0-6.

48 Tennessee Avenue Mangere East Auckland 2024



mangereeast@best-start.org  7am-6pm Monday to Friday

(09) 258 5093 Some charges may apply. http://www.best-start.org/ No referral required.

**BestStart New Lynn**

FSD0018492 Last updated 15/06/2020

FREE\* Childcare for 3 - 5 year olds (Conditions apply)

19 A Delta Avenue New Lynn Auckland 0600



newlynn@best-start.org  Open 7am - 6pm Mon - Fri

|  |  |
| --- | --- |
| (09) 826 0866 https://best-start.org/centres/beststartnew-lynn      **BestStart Wolverton Street** | Free\* Session Options:  8.00am-12.00pm & 1.00pm-5.00pm  (depending on vacancies) All services free of charge. No referral required. |
| FSD0022571 | Last updated 13/01/2021 |

Provider of quality Childcare Services to Children from Infants to Five Years of Age.

25 Wolverton Street Avondale Auckland 0600



wolverton@best-start.org  Monday - Friday (09) 828 9083 7.00 a.m - 6.00 p.m

http://best-start.org Some charges may apply.

No referral required.

**Biggles Childcare**

FSD0022490 Last updated 07/01/2021

Biggles is a fully licensed childcare centre in Glen Eden offering full and part-time care for children aged 3mths to 6 years.

Biggles provides the highest quality early childhood care and education. We have high teacher/child ratios, extensive playground space and are environmentally proactive.

We have an open-door policy so feel free to visit us any time to view our premises and meet our teachers.

9 Glenorchy St Glen Eden Auckland 0602 biggleschildcare@xtra.co.nz  7.30am to 5.30pm flexible contact by mobile.



(09) 813 3595 Some charges may apply.

(021) 022 58059 No referral required. http://biggleschildcare.co.nz

**Blockhouse Bay Community Centre Inc**

FSD0021499 Last updated 25/08/2020

The Centre of Blockhouse Bay, providing a place for programmes and activities that are tailormade by and for our community. We play a key part in meeting the social, cultural, environmental, recreational and educational desires of our diverse community.

We offer a fantastic school holiday programme at affordable rates for children aged 5-13 years of age.

524 Blockhouse Bay Road Blockhouse Bay Auckland 0600 info@bhbaycommunitycentre.co.nz  Office



(09) 626 4980 9am - 3.30pm Monday, Thursday & Friday

http://www.blockhousebaycentre.co.nz 9am - 6pm on Tuesday & Wednesday

Programmes/Activities 8am-9pm 7 days per week.

School Holiday Programme 8.30am - 3.30pm school holidays.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Bright Sparks Childcare - Henderson**

FSD0022438 Last updated 15/02/2021

We are a Childcare Centre conveniently situated in the heart of Henderson's light industrial and retail sector, at 40 Paramount Drive, opposite the WDHB.

40 Paramount Drive Henderson Auckland 0610



henderson@bscc.co.nz  We are open from 7.00am to 6.00pm Monday to (09) 836 2500 Friday and closed only on the statutory days.

|  |  |
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| (09) 836 2509 http://www.bscc.co.nz | Some charges may apply. No referral required. |

**Budgeting and Family Support Services Otara Inc**

FSD0005928 Last updated 29/03/2021

Otara Budgeting Service provides budgeting skills and education through free, supportive, confidential and culturally aware services to the community.

Shops 1 & 2, Fairmall 46 Bairds Road Otara Auckland 2023 tuliana@mangerebudgeting.org.nz  Monday to Friday 9am to 4pm



(09) 274 6432 Some charges may apply. http://mangerebudgeting.org.nz/contact- No referral required. us-mainmenu-3

**Busby Street Early Learning Childcare Centre**

FSD0022952 Last updated 22/12/2020

Busby Street Early Learning Childcare Centre is a well-established licensed all day childcare in Blockhouse Bay, which provides quality education and care for children between 3 months and 5 years of age. We have an excellent reputation, and in fact the centre has been in our community for over 35 years!

Our license is for 30 children, so being a small centre we have the advantage of a family-like environment, where the staff are able to get to know your child really well and work in conjunction with family and whanau to enable children to achieve their full potential. We genuinely believe that "small" is best for infants, toddlers and young children during these very important formative years in their life.

The staff are an extremely professional and motivated team and we have created a comprehensive early childhood curriculum which is brimming with variety, is highly interactive and full of fun for all age groups. The curriculum includes a transition to school programme.

19 Busby Street Blockhouse Bay Auckland 0600



info@busbychildcare.co.nz  Monday to Friday 7.30am to 5.30pm

(09) 828 7653 Some charges may apply. http://www.busbychildcare.co.nz No referral required.

**Campus Connections Aotearoa**

FSD0023755 Last updated 23/11/2020

Campus Connections Aotearoa (CC-A) is a powerful, multi-level, therapeutic youth mentoring programme that provides one-to-one mentoring, prosocial activities and counselling support to disadvantaged young people who have been excluded from mainstream school. The youth attending the CC-A mentoring programme are enrolled with partnering alternative education (AE) providers in Auckland. CC-A youth participants are paired one-to-one with trained university students for four hours weekly of intensive mentoring over nine months.

H Block 74 Epsom Ave Epsom Auckland 1023



campus.connections@auckland.ac.nz  Monday-Friday 9-5

(021) 262 9363 All services free of charge.

(020) 464 9363 Referral may apply.

https://www.campusconnections.ac.nz/

**Care-a-Lot Early Learning Childcare Centre**

FSD0022951 Last updated 04/01/2021

Our well-resourced childcare centre has been serving Devonport families and their children for over 25 years. We cater for up to 21 children daily between the ages of 2 and 5. Our team of talented, qualified and caring teachers deliver a stimulating child-centred curriculum. Our teachers are dedicated to your child’s learning and wellbeing.

Whether your child is a 'sensitive soul' or a 'big personality', our intimate personal setting caters to all temperaments. We give every child the opportunity to blossom and shine. Our high teacher-tochild ratio means that we can provide individualised care for your child and support his or her needs appropriately. An individual ‘caregiver' teacher is assigned to each child to provide consistency of care and to guide them on their journey with us as well as support from extended teaching team.

21A Waterview Road Stanley Point Auckland 0624



carealot@xtra.co.nz  Monday to Friday 8.45am to 5.30pm

(09) 445 8551 Some charges may apply. http://www.carealot.co.nz No referral required.

**Castor Bay Infant Care Centre**

FSD0022950 Last updated 15/09/2020

Castor Bay Infant Care Centre is a well-established all day childcare licensed for up to 20 infants from 0 to 3 years of age. We have an excellent reputation, and in fact the centre has been in our community for over 20 years!

1/14 Castor Bay Road Castor Bay Auckland 0620



info@cbicc.co.nz  Monday to Friday 8am to 5.30pm

(09) 410 3320 Some charges may apply.

(027) 265 5867 No referral required. http://www.cbicc.co.nz

**Central Auckland Parents Centre**

FSD0007313 Last updated 15/03/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education and parenting education. A locally run committee ensures good quality support and education is available for parents within the community.

enquiries@capc.org.nz  Email checked several times a week.

http://www.capc.org.nz Some charges may apply.

No referral required.

**Childcare at Home**

FSD0023365 Last updated 09/03/2021

Childcare at Home is part of a network of privately owned home based-care services that span across the Auckland Region. We endeavour to match prospective families with the best-suited educators who will share similar values, traditions, and interests who will care for their children. Home-based care networks receive government funding and operate within education and other relevant legal parameters.

Home-based childcare differs from the more informal arrangement you may have with a babysitter or nanny in that our Educators are in many instances qualified early childhood teachers and through the assistance and support of Childcare at Home our Educators receive ongoing support and training in the form of professional development in order to maintain a high-quality wellmonitored learning environment for your child.

2/667 Whangaparaoa Road Stanmore Bay Auckland 0932



info@childcareathome.nz  Office open from 9 - 4pm

(09) 424 2499 Educators have their own working hours (027) 431 4633 Some charges may apply. http://childcareathome.nz No referral required.

**Children’s Autism Foundation**

FSD0023146 Last updated 21/04/2021

We provide whanau/family support services to families of children with Autism Spectrum Disorders (ASD), from pre-diagnosis up to 21 years of age. We have a strong track record of quality service to families/whanau of children with ASD, providing advice, support, holistic, family-centred solutions to help families manage the intense emotional and practical impact of autism.

Office 13 Lion Foundation House 3 William Laurie Place Albany Auckland 0632 enquiry@autism.org.nz  By appointment



(09) 415 7406 Some charges may apply.

(021) 792855 No referral required. http://www.autism.org.nz

**Chinese Mental Health Consultation Services Trust**

FSD0015125 Last updated 21/09/2020

Our trust is a non-profit organisation with a mission of fostering and restoring family harmony and individuals' wellbeing and safety. It is formed by a group of New Zealand experienced and registered mental health professionals.

134 Pah Road Royal Oak Auckland 1023



info@cmh.org.nz  10.00 am to 2:30 pm on Monday and Tuesday (09) 624 4639 10:00 am to 6:00 pm on Wednesday and Friday.

http://www.cmh.org.nz Please leave message on answer phone.

Some charges may apply. Referral may apply.

**Classification : FVSS**

**Chinese New Settlers Services Trust**

FSD0001709 Last updated 15/04/2021

Chinese New Settlers Services Trust is a charitable trust since 1998, supporting Asian new comers and the entire community as a whole. We provide social services, education and social housing for 15,000 people every year.

CNSST provides wraparound services:

* Social work & Counseling
* Employment & Enterprise
* Education & Settlement
* Social Enterprise: Education Institute, Social Housing Project
* Accounting & taxation

20 Clifton Court Panmure Auckland 1072



info@cnsst.org.nz  Monday-Friday 9am-5pm.

(09) 570 1188 All services free of charge. http://www.cnsst.org.nz Referral may apply.

**Classification : FVSS**

**Christians Against Poverty New Zealand**

FSD0019638 Last updated 08/03/2021

CAP’s purpose is to release people from poverty and all its causes. To achieve this, CAP targets key drivers of poverty through the following five FREE services:

1. Debt Help: releasing people from the burden of unmanageable debt. Clients work with teams inlocal communities around New Zealand whilst receiving long-term support from trained and experienced specialist teams based at our Head Office.

1. CAP Money Courses: three-session, interactive money management courses that encouragepeople to budget, save and spend wisely.

1. CAP Job Clubs: Helping job seekers back into the workforce through practical help, personalcoaching and a supportive environment.

1. Life skills: a friendly, fun community group which empowers people to thrive on a low income.

1. Release groups: a confidential, caring group that support people to find freedom from lifecontrolling habits.

55 Hugo Johnston Drive Penrose Auckland 1061



info@capnz.org  9-5 Monday to Friday (09) 270 0334 All services free of charge.

(0508) 227 111 No referral required. http://capnz.org

**Citizens Advice Bureau Botany**

FSD0024491 Last updated 19/01/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 271 5382, email botany@cab.org.nz

 Botany Town Centre 251 Town Centre Drive Botany Auckland 2016

|  |  |
| --- | --- |
| botany@cab.org.nz (09) 271 5382 http://cab.org.nz | Monday to Friday 9.30am to 1pm All services free of charge.  No referral required. |

**Citizens Advice Bureau Otara Incorporated**

FSD0006860 Last updated 12/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Shops 1 & 2 46 Fair Mall Otara Town Centre, Bairds Road Auckland 2023



manager.otara@cab.org.nz  Normal Bureau hours operation: 9am-4pm (09) 274 6577 Monday to Friday, 9am-12pm Saturday http://www.cab.org.nz All services free of charge.

No referral required.

**City Impact Church**

FSD0003842 Last updated 10/11/2020

Assisting people of all ages and races to discover how God can improve their life and situation. We have five campuses - Two in the North Island - North Shore and at Mt Wellington in Auckland and three in the South Island - Queenstown, Balclutha and Invercargill. (OSCAR approved for Holiday Club for children.)

794 East Coast Road Oteha Auckland 0630



info@cityimpactchurch.com  Office hours Mon - Fri 8.30am - 5.00 pm

(09) 477 0300 Some charges may apply.

(0800) CHURCH No referral required. http://www.cityimpactchurch.com

**Classification : OSCAR**

**Cook Islands Development Agency NZ**

FSD0024464 Last updated 27/11/2020

We are based in South Auckland, Mangere with a mandate to increase social and local economic development by supporting individuals and families to actively participate in initiatives that can generate financial wellness.

287 Kirkbride Road Mangere Auckland 2022



admin@cidanz.co.nz  Monday: 9am - 5pm http://www.cidanz.co.nz/ Tuesday: 9am - 5pm

Wednesday: 9am - 5pm

Thursday: 9am - 5pm

Friday: 9am - 5pm

All services free of charge. No referral required.

**Cute Kids Home Based Child Care**

FSD0022689 Last updated 08/01/2021

To provide quality care and education home based Auckland wide. Educators are trained, qualified and possess valid first aid certificate. They are supervised by early childcare qualified teacher in order to provide safe and nurturing environment to child under six years of age. Cute kids philosophy is every child is special and gifted. It is their right to get best care and learning environment.

77 Aintree Avenue Mangere Auckland 2022



info@cutekids.co.nz  7am to 12am 7 days (09) 390 4578 Some charges may apply. http://www.cutekids.co.nz Referral may apply.

**Dayspring Trust**

FSD0015682 Last updated 08/09/2020

Dayspring is passionate about fostering the wellbeing of both mother and child creating opportunities that inspire women to live, love, learn and connect.

Dayspring began over 30 years ago with a group of women in West Auckland who saw a need in the community that wasn't being met.

Since those early beginnings we have been working with vulnerable families and have a long history of positive involvement with mothers and their babies who are living with post natal depression or an ongoing mental illness. We have first hand experience on the impact their illness has on the mother/baby bonding processes and the associated risks of attachment disorder.

Daysprings programmes are designed to positively influence the pathways for women and their families.

Vision: To be the preferred provider of Maternal Mental Health Community Services in the Auckland Region.

Head Office 2 Seabrook Avenue New Lynn Waitakere City



info@dayspring.co.nz  9.00 am - 3.00 pm (09) 827 6321 Some charges may apply.

(09) 834 4893 Referral may apply. http://www.dayspring.co.nz

**De Paul House**

FSD0016947 Last updated 13/07/2020

Transitional accommodation for homeless families and support for vulnerable families in the community. Residential and outreach families also have access to Learning Centre programmes (which include budget, literacy, computer skills, WISE hub) and an Early Childhood Centre.

Please see service detail for more information.

92 - 96 Onewa Road Northcote North Shore City 0627



jan@depaulhouse.org.nz  8.30am - 5pm Monday to Friday

(09) 480 5959 Some charges may apply. http://www.depaulhouse.org.nz Referral may apply.

**Classification : THP**

**Debbie Rowberry**

FSD0019037 Last updated 22/09/2020

Emotion Regulation Therapy for Children and their Families.

Debbie Rowberry is a Child Therapist specialising in Child Emotion Regulation Therapy for high and complex needs children. The programme teaches Children how to recognise, monitor and moderate their States of Being. Parental Coaching is provided to teach conscious parenting skills. Children gain greater Emotion Resilience and Emotion I.Q. The programme also includes the development of a client specific behavioural management plan for home and school.

Debbie also facilitates early intervention, Emotion Education programmes for schools.

Debbie provides Therapeutic Services within a clinic setting as well as incorporating Equine Therapy, Canine Therapy and Nature based activities at Willow Therapy Farm in Clevedon.

610 Monument Road Clevedon Auckland 2582



D.rowberrynz@gmail.com  Please phone for an Appointment.

(021) 741 887 Some charges may apply. http://www.childbehaviourist.com No referral required.

**Depot Arts and Music Space Trust**

FSD0020043 Last updated 09/10/2020

Depot Artspace is an open and inclusive creative community in Devonport, Auckland that encourages engagement in all art forms. Depot Artspace offers a variety of facilities, services and events that support the creative community including galleries, a professional development programme, publications, a recording studio and a design studio.

The Depot Artspace philosophy of encouragement, support and inclusiveness has been its touchstone since 1996, the year it opened, and has been the basis on which the Depot has grown into a multi-disciplinary creative community encompassing all art forms and supporting artists at many different levels and across all generations.

This philosophy is encapsulated in its circular mantra “creating an environment that encourages creating….”

Over the years the Depot has been responsive to changing needs, interests, trends and opportunities and has developed services, activities and programmes accordingly.

 28 Clarence Street Devonport Auckland 0624

|  |  |
| --- | --- |
| lynn.lawton@depotartspace.co.nz  (09) 963 2328 http://www.depotartspace.co.nz | 9 am to 5 pm Monday to Friday.  All services free of charge.  Referral may apply. |

**Diabetes Foundation Aotearoa**

FSD0003816 Last updated 25/08/2020

Support for people working with others who have diabetes.

2/100 Alexander Crescent Otara Manukau



admin@diabetesfoundationaotearoa.nz  Monday - Friday 8am-4pm

(09) 273 9650 Some charges may apply. http://www.diabetesfoundationaotearoa.nz No referral required.

**Classification : PACIFIC**

**Dingwall Trust**

FSD0003329 Last updated 03/08/2020

Dingwall Trust is an organisation that provides services to children and young people. We provide residential care to children aged 0 - 18 in need of care & protection. We provide transition service to young people leaving care and boarding school, scholarships to young people at risk.

8 Dingwall Place Papatoetoe Manukau 2025



admin@dingwall.co.nz  Office hours 8.30am - 5pm Mon - Fri

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| (09) 278 3699  (09) 250 2073 http://www.dingwall.co.nz      **Dream Childcare** | Open 24/7  All services free of charge. Referral may apply. |
| FSD0020411 | Last updated 10/02/2021 |

We are New Zealand's Premium Home Based Childcare agency. We match Kiwi Families with Au Pairs, Nannies and Home Based Educators. The Dream Vision is to "make family life easier" by offering tailored personalised childcare advice and solutions to Kiwi families.

Our team have been providing quality home based childcare options to Kiwi Families for over 15 years and we will work with you to create in home childcare solutions based on the ages and stages of your children.

We believe that personal relationships and genuine connections with others determine success. Our team go above and beyond every day to ensure that our Au Pairs, Nannies, Educators and our Families feel valued, understood and are supported every step of the way with exceptional service.

Contact us today to find your Dream Nanny, Dream Au Pair or Dream Home Based Educator.

contact@dream.co.nz

Level 4 81 Grafton Rd Grafton Auckland 1010



contact@dream.co.nz  9am-5pm- Monday to Friday

(09) 969 5451 Some charges may apply. http://www.facebook.com/pages/Dream- No referral required. Au-Pair-NZ/108960772510911

**DT Driver Training**

FSD0021634 Last updated 11/08/2020

Road Code practice for learner licence tests for car, motorbike and heavy vehicle using NZTA's questions.

Learner drivers can use the tests to reduce the costs of obtaining a learner licence in any vehicle class (1 to 6).

Fleet drivers can use the plans to improve fuel economy, reduce accident risk and improve driver health and wellbeing.

Additional information and resources available for new drivers and drivers upskilling to a different class of licence.

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| contact@drivingtests.co.nz  (021) 222 0888 https://www.drivingtests.co.nz | 24-hour online service All services free of charge.  No referral required. |

**Eduplay Childcare OTAHUHU**

FSD0022393 Last updated 22/09/2020

Eduplay Otahuhu offers full day childcare for all ages. We are a purpose built centre in Otahuhu's newest commercial building complex. We welcome you to come and have a look at our centre and meet our teaching team!

First Floor 225 Great South Road Otahuhu Auckland 1062



adminotahuhu@edupac.co.nz  7.30am to 5.30pm

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| (09) 965 4489 (0800) 219 172 http://www.otahuhuchildcare.co.nz | Monday to Friday  Some charges may apply.  No referral required. |

**Elevate Christian Disability Trust**

FSD0003314 Last updated 24/02/2021

An interdenominational Christian Group that offers fellowship for people with all types of disabilities and able bodied helpers.

173 Mt Smart Rd Onehunga Auckland 1643



reception@elevatecdt.org.nz  Drop In Centre is open Tuesday - Thursday, 10

(09) 636 4763 AM to 1 PM, during the NZ School term.

http://www.elevatecdt.org.nz Office open 4 days a week (Tuesday-Friday till

9:30am - 4:30pm) Some charges may apply. No referral required.

**English Language Partners Auckland Central & West**

FSD0007829 Last updated 18/08/2020

With 23 locations, 300 staff, 2,300 volunteers and 800 new volunteers trained each year, English Language Partners is Aotearoa | New Zealand's largest organisation working with refugees and migrants.

We provide a range of English language and settlement services. Learn more natoffice@englishlanguage.org.nz

P +64 4 471 2382

F +64 4 471 2383

192 Tinakori Road, Thorndon

PO Box 12114, Wellington 6144 Aotearoa | New Zealand

Level 1 3091 Great North Road New Lynn Auckland 0640



Auckland@englishlanguage.org.nz  Office Monday to Friday 9am - 4pm.

(09) 827 7882 Some charges may apply. http://www.englishlanguage.org.nz No referral required.

**Classification : PACIFIC**

**English Language Partners Auckland South**

FSD0007832 Last updated 03/08/2020

English language and social support for adult refugees and migrants coming to live in Aotearoa / New Zealand.

Level 1 141 Kolmar Road Papatoetoe Auckland 2025



aucklandsouth@englishlanguage.org.nz  9am - 4:30pm Mon - Fri

(09) 278 9099 Koha/donation may apply. http://www.englishlanguage.org.nz No referral required.

**Classification : PACIFIC**

**English Language Partners North Shore**

FSD0007830 Last updated 19/04/2021

Our aims and objectives are to provide English language skills and social support for the effective resettlement of adult refugees and migrants on the North Shore.

Our vision is that migrants and refugees have the opportunity to learn English, to pursue aspirations for themselves and their families, and to participate in all aspects of life in Aotearoa New Zealand.

 1st floor 424 Lake Road Takapuna Auckland 0622

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| --- | --- |
| northshore@englishlanguage.org.nz  (09) 489 2078 (027) 297 7069 http://www.englishlanguage.org.nz | Monday - Friday 9am-4pm Koha/donation may apply.  No referral required. |

**Fairy Godmothers Home-based Childcare**

FSD0023368 Last updated 05/02/2021

Fairy Godmothers is a home-based childcare service that looks after children on the North Shore, Hibiscus Coast, Helensville and Rodney Districts. We offer small rations of 1 educator to 4 children. There are plenty of opportunities to join other educators for outings and playgroups. Home-based care gives parents more flexibility than larger childcare centres and the environment is more like their own home.

2/667 Whangaparaoa Road Stanmore Bay Auckland 0932



info@fairygodmothers.co.nz  Weekdays 9am - 4pm

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| (09) 424 8868 (0800) 324 7437 http://www.fairygodmothers.co.nz      **Family Works Leslie Centre** | 0800 FAIRIES  Some charges may apply. No referral required. |
| FSD0006491 | Last updated 27/04/2021 |

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Leslie Centre 37B Dornwell Road Mt Roskill Auckland 1041



admin.lesliecentre@fwn.org.nz  Monday - Friday

(09) 639 2016 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-central Referral may apply.

**Family Works Northern**

FSD0020674 Last updated 01/09/2020

Family Works Northern helps children and their families overcome the consequences of poverty, lack of adequate housing, and living with violence. It helps families to stay safe, strong and connected so they can make positive and lasting changes in their lives.

111 Great South Road Epsom Auckland 1051



info@psn.org.nz  Monday to Friday (09) 520 8600 8.30 am to 5.00pm

https://www.familyworksnorthern.org.nz Koha/donation may apply. No referral required.

**Family Works Te Hononga**

FSD0006492 Last updated 27/04/2021

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Family Works Te Hononga 10 Mahia Road Manurewa Auckland 2102 admin.tehononga@fwn.org.nz  Monday - Friday



(09) 269 1009 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-south Referral may apply.

**Family Works Waitakere**

FSD0006493 Last updated 09/12/2020

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

 2171 Great North Road Avondale Auckland 0600

admin.waitakere@fwn.org.nz  Monday - Friday

(09) 835 1288 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-west Referral may apply.

**Fetu Taiala Aoga Amata**

FSD0024303 Last updated 19/08/2020

We provide a Samoan Full Immersion Early Learning service for all children. Our passionate teachers have years of experience in the ECE sector and are registered educators with the NZ Teachers Council. Our philosophy aims to empower children through their language, culture, identity and spiritual beliefs. We provide free 30 hours FOR ALL CHILDREN, free transportation, free morning tea, and afternoon. Our transition to school programme is developed to prepare 4 year old children for Primary School.

29 Wickman Way Mangere East Auckland 2024



(09) 257 0182  Monday to Friday 7.30am to 5pm http://www.tavaesinatrust.org.nz All services free of charge.

No referral required.

**FGM Education Programme**

FSD0001777 Last updated 15/01/2021

To provide national FGM resources, FGM service provider training and technical assistance and FGM education, training and resources for communites affected by FGM.

19-21 Sale Street Freemans Bay Auckland City 1010



hello@fgm.co.nz  Weekdays 9am - 5pm

(09) 302 4031 All services free of charge. https://fgm.co.nz/ No referral required.

**Future Skills Academy**

FSD0021536 Last updated 14/08/2020

Future Skills Academy is an education provider based in Manukau within walking distance of Manukau mall, and Manukau and Homai train and bus stations. We are registered and accredited by the New Zealand Qualifications Authority (NZQA) and funded by the Tertiary Education Commission. Future Skills Academy offers a range of programmes for youth 16 – 19 years and adults. We offer both fees-free courses and fee-paying programmes and our programmes offer a pathway to higher studies and employment. Travel subsidy, loans and allowances are available for those who are eligible. There is also a free bus service from Manukau and Homai train and bus stations.

We offer a friendly, whanau, relaxed and multi-cultural environment with a range of student services including caring and well-qualified tutors, computer labs, student café, and well-resourced workshops.

We also have a campus in Royal Oak offering Intensive Literacy, Health and Early Childhood Vocational qualifications.

15 Earl Richardson Ave Manukau 2104



info@futureskills.co.nz  Monday to Friday, 8:30am to 5:00pm

(09) 263 0302 For inquires and enrolments http://www.futureskills.co.nz All services free of charge.

No referral required.

**Classification : PACIFIC**

**Giraffe Early Learning Center**

FSD0024446 Last updated 05/11/2020

Giraffe ELC is a beautifully designed, purpose built Early Learning Centre located at 529 Mt Albert Road, Three Kings.

We are taking enrolments now for our opening in January 2021.

We welcome you and your child/children to what we trust is an early learning education in a nurturing and stimulating environment, that provides an extension of your family life and parenting goals, as well as a solid foundation for your child's future learning.

Your preschool child/children will have a full nutritional meal service from breakfast to dinner, experience high quality day care and a preschool education, where they participate in a wellresourced centre with a fun, supportive and challenging background to inquiry-based learning.

We offer a range of extra-curricular activities such as fencing, speech and drama, music, french, dancing classes on site for your little ones.

529A Mount Albert Road Three Kings Auckland 1042



info@gece.co.nz  Monday to Saturday from 7:00 am to 6:30pm (0800) 309 000 and Sunday from 9:00am to 6:30pm excluding http://gece.co.nz public holidays.

Some charges may apply. No referral required.

**Glen Eden Community House Inc**

FSD0017552 Last updated 04/05/2021

The Glen Eden Community House provides local people with opportunities to participate in and experience a mix of social, educational, cutural or recreational activities

13 Pisces Road Glen Eden Auckland 0602



manager@glenedencommunityhouse.co.  Monday to Friday 9.00 am to 4.00pm nz Some charges may apply.

(09) 818 2194 Referral may apply.

(09) 818 2198 http://glenedencommunityhouse.co.nz

**Classification : OSCAR**

**Good Seed Trust**

FSD0017872 Last updated 26/01/2021

Good Seed Trust's mission is to provide quality care & learning experiences for children, youth & families. We have three early children centres in Mangere, Mt Wellington & Glendene. Our family support team operates 4 vans in Mangere to transport children. We run a community playgroup in Mangere.

The Trust also operates OSCAR approved programmes - Afterschool and Holiday programmes in Mangere, and Afterschool care at Panama Rd School. Fathers & Kids Events are held quarterly.

SuperGrans is being established in Mangere and Riverside through Good Seed Trust.

18A Mervan Street Mangere East Auckland 2024



info@goodseedtrust.co.nz  Monday to Friday

|  |  |
| --- | --- |
| (09) 275 1065 (027) 503 2470 http://www.goodseedtrust.co.nz    **Classification : OSCAR** | 7am to 6pm  Some charges may apply.  No referral required. |

**Great Potentials - Papakura Family Service Centre**

FSD0003679 Last updated 03/11/2020

Papakura Family Service Centre has integrated health, education and support services for children and parents and is part of the Great Potentials Foundation.

14 Maurice Street Papakura Auckland 2110



(09) 299 6610  Monday - Friday 9am - 4.30pm http://www.greatpotentials.org.nz Some charges may apply.

Referral may apply.

**Great Potentials - Takanini Family Service Centre**

FSD0022363 Last updated 17/07/2020

We offer a range of social services and programmes to the community including counselling, parenting programmes, playgroup, English literacy classes. Most of our services/programmes are free however a small koha may apply to some.

8 Oakleigh Avenue Takanini Auckland 2112



fsc.info@greatpotentials.org.nz  9am - 4.30pm

(09) 974 4719 Monday to Friday

(021) 882 970 Some charges may apply. http://www.greatpotentials.org.nz/ No referral required.

**Green Bay Community House**

FSD0018417 Last updated 16/07/2020

At the Green Bay Community House we provide a welcoming place for people of all ages. Our Community House is a place to build friendships, aspire to learn new things and share skills.

1 Barron Drive Green Bay Auckland 0604



gbcommunityhouse@gmail.com  9am - 2pm

(09) 827 3300 Some charges may apply. http://www.greenbaycommunityhouse.co. No referral required. nz

**Classification : OSCAR**

**Grey Lynn Community Centre**

FSD0021925 Last updated 09/04/2021

Provides a play group and OSCAR school holiday programme for children. Our purpose is to be the ‘hub’ in Grey Lynn, where our community meets to learn skills and get to know each other, forming an integrated and supportive community.

The Centre is a place that is welcoming, comfortable and accessible to all who want to use it. Our primary community includes the people of Grey Lynn, Westmere and Arch Hill.

510 Richmond Rd Grey Lynn Auckland 1021



office@greylynn.org.nz  Office Hours - Monday - Friday 8.30am until

(09) 378 4908 4.30pm

(027) 271 7210 after hours Some charges may apply. http://greylynn.org.nz No referral required.

**Classification : OSCAR**

**HappyTots In home Childcare**

FSD0020937 Last updated 17/09/2020

HappyTots is licensed and funded by the Ministry of Education, which means families can access our programme at no cost to children, caregiver, and whanau who qualify.

If you are grandparents who are looking after your grandchild, you may qualify for our programme.

Our programme includes:

Non income tested subsidy to every child of up to $4.2 per hour

Free access to our toy library

Individual learning programme designed for your child

Free monthly visit from registered ECE teacher to help you on education

Free first aid training

Free monthly organised activities

Suite 1, Level 1, Annex Building 27 Gillies Ave Epsom Auckland 1023



info@happytots.co.nz  Monday to Friday 8.30am-4.30pm (0800) 208 000 All services free of charge. http://www.happytots.co.nz No referral required.

**Hearts & Minds**

FSD0003428 Last updated 11/09/2020

Hearts & Minds is a community development organisation promoting mental health and community wellbeing. Services include: Wellbeing and Resilience groups and workshops; Health and Support

Navigation; Community Development; Community Volunteering; Global Food and Friends; Support for migrants and newcomers and Strengthening Families.

Level 1 65 Pearn Crescent Northcote Auckland 0627



info@heartsandminds.org.nz  9.00 am - 4.00pm Mon-Fri (09) 441 8989 All services free of charge. http://www.heartsandminds.org.nz No referral required.

**Hibiscus Coast Parents Centre Inc**

FSD0007311 Last updated 07/10/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community. hibiscus.coast@parentscentre.org.nz  Please use our Facebook page to make contact.

(021) 0882 9339 https://www.facebook.com/hibiscuscoastp We respond to contact twice a week, our

arentscentre courses run 8 times a year with short courses in

between.

Some charges may apply. No referral required.

**Highbury Community House Inc**

FSD0015253 Last updated 07/09/2020

To enhance social and cultural well-being by providing accessible and affordable opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to make friends, meet people, learn, contribute and participate in the local community.

Highbury Community House & ELC 110 Hinemoa Street Birkenhead North Shore 0626 manager@highburyhouse.org.nz  Office hours 9.00am - 2.30pm Mon - Fri



|  |  |
| --- | --- |
| (09) 480 5279  (09) 480 5239 http://www.highburyhouse.org.nz | Community House is available for hire 7 days a week  Early Learning Centre open times 9.00-2.30 term time only  Some charges may apply.  No referral required. |

**Hillary Outdoors Education Centres**

FSD0023637 Last updated 24/10/2020

Hillary Outdoors provides leading outdoor education programmes and events. Our purpose is youth learning through adventure. We help young people experience the outdoors through our programmes and nationwide events, we train students to become leaders in the outdoors, and we up-skill outdoor specialists.

31D Bartley Terrace Devonport Auckland 0624



sallyt@hillaryoutdoors.co.nz  Monday - Friday 8.30am - 5.00pm

(0800) 688 843 Some charges may apply.

(09) 973 4740 No referral required. http://hillaryoutdoors.co.nz

**Hindu Niwas**

FSD0019247 Last updated 17/01/2021

Hindu Niwas aims to provide the most effective, financially and socially sustainable emergency, social and affordable housing and espouse the best provider reputation in New Zealand. Our service provides social & residential services and various activities throughout Auckland.

74 Retreat Drive Mangere Manukau 2022



hinduniwas@gmail.com  Office time 9am to 5pm.

(09) 275 1003 Emergency accommodation contact telephone

(021) 052 0323 Number 0800 275 100

Some charges may apply. Referral may apply.

**HIPPY North Shore**

FSD0024445 Last updated 06/11/2020

Community Education Foundation supports New Zealand Families to nurture their children and provide the opportunities and resources to help children and families to get what they suppose to have in today’s New Zealand modern societies.

Our service will take a holistic approach on how to achieve the best possible outcome for the children and the families. From their basic needs such as food to early childhood education.

HIPPY

Hippy is a home-based programme that supports parents to be involved in their children's learning.

Parents help their children to develop cognitive skills including language, problem solving, logical thinking, percepetual and other school readiness skills. All HIPPY activities can be linked to learning outcomes in the early childhood curriculum framework, Te Whaariki, or the New Zealand Curriculum Framework for primary schools.

 Suite 2 179A Archers Road Hillcrest Auckland 0629

jenny@vulnerable.org.nz  Monday to Friday 9-3pm except public holidays (027) 233 9788 All services free of charge. https://vulnerable.org.nz/activities/early- No referral required. intervention

**Hohepa Auckland**

FSD0019752 Last updated 19/11/2020

Services for people with intellectual disabilities: Residential Services (including a specialised service for Prader-Willi syndrome), Vocational and Day Services, Transition Services, Individualised Services.

50 Atkinson Road Titirangi Auckland 0604



michelle.ashby@hohepa.com  Some charges may apply.

(09) 555 5050 No referral required. http://www.hohepaauckland.com/

**Howick Leisure Centre**

FSD0022362 Last updated 21/07/2020

Howick Leisure Centre provides Holiday programmes during school holiday periods.

We also offer recreation activities for all ages. We have a fitness centre/gym as well as a child care facility that services the community.

563 Pakuranga Road Highland Park Auckland 2010



howickleisure@aucklandcouncil.govt.nz  Monday - Friday 7.30am-7.00pm

(09) 261 8436 Weekends 8am-4pm

https://aucklandleisure.co.nz/locations/ho Some charges may apply. wick-leisure-centre/ No referral required.

**Classification : OSCAR**

**Immanuel Preschool - Favona Road**

FSD0023468 Last updated 12/04/2021

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

15 Favona Road Favona Auckland 0600



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

|  |  |
| --- | --- |
| (09) 962 5237 (0800) 338 583 http://www.immanuelpreschool.ac.nz      **Immanuel Preschool - Mangere** | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply. No referral required. |
| FSD0023462 | Last updated 12/03/2021 |

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

55 Hokianga Street Mangere East Auckland 2024



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

|  |  |
| --- | --- |
| (09) 277 9409 (021) 022 45322 http://www.immanuelpreschool.ac.nz | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply.  No referral required. |

**Immanuel Preschool - Otara**

FSD0023461 Last updated 12/04/2021

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

55 Clayton Avenue Otara Auckland 2023



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

|  |  |
| --- | --- |
| (09) 271 1412 (021) 022 45322 http://www.immanuelpreschool.ac.nz | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply.  No referral required. |

**Immanuel Preschool - Papatoetoe**

FSD0023460 Last updated 23/03/2021

To provide great opportunities to bring out the best from each child. We are highly focused on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

184 Portage Road Papatoetoe Auckland 2025



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

|  |  |
| --- | --- |
| (021) 022 45322 (09) 279 4879 http://www.immanuelpreschool.ac.nz | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply.  No referral required. |

**Inner City Women's Group**

FSD0003518 Last updated 09/10/2020

Inner City Women's Group are DV specialists who provide programmes and support that empower women affected by domestic violence and abuse. Our services are free and available Auckland wide to any women.

|  |  |
| --- | --- |
| tammy@icwg.org.nz  (09) 360 4933  (09) 279 8727 http://www.innercitywomensgroup.org.nz    **Classification : FVSS**    **Iosis** | 8:30am - 4:30pm, Monday to Friday Koha/donation may apply. Referral may apply. |
| FSD0003294 | Last updated 17/12/2020 |

Iosis is committed to transforming family life for good. Many families who access our services have complex issues and needs with limited resources. We provide a range of services addressing issues of parenting, family violence, relationships, safety of children, housing, finances, education, addictions etc, We are based in Manurewa and work across South Auckland.

Merivale Whanau Development Centre is a parenting residential programme for women and children. These families are referred by Oranga Tamariki and engage in our programme for a minimum of 6 months. It is our hope that through their engagement and successful completion these mothers will retain the care of their children. Referrals can be received from across the greater Auckland region and in some circumstances beyond Auckland.

112C Russell Road Manurewa Manukau City



enquiries@iosis.org.nz  Monday to Friday 8:30am to 5:00pm

(09) 269 0050 Some charges may apply. http://www.iosis.org.nz Referral may apply.

**Classification : BFC, FVSS, PACIFIC**

**Kelston Deaf Education Centre**

FSD0003374 Last updated 04/02/2021

Residential special school for the Deaf. Service provider for the Deaf students and their family and whanau.

3 Archibald Road Kelston Auckland 0602



kdec@deafeducation.nz  8.00am-4.30pm, Monday-Friday

(09) 827 4859 Some charges may apply. http://www.kdec.school.nz No referral required.

**Kiddie Academy ELC**

FSD0024444 Last updated 02/11/2020

Kiddie Academy is a beautifully designed, purpose built Early Childhood Education and Day Care Centre in Pukekohe.

We welcome you and your child/children to what we trust is an extension of your family life; one that understands the importance of maintaining a close relationship between your preschool child, their teacher and the family.

Your child/children will have a full nutritional meal service from breakfast to dinner and experience high quality care and early childhood education in a well-resourced centre in a nurturing, fun, loving and challenging environment.

Our well-equipped facilities will create a stimulating environment where children can feel safe and learn through their play in a natural and un-hurried way.

Our vibrant and qualified teaching team will be the best buddy when your child/children are away from home and provide inquiry based learning to stimulate their developing brain.

93 Victoria Street Pukekohe 2120



info@kece.co.nz  Monday to Friday 7am - 6pm except public

|  |  |
| --- | --- |
| (0800) 207000 http://www.kece.co.nz | holidays  Some charges may apply.  No referral required. |

**Kidz First Centre for Youth Health**

FSD0015243 Last updated 23/12/2020

Kidz First Centre for Youth Health is a team of health professionals who provide advice and support for young people aged 12-24 years, along with their whaanau/families. Our team includes nurses, doctors, social workers and youth health workers. We provide support to young people experiencing health issues that have a significant impact on their lives.

95 Wiri Station Road Wiri Auckland 2104



cfyh@middlemore.co.nz  Monday to Friday, 8.00am to 4.30pm

(09) 261 2272 Some charges may apply. http://www.countiesmanukau.health.nz/ Referral may apply.

**KiwiKapers Care and Education Centre**

FSD0022533 Last updated 02/12/2020

Kiwi Kapers founders Gail Lasenby and her husband opened the centre in 1989 with the intention of providing a friendly and approachable business for working families looking for a safe and interactive early learning environment for their children.

We offer 20 ECE hours free for all children aged 3 and above and can help parents with the application process for Work and Income subsidies if required.

We are open from 7.30am - 6.00pm Monday - Friday including school term breaks. We close for 2 weeks over the Christmas period.

51 Rosier Road Glen Eden Auckland 0602



kiwikapers@xtra.co.nz  Monday - Friday (09) 818 7741 7.30am - 6.00pm

http://www.kiwikaperspreschool.co.nz Some charges may apply.

No referral required.

**Kowhai Kids Early Learning Centre**

FSD0024460 Last updated 24/11/2020

High quality childcare and education at an affordable rate. Family owned with fantastic teacher: child ratios, spacious indoors with generous outdoor playground backing on to a bush reserve.

 265 Albany Highway Rosedale Auckland 0632

|  |  |
| --- | --- |
| office@kowhaikids.co.nz  (09) 415 1665 (021) 810642 http://kowhaikids.co.nz | Monday to Friday, 6.45am to 5.30pm Some charges may apply.  No referral required. |

**Li'lChamps Early Learning Centre**

FSD0022655 Last updated 12/10/2020

This a center with a difference. This is run by team of educational specialists. We are a childcare/ daycare center . We provide quality care and learning for children aged 0-5yr. We offer free 20 hrs ECE sessions to children aged 3yr and over. We serve healthy meals cooked by our experienced cooks.

431 Great South Road Papatoetoe Auckland 2025



Admin@lilchamps.co.nz  Opening hours: Monday- Friday 7.30am-

|  |  |
| --- | --- |
| (021) 033 8301 (09) 277 2556 http://www.lilchamps.co.nz      **Lighthouse Preschool** | 6.00pm  Some charges may apply. No referral required. |
| FSD0019297 | Last updated 20/10/2020 |

Lighthouse Preschool is a fun, loving and brilliantly resourced private early learning centre in Howick/Highland park.

We cater for 6 months to 5-6 years and have a strong focus on whanau, relationships and the holistic development of the child.

69 Hutchinsons Road Howick Auckland 2014



lighthouse\_preschool@xtra.co.nz  7:30 - 5:30 Monday - Friday

(09) 535 3095 Some charges may apply. http://www.lighthousepreschool.co.nz No referral required.

**Literacy Aotearoa - National Office**

FSD0004094 Last updated 27/08/2020

Literacy Aotearoa is a national provider, delivering literacy services from Kaitaia through to Invercargill.

Literacy programmes and services are delivered in a wide range of contexts including small and large workplaces, whanau, prisons, vocational, health and disability sector, Training Opportunities and Youth Programmes. Delivery methods include one to one and small group, delivered at times and in locations that suit the needs of the learner.

Literacy Aotearoa also provides a range of training and professional development programmes to organisations and practitioners who are working or wish to work in the adult literacy sector.

Level 1, Compass House 162 Grafton Road Grafton Auckland 1010



admin@literacy.org.nz  Monday to Friday, 9am-5pm.

(09) 302 0817 All services free of charge.

(0800) 900 999 No referral required. http://www.literacy.org.nz

**Literacy Aotearoa, Auckland North**

FSD0020522 Last updated 21/12/2020

Literacy Aotearoa is ...

a national organisation of adult literacy providers and is a leading commentator on literacy issues in Aotearoa (New Zealand).

Our definition of literacy is...

Literacy is listening, speaking, reading, writing, numeracy and critical thinking, interwoven with the knowledge of social and cultural practices.

Literacy empowers people to contribute to and improve society.

96 Bentley Avenue Glenfield Auckland 0629



info.c2@literacy.org.nz  Monday to Friday. 9.00 am - 3.30 pm (022) 359 6007 All services free of charge. https://www.literacy.org.nz/ No referral required.

**Literacy Aotearoa, Pukekohe**

FSD0000942 Last updated 16/04/2021

Mission

Literacy Aotearoa is established to develop, promote and deliver accessible, quality literacy services designed to ensure the peoples of Aotearoa are critically literate and able to realise their full social, cultural and economic potential.

Kaupapa

Literacy Aotearoa will honour Te Tiriti o Waitangi\* by operating in accordance with Tino Rangatiratanga and guided by Manaaki Tangata.

2 Wesley Street Pukekohe 2120



info.c2@literacy.org.nz  Monday - Friday 9:00 to 4:00

|  |  |
| --- | --- |
| (09) 239 0316 (027) 2734263 http://www.literacy.org.nz/      **Literacy Waitakere** | Or by appointment outside these hours.  All services free of charge. No referral required. |
| FSD0016182 | Last updated 20/10/2020 |

To develop, promote and deliver accessible, quality literacy services designed to ensure the peoples of Waitakere are critically literate and numerate.

Our definition of literacy is listening, speaking, reading, writing, viewing, presenting, numeracy, critical thinking and digital skills, interwoven with the knowledge of social and cultural practices. We recognise our obligations under the Treaty of Waitangi and aim to operate within this partnership.

Level 1 3055 Great North Road New Lynn Waitakere



info@literacywaitakere.org.nz  Monday - Friday 9am - 4pm

(09) 825 0220 All services free of charge.

(022) 091 9499 No referral required. http://www.literacywaitakere.org.nz

**Little Loves Early Learning Centre**

FSD0023836 Last updated 11/02/2021

Little Loves childcare / pre-school is located in Ranui, West Auckland where we provide quality childcare service and safe supervision to 0 to 5 years old children. High-quality early childhood education is an essential to support social, emotional and cognitive development of children. Every child deserves the best start in life.

32 Pooks Road Ranui Auckland 0612



info@littleloves.co.nz  7am to 6pm

|  |  |
| --- | --- |
| (09) 666 2020  (020) 404 04020 https://www.littleloves.co.nz      **Mad Ave Community Trust** | Monday to Friday  Some charges may apply. No referral required. |
| FSD0023364 | Last updated 13/01/2021 |

Mad Ave Community Trust is an NGO that is committed to activating thriving communities.

111 Apirana Ave Glen Innes Auckland 1072



tamati@madave.co.nz  Monday - Friday

(021) 025 04776 9.00 - 5.00pm

http://www.madave.co.nz Koha/donation may apply.

Referral may apply.

**Manawanui Oranga Hinengaro**

FSD0003642 Last updated 06/07/2020

We are the Auckland District Health Board Kaupapa Maori Mental Health Service for adults aged 17 - 65. We provide a range of clinical and support services as well as an extensive therapeutic group programme. This service is available to people who live within the Auckland District Health Board locality.

11 Sutherland Road Point Chevalier Auckland City



(09) 845 3084  Monday to Friday, 8.30am - 4.30pm (0800) 845 308 All services free of charge.

Referral may apply.

**Mangere Budgeting Services Trust**

FSD0005954 Last updated 01/10/2020

We are a not-for-profit, social service providing Budgeting, Education, Housing Advocacy, Food

Parcels (criteria applies) and Social Service Support to the community of Mangere and South Auckland. We are also a Lead Agency for Strengthening Families.

59B Mahunga Drive Mangere Manukau 2022



appointments@mangerebudgeting.org.nz  Monday to Friday. 9am to 4pm. Financial

(09) 275 2266 capability: AUCKLAND CENTRAL and SOUTH http://www.mangerebudgeting.org.nz ONLY.

All services free of charge. No referral required.

**Classification : BFC**

**Mangere Community House**

FSD0016117 Last updated 19/11/2020

Developing programmes to meet the needs of the community.

141 Robertson Road Mangere East Auckland 2024



fatima.vaaga@aucklandcouncil.govt.nz  Office hours Wednesday - Friday 9am - 5pm, or

(09) 275 4920 Tuesday 9 am-3 pm

Some charges may apply. No referral required.

**Mangere East Community Centre**

FSD0005829 Last updated 30/04/2021

We provide a variety of programmes for families in the community. Before and After school Care,

Holiday Programmes, Community Education and Study Support (ACCESS) programmes at the

Mangere East Community Centre. Community Classes include, English for Speakers of other Languages, Zumba, Samoan, Salsa, Fitness, Cook Island Dance, Ukulele, Korowai, Parenting Programmes, Te Reo Maori, Tai Chi.

372 Massey Road Mangere East Manukau



info@mangereeast.org  7.00am - 6.00pm Monday to Friday

(09) 275 6161 Some charges may apply.

(029) 773 0146 No referral required. http://www.mangereeast.org

**Classification : OSCAR**

**Manukau Insitute of Technology Children's Education Centre**

FSD0023110 Last updated 18/08/2020

Manukau Insitute of Technology Children's Education Centre aim is to provide the best learning and nurturing environment for your child, to support parents and caregivers and be accessible at all times. Working alongside qualified and passionate educators, children will discover the joys of learning exploration, peer tutoring, through research and play. Children will be resilient through opportunities to problem solve, taking risks, compromise, and negotiate within a peaceful and respectful environment.

NE Block, Gate 11 - Otara Rd Otara Auckland 2023



child.centre@manukau.ac.nz  Childcare 7.30am-5.00pm Mon-Friday

(09) 968 7715 Some charges may apply. https://www.manukau.ac.nz No referral required.

**Manukau Institute of Technology, School of Service Industries**

FSD0021371 Last updated 04/12/2020

School of Service Industries at Manukau Institute of Technology offers a range of programmes and courses to assist people prepare for employment and/or further studies. A number of programmes assist people with language, literacy, numeracy, financial and digital literacy including computing skills where people need them. There are number of programmes which are free for eligible applicants.

 NT Block, Gate 14 118 Alexander Crescent Otara Auckland 2023 vaughan.lovelock@manukau.ac.nz  9:00am to 4:30pm Monday to Friday

(09) 976 0225 All services free of charge.

(021) 904 578 Referral may apply.

https://www.manukau.ac.nz/study/shortcourses/preparation-for-employment-andeveryday-life

**Manurewa Parenting Hub Inc.**

FSD0021535 Last updated 25/08/2020

A community free of violence, where families have a strong sense of belonging, feel valued and supported by coming together to build skills and confidence to take their families forward. Hub programmes focus on building parenting skills, providing educational support for families, promoting active and healthy lifestyles and building community capacity.

29 Greenmeadows Avenue Manurewa Auckland 2102



manager@parentinghub.org.nz  Please phone the Manager on 021 296 8625 for (021) 296 8625 a current programme. Contact Us online form is http://www.parentinghub.org.nz available on website.

All services free of charge. No referral required.

**ME Family Services**

FSD0003564 Last updated 19/03/2021

Our Mission:

ME Family Services offers young children and families a safe haven and the inspiration to develop their life skills, their enjoyment of life and their participation in a just and caring society.

16-18 Ferguson Street Mangere East Auckland 2024



mefsc@mefsc.org.nz  Mon - Fri 8.00am - 4.00pm

(09) 256 0810 Some charges may apply.

(09) 281 5805 Referral may apply. http://www.mefsc.org.nz

**Migrant Action Trust**

FSD0015982 Last updated 15/04/2021

Support migrants and former refugees successfully settle in NZ through finding employment, helping get an appropriate driver's license via the community driving school, giving away free blankets, provision of a community toy library and supporting various ethnic community groups.

766 Sandringham Road Extension Mt Roskill Auckland 1041 info@migrantactiontrust.org.nz  9 am - 5 pm Mon - Fri



|  |  |
| --- | --- |
| (09) 629 3500 (027) 229 35002 http://www.migrantactiontrust.org.nz | After hours and weekends by appointment Some charges may apply.  Referral may apply. |

**Ministry of Education, Learning Support, Auckland**

FSD0006541 Last updated 31/10/2020

We work with others to ensure children with additional learning needs have the opportunity to learn alongside their peers.

Level 1 102 Rosedale Road Albany Auckland 0632 enquiries.auckland@education.govt.nz  8.00am - 5.00pm Monday to Friday.



(09) 487 1100 All services free of charge.

(0800) 622 222 Referral may apply. https://education.govt.nz/ministry-ofeducation/specific-initiatives/specialeducation-update/

**Mothers Helpers**

FSD0022150 Last updated 10/11/2020

Mothers Helpers is a charitable trust established to help prevent postnatal depression (PND) in mothers who are at-risk, and to work towards wellness for mothers with existing PND.

Mothers Helpers:

* provides free, affordable and practical help for mothers with PND
* helps you understand how to manage PND
* helps prepare you for parenthood

COURSES AVAILABLE:

These courses are facilitated by counselling and social work students and are delivered in a support group environment.

Preparing for Parenthood: a 6-week course focused on helping soon-to-be parents prepare for the life-changing and wonderful experience of parenthood. This includes two one-on-one sessions with the parents.

PND Recovery Course: a 10-week course for mothers diagnosed with PND, covering:

* What is PND & Anxiety?
* Cognitive Behavioural Therapy
* Exercise
* Diet
* Risk factors
* Stressor & triggers
* Mindfulness
* Medication
* Self-care & self-esteem

Suite 7710 17B Farnham Street Parnell Auckland 1052



info@mothershelpers.co.nz  Operating hours Monday-Friday 9am-5pm

(0800) 002 717 http://www.mothershelpers.co.nz The best way to refer yourself or a mother to our

service, is through our online referral form,

https://www.mothershelpers.co.nz/referral-2/ Some charges may apply. No referral required.

**MSL Training**

FSD0021528 Last updated 15/09/2020

MSL Training is a South Auckland based tertiary educator, with over 13 years experience.

MSL delivers education and training in three main areas:

Service Sector courses Hospitality, Retail and Customer Service

English language, Literacy, Numeracy and Core Foundation Skills

Targeted training, career development and employment placement.

Our core business and organisational focus is in providing Foundation, Breakthrough and SecondChance Education to under-represented groups in the Auckland region.

MSL Training is a New Zealand government endorsed Category 1 provider with a dual ‘Highly Confident’ rating in our latest EER. This puts us among the most successful training providers in the country.

MSL has an outstanding track record of success and a real passion for what we do. An NZQA external review [EER] observed that “Programmes of study are clearly meeting the needs of the learner and are effectively delivered by competent, passionate, and caring staff”.

603 Great South Road Manukau Auckland 2241



info@msltraining.ac.nz  Office Hours: 8:30am - 5pm Monday through

|  |  |
| --- | --- |
| (0800) 22 44 38 (09) 263 6940 http://www.msltraining.ac.nz | Thursday  Friday close at 4:30pm All services free of charge.  Referral may apply. |

**Mt Royal Early Learning Centre**

FSD0023825 Last updated 28/01/2021

Mt Royal Early Learning Centre is a delightful childcare centre on Mt Royal Ave in Mt Albert catering for children from all backgrounds and pride ourselves on our links to the local Primary School and community. With only 24 children attending each day including four lovely babies, we are very much a “home away from home”.

Our programme is based around the New Zealand Early Childhood Curriculum, Te Whariki, and ensures that the full potential of your child is reached in a relaxed and an adaptable environment.

We acknowledge and celebrate the diversity of our community and embrace the different ethnic, linguistic and socio-cultural backgrounds from which our children come.

88 Mt Royal Avenue Mt Albert Auckland 1025



mtroyal88@hotmail.com  7:30am till 6:00pm Mon - Friday

(09) 849 7440 Some charges may apply. http://mtroyalelc.co.nz No referral required.

**Narrative Pathways**

FSD0018647 Last updated 13/04/2021

Specialist counselling and support for boys, teenagers (male and female), families, men and couples. LGBTI specialist and ACC registered with Youthline.

Since 1993 Nigel has provided counselling support in New Zealand, England and USA, including work as a School Guidance Counsellor, E.A.P Counsellor and couples / family therapist in his own practice in Auckland.

Nigel holds a Masters Degree in Counselling (Narrative Practice) and is a lecturer in the Bachelor of Social Practice Programme at Unitec, Auckland.

Nigel is available in-person in Auckland and online nation-wide.

In addition to counselling, Nigel provides clinical supervision to counsellors, social workers and others in senior roles within the helping professions, and Wellbeing seminars and workshops nationwide by arrangement.

10 Fontenoy Street Mount Albert Auckland 1025



nigel@narrativepathways.com  Fridays (during business hrs) but also some

(021) 834 413 evenings by special arrangement. http://narrativepathways.com

Call me to discuss your needs and we will find a time that works for us both. In-home appointments can also be arranged.

Some charges may apply. No referral required.

**Natural Fertility NZ**

FSD0003604 Last updated 31/08/2020

National organisation with clinics throughout New Zealand and a distance learning programme. NFNZ Educators teach an individual or couple how to assess their fertility requirements to either achieve or avoid pregnancy.

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| --- | --- |
| admin@naturalfertility.co.nz  (0800) 101 637 http://www.naturalfertility.co.nz      **Netsafe** | Please find your educator on our website.  Some charges may apply. No referral required. |
| FSD0005952 | Last updated 15/12/2020 |

We keep people safe online. Our service is free and confidential, and available to everyone seven days a week.

As New Zealand’s independent, non-profit online safety organisation we can help you. Whether you’re dealing with online bullying, scams or need advice about another online issue for yourself or someone else, we can support you.

Under the Harmful Digital Communications Act 2015, we can also provide support and advise how the law may apply to you if you're being harassed, abused or bullied online. Find out more at netsafe.org.nz/what-is-the-hdca.

Visit netsafe.org.nz for information on a range of online topics. There’s advice for parents, young people in fact everyone in New Zealand. You can contact the team in four ways.

Call toll-free 0508 NETSAFE (0508 638 723)

Email help@netsafe.org.nz

Fill out a report form netsafe.org.nz/report

Text ‘Netsafe’ to 4282

help@netsafe.org.nz  8am-8pm Monday to Friday. 9am-5pm on (0508) 638 723 weekends and public holidays. https://www.netsafe.org.nz/ All services free of charge.

No referral required.

**never2old Exercise Programme**

FSD0018457 Last updated 03/11/2020

To provide safe, fun, active opportunities for older adults, including resistance (weight) training, falls prevention, outdoor challenges, modified sport competition, education and social activities.

Visit website www.never2old.net.nz to locate other never2old providers in your area.

AUT Sport & Fitness Centre, Northcote Campus 90 Akoranga Drive Northcote Auckland 0627 phillipa.batts@aut.ac.nz  Contact 8.30am - 4pm (09) 9219999 x7615 Some charges may apply.



(021) 171 7043 No referral required. http://never2old.net.nz

**New Zealand Ethnic Women Inc**

FSD0022637 Last updated 08/01/2021

OSCAR Programmes offered by NZ Ethnic Women.

The New Zealand Ethnic Women Inc is established to implement activities to support the resettlement and integration of migrant and refugees into New Zealand. This is done through business enterprise activities for women in sewing, cooking and handcrafts, before and after school care programme for youth, play groups for young children, parenting seminars, up-skilling and finding job opportunities for men and women, at risk youth training, English classes for men, women and youth, workshops and cultural events etc. Many unemployed solo mothers from countries such as Somalia, Iraq, Pakistan, India, Ethiopia and Afghanistan have been involved.

Our long-term goal is for the successful settlement and support of refugee and migrant women and their families in New Zealand through the following key programmes:

Employment support programmes

Business enterprise

Youth intervention

Sewing school

Play group

Parenting programm

190 Stoddard Road Mt Roskill Auckland 1041



admin@nzethnicwomen.org  Monday to Friday

|  |  |
| --- | --- |
| (09) 8157373 (021) 214 6247 http://www.nzethnicwomen.org/ | 10.00am to 3.00pm  Some charges may apply.  No referral required. |

**New Zealand Red Cross Refugee Services- Manukau**

FSD0000698 Last updated 17/12/2020

Refugee Services (formerly RMS Refugee Resettlement) provides initial settlement services to the annual quota of 750 refugees who are rebuilding their lives in New Zealand. Our 3-strand model of service-delivery utilizes the combined strengths of our Professional Social Workers, Cross Cultural workers and trained community volunteers. We are also involved in public education, advocacy, contribute to policy development and support ethnic community development. We have a global responsibility in the development of international refugee resettlement policies and resettlement best-practice and attend the Annual Tripartite Consultations on Resettlement (ATCR) held in Geneva each year.

33 Lambie Drive Manukau Auckland 2104



aucklandsouth@redcross.org.nz  9.00am - 5.00pm, Monday to Friday

(09) 262 0942 All services free of charge. https://www.redcross.org.nz/about- Referral may apply. us/service-centres/

**North Shore Women's Centre**

FSD0003480 Last updated 29/01/2021

Information, support and referral service for women and girls from age 12. Providing social work support, counselling service, free legal clinic and clothing exchange. Personal development and interest classes during school term.

5 Mayfield Road Glenfield Auckland 0747



women.ctr@xtra.co.nz  Monday to Friday 9am - 3.30pm

(09) 444 4618 Some charges may apply. http://www.nswomenscentre.co.nz No referral required.

**Northern Health School**

FSD0008150 Last updated 19/06/2020

Provider of education to year 0-13 students with high health needs who will be absent from school for 10 days or longer.

Level 6, University of Otago House 385 Queen Street CBD Auckland 1010



admin@nhs.school.nz  8.30am - 5pm, during school term.

(09) 520 3531 All services free of charge.

(0800) 153 002 Referral may apply. http://www.nhs.school.nz

**NZMA Sylvia Park**

FSD0019772 Last updated 22/09/2020

NZMA’s School of Business and Hospitality Management is a 100 per cent New Zealand-owned private training provider. We have three schools in Auckland and one in Hamilton and offer industry-respected, NZQA-accredited certificate and diploma courses to domestic and international students.

SYLVIA PARK CAMPUS 56-60 Carbine Road Mount Wellington Auckland 1060 info@nzma.ac.nz  8am-5pm, Mon- Fri



|  |  |
| --- | --- |
| (0800) 222 833 (09) 309 7802 http://www.nzma.ac.nz/ | Online query and enrollment forms available on website  Some charges may apply.  No referral required. |

**Ohana Young Parent Charitable Trust**

FSD0021600 Last updated 17/07/2020

We are a charitable trust providing a parenting course for young parents in West Auckland.

Our Mission Statement:

Ohana Is for Young parents to learn to care and nurture their baby through becoming confident and self-assured. Young parents who know who they are, are resilient and feel nurtured themselves. Young parents, who can enjoy the love of parenthood, feel good about themselves and have ambitions and hopes for the future…

We also provide support and guidance for parents wishing to complete their NCEA levels 1, 2 and 3.

86 Kaurilands Road Glen Eden Waitakere 0604



info@ohana.org.nz  Open Mon-Fri 8.00am-4.00pm

(09) 818 5062 All services free of charge. http://www.ohana.org.nz No referral required.

**Orakei Marae Social and Health Services Inc**

FSD0023641 Last updated 07/09/2020

To provide social and health services to the iwi of Ngaati Whaatua and the wider community. We have whanau ora services and social services working with tamariki and their whanau. We also have pre sentence community services.

59C Kitemoana Street Orakei Auckland 1071



tumanako.whare@xtra.co.nz  Monday - Friday 9am - 12pm to public, other (09) 521 0123 times including weekends by appointment only (022) 432 0676 Some charges may apply. https://orakeisocialservices.wordpress.co Referral may apply. m/

**Order of St John - Youth Services**

FSD0015957 Last updated 23/10/2020

To provide a safe and secure environment where young people learn first aid, health care, self discipline and general life skills.

604 Great South Road Greenlane Auckland



youth.northern@stjohn.org.nz  Monday to Friday 8am - 5pm

(0800) STJOHN Koha/donation may apply.

(0800) 785 646 No referral required. http://www.stjohn.org.nz/What-wedo/Youth-Programmes/

**Otahuhu Town Hall Community Centre**

FSD0018822 Last updated 11/02/2021

To provide a place for community residents to enable them to meet in a drop in situation or take part in programmes that are organized to meet the needs of the community. To act with the Auckland Council and the Local Board concerning the use of the community centre,supplying monthly reports as directed. To promote cultural,educational and recreational activities in and for the benefits of all residents of the Otahuhu district. To set hireage that may be reasonable and appropriate at a level that is affordable by user groups and to change these charges when necessary. To provide a venue for social services and community networking needs.

10 High Street Auckland Central Auckland 1010



makeritaothcc@gmail.com  OSCAR Monday - Friday

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| --- | --- |
| (09) 276 7346  (09) 276 7343 https://www.otahuhutownhall.com/    **Classification : OSCAR** | Before care 6am - 8am  ASP 1.45pm - 6pm  School Holiday 8am - 6pm  Centre office Monday - Friday 9am - 3pm Some charges may apply.  Referral may apply. |

**Our Space Early Childhood Education Centre**

FSD0022418 Last updated 11/01/2021

Our Space is an early childhood education and care centre in Whangaparaoa, Hibiscus Coast. We are a privately owned centre licensed for 30 children. We take tamariki from 6 months to 6 year olds.

Our philosophy is based on a strong foundation of relationship. This is the base for both care and learning. The whnau is very much part of the centres life. We take your aspirations into account and look for your input in anything to do with your tamariki. We have a fish and chips evening with the parents in about February/March. We celebrate Matriki with a hangi and the whnau are invited.

We also have a Christmas Party at the end of the year.

We provide morning and afternoon tea and children bring in the lunchboxes everyday.

We take the children out of the centre quite regularly. The 3, 4 and 5 year olds attend a play at the Pumphouse once a year. They also have regular excursions to the beaches, the surrounding reserves as well as other activities such as strawberry picking.

5 Poplar Rd Whangaparaoa Auckland 0932



ourspacehbc@gmail.com  Monday to Friday 7 am to 6 pm

(09) 428 0978 Some charges may apply. (027) 434 3716 No referral required.

**Parents Centre New Zealand Inc - Auckland East**

FSD0007314 Last updated 09/04/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

info@aepc.org.nz  Some charges may apply.

(09) 537 0560 (answerphone) No referral required. http://www.parentscentre.org.nz

**Parents Centre New Zealand Inc - East and Bays (Auckland)**

FSD0007316 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

east.and.bays@parentscentre.org.nz  All services free of charge.

(09) 575 5998 No referral required.

(021) 710 499 https://www.parentscentre.org.nz/eastand-bays/index.asp

**Parents Centre New Zealand Inc - Franklin**

FSD0007322 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

franklin@parentscentre.org.nz  Monday to Friday

(09) 283 8513 Some charges may apply. http://www.parentscentre.org.nz No referral required.

**Parents Centre New Zealand Inc - Manukau**

FSD0007315 Last updated 25/08/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

manukau@parentscentre.org.nz  Some charges may apply.

(09) 267 1224 No referral required. http://www.parentscentre.org.nz

**Parents Centre New Zealand Inc - Onewa**

FSD0007307 Last updated 23/06/2020

Onewa Parents Centre encourages and empowers local families with childbirth education, new parent classes, parenting workshops, and community events. We are one of 46 centres within the wider Parents Centre New Zealand network and support parents in Birkenhead, Beach Haven, Birkdale, Glenfield, Bayview, Northcote, and Hillcrest.

Members enjoy a range of benefits including meeting other local parents, being part of our successful coffee groups, partner discounts and access to news and resources.

Rawene Centre | Level Three 33 Rawene Road Birkenhead Auckland



onewa@parentscentre.org.nz  Courses are held in the evenings and committee http://www.onewaparentscentre.org.nz is comprised of volunteers.

Some charges may apply. No referral required.

**Parents Centre New Zealand Inc - Waitemata**

FSD0007308 Last updated 11/03/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

waitemata@parentscentre.org.nz  Answer phone available at all times. Leave a

(09) 446 0959 message as we check it every day or two. http://www.parentscentre.org.nz Some charges may apply.

No referral required.

**Pasifika at Home Home-based childcare**

FSD0023370 Last updated 25/03/2021

There is a saying “It takes a village to raise a child”, and we at Pasifika at Home realise how important it is to find the right person to help raise your child. We will support you in finding an educator, who respects and practices the same family traditions, values, religious beliefs, and shares with your child on a daily basis, the culture that they are used to experiencing in their own home.

Pasifika at Home’s objective is to ensure that all children are educated and cared for in a warm, loving and homely environment. A place where they are free to play, explore and develop into confident, happy and emotionally enriched young members of the Pasifika community. The educators at Pasifika at Home will offer for your child the opportunity to develop good social skills through organised playgroups and interactions with other children in a small group settings.

32 McInnes Rd Weymouth Auckland 2103



info@pasifikaathome.nz  Office is open between the hours 9am - 4pm

(0800) 324 7437 Individual Educators have their own designated

(027) 886 8911 working hours

http://www.pasifikaathome.nz Some charges may apply.

No referral required.

**Classification : PACIFIC**

**Pasifika Education Centre**

FSD0003535 Last updated 22/03/2021

Since 1978, PEC is the first and oldest Pacific community provider in Aotearoa New Zealand with a Crown-appointed Board of Trustees.

PEC is a charitable trust and an NZQA Registered Private Training Establishment (PTE) that delivers NZQA accredited community-based Pasifika Language courses (in Kuki 'Airana - Cook Islands, Vosa Vakaviti - Fijian, Vagahau Niue - Niuean, Gagana Samoa - Samoan and lea-Faka Tonga - Tongan).

We provide Pacific knowledge and competency training in the workplace to employers effectively engage with Pacific employees, clients and communities.

We also have an online bookstore and a private reference collection.

Level 3, Westfield Mall Manukua (entrance @lift) 1 Leyton Way Manukau Manukau 2014



reception@pec.ac.nz  8:30 am - 8:00 pm weekdays during Term time (09) 260 4042 only, otherwise, normal working hours 8:30am -

http://www.pec.ac.nz 5pm

Some charges may apply. No referral required.

**Classification : PACIFIC**

**PAUA Poppetts Early Childhood**

FSD0015427 Last updated 24/11/2020

PAUA Poppetts ECE provides support and resources to the Caregivers/ Home Educators/Nanny's or Whnau carers of young children in the home. We aim to facilitate the growth and development of each child during the early years. We provide resources and support for home based Educators/Nannies to ensure that all who surround the child can create the best possible

environment for future growth.

info@paua.ac.nz (09) 376 7774

(021) 352 364 http://www.pauapoppetts.co.nz/ Service available 24/7

Some charges may apply. No referral required.

**Penina Trust**

FSD0023855 Last updated 19/01/2021

Penina Trust is a Non-Government Organisation that provides Mental Health & Addiction, and Housing services in the community.

Penina provides a wide range of services that include:

* Residential Rehabilitation Services (RRS)
* Youth Community Living Services (YCLS)
* Adult Community Living Services (ACLS)
* Cultural Support Services (CSW)
* Alcohol and Other Drugs Learning Development (AOD L&D)
* Awhi Ora (Primary Mental health)
* Transitional Housing Services (PHT)
* Social Housing Services (CHP)

186 Russell Road Manurewa Auckland 2102



admin@peninatrust.org.nz  8:30am - 5pm Monday - Friday

(09) 269 7989 All services free of charge. http://www.peninahealth.org.nz Referral may apply.

**Playcentre Aotearoa**

FSD0018567 Last updated 23/03/2021

Supporting families to provide early childhood experiences and education for their own, and other children in their communities. 'Whanau Tupu Ngatahi - Families Learning Together'

6A Glenside Ave Pakuranga Manukau



administrator@playcentre.org.nz  Weekdays 9am - 3pm

(027) 808 6360 Some charges may apply. http://www.playcentre.org.nz No referral required.

**Playgroup**

FSD0023732 Last updated 17/12/2020

Playgroups provide environments for children and parents to learn together. AKA playgroups operate 9:30am-12:30pm Tuesday, Wednesday and Thursday. Playgroup is completely free fro children 0-6 years.

Whakawhnaungatanga is at the heart of our playgroups for kids. We take pride in our communities: our identity, our beliefs and our values. As a whnau we endeavour to work together (Kotahitanga) making important decisions that will help with the day-to-day tasks of running the children’s play group, along with the support of the Playgroup coordinator.

All whnau are welcomed and children from birth to school age have a place to call their own. We welcome babies, toddlers, preschool and kindergarten aged children to participate in playgroup activities. An adult must stay with the child at community playgroup: Whnau have an important role to play in supporting children’s learning (Manaakitanga) and sharing in their achievements and challenges.

Level 5 Otago House 385 Queen Street Auckland 1141



info@playgroups.org.nz  Tuesday, Wednesday & Thursday, 9:30am-

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| (09) 373 1992 (027) 702 2539 https://www.aka.org.nz/playgroup      **Ponsonby U3A** | 12:30pm  All services free of charge. No referral required. |
| FSD0003669 | Last updated 06/04/2021 |

Ponsonby U3A is a branch of the nationwide (and worldwide) University of the Third Age, known as U3A. The U3A movement is essentially for senior people to partake in study and interest groups.

Meeting Venue: St Columba Centre 40 Vermont Street Ponsonby Auckland 1011 u3aponsonby@gmail.com  Monthly meeting is on the second Friday of the



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| (027) 289 5514  (09) 815 2460 (Lois) http://www.u3a.org.nz | month at 9:45am. Our email newsletter is available on request.  Some charges may apply.  No referral required. |

**Puawai Homebased Childcare**

FSD0020828 Last updated 29/09/2020

Puawai Homebased Childcare is an Early Childhood Education Service where Educators teach, nurture and care for your child in a safe, friendly environment.

166 Wellington Street Pukekohe 2120



puawai\_homebased@outlook.com  Office Hours Mon - Fri 9.00am-4.30pm (0800) 427 829 All services free of charge. http://www.puawaichildcare.co.nz/ No referral required.

**Classification : PACIFIC**

**Puna Ole Atamai Aoga Amata**

FSD0023054 Last updated 15/02/2021

We govern and manage Pasifika early childhood services in Mangere, Auckland.

5/29 Wickman Way Mangere Auckland 2024



punaoleatamai@gmail.com  Office open 8.30am to 2.30pm Weekdays

(09) 275 8430 Some charges may apply. (027) 757 9600 No referral required.

**Classification : PACIFIC**

**Quality Education Services**

FSD0021479 Last updated 29/04/2021

Quality Education Services Limited (QES) is a Private Training Establishment (PTE) based in

Auckland New Zealand. We provide education and training for youth and adult learners from our Manukau sites. Our organisation has been working hard in the south Auckland community for over 27 years.

Our mission is to improve the education and skill level of the community by providing high quality education and training within a student / client centered and supportive environment. We deliver six different programmes focused on working with people with little formal education and low foundation skills.

 10 Norman Spencer Drive Manukau Auckland 2164

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| --- | --- |
| info@qes.org.nz (09) 252 0055 (021) 290 0485 http://www.qes.org.nz/    **Classification : YS** | Weekdays 8.30am - 4.30pm All services free of charge.  Referral may apply. |

**Ranfurly Care Society Incorporated**

FSD0021850 Last updated 12/01/2021

We provide Residential and structured Activity day programme services for people with an intellectual disability as assessed by NASC. See the website for full details.

Ranfurly Care started in 1992 as a parent-based Society.

52-56 Ranfurly Road Auckland 1023



info@ranfurlycare.co.nz  Activity Centre hours are

(09) 630 3010

(09) 630 4108activity centre 8.00am to 4.00pm http://ranfurlycare.co.nz Some charges may apply.

Referral may apply.

**Ranui in Motion Trust**

FSD0021392 Last updated 13/07/2020

RIM Trust is an incorporated charitable trust which provides valuable services to Ranui and the greater Auckland. Two key Service providers are our Early Childhood Centre 'Puataunofo Aoga Amata' and our RIM OSCAR programs for 5-13 year olds.

35A Armada Drive Ranui Waitakere 0612



office@paa.org.nz  Monday - Friday 9am-5pm.

(09) 832 0033 Koha/donation may apply. http://www.puataunofo.org No referral required.

**Classification : OSCAR**

**RASNZ: Refugees as Survivors New Zealand**

FSD0003548 Last updated 14/01/2021

We provide mental health promotion services for refugees, information programmes, assessments, culturally appropriate counselling, psychotherapy and body therapy.

251 Massey Road Mangere East Auckland 1640



reception@rasnz.co.nz  Monday to Friday (8:30am-5pm)

(09) 270 0870 All services free of charge. http://rasnz.co.nz/ Referral may apply.

**Reach for the Stars Early Learning Centre**

FSD0022281 Last updated 10/08/2020

Reach for the Stars Early Learning Centre is a privately owned and operated early childhood centre run by hands-on owners Karyn and Bruce Poole and a team of dedicated early childhood teachers.

At Reach for the Stars Early Learning Centre we empower our children to become confident, independent lifelong learners by providing an engaging learning environment where children are given every opportunity, encouragement, guidance and support to ‘reach for the stars’, and to develop to their full potential. Children at our centre are shown love and nurtured while they learn with teaching principles based on established philosophies including Reggio Emilia and Magda Gerber.

If you would like to see if Reach for the Stars Early Learning Centre is right for your family, you can give us a call, send us an email or even just pop in and visit - our centre manager will be happy to show you around.

19 Canaveral Drive Rosedale Auckland



albanychildcare@reachforthestars.co.nz  Mon-Fri, 7:30am to 6:00pm

(09) 476 3950 Some charges may apply. http://www.reachforthestars.co.nz No referral required.

**Reading (English and Learning Disabilities)**

FSD0020697 Last updated 23/09/2020

Personal Description:

I teach nationally within New Zealand, and also internationally via Skype. I provide new learning theory, teaching techniques and learning resources.

My clientele:

1. English learning needs
2. Specific Learning Disabilities

Experience:

I am a former primary teacher and primary school principal.

Tutoring:

1, Listening and reading comprehension

2, English speaking 3, Working memory

4, Written expression

A unique, specialised library. 36 learning levels

4,000 handpicked, authentic books . Available for extensive, independent reading

SPECIFIC LEARNING DISABILITIES

NEW LEARNING THEORY AND PRACTICE NOT FOUND IN SCHOOLS

I provide an assessment of the learners overall control of reading. Most schools will only give you a word recognition assessment.

I successfully teach English learners of all ages I fully remediate:

Dyslexia

Dyspraxia

A.d.h.D

Down Syndrome

Auditory Processing Disorder

Working memory disorder

 D11 Westwood Estate 30 Westward Ho Road Kelston Auckland 0630

|  |  |
| --- | --- |
| readspeaknz@gmail.com  (027) 446 0821 https://www.readspeak.co.nz      **Reconnect Family Services** | Monday - Sunday 8 am - 8 pm Skype: john.david.callahan Some charges may apply. Referral may apply. |
| FSD0003740 | Last updated 09/02/2021 |

Reconnect provides a range of services for young people with challenging behaviours. These services include a national residential placement, therapeutic intervention and liaison around educational services for young people, specific youth justice mentoring and placement services and services in the area of supported bail in the Auckland region.

8 Puhinui Road Manukau



info@reconnect.org.nz  8am / 4pm Monday to Friday

|  |  |
| --- | --- |
| (09) 926 5360 http://reconnect.org.nz/ | Some charges may apply. Referral may apply. |

**Roopa Aur Aap Charitable Trust**

FSD0019584 Last updated 24/08/2020

Roopa Aur Aap charitable Trust is “Not for Profit” organisation. The organisation provides culturally appropriate counselling and other support services to the victims of family violence within the South Asian community in Auckland. The organization’s primary objective is to provide free counselling, support services, family advocacy with help of professionals, immigration help again with the help immigration advisers, interventions programmes for the victims of domestic violence and disputes, educating and empowering the weaker individuals and families of the South Asian community. Roopa Aur Aap Charitable Trust focuses on reducing discrimination, removes barriers, create opportunity and participation through workshops and support services.

1193B Dominion Road Mount Roskill Auckland 1041



roopa.suchdev@roopaauraap.org.nz  Monday to Friday - 10am to 4pm ( Physically)

|  |  |
| --- | --- |
| (09) 620 4606  (021) 665 609 http://roopaauraap.org.nz/ | All Seven day- 24/7 on phone number:  021665609  All services free of charge.  No referral required. |

**Roskill South Oasis Hub**

FSD0015562 Last updated 19/10/2020

To provide support for a network of early years services, improve the co-ordination and make access to these services easier for families with children pre-birth to 6 years of age.

Roskill South Oasis 56 Glass Road Mt Roskill Auckland 1041



thehub@roskillsouthoasis.org.nz  Monday to Friday

(09) 620 8079 8.30am to 12.30pm (021) 375 253 All services free of charge.

No referral required.

**Seedlings Education**

FSD0022911 Last updated 18/08/2020

We are a home-based education program offering support and guidance to people caring for children in the home.

3/12 Laidlaw Way East Tamaki Manukau 2016



info@seedlingseducation.co.nz  Monday - Sunday 6am - 8:30pm

(09) 273 5525

|  |  |
| --- | --- |
| (0800) 733 354 http://seedlingseducation.co.nz      **Sisters of Mercy Wiri** | 0800 SEEDLINGS  All services free of charge. No referral required. |
| FSD0005894 | Last updated 15/01/2021 |

Sisters of Mercy Wiri is a community based social service agency with a strong social justice and community development focus. We provide a range of services to meet the needs of children, families/whanau and the community.

 14 Trevor Hosken Drive Wiri Auckland 2104

|  |  |
| --- | --- |
| info@sistersofmercywiri.org.nz  (09) 263 6464 http://www.sistersofmercywiri.org.nz/ | 8.30am - 5.00pm Monday to Friday.  The service is predominantly for the people who live in Wiri/Manurewa.  All services free of charge.  No referral required. |

**Skills Update Training and Education Group**

FSD0021447 Last updated 14/08/2020

Skills Update Training Institute is a Private Training Establishment, registered and accredited by the New Zealand Qualifications Authority.

Founded in 1991, Skills Update Training Institute is a dynamic training organisation with one of the widest ranges of accreditation among NZ private Training establishments. The organisation operates from three branches and trains individuals for employment in various industries. Our courses aim to develop student’s skills and knowledge while also addressing identified needs within industry.

Our core operations cover adult and youth training courses that are funded by Tertiary Education Commission (TEC) and Ministry of Social Development (MSD). We also deliver a wide range of training under contract to several regional polytechnics and institutes of technology.

59 Tidal Rd Mangere Auckland 2022



qa@skillsupdate.co.nz  Monday - Friday from 8 AM till 4:30 PM

|  |  |
| --- | --- |
| (09) 275 3155 http://www.skillsupdate.co.nz      **Special Education Services** | All services free of charge. Referral may apply. |
| FSD0003890 | Last updated 25/03/2021 |

Special education services for children aged 5-21 with intellectual and physical disabilities.

48-52 Rosehill Drive Papakura 2113



office@rosehill.school.nz  Monday - Friday 8a.m. to 4p.m.

(09) 298 4569 Some charges may apply. http://www.rosehill.school.nz Referral may apply.

**SPELD NZ Inc - Auckland Local Liaison Group**

FSD0007471 Last updated 12/10/2020

SPELD NZ Inc offers one-on-one diagnostic assessment and specialised tuition for people with specific learning disabilities, including dyslexia. It also offers information, support, advice and training.

14 Erson Avenue Royal Oak Auckland 1061



northern@speld.org.nz  Office administration open 9am to 3pm.

(0800) 773 536 Some charges may apply. http://www.speld.org.nz No referral required.

**SPELD NZ Inc - Franklin Local Liaison Group**

FSD0007485 Last updated 01/09/2020

SPELD NZ Inc offers one-on-one diagnostic assessment and specialised tuition for people with specific learning disabilities, including dyslexia. It also offers information, support, advice and training.

|  |  |
| --- | --- |
| northern@speld.org.nz (0800) 773 536 http://www.speld.org.nz | Office administration open Monday to Friday, 9am - 3pm.  Some charges may apply.  No referral required. |

**SPELD NZ Inc. - National Office**

FSD0004143 Last updated 12/10/2020

SPELD NZ Inc offers one-on-one diagnostic assessment and specialised tuition for people with specific learning disabilities, including dyslexia. It also offers information, support, advice and training.

 14 Erson Avenue Royal Oak Auckland 1061

nationaloffice@speld.org.nz National Office administration open Monday to

(0800) 773 536 Friday, 9am-5pm. http://www.speld.org.nz Some charges may apply.

No referral required.

**Springboard Community Works**

FSD0020184 Last updated 30/09/2020

Primary Aims:

Empowering people who are disadvantaged.

Fostering community connection and wellbeing.

Mission:

To work with at risk youth and their families in Snells Beach, Warkworth, Wellsford and surrounding areas. To empower them with essential truths, skills, and mentors to facilitate personal transformation and connection to community. We have a number of programmes, services and partnerships that identify and work with families and youth to bring about the changes needed for positive living.

By providing proven wrap around support programmes, Springboard creates opportunities for young people to achieve positive outcomes and pathways to success. We focus on personal wellbeing by creating a place of belonging and celebrating one-to-one connections, whilst also engaging family and the wider community.

58 Hamatana Road Snells Beach Auckland 0920



mail@springboard.org.nz  Mon -Fri

(09) 425 4623 8.00-5.00

http://www.springboard.org.nz All services free of charge. Referral may apply.

**Classification : YS**

**St Elizabeth's Anglican Church in Clendon**

FSD0003443 Last updated 20/08/2020

Family support, home assessment & support, family advocacy plus JP services.

182 Finlayson Avenue Clendon Park Auckland 2103



office@steliz.co.nz  All services free of charge.

(021) 268 8441 No referral required.

https://aucklandanglican.org.nz/find-achurch/auckland-south/clendon/stelizabeths-clendon/

**Stand T Mia - Auckland Region**

FSD0007823 Last updated 03/08/2020

Vision: A World Strong with Children

Mission statement: To transform the lives of tamariki and whanau through healing trauma and restoring healthy, respectful and protective relationships so that they can thrive in their communities

Cnr Pigeon Mountain Road 1-9 Pigeon Mountain Road Half Moon Bay Manukau 2012



Auckland@standforchildren.org.nz  Office hours are Monday to Friday 8.00 am to

(09) 534 4017 5.00 pm. http://www.standforchildren.org.nz All services free of charge. Referral may apply.

**STRIVE Community Trust**

FSD0003775 Last updated 20/01/2021

STRIVE Community Trust is a long-standing social service provider based in Mangere and servicing the wider Manukau area. These services include Integrated Attendance Services; Counselling; Transitional Housing; Family Wellbeing; Financial Capability; Teen Dads; Sustaining Tenancies; Social Work in High Schools in Mangere, Otahuhu, Otara & Papatoetoe; Youth Development; Youth Services.

Unit 5 197 Montgomerie Road Mangere Auckland



info@strive.org.nz  8.30am to 5.00pm (09) 954 1548 Some charges may apply.

(021) 609 039 Referral may apply. http://www.strive.org.nz

**Classification : BFC, THP, YS**

**Sunny Days Community Pre School Inc**

FSD0022428 Last updated 06/07/2020

We provide an early Childhood education and care service to the parents and whanau of Helensville Township and surrounding areas.

Our Goal is to provide a safe, nurturing environment where a child’s needs and abilities are acknowledged and enhanced through exposure to a wide range of learning resources and experiences. At Sunny Days children will be given the opportunity to develop a positive self-image and experience success through developmentally appropriate activities in the aspects of mathematics, construction, language, literacy, social skills, music and movement, science and nature and arts and crafts. All of these are based on child-initiated interests within the centre.

Sunny Days has been operating for 28 years.

130 Commercial Road Helensville



sunnydays102@yahoo.com  Monday to Friday 7:30am to 5:30pm

|  |  |
| --- | --- |
| (09) 420 7253 (027) 245 0885 http://sunnydayspreschool.co.nz | Open all year round.  Some charges may apply.  No referral required. |

**Talented Tots Childcare - West Coast**

FSD0022604 Last updated 15/01/2021

Childcare provider in Glen Eden and Mt Albert areas. We offer free sessions for 3 and 4 year olds.

306 West Coast Road Glen Eden Auckland 0602



colleen@talentedtots.co.nz  7.30 am to 5.30 pm

(09) 818 6138 Some charges may apply.

(09) 818 9577 No referral required. http://talentedtots.co.nz

**Tamaki Community Development Trust**

FSD0021632 Last updated 11/02/2021

Our vision is '"partnership for change" We exist to partner with families, schools, Oranga Tamariki, and other agencies in the best interest of promoting overall wellbeing for families. Our intention is to provide longer term mentoring and support to assist families build capacity and become successfully independent. We also provide mentoring and counselling for at risk youth.

Our services are provided via referral only and we usually work through a child i.e. if we are working with a family it is because a child has been referred.

4A Court Crescent Panmure Auckland 1072



office@tcdt.net.nz  9.00am to 4.00pm daily (09) 570 4314 All services free of charge.

(021) 027 11458 Referral may apply. http://www.tcdt.net.nz

**Taonga Education Centre Charitable Trust**

FSD0019302 Last updated 02/02/2021

Mission Statement: “Totally acknowledging our next generation’s abilities”Taonga Education Centre is a Maori Teenage Mothers’ Education and Parenting Programme situated in the community of Manurewa. Non-Maori students are able to be enrolled, on the understanding that the programme is delivered from a tikanga Maori perspective.

11 Dalgety Drive Wiri Auckland 2104



admin@taonga.org.nz  Monday to Friday 8am - 5pm

(09) 269 2861 All services free of charge.

(0508) Taonga (826642) No referral required. https://taonga.org.nz/

**Te Aho O Te Kura Pounamu (Te Kura) - Auckland**

FSD0021112 Last updated 17/12/2020

We provide distance education from early childhood level to Year 13. Our learning advisors, teachers and in-region staff work with students, their whanau and communities to help our students achieve their potential.

Level 7 124 Vincent Street Auckland 1140



info@tekura.school.nz  Some charges may apply.

(0800) 65 99 88 Referral may apply. http://www.tekura.school.nz

**Te Ao Hou Community Childcare Centre Inc**

FSD0021682 Last updated 06/11/2020

We provide early childhood education to children from birth to 5 years. We offer up to 30 hours free early childcare education to children of all ages. Our experienced teachers are all qualified and fully registered. We are licensed for 28 children per day. We can assist with MSD childcare subsidy applications.

134 Elstree Avenue Point England Auckland 1072



teaohouchildcare@xtra.co.nz  7.30am to 5.30pm Monday to Thursday

(09) 527 8489 7.30am to 5.00pm Friday

Some charges may apply. No referral required.

**Te Ata West Auckland Mental Health Support Trust**

FSD0003615 Last updated 14/09/2020

A consumer support centre offering support, education, recreational, courses, information and networking for people in the West Auckland area who experience and or live with mental unwellness.

H2&H3 52 Keeling Rd Henderson Auckland 0612



te-ata@xtra.co.nz  Open Monday - Friday 9.30am - 3.30pm

(09) 837 0671 All services free of charge.

(09) 837 0670 Referral may apply. https://www.teata.org.nz/

**Te Roopu O Wai Ora Inc.**

FSD0021500 Last updated 23/09/2020

Te Kaupapa O Te Roopu O Wai Ora Inc. Child & Family Support Service aims to help, and support Youth ‘at risk’ and their families. By providing a culturally appropriate Service’s for youth ‘at risk’ in their own communities. Running local community club programmes, youth camps, early intervention programmes in local schools, and working with Oranga Tamariki supporting young people by providing one on one mentoring service.

6B Ryan Place Manukau Auckland 2104



Enquiries@teroopuwaiora.nz  Mon to Fri - 9am -5pm

(09) 2774513 All services free of charge.

(021) 491 256 Referral may apply. http://www.waiora.kiwi

**Te Tai Awa o Te Ora**

FSD0003732 Last updated 23/09/2020

To provide culturally appropriate services to whanau incorporating key values of Tika, Pono and Aroha. All staff have qualifications in social work and/or counselling and offer a range of services, information and assistance to individuals, couples and whanau. These include

* help and advocacy with budgeting and financial matters, social circumstances, e.g. housing,benefits
* the facilitation of programmes (Parenting, Stopping VIolence, support for people with alcohol andother drug related issues
* counselling for personal, relationship and whanau concerns
* We also have a Social Workers in Schools (SWiS) service with Social Workers based in 11Otara schools.

18 Otara Road Otara Auckland 2023



admin@taiawa.org.nz  Monday, Tuesday, Wednesday & Thursday 9 am

(09) 274 4220 - 5 pm

(027) 274 4220 Friday 9 am - 4 pm

http://www.taiawa.org.nz/ Some charges may apply.

Referral may apply.

**Classification : FVSS**

**Te Waipuna Puawai Mercy Oasis Ltd**

FSD0008245 Last updated 20/04/2021

Te Waipuna Puawai Mercy Oasis Ltd is a thriving community development initiative of the Sisters of Mercy New Zealand. We were established in 1999, building on a decade of highly respected community development work in Glen Innes.

We are committed to working with and alongside women, children and families who are in need.

We aim to improve lives of families by providing family support services and adult education.

We build supportive relationships with whanau by connecting them with others in the local community and developing a pathway to achieve and celebrate their goals.

Our Vision

Whakamana te oranga wairua o te tangata me te whenua.

Well-being for our communities and restoration of the earth.

Our Mission

Kia u ki te mahi kotahi whakarawea te mana wahine, te mana whanau me te mana iwi whanui.

Working together to strengthen women, strengthen families and strengthen community.

Ellerslie Site 12A Umere Crescent Ellerslie Auckland 1051



ceo@twp.org.nz  8.30am-5pm Monday to Friday.

(09) 527 6380(Glen Innes) Koha/donation may apply.

(09) 525 0337(Ellerslie) No referral required. http://www.twp.org.nz

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

 Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612

audrey.tinsley@waiwhanau.com 

(09) 836 6683 (0800) 924 942 https://www.waipareira.com/

**Classification : BFC, FVSS**

**Te Whare Awhina**

FSD0003741

Community social service centre

8.30am - 5.00pm Monday - Friday Some charges may apply. Referral may apply.

Last updated 04/02/2021

4 Tamworth Close Manurewa Auckland 2102 jaylene.ball@twa.org.nz  Office open 9am - 3pm, Monday - Friday.



(09) 267 2860 Some charges may apply. https://bookings.aucklandcouncil.govt.nz/f No referral required.

acilities/facility/te-whare-awhinacommunity-services-centre

**The Auckland Rugby Football Union Incorporated**

FSD0020589 Last updated 17/08/2020

Pro Sport Career Programme - Tertiary Education Provider for school leavers delivering the National Certificate in Recreation and Sport Core Skills Level 2 and school and community based activities and coaching programmes.

Level 6 North Stand, Gate B - Walters Rd Eden Park Auckland 1446



info@aucklandrugby.co.nz  8.30am to 5.00pm Monday to Friday

(09) 815 4850 All services free of charge.

(09) 815 4828 infoline Referral may apply. http://www.aucklandrugby.co.nz/

**The Fono North Shore**

FSD0023206 Last updated 01/10/2020

We offer a selection of community services for families from our community hub, located at 'Hearts and Minds' in the Norman King Building at 65 Pearn Crescent, Northcote.

First Floor, Norman King Building 65 Pearn Crescent Northcote Auckland 0627 socialservices@thefono.org  Mon-Fri: 8.30am-5.00pm



(09) 838 0746 Koha/donation may apply. http://www.thefono.org No referral required.

**Classification : PACIFIC**

**The Fono West**

FSD0003550 Last updated 28/09/2020

We offer a range of medical, dental, pharmacy, social and public health services. Our friendly, professional team are here to provide top quality service for everyone.

Head Office 411 Great North Road Waitakere City 0612



headoffice@thefono.org  Monday-Friday 8:30am-5pm

(09) 837 1780 Some charges may apply.

(0800) FONO4U Referral may apply. http://www.thefono.org

**Classification : BFC, FVSS, PACIFIC**

**The Fono West Central**

FSD0023205 Last updated 01/10/2020

We offer a range of medical services for the entire family. Some of our services are free to eligible patients while others are subsidised.

297 Blockhouse Bay Road Blockhouse Bay Auckland 0600



BHBmedical@thefono.org  Mon-Fri: 8.30am - 5pm

(09) 828 8421 Some charges may apply.

(0800) FONO4U No referral required. http://www.thefono.org

**Classification : PACIFIC**

**The Meditating Giraffe**

FSD0023440 Last updated 24/07/2020

Would you like...

Harmonious relationships both at home and at work?

To be heard and to hear others so a strategy can be found that works for you and for others involved?

To be able to make clear requests that give you what you want and not what you don’t want?

To heal past relationships that are impacting on your present life?

“The Meditating Giraffe” is committed to offering workshops & support based on the principles of NVC - Nonviolent Communication. This is the work of Dr Marshall B Rosenberg.

We work with organisations, smaller groups, families, couples, and individuals – supporting people to communicate, connect and move forward in a life serving way. We also offer Transformative Mediation.

|  |  |
| --- | --- |
| deb@meditatinggiraffe.co.nz  (027) 237 9657 (027) 341 0000 http://www.meditatinggiraffe.co.nz | All days 8am to 9:30pm Some charges may apply.  No referral required. |

**The Peace Foundation, Te Tuapapa Rongomau o Aotearoa**

FSD0003716 Last updated 21/10/2020

The Foundation offers a range of resources and programmes that encourage and promote alternatives to violence as a means to resolving conflicts.

Level 2 78 Pitt St Auckland 1010



peace@peacefoundation.org.nz  Monday-Friday, 10 a.m. to 5 p.m.

|  |  |
| --- | --- |
| (09) 373 2379 http://www.peace.net.nz | Some charges may apply. No referral required. |

**The Salvation Army - Waitakere Central**

FSD0008237 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

 7-9 View Road Henderson Auckland 0612

WaitakereCentral\_Corps@nzf.salvationar  Community and Family Services: 9.00am my.org 5.00pm, Monday to Friday.

(09) 837 4471 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required.

nz/auckland/waitakere/waitakere-centralcorps

**Classification : BFC**

**The Village Community Services Trust**

FSD0017247 Last updated 21/07/2020

The Village Community Services Trust (The Village) is a registered charitable trust lead by Auckland community leaders committed to serving the wider community with a strategic focus on marginalised individuals and communities, in particular at risk Pacific and Maori youth. The Trust mission is to support marginalized individuals and groups in our community by providing relevant and cutting edge programmes and services that give them hope and a future by maximising their potential.

At the very heart of the organisation is the creed that 'it takes a Village to raise a child'.

Underpinning this notion is the belief that we have a collective responsibility to play to reconnect the disconnected youths and individuals in our community into safe environments, discover pathways that lead to lives operating to their full potential.

24 Racecourse Parade Avondale Auckland 1026



(09) 828 6520  Mon to Fri 9am to 5pm

http://villagetrust.co.nz Some charges may apply.

Referral may apply.

**Toddlers Turf Childcare Centre Inc**

FSD0022420 Last updated 19/04/2021

Toddlers Turf Childcare Centre Inc aspires to be a front runner in the field of community based early childhood education. We plan to achieve this objective by working closely with parents, whanau, and the community and by providing a first class environment which values the future leaders of Aotearoa New Zealand.

 66 Trevor Hosken Drive Wiri Auckland 2104

officeadmin@toddlersturf.co.nz (09) 263 9680 http://toddlersturf.co.nz

**Toi Ora Live Art Trust**

FSD0003617

Centre is open Monday to Friday, 7.30 am to

5.30 pm Some charges may apply. No referral required.

Last updated 27/07/2020

TOI ORA is a creative space which provides art activity based recovery support with tutored classes in a broad range of arts practice for people that have experience of mental health issues.

6 Putiki Street Grey Lynn Auckland 1021



info@toiora.org.nz  Available 9:00am - 4:30pm. Monday to Friday

(09) 360 4171 All services free of charge. http://www.toiora.org.nz Referral may apply.

**Trend Tots**

FSD0024118 Last updated 10/11/2020

Our Mission at Trend Tots is to provide Inspirational and Safe “Boutique Childcare @ HOME” in a Relaxed, Focused, Trusting and Balanced Environment.

Our focus is, when the time comes, your child will be ‘online’ and ready for their next step of learning as they start their formal school journey.

Our core values are Education, Fun, Wellbeing, Whnau and Culture.

Our approach is to enrich those formative years, while providing a stable base.

Trend Tots “Boutique” Childcare in a home environment.

Level 1 5B/41 Smales Road East Tamaki Auckland 2013



info@trendtots.co.nz  Monday to Sunday 7:00am to 10:00pm (021) 965594 Some charges may apply. https://trendtots.co.nz/ No referral required.

**Tuilaepa Youth Mentoring Service**

FSD0019607 Last updated 19/02/2021

The Tuilaepa Youth Mentoring Service (TYMS) TYMS is a youth mentoring service (both individual and group) which works with at-risk youth, supporting them to achieve their full potential either academically or through training and employment.

Our TYMS vision is of Pasifika and Maori youth who feel a sense of belonging and pride in our communities living their full potential.

Our mission is to break the cycle of disengagement

TYMS partners with young people to create quality life paths and ensure they have the support networks, tools, resources, and life skills to navigate and succeed in education, employment or training.

Our approach to improving young people’s wellbeing is strengths-based, holistic (combining academic mentoring with family/student advocacy), and culturally appropriate, delivered by our Pasifika and Mori mentors and student/family advocates (all of whom are parents, certified youth workers with teaching experience and sporting backgrounds).

644 Swanson Road Swanson Auckland 0612



admin@tyms.org.nz  Monday-Friday 9am - 5pm

(09) 971 2746 Some charges may apply.

(021) 192 8607 Referral may apply. http://www.TYMS.org.nz

**University Health and Counselling Service**

FSD0003461 Last updated 18/08/2020

Counselling and general practice medical services at the University of Auckland.

Level 3, Kate Edger Information Commons 2 Alfred Street Auckland



uhsinfo@auckland.ac.nz  Monday, Tuesday, Wednesday & Thursday

(0800) 698 427 8:30am - 6:00pm (09) 923 7681 Friday 8:30am - 4:00pm http://www.auckland.ac.nz/healthandcoun Some charges may apply. selling No referral required.

**UpsideDowns**

FSD0023458 Last updated 25/02/2021

UpsideDowns helps fund speech language therapy for kids with Down syndrome. For children with

Down syndrome, learning to speak can be a real challenge. We're the UpsideDowns Education Trust, a charity established in 2003 by parents of kids with Down syndrome.

We're giving a voice to kids with Down syndrome all over New Zealand and equipping them with the skills to talk, read and write. By funding their speech language therapy, we're ensuring these kids have the best possible start to life.

The Trust plays a vital role in improving the learning development of the children, enabling them to integrate better into the community and enrich their lives.

4 Stilwell Rd Mt Albert Auckland 1025



info@upsidedowns.co.nz  Monday, Wednesday, Thursday, Friday, 8.30am

(022) 123 0944 - 5pm

http://upsidedowns.co.nz Some charges may apply.

No referral required.

**Vaka Pasifika Charitable Trust**

FSD0021525 Last updated 09/11/2020

Vaka Pasifika is a charitable Trust set up with the mission and vision to “empower Pacific Island People to take charge of their lives and those of their family(s) to enjoy and participate in developing New Zealand Society”.

Unit 3 9 Northside Drive Westgate Auckland 0814



info@vakapasifika.org.nz  Monday - Friday

(021) 029 00701 9am - 5pm

http://www.vakapasifika.org.nz All services free of charge.

No referral required.

**Classification : FVSS, PACIFIC**

**Village Collective**

FSD0003715 Last updated 18/09/2020

A Health and Sexual Reproduction Service promoting a positive view of sexuality. Has two contracts; 1. Provides comprehensive educational programmes to communities;

2. Operates a clinical school-based mobile clinic to South Auckland schools.

info@villagecollective.org.nz  Some charges may apply.

(021) 316 746 No referral required. https://www.villagecollective.org.nz

**Classification : PACIFIC**

**Wee Wisdom Montessori Drury**

FSD0022636 Last updated 26/12/2020

Montessori Pre-school catering for children 6 months - 6 years old. We offer long day/short day and sessional classes in a beautiful purpose built classroom with large play areas and qualified Montessori and ECE teachers. Montessori is truly the best start for your child to develop a lifelong love of learning.

159 Great South Road Drury Auckland 2113



managerdrury@weewisdommontessori.co  7.30am-5.30pm

.nz Some charges may apply.

(09) 294 7978 No referral required.

(022) 043 0310 http://www.weewisdommontessori.co.nz/

**Wellsford Preschool Education Centre**

FSD0022505 Last updated 03/01/2021

We are a preschool centre and provide care and education from 3 months old to 5years old. We are a purpose built centre with large outdoor and indoor areas. We are situated in a rural part of Wellsford and are licensed for 50 children.

 107 Centennial Park Road Wellsford 0900

|  |  |
| --- | --- |
| wellsfordpreschool@hotmail.com  (09) 423 7956 | We are open from 7.30am to 5.30pm. Monday to Friday.  Some charges may apply.  No referral required. |

**West Auckland Budget Service**

FSD0003512 Last updated 25/08/2020

Work together with people, their family and whanau to increase effective management of finances, knowledge of smart use of debt and financial products, improve longer term financial capability.

Admin Office 26 Belvedere Court West Harbour Auckland 0618



wabs@wabs.org.nz  New Lynn Citizens Advice Bureau (09) 416 4727 Monday, Tuesday 10 to 1pm

(027) 242 6719 Wednesday Thursday 10 to 1pm

Massey CAB

Monday & Friday 10 to 1pm

Home Visits available, must meet a criterion All services free of charge. No referral required.

**Classification : BFC**

**West Auckland Parents Centre**

FSD0007312 Last updated 03/08/2020

West Auckland Parents Centre is an Incorporated Society affiliated to Parents Centre New Zealand Inc. We are a not-for-profit organisation run by parents, for parents and our committee is made up of a group of extremely dedicated volunteers. We have been very active in the West

Auckland community for almost 30 years. To quote from our national office website: Parents Centres share a vision of New Zealand being a society that values parenting as being fundamental to the well being of all members of society and believe that parenting creates the environment that sews the fabric of our social structure. We deliver education, support and services to support and drive that vision.

info@westaucklandparents.org.nz  Please email and someone will contact you as

(09) 837 8481 soon as possible. http://www.westaucklandparents.org.nz Some charges may apply.

No referral required.

**Westbridge Residential School**

FSD0003348 Last updated 01/09/2020

Fully funded state Residential School that caters for boys and girls aged seven to fifteen years who display severe and challenging behaviours.

488E Don Buck Road Massey Waitakere 0614



secretary@westbridge.school.nz  24 Hours during term time

(09) 832 4918 All services free of charge. http://www.westbridge.school.nz Referral may apply.

**Whai Maia Ltd**

FSD0022876 Last updated 13/07/2020

Provides tribal development through social housing, health, environmental, whanau ora and educational services.

230 Kupe Street Orakei Auckland 1071



info@ngatiwhatuaorakei.com  Mon to Fri 8.30am to 4.30pm.

(09) 336 1670 All services free of charge.

(0508) NW rkei No referral required.

http://www.ngatiwhatuaorakei.com/

**Whanau Resource Centre o Pukekohe Charitable Trust**

FSD0016702 Last updated 08/10/2020

The Whanau Resource Centre is a one stop shop in community support servicing and prides itself on catering to the needs of its community. The Whanau Resource Centre's confidential service delivers a holistic approach to supportive care and is committed to promoting well being and assisting individuals to deal with the day to day matters of life.

17 McNally Road Pukekohe Auckland 2120



info@whanauresourcecentre.org.nz  Monday, Tuesday, Wednesday, Thursday and

(09) 238 5285 Friday 9am to 4.30pm (021) 532 178 Some charges may apply.

No referral required.

**Classification : FVSS, THP**

**Women's Centre Rodney**

FSD0008231 Last updated 17/09/2020

Women's Centre Rodney is a not for profit community organisation providing information and services for women to improve their wellbeing and that of their families.

Our services, courses and support groups fulfill the needs that arise for women, to support, educate, empower and resource them to lead full and meaningful lives. They are also a means to reduce social isolation, build friendships and connect women to their community.

10 Morpeth Street Warkworth 0910 info@womenscentrerodney.org.nz  9am-2:30pm Monday to Friday.



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| --- | --- |
| (0800) 237 674 (2 DROP IN)  (09) 425 7261 http://www.womenscentrerodney.org.nz      **Women's Centre Waitakere** | 0800 237 674 - for callers outside of the immediate calling area.  Some charges may apply. No referral required. |
| FSD0003464 | Last updated 02/11/2020 |

A community based agency supporting women and their families. We provide a safe, accessible environment for women and their families to make their own choices in a supportive, nonjudgemental and confidential way.

Services provided include Counselling, Programmes and workshops. Access to community information and resources.

 Cnr McLeod & Te Atatu Road 111 McLeod Road Te Atatu South Auckland 0610

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| --- | --- |
| info@womenscentre.org.nz  (09) 838 6381  (09) 836 2470 https://www.heartofthewest.org/    **Classification : FVSS** | Monday to Friday 9am to 2.00pm Some charges may apply.  No referral required. |

**YMCA - North Shore Recreation Centre**

FSD0003601 Last updated 11/01/2021

We build strong kids, strong families, strong communities. From babies to grandparents and everyone in between, the YMCA offers something for every member of the family.

YMCA North Shore includes one of the largest indoor soccer courts in Auckland, three squash courts, table tennis hire and we also host a basketball competition for primary school aged children.

Our clean and modern fitness facilities can help you achieve your goals. We think exercise is more fun when it’s done together, so we’ve got a group fitness class to suit everyone. Plus, for those wanting an extra push or a bit of support, our team of fitness trainers and personal trainers are always on board and ready to help. Pop in or give us call on (09) 480 7099 to find out more.

5 Akoranga Drive Northcote Auckland



northshore@ymcaauckland.org.nz  Mon - Fri 5.30am - 10.00pm

|  |  |
| --- | --- |
| (09) 480 7099 (0800) 456 094 https://www.ymcaauckland.org.nz | Sat/Sun 7.30am - 6.00pm  Public holiday times vary Some charges may apply.  No referral required. |

**Young New Zealanders' Foundation**

FSD0005719 Last updated 17/04/2021

Young New Zealanders' Foundation supports a number of strategies and systems to try and prevent any young person "slipping through the net" without the specialised help they need. This is achieved through: Information Technology, Community Education and Specialist Support

For more info please visit our websites:

http://www.valuinglife.online/

www.youngnz.online

2/9 Kapiti Place Sunnynook Auckland 0743



valuinglifenz@gmail.com  8.00am - 5.00pm Monday to Friday.

(0800) 333088 Some charges may apply.

No referral required.

**Youth Mentoring Network**

FSD0017317 Last updated 09/03/2021

Our charitable trust was established to promote effective youth mentoring opportunities for young New Zealanders and to provide professional development initiatives for individuals and organisations working with young people.

We can help you to find youth mentoring programmes throughout New Zealand, access valuable tools and resources - like our Guide to Effective Practice in Youth Mentoring, attend training opportunties - for Mentors working with young people or organisations wanting to set-up and run an effective Youth Mentoring Programmes in New Zealand.

With indications highlighting the growing effectiveness of youth mentoring as a social intervention in New Zealand, we encourage you to stay up-to-date by registering for our e-newsletter now.

joy@youthmentoring.org.nz  Week days

(021) 468 851 Some charges may apply. http://www.youthmentoring.org.nz No referral required.

**Youth Service West**

FSD0020124 Last updated 25/01/2021

Youth Service West (YSW) is a FREE Hub supporting young people aged between 16 – 24 with Education and Employment options, Health and Wellbeing support, advice and referrals, Career Planning and Guidance, Budgeting, Parenting and Life skills Training, Skills and Tools.

Whether you need a chat over a drink, advice, support or individual guidance, we're approachable, friendly and easy to talk with... come see one of our awesome youth coaches!

Our skilled staff will work with you, your family/whanau and other support services to develop a tailored, individual plan to address your identified areas of need.

If we can't help you, we'll know who can!

3 Rata Street New Lynn Auckland 0600



carmen.atama@youthorizons.org.nz  Monday to Friday 8:30 to 5:00pm

(09) 835 1176 ext 404 All services free of charge.

(0800) 937 887 Referral may apply. http://youthorizons.org.nz

**YouthLaw Aotearoa**

FSD0005709 Last updated 25/10/2020

We promote, protect and uphold the legal rights of children and young people in Aotearoa/New

Zealand, through the provision of a free service that helps children and young people under 25. We provide legal advice and information covering education, employment, driving, police, welfare, safety and general rights. We also run legal education sessions for young people, schools and other organisations.

More information and resources are available on our website here: http://www.youthlaw.co.nz

Level 3 21 Putney Way Manukau 2104



info@youthlaw.co.nz  Advice Line: 10:00am - 4:00pm Monday to

(0800) 884 529 Friday;

(09) 250 2660 Office hours: 9:00am - 5:00pm Monday - Friday http://www.youthlaw.co.nz Website contact: 24 hours

All services free of charge. No referral required.

**Youthline**

FSD0006531 Last updated 18/02/2021

Youthline offers access to a wide range of youth development and support services.

Youthline is at the forefront in developing and providing youth and family services and we offer and can link young people to a comprehensive range of clinical services.

Youthline House 13 Maidstone Street Ponsonby Auckland 1021



supportcentre@youthline.co.nz  Office open Monday to Friday 9am-5pm. Youth

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| (0800) 37 66 33 (09) 376 6645 http://www.youthline.co.nz      **Youthline - Manukau** | Help Line 24 hours a day, 7 days a week.  Free TXT 234  Some charges may apply. No referral required. |
| FSD0006533 | Last updated 19/02/2021 |

Counselling and programmes for people of all ages with a specific focus on 11 to 30 years. Youth Help and Counselling Line 8.00 am - midnight seven days.

145 St George Street Papatoetoe Manukau 2025



supportcentre@youthline.co.nz  24/7 Youth Help and Counselling Line 0800

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| --- | --- |
| (0800) 376 633 |  |
| (09) 376 6645  http://www.youthline.co.nz | Youthline Centre open 8.30am - 5pm Monday to Friday. |

Cafe 'Thyme Out @ The Station' open 7.30am 4.30pm Monday - Friday and 7.30am - 3pm Saturdays.

Some charges may apply. No referral required.

# Employment

**Abilities Incorporated**

FSD0003267 Last updated 16/04/2021

Enriching the lives of people with disabilities.

Abilities is a major recycler on The North Shore, covering E-Waste, Secure Document and Data Destruction, Polystyrene, Batteries, Cardboard and Paper. General packaging, shrink wrapping work is also provided.

91 Hillside Road Glenfield Auckland 0627



judit@abilities.co.nz  Monday to Friday 8am-4.30pm.

(09) 444 0611 Sat & Sun until 2pm

http://www.abilities.co.nz All services free of charge.

No referral required.

**Active Institute**

FSD0021367 Last updated 02/02/2021

Active Institute is a NZQA approved and accredited Private Training Provider who has been serving the Manukau and wider South Auckland community since 1988. We provide training courses in ESOL and Employment.

23 Norman Spencer Drive Papatoetoe Manukau 2104



it@activeinstitute.co.nz  8 am - 4 pm (09) 278 0849 All services free of charge.

(027) 560 1118 Referral may apply. http://www.activeinstitute.co.nz

**Affirming Works**

FSD0024453 Last updated 18/11/2020

Affirming Works (AW) is an innovative Pacific 'not-for-profit company which combines an effective team of multi-generational and multicultural professionals. AW offers an extensive range of mentoring services, social services and social enterprise to various communities in the Auckland region. AW began in 2001 and continues to provide for families; prevention to family violence, educational assistance for learners, food parcels, budgeting and case management of family plans. AW's ability to speak in pacific languages and have qualified staff has enabled a culturally competent yet safe practice approach to it's services. AW provides youth transition services for Oranga tamariki rangatahi, the Tupu'anga a mentoring programme for children and youth, Tautua a youth employment service for young people to work in the Community Cafes. AW also provides in five regions in Aotearoa the Young & Free conferences for the promotion of positive social messaging for Pacific youth.

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| office@affirmingworks.org.nz  (0800) 0AFFIRM (09) 276 6538 http://affirmingworks.org.nz    **Classification : FVSS, PACIFIC**    **Agape Care** | AW's service delivery is usually from 9am-5pm we have a site for our food hub, our community cafes and our offices, it is best to contact us via www.affirmingworks.org.nz or call free on 08000AFFIRM.  All services free of charge. No referral required. |
| FSD0021434 | Last updated 24/10/2020 |

To transform the lives of people with intellectual / learning disabilities. The Agape Homes Trust (known as Agape Care) is a Christian Ministry, and is governed by a 'Caring with Love' philosophy, providing the highest standards in all relationships, encouraging innovation and diligence in all we do.

It is a place where each person is loved for themselves in an environment where they can freely grow spiritually, emotionally, socially and intellectually.

Agape Care has been providing services to people with intellectual disabilities since 1996.

4210 Great North Road Glendene Auckland 0602



paulr@agapecare.org.nz  Office Hours Mon to Fri: 9.00am to 5.00pm

(09) 837 8597 Some charges may apply.

(021) 682 809 Referral may apply. http://www.agapecare.org.nz

**Albany Community Link**

FSD0007891 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44 Corinthian Drive Albany North Shore 0632



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**APM Workcare**

FSD0022810 Last updated 03/09/2020

APM WorkCare provides free services to employers, government and job seekers designed to place people into meaningful employment. As part of the employment process, we assist with job matching, pre-employment screening/assessment, preparation for work, job placement and postplacement support.

With our extensive network of locations across New Zealand, best-practice service delivery and product innovation, APM WorkCare is the provider of choice for many of New Zealand's leading companies.

Level 2 1B/25 Airborne Road Rosedale Auckland 0632



nzreferrals@apmworkcare.co.nz  We have locations across NZ, and available

(0800) 967 522 8am-5pm, Mon-Friday

http://apm-nz.co.nz All services free of charge.

Referral may apply.

**Attainable Trust**

FSD0003425 Last updated 30/04/2021

Provides employment and support to people with disabilities and disadvantaged groups so that they can participate fully in their community.

50 Lovegrove Crescent Otara Manukau 2023



Nalini@attainabletrust.org.nz  8.00am - 4.00pm Monday to Friday

|  |  |
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| (09) 278 1678  (09) 216 7366 http://www.attainabletrust.org.nz | Some charges may apply. No referral required. |

**Auckland Regional Migrant Services Trust**

FSD0003854 Last updated 02/03/2021

ARMS is a specialist settlement support agency. We provide services for migrants and refugees across Auckland Region. ARMS works to facilitate settlement assistance through effective agency coordination, community networking and informed advocacy.

8 Virginia Avenue East Eden Terrace Auckland 1021



reception@belong.org.nz  Mon - Fri 9am - 4pm (09) 625 2440 All services free of charge. https://www.facebook.com/BelongAotearo No referral required. a/

**Avondale Community Link**

FSD0007892 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 44-48 Rosebank Road Avondale 1026

|  |  |
| --- | --- |
| (0800) 559 009  http://www.workandincome.govt.nz | Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Babylon Community Development Charitable Trust**

FSD0024503 Last updated 25/02/2021

Babylon Community Development Charitable Trust is a not-for-profit organization, stranded in fundamentals of empowerment, shared vision, inclusion, collective action, determination, social cohesion, building leadership and collaboration. Committed to undertake a sustainable community development process through providing a wide range of quality services and performing a variety of essential activities and projects by and to the beneficiaries of the Trust at a grassroots level, with support from the New Zealand government agencies and non-government organizations to actively contribute in building and developing Auckland society’s safety, strength and well-being.

9 The Enclave Totara Heights Auckland 2105



(021) 067 7725  all days of the week, all hours of the day http://babylon.ac.nz All services free of charge.

No referral required.

**Bakerfield Medical & Urgent Care**

FSD0020183 Last updated 17/09/2020

Drug testing services for Work and Income beneficiaries.

Accident & Medical Centre offering specialist Services, Exray, Physio, Minor45 Surgery, GP

Services, Chronic Care Management of Diabetes, COPD, Depression CVD. Pre-employment

Medical and Drug Testing, Driving License Medicals, Travel Vaccines Childhood Immunisations, On-Site Pharmacy

Hours - Weekdays 08.00-20.00 - Weekends 08.00-20.00

 16A Bakerfield Place Manukau 2104

ali@bakerfield.co.nz (09) 263 7770 http://www.bakerfield.co.nz

**Classification : DTS**

**Baseline Medicals**

FSD0024023

Drug testing and pre-employment medicals

107 Lake Road Northcote Auckland admin@baselinemedicals.com (022) 652 8957 http://www.baselinemedicals.com



**Classification : DTS**

7 days a week 8.00am to 8.00pm

Open 364 days per year.

Christmas Day closed.

Some charges may apply. Referral may apply.

Last updated 07/09/2020

Online booking system available on website. Evening and weekend appointments available Some charges may apply. No referral required.

**Chinese New Settlers Services Trust**

FSD0001709 Last updated 15/04/2021

Chinese New Settlers Services Trust is a charitable trust since 1998, supporting Asian new comers and the entire community as a whole. We provide social services, education and social housing for 15,000 people every year.

CNSST provides wraparound services:

* Social work & Counseling
* Employment & Enterprise
* Education & Settlement
* Social Enterprise: Education Institute, Social Housing Project
* Accounting & taxation

 20 Clifton Court Panmure Auckland 1072

**Classification : FVSS**

**Christians Against Poverty New Zealand**

FSD0019638 Last updated 08/03/2021

CAP’s purpose is to release people from poverty and all its causes. To achieve this, CAP targets key drivers of poverty through the following five FREE services:

1. Debt Help: releasing people from the burden of unmanageable debt. Clients work with teams inlocal communities around New Zealand whilst receiving long-term support from trained and experienced specialist teams based at our Head Office.

1. CAP Money Courses: three-session, interactive money management courses that encouragepeople to budget, save and spend wisely.

|  |  |
| --- | --- |
| info@cnsst.org.nz (09) 570 1188 http://www.cnsst.org.nz | Monday-Friday 9am-5pm.  All services free of charge.  Referral may apply. |

1. CAP Job Clubs: Helping job seekers back into the workforce through practical help, personalcoaching and a supportive environment.

1. Life skills: a friendly, fun community group which empowers people to thrive on a low income.

1. Release groups: a confidential, caring group that support people to find freedom from lifecontrolling habits.

55 Hugo Johnston Drive Penrose Auckland 1061



info@capnz.org  9-5 Monday to Friday (09) 270 0334 All services free of charge.

(0508) 227 111 No referral required. http://capnz.org

**Citizens Advice Bureau - Glenfield**

FSD0006847 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

JP available some days of the week. Ring to confirm availability.

Information, support and advice is free of charge and confidential.

Library Buildings 90 Bentley Avenue Glenfield Auckland 0629



glenfield@cab.org.nz  Mon - Fri 9.00 am - 4.30 pm

(09) 444 9451 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau Botany**

FSD0024491 Last updated 19/01/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 271 5382, email botany@cab.org.nz

Botany Town Centre 251 Town Centre Drive Botany Auckland 2016



botany@cab.org.nz  Monday to Friday 9.30am to 1pm

(09) 271 5382 All services free of charge. http://cab.org.nz No referral required.

**Citizens Advice Bureau Otara Incorporated**

FSD0006860 Last updated 12/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 Shops 1 & 2 46 Fair Mall Otara Town Centre, Bairds Road Auckland 2023 manager.otara@cab.org.nz  Normal Bureau hours operation: 9am-4pm (09) 274 6577 Monday to Friday, 9am-12pm Saturday http://www.cab.org.nz All services free of charge.

No referral required.

**Counselling Services Centre**

FSD0003355 Last updated 31/08/2020

Counselling service for survivors and victims of sexual abuse. Counselling for victims of domestic and family violence. Counselling for people strugglling with depression, anxiety, stress, grief and loss. Counselling for women, children, men and couples. 24 hour Crisis service for victims of acute sexual violence. Professional Supervision.

22 Alexander Avenue Papatoetoe Manukau City 2025



admin@cscnz.org.nz  Monday-Friday 8.00am-7.00pm

(09) 277 9324

http://www.cscnz.org.nz Crisis 24/7

Some charges may apply. Referral may apply.

**Classification : FVSS, SHSS**

**Crossroads Clubhouse**

FSD0003552 Last updated 13/10/2020

Clubhouse is a supportive work focused community which provides opportunities for members to utilise their skills and discover their hidden talents. It is for people who have diagnosed mental illness ages 18-65.

393 Great North Road Grey Lynn Auckland



admin@crossroadsclubhouse.org.nz  9 - 5 Mon - Thurs

(09) 376 4267 9 - 3 Fri http://www.arahura.org.nz/crossroads- All services free of charge. clubhouse/ No referral required.

**Deaf Aotearoa - Auckland**

FSD0006930 Last updated 03/02/2021

Deaf Aotearoa is a Deaf-led, not-for-profit organisation that focuses on promoting Awareness of,

Access to and Advancement of New Zealand Sign Language - to help strengthen the rights of Deaf people and give them the confidence to be an active part of society. As the only nationwide provider of services to Deaf people, it provides information on a range of services for Deaf and works with businesses and organisations to provide information and resources on life for Deaf New Zealanders and NZSL.

1836-1848 Great North Road Avondale Auckland 1026



national@deaf.org.nz  Open for enquiries and appointments Mon to

(0800) 332 322 Thur 9:00am - 4:00pm

http://www.deaf.org.nz/ For appointment only Friday

All services free of charge. No referral required.

**Depot Arts and Music Space Trust**

FSD0020043 Last updated 09/10/2020

Depot Artspace is an open and inclusive creative community in Devonport, Auckland that encourages engagement in all art forms. Depot Artspace offers a variety of facilities, services and events that support the creative community including galleries, a professional development programme, publications, a recording studio and a design studio.

The Depot Artspace philosophy of encouragement, support and inclusiveness has been its touchstone since 1996, the year it opened, and has been the basis on which the Depot has grown into a multi-disciplinary creative community encompassing all art forms and supporting artists at many different levels and across all generations.

This philosophy is encapsulated in its circular mantra “creating an environment that encourages creating….”

Over the years the Depot has been responsive to changing needs, interests, trends and opportunities and has developed services, activities and programmes accordingly.

28 Clarence Street Devonport Auckland 0624 lynn.lawton@depotartspace.co.nz  9 am to 5 pm Monday to Friday.



(09) 963 2328 All services free of charge. http://www.depotartspace.co.nz Referral may apply.

**Diabetes Foundation Aotearoa**

FSD0003816 Last updated 25/08/2020

Support for people working with others who have diabetes.

2/100 Alexander Crescent Otara Manukau



admin@diabetesfoundationaotearoa.nz  Monday - Friday 8am-4pm

(09) 273 9650 Some charges may apply. http://www.diabetesfoundationaotearoa.nz No referral required.

**Classification : PACIFIC**

**Disabled Citizens Society Inc**

FSD0003331 Last updated 02/11/2020

Support people living with disabilities; In the Community – Into Employment;

Enable individuals to access, be assessed and register for the Total Mobility Transport Scheme.

421-423 Dominion Road Mt Eden Auckland



corina@dcsinc.org.nz  Monday to Friday, 7.45am - 4.30pm

(09) 638 8153 Some charges may apply. http://www.dcsinc.org.nz Referral may apply.

**Diversity Works New Zealand**

FSD0003860 Last updated 12/02/2021

The EEO Trust is a not-for-profit organisation tasked with providing EEO information and tools to employers and raising awareness of diversity issues in New Zealand workplaces.

The EEO Trust assists employers in introducing and managing proven EEO thinking and practices, encourages diversity by promoting the recruitment and development of people on the basis of merit and generates awareness of the business benefits and rewards of an inclusive workplace.

Based in Auckland, the EEO Trust works with employers around New Zealand providing the latest resources, ideas and information to support workplaces to achieve success through effectively managing diversity. The EEO Trust is resourced by fees from member organisations and Government contributions. It is governed by a Board of Trustees.

Level 1 90 Symonds Street Auckland 1010



info@diversityworksnz.org.nz  Monday - Friday

(09) 525 3023 8 am - 5 pm

(0800) 348 377 Some charges may apply. http://www.diversityworksnz.org.nz No referral required.

**Dress for Success Auckland**

FSD0023371 Last updated 13/04/2021

We will help you build your confidence and support your employment journey by providing you with a full wrap around service - we are 'more than a dress'!

Our interview and employment dressing service supports women in need with confidence via outfits to keep (clothing, shoes and accessories) and with being better prepared to secure work.

This service is available while job searching, when interviewing or if a job offer has been made. Referrals from the MSD require a TTW authorization, a set fee for this service paid by the Ministry to DFS Auckland. This payment also allows each client to participate in our Career Centre programme for up to 2 years, providing skills workshops and coaching to help with the transition to work, job retention and career development which can be a challenging time.

Our mission is to support women to achieve economic independence for the benefit of themselves, their families and their community.

Ground Level 12 Lambie Drive Papatoetoe Auckland 2104



manukau@dfsa.org.nz  Monday to Friday - 9.30am to 3.00pm (020) 4377 276 Saturday - 10.00am to 1.00pm (monthly)

(09) 377 2762 Some charges may apply. http://auckland.dressforsuccess.org Referral may apply.

**Dress for Success Auckland, Manukau**

FSD0024139 Last updated 07/01/2021

We help you build your confidence and support you in your employment journey by providing you with a full wrap around service - we are 'more than a dress'!

Our interview and employment dressing service supports women in need with confidence via outfits to keep (clothing, shoes and accessories). This service is available while job searching, when interviewing or if a job offer has been made.

Referrals from the MSD require a TTW authorization, a set fee for this service paid by the Ministry to DFS Auckland. This payment also allows each client to participate in our Career Centre programme for up to 2 years, providing skills workshops and mentoring to help with the transition to work, job retention and career development which can be a challenging time. Our mission is to support women to achieve economic independence for the benefit of themselves, their families and their community.

12 Lambie Drive Papatoetoe Auckland 2104



manukau@dfsa.org.nz  Hours of operation: Tuesday to Friday 9.30am to (020) 437 7276 3pm; Appointments available at 10am, 11am and

https://auckland.dressforsuccess.org/ 12pm – by booked appointment only Some charges may apply. Referral may apply.

**Drug Testing Services (Auckland) Ltd**

FSD0020126 Last updated 03/11/2020

Drug testing service for Work and Income clients. Prices enclusive of GST.

Pre Employment Drug Screening Test $86.25

Laboratory Drug Test $138

Mobile Drug Testing services also available at same costs as above.

On Site Drug Testing also available at same costs as above.

 304 Church Street Penrose Auckland 1061

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| --- | --- | --- |
| carla@drugtestingservices.co.nz  (09) 903 9487  (021) 531 600 http://www.drugtestingservices.co.nz    **Classification : DTS**    **Drugwise Auckland** | Mobile Van for onsite testing Appointments necessary office testing available, Monday to Friday 8am - | |
| 4;30pm  on-call 24/7  Some charges may apply.  No referral required. |  |
| FSD0023409 |  | Last updated 12/02/2021 |

Drug testing services for Work and Income beneficiaries.

Mobile screening drug test. Price includes GST. We meet at an agreed location for testing.

West - $75

Central - $110

North - $110

South - 110

Evidential drug test includes initial screening and then laboratory confirmation: West - $264.75

Evidential drug test includes initial screening and then laboratory confirmation: North, Central & South - $299.75

|  |  |
| --- | --- |
| tests@drugwise.nz (0800) 725 482 http://www.drugwise.nz | See Website for details.  Call free 0800 SALIVA Some charges may apply.  Referral may apply. |

**Classification : DTS**

**DT Driver Training**

FSD0021634 Last updated 11/08/2020

Road Code practice for learner licence tests for car, motorbike and heavy vehicle using NZTA's questions.

Learner drivers can use the tests to reduce the costs of obtaining a learner licence in any vehicle class (1 to 6).

Fleet drivers can use the plans to improve fuel economy, reduce accident risk and improve driver health and wellbeing.

Additional information and resources available for new drivers and drivers upskilling to a different class of licence.

|  |  |  |
| --- | --- | --- |
| contact@drivingtests.co.nz  (021) 222 0888 https://www.drivingtests.co.nz      **Elevator** | 24-hour online service All services free of charge.  No referral required. |  |
| FSD0003788 |  | Last updated 17/11/2020 |

Employment agency for job seekers with disability.

enquires@genevaelevator.co.nz  All services free of charge.

(0508) 353 828 No referral required.

(09) 531 5600 https://www.genevahealth.com/findsupport/flexible-disability-injurysupport/supported-employment/

**Ember**

FSD0003344 Last updated 22/12/2020

Frame work delivers community based mental health and intellectual disability services in Greater Auckland from strategic locations throughout the city.

51 Huia Road Otahuhu Auckland 1062



info@ember.org.nz  Office hours 8-5pm (09) 523 2790 All services free of charge.

http://www.ember.org.nz Referral may apply.

**Ember Employment**

FSD0015256 Last updated 24/02/2021

To provide individualised and ongoing support to people with experience of mental illness in looking and keeping jobs which are matched to their skills and interests. The service is client centred and will work in partnership with other support network that client has access to.

49B Apollo Drive Rosedale Auckland 0632



employment@ember.org.nz  Monday to Friday (09) 523 2791 8:30 AM to 5:00 PM

https://ember.org.nz/ All services free of charge.

Referral may apply.

**Emerge Aotearoa - Central Auckland Office**

FSD0003431 Last updated 31/08/2020

Residential and non-residential mental health provider for adults and adolescents needing help in recovering and rehabilitating from mental health problems.

103 Richardson Road Mt Albert Auckland 1025



info@emergeaotearoa.org.nz  Mon - Fri

(09) 847 9187 8 am - 5 pm

http://emergeaotearoa.org.nz Some charges may apply.

Referral may apply.

**English Language Partners North Shore**

FSD0007830 Last updated 19/04/2021

Our aims and objectives are to provide English language skills and social support for the effective resettlement of adult refugees and migrants on the North Shore.

Our vision is that migrants and refugees have the opportunity to learn English, to pursue aspirations for themselves and their families, and to participate in all aspects of life in Aotearoa New Zealand.

1st floor 424 Lake Road Takapuna Auckland 0622



northshore@englishlanguage.org.nz  Monday - Friday 9am-4pm

(09) 489 2078 Koha/donation may apply.

(027) 297 7069 No referral required. http://www.englishlanguage.org.nz

**Fiona Hardy Counselling**

FSD0021223 Last updated 16/03/2021

I am a skilled Counsellor/Family Therapist located in Central Auckland - working from rooms in Grey Lynn and Remuera.

I focus on working positively with individuals, couples, groups, families and adolescents who may be wanting to understand and develop skills in managing anxiety, depression, processing grief and loss, relationships, sexual issues, identity, work related issues, self esteem, pregnancy and pregnancy loss.

I am narratively trained with a focus on short term work that is person centered and solution focussed.

I work from two relaxed and private locations in Grey Lynn and Remuera.

Please contact me to see how I may be able to assist you.

Skype sessions are also availabe.

Community of St Luke 130 Remuera Road Remuera Auckland 1024



fionahardycounsellor@gmail.com  Counselling appointments during the day and

(021) 294 0346 some evenings in Remuera and Grey Lynn.

(09) 620 2121 Please phone to discuss your requirements. http://www.fionahardycounselling.co.nz

Skype Sessions also available.

Some charges may apply. No referral required.

**Geneva Healthcare**

FSD0004525 Last updated 29/01/2021

We are New Zealand’s trusted experts in aged care, illness, injury & disability support. Since 1996, we’ve been supporting New Zealanders to live their best life and thrive by keeping well, living independently and staying connected with their community.

We are part of the largest network of healthcare service providers working closely with the Ministry of Health, District Health Boards, Ministry of Social Development, and with ACC as a preferred national provider to give our Clients 24/7 wraparound support with our qualified, security-checked, Geneva Certified workers, nurses and Allied Health professionals, who are carefully selected to match their needs.

Our Services

* Home Support & Aged Care
* Flexible Disability & Injury Support
* Wellness & Rehabilitation
* Childcare & Youth Support
* Private Health & Wellness Support Packages (Private Care NZ)
* Healthcare Recruitment
* Health Staffing Services (Temporary & Permanent)
* Healthcare Training

Level 2 139 Quay Street Auckland 1010



info@genevahealth.com  24 hours a day, 7 days a week, 365 days a year.

(0800) 436 382 Some charges may apply. http://www.genevahealth.com Referral may apply.

**Glen Eden Community House Inc**

FSD0017552 Last updated 04/05/2021

The Glen Eden Community House provides local people with opportunities to participate in and experience a mix of social, educational, cutural or recreational activities

 13 Pisces Road Glen Eden Auckland 0602

manager@glenedencommunityhouse.co.  Monday to Friday 9.00 am to 4.00pm nz Some charges may apply.

(09) 818 2194 Referral may apply.

(09) 818 2198 http://glenedencommunityhouse.co.nz

**Classification : OSCAR**

**Grace Foundation Charitable Trust Auckland**

FSD0024203 Last updated 09/04/2021

We provide transitional housing for people in South Auckland in need of a place to stay while they re-establish their lives.

We provide a wraparound service including education, community involvement, health & wellbeing activities. Grace Foundation operates 18 houses with 24 hour assisted living care; These homes are supported by a dedicated team of 6 full-time staff and 4 Volunteers.

A strategic part of our service is the Solutionz classes which focuses on mindfulness that involves learning how to change negative attitudes, thought patterns, and adopting a positive, goal creation and planning; practical tools to help them implement and maintain major life changes.

The impact of our work can be seen in the changes within our resident’s lives, their families live, their children's lives. By transforming our resident’s mind-sets, through education, self-belief, selfconfidence we create leaders who then go on to lead their families in a positive way which strengthens the community.

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| --- | --- |
| gracefoundationauckland@gmail.com  (0508) 447 223 (022) 184 4973 https://www.gracefoundation.co.nz/      **Graeme Dingle Foundation** | We are open 24/7 to support our residents and those in need. Call anytime.  Some charges may apply. Referral may apply. |
| FSD0015275 | Last updated 19/04/2021 |

The wellbeing of Aotearoa’s tamariki is at the heart of the Graeme Dingle Foundation. For 25 years the Foundation has been helping young New Zealanders find purpose and direction through our highly effective school based programmes across the country for young people aged 5-18 years old including Kiwi Can, Stars, Career Navigator, Project K, Kiwi Tahi and MYND. We want every child to know that what they have inside is greater than any obstacle they might face. Our young people develop true self-confidence and real skills for later life through community-focused, positive experiential learning and mentoring programmes. We empower them to find their purpose and direction in life.

Using fun and safe experiential learning through the great outdoors and inspirational classroom leaders and world-class mentors to help our young people keep on track, learn good values and set goals for the future.

We want every child to know: What they have inside is greater then any obstacle.

6 Triton Drive Rosedale Auckland 0632



info@dinglefoundation.org.nz  Monday – Friday 9.00 AM – 5.00 PM

(09) 477 6237 All services free of charge.

(0800) 435 775 Referral may apply. http://www.dinglefoundation.org.nz

**Grey Lynn Community Link**

FSD0007916 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

562 Richmond Road Grey Lynn 1011



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Highland Park Community Link**

FSD0007900 Last updated 06/04/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit E 491 Pakuranga Road Manukau 2010



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Hospo Start**

FSD0022080 Last updated 08/06/2020

Hospo Start is an industry skills programme that people in receipt of a benefit can attend. The course content is induction in to the Hospitality industry as a career, work experience and access to work placement services.

This initiative of the Restaurant Association is supported by the industry and was developed to meet staff shortages within Hospitality.

To apply for the next Hospo Start programme please contact your WINZ case manager.

Ground Floor 45 Normanby Road Mt Eden Auckland 1024



info@restaurantnz.co.nz  Monday-Friday

|  |  |
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| (0800) 737 827 (09) 638 8403 http://www.restaurantnz.co.nz | 9am - 5pm  All services free of charge.  Referral may apply. |

**Hunters Corner Community Link**

FSD0007901 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

139 Great South Road Hunters Corner Manukau 2025



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Immigration New Zealand**

FSD0006147 Last updated 29/01/2021

Immigration New Zealand (INZ) is part of the Ministry of Business, Innovation and Employment.

Immigration New Zealand aims to bring the best people to New Zealand to enhance New Zealand’s social and economic outcomes. We directly support labour market growth by attracting the best people to New Zealand and supporting them into the workforce so they become long-term contributors. We also contribute to key export industries.

The role of Immigration New Zealand includes:

deciding visa applications attracting migrant skills and labour matching migrant skills with employer needs managing border security with regard to the movement of people supporting migrant settlement and retention implementing the Government’s refugee quota programme enforcing compliance with immigration law and policy.

2 Amersham Way Manukau Auckland 2104



(0508) 558 855   To phone from outside of New Zealand +64 9 http://www.immigration.govt.nz 914 4100

You can also send us an online query from the website.

Some charges may apply. No referral required.

**In-Work NZ Ltd**

FSD0020335 Last updated 09/02/2021

Preparing job seekers registered with Work and Income to re-enter the workforce, assisting clients of Work and Income into employment, providing transitional and on-going supporting for new employees and family/whanau while at work and retaining people in work, to achieve sustainable and social outcomes.

482 Te Atatu Road Te Atatu Peninsula Auckland 0651



info@inwork.co.nz  8.30am - 5.00pm Monday to Friday

(09) 834 1482 All services free of charge.

(0800) 478 902 Referral may apply. http://inwork.co.nz

**Classification : PACIFIC**

**JTP Consultants Limited**

FSD0021412 Last updated 08/03/2021

JTP Consultants Limited T/A Te Kotahitanga Training is an NZQA Category 2 Accredited and Registered Maori Private Training Establishment. We offer vocational training and employment placement support to adult learners in the South Auckland Region.

28 Frances Street Manurewa Auckland 2102



tekotahitanga@xtra.co.nz  Monday - Friday 8.00am - 4.00pm (09) 267 1704 All services free of charge.

Referral may apply.

**Khui T Kaha**

FSD0003476 Last updated 22/04/2021

Khui T Kaha is a well-established, not-for-profit organisation providing social housing to young people aged 16 – 19 years who are on the MSD social housing register.

650 Great South Road Ellerslie Auckland 1051



reception@kahuitukaha.co.nz  Head Office 8:30am-5 pm.

(09) 531 4040 Some charges may apply. http://www.kahuitukaha.co.nz Referral may apply.

**Classification : THP**

**Lets Get Legal NZ**

FSD0023090 Last updated 26/03/2021

Lets Get Legal NZ exists to support young people & families to open up new opportunities for themselves in the area of Education, Employment & to help them gain their independence by attaining a drivers licence.

We provide one of the fastest learner licence workshops in the country, Fast

Learner/Restricted/Full licence Ebooks and are the creators of New Zealand's first and only Restricted driving licence APP.

We have a 98% pass rate.

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| info@letsgetlegalnz.co.nz  (021) 802 791 http://www.letsgetlegalnz.com | ONLINE ONLY  Some charges may apply.  No referral required. |

**Literacy Aotearoa, Auckland North**

FSD0020522 Last updated 21/12/2020

Literacy Aotearoa is ...

a national organisation of adult literacy providers and is a leading commentator on literacy issues in Aotearoa (New Zealand).

Our definition of literacy is...

Literacy is listening, speaking, reading, writing, numeracy and critical thinking, interwoven with the knowledge of social and cultural practices.

Literacy empowers people to contribute to and improve society.

96 Bentley Avenue Glenfield Auckland 0629



info.c2@literacy.org.nz  Monday to Friday. 9.00 am - 3.30 pm (022) 359 6007 All services free of charge. https://www.literacy.org.nz/ No referral required.

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| **Mahitahi Trust** |  |
| FSD0003776 | Last updated 27/01/2021 |

Maori Mental Health providers for South Auckland.

15A Ronwood Avenue Manukau Auckland 2104



info@mahitahi.co.nz  5 days Mon - Fri 8.30am - 5pm

(09) 262 4533 All services free of charge. http://mahitahi.co.nz Referral may apply.

**Mangere Community House**

FSD0016117 Last updated 19/11/2020

Developing programmes to meet the needs of the community.

141 Robertson Road Mangere East Auckland 2024



fatima.vaaga@aucklandcouncil.govt.nz  Office hours Wednesday - Friday 9am - 5pm, or

(09) 275 4920 Tuesday 9 am-3 pm

Some charges may apply. No referral required.

**Mangere East Community Centre**

FSD0005829 Last updated 30/04/2021

We provide a variety of programmes for families in the community. Before and After school Care,

Holiday Programmes, Community Education and Study Support (ACCESS) programmes at the

Mangere East Community Centre. Community Classes include, English for Speakers of other Languages, Zumba, Samoan, Salsa, Fitness, Cook Island Dance, Ukulele, Korowai, Parenting Programmes, Te Reo Maori, Tai Chi.

 372 Massey Road Mangere East Manukau

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| info@mangereeast.org  (09) 275 6161 (029) 773 0146 http://www.mangereeast.org    **Classification : OSCAR** | 7.00am - 6.00pm Monday to Friday Some charges may apply.  No referral required. |

**Manukau Institute of Technology, School of Service Industries**

FSD0021371 Last updated 04/12/2020

School of Service Industries at Manukau Institute of Technology offers a range of programmes and courses to assist people prepare for employment and/or further studies. A number of programmes assist people with language, literacy, numeracy, financial and digital literacy including computing skills where people need them. There are number of programmes which are free for eligible applicants.

NT Block, Gate 14 118 Alexander Crescent Otara Auckland 2023



vaughan.lovelock@manukau.ac.nz  9:00am to 4:30pm Monday to Friday

(09) 976 0225 All services free of charge.

(021) 904 578 Referral may apply.

https://www.manukau.ac.nz/study/shortcourses/preparation-for-employment-andeveryday-life

**Manukau Urban Maori Authority**

FSD0005969 Last updated 14/09/2020

MUMA is proud to be an accredited Whanau Ora Provider. The vision behind Whanau Ora is to focus on the whanau, not simply the individual. Whanau Ora empowers whanau, enabling them to direct their own steps, while providing support, services and opportunities to help them to achieve a better future. Whanau Ora outlines a flexible, collaborative approach to providing services and opportunities. It enables different accredited providers to come together to deliver a seamless solution for the betterment of the entire whanau.

 31 Calthorp Close Favona Auckland 2024

info@muma.co.nz  Monday to Friday: 9am - 5pm.

(0800) 866 862 Saturday & Sunday: CLOSED.

(09) 277 7866 Public Holidays: CLOSED.

http://www.muma.co.nz Some charges may apply.

Referral may apply.

**Classification : BFC, FVSS, THP**

**Manurewa Community Link**

FSD0007904 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

12 Selwyn Road Manurewa Manukau City 2102



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Matea Trust**

FSD0022133 Last updated 12/10/2020

In addition to providing a residential service, we also provide employment opportunities and work experience through our Vocational Service at Dairy Flat. Our services are for men with intellectual disabilities.

1016 Dairy Flat Highway Dairy Flat Auckland 0792



matea.trust@xtra.co.nz  Vocational Service operates Monday to Friday,

(09) 415 7103 8am to 4pm. http://mateatrust.co.nz All services free of charge.

No referral required.

**Migrant Action Trust**

FSD0015982 Last updated 15/04/2021

Support migrants and former refugees successfully settle in NZ through finding employment, helping get an appropriate driver's license via the community driving school, giving away free blankets, provision of a community toy library and supporting various ethnic community groups.

766 Sandringham Road Extension Mt Roskill Auckland 1041 info@migrantactiontrust.org.nz  9 am - 5 pm Mon - Fri



|  |  |
| --- | --- |
| (09) 629 3500 (027) 229 35002 http://www.migrantactiontrust.org.nz      **Mount Eden Community Link** | After hours and weekends by appointment Some charges may apply. Referral may apply. |
| FSD0007906 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

191-193 Dominion Road Mt Eden Auckland 1024



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**MSL Training**

FSD0021528 Last updated 15/09/2020

MSL Training is a South Auckland based tertiary educator, with over 13 years experience.

MSL delivers education and training in three main areas:

Service Sector courses Hospitality, Retail and Customer Service English language, Literacy, Numeracy and Core Foundation Skills

Targeted training, career development and employment placement.

Our core business and organisational focus is in providing Foundation, Breakthrough and SecondChance Education to under-represented groups in the Auckland region.

MSL Training is a New Zealand government endorsed Category 1 provider with a dual ‘Highly Confident’ rating in our latest EER. This puts us among the most successful training providers in the country.

MSL has an outstanding track record of success and a real passion for what we do. An NZQA external review [EER] observed that “Programmes of study are clearly meeting the needs of the learner and are effectively delivered by competent, passionate, and caring staff”.

603 Great South Road Manukau Auckland 2241



info@msltraining.ac.nz  Office Hours: 8:30am - 5pm Monday through

|  |  |
| --- | --- |
| (0800) 22 44 38 (09) 263 6940 http://www.msltraining.ac.nz      **Narrative Pathways** | Thursday  Friday close at 4:30pm All services free of charge. Referral may apply. |
| FSD0018647 | Last updated 13/04/2021 |

Specialist counselling and support for boys, teenagers (male and female), families, men and couples. LGBTI specialist and ACC registered with Youthline.

Since 1993 Nigel has provided counselling support in New Zealand, England and USA, including work as a School Guidance Counsellor, E.A.P Counsellor and couples / family therapist in his own practice in Auckland.

Nigel holds a Masters Degree in Counselling (Narrative Practice) and is a lecturer in the Bachelor of Social Practice Programme at Unitec, Auckland.

Nigel is available in-person in Auckland and online nation-wide.

In addition to counselling, Nigel provides clinical supervision to counsellors, social workers and others in senior roles within the helping professions, and Wellbeing seminars and workshops nationwide by arrangement.

10 Fontenoy Street Mount Albert Auckland 1025



nigel@narrativepathways.com  Fridays (during business hrs) but also some

(021) 834 413 evenings by special arrangement. http://narrativepathways.com

Call me to discuss your needs and we will find a time that works for us both. In-home appointments can also be arranged.

Some charges may apply. No referral required.

**New Kiwis**

FSD0003772 Last updated 11/08/2020

New Kiwis is a FREE employment service to migrant job seekers and New Zealand employers.

The service is provided by Auckland Chamber of Commerce and Immigration New Zealand.

Level 9 90 Symonds Street Auckland City 2104



newkiwis@chamber.co.nz  Monday - Friday : 8.30am - 4.30pm (0800) 709 907 All services free of charge. http://www.newkiwis.co.nz No referral required.

**New Lynn Community Link**

FSD0007907 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family. 5-9 Hugh Brown Drive New Lynn Auckland 0600



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**New Zealand Creative Enterprise**

FSD0021362 Last updated 03/02/2021

A niche contractor providing programmes for sustained employment for clients of Work & Income. We provide a number of workshops and career counselling services designed for improving the working life of our participants. These programmes focus on CV preparation, job search, career action plans, business action plans, business plans, business development and mentoring, and creative careers planning. Workshops: Be Your Own Boss course, interview coaching, personal branding and identity development, portfolio and presentation, digital strategies, social media marketing, freelancing/contracting, and marketing. Services: CV writing, MBTI™ personality profiling, interview coaching, career coaching, and career counselling.

830 New North Road Mt Albert Auckland



(027) 599 8188  By appointment and referral only as workshops

http://www.nzcreativeenterprises.com run at different times. Otherwise appointments

are made at the appropriate W&I sites. Visitors check website for contact information.

All services free of charge. Referral may apply.

**Onehunga Community Link**

FSD0007908 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family. 201-211 Onehunga Mall Auckland 1061



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**OneStaff**

FSD0020417 Last updated 11/10/2020

OneStaff supplies temporary and permanent staff to organisations around the country, in almost every industry.

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| --- | --- | --- |
| (0800) 178 233 (1STAFF) https://www.onestaff.co.nz/      **Oranga Youth Collective** | Online form Get in touch is available on the | |
| website  All services free of charge.  No referral required. |  |
| FSD0022638 |  | Last updated 18/12/2020 |

We serve the homeless, disadvantage families and senior citizens of the

Oranga/Onehunga/Mangere communities and Auckland wide. We also run weekly programmes for the Youth in the Maungakiekie Area and providing a free school holiday programme for Oranga/Onehunga/Penrose at the Oranga Community Centre on Waitangi Road.

Oranga Community Centre 52C Waitangi Road Onehunga Auckland 1061



info@synergypro.nz  Monday - Friday 10am to 3pm (027) 958 9070 All services free of charge. https://www.facebook.com/SynergyProject No referral required. s/

**Otahuhu Community Link**

FSD0007910 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

4 Fairburn Road Otahuhu 1062



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

|  |  |
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| http://www.workandincome.govt.nz      **Papakura Community Link** | 9:30am - 5pm  All services free of charge. No referral required. |
| FSD0007913 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20-22 Queen Street Papakura 2110



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Papatoetoe Career Development Service**

FSD0022632 Last updated 12/08/2020

We work with our sister organisation, Papatoetoe Budgeting & Family Services, to ensure that clients have enough income to overcome debt. We refer clients to the Career service, consultants interview them and assess their skills and abilities. This is done through a special pre-test (normally takes five minutes). We help clients to identify their career/working field, prepare a CV and cover letters, we provide training for job interviews and make referrals for specific training or on-the-job training with employers.

Ground Floor 35 St. George Street Papatoetoe Auckland 2025 comm.budgetingservice@gmail.com  8.30am - 4.30pm



|  |  |
| --- | --- |
| (09) 279 0415 (021) 187 1456 http://www.hinduheritage.org.nz      **Papatoetoe Community Link** | Monday to Friday  Sat-9.30am - 12.30pm All services free of charge. No referral required. |
| FSD0007914 | Last updated 05/01/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

17 Shirley Road Papatoetoe 2025



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz      **Pasifika Education Centre** | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0003535 | Last updated 22/03/2021 |

Since 1978, PEC is the first and oldest Pacific community provider in Aotearoa New Zealand with a Crown-appointed Board of Trustees.

PEC is a charitable trust and an NZQA Registered Private Training Establishment (PTE) that delivers NZQA accredited community-based Pasifika Language courses (in Kuki 'Airana - Cook Islands, Vosa Vakaviti - Fijian, Vagahau Niue - Niuean, Gagana Samoa - Samoan and lea-Faka Tonga - Tongan).

We provide Pacific knowledge and competency training in the workplace to employers effectively engage with Pacific employees, clients and communities.

We also have an online bookstore and a private reference collection.

Level 3, Westfield Mall Manukua (entrance @lift) 1 Leyton Way Manukau Manukau 2014



reception@pec.ac.nz  8:30 am - 8:00 pm weekdays during Term time (09) 260 4042 only, otherwise, normal working hours 8:30am -

http://www.pec.ac.nz 5pm

Some charges may apply. No referral required.

**Classification : PACIFIC**

**Penrose Clinic**

FSD0020256 Last updated 30/11/2020

Drug testing service for Work and Income beneficiaries

Prices inclusive of GST:

On-site screening drug test - $90.00

Confirmatory drug test - $55 plus ESR Lab charges

766 Great South Road Penrose Auckland 1061



reception@penroseclinic.co.nz  Office hours

(09) 579 4784 Mon - Friday: 8am - 5.30pm

Closed on public holidays Some charges may apply. Referral may apply.

**Classification : DTS**

**Polyemp Employment & Advisory Service - Unitec and MIT**

FSD0003886 Last updated 12/11/2020

Placement service for graduates of MIT or Unitec with intellectual disabilities in paid employment with support.

Mreilly@unitec.ac.nz  8am - 4pm Monday to Friday

(09) 980 9660 All services free of charge.

(021) 552 860 Referral may apply. http://www.polyemp.org.nz

**Pukekohe Community Link**

FSD0007917 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

9-11 Tobin Street Pukekohe 2120



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Pukekohe Family Health Care Ltd.**

FSD0020141 Last updated 05/02/2021

Drug testing service for Work and Income beneficiaries. Prices inclusive of GST.

On-site screening drug test $50.00.

Evidential drug test $37.00 (plus $100 @ ESR)

10 West Street Pukekohe Auckland 2120



contact@pukekohehealth.co.nz  Monday-Friday 8am to 5.30pm

(09) 237 0280 Some charges may apply. http://www.pfhc.co.nz Referral may apply.

**Classification : DTS**

**Quality Education Services**

FSD0021479 Last updated 29/04/2021

Quality Education Services Limited (QES) is a Private Training Establishment (PTE) based in

Auckland New Zealand. We provide education and training for youth and adult learners from our Manukau sites. Our organisation has been working hard in the south Auckland community for over 27 years.

Our mission is to improve the education and skill level of the community by providing high quality education and training within a student / client centered and supportive environment. We deliver six different programmes focused on working with people with little formal education and low foundation skills.

10 Norman Spencer Drive Manukau Auckland 2164



info@qes.org.nz  Weekdays 8.30am - 4.30pm

(09) 252 0055 All services free of charge.

(021) 290 0485 Referral may apply. http://www.qes.org.nz/

**Classification : YS**

**Queen Street Community Link**

FSD0007918 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 3 450 Queen Street Auckland 1010



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Reconnect Family Services**

FSD0003740 Last updated 09/02/2021

Reconnect provides a range of services for young people with challenging behaviours. These services include a national residential placement, therapeutic intervention and liaison around educational services for young people, specific youth justice mentoring and placement services and services in the area of supported bail in the Auckland region.

8 Puhinui Road Manukau



info@reconnect.org.nz  8am / 4pm Monday to Friday

|  |  |
| --- | --- |
| (09) 926 5360 http://reconnect.org.nz/      **RecruitMum** | Some charges may apply. Referral may apply. |
| FSD0024233 | Last updated 20/04/2021 |

A solution-focussed, social enterprise recruitment service - we champion work-ready Mums connecting them to part-time, flexible work. We put meaning back into recruitment while simplifing the time-to-hire. Affordable, no-fuss service plans on offer and access to talent set to make a difference in your organisation for tomorrow.

clare@recruitmum.co.nz  Mon-Thu 9.00am to 4.00pm

(021) 045 8694 Fri: 9.00am to 12.00pm

http://www.recruitmum.co.nz Some charges may apply.

Referral may apply.

**Relationship Matters Limited**

FSD0019512 Last updated 01/05/2021

Relationship Matters Ltd provides Counselling, Mediation, Training, Consultancy, Employer Workplace Assistance, and Online Social service assistance.

179 Hillsborough Road Hillsborough Auckland steve.taylor@relationshipmatters.org.nz  After-hours and weekends.



(021) 259 2506 Some charges may apply. http://relationshipmatters.org.nz No referral required.

**SENZ Charitable Trust**

FSD0003635 Last updated 23/06/2020

SENZ Employment Centre offers employment services to adults registered with Work & Income.

13-15 Gladding Place Manukau



info@senz.org.nz  8am - 4.30pm Mon - Friday

|  |  |
| --- | --- |
| (09) 261 0070  (0800) SENZ4U http://www.senz.org.nz | All services free of charge. Referral may apply. |

**Shine (Safer Homes In New Zealand Everyday)**

FSD0003515 Last updated 18/09/2020

Shine (Safer Homes In New Zealand Everyday) is making homes violence free. Shine offers a free national Helpline, frontline services for adult and child victims of domestic abuse and for men who've used violence, as well as training programmes, the DVFREE workplace programme, and Shine in School programme.

Ground Floor 409 New North Road Kingsland Auckland 1021



enquiries@2shine.org.nz  Helpline (0508 744 633) is answered 9am -

|  |  |
| --- | --- |
| (0508) 744 633 (09) 815 4601 http://www.2shine.org.nz | 11pm, 7 days a week . Our office hours are  8.30am - 5.00pm weekdays. Some charges may apply.  Referral may apply. |

**SIAOLA**

FSD0023218 Last updated 14/09/2020

Siaola is a social service provider that is focused on the elimination of youth suicide and child abuse prevention. This is in line with the Methodist Mission ‘Let the Children Live’ 10 year Plan. We work with Tongan families in the areas of Family Violence Prevention and Child Protection through building successful and thriving lives for our Tongan families. Our programmes are focused on Famili Lelei - Relationships, Education and Health.

Level 1 409 Great South Rd Penrose Auckland 2022



Kathleent@methodist.org.nz  9am to 5pm

(09) 600 2662 Monday- Friday https://www.facebook.com/VahefonuaMet All services free of charge. hodistMission/ No referral required.

**Classification : PACIFIC**

**Silver Fern Motorsport Charitable Trust**

FSD0021627 Last updated 14/01/2021

Our purpose is:

To provide training, education and mentorship to people, particularly young people who are identified as “at-risk” or disadvantaged, focusing on the automotive and motorsport based industries, and to better place them for future employment and for self-development.

4087b Great North Road Glen Eden Auckland 0602



ted.jarvis@silverfernmotorsport.com  Monday - Friday 8:30am to 5pm

(021) 635 031 All services free of charge. http://www.silverfernmotorsport.com No referral required.

**Skills Update Training and Education Group**

FSD0021447 Last updated 14/08/2020

Skills Update Training Institute is a Private Training Establishment, registered and accredited by the New Zealand Qualifications Authority.

Founded in 1991, Skills Update Training Institute is a dynamic training organisation with one of the widest ranges of accreditation among NZ private Training establishments. The organisation operates from three branches and trains individuals for employment in various industries. Our courses aim to develop student’s skills and knowledge while also addressing identified needs within industry.

Our core operations cover adult and youth training courses that are funded by Tertiary Education Commission (TEC) and Ministry of Social Development (MSD). We also deliver a wide range of training under contract to several regional polytechnics and institutes of technology.

59 Tidal Rd Mangere Auckland 2022



qa@skillsupdate.co.nz  Monday - Friday from 8 AM till 4:30 PM

(09) 275 3155 All services free of charge. http://www.skillsupdate.co.nz Referral may apply.

**Spectrum Care**

FSD0003492 Last updated 01/10/2020

We provide support for children, young people and adults with disabilities and their whanau. We offer a wide array of personalised and flexible support options for people of all ages and stages in the Northland, Auckland, Waikato, Bay of Plenty and Wellington regions. This includes 24-hour residential support, a variety of flexible planned break options, and specialised Home Support, Transitions and Aspirations support. Our popular School Holiday,

After-school and Weekend programmes of activities for children are available in Whangarei, Auckland, Hamilton and Wellington – talk to us today to find out more!

Our independent living support is specifically focused on empowering people to their lives of choice – lives like any other – in the community, and our Specialist Clinical Team supports health, behaviour and speech-language outcomes.

205 Great South Road Greenlane Auckland 1051



info@spectrumcare.org.nz  8am-5pm Monday-Friday (09) 634 3790 Some charges may apply. http://www.spectrumcare.org.nz Referral may apply.

**Classification : PACIFIC**

**Springboard Community Works**

FSD0020184 Last updated 30/09/2020

Primary Aims:

Empowering people who are disadvantaged.

Fostering community connection and wellbeing.

Mission:

To work with at risk youth and their families in Snells Beach, Warkworth, Wellsford and surrounding areas. To empower them with essential truths, skills, and mentors to facilitate personal transformation and connection to community. We have a number of programmes, services and partnerships that identify and work with families and youth to bring about the changes needed for positive living.

By providing proven wrap around support programmes, Springboard creates opportunities for young people to achieve positive outcomes and pathways to success. We focus on personal wellbeing by creating a place of belonging and celebrating one-to-one connections, whilst also engaging family and the wider community.

58 Hamatana Road Snells Beach Auckland 0920



mail@springboard.org.nz  Mon -Fri

(09) 425 4623 8.00-5.00

http://www.springboard.org.nz All services free of charge. Referral may apply.

**Classification : YS**

**Tamaki Community Link**

FSD0007898 Last updated 03/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 Unit 1 40-42 Mayfair Place Glen Innes Auckland 1072

|  |  |
| --- | --- |
| (0800) 559 009 http://www.workandincome.govt.nz      **Te Roopu O Wai Ora Inc.** | Monday to Friday 8:30am - 5pm, Wednesday  9:30am - 5pm  All services free of charge. No referral required. |
| FSD0021500 | Last updated 23/09/2020 |

Te Kaupapa O Te Roopu O Wai Ora Inc. Child & Family Support Service aims to help, and support Youth ‘at risk’ and their families. By providing a culturally appropriate Service’s for youth ‘at risk’ in their own communities. Running local community club programmes, youth camps, early intervention programmes in local schools, and working with Oranga Tamariki supporting young people by providing one on one mentoring service.

6B Ryan Place Manukau Auckland 2104



Enquiries@teroopuwaiora.nz  Mon to Fri - 9am -5pm

(09) 2774513 All services free of charge.

(021) 491 256 Referral may apply. http://www.waiora.kiwi

**The Big Idea | Te Ari Nui**

FSD0024538 Last updated 25/03/2021

The Big Idea | Te Ari Nui is Aotearoa's home of creative opportunities, jobs, news, events and inspiration. It has been supporting Aotearoa creatives for 20 years. This is our kaupapa, this is what we do. We are passionate about supporting artists to turn their big ideas into big successes.

toipotomentoring1@thebigidea.co.nz  Available by appointment.

(0800) 824 332 All services free of charge. https://www.thebigidea.nz/toipoto No referral required.

**The Drug Detection Agency - Airport Oaks**

FSD0022962 Last updated 21/08/2020

Drug testing service for Work & Income beneficiaries. Prices inclusive of GST:

Office based screening test, by appointment: $74.75

Mobile testing service (not private residences) $89.10

Evidential Laboratory Confirmation Test: $120.00

14 Andrew Baxter Drive Auckland



auckland.operations@tdda.com  Mon - Friday 8.00am - 4.00pm

|  |  |
| --- | --- |
| (09) 216 7971 http://www.tdda.com    **Classification : DTS** | Some charges may apply. Referral may apply. |

**The Drug Detection Agency - East Tamaki**

FSD0020239 Last updated 17/11/2020

Drug testing service for Work & Income beneficiaries. Prices inclusive of GST:

Office based screening test, by appointment: $74.75

Mobile testing service (not private residences) $89.10

Evidential Laboratory Confirmation Test: $120.00

38e Highbrook Drive East Tamaki Auckland



auck.operations@tdda.com  Monday - Friday, 7.00am - 5.00pm

(09) 271 0581 Some charges may apply.

(021) 628 089 Referral may apply. http://www.tdda.com

**Classification : DTS**

**The Drug Detection Agency - Henderson**

FSD0020241 Last updated 21/08/2020

Drug testing service for Work & Income beneficiaries. Prices inclusive of GST:

Office based screening test, by appointment: $74.75

Mobile testing service (not private residences) $89.10

Evidential Laboratory Confirmation Test: $120.00

22E Te Pai Place Henderson Auckland 0610



nh.operations@tdda.com  Monday - Friday, 7.00am - 5.00pm

(09) 835 2918 Some charges may apply. http://www.tdda.com Referral may apply.

**Classification : DTS**

**The Drug Detection Agency - North Harbour**

FSD0020193 Last updated 17/11/2020

Drug testing service for Work & Income beneficiaries. Prices inclusive of GST:

Office based screening test, by appointment: $74.75

Mobile testing service (not private residences) $89.10

Evidential Laboratory Confirmation Test: $120.00

44M Constellation Drive Mairangi Bay Auckland 0632



nh.operations@tdda.com  Monday to Friday 8.00am - 5.00pm

(09) 909 6657 Some charges may apply.

(021) 807 668 Referral may apply. http://www.tdda.com

**Classification : DTS**

**The Drug Detection Agency - Penrose**

FSD0020967 Last updated 19/08/2020

Drug testing service for Work & Income beneficiaries. Prices inclusive of GST:

Office based screening test, by appointment: $74.75

Mobile testing service (not private residences) $89.10

Evidential Laboratory Confirmation Test: $120.00

Unit 12 761 Great South Road Penrose Auckland



maria.templeman@tdda.com  Monday - Friday 8.00am - 5.00pm

(09) 589 1852 Some charges may apply.

http://www.tdda.com Referral may apply.

**Classification : DTS**

**The Pride Project Charitable Trust**

FSD0024469 Last updated 30/11/2020

The Pride Project is a Charitable Trust operating in the suburb of Manurewa, South Auckland. We have been working intensively in the community for the last four years and evolved what we know is a unique kaupapa and approach to community empowerment, pride and holistic development. Clendon/Manurewa is a community that suffers from high levels of deprivation, inter-generational poverty, over-crowding in homes particularly among its majority of Mori and Pacific households. Our understanding of our community comes from our local knowledge. We deal with the failings and silo-effects of the dominant socio-economic and political system and what we do is not about filling gaps but building an alternative healing system of well-being around Manurewa people as individuals, whanau, hapu and as a kainga. We are immersed in Kaupapa Mori; it is a deeply held foundation, as well as an expression of what we do and why.

60 Maplesden Drive Clendon Park Auckland 2103



melissaatama@theprideproject.co.nz  Community House, Volunteers and Whare

(027) 237 8756 Tautoko - 9.30am - 2.00pm

Hope Navigators Available - 9.30am-5.30pm

Tool Library - 9.30am-1.00pm

Koha Kutz Mon,Wed,Fri by appnt - 10.00am-

1.30pm

Koha/donation may apply. No referral required.

**Three Kings Community Link**

FSD0007920 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Three Kings Plaza 536 Mt Albert Road Three Kings Auckland 1042



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Tree House**

FSD0021368 Last updated 18/03/2021

Tree House currently provides the following programmes for the Ministry of Social Development:

* Training for Work – HospoSkills, Kitchen Works and Customer Service.
* Skills for Industry – Hospitality and Retail.
* Employment Placement Service – Hospitality and Retail.
* Youth Guarantee - Security

Level One 5 Nelson Street Auckland Central Auckland 1010



BernardTePaa@treehouse.org.nz  Monday to Friday

|  |  |
| --- | --- |
| (09) 374 4507 (027) 483 2999 https://www.treehouse.org.nz/ | 8:30 a.m. to 05:00 p.m.  All services free of charge.  Referral may apply. |

**Tuilaepa Youth Mentoring Service**

FSD0019607 Last updated 19/02/2021

The Tuilaepa Youth Mentoring Service (TYMS) TYMS is a youth mentoring service (both individual and group) which works with at-risk youth, supporting them to achieve their full potential either academically or through training and employment.

Our TYMS vision is of Pasifika and Maori youth who feel a sense of belonging and pride in our communities living their full potential.

Our mission is to break the cycle of disengagement

TYMS partners with young people to create quality life paths and ensure they have the support networks, tools, resources, and life skills to navigate and succeed in education, employment or training.

Our approach to improving young people’s wellbeing is strengths-based, holistic (combining academic mentoring with family/student advocacy), and culturally appropriate, delivered by our Pasifika and Mori mentors and student/family advocates (all of whom are parents, certified youth workers with teaching experience and sporting backgrounds).

644 Swanson Road Swanson Auckland 0612



admin@tyms.org.nz  Monday-Friday 9am - 5pm

(09) 971 2746 Some charges may apply.

(021) 192 8607 Referral may apply. http://www.TYMS.org.nz

**Turuki Health Care**

FSD0020342 Last updated 01/04/2021

Drug testing service for Work and Income beneficiaries. Prices inclusive of GST.

On-site screening drug test: $50.00

If the test results are positive, there is an additional charge of $85.00 to send the tests off for further evaluation.

The additional $85.00 is required to be paid upfront before the test is sent for evaluation.

2/32 Canning Crescent Mangere Auckland 2022



(09) 275 5788  Monday and Thursday: 8am-9pm

http://www.turukihealthcare.org.nz Tuesday, Wednesday and Friday: 8am-6pm Some charges may apply. Referral may apply.

**Classification : DTS**

**Waiheke Island Community Link**

FSD0007922 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Shop One 116 Ocean View Road Oneroa Waiheke Island 1081



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waitakere Community Link**

FSD0007924 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

36-44 Sel Peacock Drive Waitakere 0610



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waiuku Community Link**

FSD0007925 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

57b Queen Street Waiuku 2682



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz      **WALSH Trust** | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0003630 | Last updated 22/12/2020 |

West Auckland Living Skills Homes Trust Board. A variety of support services for people living in the community who experience Mental Ill Health.

8 Hickory Avenue Henderson Auckland 0650



reception@walsh.org.nz  8.30am - 4.30pm Monday to Friday.

(09) 837 5240 All services free of charge. http://www.walsh.org.nz Referral may apply.

**Classification : PACIFIC**

**Warkworth Community Link**

FSD0007926 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Winscombe Mall 37 Queen Street Winscombe Mall Warkworth 0910



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Westgate Community Link**

FSD0007927 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

22-24 Cabernet Crescent Westgate Waitakere City 0614



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Westgate Medical Centre**

FSD0020246 Last updated 03/08/2020

Drug Testing for Work & Income Clients. Prices inclusive of GST.

On-site screening drug test $55.00.

Evidential drug test (sent to ESR) $155.00 per test.

Market Block, Westgate Shopping Centre - Fernhill Drive Massey Auckland 0614 info@wgmc.co.nz  7 days per week, 8am - 8pm.



(09) 833 3134 Closed Christmas Day only.

http://www.wgmc.co.nz Some charges may apply.

Referral may apply.

**Classification : DTS**

**Whanau Resource Centre o Pukekohe Charitable Trust**

FSD0016702 Last updated 08/10/2020

The Whanau Resource Centre is a one stop shop in community support servicing and prides itself on catering to the needs of its community. The Whanau Resource Centre's confidential service delivers a holistic approach to supportive care and is committed to promoting well being and assisting individuals to deal with the day to day matters of life.

17 McNally Road Pukekohe Auckland 2120



info@whanauresourcecentre.org.nz  Monday, Tuesday, Wednesday, Thursday and

(09) 238 5285 Friday 9am to 4.30pm (021) 532 178 Some charges may apply.

No referral required.

**Classification : FVSS, THP**

**Women's Centre Waitakere**

FSD0003464 Last updated 02/11/2020

A community based agency supporting women and their families. We provide a safe, accessible environment for women and their families to make their own choices in a supportive, nonjudgemental and confidential way.

Services provided include Counselling, Programmes and workshops. Access to community information and resources.

Cnr McLeod & Te Atatu Road 111 McLeod Road Te Atatu South Auckland 0610 info@womenscentre.org.nz  Monday to Friday 9am to 2.00pm



|  |  |
| --- | --- |
| (09) 838 6381  (09) 836 2470 https://www.heartofthewest.org/    **Classification : FVSS** | Some charges may apply. No referral required. |

**Work and Income - Auckland Regional Office**

FSD0015264 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 2, Building A 65 Main Highway Ellerslie Auckland 1051



(0800) 559 009  Monday to Friday, 8:30 am to 5:00 pm http://www.workandincome.govt.nz All services free of charge.

No referral required.

**Work and Income - Clendon Service Centre**

FSD0007895 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Clendon Shopping Centre Cnr Roscommon & Palmers Roads Clendon Manukau City 2103



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenfield**

FSD0007896 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family. 1 Peach Road Glenfield North Shore City 0629



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenmall Community Link**

FSD0007897 Last updated 14/12/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20 Oates Road Glen Eden Auckland 0602



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Helensville Service Centre**

FSD0007899 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 34-38 Commercial Road Helensville 0800

Monday to Friday 8:30am - 5pm, Wednesday

9:30am - 5pm

All services free of charge.

No referral required.

**Work and Income - Mangere Community Link**

FSD0007902 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

93 Mascot Avenue Mangere Auckland 2022



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Manukau Community Link**

FSD0007903 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 2 Osterley Way Manukau Auckland 2104

Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge.

No referral required.

**Work and Income - Orewa Service Centre**

FSD0007909 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

27 Florence Avenue Orewa 0931



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Work and Income - Otara Service Centre**

FSD0007911 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 52-60 Lovegrove Crescent Otara 2023

Monday to Friday 8:30am - 5pm, Wednesday

9:30am - 5pm

All services free of charge.

No referral required.

**Work and Income - Takapuna Service Centre**

FSD0007919 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

519 Lake Road Takapuna 0622



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz      **Workbridge Inc - Auckland** | 9:30am - 5pm  All services free of charge. No referral required. |
| FSD0007855 | Last updated 24/06/2020 |

Our mission is to enable people with disabilities to participate and experience equal opportunities in the labour market.

Bldg. 14 Central Park 660 Great South Road Ellerslie Auckland



garyn@workbridge.co.nz  8.30am - 5.00pm Monday to Friday

(09) 263 6665 All services free of charge.

(0508) 858 858 No referral required. http://www.workbridge.co.nz

**Working Women's Resource Centre**

FSD0003470 Last updated 28/09/2020

The Working Women's Resource Centre (WWRC) aims to improve women's access to employment related information by providing resources on employment issues, promoting women's participation in the workforce and their unions and providing advice and educational services to working women and young workers. WWRC networks with other organisations to advocate and lobby for pay equity, equal opportunity and a living wage.

Building 2, Level 2 646 Great South Road Ellerslie Auckland 1051 info@wwrc.org.nz  By Appointment.



(027) 485 3471 Phone and emails checked daily. http://www.wwrc.org.nz All services free of charge.

No referral required.

**Workplace Wellness Systems**

FSD0020187 Last updated 27/10/2020

Drug testing service for ALL clients. Prices inclusive of GST.

Clinic instant screening drug test: $74.75

Clinic instant screening + synthetic drug test: $97.75

Non-negative laboratory confirmation: $161.00/drug

Laboratory screening drug test: $120.75 (negative result); $172.50 (positive result)

Level 1 Otara Integral Health 120 East Tamaki Road Otara Auckland 2023 info@workplacewellnesssystems.co.nz  Mondays to Fridays



(09) 265 4959 8:00am - 3:30pm http://www.workplacewellnesssystems.co. Some charges may apply. nz No referral required.

**Classification : DTS**

**Youth Service West**

FSD0020124 Last updated 25/01/2021

Youth Service West (YSW) is a FREE Hub supporting young people aged between 16 – 24 with Education and Employment options, Health and Wellbeing support, advice and referrals, Career Planning and Guidance, Budgeting, Parenting and Life skills Training, Skills and Tools.

Whether you need a chat over a drink, advice, support or individual guidance, we're approachable, friendly and easy to talk with... come see one of our awesome youth coaches!

Our skilled staff will work with you, your family/whanau and other support services to develop a tailored, individual plan to address your identified areas of need.

If we can't help you, we'll know who can!

3 Rata Street New Lynn Auckland 0600



carmen.atama@youthorizons.org.nz  Monday to Friday 8:30 to 5:00pm

(09) 835 1176 ext 404 All services free of charge.

(0800) 937 887 Referral may apply. http://youthorizons.org.nz

# Ethnic Services

**AKAL Foundation**

FSD0024322 Last updated 24/08/2020

Our aims to identify and fund the delivery of high-impact solutions that can reduce health inequities and give everyone the opportunity to live healthy, productive lives.

We work closely with our partners to support innovative approaches and expand existing ones, so they reach the people who are most in need.

Our aim is to create better society.

Akal Foundation

Leadership training – capacity building, political representation

Family Violence – prevention programmes, education awareness

Budgeting & Family Support Services as Below

Community Alcohol and Drug Services

Community Sports / Service

Food Bank Service

Community Awards

Ladies Night

Migrants Help

Open Festival

35 East Tamaki Road Papatoetoe Auckland 2025



rajinz@gmail.com  Monday to Friday 8.00 to 5PM

(09) 278 6062 All services free of charge.

(021) 661888 No referral required. http://www.akalfoundation.org.nz

**Aotearoa Latin American Community Incorporated**

FSD0020454 Last updated 29/01/2021

Our aims are: a) To preserve, enhance and promote the positive aspects of Latin American and Spanish culture; b) to provide holistic social services to the Latin American community, refugee and migrant communities in general; c) to be a link between the cultures of Spain, Latin America and New Zealand.

45 Cardwell Street Onehunga Auckland 1643



socialservices@alacinc.org.nz  Monday to Friday 09 am-16:00 pm

(09) 636 5313 All services free of charge. http://www.alacinc.org.nz No referral required.

**Asian Health Services (WDHB)**

FSD0003826 Last updated 10/09/2020

Asian Health Services (AHS) is part of Waitemata DHB. The service is responsible for providing cultural and language support services to the teams responsible for providing care to Asian migrant and refugee clients/patients. The aim is to ensure WDHB services are accessible, culturally appropriate and safe to meet the health care needs of the Asian migrant and refugee population.

Ground Floor 3 Mary Poynton Crescent Takapuna North Shore City



(09) 486 8314  Please see each service for more detail about http://www.asianhealthservices.co.nz opening hours.

All services free of charge. Referral may apply.

**Asylum Seeker Support Trust**

FSD0003685 Last updated 05/08/2020

Advocates for asylum seekers and refugees. We also provide emergency hostel accommodation for asylum seekers.

Unit 3 4 Warnock Street Grey Lynn Auckland 1021



info@asst.org.nz  Operating Hours: 8.30 am - 5 pm Mon - Fri.

(09) 378 7434 Some charges may apply.

(09) 828 6067 No referral required. http://www.asst.org.nz

**Auckland District Health Board - Interpreting Services**

FSD0015315 Last updated 06/08/2020

Auckland District Health Board ("ADHB") Interpreter Service provides a 24-hour health interpreting services to Auckland District Health Board. We also offer services to Non-ADHB/external services during normal business hours. For all enquires please contact our service on (09) 630 9943 (or 0800 559 555) and ask to speak with Interpreter Service or e-mail PHIP@adhb.govt.nz.

Telephone interpreting is available to all areas of New Zealand.

Level 4, Building 15, 214 Greenlane West Road Epsom Auckland 1051



phip@adhb.govt.nz  Opening hours Mon-Fri 8am to 5pm excluding

(0800) 55 95 55 Public Holidays

(09) 307 4949 x 26653 Some charges may apply. https://interpreterservices.custhelp.com No referral required.

**Auckland Malaysian Society Inc**

FSD0003912 Last updated 05/11/2020

Arranges social events during cultural festivals. First point of contact for Malaysians new to Auckland.

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| president@malaysianz.org.nz  (021) 622 280 http://www.malaysianz.org.nz | Some charges may apply. No referral required. |

**Auckland Multicultural Society Inc.**

FSD0003916 Last updated 26/09/2020

Foster cultural awareness and education amongst the ethnic groups that live in Auckland. Holds meetings first monday of every month (unless public holiday). Open to everyone and members are voluntary. See website for further information.

kesang@pl.net  Meetings first Monday of every month (except

(09) 483 6066 public Holiday) http://www.aucklandmulticulturalsociety.or Some charges may apply.

g.nz No referral required.

**Auckland North Newcomers Network**

FSD0024320 Last updated 24/08/2020

The Newcomers Network is about creating an inclusive community where all meet around a common appreciation of living together in a peaceful environment.

134 Birkdale Road Birkdale Auckland 0626



aucklandnorth@newcomers.co.nz  I am flexible but Tursdays afternoon 12-2:30pm

(022) 418 8199 is best. http://newcomers.co.nz All services free of charge.

No referral required.

**Auckland Regional Migrant Services Trust**

FSD0003854 Last updated 02/03/2021

ARMS is a specialist settlement support agency. We provide services for migrants and refugees across Auckland Region. ARMS works to facilitate settlement assistance through effective agency coordination, community networking and informed advocacy.

8 Virginia Avenue East Eden Terrace Auckland 1021



reception@belong.org.nz  Mon - Fri 9am - 4pm (09) 625 2440 All services free of charge. https://www.facebook.com/BelongAotearo No referral required. a/

**Babylon Community Development Charitable Trust**

FSD0024503 Last updated 25/02/2021

Babylon Community Development Charitable Trust is a not-for-profit organization, stranded in fundamentals of empowerment, shared vision, inclusion, collective action, determination, social cohesion, building leadership and collaboration. Committed to undertake a sustainable community development process through providing a wide range of quality services and performing a variety of essential activities and projects by and to the beneficiaries of the Trust at a grassroots level, with support from the New Zealand government agencies and non-government organizations to actively contribute in building and developing Auckland society’s safety, strength and well-being.

9 The Enclave Totara Heights Auckland 2105



(021) 067 7725  all days of the week, all hours of the day http://babylon.ac.nz All services free of charge.

No referral required.

**Bhartiya Samaj Charitable Trust**

FSD0003920 Last updated 21/08/2020

Our primary objective is to ensure that people of the community are benefited by the various activities and programs undertaken by us on a regular basis. We also ensure to foster friendly relations among the community members, by catering to their social, cultural and emotional needs through our regular programs and activities.

We offer wide range of services through our Senior Citizens Wing, Children & Youth Wing, New Migrants Support Wing and Social Services Wing. These services are delivered with assistance from Members of Executive Committee of Bhartiya Samaj and Volunteers from the Community. We also work in co-operation with other Community Welfare organisations which are operating Auckland region. Our services are available free to the community at large irrespective of their language, religion, region and social status.

13 May Road Mount Roskill Auckland 1014



jeet@xtra.co.nz  Monday to Friday from 9 am to 3 pm

(09) 620 0579 All services free of charge.

(021) 222 1020 No referral required. http://www.bsct.org.nz

**Chinese Mental Health Consultation Services Trust**

FSD0015125 Last updated 21/09/2020

Our trust is a non-profit organisation with a mission of fostering and restoring family harmony and individuals' wellbeing and safety. It is formed by a group of New Zealand experienced and registered mental health professionals.

134 Pah Road Royal Oak Auckland 1023



info@cmh.org.nz  10.00 am to 2:30 pm on Monday and Tuesday (09) 624 4639 10:00 am to 6:00 pm on Wednesday and Friday.

http://www.cmh.org.nz Please leave message on answer phone.

Some charges may apply. Referral may apply.

**Classification : FVSS**

**Chinese New Settlers Services Trust**

FSD0001709 Last updated 15/04/2021

Chinese New Settlers Services Trust is a charitable trust since 1998, supporting Asian new comers and the entire community as a whole. We provide social services, education and social housing for 15,000 people every year.

CNSST provides wraparound services:

* Social work & Counseling
* Employment & Enterprise
* Education & Settlement
* Social Enterprise: Education Institute, Social Housing Project
* Accounting & taxation

20 Clifton Court Panmure Auckland 1072



info@cnsst.org.nz  Monday-Friday 9am-5pm.

(09) 570 1188 All services free of charge. http://www.cnsst.org.nz Referral may apply.

**Classification : FVSS**

**Citizens Advice Bureau - Avondale**

FSD0006841 Last updated 30/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

c/- Avondale Library 93 Rosebank Road Avondale Auckland 1026



avondale@cab.org.nz  Bureau hours - Mon-Fri 9.30am to 1pm (09) 828 7121 JP's Mon,Wed,Thurs & Fri 10-12noon http://www.cab.org.nz BUDGETING Tuesdays only @ 10.00am

LEGAL Clinic Saturdays fortnightly &

Appointment essential All services free of charge. No referral required.

**Citizens Advice Bureau - Birkenhead**

FSD0006842 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is resourced by trained volunteers who can access information from the extensive range of resources held by each branch. The service can be accessed by phone, email or in person.

* Legal clinic (run by Waitemata Community Law) Monday 1.30 pm - 3.30 pm.
* JP available most days of the week. Ring to confirm availability.

We provide our service from 91 locations around New Zealand from the far north to Invercargill, and also a free phone number (0800 FOR CAB / 0800 367-222) which ensures no cost anyone calling from a landline.

Information, support and advice is free of charge and confidential.

 Birkenhead Library & Civic Centre - Cnr Rawene Road & Hinemoa Street Birkenhead North Shore 0626

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| birkenhead@cab.org.nz  (09) 418 0032 (0800) 367 222 http://www.cab.org.nz | Mon-Fri 9:00 am -4.00 pm.  Legal clinic by appointments only - Wed 7.00 pm-8.00 pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Browns Bay**

FSD0006843 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

- JP clinic available throughout the week. Ring for availability.

Information, support and advice is free of charge and confidential.

Ground Floor, Bays Community Centre 2 Glen Road Browns Bay Auckland 0630 brownsbay@cab.org.nz  Mon - Fri 9.00 am-4.00 pm



(09) 479 2222 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Central Auckland**

FSD0008344 Last updated 04/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

1st floor, Auckland Central City Library 44 Lorne Street Auckland 1010



centralauckland@cab.org.nz  Monday and Friday 9.30am-4.30pm

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| --- | --- |
| (09) 302 3676 (0800) 367 222 http://www.cab.org.nz | Monday-Friday (JP 12-2pm)  Sat: JP only 10am-12noon Closed Public Holidays All services free of charge.  No referral required. |

**Citizens Advice Bureau - Eden / Albert at St Lukes**

FSD0006856 Last updated 15/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

(adjoining Public Library) 82 St Lukes Road Mt Albert 2025 Auckland 1025



edenalbert@cab.org.nz  Branch opening hours: 9am to 4pm Mon to Fri, (09) 846 4023 5pm to 7pm Thu evening, 10am to 12pm Sat http://www.cab.org.nz morning.

J.P. service: 10.00am-2.30pm Mon-Fri, 5.00-

6.30pm Thu and 10.00-11.30am Sat.

All services free of charge. No referral required.

**Citizens Advice Bureau - Glen Eden**

FSD0006845 Last updated 10/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Glen Eden Library 12-32 Glendale Road Glen Eden Auckland 0602



gleneden@cab.org.nz  We provide free, confidential, independent

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| (09) 818 8634  (09) 818 6886 http://www.cab.org.nz | information and advice to anyone. We help people know what their rights are and how to access services they need.  Mon-Fri 9am - 4.30pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Glen Innes**

FSD0006846 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Glen Innes CAB 96 Line Road Glen Innes Auckland 1072



(09) 528 3682  Monday to Friday 9am - 4pm

(09) 528 9151 Saturday 9.15 - 11.30am

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Glenfield**

FSD0006847 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

JP available some days of the week. Ring to confirm availability.

Information, support and advice is free of charge and confidential.

Library Buildings 90 Bentley Avenue Glenfield Auckland 0629



glenfield@cab.org.nz  Mon - Fri 9.00 am - 4.30 pm

(09) 444 9451 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Grey Lynn / Ponsonby**

FSD0006865 Last updated 28/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Grey Lynn Community Centre 510 Richmond Road Grey Lynn Auckland 1021



(09) 376 0392  Mon to Fri 10am-2pm

(09) 376 3531 Online ContactUs form is available on website http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Helensville**

FSD0006848 Last updated 29/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

27 Commercial Road Helensville 0800



manager.helensville@cab.org.nz  Monday to Thursday - 10 am - 3 pm

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| (09) 420 7162 http://www.cab.org.nz | Friday 9.30am - 12.30pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Henderson**

FSD0006849 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

11 Trading Place Henderson Waitakere



(09) 836 4118  Closing Friday 20 December. Reopen 13th

(09) 836 4119 January 2020. http://www.cab.org.nz Normal Hours:

Mon to Fri 9am - 4:30pm All services free of charge. No referral required.

**Citizens Advice Bureau - Hibiscus Coast**

FSD0006850 Last updated 20/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteer interviewers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person at our office in Orewa, or on the online chat facility on the CAB website.

next to Community Centre 40-46 Orewa Square Orewa Auckland 0931



hibiscuscoast@cab.org.nz  Office Hours may vary from time to time. Please (09) 426 5338 check the CAB website on 'Find a CAB' for (0800) 367 222 current details. http://www.cab.org.nz https://www.cab.org.nz/location/cab-hibiscuscoast

All services free of charge. No referral required.

**Citizens Advice Bureau - Massey**

FSD0006854 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Te Manawa 11 Kohuhu Lane Westgate Auckland 0614



(09) 833 5775  Monday to Friday 9am - 4.30pm

(0800) FOR CAB (367 222) All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau - Mt Roskill**

FSD0006857 Last updated 07/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Common enquiries include but are not limited to - financial difficulties - tenancy - employment family dispute resolution - welfare of older people - consumer goods warranties and service quality - immigration - problems with neighbors - difficulties in education - beneficiary issues - vehicle purchase, loans and maintenance - insurance and accidents - and many more.

Library Building 546 Mt Albert Road Three Kings Auckland 1042



manager.mtroskill@cab.org.nz  Our CAB service is available MON - FRI 9.30am-

|  |  |
| --- | --- |
| (09) 625 4854 (0800) 367 222 http://www.cab.org.nz | 4pm, THURS 5-7pm or SAT 10am-12pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Lynn**

FSD0006858 Last updated 15/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

New Lynn Library Building 3 Memorial Drive New Lynn Waitakere 0600



newlynn@cab.org.nz  Open Hours Mon - Fri 9am - 4.30pm

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| (09) 827 4731 (0800) 367 222 http://www.cab.org.nz | Sat 10am - 1pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Northcote**

FSD0021090 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Mandarin, Cantonese, Korean speaking volunteers available; J.P.s available most weekdays - phone or email for availability.

Information, support and advice is free of charge and confidential.

Northcote Library Buildings 5 Ernie Mays Street Auckland 0627



northcote@cab.org.nz  Mon - Fri 9.15 am - 3.30 pm

(09) 480 2971 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Onehunga**

FSD0006859 Last updated 25/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Community Centre & Library Building 81 Church Street East Onehunga Auckland 1061



(09) 634 1613  Monday, Tuesday, Thursday & Friday: 9.30am-

(0800) 367 222 4pm

http://www.cab.org.nz Wednesday 9.30-7pm

Saturday: 10am-12 noon All services free of charge. No referral required.

**Citizens Advice Bureau - Orakei / Remuera**

FSD0006867 Last updated 11/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. Citizens Advice Bureau is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

156 Kepa Road Orakei Auckland 1071



(09) 524 0298  Monday to Friday 9:30am - 4:30pm http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Pakuranga-Eastern Manukau**

FSD0006861 Last updated 03/05/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 576 8331, email pakuranga@cab.org.nz

Library Building 7 Aylesbury Street Pakuranga Auckland 2140



pakuranga@cab.org.nz  Monday – Friday 9.30am – 4pm

(09) 576 8331 Saturday 9.30am - 11.30am http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Panmure**

FSD0006862 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Above Panmure Library 7 - 13 Pilkington Road Panmure Auckland 1072



(09) 573 5707  Opening hours 9am-12.45pm weekdays http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Papakura**

FSD0006863 Last updated 09/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

4A Opaheke Road Papakura 2110



papakura@cab.org.nz  Weekdays 10am - 3.30pm.

(09) 299 6411

(09) 299 6412 Sat from 9am - legal advice by appointment only.

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Sylvia Park**

FSD0023055 Last updated 14/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Sylvia Park Shopping Centre 286 Mount Wellington Hwy Auckland 1060



sylviapark@cab.org.nz  Open Mon-Fri Currently 10am-4pm

(09) 573 5707 Saturday 10-12 http://www.cab.org.nz

See website for JP service times All services free of charge. No referral required.

**Citizens Advice Bureau - Takapuna**

FSD0006868 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Information, support and advice is free of charge and confidential.

 Community Services Building 7 The Strand Takapuna Auckland 0622

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| takapuna@cab.org.nz  (09) 486 3139 (0800) 367 222 http://www.cab.org.nz | Mon- Fri 9.00 am to 4.30 pm  Legal Clinic Thurs 7pm-8pm by appointments only  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Waiheke**

FSD0006869 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Specialist Advocacy.

141 Ocean View Road Oneroa Waiheke Island 1081



(09) 372 8640  Mon - Fri 9.30am - 3.30pm.

http://www.cab.org.nz Sat 9.00am - 12 noon

All services free of charge. No referral required.

**Citizens Advice Bureau - Wellsford**

FSD0006870 Last updated 01/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Wellsford Community Centre 1 Matheson Road Wellsford 0900



wellsford@cab.org.nz  Mon - Fri 10am - 2pm (09) 423 7333 All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau Botany**

FSD0024491 Last updated 19/01/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 271 5382, email botany@cab.org.nz

Botany Town Centre 251 Town Centre Drive Botany Auckland 2016



botany@cab.org.nz  Monday to Friday 9.30am to 1pm

(09) 271 5382 All services free of charge. http://cab.org.nz No referral required.

**Citizens Advice Bureau Mangere**

FSD0006852 Last updated 25/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained Volunteers who can access information by computer or from the extensive range of resources held by each Bureau. The service can be accessed by phone, email, fax or in person.

Shop 17 93 Bader Drive Mangere Town Centre Auckland 2022



mangere@cab.org.nz  Monday to Friday: 9am - 4pm.

(09) 275 6885 Alternative Saturdays: 9.30am - 12.30 pm.

http://www.cab.org.nz Closed on Public Holidays and Long Weekends.

All services free of charge. No referral required.

**Citizens Advice Bureau Manurewa**

FSD0006853 Last updated 10/11/2020

Citizens Advice Bureau Manurewa provides free and confidential, information and options to anyone about any query or problem. Citizens Advice Bureaux are staffed by trained volunteers who have access to information from an extensive range of resources, held by each bureau. The service may be accessed by phone, email or in person.

Library Complex 7 Hill Rd Manurewa 2102



manurewa@cab.org.nz  Mon - Fri 9am - 4pm

(09) 266 5729 Saturday 9am - 11am

(0800) 367 222 All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau Otara Incorporated**

FSD0006860 Last updated 12/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Shops 1 & 2 46 Fair Mall Otara Town Centre, Bairds Road Auckland 2023



manager.otara@cab.org.nz  Normal Bureau hours operation: 9am-4pm (09) 274 6577 Monday to Friday, 9am-12pm Saturday http://www.cab.org.nz All services free of charge.

No referral required.

**City Impact Church**

FSD0003842 Last updated 10/11/2020

Assisting people of all ages and races to discover how God can improve their life and situation. We have five campuses - Two in the North Island - North Shore and at Mt Wellington in Auckland and three in the South Island - Queenstown, Balclutha and Invercargill. (OSCAR approved for Holiday Club for children.)

794 East Coast Road Oteha Auckland 0630



info@cityimpactchurch.com  Office hours Mon - Fri 8.30am - 5.00 pm

(09) 477 0300 Some charges may apply.

(0800) CHURCH No referral required. http://www.cityimpactchurch.com

**Classification : OSCAR**

**English Language Partners Auckland Central & West**

FSD0007829 Last updated 18/08/2020

With 23 locations, 300 staff, 2,300 volunteers and 800 new volunteers trained each year, English Language Partners is Aotearoa | New Zealand's largest organisation working with refugees and migrants.

We provide a range of English language and settlement services. Learn more natoffice@englishlanguage.org.nz

P +64 4 471 2382

F +64 4 471 2383

192 Tinakori Road, Thorndon

PO Box 12114, Wellington 6144 Aotearoa | New Zealand

Level 1 3091 Great North Road New Lynn Auckland 0640



Auckland@englishlanguage.org.nz  Office Monday to Friday 9am - 4pm.

(09) 827 7882 Some charges may apply. http://www.englishlanguage.org.nz No referral required.

**Classification : PACIFIC**

**English Language Partners Auckland South**

FSD0007832 Last updated 03/08/2020

English language and social support for adult refugees and migrants coming to live in Aotearoa / New Zealand.

Level 1 141 Kolmar Road Papatoetoe Auckland 2025



aucklandsouth@englishlanguage.org.nz  9am - 4:30pm Mon - Fri

(09) 278 9099 Koha/donation may apply. http://www.englishlanguage.org.nz No referral required.

**Classification : PACIFIC**

**English Language Partners North Shore**

FSD0007830 Last updated 19/04/2021

Our aims and objectives are to provide English language skills and social support for the effective resettlement of adult refugees and migrants on the North Shore.

Our vision is that migrants and refugees have the opportunity to learn English, to pursue aspirations for themselves and their families, and to participate in all aspects of life in Aotearoa New Zealand.

1st floor 424 Lake Road Takapuna Auckland 0622



northshore@englishlanguage.org.nz  Monday - Friday 9am-4pm

(09) 489 2078 Koha/donation may apply.

(027) 297 7069 No referral required. http://www.englishlanguage.org.nz

**Ethiopian Community of Auckland**

FSD0003918 Last updated 10/02/2021

The Ethiopian Community of Auckland Inc. facilitates the organisation of two educational programmes: a homework centre targeting Ethiopian primary school age children, and an Amharic Language class.

|  |  |
| --- | --- |
| ethiopiancommunity@ymail.com (021) 0572 820      **Ethnic Family Services** | 7 days a week.  Some charges may apply. No referral required. |
| FSD0020934 | Last updated 08/01/2021 |

We offer support services for women, men and young people to build safe and happy families. We work in partnership with schools, various government and non-governmental organisations to offer specialised culturally appropriate intervention and prevention services for families and youth from Asian, African and Middle-Eastern communities in Aotearoa New Zealand.

Inside Manukau Medical & Health Centre 18 Manukau Station Road Manukau Auckland 2102 youth@shakti.org.nz  Mon-Thurs 10am-4pm



(0800) 742 584 (0800 SHAKTI) All services free of charge.

(09) 262 0487 non-urgent No referral required.

https://www.facebook.com/shaktiyouth

**Ethnic Social Services**

FSD0023488 Last updated 27/04/2021

NZESS intends to help families and whnau become safe places to be to restore family and whnau safety and wellbeing/mauri ora where violence has occurred and also to enhance life outcomes for children and young people whose social and family circumstances place them at risk of not achieving positive social and health outcomes.

New Zealand Ethnic Social Services (NZESS) is a not-for-profit organization that was established in

2003 to provide critically needed social support services for individuals and families of ethnic community to create healthy families and thereby healthy communities in New Zealand.

56A Covil Avenue Te Atatu South Auckland 0610



info@nzess.co.nz  9:30 am to 5 pm Monday to Friday

(09) 834 6668 All services free of charge.

(021) 226 5666 No referral required. http://nzess.co.nz

**Classification : FVSS**

**EthNix Links and Advocacy Network (ELAN)**

FSD0016612 Last updated 07/01/2021

ELAN aligns and collaborates with other similar organisations to raise social justice and human rights issues. The organisation is a leadership initiative, advocates for family well-being in diverse communities. It raises safety and prevention awareness for families to be better prepared and work towards prevention in family violence, road and water safety. EthNix Links has grown to advocate for women and children, settlement issues and cross cultural engagement.

We work mostly in Waitakere/Whau boundary.

16 Rosewarne Crescent Glendene Waitakere 0601



annepala@nixcrew.com  Community Advocacy available most times (021) 813 607 All services free of charge.

(09) 818 4450 Referral may apply. http://www.nixcrew.com

**FGM Education Programme**

FSD0001777 Last updated 15/01/2021

To provide national FGM resources, FGM service provider training and technical assistance and FGM education, training and resources for communites affected by FGM.

19-21 Sale Street Freemans Bay Auckland City 1010



hello@fgm.co.nz  Weekdays 9am - 5pm

(09) 302 4031 All services free of charge. https://fgm.co.nz/ No referral required.

**Fonua Ola**

FSD0003695 Last updated 14/12/2020

We cater for the Auckland region covering the areas of South, West, Central and East Auckland.

We provide Social Work Support, Counselling, Youth Programme, Building Financial Capability, Family Violence Intervention, Whanau Ora Support and Group Parenting Programme. Our aim is to achieve better outcomes for our children and young people through journeying with their families on their voyage to sustainable futures

8 Hendon Avenue Mt Albert Auckland



cfohe@fonuaola.org.nz  Mondays to Fridays

(09) 828 4307 9am - 5pm

(022) 164 0627 All services free of charge. https://www.fonuaola.org.nz/ No referral required.

**Classification : PACIFIC**

**Fonua Ola Network Trust**

FSD0021714 Last updated 17/11/2020

Our Services include social work support services, counselling, youth mentoring, life fit programme, parenting programmes and financial mentoring/budgeting as well as Whanau Ora clientele.

We are based in Auckland and predominantly support the local Pacific Community to cope in times of economic, social and cultural adversity.

With a head office in Otahuhu, Fonua Ola has another additional site located at Hendon Avenue Mt Albert (former Pasifika Health & Social Services).

32 Station Road Otahuhu Auckland 1062



msuamili@fonuaola.org.nz  Mon - Fri - 9am to 5pm (09) 270 2089 All services free of charge.

(022) 043 0811 Referral may apply. http://www.fonuaola.org.nz

**Classification : BFC, FVSS, PACIFIC**

**Great Potentials - Takanini Family Service Centre**

FSD0022363 Last updated 17/07/2020

We offer a range of social services and programmes to the community including counselling, parenting programmes, playgroup, English literacy classes. Most of our services/programmes are free however a small koha may apply to some.

8 Oakleigh Avenue Takanini Auckland 2112



fsc.info@greatpotentials.org.nz  9am - 4.30pm

(09) 974 4719 Monday to Friday

(021) 882 970 Some charges may apply. http://www.greatpotentials.org.nz/ No referral required.

**Green Bay Community House**

FSD0018417 Last updated 16/07/2020

At the Green Bay Community House we provide a welcoming place for people of all ages. Our Community House is a place to build friendships, aspire to learn new things and share skills.

1 Barron Drive Green Bay Auckland 0604



gbcommunityhouse@gmail.com  9am - 2pm

(09) 827 3300 Some charges may apply. http://www.greenbaycommunityhouse.co. No referral required. nz

**Classification : OSCAR**

**Hearts & Minds**

FSD0003428 Last updated 11/09/2020

Hearts & Minds is a community development organisation promoting mental health and community wellbeing. Services include: Wellbeing and Resilience groups and workshops; Health and Support

Navigation; Community Development; Community Volunteering; Global Food and Friends; Support for migrants and newcomers and Strengthening Families.

Level 1 65 Pearn Crescent Northcote Auckland 0627



info@heartsandminds.org.nz  9.00 am - 4.00pm Mon-Fri (09) 441 8989 All services free of charge. http://www.heartsandminds.org.nz No referral required.

**Home and Family Counselling Inc: Auckland Office.**

FSD0003359 Last updated 13/07/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. We have a Chinese counsellor available and a mix of male and female counsellors. Professional, experienced counsellors provide high quality services from our long-standing wellrespected independent organisation.

344 Mt Eden Road Mt Eden Auckland 1024



(09) 630 8961  Monday - Friday 9am - 5pm

http://www.homeandfamily.org.nz Saturday 9am - 4.30pm

Late Nights: Tuesday, Wednesday, and Thursday.

Koha/donation may apply. No referral required.

**Classification : FVSS**

**Home and Family Counselling Inc: North Shore Office**

FSD0015867 Last updated 16/06/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. Chinese counsellor available. Professional, experienced counsellors provide high quality services from our long-standing well-respected independent organisation.

2a Seaview Avenue Auckland 0627



Northshore@hfc.org.nz  Monday - Friday 9am - 5pm, Saturday 9am -

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| (09) 419 9853 http://www.homeandfamily.org.nz | 2pm.  Koha/donation may apply.  Referral may apply. |

**Humanitarian Organization for Poverty Eradication**

FSD0024470 Last updated 03/12/2020

HOPE is a faith based Humanitarian Organization for Poverty Eradication. HOPE has been striving to help the marginalized communities through interventions in different sectors. Cultural diversity and Connection Program to enhance the cultural well-being of communities, individually and collectively. Bringing different cultures together helps families and individuals celebrate and reinforce their traditional values, traditions and language. We provide practical, financial and psycho-social assistance to vulnerable people, foster connections between communities, and educate the wider community of the needs, strengths and aspirations of these groups. FOOD WATCH PROGRAM addresses the food needs of those families who have low income and, for a number of reasons, cannot access MSD food grants or other mainstream foodbanks.

We also run community meals to foster community participation.

176A Lincoln Road Henderson Auckland 0610



hopeworldwide@xtra.co.nz  Food Watch Program runs Thursday only 12pm -

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| (021) 025 44023 (021) 139 8996 http://www.hopeworldwide.org.nz | 4 pm  Koha/donation may apply.  No referral required. |

**Immigration New Zealand**

FSD0006147 Last updated 29/01/2021

Immigration New Zealand (INZ) is part of the Ministry of Business, Innovation and Employment.

Immigration New Zealand aims to bring the best people to New Zealand to enhance New Zealand’s social and economic outcomes. We directly support labour market growth by attracting the best people to New Zealand and supporting them into the workforce so they become long-term contributors. We also contribute to key export industries.

The role of Immigration New Zealand includes:

deciding visa applications attracting migrant skills and labour matching migrant skills with employer needs managing border security with regard to the movement of people supporting migrant settlement and retention implementing the Government’s refugee quota programme enforcing compliance with immigration law and policy.

2 Amersham Way Manukau Auckland 2104



(0508) 558 855   To phone from outside of New Zealand +64 9 http://www.immigration.govt.nz 914 4100

You can also send us an online query from the website.

Some charges may apply. No referral required.

**In-Work NZ Ltd**

FSD0020335 Last updated 09/02/2021

Preparing job seekers registered with Work and Income to re-enter the workforce, assisting clients of Work and Income into employment, providing transitional and on-going supporting for new employees and family/whanau while at work and retaining people in work, to achieve sustainable and social outcomes.

 482 Te Atatu Road Te Atatu Peninsula Auckland 0651

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| info@inwork.co.nz (09) 834 1482  (0800) 478 902 http://inwork.co.nz    **Classification : PACIFIC** | 8.30am - 5.00pm Monday to Friday All services free of charge.  Referral may apply. |

**Independent Living Service Charitable Trust**

FSD0003330 Last updated 19/04/2021

The Independent Living Service (ILS) provides free disability information and advice in accessible formats for disabled people, their families, whanau and support networks.

Our Royal Oak, Botany & Browns Bay stores have a large range of assistive products available for purchase and mobility equipment for hire - making daily living easier for you, a family member or someone you're supporting.

Our aim is to assist you in making informed decisions on accessing services or choosing products that will assist you in your daily life. We do this by giving you options about what services and products are available.

Our mobile information and equipment service, ILS Mobile is available to present at your next group meeting. This service covers the greater Auckland region. Enjoy an interactive presentation, demonstration of assistive products, and mobility safety checks for walking sticks & walkers. EFTPOS facilities available if you'd like to purchase products.

14 Erson Avenue Royal Oak Auckland 1061



info@ilsnz.org  Royal Oak Store (14 Erson Ave): Mon-Fri: 9am-

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| --- | --- |
| (0800) 625 100 (09) 625 0322 http://www.ilsnz.org | 5pm, Sat: 9am-4pm  Botany Store (308 Te Irirangi Drive): Mon-Fri:  9am-5pm, Sat: 9am-4pm  Browns Bay Store (13-15 Bute Rd): Mon-Fri: 9am-5pm, Sat: 9am-4pm Some charges may apply.  No referral required. |

**Islamic Educational and Dawah Trust Inc**

FSD0003641 Last updated 10/09/2020

The IED Trust provides assistance and counselling within the Muslim community and liaises with mosques, Islamic organisations and services in the wider community.

91 Westney Road Mangere Manukau 2022



admin@iedtrust.org.nz  Business hours. Covers Auckland metropolitan

(09) 256 0341 area. https://www.iedtrust.org.nz/ Some charges may apply.

No referral required.

**Literacy Aotearoa, Auckland North**

FSD0020522 Last updated 21/12/2020

Literacy Aotearoa is ...

a national organisation of adult literacy providers and is a leading commentator on literacy issues in Aotearoa (New Zealand).

Our definition of literacy is...

Literacy is listening, speaking, reading, writing, numeracy and critical thinking, interwoven with the knowledge of social and cultural practices.

Literacy empowers people to contribute to and improve society.

96 Bentley Avenue Glenfield Auckland 0629



info.c2@literacy.org.nz  Monday to Friday. 9.00 am - 3.30 pm (022) 359 6007 All services free of charge. https://www.literacy.org.nz/ No referral required.

**Mangere East Community Centre**

FSD0005829 Last updated 30/04/2021

We provide a variety of programmes for families in the community. Before and After school Care,

Holiday Programmes, Community Education and Study Support (ACCESS) programmes at the

Mangere East Community Centre. Community Classes include, English for Speakers of other Languages, Zumba, Samoan, Salsa, Fitness, Cook Island Dance, Ukulele, Korowai, Parenting Programmes, Te Reo Maori, Tai Chi.

372 Massey Road Mangere East Manukau



info@mangereeast.org  7.00am - 6.00pm Monday to Friday

(09) 275 6161 Some charges may apply.

(029) 773 0146 No referral required. http://www.mangereeast.org

**Classification : OSCAR**

**Manukau Institute of Technology, School of Service Industries**

FSD0021371 Last updated 04/12/2020

School of Service Industries at Manukau Institute of Technology offers a range of programmes and courses to assist people prepare for employment and/or further studies. A number of programmes assist people with language, literacy, numeracy, financial and digital literacy including computing skills where people need them. There are number of programmes which are free for eligible applicants.

NT Block, Gate 14 118 Alexander Crescent Otara Auckland 2023



vaughan.lovelock@manukau.ac.nz  9:00am to 4:30pm Monday to Friday

(09) 976 0225 All services free of charge.

(021) 904 578 Referral may apply.

https://www.manukau.ac.nz/study/shortcourses/preparation-for-employment-andeveryday-life

**Migrant Action Trust**

FSD0015982 Last updated 15/04/2021

Support migrants and former refugees successfully settle in NZ through finding employment, helping get an appropriate driver's license via the community driving school, giving away free blankets, provision of a community toy library and supporting various ethnic community groups.

 766 Sandringham Road Extension Mt Roskill Auckland 1041

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| info@migrantactiontrust.org.nz  (09) 629 3500 (027) 229 35002 http://www.migrantactiontrust.org.nz      **MSL Training** | 9 am - 5 pm Mon - Fri  After hours and weekends by appointment Some charges may apply. Referral may apply. |
| FSD0021528 | Last updated 15/09/2020 |

MSL Training is a South Auckland based tertiary educator, with over 13 years experience.

MSL delivers education and training in three main areas:

Service Sector courses Hospitality, Retail and Customer Service English language, Literacy, Numeracy and Core Foundation Skills

Targeted training, career development and employment placement.

Our core business and organisational focus is in providing Foundation, Breakthrough and SecondChance Education to under-represented groups in the Auckland region.

MSL Training is a New Zealand government endorsed Category 1 provider with a dual ‘Highly Confident’ rating in our latest EER. This puts us among the most successful training providers in the country.

MSL has an outstanding track record of success and a real passion for what we do. An NZQA external review [EER] observed that “Programmes of study are clearly meeting the needs of the learner and are effectively delivered by competent, passionate, and caring staff”.

603 Great South Road Manukau Auckland 2241



info@msltraining.ac.nz  Office Hours: 8:30am - 5pm Monday through

|  |  |
| --- | --- |
| (0800) 22 44 38 (09) 263 6940 http://www.msltraining.ac.nz | Thursday  Friday close at 4:30pm All services free of charge.  Referral may apply. |

**New Kiwis**

FSD0003772 Last updated 11/08/2020

New Kiwis is a FREE employment service to migrant job seekers and New Zealand employers.

The service is provided by Auckland Chamber of Commerce and Immigration New Zealand.

Level 9 90 Symonds Street Auckland City 2104



newkiwis@chamber.co.nz  Monday - Friday : 8.30am - 4.30pm

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| --- | --- |
| (0800) 709 907 http://www.newkiwis.co.nz | All services free of charge. No referral required. |

**New Zealand Chinese Youth Trust**

FSD0003827 Last updated 20/03/2021

The Youth Trust aims to equip youths of Chinese origin, residing in New Zealand, with the necessary social, leadership and life skills to become fully integrated and contributing members of New Zealand society.

Milford Sea Scout Centre 24 Craig Road Milford North Shore City mario@nzcyt.org.nz  9 am to 5 pm



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| --- | --- |
| (09) 479 9736 (021) 258 5418 http://www.nzcyt.org.nz | Some charges may apply. No referral required. |

**New Zealand Ethnic Women Inc**

FSD0022637 Last updated 08/01/2021

OSCAR Programmes offered by NZ Ethnic Women.

The New Zealand Ethnic Women Inc is established to implement activities to support the resettlement and integration of migrant and refugees into New Zealand. This is done through business enterprise activities for women in sewing, cooking and handcrafts, before and after school care programme for youth, play groups for young children, parenting seminars, up-skilling and finding job opportunities for men and women, at risk youth training, English classes for men, women and youth, workshops and cultural events etc. Many unemployed solo mothers from countries such as Somalia, Iraq, Pakistan, India, Ethiopia and Afghanistan have been involved.

Our long-term goal is for the successful settlement and support of refugee and migrant women

and their families in New Zealand through the following key programmes:

Employment support programmes

Business enterprise

Youth intervention

Sewing school

Play group

Parenting programm

190 Stoddard Road Mt Roskill Auckland 1041



admin@nzethnicwomen.org  Monday to Friday

|  |  |
| --- | --- |
| (09) 8157373 (021) 214 6247 http://www.nzethnicwomen.org/ | 10.00am to 3.00pm  Some charges may apply.  No referral required. |

**New Zealand Nepal Society Inc.**

FSD0024183 Last updated 30/03/2021

The objectives of the NZNS are to support and cooperate among the individuals of Nepalis descent on matters of common concern in New Zealand preserving Nepalis social and cultural heritage to promote harmony and understanding among all members and other ethnic groups in New Zealand and to promote educational, environmental and social services by various activities.

830 New North Road Mount Albert Auckland 1025



info@nznepalsociety.co.nz  we are available Monday to Sunday 9.00 am to

(09) 392 0029 5.00 pm

http://www.nznepalsociety.co.nz Koha/donation may apply.

Referral may apply.

**New Zealand Red Cross Refugee Services- Manukau**

FSD0000698 Last updated 17/12/2020

Refugee Services (formerly RMS Refugee Resettlement) provides initial settlement services to the annual quota of 750 refugees who are rebuilding their lives in New Zealand. Our 3-strand model of service-delivery utilizes the combined strengths of our Professional Social Workers, Cross Cultural workers and trained community volunteers. We are also involved in public education, advocacy, contribute to policy development and support ethnic community development. We have a global responsibility in the development of international refugee resettlement policies and resettlement best-practice and attend the Annual Tripartite Consultations on Resettlement (ATCR) held in Geneva each year.

33 Lambie Drive Manukau Auckland 2104



aucklandsouth@redcross.org.nz  9.00am - 5.00pm, Monday to Friday

(09) 262 0942 All services free of charge. https://www.redcross.org.nz/about- Referral may apply. us/service-centres/

**New Zealand Sikh Womens Association (Inc.)**

FSD0015887 Last updated 14/08/2020

Catering South East Asian and Migrant families in domestic violence.

Room no. 4 214 Great South Road Otahuhu Auckland 1062



office@nzswa.org  Monday to Friday

|  |  |
| --- | --- |
| (09) 270 0798 (021) 263 8471 http://nzswa.com/ | 9.00 am to 4.00 pm  All services free of charge.  No referral required. |

**Oasis of Peace Counselling Limited**

FSD0021555 Last updated 12/04/2021

Supporting people to live a more peaceful and fulfilled life. Member of NZCCA. Bilingual counsellor (English / Arabic).

ACC-funded sexual abuse counselling.

9 Egret Court Unsworth Heights Auckland 0632



maysoonr@gmail.com  8 am- 8 pm

(022) 616 0276 Some charges may apply.

(09) 834 6480 No referral required.

http://www.oasisofpeacecounselling.com

**Otahuhu Town Hall Community Centre**

FSD0018822 Last updated 11/02/2021

To provide a place for community residents to enable them to meet in a drop in situation or take part in programmes that are organized to meet the needs of the community. To act with the Auckland Council and the Local Board concerning the use of the community centre,supplying monthly reports as directed. To promote cultural,educational and recreational activities in and for the benefits of all residents of the Otahuhu district. To set hireage that may be reasonable and appropriate at a level that is affordable by user groups and to change these charges when necessary. To provide a venue for social services and community networking needs.

10 High Street Auckland Central Auckland 1010



makeritaothcc@gmail.com  OSCAR Monday - Friday

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| --- | --- |
| (09) 276 7346  (09) 276 7343 https://www.otahuhutownhall.com/    **Classification : OSCAR** | Before care 6am - 8am  ASP 1.45pm - 6pm  School Holiday 8am - 6pm  Centre office Monday - Friday 9am - 3pm Some charges may apply.  Referral may apply. |

**Pacific Information Advocacy & Support Services Trust (PIASS**

**TRUST)**

FSD0003885 Last updated 21/12/2020

Advocacy services for Pacific Island families. Expertise in disability and older peoples services.

7/586 Great South Road Manukau Auckland 2025



administration@vakatautua.co.nz  Mon - Fri 8:30am - 5pm (0800) 825 282 All services free of charge.

(09) 250 1812 No referral required. http://www.vakatautua.co.nz/

**Classification : PACIFIC**

**Papatoetoe Career Development Service**

FSD0022632 Last updated 12/08/2020

We work with our sister organisation, Papatoetoe Budgeting & Family Services, to ensure that clients have enough income to overcome debt. We refer clients to the Career service, consultants interview them and assess their skills and abilities. This is done through a special pre-test (normally takes five minutes). We help clients to identify their career/working field, prepare a CV and cover letters, we provide training for job interviews and make referrals for specific training or on-the-job training with employers.

Ground Floor 35 St. George Street Papatoetoe Auckland 2025 comm.budgetingservice@gmail.com  8.30am - 4.30pm



|  |  |
| --- | --- |
| (09) 279 0415 (021) 187 1456 http://www.hinduheritage.org.nz      **Penina Trust** | Monday to Friday  Sat-9.30am - 12.30pm All services free of charge. No referral required. |
| FSD0023855 | Last updated 19/01/2021 |

Penina Trust is a Non-Government Organisation that provides Mental Health & Addiction, and Housing services in the community.

Penina provides a wide range of services that include:

* Residential Rehabilitation Services (RRS)
* Youth Community Living Services (YCLS)
* Adult Community Living Services (ACLS)
* Cultural Support Services (CSW)
* Alcohol and Other Drugs Learning Development (AOD L&D)
* Awhi Ora (Primary Mental health)
* Transitional Housing Services (PHT)
* Social Housing Services (CHP)

186 Russell Road Manurewa Auckland 2102



admin@peninatrust.org.nz  8:30am - 5pm Monday - Friday

(09) 269 7989 All services free of charge. http://www.peninahealth.org.nz Referral may apply.

**Petra Charlewood**

FSD0020582 Last updated 16/04/2021

I am a registered psychotherapist providing short or long term therapy to individuals and couples. I provide a safe, confidential space to talk about whatever is troubling you. I aim to facilitate deeper understanding of your emotional and relationship difficulties and how they have evolved. I will work with you to develop more effective and satisfying ways of living.

Level 1 McInnes Building 1a Cook Street Howick Auckland 2014



pcharlewood@gmail.com  Monday - Friday (by appointment) at 1A Cook

(027) 820 5655 Street, Howick, Auckland http://www.cornerstonepsychotherapy.co. Some charges may apply. nz No referral required.

**Quality Education Services**

FSD0021479 Last updated 29/04/2021

Quality Education Services Limited (QES) is a Private Training Establishment (PTE) based in

Auckland New Zealand. We provide education and training for youth and adult learners from our Manukau sites. Our organisation has been working hard in the south Auckland community for over 27 years.

Our mission is to improve the education and skill level of the community by providing high quality education and training within a student / client centered and supportive environment. We deliver six different programmes focused on working with people with little formal education and low foundation skills.

10 Norman Spencer Drive Manukau Auckland 2164



info@qes.org.nz  Weekdays 8.30am - 4.30pm

(09) 252 0055 All services free of charge.

(021) 290 0485 Referral may apply. http://www.qes.org.nz/

**Classification : YS**

**RASNZ: Refugees as Survivors New Zealand**

FSD0003548 Last updated 14/01/2021

We provide mental health promotion services for refugees, information programmes, assessments, culturally appropriate counselling, psychotherapy and body therapy.

251 Massey Road Mangere East Auckland 1640



reception@rasnz.co.nz  Monday to Friday (8:30am-5pm)

(09) 270 0870 All services free of charge. http://rasnz.co.nz/ Referral may apply.

**Reading (English and Learning Disabilities)**

FSD0020697 Last updated 23/09/2020

Personal Description:

I teach nationally within New Zealand, and also internationally via Skype. I provide new learning theory, teaching techniques and learning resources.

My clientele:

1. English learning needs
2. Specific Learning Disabilities

Experience:

I am a former primary teacher and primary school principal.

Tutoring:

1, Listening and reading comprehension

2, English speaking 3, Working memory

4, Written expression

A unique, specialised library. 36 learning levels

4,000 handpicked, authentic books . Available for extensive, independent reading

SPECIFIC LEARNING DISABILITIES

NEW LEARNING THEORY AND PRACTICE NOT FOUND IN SCHOOLS

I provide an assessment of the learners overall control of reading. Most schools will only give you a word recognition assessment.

I successfully teach English learners of all ages I fully remediate:

Dyslexia

Dyspraxia

A.d.h.D

Down Syndrome

Auditory Processing Disorder

Working memory disorder

D11 Westwood Estate 30 Westward Ho Road Kelston Auckland 0630



readspeaknz@gmail.com  Monday - Sunday 8 am - 8 pm (027) 446 0821 Skype: john.david.callahan https://www.readspeak.co.nz Some charges may apply.

Referral may apply.

**Reconnect Family Services**

FSD0003740 Last updated 09/02/2021

Reconnect provides a range of services for young people with challenging behaviours. These services include a national residential placement, therapeutic intervention and liaison around educational services for young people, specific youth justice mentoring and placement services and services in the area of supported bail in the Auckland region.

8 Puhinui Road Manukau



info@reconnect.org.nz  8am / 4pm Monday to Friday

|  |  |
| --- | --- |
| (09) 926 5360 http://reconnect.org.nz/ | Some charges may apply. Referral may apply. |

**Roopa Aur Aap Charitable Trust**

FSD0019584 Last updated 24/08/2020

Roopa Aur Aap charitable Trust is “Not for Profit” organisation. The organisation provides culturally appropriate counselling and other support services to the victims of family violence within the South Asian community in Auckland. The organization’s primary objective is to provide free counselling, support services, family advocacy with help of professionals, immigration help again with the help immigration advisers, interventions programmes for the victims of domestic violence and disputes, educating and empowering the weaker individuals and families of the South Asian community. Roopa Aur Aap Charitable Trust focuses on reducing discrimination, removes barriers, create opportunity and participation through workshops and support services.

1193B Dominion Road Mount Roskill Auckland 1041



roopa.suchdev@roopaauraap.org.nz  Monday to Friday - 10am to 4pm ( Physically)

|  |  |
| --- | --- |
| (09) 620 4606  (021) 665 609 http://roopaauraap.org.nz/      **Roskill South Oasis Hub** | All Seven day- 24/7 on phone number:  021665609  All services free of charge. No referral required. |
| FSD0015562 | Last updated 19/10/2020 |

To provide support for a network of early years services, improve the co-ordination and make access to these services easier for families with children pre-birth to 6 years of age.

Roskill South Oasis 56 Glass Road Mt Roskill Auckland 1041



thehub@roskillsouthoasis.org.nz  Monday to Friday

(09) 620 8079 8.30am to 12.30pm (021) 375 253 All services free of charge.

No referral required.

**Sahaayta**

FSD0020667 Last updated 13/07/2020

Sahaayta was conceived to serve and meet the growing needs of the South Asian community in Auckland. Sahaayta provides holistic, confidential, culturally appropriate counselling and support services for individuals, couples, families, youth, children and seniors. We also run support groups (Women's groups, Anger Management groups & Personal Development groups) periodically.

15A Norman Spencer Drive Papatoetoe Auckland 2104



info@sahaayta.org.nz  Monday - Friday 9.30 am - 5.00 pm

(09) 280 4064 Some charges may apply. http://www.sahaayta.org.nz No referral required.

**Shakti Community Council Inc**

FSD0016662 Last updated 19/03/2021

Shakti Community Council Inc. is a culturally-competent community organisation servicing New Zealand's Asian, African and Middle Eastern communities since 1995. Our Mission: To facilitate good health and overall well-being of New Zealand's migrant and refugee communities through culturally appropriate services within a culturally appropriate environment. Besides an office in Wellington, our member organizations includ Shakti Asian Women's Centre Inc.; Shakti Asian Women's Safehouse Inc. (2 refuges); Shakti Legal Advocacy & Family Social Services Inc.(for families); Shakti Education Training & Advisory Company (SETAC) Ltd; Shakti Ethnic Women's Support Group Central Region Inc Inc.(drop in centre and refuge); Shakti Ethnic Women's Support Group, Christchurch Inc.(drop in centre and refuge). Our services include advocacy for women and families, safe refuge for victims, legal clinics, counseling, lifeskills programmes, youth intervention and support and settlement support.

153 Rathgar Road Henderson Auckland 0610



scc@shakti.org.nz  Normal work hours: 9am to 4pm, Monday to

(0800) SHAKTI (742584) Friday. Women in crisis can call our 24-7 crisis

(09) 838 4217 line, 0800SHAKTI (0800 742584) https://shaktiinternational.org/shakati-new- All services free of charge. zealand/ No referral required.

**Classification : FVSS**

**Shanti Niwas Charitable Trust**

FSD0022954 Last updated 21/09/2020

Shanti Niwas is a non-profit organisation, has a long history of working with senior citizens of Indian and South Asian origin living in the Auckland region since 1994 to ensure they are valued and treasured by society.

Our mission is to provide culturally appropriate aged care services along with social, emotional, educational, physical and spiritual support for the wellbeing of older people of Indian and South Asian origin.

The trust delivers Positive Ageing Day programmes for older people and people with special needs in the Auckland region. We also provide counselling, advocacy, translation services, help to access health related practical assistance etc and help them integrate into New Zealand society for the betterment of the quality of life of seniors and their families. Our other services include

KHUSHI – Elder Abuse and Neglect Prevention Services, SNEH – Shanti Niwas Emergency Home for the seniors, DOSTI – Volunteer Visiting services and many more.

(Beside Dolphin Theater) 14 Spring Street Onehunga Auckland 1061 shantiniwas@xtra.co.nz  Mon - Fri 9.30am - 4pm (09) 622 1010 Some charges may apply.



(021) 202 8406 No referral required. http://www.shantiniwas.org.nz

**Classification : EARS**

**Sports Recreation and Outdoors Trust**

FSD0015317 Last updated 23/11/2020

Sports Recreation and Outdoors Trust (SPROUT) is a grassroots based, charitable, voluntary and non-profitable trust meant to educate, encourage, promote and provide opportunities in sports, recreation and outdoor pursuits to achieve greater wellbeing for people of South Asian origin in New Zealand.

Our mission is to provide a platform for "Every South Asian in New Zealand to achieve greater well being through balanced nutrition, sports, recreation and outdoor pursuits".

sproutnz@gmail.com  after hours http://www.sprouthealth.org.nz Koha/donation may apply.

No referral required.

**Starship Community**

FSD0003426 Last updated 19/04/2021

Starship Community is a multidisciplinary team of professionals providing nursing, allied health, technical and cultural support to children, young people and their families living within the Auckland DHB area.

Level 6 & 7, building 15 214 Greenlane West Epsom Auckland 1051 starship.community@adhb.govt.nz  8am - 4.30pm Monday to Friday



(09) 639 0200 All services free of charge. http://www.starship.org.nz No referral required.

**Classification : PACIFIC**

**Synthesis Therapy & Counselling**

FSD0018392 Last updated 10/10/2020

Cian Kerrisk provides effective and professional psychotherapy, Cognitive Behavioural Therapy, Couple Counselling and Addiction Treatment for a range of issues.

0 Atkinson Road Titirangi Auckland 0604



synthesis-therapy@slingshot.co.nz  Mondays 4:30-8pm

(021) 973 455 Tuesdays 7pm-9pm

http://www.synthesistherapy.com Thursdays 5:30-8pm

Some Saturday sessions available Some charges may apply. No referral required.

**Taiwanese Hwa Hsia Society of NZ**

FSD0003914 Last updated 08/04/2021

To enrich the profound Chinese culture, enhance the cultural exchange and better understanding between the people of both countries. To strengthen unity among members and to be actively involved in public affairs to gain a better profile of social and political status. Promotes social, cultural, educational and welfare activities for our members, provide information to assist members to set up businesses in New Zealand.

193 Great South Road Otahuhu Auckland 1062



secretary@hwahsia.org.nz  Monday - Friday: 10.00 am - 4.00 pm

(09) 276 4180 Some charges may apply. http://www.hwahsia.org.nz No referral required.

**Te Aho O Te Kura Pounamu (Te Kura) - Auckland**

FSD0021112 Last updated 17/12/2020

We provide distance education from early childhood level to Year 13. Our learning advisors, teachers and in-region staff work with students, their whanau and communities to help our students achieve their potential.

Level 7 124 Vincent Street Auckland 1140



info@tekura.school.nz  Some charges may apply.

(0800) 65 99 88 Referral may apply. http://www.tekura.school.nz

**Te Kotuku Ki Te Rangi Trust**

FSD0003745 Last updated 18/08/2020

A kaupapa Maori community health provider for Oranga Hinengaro Services.

20-40 Copsey Place Avondale Auckland 1026



reception@tekotuku.co.nz  Head Office

(09) 820 0045 Mon-Fri: 8.30am - 5:00pm

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| (0800) 731 188 http://www.tekotuku.co.nz      **The Fono West** | All services free of charge. Referral may apply. |  |
| FSD0003550 |  | Last updated 28/09/2020 |

We offer a range of medical, dental, pharmacy, social and public health services. Our friendly, professional team are here to provide top quality service for everyone.

Head Office 411 Great North Road Waitakere City 0612



headoffice@thefono.org  Monday-Friday 8:30am-5pm

(09) 837 1780 Some charges may apply.

(0800) FONO4U Referral may apply. http://www.thefono.org

**Classification : BFC, FVSS, PACIFIC**

**The Umma Trust**

FSD0023163 Last updated 03/08/2020

UMMA Trust’s mission is to provide support for Muslim refugee and migrant families with a specific focus on women who are in the process of resettlement in New Zealand. We aim to ensure that families are able to lead productive and quality lives and be actively involved in New Zealand society. UMMA Trust believes that women are the backbone of the family so we aim to increase their strengths; health and well-being. They are then able to be successfully integrated and empowered to provide for their family and community, resulting in a positive resettlement.

Ferndale House 830 New North Road Mount Albert Auckland 1025 whitney.jessett@ummatrust.co.nz  Monday to Friday 9:00 - 5:00



(09) 815 0153 All services free of charge. https://www.facebook.com/theummatrust/ No referral required.

**Classification : BFC**

**Totara Hospice**

FSD0003447 Last updated 21/07/2020

Totara Hospice South Auckland provides a 24 hour 7 day a week comprehensive service for adults and children.

140 Charles Prevost Drive The Gardens Manukau



(09) 640 0025  Administration 8.30am-4.30pm. http://www.hospice.co.nz Clinical Services 24/7

All services free of charge. Referral may apply.

**Vaka Pasifika Charitable Trust**

FSD0021525 Last updated 09/11/2020

Vaka Pasifika is a charitable Trust set up with the mission and vision to “empower Pacific Island People to take charge of their lives and those of their family(s) to enjoy and participate in developing New Zealand Society”.

 Unit 3 9 Northside Drive Westgate Auckland 0814

info@vakapasifika.org.nz (021) 029 00701 http://www.vakapasifika.org.nz

**Classification : FVSS, PACIFIC**

**Vaka Tautua Limited**

FSD0015458

Monday - Friday

9am - 5pm

All services free of charge. No referral required.

Last updated 01/10/2020

Vaka Tautua provides information and support for Pacific families in the areas of disability, older people, mental health and financial capability. Please get in touch if you would like more information on our services.

Unit 7 586 Great South Road Manukau Auckland 2025



administration@vakatautua.co.nz  Mon - Fri 8.30am - 5.00pm

(0800) 825 282 http://www.vakatautua.co.nz Elder Abuse Response Service for Auckland

region only.

All services free of charge. Referral may apply.

**Classification : EARS, FVSS, PACIFIC**

**Women's Centre Waitakere**

FSD0003464 Last updated 02/11/2020

A community based agency supporting women and their families. We provide a safe, accessible environment for women and their families to make their own choices in a supportive, nonjudgemental and confidential way.

Services provided include Counselling, Programmes and workshops. Access to community information and resources.

Cnr McLeod & Te Atatu Road 111 McLeod Road Te Atatu South Auckland 0610 info@womenscentre.org.nz  Monday to Friday 9am to 2.00pm



(09) 838 6381 Some charges may apply.

(09) 836 2470 No referral required. https://www.heartofthewest.org/

**Classification : FVSS**

# Family / Whanau Services

**3 O'clock Dash Before and After School Care**

FSD0022458 Last updated 12/01/2021

3 O'clock Dash is an OSCAR approved programme operating a Before & After school care service for the children of Bailey Road School, Mt Wellington, Auckland.

We also provide a one week School Holiday programme each holidays as well.

We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

19 Bailey Road Mt Wellington Auckland 1060



3oclockdash@gmail.com  Open to all Bailey Rd School students each

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| (09) 948 8969  (021) 322 774 https://www.3oclockdash.co.nz/    **Classification : OSCAR** | school day  Before School Care: 7am - 8.30am After School Care: 2.45pm - 6pm Some charges may apply.  Referral may apply. |

**4Kids & Whanau OSCAR Program**

FSD0017538 Last updated 27/04/2021

Provision of after school and holiday care for children 5-14 years of age that is relevant, fun and safe. The program operates from the Glenfield Baptist Church lower hall area and is structured, well resourced and professional with a great team. An additional venue was started in January 2020 located in the Belmont Baptist hall.

Glenfield Baptist Church 46 James Street Glenfield Auckland 0629 office@4kids.nz  Breakfast 7am-9am (09) 440 9394 After School 3-6pm



http://www.4kids.nz Holiday Care 7.00am-6pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Abelard House Counselling and Psychotherapy**

FSD0015487 Last updated 08/02/2021

Counselling, Psychotherapy and Psychology for adults, couples, families and adolescents. Our therapists provide professional supervision. Our services are available via online platforms.

Please contact us for details.

Abelard House, Suite 2 518 East Coast Road Windsor Park North Shore City 0630



abelardhouse@gmail.com  8am to 8pm Weekdays and Saturday mornings

(09) 478 2501 Some charges may apply. http://www.abelardhousecounselling.co.nz No referral required.

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**Abuse Prevention Services Inc**

FSD0005858 Last updated 18/12/2020

Not-for-profit organisation specialising in the delivery of family violence/abuse intervention and prevention programmes and counselling for men, women, children, youth and couples.

clinicalmanager@abuseprevention.org.nz  Office Hours:

(021) 54 5975 Generally Monday to Friday 9.00 am to 3.00pm.

(09) 427 4317 Some charges may apply. http://www.abuseprevention.org.nz/ No referral required.

**Classification : FVSS**

**Active WorkLife Solutions Ltd.**

FSD0020426 Last updated 06/01/2021

Offers organisational capability mentoring. Please see service detail for more information.

127 Maskell Street St. Heliers Auckland 1071



edit@activeworklife.com  Any time required

(021) 032 7223 Some charges may apply. http://www.activeworklife.com Referral may apply.

**aDapt Family Solutions**

FSD0019662 Last updated 26/07/2020

aDapt Family Solutions is an organisation that provide a mobile Family Development program. Services are delivered in the home at times that suit the family. aDapt delivers programs that are customised addressing the challenges affecting each family. aDapt have a number of modules with a wide variety of topics, behaviour management for children, stress management and self care, co-parenting, family organisation, ADHD and other challenges, and other topics. aDapt respects and considers the culture, values and uniqueness of each family when tailoring a program to suit.

We have a high level of flexibility around times and dates where the programs can be delivered. We work 7 days a week and between the hours of 6.00am-10.00pm we can structure visits to suit our clients. aDapt Family Solutions are able to offer 6 to 12 week interventions. aDapt is a Social

Sector accredited provider offering; specialised parenting and family development program

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| --- | --- |
| paula@adapt.net.nz  (021) 318 879 (021) 318 139 http://www.adapt.net.nz | We can be contacted from 8am to 6pm weekdays and by appointment weekends.  All services free of charge.  No referral required. |

**Adult (Individual) Psychotherapy Clinic**

FSD0003273 Last updated 18/01/2021

Referrals are accepted for adult individuals seeking psychotherapy. Student therapists provide this service within the community as part of their training requirements on the Masters Programmes in Psychotherapy at the Akoranga Campus.

AUT Integrated Health (AIH) Clinic 3 Akoranga Drive Northcote Auckland 0627 mihili.alexander@aut.ac.nz  Mon - Fri 8 am - 5.30 pm



(09) 921 9155 Some charges may apply. http://aucklandtherapy.co.nz/Counselling+ No referral required. services/AUTPsychotherapyClinic.htm

**Adult Literacy Tamaki Auckland Inc**

FSD0003270 Last updated 11/12/2020

We work alongside adults to improve their reading, writing, spelling and/or basic maths, at no cost to the learner.

25 Mayfair Place Glen Innes Auckland 1072



info.C2@literacy.org.nz  8:30 am - 3.30 pm Weekdays.

(09) 570 4140 All services free of charge.

(022) 395 8456 No referral required. http://adultliteracy.org.nz

**Classification : PACIFIC**

**Adventure Specialties Trust**

FSD0019387 Last updated 24/07/2020

Adventure Specialties Trust provides adventure activities, outdoor pursuits and wilderness education to community groups and schools with the aim of facilitating the holistic development of individuals and families through the medium of the outdoors.

Unit 1 4 Winston Place Henderson Auckland 0610



office@adventurespecialties.co.nz  Monday - Friday, 9am - 5pm

(09) 837 6033 Some charges may apply. http://www.adventurespecialties.co.nz Referral may apply.

**Advicewise People**

FSD0019882 Last updated 27/01/2021

Offers organisational capability mentoring. Please see service detail for more information.

309/189 College Road Auckland 1072



anthonyd@advicewise.co.nz  Available all hours.

(0800) 692 384 Some charges may apply. http://advicewise.co.nz Referral may apply.

**Affirming Works**

FSD0024453 Last updated 18/11/2020

Affirming Works (AW) is an innovative Pacific 'not-for-profit company which combines an effective team of multi-generational and multicultural professionals. AW offers an extensive range of mentoring services, social services and social enterprise to various communities in the Auckland region. AW began in 2001 and continues to provide for families; prevention to family violence, educational assistance for learners, food parcels, budgeting and case management of family plans. AW's ability to speak in pacific languages and have qualified staff has enabled a culturally competent yet safe practice approach to it's services. AW provides youth transition services for Oranga tamariki rangatahi, the Tupu'anga a mentoring programme for children and youth, Tautua a youth employment service for young people to work in the Community Cafes. AW also provides in five regions in Aotearoa the Young & Free conferences for the promotion of positive social messaging for Pacific youth.

|  |  |
| --- | --- |
| office@affirmingworks.org.nz  (0800) 0AFFIRM (09) 276 6538 http://affirmingworks.org.nz    **Classification : FVSS, PACIFIC**    **Agape Care** | AW's service delivery is usually from 9am-5pm we have a site for our food hub, our community cafes and our offices, it is best to contact us via www.affirmingworks.org.nz or call free on 08000AFFIRM.  All services free of charge. No referral required. |
| FSD0021434 | Last updated 24/10/2020 |

To transform the lives of people with intellectual / learning disabilities. The Agape Homes Trust (known as Agape Care) is a Christian Ministry, and is governed by a 'Caring with Love' philosophy, providing the highest standards in all relationships, encouraging innovation and diligence in all we do.

It is a place where each person is loved for themselves in an environment where they can freely grow spiritually, emotionally, socially and intellectually.

Agape Care has been providing services to people with intellectual disabilities since 1996.

4210 Great North Road Glendene Auckland 0602



paulr@agapecare.org.nz  Office Hours Mon to Fri: 9.00am to 5.00pm

(09) 837 8597 Some charges may apply.

(021) 682 809 Referral may apply. http://www.agapecare.org.nz

**Age Concern Auckland Counties Manukau Office**

FSD0006656 Last updated 19/10/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

Cambria Park Homestead 250 Puhinui Road Papatoetoe Manukau ageconcern@ageconak.org.nz  By appointment only



(09) 279 4331 Some charges may apply.

(09) 820 0184 Referral may apply.

http://www.ageconcernauckland.org.nz

**Classification : EARS**

**Age Concern Auckland Inc**

FSD0006655 Last updated 02/11/2020

Your local Age Concern is your first port of call for over 65's when you and your family/whanau need: information, advice, referral and support.

57 Rosebank Road Avondale Auckland



ageconcern@ageconak.org.nz  9.00am to 4.00pm Monday to Friday

(09) 820 0184 Some charges may apply. http://www.ageconcernauckland.org.nz Referral may apply.

**Classification : EARS**

**Ai Kihara-ACC Counsellor**

FSD0022552 Last updated 16/04/2021

Ai is an ACC Registered Trauma (Sexual Abuse) Therapist, NZCCA qualified counsellor and social worker (Registered in Japan) Ai can undertake counselling in either English or Japanese.

Ai works with group and individuals including children and adolescents regarding how trauma relates to cross-cultural issues, migrant issues, relationships, family issues, addiction, anxiety and depression. Ai has also had a Triple P certificate and can provide parenting advice.

1. Maidstone Street Grey Lynn Auckland 1021



tetoandken@gmail.com  All consultations are by appointment. There is no (021) 085 18838 (Client) drop-in service.

http://aikihara.jimdo.com Some charges may apply.

No referral required.

**Aiga Atia'e Pasefika Family Trust**

FSD0020505 Last updated 04/01/2021

We offer and target Pasefika families and the Community as a whole of whoever need our Education and Support Programmes etc.

1. Kirklow Place Goodwood Heights Auckland 2105



taulapapa.n.wulf@aigaatiaepftrust.org.nz  Start time : 9.00 am

(09) 262 3725 Finish time: 3.00/6.00 pm Monday to Friday, and

http://www.aigaatiaepftrust.org.nz weekends and after hours by voicemail message.

Also available weekends and after hours by arrangement.

Some charges may apply. Referral may apply.

**Classification : PACIFIC**

**AKAL Foundation**

FSD0024322 Last updated 24/08/2020

Our aims to identify and fund the delivery of high-impact solutions that can reduce health inequities and give everyone the opportunity to live healthy, productive lives.

We work closely with our partners to support innovative approaches and expand existing ones, so they reach the people who are most in need.

Our aim is to create better society.

Akal Foundation

Leadership training – capacity building, political representation

Family Violence – prevention programmes, education awareness

Budgeting & Family Support Services as Below

Community Alcohol and Drug Services

Community Sports / Service

Food Bank Service

Community Awards

Ladies Night

Migrants Help

Open Festival

35 East Tamaki Road Papatoetoe Auckland 2025



rajinz@gmail.com  Monday to Friday 8.00 to 5PM

(09) 278 6062 All services free of charge.

(021) 661888 No referral required. http://www.akalfoundation.org.nz

**Albany Community Link**

FSD0007891 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44 Corinthian Drive Albany North Shore 0632



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**All You Can Eat: Feeding Services for Kids**

FSD0023602 Last updated 26/06/2020

Kia ora, I’m Dr. Sarah Leadley, and I’m committed to helping children with feeding difficulties and their families, using evidence-based strategies that are also family friendly. I’m a Psychologist and Board Certified Behaviour Analyst. I use a behavioural approach, working closely with other health professionals: including paediatricians, dietitians and speech language therapists. I work with families in their own homes, at times that are best for them.

I can support children and young people between 1- 16 years old who have feeding challenges including fussy or picky eating, food selectivity (e.g., refusing to eat certain textures, or food groups), formula dependency or feeding tube dependency. I help children with a range of developmental disabilities, as well as children who do not have disabilities.

drsarahleadley@gmail.com  Flexible, including evenings and weekends

(027) 931 3551 Some charges may apply.

No referral required.

**Allan Brewster Leisure Centre**

FSD0021409 Last updated 04/09/2020

We run after school care, holidays programmes, early childhood centres, fitness centres, pools and group fitness classes.

7 Tavern Lane Papatoetoe Auckland 2025



allanbrewsterleisure@aucklandcouncil.go  Monday - Thursday, 7am-9pm

vt.nz Friday, 7am-6pm

(09) 262 5965 Weekends, 8am-6pm

(021) 277 6364 Some charges may apply. https://aucklandleisure.co.nz/locations/alla No referral required. n-brewster-leisure-centre/

**Classification : OSCAR**

**Andrew Kirby**

FSD0015322 Last updated 21/12/2020

I am a registered psychotherapist in possession of a PhD and fifteen years experience helping individuals from all walks of life overcome obstacles and barriers that may prevent them from achieving happier, healthier, and more productive lives. This may mean finding help to resolve a specific problem, or learning more about yourselves, others and society to help you manage your lives more effectively and maximise your potential.

Level 2 46 Taharoto Road Takapuna Auckland 0622 andrew@thesquarecircle.co.nz  Available on Mondays and Wednesdays.



(09) 488 7647 Some charges may apply.

(021) 723 203 No referral required. http://www.thesquarecircle.co.nz

**Andrew Macgregor Counsellor and Registered Psychotherapist**

FSD0015295 Last updated 15/01/2021

Face to Face Counselling and Psychotherapy For Individuals and Couples.

All issues and enquiries welcome. Support provided in a confidential and safe comfortable environment.

Creating new endings for old stories.

Youthline House 13 Maidstone Street Ponsonby Auckland



andrewmacgregorpsychotherapy@gmail.c  Appointment times are available and you are om welcome to discuss this on the telephone.

(021) 116 2636 www.aucklandtherapy.co.nz/Psychotherapists/A

http://www.aucklandtherapy.co.nz/Psycho ndrewMacgregor.htm therapists/AndrewMacgregor.htm Some charges may apply.

No referral required.

**Anglican Community Church Birkdale / Beach Haven**

FSD0003659 Last updated 20/10/2020

Birkdale / Beach Haven Anglican Community Church. Emergency Foodbank assistance available by referral or by individual. Usually a one off unless extreme and/or budgeting advice is being sought by recipient. For residents in the Birkdale /Beach Haven area (available 10-12 Tuesday and Thursdays only)

We also provide mainly music for preschooolers and SPACE programmes for mostly first time parents.

 56A Tramway Road Beach Haven Auckland 0626

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| office@cedarcentre.org.nz  (09) 483 6989 https://www.cedarcentre.org.nz/ | Mondays - Thursday: 9am - 1pm Koha/donation may apply.  No referral required. |

**Anglican Trust for Women and Children**

FSD0003280 Last updated 26/10/2020

ATWC’s integrated Family, Early Education and Social Work services and programmes help to protect, nurture and provide opportunities for up to 3000 children, young people and their families across Auckland.

Services include counselling and psychotherapy, parenting programmes, preschool education, early intervention (Family Start) and programmes in schools (SWiS & YWiSS).

10 Beatty Street Otahuhu Auckland 1062



info@atwc.org.nz  8.00am – 4.30pm Monday to Friday

(09) 276 3729 Some charges may apply. http://www.atwc.org.nz Referral may apply.

**Classification : FVSS**

**Ann's Funeral Home & Onsite Cremations**

FSD0023719 Last updated 28/09/2020

We are a one stop funeral services provider. We offer complete Funeral Services for burial or cremation.

11c Bolderwood Place Wiri Auckland 2104



admin@annsfuneral.co.nz  Available 24/7 (09) 278 8600 Some charges may apply.

(021) 395 723 No referral required. http://www.annsfuneral.co.nz

**Antara Free Natural Health Clinic**

FSD0003689 Last updated 23/01/2021

The Antara Free Natural Health Clinic is for those people in the community who cannot afford to pay for natural health care. Antara also offers a Retreat north of Auckland for young adults.

Please see our website for more details.

66 Taikata Road Te Atatu Peninsula Waitakere



info@antara.org.nz  10am - 3pm Weekdays (09) 834 7987 All services free of charge.

(09) 423 7070 No referral required. http://www.antara.org.nz

**Anti-dose Ltd**

FSD0023898 Last updated 17/01/2021

At Anti-dose we provide private, confidential and affordable addiction counselling to individuals wanting to make positive changes in their lives. We work in a collaborative and motivational way and use evidence based modalities which are considered the "GOLD STANDARD" in the treatment of addiction.

As addiction counsellors in recovery we believe it's crucial to have a personal history with addiction when providing addiction counselling. At Anti-dose we recognise how important it is for our clients to feel truly understood when it comes to the reality and insanity of addiction. Our understanding of addiction enables us to walk alongside our clients with an empathetic and nonjudgmental approach. We are passionate about helping others reclaim their lives and believe that anyone can find recovery and a life worth living when provided with the right kind of support.

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| antidoseltd@gmail.com  (021) 146 0060 (021) 222 8945 https://anti-dose.co.nz/      **Anxiety New Zealand Trust** | Hours  Mon - Thu 9am - 8pm  Some charges may apply. No referral required. |
| FSD0003383 | Last updated 03/07/2020 |

For the specialist assessment, management and treatment of anxiety, phobic and obsessive compulsive disorders. Providing education around these disorders and providing research into the cause and management. Call 0800 ANXIETY (0800 269 4389). We also provide Family support groups, community education and workshops.

77 Morningside Drive St. Lukes Auckland



clinic@anxiety.org.nz  The clinic is open Tuesday – Saturday with late

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| (0800) ANXIETY (269 4389)  (09) 846 9776 http://www.anxiety.org.nz | nights Tuesday (8:30am-8:30pm), Wednesday  (8:30am-8:30pm) and Thursday (10am-7pm)  Friday and Saturday (8:30am-5pm) | |
| Some charges may apply. Referral may apply. |  |
| **Aotea Family Support Group Charitable Trust** | |
| FSD0006011 | | Last updated 07/08/2020 |

Provision of social services to residents of Great Barrier Island.

 Old School Building, Medland & Shoal Bay Roads 1 Medland Road Tryphena Great Barrier Island 0962

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| office@aoteafamilysupport.co.nz  (09) 429 0465  (09) 429 0174 http://www.aoteafamilysupport.co.nz    **Classification : OSCAR** | Every morning except Wednesdays and weekends.  Serves Great Barrier Island only.  Some charges may apply.  No referral required. |

**Aotearoa Latin American Community Incorporated**

FSD0020454 Last updated 29/01/2021

Our aims are: a) To preserve, enhance and promote the positive aspects of Latin American and Spanish culture; b) to provide holistic social services to the Latin American community, refugee and migrant communities in general; c) to be a link between the cultures of Spain, Latin America and New Zealand.

45 Cardwell Street Onehunga Auckland 1643



socialservices@alacinc.org.nz  Monday to Friday 09 am-16:00 pm

(09) 636 5313 All services free of charge. http://www.alacinc.org.nz No referral required.

**aPlus Out of School Ltd - Auckland**

FSD0022791 Last updated 28/01/2021

Provider of Morning Care, After School Care and School Holiday programmes. OSCAR approved.

26 Lyons Ave Auckland 0630



auckland@aplus.kiwi.nz  Office: 9am to 4pm. Morning care from 7am and

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| (09) 443 5386 http://www.aplus.kiwi.nz    **Classification : OSCAR**    **AppleSeed Educare** | after school care till 6pm.  Some charges may apply. No referral required. |
| FSD0020932 | Last updated 06/07/2020 |

AppleSeed Educare is a quality childcare center in Mt Eden Auckland. AppleSeed Educare is conveniently located at 158 Balmoral Road, Mt Eden.

We understand that choosing the best Early Childhood Center for your child is one of the most important decisions that you will make as a parent. By choosing AppleSeed Educare Mt Eden, you can be certain that your child is cared for in an environment that fits well with your values, provides a safe, happy and social environment where your child can develop confidence and selfawareness along the journey.

We believe that children will learn and grow better in an environment where they feel happy and secure. AppleSeed Educare is licensed for 27 children and it is designed with a homely feeling and an extensive outdoor play area. We trust our daycare center will be a home away from home for your child.

158 Balmoral Road Mt Eden Auckland



info@appleseededucare.co.nz  7.30-6pm Monday to Friday

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| (09) 630 9158 (0800) 000 158 http://www.appleseededucare.co.nz | Some charges may apply. No referral required. |

**Applied Theatre Company Ltd**

FSD0022108 Last updated 10/08/2020

Creating awareness, participation and action on issues of social change and justice, through drama education.

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| briar@appliedtheatre.co.nz  (021) 104 8677 http://www.appliedtheatre.co.nz      **Approach Limited** | Mon - Fri office hours Some charges may apply. Referral may apply. |
| FSD0019836 | Last updated 10/01/2021 |

Offers organisational capability mentoring. Please see service detail for more information.

39 Sayegh Street St Heliers Auckland



terry.hoskins@approach.co.nz  Some charges may apply.

(027) 480 3062 Referral may apply. http://www.approach.co.nz

**Arohanui Christian Trust**

FSD0003566 Last updated 24/06/2020

Arohanui is a non profit registered charitable Trust The goals are to help those in need in the community. We endeavour to keep the work simple and uncluttered so as to spend time and energy working with families and children. Our safe homes are set aside for families and children ,who have need of care. Family re unification is one of our main priorities. We support Solo parents and families. Programs are provided for parent seeking to keep their babies. All who are interested need to apply to the directors of the Trust, where selection process will take place.

Arohanui simply provides the love and care where needed.

143 Main Highway Ellerslie Auckland 1051



ross@arohanui.org.nz  9am-5pm

(09) 579 8315 Some charges may apply.

(021) 661781 No referral required.

http://www.arohanuichristiantrust.co.nz/

**Attainable Trust**

FSD0003425 Last updated 30/04/2021

Provides employment and support to people with disabilities and disadvantaged groups so that they can participate fully in their community.

50 Lovegrove Crescent Otara Manukau 2023



Nalini@attainabletrust.org.nz  8.00am - 4.00pm Monday to Friday

(09) 278 1678 Some charges may apply.

(09) 216 7366 No referral required. http://www.attainabletrust.org.nz

**Auckland City Mission**

FSD0003285 Last updated 23/10/2020

The Mission provides unique and specialised health and social services to marginalised Aucklanders.

23 Union Street Auckland 1010



info@aucklandcitymission.org.nz  Reception - 8:30am to 5:00pm

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| (09) 303 9200 http://www.aucklandcitymission.org.nz    **Classification : THP**    **Auckland Council** | Some charges may apply. Referral may apply. |
| FSD0003525 | Last updated 08/12/2020 |

Auckland Council meets a variety of community needs in the areas of leisure, recreation, funding and support. Activities include the following: Community development programmes, initiatives & partnerships management and operation of community venues.

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| (09) 301 0101 http://www.aucklandcouncil.govt.nz      **Auckland Disability Law** | 24/7, toll free for residential landlines within Council boundaries. If you are deaf, hearing or speech impaired the NZRelayService support you to call us. Contact us form available on website.  Some charges may apply. No referral required. |
| FSD0018267 | Last updated 16/03/2021 |

Auckland Disability Law (ADL) provides free legal services to disabled people associated with their disability legal issues. ADL provides legal education on disability law in the community and within disability and legal organisations. We work with the Disability and Deaf communities through our community engagement and law reform activities.

Unit 9, Shop 27, Mangere Town Centre 93 Bader Drive Mangere Manukau 2153 info@adl.org.nz  Monday - Friday, 9am - 4pm.



(09) 257 5140 All services free of charge.

(027) 457 5140 Text Only No referral required.

http://www.aucklanddisabilitylaw.org.nz

**Auckland District Council of Social Services**

FSD0003792 Last updated 17/07/2020

We are an umbrella organisation for community groups, statutory organisations and individuals in the Social Services sector. We lobby Government, advocate and disseminate information on social policy, legislation and policy changes.

adcoss@adcoss.org.nz  All days - please leave a message or email us.

https://www.adcoss.org.nz/ Some charges may apply.

No referral required.

**Auckland Dream Centre Community Trust**

FSD0024301 Last updated 18/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

Harbourside Church Office 48 Esmonde Road Takapuna Auckland 0622 info@dreamcentre.org.nz  Please phone for hours the food service is



(09) 489 0930 available. http://www.dreamcentre.org.nz All services free of charge.

No referral required.

**Auckland Funeral Services**

FSD0023724 Last updated 27/10/2020

Auckland Funeral Services provides an end-to-end service for you and your family. We ensure you have everything needed at each stage of the funeral process, and we co-ordinate the arrangements. We work with you to meet your family’s requirements and budget. Our approach is versatile, with offerings tailored to support your preferences and values.

Whether you want a traditional approach or a simple, casual funeral with minimal cost and fuss — we can facilitate it. Should you have something very different in mind, or want something unique, we will do our best to accommodate you.

The death of a loved one is a very difficult time and we respect your needs and circumstances. We will take care of your loved one, and provide you with exceptional service based on over 20 years of caring for people and their families. Our mission is to make the toughest time in your life just a little bit easier, and enable you to commemorate the life of your loved one in a meaningful, affordable way.

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| info@aucklandfunerals.co.nz  (0800) 420 470 (09) 420 4700 http://aucklandfunerals.co.nz | We are always on call for a death in your family.  For non-urgent business our office is open standard business hours.  Some charges may apply.  No referral required. |

**Auckland Kindergarten Association**

FSD0003870 Last updated 19/11/2020

Established in 1908, the Auckland Kindergarten Association (AKA) is a charitable trust made up of 107 kindergartens in Auckland, four Playgroups, and four KiNZ early learning daycare centres.

We are New Zealand’s largest kindergarten association. The AKA are proud to provide high quality early childhood education to over 10,000 young children who attend our services throughout Auckland each year.

At our kindergartens, playgroups and KiNZ care and early learning centres, we provide a safe and enriching learning environment where young children can develop as confident and competent learners.

We offer quality Early Childhood Education (ECE) to all Auckland children, with a strong focus on inclusiveness that values and recognises of the rich diversity of the children, parents and whnau that attend.

Head Office, Level 5 385 Queen Street Auckland 1010



info@aka.org.nz  Some charges may apply.

(09) 373 5635 Referral may apply.

(0800) 4 KINDY http://www.aka.org.nz

**Auckland Mental Wellness Centre**

FSD0023975 Last updated 17/07/2020

Auckland Mental Wellness Centre has a team of registered psychologists, who provide general counselling and specialist psychological services for children, adolescents, adults, and families.

We also do report for court and Immigration New Zealand.

16 Fernly Rise Flat Bush Auckland 2019



aucklandmentalwellness@gmail.com  Monday - Friday 9am-8pm

(09) 558 4455 Saturday 9am-8pm

(021) 960 303 Some charges may apply. http://aucklandmentalwellness.com No referral required.

**Auckland North Community and Development Inc.**

FSD0003322 Last updated 16/02/2021

ANCAD is a community development organisation that has been supporting the Auckland North Community since 1974. It is a leading social service enabler which focuses on supporting and strengthening community agencies, groups and projects to deliver effective and needed services to the Auckland North Community and across the Auckland region.

ANCAD is a highly connected organisation that convenes, facilitates and enables innovative community partnerships, networks and initiatives. Then using the voice of this experience, it connects providers with businesses, government agencies and funders to work together to build strong local communities. Through meetings, events, training, research and information delivery,

ANCAD enables the right people and agencies to understand what is working and where the gaps are in community services. ANCAD has a proven record of building strong communities and they share this expertise and experience with organisations and agencies across New Zealand.

First Floor, Mary Thomas Centre 3 Gibbons Road Takapuna North Shore City 0622 info@ancad.org.nz  Monday to Friday 9am - 4.30pm



(09) 486 4820 All services free of charge. http://www.ancad.org.nz/ No referral required.

**Classification : FVSS**

**Auckland North Newcomers Network**

FSD0024320 Last updated 24/08/2020

The Newcomers Network is about creating an inclusive community where all meet around a common appreciation of living together in a peaceful environment.

134 Birkdale Road Birkdale Auckland 0626



aucklandnorth@newcomers.co.nz  I am flexible but Tursdays afternoon 12-2:30pm

(022) 418 8199 is best. http://newcomers.co.nz All services free of charge.

No referral required.

**Auckland Parents of Deaf Children Incorporated**

FSD0005772 Last updated 09/06/2020

APODC is led by a Committee of parents, working to support the needs of other parents, families and whanau, with deaf and hearing impaired children, across the Auckland region. Our primary purpose is to provide a varied monthly program of social and information based events, to support connections between families and whanau with a deaf or hearing impaired child. This provides critical access to peer support, information, and other resources, which support the needs, ages and stages of indivudal deaf children, and their families and whanau. In turn, families and whanau are empowered to advocate for their deaf or hearing impaired child, and to support them to reach their full potential.

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| coordinator@apodc.org.nz  (022) 084 2244 http://www.apodc.org.nz | Contact can be made with the Coordinator:  Monday - Friday 9-5pm  Events are usually run at the weekends Some charges may apply.  No referral required. |

**Auckland Rainbow Community Church**

FSD0003286 Last updated 22/10/2020

Offers a Christian ministry to the people of Auckland especially those who are gay, lesbian, bisexual, intersex and transgender.

St Matthew's Church Corner Wellesley and Hobson Streets CBD Auckland 1011 aucklandrainbowchurch@gmail.com  Use cell phone during week daytimes.



(027) 715 3987 All services free of charge.

(09) 360 5595 No referral required.

http://www.aucklandrainbowchurch.org/

**Auckland Regional Dental Service**

FSD0017242 Last updated 05/02/2021

Free dental care is available for children aged 0 years to Year 8 (Form 2) by the Auckland Regional Dental Service (ARDS).

Dental care from Year 9 (Form 3) until their 18th birthday (adolescent dental service) is provided by a contracted dental provider.

For a list of ARDS clinics or for a list of contractors for adolescent patients please go to www.ards.co.nz

ARDS

The Auckland Regional Dental Service (ARDS) provides free dental care for pre-school and school children at ARDS clinics in the greater Auckland area.

Adolescent Dental Service

Free dental care is also available from Year 9 (Form 3) until the 18th birthday, regardless of whether the adolescent is still at school or not. They are still entitled to free dental care if they are in paid employment. Not all dentists provide this service so it is important to attend a dentist who has a contract with the District Health Board to treat adolescent patients.

Snelgar Building Ground Floor - Lincoln Road Henderson Auckland 0612



ards@waitematadhb.govt.nz  Office hours 8:00am-4:30pm (0800) TALK TEETH All services free of charge.

(0800) 825 583 No referral required. http://www.ards.co.nz

**Auckland Regional Migrant Services Trust**

FSD0003854 Last updated 02/03/2021

ARMS is a specialist settlement support agency. We provide services for migrants and refugees across Auckland Region. ARMS works to facilitate settlement assistance through effective agency coordination, community networking and informed advocacy.

8 Virginia Avenue East Eden Terrace Auckland 1021



reception@belong.org.nz  Mon - Fri 9am - 4pm (09) 625 2440 All services free of charge. https://www.facebook.com/BelongAotearo No referral required.

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**Auckland Returned and Services Association Inc. (RSA)**

FSD0003563 Last updated 30/11/2020

Provides welfare support to veterans and services to RSA members.

Entry B Level 3 North Stand Eden Park 52 Walters Road Mount Eden Auckland 1024 info@aucklandrsa.org.nz  Monday to Friday 10am - 4pm



(09) 624 0064 Some charges may apply. http://www.rsa.org.nz No referral required.

**Auckland Speech Therapy**

FSD0023128 Last updated 25/03/2021

A private Speech Language Therapy practice offering assessment, individual or group therapy for children and adults. We also can provide education or training for adults who work with children with speech and language difficulties.

Auckland Speech Therapy is passionate that any service empowers those around a child to promote and enrich speech, language and communication development beyond the time spent with the Speech Language Therapist. We aim to provide flexible options that can be tailored to individual children, families and education settings.

12A Havelle Ave Titirangi Auckland 0604 contact@aucklandspeechtherapy.co.nz  Mon to Fri



(021) 024 77545 8.00am till 20.00pm (027) 426 9250 Some charges may apply. https://www.aucklandspeechtherapy.co.nz No referral required.

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**Auckland Women's Centre**

FSD0004148 Last updated 27/07/2020

A safe, accessible place offering support and facilitating empowerment and well-being for all women.

 Unit 6 4 Warnock Street Grey Lynn Auckland 1021

info@womenz.org.nz  9.00am - 4.00pm Monday to Friday.

(09) 376 3227 extn 0 Some charges may apply. http://www.awc.org.nz No referral required.

**Auckland Women's Refuge**

FSD0007649 Last updated 08/09/2020

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111.

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| info@awrefuge.org.nz  (09) 378 7635 (0800) 733 843 http://www.womensrefuge.org.nz      **Avondale Community Link** | 24 hour crisis line service (09) 378 7635 or (0800) 733 843 (REFUGE) Some charges may apply. No referral required. |
| FSD0007892 | Last updated 11/03/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44-48 Rosebank Road Avondale 1026



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Awataha Marae Incorporated Society**

FSD0003682 Last updated 19/06/2020

Marae with services open to all.

58 Akoranga Drive Northcote North Shore 0627



reception@awataha.co.nz  9.30am - 3.30pm Monday to Friday

(0800) 292 824 Some charges may apply.

(0800) Awataha No referral required. http://www.awataha.co.nz

**Babylon Community Development Charitable Trust**

FSD0024503 Last updated 25/02/2021

Babylon Community Development Charitable Trust is a not-for-profit organization, stranded in fundamentals of empowerment, shared vision, inclusion, collective action, determination, social cohesion, building leadership and collaboration. Committed to undertake a sustainable community development process through providing a wide range of quality services and performing a variety of essential activities and projects by and to the beneficiaries of the Trust at a grassroots level, with support from the New Zealand government agencies and non-government organizations to actively contribute in building and developing Auckland society’s safety, strength and well-being.

9 The Enclave Totara Heights Auckland 2105



(021) 067 7725  all days of the week, all hours of the day http://babylon.ac.nz All services free of charge.

No referral required.

**Babywearing with Jess Ltd**

FSD0022821 Last updated 30/06/2020

Trained as a Sling and Carrier consultant I offer workshops and training about babywearing and the use of carriers for children with parents-to-be, new parents, parents and caregivers of children who would like to know more about babywearing.

Workshops cover brief overview of baby physiology, history and benefits of babywearing, safety and positioning factors in a carrier, demonstrations of 5 different styles and a library of carriers for

try and hire.

I also offer tailored professional development training programmes for retailers, related service providers, health practitioners and other medical professionals.

I am very passionate and enthusiastic about carrying my children in wraps, slings and carriers and have been doing so with my own two boys since they were very young.

babywearingwithjess@gmail.com  Flexible hours of operation, please enquire.

(022) 671 4060 Monthly workshops are offered both on week http://babywearingwithjess.wordpress.co days and weekends in various locations. m/my-services/ Some charges may apply.

No referral required.

**Barnardos - Auckland Central South (Te Atatu)**

FSD0016477 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

3/247 Edmonton Road Te Atatu South Auckland



(09) 625 3675  Monday to Friday 8.30am - 5pm (0800) BARNARDOS(227 627) Some charges may apply. http://www.barnardos.org.nz No referral required.

**Barnardos - Auckland North West**

FSD0006793 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

247 Edmonton Rd Te Atatu South Te Atatu 0610



Auckland\_Referrals@barnardos.org.nz  Monday - Friday 8:30-4:30

(09) 625 3730 Some charges may apply.

(027) 237 8862 Referral may apply. https://www.barnardos.org.nz/

**Barnardos North Shore (Albany)**

FSD0006794 Last updated 18/06/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

20 Alderman Drive Henderson Auckland 0612



AMAC@barnardos.org.nz  Monday to Friday 7.30 am to 5.30 pm

(09) 836 7506 Some charges may apply. https://www.barnardosearlylearning.org.nz No referral required.

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**Classification : OSCAR**

**Barnardos Onehunga**

FSD0016483 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

 Level 2 173 Captain Springs Road Onehunga Auckland 1061

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| Lesley.Macken@Barnardos.org.nz  (09) 625 3687 (0800) 543 782 https://www.barnardos.org.nz/      **Bayview Community Centre** | Contact : 0800 227 627 Some charges may apply. No referral required. |
| FSD0021235 | Last updated 08/04/2021 |

We provide OSCAR approved programmes for children aged 5-13 and early childhood education for children under 5.

The purpose of the Bayview Community Centre Association Incorporated society is to enhance social and cultural wellbeing by providing accessible and affordable facilities and opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to:

* Make friends, meet people, learn, contribute and participate in their local community
* Participate in programmes and services developed in response to changing community needs

72 Bayview Road Bayview Auckland 0629



office@bayviewcentre.org.nz  Community Centre Office is open 9am-2pm

(09) 443 0231 weekdays. Early Learning Centre is open (09) 444 8006 7.30am-5.30pm weekdays. Centre available for http://bayviewcentre.org.nz hire anytime.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Beach Haven Primary School After School Care**

FSD0021851 Last updated 15/10/2020

We provide After School Care programmes for the students of Beach Haven Primary School.

50 Tramway Road Beach Haven Auckland 0626



office@beachhaven.school.nz  Monday - Friday 3pm - 5.45pm

(09) 483 7615 Some charges may apply. http://www.beachhaven.school.nz Referral may apply.

**Classification : OSCAR**

**Belgravia Leisure**

FSD0021419 Last updated 05/08/2020

Community Recreation Centre with Child Care services, Stadium, Gym, Aquatic Pool, Badminton Courts and Meeting Rooms.

29 Franklin Road Pukekohe 2120



ismith@belgravialeisure.co.nz  when the organisation is open

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| (09) 238 5240 http://www.franklinleisure.co.nz    **Classification : OSCAR** | Some charges may apply. No referral required. |

**Beneficiaries Advocacy and Information Service Inc. (BAIS)**

FSD0003540 Last updated 15/12/2020

A voluntary community group set up to provide free independent advice, information & advocacy to beneficiaries and low income people in regards to financial assistance from Work & Income and IRD.

Glenfield Community Centre 96 Bentley Road Glenfield Auckland 0629 info@bais.org.nz  8am - 4pm Mon - Friday (09) 444 9543 All services free of charge. http://www.bais.org.nz/ No referral required.



**Best Start Glenfield**

FSD0022695 Last updated 17/02/2021

We provide Education and Care for children aged 3 months to 5 years. We are open 7am to 6pm and also offer a part time day. At ABC Glenfield we cater for all children from all backgrounds and pride ourselves on our links to the local Primary School and community.

 26 Manuka Road Glenfield Auckland 0629

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| glenfield@best-start.org  (09) 443 3023 http://www.best-start.org      **BestStart Avondale** | 7am to 6pm Weekdays Some charges may apply.  No referral required. |  |
| FSD0022570 |  | Last updated 17/12/2020 |

Provide quality childcare services to children from infants to five years of age.

18-20 Wolverton Street Avondale Auckland 0600



avondale@best-start.org  Mon - Fri

(09) 828 9082 7.00 a.m. - 6.00 p.m. http://www.best-start.org Some charges may apply.

No referral required.

**Beststart Kenderdine Road**

FSD0022569 Last updated 12/10/2020

At Beststart Kenderdine road, we provide childcare and early learning for children 0-5 years old. Our centre offers 20 ECE for children 3 years and above and we have 80% registered teachers. The centre is a purpose built multicultural hub with children and teachers from different cultural background and language where exciting celebrations form a part of the regular events. We prepare hot nutritious meal at the premises for our children. Our online storypark system allows parents to visit children's learning and development regularly. The centre also provides Be School Ready framework which supports children's smooth transition to school. Community means a lot to us and we have different ways to connect to our community on a regular basis.

19 Kenderdine Rd, Papatoetoe Auckland 2025



kenderdine@best-start.org  Our centre opens from Monday to Friday (09) 277 0994 between 7:00am and 6:00pm. The centre

https://www.best-start.org/ operates throughout the year except on public holidays. We have easy access from 19 Kenderdine Road and 42 Wyllie Road.

Some charges may apply. No referral required.

**BestStart Mangere East**

FSD0022568 Last updated 29/01/2021

We are a well established childcare in the heart of Mangere East catering for children from 0-6.

48 Tennessee Avenue Mangere East Auckland 2024



mangereeast@best-start.org  7am-6pm Monday to Friday

(09) 258 5093 Some charges may apply. http://www.best-start.org/ No referral required.

**BestStart New Lynn**

FSD0018492 Last updated 15/06/2020

FREE\* Childcare for 3 - 5 year olds (Conditions apply)

19 A Delta Avenue New Lynn Auckland 0600



newlynn@best-start.org  Open 7am - 6pm Mon - Fri

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| (09) 826 0866 https://best-start.org/centres/beststartnew-lynn      **BestStart Wolverton Street** | Free\* Session Options:  8.00am-12.00pm & 1.00pm-5.00pm  (depending on vacancies) All services free of charge. No referral required. |
| FSD0022571 | Last updated 13/01/2021 |

Provider of quality Childcare Services to Children from Infants to Five Years of Age.

25 Wolverton Street Avondale Auckland 0600



wolverton@best-start.org  Monday - Friday (09) 828 9083 7.00 a.m - 6.00 p.m

http://best-start.org Some charges may apply.

No referral required.

**Beth St. Claire - Psychotherapist**

FSD0015962 Last updated 13/07/2020

Youth and Community Services. Beth St. Claire provides face to face counselling and therapy for adolescents and adults; as well as providing clinical supervision for counsellors and others in helping industries; and facilitating personal development and counselling skills training groups. Approaches: Psychodynamic, Gestalt, PSI, EMDR, creative/experiential eg sand-tray, dreamwork, visualisation, mindfulness, IDT drawing therapy. Specialities - ACC approved sexual abuse / trauma work; Gender issues / gender minorities; survivors of fundamentalist and cultic groups.

Youthline House 13 Maidstone Street Ponsonby Auckland



beth@youthline.co.nz  Text messages and email to contact.

(Free TXT) "ACSS" to 234 Some charges may apply.

(09) 376 7481 No referral required.

http://www.counsellingsupport.co.nz/bethst-claire.html

**Better Blokes**

FSD0022837 Last updated 05/02/2021

Better Blokes Peer Support Groups are weekly meetings of men who have experienced childhood sexual trauma facilitated by a trained facilitator who also has experienced childhood sexual trauma.

The meetings are held in community meeting rooms in five Auckland locations: Browns Bay, Henderson, Epsom, Three Kings. The number of men that can be accommodated at each peer support group is limited to eight by the two hour duration of the meeting and the amount of time each men gets to talk.

Level 2 Little Engines 56 Surrey Crescent Grey Lynn Auckland 1021



operations@betterblokes.org.nz  Call 09 378 8812 for appointment. No walk-in

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| (09) 378 8812 (021) 174 9252 http://www.betterblokes.org.nz | services available.  All services free of charge.  No referral required. |

**Classification : SHSS**

**Big Brothers Big Sisters Auckland**

FSD0023591 Last updated 13/08/2020

BBBS Auckland matches children ages 7 through 11 with mentors in a professionally supported one to one relationship which can continue until the young person is 18 years of age. Our programme matches a volunteer Big Brother or Big Sister with a child who could benefit from a one to one relationship with a caring adult.

auckland@bbbs.nz  All services free of charge. https://bigbrothersbigsisters.org.nz/ No referral required.

**Big Buddy Mentoring Trust**

FSD0006009 Last updated 01/04/2021

Making a positive difference for boys who don't have their dads around. Check out our web site for more information.

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| info@bigbuddy.org.nz  (09) 828 1358  (021) 929 741 http://www.bigbuddy.org.nz      **Biggles Childcare** | Weekdays 9.00am - 5.00pm.  All services free of charge. No referral required. |
| FSD0022490 | Last updated 07/01/2021 |

Biggles is a fully licensed childcare centre in Glen Eden offering full and part-time care for children aged 3mths to 6 years.

Biggles provides the highest quality early childhood care and education. We have high teacher/child ratios, extensive playground space and are environmentally proactive.

We have an open-door policy so feel free to visit us any time to view our premises and meet our teachers.

9 Glenorchy St Glen Eden Auckland 0602 biggleschildcare@xtra.co.nz  7.30am to 5.30pm flexible contact by mobile.



(09) 813 3595 Some charges may apply.

(021) 022 58059 No referral required. http://biggleschildcare.co.nz

**Birkdale Beach Haven Community Project Inc**

FSD0018877 Last updated 30/11/2020

The aim of our Houses is to develop community spirit. The Houses belongs to all locals. Their role is to cater to the interests and needs of this community. We provide the opportunity for local people to get together with others and do worthwhile, enjoyable things of their choosing. The Beach Haven and Birkdale Community House are entity's which has seen many changes over the years. Always receptive to new ideas, we strive to maintain the regular classes and groups, in addition to assisting new ones to become established.

We currently run many classes in our two community houses, events in our community and our Kids at #134 holiday programme from Birkdale hall.

134 Birkdale Road Birkdale Auckland 0626 houses@birkdalebeachhaven.org.nz  9-3 Monday to Friday.



(09) 483 9149 Some charges may apply.

(09) 483 9942 No referral required.

http://www.birkdalebeachhaven.org.nz

**Classification : OSCAR**

**Birkenhead Pool and Leisure Centre**

FSD0022348 Last updated 13/07/2020

Offer out of school care and holiday programmes. The goal of Auckland Council Parks, Sport and Recreation is to make more Aucklanders, more Active, more often. Our role in this is to encourage and facilitate the local community to become active and to take part in sport and recreation activities. Specifically we are a site that focuses on Outdoor Recreation. One of our core businesses is to undertake Education Outside the Classroom activities for many Auckland schools.

Our School Holiday Programme involves a wide range of these Outdoor Recreation pursuits, including but not limited to, Rock Climbing, Archery, Kayaking, Bush Survival, High Ropes and Orienteering.

Our facilities also include a 33m heated outdoor pool and a smaller indoor children's pool which we utilise for many of our programmes.

46 Mahara Avenue Birkenhead Auckland 0626 birkenheadpools@aucklandcouncil.govt.n  Opening Hours;



z 6am-9pm Monday, Wednesday, Friday

(09) 484 7290 6am-10pm Tuesday, Thursday

https://aucklandleisure.co.nz/locations/birk 9am-7pm - Weekends enhead-pool-and-leisure-centre/

Opening hours are subject to change in Winter.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Bizzy Bodz – Auckland South&East**

FSD0024208 Last updated 23/03/2021

Bizzy Bodz Ltd provides Before and After Care as well as Holiday Programme services to the Auckland Region.

1/14 Whitford-Maraetai Road Whitford 2571



admin@bizzybodz.co.nz  Programme Hours are between 7am & 8.30am,

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| (09) 530 9020 http://www.bizzybodz.co.nz    **Classification : OSCAR** | 2.30 - 6.00pm and holidays between 7.30am -  6.00pm.  Our office hours are 9.00am - 4.30pm Monday to  Friday  Some charges may apply.  No referral required. |

**Blockhouse Bay Community Centre Inc**

FSD0021499 Last updated 25/08/2020

The Centre of Blockhouse Bay, providing a place for programmes and activities that are tailormade by and for our community. We play a key part in meeting the social, cultural, environmental, recreational and educational desires of our diverse community.

We offer a fantastic school holiday programme at affordable rates for children aged 5-13 years of age.

524 Blockhouse Bay Road Blockhouse Bay Auckland 0600 info@bhbaycommunitycentre.co.nz  Office



(09) 626 4980 9am - 3.30pm Monday, Thursday & Friday

http://www.blockhousebaycentre.co.nz 9am - 6pm on Tuesday & Wednesday

Programmes/Activities 8am-9pm 7 days per week.

School Holiday Programme 8.30am - 3.30pm school holidays.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Bluebells School Holiday Programme**

FSD0024079 Last updated 20/10/2020

We provide quality activity based school holiday care for children aged between 5-13

Glenhouse Hall 6 Glenside Ave Pakuranga Auckland 2013



stephanie@bluebells.co.nz  School holidays only between 7am and 6pm

(09) 215 8335 Some charges may apply.

(021) 338 639 No referral required. http://www.bluebells.co.nz

**Classification : OSCAR**

**Body Positive Inc.**

FSD0000152 Last updated 04/03/2021

Body Positive Inc. is a group founded by and run for people with HIV/AIDS. We welcome all people living with HIV and AIDS in New Zealand.

Body Positive Inc. breaks down isolation and builds a sense of community while advocating on behalf of HIV+ people on a national level.

Unit 1 3 Poynton Terrace Auckland 1010



office@bodypositive.org.nz  Mon-Fri 10am-5pm (0800) HIV LINE (448 5463)  All services free of charge.

(09) 309 3989 No referral required. http://www.bodypositive.org.nz

**Boomers Programme**

FSD0021834 Last updated 17/12/2020

Boomers is a vibrant and fun out of school programme for young people aged 5-12 yrs. Boomers is organised and run by Equippers Church Trust, and is based in the heart of Manukau City.

We offer an exciting OSCAR approved holiday programme during the school holidays. The programme is run very similarly to a camp. They compete in fun challenges, create different things with art and food, play some sports and even go on trips around Auckland City.

13-15 Gladding Place Manukau Auckland 2104



boomersholiday@gmail.com  Days during holiday: Mon-Fri (8.00am-4.00pm)

(09) 260 4255 Some charges may apply. https://www.facebook.com/boomersholida No referral required. y/

**Classification : OSCAR**

**Breast Cancer Aotearoa Coalition (BCAC)**

FSD0008168 Last updated 21/12/2020

The Breast Cancer Aotearoa Coalition (BCAC) provides a united voice for New Zealand women who have experienced breast cancer. Together we work to make world class detection, treatment and care accessible to all those affected by breast cancer in Aotearoa, New Zealand. BCAC is run by breast cancer survivors, and is an umbrella organisation representing more than 30 breast cancer-related groups.

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| bcac@breastcancer.org.nz  (021) 041 0581 http://www.breastcancer.org.nz      **Bridget Wilson** | 8am-5pm  365 days year  All services free of charge. No referral required. |
| FSD0023250 | Last updated 17/09/2020 |

A counselling service for people with addiction and their families, specialising in treating people with sexual addiction, and their families.

1D 238 Karangahape Rd Newton Auckland 1010 bridget@solutionsauckland.com  by appointment



(020) 403 91388 Some charges may apply. http://www.solutionsauckland.com No referral required.

**Bright Sparks Childcare - Henderson**

FSD0022438 Last updated 15/02/2021

We are a Childcare Centre conveniently situated in the heart of Henderson's light industrial and retail sector, at 40 Paramount Drive, opposite the WDHB.

40 Paramount Drive Henderson Auckland 0610



henderson@bscc.co.nz  We are open from 7.00am to 6.00pm Monday to

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| (09) 836 2500  (09) 836 2509 http://www.bscc.co.nz      **Brightside Education Ltd** | Friday and closed only on the statutory days.  Some charges may apply. No referral required. |
| FSD0021860 | Last updated 16/03/2021 |

We are an OSCAR Provider for After school programme & School Holiday Programme for up to 50 children.

Level 1 122 Wairau Road Auckland 0627



david.nsls@xtra.co.nz  Mon-Fri from 9am to 6:30pm.

(09) 442 4500 Some charges may apply. (021) 048 2570 Referral may apply.

**Classification : OSCAR**

**Budgeting and Family Support Services Otara Inc**

FSD0005928 Last updated 29/03/2021

Otara Budgeting Service provides budgeting skills and education through free, supportive, confidential and culturally aware services to the community.

Shops 1 & 2, Fairmall 46 Bairds Road Otara Auckland 2023 tuliana@mangerebudgeting.org.nz  Monday to Friday 9am to 4pm



(09) 274 6432 Some charges may apply. http://mangerebudgeting.org.nz/contact- No referral required. us-mainmenu-3

**Busby Street Early Learning Childcare Centre**

FSD0022952 Last updated 22/12/2020

Busby Street Early Learning Childcare Centre is a well-established licensed all day childcare in Blockhouse Bay, which provides quality education and care for children between 3 months and 5 years of age. We have an excellent reputation, and in fact the centre has been in our community for over 35 years!

Our license is for 30 children, so being a small centre we have the advantage of a family-like environment, where the staff are able to get to know your child really well and work in conjunction with family and whanau to enable children to achieve their full potential. We genuinely believe that "small" is best for infants, toddlers and young children during these very important formative years in their life.

The staff are an extremely professional and motivated team and we have created a comprehensive early childhood curriculum which is brimming with variety, is highly interactive and full of fun for all age groups. The curriculum includes a transition to school programme.

19 Busby Street Blockhouse Bay Auckland 0600



info@busbychildcare.co.nz  Monday to Friday 7.30am to 5.30pm

(09) 828 7653 Some charges may apply. http://www.busbychildcare.co.nz No referral required.

**CADS Auckland - Central**

FSD0008280 Last updated 09/02/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

Level 1 409 New North Road Kingsland Auckland 1021



cads@waitematadhb.govt.nz  8:30 - 5:00pm Mon-Fri.

(09) 845 1818 (call centre) People can walk in between 10am - 1pm Mon-

(09) 845 1800 (reception) Fri and be seen without an appointment.

http://www.cads.org.nz Some after hour appointments and groups

available.

All services free of charge. No referral required.

**Classification : PACIFIC**

**CADS Auckland - South**

FSD0008278 Last updated 28/04/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

 Building 4 17 Lambie Drive Manukau Manukau City

CADSDutySouth@waitematadhb.govt.nz 9am - 4.30pm Mon to Fri.

(09) 845 1818 Walk-in clinic 10am-1pm. http://www.cads.org.nz Some groups available after hours.

All services free of charge. No referral required.

**CADS Auckland - West**

FSD0008279 Last updated 28/04/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

Level 1 1 Trading Place Henderson Waitakere



cadsdutywest@waitematadhb.govt.nz  Mon to Fri 8:30a.m. - 4:45pm. People can walk

(09) 845 1818 in between 10am - 1pm Mon- Fri and be seen

http://www.cads.org.nz without an appointment. After hours groups also

available.

All services free of charge. No referral required.

**Cancer Society of NZ Auckland Northland Division Incorporated**

FSD0003487 Last updated 06/04/2021

Cancer Society of New Zealand Auckland Division Inc. is an independent, non-government organisation whose mission is to improve community wellbeing by reducing the incidence and impact of cancer. Our services include:

* A range of support services for people diagnosed with cancer, their family/whanau and friends.
* Health Promotion initiatives that aim to reduce the incidence of some cancers.
* Research into the development of more effective treatments for cancer.

 Domain Lodge 1 Boyle Crescent Grafton Auckland 1023

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| info@akcansoc.org.nz  (09) 308 0160 (0800) CANCER  https://aucklandnorthland.cancernz.org.nz/  **CARE 4 KIDZ** | Monday to Friday 8:30 am to 4:30 pm All services free of charge. No referral required. |
| FSD0021217 | Last updated 21/08/2020 |

Provision of quality Before and After School Care and Holiday Programmes to children at the schools CARE 4 KIDZ is based.

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| care4kidz.nz@gmail.com (027) 362 8494    **Classification : OSCAR**    **Care for Families** | BSC: 7:00 till 8:30AM Mon - Fri  ASC: 3:00 till 6:00PM Mon - Fri HP : Term breaks only Mon - Fri Some charges may apply. Referral may apply. |
| FSD0024557 | Last updated 21/04/2021 |

We provide free prem/newborn starter packs to families in neonatal units across NZ. We also work with bereavement charities to provide free bereavement packs with all the info needed to create lasting memories when a baby is sadly lost.

Alongside this we have Get through packs as available, that help families once off with a few days worth of baby essentials when they get stuck due to Covid, illness or lack of funds.

And lastly but so incredibly on my heart we offer Aroha packs to individuals going through severe depression or difficult times to remind them that they are Loved, I have seen so much hurt this is a great passion of mine right now to make sure no more lives are lost due to being left to feel like they are alone.

 Suite 1 23 Bute Road Browns Bay Auckland 0630

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| C.f.f.trust@live.com (021) 230 6965 http://Care4families.org  **CARE Waitakere Trust** | We check and try to respond to emails immediately, packs are sent out from our office to the families.  Koha/donation may apply. Referral may apply. |
| FSD0003844 | Last updated 17/12/2020 |

CARE Waitakere Trust offers professional counselling, budgeting and family support services to the community of West Auckland and beyond.

64 Waipani Road Te Atatu Peninsula Auckland 0610



admin@carewaitakere.org.nz  Office hours 8:30am-5:00pm Monday-Friday

(09) 834 6480 Some charges may apply. http://www.carewaitakere.org.nz No referral required.

**Classification : BFC**

**Care-a-Lot Early Learning Childcare Centre**

FSD0022951 Last updated 04/01/2021

Our well-resourced childcare centre has been serving Devonport families and their children for over 25 years. We cater for up to 21 children daily between the ages of 2 and 5. Our team of talented, qualified and caring teachers deliver a stimulating child-centred curriculum. Our teachers are dedicated to your child’s learning and wellbeing.

Whether your child is a 'sensitive soul' or a 'big personality', our intimate personal setting caters to all temperaments. We give every child the opportunity to blossom and shine. Our high teacher-tochild ratio means that we can provide individualised care for your child and support his or her needs appropriately. An individual ‘caregiver' teacher is assigned to each child to provide consistency of care and to guide them on their journey with us as well as support from extended teaching team.

21A Waterview Road Stanley Point Auckland 0624



carealot@xtra.co.nz  Monday to Friday 8.45am to 5.30pm

(09) 445 8551 Some charges may apply. http://www.carealot.co.nz No referral required.

**Carers New Zealand**

FSD0005886 Last updated 13/07/2020

Carers NZ provides information, advice, learning and support for the one in five of the population who care at home for frail, aged, sick, injured and disabled family members or friends, and those who manage their own health needs. Carers NZ is also the legal umbrella for the NZ Carers Alliance, a coalition of more than 40 national non-profits seeking policy progress for carers; Young

Carers NZ, a support network for young carers; and the NZ Gay and Lesbian Carer Support Network. It is also the Secretariat for the Coalition of Regional Carer Support Networks.

3 Vinegar Lane Grey Lynn Auckland 1021



centre@carers.net.nz  8.30am to 5.30pm Monday to Friday (0800) 777 797 Some charges may apply. http://www.carers.net.nz Referral may apply.

**Carol Scholes, Threshold Management Ltd**

FSD0019833 Last updated 23/12/2020

Offers organisational capability mentoring. Please see service detail for more information.

34B Derwent Crescent Titirangi Auckland 0642



carol@thresholdmanagement.co.nz  8am - 7.30pm

(021) 626 199 Some charges may apply. http://www.thresholdmanagement.co.nz Referral may apply.

**Caroline Williams Therapy & Counselling**

FSD0016172 Last updated 31/10/2020

There are times in life when we need to reach out for professional support to end the silent struggle and create a life of hope. Caroline Williams, a qualified and experienced counsellor, can help you with a range of issues including:

Substance use problems or eating disorders

Anxiety and depression

Co dependency or abusive relationships

Relationship issues, families or couples welcomed

Trauma and abuse ( historical or recent)

Caroline provides individual and family therapy with WINZ subsidies and Victim Support subsidies available.

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| therapycaroline@gmail.com  (021) 070 6343 https://carolinewilliamsnz.com/      **Carpe Diem Kids Ltd** | Tuesday to Friday with evening sessions available.  Some charges may apply. No referral required. |
| FSD0021906 | Last updated 22/01/2021 |

Providing OSCAR approved care for children aged 5 yrs to 13 yrs, before school, after school and during school Holidays. We run Before school care, After school care and School Holiday Programmes at seven schools in Auckland.

2 Amberley Ave Te Atatu South Auckland 0610



info@carpediemkids.co.nz  Monday to Friday 7.00 am to 6.00 pm

(021) 155 0242 Some charges may apply.

(0800) 235 437 No referral required. http://www.carpediemkids.co.nz

**Classification : OSCAR**

**Catholic Social Services - Auckland**

FSD0008234 Last updated 22/12/2020

Counselling for families, couples and individuals. Social work service for individuals and families.

Pacific Living without violence programme.

31 Lincoln Street Ponsonby Auckland 1021



reception@cssauckland.org.nz  Monday - Friday 9am-5pm

(09) 378 9650 Some charges may apply.

(09) 265 0841 (Otara office) No referral required. http://www.cssauckland.org.nz

**Cathy Langley**

FSD0022392 Last updated 08/01/2021

I work with people who want things to be better in their relationships, their work, their families, and other areas of their lives. Issues often include depression, anxiety, conflict, loss, workplace stress, life transition, and responses to the challenges of illness and aging.

Whether you are distressed by recent change, or something needs to change, we would work together to make a lasting difference to your life and your connection with others.

There is more information about psychotherapy and about me at www.psychotherapyspace.nz.

Both of my practice locations are on major bus routes.

I would be very happy to speak with you by phone to help you decide whether you would like to meet for an initial session.

Lister Centre 233 Mount Eden Road Mount Eden Auckland 1024 psychotherapyspace.nz@gmail.com  Please contact via website contact form.



(027) 493 4102 and text

http://www.psychotherapyspace.nz Available to see clients in Mount Eden and Remuera.

Some charges may apply. No referral required.

**Central Auckland Parents Centre**

FSD0007313 Last updated 15/03/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education and parenting education. A locally run committee ensures good quality support and education is available for parents within the community.

enquiries@capc.org.nz  Email checked several times a week.

http://www.capc.org.nz Some charges may apply.

No referral required.

**Chatz**

FSD0022140 Last updated 13/01/2021

OSCAR approved After school care service.

Alfriston Primary School 137 Alfriston Road Manurewa Auckland 2576



chatz@ps.gen.nz  Open Monday- Friday during School terms from

(021) 916 677 2.45pm- 6.00pm (021) 916 677 Some charges may apply.

No referral required.

**Classification : OSCAR**

**Cherish Trust**

FSD0017217 Last updated 13/04/2021

Free support services for women experiencing any degree of postnatal distress including postnatal depression and anxiety. Weekly peer support groups in various areas of Auckland, and individual telephone support.

The Postnatal Distress Centre 300 Great South Road Greenlane Auckland 1546 help@postnataldistress.org.nz  Office is open part-time hours. When the office



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| (09) 846 4978  (021) 333 021 http://www.postnataldistress.org.nz | is closed, there is a answer phone to leave messages. The voicemail will clearly advise when our office is next attended All services free of charge.  No referral required. |

**Cherry Music Studio & JEI Learning Centre Mt Eden**

FSD0024024 Last updated 07/09/2020

Cherry Music Studio is a one stop learning centre which provides excellent education services to children in Balmoral/Mt Eden area.

Located in heart of Balmoral/Mt Eden, we provide quality and fun music instrumental lessons for ages 4 and above. We have highly professional and friendly team who teach piano, violin, guitar and ukulele. Since July 2019, we have also partnered with JEI learning center, to support kids up to Year 10 with areas such as Math, English, Reading & writing, Problem solving, or brain safari.

We also offer Holiday Programme.

First floor 2A Rocklands Avenue Mt Eden Auckland 1024



cherrypianomteden@gmail.com  Monday to Saturday

(027) 423 6414 Some charges may apply. http://cherrypianostudio.com No referral required.

**Child Connection**

FSD0015173 Last updated 19/03/2021

Touch and Massage programmes supporting the process of secure attachment for parents and professionals working with children to prevent violence, depression, suicide and to build healthy families and society.

125 Bruce Road North Shore North Shore City 0629



eva.childconnection@gmail.com  Some charges may apply.

(09) 442 5799 No referral required. http://childconnection.org.nz

**Child, Women and Family Service - Waitemata DHB**

FSD0003697 Last updated 22/12/2020

A community based multidisciplinary team consisting of Public Health Nurses, Medical Officers, Social Workers, Hearing Vision Technicians, Health Promoting Schools Coordinators, Ear Nurse Specialists and Health Assistants.

55-75 Lincoln Road Henderson Waitakere childhealthreferrals@waitematadhb.govt.n  All services free of charge. z Referral may apply.



(09) 839 0000 http://www.waitematadhb.govt.nz

**Childcare at Home**

FSD0023365 Last updated 09/03/2021

Childcare at Home is part of a network of privately owned home based-care services that span across the Auckland Region. We endeavour to match prospective families with the best-suited educators who will share similar values, traditions, and interests who will care for their children. Home-based care networks receive government funding and operate within education and other relevant legal parameters.

Home-based childcare differs from the more informal arrangement you may have with a babysitter or nanny in that our Educators are in many instances qualified early childhood teachers and through the assistance and support of Childcare at Home our Educators receive ongoing support and training in the form of professional development in order to maintain a high-quality wellmonitored learning environment for your child.

2/667 Whangaparaoa Road Stanmore Bay Auckland 0932



info@childcareathome.nz  Office open from 9 - 4pm

(09) 424 2499 Educators have their own working hours (027) 431 4633 Some charges may apply. http://childcareathome.nz No referral required.

**Children’s Autism Foundation**

FSD0023146 Last updated 21/04/2021

We provide whanau/family support services to families of children with Autism Spectrum Disorders (ASD), from pre-diagnosis up to 21 years of age. We have a strong track record of quality service to families/whanau of children with ASD, providing advice, support, holistic, family-centred solutions to help families manage the intense emotional and practical impact of autism.

Office 13 Lion Foundation House 3 William Laurie Place Albany Auckland 0632 enquiry@autism.org.nz  By appointment



(09) 415 7406 Some charges may apply.

(021) 792855 No referral required. http://www.autism.org.nz

**Chinese Mental Health Consultation Services Trust**

FSD0015125 Last updated 21/09/2020

Our trust is a non-profit organisation with a mission of fostering and restoring family harmony and individuals' wellbeing and safety. It is formed by a group of New Zealand experienced and registered mental health professionals.

134 Pah Road Royal Oak Auckland 1023



info@cmh.org.nz  10.00 am to 2:30 pm on Monday and Tuesday (09) 624 4639 10:00 am to 6:00 pm on Wednesday and Friday.

http://www.cmh.org.nz Please leave message on answer phone.

Some charges may apply. Referral may apply.

**Classification : FVSS**

**Chinese New Settlers Services Trust**

FSD0001709 Last updated 15/04/2021

Chinese New Settlers Services Trust is a charitable trust since 1998, supporting Asian new comers and the entire community as a whole. We provide social services, education and social housing for 15,000 people every year.

CNSST provides wraparound services:

* Social work & Counseling
* Employment & Enterprise
* Education & Settlement
* Social Enterprise: Education Institute, Social Housing Project
* Accounting & taxation

20 Clifton Court Panmure Auckland 1072



info@cnsst.org.nz  Monday-Friday 9am-5pm.

(09) 570 1188 All services free of charge. http://www.cnsst.org.nz Referral may apply.

**Classification : FVSS**

**Christians Against Poverty New Zealand**

FSD0019638 Last updated 08/03/2021

CAP’s purpose is to release people from poverty and all its causes. To achieve this, CAP targets key drivers of poverty through the following five FREE services:

1. Debt Help: releasing people from the burden of unmanageable debt. Clients work with teams inlocal communities around New Zealand whilst receiving long-term support from trained and experienced specialist teams based at our Head Office.

1. CAP Money Courses: three-session, interactive money management courses that encouragepeople to budget, save and spend wisely.

1. CAP Job Clubs: Helping job seekers back into the workforce through practical help, personalcoaching and a supportive environment.

1. Life skills: a friendly, fun community group which empowers people to thrive on a low income.

1. Release groups: a confidential, caring group that support people to find freedom from lifecontrolling habits.

55 Hugo Johnston Drive Penrose Auckland 1061



info@capnz.org  9-5 Monday to Friday (09) 270 0334 All services free of charge.

(0508) 227 111 No referral required. http://capnz.org

**Christopher Caruana**

FSD0024152 Last updated 02/03/2021

To provide quality online or face to face counselling for individuals, couples and families. I am the sole practitioner and am a full member of the New Zealand Association of counsellors, I have a Masters Degree in Counselling and have 20 years experience working as a counsellor.

271 Kepa Road Mission Bay Auckland 1071



caruana@xtra.co.nz  7 days week 8am - 8pm (027) 318 7593 Some charges may apply. http://www.aucklandcounselling.com No referral required.

**Citizens Advice Bureau - Avondale**

FSD0006841 Last updated 30/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

c/- Avondale Library 93 Rosebank Road Avondale Auckland 1026



avondale@cab.org.nz  Bureau hours - Mon-Fri 9.30am to 1pm (09) 828 7121 JP's Mon,Wed,Thurs & Fri 10-12noon http://www.cab.org.nz BUDGETING Tuesdays only @ 10.00am

LEGAL Clinic Saturdays fortnightly &

Appointment essential All services free of charge. No referral required.

**Citizens Advice Bureau - Birkenhead**

FSD0006842 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is resourced by trained volunteers who can access information from the extensive range of resources held by each branch. The service can be accessed by phone, email or in person.

* Legal clinic (run by Waitemata Community Law) Monday 1.30 pm - 3.30 pm.
* JP available most days of the week. Ring to confirm availability.

We provide our service from 91 locations around New Zealand from the far north to Invercargill, and also a free phone number (0800 FOR CAB / 0800 367-222) which ensures no cost anyone calling from a landline.

Information, support and advice is free of charge and confidential.

 Birkenhead Library & Civic Centre - Cnr Rawene Road & Hinemoa Street Birkenhead North

Shore 0626

|  |  |
| --- | --- |
| birkenhead@cab.org.nz  (09) 418 0032 (0800) 367 222 http://www.cab.org.nz | Mon-Fri 9:00 am -4.00 pm.  Legal clinic by appointments only - Wed 7.00 pm-8.00 pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Browns Bay**

FSD0006843 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

- JP clinic available throughout the week. Ring for availability.

Information, support and advice is free of charge and confidential.

Ground Floor, Bays Community Centre 2 Glen Road Browns Bay Auckland 0630 brownsbay@cab.org.nz  Mon - Fri 9.00 am-4.00 pm



(09) 479 2222 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Central Auckland**

FSD0008344 Last updated 04/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 1st floor, Auckland Central City Library 44 Lorne Street Auckland 1010

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| --- | --- |
| centralauckland@cab.org.nz  (09) 302 3676 (0800) 367 222 http://www.cab.org.nz | Monday and Friday 9.30am-4.30pm  Monday-Friday (JP 12-2pm)  Sat: JP only 10am-12noon Closed Public Holidays All services free of charge.  No referral required. |

**Citizens Advice Bureau - Eden / Albert at St Lukes**

FSD0006856 Last updated 15/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

(adjoining Public Library) 82 St Lukes Road Mt Albert 2025 Auckland 1025



edenalbert@cab.org.nz  Branch opening hours: 9am to 4pm Mon to Fri, (09) 846 4023 5pm to 7pm Thu evening, 10am to 12pm Sat http://www.cab.org.nz morning.

J.P. service: 10.00am-2.30pm Mon-Fri, 5.00-

6.30pm Thu and 10.00-11.30am Sat.

All services free of charge. No referral required.

**Citizens Advice Bureau - Glen Eden**

FSD0006845 Last updated 10/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 Glen Eden Library 12-32 Glendale Road Glen Eden Auckland 0602

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| --- | --- |
| gleneden@cab.org.nz  (09) 818 8634  (09) 818 6886 http://www.cab.org.nz | We provide free, confidential, independent information and advice to anyone. We help people know what their rights are and how to access services they need.  Mon-Fri 9am - 4.30pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Glen Innes**

FSD0006846 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Glen Innes CAB 96 Line Road Glen Innes Auckland 1072



(09) 528 3682  Monday to Friday 9am - 4pm

(09) 528 9151 Saturday 9.15 - 11.30am

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Glenfield**

FSD0006847 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

JP available some days of the week. Ring to confirm availability.

Information, support and advice is free of charge and confidential.

 Library Buildings 90 Bentley Avenue Glenfield Auckland 0629

**Citizens Advice Bureau - Grey Lynn / Ponsonby**

FSD0006865 Last updated 28/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Grey Lynn Community Centre 510 Richmond Road Grey Lynn Auckland 1021



(09) 376 0392  Mon to Fri 10am-2pm

(09) 376 3531 Online ContactUs form is available on website http://www.cab.org.nz All services free of charge.

No referral required.

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| --- | --- |
| glenfield@cab.org.nz  (09) 444 9451 (0800) 367 222 http://www.cab.org.nz | Mon - Fri 9.00 am - 4.30 pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Helensville**

FSD0006848 Last updated 29/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

27 Commercial Road Helensville 0800



manager.helensville@cab.org.nz  Monday to Thursday - 10 am - 3 pm

(09) 420 7162 Friday 9.30am - 12.30pm

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Henderson**

FSD0006849 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

11 Trading Place Henderson Waitakere



(09) 836 4118  Closing Friday 20 December. Reopen 13th

(09) 836 4119 January 2020. http://www.cab.org.nz Normal Hours:

Mon to Fri 9am - 4:30pm All services free of charge. No referral required.

**Citizens Advice Bureau - Hibiscus Coast**

FSD0006850 Last updated 20/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteer interviewers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person at our office in Orewa, or on the online chat facility on the CAB website.

next to Community Centre 40-46 Orewa Square Orewa Auckland 0931



hibiscuscoast@cab.org.nz  Office Hours may vary from time to time. Please (09) 426 5338 check the CAB website on 'Find a CAB' for (0800) 367 222 current details. http://www.cab.org.nz https://www.cab.org.nz/location/cab-hibiscuscoast

All services free of charge. No referral required.

**Citizens Advice Bureau - Massey**

FSD0006854 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Te Manawa 11 Kohuhu Lane Westgate Auckland 0614



(09) 833 5775  Monday to Friday 9am - 4.30pm

(0800) FOR CAB (367 222) All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau - Mt Roskill**

FSD0006857 Last updated 07/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Common enquiries include but are not limited to - financial difficulties - tenancy - employment family dispute resolution - welfare of older people - consumer goods warranties and service quality - immigration - problems with neighbors - difficulties in education - beneficiary issues - vehicle purchase, loans and maintenance - insurance and accidents - and many more.

Library Building 546 Mt Albert Road Three Kings Auckland 1042



manager.mtroskill@cab.org.nz  Our CAB service is available MON - FRI 9.30am-

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| (09) 625 4854 (0800) 367 222 http://www.cab.org.nz | 4pm, THURS 5-7pm or SAT 10am-12pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Lynn**

FSD0006858 Last updated 15/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

New Lynn Library Building 3 Memorial Drive New Lynn Waitakere 0600



newlynn@cab.org.nz  Open Hours Mon - Fri 9am - 4.30pm

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| (09) 827 4731 (0800) 367 222 http://www.cab.org.nz | Sat 10am - 1pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Northcote**

FSD0021090 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Mandarin, Cantonese, Korean speaking volunteers available; J.P.s available most weekdays - phone or email for availability.

Information, support and advice is free of charge and confidential.

Northcote Library Buildings 5 Ernie Mays Street Auckland 0627



northcote@cab.org.nz  Mon - Fri 9.15 am - 3.30 pm

(09) 480 2971 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Onehunga**

FSD0006859 Last updated 25/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 Community Centre & Library Building 81 Church Street East Onehunga Auckland 1061

|  |  |
| --- | --- |
| (09) 634 1613 (0800) 367 222 http://www.cab.org.nz | Monday, Tuesday, Thursday & Friday: 9.30am-  4pm  Wednesday 9.30-7pm  Saturday: 10am-12 noon All services free of charge.  No referral required. |

**Citizens Advice Bureau - Orakei / Remuera**

FSD0006867 Last updated 11/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. Citizens Advice Bureau is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

156 Kepa Road Orakei Auckland 1071



(09) 524 0298  Monday to Friday 9:30am - 4:30pm http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Pakuranga-Eastern Manukau**

FSD0006861 Last updated 03/05/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 576 8331, email pakuranga@cab.org.nz

Library Building 7 Aylesbury Street Pakuranga Auckland 2140



pakuranga@cab.org.nz  Monday – Friday 9.30am – 4pm

(09) 576 8331 Saturday 9.30am - 11.30am http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Panmure**

FSD0006862 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Above Panmure Library 7 - 13 Pilkington Road Panmure Auckland 1072



(09) 573 5707  Opening hours 9am-12.45pm weekdays http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Papakura**

FSD0006863 Last updated 09/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

4A Opaheke Road Papakura 2110



papakura@cab.org.nz  Weekdays 10am - 3.30pm.

(09) 299 6411

(09) 299 6412 Sat from 9am - legal advice by appointment only.

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Sylvia Park**

FSD0023055 Last updated 14/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Sylvia Park Shopping Centre 286 Mount Wellington Hwy Auckland 1060



sylviapark@cab.org.nz  Open Mon-Fri Currently 10am-4pm

(09) 573 5707 Saturday 10-12 http://www.cab.org.nz

See website for JP service times All services free of charge. No referral required.

**Citizens Advice Bureau - Takapuna**

FSD0006868 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Information, support and advice is free of charge and confidential.

Community Services Building 7 The Strand Takapuna Auckland 0622



takapuna@cab.org.nz  Mon- Fri 9.00 am to 4.30 pm

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| --- | --- |
| (09) 486 3139 (0800) 367 222 http://www.cab.org.nz | Legal Clinic Thurs 7pm-8pm by appointments only  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Waiheke**

FSD0006869 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Specialist Advocacy.

 141 Ocean View Road Oneroa Waiheke Island 1081

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| (09) 372 8640 http://www.cab.org.nz | Mon - Fri 9.30am - 3.30pm.  Sat 9.00am - 12 noon All services free of charge.  No referral required. |

**Citizens Advice Bureau - Wellsford**

FSD0006870 Last updated 01/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Wellsford Community Centre 1 Matheson Road Wellsford 0900



wellsford@cab.org.nz  Mon - Fri 10am - 2pm (09) 423 7333 All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau Botany**

FSD0024491 Last updated 19/01/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 271 5382, email botany@cab.org.nz

Botany Town Centre 251 Town Centre Drive Botany Auckland 2016



botany@cab.org.nz  Monday to Friday 9.30am to 1pm

(09) 271 5382 All services free of charge. http://cab.org.nz No referral required.

**Citizens Advice Bureau Mangere**

FSD0006852 Last updated 25/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained Volunteers who can access information by computer or from the extensive range of resources held by each Bureau. The service can be accessed by phone, email, fax or in person.

Shop 17 93 Bader Drive Mangere Town Centre Auckland 2022 mangere@cab.org.nz  Monday to Friday: 9am - 4pm.



|  |  |
| --- | --- |
| (09) 275 6885 http://www.cab.org.nz | Alternative Saturdays: 9.30am - 12.30 pm.  Closed on Public Holidays and Long Weekends.  All services free of charge.  No referral required. |

**Citizens Advice Bureau Manurewa**

FSD0006853 Last updated 10/11/2020

Citizens Advice Bureau Manurewa provides free and confidential, information and options to anyone about any query or problem. Citizens Advice Bureaux are staffed by trained volunteers who have access to information from an extensive range of resources, held by each bureau. The service may be accessed by phone, email or in person.

Library Complex 7 Hill Rd Manurewa 2102



manurewa@cab.org.nz  Mon - Fri 9am - 4pm

(09) 266 5729 Saturday 9am - 11am

(0800) 367 222 All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau Otara Incorporated**

FSD0006860 Last updated 12/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 Shops 1 & 2 46 Fair Mall Otara Town Centre, Bairds Road Auckland 2023

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| --- | --- |
| manager.otara@cab.org.nz  (09) 274 6577 http://www.cab.org.nz      **City Impact Church** | Normal Bureau hours operation: 9am-4pm  Monday to Friday, 9am-12pm Saturday All services free of charge. No referral required. |
| FSD0003842 | Last updated 10/11/2020 |

Assisting people of all ages and races to discover how God can improve their life and situation. We have five campuses - Two in the North Island - North Shore and at Mt Wellington in Auckland and three in the South Island - Queenstown, Balclutha and Invercargill. (OSCAR approved for Holiday Club for children.)

794 East Coast Road Oteha Auckland 0630



info@cityimpactchurch.com  Office hours Mon - Fri 8.30am - 5.00 pm

(09) 477 0300 Some charges may apply.

(0800) CHURCH No referral required. http://www.cityimpactchurch.com

**Classification : OSCAR**

**Club Meadowbank**

FSD0021386 Last updated 13/07/2020

We are an OSCAR (Out of School Care and Recreation) programme provider based at

Meadowbank School catering to Before School Care Programme, After School Care Programme, Holiday Programme and Recreation Programme.

Bruce McLaren Hall 68 Waiatarua Road Remuera Auckland 1050



clubmeadowbank@meadowbank.school.n  Monday - Friday (excl. Public Holidays)

|  |  |
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| z  (09) 520 3739 (021) 176 7069 http://www.meadowbank.school.nz | 7:00 am- 6:00 pm  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Coast Youth Community Trust**

FSD0016602 Last updated 04/05/2021

Coast Youth Community Trust is a charitable entity established with the vision of working with and implementing key strategies to positively affect the lives of youth and families in the Hibiscus Coast.

Whangaparaoa Baptist Church 733 Whangaparaoa Road Whangaparaoa 0943 admin@cyctrust.org.nz  All services free of charge.



(09) 972 5759 Referral may apply.

(027) 310 5981 http://www.cyctrust.org.nz

**Combined Beneficiaries Union**

FSD0003318 Last updated 23/07/2020

Concerned with beneficiaries, welfare and those in need. Many groups are affiliated.

Auckland Trades Hall Building 147-153 Great North Road Grey Lynn Auckland 1145 cbu@cbu.org.nz  All services free of charge.



(09) 376 4760 No referral required.

(09) 376 9680

**Community Approach Trust**

FSD0017887 Last updated 22/03/2021

A social service agency that works with youth at risk and their families.

You can check out our facebook page under "Community Approach".

1213 Dominion Road Extention Mt Roskill Auckland 1041



director@communityapproach.co.nz  Monday - Friday 9am to 5pm

(021) 191 6136 All services free of charge. http://www.communityapproach.co.nz Referral may apply.

**Community Builders NZ**

FSD0024302 Last updated 18/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

Otara Kai Village 120 East Tamaki Road Otara Auckland 2023



thecommunitybuildersnz@gmail.com  Please contact us for times service is open

(021) 802 791 All services free of charge. https://www.communitybuildersnz.org/ No referral required.

**Community Support Waitakere - Laingholm**

FSD0024348 Last updated 02/03/2021

The Laingholm area of Neighbourhood Support Waitakere is working to provide a broad range of resources including food relief, financial & budgeting advice, emotional & mental well-being support, schooling & childcare support to help empower our local community.

Neighbourhood Support Waitakere works alongside NZ Police, Auckland Council, FENZ Fire & Emergency New Zealand & Auckland Emergency Management CD to create safe and caring neighbourhoods and communities, reducing the incidents and effects of crime, building community resilience and strengthening community networks to improve the quality of life and enhance wellbeing.

21 Laingfield Terrace Laingholm Auckland 0604



support@laingholm.net  7am - 7pm 7-days a week

|  |  |
| --- | --- |
| (0800) 007 008 (021) 28 38 062 https://laingholm.net | available after these hours only if vitally necessary  All services free of charge.  No referral required. |

**Community Waitakere Charitable Trust**

FSD0003804 Last updated 23/03/2021

Community Waitakere is dedicated to achieving our vision of a sustainable Waitakere with thriving connected communities. We support and strengthen community organisations. Build and maintain relationships. Undertake community development initiatives and foster collaborative action.

Waitakere Community Resource Centre 8 Ratanui Street Henderson Waitakere 0612 info@communitywaitakere.org.nz  9am to 5pm, Monday to Friday



(09) 838 7903 All services free of charge.

(022) 504 3003 No referral required.

http://www.communitywaitakere.org.nz

**CONSCIOUS KIDS**

FSD0024399 Last updated 01/10/2020

Founded in 2015, Conscious Kids social enterprise has worked collaboratively across Auckland to deliver innovative educational programmes, build momentum and increase awareness about the importance of nature play and environmental sustainability in the lives of Kiwi children, youth and families. In partnership with various community organisations, as well as the not-for-profit and public sectors,Conscious Kids has helped bring the importance of nature play and environmental sustainability back into the minds and lives of thousands of children. Conscious Kids advocates for the right of every single child in New Zealand to play freely in our unique environment and natural heritage; connecting our children with nature is imperative not only for their own mental, physical and social health and wellbeing, but for motivating their future environmentally friendly behaviours.

They will be the future kaitiaki of Papatuanuku.

93 Moa Road Point Chevalier Auckland 1022



info@consciouskids.co.nz  During the holidays

(027) 847 4487 Monday-Friday 9 am to 4 pm http://www.consciouskids.co.nz Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**Conversations for Change**

FSD0023160 Last updated 03/08/2020

Conversations for Change is a free resource for those who work with young people. It contains comprehensive facilitator’s guides to five group activities which challenge stigma and discrimination, and generate safe conversations about mental distress. The resource aims to encourage young people to reach out for support, and to include and support each other. Part of the Like Minds, Like Mine programme, the activities are creative, lively, and easy to implement! 395 Manukau Road Epsom Auckland 1023



rethink@mindandbody.co.nz  Online

(09) 630 5909 ext 817 All services free of charge. http://rethink.org.nz/conversationsforchan No referral required. ge/

**Cook Islands Development Agency NZ**

FSD0024464 Last updated 27/11/2020

We are based in South Auckland, Mangere with a mandate to increase social and local economic development by supporting individuals and families to actively participate in initiatives that can generate financial wellness.

287 Kirkbride Road Mangere Auckland 2022



admin@cidanz.co.nz  Monday: 9am - 5pm http://www.cidanz.co.nz/ Tuesday: 9am - 5pm

Wednesday: 9am - 5pm

Thursday: 9am - 5pm

Friday: 9am - 5pm

All services free of charge. No referral required.

**Corporate Dynamics Ltd**

FSD0019983 Last updated 09/06/2020

Offers organisational capability mentoring. Please see service detail for more information.

89 Brick Bay Drive RD2 Warkworth 0982



chris@corporatedynamics.co.nz  Some charges may apply.

(09) 425 9069 Referral may apply. http://www.conflictsolutions.co.nz

**Counselling Services Centre**

FSD0003355 Last updated 31/08/2020

Counselling service for survivors and victims of sexual abuse. Counselling for victims of domestic and family violence. Counselling for people strugglling with depression, anxiety, stress, grief and loss. Counselling for women, children, men and couples. 24 hour Crisis service for victims of acute sexual violence. Professional Supervision.

22 Alexander Avenue Papatoetoe Manukau City 2025



admin@cscnz.org.nz  Monday-Friday 8.00am-7.00pm

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| (09) 277 9324 http://www.cscnz.org.nz    **Classification : FVSS, SHSS**    **Counties Kidz Hingaia** | Crisis 24/7  Some charges may apply. Referral may apply. |
| FSD0022892 | Last updated 25/03/2021 |

We provide a before and after school care, along with school holiday programs. We are OSCAR approved and can collect your child from schools within the Karaka area. Our after-school program also offers sports coaching from our highly qualified staff.

School Hall 171 Hingaia Rd Karaka Auckland 2580



countieskidz@gmail.com  Monday-Friday 7am - 6pm

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| (021) 213 2301  (09) 299-362-809 Ext:2 http://www.countieskidz.com    **Classification : OSCAR**    **Creative Kids NZ** | Some charges may apply. No referral required. |
| FSD0022130 | Last updated 12/01/2021 |

Creative Kids NZ is a before and after school care program. Operating at Baverstock Oaks Primary School.

 Baverstock Primary School 21 Baverstock Road Flat Bush Auckland

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| sshervell@gmail.com (021) 663 226    **Classification : OSCAR** | 7am - 8.30am Monday to Friday  3pm - 6.00pm Monday to Friday Some charges may apply.  Referral may apply. |

**Crohn's & Colitis Support Group (CCSG) Inc**

FSD0001730 Last updated 06/04/2021

The Crohn's & Colitis Support Group (CCSG) Inc. is a voluntary non-profit organisation whose aims are to provide support, advice and information to interested individuals and people within New Zealand who have Crohn's disease or ulcerative colitis.

info@crohnsandcolitis.org.nz  24/7

(0800) 275 423 Some charges may apply. http://www.crohnsandcolitis.org.nz/ No referral required.

**Crossroads Clubhouse**

FSD0003552 Last updated 13/10/2020

Clubhouse is a supportive work focused community which provides opportunities for members to utilise their skills and discover their hidden talents. It is for people who have diagnosed mental illness ages 18-65.

393 Great North Road Grey Lynn Auckland



admin@crossroadsclubhouse.org.nz  9 - 5 Mon - Thurs

(09) 376 4267 9 - 3 Fri http://www.arahura.org.nz/crossroads- All services free of charge. clubhouse/ No referral required.

**Cute Kids Home Based Child Care**

FSD0022689 Last updated 08/01/2021

To provide quality care and education home based Auckland wide. Educators are trained, qualified and possess valid first aid certificate. They are supervised by early childcare qualified teacher in order to provide safe and nurturing environment to child under six years of age. Cute kids philosophy is every child is special and gifted. It is their right to get best care and learning environment.

77 Aintree Avenue Mangere Auckland 2022



info@cutekids.co.nz  7am to 12am 7 days (09) 390 4578 Some charges may apply. http://www.cutekids.co.nz Referral may apply.

**Cystic Fibrosis New Zealand**

FSD0023868 Last updated 19/02/2021

CFNZ was established in 1968 as a volunteer support group for parents with a child newly diagnosed with Cystic Fibrosis.

As people with CF live longer and have a better quality of life, there are many life transitions, milestones and challenges to manage along the way. We offer personalised support, whether it is emotional guidance, practical advice, or financial assistance, to individuals and their families throughout their changing journeys.

Our team of Fieldworkers visit and support families, provide information packs, cover the costs of essential medical equipment, hospital allowances, welfare assistance and other means of support. We also fund CF Research and advocate on behalf of the community for better access to services and care.

As well as our national office, based near Starship Hospital in Auckland, we have regional branches that are run by CF families. The branches provide invaluable friendship, advice and a caring support network.

64 Grafton Road Grafton Auckland 1010



info@cfnz.org.nz  Office hours: 8am to 4pm weekdays only (0800) 651 122 All services free of charge.

(09) 308 9161 Referral may apply. http://www.cfnz.org.nz/

**Dance & Arts Therapy NZ**

FSD0023989 Last updated 13/07/2020

Dance & Arts Therapy NZ (DTNZ) provides mental health and disability services. Our kaupapa is to support and empower vulnerable individuals and groups in Aotearoa New Zealand through the use of Dance Movement Therapy and Arts Therapy. We have a particular focus on those with disabilities and special needs but also work with at-risk tamariki from low income backgrounds and people of all ages struggling with trauma.

Community Office 1/Onehunga Community Centre 83 Church St Onehunga Auckland 1061 info@dancetherapy.co.nz  Office: Monday-Thursday, 7.30am-5pm



(09) 636 3029 Programmes operate within and outside of these http://www.dancetherapy.co.nz times.

Some charges may apply. Referral may apply.

**Davis Funeral Services**

FSD0023788 Last updated 22/09/2020

To help you arrange and create a personalised funeral service to honour your loved ones life.

353 St Heliers Bay Road Kohimarama Auckland



Office@davisfunerals.co.nz  9.00am - 4.00pm (24Hrs via telephone)

(09) 521 0300 Some charges may apply.

(09) 638 9026 No referral required. http://davisfunerals.co.nz

**Davis Funerals**

FSD0023775 Last updated 19/10/2020

We believe we have one of the most challenging jobs in the world but also one of the most rewarding. With our caring and experienced support, we can help you and your family through this difficult time. At Davis Funerals, we have qualified funeral directors and embalmers and caring for your loved one is handled by us, in-house, the entire way. Demonstrating our commitment to the industry and adherence to the highest standards, we’re proud members of the FDANZ, (The Funeral Directors Association of New Zealand), and NZEA, (New Zealand Embalmers Association).

110 Kolmar Road Papatoetoe Auckland 2025



troup@davisfunerals.co.nz  24 hours 7 days a week.

(09) 277 2526 Some charges may apply.

(022) 010 7420 No referral required. http://davisfunerals.co.nz

**Davis Funerals Services Ltd**

FSD0023776 Last updated 07/12/2020

Provider of Funeral Services and support to families in their time of grief. Established over 80 years ago in Mt Eden we now have four branches covering Auckland.

2A Udys Road Pakuranga Auckland 2010



pakuranga@davisfunerals.co.nz  Monday to Friday 8.00am to 4.30pm. Other

(09) 576 7108 times by appointment. On-call staff are available http://davisfunerals.co.nz 24 hours, 7 days a week.

Some charges may apply. No referral required.

**Dayspring Trust**

FSD0015682 Last updated 08/09/2020

Dayspring is passionate about fostering the wellbeing of both mother and child creating opportunities that inspire women to live, love, learn and connect.

Dayspring began over 30 years ago with a group of women in West Auckland who saw a need in the community that wasn't being met.

Since those early beginnings we have been working with vulnerable families and have a long history of positive involvement with mothers and their babies who are living with post natal depression or an ongoing mental illness. We have first hand experience on the impact their illness has on the mother/baby bonding processes and the associated risks of attachment disorder.

Daysprings programmes are designed to positively influence the pathways for women and their families.

Vision: To be the preferred provider of Maternal Mental Health Community Services in the Auckland Region.

Head Office 2 Seabrook Avenue New Lynn Waitakere City



info@dayspring.co.nz  9.00 am - 3.00 pm (09) 827 6321 Some charges may apply.

(09) 834 4893 Referral may apply. http://www.dayspring.co.nz

**De Paul House**

FSD0016947 Last updated 13/07/2020

Transitional accommodation for homeless families and support for vulnerable families in the community. Residential and outreach families also have access to Learning Centre programmes (which include budget, literacy, computer skills, WISE hub) and an Early Childhood Centre.

Please see service detail for more information.

92 - 96 Onewa Road Northcote North Shore City 0627



jan@depaulhouse.org.nz  8.30am - 5pm Monday to Friday

(09) 480 5959 Some charges may apply. http://www.depaulhouse.org.nz Referral may apply.

**Classification : THP**

**Debbie Rowberry**

FSD0019037 Last updated 22/09/2020

Emotion Regulation Therapy for Children and their Families.

Debbie Rowberry is a Child Therapist specialising in Child Emotion Regulation Therapy for high and complex needs children. The programme teaches Children how to recognise, monitor and moderate their States of Being. Parental Coaching is provided to teach conscious parenting skills. Children gain greater Emotion Resilience and Emotion I.Q. The programme also includes the development of a client specific behavioural management plan for home and school.

Debbie also facilitates early intervention, Emotion Education programmes for schools.

Debbie provides Therapeutic Services within a clinic setting as well as incorporating Equine Therapy, Canine Therapy and Nature based activities at Willow Therapy Farm in Clevedon.

610 Monument Road Clevedon Auckland 2582



D.rowberrynz@gmail.com  Please phone for an Appointment.

(021) 741 887 Some charges may apply. http://www.childbehaviourist.com No referral required.

**Deirdre Tollestrup**

FSD0021340 Last updated 12/01/2021

Deirdre is a counsellor practicing in Ponsonby and Henderson, Auckland. She works with individuals and couples, using constructive narrative, mindfulness (ACT) and somatic awareness skills to help clients find insight and change with a wide range of problems (including anxiety, depression, relationship strife, trauma...).

Deirdre is also an experienced Counselling Supervisor, working collaboratively with counsellors and students. She is NZAC and ACC registered. For more information, see Deirdre's website.

Letham Cottage 35 Jervois Road Ponsonby Auckland 1011



dtollestrup@gmail.com  Tuesday through Friday 10am - 6pm. Make an (021) 232 3863 appointment or contact Deirdre via her website. http://dtollestrup.com/ Some Henderson appointments also available.

Some charges may apply. No referral required.

**Devonport Community House**

FSD0022492 Last updated 01/03/2021

We offer OSCAR approved School Holiday programmes for children aged 5-13 years old as well as Art Club Sessions.

The purpose of the Devonport Community House is to enhance the social, cultural and physical wellbeing of the local community by providing accessible and affordable facilities and a wide range of programmes, workshops and opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to meet people, make friends, try new things, learn, share, contribute and participate in their local community.

32 Clarence Street Devonport Auckland 0624 devonportcomhouse@xtra.co.nz  Office open daily from 8.30am to 4.30pm.



(09) 445 3068 Closed the two weeks over Xmas and New Year.

(027) 271 8961 School Holiday Programme. Monday to Friday http://devonportcomhouse.co.nz from 7.30am to 6pm during school holidays.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Diabetes Foundation Aotearoa**

FSD0003816 Last updated 25/08/2020

Support for people working with others who have diabetes.

2/100 Alexander Crescent Otara Manukau



admin@diabetesfoundationaotearoa.nz  Monday - Friday 8am-4pm

(09) 273 9650 Some charges may apply. http://www.diabetesfoundationaotearoa.nz No referral required.

**Classification : PACIFIC**

**Diabetes NZ Auckland Branch**

FSD0007786 Last updated 13/07/2020

Supporting all people in Auckland affected by diabetes to live well.

55 Hugo Johnston Drive Penrose Auckland 1061



office@diabetesauckland.org.nz  Mon- Fri 9.00am - 5.00pm by phone

(09) 622 0551 Some charges may apply. http://www.diabetesauckland.org.nz No referral required.

**Diabetes Youth Auckland**

FSD0007605 Last updated 17/08/2020

Provides support for families and youths with diabetes.

55 Hugo Johnston Drive Penrose Auckland 1061



youth@diabetesauckland.org.nz  9am-5pm Mon - Fri

(09) 622 0551 All services free of charge. https://www.diabetes.org.nz/diabetes- No referral required. youth-auckland

**Dil's Funeral Services**

FSD0023800 Last updated 07/12/2020

At Dil's we believe a beautiful funeral captures the character of a person. It’s a true reflection on how their life has touched yours.

As that person is unique, we think their funeral should be as well.

185 Schnapper Rock Road Albany Auckland 0632



info@dils.co.nz  Available any time.

(09) 415 8720 Some charges may apply. http://www.dils.co.nz No referral required.

**Dingwall Trust**

FSD0003329 Last updated 03/08/2020

Dingwall Trust is an organisation that provides services to children and young people. We provide residential care to children aged 0 - 18 in need of care & protection. We provide transition service to young people leaving care and boarding school, scholarships to young people at risk.

8 Dingwall Place Papatoetoe Manukau 2025



admin@dingwall.co.nz  Office hours 8.30am - 5pm Mon - Fri

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| (09) 278 3699  (09) 250 2073 http://www.dingwall.co.nz | Open 24/7  All services free of charge.  Referral may apply. |

**Disability Connect**

FSD0003417 Last updated 27/01/2021

Disability Connect was established in 1990 as the Parent & Family Resource Centre Inc to primarily support parents of disabled children and young people. Today the primary service area for Disability Connect is to provide information and advice to families of disabled children and young people across the Auckland Region which includes Waitemata and Manukau. Information is provided in a variety of media including workshops and seminars. Disability Connect also provides culturally and linguistically appropriate disability information and advice including translated/interpreted information. Our Disability Support Guide booklet is available in English, Simplified Chinese, Korean and Arabic.

Parent and Family Resource Centre Inc. trading as Disability Connect (from 1 October 2014).

3B Olive Road Penrose Auckland 1061



admin@disabilityconnect.org.nz  9.00am - 4.30pm, weekdays

(09) 636 0351 Some charges may apply. https://disabilityconnect.org.nz/ No referral required.

**Disabled Citizens Society Inc**

FSD0003331 Last updated 02/11/2020

Support people living with disabilities; In the Community – Into Employment;

Enable individuals to access, be assessed and register for the Total Mobility Transport Scheme.

421-423 Dominion Road Mt Eden Auckland



corina@dcsinc.org.nz  Monday to Friday, 7.45am - 4.30pm

(09) 638 8153 Some charges may apply. http://www.dcsinc.org.nz Referral may apply.

**Dmitri Biletzki**

FSD0023833 Last updated 14/12/2020

Maximise your chance to be able to climb mountains when you become 90 years old! I offer Counselling, Therapy and coaching to People Who Want to achieve the highest level of health, confidence and happiness! Increase Confidence, Gain Clarity, Stay Motivated on the Path have the healthiest lifestyle for human beings. High Energy | Strong and Healthy Body | Empowered, clear, positive mind! We are a match if you are striving to work hard, make the necessary changes and want to get the highest level of health at all levels.

What can I help you with?

Counselling Addictions, Drug & Alcohol, Smoking & Gambling Crisis & Trauma, Pain &

Depression, Grief & Bereavement Counselling Psychotherapy, Relationships, Family & Parenting,

Marriage & Divorce. Eating Disorders Mental Health Services, Adolescent, Mood & Anxiety Disorders, Social services, Finding life purpose, Creating happy healthy lifestyle, Life Coaching, Health Coaching.

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| db@health-mentor.co (022) 389 1007 https://www.health-mentor.co/      **Dream Big** | online booking through website calendar.  Some charges may apply. No referral required. |
| FSD0021265 | Last updated 22/03/2021 |

Dream big delivers a free community and mentoring programme to children and youth in Pukekohe. Our mentors and coaches support the children to develop their personal well-being (including self-worth, self-belief), life skills and sense of community.

The programme is delivered after school in local parks and during school time, it aims to proactively engage with young people through fun and entertaining activities that they may not have experienced before. The activities include gymnastics, hip hop, team building, boxing, selfdefence, rugby, soccer and many more. Our mentoring programme is run at school for intermediate age young people and aims to present opportunities where the young people can learn about themselves, discover their purpose, connect with other people and feel proud of achieving in and out of the classroom.

We go to where the young people are and we work with them and their families, to introduce and develop positive life skills, relationships and experiences

 53 Eden Road Pukekohe 2120

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| brenda@dreambig.org.nz  (021) 255 9290 http://www.dreambig.org.nz      **Dream Childcare** | Monday - Friday  9.00-5.00pm  Programme run 2.40-5.00pm Tuesday/Thursday  - After School  Programme run 1.15-1.40 Tuesday/Thursday -  During School  Mentoring Programme 1.45 - 2.40 - Wednesday All services free of charge. No referral required. |
| FSD0020411 | Last updated 10/02/2021 |

We are New Zealand's Premium Home Based Childcare agency. We match Kiwi Families with Au Pairs, Nannies and Home Based Educators. The Dream Vision is to "make family life easier" by offering tailored personalised childcare advice and solutions to Kiwi families.

Our team have been providing quality home based childcare options to Kiwi Families for over 15 years and we will work with you to create in home childcare solutions based on the ages and stages of your children.

We believe that personal relationships and genuine connections with others determine success. Our team go above and beyond every day to ensure that our Au Pairs, Nannies, Educators and our Families feel valued, understood and are supported every step of the way with exceptional service.

Contact us today to find your Dream Nanny, Dream Au Pair or Dream Home Based Educator.

contact@dream.co.nz

Level 4 81 Grafton Rd Grafton Auckland 1010



contact@dream.co.nz  9am-5pm- Monday to Friday

(09) 969 5451 Some charges may apply. http://www.facebook.com/pages/Dream- No referral required. Au-Pair-NZ/108960772510911

**Dress for Success Auckland, Manukau**

FSD0024139 Last updated 07/01/2021

We help you build your confidence and support you in your employment journey by providing you with a full wrap around service - we are 'more than a dress'!

Our interview and employment dressing service supports women in need with confidence via outfits to keep (clothing, shoes and accessories). This service is available while job searching, when interviewing or if a job offer has been made.

Referrals from the MSD require a TTW authorization, a set fee for this service paid by the Ministry to DFS Auckland. This payment also allows each client to participate in our Career Centre programme for up to 2 years, providing skills workshops and mentoring to help with the transition to work, job retention and career development which can be a challenging time. Our mission is to support women to achieve economic independence for the benefit of themselves, their families and their community.

12 Lambie Drive Papatoetoe Auckland 2104



manukau@dfsa.org.nz  Hours of operation: Tuesday to Friday 9.30am to (020) 437 7276 3pm; Appointments available at 10am, 11am and

https://auckland.dressforsuccess.org/ 12pm – by booked appointment only Some charges may apply. Referral may apply.

**DT Driver Training**

FSD0021634 Last updated 11/08/2020

Road Code practice for learner licence tests for car, motorbike and heavy vehicle using NZTA's questions.

Learner drivers can use the tests to reduce the costs of obtaining a learner licence in any vehicle class (1 to 6).

Fleet drivers can use the plans to improve fuel economy, reduce accident risk and improve driver health and wellbeing.

Additional information and resources available for new drivers and drivers upskilling to a different class of licence.

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| contact@drivingtests.co.nz  (021) 222 0888 https://www.drivingtests.co.nz | 24-hour online service All services free of charge.  No referral required. |

**Dunkirk Road Activity Centre Inc**

FSD0021891 Last updated 09/11/2020

We provide a varitey of programmes and activities which meet the needs of the community. The community is encouraged and supported to develop and run their own activities to meet its needs. In particular, we operate a school holiday programme every school holidays. Our venue is available for other community groups to use for their activities and we hire our venue to the community. We are happy to support and encourage other groups to develop their services and have some capacity to umbrella funding for smaller community groups

50 Dunkirk Road Panmure Auckland 1740



dunkirk@xtra.co.nz  Office hours are Monday to Thursday 9.30 -

(09) 570 5539 1.30, Friday 9 - 1

http://www.dunkirkrdactivitycentre.org.nz Some charges may apply. No referral required.

**Classification : OSCAR**

**Dying Art**

FSD0023768 Last updated 09/11/2020

We design and manufacture personalised and custom coffins for loved ones. We have a standard range available to view online and we specialise in custom created coffins to share the personality of loved ones.

110 Wairua Road Auckland 0627



ross@bigideas.co.nz  We are available 24 hours a day, 7 days a week

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| (0800) 882 7272 (027) 492 0325 http://dyingart.co.nz | Some charges may apply. No referral required. |

**Dynamix Out of School Care Limited**

FSD0024219 Last updated 08/10/2020

We are a Out of school care provider, providing before school, after school and holiday programmes.

Starling Sports Club 34 Glen Road Ranui Auckland 0610 amber@dynamixoutofschoolcare.co.nz  Monday - Friday



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| (022) 402 5422 https://www.dynamixoutofschoolcare.co.n z/    **Classification : OSCAR**    **E Tipu E Rea Whanau Services** | Before School Care 6.45am - 9am  After School Care 3pm - 6.30pm Holiday Programme 6.45am - 6.30pm Some charges may apply. No referral required. |
| FSD0018532 | Last updated 28/09/2020 |

We are an Auckland-based community organisation providing whnau-based support, resources, and assistance to mtua taiohi.

unit C 1 Tony Street Henderson Auckland 0610



admin@etipuereaws.org.nz  Monday - Friday 8.30am - 5.00pm

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| (09) 551 4367  (09) 551 4367 http://www.etipuereaws.org.nz | (closed during public holidays) All services free of charge.  No referral required. |

**East Coast Bays Holiday Programme**

FSD0022805 Last updated 11/03/2021

East Coast Bays Holiday Programme - School Terms.

12 Bute Road Auckland 0630



eastcoastbaysleisure@aucklandcouncil.g  6am - 9pm Mon - Friday

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| ovt.nz  (09) 478 3379 (027) 448 6885 https://aucklandleisure.co.nz/locations/eas t-coast-bays-leisure-centre/ | 8am - 6pm Saturday  Closed Sunday  9 - 12 Public Holidays Some charges may apply.  No referral required. |
| 744 |  |

**Classification : OSCAR**

**Eastern Community Health Service - Counties Manukau Health**

FSD0015177 Last updated 22/12/2020

This service provides care to clients in their own homes within Eastern Locality of the Counties Manukau Health area. Works with people coping with illness or a disability and helps them reach and maintain their achievable levels of health and independence.

292A Botany Road Golflands Auckland 2013



trish.johns@middlemore.co.nz  8am - 4:30pm 7 days (09) 270 4758 All services free of charge.

(09) 276 0044 x 53335 Referral may apply.

**Eastern Refuge Society Inc**

FSD0007647 Last updated 16/10/2020

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111.

Eastern Refuge provides residential/community social work, supplies a team of 10 social work Kaiawhina to Whangaia Nga Pa Harakeke, Counties Manukau Police, Emergency Housing through Te Whare o Honore, programmes, counseling, intervention and advocacy.

info@ewr.org.nz  24 Hour crisis line 0800 733 843 REFUGE (0800) REFUGE (733 843) Some charges may apply.

(09) 576 6551 Referral may apply.

http://www.easternrefugesociety.org.nz

**Classification : FVSS**

**Edmonton School OSCAR Program**

FSD0024116 Last updated 30/11/2020

Before, After School and Holiday Program for the children of Edmonton Primary School.

Edmonton School 1 School Road Te Atatu South Auckland 0610



edmonton.cash@xtra.co.nz  During the School Term 7am-8:30am and

(027) 550 5197 3:00pm-5:30pm

(09) 838 9318 School Holidays 7am-5:30pm with the exception

of the week of Xmas and the week of New Year Some charges may apply. No referral required.

**Classification : OSCAR**

**Edmund Rice Camps Auckland Incorporated**

FSD0024400 Last updated 01/10/2020

Edmund Rice Camps provide fun and exciting camps for children aged 8-12 who need a break due to social, financial or family reasons. Our camps aim to provide a fun-filled week of activities and challenges that encourage children to come out of their shells and realise their full potential. The diversity of children and leaders who come on camp creates a culturally enriched environment that explores, teaches and motivates positive behaviour, confidence, life skills, leadership amongst many other benefits.

Camps rely solely on volunteers aged between 17-25 years who are driven by passion and respect to care for young people. We provide a unique experience where the ratio of leaders to children is 1:1, providing an opportunity to learn self-worth through social skills and positive role modelling.

34 Queen Mary Avenue Epsom Auckland 1023 chairperson@ercampsauckland.org  Monday-Friday (Free call / text) 021 1023616 Some charges may apply. http://www.ercampsauckland.org.nz/about Referral may apply. -us/



**Classification : OSCAR**

**Eduplay Childcare OTAHUHU**

FSD0022393 Last updated 22/09/2020

Eduplay Otahuhu offers full day childcare for all ages. We are a purpose built centre in Otahuhu's newest commercial building complex. We welcome you to come and have a look at our centre and meet our teaching team!

First Floor 225 Great South Road Otahuhu Auckland 1062



adminotahuhu@edupac.co.nz  7.30am to 5.30pm

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| (09) 965 4489 (0800) 219 172 http://www.otahuhuchildcare.co.nz | Monday to Friday  Some charges may apply.  No referral required. |

**Elevate Christian Disability Trust**

FSD0003314 Last updated 24/02/2021

An interdenominational Christian Group that offers fellowship for people with all types of disabilities and able bodied helpers.

173 Mt Smart Rd Onehunga Auckland 1643



reception@elevatecdt.org.nz  Drop In Centre is open Tuesday - Thursday, 10

(09) 636 4763 AM to 1 PM, during the NZ School term.

http://www.elevatecdt.org.nz Office open 4 days a week (Tuesday-Friday till

9:30am - 4:30pm) Some charges may apply. No referral required.

**Ember**

FSD0003344 Last updated 22/12/2020

Frame work delivers community based mental health and intellectual disability services in Greater Auckland from strategic locations throughout the city.

51 Huia Road Otahuhu Auckland 1062



info@ember.org.nz  Office hours 8-5pm (09) 523 2790 All services free of charge. http://www.ember.org.nz Referral may apply.

**Ember Korowai Takitini**

FSD0021212 Last updated 07/06/2020

Ember Korowai Takitini , offers a wide range of services to people experiencing mental health and addictions issues including attaining goals in employment and accommodation.

Ember works strongly from a Values base, using them in recruitment, decision making, planning and evaluation of services.

Ember holds priorities in people development. That includes stakeholder development – service users, family/whanau and Maori – so that people can work more actively in partnership with the organisation both in individual service delivery and in organisational development.

So finally, here we are… Ember Korowai Takitini , Tama T Tama Ora which is Standing Together In Wellness.

49B Apollo Drive Rosedale Auckland 0632



reception@connectsr.org.nz  9am - 5pm Monday to Friday

(09) 443 3700 All services free of charge. http://connectsr.org.nz Referral may apply.

**Emerge Aotearoa - Central Auckland Office**

FSD0003431 Last updated 31/08/2020

Residential and non-residential mental health provider for adults and adolescents needing help in recovering and rehabilitating from mental health problems.

103 Richardson Road Mt Albert Auckland 1025



info@emergeaotearoa.org.nz  Mon - Fri

(09) 847 9187 8 am - 5 pm

http://emergeaotearoa.org.nz Some charges may apply.

Referral may apply.

**Emerge Aotearoa - National Support Centre**

FSD0003606 Last updated 13/04/2021

Emerge Aotearoa is a not-for-profit charitable trust that provides community-based mental health,addiction, disability support and social housing services nationwide to people who are vulnerable or marginalised within their communities. We believe that everyone is capable of living full and rich lives in their chosen communities when they have access to support and opportunities for learning,skill development and rehabilitation. Our vision of Realising Potential Tautokohia te mana tangata, provides us with the ability to see what can be achieved when there is connection; the ability for someone to see the good in themselves and in others, to recognise the possibility for things to improve, and life to be meaningful and purposeful. Our values guide the way we work with service users and their families; Connecting with Purpose, Whakawhnaunga, Engaging with Respect, Manaaki, Walking and Learning Together, Ako and Acting with Integrity, Whakamana; they form the basis of everything we do.

320 Ti Rakau Drive Burswood Auckland 2013 info@emergeaotearoa.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 265 0255 All services free of charge. https://www.emergeaotearoa.org.nz Referral may apply.

**Classification : PACIFIC, THP**

**Emerge Aotearoa Family/Whnau**

FSD0024228 Last updated 01/04/2021

Family/Whanau Support Services is a free service that focuses on supporting family/whnau who have a loved one experiencing mental health issues. At Emerge Aotearoa, we understand the important roles family/whnau can have in the treatment and recovery of their loved one. Our services include: Support - Developing skills to confidently support their loved one.

Information/education - To gain a better understanding of diagnoses, self-care. Advocacy – To confidently navigate mental health services.

197 Universal Drive Henderson Auckland 0610



Jamie.Streak@emergeaotearoa.org.nz  Monday to Friday 0800-1700

(021) 495 720 All services free of charge.

(09) 839 7301 No referral required. https://emergeaotearoa.org.nz/ourservices/whanau-family-support/

**Emma Green, Psychotherapist**

FSD0022671 Last updated 18/02/2021

Registered psychotherapist providing therapy and counselling for adults, adolescents and couples. Therapy provides a space for reflection and healing, and can help build stronger, more mutually satisfying relationships. Emma works with depression and anxiety, as well as trauma and relationship difficulties.

Level 1 300 Great South Road Greenlane Auckland 1051



emmagreentherapy@gmail.com  Tuesday afternoons

(022) 063 5838 Wednesdays (09) 393 0051 Friday mornings

http://www.talkingworks.co.nz/dir/Emma+ By appointment

Green.html Some charges may apply.

No referral required.

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| **Emotions Anonymous - Auckland** |  |
| FSD0003837  Mutual support group for anyone seeking emotional health and serenity. | Last updated 13/08/2020 |

St Giles Church 1207 Dominion Road Mount Roskill Auckland 1041



jean.mander@gmail.com  Enquiries day or evening.

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| (09) 625 9306 All services free of charge. http://www.emotionsanonymous.org/ No referral required.      **English Language Partners Auckland Central & West** |  |
| FSD0007829 | Last updated 18/08/2020 |

With 23 locations, 300 staff, 2,300 volunteers and 800 new volunteers trained each year, English Language Partners is Aotearoa | New Zealand's largest organisation working with refugees and migrants.

We provide a range of English language and settlement services. Learn more natoffice@englishlanguage.org.nz

P +64 4 471 2382

F +64 4 471 2383

192 Tinakori Road, Thorndon

PO Box 12114, Wellington 6144 Aotearoa | New Zealand

Level 1 3091 Great North Road New Lynn Auckland 0640



Auckland@englishlanguage.org.nz  Office Monday to Friday 9am - 4pm.

(09) 827 7882 Some charges may apply. http://www.englishlanguage.org.nz No referral required.

**Classification : PACIFIC**

**English Language Partners Auckland South**

FSD0007832 Last updated 03/08/2020

English language and social support for adult refugees and migrants coming to live in Aotearoa / New Zealand.

Level 1 141 Kolmar Road Papatoetoe Auckland 2025



aucklandsouth@englishlanguage.org.nz  9am - 4:30pm Mon - Fri

(09) 278 9099 Koha/donation may apply. http://www.englishlanguage.org.nz No referral required.

**Classification : PACIFIC**

**Essentially Men Education Trust**

FSD0003523 Last updated 31/08/2020

Courses, seminars and support for men to explore their identity, recover their ability to feel and experience new ways of being a man - strong, emotionally adept and a skilled communicator - in connection with their family and community.

info@essentiallymen.net  Monday - Friday 9am - 4.30pm

(09) 376 2386 Some charges may apply.

(021) 159 1525 No referral required. http://www.essentiallymen.net

**Ethiopian Community of Auckland**

FSD0003918 Last updated 10/02/2021

The Ethiopian Community of Auckland Inc. facilitates the organisation of two educational programmes: a homework centre targeting Ethiopian primary school age children, and an Amharic Language class.

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| ethiopiancommunity@ymail.com (021) 0572 820      **Ethnic Family Services** | 7 days a week.  Some charges may apply. No referral required. |
| FSD0020934 | Last updated 08/01/2021 |

We offer support services for women, men and young people to build safe and happy families. We work in partnership with schools, various government and non-governmental organisations to offer specialised culturally appropriate intervention and prevention services for families and youth from Asian, African and Middle-Eastern communities in Aotearoa New Zealand.

Inside Manukau Medical & Health Centre 18 Manukau Station Road Manukau Auckland 2102 youth@shakti.org.nz  Mon-Thurs 10am-4pm



(0800) 742 584 (0800 SHAKTI) All services free of charge.

(09) 262 0487 non-urgent No referral required.

https://www.facebook.com/shaktiyouth

**Ethnic Social Services**

FSD0023488 Last updated 27/04/2021

NZESS intends to help families and whnau become safe places to be to restore family and whnau safety and wellbeing/mauri ora where violence has occurred and also to enhance life outcomes for children and young people whose social and family circumstances place them at risk of not achieving positive social and health outcomes.

New Zealand Ethnic Social Services (NZESS) is a not-for-profit organization that was established in

2003 to provide critically needed social support services for individuals and families of ethnic community to create healthy families and thereby healthy communities in New Zealand.

56A Covil Avenue Te Atatu South Auckland 0610



info@nzess.co.nz  9:30 am to 5 pm Monday to Friday

(09) 834 6668 All services free of charge.

(021) 226 5666 No referral required. http://nzess.co.nz

**Classification : FVSS**

**EthNix Links and Advocacy Network (ELAN)**

FSD0016612 Last updated 07/01/2021

ELAN aligns and collaborates with other similar organisations to raise social justice and human rights issues. The organisation is a leadership initiative, advocates for family well-being in diverse communities. It raises safety and prevention awareness for families to be better prepared and work towards prevention in family violence, road and water safety. EthNix Links has grown to advocate for women and children, settlement issues and cross cultural engagement.

We work mostly in Waitakere/Whau boundary.

16 Rosewarne Crescent Glendene Waitakere 0601



annepala@nixcrew.com  Community Advocacy available most times (021) 813 607 All services free of charge.

(09) 818 4450 Referral may apply. http://www.nixcrew.com

**Fairy Godmothers Home-based Childcare**

FSD0023368 Last updated 05/02/2021

Fairy Godmothers is a home-based childcare service that looks after children on the North Shore, Hibiscus Coast, Helensville and Rodney Districts. We offer small rations of 1 educator to 4 children. There are plenty of opportunities to join other educators for outings and playgroups. Home-based care gives parents more flexibility than larger childcare centres and the environment is more like their own home.

 2/667 Whangaparaoa Road Stanmore Bay Auckland 0932

info@fairygodmothers.co.nz 

(09) 424 8868 (0800) 324 7437 http://www.fairygodmothers.co.nz

**Family Action (Whanau Toa)**

FSD0003511

Weekdays 9am - 4pm

0800 FAIRIES Some charges may apply. No referral required.

Last updated 15/01/2021

Counselling, Outreach & Refuge for women, youth, children and families who have experienced family or sexual violence, abuse or trauma.

13 Edsel Street Henderson Auckland



office@familyaction.org.nz  8.30am - 5pm Monday - Friday.

(09) 836 1987 Some charges may apply.

(0800) 326 327 No referral required. http://www.familyaction.org.nz/

**Classification : FVSS, SHSS**

**Family Start Mangere**

FSD0015004 Last updated 08/03/2021

Family Start Mangere is part of Turuki Health Care and is an early intervention programme which aims to achieve positive health, education and social outcomes for babies, children and their whanau. It is an intensive home visiting service.

Level 1 37 Andrew Baxter Drive Airport Oaks Mangere, Auckland 2022



familystart@thc.org.nz  Monday - Friday 8:30am - 5:30pm.

(09) 278 5788 All services free of charge.

(0800) 4935 5246 Referral may apply. http://www.turukihealthcare.org.nz

**Family Success Matters**

FSD0006138 Last updated 20/11/2020

Family Start Manukau (FSM) provides intensive home base support to infants and their families with high needs. The service works with whanau who face barriers in providing what their children need to be healthy, to learn and be confident. FSM offers hope for whanau and their young children.

Complementary to the Family Start programme we provide the Incredible Years parenting programme and the Fathers for Families programme, for those dads who feel they have blown their chances at life but really want to make a go at being a great dad.

Level 1 11 Dalgety Drive Wiri Manukau City 2104



receptionist@fsm.org.nz  8.30am - 5.00 pm, Monday to Friday. If you wish

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| (09) 252 0197  (0800) FAMSTART(3267 8278) http://www.fsm.org.nz      **Family Works Leslie Centre** | to contact an FSM staff member by email. Enter their firstname and first initial of their last name along with @fsm.org.nz For example:  joeb@fsm.org.nz  All services free of charge. Referral may apply. |
| FSD0006491 | Last updated 27/04/2021 |

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Leslie Centre 37B Dornwell Road Mt Roskill Auckland 1041



admin.lesliecentre@fwn.org.nz  Monday - Friday

(09) 639 2016 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-central Referral may apply.

**Family Works North Shore**

FSD0023443 Last updated 27/04/2021

Family Works Northern build safe, strong and connected families by providing over 20 different programmes and services including child and family counselling, support for children who have experienced abuse and parenting programmes.

10 Penzance Road Mairangi Bay Auckland 0630



(09) 835 1288  09:00AM - 4:30PM

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-north-shore No referral required.

**Family Works Northern**

FSD0020674 Last updated 01/09/2020

Family Works Northern helps children and their families overcome the consequences of poverty, lack of adequate housing, and living with violence. It helps families to stay safe, strong and connected so they can make positive and lasting changes in their lives.

111 Great South Road Epsom Auckland 1051



info@psn.org.nz  Monday to Friday (09) 520 8600 8.30 am to 5.00pm

https://www.familyworksnorthern.org.nz Koha/donation may apply. No referral required.

**Family Works Te Hononga**

FSD0006492 Last updated 27/04/2021

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Family Works Te Hononga 10 Mahia Road Manurewa Auckland 2102 admin.tehononga@fwn.org.nz  Monday - Friday



(09) 269 1009 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-south Referral may apply.

**Family Works Waitakere**

FSD0006493 Last updated 09/12/2020

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

2171 Great North Road Avondale Auckland 0600



admin.waitakere@fwn.org.nz  Monday - Friday

(09) 835 1288 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-west Referral may apply.

**Fetu Taiala Aoga Amata**

FSD0024303 Last updated 19/08/2020

We provide a Samoan Full Immersion Early Learning service for all children. Our passionate teachers have years of experience in the ECE sector and are registered educators with the NZ Teachers Council. Our philosophy aims to empower children through their language, culture, identity and spiritual beliefs. We provide free 30 hours FOR ALL CHILDREN, free transportation, free morning tea, and afternoon. Our transition to school programme is developed to prepare 4 year old children for Primary School.

29 Wickman Way Mangere East Auckland 2024



(09) 257 0182  Monday to Friday 7.30am to 5pm http://www.tavaesinatrust.org.nz All services free of charge.

No referral required.

**FGM Education Programme**

FSD0001777 Last updated 15/01/2021

To provide national FGM resources, FGM service provider training and technical assistance and FGM education, training and resources for communites affected by FGM.

 19-21 Sale Street Freemans Bay Auckland City 1010

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| hello@fgm.co.nz (09) 302 4031 https://fgm.co.nz/      **Finlayson Park School** | Weekdays 9am - 5pm  All services free of charge.  No referral required. |  |
| FSD0024065 |  | Last updated 19/10/2020 |

OSCAR approved programes at Primary School.

85 John Walker Drive Manurewa Auckland 2102 office@finlaysonpark.school.nz  7:30 am - 4:30 pm



(09) 266 5558 Some charges may apply. http://www.finlaysonpark.school.nz/ Referral may apply.

**Classification : OSCAR**

**Fiona Hardy Counselling**

FSD0021223 Last updated 16/03/2021

I am a skilled Counsellor/Family Therapist located in Central Auckland - working from rooms in Grey Lynn and Remuera.

I focus on working positively with individuals, couples, groups, families and adolescents who may be wanting to understand and develop skills in managing anxiety, depression, processing grief and loss, relationships, sexual issues, identity, work related issues, self esteem, pregnancy and pregnancy loss.

I am narratively trained with a focus on short term work that is person centered and solution focussed.

I work from two relaxed and private locations in Grey Lynn and Remuera.

Please contact me to see how I may be able to assist you.

Skype sessions are also availabe.

 Community of St Luke 130 Remuera Road Remuera Auckland 1024 fionahardycounsellor@gmail.com  Counselling appointments during the day and

(021) 294 0346 some evenings in Remuera and Grey Lynn.

(09) 620 2121 Please phone to discuss your requirements. http://www.fionahardycounselling.co.nz

Skype Sessions also available.

Some charges may apply. No referral required.

**First Korean Presbyterian Church and Community Trust**

FSD0023075 Last updated 15/06/2020

Provide and develop a high quality cross-cultural community services, OSCAR Holiday/After School Care programmes and the Christian faith at and from the centre to meet the families and individual needs.

22 Edmonton Road Henderson Auckland 0612



kpcanz@kpcanz.com  Mon - Fri 9 - 6

(09) 836 0191 Some charges may apply.

http://kpcanz.com No referral required.

**Classification : OSCAR**

**Fonua Ola**

FSD0003695 Last updated 14/12/2020

We cater for the Auckland region covering the areas of South, West, Central and East Auckland.

We provide Social Work Support, Counselling, Youth Programme, Building Financial Capability, Family Violence Intervention, Whanau Ora Support and Group Parenting Programme. Our aim is to achieve better outcomes for our children and young people through journeying with their families on their voyage to sustainable futures

8 Hendon Avenue Mt Albert Auckland



cfohe@fonuaola.org.nz  Mondays to Fridays

(09) 828 4307 9am - 5pm

(022) 164 0627 All services free of charge. https://www.fonuaola.org.nz/ No referral required.

**Classification : PACIFIC**

**Fonua Ola Network Trust**

FSD0021714 Last updated 17/11/2020

Our Services include social work support services, counselling, youth mentoring, life fit programme, parenting programmes and financial mentoring/budgeting as well as Whanau Ora clientele.

We are based in Auckland and predominantly support the local Pacific Community to cope in times of economic, social and cultural adversity.

With a head office in Otahuhu, Fonua Ola has another additional site located at Hendon Avenue Mt Albert (former Pasifika Health & Social Services).

32 Station Road Otahuhu Auckland 1062



msuamili@fonuaola.org.nz  Mon - Fri - 9am to 5pm (09) 270 2089 All services free of charge.

(022) 043 0811 Referral may apply. http://www.fonuaola.org.nz

**Classification : BFC, FVSS, PACIFIC**

**Franklin Family Support Centre**

FSD0000964 Last updated 23/12/2020

To empower families and individuals with financial, personal or family issues by providing professional, compassionate and caring social services and educational programmes.

82 Manukau Road Pukekohe admin@familysupport.org.nz  9.00am - 4.00pm, Monday to Friday.



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| (09) 238 6233  http://www.familysupport.org.nz | Some charges may apply. No referral required. |

**Classification : BFC, FVSS**

**Franklin Hospice**

FSD0005861 Last updated 23/12/2020

We provide: Domiciliary Hospice service. Palliative care service in a shared care arrangement with the district nursing group.

29 Hall Street Pukekohe 2120



contact@franklinhospice.org.nz  8:00am - 4:30pm Monday to Friday

|  |  |
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| (09) 238 9376 http://www.franklinhospice.org.nz/ | Koha/donation may apply. Referral may apply. |

**Freemans Bay After School Care**

FSD0022282 Last updated 07/12/2020

Freeman Bay Before & After School Care Programmes provide safe, fun, supervised programmes which cater for the needs of primary school children.

Our programmes provide constructive opportunities for children to use their leisure time creatively in a caring and positive environment.

The programmes are structured to provide opportunities for children to play and enjoy themselves, to be treated fairly with dignity, respect, attention and support from staff. A positive, child-focused and culturally-responsive environment.

95 Wellington St Freemans Bay Auckland 1011



freemansbay@yahoo.co.nz  During school terms only

(021) 051 1976 Before school 7:00am - 8:45am

After school 3:00pm - 6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Friendship House**

FSD0003345 Last updated 31/10/2020

Friendship House is a centre for social services, education, and community life set in the heart of Manukau.The Cafe offers quality affordable food and friendly centre staff provide information and practical assistance to visitors. Our qualified social service professionals offer individual and family support for people to build satisfying relationships and purposeful lives through social work, counselling, courses and programmes. The centre is available for hire to community and business groups on a casual or regular basis with rooms to suit 2 - 80 people. Our central location (behind Westfield Manukau) enables easy access to our services by both bus and rail.

20 Putney Way Manukau City Centre 2104



info@friendshiphouse.org.nz  Mon - Friday 8:30am-4:00pm

(09) 262 2322

(0800) 348 7878 Closed for Public Holidays http://www.friendshiphouse.org.nz Some charges may apply.

No referral required.

**Classification : FVSS**

**Funtimez Kids Club**

FSD0017823 Last updated 11/06/2020

Out of School Care Programme. Providing quality affordable before and after school care. Holiday Programmes run at the end of each school term and during January.

Fruitvale Primary School 9 Fruitvale Road New Lynn Auckland 0603



craynes@xtra.co.nz  Before School 7.00am - 8.30am (021) 024 98202 After School 3.00pm - 6.00pm

Holiday Programmes 7.30am - 6.00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Future Skills Academy**

FSD0021536 Last updated 14/08/2020

Future Skills Academy is an education provider based in Manukau within walking distance of Manukau mall, and Manukau and Homai train and bus stations. We are registered and accredited by the New Zealand Qualifications Authority (NZQA) and funded by the Tertiary Education Commission. Future Skills Academy offers a range of programmes for youth 16 – 19 years and adults. We offer both fees-free courses and fee-paying programmes and our programmes offer a pathway to higher studies and employment. Travel subsidy, loans and allowances are available for those who are eligible. There is also a free bus service from Manukau and Homai train and bus stations.

We offer a friendly, whanau, relaxed and multi-cultural environment with a range of student services including caring and well-qualified tutors, computer labs, student café, and well-resourced workshops.

We also have a campus in Royal Oak offering Intensive Literacy, Health and Early Childhood Vocational qualifications.

15 Earl Richardson Ave Manukau 2104



info@futureskills.co.nz  Monday to Friday, 8:30am to 5:00pm

(09) 263 0302 For inquires and enrolments http://www.futureskills.co.nz All services free of charge.

No referral required.

**Classification : PACIFIC**

**Gateway Community Trust**

FSD0015197 Last updated 22/09/2020

We are a community-based trust focused on strengthening families, empowering our youth and are OSCAR approved for child care services.

26A Wood Street Papakura 2110



reception@navigators.community  Monday to Friday, 8am - 4pm

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| (09) 298 1807 http://www.thegate.co.nz    **Classification : OSCAR**    **Genesis Youth Trust** | Some charges may apply. No referral required. |
| FSD0019702 | Last updated 29/06/2020 |

Our Strategic Heartbeat:

Having a heart for youth that offers HOPE and RESTORATION for youth offenders and their families in the wider Auckland Region Our Core Competencies:

1. A holistic intervention combining youth work, social work, mentoring, counseling & familyservices to achieve lasting positive change
2. Forging and maintaining effective working partnerships with the Police and other key agencies
3. Ongoing research and best practice that shapes our programmes and interventions.

 92 Bader Drive Mangere Auckland 2022

info@genesis.org.nz  9am - 5pm (09) 275 0599 Monday-Friday

http://www.genesisyouthtrust.org.nz All services free of charge. Referral may apply.

**Geneva Healthcare**

FSD0004525 Last updated 29/01/2021

We are New Zealand’s trusted experts in aged care, illness, injury & disability support. Since 1996, we’ve been supporting New Zealanders to live their best life and thrive by keeping well, living independently and staying connected with their community.

We are part of the largest network of healthcare service providers working closely with the Ministry of Health, District Health Boards, Ministry of Social Development, and with ACC as a preferred national provider to give our Clients 24/7 wraparound support with our qualified, security-checked, Geneva Certified workers, nurses and Allied Health professionals, who are carefully selected to match their needs.

Our Services

* Home Support & Aged Care
* Flexible Disability & Injury Support
* Wellness & Rehabilitation
* Childcare & Youth Support
* Private Health & Wellness Support Packages (Private Care NZ)
* Healthcare Recruitment
* Health Staffing Services (Temporary & Permanent)
* Healthcare Training

Level 2 139 Quay Street Auckland 1010



info@genevahealth.com  24 hours a day, 7 days a week, 365 days a year.

(0800) 436 382 Some charges may apply. http://www.genevahealth.com Referral may apply.

**Gianna's Choice Pregnancy Support**

FSD0016607 Last updated 13/08/2020

Our purpose is to provide support for teens, women and couples facing an unplanned pregnancy, discover her needs and connect her with the resources she requires.

When pregnancy comes with no easy answers we are hear to listen to your concerns and challenges. We will support you as you explore your situation, always recognizing that the decisions to be made are ultimately yours.

We are here to support you because we believe in you and you matter.

Our help is private and non-judgmental. We will give you the information you need in a caring and supportive environment.

569A Richardson Road Mount Roskill Auckland 1041



nzgiannaschoice@gmail.com  24/7 Free Call: 0800 3675433

(0800) 367 5433 Interviews by Appointment (027) 448 8070 All services free of charge. http://pregnancyoptions.org.nz No referral required.

**Classification : PACIFIC**

**Giraffe Early Learning Center**

FSD0024446 Last updated 05/11/2020

Giraffe ELC is a beautifully designed, purpose built Early Learning Centre located at 529 Mt Albert Road, Three Kings.

We are taking enrolments now for our opening in January 2021.

We welcome you and your child/children to what we trust is an early learning education in a nurturing and stimulating environment, that provides an extension of your family life and parenting goals, as well as a solid foundation for your child's future learning.

Your preschool child/children will have a full nutritional meal service from breakfast to dinner, experience high quality day care and a preschool education, where they participate in a wellresourced centre with a fun, supportive and challenging background to inquiry-based learning.

We offer a range of extra-curricular activities such as fencing, speech and drama, music, french, dancing classes on site for your little ones.

529A Mount Albert Road Three Kings Auckland 1042



info@gece.co.nz  Monday to Saturday from 7:00 am to 6:30pm (0800) 309 000 and Sunday from 9:00am to 6:30pm excluding http://gece.co.nz public holidays.

Some charges may apply. No referral required.

**Gladstone Primary School OSCAR**

FSD0021424 Last updated 06/10/2020

To provide quality, safe, accessible childcare and recreational opportunities for the Gladstone community. We offer morning care, after school care and holiday programmes.

8 Seaview Terrace Mt Albert Auckland 1025



michellen@gladstone.school.nz  School Terms 7.30am - 8.30am and 3.00pm -

(027) 478 8158(2.30pm onwards) 6.00pm

(09) 845 2623 (2.30pm-6pm) Some charges may apply. https://gladstone.school.nz/category/oscar No referral required. -2/

**Classification : OSCAR**

**Glamorgan Kids Club**

FSD0024263 Last updated 17/07/2020

A Before and after school care, plus school holiday programme for students at Glamorgan Primary School, Torbay

Glamorgan School 145 Glamorgan Drive Torbay Auckland 0630



p.k.mccormack@outlook.com  Open 7.15-8.30am, 3-6pm, and during school

(021) 612 105 holidays 7.15am - 6pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Glen Eden Community House Inc**

FSD0017552 Last updated 04/05/2021

The Glen Eden Community House provides local people with opportunities to participate in and experience a mix of social, educational, cutural or recreational activities

13 Pisces Road Glen Eden Auckland 0602



manager@glenedencommunityhouse.co.  Monday to Friday 9.00 am to 4.00pm nz Some charges may apply.

(09) 818 2194 Referral may apply.

(09) 818 2198 http://glenedencommunityhouse.co.nz

**Classification : OSCAR**

**Glen Innes Family Centre**

FSD0016332 Last updated 22/01/2021

Provide Social Work Support, Counselling (Individual/Family), Budgeting, Parenting Programmes, Domestic Violence Programmes, Senior Recreational Programmes.

122 Elstree Avenue Glen Innes Auckland 1743



admin@gifc.org.nz  Weekdays 9AM - 3PM

(09) 570 6250 Thursday 9am - 6pm

http://www.gifc.co.nz All services free of charge.

No referral required.

**Glen Innes Out of School Care and Recreation**

FSD0024063 Last updated 19/10/2020

Welcome to our OSCAR approved Before and After school and Holiday programmes, where the safety and care of your child is our number one priority.We offer the programmes that parents can rely on and children love to attend. A safe,fun,supervised environment with lots on offer.

 171 Pilkington Road Glen Innes Auckland 1072

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| gleninnes@blossomseducare.co.nz  (09) 527 4282 http://Blossomseducare.co.nz    **Classification : OSCAR**    **Glendowie OSCARS** | Before School 7.00-8.30am  After School 3.00-6.00pm  Holiday Programme 7.30-6.00pm  Monday to Friday(Closed Public Holidays) Some charges may apply. No referral required. |
| FSD0018552 | Last updated 11/03/2021 |

To provide a caring, fun and safe out of school care programme that meets the needs of our local community.

Glendowie Primary School 217 Riddell Road Glendowie Auckland 1071 che@oscars.co.nz  During school terms: (021) 367 243 Monday - Friday 7.15am - 8.30am http://www.oscars.co.nz and 3pm-6pm



School Holidays 7.30am-6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Good Seed Trust**

FSD0017872 Last updated 26/01/2021

Good Seed Trust's mission is to provide quality care & learning experiences for children, youth & families. We have three early children centres in Mangere, Mt Wellington & Glendene. Our family support team operates 4 vans in Mangere to transport children. We run a community playgroup in Mangere.

The Trust also operates OSCAR approved programmes - Afterschool and Holiday programmes in Mangere, and Afterschool care at Panama Rd School. Fathers & Kids Events are held quarterly.

SuperGrans is being established in Mangere and Riverside through Good Seed Trust.

18A Mervan Street Mangere East Auckland 2024



info@goodseedtrust.co.nz  Monday to Friday

|  |  |
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| (09) 275 1065 (027) 503 2470 http://www.goodseedtrust.co.nz    **Classification : OSCAR** | 7am to 6pm  Some charges may apply.  No referral required. |

**Grace Foundation Charitable Trust Auckland**

FSD0024203 Last updated 09/04/2021

We provide transitional housing for people in South Auckland in need of a place to stay while they re-establish their lives.

We provide a wraparound service including education, community involvement, health & wellbeing activities. Grace Foundation operates 18 houses with 24 hour assisted living care; These homes are supported by a dedicated team of 6 full-time staff and 4 Volunteers.

A strategic part of our service is the Solutionz classes which focuses on mindfulness that involves learning how to change negative attitudes, thought patterns, and adopting a positive, goal creation and planning; practical tools to help them implement and maintain major life changes.

The impact of our work can be seen in the changes within our resident’s lives, their families live, their children's lives. By transforming our resident’s mind-sets, through education, self-belief, selfconfidence we create leaders who then go on to lead their families in a positive way which strengthens the community.

|  |  |
| --- | --- |
| gracefoundationauckland@gmail.com  (0508) 447 223 (022) 184 4973 https://www.gracefoundation.co.nz/      **Graeme Dingle Foundation** | We are open 24/7 to support our residents and those in need. Call anytime.  Some charges may apply. Referral may apply. |
| FSD0015275 | Last updated 19/04/2021 |

The wellbeing of Aotearoa’s tamariki is at the heart of the Graeme Dingle Foundation. For 25 years the Foundation has been helping young New Zealanders find purpose and direction through our highly effective school based programmes across the country for young people aged 5-18 years old including Kiwi Can, Stars, Career Navigator, Project K, Kiwi Tahi and MYND. We want every child to know that what they have inside is greater than any obstacle they might face. Our young people develop true self-confidence and real skills for later life through community-focused, positive experiential learning and mentoring programmes. We empower them to find their purpose and direction in life.

Using fun and safe experiential learning through the great outdoors and inspirational classroom leaders and world-class mentors to help our young people keep on track, learn good values and set goals for the future.

We want every child to know: What they have inside is greater then any obstacle.

6 Triton Drive Rosedale Auckland 0632



info@dinglefoundation.org.nz  Monday – Friday 9.00 AM – 5.00 PM

(09) 477 6237 All services free of charge.

(0800) 435 775 Referral may apply. http://www.dinglefoundation.org.nz

**Grahams Funeral Services**

FSD0023713 Last updated 07/12/2020

Grahams Funeral Services has been serving the Franklin District for over 83 years with four generations of the Graham family and their team providing professional care to all families engaged. Now with premises in Waiuku, Pukekohe and Tuakau, we continue to help families in our community farewell their loved ones in the most appropriate way. We have team members rostered on 24/7 each day of the year ready to serve you when the need arises. Whether the family wish for a burial or cremation service, we can assist to arrange a meaningful farewell with a budget to suit. Contact us when you need to, your family will be cared for by our family. Thank you.' We also have a division looking after memorial headstones. Our monumental masons can help design, make and install a memorial headstone or plaque. Whanau may install themselves in a private Urupa if they wish to.

Grahams Funeral Home 54 George Street Tuakau 2121



mark@grahamsfunerals.co.nz  Funeral Home Office open 8 am to 5 pm

(09) 236 8919 Monday to Saturday.

http://www.grahamsfunerals.co.nz Our Funeral Directors are available 24/7 by phoning 09 2368919.

Some charges may apply. No referral required.

**GrandFriends**

FSD0022921 Last updated 28/12/2020

GrandFriends is a programme run by Surrogate Grandparents New Zealand Charitable Trust to provide social, caring connections for families around New Zealand.

A “GrandFriend” can be anyone, of any age who is interested in increasing their social connections and building a “village’ around themselves and their families, and to alleviate social isolation and loneliness.

GrandFriends set up to provide Intergenerational connections and find grandparents for families who may not have them for their children, and whilst this is still very much our focus, we have also evolved over the last three years. We have seen that the problem is much wider than this and people of all ages are looking for connections. We have single people in their 30’s, Aunties & Uncles, Teens wanting to give back, so we have now rebranded as “GrandFriends” to embrace this need in our communities of New Zealand.

info@grandfriends.nz  Monday - Friday 9am - 2.00pm

(09) 947 5815 Koha/donation may apply. http://www.grandfriends.nz No referral required.

**Great Potentials - Papakura Family Service Centre**

FSD0003679 Last updated 03/11/2020

Papakura Family Service Centre has integrated health, education and support services for children and parents and is part of the Great Potentials Foundation.

14 Maurice Street Papakura Auckland 2110



(09) 299 6610  Monday - Friday 9am - 4.30pm http://www.greatpotentials.org.nz Some charges may apply.

Referral may apply.

**Great Potentials - Takanini Family Service Centre**

FSD0022363 Last updated 17/07/2020

We offer a range of social services and programmes to the community including counselling, parenting programmes, playgroup, English literacy classes. Most of our services/programmes are free however a small koha may apply to some.

8 Oakleigh Avenue Takanini Auckland 2112



fsc.info@greatpotentials.org.nz  9am - 4.30pm

(09) 974 4719 Monday to Friday

(021) 882 970 Some charges may apply. http://www.greatpotentials.org.nz/ No referral required.

**Great Potentials Foundation**

FSD0003694 Last updated 20/07/2020

For Health, Education and Parent Support.

Level 6, Building 5 666 Great South Road Penrose Auckland 1061



info@greatpotentials.org.nz  08:00 - 16:00 Monday to Friday

(09) 974 2600 Some charges may apply. http://www.greatpotentials.org.nz Referral may apply.

**Classification : FVSS**

**Great Times Out of School Care**

FSD0021389 Last updated 19/12/2020

OSCAR approved Out of School Care provider. Operating from The Gardens School providing Morning Care, After School Care and Holiday Care & Conifer Grove School providing After School Care and Morning Care.

The Gardens School 101 Charles Prevost Dr The Gardens Manurewa



alecas@xtra.co.nz  Morning Care 7.00am-8.30am (027) 518 0077 After School Care 2.45pm-5.45pm,

School Holiday Care available Some charges may apply. No referral required.

**Classification : OSCAR**

**Great Times Out of School Care - Conifer Grove**

FSD0017832 Last updated 17/01/2021

OSCAR approved. Great Times Out of School Care operates out of Conifer Grove School Evanda Cres, Manurewa.

Conifer Grove School 1 Evanda Cr Takanini South Auckland



alecas@xtra.co.nz  Hours of operation 7am to 8.30am Morning

(027) 518 0077 Care. After School Care 2.45pm to 5.45pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Green Bay Community House**

FSD0018417 Last updated 16/07/2020

At the Green Bay Community House we provide a welcoming place for people of all ages. Our Community House is a place to build friendships, aspire to learn new things and share skills.

1 Barron Drive Green Bay Auckland 0604



gbcommunityhouse@gmail.com  9am - 2pm

(09) 827 3300 Some charges may apply. http://www.greenbaycommunityhouse.co. No referral required. nz

**Classification : OSCAR**

**Green Bay Kids Own**

FSD0021405 Last updated 08/04/2021

Out of School Care, Before and After School care and Holiday programmes for children aged 5 13 years.

|  |  |  |
| --- | --- | --- |
| gbko@xtra.co.nz (027) 223 8386    **Classification : OSCAR**    **Greg Ogg** | School days 7.00 am - 8.30 am and 2.55 pm -  5.45 pm  School Holidays 7.45 am - 5.45 pm | |
| Some charges may apply. No referral required. |  |
| FSD0023403 |  | Last updated 24/11/2020 |

I am a Family Disputes Mediator and also a Family and Relationship Therapist.

I provide a private service aimed towards helping families and couples work through difficult issues in order to reach a workable resolution.

- Onetangi Road RD1 Waiheke Island 1843



gogg@slingshot.co.nz  9am to 5pm. Mon-Fri (021) 234 1693 Some charges may apply.

(09) 372 8887 No referral required.

**Grey Lynn Community Centre**

FSD0021925 Last updated 09/04/2021

Provides a play group and OSCAR school holiday programme for children. Our purpose is to be the ‘hub’ in Grey Lynn, where our community meets to learn skills and get to know each other, forming an integrated and supportive community.

The Centre is a place that is welcoming, comfortable and accessible to all who want to use it. Our primary community includes the people of Grey Lynn, Westmere and Arch Hill.



510 Richmond Rd Grey Lynn Auckland 1021

office@greylynn.org.nz (09) 378 4908 (027) 271 7210 after hours http://greylynn.org.nz

Office Hours - Monday - Friday 8.30am until

4.30pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Grey Lynn Community Link**

FSD0007916 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

562 Richmond Road Grey Lynn 1011



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz      **GymCity Papatoetoe** | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0019627 | Last updated 15/12/2020 |

GymCity is a children's gymnastic club offering classes for all children from babies to teenagers. We teach fundamental skills development & gymnastics programmes for boys and girls, beginners to National level, Tumbling, TeamGym. We deliver to pre-school and school within the wider community. We run OSCAR approved School Holiday Programmes every holidays with lots of variety including Arts & Crafts, cooking, excursions, games and gymnastics, as well as lots of other exciting activities. We have very experienced coaches and wonderful helpers, and we are proud of the lovely atmosphere our club has, where everyone works together to make GymCity a great club for their children. We welcome anybody to come and join our club - you will be pleased you did.

Flat 2 64 Marne Road Papakura 2110



rowenadeadman@gmail.com  8am-8.30pm Mon- Fri, 8am-12.30pm Sat

(09) 279 9400 Some charges may apply. http://www.gymcity.org.nz No referral required.

**Classification : OSCAR**

**Hadiyyeh Zohoori-Dossa**

FSD0022715 Last updated 03/10/2020

Holistic, Multi-Cultural Counselling for individuals, groups, families and pre-marital couples.

Issues: Depression, Anxiety, Grief, Parenting, Stress, etc. Also, Nutrition-related conditions:

Obesity, Diabetes, Hypertension, etc.

Some benefits of counselling are:

* Developing Self-Awareness and Mindfulness
* Learning Problem-Solving, Effective Communication and Conflict Management
* Stress Management – Learning to go beyond coping to attain and maintain Lasting Happiness\* Personal Growth
* Behaviour Change, e.g. reduction in smoking, drug use, angry outbursts or other undesirablehabit, or increase in following a Healthy Diet, Physical Activity or any other desirable habit.

All services are multi-cultural and inter-faith by being sensitive to the ethnic, socio-economic, gender, racial and religious background of clients.

I also conduct:

* a pre-marital counselling programme, and
* Reiki Chanelling, a Japanese technique for stress reduction, relaxation and healing.

hadiyyehzd@yahoo.com  Please get in touch to arrange a suitable time

(021) 037 2456 and place.

Online counselling also available.

Some charges may apply. No referral required.

**HappyTots In home Childcare**

FSD0020937 Last updated 17/09/2020

HappyTots is licensed and funded by the Ministry of Education, which means families can access our programme at no cost to children, caregiver, and whanau who qualify.

If you are grandparents who are looking after your grandchild, you may qualify for our programme.

Our programme includes:

Non income tested subsidy to every child of up to $4.2 per hour

Free access to our toy library

Individual learning programme designed for your child

Free monthly visit from registered ECE teacher to help you on education

Free first aid training

Free monthly organised activities

Suite 1, Level 1, Annex Building 27 Gillies Ave Epsom Auckland 1023



info@happytots.co.nz  Monday to Friday 8.30am-4.30pm (0800) 208 000 All services free of charge. http://www.happytots.co.nz No referral required.

**Harbour Hospice**

FSD0008172 Last updated 13/07/2020

At Harbour Hospice, we provide compassionate, specialist care to those with any life limiting condition and offer wrap around support to whanau and caregivers. Together, we are dedicated to supporting your wellbeing in every way – medically, spiritually, psychologically and socially. Our range of specialist services are free of charge to people who need them.

7 Shea Terrace Takapuna Auckland 0622



infonorthshore@harbourhospice.org.nz  Office and community services: 8.30am - 5pm

(09) 486 1688 Monday to Friday.

https://harbourhospice.org.nz/ In Patient Unit operates 24/7

All services free of charge. Referral may apply.

**Harbourside Church**

FSD0015422 Last updated 12/10/2020

Harbourside Community Services is about empowering and equipping people and meeting the needs in the community.

 48 Esmonde Road Takapuna North Shore City

office@harboursidechurch.org (09) 489 0930 http://www.harboursidechurch.org

**Haven Falls Funeral Home**

FSD0023797

9am - 5pm weekdays, Sundays services are at

9am and 11am Some charges may apply. No referral required.

Last updated 24/10/2020

With over 20 years’ experience, we are committed to offering a professional, caring and timely service for your loved one in our Funeral Home, 24 Hours, Auckland wide.

Quality service is an entitlement of families when engaging a funeral provider and Haven Falls are unwavering in their approach to providing a superior service with the utmost integrity and care of your loved one.

Our philosophy at Haven Falls is based on the belief that it is a family’s entitlement to provide the best farewell they can for their loved one and it is our responsibility to facilitate this, whilst at the same time providing a transparent service that does not bring unnecessary hardship or burden to the family.

Haven Falls operates on a platform of quality, integrity & compassion.

3 View Rd Henderson Auckland 0612



office@havenfalls.co.nz  Operating 24/7

(0800) 428 363 Office hours Mon to Fri 9:00am - 5:00pm

(09) 838 1616 Some charges may apply. http://www.havenfalls.co.nz No referral required.

**Heart Kids NZ**

FSD0003352 Last updated 17/07/2020

Heart Kids NZ is the only organisation in New Zealand dedicated to providing lifelong support for all those affected by a heart defect whether congenital or acquired through childhood illness.

Our practical and emotional support is vital for those affected, helping them cope with the day-today challenges of living with a childhood heart condition.

The services we provide include (but are not limited to) information, training, counselling and psychological support, specialised equipment, heart camps, family matching, social affiliation, and financial assistance (funds allowing).

We have a network of 18 affiliated branches and support groups throughout New Zealand.

Level 1 60 Grafton Road Auckland 1010



info@heartnz.org.nz  9.00am - 5.00pm Monday to Friday

(09) 377 9950 Some charges may apply.

(0800) 543 943 (KIDZ HEARTS) Referral may apply. http://www.heartkids.org.nz/

**Heartbeat City Ministries**

FSD0003351 Last updated 03/01/2021

Psychological Counselling Services delivering home based short term therapy approach within a Whnau Ora framework to predominately Mori whnau, children/tamariki and young people/rangatahi. HBCM Psychological Counselling Service aim to provide the highest standard of care for whnau, tamariki and rangatahi residing in the Counties Manukau region.

24 Huia Rd Papatoetoe Auckland 2025



heartbeat@xtra.co.nz  Office hours: 9.00am to 4.30pm.

(021) 112 7543 Phone voice message are welcomed and will be

(021) 213 6235 responded to.

Some charges may apply. Referral may apply.

**Heartland Services - Helensville**

FSD0016527 Last updated 07/07/2020

Face to face government and community services in the community. One stop shop for government and community services and information.

16 Commercial Road Te Awaroa Helensville 0840



heartland@kaiparamoana.com  Mon - Fri 10:00am - 2:00pm (09) 420 9761 Some Services by appointment. (022) 426 3397 All services free of charge. http://www.heartlandservices.govt.nz/ No referral required.

**Heartland Services - Pukekohe**

FSD0007140 Last updated 07/07/2020

Heartland Service Centre is a one-stop-shop from which the local population may access a range of Government, and other related services.

82 Manukau Road Pukekohe 2120



pukekohe@heartlandservices.govt.nz  Mon, Wed, Thur, Fri 9.00am – 4.00pm; Tues

(09) 238 6233 10.30am – 4.00pm

http://www.heartlandservices.govt.nz All services free of charge. No referral required.

**Hearts & Minds**

FSD0003428 Last updated 11/09/2020

Hearts & Minds is a community development organisation promoting mental health and community wellbeing. Services include: Wellbeing and Resilience groups and workshops; Health and Support

Navigation; Community Development; Community Volunteering; Global Food and Friends; Support for migrants and newcomers and Strengthening Families.

Level 1 65 Pearn Crescent Northcote Auckland 0627



info@heartsandminds.org.nz  9.00 am - 4.00pm Mon-Fri (09) 441 8989 All services free of charge. http://www.heartsandminds.org.nz No referral required.

**Helensville After School care**

FSD0021404 Last updated 05/11/2020

After School childcare.

c/- Helensville Primary School 29 Rata Street Helensville 0800



emanddarren3@gmail.com  Monday - Friday 3 pm till 6 pm

|  |  |
| --- | --- |
| (021) 120 8467 | Some charges may apply. No referral required. |
| 780 |  |

**Classification : OSCAR**

**HELP - Support for Sexual Abuse Survivors**

FSD0003354 Last updated 18/02/2021

A community service offering specialist crisis support and counselling to survivors of sexual abuse.

We support survivors through police, forensic medical, court and restorative justice processes. We are available by phone 24/7 to provide support when you need it. We also offer short and long-term counselling for survivors and their families and friends recovering from the impacts of sexual violence - for children, young people, and adults.

info@helpauckland.org.nz  0800 623 1700 (24 hour confidential phone line)

(09) 623 1700 All services free of charge.

(0800) 623 1700 No referral required. http://www.helpauckland.org.nz

**Classification : SHSS**

**Hestia Rodney Women's Refuge**

FSD0007643 Last updated 28/09/2020

Hestia works within the area of the Hibiscus Coast and Rodney District. We provide integrated Family Violence Services for women and children whose safety is at risk due to abuse in their homes. 85% of our work is with families in the community.

24/7 crisisline 0800 321 361

hestiarwr@xtra.co.nz  24 hour service. 0800321361 crisis line. 09

(09) 427 5154 4275154 office Monday - Friday

(0800) 321 361 We have another phone number for women from

http://www.hestiawomensrefuge.co.nz all areas of Rodney to contact us toll free 09

4250452

Some charges may apply. No referral required.

**Classification : FVSS**

**Hibiscus Coast Community House Incorporated**

FSD0008129 Last updated 30/11/2020

We provide a range of services to the Hibiscus Coast Community to enrich and support individuals and families.

214E Hibiscus Coast Highway Orewa Auckland 0931 hbccommunityhouse@xtra.co.nz  Office open 10am - 3pm, Monday to Friday.



(09) 426 3598 Some charges may apply. http://www.hbccommunityhouse.org.nz No referral required.

**Hibiscus Coast Parents Centre Inc**

FSD0007311 Last updated 07/10/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

hibiscus.coast@parentscentre.org.nz  Please use our Facebook page to make contact.

(021) 0882 9339 https://www.facebook.com/hibiscuscoastp We respond to contact twice a week, our

arentscentre courses run 8 times a year with short courses in

between.

Some charges may apply. No referral required.

**Hibiscus Coast Youth Centre**

FSD0022060 Last updated 17/02/2021

The Hibiscus Coast Youth Centre is a non-profit organisation whose mission is to empower and strengthen youth and their families by providing comprehensive youth development through education, physically challenging activities, employment and training advocacy and other support services.

To provide opportunities and support for young people, encouraging them to become involved in, and contribute to the development of their community.

HBC HWY 214d Hibiscus Coast Highway Auckland 0930



findhbcyc@gmail.com  Mon-Fri 09:00 To 18:00

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| (09) 426 5005 (027) 685 1415 http://www.hbcyouthcentre.org    **Classification : OSCAR** | Friday Night 18:00 To 22:00  Saturday 11:00 To 17:00  Room Hire 24/7 By Booking Some charges may apply.  No referral required. |

**Highbury Community House Inc**

FSD0015253 Last updated 07/09/2020

To enhance social and cultural well-being by providing accessible and affordable opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to make friends, meet people, learn, contribute and participate in the local community.

Highbury Community House & ELC 110 Hinemoa Street Birkenhead North Shore 0626 manager@highburyhouse.org.nz  Office hours 9.00am - 2.30pm Mon - Fri



(09) 480 5279 Community House is available for hire 7 days a

(09) 480 5239 week

http://www.highburyhouse.org.nz Early Learning Centre open times 9.00-2.30 term

time only

Some charges may apply. No referral required.

**Highland Park Community Link**

FSD0007900 Last updated 06/04/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit E 491 Pakuranga Road Manukau 2010



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Hindu Niwas**

FSD0019247 Last updated 17/01/2021

Hindu Niwas aims to provide the most effective, financially and socially sustainable emergency, social and affordable housing and espouse the best provider reputation in New Zealand. Our service provides social & residential services and various activities throughout Auckland.

74 Retreat Drive Mangere Manukau 2022



hinduniwas@gmail.com  Office time 9am to 5pm.

(09) 275 1003 Emergency accommodation contact telephone

(021) 052 0323 Number 0800 275 100

Some charges may apply. Referral may apply.

**HIPPY North Shore**

FSD0024445 Last updated 06/11/2020

Community Education Foundation supports New Zealand Families to nurture their children and provide the opportunities and resources to help children and families to get what they suppose to have in today’s New Zealand modern societies.

Our service will take a holistic approach on how to achieve the best possible outcome for the children and the families. From their basic needs such as food to early childhood education.

HIPPY

Hippy is a home-based programme that supports parents to be involved in their children's learning.

Parents help their children to develop cognitive skills including language, problem solving, logical thinking, percepetual and other school readiness skills. All HIPPY activities can be linked to learning outcomes in the early childhood curriculum framework, Te Whaariki, or the New Zealand Curriculum Framework for primary schools.

Suite 2 179A Archers Road Hillcrest Auckland 0629



jenny@vulnerable.org.nz  Monday to Friday 9-3pm except public holidays (027) 233 9788 All services free of charge. https://vulnerable.org.nz/activities/early- No referral required. intervention

**HJ Elite Academy Limited**

FSD0024535 Last updated 30/03/2021

HJ Elite Soccer Academy offers a plethora of programs that are geared towards optimising the soccer capabilities of children (and young adults) 4 to 21 years of age. To maximise impact, we have programs in South and East Auckland with operational hours that cater to the hectic schedule of our school-going kids, and their parents/caregivers. HJ Elite enhances its impact by utilising a long-term development model which spans the four seasons; offering year round training and development options for our young soccer stars: in the making. We also maximise outcomes by ensuring that training is conducted on both grass and turf settings; dependent on the training location. Check out our programs listed on the website, to identify which one is right for you.

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| info@hjeliteacademy.co.nz  (021) 089 36872 http://www.hjeliteacademy.co.nz      **HobbyCare** | Operational hours are based on program and location. Average after school hours are 3:15 - | |
| 5:15 pm (age dependent) Some charges may apply.  No referral required. |  |
| FSD0021415 |  | Last updated 17/08/2020 |

Before & After School Care for pupils of Hobsonville Primary School.

 Hobsonville Primary School 104 Hobsonville Road Hobsonville Auckland 0618

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| --- | --- |
| info@hobbycare.co.nz  (021) 667 713 https://www.facebook.com/hobbycarenz    **Classification : OSCAR** | Monday to Friday during the school term.  7:00am to 8:30am (Morning Care).  3:00pm to 5:45pm (Afternoon Care).  Not open Public or School Holidays.  Some charges may apply.  No referral required. |

**Home and Family Counselling Inc: Auckland Office.**

FSD0003359 Last updated 13/07/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. We have a Chinese counsellor available and a mix of male and female counsellors. Professional, experienced counsellors provide high quality services from our long-standing wellrespected independent organisation.

344 Mt Eden Road Mt Eden Auckland 1024



(09) 630 8961  Monday - Friday 9am - 5pm

http://www.homeandfamily.org.nz Saturday 9am - 4.30pm

Late Nights: Tuesday, Wednesday, and Thursday.

Koha/donation may apply. No referral required.

**Classification : FVSS**

**Home and Family Counselling Inc: North Shore Office**

FSD0015867 Last updated 16/06/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. Chinese counsellor available. Professional, experienced counsellors provide high quality services from our long-standing well-respected independent organisation.

2a Seaview Avenue Auckland 0627



Northshore@hfc.org.nz  Monday - Friday 9am - 5pm, Saturday 9am -

|  |  |
| --- | --- |
| (09) 419 9853  http://www.homeandfamily.org.nz | 2pm.  Koha/donation may apply.  Referral may apply. |

**Homebuilders Family Services - North Rodney (Inc.)**

FSD0006019 Last updated 21/08/2020

Homebuilders Family Service is an independent, community based family support agency. We work to support families under stress in ways that enable them to resolve current difficulties and acquire, or consolidate the skills and resources necessary to enable future difficulties to be successfully resolved.

5 Hexham Street Warkworth



homebuildersfs@gmail.com  Monday to Friday 9am - 12pm

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| --- | --- |
| (09) 425 7048 http://homebuildersfs.org    **Classification : FVSS**    **Hope Food Bank** | All services free of charge. No referral required. |
| FSD0024314 | Last updated 18/08/2020 |

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

44H4 Portage Road New Lynn Auckland 0600



hopecentrefoodbank@gmail.com  Open Wednesday Thursday and Friday's from

(021) 080 48436 10am to 2:45pm

All services free of charge. No referral required.

**Hope Unlimited Trust**

FSD0008101 Last updated 10/01/2021

We offer holistic, affordable, professional counselling and social services supporting parents and their families.

Our services include Counselling, Community Support, and Programmes: - Men's Living In Harmony/emotional intelligence/mana building; Women's Self Esteem /Personal

Development/Living in Harmony/Emotional management; plus a connect group; Parenting

Toolbox 6-12yr-olds & Teenagers; Building Awesome Whanau; and Blended Families Programmes.

We have male & female counsellors, and we provide day & evening appointments.

46 John Street Pukekohe 2120



hope@hopeunlimitedtrust.org.nz  9am - 8pm, Monday to Friday. Sometimes

|  |  |
| --- | --- |
| (09) 239 1823 http://www.hopeunlimitedtrust.org.nz      **Hospice West Auckland** | Saturday  Some charges may apply. No referral required. |
| FSD0008175 | Last updated 03/08/2020 |

Hospice West Auckland provides free specialist palliative care and support to the people of West Auckland during terminal or life-limiting illness. Our unique blend of holistic care extends to families/whanau and carers and we offer our services both at Hospice House and in patients home.

52 Beach Road Te Atatu Peninsula Auckland 0610



info@hwa.org.nz  Office Hours 8.30 - 5 (09) 834 9750 Clinical Services 24/7

http://www.hwa.org.nz All services free of charge.

No referral required.

**Howick Leisure Centre**

FSD0022362 Last updated 21/07/2020

Howick Leisure Centre provides Holiday programmes during school holiday periods.

We also offer recreation activities for all ages. We have a fitness centre/gym as well as a child care facility that services the community.

563 Pakuranga Road Highland Park Auckland 2010



howickleisure@aucklandcouncil.govt.nz  Monday - Friday 7.30am-7.00pm

(09) 261 8436 Weekends 8am-4pm

https://aucklandleisure.co.nz/locations/ho Some charges may apply. wick-leisure-centre/ No referral required.

**Classification : OSCAR**

**Huakina Development Trust**

FSD0005729 Last updated 14/09/2020

Huakina has a mission statement to "Unleash the Potential of People" and they stand by it with passion. To provide support in health & wellbeing, education and environmental issues to the community.

15-17 Roulston Street Pukekohe



admin@huakina.co.nz  8.30 am - 5.00 pm Monday to Friday

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| (09) 238 0250 http://www.huakina.co.nz    **Classification : FVSS, OSCAR**    **Huapai District School** | All services free of charge. Referral may apply. |
| FSD0024283 | Last updated 14/08/2020 |

Huapai plus provides Before, After school & Holiday programmes for children aged 5-13 years old operated at Huapai District School. We are fully OSCAR approved which means our services are regularly audited and are eligible for childcare subsidies through Work and Income New Zealand.

40 Station Road Huapai Kumeu 0810



huapaiplus@huapaidistrict.school.nz  Monday - Friday Before school 7am-8:30am,

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| (027) 359 5026 https://www.facebook.com/Huapaiplus    **Classification : OSCAR** | After School 3pm-6pm & the school holidays  7am-6pm  All services free of charge.  No referral required. |

**Humanitarian Organization for Poverty Eradication**

FSD0024470 Last updated 03/12/2020

HOPE is a faith based Humanitarian Organization for Poverty Eradication. HOPE has been striving to help the marginalized communities through interventions in different sectors. Cultural diversity and Connection Program to enhance the cultural well-being of communities, individually and collectively. Bringing different cultures together helps families and individuals celebrate and reinforce their traditional values, traditions and language. We provide practical, financial and psycho-social assistance to vulnerable people, foster connections between communities, and educate the wider community of the needs, strengths and aspirations of these groups. FOOD WATCH PROGRAM addresses the food needs of those families who have low income and, for a number of reasons, cannot access MSD food grants or other mainstream foodbanks.

We also run community meals to foster community participation.

176A Lincoln Road Henderson Auckland 0610



hopeworldwide@xtra.co.nz  Food Watch Program runs Thursday only 12pm -

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| (021) 025 44023 (021) 139 8996 http://www.hopeworldwide.org.nz | 4 pm  Koha/donation may apply.  No referral required. |

**Hunters Corner Community Link**

FSD0007901 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

139 Great South Road Hunters Corner Manukau 2025



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Immanuel Preschool - Favona Road**

FSD0023468 Last updated 12/04/2021

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

15 Favona Road Favona Auckland 0600



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

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| --- | --- |
| (09) 962 5237 (0800) 338 583 http://www.immanuelpreschool.ac.nz      **Immanuel Preschool - Mangere** | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply. No referral required. |
| FSD0023462 | Last updated 12/03/2021 |

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

55 Hokianga Street Mangere East Auckland 2024



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

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| (09) 277 9409 (021) 022 45322 http://www.immanuelpreschool.ac.nz | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply.  No referral required. |

**Immanuel Preschool - Otara**

FSD0023461 Last updated 12/04/2021

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

55 Clayton Avenue Otara Auckland 2023



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

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| (09) 271 1412 (021) 022 45322 http://www.immanuelpreschool.ac.nz | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply.  No referral required. |

**Immanuel Preschool - Papatoetoe**

FSD0023460 Last updated 23/03/2021

To provide great opportunities to bring out the best from each child. We are highly focused on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

184 Portage Road Papatoetoe Auckland 2025



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

|  |  |
| --- | --- |
| (021) 022 45322 (09) 279 4879 http://www.immanuelpreschool.ac.nz | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply.  No referral required. |

**Impact Research NZ**

FSD0019845 Last updated 15/03/2021

Offers organisational capability mentoring. Please see service detail for more information.

46H Stanley Street Parnell Auckland 1051



DrAnnie.Weir@impactresearch.org.nz  9am - 5.30 pm Monday - Friday

(027) 612 4335 Some charges may apply. http://www.impactresearch.org.nz Referral may apply.

**In-Work NZ Ltd**

FSD0020335 Last updated 09/02/2021

Preparing job seekers registered with Work and Income to re-enter the workforce, assisting clients of Work and Income into employment, providing transitional and on-going supporting for new employees and family/whanau while at work and retaining people in work, to achieve sustainable and social outcomes.

482 Te Atatu Road Te Atatu Peninsula Auckland 0651



info@inwork.co.nz  8.30am - 5.00pm Monday to Friday

(09) 834 1482 All services free of charge.

(0800) 478 902 Referral may apply. http://inwork.co.nz

**Classification : PACIFIC**

**Independent Living Service Charitable Trust**

FSD0003330 Last updated 19/04/2021

The Independent Living Service (ILS) provides free disability information and advice in accessible formats for disabled people, their families, whanau and support networks.

Our Royal Oak, Botany & Browns Bay stores have a large range of assistive products available for purchase and mobility equipment for hire - making daily living easier for you, a family member or someone you're supporting.

Our aim is to assist you in making informed decisions on accessing services or choosing products that will assist you in your daily life. We do this by giving you options about what services and products are available.

Our mobile information and equipment service, ILS Mobile is available to present at your next group meeting. This service covers the greater Auckland region. Enjoy an interactive presentation, demonstration of assistive products, and mobility safety checks for walking sticks & walkers. EFTPOS facilities available if you'd like to purchase products.

14 Erson Avenue Royal Oak Auckland 1061



info@ilsnz.org  Royal Oak Store (14 Erson Ave): Mon-Fri: 9am-

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| (0800) 625 100 (09) 625 0322 http://www.ilsnz.org      **Inner City Women's Group** | 5pm, Sat: 9am-4pm  Botany Store (308 Te Irirangi Drive): Mon-Fri:  9am-5pm, Sat: 9am-4pm  Browns Bay Store (13-15 Bute Rd): Mon-Fri: 9am-5pm, Sat: 9am-4pm Some charges may apply. No referral required. |
| FSD0003518 | Last updated 09/10/2020 |

Inner City Women's Group are DV specialists who provide programmes and support that empower women affected by domestic violence and abuse. Our services are free and available Auckland wide to any women.

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| tammy@icwg.org.nz  (09) 360 4933  (09) 279 8727 http://www.innercitywomensgroup.org.nz    **Classification : FVSS**    **Inspiring Futures** | 8:30am - 4:30pm, Monday to Friday | |
| Koha/donation may apply. Referral may apply. |  |
| FSD0024398 |  | Last updated 23/09/2020 |

Inspiring the younger generation to keep active in a fun and safe environment.

We run a dynamic play sessions for boys and girls aged 2-7, using rugby skills to make your

child's development more fun!

Our fun, structured play sessions take children on a journey of sporting imagination with engaging and energetic coaches supporting them every step of the way whilst teaching how to catch, pass, kick, run with the ball and play as part of a team.

34 Bellfield Road Opaheke Papakura 2113



onehunga@rugbytots.co.nz  Classes are on Saturdays during school terms

(021) 088 14242 8am - 11am https://www.rugbytots.co.nz/

Can be contacted anytime of the day by phone or email

Some charges may apply. No referral required.

**Integrity Professionals Ltd**

FSD0019844 Last updated 08/06/2020

Offers organisational capability mentoring including expertise in assisting Pacific/Maori providers.

Please see service detail for more information.

nadeen@ipro.org.nz  9am-5pm

(021) 228 2829 Some charges may apply. http://www.ipro.org.nz Referral may apply.

**Iosis**

FSD0003294 Last updated 17/12/2020

Iosis is committed to transforming family life for good. Many families who access our services have complex issues and needs with limited resources. We provide a range of services addressing issues of parenting, family violence, relationships, safety of children, housing, finances, education, addictions etc, We are based in Manurewa and work across South Auckland.

Merivale Whanau Development Centre is a parenting residential programme for women and children. These families are referred by Oranga Tamariki and engage in our programme for a minimum of 6 months. It is our hope that through their engagement and successful completion these mothers will retain the care of their children. Referrals can be received from across the greater Auckland region and in some circumstances beyond Auckland.

112C Russell Road Manurewa Manukau City



enquiries@iosis.org.nz  Monday to Friday 8:30am to 5:00pm

(09) 269 0050 Some charges may apply. http://www.iosis.org.nz Referral may apply.

**Classification : BFC, FVSS, PACIFIC**

**Jenny Jackson, Family Therapist/Counsellor**

FSD0008250 Last updated 30/03/2021

Counselling for teenagers, adults and families. Member of NZAC (New Zealand Association of Counsellors). Anxiety, depression, anger, grief/loss, relationships, bullying, stress, parenting/behaviour issues, supervision of counsellors/students/pastoral staff. Services offered face to face and online via skype or zoom.

Suite 2 518 East Coast Road Windsor Park Auckland 0630



jenny@jacksoncounselling.co.nz  Weekdays 9am to 6pm

(021) 167 0308 Some charges may apply.

(09) 478 2501 No referral required.

http://www.jacksoncounselling.co.nz

**Jigsaw Afterschool Centre**

FSD0021655 Last updated 22/08/2020

Jigsaw has been operating since 1987, providing care for children after school and in the school holidays. We are a registered centre, in a purpose built building in Mt Eden, and provide a wide range of activities for children, which include cooking, art and craft, tennis, and various leisure activities. Many outdoor pursuits and activities are also provided in the school holiday programme.

19 View Road Mt Eden kamiskis@hotmail.com (027) 277 7714



After school hours 3 - 6 pm. Monday to Friday. On the days the school closes early we also provide care School holiday hours 7.45am6pm. Monday to Friday.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Jody Allen Counselling**

FSD0016362 Last updated 19/03/2021

Couple counselling for relationship difficulties and individual counselling for grief, depression, anxiety, stress, motivation, trauma and CBT based therapies. Jody also provides professional supervision for other practitioners.

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| kidzsocialservices@xtra.co.nz (027) 403 6422      **JPS Counselling** | Works out of Pukekohe and Tuakau Some charges may apply. No referral required. |
| FSD0023100 | Last updated 12/04/2021 |

My counselling services are for anyone who is searching for help with answers to problems that they feel unable to cope with on their own.

1-3 Poynton Terrace Newton Auckland 1145 jpscounselling@gmail.com  Appointments available Monday to Saturday.



(020) 4171 0683 Available for contact 7 days. https://www.facebook.com/jpscounselling Some charges may apply. nz/ No referral required.

**JTP Consultants Limited**

FSD0021412 Last updated 08/03/2021

JTP Consultants Limited T/A Te Kotahitanga Training is an NZQA Category 2 Accredited and Registered Maori Private Training Establishment. We offer vocational training and employment placement support to adult learners in the South Auckland Region.

 28 Frances Street Manurewa Auckland 2102

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| tekotahitanga@xtra.co.nz  (09) 267 1704      **Juliette Baertschi** | Monday - Friday 8.00am - 4.00pm All services free of charge. Referral may apply. |
| FSD0015307 | Last updated 26/08/2020 |

I have experience in working with individuals (adults and adolescents) as well as couples. I work with a variety of issues including: grief, loss, depression, self esteem, identity issues, anxiety and relationships difficulties. I have expertise in supporting both women and their partners through pregnancy, miscarriage and post-termination related issues. In addition I have extensive experience in providing domestic violence counselling including physical, emotional and psychological abuse.

Youthline House 13 Maidstone Street Ponsonby Auckland



(021) 082 39385  Normal business hours Monday to Friday - 9am (09) 376 6645 to 5pm to make an appointment. After hrs

appointments can be discussed. Clients seen through Youthline premises.

Some charges may apply. No referral required.

**Kaipatiki Community Facilities Trust**

FSD0016987 Last updated 04/12/2020

We work in a partnering model with the Kaipatiki Local Board, through a community development and empowering model and provide the provision of key community activities, projects and events in local neighborhoods.

We also provide Community support and information around youth employment and youth projects, general community knowledge and support.

Kaipatiki Community Facilities Trust aims to create a sustainable community.

 Kaipatiki Community Hub 15 Chartwell Ave Glenfield Auckland 0629

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| bntrust@xtra.co.nz (09) 484 8854 (027) 483 4511 http://www.kaipatikicommunityfacilitiestrus t.org.nz      **Kaleidocare** | Monday to Friday  All services free of charge. No referral required. |
| FSD0022937 | Last updated 23/07/2020 |

Provide day service programme for young adults with High and Complex special needs.

OSCAR approved After school and Holiday programme for young children with special needs.

6C Cape Hill Road Pukekohe 2120



office@kaleidocare.co.nz  8.30am - 5.30pm Monday to Friday

(09) 239 3701 Some charges may apply. http://www.kaleidocare.co.nz Referral may apply.

**Classification : OSCAR**

**Karma Kids**

FSD0022045 Last updated 28/04/2021

Karma Kids is an OSCAR approved organisation providing After Schoolcare to children at Westmere Primary School. Karma Kids provides a high quality program with trained, caring staff and the amazing resources for children. Activities include sports, crafts, dance, art, games and more - we even have a resident clown.

23 Picton Street Freemans Bay Auckland 1011



admin@karmakids.co.nz  Currently running ASC only.

(027) 668 4655 8.00AM to 6.00PM Mon-Fri (Head Office) (027) 451 4863 7.30AM to 8.30AM (BSC)

2.30PM to 6.00PM (ASC)

8.00AM to 6.00PM (Holidays) Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Kelly Club Albany**

FSD0024059 Last updated 21/09/2020

Kelly Club Albany provides OSCAR approved Before School Care, After School Care and Holiday Programmes at Albany Primary School.

Albany Primary School 6 Bass Road Albany Auckland 0632



albany@kellyclub.co.nz  Mondays-Fridays

(022) 693 7732 Before School 7-830am

http://www.kellyclub.co.nz/albany After School 3-6pm

Holiday Programme 7am-6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Avondale**

FSD0021945 Last updated 24/11/2020

We are a before and after school care provider and also a holiday programme provider run out of Avondale Primary School. We cater for primary school aged children 5-13yrs. Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the holiday programme we go on trip days.

Avondale Primary School 4 Crayford Street West Avondale Auckland



avondale@kellyclub.co.nz  Our venue times vary but 8am - 5pm office

(09) 427 9377 hours.

(021) 120 5575 Some charges may apply. http://kellyclub.co.nz No referral required.

**Classification : OSCAR**

**Kelly Club Bayswater Limited**

FSD0021402 Last updated 17/01/2021

To offer the children of Bayswater and Belmont School a Before and After School option where they can relax and enjoy themselves in a safe environment.

We offer:

\*Sports

\*Arts and Crafts

\*Cooking

Throughout a normal week, the session times are 7am-8.30am and 3pm-4.30pm or 3pm to 6pm.

181 Bayswater Avenue Bayswater North Shore City 0622



bayswater@kellyclub.co.nz  Morning session: 7am-8.30am

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| (022) 301 8610 (027) 278 4254 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Beachlands** | Afternoon half session: 3pm-4.30pm Afternoon full session: 3pm-6pm Some charges may apply. No referral required. |
| FSD0024090 | Last updated 27/09/2020 |

Kelly Club provides OSCAR approved Before and After School Care within the school grounds on a daily basis.

We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide quality childcare in safe and fun surroundings for children out of school. Our before and aftercare programmes are focused around sports, cooking, art and craft activities as well as relaxation time around a busy day at school. Children will be encouraged, educated and entertained during their time on our programmes.

Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid, art and craft activities and a range of basic sports skills.

18 Bell Road Beachlands Auckland 2018



beachlands@kellyclub.co.nz  Daily,

(021) 204 3824 Before School Care 7:00am to 8:15am (021) 733 714 Afterschool care 2:30pm to 6:00pm.

http://kellyclub.co.nz/beachlands Daily during school holidays 7:00am to 6:00pm

Plus Teacher Only Days Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Buckland**

FSD0024408 Last updated 02/10/2020

At Kelly Club Buckland, we offer quality, OSCAR approved before and after school care in safe and supportive surroundings, with programmes that are tailored to your kids' ages and skill levels.

Our dedicated and passionate staff are fully trained in all aspects of looking after your children.

72 George Crescent Buckland 2677



buckland@kellyclub.co.nz  After School Care

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| (021) 087 49579 https://www.kellyclub.co.nz/buckland    **Classification : OSCAR**    **Kelly Club Chelsea** | Monday to Friday - 3 pm to 6 PM  Holiday Programme  Monday to Friday - 7:30 am to 5:30 pm  Before School care  7:00 am - 8:30 am Some charges may apply. No referral required. |
| FSD0023011 | Last updated 19/02/2021 |

Provides before school care, after school care and holiday programmes at Chelsea Primary School.

Chelsea Primary School (corner Balmain Rd) 6 Onetaunga Rd Chatswood Auckland 0626 chelsea@kellyclub.co.nz  School Term time Mondays-Fridays



(022) 268 21155 Before Care 7.30-8.30am

https://kellyclub.co.nz/chelsea After Care 3-4.30pm or 3-6pm

School Holidays

8am - 6pm (with half day and school day options)

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Clevedon**

FSD0024034 Last updated 01/10/2020

Kelly Club Clevedon OSCAR approved programmes are packed with variety to entertain and inspire children.

Our goal is to give children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We use a professional programme model and have local people take control of the programme, this means Kelly Club programmes best meet the needs of the local community.

Programmes are focused around sports, cooking, trips, art and craft activities, as well as relaxation time around a busy life at school.

Children are encouraged, educated and entertained during their time on our programmes.

13 North Rd Clevedon Auckland 2580



clevedon@kellyclub.co.nz  7am-6pm Monday - Friday

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| (021) 082 00679 http://www.kellyclub.co.nz/clevedon    **Classification : OSCAR**    **Kelly Club Edendale Limited** | Some charges may apply. No referral required. |  |
| FSD0023933 |  | Last updated 22/04/2021 |

Children can have fun and benefit in a number of ways.

Kelly Club OSCAR approved programmes are packed with variety to entertain and inspire children.

Our goal is to give children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We use a professional programme model and have local people take control of the programme, this means Kelly Club programmes best meet the needs of the local community.

Programmes are focused around sports, cooking, trips, art and craft activities, as well as relaxation time around a busy life at school.

 Edendale Primary School 419 Sandringham Road Sandringham Auckland 1025

edendale@kellyclub.co.nz (021) 072 1723 https://www.kellyclub.co.nz/

**Classification : OSCAR**

**Kelly Club Elim Limited**

FSD0024212

1. - 8.30am and 2pm - 6pm during the SchoolTerm

7.30 - 6pm during School Holidays

Closed on public holidays Some charges may apply. No referral required.

Last updated 26/04/2021

We offer a range of activities that the children can be involved in while they are in our OSCAR approved programmes.

We run after school 3.00pm - 6pm, during term time.

Holiday Programmes open at 8am and close at 6pm.

We have a range of activities from sports, crafts, baking, scavenger hunts and trip days.

Something for everyone!

94 Golfland Drive Golflands Auckland 2013



elim@kellyclub.co.nz  Term time after school, and all day during

(021) 156 6256 holiday programmes

http://www.kellyclub.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kelly Club Glenbrook**

FSD0024033 Last updated 09/10/2020

Kelly Club Glenbrook provides OSCAR approved after school care to children attending Glenbrook School.

459 Waiuku Road RD1 Franklin 2681



glenbrook@kellyclub.co.nz  Monday - Friday (except public and school

(022) 647 8228 holidays)

http://kellyclub.co.nz 2:40pm-6:00pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Long Bay**

FSD0022122 Last updated 17/01/2021

We offer fun, engaging Before, After School Care and Holiday Programmes at Long Bay Primary School. A place where the children can enjoy themselves as well as making new friends along the way.

Long Bay Primary School - Ralph Eagles Place Long Bay Auckland



longbay@kellyclub.co.nz  Before School Care: 7.00am-8.30am (027) 363 3329 After School Care: 3.00pm-6.00pm http://kellyclub.co.nz Holiday Programme: 7.00am-6.00pm

Contactable throughout the day via phone or email for enquiries.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Marist School Herne Bay**

FSD0022457 Last updated 04/02/2021

Kelly Club Marist Herne Bay providing a Programme of FUN filled activities, Arts & Crafts, Sports, Discovery, Cooking & development for Before Care/After School Care and Holiday Progammes to the Community of Herne Bay/Ponsonby and also the wider Community.

 82 Kelmarna Ave Auckland 1011

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| marist@kellyclub.co.nz (022) 192 6889 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Newmarket** | 2.50 - 6pm, Monday - Friday during the School Term. 7am - 6pm, Monday - Friday during the School Holidays.  Some charges may apply. No referral required. |
| FSD0022015 | Last updated 02/02/2021 |

Kelly Club Newmarket provides OSCAR approved before and after school care. Our aim is to provide not just "a childcare facility", but to run programmes in a safe environment that entertain and inspire children.

7-11 Gillies Avenue Newmarket Auckland 1023



newmarket@kellyclub.co.nz  2.50pm - 6pm Monday - Friday During the

(021) 083 49109 School Term and 7am - 6pm during the school https://www.kellyclub.co.nz/ holiday periods.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club NZ**

FSD0021425 Last updated 25/04/2021

Kelly Club provide OSCAR beforecare, aftercare and holiday programmes throughout New Zealand. Our aim is to provide not just "a childcare facility", but to run programmes in a safe environment that entertain and inspire children.

paul@kellyclub.co.nz  Monday - Friday

(021) 409 241 7.00am - 6.00pm (09) 427 9377 Some charges may apply. http://www.kellyclub.co.nz No referral required.

**Classification : OSCAR**

**Kelly Club Orewa Ltd**

FSD0021460 Last updated 24/11/2020

We are a before and after school care provider and also a holiday programme provider run out of Orewa Primary School. We cater for primary school aged children 5-13yrs.

Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the holiday programme we go on trip days.

86 Maire Rd Orewa Auckland 0932



orewa@kellyclub.co.nz  Our venue times vary but 8am - 5pm office

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| (09) 427 9377  (021) 070 8839 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Orewa North** | hours.  Some charges may apply. No referral required. |
| FSD0024046 | Last updated 20/09/2020 |

Kelly Club childcare OSCAR approved programmes focus on giving children aged between 5 and 12 the opportunity to do things they enjoy in a safe, supportive and encouraging environment. Kelly Club programmes are packed with variety to entertain and inspire children. Programmes are full of exciting activities and trips that will guarantee your children have a great time!

Orewa North School 280 Centreway Rd Orewa Auckland 0932



orewanorth@kellyclub.co.nz  Monday-Friday 7am-8-30am Before school care (021) 195 1562 and 2-45-6pm after school care.

http://www.kellyclub.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kelly Club Point Chevalier**

FSD0024374 Last updated 14/09/2020

OSCAR Approved Before and Aftercare and Holiday programmes.

 7-31 Te Ra Road Point Chevalier Auckland 1022

ptchev@kellyclub.co.nz (022) 699 0573 http://kellyclub.co.nz

**Classification : OSCAR**

**Kelly Club Red Beach**

FSD0021934

7am - 8.30 M-F during the term

2pm - 6pm M-F During school term 7.30am - 6pm During the School Holidays Some charges may apply. No referral required.

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| We are a before and after school care provider and also a holiday programme provider run out of Red Beach Primary School. We cater for primary school aged children 5-13yrs. Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the holiday programme we go on trip days.  Red Beach School 20 Albert Hall Drive Red Beach Auckland 0932  redbeach@kellyclub.co.nz  Our venue times vary but 8am - 5pm office   |  |  | | --- | --- | | (09) 427 9377  (021) 189 3484 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Royal Oak** | hours.  Some charges may apply. No referral required. | | FSD0024029 | Last updated 31/08/2020 |   Kelly Club provide OSCAR beforecare, aftercare and holiday programmes throughout New  Zealand. Our aim is to provide not just "a childcare facility", but to run programmes in a safe |

Last updated 24/11/2020

environment that entertain and inspire children.

3 Chandler Avenue Royal Oak Auckland din@kellyclub.co.nz http://kellyclub.co.nz



Mondays-Fridays (Term) 7:00-8:30am and 3:00-

6:00pm

Mondays-Fridays (School Holidays) 7:00am-

6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Silverdale**

FSD0023258 Last updated 01/08/2020

We run OSCAR approved before school care, after school care and holiday programmes

Level 1 2 Milner Avenue Silverdale 0932



silverdale@kellyclub.co.nz  Before School Care- 7am-8-30am

(021) 146 4463 After School Care- 3pm-6pm

http://www.kellyclub.co.nz/silverdale Holiday Programme- 7am-6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Snells Beach**

FSD0024045 Last updated 20/09/2020

We run OSCAR approved Before and After School care, and Holiday programmes.

Snells Beach School 62 Dawson Rd Snells Beach Auckland 0932



snellsbeach@kellyclub.co.nz  Before School Care- 7am-8-30am After School (021) 195 4227 Care- 3pm-6pm Holiday Programme- 7am-6pm.

http://www.kellyclub.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kelly Club St Thomas's**

FSD0024041 Last updated 19/10/2020

We offer OSCAR approved quality Before and After School Care during term time for students at St Thomas's school.

We also run awesome school Holiday programmes that are available to children outside of the school between the ages of 5 and 13.

School Hall 113 Allum St Kohimarama Auckland 1071



stthomas@kellyclub.co.nz  Monday - Friday 7:00am-8:30am and 3:00pm(021) 080 33666 6:00pm during term (excludes public and school https://kellyclub.co.nz/kelly\_events/view/8 holidays)

816 Monday - Friday 7:30am-5:30pm during school

holidays (this excludes public holidays).

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Stanhope Road**

FSD0024173 Last updated 04/03/2021

Kelly Club Stanhope Road provides OSCAR approved before and after school care and holiday programmes run within the school grounds.

Suite 1 2 Harris Road Mount Wellington Auckland 1051



stanhoperoad@kellyclub.co.nz  Monday - Friday 7:00am - 8:30am and 3:00pm -

(021) 980 050 6:00pm during term time (excludes public https://www.kellyclub.co.nz/stanhope-road holidays)

Monday - Friday 7:30am - 5:30pm during school holidays (excludes public holidays) Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Stanmore Bay**

FSD0021944 Last updated 09/06/2020

We are a before and after school care provider and also a Holiday Programme provider run out of Orewa, Orewa North, Red Beach, Stanmore and Silverdale Primary Schools. We cater for primary school aged children 5-13yrs. Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the Holiday Programme we go on trip days.

 Stanmore Bay School 30 Waiora Road Stanmore Bay Whangaparaoa 0931

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| hbc@kellysports.co.nz  (09) 427 9377  (021) 146 4463 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Stonefields** | Our venue times vary but 8am - 5pm office hours.  Some charges may apply. No referral required. |
| FSD0021950 | Last updated 19/06/2020 |

Kelly Club Stonefields providing a Programme of FUN filled activities, Arts & Crafts, Sports, Discovery, Cooking & development for Before Care & After School Care to the Community of Stonefields and also the wider Community.

81 Tihi Street Orakei Auckland 1060



stonefields@kellyclub.co.nz  Monday to Friday

(021) 028 89746 7am - 6pm

http://www.kellyclub.co.nz Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**Kelly Club Sunnyhills**

FSD0023269 Last updated 14/09/2020

Kelly Club provides before and after school care within the school grounds on a daily basis. We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide quality childcare in safe and fun surroundings for children out of school. Our before and aftercare programmes are focused around sports, cooking, art and craft activities as well as relaxation time around a busy day at school. Children will be encouraged, educated and entertained during their time on our programmes.

Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid, art and craft activities and a range of basic sports skills.

 17 The Crest Sunnyhills Auckland 2010

sunnyhills@kellyclub.co.nz (09) 212 8658 (021) 131 7216 http://kellyclub.co.nz/sunnyhills

**Classification : OSCAR**

**Kelly Club Three Kings**

FSD0024030

School Term:

Before School care 7:00am - 8:30am

After School Care 3:00pm - 6:00pm

School holidays:

Daily 7:00am to 6:00pm

Some charges may apply. No referral required.

Last updated 31/08/2020

Kelly Club provide OSCAR beforecare, aftercare and holiday programmes throughout New Zealand. Our aim is to provide not just "a childcare facility", but to run programmes in a safe environment that entertain and inspire children.

944 Mt. Eden Road Mt. Roskill Auckland 1024



din@kellyclub.co.nz  Mondays-Fridays (Term) 7:00-8:30am and 3:00http://kellyclub.co.nz 6:00pm

Mondays-Fridays (School Holidays) 7:00am-

6:00pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Valley**

FSD0024032 Last updated 09/10/2020

Kelly Club Valley provides OSCAR approved before and after school care for children aged between 5-13 years and operates out of the Valley School hall.

42 East Street Auckland



natalie@kellyclub.co.nz  Kelly Club Valley is open Monday to Friday

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| (027) 467 3261 http://kellyclub.co.nz | (except public and school holidays) from 7:00am-8:30am and 3:00pm-6:00pm.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Kelly Club Wellsford**

FSD0022843 Last updated 13/09/2020

We are an OSCAR approved Before and After school care provider and also an OSCAR approved Holiday Programme provider run out of Wellsford Primary School. We cater for primary school aged children 5-13yrs. Our programmes offers various activities from baking, arts'n'crafts, sports and in the Holiday Programme we offer trip days.

Wellsford School 47 School Road Wellsford Auckland 0900



wellsford@kellyclub.co.nz  Our after school care programme operates 3pm (021) 176 9290 6pm. Our holiday programme operates 07:45am https://www.kellyclub.co.nz/ - 5:45pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Willowbank Ltd**

FSD0023433 Last updated 24/11/2020

We offer a range of activities that the children can be involved in while they are in our OSCAR approved programmes.

We run before school from 7am-8.30am and after school 3.00pm - 6pm, during term time, at Willowbank School.

We also run holiday programmes opening at 7am and close at 6pm.

We have a range of activities from sports, crafts, baking, scavenger hunts and trip days.

Something for everyone!!

 56 Middlefield Drive East Tamaki Heights Auckland 2016

willowbank@kellyclub.co.nz  Term time before and after school, and all day

(09) 427 9377 during holiday programmes (021) 195 4822 Some charges may apply. http://www.kellyclub.co.nz No referral required.

**Classification : OSCAR**

**Kelly Sports East Auckland**

FSD0023299 Last updated 11/11/2020

We provide quality sporting opportunities for children as well as a quality fun and activity based holiday programme for 5-13 year olds. OSCAR approved.

Howick Pakuranga Netball Centre 451 Pakuranga Road Highland Park Auckland 2010 eastauckland@kellysports.co.nz  7am-6pm Mon-Fri during School Holidays



(021) 746 637 Some charges may apply. http://www.kellysports.co.nz/east- No referral required. auckland

**Classification : OSCAR**

**Kelly Sports Glenfield/Birkenhead**

FSD0022192 Last updated 04/10/2020

Kelly Sports encourages kids to have fun, build confidence and to give sport a go. We are passionate about what we do because we believe that sport has so much to offer young people. Sport and physical activity improves fitness, builds confidence, develops communication skills, teaches respect and consideration and gives children a place to channel their energy.

Kelly Sports G/B runs sports based holiday programmes from Target Road School, Glenfield, Auckland. Also after school programmes at various school in the Auckland Kaipatiki district.

felicia@kellysports.co.nz  8.00am - 6.00pm Mon - Friday

(022) 533 5420 Some charges may apply.

(09) 390 5000 No referral required. http://kellysports.co.nz

**Classification : OSCAR**

**Kelly Sports Papakura Franklin**

FSD0022825 Last updated 09/10/2020

Kelly Sports Papakura Franklin operates an OSCAR approved school holiday programme out of Valley School in Pukekohe for children between the ages of 5 - 13. We run a variety of sport based activities that help children gain and develop fundamental sporting skills as well as fair play and cooperation. We also offer games, food and craft activities, along with structured free time.

42 East Street Pukekohe



valley@kellyclub.co.nz  Monday to Friday during the school holidays

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| --- | --- |
| (021) 258 9040 http://www.kellysports.co.nz    **Classification : OSCAR** | (except public holidays) between the hours of 7:30am - 5:30pm.  Some charges may apply.  No referral required. |

**Kereru Psychotherapy and Counselling Services Ltd**

FSD0015078 Last updated 05/10/2020

We specialise in working with children, young people, adults and families/whanau with a range of issues. We offer critical incident debriefing, cultural and clinical supervision and consultancy services. Our service specialises in indigenous models of practice.

Presenting issues may include parenting, fertility issues, alienation and dispossession, mens issues, depression, anger management, developmental and attachment issues, grief and loss, mental health issues, sexuality, difficult behaviours, medical illness and more.

33 Mokoia Road Birkenhead Auckland 0626



kereru.psychotherapy@gmail.com  Monday to Friday. Different practitioners work

(021) 251 2829 varying hours. (021) 034 0764 Some charges may apply. http://www.kidslink.co.nz/services- Referral may apply. view/kereru-psychotherapy-counselling/

**Key Assets**

FSD0021683 Last updated 22/01/2021

Key Assets provides Foster Care and related Children's Services for children in need of out of home care and protection or at risk of needing out of home care.

Using our Key Care Team model we provide a wrap-around service to ensure carers have the best support possible in order to care for children.

Level 1 5/17 Lambie Drive Manukau Auckland 2024



info@keyassets.co.nz  Service available 24/7 (09) 263 5151 Some charges may apply. http://www.keyassets.co.nz Referral may apply.

**Kiddie Academy ELC**

FSD0024444 Last updated 02/11/2020

Kiddie Academy is a beautifully designed, purpose built Early Childhood Education and Day Care Centre in Pukekohe.

We welcome you and your child/children to what we trust is an extension of your family life; one that understands the importance of maintaining a close relationship between your preschool child, their teacher and the family.

Your child/children will have a full nutritional meal service from breakfast to dinner and experience high quality care and early childhood education in a well-resourced centre in a nurturing, fun, loving and challenging environment.

Our well-equipped facilities will create a stimulating environment where children can feel safe and learn through their play in a natural and un-hurried way.

Our vibrant and qualified teaching team will be the best buddy when your child/children are away from home and provide inquiry based learning to stimulate their developing brain.

93 Victoria Street Pukekohe 2120 info@kece.co.nz (0800) 207000 http://www.kece.co.nz



Monday to Friday 7am - 6pm except public holidays Some charges may apply. No referral required.

**Kidney Kids NZ Incorporated**

FSD0000434 Last updated 30/11/2020

To provide emotional and practical support, information, education and assistance to children and the families of children living with kidney and urinary tract disease. To educate all New Zealanders about the early warning signs of Kidney Disease.

37 Wilkinson Road Ellerslie Auckland 1060



support@kidneykids.org.nz  Mon - Fri 8.30am - 5pm (0800) 215 437 All services free of charge. http://www.kidneykids.org.nz No referral required.

**Kids After School Care - Hauraki Primary School**

FSD0021229 Last updated 14/09/2020

OSCAR approved Before and After School Child Care provider at Hauraki Primary School, Takapuna, North Shore City.

Hauraki School 82 Jutland Road Takapuna Auckland 0622 kaschauraki@gmail.com  7.30-8.30 am



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| (021) 940 197 (021) 183 3595 http://www.hauraki.school.nz    **Classification : OSCAR** | 3.00-5.30 pm  Some charges may apply.  No referral required. |

**Kids After School Ltd - Bombay**

FSD0021331 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school care arrangements that will fit in with you.

35 Paparata Road Bombay



admin@kidsafterschool.co.nz  Before School 6.30am to 8.15am,

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| (09) 236 4078 (027) 694 3096 http://www.kidsafterschool.co.nz    **Classification : OSCAR** | After School 2.50pm to 6.00pm Holiday Programme 7.00am-6.00pm Some charges may apply.  No referral required. |

**Kids After School Ltd - Harrisville**

FSD0021645 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school care arrangements that will fit in with you.

202 Harrisville Road Taukau



admin@kidsafterschool.co.nz  Before school 6.30am to 8.30am.

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| (09) 236 4078 (027) 694 3022 http://www.kidsafterschool.co.nz | After school 3pm to 6pm.  Holiday programme 7am to 6pm.  Some charges may apply.  No referral required. |

**Kids After School Ltd - Karaka**

FSD0023336 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holidays care arrangements that will fit in with you.

12 Blackbridge Rd RD1 Papakura



admin@kidsafterschool.co.nz  6.30am-8.30am – Before School Programme

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| (09) 236 4078 (027) 694 3000 http://www.kidsafterschool.co.nz    **Classification : OSCAR** | After School 2.45pm-6.00pm Holiday Programme 8.00-6.00pm Some charges may apply.  No referral required. |

**Kids After School Ltd - Patumahoe**

FSD0021642 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holidays care arrangements that will fit in with you.

 38 Patumahoe Road Patumahoe

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| admin@kidsafterschool.co.nz  (09) 236 4078 http://www.kidsafterschool.co.nz    **Classification : OSCAR** | Before School 6.30am - 8.00am  After School 2.20pm to 6.00pm Holiday Programme 7.00am-6.00pm Some charges may apply.  No referral required. |

**Kids After School Ltd - Pokeno**

FSD0024168 Last updated 08/04/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school care arrangements that will fit in with you.

54 Pokeno Road Pokeno 2472



(09) 236 4078  6.30am-8.30am – Before School Programme

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| (027) 694 3025 http://www.kidsafterschool.co.nz    **Classification : OSCAR** | After School 3.00pm-6.00pm Some charges may apply.  No referral required. |

**Kids After School Ltd - Pukekohe Hill**

FSD0021633 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holidays care arrangements that will fit in with you.

12 Green Lane Pukekohe admin@kidsafterschool.co.nz  Before School 6.30am - 8.30pm.



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| (027) 694 3011 (09) 236 4078 http://www.kidsafterschool.co.nz    **Classification : OSCAR** | After School 3pm to 6pm. Holiday programme 7am to 6pm Some charges may apply.  No referral required. |

**Kids After School Ltd - Waiuku**

FSD0021643 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holiday care arrangements that will fit in with you.

- George Street Waiuku



admin@kidsafterschool.co.nz  Before School 6.30am - 8.30am,

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| --- | --- |
| (09) 236 4078 (027) 694 3020 http://www.kidsafterschool.co.nz | After School 3pm to 6pm,  Holiday Programme 7am to 6pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Kids at School Care**

FSD0022381 Last updated 29/09/2020

We offer an organised program that provides before/after & holiday school care. This care is provided in a safe, stimulating and fun program that meets the development, emotional, intellectual and physical needs of the children.

6 Waipareira Avenue Henderson Auckland 0610



nanettecarillo@yahoo.com  Monday to Friday

(021) 0265 3242 7:00-8:20am (09) 833 4338 3:00-5:45pm

https://sunderland.acgedu.com/school- Some charges may apply. information/after-schools- No referral required. careprogrammes/

**Classification : OSCAR**

**Kids Care**

FSD0018202 Last updated 14/08/2020

We provide a professional service with dedicated staff and our priority is to create a relaxed and friendly environment. We offer a safe and stimulating OSCAR approved programmes.

55 Meadowood Drive Unsworth Heights North Shore City



martinvr@xtra.co.nz  7.30am-9am Before school.

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| (021) 108 9904 (09) 478 9304 http://www.kids-care.co.nz    **Classification : OSCAR**    **Kids Choice Ltd** | 2.30pm - 6pm, after school care. 7.30am - 6pm holiday programme.  Some charges may apply. No referral required. |
| FSD0008211 | Last updated 12/08/2020 |

Provides OSCAR approved Before and After school care and School Holiday programmes for children aged 5 years old up to their 14th birthday. We cover all 'Teacher Only' days. We operate a free drop off/pick up service to/from the programme and several schools in the East Coast Bays area. We also take your child to their other sports & recreational activities free of charge. We are Social Sector accredited approved allowing for parents to apply for Work and Income subsidies towards the cost of out of school care.

 Presbyterian Church Hall plus St Johns Primary 10 Penzance Road Mairangi Bay Auckland 0632

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| kids.choice@infogen.net.nz  (027) 440 6363 (09) 478 3705 http://www.kidschoice.co.nz    **Classification : OSCAR**    **Kids Club @ Freyberg** | Before School 7am till 8.30am.  After School 3pm till 6pm.  School Holidays 7am till 6pm.  All 'Teacher only' days.  Some charges may apply.  No referral required. |  |
| FSD0021664 |  | Last updated 06/10/2020 |

Before School and After School Care and School Holiday Programmes.

60 Roberts Road Te Atatu South Auckland 0610



freybergkidsclub@gmail.com  Before School Care 7am - 8.30 am

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| (027) 351 0205 (09) 838 8941 http://www.duckndive.co.nz    **Classification : OSCAR**    **Kids Club Waitakere** | After School Care 3pm - 6pm  School Holiday Programme 7am - 6pm | |
| Some charges may apply. No referral required. |  |
| FSD0021936 |  | Last updated 12/01/2021 |

Before and After School Care Provider at Waitakere Primary School.

 Waitakere Primary School 10 Bethells Road Waitakere Auckland 0782

wensorholdings@titan.co.nz Monday - Friday

(027) 655 6398 7am - 8.30am

(027) 604 0907 3pm - 5.30pm

https://www.waitakereprimary.school.nz/b After hours 810 8335 or the School Office phone

efore-after-school-care 810 9607

Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Kids Crafty Clubs**

FSD0021894 Last updated 13/07/2020

We provide After School and Holiday Programme.

At Kids Crafty Clubs we offer the programmes that parents can rely on and children love to attend.

A safe, fun, supervised environment with lots to do.

118 Vincent Street Howick Auckland 2014



kidscraftyclubs@xtra.co.nz  Before school 7.00 to 8.30 am Owairoa and

(09) 535 5522 Botany school only

(09) 537 8522 After school programme 3 to 6 pm

http://kidscraftyclub.co.nz Holiday programme 7.30am to 6.00pm Monday

to Friday (closed public holidays) Some charges may apply. No referral required.

**Classification : OSCAR**

**Kids Knection Ltd**

FSD0017817 Last updated 15/04/2021

Kids Knection Ltd is an organised programme providing before care, after school and holiday care for children aged 5-13 years old. We are Ministry of Social Development OSCAR approved, so parents can be assured we provide a good quality programme.

 Held in Marina View School grounds 97-99 Marina View Dr West Harbour Auckland 0632

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| cplewinski@xtra.co.nz  (09) 415 8321  (021) 832 181 http://www.kidsknection.com    **Classification : OSCAR**    **Kids West Pomaria** | Before School Care: 7am - 9am Monday to Friday.  After School Care: 3pm - 6pm term time.  School Holidays - Open 7:45am - 6pm.  Some charges may apply. No referral required. |
| FSD0022167 | Last updated 28/01/2021 |

After school care for students aged between 5 and 14.

Pomaria Primary School 33a Pomaria Road Henderson 0610



kidswest123@gmail.com  School Term Time 2:45 - 5:30pm (021) 052 9418 Some charges may apply. https://www.facebook.com/Kids-West- No referral required. Pomaria-102529354803085/

**Classification : OSCAR**

**Kidsline**

FSD0003474 Last updated 22/12/2020

Kidsline is a free, nationwide telephone counselling serivce for children up to 18. Our service is free and confidential. Contacting Kidsline is easy. We are available 24/7 - call us on 0800 kidsline.

If you would like to speak with one of our Buddies call the same number between 4pm-9pm weekdays from your home phone or mobile phone.

Remember: It helps to talk.

 95 Great South Road Greenlane Auckland City

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| (0800) 543 754 http://www.kidsline.org.nz      **KidsRock Programmes** | We are a 24/7 service. Callers can talk to a trained Kidsline Buddy between 4 - 9pm | |
| weekdays.  All services free of charge.  Referral may apply. |  |
| FSD0021830 |  | Last updated 20/11/2020 |

Before School Care, After School Care and Holiday Programme.

25 Druces Rd Manukau 2104



office@kidsrock.org.nz  Office Hrs 7.30am- 6pm

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| (029) 570 5700    **Classification : OSCAR** | Some charges may apply. No referral required. |

**Kidz First - Child Development Team**

FSD0015244 Last updated 05/10/2020

A community based team, providing therapy and social work to enable children with special needs and their families/whanau to achieve their full potential in their daily lives.

We are an interdisciplinary, allied health team which includes Occupational Therapy,

Physiotherapy, Speech Language Therapy, Social Work and Visiting Neurodevelopment Therapy.

95 Wiri Station Road Manukau City Manukau 2104



healthinfo@middlemore.co.nz  8am to 4.30pm Weekdays (09) 263 0792 ext 53202 All services free of charge.

(09) 263 0790 Referral may apply.

http://www.countiesmanukau.health.nz

**Kidz in Care Limited - Skids Glenavon School**

FSD0022021 Last updated 19/06/2020

Provide Before / After School Care and Holiday Programme.

89 Vine Street Mangere East Auckland



ajneeta@skids.co.nz  7.30-8.30am Before School

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| (027) 627 5001 http://www.skids.co.nz/locations/glenavon/    **Classification : OSCAR** | 3 - 6pm After School 7.30am - 6pm Holiday time Some charges may apply.  No referral required. |  |
| **Kidz in Care Limited - Skids Koru** | |
| FSD0022845 | | Last updated 17/08/2020 |

Provide OSCAR approved before/after school care and holiday programme.

71 Robertson Road Favona Auckland 2024



koru@skids.co.nz  7.30-8.30am Before School 3 - 6pm After School (027) 627 5001 7.30am - 6pm Holiday time

(09) 558 3462 office Some charges may apply. http://www.skids.co.nz No referral required.

**Classification : OSCAR**

**Kidz in Care Limited - Skids Sutton Park School**

FSD0022020 Last updated 19/06/2020

Provide Before / After School Care and Holiday Programme.

340 Blockhouse Bay Road Auckland 0600



suttonpark@skids.co.nz  Before School Care = 7:30am-8:30am After

(027) 627 5001 School Care = 2:50pm-6:00pm Holiday

(0800) 543 922 Programme = 8:00am-6:00pm http://www.skids.co.nz/locations/sutton\_p Some charges may apply. ark/ No referral required.

**Classification : OSCAR**

**Kidz Patch @ Kauri Flats**

FSD0021498 Last updated 26/03/2021

After School care for 5-13 year olds at Kauri Flats School. OSCAR approved.

Kauri Flats School 181 Walters Road Takanini Auckland 2582



kidzpatch@gmail.com  Mon - Fri 2:45pm - 6pm (021) 170 2900 Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**Kidz Social Services**

FSD0017562 Last updated 08/01/2021

We are a counselling and social worker agency specialising in therapuetic work with children and their families/whanau.

8 Graham Street Pukekohe 2120



kidzsocialservices@xtra.co.nz  Contact by phone or email

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| (09) 238 1612  (027) 536 0612      **Kilkenny Kids** | Koha/donation may apply. No referral required. |
| FSD0021918 | Last updated 05/11/2020 |

Before and afterschool care and holiday programme at Point view school Howick/Botany.

Point View primary school 25 Kilkenny Drive Auckland 2016



simone@kilkennykids.co.nz  Term 3-5.45pm

(027) 477 8651 Holiday programme 8-5.30pm

http://www.kilkennykids.co.nz Closed public holidays Some charges may apply. No referral required.

**Classification : OSCAR**

**Kindred Family Services**

FSD0021342 Last updated 10/12/2020

Kindred Family Services provide the tools and resources that build resilience and offer hope so that a person can make positive change for the mutual flourishing of themselves, their whnau and in turn their community.

We work with people from crisis, to safety, resilience and towards a flourishing community and meet people wherever they are at on that journey.

Our crisis response includes a safe house for women and children escaping family violence, a 24/7 women's refuge crisis line and the Kai Collective foodbank providing wholesome nutritious meals to those in need.

Our other services include subsidised counselling, family support, men's and women's support groups, and programmes such as Strengthening Families, Pathfinders for children who have witnessed abuse and Seasons for Growth for youth experiencing loss.

Kindred Family Services was formed on 1 July 2020 by the formal merger ofKia Tmata An Women’s Refuge and the Helensville Women and Family Centre.

104 Commercial Road Helensville 0800



info@kindredservices.org.nz  Women's Refuge Crisis Line 24/7: 021 842 917 (09) 420 7992

(021) 842 917 Office Hours: 9am - 3pm Monday-Friday. https://www.kindredservices.org.nz Some charges may apply.

No referral required.

**Classification : FVSS**

**Kings Academy**

FSD0024360 Last updated 07/09/2020

Providing After School & Holiday Program

 60 Airedale Street Auckland Central Auckland 1010

chupinamail@gmail.com (0800) 115 354 http://www.kingsacademy.club

**Classification : OSCAR**

**Kirk Vette - Counsellor**

FSD0015442

Monday to Friday 9am to 8pm

Saturday 11am to 2pm

Some charges may apply. No referral required.

Last updated 02/07/2020

Provides counselling for individuals , couples and families. I work with a wide range of issues including Depression, Anxiety , Relationship issues and anger management to name a few.

I also offer Clinical supervision. And do work for various EAP companies.

Youthline House 13 Maidstone Street Ponsonby Auckland



kirkdv@gmail.com  Please contact for appointment times.

(027) 222 5637 Some charges may apply.

No referral required.

**Kits Club Ltd**

FSD0023570 Last updated 31/08/2020

This is Kit’s Club, which is an educational club of comprehension and arts in North Shore

Auckland, We concentrate on children’s study in a relaxed and happy environment. We have an after school care programme that runs from 3pm to 6pm every school day, which is convenience for parents who always find themselves rushing at end of the day, trying to collect children, do homework etc. We will provide afternoon tea and supervise their homework, then we do fun activities with them so parents can rest assured that children are safe, secure and having a friendly environment with great facilities.

We also provide tutorial classes after school time and on weekends, serving children and youth of all ages, encompassing a broad range of focus areas including academic support (Mathematics, English for international students, Science, Chinese language etc.), youth development, fun arts ( Digital Painting, Hip-Hop Dancing, Handcraft Making etc.).

 Floor 1 28 William Pickering Drive Rosedale Auckland 0632

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| kitsclub@hotmail.com  (09) 688 0018  (021) 753 636 http://www.kitsclub.co.nz/ | 10am to 6:00pm  Some charges may apply.  No referral required. |

**KiwiKapers Care and Education Centre**

FSD0022533 Last updated 02/12/2020

Kiwi Kapers founders Gail Lasenby and her husband opened the centre in 1989 with the intention of providing a friendly and approachable business for working families looking for a safe and interactive early learning environment for their children.

We offer 20 ECE hours free for all children aged 3 and above and can help parents with the application process for Work and Income subsidies if required.

We are open from 7.30am - 6.00pm Monday - Friday including school term breaks. We close for 2 weeks over the Christmas period.

51 Rosier Road Glen Eden Auckland 0602



kiwikapers@xtra.co.nz  Monday - Friday (09) 818 7741 7.30am - 6.00pm

http://www.kiwikaperspreschool.co.nz Some charges may apply.

No referral required.

**Kiwikids After School Ltd**

FSD0022288 Last updated 23/03/2021

At skids we provide quality care for the children for before and after school care. We also run holiday programs. We stand for Safe kids in daily supervision. "Kids just love it". We are Social Sector accredited. We do accept OSCAR subsidies through Work and Income. We also have family discounts for the families that have more than one child attending our services.

89 Browns Road Manurewa Auckland 2023



palwinder@skids.co.nz  Monday to Friday

(09) 265 2422 7AM to 8.30AM (021) 081 78012 2.30PM to 6.00PM

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kohi Kids**

FSD0021872 Last updated 09/04/2021

The ASB Stadium operates an Afterschool Club, Holiday Programme and Children's Parties in addition to having a number of function and event spaces that can be used for both social and sporting activities.

237 Kohimarama Road Kohimarama Auckland 1071



afterschool@eastcitytrust.org.nz  Afterschool Club: Monday - Friday 3pm - 6pm

(09) 521 0009 xt0 Holiday Club: Monday - Friday 8am - 6pm

https://www.barfootstadium.co.nz/ Children's Parties at weekends Some charges may apply. No referral required.

**Classification : OSCAR**

**Korowai Tumanako**

FSD0023275 Last updated 18/09/2020

Korowai Tumanako is a kaupapa Maori Harmful Sexual Behaviour (HSB) specialist treatment service designed to support iwi, hapu and whanau who have been affected by sexual violence, on their journey toward greater wellbeing. The central message of Korowai Tumanako is that prevention of sexual abuse in all communities is achievable. Our primary aim is to join with community leaders, whanau and their support services to be part of an integrated approach to prevent sexual violence in their communities and to create safe and hopeful futures.

admin@korowaitumanako.org  Weekdays 9am to 5pm (022) 474 7044 Some charges may apply. http://www.korowaitumanako.org No referral required.

**Classification : SHSS**

**Koru Care Charitable Trust New Zealand**

FSD0003871 Last updated 13/10/2020

"Making Dreams Come True," for terminally ill, disabled and disadvantaged children. We take children on a trip of a life time to California to visit Disneyland and other parks, or to Gold Coast, Australia.

21-23 Nixon Street Grey Lynn Auckland 1021



korucare@xtra.co.nz  The telephone is always manned but there is not

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| (09) 523 2456  (09) 523 0054 http://www.korucare.co.nz | always someone at the office.  Koha/donation may apply.  No referral required. |

**Kowhai Kids Early Learning Centre**

FSD0024460 Last updated 24/11/2020

High quality childcare and education at an affordable rate. Family owned with fantastic teacher: child ratios, spacious indoors with generous outdoor playground backing on to a bush reserve.

265 Albany Highway Rosedale Auckland 0632



office@kowhaikids.co.nz  Monday to Friday, 6.45am to 5.30pm

(09) 415 1665 Some charges may apply.

(021) 810642 No referral required. http://kowhaikids.co.nz

**Lead Centre for not for profit Leadership**

FSD0019988 Last updated 23/03/2021

Offers organisational capability mentoring. Please see service detail for more information.

8A Northland Street Grey Lynn Auckland 1021



info@lead.org.nz  Some charges may apply.

(022) 572 6398 Referral may apply.

(09) 378 0217 http://www.lead.org.nz

**Lets Get Legal NZ**

FSD0023090 Last updated 26/03/2021

Lets Get Legal NZ exists to support young people & families to open up new opportunities for themselves in the area of Education, Employment & to help them gain their independence by attaining a drivers licence.

We provide one of the fastest learner licence workshops in the country, Fast

Learner/Restricted/Full licence Ebooks and are the creators of New Zealand's first and only Restricted driving licence APP.

We have a 98% pass rate.

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| info@letsgetlegalnz.co.nz  (021) 802 791 http://www.letsgetlegalnz.com | ONLINE ONLY  Some charges may apply.  No referral required. |

**Li'lChamps Early Learning Centre**

FSD0022655 Last updated 12/10/2020

This a center with a difference. This is run by team of educational specialists. We are a childcare/ daycare center . We provide quality care and learning for children aged 0-5yr. We offer free 20 hrs ECE sessions to children aged 3yr and over. We serve healthy meals cooked by our experienced cooks.

431 Great South Road Papatoetoe Auckland 2025



Admin@lilchamps.co.nz  Opening hours: Monday- Friday 7.30am-

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| (021) 033 8301 (09) 277 2556 http://www.lilchamps.co.nz      **LIA Social Services** | 6.00pm  Some charges may apply. No referral required. |
| FSD0024315 | Last updated 21/08/2020 |

Social services includes emergency housing accommodation, counselling, prevention programmes for the prevention of family violence, parenting programme.

12-16 High Street Otahuhu Auckland 1062



stuart.ramsay@lia.org.nz  Monday to Friday

(09) 270 0380 9.00 am - 5.00 pm http://lia.org.nz Weekend by appointment

Some charges may apply. No referral required.

**Classification : FVSS**

**Life Therapies**

FSD0022894 Last updated 06/04/2021

Providing private and confidential counselling, life coaching, and personal training services to anyone looking for life changes. Receive support that is unwavering, encouraging, accepting, and empowering.

300 Richmond Road Grey Lynn Auckland 1021



contact@lifetherapies.co.nz  Mon & Tues 9am - 6pm

(022) 456 6540 Wednesday to Friday: 9am-4pm http://lifetherapies.co.nz Some charges may apply.

No referral required.

**LifeKidz Trust**

FSD0021383 Last updated 25/10/2020

LifeKidz Trust After School and School Holiday Programmes, aim to provide a community focused holiday programme that positively includes children with different special needs and disabilities. The children who attend the programme are cared for by young people from within the community, and has a theme for each programme. Children without special needs also attend.

Service objectives:-

To maintain family stability and well being of the child.

To provide a community service that promotes a sense of belonging to a child with a disability.

To provide a quality child focused respite service in the community.

To train youth workers to understand about the issues that face children and families with special needs.

To provide a team of trained carers.

To collaborate with the local community to create opportunities that promote the child disability sector in a positive sense.

The Depot, Lloyd Elsmore Park - Sir Lloyd Drive Highland Park Auckland 2143



deearna@lifekidz.org.nz  Monday to Friday 8:30am to 6pm.

(09) 533 6360 Some charges may apply.

(021) 543 350 No referral required. http://www.lifekidz.org.nz

**Classification : OSCAR**

**Lifeline Aotearoa**

FSD0003380 Last updated 09/06/2020

24/7 crisis helpline and face to face counselling service.

95 Great South Road Epsom Auckland



info@lifeline.org.nz  Office: 9 -5 p.m.

(09) 909 8750

(0800) 543 354 Helpline 24/7 0800543354 http://www.lifeline.org.nz Some charges may apply.

No referral required.

**Lifeline Aotearoa Suicide Prevention**

FSD0008305 Last updated 08/12/2020

Lifeline Aotearoa provides training in suicide prevention and resilience. Lifeline are working to support employee wellbeing being utilised as a platform for equipping everyday Kiwis with the skills to build knowledge, awareness and confidence to reduce suicides. This initiative arose from Lifeline’s desire to have as many people as possible trained in suicide awareness and prevention; and through equipping our workforce, these vital lifesaving skills transfer through to family, whnau, friends and communities of trained employees.

 95 Great South Road Epsom Auckland 1051

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| office@lifeline.org.nz (09) 909 8750 http://www.lifeline.org.nz      **LIFEWISE** | Lifeline 24/7 Helpline  0800 543 354 or free text HELP (4357)  Suicide Crisis Helpline | 0508 TAUTOKO (0508  82 88 65)  Some charges may apply. No referral required. |
| FSD0003389 | Last updated 08/09/2020 |

Established in 1851, we work with individuals and communities to address social issues such as poverty, homelessness, social isolation, substance abuse, caring for families and older people.

Level 7 385 Queen Street CBD Auckland 1010



lifewise@lifewise.org.nz  Monday to Friday 8.30am-5pm.

(09) 302 5390 Some charges may apply. http://www.lifewise.org.nz No referral required.

**Classification : THP**

**Lifewise Family Services**

FSD0003463 Last updated 16/07/2020

A service for families who are having difficulties or facing challenges, with children aged between 0-17 years. Principal aim is to support families to recognise their strengths and make lasting changes in their lives. Level one child and family support service approved under sections 396 and 403 of the Children, Young Persons and Their Families Act (1989).

3131 Great North Road New Lynn Waitakere 0600 familyservices@lifewise.org.nz  Monday to Friday, 8.30am-5pm.



(09) 818 6834 Some charges may apply. http://www.lifewise.org.nz Referral may apply.

**Lighthouse Preschool**

FSD0019297 Last updated 20/10/2020

Lighthouse Preschool is a fun, loving and brilliantly resourced private early learning centre in Howick/Highland park.

We cater for 6 months to 5-6 years and have a strong focus on whanau, relationships and the holistic development of the child.

69 Hutchinsons Road Howick Auckland 2014



lighthouse\_preschool@xtra.co.nz  7:30 - 5:30 Monday - Friday

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| (09) 535 3095 http://www.lighthousepreschool.co.nz      **Lister Centre** | Some charges may apply. No referral required. |
| FSD0019503 | Last updated 29/06/2020 |

Welcome to the Lister Centre. We are experienced psychotherapists who can assist you in addressing your personal issues in a safe, respectful and confidential way. If you’re struggling with feeling good about yourself and others in your life, we can be of help to you.

If you’re amidst a personal crisis, struggling with anxiety or depression, experiencing relationship difficulties, or battling with an addiction or unmanageable feelings, our services can help bring clarity and relief.

If you and your partner or family are trying to find a way to move through a difficult time, explore patterns that may be underlying these difficulties and improve communication with each other, you’re not alone in seeking help through psychotherapy.

233 Mount Eden Road Auckland 1024



lister.centre@xtra.co.nz  Some charges may apply.

(09) 623 1916 No referral required. http://www.listercentre.co.nz

**Little Loves Early Learning Centre**

FSD0023836 Last updated 11/02/2021

Little Loves childcare / pre-school is located in Ranui, West Auckland where we provide quality childcare service and safe supervision to 0 to 5 years old children. High-quality early childhood education is an essential to support social, emotional and cognitive development of children. Every child deserves the best start in life.

32 Pooks Road Ranui Auckland 0612



info@littleloves.co.nz  7am to 6pm

(09) 666 2020 Monday to Friday

(020) 404 04020 Some charges may apply. https://www.littleloves.co.nz No referral required.

**Live N Learn**

FSD0022340 Last updated 16/02/2021

We provide Before and After School Care Services and School Holiday Programmes.

Services the Greater Glen Eden area - Glen Eden, Konini, Kauri Lands and Titirangi.

44 Withers Road Glen Eden Auckland 0604



rene@livenlearn.co.nz  Before School Care: 7:00 - 8:30am (09) 215 9206 After School Care: 3:00 - 6:00pm (022) 175 8576 School Holidays: 7:00am - 6:00pm http://www.livenlearn.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Liz Summerville Counsellor**

FSD0019117 Last updated 03/09/2020

Counsellor in private practice. Specialities are relationship counselling, sexual abuse (ACC), anxiety, depression, grief and trauma. Teens, adults, individuals, couples, families.

19a Rangatira Road Birkenhead North Shore 0626



liz@summerville.co.nz  9am-5pm phone contact. Counselling available (027) 488 9236 by arrangement outside those hours.

http://www.summerville.co.nz Some charges may apply.

No referral required.

**Loneliness New Zealand Charitable Trust**

FSD0023489 Last updated 01/04/2021

We are intent on conquering loneliness in New Zealand. People with loneliness struggle having quality relationships, and that can spiral their loneliness further, affecting work, study and home life. The distress of ongoing loneliness causes higher risk of physical and mental health problems including depression and suicide.

Our vision is that those who have loneliness are enabled to better understand themselves and the way they connect to others, and their world. Research shows that people need support to overcome prolonged loneliness, and is most effectively done through changing the way they think about themselves and others.

With our help people will experience significantly less pain that loneliness brings with it, and become stronger emotionally and mentally within themselves, increasing their resilience and dependency on others.

We provide support in the form of mentoring, and coaching through technology from our client's own home.

30A Bell Road Remuera Auckland 1050



admin@loneliness.org.nz  By arrangement, as we use Zoom and Skype or https://loneliness.org.nz/ equivalent technology. Contact first made

through the Get Started Form on our website or email admin@loneliness.org.nz Some charges may apply. No referral required.

**Mad Ave Community Trust**

FSD0023364 Last updated 13/01/2021

Mad Ave Community Trust is an NGO that is committed to activating thriving communities.

111 Apirana Ave Glen Innes Auckland 1072



tamati@madave.co.nz  Monday - Friday

(021) 025 04776 9.00 - 5.00pm

http://www.madave.co.nz Koha/donation may apply.

Referral may apply.

**Magnificent Kids Limited**

FSD0024211 Last updated 23/03/2021

Magnificent Kids offer OSCAR approved safe, fun-filled and action-packed After School Care and

Holiday Programmes for children aged 5 - 13 located at Victoria Avenue School. At Magnificent Kids we strive to ensure our programmes are run in a safe, welcoming, comfortable and appropriate environment. It is our fundamental aim that all children in our programmes feel nurtured, valued and secure while having a magnificent time during their time with us.

Victoria Avenue School 282 Victoria Avenue Remuera Auckland 1050



magnificentkidsoutofschoolcare@gmail.co  After School Care 3 pm - 6 pm every day during m each school term.

(027) 4971554 Holiday Programmes 8:30 am - 6 pm every day http://www.magnificentkids.co.nz during the school holidays.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Mahu Vision**

FSD0024454 Last updated 19/11/2020

Improve community well being by providing support and services to individuals and groups that are at risk, regardless of race or belief (eg children, youth, elderly, families, new immigrants).

5 Pulham Road Warkworth 0910



food@mahu.org.nz  Tuesday to Friday 9am to 1pm

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| (09) 425 8861 http://mahuvision.org.nz | All services free of charge. No referral required. |

## mainly music New Zealand Trust

FSD0008308 Last updated 04/02/2021

Fun music group for parents and preschool children followed by morning tea, chat and playtime.

 55 Hugo Johnston Drive Penrose Auckland 1061

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| communication@mainlymusic.org  (09) 629 6025 (0800) 424 552 http://www.mainlymusic.org.nz | The office is open 9am to 12noon Monday to Thursday. BUT each mainly music in a local community happens during the week.  Some charges may apply.  No referral required. |

**Make-A-Wish Foundation of New Zealand**

FSD0003507 Last updated 24/10/2020

Creating life changing wishes for children and young people aged 3-17 with critical illnesses. Our Vision is to grant the wish of every eligible child

1. Eden Street Newmarket Auckland



info@makeawish.org.nz  Monday-Friday 8:30-17:00

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| (09) 920 4760 (0800) 80 70 80 http://www.makeawish.org.nz      **Man Alive Charitable Trust** | All services free of charge. No referral required. |
| FSD0003555 | Last updated 22/12/2020 |

Working for men and boys in the community. Man Alive Men's Centre Offices in Auckland Region:

Henderson, Glen Innes; Northland Region: Whangarei, Kaikohe, Dargaville and Kaitaia.

1. Edmonton Road Waitakere City



info@manalive.org.nz  8.30am - 5.00pm Monday to Friday, groups

(09) 835 0509 meetings run in the evening. (0800) 826 367 Some charges may apply. http://www.manalive.org.nz No referral required.

**Classification : FVSS**

**Manawanui Oranga Hinengaro**

FSD0003642 Last updated 06/07/2020

We are the Auckland District Health Board Kaupapa Maori Mental Health Service for adults aged 17 - 65. We provide a range of clinical and support services as well as an extensive therapeutic group programme. This service is available to people who live within the Auckland District Health Board locality.

11 Sutherland Road Point Chevalier Auckland City



(09) 845 3084  Monday to Friday, 8.30am - 4.30pm (0800) 845 308 All services free of charge.

Referral may apply.

**Mangere Budgeting Services Trust**

FSD0005954 Last updated 01/10/2020

We are a not-for-profit, social service providing Budgeting, Education, Housing Advocacy, Food

Parcels (criteria applies) and Social Service Support to the community of Mangere and South Auckland. We are also a Lead Agency for Strengthening Families.

59B Mahunga Drive Mangere Manukau 2022



appointments@mangerebudgeting.org.nz  Monday to Friday. 9am to 4pm. Financial

(09) 275 2266 capability: AUCKLAND CENTRAL and SOUTH http://www.mangerebudgeting.org.nz ONLY.

All services free of charge. No referral required.

**Classification : BFC**

**Mangere Community House**

FSD0016117 Last updated 19/11/2020

Developing programmes to meet the needs of the community.

141 Robertson Road Mangere East Auckland 2024



fatima.vaaga@aucklandcouncil.govt.nz  Office hours Wednesday - Friday 9am - 5pm, or

(09) 275 4920 Tuesday 9 am-3 pm

Some charges may apply. No referral required.

**Mangere East Community Centre**

FSD0005829 Last updated 30/04/2021

We provide a variety of programmes for families in the community. Before and After school Care,

Holiday Programmes, Community Education and Study Support (ACCESS) programmes at the

Mangere East Community Centre. Community Classes include, English for Speakers of other Languages, Zumba, Samoan, Salsa, Fitness, Cook Island Dance, Ukulele, Korowai, Parenting Programmes, Te Reo Maori, Tai Chi.

372 Massey Road Mangere East Manukau



info@mangereeast.org  7.00am - 6.00pm Monday to Friday

(09) 275 6161 Some charges may apply.

(029) 773 0146 No referral required. http://www.mangereeast.org

**Classification : OSCAR**

**Mangere Lawn Cemetery and Crematorium**

FSD0023731 Last updated 29/09/2020

Mangere Lawn Cemetery is one of the oldest public cemeteries in South Auckland. It was opened in 1890. We provide services to the public by way of burial or cremation.

85 McKenzie Road Mangere Bridge Auckland 2022



info@cemetery.co.nz  Monday - Friday

(09) 275 4822 8am - 4.30pm

http://www.mangerecemetery.co.nz Some charges may apply.

No referral required.

**Manukau Insitute of Technology Children's Education Centre**

FSD0023110 Last updated 18/08/2020

Manukau Insitute of Technology Children's Education Centre aim is to provide the best learning and nurturing environment for your child, to support parents and caregivers and be accessible at all times. Working alongside qualified and passionate educators, children will discover the joys of learning exploration, peer tutoring, through research and play. Children will be resilient through opportunities to problem solve, taking risks, compromise, and negotiate within a peaceful and respectful environment.

NE Block, Gate 11 - Otara Rd Otara Auckland 2023



child.centre@manukau.ac.nz  Childcare 7.30am-5.00pm Mon-Friday

(09) 968 7715 Some charges may apply. https://www.manukau.ac.nz No referral required.

**Manukau Superclinic Audiology**

FSD0008171 Last updated 14/07/2020

Manukau Superclinic provides public Audiology services for the Counties Manukau DHB region.

901 Great South Road Wiri Auckland 2104 customerservice@superclinic.co.nz  Monday to Friday 8:00 am - 4:30 pm.



(09) 277 1610 Some charges may apply. https://www.healthpoint.co.nz/public/ent- Referral may apply.

head-neck-surgery/counties-manukauhealth-audiology/

**Manukau Urban Maori Authority**

FSD0005969 Last updated 14/09/2020

MUMA is proud to be an accredited Whanau Ora Provider. The vision behind Whanau Ora is to focus on the whanau, not simply the individual. Whanau Ora empowers whanau, enabling them to direct their own steps, while providing support, services and opportunities to help them to achieve a better future. Whanau Ora outlines a flexible, collaborative approach to providing services and opportunities. It enables different accredited providers to come together to deliver a seamless solution for the betterment of the entire whanau.

31 Calthorp Close Favona Auckland 2024



info@muma.co.nz  Monday to Friday: 9am - 5pm.

(0800) 866 862 Saturday & Sunday: CLOSED.

(09) 277 7866 Public Holidays: CLOSED.

http://www.muma.co.nz Some charges may apply.

Referral may apply.

**Classification : BFC, FVSS, THP**

**Manurewa Community Link**

FSD0007904 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

12 Selwyn Road Manurewa Manukau City 2102



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Manurewa Leisure Centre**

FSD0022331 Last updated 26/06/2020

We are the Manurewa Leisure Centre located on Frances Street.

We offer a range of recreation programmes including; Before and After school childcare which is

Ministry of Social Development approved with some families having the possibility of qualifying for WINZ subsidies. Exciting Holiday Programme activities are also a highlight for children attending along with our female youth programme T.W.E.R.K.

Other programmes we facilitate include Pre-school gymnastics, Timberwolves Basketball coaching and the McDribblers Junior Basketball Competition which help to build the dreams of our upcoming superstars.

If martial arts is more their speed sign them up in a karate class! Other activities here at the Centre include line dancing, Men's Move It and Tai Chi.

 33 Frances Street Manurewa Auckland 2102

manurewaleisure@aucklandcouncil.govt.n  8am-6pm weekdays z Some charges may apply.

(09) 261 8303 No referral required. http://www.aucklandcouncil.govt.nz

**Classification : OSCAR**

**Manurewa Parenting Hub Inc.**

FSD0021535 Last updated 25/08/2020

A community free of violence, where families have a strong sense of belonging, feel valued and supported by coming together to build skills and confidence to take their families forward. Hub programmes focus on building parenting skills, providing educational support for families, promoting active and healthy lifestyles and building community capacity.

29 Greenmeadows Avenue Manurewa Auckland 2102



manager@parentinghub.org.nz  Please phone the Manager on 021 296 8625 for (021) 296 8625 a current programme. Contact Us online form is http://www.parentinghub.org.nz available on website.

All services free of charge. No referral required.

**Margo Regan**

FSD0023428 Last updated 04/03/2021

Specialised counselling for couples, relationship, addiction, sex therapy, alcohol, drug, pornography and sex addiction.

72 College Hill Freemans Bay Auckland 1011



margotoregan@gmail.com  Mon-Sat 9.30am-7pm (021) 032 2563 Some charges may apply. https://www.relationshipcounsellingtherap No referral required. y.com/

**Marshall Laing OSCAR**

FSD0021430 Last updated 15/07/2020

To provide a quality, safe accessible OSCAR programme for the community of Mt Roskill.

Marshall Laing Primary School 39 Marshall Laing Ave Mt Roskill Auckland



(027) 201 0034  Morning Care 7.30am - 8.30am Term Time

Afternoon Care 3.00pm - 6.00pm Term Time Some charges may apply. No referral required.

**Classification : OSCAR**

**Marta Fisch**

FSD0015382 Last updated 30/08/2020

Family and individual counselling.

85 College Hill Rd Herne Bay Auckland



martafischnz@gmail.com  Monday to Friday, Sunday (027) 600 4793 Some charges may apply. http://martafisch.com No referral required.

**Massey Community Trust**

FSD0020852 Last updated 23/04/2021

We focus on delivering programmes and services that empower people to make positive, effective changes in their lives and that enable positive integration to community and society. Our Trust achieves this through various support programmes including Celebrate Recovery and Breakfr3. “Celebrate Recovery” is a 12 step programme that runs for 52 weeks a year offering a community of care approach for adult participants to work through their hurts, habits and hangups through sharing a meal together, teaching, story telling and small groups. “BreakFr3” is a youth recovery programme for 12-24 year olds that are dealing with issues around abuse, drug and alcohol, petty crime, violence, sexuality, anxiety, depression, identity and family dysfunction. Breakfr3 runs weekly throughout the school terms, providing support, developing talent and growing selfconfidence through interactive learning, story telling and sharing in small groups.

 8 Vadam Road Massey Auckland 0614

info@celebraterecovery.co.nz  Please call or email to make an appointment.

(09) 833 3107 Some charges may apply.

No referral required.

**Massey Park Aquatic Centre**

FSD0021966 Last updated 15/12/2020

Aquatic Centre with Swim School and Childcare Services.

2R Ron Keat Drive Papakura 2110



(09) 298 8526  Monday - Thursday 5.30am - 8.00pm Friday

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| http://clmnz.co.nz/masseypark    **Classification : OSCAR**    **Maungakiekie After School Care** | 5.30am - 6.30pm Saturdays 6.30am - 8.00pm  Sundays 6.30am - 8.00pm Public Holidays 10.00am - 7.00pm Anzac Day 1.00pm - 7.00pm Some charges may apply. No referral required. |
| FSD0022454 | Last updated 25/08/2020 |

MASC provides OSCAR approved before and after school care services for Primary/Intermediate aged children attending St Marys School, Ellerslie Primary School and other schools nearby.

Operating from the St Marys Parish Hall, Ellerslie Highway, Auckland.

56 Main Highway Ellerslie Auckland 1051 maungakiekiemasc@gmail.com  Mon - Fri - Regular school term operating days.



(021) 297 0657 Excluding school holidays/public holidays.

Before School - 7.10am to 8.30am After School - 2.45pm - 6.00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Maungarei Community Christian Trust**

FSD0022296 Last updated 22/01/2021

Provide after school/holiday programmes. We are a not-for-profit organisation established to facilitate improvement in the social, cultural, spiritual and economic lives of Mt Wellington people.

Our work focuses on improving outcomes for high needs communities – especially at risk youth. Mt Wellington is a multi-ethnic area with few available resources other than significant tracts of low quality government housing. Many socio-economically deprived families live here, including significant numbers of solo parent families and families where both parents are not at home during the day due to work commitments.

Risks to young people include self harm, depression, suicidal thoughts and abuse.

MCCT is arguably the area’s only social service, operating the only community centre in Mt Wellington. Our community workers influence lives of children, young people and their families, by getting alongside those at risk or in need of extra help, socially or behaviourally

3A Waipuna Road Mt Wellington Auckland 1060



admin@mcct.org.nz  9 am - 5 pm Weekdays (09) 527 5002 Some charges may apply. http://www.mcct.org.nz/ No referral required.

**Classification : OSCAR**

**Maungawhau School OSCAR**

FSD0021676 Last updated 04/10/2020

Out of school care programme that provides a fun, safe, and inclusive environment for children to

enjoy their time before and after school.

43 Ellerton Rd Mt Eden Auckland 1024 oscar@maungawhau.school.nz (021) 950 489 http://www.maungawhau.school.nz/out-ofschool-care/



Term time

7:30-8:30 am

3:00-6:00 pm

Holidays 8:00 am - 6:00 pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Maurice Paykel Centre**

FSD0021845 Last updated 12/04/2021

Millennium 21 Trust provides a day service at the Maurice Paykel Centre in Panmure for very high needs intellectually disabled adults. Established in 2004, the Centre has 16 service users and 8 full time staff (as at 2015).

7B Benghazi Road Panmure Auckland 1072



mpcentre@xtra.co.nz  Monday to Friday 8.30am to 4:30pm (09) 527 3885 Some charges may apply.

No referral required.

**ME Family Services**

FSD0003564 Last updated 19/03/2021

Our Mission:

ME Family Services offers young children and families a safe haven and the inspiration to develop their life skills, their enjoyment of life and their participation in a just and caring society.

16-18 Ferguson Street Mangere East Auckland 2024



mefsc@mefsc.org.nz  Mon - Fri 8.00am - 4.00pm

(09) 256 0810 Some charges may apply.

(09) 281 5805 Referral may apply. http://www.mefsc.org.nz

**Medical Sexual Assault Clinicians Aotearoa (MEDSAC)**

FSD0003649 Last updated 28/04/2021

MEDSAC is the acknowledged New Zealand expert body in sexual assault/abuse medicine. It is recognised as such by the Ministry of Health, Accident Compensation Corporation and New Zealand Police, as well as by the Health and Disability Commissioner and international bodies such as the World Health Organisation.

The organisation's charitable purpose is to improve the wellbeing of all people affected by sexual assault and abuse and to ensure that people affected by sexual assault/abuse have equitable access to appropriate high quality medical care and medico-legal services.

MEDSAC trains nurses and doctors working in sexual assault assessment and treatment throughout New Zealand. The clinicians trained by MEDSAC are the primary providers of forensic and medical sexual assault care.

Unit 5 4 Warnock Street Grey Lynn Auckland 1021



admin@medsac.org.nz  8.30 am - 5.00 pm Monday - Friday

(09) 376 1422 Some charges may apply. http://www.medsac.org.nz No referral required.

**Mi Casa ASC**

FSD0024383 Last updated 17/09/2020

Mi Casa After School Care and Holiday Progamme, we focus on smaller numbers to provide quality and nurturing care for each individual child. Our goal is to provide a safe "home away from home" environment for children to enjoy and have fun.

47 Church Street Northcote Point Auckland 0627



micasaasc@gmail.com  Monday to Friday 3pm - 6pm School Term Time

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| (027) 217 2627 (022) 027 2930 http://www.micasaasc.co.nz    **Classification : OSCAR**    **Migrant Action Trust** | Monday to Friday 8am - 6pm School Holiday  Time  Some charges may apply. Referral may apply. |
| FSD0015982 | Last updated 15/04/2021 |

Support migrants and former refugees successfully settle in NZ through finding employment, helping get an appropriate driver's license via the community driving school, giving away free blankets, provision of a community toy library and supporting various ethnic community groups.

 766 Sandringham Road Extension Mt Roskill Auckland 1041

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| info@migrantactiontrust.org.nz  (09) 629 3500 (027) 229 35002 http://www.migrantactiontrust.org.nz | 9 am - 5 pm Mon - Fri  After hours and weekends by appointment Some charges may apply.  Referral may apply. |

**Ministry of Education, Learning Support, Auckland**

FSD0006541 Last updated 31/10/2020

We work with others to ensure children with additional learning needs have the opportunity to learn alongside their peers.

Level 1 102 Rosedale Road Albany Auckland 0632 enquiries.auckland@education.govt.nz  8.00am - 5.00pm Monday to Friday.



(09) 487 1100 All services free of charge.

(0800) 622 222 Referral may apply. https://education.govt.nz/ministry-ofeducation/specific-initiatives/specialeducation-update/

**Mission Kids**

FSD0018482 Last updated 10/10/2020

Mission Kids offers OSCAR approved high-quality, award winning child care to the children and families of the Mission Heights Community.

Mission Heights Primary School 103 Jeffs Road Flat Bush Auckland 2016



paul@missionkids.org.nz  Term Time 7am - 8am, 3 - 6pm

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| (020) 455 5015 (020) 433 3013 http://www.missionkids.org.nz | Holiday Time 7am - 6pm  Office Hours  8.30am – 1.30pm Monday to Friday Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Mitie Dragons Before & After School Care**

FSD0021296 Last updated 28/03/2021

Mitie Dragons provides Before/After school care and Holiday programmes. We are 17 years old and our staff have child-minding experience ranging from 6-30+ years. We are based in

Papatoetoe and are accredited under the Social Sector Accreditation Standards. We also provide a safe and happy environment for all children. We are OSCAR approved. We provide plenty of games. activities, ie: lego, blocks, board games, crafts, cooking, dress ups and Hut making, Dodge ball is very popular.

We also provide afternoon tea.

247 Great South Road Hunters Corner Papatoetoe Auckland 2102 roseyspl1956@gmail.com  7.00am - 8.30am (021) 120 1720 3.00pm - 6.00pm http://mitiedragons.com



Holiday Programmes 7.30 - 5.30 pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Moana-Nui-a-Kiwa Pool & Leisure Centre**

FSD0022368 Last updated 03/11/2020

We run after school care, holiday programmes, fitness centre, pools and group fitness classes.

66 Mascot Avenue Mangere Auckland 2022



mangerepools@aucklandcouncil.govt.nz  Monday – Friday: 6am-6.45pm. Weekends: 9am-

|  |  |
| --- | --- |
| (09) 261 8040 https://aucklandleisure.co.nz/locations/mo ana-nui-a-kiwa-pool-and-leisure-centre/ | 6.45pm  Hours Afterschool Care only  Monday – Friday: 3-6pm  Holiday Programme  Monday - Friday: 7:30am-6pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Mother of Divine Mercy Women's Refuge (Fale Malu)**

FSD0005870 Last updated 13/02/2021

Women's Refuge provides safety and protection for women and children who need to leave their homes because of violence and abuse.

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| (09) 820 0453  (09) 815 9355 https://mother-of-divine-mercyrefuge.business.site/    **Classification : FVSS, PACIFIC**    **Mothers Helpers** | 24 hours.  All services free of charge. Referral may apply. |
| FSD0022150 | Last updated 10/11/2020 |

Mothers Helpers is a charitable trust established to help prevent postnatal depression (PND) in mothers who are at-risk, and to work towards wellness for mothers with existing PND.

Mothers Helpers:

* provides free, affordable and practical help for mothers with PND
* helps you understand how to manage PND
* helps prepare you for parenthood

COURSES AVAILABLE:

These courses are facilitated by counselling and social work students and are delivered in a support group environment.

Preparing for Parenthood: a 6-week course focused on helping soon-to-be parents prepare for the life-changing and wonderful experience of parenthood. This includes two one-on-one sessions with the parents.

PND Recovery Course: a 10-week course for mothers diagnosed with PND, covering:

* What is PND & Anxiety?
* Cognitive Behavioural Therapy
* Exercise
* Diet
* Risk factors
* Stressor & triggers
* Mindfulness
* Medication
* Self-care & self-esteem

Suite 7710 17B Farnham Street Parnell Auckland 1052



info@mothershelpers.co.nz  Operating hours Monday-Friday 9am-5pm

(0800) 002 717 http://www.mothershelpers.co.nz The best way to refer yourself or a mother to our

service, is through our online referral form,

https://www.mothershelpers.co.nz/referral-2/ Some charges may apply. No referral required.

**Mount Eden Community Link**

FSD0007906 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

191-193 Dominion Road Mt Eden Auckland 1024



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

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| **Mt Albert Community & Leisure Centre** |  |
| FSD0003392 | Last updated 15/09/2020 |

We build strong kids, strong families and strong communities

You’ll find it all at Mt Albert Community and Leisure Centre managed by YMCA.

We reckon that strong families have fun and stay healthy together.

The fitness facilities and programmes on offer at the YMCA Mt Albert Community and Leisure Centre will help to get your family moving together, with sports for kids, group fitness classes and a range of membership options to suit your needs.

773 New North Road Mt Albert Auckland 1025



mtalbert@ymcaauckland.org.nz  Monday to Thursday 6 am - 9 pm

(09) 846 0788 Friday 6 am to 8 pm

http://ymcaauckland.org.nz Saturday and Sunday 8 am till 5 pm.

Some charges may apply. No referral required.

**Mt Roskill After School Care**

FSD0022586 Last updated 02/02/2021

We are a After School center catering for children aged 5-11 years from Mt Roskill and Three Kings Primary. We provide transportation from Three Kings. We run homework groups and provide an afternoon tea snack and activities for children. We also run a school holiday programme with daily outings and various activities for children aged 5-11 years.

60 Somerset Road Mt Roskill Auckland 1041



admin.mrecc@mrgs.school.nz  Open 7am - 6pm Monday to Friday

(09) 629 0732 Some charges may apply. http://www.mountroskillearlychildhood.co. No referral required. nz

**Classification : OSCAR**

**Mt Royal Early Learning Centre**

FSD0023825 Last updated 28/01/2021

Mt Royal Early Learning Centre is a delightful childcare centre on Mt Royal Ave in Mt Albert catering for children from all backgrounds and pride ourselves on our links to the local Primary School and community. With only 24 children attending each day including four lovely babies, we are very much a “home away from home”.

Our programme is based around the New Zealand Early Childhood Curriculum, Te Whariki, and ensures that the full potential of your child is reached in a relaxed and an adaptable environment.

We acknowledge and celebrate the diversity of our community and embrace the different ethnic, linguistic and socio-cultural backgrounds from which our children come.

88 Mt Royal Avenue Mt Albert Auckland 1025



mtroyal88@hotmail.com  7:30am till 6:00pm Mon - Friday

(09) 849 7440 Some charges may apply. http://mtroyalelc.co.nz No referral required.

**Mycare**

FSD0022893 Last updated 03/08/2020

Mycare connects people needing help, directly with a community of people who provide support. Whether you need some help with house-keeping, personal care, gardening or meal preparation, there are people on Mycare ready and willing to help.

Mycare has New Zealand's largest online community of helpers and home care workers. We want to help people to find the support they need, in their local community, so they can live life their way. It’s as simple as that.

68-76 Taharoto Road Takapuna Auckland 0622



hello@mycare.co.nz  Contact Mycare for support Monday to Friday,

(0800) 677 700 8.30am to 5pm. http://www.mycare.co.nz Some charges may apply.

No referral required.

**Narrative Pathways**

FSD0018647 Last updated 13/04/2021

Specialist counselling and support for boys, teenagers (male and female), families, men and couples. LGBTI specialist and ACC registered with Youthline.

Since 1993 Nigel has provided counselling support in New Zealand, England and USA, including work as a School Guidance Counsellor, E.A.P Counsellor and couples / family therapist in his own practice in Auckland.

Nigel holds a Masters Degree in Counselling (Narrative Practice) and is a lecturer in the Bachelor of Social Practice Programme at Unitec, Auckland.

Nigel is available in-person in Auckland and online nation-wide.

In addition to counselling, Nigel provides clinical supervision to counsellors, social workers and others in senior roles within the helping professions, and Wellbeing seminars and workshops nationwide by arrangement.

10 Fontenoy Street Mount Albert Auckland 1025



nigel@narrativepathways.com  Fridays (during business hrs) but also some

(021) 834 413 evenings by special arrangement. http://narrativepathways.com

Call me to discuss your needs and we will find a time that works for us both. In-home appointments can also be arranged.

Some charges may apply. No referral required.

**Nathan Homestead**

FSD0024178 Last updated 18/03/2021

We run after school care, holidays programmes, early childhood centres, arts Centre, and Art classes

70 Hill Road Manurewa Manukau 2102



nathan.homestead@aucklandcouncil.govt  Monday to Friday 8.00am - 9.00pm

.nz Some charges may apply.

(09) 267 0180 No referral required.

https://bookings.aucklandcouncil.govt.nz/f acilities/facility/nathan-homestead

**Classification : OSCAR**

**National Urban Mori Authority**

FSD0019167 Last updated 19/08/2020

NUMA offers a diverse range of services including public health; mental health; primary care; drug and alcohol addiction; Strengthening Families; Family Start; Breast Screening; nutrition; smoking cessation; ACC support; mentoring; holiday programmes; kaumatua support; child advocacy; restorative justice; violence prevention; housing initiatives; diabetes; Mori men's health; budget advice; financial literacy; youth, justice; social services; day activities and life skills programmes for adolescents; and tikanga Maori.

The National Urban Mori Authority (NUMA) was formed in 2003. NUMA is the parent body for the

Whanau Ora provider collective that includes Te Whanau o Waipareira Trust (West Auckland); Manukau Urban Mori Authority (South Auckland); Te Roopu Awhina ki Porirua (Wellington).

331 Great North Road Henderson Auckland 0612



info@numa.co.nz  Mon-Friday 9am-5pm

(0800) 924 942 All services free of charge. https://www.facebook.com/NUMANewZea Referral may apply. land/

**Navigator Limited - Northland**

FSD0021087 Last updated 28/01/2021

We specialise in assisting not-for-profit organisations to translate strategy into efficient and effective operations. We do this via a highly experienced group of organisational leaders with a history of developing programmes and entities that are 'fit for their purpose'.

nick.alexander@navigator.kiwi.nz  8am-6pm, Monday-Friday

(027) 870 7627 Some charges may apply.

(09) 238 6739 Referral may apply. http://www.navigatorconnect.com

**Navigator Limited-Auckland region**

FSD0020424 Last updated 28/01/2021

We specialise in assisting organisations to translate strategy into efficient and effective operations. We do this via a highly experienced group of organisational leaders with a history of developing programmes and entities that are 'fit for their purpose'.

nick.alexander@navigator.kiwi.nz  8:00am - 6:00 pm

(027) 870 7627 Some charges may apply.

(09) 238 6739 Referral may apply. http://www.navigatorconnect.com

**Netsafe**

FSD0005952 Last updated 15/12/2020

We keep people safe online. Our service is free and confidential, and available to everyone seven days a week.

As New Zealand’s independent, non-profit online safety organisation we can help you. Whether you’re dealing with online bullying, scams or need advice about another online issue for yourself or someone else, we can support you.

Under the Harmful Digital Communications Act 2015, we can also provide support and advise how the law may apply to you if you're being harassed, abused or bullied online. Find out more at netsafe.org.nz/what-is-the-hdca.

Visit netsafe.org.nz for information on a range of online topics. There’s advice for parents, young people in fact everyone in New Zealand. You can contact the team in four ways.

Call toll-free 0508 NETSAFE (0508 638 723)

Email help@netsafe.org.nz

Fill out a report form netsafe.org.nz/report

Text ‘Netsafe’ to 4282

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| help@netsafe.org.nz (0508) 638 723 https://www.netsafe.org.nz/      **New Lynn Community Link** | 8am-8pm Monday to Friday. 9am-5pm on weekends and public holidays.  All services free of charge. No referral required. |
| FSD0007907 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

5-9 Hugh Brown Drive New Lynn Auckland 0600



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**New Zealand Christian Counsellors Association**

FSD0015086 Last updated 15/01/2021

Christian counsellors seek to be qualified, accountable practitioners, who work with integrity within the wider community. They support their clients on their journey, deeply respecting both the uniqueness of each individual and the context within which they live.

Youthline Manukau 145 St George Street Papatoetoe 2025



info@nzcca.org.nz  Our members are based all around N.Z. A (09) 361 4183 directory of Christian Counsellors is available on http://www.nzcca.org.nz our website.

Can be emailed anytime, phone during normal working hours.

Mon to Friday 8am - 2pm.

Some charges may apply. No referral required.

**NFPWORKS**

FSD0019793 Last updated 03/05/2021

Offers organisational capability mentoring. Please see service detail for more information.

152 Anzac Avenue Auckland 1010



margot@nfpworks.co.nz  Some charges may apply. (027) 549 7153 Referral may apply.

**Nga Tangata Microfinance**

FSD0024284 Last updated 07/08/2020

The social justice aim of Nga Tangata Microfinance is expressed through its provision of safe fair and affordable no interest loans in low income communities. In partnership with local budgeting services it aims to strengthen the financial education, independence and inclusion of its clients.

23 Union Street Auckland Central Auckland 1010



gm@ntm.org.nz  Monday-Friday 9am-6pm (022) 400 8664 All services free of charge. https://www.ngatangatamicrofinance.org.n Referral may apply. z/

**Classification : BFC**

**Ngati Whatua o Orakei Community Health Services**

FSD0003769 Last updated 15/02/2021

We are a Maori Health Provider, hapu (subtribe) owned. We provide primary health care services which include GP and Practice Nurse services at a low cost. We also provide a range of community services at no cost including Whanau Ora and Rongoaa - Maori Healing.

25/215 Kepa Road Orakei Auckland 1071



receptionohs@orakeihealth.org.nz  Monday to Friday 8:00am - 6:00pm

(09) 578 0956 Tuesday Late night until- 8:00pm http://orakeihealth.co.nz/

Closed weekends and Public Holidays Some charges may apply. No referral required.

**Nikau Kids**

FSD0023976 Last updated 18/07/2020

Nikau Kids is a unique, value-based, OSCAR programme created to enhance and advance the vision and values of Te Uho o te Nikau Primary School with a student-centred approach. We value excellence and offer students an opportunity to explore the word together in a safe, professional and incredibly fun environment during after school hours and during the holidays.

187 Flat Bush School Road Flat Bush Auckland 2016



office@nikaukids.org.nz  8:30am - 1:30pm (Mon - Fri) - Office Hours

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| --- | --- |
| (020) 455 5015 (020) 466 6016 http://www.nikaukids.org.nz    **Classification : OSCAR** | 2:30pm - 6:00pm (Mon - Fri) - On site Some charges may apply.  No referral required. |

**North Harbour Living Without Violence Inc.**

FSD0003542 Last updated 27/07/2020

Education programmes for male perpetrators of violence; support and education programmes for women and children victims of violence and abuse; anger management.

The Richardson Centre 431 Lake Road Takapuna North Shore 0622



(09) 489 3770  9am - 4pm Monday to Friday, some sessions http://www.livingwithoutviolence.org.nz Sat.

Some charges may apply. No referral required.

**Classification : FVSS**

**North Shore Women's Centre**

FSD0003480 Last updated 29/01/2021

Information, support and referral service for women and girls from age 12. Providing social work support, counselling service, free legal clinic and clothing exchange. Personal development and interest classes during school term.

5 Mayfield Road Glenfield Auckland 0747



women.ctr@xtra.co.nz  Monday to Friday 9am - 3.30pm

(09) 444 4618 Some charges may apply. http://www.nswomenscentre.co.nz No referral required.

**Norwest Food Bank**

FSD0024275 Last updated 06/08/2020

Norwest Food Bank is committed to caring for our community. We provide a delivery-only food parcel service for those requesting assistance. And for those needs that go beyond the pantry, we provide community support callouts with our network of chaplains and local pastors. When life's challenges begin to mount, we want to ensure that your family's access to these essential services isn't one of them. We operate in the following areas: Massey, Westgate, West Harbour,

Hobsonville, Herald Island, Whenuapai, Kumeu, Riverhead, Huapai, Taupaki, Waimauku, Muriwai Beach, Coatesville. If you reside outside of these areas we can help refer you to your local food bank.

Norwest Care Trust... We are Care Delivered.

norwestfoodbank@gmail.com  Parcels are prepared and delivered on (021) 086 33785 Wednesdays & Fridays, 10am - 12pm. (022) 568 6337 (Note: Requests via Text, Voicemail and Email

http://www.norwestcaretrust.org.nz can be received at any time.)

All services free of charge. No referral required.

**NZ Bail Accommodation & Support Service**

FSD0024136 Last updated 14/01/2021

NZ Bail Accommodation and Support Services give men who are eligible to be released from prison (pre-sentenced) or directly bailed from court somewhere stable to live and the support pathway they need. Our focus is on those who are eligible for bail accommodation but do not have a suitable resident address and who need extra support.

64 Don Buck Road Massey Auckland 0614



info@nzbail.co.nz  10am to 10pm. Bookings are mandatory. (021) 262 0743 Random visitors will be turned away https://nzbail.co.nz Koha/donation may apply.

No referral required.

**NZ Christian Prayerline Trust**

FSD0021225 Last updated 22/04/2021

The New Zealand Christian Prayerline provides care for any person in New Zealand who wishes to respond to a trauma, concern or issue in their life, or in the life of another person through the medium of PRAYER.

The service is provided primarily via a nation-wide free-phone number, but includes prayer via email, a webpage. In support of these prayer opportunities is a substantial referral webpage that links to information, referrals and other resources.

When a caller dials the 0800 508 080 number they will be met with a voice menu advising them of their choices at that moment, either to speak with a prayer servant for real time prayer, or to record a prayer request, or to listen to an information message.

Additionally that prayer would be available via every practicable technological means that appeals to the generations, from children to every elderly.

- Church Street Onehunga admin@nzprayerline.org.nz  Live prayer hours is 7pm-9pm Mon-Fri & Sun.



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| (0800) 508 080 (09) 525 7508 http://www.nzprayerline.org.nz | Prayer request messages is 24hr 7 days a week.  All services free of charge.  No referral required. |

**Oaklynn School Holiday Programme**

FSD0021244 Last updated 07/10/2020

Specialist school for students with special needs. OSCAR approved holiday programmes to Oaklynn school students and their siblings. Operating second week of school holidays and last two weeks of the summer break.

20 Mayville Avenue New Lynn Auckland 0600



office@oaklynn.school.nz  Usually 2nd week of school holidays Last two

(09) 827 4748 weeks of Summer holidays http://oaklynn.school.nz Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**Oasis of Peace Counselling Limited**

FSD0021555 Last updated 12/04/2021

Supporting people to live a more peaceful and fulfilled life. Member of NZCCA. Bilingual counsellor (English / Arabic).

ACC-funded sexual abuse counselling.

9 Egret Court Unsworth Heights Auckland 0632



maysoonr@gmail.com  8 am- 8 pm

(022) 616 0276 Some charges may apply.

(09) 834 6480 No referral required.

http://www.oasisofpeacecounselling.com

**Ohana Young Parent Charitable Trust**

FSD0021600 Last updated 17/07/2020

We are a charitable trust providing a parenting course for young parents in West Auckland.

Our Mission Statement:

Ohana Is for Young parents to learn to care and nurture their baby through becoming confident and self-assured. Young parents who know who they are, are resilient and feel nurtured themselves. Young parents, who can enjoy the love of parenthood, feel good about themselves and have ambitions and hopes for the future…

We also provide support and guidance for parents wishing to complete their NCEA levels 1, 2 and 3.

86 Kaurilands Road Glen Eden Waitakere 0604



info@ohana.org.nz  Open Mon-Fri 8.00am-4.00pm

(09) 818 5062 All services free of charge. http://www.ohana.org.nz No referral required.

**Older Women's Network Inc**

FSD0003543 Last updated 08/08/2020

Support, celebration and education for older women.

|  |  |
| --- | --- |
| info@own.org.nz (027) 217 4783      **One Big Adventure** | Anytime  Some charges may apply. No referral required. |
| FSD0016997 | Last updated 01/04/2021 |

One Big Adventure operates Carey Park Christian Camp, and Ferndale Lodge. We operate safe, fun and challenging OSCAR approved camps for Kids, Teens and Families, as well as School, Church and Community Groups. We also host a range of seminars, events and small group accommodation at Ferndale Lodge.

397 Henderson Valley Road Henderson Valley Auckland 0612 info@onebigadventure.org.nz  8.00am to 4.30pm (office hours)



(09) 837 0494 Some charges may apply. http://www.onebigadventure.org.nz No referral required.

**Classification : OSCAR**

**Onehunga Community Link**

FSD0007908 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

201-211 Onehunga Mall Auckland 1061



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Onepoto Awhina Incorporated Society**

FSD0003739 Last updated 05/08/2020

To assist families and individuals within the Northcote area by addressing socio-cultural issues including education, health, employment, advocacy and empowerment through cultural growth.

Northcote Community House 65 Pearn Crescent Northcote Auckland 0627 onepoto1@xtra.co.nz  Weekdays



(09) 419 1692 Office 9.30-4.30

(021) 153 2126 Educare Centre 8.00-5.00 http://www.northcotecommunity.co.nz Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Open Home Foundation (OHF) - Auckland**

FSD0007283 Last updated 27/10/2020

Our Mission is to provide quality child centred family focused Christian social services. The Open Home Foundation is a Christian Child and Family Support Service that works within the provisions of the Children, Young Persons and Their Families Act (1989). We have 14 centres throughout NZ and we provide quality services for children, young people and their family/whanau.

Level 3 130 Khyber Pass Road Grafton Auckland 1023



auckland@ohf.org.nz  8:30am - 5:00pm Monday to Wednesday

(09) 634 2057 Some charges may apply. http://www.ohf.org.nz/ No referral required.

**Orakei Marae Social and Health Services Inc**

FSD0023641 Last updated 07/09/2020

To provide social and health services to the iwi of Ngaati Whaatua and the wider community. We have whanau ora services and social services working with tamariki and their whanau. We also have pre sentence community services.

 59C Kitemoana Street Orakei Auckland 1071

tumanako.whare@xtra.co.nz  Monday - Friday 9am - 12pm to public, other (09) 521 0123 times including weekends by appointment only (022) 432 0676 Some charges may apply. https://orakeisocialservices.wordpress.co Referral may apply. m/

**Oranga Community Centre**

FSD0017097 Last updated 19/08/2020

Oranga Community Centre has two focuses, facilitating local community led development, and providing quality custom-built facilities for hire by businesses and community groups.

52C Waitangi Road Onehunga Auckland 1061 orangacc@aucklandcouncil.govt.nz  9.30am to 4pm Monday - Friday.



(09) 525 0174 https://www.facebook.com/orangacommu Centre available for hire other times. nitycentre/ Some charges may apply.

No referral required.

**Oranga Tamariki-Ministry for Children, Grey Lynn**

FSD0006951 Last updated 10/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

490 Richmond Road Grey Lynn Auckland 1021



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Mangere**

FSD0020392 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Level 1 93 Mascot Avenue Mangere Auckland 2022



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Manurewa**

FSD0006956 Last updated 09/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

7 Alfriston Road Manurewa Auckland 2102



contact@ot.govt.nz  All services free of charge.

(0508) 326 459 No referral required.

(0508) FAMILY https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Onehunga**

FSD0019126 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

281-289 Onehunga Mall Onehunga Auckland 1061



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Orewa**

FSD0019123 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

First Floor 27 Florence Avenue Orewa



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand)

|  |  |
| --- | --- |
| (0508) 326 459 (0508) FAMILY https://www.orangatamariki.govt.nz/ | All services free of charge. No referral required. |

**Oranga Tamariki-Ministry for Children, Otahuhu**

FSD0006953 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Level 1 4 Fairburn Road Otahuhu Auckland 1062



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Otara**

FSD0006954 Last updated 20/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

52 Lovegrove Crescent Otara Auckland



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Panmure**

FSD0019125 Last updated 21/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

47 Lunn Avenue Panmure Auckland 1072



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Papakura**

FSD0006955 Last updated 20/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

20-22 Queen Street Papakura Auckland 2110



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Pukekohe**

FSD0020381 Last updated 21/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Level 1 9-11 Tobin Street Pukekohe 2340



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Takapuna**

FSD0006948 Last updated 21/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

64 Anzac Street Takapuna 0622 contact@ot.govt.nz  If you're overseas:



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| (0508) 326 459 (0508) FAMILY https://www.orangatamariki.govt.nz/ | Call +64 9 912 3820  All services free of charge.  No referral required. |

**Oranga Tamariki-Ministry for Children, Waitakere**

FSD0006950 Last updated 20/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

 1-st Floor 36-44 Sel Peacock Drive Henderson Auckland 0610

|  |  |  |
| --- | --- | --- |
| contact@ot.govt.nz (0508) 326 459 (0508) FAMILY https://www.orangatamariki.govt.nz/      **Oranga Youth Collective** | If you're overseas:  Call +64 9 912 3820  All services free of charge.  No referral required. |  |
| FSD0022638 |  | Last updated 18/12/2020 |

We serve the homeless, disadvantage families and senior citizens of the

Oranga/Onehunga/Mangere communities and Auckland wide. We also run weekly programmes for the Youth in the Maungakiekie Area and providing a free school holiday programme for Oranga/Onehunga/Penrose at the Oranga Community Centre on Waitangi Road.

Oranga Community Centre 52C Waitangi Road Onehunga Auckland 1061



info@synergypro.nz  Monday - Friday 10am to 3pm (027) 958 9070 All services free of charge. https://www.facebook.com/SynergyProject No referral required. s/

**Order of St John - Northern Region**

FSD0003444 Last updated 27/10/2020

Ambulance, Events first aid, first aid training, FED's (Friends of the Emergency Department), St John Medical Alarms, Youth and Caring Caller.

604 Great South Road Greenlane Auckland 1051



info@stjohn.org.nz  International calls 649 526 0528

(09) 579 1015 Some charges may apply.

(0800) 785 646 No referral required. http://www.stjohn.org.nz

**Order of St John - Youth Services**

FSD0015957 Last updated 23/10/2020

To provide a safe and secure environment where young people learn first aid, health care, self discipline and general life skills.

604 Great South Road Greenlane Auckland



youth.northern@stjohn.org.nz  Monday to Friday 8am - 5pm

(0800) STJOHN Koha/donation may apply.

(0800) 785 646 No referral required. http://www.stjohn.org.nz/What-wedo/Youth-Programmes/

**Ormi Kids**

FSD0022984 Last updated 10/09/2020

Ormi Kids offers OSCAR approved one of a kind, value-based child care to the children and families of the Ormiston Community in Flat Bush. Our commitment is excellence, offering safe, professional and great fun childcare.

291 Ormiston Road Flat Bush Auckland 2016



paul@ormikids.org.nz  School Term Time: 3pm - 6pm

|  |  |
| --- | --- |
| (020) 455 5015 (020) 499 9019 http://www.ormikids.org.nz    **Classification : OSCAR**    **Oscar Kool Kidz Ltd** | Holiday Time: 7am - 6pm  Office Hours: 8.30am – 1.30pm Monday to  Friday  Some charges may apply. No referral required. |
| FSD0021423 | Last updated 16/04/2021 |

OKK provides OSCAR approved quality Before & After School and Holiday Programs onsite at Oratia District School, Oratia, Waitakere City, Auckland. We pride ourselves on the quality of our program and offer a wide range of trips, activities including use of the school swimming pool everyday onsite.

 - Corner Shaw & West Coast Road Oratia Waitakere City

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| --- | --- |
| oscarkoolkidzltd@gmail.com  (021) 082 90794 http://www.oscarkoolkidz.com    **Classification : OSCAR**    **Otahuhu Community Link** | Term Time: 7am-8.30am, 3pm - 6pm Holiday Programme 7am-6pm Some charges may apply. No referral required. |
| FSD0007910 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

4 Fairburn Road Otahuhu 1062



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Otahuhu Pool & Leisure Centre**

FSD0021961 Last updated 15/12/2020

Aquatic Centre with Fitness Centre, Library, Swim School, Stadium, Cafe and Childcare Services.

Fairburn Reserve - Mason Avenue Otahuhu Auckland 3200



(09) 276 8207  Pool

http://www.clmnz.co.nz/otahuhu- Monday - Friday recreation-and-youth-centre/ 6.00am - 8.00pm

Saturday - Sunday

7.00am - 6.00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Otahuhu Town Hall Community Centre**

FSD0018822 Last updated 11/02/2021

To provide a place for community residents to enable them to meet in a drop in situation or take part in programmes that are organized to meet the needs of the community. To act with the Auckland Council and the Local Board concerning the use of the community centre,supplying monthly reports as directed. To promote cultural,educational and recreational activities in and for the benefits of all residents of the Otahuhu district. To set hireage that may be reasonable and appropriate at a level that is affordable by user groups and to change these charges when necessary. To provide a venue for social services and community networking needs.

10 High Street Auckland Central Auckland 1010



makeritaothcc@gmail.com  OSCAR Monday - Friday

|  |  |
| --- | --- |
| (09) 276 7346  (09) 276 7343 https://www.otahuhutownhall.com/    **Classification : OSCAR**    **Otara Health Charitable Trust** | Before care 6am - 8am  ASP 1.45pm - 6pm  School Holiday 8am - 6pm  Centre office Monday - Friday 9am - 3pm Some charges may apply. Referral may apply. |
| FSD0020612 | Last updated 07/07/2020 |

Otara Health Inc started in May1998. In September 2010 its status was changed from an Incorporated Society to a Charitable Trust. Known as Otara Health, it remains today an integral part of the community. Otara Health is building a child centred community and want to have all Otara's children thrive and achieve within a nurturing family environment and a healthy, flourishing community.

General Information: Our services are free. including:

1. Kaitohutohu - home based service for people or families with complex needs. SUDI educationand Pepi pods.
2. Parenting programmes - teen parenting, HIPPY programme and Incredible Years.
3. Active Families - Healthy food sessions, and other lifestyle information.
4. Neighbourhood Support - we work together to provide and support healthy safe

neighbourhoods.

1. Community Leadership - lead and support smokefree town centres, alcohol and gamblingoutlets, and supporting awareness and action on issues of child abuse and family violence.

Shop 3, Otara Town Centre - Fair Mall Lane Otara Auckland 2023 carol@otarahealth.org.nz  8.30am to 4.30pm



(09) 274 8355 Monday to Friday

http://www.otarahealth.org.nz All services free of charge. Referral may apply.

**Otara Pool and Leisure Centre**

FSD0022346 Last updated 01/09/2020

Offer out of school care and holiday programmes.

Our goals: To create the worlds most livable city deliver great value for money to rate payers. To inspire Aucklanders to active. To inspire children, young people and their whanau to achieve their potential.

115 Bairds Road Otara Manukau city 2023



otarapools@aucklandcouncil.govt.nz  Monday-Thursday 5.30am - 9pm

(09) 274 6917 Friday 5.30am - 7pm

https://www.aucklandleisure.co.nz/locatio Saturday & Sunday 9.00am - 6.45pm ns/south/otara-pool-and-leisure- Some charges may apply. centre/recreation/ No referral required.

**Classification : OSCAR**

**Our Space Early Childhood Education Centre**

FSD0022418 Last updated 11/01/2021

Our Space is an early childhood education and care centre in Whangaparaoa, Hibiscus Coast. We are a privately owned centre licensed for 30 children. We take tamariki from 6 months to 6 year olds.

Our philosophy is based on a strong foundation of relationship. This is the base for both care and learning. The whnau is very much part of the centres life. We take your aspirations into account and look for your input in anything to do with your tamariki. We have a fish and chips evening with the parents in about February/March. We celebrate Matriki with a hangi and the whnau are invited.

We also have a Christmas Party at the end of the year.

We provide morning and afternoon tea and children bring in the lunchboxes everyday.

We take the children out of the centre quite regularly. The 3, 4 and 5 year olds attend a play at the Pumphouse once a year. They also have regular excursions to the beaches, the surrounding reserves as well as other activities such as strawberry picking.

5 Poplar Rd Whangaparaoa Auckland 0932



ourspacehbc@gmail.com  Monday to Friday 7 am to 6 pm

(09) 428 0978 Some charges may apply. (027) 434 3716 No referral required.

**Out Of School Care Network (OSCN)**

FSD0007275 Last updated 11/08/2020

OSCN has over 200 member organisations (sole traders, companies, community organisations, schools and local authorities) that operate before/after school and holiday programmes. These are located in schools, community and recreation centres, churches, early childhood centres and sports facilities. Originally OSCN's work was based mainly in the Auckland region but changes in the sector mean that our services are now offered over a wider area.

c/- PHAB, The Building 8 Auburn Street Takapuna Auckland



oscn@xtra.co.nz  10am-1pm Mon - Thurs (09) 366 0320 Some charges may apply. https://www.oscn.nz/parents.html No referral required.

**Classification : OSCAR**

**OUTLine New Zealand Incorporated**

FSD0003347 Last updated 19/10/2020

OUTLine is a national service that helps LGBTIQ+ New Zealanders (and their friends and whnau) to access support, information and a sense of community. We currently provide a free peer support phone line, a transgender peer support service for trans and non-binary people in Auckland, and specialist face-to-face and video counselling exploring gender and sexuality for LGBTIQ+ people across Aotearoa.

OUTLineNZ (Nationwide), Level 2 31 Hargreaves Street Auckland 1011



info@outline.org.nz  Every Day: 6 pm - 9 pm (messages can be left

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| --- | --- |
| (0800) 688 5463 / OUTLINE  (09) 281 3409 http://www.outline.org.nz/ | outside of these hours) Some charges may apply.  Referral may apply. |

**Owairaka District School - OSCAR After School Care**

FSD0021855 Last updated 23/03/2021

We run an OSCAR approved After School Care programme for students enrolled at Owairaka School.

113-115 Richardson Rd Mt Albert Auckland 1025



afterschoolcare@owairaka.school.nz  Monday to Friday 3.00pm until 5.30pm

(020) 4158 3155 Some charges may apply. http://www.owairaka.school.nz Referral may apply.

**Classification : OSCAR**

**Pacific Heartbeat | Heart Foundation**

FSD0001891 Last updated 30/04/2021

Pacific Heartbeat's aim is to reduce the high rate of heart disease among Pacific people living in New Zealand. We do this by encouraging and supporting Pacific people to make positive lifestyle changes.

9 Kalmia Street Ellerslie Auckland 1051



info@pacificheart.org.nz  Monday - Friday 8.30 am - 5.00 pm, excluding

(09) 571 4643 public holidays.

(09) 571 9191 Some charges may apply. http://www.heartfoundation.org.nz No referral required.

**Classification : PACIFIC**

**Pacific Homecare**

FSD0003800 Last updated 19/04/2021

Pacific Homecare is a Charitable Trust organisation providing home-based health care services and whanau ora services throughout the greater Auckland with elderly, people with disabilities and vulnerable families. Our vision is healthier communities in which our people enjoy a better quality of life.

Level 1 230 Great South Rd Papatoetoe Auckland 2025 info@pacifichomecare.org.nz  Monday - Friday 8:30 a.m. - 5:00 p.m.



(09) 274 9153 All services free of charge. http://www.pacifichomecare.org.nz Referral may apply.

**Classification : PACIFIC**

**Pacific Information Advocacy & Support Services Trust (PIASS**

**TRUST)**

FSD0003885 Last updated 21/12/2020

Advocacy services for Pacific Island families. Expertise in disability and older peoples services.

7/586 Great South Road Manukau Auckland 2025



administration@vakatautua.co.nz  Mon - Fri 8:30am - 5pm (0800) 825 282 All services free of charge.

(09) 250 1812 No referral required. http://www.vakatautua.co.nz/

**Classification : PACIFIC**

**Pacific Islands Mental Health Service**

FSD0003551 Last updated 09/06/2020

Pacific Islands Mental Health Team ensure that Pacific Island protocols, procedures and processes are adhered to and that appropriate care is provided to Pacific Island clients, caregivers and communities.

Lower Ground Floor, Building 16 - Cornwall Complex Greenlane Clinical Centre Auckland



(09) 623 4689  Monday - Fridays 8:00 AM to 5:00 PM.

(0800) 623 468 AFTER HOURS CRISIS LINE: 0800 800 717 https://www.adhb.health.nz/ Some charges may apply.

No referral required.

**Classification : PACIFIC**

**Pakuranga Counselling Centre**

FSD0003592 Last updated 15/03/2021

Confidential and professional counselling services for adults, adolescents and families including children from 4 years of age.

207 Ti Rakau Drive Pakuranga Auckland 2010



reception@pakcc.org.nz  Monday - Friday 9:00am - 5:00pm.

|  |  |  |
| --- | --- | --- |
| (09) 576 4248 (027) 717 8715 https://www.pakcc.org.nz/      **Pakuranga Leisure Centre** | Saturday and after hours appointments | |
| available.  Some charges may apply.  No referral required. |  |
| FSD0022244 |  | Last updated 19/06/2020 |

We offer Holiday (OSCAR approved) programmes and recreation programmes.

Pakuranga Leisure Centre 13 Reeves Road Pakuranga Auckland 2010 pakurangaleisure@aucklandcouncil.govt.  Some charges may apply. nz No referral required.



(09) 261 8391 http://aucklandleisure.co.nz

**Classification : OSCAR**

**Panic And Anxiety Disorder Specialist**

FSD0022829 Last updated 29/06/2020

Affordable psychological services for individuals and families experiencing anxiety or panic, depression, poor sleep or related symptoms. Free educational family workshops. I have rooms in Warkworth, the North Shore and Grey Lynn. Self referrals or GP referrals are OK.

|  |  |
| --- | --- |
| lyn@anxietyhelp.co.nz http://www.anxietyhelp.co.nz      **Papakura Community Link** | 9-5 weekdays  Some charges may apply. No referral required. |
| FSD0007913 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20-22 Queen Street Papakura 2110



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |  |
| --- | --- | --- |
| http://www.workandincome.govt.nz      **Papakura Leisure Centre** | 5:00pm. Wednesday 9:30am - 5:00pm. | |
| All services free of charge. No referral required. |  |
| FSD0021965 |  | Last updated 15/12/2020 |

Fitness Centre with Stadium and Childcare Programmes.

294 Great South Road Papakura Auckland 2110



papakurarec@clmnz.co.nz  Monday - Friday 5.30am - 10:00pm Saturday (09) 298 6852 6:00am to 12:30pm Sunday 8.30am - 12.30pm

http://clmnz.co.nz/papakura Public Holidays 8.30am - 12.30pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Papakura Marae Society Incorporated**

FSD0003762 Last updated 25/08/2020

We deliver Marae and home based health, education and social services.

29A Hunua Road Papakura 2110



admin@papakuramarae.co.nz  Monday- Friday

|  |  |
| --- | --- |
| (09) 297 2036  (021) 519 812 http://www.papakuramarae.co.nz | 8:00am - 5:00pm  Some charges may apply.  Referral may apply. |

**Papakura Support and Counselling Centre**

FSD0003416 Last updated 15/09/2020

Promoting well-being through effective counselling and support services.

4 Opaheke Road Papakura 2244



pscc@xtra.co.nz  48 hour turn around (average)

|  |  |
| --- | --- |
| (09) 299 9455  (09) 299 9466 http://psccentre.webs.com    **Classification : FVSS** | Office available 9.00am - 3.00pm Monday Friday.  Some charges may apply.  No referral required. |

**Papatoetoe Adolescent Christian Trust**

FSD0003545 Last updated 21/01/2021

Mentoring, counselling, support, and activities for youth, especially at risk youth. Parenting programmes and resources. OSCAR approved school holiday programmes.

311 Great South Road Papatoetoe Manukau City



neda@pact.org.nz  Mon - Fri 9am-5pm (09) 279 8340 Some charges may apply. http://www.pact.org.nz No referral required.

**Classification : OSCAR**

**Papatoetoe Community Link**

FSD0007914 Last updated 05/01/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

17 Shirley Road Papatoetoe 2025



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Papatoetoe Seventh Day Adventist Community Church**

FSD0023958 Last updated 22/04/2021

We provide community services for those in our immediate area (South Auckland) and for the Auckland region.

Church 16 Puhinui Road Papatoetoe Auckland 2104



info@papsda.co.nz  Office: Monday to Friday, 9am - 2pm.

(09) 278 7786

http://papsda.co.nz Enquire with the office for specific programs and

their times.

All services free of charge. No referral required.

**Parent Aid North West**

FSD0016677 Last updated 03/08/2020

Parent Aid is a an organisation that assists parents who have the care of 0-5 year old children. This is practical support within the family home by providing childcare, light housework and/or meal preparation. The purpose is to give parent's a helping hand: "because you have your hands full, we'll lend one of ours". The outcome is supporting the role of parents as an important part of a healthy NZ society.

1 Porter Crescent Helensville 0840



hello@parentaidnorthwest.org.nz  Monday - Friday 9am - 3pm.

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| (09) 420 7002 (0800) 222 402 http://www.parentaidnorthwest.org.nz      **Parent Aid Waitakere Inc** | All services free of charge. No referral required. |
| FSD0003643 | Last updated 19/04/2021 |

Providing a free, in-home childcare and helping service in times of illness, accident, stress or other emergency to persons who have the everyday care of children.

Family Action Building 13 Edsel St Henderson Auckland 0612



info@parentaidwaitakere.co.nz  Office available 9.00am - 3pm Monday to Friday

(09) 836 4122 All services free of charge. http://www.parentaidwaitakere.co.nz/ No referral required.

**Parenting Place - Auckland**

FSD0003514 Last updated 26/03/2021

Parenting Place is the charity with a heart for New Zealand Families. We’re here to walk alongside you and your whnau from the moment your little one is born, until the time they raise tamariki of their own. Whether you have a newborn, a teenager, a troupe of grandkids, or nieces and nephews, we have a range of programmes, courses, camps and resources, tailored for you and your whnau. Everything we do is designed to inspire, encourage, and support the strengthening of your relationships. We make sure it’s fun and entertaining along the way too. Our team is also committed to engaging with the story of Aotearoa New Zealand and our unique place in the world – a journey which continues to shape the way we support your whnau to thrive.

Our services include six-week Toolbox parenting programmes, Space for you and your baby, and Family Coaching.

Ground Floor & Level 2 300 Great South Road Greenlane Auckland



support@parentingplace.nz  Monday to Friday - 8am to 4pm

(09) 524 0025 Some charges may apply.

(0800) 53 56 59 No referral required. http://parentingplace.nz

**Parents Centre New Zealand Inc - Auckland East**

FSD0007314 Last updated 09/04/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

info@aepc.org.nz  Some charges may apply.

(09) 537 0560 (answerphone) No referral required. http://www.parentscentre.org.nz

**Parents Centre New Zealand Inc - East and Bays (Auckland)**

FSD0007316 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

east.and.bays@parentscentre.org.nz  All services free of charge.

(09) 575 5998 No referral required.

(021) 710 499 https://www.parentscentre.org.nz/eastand-bays/index.asp

**Parents Centre New Zealand Inc - Franklin**

FSD0007322 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

franklin@parentscentre.org.nz  Monday to Friday

(09) 283 8513 Some charges may apply. http://www.parentscentre.org.nz No referral required.

**Parents Centre New Zealand Inc - Manukau**

FSD0007315 Last updated 25/08/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

manukau@parentscentre.org.nz  Some charges may apply.

(09) 267 1224 No referral required. http://www.parentscentre.org.nz

**Parents Centre New Zealand Inc - Onewa**

FSD0007307 Last updated 23/06/2020

Onewa Parents Centre encourages and empowers local families with childbirth education, new parent classes, parenting workshops, and community events. We are one of 46 centres within the wider Parents Centre New Zealand network and support parents in Birkenhead, Beach Haven, Birkdale, Glenfield, Bayview, Northcote, and Hillcrest.

Members enjoy a range of benefits including meeting other local parents, being part of our successful coffee groups, partner discounts and access to news and resources.

 Rawene Centre | Level Three 33 Rawene Road Birkenhead Auckland onewa@parentscentre.org.nz  Courses are held in the evenings and committee http://www.onewaparentscentre.org.nz is comprised of volunteers.

Some charges may apply. No referral required.

**Parents Centre New Zealand Inc - Papakura**

FSD0007317 Last updated 30/06/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run by a pool of volunteers on the committees which in turn ensures good quality support and education is available for parents within the community.

2 Chapel Street Papakura Auckland 2110 papakura@parentscentre.org.nz  Antenatal Course - once a week, night session.



(09) 297 7461 http://www.parentscentre.org.nz/papakura Baby & You Course - during school Term, once a week, morning session.

Some charges may apply. No referral required.

**Parents Centre New Zealand Inc - Waitemata**

FSD0007308 Last updated 11/03/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

waitemata@parentscentre.org.nz  Answer phone available at all times. Leave a

(09) 446 0959 message as we check it every day or two. http://www.parentscentre.org.nz Some charges may apply.

No referral required.

**Parnell Trust**

FSD0021865 Last updated 20/04/2021

We provide After School, Before School and School Holiday programmes for children in the Auckland area.

We run from Epsom Normal Primary, Parnell District School and Our Lady of the Sacred Heart School.

Jubilee Building 545 Parnell Road Parnell Auckland 1052



pfc@parnell.org.nz  Before and after school cares provided for (09) 379 2095 further information please contact the service http://www.parnell.org.nz provider.

Some charges may apply. No referral required.

**Classification : OSCAR**

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| **Party Kingdom After School Care** |  |
| FSD0023636 | Last updated 23/08/2020 |

What we offer -

After School Care & Holiday Programme

Indoor Playground (Open for public play)

Kids Birthday Parties with 12 themes to choose from

After School Pick up from 4 local schools Gulf Harbour School, Stanmore Bay School and

Whangaparoa School & College from 3pm-6pm.Before School Care offered from 7 am - 08.30 am to include breakfast & school drop off.

School Holiday Programme from 7am-6pm

Open for Public Play -Wednesday,Thursday & Friday 9am-1pm Exclusive for Birthday parties at weekends

Venue: Party Kingdom , 16 Karepiro Dr, Stanmore Bay, Whangaparaoa 0932 & Sports Cave Karepiro Dr, Stanmore Bay 0932

 16a Karepiro Drive Stanmore Bay Auckland 0932

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| info@partykingdom.co.nz  (021) 919 169 https://www.partykingdom.co.nz/schoolholidays    **Classification : OSCAR** | After School 3pm-6pm Mon to Fri  Before School Care 7am-830am  Holiday Programme 7am-6pm  Public Play Wednesday,Thursday & Friday 9am-1pm  Parties please enquire Some charges may apply.  No referral required. |

**Pasifika at Home Home-based childcare**

FSD0023370 Last updated 25/03/2021

There is a saying “It takes a village to raise a child”, and we at Pasifika at Home realise how important it is to find the right person to help raise your child. We will support you in finding an educator, who respects and practices the same family traditions, values, religious beliefs, and shares with your child on a daily basis, the culture that they are used to experiencing in their own home.

Pasifika at Home’s objective is to ensure that all children are educated and cared for in a warm, loving and homely environment. A place where they are free to play, explore and develop into confident, happy and emotionally enriched young members of the Pasifika community. The educators at Pasifika at Home will offer for your child the opportunity to develop good social skills through organised playgroups and interactions with other children in a small group settings.

32 McInnes Rd Weymouth Auckland 2103



info@pasifikaathome.nz  Office is open between the hours 9am - 4pm

(0800) 324 7437 Individual Educators have their own designated

(027) 886 8911 working hours

http://www.pasifikaathome.nz Some charges may apply.

No referral required.

**Classification : PACIFIC**

**Pasifika Education Centre**

FSD0003535 Last updated 22/03/2021

Since 1978, PEC is the first and oldest Pacific community provider in Aotearoa New Zealand with a Crown-appointed Board of Trustees.

PEC is a charitable trust and an NZQA Registered Private Training Establishment (PTE) that delivers NZQA accredited community-based Pasifika Language courses (in Kuki 'Airana - Cook Islands, Vosa Vakaviti - Fijian, Vagahau Niue - Niuean, Gagana Samoa - Samoan and lea-Faka Tonga - Tongan).

We provide Pacific knowledge and competency training in the workplace to employers effectively engage with Pacific employees, clients and communities.

We also have an online bookstore and a private reference collection.

Level 3, Westfield Mall Manukua (entrance @lift) 1 Leyton Way Manukau Manukau 2014



reception@pec.ac.nz  8:30 am - 8:00 pm weekdays during Term time (09) 260 4042 only, otherwise, normal working hours 8:30am -

http://www.pec.ac.nz 5pm

Some charges may apply. No referral required.

**Classification : PACIFIC**

**Patrick Au Professional Counselling Service for Chinese**

FSD0006093 Last updated 21/12/2020

Cultural specific services for Chinese people, Stopping Violence programmes, family counselling.

1/230 Manukau Road Epsom Auckland 1023



patau@xtra.co.nz  Some charges may apply.

(09) 522 0068 No referral required.

(021) 793 388

**Classification : FVSS**

**PAUA Poppetts Early Childhood**

FSD0015427 Last updated 24/11/2020

PAUA Poppetts ECE provides support and resources to the Caregivers/ Home Educators/Nanny's or Whnau carers of young children in the home. We aim to facilitate the growth and development of each child during the early years. We provide resources and support for home based Educators/Nannies to ensure that all who surround the child can create the best possible environment for future growth.

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| info@paua.ac.nz (09) 376 7774  (021) 352 364 http://www.pauapoppetts.co.nz/      **Paul Letham, Counsellor** | Service available 24/7 Some charges may apply. No referral required. |
| FSD0021752 | Last updated 05/12/2020 |

A general counselling practice running as part of an established counselling practice in Mt Eden, Auckland. Specialist in LGBT, creatives/entertainment industry, depression, anxiety, existential issues, spirituality and relationship concerns.

92 Owens Road Mount Eden Auckland 1023



paul.letham@icloud.com  Monday: 11am to 9pm

(027) 255 3336 Tuesday: closed

https://www.talkingworks.co.nz/dir/Paul+L Wednesday: 11am to 7pm

etham.html Thursday: 11am to 9pm

Friday: 11am to 7pm Saturday: 9am to 1pm Some charges may apply. No referral required.

**Paula Yeatman Counsellor**

FSD0023048 Last updated 16/11/2020

I work with individuals (women, men and young people) and couples who want to make changes in life, family, relationships and work, who want to explore, discover or heal, or who want to work on issues like depression, anxiety, trauma, abuse, self esteem, grief and loss. I am happy to talk with you about what you need before you decide to work with me.

2a Komaru Street Remuera Auckland 1050



paula@paulayeatman.co.nz  I am available Monday to Thursday from 9:00am

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| (027) 483 0021  https://www.talkingworks.co.nz/dir/Paula+ Yeatman.html      **Penina Trust** | to 6:00pm close in my Remuera practice. I also see ACC sensitive claims clients from Te Atatu. Contact me to discuss times that work best for you.  Some charges may apply. No referral required. |
| FSD0023855 | Last updated 19/01/2021 |

Penina Trust is a Non-Government Organisation that provides Mental Health & Addiction, and Housing services in the community.

Penina provides a wide range of services that include:

* Residential Rehabilitation Services (RRS)
* Youth Community Living Services (YCLS)
* Adult Community Living Services (ACLS)
* Cultural Support Services (CSW)
* Alcohol and Other Drugs Learning Development (AOD L&D)
* Awhi Ora (Primary Mental health)
* Transitional Housing Services (PHT)
* Social Housing Services (CHP)

186 Russell Road Manurewa Auckland 2102



admin@peninatrust.org.nz  8:30am - 5pm Monday - Friday

(09) 269 7989 All services free of charge. http://www.peninahealth.org.nz Referral may apply.

**People at Risk Solutions Inc**

FSD0005771 Last updated 13/07/2020

A community organisation that provides support to prisoners, offenders and their families / whanau.

Building 8 79 Carrington Road Point Chevalier Auckland 1025



info@pars.co.nz  8.30am-5.00pm, Monday-Friday. Call during

(09) 630 0862 business hours. http://www.pars.co.nz Staff on call outside of these times.

All services free of charge. Referral may apply.

**Peter James Counsellor**

FSD0024534 Last updated 25/03/2021

I provide professional counselling to help adults with with stress, anxiety and depression related to life transitions, such as job loss, career change, migration or returning home from life overseas, relationship crisis and grief.

19 Queensway Three Kings Auckland 1024



peterjamescounsellor@gmail.com  Mondays: Three Kings Room, by appointment

(028) 461 6708 https://www.talkingworks.co.nz/dir/Peter+J Tuesdays: Online Sessions [Zoom, MS Teams

ames.html etc.], by appointment

Some charges may apply. No referral required.

**Petra Charlewood**

FSD0020582 Last updated 16/04/2021

I am a registered psychotherapist providing short or long term therapy to individuals and couples. I provide a safe, confidential space to talk about whatever is troubling you. I aim to facilitate deeper understanding of your emotional and relationship difficulties and how they have evolved. I will work with you to develop more effective and satisfying ways of living.

 Level 1 McInnes Building 1a Cook Street Howick Auckland 2014

pcharlewood@gmail.com  Monday - Friday (by appointment) at 1A Cook

(027) 820 5655 Street, Howick, Auckland http://www.cornerstonepsychotherapy.co. Some charges may apply. nz No referral required.

**PGF Services - Auckland Branch**

FSD0006202 Last updated 01/04/2021

The Problem Gambling Foundation of New Zealand is now trading as PGF Group, the overarching brand for PGF Services, Asian Family Services and Mapu Maia Pasifika Service.

All services provide free, professional and confidential counselling for anyone affected by gambling problems. We also provide health promotion, education and information.

PGF Services: 0800 664 262 or email help@pgf.nz www.pgf.nz

Mapu Maia Pasifika Service: English, Samoan, Tongan and Tokelauan. Ph 0800 212 122 or email help@mapumaia.nz www.mapumaia.nz

Asian Family Services: Provided in English, Korean, Japanese, Cantonese, Mandarin, Thai,

Vietnamese and Hindi. Asian Helpline 0800 862 342 www.asianfamilyservices.nz All our teams provide presentations to community groups, businesses and schools We also provide referrals to budgeting or other services if required.

If you would like to make a time to discuss your own or someone else’s gambling contact us. It's free and confidential.

Problem Gambling Foundation of NZ, Level 1 128 Khyber Pass Road Grafton Auckland help@pgf.nz  8.30am to 5.00pm phone contact (0800) 664 262 All services free of charge. http://www.pgf.nz No referral required.



**PGF Services - Henderson**

FSD0017919 Last updated 16/04/2021

The Problem Gambling Foundation of New Zealand is now trading as PGF Group, the overarching brand for PGF Services, Asian Family Services and Mapu Maia Pasifika Service.

All services provide free, professional and confidential counselling for anyone affected by gambling problems. We also provide health promotion, education and information.

PGF Services: 0800 664 262 or email help@pgf.nz www.pgf.nz

Mapu Maia Pasifika Service: English, Samoan, Tongan and Tokelauan. Ph 0800 212 122 or email help@mapumaia.nz www.mapumaia.nz

Asian Family Services: Provided in English, Korean, Japanese, Cantonese, Mandarin, Thai,

Vietnamese and Hindi. Asian Helpline 0800 862 342 www.asianfamilyservices.nz All our teams provide presentations to community groups, businesses and schools We also provide referrals to budgeting or other services if required.

If you would like to make a time to discuss your own or someone else’s gambling contact us. It's free and confidential.

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| help@pgfnz.org.nz (09) 369 0723 (0800) 664 262 http://www.pgf.nz      **PGF Services - Takapuna** | 8.30am to 5.00pm phone contact All services free of charge. No referral required. |
| FSD0017921 | Last updated 01/04/2021 |

The Problem Gambling Foundation of New Zealand is now trading as PGF Group, the overarching brand for PGF Services, Asian Family Services and Mapu Maia Pasifika Service.

All services provide free, professional and confidential counselling for anyone affected by gambling problems. We also provide health promotion, education and information.

PGF Services: 0800 664 262 or email help@pgf.nz www.pgf.nz

Mapu Maia Pasifika Service: English, Samoan, Tongan and Tokelauan. Ph 0800 212 122 or email help@mapumaia.nz www.mapumaia.nz

Asian Family Services: Provided in English, Korean, Japanese, Cantonese, Mandarin, Thai,

Vietnamese and Hindi. Asian Helpline 0800 862 342 www.asianfamilyservices.nz All our teams provide presentations to community groups, businesses and schools We also provide referrals to budgeting or other services if required.

If you would like to make a time to discuss your own or someone else’s gambling contact us. It's free and confidential.

1-7 The Strand Takapuna Auckland 0622



help@pgf.nz  8.30am to 5.00pm phone contact (0800) 664 262 All services free of charge. http://www.pgf.nz No referral required.

**Phoenix House Counselling and Psychotherapy**

FSD0003537 Last updated 01/02/2021

Psychotherapy and counseling for adults and couples, covering a wide range of issues.

Six experienced therapists, using a wide range of psychological modalities according to the client's needs. Our modalities include Psycho-dynamic, EMDR, DBT, IDT, ACT,IFS,CBT, EFT for couples, Mindfulness, Hakomi, Each therapist has their own fee structure, please ask when inquiring. Each therapist also sets their own hours of work, ensuring varying times available across week days.

306 Great North Road Henderson Auckland 0650



info@phoenixhouse.co.nz  8.30am - 7.00pm Monday to Friday by

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| (09) 837 1797 (021) 232 2701 http://www.phoenixhouse.co.nz      **Pillars Inc. - Auckland** | appointment only. (Therapists' hours vary).  Some charges may apply. No referral required. |
| FSD0003639 | Last updated 14/01/2021 |

Pillars provides wraparound support services for children of prisoners and their families / whanau during the sentence and up to 12 months after release of their parent from prison.

This provider offers a national helpline service.

Level 1 6A Jack Conway Avenue Manukau Auckland 2104



enquiries@pillars.org.nz  Availability 8.00am - 5.00, Mon-Fri (0508) 745 527 All services free of charge.

(021) 300 569 Referral may apply. http://pillars.org.nz

**Play It Strange Trust**

FSD0021815 Last updated 04/02/2021

We encourage young New Zealanders to develop interests and skills in music, composing and performance. We provide young New Zealanders with positive role models;

Give life skills to young New Zealanders, such as self-confidence, reliability, responsibility, communication and leadership, which will enable those young persons to make a positive contribution to New Zealand communities.

We encourage and facilitate opportunities for young New Zealanders to make, and experiment in, music that will reflect New Zealand’s unique characteristics, thereby encouraging creativity and innovation in New Zealand music.

The Play It Strange Trust was established in November 2003 to encourage young New Zealanders to develop interests and skills in songwriting and musical performance. The Trust intends running a range of programmes across New Zealand to achieve its purpose.

Level 2 31C Cheshire Street Parnell Auckland 1052



info@playitstrange.org.nz  Monday - Friday 9am-4pm (09) 377 7919 All services free of charge. http://playitstrange.org.nz No referral required.

**Playcentre Aotearoa**

FSD0018567 Last updated 23/03/2021

Supporting families to provide early childhood experiences and education for their own, and other children in their communities. 'Whanau Tupu Ngatahi - Families Learning Together'

6A Glenside Ave Pakuranga Manukau



administrator@playcentre.org.nz  Weekdays 9am - 3pm

(027) 808 6360 Some charges may apply. http://www.playcentre.org.nz No referral required.

**Playgroup**

FSD0023732 Last updated 17/12/2020

Playgroups provide environments for children and parents to learn together. AKA playgroups operate 9:30am-12:30pm Tuesday, Wednesday and Thursday. Playgroup is completely free fro children 0-6 years.

Whakawhnaungatanga is at the heart of our playgroups for kids. We take pride in our communities: our identity, our beliefs and our values. As a whnau we endeavour to work together (Kotahitanga) making important decisions that will help with the day-to-day tasks of running the children’s play group, along with the support of the Playgroup coordinator.

All whnau are welcomed and children from birth to school age have a place to call their own. We welcome babies, toddlers, preschool and kindergarten aged children to participate in playgroup activities. An adult must stay with the child at community playgroup: Whnau have an important role to play in supporting children’s learning (Manaakitanga) and sharing in their achievements and challenges.

Level 5 Otago House 385 Queen Street Auckland 1141



info@playgroups.org.nz  Tuesday, Wednesday & Thursday, 9:30am-

|  |  |
| --- | --- |
| (09) 373 1992 (027) 702 2539 https://www.aka.org.nz/playgroup      **Ploughshare** | 12:30pm  All services free of charge. No referral required. |
| FSD0019819 | Last updated 14/01/2021 |

Ploughshare offers comprehensive support for NFP's and community sector organisations including organisational capability mentoring, strategic planning, programme innovation and delivery, income and fundraising strategies, Governance training and education, Community led research.

Please see Service Detail for more information.

80 Mountain Rd Henderson Auckland 0612



info@ploughshare.co.nz  Ploughshare offices are open from 9 AM to 5 PM

(09) 836 7968 Monday to Friday.

(021) 043 3686 Some charges may apply. http://www.ploughshare.co.nz No referral required.

**Plunket - Northern Region - Central**

FSD0007434 Last updated 21/04/2021

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than eighty five percent of New Zealand families choose to use Plunket to help them care for their young children.

6 Enterprise Drive Henderson 0612



auckland.city@plunket.org.nz  8am-5pm Monday to Friday.

(09) 820 6532 All services free of charge. http://www.plunket.org.nz No referral required.

**Plunket - South Auckland Area Office**

FSD0007433 Last updated 23/08/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to help them care for their young children.

Level 1 11 Vogler Drive Wiri Manukau 2241



counties.manukau@plunket.org.nz  830am-430pm

(09) 260 4111 Koha/donation may apply. http://www.plunket.org.nz No referral required.

**Plunket - Waitemata Area Office**

FSD0007432 Last updated 04/03/2021

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to support them in caring for their young children.

6E Enterprise Drive Auckland



auckland.north@plunket.org.nz  8.30am - 4.30pm Monday to Friday

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| (09) 820 6532  (09) 838 0981 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Family Centre - Franklin Parents Room**

FSD0000966 Last updated 23/08/2020

Plunket believes in supporting the development of healthy families.

23 Wesley Street Kaiapoi 7630



(021) 246 7609  Monday to Friday

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| http://www.plunket.org.nz      **Pohutukawa Service** | All services free of charge. No referral required. |
| FSD0003696 | Last updated 13/04/2021 |

The Pohutukawa Clinic is a specialist medical and forensic service for adults and older adolescents (women and men) who have been sexually assaulted or abused.

We are a dedicated team of specially trained doctors and nurses.

We are committed to providing the highest quality health service that is sensitive, appropriate, accessible and that acknowledges social and cultural differences.If not available please contact Auckland Sexual Abuse HELP on (09) 6231700 counselling service.

Level 3, Building 7, Greenlane Clinical Centre 214 Green Lane West Epsom Auckland pohutukawa@adhb.govt.nz  Monday to Friday 9:00am - 5:00pm. (09) 630 9772 A/H via Police or Crisis Support (0800) 739 432 Option 2 All services free of charge. http://ashs.org.nz No referral required.



**Positive Women Incorporated**

FSD0023155 Last updated 18/03/2021

Positive Women Inc. provides support for women and families in New Zealand living with HIV. We also provide HIV awareness, education and destigmatisation programmes including free HIV Rapid Testing Services.

Level 1 35 Hargreaves Street St Mary's Bay Auckland 1011



jane@positivewomen.nz  Monday - Friday 9-5 (09) 303 0094 All services free of charge.

(0800) 769 848 Referral may apply. http://positivewomen.co.nz/

**Pregnancy Help Inc - Auckland**

FSD0007390 Last updated 02/11/2020

Pregnancy Help provides emotional and practical support for the well being of pregnant and recently pregnant women, new mothers and their families/whanau.

46D Stanley Street Auckland Central Auckland 1010



auckland@pregnancyhelp.org.nz  Office in Wyndham Street open Mon-Fri 9.30 am

(09) 373 2599 - 3.30 pm

http://www.pregnancyhelp.org.nz

Office Blockhouse Bay open Wednesday 9.30 am - 12 noon

Office in Otara South Auckland open Thursday

9.30 am - 12 noon

All services free of charge. No referral required.

**Pregnancy Options and Help**

FSD0016452 Last updated 24/04/2021

Support for pregnant women and partners, and new mothers, including advocacy, supported accomodation, education, and options around care of the child.

15 Paparimu Rd Paparimu Papakura, Auckland 2583



jgrant@maxnet.co.nz  24 hour phone contact (0800) 824 6673(U CHOOSE) 021 293 6687 texts welcome

(09) 292 4357 Koha/donation may apply. http://www.uchoose.org.nz No referral required.

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| **Premium Kids Care (2018) Limited** |  |
| FSD0018108 | Last updated 01/12/2020 |

After School care, Before School Care and Holiday programme provider.

 Northcote Intermediate School 145-157 Lake Rd Northcote Auckland kate@premiumkidscare.co.nz  Before School : 7 - 8:45am

(021) 448 886 After School: 3 - 6pm

http://premiumkidscare.co.nz Holidays: 7:30am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Premium Kids Care Birkdale**

FSD0022780 Last updated 21/12/2020

Before and After School care for children of Birkdale Primary School.

Birkdale Primary School 18 Salisbury Rd Birkdale Auckland 0626 rochelle@premiumkidscare.co.nz  Monday - Friday 7:00am - 8:30am



(027) 325 3229 Monday - Friday 3 - 6pm

http://www.premiumkidscare.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Premium Kids Care Northcross**

FSD0023259 Last updated 21/12/2020

Premium Kids Care offer OSCAR approved out of school care services for children between the ages of 5 and 14. We aim to provide a home away from home while parents are at work or busy.

Before school care 7am - 8:45am

After school care 3pm - 6pm

Holiday programme 7:30am - 6pm

Transporting to nearby schools daily. It is a place where your children are encouraged to relax and enjoy themselves. No two days are the same. Each day is exciting, varied, safe, and affordable but most of all will leave your child wanting to come back for more.

 10 Sartors Ave Northcross Auckland

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| rochelle@premiumkidscare.co.nz  (027) 325 3229 http://premiumkidscare.co.nz/    **Classification : OSCAR** | After school Care from 3pm - 6pm Before School Care 7.30am - 8.30am Holiday programs 8am 6 pm.  Some charges may apply.  No referral required. |

**Premium Kids Care Pinehill School**

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| FSD0022320  OSCAR approved before and after school care. | Last updated 21/12/2020 |

2 Spencer Road Browns Bay Auckland



rochelle@premiumkidscare.co.nz  Before School Care 7am - 8.30am

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| (027) 325 3229 http://www.premiumkidscare.co.nz    **Classification : OSCAR**    **Presbyterian Support Northern** | After School Care 3pm - 6pm  7.30am-6pm school holiday programme Some charges may apply. No referral required. |
| FSD0008142 | Last updated 27/04/2021 |

Presbyterian Support Northern helps create a better life for everyone. Our social services:

* build strong families
* enable older people and those with disabilities or injuries to live in their own homes, stay healthyand engage socially with others
* show those who are struggling financially how to move toward financial independence.

Presbyterian Support Northern 111 Great South Road Epsom Auckland 1051



info@psn.org.nz  Monday to Friday, 8.30am to 5.00pm (09) 520 8600 Financial capability availability: AUCKLAND http://www.psn.org.nz WEST, CENTRAL and SOUTH.

Some charges may apply. Referral may apply.

**Classification : BFC, FVSS**

**ProAid Ltd**

FSD0020216 Last updated 25/03/2021

Offers organisational capability mentoring. Grant Fundraising and Project Management Support to Not for Profits. Please see service detail for more information.

2/37A Walmsley Road Mangere Bridge Auckland 2022



dayaneager@proaid.co.nz  9am - 5pm Monday to Friday. Sat and Sun

(09) 256 1033 Closed.

(022) 040 2852 Some charges may apply. https://www.facebook.com/ProAid-Ltd- No referral required. 244785148872551/

**Problem Gambling Foundation of New Zealand**

FSD0000673 Last updated 01/04/2021

The Problem Gambling Foundation's mission is building healthy communities together, free from gambling harm.

128 Khyber Pass Road Grafton Auckland



help@pgfnz.org.nz  8.30am to 5.00pm phone contact (0800) 664 262  All services free of charge.

(09) 368 1520 No referral required. http://www.pgf.nz

**Promise Education Ltd**

FSD0022840 Last updated 02/09/2020

We are a OSCAR approved provider for After School care and Holiday Programmes.

 52-56 Anzac Road Browns Bay Auckland 0632

nzpromiseschool@gmail.com  2:30PM to 6:30PM during school day (09) 476 5004 8:30AM to 6:30PM during school holiday (021) 275 8234 Some charges may apply. http://www.facebook.com/promiseschool No referral required.

**Classification : OSCAR**

**Prostate Cancer Foundation of New Zealand Inc.**

FSD0001377 Last updated 16/04/2021

A support group for sufferers. To increase public awareness of prostate problems and prostate cancer in particular.

Building C, Suite B 42 Tawa Drive Albany Auckland



info@prostate.org.nz  Monday - Friday 8:30 - 5pm (0800) 477 678 All services free of charge. http://www.prostate.org.nz No referral required.

**Puawai Homebased Childcare**

FSD0020828 Last updated 29/09/2020

Puawai Homebased Childcare is an Early Childhood Education Service where Educators teach, nurture and care for your child in a safe, friendly environment.

166 Wellington Street Pukekohe 2120



puawai\_homebased@outlook.com  Office Hours Mon - Fri 9.00am-4.30pm

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| (0800) 427 829 http://www.puawaichildcare.co.nz/    **Classification : PACIFIC**    **Public Trust** | All services free of charge. No referral required. |
| FSD0006151 | Last updated 19/03/2021 |

Public Trust is best known as New Zealand's largest provider of Wills and estate planning and administration services. We offer independent, professional advice and a wide range of products and services including legal, financial, investment, trusts, estate administration and estate protection.

In fact wherever you're at in your life, we have the experience and expertise to help you protect and manage your family interests and assets.

Level 3 205 Great South Road Greenlane Auckland 1051



info@publictrust.co.nz  Phone Service: 8.00am to 5.30pm Monday to

(0800) 371 471 Friday

http://www.publictrust.co.nz Office Hours: 8.30am to 5.00pm Monday to

Friday

Some charges may apply. No referral required.

**Pukeko OSCAR Before and After School Care**

FSD0022398 Last updated 31/10/2020

Pukeko OSCAR runs fun, engaging before and after-school programmes every day of term time, based at Pakuranga Heights School (as well as school holiday programmes)!

Check out the cool things we do on our Facebook page, updated daily.

We'd love to see you here :)!

School Hall, Pakuranga Heights School 77 Udys Road Pakuranga Heights Auckland 2010 pukekopreschoolPH@gmail.com  Open every day except Statutory holidays.



(09) 576 4822 http://www.pukekopreschools.co.nz Term Time:

Morning: 7:30-8:30am

Afternoon: 3:00-6:00pm

Holiday Programme:

7:30 - 6:00

Some charges may apply. No referral required.

**Classification : OSCAR**

**Pukekohe Community Link**

FSD0007917 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

9-11 Tobin Street Pukekohe 2120



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Pukekohe Counselling Service, Therapy Centre Ltd**

FSD0015168 Last updated 02/03/2021

To provide counselling to the community of Franklin. Offering counselling for trauma, depression, anxiety, phobias, relationship issues, etc.

46 John Street Pukekohe 2120



pukekohecounsellingservice@gmail.com  9.30am - 4.30pm. Tuesday - Thursday

(027) 481 1693 Some charges may apply. http://www.pukekohecounselling.co.nz/ No referral required.

**Pukekohe Salvation Army Budget Service**

FSD0023083 Last updated 12/03/2021

We provide financial literacy education in all aspects of budgeting, planning a budget, managing money, setting goals, cash flow monitoring, how to cope with debt repayment.

Our services include:

\*Building Financial Capability (BFC)

\*All aspects of budgeting \*Financial Advocacy \*Money Mates Courses.

We are also a provider

\*No interest loans (NILS) for those on low incomes.

1 Tobin Street Pukekohe 2120



Pukekohe\_Corps@nzf.salvationarmy.org  Budgeting hours are by appointment

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| (09) 238 5641 http://www.salvationarmy.org.nz    **Classification : BFC**    **Pukekohe Youth Centre**  FSD0000972  Youth Centre | All services free of charge  No referral required  All services free of charge.  No referral required. | Last updated 12/03/2021 |

1 Roulston Street Pukekohe Manukau



pyc@xtra.co.nz  8:30am-6:00pm during School Holidays, 3:00pm-

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| (09) 238 5125      **Puna Ole Atamai Aoga Amata** | 6:00pm During School Term Some charges may apply. No referral required. |
| FSD0023054 | Last updated 15/02/2021 |

We govern and manage Pasifika early childhood services in Mangere, Auckland.

5/29 Wickman Way Mangere Auckland 2024



punaoleatamai@gmail.com  Office open 8.30am to 2.30pm Weekdays

(09) 275 8430 Some charges may apply. (027) 757 9600 No referral required.

**Classification : PACIFIC**

**Quality Education Services**

FSD0021479 Last updated 29/04/2021

Quality Education Services Limited (QES) is a Private Training Establishment (PTE) based in

Auckland New Zealand. We provide education and training for youth and adult learners from our Manukau sites. Our organisation has been working hard in the south Auckland community for over 27 years.

Our mission is to improve the education and skill level of the community by providing high quality education and training within a student / client centered and supportive environment. We deliver six different programmes focused on working with people with little formal education and low foundation skills.

10 Norman Spencer Drive Manukau Auckland 2164



info@qes.org.nz  Weekdays 8.30am - 4.30pm

(09) 252 0055 All services free of charge.

(021) 290 0485 Referral may apply. http://www.qes.org.nz/

**Classification : YS**

**Queen Street Community Link**

FSD0007918 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 3 450 Queen Street Auckland 1010



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Rachel Hendron**

FSD0024089 Last updated 27/09/2020

I work online.

Counselling service, Person-centred, somatic/Focusing-Oriented Therapy. For individual adults and adolescents, couples and families. Welcoming of people with diverse gender identities, backgrounds, ADHD, Autistic spectrum and difference. I work in a trauma-informed, attachment aware, intuitive way to connect with clients, hear their stories and accompany as they make their journey. I am respectful of each client's unique past, current resources and the knowledge they hold to guide them as they move forward. I also offer person centred coaching for parents and supervision and training for therapists who want to develop their somatic facilitation.

rachel@vibrantlife.nz  I work online weekdays (027) 216 0779 Some charges may apply. http://www.vibrantlife.nz No referral required.

**Rainbow Family Services**

FSD0022720 Last updated 27/09/2020

To provide safe, effective counselling for children, young people, adults and their families in Auckland. Specializes in trauma, LBBTIQA+, self-harm, children, adolescents, and family therapy.

ACC registered for sensitive claims.

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| sgranich30@hotmail.com  (021) 038 2451 https://www.ry.org.nz/what-wedo/rainbow-friendly-counselling      **RainbowYOUTH** | Mondays 10am - 8pm in Takanini.  Tuesdays 10am - 8pm in Auckland City.  Skype, zoom and phone sessions available upon request.  Some charges may apply. No referral required. |
| FSD0003596 | Last updated 05/10/2020 |

RainbowYOUTH is a charitable organisation based on providing support, information and advocacy for young queer and gender diverse people up to the ages of 27. Additionally, we have services to support the friends and whnau of queer and gender diverse youth, as well as their schools and others that work with them.

At RainbowYOUTH, we’re about fostering a safe, inclusive, accepting and diverse family environment. We are drug, smoke, and alcohol free.

Our motto is Know Who You Are, Be Who You Are. The Tiwhanawhana Trust in Wellington have gifted us a version of our motto in te reo Maori: Whaia to ake ngakaunui, i te pono, i te marama.

Simply translated, it means: Follow your desires with truth and clarity.

Level 1 11 Edinburgh Street Auckland Central Auckland 1010



info@ry.org.nz  11.00am - 5.00pm Monday to Friday.

(09) 376 4155 All services free of charge. http://www.ry.org.nz No referral required.

**Ranfurly Care Society Incorporated**

FSD0021850 Last updated 12/01/2021

We provide Residential and structured Activity day programme services for people with an intellectual disability as assessed by NASC. See the website for full details.

Ranfurly Care started in 1992 as a parent-based Society.

52-56 Ranfurly Road Auckland 1023



info@ranfurlycare.co.nz  Activity Centre hours are

(09) 630 3010

(09) 630 4108activity centre 8.00am to 4.00pm http://ranfurlycare.co.nz Some charges may apply.

Referral may apply.

**Ranui Baptist Community Care**

FSD0019697 Last updated 22/09/2020

Goals of the Trust are:

* To provide leadership, direction and resources which will enable the Church to minister to its localcommunity by seeking to meet social, emotional, physical, spiritual and educational needs of the people of its local community
* To establish such service centres, programmes and facilities as will enable the Trustees toprovide appropriate community social services
* To alleviate the difficulties of those experiencing hardship of any kind, including financial hardshipand to bring relief through whatever means are available
* To initiate, establish and administer community and social services for people of all ages who forany reason are in need of care, counseling, or assistance
* To carry out such other charitable purposes within New Zealand as the Trustees shall determine

Currently we operate a cluster of community services that address the outcomes of social deprivation (poverty). Our services have an early intervention component.

464 Swanson Road Ranui Auckland 0612 adminsupport@careranui.org.nz  Monday to Friday 9:00am to 5:00pm.



(09) 833 7815 Some charges may apply.

(021) 143 5457 No referral required. http://www.careranui.org.nz

**Classification : BFC, THP**

**Ranui in Motion Trust**

FSD0021392 Last updated 13/07/2020

RIM Trust is an incorporated charitable trust which provides valuable services to Ranui and the greater Auckland. Two key Service providers are our Early Childhood Centre 'Puataunofo Aoga Amata' and our RIM OSCAR programs for 5-13 year olds.

35A Armada Drive Ranui Waitakere 0612



office@paa.org.nz  Monday - Friday 9am-5pm.

(09) 832 0033 Koha/donation may apply. http://www.puataunofo.org No referral required.

**Classification : OSCAR**

**Rape Prevention Education - Whakatu Mauri (formerly Rape Crisis**

**Auckland)**

FSD0003429 Last updated 25/10/2020

Rape Prevention Education (RPE) Whakatu Mauri (formerly Rape Crisis Auckland) is a non-profit organisation working to eliminate sexual violence and abuse through the delivery of specialised training programmes for youth, professionals and communities.

RPE also supports survivors of sexual violence and abuse, their whanau/friends and professionals with an informative website.

Whether you are a survivor, a loved one of a survivor, a professional or a community member visit the website to link to rape crisis help throughout the country.

52 Hepburn Street Freemans Bay Auckland 1011



info@rpe.org.nz  9.00am - 4.30pm Monday to Friday.

(09) 360 4001 Some charges may apply. http://www.rpe.co.nz No referral required.

**RASNZ: Refugees as Survivors New Zealand**

FSD0003548 Last updated 14/01/2021

We provide mental health promotion services for refugees, information programmes, assessments, culturally appropriate counselling, psychotherapy and body therapy.

251 Massey Road Mangere East Auckland 1640



reception@rasnz.co.nz  Monday to Friday (8:30am-5pm)

(09) 270 0870 All services free of charge. http://rasnz.co.nz/ Referral may apply.

**Raukura Hauora O Tainui Trust**

FSD0003728 Last updated 24/06/2020

Primary health care provider.

47 Druces Road Manukau 2104



enquiries@raukura.com  8.30 a.m. - 5 p.m. Monday - Friday

(09) 263 8040 Some charges may apply. http://www.raukura.org.nz Referral may apply.

**Rawiri Residents’ Association Incorporated**

FSD0024308 Last updated 18/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

1 Rata Vine Drive Wiri Auckland 2104



liz@rawiri.org  Office hours Monday - Friday 10.00am - 2.30pm.

(09) 263 8202 All services free of charge. http://www.rawiri.org/ No referral required.

**Reach for the Stars Early Learning Centre**

FSD0022281 Last updated 10/08/2020

Reach for the Stars Early Learning Centre is a privately owned and operated early childhood centre run by hands-on owners Karyn and Bruce Poole and a team of dedicated early childhood teachers.

At Reach for the Stars Early Learning Centre we empower our children to become confident, independent lifelong learners by providing an engaging learning environment where children are given every opportunity, encouragement, guidance and support to ‘reach for the stars’, and to develop to their full potential. Children at our centre are shown love and nurtured while they learn with teaching principles based on established philosophies including Reggio Emilia and Magda Gerber.

If you would like to see if Reach for the Stars Early Learning Centre is right for your family, you can give us a call, send us an email or even just pop in and visit - our centre manager will be happy to show you around.

19 Canaveral Drive Rosedale Auckland



albanychildcare@reachforthestars.co.nz  Mon-Fri, 7:30am to 6:00pm

(09) 476 3950 Some charges may apply. http://www.reachforthestars.co.nz No referral required.

**Reallife Counselling**

FSD0023599 Last updated 27/07/2020

I have experience in working with a wide range of emotional challenges including self esteem, depression, anxiety, abuse, trauma and relationship difficulties and other general real life issues.

I am a qualified Psychosynthesis Counsellor and a member of NZAC. I have been in private practice for the past 20 years. I am a registered Social Worker, currently practicing part-time for a District Health Board, and a member of ANZASW. I am also ACC sensitive claims approved.

I work with individuals, couples, and adolescents, and provide a confidential service following the code of ethics of the New Zealand Association of Counsellors and Aotearoa New Zealand Association of Social Workers.

Professional and Experienced Counselling and Therapy in two convenient clinic locations:

Ponsonby & Glen Eden, Auckland.

35 Jervois Rd Ponsonby Auckland 1010 michelle@reallifecounselling.co.nz  Sessions available by appointment.



(021) 360 063 Some charges may apply. http://www.aucklandcounsellor.co.nz No referral required.

**Reconnect Family Services**

FSD0003740 Last updated 09/02/2021

Reconnect provides a range of services for young people with challenging behaviours. These services include a national residential placement, therapeutic intervention and liaison around educational services for young people, specific youth justice mentoring and placement services and services in the area of supported bail in the Auckland region.

8 Puhinui Road Manukau



info@reconnect.org.nz  8am / 4pm Monday to Friday

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| (09) 926 5360 http://reconnect.org.nz/ | Some charges may apply. Referral may apply. |

**ReConnectNZ Ltd**

FSD0021292 Last updated 21/04/2021

Offers organisational capability mentoring. Please see service detail for more information.

61 Coulter Road Swanson Auckland 0614



sue@reconnectnz.co.nz  Available anytime.

(021) 225 5199 Some charges may apply.

Referral may apply.

**Redeemer Kids**

FSD0021275 Last updated 09/10/2020

Providing after school care in the Manukau area from 3pm to 6pm.

30 Hilltop Road Flat Bush Auckland 2019



tonyb@mcctrust.nz  3pm to 6pm (09) 262 4562 Some charges may apply.

(021) 217 3837 No referral required. http://www.redeemerkids.org.nz

**Classification : OSCAR**

**Regional Forensic Psychiatric Service**

FSD0003888 Last updated 23/06/2020

Forensic psychiatric inpatient service for acute Mental Health.

Mason Clinic, Gate 2 - Carrington Road Point Chevalier Auckland 1025



(09) 815 5860  Reception: 8:00 am - 4:30 pm http://www.waitematadhb.govt.nz/hospital All services free of charge. s-clinics/regional-forensic-psychiatric- Referral may apply. services/

**Regional Sports Trust - Counties Manukau Sport Foundation**

FSD0003719 Last updated 14/12/2020

Delivering free services in the community. Working in three different areas: Schools delivering

Primary Sport and Bike programmes; Community - Free events and school holiday programmes; Social Services - supporting youth to gain employment or education goals, including part time work in schools as a coach.

Finlayson Homestead 190 Weymouth Road Clendon Manurewa 2102



info@cmsport.co.nz  Office available Monday - Friday 9am - 3.30pm

(09) 269 0066 Answerphone available outside hours. http://www.cmsport.co.nz All services free of charge.

Referral may apply.

**Classification : YS**

**Relate Counselling**

FSD0023134 Last updated 31/12/2020

Relate Counselling is Auckland's relationship and marriage rescue team. Our team are all trained in not just one - but at least two specialist approaches to couples therapy. Couples and relationship work is a challenging area of counselling requiring a specific skill set in order to be effective. Our team is passionate about making relationships awesome! Our team also offers affordable relationship counselling with qualified counsellors through our internship programme.

Unit 19 210 Victoria Street West Victoria Park Auckland 1010



contact@relate.kiwi.nz  Monday - Friday 8:30-8 pm (020) 4 RELATE (735283) Saturday - Sunday 9 - 2 pm http://relate.kiwi.nz Some charges may apply.

No referral required.

**Relationship Matters Limited**

FSD0019512 Last updated 01/05/2021

Relationship Matters Ltd provides Counselling, Mediation, Training, Consultancy, Employer Workplace Assistance, and Online Social service assistance.

 179 Hillsborough Road Hillsborough Auckland

steve.taylor@relationshipmatters.org.nz  After-hours and weekends.

(021) 259 2506 Some charges may apply. http://relationshipmatters.org.nz No referral required.

**Relationship Rescue**

FSD0024379 Last updated 17/09/2020

Relationship Rescue offers specialist couples, individual and child therapy. Our therapist have decades of experience and have been trained in multiple couples therapy approaches including Imago, Gottman, Systemic Family Therapy, Emotionally Focused Therapy and Love and Logic.

We have counsellors who specialise in:

Affair recovery

Communication

Conflict management

Anger Management

Abuse Dynamics - including emotional abuse, coercive control, financial abuse and narcissism.

Post Separation Abuse Dynamics

Sex Therapy

Loss of connection

Parenting differences and tools

Family court - what to expect and how to survive it

Child therapy

We're passionate about helping you create the relationship that work for you both and can provide you with very practical tools that will deepen your connection and get the fun energy back.

We provide in person counselling in Auckland or zoom counselling with people anywhere in the world, including couples in separate locations.

50 Torrington Crescent Glen Innes Auckland 1072



janine@relationshiprescue.co.nz  Monday to Friday 9am-8pm

(021) 025 67201 Saturday - Noon- 6pm

http://www.relationshiprescue.co.nz Sunday - closed

Some charges may apply. No referral required.

**Rethink.org.nz**

FSD0023108 Last updated 29/06/2020

Free training for organisations in the Education and Social Housing sector.

Two+ Rethink is a Like Minds, Like Mine anti-stigma and discrimination education initiative.

These two projects centre on anti-stigma and discrimination education for selected Education

Providers (secondary, tertiary, alternative) in the North Island (Auckland, Wellington, Northland,

Bay of Plenty and Waikato) as well as Social Housing Providers in the North Island (Auckland,

Wellington, Hamilton and Tauranga to promote social inclusion for people with mental distress.

Two face-to-face workshops, organisational consultation and e-learning elements make up the project. Contact today to take one of the limited spots.

395A Manukau Road Auckland 1023



likeminds@mindandbody.co.nz  Monday to Friday 9am-5pm

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| --- | --- |
| (09) 630 5909 ext 817 http://rethink.org.nz      **Revive Family** | All services free of charge. No referral required. |
| FSD0022765 | Last updated 29/03/2021 |

Revive Family is a Family therapy, couple and individual counselling and social work service provider for Auckland region.

|  |  |
| --- | --- |
| wonkon@revivefamily.co.nz  (021) 232 7658 http://www.revivefamily.co.nz | During a week  Some charges may apply.  No referral required. |

**Richmond Road Out of School Care**

FSD0021248 Last updated 26/03/2021

Our motto at Richmond Road OSCAR is 'to provide a safe and happy place for children between school and home'. It is a privately - home from home - out of school care establishment.

I have been running this care service within Richmond Road School in Ponsonby for 14 years. Although the programme is operated from Richmond Road School mainly for the school community the door is open to other schools and the wider community.

ALL ARE WELCOME.

I run a Before School, After School and Holiday Programmes every school day and school holidays. We have 5 - 13 year old attending and offer a wide range of activities and care and cater to our multilingual / multicultural community. I look forward to chatting more about what we offer for your children.

c/o Richmond Road School 113 Richmond Road Ponsonby Auckland 1021 suewinslow01@gmail.com  Available 24 hrs



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| (027) 278 2000 (021) 066 8280 http://www.richmondroad.school.nz    **Classification : OSCAR**    **Riverside Community Centre** | B4SC - 7 - 9am  ASC - 3 - 6pm  Holiday Programmes - 8am - 6pm Some charges may apply. No referral required. |
| FSD0023969 | Last updated 13/07/2020 |

Riverside (Taha Awa) Community Centre is a small community facility on the western banks of the Tamaki Estuary. It has long served the local community since the early 1970s providing a safe space for local youth, church groups, community activities, birthday parties and private functions.

Its central location provides easy access to the wider Auckland suburbs.

20-22 Peace Avenue Mt Wellington Auckland 1060



bevan.chuang@aucklandcouncil.govt.nz  Monday - Friday 9am - 5pm

(09) 301 0101 Some charges may apply.

(09) 379 2030 No referral required.

https://www.aucklandcouncil.govt.nz/

**RNZN Chaplaincy Centre**

FSD0003560 Last updated 19/02/2021

We along with the Navy Community Organisation, provide family support and counselling and advice for our Navy families.

Chaplaincy Centre, Devonport Naval Base - Queens Parade Devonport Auckland 0744



(09) 445 5325  Monday - Friday 8:00am - 4:00pm. After hours

Navy Chaplains can be contacted in case of emergency through Naval Base Duty watch (09) 445 5120.

All services free of charge. No referral required.

**Roopa Aur Aap Charitable Trust**

FSD0019584 Last updated 24/08/2020

Roopa Aur Aap charitable Trust is “Not for Profit” organisation. The organisation provides culturally appropriate counselling and other support services to the victims of family violence within the South Asian community in Auckland. The organization’s primary objective is to provide free counselling, support services, family advocacy with help of professionals, immigration help again with the help immigration advisers, interventions programmes for the victims of domestic violence and disputes, educating and empowering the weaker individuals and families of the South Asian community. Roopa Aur Aap Charitable Trust focuses on reducing discrimination, removes barriers, create opportunity and participation through workshops and support services.

1193B Dominion Road Mount Roskill Auckland 1041



roopa.suchdev@roopaauraap.org.nz  Monday to Friday - 10am to 4pm ( Physically)

|  |  |
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| (09) 620 4606  (021) 665 609 http://roopaauraap.org.nz/      **Roskill South Oasis Hub** | All Seven day- 24/7 on phone number:  021665609  All services free of charge. No referral required. |
| FSD0015562 | Last updated 19/10/2020 |

To provide support for a network of early years services, improve the co-ordination and make access to these services easier for families with children pre-birth to 6 years of age.

Roskill South Oasis 56 Glass Road Mt Roskill Auckland 1041



thehub@roskillsouthoasis.org.nz  Monday to Friday

(09) 620 8079 8.30am to 12.30pm (021) 375 253 All services free of charge.

No referral required.

**Ruaptaka Marae Society Incorporated**

FSD0024311 Last updated 18/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

106 Line Road Glen Innes Auckland 1072



georgie@ruapotakamarae.co.nz  Please contact us for times service is open

(027) 290 8771 All services free of charge. https://www.facebook.com/Ruapotakamar No referral required. ae/

**Rkau Tautoko Ltd**

FSD0024309 Last updated 22/08/2020

The Kai Collective Project does food support a little differently.

We are a collective of local groups and grassroots leaders who have come together as a collective and created a shared pool of resources and support to address food security needs across our communities.

We support and empower local organisations and local leaders to have food resources and the wrap-around support to distribute out to their own communities.

We believe collaboration is a key ingredient in food security and food sovereignty.

The core organisations that make up The Kai Collective Project currently are:

* ASPARGOVE
* Faith Family Connect
* Synergy Trust- Rkau Tautoko

And our amazing local leaders that we distribute out to.

Cornerstone Hall 99 Pilkington Road Panmure Auckland 1072



kaicollective@rakautautoko.com  Please contact us for ways that we can support,

(022) 469 3761 and when. https://rakautautoko.com/ All services free of charge.

No referral required.

**Safe Kids in Daily Supervision (SKIDS) - Henderson**

FSD0008212 Last updated 16/12/2020

SKIDS provide on-site OSCAR approved programmes at around 170 sites across New Zealand.

We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Henderson Primary School, Assembly Hall 11b Montel Avenue Henderson Auckland 0612 henderson@skids.co.nz  Monday to Friday:



(09) 390 4545

(022) 447 5437 Before School Care:

http://www.skids.co.nz/location/henderson 6.45am – 8.15am

/ After School Care:

2.45pm – 6.00pm

We also run School Holiday programmes.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Limited - Waitoki**

FSD0022417 Last updated 14/12/2020

We provide OSCAR approved Before & After School Care for children aged 5-12. We are based at Waitoki School.

Waitoki School Hall 1119 Kahikatea Flat Road Waitoki 0871



waitoki@skids.co.nz  After School Care: 2:30pm-6:00pm (027) 846 1725 Some charges may apply.

(027) 723 6056 No referral required.

http://www.skids.co.nz/location/waitoki/

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - Halsey Drive**

FSD0008203 Last updated 22/04/2021

SKIDS Halsey Drive provides on-site Before and After School care programmes at Halsey Drive

Primary School, Lynfield, Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Halsey Drive School Hall 106 Halsey Drive Lynfield Auckland



purity@skids.co.nz  Before school care from 7.30-8.30am

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| (021) 035 6547 (021) 150 0912 http://www.skids.co.nz    **Classification : OSCAR** | After school care from 3-6pm, Holiday programmes from 7:30am -6pm. After hour contact: 09 9403665 Some charges may apply.  No referral required. |

**Safe Kids in Daily Supervision (SKIDS) Ltd - Hillsborough**

FSD0008205 Last updated 17/09/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Hillsborough Primary School Hall - Belfast St Hillsborough Auckland



hillsborough@skids.co.nz  In office Monday to Friday 7.30am - 6.00pm

(09) 818 9662 Some charges may apply.

(021) 157 9344 No referral required.

https://www.skids.co.nz/locations/hillsboro ugh/

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - Massey**

FSD0008213 Last updated 14/12/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Massey Primary School 326 Don Buck Road Massey Waitakere massey@skids.co.nz  Monday to Friday



(021) 247 8828 (Manor Pillay, owner) 7am to 8.30am and 2.55pm to 6 pm

(09) 390 8828 (Office) Some charges may apply. http://www.skids.co.nz No referral required.

**Classification : OSCAR**

**Safe Kids In Daily Supervision (SKIDS) Ltd - Mellons Bay**

FSD0015214 Last updated 17/09/2020

After School Care and Holiday Program for children aged 5 - 13.

140 Mellons Bay Road Howick Manukau



mellonsbay@skids.co.nz  School Terms: Mon - Fri (3pm - 6pm) (021) 975 636 Holidays: Mon - Fri (8:30am - 5:30pm)

(09) 533 3629 (office) Some charges may apply. http://www.skids.co.nz/location/mellons\_b No referral required. ay/

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - Mt Albert**

FSD0008218 Last updated 16/02/2021

SKIDS provide on-site OSCAR programmes at more than 50 schools throughout New Zealand. We are Social Sector Accredited and our families can access Work and Income OSCAR subsidies when using our services.

Mt Abert Primary 6 Sainsbury Road Mt Albert Auckland



mtalbert@skids.co.nz  3pm-6pm weekdays in school terms and (021) 026 06460 8am-6pm during School Holidays http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - National Office**

FSD0008201 Last updated 16/11/2020

sKids provide on-site OSCAR approved programmes at 64 schools nationwide and 53 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

62A Diana Drive Wairau Valley Auckland 0627



admin@skids.co.nz  Office Daily 9am-5pm.

(0800) 274 172 Some charges may apply.

(09) 576 6602 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - Titirangi**

FSD0008214 Last updated 18/12/2020

SKIDS provide on-site OSCAR approved programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Titirangi Primary School Hall - Atkinson Road Titirangi Auckland titirangi@skids.co.nz  Monday to Friday from:



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| (021) 247 8828 (09) 390 8828 http://www.skids.co.nz | 7am - 8.30am  2.55pm - 6pm  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Safe Network Charitable Trust**

FSD0003433 Last updated 02/11/2020

Safe Network is New Zealand’s largest community based specialist service for those with concerning, problematic and harmful sexual behaviour. Our specialist clinicians work with adults and youth to address their harmful sexual behaviour towards children or others, as well as with children who have concerning sexual behaviours, assisting them to learn to express themselves in healthier ways.

We provide specialist services for both males and females who display concerning, problematic and harmful sexual behaviour, including contact and non-contact behaviour such as accessing, distributing or producing child sexual abuse images and films through the internet and social media.

If you are a counsellor, social worker, psychotherapist, clinical psychologist or another helping professional you can call Safe Network on 09 377 9898. Ask to speak with one of our clinical team leaders to arrange next step.

24 Burleigh St Grafton Auckland 1023



info@safenetwork.org.nz  8.30am - 5:00pm, Monday to Friday.

(09) 377 9898 Some group work occurs in the evenings.

http://safenetwork.org.nz Some charges may apply.

No referral required.

**Classification : SHSS**

**Sahaayta**

FSD0020667 Last updated 13/07/2020

Sahaayta was conceived to serve and meet the growing needs of the South Asian community in Auckland. Sahaayta provides holistic, confidential, culturally appropriate counselling and support services for individuals, couples, families, youth, children and seniors. We also run support groups (Women's groups, Anger Management groups & Personal Development groups) periodically.

15A Norman Spencer Drive Papatoetoe Auckland 2104



info@sahaayta.org.nz  Monday - Friday 9.30 am - 5.00 pm

(09) 280 4064 Some charges may apply. http://www.sahaayta.org.nz No referral required.

**Salt Community Trust**

FSD0024313 Last updated 26/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the Hibiscus Coast Community

6 Hibiscus Coast Highway Silverdale 0932



operationreach@salttrust.org.nz  Please contact us via email for times service is

(021) 090 63486 open (NB: When operating under Covid-19 Alert http://www.salttrust.org.nz/ Levels 3 and 4, hours of operation are manged

to meet the need accordingly) Some charges may apply. No referral required.

**Sands Auckland Central Inc.**

FSD0008133 Last updated 21/12/2020

Sands Auckland Central is a parent-run group supporting families, throughout the Auckland region (mainly North Shore, Central Auckland and Waitakere), who have experienced the death of a baby - at any age or gestation, and in any circumstance.

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| info@sandsauckland.org.nz  (0508) Sands A (0508) 72 63 72 http://www.sandsauckland.org.nz      **School's Out Wolverton** | Email and phone support available.  Monthly support group - first Thursday evening of the month (no January group).  All services free of charge. No referral required. |
| FSD0022226 | Last updated 26/03/2021 |

School’s Out Wolverton caters for children between the ages of 5-13 years who are attending Primary or Intermediate school. OSCAR approved sessions run Before School, After School and during every School Holidays.

At School’s Out, we are committed to providing each child with a safe, positive, fun and happy environment in which to grow. Our daily, weekly and holiday programmes are tailored to meet the needs, interests and abilities of the children in our care.

c/- Best Start Wolverton St 25 Wolverton St Avondale Auckland 0600



wolverton@schoolsout.co.nz  Monday-Friday (excl. stat holidays)

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| (09) 828 9089 (027) 688 8477 https://schoolsout.co.nz/wolverton/    **Classification : OSCAR**    **School's Out Wyllie** | Before School 7am-9am  After School 3pm-6pm Holiday Programme 7am-6pm Some charges may apply. No referral required. |
| FSD0022222 | Last updated 26/03/2021 |

School’s Out caters for children between the ages of 5-13 years who are attending Primary or Intermediate school. Our OSCAR approved daily, weekly and holiday programmes are tailored to meet the needs, interests and abilities of the children in our care.

At School’s Out, we are committed to providing each child with a safe, positive, fun and happy environment in which to grow.

44 Wyllie Road Papatoetoe Auckland 2025



wyllie@schoolsout.co.nz  Monday to Friday (excluding stat. holidays)

(09) 277 1216 Before school 7am-9am

(027) 440 5072 After school 3pm-6pm

https://schoolsout.co.nz/wyllie/ Holiday programme 7am-6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Schools Out Before & After School Care New Windsor**

FSD0022831 Last updated 19/01/2021

Schools Out New Windsor Before and After School Care is a privately and locally owned business that has operated since 2001 and is conveniently based on site in the school hall at New Windsor Primary School. We are OSCAR approved & cater for Work & Income subsidies. Our aim is to provide a safe and secure, fun environment where the children and our dedicated staff can enjoy the great range of activities available. Breakfast & afternoon tea is provided offering the children a great range of tasty & healthy foods.

New Windsor Primary School 185 New Windsor Road New Windsor Auckland 0600



dazshaz@xtra.co.nz  Monday-Friday (excl. stat holidays) Before

|  |  |
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| (021) 239 2116 (09) 828 0427 https://schoolsout.co.nz/    **Classification : OSCAR** | School Care 7am to 8.30am.  After School Care 3pm to 6pm.  Some charges may apply.  No referral required. |

**Schools Out Waimauku/Huapai**

FSD0022496 Last updated 12/01/2021

We specialise in OSCAR approved Before and After School Care and School Holiday programmes and are based at Huapai and Waimauku Schools.

At Schools Out we are committed to providing excellence in the school age child care. Our programme aims to provide a safe and enjoyable environment while attempting to encompass individual needs, cultures and interests. The atmosphere is relaxed with the necessary boundaries to ensure safety.

School's Out After School Care was established in May 1997 and before school care began in 2002 as demand from parents increased.

Waimauku War Memorial Hall 24 Waimauku Station Road Waimauku Auckland 0812 sandra@afterschoolcare.net.nz  Monday to Friday 7am-8.30am & 3pm to 6pm (027) 226 0890 during school term and 7am to 6pm during http://afterschoolcare.net.nz school holidays



Some charges may apply. No referral required.

**Classification : OSCAR**

**Seasons - Warkworth / Wellsford**

FSD0021727 Last updated 17/02/2021

Seasons for Growth is a programme for children, young people or adults who have experienced significant change or loss.

Seasons for Growth is based on the belief that change, loss and grief are a normal and valuable part of life. We examine the impact of changes such as separation, divorce, death, or other significant changes on our live, and explore how we can learn to live with and grow from these experiences.

The core intentions of the programme is to development resilience and emotional literacy to promote social and emotional wellbeing. The programme is educational in nature and does not provide therapy or counselling.

Groups are run through local schools and colleges for the children and young people. Adult groups meet in local halls.

Groups run for 9 - 4 weeks depending on the programme

There is no charge but donations to cover costs are always welcome.

seasonswarkworthwellsford@gmail.com  Groups are run during school term dates. Calls

(021) 081 33586 and emails answered on weekdays. https://www.facebook.com/SeasonsWark Koha/donation may apply. worthWellsford/ No referral required.

**Seasons for Growth Howick**

FSD0006650 Last updated 05/10/2020

Seasons for Growth is an innovative 8 week grief and loss education programme that uses the imagery of the seasons to illustrate the experience of grief. It aims to strengthen the emotional and social wellbeing of children and young people (aged 6-18) who are dealing with significant life changes by-

* exploring the impact of change and loss on every-day life
* learning new ways to respond to these changes

Trained adult companions facilitate the small group programme where participants support and learn from each other in age appropriate and engaging activities.

Young people learn that they are not alone in dealing with the effects of change, loss and grief and build their communication, decision making and problem solving skills within a supportive peer group.

All Saints' Community Centre 30 Cook Street Howick Manukau griefandloss@allsaintshowick.org.nz  School hours



(09) 533 0222 Koha/donation may apply.

(022) 423 8904 No referral required. https://www.goodgrief.org.au/

**Seed 2 Harvest Trust**

FSD0024310 Last updated 01/03/2021

VISION: STRONG VALUES = STRONG FAMILIES = STRONG COMMUNITIES

MISSION STATEMENT:

To initiate and establish programmes that are empowering. Creating platforms that approach leadership development, entrepreneurial opportunities, sustainable living and wellbeing. Our underpinning values in everything that we do is aroha (love), whanaungatanga (relationship) and hauora (wellbeing).

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| seedtoharvest15@gmail.com  (021) 678 192 https://www.seed2harvest.co.nz/      **Seedlings Education** | CLICK on our website and from the HOMEPAGE scroll down to "S2H Food Parcel" TAB - click and complete the form - the team will arrange a parcel for you. We are a Distribution Hub ONLY for deliveries.  All services free of charge. No referral required. |
| FSD0022911 | Last updated 18/08/2020 |

We are a home-based education program offering support and guidance to people caring for children in the home.

 3/12 Laidlaw Way East Tamaki Manukau 2016

info@seedlingseducation.co.nz  Monday - Sunday 6am - 8:30pm

(09) 273 5525

(0800) 733 354 0800 SEEDLINGS

http://seedlingseducation.co.nz All services free of charge.

No referral required.

**Shakti Asian Women's Centre**

FSD0007645 Last updated 27/01/2021

This organisation provides a 24-hour national crisis call service (0800 SHAKTI) for ethnic women in domestic violence, drop in centres for women, outreach, case work, advocacy, counselling, legal referral, interpreting, life skills programmes, domestic violence intervention and awareness training for communities and lobbying for legislation change.

3 Cardwell Street Onehunga Auckland



scc@shakti.org.nzDrop In Centre 9am to 4pm

(0800) 742 584 SHAKTI (24 hr crisis) All services free of charge. http://shaktiinternational.org/ No referral required.

**Shakti Community Council Inc**

FSD0016662 Last updated 19/03/2021

Shakti Community Council Inc. is a culturally-competent community organisation servicing New Zealand's Asian, African and Middle Eastern communities since 1995. Our Mission: To facilitate good health and overall well-being of New Zealand's migrant and refugee communities through culturally appropriate services within a culturally appropriate environment. Besides an office in Wellington, our member organizations includ Shakti Asian Women's Centre Inc.; Shakti Asian Women's Safehouse Inc. (2 refuges); Shakti Legal Advocacy & Family Social Services Inc.(for families); Shakti Education Training & Advisory Company (SETAC) Ltd; Shakti Ethnic Women's Support Group Central Region Inc Inc.(drop in centre and refuge); Shakti Ethnic Women's Support Group, Christchurch Inc.(drop in centre and refuge). Our services include advocacy for women and families, safe refuge for victims, legal clinics, counseling, lifeskills programmes, youth intervention and support and settlement support.

 153 Rathgar Road Henderson Auckland 0610

scc@shakti.org.nz  Normal work hours: 9am to 4pm, Monday to

(0800) SHAKTI (742584) Friday. Women in crisis can call our 24-7 crisis

(09) 838 4217 line, 0800SHAKTI (0800 742584) https://shaktiinternational.org/shakati-new- All services free of charge. zealand/ No referral required.

**Classification : FVSS**

**Shanti Niwas Charitable Trust**

FSD0022954 Last updated 21/09/2020

Shanti Niwas is a non-profit organisation, has a long history of working with senior citizens of Indian and South Asian origin living in the Auckland region since 1994 to ensure they are valued and treasured by society.

Our mission is to provide culturally appropriate aged care services along with social, emotional, educational, physical and spiritual support for the wellbeing of older people of Indian and South Asian origin.

The trust delivers Positive Ageing Day programmes for older people and people with special needs in the Auckland region. We also provide counselling, advocacy, translation services, help to access health related practical assistance etc and help them integrate into New Zealand society for the betterment of the quality of life of seniors and their families. Our other services include

KHUSHI – Elder Abuse and Neglect Prevention Services, SNEH – Shanti Niwas Emergency Home for the seniors, DOSTI – Volunteer Visiting services and many more.

(Beside Dolphin Theater) 14 Spring Street Onehunga Auckland 1061 shantiniwas@xtra.co.nz  Mon - Fri 9.30am - 4pm (09) 622 1010 Some charges may apply.



(021) 202 8406 No referral required. http://www.shantiniwas.org.nz

**Classification : EARS**

**Sherwood Before & After School Care & Holiday Programmes**

FSD0017873 Last updated 12/04/2021

We provide quality care in a safe and stimulating environment with trained staff to ensure your child has the best care possible when you cannot be there for them.

Daily term time from 7am to 6pm. Teacher only days 7am - 6pm (dependent on staffing) Holiday programmes x 8 weeks per year. 7.30am - 6pm.

40 Sartors Avenue Browns Bay Auckland 0360



christinea@sherwoodprimary.school.nz  7am - 6pm daily Term time

(09) 476 2594 7.30am - 6pm Holiday Programmes http://sherwoodprimary.school.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Sherwood Primary Before & After School Care**

FSD0021219 Last updated 12/04/2021

We offer parents OSCAR approved Before & After School Care and Holiday Programmes in a safe, secure, stimulating and friendly environment for your child when you are unable to be at home.

Situated on school grounds in our own buildings with access to 3 age relative playgrounds, which are supervised by trained staff.

Outside provider activities are run onsite and we will take and bring back your child from any they may have booked in too.

Afternoon tea is provided and supervision of homework is completed 4 days of the week, however parents take full responsibility for content and signing off for teachers. . You are welcome to visit at anytime.

40 Sartors Avenue Browns Bay Auckland 0360



basc@sherwoodprimary.school.nz  Opening at 7am daily to 6pm Term time and

(09) 476 2594 730am - 6pm holidays. http://www.sherwoodprimary.school.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Shine (Safer Homes In New Zealand Everyday)**

FSD0003515 Last updated 18/09/2020

Shine (Safer Homes In New Zealand Everyday) is making homes violence free. Shine offers a free national Helpline, frontline services for adult and child victims of domestic abuse and for men who've used violence, as well as training programmes, the DVFREE workplace programme, and Shine in School programme.

Ground Floor 409 New North Road Kingsland Auckland 1021



enquiries@2shine.org.nz  Helpline (0508 744 633) is answered 9am -

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| (0508) 744 633 (09) 815 4601 http://www.2shine.org.nz      **Shore Vineyard Church** | 11pm, 7 days a week . Our office hours are  8.30am - 5.00pm weekdays. Some charges may apply. Referral may apply. |
| FSD0022071 | Last updated 12/04/2021 |

We provide services to the North Shore Auckland. Mainly music on Friday, community events and an emergency food-bank. The food-bank is by referral only and meets the needs of short term emergency difficulties. To access the service contact your support agency or call into the Citizen's Advice Bureau. We can deliver Monday through Thursday.

We run CAP Life Skills and Money courses and the Alpha Marriage class

2 252 Forrest Hill Road Forrest Hill Auckland 0620



shore@svc.org.nz  Family Services at 10am and 5pm every http://www.svc.org.nz Sunday.

All services free of charge. Referral may apply.

**SIAOLA**

FSD0023218 Last updated 14/09/2020

Siaola is a social service provider that is focused on the elimination of youth suicide and child abuse prevention. This is in line with the Methodist Mission ‘Let the Children Live’ 10 year Plan. We work with Tongan families in the areas of Family Violence Prevention and Child Protection through building successful and thriving lives for our Tongan families. Our programmes are focused on Famili Lelei - Relationships, Education and Health.

Level 1 409 Great South Rd Penrose Auckland 2022



Kathleent@methodist.org.nz  9am to 5pm

(09) 600 2662 Monday- Friday https://www.facebook.com/VahefonuaMet All services free of charge. hodistMission/ No referral required.

**Classification : PACIFIC**

**SIDS and Kids New Zealand Incorporated**

FSD0015107 Last updated 30/06/2020

Established to provide services for families and communities who have been affected by SIDS (Cot Death), SIDS New Zealand Incorporated is a national organisation of parents, families and friends of children who have died suddenly and/or unexpectedly of any cause including SIDS.

info@sids.org.nz  24 Hours

(0800) 164 455  All services free of charge. http://www.sidsandkids.org.nz No referral required.

**Silent Gays**

FSD0021759 Last updated 18/09/2020

The Silent Gays Project helps people who have suffered in religion because of their sexual and gender identity.

We provide the freedom and security to question everything without fear, and address the pain, suffering and abuse of being gay (LGBT) in religion.

This is NOT a “gay christian” service that attempts to simply reconcile traditional Christianity with being LGBT.

We are NOT interested in changing your orientation.

We ARE however, interested in helping you understand the spiritual, emotional, physical, and social aspects of the way you are and, most importantly, help you to see how absolutely and unconditionally loved you are, just as you are.

We have a full range of online services as well as monthly get togethers.

info@silentgays.com  Our online groups are constantly active. http://silentgays.com

Our face to face groups are run monthly - please contact us for details.

All services free of charge. No referral required.

**Silver Fern Motorsport Charitable Trust**

FSD0021627 Last updated 14/01/2021

Our purpose is:

To provide training, education and mentorship to people, particularly young people who are identified as “at-risk” or disadvantaged, focusing on the automotive and motorsport based industries, and to better place them for future employment and for self-development.

4087b Great North Road Glen Eden Auckland 0602



ted.jarvis@silverfernmotorsport.com  Monday - Friday 8:30am to 5pm

(021) 635 031 All services free of charge. http://www.silverfernmotorsport.com No referral required.

**Sistema Aotearoa**

FSD0019047 Last updated 22/12/2020

Sistema Aotearoa is a system of musical tuition based on El Sistema, one of the world's most successful music and social development projects. The programme involves professionally trained musicians working in a community setting after school and in holidays to bring the joy and discipline of music making to children. There is no cost to participants. Pupils will learn basic musicianship and the skills of playing an instrument in a way suitable to their age.

46 Fair Mall Otara Auckland 2023 info@sistemaaotearoa.org.nz (021) 618 922 http://sistemaaotearoa.org.nz



9am-6pm Monday to Friday All services free of charge. No referral required.

**Sisters of Mercy Wiri**

FSD0005894 Last updated 15/01/2021

Sisters of Mercy Wiri is a community based social service agency with a strong social justice and community development focus. We provide a range of services to meet the needs of children, families/whanau and the community.

14 Trevor Hosken Drive Wiri Auckland 2104 info@sistersofmercywiri.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 263 6464 The service is predominantly for the people who http://www.sistersofmercywiri.org.nz/ live in Wiri/Manurewa.

All services free of charge. No referral required.

**Skids - Sylvia Park**

FSD0008219 Last updated 05/02/2021

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Sylvia Park School - Longford Street Mt Wellington Auckland



sylviapark@skids.co.nz  Breakfast Club 7.30 to 8.30 Mon to Fri

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| (027) 291 9116 (027) 539 9412 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Anchorage Park** | After School Care 2.45 to 6.00 Mon to Friday. Holiday Programme runs from 8.00 to 6.00 Mon to Fri on the holiday weeks.  Some charges may apply. No referral required. |
| FSD0022025 | Last updated 16/11/2020 |

sKids Anchorage Park offers OSCAR approved after school care and holiday programmes servicing the Anchorage Park School community and greater Pakuranga communities. We are Social Sector accredited, qualifying families can access Work and Income subsidies.

Fantastic staff and amazing fun and safe programme for all children aged 5 to 14 years of age!

Anchorage Park School 16 Swan Crescent Pakuranga Auckland 2010 admin@skids.co.nz  Programme hours:



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| (0800) 274 172 (09) 576 6602 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Arahoe** | After School Care - 3pm to 6pm Holiday Care - 8am to 6pm Some charges may apply. No referral required. |
| FSD0022298 | Last updated 27/10/2020 |

Provider of OSCAR approved out of school care services for school aged (5years - 13years) children.

11 Arahoe road New Lynn Auckland 0600



arahoe@skids.co.nz  7.00am - 8.30am - Before School Care

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| (021) 931 133  (027) 565 5251 http://skids.co.nz    **Classification : OSCAR**    **Skids at Bairds Mainfreight** | 3.00pm - 6.00pm - After School Care 7.00am - 6.00pm - Holiday Care Some charges may apply. No referral required. |
| FSD0018562 | Last updated 22/04/2021 |

We offer you the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in: Before school care, After school care, and School holiday programmes. We take the care and welfare of your children very seriously. The safety and care of your child is our number one priority.

 12 Edward Avenue Otara Auckland 2023

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| bairds@skids.co.nz  (027) 627 5001 (0800) 543 922 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Balmoral** | Hours of operation 2.45pm - 6.30pm, Monday to Friday.  Some charges may apply. No referral required. |
| FSD0008215 | Last updated 04/02/2021 |

SKIDS provide on-site OSCAR approved programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Balmoral School hall - Brixton Road Mount Eden Auckland



balmoral@skids.co.nz  Before / After School, 7.30-8.45am and 3.00-

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| (021) 975 632 (021) 683 763 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Bayfield** | 6.00pm daily in school term  8.00am-6.00pm school holidays Some charges may apply. No referral required. |
| FSD0023073 | Last updated 19/03/2021 |

SKIDS provide on-site OSCAR approved programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Bayfield School 2-12 Clifton Rd Herne Bay Auckland 1011



bayfield@skids.co.nz  After School, 3.00-6.00pm daily in school term.

(027) 528 6999 8.00am-6.00pm school holidays http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Belmont**

FSD0023183 Last updated 30/09/2020

SKIDS provide onsite before/after school care and holiday programmes at 150 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income out of school care and recreation subsidies when using our services.

Belmont Rose Centre 4 School Road Belmont Auckland 0622



belmont@skids.co.nz  Before School Care: 7.30-9am Monday to Friday (022) 692 0087 After school Care: 3-6pm Monday to Friday (021) 185 1239 Holiday Programme: 7.30-6pm Monday to Friday http://www.skids.co.nz/location/belmont/ between school terms.

Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Birkdale North School**

FSD0023307 Last updated 24/09/2020

OSCAR approved Before School Care, After School Care and School Holiday Programme Provider for ages 5-13 years old.

213 Birkdale Road Auckland 0626



birkdalenorth@skids.co.nz  Term time: Monday to Friday 7am to 8:30 am;

(022) 160 9033 3pm to 6pm

(022) 084 9253 School Holiday : Monday to Friday 7 am to 6pm https://www.skids.co.nz/locations/birkdale Some charges may apply.

\_north/ No referral required.

**Classification : OSCAR**

**Skids Birkenhead**

FSD0022364 Last updated 02/11/2020

We provide a quality Before, After School Care and Holiday Programme for many years. A Structure Programme runs according to theme including homework supervision, extra Maths practice, sports, art and craft, baking and cooking, science and fun games.

77 Mokoia Road Birkenhead Auckland 0626 birkenhead@skids.co.nz (021) 118 1621 (021) 127 1685 http://www.skids.co.nz



**Classification : OSCAR**

**Skids Botany Downs**

FSD0021488

Before School Care 7.00am till 8.30am

After School Care 3.00pm till 6.00pm Holiday Programme 7.00am till 6.00pm Some charges may apply. No referral required.

Last updated 18/12/2020

OSCAR Approved Holiday Programme at Botony Downs School, Auckland.

Botany Downs School 35 Mirrabooka Avenue Botany Downs Auckland 2010 botanydowns@skids.co.nz  7.30am to 6pm during holidays (022) 020 0991 Some charges may apply. http://www.skids.co.nz/location/botany\_do No referral required. wns/



**Classification : OSCAR**

**sKids Browns Bay**

FSD0021649 Last updated 24/08/2020

Welcome to Safe Kids In Daily Supervision (sKids) where the safety and care of your child is our number one priority and offers the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in:

Before school care

After school care

School holiday programmes sKids Active! sports programmes

We pride ourselves on being New Zealands largest private out-of-school supervised care provider, we take the care and welfare of your children very seriously.

For us this is more than a business it's a PASSION - visit our website.

Browns Bay School Hall - Masterton Road Browns Bay Auckland 0630



brownsbay@skids.co.nz  7.00 - 8.30am Before School

|  |  |
| --- | --- |
| (021) 384 038 (022) 129 0050 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Bucklands Beach** | 3.00 - 6.00pm After School  7.00 - 6.00pm Holiday time Some charges may apply. No referral required. |
| FSD0021417 | Last updated 18/08/2020 |

We provide before and after school care and holiday programmes for primary aged school kids.

107 Clovelly road Bucklands Beach Manukau 2012



bucklandsbeach@skids.co.nz  School term times Between 7.30am and 8.30am

(021) 812 141 and between 3pm and 6pm. http://www.skids.co.nz/location/bucklands

\_beach School Holidays 7.30am - 6pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Campbells Bay**

FSD0023113 Last updated 11/02/2021

We Provide Out of School care. This includes Before, After school care. Holiday programme and most recently tuition Programmes.

Campbells Bay School 77 Aberdeen Road Castor Bay Auckland 0620 campbellsbay@skids.co.nz  Monday to Friday



|  |  |
| --- | --- |
| (09) 390 0013  (022) 367 5011 http://skids.co.nz | 7:00 to 8:30am  3:00 to 6:00pm  Some charges may apply.  Referral may apply. |

**Classification : OSCAR**

**Skids Clayton Park**

FSD0023049 Last updated 23/04/2021

Programme: OSCAR approved programme. We offer Before School care, After School Care and holiday programme for ages 5 to 13 years.

187 Coxhead Road Manurewa Auckland 2110



admin@skids.co.nz  During School Term Centre times.

(0800) 274 172 7am to 8.30am (09) 576 6602 2pm to 6.15pm http://www.skids.co.nz

School Holidays 7am - 6pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Dawson**

FSD0022436 Last updated 24/08/2020

We provide OSCAR approved after school and holiday programme for primary and intermediate children. School based. MSD Approved. OSCAR subsidy available.

15 Haumia Way Otara Auckland 2023



dawson@skids.co.nz  After School 2:45 -6:15pm

|  |  |
| --- | --- |
| (021) 252 9470 (021) 403 0009 https://www.facebook.com/skidsotara    **Classification : OSCAR**    **sKids Devonport** | Holiday Programme 8am - 6pm Some charges may apply. No referral required. |
| FSD0018342 | Last updated 12/04/2021 |

SKIDS provide onsite before/afterschool care and holiday programmes at 150 schools throughout

Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income out of school care and recreation subsidies when using our services.

Devonport Primary School 18 Kerr Street Devonport North Shore 0624



devonport@skids.co.nz  Before School Care: 7.30-9am Monday to Friday (022) 173 7289 Afterschool Care: 3-6pm Monday to Friday (021) 185 1239 Holiday Programme: 7.30-6pm Monday to Friday http://www.skids.co.nz/locations/devonpor between school terms. t/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Don Buck**

FSD0022312 Last updated 15/03/2021

SKIDS provide on-site OSCAR programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Don Buck Primary School - Space 1 124 Don Buck Road Massey West Waitakere 0614 manel@skids.co.nz  Before School Care: 7:00am-8:30am (022) 654 5248 Before School Care: 7:30am-8:30am http://www.skids.co.nz After School Care: 3:00pm-6:00pm



School Holidays: 7:00am-6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Flat Bush**

FSD0022469 Last updated 24/08/2020

We provide OSCAR approved after school and holiday programme for primary and intermediate children. School based. MSD Approved and OSCAR subsidy available.

20 FlatBush Road Otara Auckland 2023



flatbush@skids.co.nz  After School 3:00 - 6:15pm (021) 252 9470 Holiday Programme 8am - 6pm (021) 403 0009 Some charges may apply. https://www.facebook.com/skidsotara No referral required.

**Classification : OSCAR**

**sKids Glen Eden**

FSD0023877 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services.

3 Glenview Road Glen Eden Auckland 0602



admin@skids.co.nz  Before School - 7.00am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/glen\_ed Some charges may apply. en/ No referral required.

**Classification : OSCAR**

**skids Glen Innes**

FSD0022847 Last updated 03/05/2021

We provide OSCAR approved after school care, before school care and holidays care for children age 5 to 13 years.

Glen Innes School 40 Eastview Road Glen Innes Auckland 1072



gleninnes@skids.co.nz  For school Term - Monday to Friday

|  |  |
| --- | --- |
| (022) 50 SKIDS(75437) (021) 068 6892 http://www.skids.co.nz    **Classification : OSCAR**    **skids Glen Taylor** | 2:30pm-6:00pm.  For school holidays -Monday to Friday 8:00am-6:00pm.  Some charges may apply. No referral required. |
| FSD0022846 | Last updated 30/06/2020 |

We run OSCAR approved after school care, Before school care and Holiday programmes for children age 5-13.

172 West Tamaki Road Glendowie Auckland 1072



glentaylor@skids.co.nz  For School Term - Monday to Friday 2:30pm-

|  |  |
| --- | --- |
| (021) 068 6892 (022) 587 5437 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Glenbrae** | 6:00pm.  For school Holidays - Monday to friday 8:00am6:00pm.  Some charges may apply. No referral required. |
| FSD0023235 | Last updated 20/08/2020 |

We provide OSCAR approved after school care, before school care and holidays care for children age 5 to 13 years.

18 Beltany Drive Flat Bush Auckland 2019



glenbrae@skids.co.nz  For school Term - Monday to Friday

|  |  |
| --- | --- |
| (021) 068 6892  (022) 022 50 SKIDS (75437) http://skids.co.nz    **Classification : OSCAR**    **sKids Glendene** | 2:30pm-6:00pm.  For school holidays - Monday to Friday 8:00am-6:00pm.  Some charges may apply. No referral required. |
| FSD0022770 | Last updated 08/02/2021 |

sKids Glendene provides a safe, affordable, onsite supervised out-of-school care programmes for kids 5 - 12 years old. We are OSCAR approved and our families can access OSCAR subsidies through Work and Income when using our services.

60 Barry's Road Glendene Auckland 0602



glendene@skids.co.nz  School Term: Mon - Fri 3:00pm - 6:00pm (022) 657 7433 School Holiday: Mon - Fri 7:00am - 6:00pm http://skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Grey Lynn**

FSD0008216 Last updated 12/04/2021

SKIDS provide onsite OSCAR approved programmes in over 150 schools throughout New Zealand. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Grey Lynn Primary School 44 Surrey Crescent Grey Lynn Auckland 1021



greylynn@skids.co.nz  Weekdays from 7.30am to 9am and 3pm to 6pm (027) 316 3293 School holidays from 7.30am to 6pm (021) 185 1239 Some charges may apply. http://www.skids.co.nz/locations/grey\_lynn No referral required.

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**Classification : OSCAR**

**Skids Henderson Valley**

FSD0022579 Last updated 19/06/2020

OSCAR approved. Skids HENDERSON VALLEY provides Before & After School Care and Holiday Programmes for kids 5 to 13 years old onsite at Henderson Valley Primary School.

Henderson Valley Primary School 389 Henderson Valley Rd Henderson Auckland 0612 hendersonvalley@skids.co.nz  Before School Care programme runs from (021) 213 4652 bookings 7.00am - 8.30am and our After School Care



(021) 286 2807 onsite programme runs from 3.00pm - 6.00pm http://www.skids.co.nz/location/henderson

\_valley/ Holiday program service available from 7.30am

til 6pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Hillpark**

FSD0023297 Last updated 23/04/2021

Skids Hillpark provides OSCAR approved, exciting holiday programmes to school aged children from age 5 years to 13 years. Programmes held at Hillpark School, Manurewa.

57 Grande Vue Road Manurewa Auckland 2102



admin@skids.co.nz  7am to 6pm during holiday programme

|  |  |
| --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Holy Cross** | Office hours 9am to 5pm Some charges may apply. No referral required. |
| FSD0008206 | Last updated 08/02/2021 |

sKids Holy Cross provides a safe, affordable, onsite supervised out-of-school care programmes for kids 5 - 12 years old. We are OSCAR approved and our families can access Work and Income subsidies when using our services.

Holy Cross Catholic School Hall 8 Lavelle Road Henderson Waitakere City 0612



holycrosswest@skids.co.nz  Before School Care: 7:00am - 8:30am (021) 922 809 After School Care: 3:00pm - 6:00pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Skids Holy Trinity**

FSD0023300 Last updated 23/04/2021

Skids Holy Trinity run OSCAR approved before school care,after school care and holiday programmes for school aged children.

 137 Airfield Road Takanini Auckland 2110

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| --- | --- |
| admin@skids.co.nz  (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Homai** | Mon to Friday  7am to 8.30am  2pm to 6.15pm  Holiday program  7am to 6.15pm weekdays Some charges may apply. No referral required. |
| FSD0024223 | Last updated 19/04/2021 |

We provide before school care, after school care and holiday care for school aged children between the age of 5 to 13.

27 Moyrus Crescent East Tamaki Heights Auckland 2016



palwinder@skids.co.nz  Monday to Friday (021) 081 78012 Some charges may apply.

(021) 300 146 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Skids Howick**

FSD0024356 Last updated 04/09/2020

We offer OSCAR approved Programmes that provides Before and After School care and Holiday programmes. Based in Howick, Auckland.

1. Willoughby Avenue Howick Auckland 2014



wayne@skids.co.nz  Before School Care - 7am to 8.30am

(021) 616 513 After School Care - 3pm to 6pm

http://www.skids.co.nz/locations/howick/ Holiday Programmes - 7am to 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Kelston**

FSD0022610 Last updated 15/01/2021

OSCAR approved programmes Provider offers Before and After School childcare.

OSCAR Funding for 3 sites : Skids Kelston, Skids New Lynn, Skids \Sunnyvale.

1. Archibald Road Kelston Auckland 0602



kelston@skids.co.nz  7.00am to 8.30am - Before School

|  |  |  |
| --- | --- | --- |
| (09) 948 8332  (021) 669 201 http://www.skids.co.nz/location/kelston/    **Classification : OSCAR**    **SKIDS Kelvin Road** | 3pm to 6pm - After School  7am to 6pm - Holiday Programme | |
| Some charges may apply. No referral required. |  |
| FSD0021893 |  | Last updated 23/03/2021 |

Provide before/after school care and holiday programme.

Kelvin Road School 74 Kelvin Road Papakura 2110



palwinder@skids.co.nz  Before School Care - 7:00am - 8:30am

|  |  |  |
| --- | --- | --- |
| (021) 081 78012 (09) 265 2422 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Kingsford** | After School Care - 2:30pm - 6:30pm  Holiday Porgamme - 8:00 am - 6:00pm | |
| Some charges may apply. No referral required. |  |
| FSD0021911 |  | Last updated 22/04/2021 |

Provide before/after school care and holiday programme.

54 Raglan Street Mangere East Auckland 2024



kingsford@skids.co.nz  Before School Care = 7:30am-8:30am (09) 940 3665 After School Care = 3:00pm-6:00 pm

|  |  |
| --- | --- |
| (021) 035 6547 http://www.skids.co.nz | Holiday Programme = 8:00am-6:00pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**sKids KingsWay**

FSD0023238 Last updated 30/06/2020

sKids KingsWay is your one stop shop for a highly interactive programme designed to inspire and educate the children in our care through both structured play and free play. We do this by offering fun activities and homework help in a safe and nurturing environment that parents trust and kids love. Children in our care receive the goodness a growing body needs with our nutritional breakfasts & afternoon teas. We pride ourselves on being New Zealand's largest private out-ofschool supervised care provider. Being an OSCAR approved site means Work and Income OSCAR subsidies are available.

2 Bonair Crescent Silverdale Auckland 0932



kingsway@skids.co.nz  Term Time Monday - Friday Before School (021) 047 4834 7:00am-8:30am After School 3:00pm - 6:00pm

http://www.skids.co.nz/location/kingsway/ School Holiday Programme 7:00am-6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Laingholm**

FSD0021821 Last updated 18/12/2020

We run before/after school care and holiday care.

54 Victory Road Laingholm Auckland 0604



laingholm@skids.co.nz  Monday to Friday (term time)

(09) 390 8828 2.55pm - 6pm

(021) 247 8828 7 am - 6pm (holidays)

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Lincoln Heights**

FSD0022310 Last updated 15/03/2021

SKIDS provide on-site OSCAR programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Lincoln Heights School - sKids Room 31 16 Keegan Drive Massey Waitakere 0614



manel@skids.co.nz  Before School Care: 7:00am-8:30am / 7:30am-

(022) 654 5248 8:30am

http://www.skids.co.nz After School Care: 3:00pm-6:00pm

School Holidays: 7:00am-6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Macleans**

FSD0023879 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services at Macleans Primary School.

10 Wycherley Drive Bucklands Beach Auckland 2014



admin@skids.co.nz  Before School - 7.00am - 8.30am (0800) 274 172 After School - 3.00pm - 6.00pm (09) 576 6602 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/maclean Some charges may apply. s/ No referral required.

**Classification : OSCAR**

**sKids Mairangi Bay**

FSD0023880 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services at Mairangi Bay School.

 Mairangi Bay School - Galaxy Drive Mairangi Bay Auckland 0630

admin@skids.co.nz  Before School - 7.30am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.30pm - 6.00pm https://www.skids.co.nz/locations/mairangi Some charges may apply.

\_bay/ No referral required.

**Classification : OSCAR**

**SKIDS Mangere Bridge**

FSD0008217 Last updated 16/11/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are Social Sector accredited and our families can access Work and Income OSCAR subsidies when using our services.

Mangere Bridge School 2 Domain Drive Mangere Bridge Manukau admin@skids.co.nz  7.30am - 8.30am



|  |  |  |
| --- | --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Mangere Central** | 3.00pm - 6.00pm  Monday to Friday  Some charges may apply.  No referral required. |  |
| FSD0021888 |  | Last updated 29/06/2020 |

We provide before/after school care and holiday programme.

244 Kirkbride Road Mangere Auckland 2022



samuel@skids.co.nz  Before School Care = 7:30 am- 8:30am

|  |  |
| --- | --- |
| (09) 390 6700 (021) 040 2375 http://www.skids.co.nz | After School Care = 3:00 pm - 6:30pm Holiday Programme = 8:00 - 6:00 pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Skids Manuka**

FSD0022516 Last updated 15/01/2021

We provide a safe, quality, structure and well trained staff in our before and after school care and holiday programme.

Structured Programmes run according to the fun theme including sports, games, art and craft, baking and cooking and science, after home work supervising and extra Maths worksheet. All staff are trained in Behaviour Management, Child Protection, Health and Safety and of course First Aid.

34 Manuka Road Glenfield North Shore 0629



manuka@skids.co.nz  Before School 7.00 am - 8.30 am

|  |  |
| --- | --- |
| (09) 443 2183 (021) 118 1621 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Manurewa East** | After School 3.00 pm - 6 .00 pm Holiday Programme 7.30 am - 6.00 pm Some charges may apply. No referral required. |
| FSD0023302 | Last updated 23/04/2021 |

sKids Manurewa East offers OSCAR approved After-School-Care, Before-School-Care and Holiday Programmes to children aged 5-13 years. If you're looking for a safe, structured and fun Out-of-School Care environment for your children then you've come to the right place.

 The School Hall (Gate 6), Manurewa East School 10 Scotts Road Manurewa East Auckland 2102

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| --- | --- |
| admin@skids.co.nz  (09) 576 6602 (0800) 274 172 http://www.skids.co.nz | BSC - 7:00am-8:30am Mondays to Fridays during school term.  ASC - 2:45pm-6:00pm Mondays to Fridays during school term.  Holiday Programme - 7:00am-6:00pm during programme.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Skids Manurewa South**

FSD0019332 Last updated 27/04/2021

Skids Manurewa is an after School Provider -

We offer before school care, afterschool care, Holiday Programme.

We also offer a pick up service from 8 of the local schools in Manurewa.

Manurewa South Primary School Hall 39 Tawa Crescent Manurewa South Manurewa 2102 admin@skids.co.nz  7am - 8.30am morning care (09) 576 6602 2pm to 6pm Afterschool care (0800) 274 172 Some charges may apply. http://skids.co.nz No referral required.



**Classification : OSCAR**

**SKIDS Mary McKillop School**

FSD0019102 Last updated 30/06/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Mary McKillop School 12 McNaughton Avenue Mangere Manukau 2024



samuel@skids.co.nz  Before School Care = 7:30 am- 8:30am

|  |  |
| --- | --- |
| (09) 390 6700 (021) 040 2375 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Matipo** | After School Care = 3:00 pm - 6:30pm Holiday Programme = 8:00 - 6:00 pm Some charges may apply. No referral required. |
| FSD0022305 | Last updated 03/11/2020 |

We are providers of OSCAR approved out of school care services (Before School Care, After School Care & Holiday Care) for school aged children from 5 years - 13 years of age.

 63B Matipo Road Te Atatu Peninsula Auckland 0610

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| --- | --- |
| matipo@skids.co.nz (021) 213 4652 http://skids.co.nz    **Classification : OSCAR**    **SKIDS MATUA NGARU** | School term - Weekdays-Before School Care -  7.00am-8.30am, After School Care-2.45pm-  6.00pm  Some charges may apply. No referral required. |
| FSD0023873 | Last updated 12/04/2021 |

SKIDS MATUA NGARU provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes.

47 Gilbransen Road Kumeu 0810



matuangaru@skids.co.nz  School Term Care

(027) 846 1725 Monday - Friday

(020) 478 9987 Before School Care 7:00am - 8.30am

https://www.skids.co.nz/locations/matua\_ After School Care 3:00pm - 6:00pm ngaru/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**Skids May Road**

FSD0022801 Last updated 22/04/2021

Skids May Road provides OSCAR approved Before School Care, After School Care and School Holiday Programmes.

504 Richardson Road Mt Roskill Auckland



mayroad@skids.co.nz  7:30 to 8:30

|  |  |
| --- | --- |
| (09) 940 3665  (021) 150 0912 http://skids.co.nz | 3 pm to 6 pm  School Holiday  8 am to 6 pm  Some charges may apply.  Referral may apply. |

**Classification : OSCAR**

**SKIDS Mayfield School**

FSD0019105 Last updated 17/08/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Mayfield School 12 Pearl Baker Drive East Tamaki Manukau



mayfield@skids.co.nz  Some charges may apply.

(021) 627 5001 No referral required.

(09) 558 3462 office http://www.skids.co.nz

**Classification : OSCAR**

**sKids Milford**

FSD0021835 Last updated 26/11/2020

We are an Out of School Care and Recreation (OSCAR) Provider for children aged 5-13 years old offering Before School Care, After School Care and Holiday Programmes. We are approved by the Ministry of Social Development. Our aim is to provide a fun and safe environment for kids where they can learn, interact and play in a supervised setting.

34 Shakespeare Road Milford Auckland 0623



milford@skids.co.nz  Mon-Fri (021) 022 30650 7am-6pm

http://www.skids.co.nz/locations/milford/ Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Monte Cecilia**

FSD0023252 Last updated 16/11/2020

We provide before school and after school care.

34 Whitmore Road Mt Roskill Auckland 1041



admin@skids.co.nz  We provide before school and after school care

(09) 576 6602 Some charges may apply.

(0800) 274 172 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Mt. Roskill**

FSD0021900 Last updated 16/11/2020

Provides before/after school care and holiday programme.

Mount Roskill Primary School 37 Frost Road Mount Roskill Auckland 1041



admin@skids.co.nz  Before School Care = 7:30am- 8:30am

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| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **Skids New Lynn** | After School Care = 3:00pm - 6:15pm Holiday Programme = 7:30am - 6:15pm Some charges may apply. No referral required. |
| FSD0021650 | Last updated 15/01/2021 |

OSCAR provider - We Offer Before/After School Care. Holiday programmes delivered from Kelston Primary School (5 Archibald Road, Kelston, Auckland).

1 Hutchinson Avenue New Lynn Auckland 0600



newlynn@skids.co.nz  Before School Care - 7am to 8.30am

(09) 948 8332 After School Care - 3 to 6pm

(021) 669 201 Holiday programmes (In Kelston)- 7am to 6pm http://www.skids.co.nz/location/new\_lynn Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Nga Iwi School**

FSD0019103 Last updated 17/08/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Nga Iwi School 60 Mascot Avenue Mangere Manukau



ngaiwi@skids.co.nz  Freephone: 0800 900754 (0800) 543 922 Some charges may apply.

(09) 558 3462 office No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Northcote**

FSD0022299 Last updated 14/12/2020

SKIDS provide onsite OSCAR programmes in over 150 schools throughout New Zealand. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

2 Lake Road Northcote Auckland 0620



northcote@skids.co.nz  Before school 7am - 8.30am

(021) 082 97693 After school 3pm to 6pm http://www.skids.co.nz/locations/northcote School holidays from 8am to 6pm.

\_primary/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**SKIDS Onehunga**

FSD0023838 Last updated 22/01/2021

We provide After School Care and Holiday Programmes.

 122 Arthur Street Onehunga Auckland

|  |  |
| --- | --- |
| becca@skids.co.nz  (021) 050 7893 (0800) 754377 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Orakei** | No BSC Offered (as of yet)  3:00-6:00pm ASC  8:00-6:00pm Holiday Programmes Some charges may apply. No referral required. |
| FSD0023402 | Last updated 16/11/2020 |

OSCAR approved out of school care. After school and holiday programmes available.

1 Grace Street Orakei Auckland 1071



admin@skids.co.nz  After School - 3.00pm - 6.00pm (0800) 274 172 Holiday Programme - 8.00am - 6.00pm

(09) 576 6602 Some charges may apply. http://www.skids.co.nz No referral required.

**Classification : OSCAR**

**SKIDS Oranga**

FSD0023228 Last updated 25/08/2020

OSCAR approved before, after and school holiday programmes delivered from Oranga School

21 Rangipawa Road One Tree Hill Auckland 1061 oranga@skids.co.nz  /



(027) 610 0021 (Site phone) Some charges may apply.

(09) 390 6700 (Office) No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Otahuhu**

FSD0024043 Last updated 19/10/2020

SKIDS provide on-site OSCAR approved programmes throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care.

43 Station Rd Otahuhu Auckland 1062



otahuhu@skids.co.nz  ASC- 3pm -6pm Mon-Fri (09) 576 6602 Some charges may apply.

(027) 209 2547 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**SKIDS Oteha Valley**

FSD0021377 Last updated 12/04/2021

Skids Oteha Valley provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes and School Holiday Programmes.

Oteha Valley Primary School Hall 2 Medallion Drive Auckland



otehavalley@skids.co.nz  School Term Care

(027) 846 1725 Monday - Friday

(027) 558 8032 Before School Care 7:00am - 8.30am

http://www.skids.co.nz/location/oteha\_vall After School Care 3:00pm - 6:00pm ey/

School Holidays

Holiday Programme 7:00am - 6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Papakura Central**

FSD0021495 Last updated 11/12/2020

OSCAR approved Before and After School care and Holiday programmes at Papakura Central School.

Papakura Central School 23 Ray Small Drive Papakura Auckland 2110 vincent@skids.co.nz  7.00am to 8.30am



(027) 609 1220 2:30pm to 6pm

http://www.skids.co.nz/location/papakura\_ 7.30am to 6pm (holidays) central Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Papatoetoe Central**

FSD0021902 Last updated 16/11/2020

Provide before/after school care.

OSCAR approved.

71 C Montgomerie Road Mangere Bridge Auckland 2022



admin@skids.co.nz  Before School Care = 7:30am-8:30am

|  |  |  |
| --- | --- | --- |
| (0800) 274 172 (09) 576 6602 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Papatoetoe South** | After School Care = 3:00pm-6:15pm  Holiday Programme =7.30am-6:15pm | |
| Some charges may apply. No referral required. |  |
| FSD0021901 |  | Last updated 16/11/2020 |

Provide before/after school care and holiday.

OSCAR approved.

71 C Montgomerie Road Mangere Bridge Auckland 2022



admin@skids.co.nz  Before School Care = 7:30am-8:30am

|  |  |
| --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz | After School Care = 3:00pm-6:30pm Holiday Care= 7:30 am to 6:30 pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**sKids Papatoetoe West**

FSD0021907 Last updated 16/11/2020

We offer Oscar approved after school care and holiday programmes.

71 C Montgomerie Road Mangere Bridge Auckland 2022



admin@skids.co.nz  Before School Care = 7:30am-8:30am

|  |  |
| --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Parakai** | After School Care = 3:00pm-6:15pm Holiday Programme = 7:30am-6:15pm Some charges may apply. No referral required. |
| FSD0024214 | Last updated 12/04/2021 |

Skids Parakai provides on-site OSCAR programme. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer After School Care Programme.

10 Fordyce Road Parakai 0830



parakai@skids.co.nz  School Term Care

(027) 846 1725 Monday - Friday

http://www.skids.co.nz/location/parakai/ After School Care 3:00pm - 6:00pm

School Holidays

Holiday Programme 8:00am - 6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Peninsula**

FSD0023923 Last updated 30/03/2021

Provider of out of school care (OSCAR Approved) services at Peninsula Primary School

22 Waipani Road Te Atatu Auckland 0627



peninsula@skids.co.nz  Term time: 6.30am - 8.30am

(09) 576 6602 Term time: 3pm - 6pm

(027) 285 1704 Holiday: 6.30 - 6pm

http://www.skids.co.nz/locations/peninsula Some charges may apply. No referral required.

**Classification : OSCAR**

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| **sKids Puhinui** |  |
| FSD0023590 | Last updated 22/01/2021 |

Provider of Before/After School Care and Holiday Programme.

OSCAR approved Provider.

116 Puhinui Road Puhinui Auckland



becca@skids.co.nz  7:30 am - 8:30 am (021) 050 7893 3:00 pm - 6:00 pm

(0800) 754 377

http://WWW.SKIDS.CO.NZ Holiday Programme: 8:00am - 6:00pm

Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Skids Ramarama**

FSD0022982 Last updated 18/12/2020

Skids Ramarama is a child care centre that offers OSCAR approved before school care, after

school care and holiday programmes.

126 Ararimu Road RD 3 Drury 2579 rose@skids.co.nz (09) 298 5251 (office) (021) 289 9939 http://skids.co.nz



Centre Hours 7am to 8.30am & 3pm to 6pm

Office hours 9am-3pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Randwick Park**

FSD0018563 Last updated 01/04/2021

We offer you the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in: Before school care, After school care, and School holiday programmes. We take the care and welfare of your children very seriously. The safety and care of your child is our number one priority.

66 Riverton Drive Randwick Park Manukau 2016



randwickpark@skids.co.nz  weekdays 2.45 pm to 6.30 pm (027) 627 5001 Some charges may apply.

(021) 286 9900onsite No referral required.

http://www.skids.co.nz/location/randwick\_ park/

**Classification : OSCAR**

**sKids Remuera**

FSD0022209 Last updated 30/03/2021

We offer OSCAR approved Before School Care, After School Care and Holiday Programmes for children aged 5 to 13 years of age.

25 Dromorne Road Remuera Auckland



remuera@skids.co.nz  Term Care:

(027) 291 9115onsite Mon to Fri 7.30am to 8.30am and 3pm to 6pm

(09) 576 6602bookings

http://skids.co.nz Holiday Care:

Mon to Fri 7.30am to 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Riverhead**

FSD0023405 Last updated 09/04/2021

SKIDS Riverhead provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes and School Holiday Programmes.

21 School Road Riverhead 0820



riverhead@skids.co.nz  Monday-Friday

(027) 846 1725 After School (2.30pm – 5.30pm)

https://www.skids.co.nz/locations/riverhea Before School (7.00am – 8.00am) d/

School Holidays

Holiday Programme (7.00am – 6.00pm) Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Riverina**

FSD0023125 Last updated 22/01/2021

Out of school care (OSCAR approved) provider operating before school after school & holiday programs.

30 Millen Avenue Pakuranga Auckland 2010



riverina@skids.co.nz  Before school 7:30-8:30am (0800) 754 377 After care 3:00-6:00pm (021) 050 7893 Holiday care 8:00am-6:00pm http://www.skids.co.nz/location/riverina/ Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Robertson Road School**

FSD0019104 Last updated 17/08/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Robertson Road School 205 Robertson Road Mangere Manukau



robertsonroad@skids.co.nz  Landline 0800 900754 (027) 582 1131 onsite Some charges may apply.

(09) 558 3462 office No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Skids Rosebank**

FSD0024031 Last updated 17/10/2020

Provide OSCAR approved before after school and holiday care for school and community in the area.

217 Rosebank Road Avondale Auckland 1026



rosebank@skids.co.nz  7:30 to 8:30 am

|  |  |
| --- | --- |
| (027) 526 5321 (022) 031 5240 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Rowandale** | 3 to 6pm Monday to Friday Some charges may apply. No referral required. |
| FSD0022475 | Last updated 24/08/2020 |

We provide OSCAR approved after school and holiday programme for primary and intermediate children. School based. MSD Approved and OSCAR subsidy available.

73 Rowandale Avenue Manurewa Auckland 2102



rowandale@skids.co.nz  After School - Mon to Fri from 3:00-6.15pm (021) 252 9470 Holiday Programme - Mon to Fri from 8am-6pm (021) 403 009 Some charges may apply. https://www.facebook.com/skidsmanurew No referral required.

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**Classification : OSCAR**

**Skids Rutherford**

FSD0021374 Last updated 19/06/2020

OSCAR approved. Skids Rutherford provides Before & After School Care and Holiday Programmes for kids 5 to 13 years old onsite at Rutherford Primary School.

Rutherford Primary School 2 Kotuku Street Te Atatu Peninsula Auckland 0610



rutherford@skids.co.nz  Before School Care programme runs from 7.15 (021) 213 4652 8.30am, After School Care runs from 2.45 http://www.skids.co.nz/location/rutherford/ 5.30pm, Holiday programme from 7.30am -

5.30pm

Some charges may apply. Referral may apply.

**Classification : OSCAR**

**sKids Sancta Maria Catholic Primary School**

FSD0024019 Last updated 08/09/2020

Before and After School and Holiday Programme Service Provider for 5-13 year olds (Primary and Intermediate).

sKids Cottages 319 Te Irirangi Drive Flat Bush Auckland 2016



sanctamaria@skids.co.nz  7:30-8:30am Before School Care

|  |  |
| --- | --- |
| (021) 702 498 (0800) 754 377 http://www.skids.co.nz | 2:45-5:45pm After School Care 7:00-6:00pm Holiday Programme Some charges may apply.  Referral may apply. |

**Skids SASDA (South Auckland Seventh Day Adventist)**

FSD0023598 Last updated 22/01/2021

OSCAR approved Provider of before and after school care and holiday programme for 5-13 year olds.

42A Puhinui Road Papatoetoe Auckland



becca@skids.co.nz  7:15-8:15am Before School Care (021) 050 7893 2:45-5:45pm After School Care (0800) 754 377 8:00am-6:00pm Holiday Programme http://WWW.SKIDS.CO.NZ Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**SKIDS Sir Edmund Hillary**

FSD0021908 Last updated 23/03/2021

Provide before/after school care and holiday programme.

2 Franklyne Road Otara Auckland 2023



palwinder@skids.co.nz  Before School Care = 7:30am-8:30am (021) 081 78012 After School Care = 3:00pm-6:30pm (09) 265 2422 Holiday Programme = 8:00am-6:00pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids St Annes Catholic School**

FSD0022794 Last updated 16/11/2020

We provide before school, after school and holiday programme.

124 Russell Road Manurewa Auckland



admin@skids.co.nz  Before School Care 7.00 am to 8:30 am (09) 576 6602 After School Care 2:45 pm to 6:00 pm (0800) 274 172 Holiday Programme : 7am to 6 pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Skids St Francis Pt Chev**

FSD0022541 Last updated 11/03/2021

After School Care and Holiday Programmes available. OSCAR approved.

St Francis School 2 Montrose Street Point Chevalier Auckland 1022



stfrancisptchev@skids.co.nz  After School Care 3pm -6pm

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| --- | --- | --- |
| (021) 975 642 (021) 025 14172 http://www.skids.co.nz    **Classification : OSCAR**    **sKids St Ignatius** | Holiday Programme 8am-6pm Some charges may apply.  No referral required. |  |
| FSD0022811 |  | Last updated 30/03/2021 |

sKids St Ignatius offers OSCAR approved before school are, after school care and holiday programmes servicing the St Ignatius Catholic community. We are Social Sector accredited, qualifying families can access Work and Income subsidies.

12 Kotiri Street Auckland



stignatius@skids.co.nz  Before School Care - 7am to 8.40am

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| --- | --- | --- |
| (022) 129 0221 (0800) 274 1722 http://www.skids.co.nz    **Classification : OSCAR**    **sKids St Leonards Road** | After School Care - 3pm to 6pm | |
| Holiday Care - 7am to 6pm Some charges may apply.  No referral required. |  |
| FSD0023881 |  | Last updated 16/11/2020 |

Provider of out of school care (OSCAR approved) services.

15 St Leonards Road Kelston Auckland 0602



admin@skids.co.nz  Before School - 7.00am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/st\_leona Some charges may apply. rds\_road/ No referral required.

**Classification : OSCAR**

**Skids St Marks**

FSD0023248 Last updated 17/09/2020

OSCAR approved Before / After School Care & Holiday Programme for kids 5-13 yrs old.

St Marks Catholic School 334 Pakuranga Rd Pakuranga Heights Auckland 2010



stmarks@skids.co.nz  Before School Care Mon-Fri 7am-8:30am

(09) 533 3629 After School Care Mon-Fri 3-6pm

(027) 230 8846 Holiday Programme Mon - Fri 8:30am-5:30pm. http://www.skids.co.nz/location/st\_marks\_ Some charges may apply. pakuranga/ No referral required.

**Classification : OSCAR**

**sKids St Mary's Avondale**

FSD0023628 Last updated 20/11/2020

We provide OSCAR approved Before/After School Care and Holiday Programmes.

2140 Great North Road Avondale Auckland 0600



ana@skids.co.nz  Term Time: Monday-Friday

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| --- | --- |
| (022) 603 5298 (021) 227 5437 http://skids.co.nz    **Classification : OSCAR**    **Skids St Marys Northcote** | 7am-8:30am  2:30-6:00 pm  During Holidays  7am-6pm  Some charges may apply. No referral required. |
| FSD0023483 | Last updated 06/01/2021 |

We offer OSCAR approved out of school care in a safe and secure environment in a structured well balanced programme. Weekly themes are incorporated in the daily format of Arts and Crafts, Technology, Music and Drama, Sports and Fun activities. We provide daily morning and afternoon tea. Additional staff assistance to older kids to do their homework.

D9, Block D, St Marys School ( Northcote) 45 Gladstone Road Northcote Auckland 0627 stmarysnorthcote@skids.co.nz  Monday to Friday



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| --- | --- |
| (022) 010 7177 (09) 390 6558 http://www.skids.co.nz/locations/st\_marys \_northcote/    **Classification : OSCAR**    **sKids St Patrick's Pukekohe** | 7:00 - 8:30 AM  3:00 - 6:00 PM  Some charges may apply. No referral required. |
| FSD0023906 | Last updated 15/03/2021 |

SKIDS provide on-site OSCAR approved programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

St Patricks Church 133 Seddon Street Pukekohe Auckland 2120 manel@skids.co.nz  Availability:



(022) 654 5248 After School Care: 2:45pm-6:00pm

https://www.skids.co.nz/locations/st\_patric School Holidays: 7:00am-6:00pm ks\_pukekohe/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids St. Joseph's Catholic Primary Onehunga**

FSD0023708 Last updated 22/01/2021

We offer OSCAR approved Before and After School and Holiday Programmes.

St Joseph's School 125 Church Street Onehunga Auckland 1061



becca@skids.co.nz  7:30-8:30am Before School

|  |  |
| --- | --- |
| (021) 050 7893 (0800) 754 377 http://skids.co.nz | 2:50-5:50pm After School  8:00am-6:00pm Holiday Programme Some charges may apply.  No referral required. |

**Classification : OSCAR**

**SKIDS St. Josephs Takapuna**

FSD0021253 Last updated 26/01/2021

St. Josephs Primary School, Daily After & Before School Care where the safety and care of your child is our number one priority.

We offer the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment.

A Healthy Afternoon Snack, Homework Help, Supervised Free Play and Organised Activities are on the daily schedule!

entrance Dominion Road 2 Taharoto Rd Auckland 0622



stjosephstakapuna@skids.co.nz  Before School Care: 7:00 - 8:30 Mo - Fri (022) 067 4840 After School Care: 2:50pm -6pm Mo - Fri (022) 092 6614 Some charges may apply. http://www.skids.co.nz/location/st\_josephs No referral required. \_takapuna/

**Classification : OSCAR**

**SKIDS Stella Maris**

FSD0008209 Last updated 12/04/2021

Skids Stella Maris provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes and School Holiday Programmes.

Stella Maris Catholic Primary School Hall 50 Silverdale Street Silverdale stellamaris@skids.co.nz  Monday - Friday



(027) 846 1725 Before School Care 7:00am - 8.30am

(027) 275 4377 After School Care 3:00pm - 6:00pm http://www.skids.co.nz/location/stella\_mari

s/ School Holidays

Holiday Programme 7:00am - 6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Sunnynook**

FSD0022545 Last updated 13/10/2020

We pride ourselves on being New Zealands largest private out-of-school supervised care provider.

Being an OSCAR approved site means WINZ subsidies are available.

We provide a highly interactive programme designed to inspire and educate the children in our care through structured play. We do this by offering fun activities and homework help in a safe and nurturing environment that parents trust and kids love.

Children in our care receive the goodness a growing body needs with our nutritional breakfasts & afternoon teas.

Sunnynook Primary School 35 Lyford Crescent Sunnynook Auckland 0620 sunnynook@skids.co.nz  Term Time Monday - Friday (021) 026 73396 Before School 7:00am-8:30am http://www.skids.co.nz/ After School 3:00pm - 6:00pm



School Holiday Programme

7:00am-6:00pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Sunnyvale**

FSD0023335 Last updated 15/01/2021

Skids Sunnyvale is an OSCAR Programme - provider of Before/After School Care and holiday programme. We are located at Sunnyvale Primary School Hall - 34 Ribblesdale Crescent, Henderson.

 34 Ribblesdale Cres Auckland 0612

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| sunnyvale@skids.co.nz  (09) 948 8332  (021) 669 201 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Taupaki** | Before School care  7am to 8.30am  After School care  3pm to 6pm  Holiday Programme  7am to 6pm  Some charges may apply. No referral required. |
| FSD0023408 | Last updated 12/04/2021 |

SKIDS TAUPAKI provides on-site OSCAR programme. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes.

14 Cottle Road Henderson Auckland 0782



taupaki@skids.co.nz  Monday - Friday (School Term) (027) 846 1725 Before School Care 7.00am – 8.30am

https://www.skids.co.nz/locations/taupaki/ After School Care 3.00pm – 6.00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Te Hihi**

FSD0015235 Last updated 11/12/2020

We are a provider of OSCAR approved Before and After School Care and Holiday programs. The kids are safe and supervised in a safe and secured environment.

767 Linwood Road Papakura



tehihi@skids.co.nz  7.00 - 8:30 am, 2:30pm-6:00pm Monday to

|  |  |
| --- | --- |
| (027) 609 1220 (027) 846 1723 onsite http://www.skids.co.nz | Friday, during School Holidays 7:30a.m.-6p.m.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**SKIDS Te Papapa**

FSD0023229 Last updated 25/08/2020

OSCAR approved before school, after school and holiday programmes, operating out of Te Papapa School.

Te Papapa School 219 Mount Smart Road Onehunga Auckland 1061 tepapapa@skids.co.nz  /



(021) 610 257 (On site mobile) Some charges may apply.

(09) 390 6700 (Office) No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Vauxhall**

FSD0024401 Last updated 04/10/2020

SKIDS provide onsite before/after school care and holiday programmes at 150 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income out of school care and recreation subsidies when using our services.

Vauxhall School 2A Morrison Avenue Narrow Neck Auckland 0624



vauxhall@skids.co.nz  Before School Care: 7.30-9am Monday to Friday (022) 547 4203 After school Care: 3-6pm Monday to Friday (021) 185 1239 Holiday Programme: 7.30-6pm Monday to Friday https://www.skids.co.nz/locations/vauxhall between school terms.

/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Verran**

FSD0023123 Last updated 14/10/2020

Welcome to Safe Kids In Daily Supervision (sKids) where the safety and care of your child is our number one priority.

We offer affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in:

Before school care

After school care

School holiday programmes

OSCAR approved.

Verran Primary School 136 Verran Road Birkdale Auckland 0626 verran@skids.co.nz  BSC: 7am - 8:30am



(021) 298 8919 ASC: 3pm - 6pm

http://www.skids.co.nz/location/verran/ Holiday Program 7am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

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| **SKIDS Viscount** |  |
| FSD0021903 | Last updated 22/04/2021 |

Provide before/after school care and holiday programme.

65 Viscount Street Mangere Bridge Auckland 2022



viscount@skids.co.nz  Before School Care = 7:30am-8:30am

|  |  |
| --- | --- |
| (021) 150 0912 (021) 035 6547 http://www.skids.co.nz | After School Care = 3:00pm-6:30pm Holiday Programme = 8:00am-6:00pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Skids Waiau Pa**

FSD0022313 Last updated 16/02/2021

We provide Before and After School Care and Holiday Programmes.

571 Waiau Pa Road Pukekohoe 2679 tiakikids@skids.co.nz (09) 390 9128 (027) 505 4518 http://www.skids.co.nz



**Classification : OSCAR**

**sKids Wakaaranga**

FSD0023999

Provider of out of school care services.

18 Butley Drive Farm Cove Auckland 2012 wakaaranga@skids.co.nz (027) 200 6266 (09) 576 6602 office https://www.skids.co.nz/locations/wakaara nga/



**SKIDS Waterlea School**

FSD0008220

daily except public holidays

7.30 - 9 am

2.30-6pm

7.30am - 6pm Some charges may apply. No referral required.

Last updated 20/08/2020

7.30am to 6pm during School Holidays Some charges may apply. No referral required.

Last updated 18/08/2020

We provide before, after school and holiday programme for primary and intermediate children. School based. We are accredited under the Social Sector Accreditation Standards and OSCAR subsidy is available

17 House Avenue Mangere Bridge Auckland 2022



admin@skids.co.nz  Before School 7:30 - 8:30 am

|  |  |
| --- | --- |
| (09) 576 6602 (027) 240 0024 http://www.skids.co.nz | After School 3 - 6 pm  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Skids Waterview**

FSD0022338 Last updated 17/10/2020

Provide Before and After School Care

16 Herdman Street Waterview Auckland



waterview@skids.co.nz  3pm - 6pm and holidays 8am - 6pm (021) 299 0573 Some charges may apply.

(027) 526 5321 No referral required. http://www.skids.co.nz

**sKids Weymouth**

FSD0023148 Last updated 16/11/2020

We provide OSCAR approved before/after school care and holiday programme.

23 Evans Road Weymouth Auckland 2103



admin@skids.co.nz  Before School - 7.30am - 8.30am (0800) 274 172 After School - 3.00pm - 6.00pm (09) 576 6602 Holiday Programme - 7.30am - 6.00pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Whenuapai**

FSD0017869 Last updated 15/02/2021

We provide before/after school care and holiday programmes.

360 Albany highway Albany Auckland



whenuapai@skids.co.nz  3-6pm Monday to Friday (After School Care)

(021) 180 1172 7.30am-6pm Monday to Friday (Holiday

(021) 174 8473 Programme)

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Willow Park**

FSD0023347 Last updated 04/10/2020

Welcome to Safe Kids In Daily Supervision (sKids) where the safety and care of your child is our number one priority.

We offer OSCAR approved programmes for school kids.

We offer affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in:

Before school care

After school care

School holiday programmes

48 Normanton Street Auckland 0629



willowpark@skids.co.nz  BSC: 7am - 8:30am ASC: 3pm - 6pm (022) 035 7382 Some charges may apply.

(027) 475 4372 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Windy Ridge**

FSD0023878 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services.

54 Seaview Road Glenfield Auckland 0629



admin@skids.co.nz  Before School - 7.00am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/windy\_ri Some charges may apply. dge/ No referral required.

**Classification : OSCAR**

**sKids Wiri**

FSD0024042 Last updated 19/10/2020

SKIDS provide on-site OSCAR approved programmes throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care.

11 Inverell Avenue Wiri Auckland 2104



admin@skids.co.nz  We offer OSCAR approved Before & After (027) 306 3231 School Care - please contact us for times.

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**SKIDS Wymondley**

FSD0022470 Last updated 24/08/2020

We provide after school and holiday programme for primary and intermediate children. School based. OSCAR Approved and Work and Income subsidy available.

77 Wymondley Road Otara Auckland 2023



wymondley@skids.co.nz  Mon to Fri from 2.50-6.15pm

(021) 252 9470 Holiday Programme - Mon to Fri from 8am-6pm (021) 403 0009 Some charges may apply. https://www.facebook.com/skidsotara No referral required.

**Classification : OSCAR**

**Skids Yendarra**

FSD0022844 Last updated 16/11/2020

Provide OSCAR approved before/after school care and holiday programme.

 228 Bairds Road Otara Auckland 2023

|  |  |
| --- | --- |
| admin@skids.co.nz  (0800) 274 172 (09) 576 6602 http://www.skids.co.nz    **Classification : OSCAR**    **Souly Funerals** | Before School - 7.30am - 8.30am  After School - 3.00pm - 6.00pm Holiday Programme - 7.30am - 6.00pm Some charges may apply. No referral required. |
| FSD0023777 | Last updated 07/11/2020 |

We are a New Zealand owned family operated business covering the Auckland Region. Souly Funerals was established in early 2013. Our aim is to provide the best possible service by providing a professional and affordable, culturally sensitive and caring service.

We offer basic cremation and burial options from $1,945 inc GST through to Full Service cremation and burial options from $4,695 inc GST.

We have set up Souly Funerals focusing on our website and online services allowing you to view all of our services available and costs to suit your style and budget.

Here at Souly it is all about you and your family and we want to help you in your time of need, we make it simple, affordable and provide a professional and caring service to suit your requirements.

We are here to help you, if you need to talk to us please phone us anytime and we are happy to come and see you to discuss as well.

1/9 Cortina Place Pakuranga Auckland 2010



info@soulyfunerals.co.nz  Open 24 hours (022) 044 1842 Some charges may apply.

(0800) 476 859 No referral required. http://www.soulyfunerals.co.nz

**Soup Kitchen**

FSD0024270 Last updated 03/08/2020

LIFE Soup Kitchen exists to bring help and hope. Our aim is to ensure that the most vulnerable do not go hungry, as some don’t always know where their next meal is coming from. Currently, in 5+ communities across Tamaki Makaurau, we provide a hot nutritious meal in a safe environment for those struggling to make ends meet.

info@lifecommunity.org.nz  Check out our website/facebook for where you

(09) 306 4222 can find us! https://www.lifecommunity.org.nz/soup- All services free of charge. kitchen No referral required.

**South Auckland Family Refuge Inc.**

FSD0007651 Last updated 14/09/2020

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111.

|  |  |  |
| --- | --- | --- |
| mariap@southaucklandrefuge.co.nz  (0800) 733 843 (09) 276 8868 http://www.womensrefuge.org.nz    **Classification : PACIFIC**    **South Auckland Psychology** | Monday- Friday 9am-4.30pm  0800 733 843 - 24 hours crisis line | |
| Some charges may apply. No referral required. |  |
| FSD0016657 |  | Last updated 13/04/2021 |

To provide clinical psychology services to the community of South Auckland.

 Suite 217, Level 2, Sylvia Park shopping Centre 286 Mount Wellington Highway Mt Wellington

Auckland 1060

|  |  |
| --- | --- |
| southaucklandpsychology@xtra.co.nz  (09) 579 1280 (027) 226 1581 http://southaucklandpsychology.co.nz      **Southseas Healthcare Trust** | All consultations are by appointment. There is no drop-in service.  Mon -Thu: 8am to 8pm  Friday: 8am to 7pm  Saturday: 9am -3pm  Sunday: Closed  Some charges may apply. No referral required. |
| FSD0024305 | Last updated 26/03/2021 |

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

14 Fair Mall Otara Auckland 2023



wellbeing@southseas.org.nz  Monday to Friday 8:30am to 5pm

|  |  |
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| (027) 622 6221 http://www.southseas.org.nz/ | Some charges may apply. No referral required. |

**Space at Auckland Playcentres**

FSD0023088 Last updated 29/03/2021

A 3 term (approx 30 weeks) programme for mainly first time parents and their babies. Groups meet every week during the school term and are run by Space trained facilitators.

We have locations across Auckland (Bucklands Beach, Cockle Bay, Drury, Eden Epsom, Ellerslie,

Freemans Bay, Glen Eden, Glen Innes, Glendene, Helensville, Henderson Valley, Herne Bay,

Hillsborough, Howick, Kumeu, Lynfield, Mairangi Bay, Mangere Bridge, Massey, Maungawhau,

Morningside, Mt Albert, Mt Wellington, Narrowneck, Onehunga, Pakuranga, Papatoetoe,

Silverdale, Takapuna, Remuera, Torbay, Totaravale, Warkworth, Waiatarua, Waimauku, West Harbour, Weymouth, Windy Ridge)

The programme has two focus areas, the first being The Heart of Parenting & The Growing Child.

The second focus is on Exploring Play and provides play experiences for the babies alongside

their parents. A range of discussion topics are covered and may vary according to group interests or needs.

debbie.iles@playcentre.org.nz  9.00am- 2.30pm

(027) 808 6676 Monday to Friday (09) 941 7443 Some charges may apply. https://www.facebook.com/SpaceBabiesA No referral required. uckland/

**Space for you and your baby at Cedar Centre, Beach Haven/Birkdale**

FSD0023659 Last updated 07/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

56A Tramway Road Beach Haven Auckland 0626



admin@cedarsaplings.co.nz  Register for classes on website

(09) 483 6989 Some charges may apply.

(021) 396 888 No referral required. https://cedarsaplings.co.nz/

**Space for you and your baby at Church of the Saviour, Blockhouse**

**Bay**

FSD0023650 Last updated 03/11/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

2 Heaphy Street Blockhouse Bay Auckland 0600



office@cots.org.nz  Some charges may apply.

(09) 627 8779 No referral required.

(027) 495 6259 http://cots.org.nz/children

**Space for you and your baby at LifeCare Centre, Manukau**

FSD0023662 Last updated 13/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

9 Lambie Drive Papatoetoe Auckland 2104



flc@citybaptist.org.nz  /

(09) 278 8998 All services free of charge. https://lifecarecentre.org/space No referral required.

**Space for you and your baby at Papakura Anglican Church**

FSD0023660 Last updated 24/11/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

40 Coles Crescent Papakura Auckland 2110 space@papakuraanglican.org.nz  Some charges may apply.



(09) 299 8086 No referral required.

http://www.papakuraanglican.org.nz/event s

**Space for you and your baby at Parenting Place, Greenlane**

FSD0023651 Last updated 05/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

300 Great South Road Greenlane Auckland 1051



space@parentingplace.nz  Some charges may apply.

(09) 524 0025 No referral required.

https://www.theparentingplace.com/

**Space for you and your baby at Pukekohe Community Action**

FSD0023661 Last updated 03/11/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

43 Queen Street Pukekohe Auckland 2120 pukekohecommunityaction@xtra.co.nz  Some charges may apply.



(09) 238 7723 (Jan) No referral required.

(027) 449 7290 (Lorna) http://pukekohecommunityaction.co.nz/gro ups

**Space for you and your baby at St Chads Church, Meadowbank**

FSD0023642 Last updated 03/11/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

space@stchads.org.nz  Some charges may apply.

(09) 521 5013 No referral required.

https://www.stchads.org.nz/community/

**Space for you and your baby at St Pauls Anglican Church, Flatbush**

FSD0023654 Last updated 05/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

141 Chapel Road Flat Bush Auckland 2016



carolynwellm@gmail.com  Some charges may apply.

(022) 657 5851 No referral required. http://stpaulsinthepark.nz/

**Space for you and your baby at St Peters, Pakuranga**

FSD0023655 Last updated 05/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

71 Udys Road Pakuranga Auckland 2010



carolynwellm@gmail.com  Some charges may apply.

(022) 657 5851 No referral required. http://www.spacestpeters.org.nz

**Space for you and your baby at the Salvation Army ECE Centre, Mt**

**Wellington**

FSD0023658 Last updated 03/11/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

18 Allright Place Mt Wellington Auckland 1060



Sharon\_Reddy@nzf.salvationarmy.org  Some charges may apply.

(09) 905 4619 No referral required.

https://www.salvationarmy.org.nz/educatio n-learning/early-childhood-educationcentres/our-centres

**Spectrum Care**

FSD0003492 Last updated 01/10/2020

We provide support for children, young people and adults with disabilities and their whanau. We offer a wide array of personalised and flexible support options for people of all ages and stages in the Northland, Auckland, Waikato, Bay of Plenty and Wellington regions. This includes 24-hour residential support, a variety of flexible planned break options, and specialised Home Support, Transitions and Aspirations support. Our popular School Holiday,

After-school and Weekend programmes of activities for children are available in Whangarei, Auckland, Hamilton and Wellington – talk to us today to find out more!

Our independent living support is specifically focused on empowering people to their lives of

choice – lives like any other – in the community, and our Specialist Clinical Team supports health, behaviour and speech-language outcomes.

205 Great South Road Greenlane Auckland 1051



info@spectrumcare.org.nz  8am-5pm Monday-Friday (09) 634 3790 Some charges may apply. http://www.spectrumcare.org.nz Referral may apply.

**Classification : PACIFIC**

**Spirit of Adventure Trust**

FSD0003442 Last updated 14/01/2021

Spirit of Adventure Trust runs 10 day youth development voyages on board The Spirit of New Zealand. The programme is for 16-18 year olds' from secondary schools throughout New Zealand. Focus is on character building, team work, leadership and community spirit.

Level 1, The Maritime Room, Princes Wharf 149 Quay Street Auckland Central Auckland 1010 info@spiritofadventure.org.nz  8 am to 4.30 pm Weekdays



(09) 373 2060 Some charges may apply.

(0800) 472 454 No referral required. http://www.spiritofadventure.org.nz

**Sport Waitakere**

FSD0007921 Last updated 12/04/2021

Everyone connected, healthy and active.

Making a difference in our West Auckland communities by enabling healthy and active lives.

96 Swanson Road Henderson Waitakere 0610



admin@sportwaitakere.nz  8.30am - 5.00pm Monday to Friday.

(09) 966 3120 Koha/donation may apply. http://www.sportwaitakere.nz No referral required.

**Sports Recreation and Outdoors Trust**

FSD0015317 Last updated 23/11/2020

Sports Recreation and Outdoors Trust (SPROUT) is a grassroots based, charitable, voluntary and non-profitable trust meant to educate, encourage, promote and provide opportunities in sports, recreation and outdoor pursuits to achieve greater wellbeing for people of South Asian origin in New Zealand.

Our mission is to provide a platform for "Every South Asian in New Zealand to achieve greater well being through balanced nutrition, sports, recreation and outdoor pursuits".

sproutnz@gmail.com  after hours http://www.sprouthealth.org.nz Koha/donation may apply.

No referral required.

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| **Springboard Community Works** |  |
| FSD0020184 | Last updated 30/09/2020 |

Primary Aims:

Empowering people who are disadvantaged.

Fostering community connection and wellbeing.

Mission:

To work with at risk youth and their families in Snells Beach, Warkworth, Wellsford and surrounding areas. To empower them with essential truths, skills, and mentors to facilitate personal transformation and connection to community. We have a number of programmes, services and partnerships that identify and work with families and youth to bring about the changes needed for positive living.

By providing proven wrap around support programmes, Springboard creates opportunities for young people to achieve positive outcomes and pathways to success. We focus on personal wellbeing by creating a place of belonging and celebrating one-to-one connections, whilst also engaging family and the wider community.

58 Hamatana Road Snells Beach Auckland 0920



mail@springboard.org.nz  Mon -Fri

(09) 425 4623 8.00-5.00

http://www.springboard.org.nz All services free of charge. Referral may apply.

**Classification : YS**

**St Elizabeth's Anglican Church in Clendon**

FSD0003443 Last updated 20/08/2020

Family support, home assessment & support, family advocacy plus JP services.

182 Finlayson Avenue Clendon Park Auckland 2103



office@steliz.co.nz  All services free of charge.

(021) 268 8441 No referral required.

https://aucklandanglican.org.nz/find-achurch/auckland-south/clendon/stelizabeths-clendon/

**St George's Anglican Church**

FSD0003598 Last updated 19/04/2021

Services into the community include - Counselling Services, Elderly day centre and Indian Elderly day centre, Preschool, Playgroup, Foodbank.

St Georges Church 5 Landscape Road Papatoetoe Manukau



office@stgap.org.nz  Monday 9.00am - 12pm

(09) 278 3412 Tuesday-Friday 9.30am - 12.30pm http://www.stgap.org.nz Some charges may apply.

No referral required.

**St Heliers Community Centre**

FSD0003913 Last updated 14/12/2020

Reaching Out and Welcoming In to people in the community. We have a range of programmes & activities and spaces for hire. OSCAR approved before/after and school holiday programmes

 St Heliers Community Centre 100 St Heliers Bay Road St Heliers Auckland 1071 centre@sthelierscentre.org.nz  9 am - 5 pm (Monday to Friday)

(09) 575 6098 Some charges may apply. http://www.sthelierscentre.org.nz/ No referral required.

**Classification : OSCAR**

**St John Caring Caller Service**

FSD0001964 Last updated 28/01/2021

St John Caring Caller is a free friendship service that offers regular phone contact to those who are housebound, live alone, or feel socially isolated. This is not a helpline it is friendship by phone that both you and your caring caller enjoy.

Order of St John National HQ 2 Harrison Road Mount Wellington Auckland 1060 enquiries@stjohn.org.nz  Mon to Fri - 8.00am to 5.00pm (0800) 780 780 All services free of charge.



(0800) 000 606 No referral required. http://www.stjohn.org.nz

**St Joseph Catholic School, Grey Lynn**

FSD0022197 Last updated 18/02/2021

This is an Oscar Programme Provided for our students.

office@st-joseph.school.nz  3.15pm - 5.20pm

(09) 376 5456 Some charges may apply. https://www.st-joseph.school.nz/after- No referral required. school-care/

**Classification : OSCAR**

**St Luke's Church Budgeting Service**

FSD0003573 Last updated 19/04/2021

Social services support drop-in centre.

 3 Russell Road Manurewa Auckland

satellitestlukes@outlook.com  Monday mornings 10am - 2pm. Please make

(09) 266 3233 appointment via phone. If urgent, late afternoon

appointment possible.

All services free of charge. No referral required.

**St Luke's Community Centre**

FSD0003445 Last updated 19/04/2021

A programme of community interest groups, education and training in various areas of interest including spirituality. Seminar and smaller consultation rooms for hire.

130 Remuera Road Remuera Auckland 1050



pamela@stlukes.org.nz  Monday-Friday 8am - 10pm. Saturday -Sunday

(09) 520 0740 9am - 5pm

http://www.stlukes.org.nz Some charges may apply.

No referral required.

**Stand T Mia - Auckland Region**

FSD0007823 Last updated 03/08/2020

Vision: A World Strong with Children

Mission statement: To transform the lives of tamariki and whanau through healing trauma and restoring healthy, respectful and protective relationships so that they can thrive in their communities

Cnr Pigeon Mountain Road 1-9 Pigeon Mountain Road Half Moon Bay Manukau 2012



Auckland@standforchildren.org.nz  Office hours are Monday to Friday 8.00 am to

(09) 534 4017 5.00 pm. http://www.standforchildren.org.nz All services free of charge. Referral may apply.

**Stanley Bay Kelly Club**

FSD0022510 Last updated 13/10/2020

We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide OSCAR approved programmes.

15 Russell Street Devonport Auckland 0622



stanleybay@kellyclub.co.nz  7am - 6pm weekdays

(021) 024 57903 Some charges may apply. http://www.kellyclub.co.nz No referral required.

**Classification : OSCAR**

**Stanmore Bay Pool and Leisure Centre**

FSD0022322 Last updated 26/06/2020

To provide the Hibiscus Coast Community with health & fitness programmes.

We have programmes for all ages and abilities in fitness, pool (includes spa and sauna), Learn to Swim and Recreation. We have a newly opened Splash pad (available during the summer months)

We run an OSCAR approved school holiday programme call Leisure Kidz that caters for 5year olds through to 13 year olds.

We also have an onsite Early Childcare facility - Kauri Kids that caters for 0 - 5 years old. Oscar subsidies via Work&Income are available for holiday programmes and ECE.

Stanmore Bay Pool and Leisure Centre 159 Brightside Road Stanmore Bay Auckland 0932



Stanmorebaypools@aucklandcouncil.govt  Mon - Thurs 5.30am - 9pm

.nz Fri 5.30am - 8pm

(09) 424 9227 Sat - Sun & Public Holidays 7am - 6pm http://www.aucklandleisure.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Starship Community**

FSD0003426 Last updated 19/04/2021

Starship Community is a multidisciplinary team of professionals providing nursing, allied health, technical and cultural support to children, young people and their families living within the Auckland DHB area.

Level 6 & 7, building 15 214 Greenlane West Epsom Auckland 1051 starship.community@adhb.govt.nz  8am - 4.30pm Monday to Friday



(09) 639 0200 All services free of charge. http://www.starship.org.nz No referral required.

**Classification : PACIFIC**

**STEPS Forward Family Services**

FSD0015141 Last updated 27/08/2020

Stepsforward provides a holistic approach with a focus on early intervention for families/whanau with children up to the age of 18years, where there is level of risk or concern for the health and safety of the children. Providing targeted, effective services for the most disadvantaged and marginalized living in our community, many with complex needs (Mental Health issues, learning disabilities, drug & alcohol, also for children who may have suffered historic abuse, displacement, family violence. Stepsforward has the ability to provide a wrap around service for these families with the various services we offer.

682 Whangaparaoa Road Stanmore Bay Whangaparaoa 0932 vivienne@stepsforward.co.nz  Mon - Fri: 8:30 am - 4:30 pm



(09) 424 4584 All services free of charge.

(09) 424 4014 No referral required. http://www.Stepsforward.co.nz

**Strengthening Families - Auckland Central West**

FSD0015350 Last updated 21/12/2020

Strengthening Families is a way of providing better co-ordinated support for families/whanau by using an interagency case management approach. It aims to improve family health, educational attainments and reduce the incidence of persistent offending or abuse and neglect.

Family Works 37B Dornwell Road Mt Roskill Auckland



kerry.lane@fwn.org.nz  Monday to Friday 8.00am to 5.00pm

(09) 639 2016 All services free of charge.

(027) 234 6922 No referral required.

http://www.strengtheningfamilies.govt.nz

**Strengthening Families - Auckland City Central**

FSD0007507 Last updated 13/04/2021

Strengthening Families is a way of providing better co-ordinated support for families/whanau by using an interagency case management approach. It aims to improve family health, educational attainments and reduce the incidence of persistent offending or abuse and neglect.

Family Works 37B Dornwell Road Mt Roskill Auckland 1041



kerry.lane@fwn.org.nz  Monday to Friday (09) 639 2016 All services free of charge.

(027) 234 6922 Referral may apply.

http://www.strengtheningfamilies.govt.nz

**Strengthening Families - Hibiscus Coast**

FSD0015349 Last updated 06/11/2020

Strengthening Families is a way of providing better co-ordinated support for families/whanau by using an interagency case management approach. It aims to improve family health, educational attainments and reduce the incidence of persistent offending or abuse and neglect.

682 Whangaparaoa Road Stanmore Bay Whangaparaoa 0932



sf@stepsforward.co.nz  Monday to Wednesday and Friday 9.00 am to

(09) 424 4014 4.00pm

(022) 052 4252 All services free of charge. http://www.strengtheningfamilies.govt.nz No referral required.

**Strengthening Families - Manukau Central**

FSD0020515 Last updated 21/12/2020

Strengthening Families is a way of providing better co-ordinated support for families/whanau by using an interagency case management approach. It aims to improve family health, educational attainments and reduce the incidence of persistent offending or abuse and neglect.

The Salvation Army 16b Bakerfield Place Auckland 2241



theresa.parker@salvationarmy.org.nz  Monday to Friday: 9am - 4pm

(09) 261 1071 All services free of charge. http://www.strengtheningfamilies.govt.nz Referral may apply.

**Strengthening Families - North Rodney/Kaipara/Helensville**

FSD0007504 Last updated 18/12/2020

Strengthening Families is a way of providing better co-ordinated support for families/whanau by using an interagency case management approach. It aims to improve family health, educational attainments and reduce the incidence of persistent offending or abuse and neglect.

5 Hexham Street Warkworth 0910



kim@kindredservices.org.nz  9.00 am - 4.00 pm (09) 420 7992 All services free of charge.

(027) 227 2213 Referral may apply.

http://www.strengtheningfamilies.govt.nz

**Strengthening Families - Waitakere (Family Works)**

FSD0007503 Last updated 09/04/2021

Strengthening Families aims to achieve better health, education and welfare outcomes for families facing multiple issues.

Strengthening Families is a voluntary process which helps to co-ordinate the different support services working with a family/whanau. Strengthening Families provides facilitators to run meetings where the family meet all their key workers at one time. Improved outcomes are achieved by working together to address all issues the family/whanau is facing within a single shared action plan.

Suite 1 2171 Great North Road Avondale Auckland 0600



Ann.uerata@fwn.org.nz  Monday to Friday, 9am to 5pm.

(09) 835 1288 All services free of charge.

(027) 274 7130 Referral may apply.

http://www.strengtheningfamilies.govt.nz

**Strengthening Families Auckland City East**

FSD0015351 Last updated 04/05/2021

Strengthening Families is a way of providing better co-ordinated support for families/whanau by using an interagency case management approach. It aims to improve family health, educational attainments and reduce the incidence of persistent offending or abuse and neglect.

37B Dornwell Road Mount Roskill Auckland 1041



pelenise.head@fwn.org.nz  Monday - Friday 8.30am-5pm (027) 234 6921 All services free of charge.

(09) 639 2016 No referral required.

http://www.strengtheningfamilies.govt.nz

**STRIVE Community Trust**

FSD0003775 Last updated 20/01/2021

STRIVE Community Trust is a long-standing social service provider based in Mangere and servicing the wider Manukau area. These services include Integrated Attendance Services; Counselling; Transitional Housing; Family Wellbeing; Financial Capability; Teen Dads; Sustaining Tenancies; Social Work in High Schools in Mangere, Otahuhu, Otara & Papatoetoe; Youth Development; Youth Services.

Unit 5 197 Montgomerie Road Mangere Auckland



info@strive.org.nz  8.30am to 5.00pm (09) 954 1548 Some charges may apply.

(021) 609 039 Referral may apply. http://www.strive.org.nz

**Classification : BFC, THP, YS**

**Sukhmani Charitable Trust**

FSD0024484 Last updated 06/01/2021

Purpose to help families to live healthy, happy and purposeful life contributing to society in building nation in the area of health, well being, child care, deal with abusive relationship, getting into employment and advocacy.

583A Blockhouse Bay Road Blockhouse Bay Auckland 0600



(022) 125 6775  Monday to Friday

10 am to 5 pm

All services free of charge. No referral required.

**Sunny Days Community Pre School Inc**

FSD0022428 Last updated 06/07/2020

We provide an early Childhood education and care service to the parents and whanau of Helensville Township and surrounding areas.

Our Goal is to provide a safe, nurturing environment where a child’s needs and abilities are acknowledged and enhanced through exposure to a wide range of learning resources and experiences. At Sunny Days children will be given the opportunity to develop a positive self-image and experience success through developmentally appropriate activities in the aspects of mathematics, construction, language, literacy, social skills, music and movement, science and nature and arts and crafts. All of these are based on child-initiated interests within the centre.

Sunny Days has been operating for 28 years.

130 Commercial Road Helensville



sunnydays102@yahoo.com  Monday to Friday 7:30am to 5:30pm

|  |  |
| --- | --- |
| (09) 420 7253 (027) 245 0885 http://sunnydayspreschool.co.nz | Open all year round.  Some charges may apply.  No referral required. |

**Sunnynook Community Centre Incorporated**

FSD0018227 Last updated 30/11/2020

We are a Community Centre in Sunnynook on the North Shore. We run an MSD approved

OSCAR Holiday Programme for 5 to 9 year olds, and a Youth Holiday Programme for 10 to 14

year olds. Daily charge is $24.50 - 8.00am to 3.30pm - one day a week is trip day and there is an extra charge for this.

Sunnynook Community Centre 148 Sycamore Drive Sunnynook Auckland 0620 snook.com.cen@xtra.co.nz  Office hours 9.00am - 4.00pm Monday to Friday



(09) 410 4902

(027) 2847761 The Community Centre is open 7 days a week.

The Holiday Programme and Youth Programme operate every week in the school holidays.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Suzi Wallis | Counsellor & Family Therapist**

FSD0022969 Last updated 31/07/2020

My name is Suzi Wallis. I see my purpose as helping you navigate the challenges you face, so that you can experience more success and happiness.

Robust emotional health is key to having a fulfilling life, and managing the hurdles that you face. Even if you feel like life can't possibly improve, I want to assure you that what you're going through is temporary, and that you can find a way through.

I specialise in:

* communication upskilling
* conflict management
* working with couples (of any gender or gender combination) to work through relationship issues\* grief support for all.

I can also help with many other issues they may be facing.

I work with clients aged 14 upwards.

The counselling I offer is about making change, and making change stick. Clients regularly leave sessions with several things to work on between appointments.

102 Main Highway Ellerslie North Auckland 1051



suzi@lifejourney.co.nz  Please check my website for availability of

(021) 870 576 appointments. http://www.lifejourney.co.nz Some charges may apply.

No referral required.

**Synthesis Therapy & Counselling**

FSD0018392 Last updated 10/10/2020

Cian Kerrisk provides effective and professional psychotherapy, Cognitive Behavioural Therapy, Couple Counselling and Addiction Treatment for a range of issues.

0 Atkinson Road Titirangi Auckland 0604



synthesis-therapy@slingshot.co.nz  Mondays 4:30-8pm

(021) 973 455 Tuesdays 7pm-9pm

http://www.synthesistherapy.com Thursdays 5:30-8pm

Some Saturday sessions available Some charges may apply. No referral required.

**Talented Tots Childcare - West Coast**

FSD0022604 Last updated 15/01/2021

Childcare provider in Glen Eden and Mt Albert areas. We offer free sessions for 3 and 4 year olds.

306 West Coast Road Glen Eden Auckland 0602



colleen@talentedtots.co.nz  7.30 am to 5.30 pm

(09) 818 6138 Some charges may apply.

(09) 818 9577 No referral required. http://talentedtots.co.nz

**Talk Counselling**

FSD0003756 Last updated 12/04/2021

We do Face to face and Video calls!

Talk counselling and MensTalk is a face to face counselling and psychotherapy service for men women and couples. We are qualified and specialised in the areas that we work and cover issues such as: couples therapy Depression, Anxiety,addictions, relationship issues, erectile dysfunction, stress, couple counselling, anger management, personal growth, self esteem, and trauma.

 147D Princes Street East Otahuhu Auckland 1062

|  |  |
| --- | --- |
| ric@talkcounselling.co.nz  (0508) 636 782 http://www.talkcounselling.co.nz      **Tamaki Budgeting** | Monday to Friday 10am to 5.00pm Some charges may apply. No referral required. |
| FSD0003859 | Last updated 27/04/2021 |

Provide budgeting advice and support including information regarding benefits. Also referral to counselling and rehabilitation services.

18 Clifton Court Panmure Auckland 1072



admin@homebudget.org.nz  9 am - 3 pm Monday to Friday by appointment.

|  |  |
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| (09) 570 9023 http://www.facebook.com/tamakibudgetin g/    **Classification : BFC** | Sometimes after hours appointments can be arranged.  Saturdays at Glen Innes CAB - 9am - 11.30am.  All services free of charge.  No referral required. |

**Tamaki Community Development Trust**

FSD0021632 Last updated 11/02/2021

Our vision is '"partnership for change" We exist to partner with families, schools, Oranga Tamariki, and other agencies in the best interest of promoting overall wellbeing for families. Our intention is to provide longer term mentoring and support to assist families build capacity and become successfully independent. We also provide mentoring and counselling for at risk youth.

Our services are provided via referral only and we usually work through a child i.e. if we are working with a family it is because a child has been referred.

4A Court Crescent Panmure Auckland 1072



office@tcdt.net.nz  9.00am to 4.00pm daily (09) 570 4314 All services free of charge.

(021) 027 11458 Referral may apply. http://www.tcdt.net.nz

**Tamaki Community Link**

FSD0007898 Last updated 03/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 40-42 Mayfair Place Glen Innes Auckland 1072



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Taonga Education Centre Charitable Trust**

FSD0019302 Last updated 02/02/2021

Mission Statement: “Totally acknowledging our next generation’s abilities”Taonga Education Centre is a Maori Teenage Mothers’ Education and Parenting Programme situated in the community of Manurewa. Non-Maori students are able to be enrolled, on the understanding that the programme is delivered from a tikanga Maori perspective.

11 Dalgety Drive Wiri Auckland 2104



admin@taonga.org.nz  Monday to Friday 8am - 5pm

(09) 269 2861 All services free of charge.

(0508) Taonga (826642) No referral required. https://taonga.org.nz/

**Te Aho O Te Kura Pounamu (Te Kura) - Auckland**

FSD0021112 Last updated 17/12/2020

We provide distance education from early childhood level to Year 13. Our learning advisors, teachers and in-region staff work with students, their whanau and communities to help our students achieve their potential.

Level 7 124 Vincent Street Auckland 1140



info@tekura.school.nz  Some charges may apply.

(0800) 65 99 88 Referral may apply. http://www.tekura.school.nz

**Te Ao Hou Community Childcare Centre Inc**

FSD0021682 Last updated 06/11/2020

We provide early childhood education to children from birth to 5 years. We offer up to 30 hours free early childcare education to children of all ages. Our experienced teachers are all qualified and fully registered. We are licensed for 28 children per day. We can assist with MSD childcare subsidy applications.

134 Elstree Avenue Point England Auckland 1072



teaohouchildcare@xtra.co.nz  7.30am to 5.30pm Monday to Thursday

(09) 527 8489 7.30am to 5.00pm Friday

Some charges may apply. No referral required.

**Te Ata West Auckland Mental Health Support Trust**

FSD0003615 Last updated 14/09/2020

A consumer support centre offering support, education, recreational, courses, information and networking for people in the West Auckland area who experience and or live with mental unwellness.

H2&H3 52 Keeling Rd Henderson Auckland 0612



te-ata@xtra.co.nz  Open Monday - Friday 9.30am - 3.30pm

(09) 837 0671 All services free of charge.

(09) 837 0670 Referral may apply. https://www.teata.org.nz/

**Te Huruhi Trusts Kids Extreme OSCAR Programme**

FSD0021287 Last updated 27/09/2020

Providing care, entertainment and fun for kids aged 5 to 12 during their school holidays.

Access off Omaru Lane 77 Line Rd Glen Innes Auckland 1072



gleninnesoscar@gmail.com  School holidays, Monday-Friday, 8am-6pm

(09) 528 1050 Please confirm opening ours over (027) 271 0270 Christmas/Summer Holidays

Some charges may apply. No referral required.

**Classification : OSCAR**

**Te Iwi O Ngati Kahu Trust**

FSD0021607 Last updated 11/01/2021

Te Iwi O Ngati Kahu Trust is an Iwi service provider situated in Tamaki Makaurau to provide whanau support services in their own communities. We also provide care placement services for mokopuna Maori aged 0-16 years old throughout Tamaki Makaurau and the Far North and are committed to mokopuna remaining in the care of their whanau, hapu and Iwi.

19 Lambie Drive Papatoetoe Auckland 2104



admin@tionk.co.nz  Monday to Friday 8.30 - 5pm.

(09) 250 4797 Weekends by appointment only. https://tionk.co.nz/index.html Weekends/After Hour support for caregivers.

All services free of charge. Referral may apply.

**Te Kotuku Ki Te Rangi Trust**

FSD0003745 Last updated 18/08/2020

A kaupapa Maori community health provider for Oranga Hinengaro Services.

 20-40 Copsey Place Avondale Auckland 1026

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| --- | --- |
| reception@tekotuku.co.nz  (09) 820 0045 (0800) 731 188 http://www.tekotuku.co.nz | Head Office  Mon-Fri: 8.30am - 5:00pm All services free of charge.  Referral may apply. |

**Te Manawanui Charitable Trust**

FSD0003676 Last updated 27/07/2020

Provision of emergency housing to families, solo mums / dads & pregnant women on their own.

Free budget services to individuals & families in need of financial advice or assistance.

te.manawanui@xtra.co.nz  9am - 5pm Mon -Fri (09) 624 3906 Outside of these hours 24/7

(021) 280 4000 mob: 021 280 4000

Some charges may apply. No referral required.

**Classification : THP**

**Te Matariki Clendon Community Centre & Library**

FSD0022330 Last updated 22/09/2020

We are an OSCAR approved childcare provider.

Also at Te Matariki Clendon we’ve got something for everyone – including you. Whether you want to play social sports, get your kids involved in activities such as gymnastics or friendly competitive sports leagues, sign up to some of our dedicated programmes, such as Green Prescription, or one of our FREE Youth Programmes Te Matariki Clendon Community Centre is your place to do it.

17 Palmers Road Clendon Auckland 2103



clendoncommunitycentre@aucklandcoun  8am-6pm Monday-Friday cil.govt.nz Some charges may apply.

(09) 261 8080 No referral required.

https://aucklandleisure.co.nz/locations/tematariki-clendon-community-centre-andlibrary/

**Classification : OSCAR**

**Te Oranga Kaumatua Kuia Disability Support Services Trust**

FSD0006043 Last updated 14/10/2020

A service that specifically seeks to provide support for Kaumatua and Kuia suffering from neglect and/or dementia that may lead to elder abuse and neglect.

Geographical Coverage Area: Te Puaha ki Manuka (South Auckland)

64 Mascot Avenue Mangere Manukau 2022



kingi.martin@teorangakk.org.nz  Monday to Friday

(09) 255 5470 8.30am - 5.00pm http://www.teorangakk.org.nz

Community Support Service.

Elder Abuse and Neglect Service.

All services free of charge. Referral may apply.

**Te Puaruruhau**

FSD0003567 Last updated 23/07/2020

We are a health service based at Puawatahi: A multi-agency centre opposite Starship Hospital. We accept referrals for 0-19 year olds for historic, current and acute cases of sexual and physical assault.

Puawaitahi, Level 1 99 Grafton Road Grafton Auckland 1010



(09) 307 2860  Office hours Monday - Friday 8am - 5pm http://www.starship.org.nz/directory-ofservices?index=T&type=see\_all&cat=see Acute Service: 24/7 referral number 021492365

\_all All services free of charge.

No referral required.

**Te Puna Hauora o Te Raki Paewhenua Society Incorporated**

FSD0003767 Last updated 07/09/2020

Te Puna Hauora provides a comprehensive range of medical and social services to our enrolled population.

58A Akoranga Drive Northcote Auckland 0627



(09) 489 3049  Monday-Friday 8.30am - 5.00pm. Closed http://www.tepuna.org.nz statutory holidays

All services free of charge. Referral may apply.

**Classification : BFC, FVSS**

**Te Puru Community Charitable Trust**

FSD0022472 Last updated 24/10/2020

We offer School Holiday programmes for school age children. To promote, support and develop programmes, actions and initiatives that provide for the recreational, social and community needs for the residents of Beachlands/Maraetai/Whitford and the Clevedon regions of Franklin together with encouraging usage of the facility by the wider Auckland Region in accordance with the Te Puru Strategic Plan.

954R Whitford-Maraetai Road Beachlands 2018



admin@tepuru.co.nz  Monday - Thursday 9.00am - 9.00pm (09) 536 5360 Friday 9.00am - 5.00pm http://www.tepuru.co.nz Weekends on request

Some charges may apply. No referral required.

**Classification : OSCAR**

**Te Roopu O Te Whanau Rangimarie O Tamaki Makaurau**

FSD0006046 Last updated 03/08/2020

Our mission is to empower families and individuals by providing support, advocacy, temporary accommodation options and services with a focus towards family violence intervention and prevention leading to an improved quality life.

2 Cameo Court Road Mangere Auckland 2024



admin@twr.org.nz  Monday to Friday, 9.00am-5.00pm.

(09) 275 1230 Some charges may apply. https://www.twr.org.nz/ No referral required.

**Classification : FVSS, THP**

**Te Roopu O Wai Ora Inc.**

FSD0021500 Last updated 23/09/2020

Te Kaupapa O Te Roopu O Wai Ora Inc. Child & Family Support Service aims to help, and support Youth ‘at risk’ and their families. By providing a culturally appropriate Service’s for youth ‘at risk’ in their own communities. Running local community club programmes, youth camps, early intervention programmes in local schools, and working with Oranga Tamariki supporting young people by providing one on one mentoring service.

6B Ryan Place Manukau Auckland 2104



Enquiries@teroopuwaiora.nz  Mon to Fri - 9am -5pm

(09) 2774513 All services free of charge.

(021) 491 256 Referral may apply. http://www.waiora.kiwi

**Te Rori a Mua Trust**

FSD0021871 Last updated 24/02/2021

Te Rori a Mua Trust provides 24hour residential and vocational services for adults with intellectual disabilities.

The meaning of Te Rori a Mua is ‘the road ahead’ and this provides the foundation to ensure the organisation focuses on the future to offer a supportive environment and quality services to meet the needs, aspirations and well-being of participants and their families.

162 Pooks Road Swanson Auckland 0612



teroriamua@gmail.com  Call 022 565 3173 after hours.

(09) 832 4988 All services free of charge.

(022) 565 3173 Referral may apply. http://teroriamua.org.nz

**Te Tai Awa o Te Ora**

FSD0003732 Last updated 23/09/2020

To provide culturally appropriate services to whanau incorporating key values of Tika, Pono and Aroha. All staff have qualifications in social work and/or counselling and offer a range of services, information and assistance to individuals, couples and whanau. These include

* help and advocacy with budgeting and financial matters, social circumstances, e.g. housing,benefits
* the facilitation of programmes (Parenting, Stopping VIolence, support for people with alcohol andother drug related issues
* counselling for personal, relationship and whanau concerns
* We also have a Social Workers in Schools (SWiS) service with Social Workers based in 11Otara schools.

18 Otara Road Otara Auckland 2023



admin@taiawa.org.nz  Monday, Tuesday, Wednesday & Thursday 9 am

(09) 274 4220 - 5 pm

(027) 274 4220 Friday 9 am - 4 pm

http://www.taiawa.org.nz/ Some charges may apply.

Referral may apply.

**Classification : FVSS**

**Te Waipuna Puawai Mercy Oasis Ltd**

FSD0008245 Last updated 20/04/2021

Te Waipuna Puawai Mercy Oasis Ltd is a thriving community development initiative of the Sisters of Mercy New Zealand. We were established in 1999, building on a decade of highly respected community development work in Glen Innes.

We are committed to working with and alongside women, children and families who are in need.

We aim to improve lives of families by providing family support services and adult education.

We build supportive relationships with whanau by connecting them with others in the local community and developing a pathway to achieve and celebrate their goals.

Our Vision

Whakamana te oranga wairua o te tangata me te whenua.

Well-being for our communities and restoration of the earth.

Our Mission

Kia u ki te mahi kotahi whakarawea te mana wahine, te mana whanau me te mana iwi whanui.

Working together to strengthen women, strengthen families and strengthen community.

Ellerslie Site 12A Umere Crescent Ellerslie Auckland 1051



ceo@twp.org.nz  8.30am-5pm Monday to Friday.

(09) 527 6380(Glen Innes) Koha/donation may apply.

(09) 525 0337(Ellerslie) No referral required. http://www.twp.org.nz

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612 audrey.tinsley@waiwhanau.com  8.30am - 5.00pm Monday - Friday



(09) 836 6683 Some charges may apply.

(0800) 924 942 Referral may apply. https://www.waipareira.com/

**Classification : BFC, FVSS**

**Te Whare Awhina**

FSD0003741 Last updated 04/02/2021

Community social service centre

 4 Tamworth Close Manurewa Auckland 2102

jaylene.ball@twa.org.nz  Office open 9am - 3pm, Monday - Friday.

(09) 267 2860 Some charges may apply. https://bookings.aucklandcouncil.govt.nz/f No referral required.

acilities/facility/te-whare-awhinacommunity-services-centre

**Te Whare Marama O Mangere**

FSD0005873 Last updated 20/07/2020

Women's refuge provides a safe house for women and children who have experienced family violence.

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| contact@tewharemarama.org.nz  (09) 276 7922  (027) 276 7923    **Classification : FVSS**    **Te Whare Ruruhau O Meri** | Available 9am to 3pm. We do have an answer machine that a message can be left. | |
| Some charges may apply. Referral may apply. |  |
| FSD0003489 |  | Last updated 12/01/2021 |

Multi-cultural family support, therapy and advocacy.

Building 2 19 Lambie Drive Papatoetoe Auckland 2104



admin@tewhare.org.nz  8 am - 5.30 pm Monday to Friday

(09) 270 2631 All services free of charge.

(0800) 839 4273 No referral required. https://tewhare.org.nz/index.html

**Classification : FVSS, SHSS**

**TenForward Technology Lounge**

FSD0024373 Last updated 11/09/2020

TenForward is a gaming themed after school care and holiday programme and birthday party destination for kids aged 7-13. Our video and board gaming experts help kids to learn social development skills and behaviours to manage their online activities, esports training, imaginative play, strategies and teamwork.

81 Green Lane East Remuera Auckland 1050



belinda@tenforward.co.nz  After school every day 3pm - 6pm

(021) 288 9323 Holiday Programme and Teacher Only Days http://www.tenforward.co.nz 8:30am - 6pm

Birthday Parties - weekends, flexible times

$10 per hour

Some charges may apply. No referral required.

**Classification : OSCAR**

**The Big Idea | Te Ari Nui**

FSD0024538 Last updated 25/03/2021

The Big Idea | Te Ari Nui is Aotearoa's home of creative opportunities, jobs, news, events and inspiration. It has been supporting Aotearoa creatives for 20 years. This is our kaupapa, this is what we do. We are passionate about supporting artists to turn their big ideas into big successes.

toipotomentoring1@thebigidea.co.nz  Available by appointment.

(0800) 824 332 All services free of charge. https://www.thebigidea.nz/toipoto No referral required.

**The Fabulous Kids Club**

FSD0024409 Last updated 01/10/2020

After School care for children aged 5 to 13

Te Huruhi Primary School 11 Donald Bruce Road Surfdale Waiheke Island 1081



thefabkidsclub@gmail.com  Term time, Monday to Friday, 2.30 to 6pm

(021) 103 1199 Some charges may apply. https://www.facebook.com/fabkidsclub/ Referral may apply.

**The Fono Head Office**

FSD0023623 Last updated 01/10/2020

Established in 1989, The Fono is NZ's largest Pacific owned health and social services NGO.

Level 2 6 Alderman Drive Henderson Auckland 0612



headoffice@thefono.org  Monday to Friday, business hours.

(09) 267 6331 All services free of charge.

(09) 837 1780 No referral required. http://thefono.org

**The Fono North Shore**

FSD0023206 Last updated 01/10/2020

We offer a selection of community services for families from our community hub, located at 'Hearts and Minds' in the Norman King Building at 65 Pearn Crescent, Northcote.

First Floor, Norman King Building 65 Pearn Crescent Northcote Auckland 0627 socialservices@thefono.org  Mon-Fri: 8.30am-5.00pm



(09) 838 0746 Koha/donation may apply. http://www.thefono.org No referral required.

**Classification : PACIFIC**

**The Fono South**

FSD0003588 Last updated 28/09/2020

We offer Medical, Dental, Pharmacy and Whanau Ora services.

Some of our services are free to eligible patients while others are subsidised.

7 Halver Road Manurewa 2102



manurewamedical@thefono.org  Monday-Friday, 8am - 5pm

(09) 267 6331 Some charges may apply.

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| --- | --- |
| (0800) FONO4U  http://www.thefono.org | Referral may apply. |
| 1019 |  |

**Classification : PACIFIC**

**The Fono West**

FSD0003550 Last updated 28/09/2020

We offer a range of medical, dental, pharmacy, social and public health services. Our friendly, professional team are here to provide top quality service for everyone.

Head Office 411 Great North Road Waitakere City 0612



headoffice@thefono.org  Monday-Friday 8:30am-5pm

(09) 837 1780 Some charges may apply.

(0800) FONO4U Referral may apply. http://www.thefono.org

**Classification : BFC, FVSS, PACIFIC**

**The Fono West Central**

FSD0023205 Last updated 01/10/2020

We offer a range of medical services for the entire family. Some of our services are free to eligible patients while others are subsidised.

297 Blockhouse Bay Road Blockhouse Bay Auckland 0600



BHBmedical@thefono.org  Mon-Fri: 8.30am - 5pm

(09) 828 8421 Some charges may apply.

(0800) FONO4U No referral required. http://www.thefono.org

**Classification : PACIFIC**

**The Good Works Charitable Trust (GWT)**

FSD0024312 Last updated 19/08/2020

Good Works Trust operates a foodbank with the help of private donors and funds from the MSD

Community Food Response Fund

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| --- | --- |
| foodbank@svc.org.nz http://goodworkstrust.org.nz      **The Grief Centre** | Please contact us for delivery times for food parcels.  All services free of charge. No referral required. |
| FSD0016202 | Last updated 23/06/2020 |

To provide affordable professional counselling, support, education, and information and resources, to those either experiencing or working with all forms of loss and grief.

92 Hinemoa Street Birkenhead Auckland 0626 office@griefcentre.org.nz  Office Hours are Mon-Fri 8.30am - 4.30pm.



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| --- | --- |
| (09) 418 1457 (022) 636 4211 http://www.griefcentre.org.nz      **The iHub Greenmeadows** | Appointments can be arranged outside of these hours in Whangarei and across the Auckland Region.  Some charges may apply. No referral required. |
| FSD0023304 | Last updated 22/01/2021 |

OSCAR approved programmes. The iHub is a place where tweens can go after school to chill and spend time with mates. It’s also a place that opens doors to Big Opportunities!

We know that hanging out with mates and having fun matters, so at The iHub there are plenty of opportunities for tweens to chill out and initiate their own fun/activities. We also know during these years its important to give new things ‘a go’ because the experiences may trigger a passion to last a lifetime.

The iHub was founded by (Safe Kids in DailySupervision), so Whanau know that when kids are at The iHub, they are safe.

 Technology Dept, Greenmeadows Intermediate School 29 Greenmeadows Avenue Manurewa

Auckland 2102

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| --- | --- |
| greenmeadows@theihub.co.nz  (09) 298 5251 (021) 289 9939 http://www.theihub.co.nz/    **Classification : OSCAR** | 3:00pm-6:00pm, Mondays-Fridays during the school term.  8:00am-6:00pm, Mondays-Fridays during school holidays  Some charges may apply.  No referral required. |

**The Laingholm & Woodlands Park Buzz Club**

FSD0022123 Last updated 25/06/2020

We are an out of school care provider operating in the Laingholm and Woodlands park area of Auckland. We provide before school, after school and holiday programmes.

6 Dorothy Road Laingholm Auckland 0604



neigh41@gmail.com  Monday - Friday during school terms (027) 722 1944 Before school care 7am - 8.30am https://buzzclub.fun/ After school care 3pm - 6pm

School holidays

Holiday Programme 7.30am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**The Meditating Giraffe**

FSD0023440 Last updated 24/07/2020

Would you like...

Harmonious relationships both at home and at work?

To be heard and to hear others so a strategy can be found that works for you and for others involved?

To be able to make clear requests that give you what you want and not what you don’t want?

To heal past relationships that are impacting on your present life?

“The Meditating Giraffe” is committed to offering workshops & support based on the principles of NVC - Nonviolent Communication. This is the work of Dr Marshall B Rosenberg.

We work with organisations, smaller groups, families, couples, and individuals – supporting people to communicate, connect and move forward in a life serving way. We also offer Transformative Mediation.

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| --- | --- |
| deb@meditatinggiraffe.co.nz  (027) 237 9657 (027) 341 0000 http://www.meditatinggiraffe.co.nz | All days 8am to 9:30pm Some charges may apply.  No referral required. |

**The Peace Foundation, Te Tuapapa Rongomau o Aotearoa**

FSD0003716 Last updated 21/10/2020

The Foundation offers a range of resources and programmes that encourage and promote alternatives to violence as a means to resolving conflicts.

Level 2 78 Pitt St Auckland 1010



peace@peacefoundation.org.nz  Monday-Friday, 10 a.m. to 5 p.m.

|  |  |
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| (09) 373 2379 http://www.peace.net.nz | Some charges may apply. No referral required. |

**The Pride Project Charitable Trust**

FSD0024469 Last updated 30/11/2020

The Pride Project is a Charitable Trust operating in the suburb of Manurewa, South Auckland. We have been working intensively in the community for the last four years and evolved what we know is a unique kaupapa and approach to community empowerment, pride and holistic development. Clendon/Manurewa is a community that suffers from high levels of deprivation, inter-generational poverty, over-crowding in homes particularly among its majority of Mori and Pacific households. Our understanding of our community comes from our local knowledge. We deal with the failings and silo-effects of the dominant socio-economic and political system and what we do is not about filling gaps but building an alternative healing system of well-being around Manurewa people as individuals, whanau, hapu and as a kainga. We are immersed in Kaupapa Mori; it is a deeply held foundation, as well as an expression of what we do and why.

 60 Maplesden Drive Clendon Park Auckland 2103

melissaatama@theprideproject.co.nz  Community House, Volunteers and Whare

(027) 237 8756 Tautoko - 9.30am - 2.00pm

Hope Navigators Available - 9.30am-5.30pm

Tool Library - 9.30am-1.00pm

Koha Kutz Mon,Wed,Fri by appnt - 10.00am-

1.30pm

Koha/donation may apply. No referral required.

**The Raukatauri Music Therapy Centre**

FSD0023619 Last updated 02/07/2020

We are the only not-for-profit music therapy centre in New Zealand. Our team of nine music therapists provide individual, pair and group music therapy to a range of clients with special needs including cerebral palsy, autism, Down syndrome, mental health disorders and dementia.

We also offer outreach music therapy programmes in schools and community centres around Auckland, Hawke's Bay and Whangarei, as well as parent and caregiver support.

Level 0 5 Carlton Gore Road Grafton Auckland 1023



jenryckaert@rmtc.org.nz  Monday through Saturday 8:30-5:00

(09) 360 0889 Some charges may apply.

http://rmtc.org.nz No referral required.

**The Rosa Counselling Trust**

FSD0008348 Last updated 21/08/2020

The Trust offers affordable counselling, psychotherapy, family therapy, education and support for children, young people, individuals, couples and families for grief, depression, addiction, domestic violence prevention and unresolved emotional issues. We work predominantly with families - in some cases three generations in one family - to break the cycle of domestic violence, child abuse, absence of parenting skills, teenage substance abuse & suicide, and bullying in all it's forms. Our Totally Awesome Me programme for teenage girls is designed to support young women and the issues they face in this world. We have an established Child Play Therapy Unit to support children who are victims or witnesses of domestic violence and/or whose parents have substance addictions. Our purpose is to provide an open window of enlightenment to create positive functioning for future generations.

The Village Chambers 294 Hibiscus Coast Highway Auckland 0931



rosatrust@ps.gen.nz  Tuesday 8:30am - 6pm (09) 427 8111 Thursday 8:30am - 5pm

(022) 048 3461 Friday 8.30am - 4pm

Some charges may apply. No referral required.

**The Salvation Army - Albany Bays**

FSD0008239 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army. (Corps and Korean Corps Plant)

90 Rosedale Road Albany Auckland 0632



albanybays.corps@salvationarmy.org.nz  Coordinator works from 8.00am - 4.00pm

(09) 478 7567 Monday to Friday. https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/albany-bays/albany-bays- No referral required. corps

**The Salvation Army - Auckland City Corps**

FSD0006317 Last updated 23/03/2021

Worship, community and welfare services of The Salvation Army (Auckland and Korean Corps and Community Ministries)

18 Allright Place Mt Wellington Auckland 1060



aucklandcity.corps@salvationarmy.org.nz  Monday - Friday 9am - 4.30pm

(09) 379 7615 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/auckland/auckland-corps

**The Salvation Army - East City**

FSD0023575 Last updated 20/04/2021

Worship, community and welfare services of The Salvation Army.

37-45 Wellington Street Howick Auckland 2014 eastcity.corps@salvationarmy.org.nz  Drop in centre open Wed and Fri 11-2pm.



(09) 535 0847 Foodbank open Wed and Fri 11am-2pm. https://www.salvationarmy.org.nz/centres/ Budgeting available Fri by appointment.

nz/auckland/howick/east-city-corps Some charges may apply.

No referral required.

**The Salvation Army - Flat Bush**

FSD0023577 Last updated 27/04/2021

Corps Plant. Worship, community and welfare services of The Salvation Army

18 Fusion Road Flat Bush Auckland 2019 flatbushcorps.plant@salvationarmy.org.nz  Some charges may apply.



(09) 277 6829 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/auckland/flatbush/flat-bush-corps

**The Salvation Army - Glenfield**

FSD0008241 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army.

430 Glenfield Road Glenfield Auckland 0629



glenfield.corps@salvationarmy.org.nz  Our offices are open 8.30am to 4pm, Monday to

(09) 441 2554 ext 2 Friday. https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/glenfield/glenfield-corps No referral required.

**Classification : BFC**

**The Salvation Army - Hibiscus Coast**

FSD0023583 Last updated 29/03/2021

Worship, community and welfare services of The Salvation Army on the Hibiscus Coast.

38 Greenview Lane Red Beach 0932



hibiscuscoastcorps@salvationarmy.org.nz  Office is open Tuesday, Wednesday, Thursday

(09) 426 0239 9.00am-12noon

https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/hibiscus-coast/hibiscus- No referral required. coast-corps

**The Salvation Army - Manukau Central**

FSD0005754 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army

16D Bakerfield Place Manukau Auckland 2104 manukaucentral.corps@salvationarmy.org  Monday to Friday, 9am-5pm.



.nz Some charges may apply.

(09) 262 2332 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/auckland/manukau/manukau-centralcorps

**Classification : BFC**

**The Salvation Army - Mt Albert**

FSD0023584 Last updated 26/03/2021

Worship, community and welfare services of The Salvation Army

218 Mt Albert Road Sandringham Auckland 1025



mtalbert.corps@salvationarmy.org.nz  Mon - Fri: 9.30am - 4.30pm,

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| (09) 629 5063 https://www.salvationarmy.org.nz/centres/ nz/auckland/sandringham/mt-albert-corps | Sat: 9am - 4pm  Some charges may apply.  No referral required. |
| 1027 |  |

**The Salvation Army - New Lynn**

FSD0005938 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

32 Delta Avenue New Lynn Auckland 0600 newlynn\_corps@nzf.salvationarmy.org  Mon - Fri 9.30am - 1pm for food bank.



(09) 827 3128 All services free of charge. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/new-lynn/new-lynn-corps

**Classification : BFC**

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| (09) 299 6791 https://www.salvationarmy.org.nz/centres/ nz/auckland/papakura | Some charges may apply. No referral required. |
| 1028 |  |

**The Salvation Army - Otahuhu**

FSD0023585 Last updated 22/04/2021

Worship, community and welfare services of The Salvation Army

99 Church Street Otahuhu Auckland 1062



otahuhu.corps@salvationarmy.org.nz  9am-2.30pm Monday to Friday

(09) 276 5793 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/otahuhu/otahuhu-corps

**The Salvation Army - Papakura**

FSD0023546 Last updated 23/03/2021

Worship, community and welfare services of The Salvation Army

87-91 Clevedon Road Auckland papakura.corps@salvationarmy.org.nz  /



**The Salvation Army - Pukekohe**

FSD0021224 Last updated 21/04/2021

Worship, community and welfare services of The Salvation Army

3 Tobin Street Pukekohe 2120



pukekohe.corps@salvationarmy.org.nz  Wednesday to Friday 9am to 3pm

(09) 238 5641 All services free of charge. http://www.salvationarmy.org.nz/centres/n No referral required. z/auckland/pukekohe

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| **The Salvation Army - Royal Oak** |  |
| FSD0003434 | Last updated 17/04/2021 |

Community and Welfare services for The Salvation Army

691a Mt Albert Road Royal Oak Auckland 1023



ndhq@nzf.salvationarmy.org  9:15am-12pm, 1-3pm Monday, Tuesday,

(09) 639 1181 Thursday Friday. https://www.salvationarmy.org.nz/centres/ Wednesdays 10-12 and 1-3pm. nz/auckland/royal-oak Some charges may apply.

Referral may apply.

**Classification : BFC, THP**

**The Salvation Army - Waitakere Central**

FSD0008237 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

 7-9 View Road Henderson Auckland 0612

WaitakereCentral\_Corps@nzf.salvationar  Community and Family Services: 9.00am my.org 5.00pm, Monday to Friday.

(09) 837 4471 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required.

nz/auckland/waitakere/waitakere-centralcorps

**Classification : BFC**

**The Sleep Store**

FSD0008102 Last updated 25/09/2020

We source the world's best sleep solutions for babies and toddlers. Our website provides comprehensive free sleep information.

31 Portage Road New Lynn Auckland 0600 team@thesleepstore.co.nz  9.00-5.00pm - Online Store only.



(09) 816 8706 All services free of charge. http://www.thesleepstore.co.nz No referral required.

**The Sowers Trust**

FSD0015527 Last updated 11/12/2020

Sowers provides mentoring and youth development programmes for young people and social work support for individuals and families within Howick Ward.

The Picton Centre 120 Picton Street Howick Auckland 2014



SOWERS@HCC.CO.NZ  We are flexible but generally work between 9am

(09) 538 0050 and 5pm Monday to Friday. http://www.sowers.co.nz Some charges may apply.

No referral required.

**The Village Community Services Trust**

FSD0017247 Last updated 21/07/2020

The Village Community Services Trust (The Village) is a registered charitable trust lead by Auckland community leaders committed to serving the wider community with a strategic focus on marginalised individuals and communities, in particular at risk Pacific and Maori youth. The Trust mission is to support marginalized individuals and groups in our community by providing relevant and cutting edge programmes and services that give them hope and a future by maximising their potential.

At the very heart of the organisation is the creed that 'it takes a Village to raise a child'.

Underpinning this notion is the belief that we have a collective responsibility to play to reconnect the disconnected youths and individuals in our community into safe environments, discover pathways that lead to lives operating to their full potential.

24 Racecourse Parade Avondale Auckland 1026



(09) 828 6520  Mon to Fri 9am to 5pm

http://villagetrust.co.nz Some charges may apply.

Referral may apply.

**The Wilson Home Trust**

FSD0023754 Last updated 19/01/2021

The Wilson Home Trust supports children and young adults with physical disabilities, up to the age of 22 years. The child or young adult must live in the northern half of the North Island. The Trust is active in facilitating a wide range of educational, social and support services across their Trust deed are. The Trust offers a range of activities and support to children and young adults with a disability, and to their families, and whanau. The Trust also has various types of grants funding available for equipment, activities, holidays, emergency and wellbeing and counselling.

The Wilson Home Trust Cottage 1 St Leonards Road Hauraki Auckland 0622 info@wilsonhometrust.org.nz  Monday to Friday 08.30 to 17.00 (0800) 948 787 All services free of charge.



(09) 485 3461 No referral required. http://www.wilsonhometrust.org.nz

**Therapyworx & Val Hayes Counselling**

FSD0015503 Last updated 07/12/2020

I offer short and long term counselling and psychotherapy for depression, anxiety, relationship problems, grief and trauma (to name a few) along with life coaching and clinical supervision in Remuera and Glendowie.

I work primarily with individuals and some couples.

130 Remuera Road Remuera Auckland 1050



val@therapyworx.co.nz  Tuesday, Wednesday in Glendowie 0800 until (09) 292 1035 1830. (No wheelchair access or waiting room) http://therapyworx.co.nz Friday in Remuera 0800 until 1700 (Wheelchair access and waiting room) Some charges may apply. No referral required.

**Thompson Memorials**

FSD0023837 Last updated 21/12/2020

Creating timeless Headstones & Memorials for over 75 years, from plaques to intricate custom made headstones, we treat every memorial we create with the respect it deserves.

Bringing over 75 years of memorial manufacturing experience, Thompson Memorials is an industry leader in workmanship and creativity.

Family owned and operated, Thompson Memorials cares deeply about the families we serve. We are considered one of the leading monumental companies in the memorialisation industry because of our commitment to professional standards and the culture of ethical conduct within our business.

We offer a complete monumental service – all aspects of cemetery work are undertaken including additional inscriptions.

We specialise in cleaning and restoration of old memorials.

We have a comprehensive understanding of the regulations and bylaws that make the purchase and manufacture of a granite headstone a process of dignity and respect.

 4105 Great North Road Glen Eden Auckland 0602

sales@thompsonmemorials.co.nz (09) 818 5261 (09) 423 0248 afterhours http://www.thompsonmemorials.co.nz

**Three Kings Community Link**

FSD0007920

Open Monday to Friday 8.30am - 4.00pm

Saturday Mornings By Appointment Only At home appointments available on request Some charges may apply. No referral required.

Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Three Kings Plaza 536 Mt Albert Road Three Kings Auckland 1042



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Tiaki Kids**

FSD0022307 Last updated 14/02/2021

We provide before and after school care for primary and intermediate school kids plus holiday programmes.

38 Park Estate Road Papakura 2113



tiakikids@skids.co.nz  3-6 pm

(09) 390 9128 Some charges may apply. (021) 104 9128 No referral required.

**Classification : OSCAR**

**Tigers Den Ltd**

FSD0021420 Last updated 08/04/2021

We are an o.s.c.a.r program providing before and after school care to a limited number of children in a safe, stimulating environment.

The staff of this program work together to plan exciting activities, craft and games for the children to do. All staff are fully trained. And there is always a staff member on site with first aid training.

Families that qualify can apply for the o.s.c.a.r wins subsidy.

We are Ministry of Social Development funded.

West Harbour School 74 Oriel Avenue West Harbour Auckland



jewelstiger17@gmail.com  We are open Monday to Friday.

(09) 833 1886 Before school from 6-45 am to 8-40 am. (027) 4717 213 After school from 3 pm to 6 pm.

Term time only. Holiday Programme Hours 6.45 am to 6 pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Timaloa Law**

FSD0020677 Last updated 15/09/2020

I am anexperienced Barristers and Solicitor in the following areas of Family Law :

•Parenting •Paternity •Relocation •Domestic Violence •Guardianship •Adoption •Oranga Tamariki Ministry for Children matters •Mental Health matters.

We are also experienced in dispute resolution, mediation and restorative justice including, in the areas of criminal, health and safety, employment matters.

We accept both legal aid and private client referrals, and currently attend matters in all Family Courts.

300 Richmond Road Grey Lynn Auckland 1021



saotimaloa@loia.co.nz  Open from Monday to Friday 8.30am to 5.00pm

(09) 360 2193 Some charges may apply.

(021) 022 54165 No referral required. http://www.timaloalaw.co.nz

**Titirangi Community House Society Incorporated**

FSD0022841 Last updated 02/02/2021

We support the local community with our OSCAR approved School Holiday Programme which runs 9 weeks a year and we also run events. The Titirangi Community House offers opportunities for the people of Titirangi to expand their knowledge and abilities, make and maintain friendships, and to enjoy their leisure, hobbies and pursuits in a stimulating, inclusive and environmentally friendly atmosphere. We are a community based Not for Profit and rent rooms out to people who want to come in and run classes or attend classes.

500 South Titirangi Road Titirangi Auckland 0604



admin@titirangihouse.co.nz  8.30 to 4.30 Monday to Friday

(09) 817 7448 Some charges may apply.

(027) 217 7448 No referral required. http://www.titirangihouse.co.nz

**Classification : OSCAR**

**TOA Pacific Inc**

FSD0003684 Last updated 20/11/2020

To promote the health and wellbeing and rights of older Pacific people and Pacific Aiga carers by providing sustainable, responsive and culturally safe services. We are committed to developing and delivering positive outcomes for them.

214 Great South Road Otahuhu Auckland 1062



malia@toapacific.org.nz  9am - 5pm Monday to Friday

(09) 276 4596 Some charges may apply. http://www.toapacific.org.nz No referral required.

**Classification : FVSS, PACIFIC**

**Toddlers Turf Childcare Centre Inc**

FSD0022420 Last updated 19/04/2021

Toddlers Turf Childcare Centre Inc aspires to be a front runner in the field of community based early childhood education. We plan to achieve this objective by working closely with parents, whanau, and the community and by providing a first class environment which values the future leaders of Aotearoa New Zealand.

66 Trevor Hosken Drive Wiri Auckland 2104



officeadmin@toddlersturf.co.nz  Centre is open Monday to Friday, 7.30 am to

(09) 263 9680 5.30 pm

http://toddlersturf.co.nz Some charges may apply.

No referral required.

**Tom Didovich Counselling & Coaching Services**

FSD0020058 Last updated 05/04/2021

New Lynn based provider for accessible counselling and coaching services for a broad range of requirements & needs with specific experience in relation to hurt & anger, anxiety, depression, grief, relationships, mens issues, couples, and an individual life path/direction.

72 Willerton Avenue New Lynn Auckland



tomdidovich@gmail.com  9am till 3.30pm Monday to Friday (027) 498 1555 Some charges may apply. http://www.talkingworks.co.nz/dir/84.html No referral required.

**Tongan Tamaki Langafonua Community Centre**

FSD0006054 Last updated 15/01/2021

Pasific social services provider, budgeting, MSD funded programs for anger management, Family violence and Parenting. Assistance for clients with disability, residential care and respite.

183 Taniwha Street Glen Innes Auckland



langafonua.centre@xtra.co.nz  Some charges may apply.

(09) 528 8280 No referral required.

**Classification : PACIFIC**

**Totara Hospice**

FSD0003447 Last updated 21/07/2020

Totara Hospice South Auckland provides a 24 hour 7 day a week comprehensive service for adults and children.

140 Charles Prevost Drive The Gardens Manukau



(09) 640 0025  Administration 8.30am-4.30pm. http://www.hospice.co.nz Clinical Services 24/7

All services free of charge. Referral may apply.

**Toughlove - Auckland Parent Support Groups**

FSD0007574 Last updated 21/07/2020

TOUGHLOVE New Zealand is a non-profit organisation providing support and education, that gives parents confidence to cope with unacceptable adolescent behaviour.

toughlovenz.info@gmail.com  For meeting locations refer to website.

(0800) 868 445 Some charges may apply. http://www.toughlove.org.nz No referral required.

**Transitioning Out Aotearoa**

FSD0016447 Last updated 26/11/2020

He Whanau TOA, He Whanau ORA - A Strong Family is a Healthy Family strategy involves facilitating positive and adaptive relationships within whanau and recognising the interconnectedness of welfare, health, education, housing, justice, employment and lifestyle as elements of whanau wellbeing.

25 Druces Road Wiri Manukau 2104



info@toa.org.nz  9am to 5pm Monday to Friday (0800) 367 942 x2 Some charges may apply.

(09) 570 2679 Referral may apply. http://www.toa.org.nz

**Classification : PACIFIC**

**Trend Tots**

FSD0024118 Last updated 10/11/2020

Our Mission at Trend Tots is to provide Inspirational and Safe “Boutique Childcare @ HOME” in a Relaxed, Focused, Trusting and Balanced Environment.

Our focus is, when the time comes, your child will be ‘online’ and ready for their next step of learning as they start their formal school journey.

Our core values are Education, Fun, Wellbeing, Whnau and Culture.

Our approach is to enrich those formative years, while providing a stable base.

Trend Tots “Boutique” Childcare in a home environment.

Level 1 5B/41 Smales Road East Tamaki Auckland 2013



info@trendtots.co.nz  Monday to Sunday 7:00am to 10:00pm (021) 965594 Some charges may apply. https://trendtots.co.nz/ No referral required.

**Tu Wahine Trust**

FSD0003813 Last updated 19/10/2020

A service for Maori women and children living in West Auckland who have been affected by violence and abuse.

247 Edmonton Road Te Atatu South Waitakere City 0610



echo@tuwahine.org.nz  All services free of charge.

(09) 838 8700 No referral required.

https://www.facebook.com/pg/TuWahineT rust

**Classification : FVSS, SHSS**

**Tuilaepa Youth Mentoring Service**

FSD0019607 Last updated 19/02/2021

The Tuilaepa Youth Mentoring Service (TYMS) TYMS is a youth mentoring service (both individual and group) which works with at-risk youth, supporting them to achieve their full potential either academically or through training and employment.

Our TYMS vision is of Pasifika and Maori youth who feel a sense of belonging and pride in our communities living their full potential.

Our mission is to break the cycle of disengagement

TYMS partners with young people to create quality life paths and ensure they have the support networks, tools, resources, and life skills to navigate and succeed in education, employment or training.

Our approach to improving young people’s wellbeing is strengths-based, holistic (combining academic mentoring with family/student advocacy), and culturally appropriate, delivered by our Pasifika and Mori mentors and student/family advocates (all of whom are parents, certified youth workers with teaching experience and sporting backgrounds).

644 Swanson Road Swanson Auckland 0612



admin@tyms.org.nz  Monday-Friday 9am - 5pm

(09) 971 2746 Some charges may apply.

(021) 192 8607 Referral may apply. http://www.TYMS.org.nz

**Tyde Solutions**

FSD0023792 Last updated 03/02/2021

Inspire, motivate and build confidence in your people while assisting them to understand their unique identities. With our Take Charge! program we help individuals and groups from all walks of life to grow and be more self-managed and self-responsible to achieve success. From goal setting to action planning to success. Using easy to use templates and workbooks, we will guide you from

'I am not getting anywhere and going around in circles' to 'WOW! I did it!'

svincentguy@tydesolutions.com  8.30 am to 5 pm business days, or after hours on

(022) 084 4024 request. http://www.tydesolutions.com Some charges may apply.

No referral required.

**TYLA Youth Trust**

FSD0017312 Last updated 21/07/2020

TYLA Youth Trust is a not-for-profit long term, early intervention programme aimed at 10-17 year olds. We aim to assist youth in making healthy choices in order to turn their lives around. Referrals to TYLA are made through the NZ Police, Oranga Tamariki and schools in the appropriate areas (Otara and Central West Auckland).

Avondale Police Station 1832 Great North Road Avondale Auckland 1026



admin@tyla.org.nz  8.30am-5pm Monday-Friday.

(09) 828 2331 Closed on weekends and public holidays.

http://tyla.org.nz All services free of charge.

Referral may apply.

**Ultimate Kidz**

FSD0022141 Last updated 13/01/2021

Before and After School Care provider. OSCAR approved.

12 Scotsmoor Drive Manukau 2103



chatz@ps.gen.nz  7.00am- 8.30am Mon- Fri term time

(021) 916 677 3.00pm- 6.00pm monday to friday during school

(021) 916 677 terms

Some charges may apply. No referral required.

**Classification : OSCAR**

**Vaka Pasifika Charitable Trust**

FSD0021525 Last updated 09/11/2020

Vaka Pasifika is a charitable Trust set up with the mission and vision to “empower Pacific Island People to take charge of their lives and those of their family(s) to enjoy and participate in developing New Zealand Society”.

Unit 3 9 Northside Drive Westgate Auckland 0814



info@vakapasifika.org.nz  Monday - Friday

(021) 029 00701 9am - 5pm

http://www.vakapasifika.org.nz All services free of charge.

No referral required.

**Classification : FVSS, PACIFIC**

**Vaka Tautua Limited**

FSD0015458 Last updated 01/10/2020

Vaka Tautua provides information and support for Pacific families in the areas of disability, older people, mental health and financial capability. Please get in touch if you would like more information on our services.

Unit 7 586 Great South Road Manukau Auckland 2025



administration@vakatautua.co.nz  Mon - Fri 8.30am - 5.00pm

(0800) 825 282 http://www.vakatautua.co.nz Elder Abuse Response Service for Auckland

region only.

All services free of charge. Referral may apply.

**Classification : EARS, FVSS, PACIFIC**

**VEEPEE TotallySafe kids LTD**

FSD0024361 Last updated 08/09/2020

Skids is a before and after school care provider.

Sandspit Road School 60 Sandspit Road Waiuku 2123



sandspit@skids.co.nz  Monday to Friday (021) 800 250 Some charges may apply.

(021) 029 61005 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Victim Support - Auckland Central**

FSD0003477 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and

recognition of the effects of crime.

nationaloffice@victimsupport.org.nz 

(0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz The Victim Support Service is available 24 hours, 7 days a week All services free of charge. No referral required.

**Victim Support - Auckland East**

FSD0015693 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week All services free of charge.  No referral required. |

**Victim Support - Auckland West**

FSD0015692 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau Central**

FSD0008296 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau East**

FSD0015697 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau Pukekohe**

FSD0015698 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau South**

FSD0000962 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau West**

FSD0015699 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Hibiscus Coast**

FSD0015700 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week All services free of charge.  No referral required. |

**Victim Support - North Rodney**

FSD0015702 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz      **Victim Support - North Shore** | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge. No referral required. |
| FSD0015703 | Last updated 02/02/2021 |

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz      **Victim Support - Waitakere** | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge. No referral required. |
| FSD0015704 | Last updated 02/02/2021 |

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Village Collective**

FSD0003715 Last updated 18/09/2020

A Health and Sexual Reproduction Service promoting a positive view of sexuality. Has two contracts; 1. Provides comprehensive educational programmes to communities;

2. Operates a clinical school-based mobile clinic to South Auckland schools.

info@villagecollective.org.nz  Some charges may apply.

(021) 316 746 No referral required. https://www.villagecollective.org.nz

**Classification : PACIFIC**

**Visionwest**

FSD0020227 Last updated 15/01/2021

Visionwest exists to meet the needs of people in the West Auckland community and beyond. As a community development based organisation, our vision is to build a place of trust and openness where people feel valued and loved.

We believe in the value of holistic care and support and offer an integrated range of wraparound services and supports that care for all people physically, emotionally, spiritually and intellectually.

Visionwest is a Registered Charitable Trust.

Building 7 97 Glendale Road Glen Eden Auckland 0602



office@visionwest.org.nz  Our Main Office for our Campus is open Monday

(09) 818 0700 to Friday 9am - 5pm.

http://www.VisionWest.org.nz Opening times of different services within the

Trust may vary

Some charges may apply. Referral may apply.

**Classification : BFC, YS**

**Visionwest Counselling and Wellbeing Centre**

FSD0003587 Last updated 15/01/2021

A professional counselling service focused on assisting individuals and families to move into a meaningful future through discovery and growth. Approved service under "Children Young Persons and Families Act" - offered by a team of trained counsellors.

At Visionwest Counselling and Wellbeing Centre, we believe that, with the right support, people can move forward in their lives. Whether you are facing a difficult time in your life or feel the need to reassess your life to get the most out of it, our team of professional counsellors are here to provide guidance and support.

Our counselling team has worked with people of all ages, from diverse backgrounds, across a broad range of issues, including work with individuals, couples and families to develop healthier relationships, and improve wellbeing. While we usually meet face-to-face, sessions using online video are also available.

We also provide clinical supervision for those practicing in various areas of counselling.

93 Glendale Road Glen Eden Auckland 0602



counselling@visionwest.org.nz  Office hours 9.00am - 4.00pm Monday to

(09) 818 0760 Thursday.

http://www.visionwest.org.nz Counselling appointments are available outside these hours.

Some charges may apply. No referral required.

**Visionwest Home HealthCare**

FSD0005955 Last updated 15/01/2021

Visionwest Home Healthcare is a long-standing provider of quality, professional, home healthcare in the West Auckland region. Services are available to the elderly, sick, injured and those with disabilities of all ages in West Auckland and the North Shore.

Building 4 97 Glendale Road Glen Eden Waitakere 0612



homecare@Visionwest.org.nz  Office hours: 9.00am - 5.00pm, Monday to

(0800) 222 040 Friday. http://www.Visionwest.org.nz Some charges may apply.

Referral may apply.

**Volunteering Auckland Trust**

FSD0003462 Last updated 14/07/2020

Volunteering Auckland promotes and supports volunteering within the greater Auckland area through a number of services with a particular focus on supporting, educating and training registered agencies in the recruitment, retention and recognition of volunteers. We also refer prospective people to registered voluntary positions within our membership.

Level 2, Villa Dalmacija 10 New North Road Eden Terrace Auckland 1021 admin@volunteeringauckland.org.nz  Monday to Friday 9:30am - 4:30pm



(09) 377 7887 Some charges may apply. http://www.volunteeringauckland.org.nz No referral required.

**Waiheke Budgeting Services Trust**

FSD0005944 Last updated 11/09/2020

Waiheke Budgeting Services Trust offers free, supportive, confidential and culturally aware budget advisory services with trained and nationally certificated budget advisers.

Geographic Coverage Area(s) - Waiheke Island.

6 Putiki Rd Waiheke Island Auckland



info@waihekebudgeting.org.nz  Tuesday 9am-4pm

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| (09) 372 6300 https://www.waihekebudgeting.org.nz/    **Classification : BFC**    **Waiheke Homecare Hospice** | Wed, Thurs, Friday 9am-2pm All services free of charge. No referral required. |
| FSD0008190 | Last updated 17/07/2020 |

To provide Volunteer support for people affected by a terminal illness and their loved ones.

Bereavement support, free equipment loans.

2/11 Moa Ave Oneroa Waiheke Island 1081 waihekehospice@xtra.co.nz  Contact hours: Monday to Friday 9am-4pm.



(09) 372 7131 All services free of charge. http://hospicewaihekehomecare.co.nz No referral required.

**Waiheke Island Community Link**

FSD0007922 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Shop One 116 Ocean View Road Oneroa Waiheke Island 1081



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waiheke Youth Centre Trust**

FSD0021666 Last updated 21/07/2020

We provide a range of services for children, young people and their whanau/families.

6 Hamilton Road Surfdale Waiheke Island 1081



dorisaoina@gmail.com  Monday, Tuesday, Thursday, 3 pm to 5 pm.

(09) 372 6899 Fridays 3 pm to 6 pm and Multisports 6.30 pm to (027) 432 7661 8.30 pm at the Waiheke Recreation Centre.

Saturday and Sunday occasionally for special events

All services free of charge. Referral may apply.

**Waitakere Community Link**

FSD0007924 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

36-44 Sel Peacock Drive Waitakere 0610



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waitakere Union Health Centre**

FSD0021920 Last updated 23/03/2021

Waitakere Union Health is a Family Doctors Practice. Established in 1988. We provide FREE nurse and doctor consultations for enrolled:

* Children under 18 years of age
* Adults 65 years and over
* Union members and their family members

Our goal is to help you to improve your health through the prevention, diagnosis, management of illness in a caring and supportive environment.

We are committed to equality and treat all patients with dignity and respect by embracing all people irrespective of race, gender, sexual orientation, religion, social class, age, or medical condition.

The practice has Cornerstone Accreditation recognising the high quality of its primary health care service. Patients are seen on an 'Appointment Only" basis.

We are conveniently situated in the Waitakere Hospital Grounds, Lincoln Road in Henderson and provide free parking.

 55-75 Lincoln Road Henderson Auckland 0612

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| admin@wuhealth.co.nz  (09) 837 3933 http://www.waitakereunionhealth.com      **Waiuku Community Link** | Monday to Friday 8am-5pm  Please book an appointment via  ManageMyHealth or call reception on 09 837  3933 / 0800 489 237  All services free of charge. No referral required. |
| FSD0007925 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

57b Queen Street Waiuku 2682



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Waiuku Family Support Network**

FSD0000974 Last updated 16/04/2021

To strengthen family life by helping individuals and families through their own efforts, to develop their skills and to become aware of resources available to them in the surrounding community.

56 Queen Street Waiuku 2123



admin@waiukufamilysupport.co.nz  Monday, Friday 10am – 2pm

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| (09) 235 9099  http://waiukufamilysupport.co.nz/ | Tue – Thur 9.30am – 4.00pm Some charges may apply.  No referral required. |

**Classification : FVSS**

**WALSH Trust**

FSD0003630 Last updated 22/12/2020

West Auckland Living Skills Homes Trust Board. A variety of support services for people living in the community who experience Mental Ill Health.

8 Hickory Avenue Henderson Auckland 0650



reception@walsh.org.nz  8.30am - 4.30pm Monday to Friday.

(09) 837 5240 All services free of charge. http://www.walsh.org.nz Referral may apply.

**Classification : PACIFIC**

**Warkworth Community Link**

FSD0007926 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Winscombe Mall 37 Queen Street Winscombe Mall Warkworth 0910



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**WDHB Community Child Health (North)**

FSD0003608 Last updated 15/03/2021

Community and Centre-based service for children with disabilities and developmental delay 0-16 years.

Level 1 3 Shea Terrace Takapuna Auckland 0622



(09) 447 0100  Monday - Friday 8 - 4.30 p.m.

(09) 447 0111 All services free of charge. https://www.waitematadhb.govt.nz/hospita Referral may apply.

ls-clinics/clinics-services/community-childhealth/

**Wee Wisdom Montessori Drury**

FSD0022636 Last updated 26/12/2020

Montessori Pre-school catering for children 6 months - 6 years old. We offer long day/short day and sessional classes in a beautiful purpose built classroom with large play areas and qualified Montessori and ECE teachers. Montessori is truly the best start for your child to develop a lifelong love of learning.

159 Great South Road Drury Auckland 2113



managerdrury@weewisdommontessori.co  7.30am-5.30pm

.nz Some charges may apply.

(09) 294 7978 No referral required.

(022) 043 0310 http://www.weewisdommontessori.co.nz/

**Well Women Franklin**

FSD0022456 Last updated 08/08/2020

Well Women Franklin is a Peer Support Group. We support women and their families in Franklin and Papakura who are experiencing Antenatal or Postnatal Distress and Anxiety. We focus on wellness and resilience, using a holistic approach. Any women who feels they need some support is welcome to get in touch with us.

 1 Tuakau Road Pukekohe

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| info@wellwomenfranklin.org.nz  (021) 158 8134 http://www.wellwomenfranklin.org.nz | We are available by telephone or email 24 hours per day, 7 days a week.  All services free of charge.  No referral required. |

**Wellsford Cooperating Parish - Loaves & Fishes**

FSD0024317 Last updated 20/08/2020

We give food to families in need usually thru organisations. If wishing to contact us please phone The Wellsford Citizens Advice Bureau and they will arrange thru us to organise the parcel. The hours CAB are open from 10am to 2pm. Monday to Friday. The Foodbank is unavailable on Wednesdays.

251 Rodney Street Wellsford 0900



27irock@gmail.com  The hours are: Monday, Tuesday, Thursday, (09) 423 7333 Friday. 10am to 3:30pm

All services free of charge. No referral required.

**Wellsford Preschool Education Centre**

FSD0022505 Last updated 03/01/2021

We are a preschool centre and provide care and education from 3 months old to 5years old. We are a purpose built centre with large outdoor and indoor areas. We are situated in a rural part of Wellsford and are licensed for 50 children.

107 Centennial Park Road Wellsford 0900



wellsfordpreschool@hotmail.com  We are open from 7.30am to 5.30pm. Monday to

(09) 423 7956 Friday.

Some charges may apply. No referral required.

**West Auckland Parents Centre**

FSD0007312 Last updated 03/08/2020

West Auckland Parents Centre is an Incorporated Society affiliated to Parents Centre New Zealand Inc. We are a not-for-profit organisation run by parents, for parents and our committee is made up of a group of extremely dedicated volunteers. We have been very active in the West

Auckland community for almost 30 years. To quote from our national office website: Parents Centres share a vision of New Zealand being a society that values parenting as being fundamental to the well being of all members of society and believe that parenting creates the environment that sews the fabric of our social structure. We deliver education, support and services to support and drive that vision.

info@westaucklandparents.org.nz  Please email and someone will contact you as

(09) 837 8481 soon as possible. http://www.westaucklandparents.org.nz Some charges may apply.

No referral required.

**West Wave Pool and Leisure Centre**

FSD0022218 Last updated 05/08/2020

OSCAR Programmes.

Join in and get involved with West Wave! We’ve got recreation programmes to suit you – from social sports to gymnastics and from preschoolers to seniors, we’ve got you covered.

Your recreation options at West Wave include gymnastics for toddlers, preschoolers and school age children. We have added value programmes for West Wave members, along with adaptive programmes, social and sports programmes for adults and senior activities.

20 Alderman Drive Henderson Auckland 0612



reccentre@aucklandcouncil.govt.nz  Monday – Friday: 9am-9pm

(09) 892 4920 Weekends: 9am-5pm

https://aucklandleisure.co.nz/locations/we st-wave-pool-and-leisure-centre/ Holiday Programme times: Monday - Friday 7.30am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Westgate Community Link**

FSD0007927 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

22-24 Cabernet Crescent Westgate Waitakere City 0614



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Whai Maia Ltd**

FSD0022876 Last updated 13/07/2020

Provides tribal development through social housing, health, environmental, whanau ora and educational services.

230 Kupe Street Orakei Auckland 1071



info@ngatiwhatuaorakei.com  Mon to Fri 8.30am to 4.30pm.

(09) 336 1670 All services free of charge.

(0508) NW rkei No referral required.

http://www.ngatiwhatuaorakei.com/

**Whanau Marama Parenting Courses**

FSD0020071 Last updated 08/09/2020

We provide parenting courses based primary on the 6 Principles of Effective Discipline as contained in the Discipline and Guidance of Children: A Summary of Research. Positive Discipline for under 4's, Effective Discipline for 4 - 11 years, Parenting Adolescents, Courses are delivered in English, Korean and Mandarin. Most are available during the day but some in evening.

Inquires and enrollments can be made via our website www.whanaumarama-parenting.co.nz

Whnau Marama Parenting’s Mission and Key Purpose is :

To work towards a society where whnau/ families are strong, supportive and loving and where their tamariki/ children experience daily that they are indeed the precious taonga/ treasures of those whose responsibility it is to care for them.

Whnau Marama Parenting’s vision:

We believe that parents have the power to transform our world for the better.

4 Locket Road Glenfield Auckland 0629



elizabethwmp@gmail.com  9am 4.30pm Monday to Friday (022) 341 6212 Some charges may apply. http://www.whanaumarama- No referral required. parenting.co.nz

**Whanau Resource Centre o Pukekohe Charitable Trust**

FSD0016702 Last updated 08/10/2020

The Whanau Resource Centre is a one stop shop in community support servicing and prides itself on catering to the needs of its community. The Whanau Resource Centre's confidential service delivers a holistic approach to supportive care and is committed to promoting well being and assisting individuals to deal with the day to day matters of life.

17 McNally Road Pukekohe Auckland 2120



info@whanauresourcecentre.org.nz  Monday, Tuesday, Wednesday, Thursday and

(09) 238 5285 Friday 9am to 4.30pm (021) 532 178 Some charges may apply.

No referral required.

**Classification : FVSS, THP**

**Whangaparaoa School After School Care**

FSD0023772 Last updated 20/10/2020

Before School Care / After School Care / Holiday Program for Whangaparaoa School

 39 Ladies Mile Manly Auckland 0930

karen@wgpasc.co.nz  Term Time 7.30-8.30 School finish to 5.45pm

(021) 705 804 Holidays 7.30-5.30

https://www.wgp.school.nz/before-and- Some charges may apply. after-school-care No referral required.

**Classification : OSCAR**

**William Garden Counselling and Facilitation Services**

FSD0015132 Last updated 29/09/2020

Relationship Counselling. Also personal one on one counselling: Grief, Addictions, Stress, Depression, Anxiety, Mentoring, Personal Development Group Facilitation.

6 Airfield Road Takanini Papakura 2245



william.garden@xtra.co.nz  Weekday 10am - 6pm

(09) 298 2489 Weekend Counselling Available (Relationship (027) 450 0488 Counselling Only)

http://www.southcitycounselling.co.nz Some charges may apply. Referral may apply.

**Wilson Centre for Children**

FSD0003730 Last updated 02/03/2021

Respite Services

Respite (Out of Home Support) is provided by Waitemata DHB and is free for families in the Auckland and Northland regions. The service is for children 0-16 years old who have disabilities, are medically fragile and have high support needs.

Child Rehabilitation Service

Provides a comprhensive, family-centred rehabilitation service for children 0-16 years old or while still at school (Whole of New Zealand).

Wilson Centre for Children 1 St Leonards Road Hauraki North Shore 0622 respite@waitematadhb.govt.nz  Office hours: 08:00-16:30 Mon-Fri



(09) 488 4688 Respite/Rehab

https://www.waitematadhb.govt.nz/hospita Inpatients: 24hrs (365 days) ls-clinics/wilson-centre/ All services free of charge.

Referral may apply.

**Windsor Funerals**

FSD0023729 Last updated 11/12/2020

To provide professional and caring funeral service at a cost all families can afford.

422 Glenfield Road Glenfield Auckland 0629



office@windsorfunerals.co.nz  24 hours/7 days a week

(09) 477 2433 Some charges may apply. http://windsorfunerals.co.nz No referral required.

**Wizard Child Out of School Care**

FSD0021441 Last updated 19/07/2020

Provide out of school care for children for ages 5 to 12.

Manurewa West Primary School 31 McKean Avenue Manurewa Auckland wizardchild@outlook.com  Monday to Friday



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| (09) 214 5427 (021) 023 44428 http://www.manurewawest.school.nz    **Classification : OSCAR**    **Women's Centre Rodney** | 7:00 am to 9:00 am  2:45 pm to 6:00 pm  Some charges may apply.  No referral required. |  |
| FSD0008231 |  | Last updated 17/09/2020 |

Women's Centre Rodney is a not for profit community organisation providing information and services for women to improve their wellbeing and that of their families.

Our services, courses and support groups fulfill the needs that arise for women, to support, educate, empower and resource them to lead full and meaningful lives. They are also a means to reduce social isolation, build friendships and connect women to their community.

 10 Morpeth Street Warkworth 0910

info@womenscentrerodney.org.nz 

(0800) 237 674 (2 DROP IN) (09) 425 7261 http://www.womenscentrerodney.org.nz

**Women's Centre Waitakere**

FSD0003464

9am-2:30pm Monday to Friday.

0800 237 674 - for callers outside of the immediate calling area.

Some charges may apply. No referral required.

Last updated 02/11/2020

A community based agency supporting women and their families. We provide a safe, accessible environment for women and their families to make their own choices in a supportive, nonjudgemental and confidential way.

Services provided include Counselling, Programmes and workshops. Access to community information and resources.

Cnr McLeod & Te Atatu Road 111 McLeod Road Te Atatu South Auckland 0610 info@womenscentre.org.nz  Monday to Friday 9am to 2.00pm



(09) 838 6381 Some charges may apply.

(09) 836 2470 No referral required. https://www.heartofthewest.org/

**Classification : FVSS**

**Women's Health Action**

FSD0003341 Last updated 25/10/2020

A women's health group working in all areas of women's health with the aim of empowering women to be more informed health consumers.

13 Coyle Street Sandringham Auckland 1025



info@wha.org.nz  9am-5pm week days

(09) 520 5295 All services free of charge. http://www.womens-health.org.nz No referral required.

**Work and Income - Auckland Regional Office**

FSD0015264 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 2, Building A 65 Main Highway Ellerslie Auckland 1051



(0800) 559 009  Monday to Friday, 8:30 am to 5:00 pm http://www.workandincome.govt.nz All services free of charge.

No referral required.

**Work and Income - Clendon Service Centre**

FSD0007895 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Clendon Shopping Centre Cnr Roscommon & Palmers Roads Clendon Manukau City 2103



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenfield**

FSD0007896 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

1 Peach Road Glenfield North Shore City 0629



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenmall Community Link**

FSD0007897 Last updated 14/12/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20 Oates Road Glen Eden Auckland 0602



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Helensville Service Centre**

FSD0007899 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

34-38 Commercial Road Helensville 0800



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Mangere Community Link**

FSD0007902 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

93 Mascot Avenue Mangere Auckland 2022



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Manukau Community Link**

FSD0007903 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

2 Osterley Way Manukau Auckland 2104



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Orewa Service Centre**

FSD0007909 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

27 Florence Avenue Orewa 0931



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Work and Income - Otara Service Centre**

FSD0007911 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

52-60 Lovegrove Crescent Otara 2023



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Takapuna Service Centre**

FSD0007919 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

519 Lake Road Takapuna 0622



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Working Women's Resource Centre**

FSD0003470 Last updated 28/09/2020

The Working Women's Resource Centre (WWRC) aims to improve women's access to employment related information by providing resources on employment issues, promoting women's participation in the workforce and their unions and providing advice and educational services to working women and young workers. WWRC networks with other organisations to advocate and lobby for pay equity, equal opportunity and a living wage.

Building 2, Level 2 646 Great South Road Ellerslie Auckland 1051 info@wwrc.org.nz  By Appointment.



(027) 485 3471 Phone and emails checked daily. http://www.wwrc.org.nz All services free of charge.

No referral required.

**YMCA - North Shore Recreation Centre**

FSD0003601 Last updated 11/01/2021

We build strong kids, strong families, strong communities. From babies to grandparents and everyone in between, the YMCA offers something for every member of the family.

YMCA North Shore includes one of the largest indoor soccer courts in Auckland, three squash courts, table tennis hire and we also host a basketball competition for primary school aged children.

Our clean and modern fitness facilities can help you achieve your goals. We think exercise is more fun when it’s done together, so we’ve got a group fitness class to suit everyone. Plus, for those wanting an extra push or a bit of support, our team of fitness trainers and personal trainers are always on board and ready to help. Pop in or give us call on (09) 480 7099 to find out more.

5 Akoranga Drive Northcote Auckland



northshore@ymcaauckland.org.nz  Mon - Fri 5.30am - 10.00pm

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| (09) 480 7099 (0800) 456 094 https://www.ymcaauckland.org.nz      **YMCA Auckland City** | Sat/Sun 7.30am - 6.00pm  Public holiday times vary Some charges may apply.  No referral required. |  |
| FSD0022365 |  | Last updated 21/01/2021 |

We offer School Holiday Programmes.

To build strong kids, strong families, strong communities.

 YMCA Auckland City 149 Greys Avenue Auckland 1010

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| aucklandcity@ymcaauckland.org.nz  (09) 303 2069 http://www.ymcaauckland.org.nz    **Classification : OSCAR**    **YMCA Camp Adair** | 5:30am-9:00pm Monday-Thursday  5:30am-8:00pm Friday  8:00am-4:00pm Saturday-Sunday Some charges may apply. No referral required. |
| FSD0023041 | Last updated 13/01/2021 |

OSCAR approved YMCA Camp Adair in Hunua has provided thousands of Kiwis the opportunity to develop themselves using the great outdoors. Overlooking the stunning Hunua Ranges Regional Park, YMCA Camp Adair covers 100 acres and includes four self-contained areas that can accommodate a total of 434 people.

At YMCA Camp Adair, we love welcoming people from all walks of life. Examples of groups that have used our camp have included (but are not limited to); community groups, family groups, corporate team building, church retreats, sports teams and school camps from Auckland and beyond. If you are a group of people who need a venue, you will find everything you need for your outdoor adventure experience – accommodation, indoor facilities, catering and most importantly our amazing activities!

Everyone who visits our unique camp in Hunua gets the opportunity to enjoy the fresh air, open fields and the native bush of Auckland’s oldest regional park right on our doorstep.

2487 Hunua Road Hunua Auckland 2583



campadair@ymcaauckland.org.nz  8:30am - 5pm Weekdays

(09) 292 4886 Some charges may apply. https://www.ymcaauckland.org.nz/find- No referral required. your-local/camp-adair-hunua/

**Classification : OSCAR**

**YMCA Ellerslie**

FSD0021898 Last updated 16/03/2021

We have a licenced Early Learning Centre for children from 6 months of age, and of course Out of

School Care and Recreation (OSCAR) with both Before and After School Programmes and

Holiday Programmes all of which are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a vast range of recreational and sport programmes catering to all ages and abilities. Specialising in Family Programming we operate many successful programmes such as Fitness including group exercise, never2old (for the over 60's), Jumpstart (for those living with Diabetes) and K-Club (a fitness programme aimed at kids between 8-12 years), Children's Activities e.g. gymnastics, dance, basketball and birthday parties. Other programmes include Stadium sports such as badminton, basketball, volleyball and indoor soccer.

We’d love you family to visit ours.

46 Michaels Avenue Ellerslie Auckland 1051



ellerslie@ymcaauckland.org.nz  Monday to Thursday 5:30am-9:00pm

(09) 579 4716 Friday 5:30am-8:00pm

http://www.ymcaauckland.org.nz/ellerslie/ Saturday 8:00am-4:00pm

Pages/ellerslie.aspx Sunday 8:00am-4:00pm

Public Holiday hours may vary.

Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Jordan Recreation Centre**

FSD0022361 Last updated 22/01/2021

We have Out of School Care and Recreation (OSCAR) with an After School Programme and

Holiday Programmes, all of which are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a comprehensive range of recreational and sports programmes catering to all ages and abilities.

Specialising in Family Programming, we operate many successful programmes such as: Group Exercise; Never2Old (for the over 60's); Jumpstart (for those living with Diabetes); K-Club (a fitness programme aimed at kids between 8-12 years); Gymnastics/Active Gym Play; Mini-Ball and Birthday Parties.

Other programmes include Stadium sports such as Basketball, Netball and Badminton.

Our mission is "strong kids, strong families and strong communities".

We’d love you and your family to visit us.

5 Pearce Street Onehunga Auckland 1061



jordan@ymcaauckland.org.nz  Mon-Fri: 6.00am - 8.30pm (0800) 548 034 Saturday: 8.00am - 4.00pm

http://www.ymcaauckland.org.nz/jordan Sunday: 9.00am - 4.00pm Public Holiday hours may vary.

Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Lagoon Stadium**

FSD0022366 Last updated 31/10/2020

Out of School Care and Recreation (OSCAR) services run from our centre in the capacity of Before and After School Care and Holiday Programmes. All programmes are MSD and WINZ approved.

Our centre provides the community with a vast range of recreational and sport programmes catering to all ages and abilities.

We have a childrens basketball programme along with stadium sports such as - badminton, soccer/futsal, basketball, table tennis, kyudo, hockey etc.

We also have a function room and dance studio. Making YMCA Lagoon Stadium your one stop family fitness and recreation spot.

We look forward to you visiting our centre.

44 Domain Road Panmure Auckland 1072 reception.lagoonstadium@ymcaauckland.  Mon - Fri 9:00am - 9:30pm.



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| org.nz  (09) 570 5321 http://www.ymcaauckland.org.nz/lagoonst adium/Pages/lagoonstadiumhome.aspx | Saturday 9:00am - 6:00pm.  Sunday 10:00am - 6:00pm.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**YMCA Lynfield**

FSD0018887 Last updated 22/12/2020

A Family Recreation and Fitness Centre offering children term and OSCAR approved holiday programmes.

Margaret Griffen Park 16-18 Griffen Park Road Lynfield Auckland 1041



lynfield@ymcaauckland.org.nz  Monday - Friday 6am - 9pm

(09) 627 1642 Saturday and Sunday 8am-5pm (0800) 534 535 Some charges may apply. https://www.ymcaauckland.org.nz/find- No referral required. your-local/lynfield/lynfield-leisure-youthcentre/

**Classification : OSCAR**

**YMCA Massey Leisure Centre**

FSD0022390 Last updated 25/08/2020

YMCA Auckland is a not-for-profit community organisation that offers programmes and services for children, teenagers and adults in and around Auckland and Hamilton.

From fully licensed early learning centres that give children the best start in life, to term programmes for pre-school and school age children that support co-ordination, motor skill and social skill development, holiday programmes and before and after school care, every day can be a new adventure for kids at YMCA.

YMCA Massey Leisure Centre 545 Don Buck Road Massey Auckland 0614 massey@ymcaauckland.org.nz  5:30am to 9pm weekdays



(09) 833 8100 8am to 4pm weekends and public holidays http://www.ymcaauckland.org.nz/massey Some charges may apply.

No referral required.

**Classification : OSCAR**

**YMCA Mt Albert**

FSD0022367 Last updated 15/09/2020

We provide Out of School Care and Recreation (OSCAR) After School Programmes and Holiday Programmes all of which are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a vast range of recreational and sport programmes catering to all ages and abilities. Specialising in Family Programming we operate many successful programmes such as Fitness including group exercise, Gold Fit (for the over 60's), Jumpstart (for those living with Diabetes) and Play Strong (a fitness programme aimed at kids between 8-12 years), Children's Activities e.g. gymnastics, basketball, and birthday parties.

Other programmes include Stadium sports such as badminton, basketball, and indoor soccer.

The Y is a place where you can be yourself, feel comfortable with who you are and enjoy a sense of belonging. Your local YMCA is not just a place to go; it's a culture, a feeling and a place of support. We’d love your family to visit ours.

Mt Albert Community & Leisure Centre 773 New North Road Auckland 1025 mtalbert@ymcaauckland.org.nz  Monday - Thursday 6am -9am



(09) 846 0788 Friday 6am- 8pm

http://ymcaauckland.org.nz Saturday & Sunday 8am -5pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Onehunga War Memorial Pool**

FSD0022374 Last updated 19/10/2020

We have Out of School Care and Recreation (OSCAR) with an After School Programme and Holiday Programmes, all of which are are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a comprehensive range of recreational and sports programmes catering to all ages and abilities. Specialising in Family Programming, we operate many successful programmes such as: Swim School Lessons and Tri Squads; Group Exercise; Jumpstart (for those living with Diabetes); K-Club (a fitness programme aimed at kids between 812 years); and Birthday Parties.

Our mission is "strong kids, strong families and strong communities". We’d love you and your family to visit us!

1 Park Gardens Onehunga Auckland 1060



oscar.onehunga@ymcaauckland.org.nz  Mon-Fri: 5:15am - 9:00pm

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| (09) 634 3748  (021) 516 744 http://www.ymcaauckland.org.nz/onehung apool/Pages/onehungapool.aspx    **Classification : OSCAR**    **YMCA Shakespear Lodge** | Saturday: 7:00am - 7:30pm  Sunday: 7:00am - 7:30pm  Public Holiday hours may vary.  Some charges may apply. No referral required. |
| FSD0022430 | Last updated 30/07/2020 |

Our residential school holiday programmes are for children from 9 to 14 years old. Our programmes normally they run from Sunday to Friday with a big part of the programme being in the outdoors - climbing, sailing, archery, kayaking, orienteering, mt boarding are but a few of the activities we are likely to do.

YMCA Shakespear Lodge 1503 Whangaparaoa Rd Army Bay Whangaparaoa 0930 shakespear@ymcaauckland.org.nz  We aim to be available between 9am to 4pm



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| (09) 424 7111 http://www.ymcaauckland.org.nz/findyour-ymca/shakespearlodge/Pages/default.aspx    **Classification : OSCAR**    **YMCA Warkworth** | Weekdays, however due to the nature of Camp you may need to leave a message and let us get back to you.  Some charges may apply. No referral required. |
| FSD0022373 | Last updated 24/08/2020 |

Provider of out of school care before / after school and during the school holidays for children aged 5yrs-13yrs.

35 Hill Street Warkworth 0910



kthomson@warkworth.school.nz  7.15 am-8.30am /3.00pm-6.00pm term time.

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| (027) 700 8605  http://www.warkworth.school.nz | 7.30am-6.00pm school holidays Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Youth Horizons**

FSD0003785 Last updated 11/03/2021

Our Mission:

To enhance the lives of children and young people with conduct problems and those of their families and whnau.

To prevent the emergence or further development of conduct problems among those identified as at risk.

Our Services:

Youth Horizons supports children, young people and their families/whnau with challenging conduct, anti-social behaviour and/or mental health needs, through the use of evidence-based models.

Our focus is on behavioural management, parenting support, and reintegration with families within an in-home, out-of-home or community setting.

42 Vestey Drive Mt Wellington Auckland 1060



communications@youthorizons.org.nz  8.30am - 5pm for general enquiries

(09) 573 0954 Some charges may apply.

(0800) 375 210 Referral may apply. http://www.youthorizons.org.nz

**Classification : YS**

**Youth Mentoring Network**

FSD0017317 Last updated 09/03/2021

Our charitable trust was established to promote effective youth mentoring opportunities for young New Zealanders and to provide professional development initiatives for individuals and organisations working with young people.

We can help you to find youth mentoring programmes throughout New Zealand, access valuable tools and resources - like our Guide to Effective Practice in Youth Mentoring, attend training opportunties - for Mentors working with young people or organisations wanting to set-up and run an effective Youth Mentoring Programmes in New Zealand.

With indications highlighting the growing effectiveness of youth mentoring as a social intervention in New Zealand, we encourage you to stay up-to-date by registering for our e-newsletter now.

joy@youthmentoring.org.nz  Week days

(021) 468 851 Some charges may apply. http://www.youthmentoring.org.nz No referral required.

**Youth Service West**

FSD0020124 Last updated 25/01/2021

Youth Service West (YSW) is a FREE Hub supporting young people aged between 16 – 24 with Education and Employment options, Health and Wellbeing support, advice and referrals, Career Planning and Guidance, Budgeting, Parenting and Life skills Training, Skills and Tools.

Whether you need a chat over a drink, advice, support or individual guidance, we're approachable, friendly and easy to talk with... come see one of our awesome youth coaches!

Our skilled staff will work with you, your family/whanau and other support services to develop a tailored, individual plan to address your identified areas of need.

If we can't help you, we'll know who can!

3 Rata Street New Lynn Auckland 0600



carmen.atama@youthorizons.org.nz  Monday to Friday 8:30 to 5:00pm

(09) 835 1176 ext 404 All services free of charge.

(0800) 937 887 Referral may apply. http://youthorizons.org.nz

**YouthLaw Aotearoa**

FSD0005709 Last updated 25/10/2020

We promote, protect and uphold the legal rights of children and young people in Aotearoa/New

Zealand, through the provision of a free service that helps children and young people under 25. We provide legal advice and information covering education, employment, driving, police, welfare, safety and general rights. We also run legal education sessions for young people, schools and other organisations.

More information and resources are available on our website here: http://www.youthlaw.co.nz

Level 3 21 Putney Way Manukau 2104



info@youthlaw.co.nz  Advice Line: 10:00am - 4:00pm Monday to

(0800) 884 529 Friday;

(09) 250 2660 Office hours: 9:00am - 5:00pm Monday - Friday http://www.youthlaw.co.nz Website contact: 24 hours

All services free of charge. No referral required.

**Youthline**

FSD0006531 Last updated 18/02/2021

Youthline offers access to a wide range of youth development and support services.

Youthline is at the forefront in developing and providing youth and family services and we offer and can link young people to a comprehensive range of clinical services.

Youthline House 13 Maidstone Street Ponsonby Auckland 1021



supportcentre@youthline.co.nz  Office open Monday to Friday 9am-5pm. Youth

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| (0800) 37 66 33 (09) 376 6645 http://www.youthline.co.nz      **Youthline - Manukau** | Help Line 24 hours a day, 7 days a week.  Free TXT 234  Some charges may apply. No referral required. |
| FSD0006533 | Last updated 19/02/2021 |

Counselling and programmes for people of all ages with a specific focus on 11 to 30 years. Youth Help and Counselling Line 8.00 am - midnight seven days.

 145 St George Street Papatoetoe Manukau 2025

supportcentre@youthline.co.nz 

(0800) 376 633 (09) 376 6645 http://www.youthline.co.nz

**Youthline - North Shore**

FSD0006532

24/7 Youth Help and Counselling Line 0800

Youthline Centre open 8.30am - 5pm Monday to Friday.

Cafe 'Thyme Out @ The Station' open 7.30am 4.30pm Monday - Friday and 7.30am - 3pm Saturdays.

Some charges may apply. No referral required.

Last updated 18/02/2021

Youth helpline via telephone, text and email, available 24/7. Training and leadership programmes and face to face counselling for young people and families available in the local community. Visit www.youthline.co.nz for more information about North Shore based services.

49 Galaxy Drive Mairangi Bay Auckland 0630



supportcentre@youthline.co.nz  Monday-Friday 8.30am-5pm.

(09) 419 4397 Some charges may apply.

(0800) 376 633 No referral required. http://www.youthline.co.nz

**Youthline Auckland Counselling and Family Support Service**

FSD0003472 Last updated 18/02/2021

Face to face, family and pregnancy counselling for young people, families and individuals of all ages, with a focus on youth aged 12-25 and families supporting young people. All counsellors are externally professionally trained and supervised. Face to face counselling is available in Ponsonby, Manukau, Waitakere and the North Shore.

Youthline House 13 Maidstone Street Ponsonby Auckland



supportcentre@youthline.co.nz  9am-5pm Monday - Friday (09) 361 4168 All services free of charge.

(09) 376 6645 Referral may apply. http://www.youthline.co.nz

**Youthtown Inc: Auckland Central**

FSD0003473 Last updated 03/02/2021

Community Youth Facility for all youth aged under 18 years. Aims to build self-esteem by offering youth a safe place to express themselves physically, creatively and socially. Run OSCAR approved after school and holiday programmes.

110 Mt Eden Road Mt Eden Auckland



info@youthtown.org.nz  Weekdays 9am - 5pm

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| (0800) 004 566 http://www.youthtown.org.nz    **Classification : OSCAR**    **Youthtown Inc: Panmure** | Weekends closed Some charges may apply. No referral required. |
| FSD0018712 | Last updated 11/01/2021 |

Community Youth Facility for all youth aged under 18 years. Aims to build self-esteem by offering youth a safe place to express themselves physically, creatively and socially.

143 Tripoli Road Panmure Auckland 1072



panmure@youthtown.org.nz  Some charges may apply.

(027) 763 5610 No referral required. http://www.youthtown.org.nz

**Classification : OSCAR**

# Family Violence

**Abelard House Counselling and Psychotherapy**

FSD0015487 Last updated 08/02/2021

Counselling, Psychotherapy and Psychology for adults, couples, families and adolescents. Our therapists provide professional supervision. Our services are available via online platforms.

Please contact us for details.

Abelard House, Suite 2 518 East Coast Road Windsor Park North Shore City 0630



abelardhouse@gmail.com  8am to 8pm Weekdays and Saturday mornings

(09) 478 2501 Some charges may apply. http://www.abelardhousecounselling.co.nz No referral required.

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**Abuse Prevention Services Inc**

FSD0005858 Last updated 18/12/2020

Not-for-profit organisation specialising in the delivery of family violence/abuse intervention and prevention programmes and counselling for men, women, children, youth and couples. clinicalmanager@abuseprevention.org.nz  Office Hours:

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| (021) 54 5975 (09) 427 4317 http://www.abuseprevention.org.nz/    **Classification : FVSS**    **Affirming Works** | Generally Monday to Friday 9.00 am to 3.00pm.  Some charges may apply. No referral required. |
| FSD0024453 | Last updated 18/11/2020 |

Affirming Works (AW) is an innovative Pacific 'not-for-profit company which combines an effective team of multi-generational and multicultural professionals. AW offers an extensive range of mentoring services, social services and social enterprise to various communities in the Auckland region. AW began in 2001 and continues to provide for families; prevention to family violence, educational assistance for learners, food parcels, budgeting and case management of family plans. AW's ability to speak in pacific languages and have qualified staff has enabled a culturally competent yet safe practice approach to it's services. AW provides youth transition services for Oranga tamariki rangatahi, the Tupu'anga a mentoring programme for children and youth, Tautua a youth employment service for young people to work in the Community Cafes. AW also provides in five regions in Aotearoa the Young & Free conferences for the promotion of positive social messaging for Pacific youth.

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| office@affirmingworks.org.nz  (0800) 0AFFIRM (09) 276 6538 http://affirmingworks.org.nz    **Classification : FVSS, PACIFIC** | AW's service delivery is usually from 9am-5pm we have a site for our food hub, our community cafes and our offices, it is best to contact us via www.affirmingworks.org.nz or call free on 08000AFFIRM.  All services free of charge.  No referral required. |

**Age Concern Auckland - North Shore Office**

FSD0006664 Last updated 19/10/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support for over 65's.

177B Shakespeare Road Milford North Shore 0620



ageconns@acns.co.nz  Monday - Friday 9 am - 4 pm

(09) 489 4975 Some charges may apply. http://www.ageconcernauckland.org.nz Referral may apply.

**Classification : EARS**

**Age Concern Auckland Counties Manukau Office**

FSD0006656 Last updated 19/10/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

Cambria Park Homestead 250 Puhinui Road Papatoetoe Manukau ageconcern@ageconak.org.nz  By appointment only



(09) 279 4331 Some charges may apply.

(09) 820 0184 Referral may apply.

http://www.ageconcernauckland.org.nz

**Classification : EARS**

**Age Concern Auckland Inc**

FSD0006655 Last updated 02/11/2020

Your local Age Concern is your first port of call for over 65's when you and your family/whanau need: information, advice, referral and support.

57 Rosebank Road Avondale Auckland



ageconcern@ageconak.org.nz  9.00am to 4.00pm Monday to Friday

(09) 820 0184 Some charges may apply. http://www.ageconcernauckland.org.nz Referral may apply.

**Classification : EARS**

**Age Concern Rodney Inc**

FSD0006666 Last updated 20/11/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

Unit JA2, Westpac Plaza - Tamariki Avenue Orewa 0931



info@ageconcernrodney.org.nz  Some charges may apply.

(09) 426 0916 No referral required.

(0800) 652 105 http://www.ageconcern.org.nz

**Aiga Atia'e Pasefika Family Trust**

FSD0020505 Last updated 04/01/2021

We offer and target Pasefika families and the Community as a whole of whoever need our Education and Support Programmes etc.

 14 Kirklow Place Goodwood Heights Auckland 2105

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| taulapapa.n.wulf@aigaatiaepftrust.org.nz  (09) 262 3725 http://www.aigaatiaepftrust.org.nz    **Classification : PACIFIC**    **AKAL Foundation** | Start time : 9.00 am  Finish time: 3.00/6.00 pm Monday to Friday, and weekends and after hours by voicemail message.  Also available weekends and after hours by arrangement.  Some charges may apply. Referral may apply. |
| FSD0024322 | Last updated 24/08/2020 |

Our aims to identify and fund the delivery of high-impact solutions that can reduce health inequities and give everyone the opportunity to live healthy, productive lives.

We work closely with our partners to support innovative approaches and expand existing ones, so they reach the people who are most in need.

Our aim is to create better society.

Akal Foundation

Leadership training – capacity building, political representation

Family Violence – prevention programmes, education awareness

Budgeting & Family Support Services as Below

Community Alcohol and Drug Services

Community Sports / Service

Food Bank Service

Community Awards

Ladies Night

Migrants Help

Open Festival

35 East Tamaki Road Papatoetoe Auckland 2025



rajinz@gmail.com  Monday to Friday 8.00 to 5PM

(09) 278 6062 All services free of charge.

(021) 661888 No referral required. http://www.akalfoundation.org.nz

**Anglican Trust for Women and Children**

FSD0003280 Last updated 26/10/2020

ATWC’s integrated Family, Early Education and Social Work services and programmes help to protect, nurture and provide opportunities for up to 3000 children, young people and their families across Auckland.

Services include counselling and psychotherapy, parenting programmes, preschool education, early intervention (Family Start) and programmes in schools (SWiS & YWiSS).

10 Beatty Street Otahuhu Auckland 1062



info@atwc.org.nz  8.00am – 4.30pm Monday to Friday

(09) 276 3729 Some charges may apply. http://www.atwc.org.nz Referral may apply.

**Classification : FVSS**

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| **Aotea Family Support Group Charitable Trust** |  |
| FSD0006011 | Last updated 07/08/2020 |

Provision of social services to residents of Great Barrier Island.

 Old School Building, Medland & Shoal Bay Roads 1 Medland Road Tryphena Great Barrier

Island 0962 office@aoteafamilysupport.co.nz  Every morning except Wednesdays and

(09) 429 0465 weekends.

(09) 429 0174 Serves Great Barrier Island only. http://www.aoteafamilysupport.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Applied Theatre Company Ltd**

FSD0022108 Last updated 10/08/2020

Creating awareness, participation and action on issues of social change and justice, through drama education.

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| briar@appliedtheatre.co.nz  (021) 104 8677 http://www.appliedtheatre.co.nz | Mon - Fri office hours Some charges may apply.  Referral may apply. |

**Auckland North Community and Development Inc.**

FSD0003322 Last updated 16/02/2021

ANCAD is a community development organisation that has been supporting the Auckland North Community since 1974. It is a leading social service enabler which focuses on supporting and strengthening community agencies, groups and projects to deliver effective and needed services to the Auckland North Community and across the Auckland region.

ANCAD is a highly connected organisation that convenes, facilitates and enables innovative community partnerships, networks and initiatives. Then using the voice of this experience, it connects providers with businesses, government agencies and funders to work together to build strong local communities. Through meetings, events, training, research and information delivery,

ANCAD enables the right people and agencies to understand what is working and where the gaps are in community services. ANCAD has a proven record of building strong communities and they share this expertise and experience with organisations and agencies across New Zealand.

First Floor, Mary Thomas Centre 3 Gibbons Road Takapuna North Shore City 0622 info@ancad.org.nz  Monday to Friday 9am - 4.30pm



(09) 486 4820 All services free of charge. http://www.ancad.org.nz/ No referral required.

**Classification : FVSS**

**Auckland Women's Centre**

FSD0004148 Last updated 27/07/2020

A safe, accessible place offering support and facilitating empowerment and well-being for all women.

 Unit 6 4 Warnock Street Grey Lynn Auckland 1021

info@womenz.org.nz  9.00am - 4.00pm Monday to Friday.

(09) 376 3227 extn 0 Some charges may apply. http://www.awc.org.nz No referral required.

**Auckland Women's Refuge**

FSD0007649 Last updated 08/09/2020

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111.

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| info@awrefuge.org.nz  (09) 378 7635 (0800) 733 843 http://www.womensrefuge.org.nz | 24 hour crisis line service (09) 378 7635 or (0800) 733 843 (REFUGE) Some charges may apply.  No referral required. |

**Barnardos - Auckland Central South (Te Atatu)**

FSD0016477 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

3/247 Edmonton Road Te Atatu South Auckland



(09) 625 3675  Monday to Friday 8.30am - 5pm (0800) BARNARDOS(227 627) Some charges may apply. http://www.barnardos.org.nz No referral required.

**Barnardos - Auckland North West**

FSD0006793 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

247 Edmonton Rd Te Atatu South Te Atatu 0610



Auckland\_Referrals@barnardos.org.nz  Monday - Friday 8:30-4:30

(09) 625 3730 Some charges may apply.

(027) 237 8862 Referral may apply. https://www.barnardos.org.nz/

**Barnardos North Shore (Albany)**

FSD0006794 Last updated 18/06/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

20 Alderman Drive Henderson Auckland 0612



AMAC@barnardos.org.nz  Monday to Friday 7.30 am to 5.30 pm

(09) 836 7506 Some charges may apply. https://www.barnardosearlylearning.org.nz No referral required.

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**Classification : OSCAR**

**Barnardos Onehunga**

FSD0016483 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

Level 2 173 Captain Springs Road Onehunga Auckland 1061



Lesley.Macken@Barnardos.org.nz  Contact : 0800 227 627

(09) 625 3687 Some charges may apply.

(0800) 543 782 No referral required. https://www.barnardos.org.nz/

**Better Blokes**

FSD0022837 Last updated 05/02/2021

Better Blokes Peer Support Groups are weekly meetings of men who have experienced childhood sexual trauma facilitated by a trained facilitator who also has experienced childhood sexual trauma.

The meetings are held in community meeting rooms in five Auckland locations: Browns Bay, Henderson, Epsom, Three Kings. The number of men that can be accommodated at each peer support group is limited to eight by the two hour duration of the meeting and the amount of time each men gets to talk.

Level 2 Little Engines 56 Surrey Crescent Grey Lynn Auckland 1021



operations@betterblokes.org.nz  Call 09 378 8812 for appointment. No walk-in

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| (09) 378 8812 (021) 174 9252 http://www.betterblokes.org.nz    **Classification : SHSS**    **CARE Waitakere Trust** | services available.  All services free of charge. No referral required. |
| FSD0003844 | Last updated 17/12/2020 |

CARE Waitakere Trust offers professional counselling, budgeting and family support services to the community of West Auckland and beyond.

 64 Waipani Road Te Atatu Peninsula Auckland 0610

**Caroline Williams Therapy & Counselling**

FSD0016172 Last updated 31/10/2020

There are times in life when we need to reach out for professional support to end the silent struggle and create a life of hope. Caroline Williams, a qualified and experienced counsellor, can help you with a range of issues including:

Substance use problems or eating disorders

Anxiety and depression

Co dependency or abusive relationships

Relationship issues, families or couples welcomed

Trauma and abuse ( historical or recent)

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| admin@carewaitakere.org.nz  (09) 834 6480 http://www.carewaitakere.org.nz    **Classification : BFC** | Office hours 8:30am-5:00pm Monday-Friday Some charges may apply.  No referral required. |

Caroline provides individual and family therapy with WINZ subsidies and Victim Support subsidies available.

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| therapycaroline@gmail.com  (021) 070 6343 https://carolinewilliamsnz.com/ | Tuesday to Friday with evening sessions available.  Some charges may apply.  No referral required. |

**Chinese Mental Health Consultation Services Trust**

FSD0015125 Last updated 21/09/2020

Our trust is a non-profit organisation with a mission of fostering and restoring family harmony and individuals' wellbeing and safety. It is formed by a group of New Zealand experienced and registered mental health professionals.

 134 Pah Road Royal Oak Auckland 1023

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| info@cmh.org.nz (09) 624 4639 http://www.cmh.org.nz    **Classification : FVSS** | 10.00 am to 2:30 pm on Monday and Tuesday 10:00 am to 6:00 pm on Wednesday and Friday.  Please leave message on answer phone.  Some charges may apply.  Referral may apply. |

**Chinese New Settlers Services Trust**

FSD0001709 Last updated 15/04/2021

Chinese New Settlers Services Trust is a charitable trust since 1998, supporting Asian new comers and the entire community as a whole. We provide social services, education and social housing for 15,000 people every year.

CNSST provides wraparound services:

* Social work & Counseling
* Employment & Enterprise
* Education & Settlement
* Social Enterprise: Education Institute, Social Housing Project
* Accounting & taxation

20 Clifton Court Panmure Auckland 1072



info@cnsst.org.nz  Monday-Friday 9am-5pm.

(09) 570 1188 All services free of charge. http://www.cnsst.org.nz Referral may apply.

**Classification : FVSS**

**Counselling Services Centre**

FSD0003355 Last updated 31/08/2020

Counselling service for survivors and victims of sexual abuse. Counselling for victims of domestic and family violence. Counselling for people strugglling with depression, anxiety, stress, grief and loss. Counselling for women, children, men and couples. 24 hour Crisis service for victims of acute sexual violence. Professional Supervision.

 22 Alexander Avenue Papatoetoe Manukau City 2025

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| admin@cscnz.org.nz (09) 277 9324 http://www.cscnz.org.nz    **Classification : FVSS, SHSS**    **Dance & Arts Therapy NZ** | Monday-Friday 8.00am-7.00pm  Crisis 24/7  Some charges may apply. Referral may apply. |
| FSD0023989 | Last updated 13/07/2020 |

Dance & Arts Therapy NZ (DTNZ) provides mental health and disability services. Our kaupapa is to support and empower vulnerable individuals and groups in Aotearoa New Zealand through the use of Dance Movement Therapy and Arts Therapy. We have a particular focus on those with disabilities and special needs but also work with at-risk tamariki from low income backgrounds and people of all ages struggling with trauma.

Community Office 1/Onehunga Community Centre 83 Church St Onehunga Auckland 1061 info@dancetherapy.co.nz  Office: Monday-Thursday, 7.30am-5pm



(09) 636 3029 Programmes operate within and outside of these http://www.dancetherapy.co.nz times.

Some charges may apply. Referral may apply.

**Dayspring Trust**

FSD0015682 Last updated 08/09/2020

Dayspring is passionate about fostering the wellbeing of both mother and child creating opportunities that inspire women to live, love, learn and connect.

Dayspring began over 30 years ago with a group of women in West Auckland who saw a need in the community that wasn't being met.

Since those early beginnings we have been working with vulnerable families and have a long history of positive involvement with mothers and their babies who are living with post natal depression or an ongoing mental illness. We have first hand experience on the impact their illness has on the mother/baby bonding processes and the associated risks of attachment disorder.

Daysprings programmes are designed to positively influence the pathways for women and their families.

Vision: To be the preferred provider of Maternal Mental Health Community Services in the Auckland Region.

Head Office 2 Seabrook Avenue New Lynn Waitakere City



info@dayspring.co.nz  9.00 am - 3.00 pm (09) 827 6321 Some charges may apply.

(09) 834 4893 Referral may apply. http://www.dayspring.co.nz

**Dingwall Trust**

FSD0003329 Last updated 03/08/2020

Dingwall Trust is an organisation that provides services to children and young people. We provide residential care to children aged 0 - 18 in need of care & protection. We provide transition service to young people leaving care and boarding school, scholarships to young people at risk.

8 Dingwall Place Papatoetoe Manukau 2025



admin@dingwall.co.nz  Office hours 8.30am - 5pm Mon - Fri

(09) 278 3699 Open 24/7

(09) 250 2073 All services free of charge. http://www.dingwall.co.nz Referral may apply.

**Eastern Refuge Society Inc**

FSD0007647 Last updated 16/10/2020

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111.

Eastern Refuge provides residential/community social work, supplies a team of 10 social work Kaiawhina to Whangaia Nga Pa Harakeke, Counties Manukau Police, Emergency Housing through Te Whare o Honore, programmes, counseling, intervention and advocacy. info@ewr.org.nz  24 Hour crisis line 0800 733 843 REFUGE (0800) REFUGE (733 843) Some charges may apply.

(09) 576 6551 Referral may apply.

http://www.easternrefugesociety.org.nz

**Classification : FVSS**

**Eden Family Law**

FSD0020557 Last updated 29/06/2020

Eden Family Law - Antoinette Vujnovich Family Lawyer

I am an experienced family lawyer who aims to reduce stress and achieve positive results for her clients. Family proceedings can be a stressful and emotional experience. As your family lawyer, it is my role to be a source of knowledgeable advice and carefully-directed action, so that you can make progress towards a positive result.

From my base at Eden Family Law, I can connect you with relevant support agencies and services. To overcome your legal challenges I identify and discuss options with you, so that we can together decide on the best course of action. I aim to be accessible and responsive at all

times.

I specialise in the following areas:

* Custody and access
* Guardianship
* Oranga Tamariki - Ministry for Children
* Protection orders

Legal aid available for eligible clients.

Level 1 3/12 Laidlaw Way Auckland info@edenfamilylaw.co.nz (09) 625 2044 (021) 210 0930 http://www.edenfamilylaw.co.nz



Monday to Friday 9.00am - 5.00pm

I am available for appointments at several locations – please check my website for details Some charges may apply. No referral required.

**Ethnic Family Services**

FSD0020934 Last updated 08/01/2021

We offer support services for women, men and young people to build safe and happy families. We work in partnership with schools, various government and non-governmental organisations to offer specialised culturally appropriate intervention and prevention services for families and youth from Asian, African and Middle-Eastern communities in Aotearoa New Zealand.

Inside Manukau Medical & Health Centre 18 Manukau Station Road Manukau Auckland 2102 youth@shakti.org.nz  Mon-Thurs 10am-4pm



(0800) 742 584 (0800 SHAKTI) All services free of charge.

(09) 262 0487 non-urgent No referral required.

https://www.facebook.com/shaktiyouth

**Ethnic Social Services**

FSD0023488 Last updated 27/04/2021

NZESS intends to help families and whnau become safe places to be to restore family and whnau safety and wellbeing/mauri ora where violence has occurred and also to enhance life outcomes for children and young people whose social and family circumstances place them at risk of not achieving positive social and health outcomes.

New Zealand Ethnic Social Services (NZESS) is a not-for-profit organization that was established in

2003 to provide critically needed social support services for individuals and families of ethnic community to create healthy families and thereby healthy communities in New Zealand.

56A Covil Avenue Te Atatu South Auckland 0610



info@nzess.co.nz  9:30 am to 5 pm Monday to Friday

(09) 834 6668 All services free of charge.

(021) 226 5666 No referral required. http://nzess.co.nz

**Classification : FVSS**

**EthNix Links and Advocacy Network (ELAN)**

FSD0016612 Last updated 07/01/2021

ELAN aligns and collaborates with other similar organisations to raise social justice and human rights issues. The organisation is a leadership initiative, advocates for family well-being in diverse communities. It raises safety and prevention awareness for families to be better prepared and work towards prevention in family violence, road and water safety. EthNix Links has grown to advocate for women and children, settlement issues and cross cultural engagement.

We work mostly in Waitakere/Whau boundary.

16 Rosewarne Crescent Glendene Waitakere 0601



annepala@nixcrew.com  Community Advocacy available most times (021) 813 607 All services free of charge.

(09) 818 4450 Referral may apply. http://www.nixcrew.com

**Family Action (Whanau Toa)**

FSD0003511 Last updated 15/01/2021

Counselling, Outreach & Refuge for women, youth, children and families who have experienced family or sexual violence, abuse or trauma.

13 Edsel Street Henderson Auckland



office@familyaction.org.nz  8.30am - 5pm Monday - Friday.

(09) 836 1987 Some charges may apply.

(0800) 326 327 No referral required. http://www.familyaction.org.nz/

**Classification : FVSS, SHSS**

**Family Action - ChangeWorks Programmes**

FSD0016052 Last updated 15/02/2021

ChangeWorks is an organisation dedicated to working with young people and their families to stop violence and abuse. We work in a unique way to bring about change through interactive group process.

Imagination is the key to change. To imagine how your life could be different.

13 Edsel Street Henderson Auckland



office@familyaction.org.nz  Monday toThursday 8.30 to 5.30

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| (09) 836 1987  (0800) 326 327 http://familyaction.org.nz      **Family Works North Shore** | Koha/donation may apply. No referral required. |
| FSD0023443 | Last updated 27/04/2021 |

Family Works Northern build safe, strong and connected families by providing over 20 different programmes and services including child and family counselling, support for children who have experienced abuse and parenting programmes.

10 Penzance Road Mairangi Bay Auckland 0630



(09) 835 1288  09:00AM - 4:30PM

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-north-shore No referral required.

**Family Works Northern**

FSD0020674 Last updated 01/09/2020

Family Works Northern helps children and their families overcome the consequences of poverty, lack of adequate housing, and living with violence. It helps families to stay safe, strong and connected so they can make positive and lasting changes in their lives.

111 Great South Road Epsom Auckland 1051



info@psn.org.nz  Monday to Friday (09) 520 8600 8.30 am to 5.00pm

https://www.familyworksnorthern.org.nz Koha/donation may apply. No referral required.

**Family Works Waitakere**

FSD0006493 Last updated 09/12/2020

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

2171 Great North Road Avondale Auckland 0600



admin.waitakere@fwn.org.nz  Monday - Friday

(09) 835 1288 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-west Referral may apply.

**Fonua Ola**

FSD0003695 Last updated 14/12/2020

We cater for the Auckland region covering the areas of South, West, Central and East Auckland.

We provide Social Work Support, Counselling, Youth Programme, Building Financial Capability, Family Violence Intervention, Whanau Ora Support and Group Parenting Programme. Our aim is to achieve better outcomes for our children and young people through journeying with their families on their voyage to sustainable futures

8 Hendon Avenue Mt Albert Auckland



cfohe@fonuaola.org.nz  Mondays to Fridays

(09) 828 4307 9am - 5pm

(022) 164 0627 All services free of charge. https://www.fonuaola.org.nz/ No referral required.

**Classification : PACIFIC**

**Franklin Family Support Centre**

FSD0000964 Last updated 23/12/2020

To empower families and individuals with financial, personal or family issues by providing professional, compassionate and caring social services and educational programmes.

 82 Manukau Road Pukekohe

admin@familysupport.org.nz (09) 238 6233 http://www.familysupport.org.nz

**Classification : BFC, FVSS**

**Friendship House**

FSD0003345

9.00am - 4.00pm, Monday to Friday. Some charges may apply. No referral required.

Last updated 31/10/2020

Friendship House is a centre for social services, education, and community life set in the heart of Manukau.The Cafe offers quality affordable food and friendly centre staff provide information and practical assistance to visitors. Our qualified social service professionals offer individual and family support for people to build satisfying relationships and purposeful lives through social work, counselling, courses and programmes. The centre is available for hire to community and business groups on a casual or regular basis with rooms to suit 2 - 80 people. Our central location (behind Westfield Manukau) enables easy access to our services by both bus and rail.

20 Putney Way Manukau City Centre 2104



info@friendshiphouse.org.nz  Mon - Friday 8:30am-4:00pm

(09) 262 2322

(0800) 348 7878 Closed for Public Holidays http://www.friendshiphouse.org.nz Some charges may apply.

No referral required.

**Classification : FVSS**

**Glen Innes Family Centre**

FSD0016332 Last updated 22/01/2021

Provide Social Work Support, Counselling (Individual/Family), Budgeting, Parenting Programmes, Domestic Violence Programmes, Senior Recreational Programmes.

122 Elstree Avenue Glen Innes Auckland 1743



admin@gifc.org.nz  Weekdays 9AM - 3PM

(09) 570 6250 Thursday 9am - 6pm

http://www.gifc.co.nz All services free of charge.

No referral required.

**Great Potentials Foundation**

FSD0003694 Last updated 20/07/2020

For Health, Education and Parent Support.

Level 6, Building 5 666 Great South Road Penrose Auckland 1061



info@greatpotentials.org.nz  08:00 - 16:00 Monday to Friday

(09) 974 2600 Some charges may apply. http://www.greatpotentials.org.nz Referral may apply.

**Classification : FVSS**

**Hadiyyeh Zohoori-Dossa**

FSD0022715 Last updated 03/10/2020

Holistic, Multi-Cultural Counselling for individuals, groups, families and pre-marital couples.

Issues: Depression, Anxiety, Grief, Parenting, Stress, etc. Also, Nutrition-related conditions:

Obesity, Diabetes, Hypertension, etc.

Some benefits of counselling are:

* Developing Self-Awareness and Mindfulness
* Learning Problem-Solving, Effective Communication and Conflict Management
* Stress Management – Learning to go beyond coping to attain and maintain Lasting Happiness\* Personal Growth
* Behaviour Change, e.g. reduction in smoking, drug use, angry outbursts or other undesirablehabit, or increase in following a Healthy Diet, Physical Activity or any other desirable habit.

All services are multi-cultural and inter-faith by being sensitive to the ethnic, socio-economic, gender, racial and religious background of clients.

I also conduct:

* a pre-marital counselling programme, and
* Reiki Chanelling, a Japanese technique for stress reduction, relaxation and healing.

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| hadiyyehzd@yahoo.com (021) 037 2456      **Harbourside Church** | Please get in touch to arrange a suitable time and place.  Online counselling also available.  Some charges may apply. No referral required. |
| FSD0015422 | Last updated 12/10/2020 |

Harbourside Community Services is about empowering and equipping people and meeting the needs in the community.

48 Esmonde Road Takapuna North Shore City



office@harboursidechurch.org  9am - 5pm weekdays, Sundays services are at

(09) 489 0930 9am and 11am

http://www.harboursidechurch.org Some charges may apply.

No referral required.

**Heartbeat City Ministries**

FSD0003351 Last updated 03/01/2021

Psychological Counselling Services delivering home based short term therapy approach within a Whnau Ora framework to predominately Mori whnau, children/tamariki and young people/rangatahi. HBCM Psychological Counselling Service aim to provide the highest standard of care for whnau, tamariki and rangatahi residing in the Counties Manukau region.

24 Huia Rd Papatoetoe Auckland 2025



heartbeat@xtra.co.nz  Office hours: 9.00am to 4.30pm.

(021) 112 7543 Phone voice message are welcomed and will be

(021) 213 6235 responded to.

Some charges may apply. Referral may apply.

**HELP - Support for Sexual Abuse Survivors**

FSD0003354 Last updated 18/02/2021

A community service offering specialist crisis support and counselling to survivors of sexual abuse.

We support survivors through police, forensic medical, court and restorative justice processes. We are available by phone 24/7 to provide support when you need it. We also offer short and long-term counselling for survivors and their families and friends recovering from the impacts of sexual violence - for children, young people, and adults.

info@helpauckland.org.nz  0800 623 1700 (24 hour confidential phone line)

(09) 623 1700 All services free of charge.

(0800) 623 1700 No referral required. http://www.helpauckland.org.nz

**Classification : SHSS**

**Hestia Rodney Women's Refuge**

FSD0007643 Last updated 28/09/2020

Hestia works within the area of the Hibiscus Coast and Rodney District. We provide integrated Family Violence Services for women and children whose safety is at risk due to abuse in their homes. 85% of our work is with families in the community.

24/7 crisisline 0800 321 361

hestiarwr@xtra.co.nz  24 hour service. 0800321361 crisis line. 09

(09) 427 5154 4275154 office Monday - Friday

(0800) 321 361 We have another phone number for women from

http://www.hestiawomensrefuge.co.nz all areas of Rodney to contact us toll free 09

4250452

Some charges may apply. No referral required.

**Classification : FVSS**

**Home and Family Counselling Inc: Auckland Office.**

FSD0003359 Last updated 13/07/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. We have a Chinese counsellor available and a mix of male and female counsellors. Professional, experienced counsellors provide high quality services from our long-standing wellrespected independent organisation.

344 Mt Eden Road Mt Eden Auckland 1024



(09) 630 8961  Monday - Friday 9am - 5pm

http://www.homeandfamily.org.nz Saturday 9am - 4.30pm

Late Nights: Tuesday, Wednesday, and Thursday.

Koha/donation may apply. No referral required.

**Classification : FVSS**

**Home and Family Counselling Inc: North Shore Office**

FSD0015867 Last updated 16/06/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. Chinese counsellor available. Professional, experienced counsellors provide high quality services from our long-standing well-respected independent organisation.

2a Seaview Avenue Auckland 0627



Northshore@hfc.org.nz  Monday - Friday 9am - 5pm, Saturday 9am -

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| (09) 419 9853 http://www.homeandfamily.org.nz | 2pm.  Koha/donation may apply.  Referral may apply. |

**Homebuilders Family Services - North Rodney (Inc.)**

FSD0006019 Last updated 21/08/2020

Homebuilders Family Service is an independent, community based family support agency. We work to support families under stress in ways that enable them to resolve current difficulties and acquire, or consolidate the skills and resources necessary to enable future difficulties to be successfully resolved.

5 Hexham Street Warkworth



homebuildersfs@gmail.com  Monday to Friday 9am - 12pm

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| (09) 425 7048  http://homebuildersfs.org | All services free of charge. No referral required. |

**Classification : FVSS**

**Hope Unlimited Trust**

FSD0008101 Last updated 10/01/2021

We offer holistic, affordable, professional counselling and social services supporting parents and their families.

Our services include Counselling, Community Support, and Programmes: - Men's Living In Harmony/emotional intelligence/mana building; Women's Self Esteem /Personal

Development/Living in Harmony/Emotional management; plus a connect group; Parenting Toolbox 6-12yr-olds & Teenagers; Building Awesome Whanau; and Blended Families Programmes.

We have male & female counsellors, and we provide day & evening appointments.

46 John Street Pukekohe 2120



hope@hopeunlimitedtrust.org.nz  9am - 8pm, Monday to Friday. Sometimes

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| (09) 239 1823 http://www.hopeunlimitedtrust.org.nz      **Huakina Development Trust** | Saturday  Some charges may apply. No referral required. |
| FSD0005729 | Last updated 14/09/2020 |

Huakina has a mission statement to "Unleash the Potential of People" and they stand by it with passion. To provide support in health & wellbeing, education and environmental issues to the community.

15-17 Roulston Street Pukekohe



admin@huakina.co.nz  8.30 am - 5.00 pm Monday to Friday

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| (09) 238 0250 http://www.huakina.co.nz | All services free of charge. Referral may apply. |

**Classification : FVSS, OSCAR**

**Inner City Women's Group**

FSD0003518 Last updated 09/10/2020

Inner City Women's Group are DV specialists who provide programmes and support that empower women affected by domestic violence and abuse. Our services are free and available Auckland wide to any women.

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| tammy@icwg.org.nz  (09) 360 4933  (09) 279 8727 http://www.innercitywomensgroup.org.nz    **Classification : FVSS**    **Iosis** | 8:30am - 4:30pm, Monday to Friday Koha/donation may apply. Referral may apply. |
| FSD0003294 | Last updated 17/12/2020 |

Iosis is committed to transforming family life for good. Many families who access our services have complex issues and needs with limited resources. We provide a range of services addressing issues of parenting, family violence, relationships, safety of children, housing, finances, education, addictions etc, We are based in Manurewa and work across South Auckland.

Merivale Whanau Development Centre is a parenting residential programme for women and children. These families are referred by Oranga Tamariki and engage in our programme for a minimum of 6 months. It is our hope that through their engagement and successful completion these mothers will retain the care of their children. Referrals can be received from across the greater Auckland region and in some circumstances beyond Auckland.

112C Russell Road Manurewa Manukau City



enquiries@iosis.org.nz  Monday to Friday 8:30am to 5:00pm

(09) 269 0050 Some charges may apply. http://www.iosis.org.nz Referral may apply.

**Classification : BFC, FVSS, PACIFIC**

**Jody Allen Counselling**

FSD0016362 Last updated 19/03/2021

Couple counselling for relationship difficulties and individual counselling for grief, depression, anxiety, stress, motivation, trauma and CBT based therapies. Jody also provides professional supervision for other practitioners.

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| kidzsocialservices@xtra.co.nz (027) 403 6422      **Kindred Family Services** | Works out of Pukekohe and Tuakau Some charges may apply. No referral required. |
| FSD0021342 | Last updated 10/12/2020 |

Kindred Family Services provide the tools and resources that build resilience and offer hope so that a person can make positive change for the mutual flourishing of themselves, their whnau and in turn their community.

We work with people from crisis, to safety, resilience and towards a flourishing community and meet people wherever they are at on that journey.

Our crisis response includes a safe house for women and children escaping family violence, a 24/7 women's refuge crisis line and the Kai Collective foodbank providing wholesome nutritious meals to those in need.

Our other services include subsidised counselling, family support, men's and women's support groups, and programmes such as Strengthening Families, Pathfinders for children who have witnessed abuse and Seasons for Growth for youth experiencing loss.

Kindred Family Services was formed on 1 July 2020 by the formal merger ofKia Tmata An Women’s Refuge and the Helensville Women and Family Centre.

104 Commercial Road Helensville 0800



info@kindredservices.org.nz  Women's Refuge Crisis Line 24/7: 021 842 917 (09) 420 7992

(021) 842 917 Office Hours: 9am - 3pm Monday-Friday. https://www.kindredservices.org.nz Some charges may apply.

No referral required.

**Classification : FVSS**

**Kirk Vette - Counsellor**

FSD0015442 Last updated 02/07/2020

Provides counselling for individuals , couples and families. I work with a wide range of issues including Depression, Anxiety , Relationship issues and anger management to name a few.

I also offer Clinical supervision. And do work for various EAP companies.

Youthline House 13 Maidstone Street Ponsonby Auckland



kirkdv@gmail.com  Please contact for appointment times.

(027) 222 5637 Some charges may apply.

No referral required.

**Korowai Tumanako**

FSD0023275 Last updated 18/09/2020

Korowai Tumanako is a kaupapa Maori Harmful Sexual Behaviour (HSB) specialist treatment service designed to support iwi, hapu and whanau who have been affected by sexual violence, on their journey toward greater wellbeing. The central message of Korowai Tumanako is that prevention of sexual abuse in all communities is achievable. Our primary aim is to join with community leaders, whanau and their support services to be part of an integrated approach to prevent sexual violence in their communities and to create safe and hopeful futures.

admin@korowaitumanako.org  Weekdays 9am to 5pm (022) 474 7044 Some charges may apply. http://www.korowaitumanako.org No referral required.

**Classification : SHSS**

**LIA Social Services**

FSD0024315 Last updated 21/08/2020

Social services includes emergency housing accommodation, counselling, prevention programmes for the prevention of family violence, parenting programme.

 12-16 High Street Otahuhu Auckland 1062

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| stuart.ramsay@lia.org.nz  (09) 270 0380  http://lia.org.nz    **Classification : FVSS**    **Lifewise Family Services** | Monday to Friday  9.00 am - 5.00 pm Weekend by appointment Some charges may apply. No referral required. |
| FSD0003463 | Last updated 16/07/2020 |

A service for families who are having difficulties or facing challenges, with children aged between 0-17 years. Principal aim is to support families to recognise their strengths and make lasting changes in their lives. Level one child and family support service approved under sections 396 and 403 of the Children, Young Persons and Their Families Act (1989).

3131 Great North Road New Lynn Waitakere 0600 familyservices@lifewise.org.nz  Monday to Friday, 8.30am-5pm.



(09) 818 6834 Some charges may apply. http://www.lifewise.org.nz Referral may apply.

**Living Without Violence (Waiheke Network) Inc**

FSD0003646 Last updated 14/12/2020

We aim to empower the community of Waiheke to choose safe and respectful ways of living and relating. We work to eliminate interpersonal violence in all its forms by providing primary intervention services (counselling and group programmes), raising community awareness about the impacts of family abuse and domestic violence and advocating for just social and legal systems to protect and respect those impacted by family abuse and domestic violence.

28 Hamilton Road Surfdale Waiheke Island 1081 office@livingwithoutviolence.co.nz  Monday to Thursday 9am-3pm.



(09) 372 9220 Koha/donation may apply.

(027) 385 3998 No referral required.

http://www.livingwithoutviolence.co.nz

**Classification : FVSS**

**Liz Summerville Counsellor**

FSD0019117 Last updated 03/09/2020

Counsellor in private practice. Specialities are relationship counselling, sexual abuse (ACC), anxiety, depression, grief and trauma. Teens, adults, individuals, couples, families.

19a Rangatira Road Birkenhead North Shore 0626



liz@summerville.co.nz  9am-5pm phone contact. Counselling available (027) 488 9236 by arrangement outside those hours.

http://www.summerville.co.nz Some charges may apply.

No referral required.

**Man Alive Charitable Trust**

FSD0003555 Last updated 22/12/2020

Working for men and boys in the community. Man Alive Men's Centre Offices in Auckland Region:

Henderson, Glen Innes; Northland Region: Whangarei, Kaikohe, Dargaville and Kaitaia.

11 Edmonton Road Waitakere City



info@manalive.org.nz  8.30am - 5.00pm Monday to Friday, groups

(09) 835 0509 meetings run in the evening. (0800) 826 367 Some charges may apply. http://www.manalive.org.nz No referral required.

**Classification : FVSS**

**Manukau Urban Maori Authority**

FSD0005969 Last updated 14/09/2020

MUMA is proud to be an accredited Whanau Ora Provider. The vision behind Whanau Ora is to focus on the whanau, not simply the individual. Whanau Ora empowers whanau, enabling them to direct their own steps, while providing support, services and opportunities to help them to achieve a better future. Whanau Ora outlines a flexible, collaborative approach to providing services and opportunities. It enables different accredited providers to come together to deliver a seamless solution for the betterment of the entire whanau.

31 Calthorp Close Favona Auckland 2024



info@muma.co.nz  Monday to Friday: 9am - 5pm.

(0800) 866 862 Saturday & Sunday: CLOSED.

(09) 277 7866 Public Holidays: CLOSED.

http://www.muma.co.nz Some charges may apply.

Referral may apply.

**Classification : BFC, FVSS, THP**

**Medical Sexual Assault Clinicians Aotearoa (MEDSAC)**

FSD0003649 Last updated 28/04/2021

MEDSAC is the acknowledged New Zealand expert body in sexual assault/abuse medicine. It is recognised as such by the Ministry of Health, Accident Compensation Corporation and New Zealand Police, as well as by the Health and Disability Commissioner and international bodies such as the World Health Organisation.

The organisation's charitable purpose is to improve the wellbeing of all people affected by sexual assault and abuse and to ensure that people affected by sexual assault/abuse have equitable access to appropriate high quality medical care and medico-legal services.

MEDSAC trains nurses and doctors working in sexual assault assessment and treatment throughout New Zealand. The clinicians trained by MEDSAC are the primary providers of forensic and medical sexual assault care.

Unit 5 4 Warnock Street Grey Lynn Auckland 1021



admin@medsac.org.nz  8.30 am - 5.00 pm Monday - Friday

(09) 376 1422 Some charges may apply. http://www.medsac.org.nz No referral required.

**Mother of Divine Mercy Women's Refuge (Fale Malu)**

FSD0005870 Last updated 13/02/2021

Women's Refuge provides safety and protection for women and children who need to leave their homes because of violence and abuse.

(09) 820 0453 

(09) 815 9355 https://mother-of-divine-mercyrefuge.business.site/

**Classification : FVSS, PACIFIC**

24 hours.

All services free of charge. Referral may apply.

**New Zealand Christian Counsellors Association**

FSD0015086 Last updated 15/01/2021

Christian counsellors seek to be qualified, accountable practitioners, who work with integrity within the wider community. They support their clients on their journey, deeply respecting both the uniqueness of each individual and the context within which they live.

Youthline Manukau 145 St George Street Papatoetoe 2025



info@nzcca.org.nz  Our members are based all around N.Z. A (09) 361 4183 directory of Christian Counsellors is available on http://www.nzcca.org.nz our website.

Can be emailed anytime, phone during normal working hours.

Mon to Friday 8am - 2pm.

Some charges may apply. No referral required.

**New Zealand Sikh Womens Association (Inc.)**

FSD0015887 Last updated 14/08/2020

Catering South East Asian and Migrant families in domestic violence.

Room no. 4 214 Great South Road Otahuhu Auckland 1062



office@nzswa.org  Monday to Friday

|  |  |
| --- | --- |
| (09) 270 0798 (021) 263 8471 http://nzswa.com/ | 9.00 am to 4.00 pm  All services free of charge.  No referral required. |

**North Harbour Living Without Violence Inc.**

FSD0003542 Last updated 27/07/2020

Education programmes for male perpetrators of violence; support and education programmes for women and children victims of violence and abuse; anger management.

The Richardson Centre 431 Lake Road Takapuna North Shore 0622



(09) 489 3770  9am - 4pm Monday to Friday, some sessions http://www.livingwithoutviolence.org.nz Sat.

Some charges may apply. No referral required.

**Classification : FVSS**

**North Shore Women's Centre**

FSD0003480 Last updated 29/01/2021

Information, support and referral service for women and girls from age 12. Providing social work support, counselling service, free legal clinic and clothing exchange. Personal development and interest classes during school term.

5 Mayfield Road Glenfield Auckland 0747



women.ctr@xtra.co.nz  Monday to Friday 9am - 3.30pm

(09) 444 4618 Some charges may apply. http://www.nswomenscentre.co.nz No referral required.

**Oasis of Peace Counselling Limited**

FSD0021555 Last updated 12/04/2021

Supporting people to live a more peaceful and fulfilled life. Member of NZCCA. Bilingual counsellor (English / Arabic).

ACC-funded sexual abuse counselling.

9 Egret Court Unsworth Heights Auckland 0632



maysoonr@gmail.com  8 am- 8 pm

(022) 616 0276 Some charges may apply.

(09) 834 6480 No referral required.

http://www.oasisofpeacecounselling.com

**Pakuranga Counselling Centre**

FSD0003592 Last updated 15/03/2021

Confidential and professional counselling services for adults, adolescents and families including children from 4 years of age.

207 Ti Rakau Drive Pakuranga Auckland 2010 reception@pakcc.org.nz  Monday - Friday 9:00am - 5:00pm.



|  |  |
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| (09) 576 4248 (027) 717 8715 https://www.pakcc.org.nz/ | Saturday and after hours appointments available.  Some charges may apply.  No referral required. |

**Papakura Support and Counselling Centre**

FSD0003416 Last updated 15/09/2020

Promoting well-being through effective counselling and support services.

4 Opaheke Road Papakura 2244



pscc@xtra.co.nz  48 hour turn around (average)

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| --- | --- |
| (09) 299 9455  (09) 299 9466 http://psccentre.webs.com    **Classification : FVSS**    **Parent Aid Waitakere Inc** | Office available 9.00am - 3.00pm Monday Friday.  Some charges may apply. No referral required. |
| FSD0003643 | Last updated 19/04/2021 |

Providing a free, in-home childcare and helping service in times of illness, accident, stress or other emergency to persons who have the everyday care of children.

 Family Action Building 13 Edsel St Henderson Auckland 0612

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| info@parentaidwaitakere.co.nz  (09) 836 4122 http://www.parentaidwaitakere.co.nz/ | Office available 9.00am - 3pm Monday to Friday All services free of charge.  No referral required. |

**Patrick Au Professional Counselling Service for Chinese**

FSD0006093 Last updated 21/12/2020

Cultural specific services for Chinese people, Stopping Violence programmes, family counselling.

1/230 Manukau Road Epsom Auckland 1023



patau@xtra.co.nz  Some charges may apply.

(09) 522 0068 No referral required.

(021) 793 388

**Classification : FVSS**

**Piritahi Hau Ora**

FSD0005932 Last updated 18/12/2020

Piritahi Hau Ora is a Marae-based health service for all people on Waiheke Island which is free and confidential.

Piritahi Marae 54 Tahatai Road Blackpool Waiheke Island 1081



reception@piritahi.co.nz  Monday to Friday 8.30am - 4.30pm

(09) 372 0022 All services free of charge. http://www.piritahi.co.nz No referral required.

**Classification : FVSS**

**Pohutukawa Service**

FSD0003696 Last updated 13/04/2021

The Pohutukawa Clinic is a specialist medical and forensic service for adults and older adolescents (women and men) who have been sexually assaulted or abused.

We are a dedicated team of specially trained doctors and nurses.

We are committed to providing the highest quality health service that is sensitive, appropriate, accessible and that acknowledges social and cultural differences.If not available please contact Auckland Sexual Abuse HELP on (09) 6231700 counselling service.

Level 3, Building 7, Greenlane Clinical Centre 214 Green Lane West Epsom Auckland pohutukawa@adhb.govt.nz  Monday to Friday 9:00am - 5:00pm. (09) 630 9772 A/H via Police or Crisis Support (0800) 739 432 Option 2 All services free of charge. http://ashs.org.nz No referral required.



**Presbyterian Support Northern**

FSD0008142 Last updated 27/04/2021

Presbyterian Support Northern helps create a better life for everyone. Our social services:

* build strong families
* enable older people and those with disabilities or injuries to live in their own homes, stay healthyand engage socially with others
* show those who are struggling financially how to move toward financial independence.

Presbyterian Support Northern 111 Great South Road Epsom Auckland 1051



info@psn.org.nz  Monday to Friday, 8.30am to 5.00pm (09) 520 8600 Financial capability availability: AUCKLAND http://www.psn.org.nz WEST, CENTRAL and SOUTH.

Some charges may apply. Referral may apply.

**Classification : BFC, FVSS**

**Rainbow Family Services**

FSD0022720 Last updated 27/09/2020

To provide safe, effective counselling for children, young people, adults and their families in Auckland. Specializes in trauma, LBBTIQA+, self-harm, children, adolescents, and family therapy.

ACC registered for sensitive claims.

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| sgranich30@hotmail.com  (021) 038 2451 https://www.ry.org.nz/what-wedo/rainbow-friendly-counselling | Mondays 10am - 8pm in Takanini.  Tuesdays 10am - 8pm in Auckland City.  Skype, zoom and phone sessions available upon request.  Some charges may apply.  No referral required. |

**Rape Prevention Education - Whakatu Mauri (formerly Rape Crisis**

**Auckland)**

FSD0003429 Last updated 25/10/2020

Rape Prevention Education (RPE) Whakatu Mauri (formerly Rape Crisis Auckland) is a non-profit organisation working to eliminate sexual violence and abuse through the delivery of specialised training programmes for youth, professionals and communities.

RPE also supports survivors of sexual violence and abuse, their whanau/friends and professionals with an informative website.

Whether you are a survivor, a loved one of a survivor, a professional or a community member visit the website to link to rape crisis help throughout the country.

52 Hepburn Street Freemans Bay Auckland 1011



info@rpe.org.nz  9.00am - 4.30pm Monday to Friday.

(09) 360 4001 Some charges may apply. http://www.rpe.co.nz No referral required.

**Roopa Aur Aap Charitable Trust**

FSD0019584 Last updated 24/08/2020

Roopa Aur Aap charitable Trust is “Not for Profit” organisation. The organisation provides culturally appropriate counselling and other support services to the victims of family violence within the South Asian community in Auckland. The organization’s primary objective is to provide free counselling, support services, family advocacy with help of professionals, immigration help again with the help immigration advisers, interventions programmes for the victims of domestic violence and disputes, educating and empowering the weaker individuals and families of the South Asian community. Roopa Aur Aap Charitable Trust focuses on reducing discrimination, removes barriers, create opportunity and participation through workshops and support services.

1193B Dominion Road Mount Roskill Auckland 1041



roopa.suchdev@roopaauraap.org.nz  Monday to Friday - 10am to 4pm ( Physically)

(09) 620 4606 All Seven day- 24/7 on phone number:

(021) 665 609 021665609

http://roopaauraap.org.nz/ All services free of charge.

No referral required.

**Safe Network Charitable Trust**

FSD0003433 Last updated 02/11/2020

Safe Network is New Zealand’s largest community based specialist service for those with concerning, problematic and harmful sexual behaviour. Our specialist clinicians work with adults and youth to address their harmful sexual behaviour towards children or others, as well as with children who have concerning sexual behaviours, assisting them to learn to express themselves in healthier ways.

We provide specialist services for both males and females who display concerning, problematic and harmful sexual behaviour, including contact and non-contact behaviour such as accessing, distributing or producing child sexual abuse images and films through the internet and social media.

If you are a counsellor, social worker, psychotherapist, clinical psychologist or another helping professional you can call Safe Network on 09 377 9898. Ask to speak with one of our clinical team leaders to arrange next step.

24 Burleigh St Grafton Auckland 1023



info@safenetwork.org.nz  8.30am - 5:00pm, Monday to Friday.

(09) 377 9898 Some group work occurs in the evenings.

http://safenetwork.org.nz Some charges may apply.

No referral required.

**Classification : SHSS**

**Safer Aotearoa Family Violence Prevention Network**

FSD0003597 Last updated 19/03/2021

We aim to create communities where we experience Safe, Peaceful and Loving Relationships and celebrate Flourishing Families.

25 Druces Road Wiri Auckland 2104



manager@safvpn.org.nz  Mondays - Fridays

(09) 278 9266 8.30am - 4.00pm

(0800) 367 942 All services free of charge.

No referral required.

**Classification : FVSS**

**Sahaayta**

FSD0020667 Last updated 13/07/2020

Sahaayta was conceived to serve and meet the growing needs of the South Asian community in Auckland. Sahaayta provides holistic, confidential, culturally appropriate counselling and support services for individuals, couples, families, youth, children and seniors. We also run support groups (Women's groups, Anger Management groups & Personal Development groups) periodically.

15A Norman Spencer Drive Papatoetoe Auckland 2104



info@sahaayta.org.nz  Monday - Friday 9.30 am - 5.00 pm

(09) 280 4064 Some charges may apply. http://www.sahaayta.org.nz No referral required.

**Shakti Asian Women's Centre**

FSD0007645 Last updated 27/01/2021

This organisation provides a 24-hour national crisis call service (0800 SHAKTI) for ethnic women in domestic violence, drop in centres for women, outreach, case work, advocacy, counselling, legal referral, interpreting, life skills programmes, domestic violence intervention and awareness training for communities and lobbying for legislation change.

3 Cardwell Street Onehunga Auckland



scc@shakti.org.nzDrop In Centre 9am to 4pm

(0800) 742 584 SHAKTI (24 hr crisis) All services free of charge. http://shaktiinternational.org/ No referral required.

**Shakti Community Council Inc**

FSD0016662 Last updated 19/03/2021

Shakti Community Council Inc. is a culturally-competent community organisation servicing New Zealand's Asian, African and Middle Eastern communities since 1995. Our Mission: To facilitate good health and overall well-being of New Zealand's migrant and refugee communities through culturally appropriate services within a culturally appropriate environment. Besides an office in Wellington, our member organizations includ Shakti Asian Women's Centre Inc.; Shakti Asian Women's Safehouse Inc. (2 refuges); Shakti Legal Advocacy & Family Social Services Inc.(for families); Shakti Education Training & Advisory Company (SETAC) Ltd; Shakti Ethnic Women's Support Group Central Region Inc Inc.(drop in centre and refuge); Shakti Ethnic Women's Support Group, Christchurch Inc.(drop in centre and refuge). Our services include advocacy for women and families, safe refuge for victims, legal clinics, counseling, lifeskills programmes, youth intervention and support and settlement support.

153 Rathgar Road Henderson Auckland 0610



scc@shakti.org.nz  Normal work hours: 9am to 4pm, Monday to

(0800) SHAKTI (742584) Friday. Women in crisis can call our 24-7 crisis

(09) 838 4217 line, 0800SHAKTI (0800 742584) https://shaktiinternational.org/shakati-new- All services free of charge. zealand/ No referral required.

**Classification : FVSS**

**Shanti Niwas Charitable Trust**

FSD0022954 Last updated 21/09/2020

Shanti Niwas is a non-profit organisation, has a long history of working with senior citizens of Indian and South Asian origin living in the Auckland region since 1994 to ensure they are valued and treasured by society.

Our mission is to provide culturally appropriate aged care services along with social, emotional, educational, physical and spiritual support for the wellbeing of older people of Indian and South Asian origin.

The trust delivers Positive Ageing Day programmes for older people and people with special

needs in the Auckland region. We also provide counselling, advocacy, translation services, help to access health related practical assistance etc and help them integrate into New Zealand society for the betterment of the quality of life of seniors and their families. Our other services include

KHUSHI – Elder Abuse and Neglect Prevention Services, SNEH – Shanti Niwas Emergency Home for the seniors, DOSTI – Volunteer Visiting services and many more.

(Beside Dolphin Theater) 14 Spring Street Onehunga Auckland 1061 shantiniwas@xtra.co.nz  Mon - Fri 9.30am - 4pm (09) 622 1010 Some charges may apply.



(021) 202 8406 No referral required. http://www.shantiniwas.org.nz

**Classification : EARS**

**Shine (Safer Homes In New Zealand Everyday)**

FSD0003515 Last updated 18/09/2020

Shine (Safer Homes In New Zealand Everyday) is making homes violence free. Shine offers a free national Helpline, frontline services for adult and child victims of domestic abuse and for men who've used violence, as well as training programmes, the DVFREE workplace programme, and Shine in School programme.

Ground Floor 409 New North Road Kingsland Auckland 1021



enquiries@2shine.org.nz  Helpline (0508 744 633) is answered 9am -

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| (0508) 744 633 (09) 815 4601 http://www.2shine.org.nz      **SIAOLA** | 11pm, 7 days a week . Our office hours are  8.30am - 5.00pm weekdays. Some charges may apply. Referral may apply. |
| FSD0023218 | Last updated 14/09/2020 |

Siaola is a social service provider that is focused on the elimination of youth suicide and child abuse prevention. This is in line with the Methodist Mission ‘Let the Children Live’ 10 year Plan. We work with Tongan families in the areas of Family Violence Prevention and Child Protection through building successful and thriving lives for our Tongan families. Our programmes are focused on Famili Lelei - Relationships, Education and Health.

Level 1 409 Great South Rd Penrose Auckland 2022



Kathleent@methodist.org.nz  9am to 5pm

(09) 600 2662 Monday- Friday https://www.facebook.com/VahefonuaMet All services free of charge. hodistMission/ No referral required.

**Classification : PACIFIC**

**South Auckland Family Refuge Inc.**

FSD0007651 Last updated 14/09/2020

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111.

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| mariap@southaucklandrefuge.co.nz  (0800) 733 843 (09) 276 8868 http://www.womensrefuge.org.nz    **Classification : PACIFIC** | Monday- Friday 9am-4.30pm  0800 733 843 - 24 hours crisis line Some charges may apply.  No referral required. |

**Supportline Women's Refuge (now part of Shine)**

FSD0003450 Last updated 22/01/2021

We provide safe accommodation for women & children, advocacy, support and other services at Supportline Women's Refuge that is now part of Shine.

enquiries@2shine.org.nz  Availability: 8am - 4pm Mon - Fri

(09) 849 5692 Some charges may apply.

(09) 815 4601 No referral required.

https://www.2shine.org.nz/how-shinehelps/supportline-womens-refuge

**Talk Counselling**

FSD0003756 Last updated 12/04/2021

We do Face to face and Video calls!

Talk counselling and MensTalk is a face to face counselling and psychotherapy service for men women and couples. We are qualified and specialised in the areas that we work and cover issues such as: couples therapy Depression, Anxiety,addictions, relationship issues, erectile dysfunction, stress, couple counselling, anger management, personal growth, self esteem, and trauma.

147D Princes Street East Otahuhu Auckland 1062



ric@talkcounselling.co.nz  Monday to Friday 10am to 5.00pm

(0508) 636 782 Some charges may apply. http://www.talkcounselling.co.nz No referral required.

**Te Oranga Kaumatua Kuia Disability Support Services Trust**

FSD0006043 Last updated 14/10/2020

A service that specifically seeks to provide support for Kaumatua and Kuia suffering from neglect and/or dementia that may lead to elder abuse and neglect.

Geographical Coverage Area: Te Puaha ki Manuka (South Auckland)

64 Mascot Avenue Mangere Manukau 2022



kingi.martin@teorangakk.org.nz  Monday to Friday

(09) 255 5470 8.30am - 5.00pm http://www.teorangakk.org.nz

Community Support Service.

Elder Abuse and Neglect Service.

All services free of charge. Referral may apply.

**Te Puaruruhau**

FSD0003567 Last updated 23/07/2020

We are a health service based at Puawatahi: A multi-agency centre opposite Starship Hospital. We accept referrals for 0-19 year olds for historic, current and acute cases of sexual and physical assault.

Puawaitahi, Level 1 99 Grafton Road Grafton Auckland 1010



(09) 307 2860  Office hours Monday - Friday 8am - 5pm http://www.starship.org.nz/directory-ofservices?index=T&type=see\_all&cat=see Acute Service: 24/7 referral number 021492365

\_all All services free of charge.

No referral required.

**Te Puna Hauora o Te Raki Paewhenua Society Incorporated**

FSD0003767 Last updated 07/09/2020

Te Puna Hauora provides a comprehensive range of medical and social services to our enrolled population.

58A Akoranga Drive Northcote Auckland 0627



(09) 489 3049  Monday-Friday 8.30am - 5.00pm. Closed http://www.tepuna.org.nz statutory holidays

All services free of charge. Referral may apply.

**Classification : BFC, FVSS**

**Te Roopu O Te Whanau Rangimarie O Tamaki Makaurau**

FSD0006046 Last updated 03/08/2020

Our mission is to empower families and individuals by providing support, advocacy, temporary accommodation options and services with a focus towards family violence intervention and prevention leading to an improved quality life.

2 Cameo Court Road Mangere Auckland 2024



admin@twr.org.nz  Monday to Friday, 9.00am-5.00pm.

(09) 275 1230 Some charges may apply. https://www.twr.org.nz/ No referral required.

**Classification : FVSS, THP**

**Te Tai Awa o Te Ora**

FSD0003732 Last updated 23/09/2020

To provide culturally appropriate services to whanau incorporating key values of Tika, Pono and Aroha. All staff have qualifications in social work and/or counselling and offer a range of services, information and assistance to individuals, couples and whanau. These include

* help and advocacy with budgeting and financial matters, social circumstances, e.g. housing,benefits
* the facilitation of programmes (Parenting, Stopping VIolence, support for people with alcohol andother drug related issues
* counselling for personal, relationship and whanau concerns
* We also have a Social Workers in Schools (SWiS) service with Social Workers based in 11Otara schools.

18 Otara Road Otara Auckland 2023



admin@taiawa.org.nz  Monday, Tuesday, Wednesday & Thursday 9 am

(09) 274 4220 - 5 pm

(027) 274 4220 Friday 9 am - 4 pm

http://www.taiawa.org.nz/ Some charges may apply.

Referral may apply.

**Classification : FVSS**

**Te Waipuna Puawai Mercy Oasis Ltd**

FSD0008245 Last updated 20/04/2021

Te Waipuna Puawai Mercy Oasis Ltd is a thriving community development initiative of the Sisters of Mercy New Zealand. We were established in 1999, building on a decade of highly respected community development work in Glen Innes.

We are committed to working with and alongside women, children and families who are in need.

We aim to improve lives of families by providing family support services and adult education.

We build supportive relationships with whanau by connecting them with others in the local community and developing a pathway to achieve and celebrate their goals.

Our Vision

Whakamana te oranga wairua o te tangata me te whenua.

Well-being for our communities and restoration of the earth.

Our Mission

Kia u ki te mahi kotahi whakarawea te mana wahine, te mana whanau me te mana iwi whanui.

Working together to strengthen women, strengthen families and strengthen community.

Ellerslie Site 12A Umere Crescent Ellerslie Auckland 1051



ceo@twp.org.nz  8.30am-5pm Monday to Friday.

(09) 527 6380(Glen Innes) Koha/donation may apply.

(09) 525 0337(Ellerslie) No referral required. http://www.twp.org.nz

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612 audrey.tinsley@waiwhanau.com  8.30am - 5.00pm Monday - Friday



(09) 836 6683 Some charges may apply.

(0800) 924 942 Referral may apply. https://www.waipareira.com/

**Classification : BFC, FVSS**

**Te Whare Marama O Mangere**

FSD0005873 Last updated 20/07/2020

Women's refuge provides a safe house for women and children who have experienced family violence.

|  |  |
| --- | --- |
| contact@tewharemarama.org.nz  (09) 276 7922  (027) 276 7923 | Available 9am to 3pm. We do have an answer machine that a message can be left.  Some charges may apply.  Referral may apply. |

**Classification : FVSS**

**Te Whare Ruruhau O Meri**

FSD0003489 Last updated 12/01/2021

Multi-cultural family support, therapy and advocacy.

Building 2 19 Lambie Drive Papatoetoe Auckland 2104



admin@tewhare.org.nz  8 am - 5.30 pm Monday to Friday

(09) 270 2631 All services free of charge.

(0800) 839 4273 No referral required. https://tewhare.org.nz/index.html

**Classification : FVSS, SHSS**

**The Fono West**

FSD0003550 Last updated 28/09/2020

We offer a range of medical, dental, pharmacy, social and public health services. Our friendly, professional team are here to provide top quality service for everyone.

Head Office 411 Great North Road Waitakere City 0612



headoffice@thefono.org  Monday-Friday 8:30am-5pm

(09) 837 1780 Some charges may apply.

(0800) FONO4U Referral may apply. http://www.thefono.org

**Classification : BFC, FVSS, PACIFIC**

**The Meditating Giraffe**

FSD0023440 Last updated 24/07/2020

Would you like...

Harmonious relationships both at home and at work?

To be heard and to hear others so a strategy can be found that works for you and for others involved?

To be able to make clear requests that give you what you want and not what you don’t want?

To heal past relationships that are impacting on your present life?

“The Meditating Giraffe” is committed to offering workshops & support based on the principles of NVC - Nonviolent Communication. This is the work of Dr Marshall B Rosenberg.

We work with organisations, smaller groups, families, couples, and individuals – supporting people to communicate, connect and move forward in a life serving way. We also offer Transformative Mediation.

|  |  |
| --- | --- |
| deb@meditatinggiraffe.co.nz  (027) 237 9657 (027) 341 0000 http://www.meditatinggiraffe.co.nz      **The Umma Trust** | All days 8am to 9:30pm Some charges may apply. No referral required. |
| FSD0023163 | Last updated 03/08/2020 |

UMMA Trust’s mission is to provide support for Muslim refugee and migrant families with a specific focus on women who are in the process of resettlement in New Zealand. We aim to ensure that families are able to lead productive and quality lives and be actively involved in New Zealand society. UMMA Trust believes that women are the backbone of the family so we aim to increase their strengths; health and well-being. They are then able to be successfully integrated and empowered to provide for their family and community, resulting in a positive resettlement.

Ferndale House 830 New North Road Mount Albert Auckland 1025 whitney.jessett@ummatrust.co.nz  Monday to Friday 9:00 - 5:00



(09) 815 0153 All services free of charge. https://www.facebook.com/theummatrust/ No referral required.

**Classification : BFC**

**TOA Pacific Inc**

FSD0003684 Last updated 20/11/2020

To promote the health and wellbeing and rights of older Pacific people and Pacific Aiga carers by providing sustainable, responsive and culturally safe services. We are committed to developing and delivering positive outcomes for them.

 214 Great South Road Otahuhu Auckland 1062

malia@toapacific.org.nz (09) 276 4596 http://www.toapacific.org.nz

**Classification : FVSS, PACIFIC**

**Tongan Health Society**

FSD0003693

9am - 5pm Monday to Friday Some charges may apply. No referral required.

Last updated 29/06/2020

Medical, Health & Social Services provider. Pacific Family Violence Services for vulnerable children and their families. Integrated Outcomes Unit with Clinical and Non-Clinical Navigators (Registered Nurses & Social Workers). Social Sector Accredited. RNZCGP Cornerstone

Accreditation. At Risk Youth Services. Mental Health Services including Psychiatrist, Counsellor

& Mental Health Nurse Specialist. Referrals to THSreferrals@tonganhealth.com or phone

0800030902

119 Rowandale Avenue Manurewa Auckland



kasalanaita.puniani@tonganhealth.com  7.30am – 5.30pm Monday to Friday

(09) 266 2249 All services free of charge. http://www.tonganhealth.com No referral required.

**Classification : FVSS**

**Tongan Tamaki Langafonua Community Centre**

FSD0006054 Last updated 15/01/2021

Pasific social services provider, budgeting, MSD funded programs for anger management, Family violence and Parenting. Assistance for clients with disability, residential care and respite.

183 Taniwha Street Glen Innes Auckland



langafonua.centre@xtra.co.nz  Some charges may apply.

(09) 528 8280 No referral required.

**Classification : PACIFIC**

**Toughlove - Auckland Parent Support Groups**

FSD0007574 Last updated 21/07/2020

TOUGHLOVE New Zealand is a non-profit organisation providing support and education, that gives parents confidence to cope with unacceptable adolescent behaviour.

|  |  |
| --- | --- |
| toughlovenz.info@gmail.com  (0800) 868 445 http://www.toughlove.org.nz      **Tu Wahine Trust** | For meeting locations refer to website.  Some charges may apply. No referral required. |
| FSD0003813 | Last updated 19/10/2020 |

A service for Maori women and children living in West Auckland who have been affected by violence and abuse.

247 Edmonton Road Te Atatu South Waitakere City 0610



echo@tuwahine.org.nz  All services free of charge.

(09) 838 8700 No referral required.

https://www.facebook.com/pg/TuWahineT rust

**Classification : FVSS, SHSS**

**Vaka Pasifika Charitable Trust**

FSD0021525 Last updated 09/11/2020

Vaka Pasifika is a charitable Trust set up with the mission and vision to “empower Pacific Island People to take charge of their lives and those of their family(s) to enjoy and participate in developing New Zealand Society”.

Unit 3 9 Northside Drive Westgate Auckland 0814



info@vakapasifika.org.nz  Monday - Friday

|  |  |
| --- | --- |
| (021) 029 00701  http://www.vakapasifika.org.nz | 9am - 5pm  All services free of charge.  No referral required. |

**Classification : FVSS, PACIFIC**

**Vaka Tautua Limited**

FSD0015458 Last updated 01/10/2020

Vaka Tautua provides information and support for Pacific families in the areas of disability, older people, mental health and financial capability. Please get in touch if you would like more information on our services.

Unit 7 586 Great South Road Manukau Auckland 2025



administration@vakatautua.co.nz  Mon - Fri 8.30am - 5.00pm

(0800) 825 282 http://www.vakatautua.co.nz Elder Abuse Response Service for Auckland

region only.

All services free of charge. Referral may apply.

**Classification : EARS, FVSS, PACIFIC**

**Victim Support - Auckland Central**

FSD0003477 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week All services free of charge.  No referral required. |

**Victim Support - Auckland East**

FSD0015693 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

hours, 7 days a week All services free of charge.

No referral required.

**Victim Support - Auckland West**

FSD0015692 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau Central**

FSD0008296 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau East**

FSD0015697 Last updated 02/02/2021

**Victim Support - Counties Manukau Pukekohe**

FSD0015698 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau South**

FSD0000962 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau West**

FSD0015699 Last updated 02/02/2021

**Victim Support - Hibiscus Coast**

FSD0015700 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week All services free of charge.  No referral required. |

**Victim Support - North Rodney**

FSD0015702 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz      **Victim Support - North Shore** | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge. No referral required. |
| FSD0015703 | Last updated 02/02/2021 |

**Victim Support - Waitakere**

FSD0015704 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz      **Visionwest** | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge. No referral required. |
| FSD0020227 | Last updated 15/01/2021 |

Visionwest exists to meet the needs of people in the West Auckland community and beyond. As a community development based organisation, our vision is to build a place of trust and openness where people feel valued and loved.

We believe in the value of holistic care and support and offer an integrated range of wraparound services and supports that care for all people physically, emotionally, spiritually and intellectually.

Visionwest is a Registered Charitable Trust.

Building 7 97 Glendale Road Glen Eden Auckland 0602



office@visionwest.org.nz  Our Main Office for our Campus is open Monday

(09) 818 0700 to Friday 9am - 5pm.

http://www.VisionWest.org.nz Opening times of different services within the

Trust may vary

Some charges may apply. Referral may apply.

**Classification : BFC, YS**

**Waiuku Family Support Network**

FSD0000974 Last updated 16/04/2021

To strengthen family life by helping individuals and families through their own efforts, to develop their skills and to become aware of resources available to them in the surrounding community.

56 Queen Street Waiuku 2123



admin@waiukufamilysupport.co.nz  Monday, Friday 10am – 2pm

|  |  |
| --- | --- |
| (09) 235 9099 http://waiukufamilysupport.co.nz/    **Classification : FVSS** | Tue – Thur 9.30am – 4.00pm Some charges may apply.  No referral required. |

**WAVES Trust (Waitakere Anti-Violence Essential Services)**

FSD0003805 Last updated 26/01/2021

WAVES Trust is a family violence network organisation based in West Auckland. Our network includes over 50 organisations working both directly and indirectly in the area of family violence. We provide strategic support to the local family violence sector through monthly network meetings and weekly e-newsletters. We also keep our network up to date with regards to new research and legislation changes.

7 Henderson Valley Road Henderson Auckland 0612



administrator@waves.org.nz  9am-4pm Monday to Friday

(09) 838 4834 All services free of charge. http://www.waves.org.nz No referral required.

**Classification : FVSS**

**Whanau Resource Centre o Pukekohe Charitable Trust**

FSD0016702 Last updated 08/10/2020

The Whanau Resource Centre is a one stop shop in community support servicing and prides itself on catering to the needs of its community. The Whanau Resource Centre's confidential service delivers a holistic approach to supportive care and is committed to promoting well being and assisting individuals to deal with the day to day matters of life.

17 McNally Road Pukekohe Auckland 2120



info@whanauresourcecentre.org.nz  Monday, Tuesday, Wednesday, Thursday and

(09) 238 5285 Friday 9am to 4.30pm (021) 532 178 Some charges may apply.

No referral required.

**Classification : FVSS, THP**

**Women's Centre Waitakere**

FSD0003464 Last updated 02/11/2020

A community based agency supporting women and their families. We provide a safe, accessible environment for women and their families to make their own choices in a supportive, nonjudgemental and confidential way.

Services provided include Counselling, Programmes and workshops. Access to community information and resources.

Cnr McLeod & Te Atatu Road 111 McLeod Road Te Atatu South Auckland 0610 info@womenscentre.org.nz  Monday to Friday 9am to 2.00pm



(09) 838 6381 Some charges may apply.

(09) 836 2470 No referral required. https://www.heartofthewest.org/

**Classification : FVSS**

**Young New Zealanders' Foundation**

FSD0005719 Last updated 17/04/2021

Young New Zealanders' Foundation supports a number of strategies and systems to try and prevent any young person "slipping through the net" without the specialised help they need. This is achieved through: Information Technology, Community Education and Specialist Support

For more info please visit our websites:

http://www.valuinglife.online/ www.youngnz.online

2/9 Kapiti Place Sunnynook Auckland 0743



valuinglifenz@gmail.com  8.00am - 5.00pm Monday to Friday.

(0800) 333088 Some charges may apply.

No referral required.

# Health

**Access - Auckland (Main regional office )**

FSD0022382 Last updated 21/08/2020

Access is one of New Zealand's leading healthcare providers, specialising in home-based healthcare and support. We work with the Ministry of Health, DHB and ACC, among others, to support 20,000 people nationwide to live independently in their own homes.

60 Mt Eden Road Auckland 1024



info@access.org.nz  Call between 8.30-5.40, Monday - Friday on

|  |  |
| --- | --- |
| (09) 630 1630 (0800) 284 663 http://www.access.org.nz      **Allergy New Zealand** | 0800 284 663.  All services free of charge. Referral may apply. |
| FSD0004100 | Last updated 31/10/2020 |

Allergy New Zealand's vision is to improve the quality of life of people with allergies - especially children - and their families through support, education and information, and to act as an advocate in all aspects of allergy.

Lower Ground 581 Mount Eden Road Mount Eden Auckland 1024



allergy@allergy.org.nz  The 0800 340 800 will supply regional contact

|  |  |
| --- | --- |
| (0800) 340 800 (09) 623 3912 http://www.allergy.org.nz      **Amitabha Hospice Service** | numbers for the following areas: Northland, Auckland, Rotorua,Wellington, Nelson, Canterbury, Dunedin and Southland.  All services free of charge. No referral required. |
| FSD0003549 | Last updated 24/07/2020 |

Free palliative care of practical help and companionship to the aged and those with a life limiting illness and their families from the time of diagnosis. Working with other providers, according to Hospice NZ and WHO guidelines.

44 Powell Street Avondale Auckland 1026



amitabha.hospice@gmail.com  Office: Mon - Friday 10am - 5pm.

(09) 828 3321 Caregivers/Volunteers Service: all week http://www.amitabhahospice.org depending on clients needs.

All services free of charge. Referral may apply.

**Antara Free Natural Health Clinic**

FSD0003689 Last updated 23/01/2021

The Antara Free Natural Health Clinic is for those people in the community who cannot afford to pay for natural health care. Antara also offers a Retreat north of Auckland for young adults.

Please see our website for more details.

66 Taikata Road Te Atatu Peninsula Waitakere



info@antara.org.nz  10am - 3pm Weekdays (09) 834 7987 All services free of charge.

(09) 423 7070 No referral required. http://www.antara.org.nz

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| --- | --- |
| **Aotea Family Support Group Charitable Trust** |  |
| FSD0006011 | Last updated 07/08/2020 |

Provision of social services to residents of Great Barrier Island.

 Old School Building, Medland & Shoal Bay Roads 1 Medland Road Tryphena Great Barrier Island 0962

|  |  |
| --- | --- |
| office@aoteafamilysupport.co.nz  (09) 429 0465  (09) 429 0174 http://www.aoteafamilysupport.co.nz | Every morning except Wednesdays and weekends.  Serves Great Barrier Island only.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**APM Workcare**

FSD0022810 Last updated 03/09/2020

APM WorkCare provides free services to employers, government and job seekers designed to place people into meaningful employment. As part of the employment process, we assist with job matching, pre-employment screening/assessment, preparation for work, job placement and postplacement support.

With our extensive network of locations across New Zealand, best-practice service delivery and product innovation, APM WorkCare is the provider of choice for many of New Zealand's leading companies.

Level 2 1B/25 Airborne Road Rosedale Auckland 0632



nzreferrals@apmworkcare.co.nz  We have locations across NZ, and available

(0800) 967 522 8am-5pm, Mon-Friday

http://apm-nz.co.nz All services free of charge.

Referral may apply.

**Arthritis New Zealand - North Shore**

FSD0006749 Last updated 02/03/2021

Arthritis New Zealand is a positive, vibrant organisation committed to 'enabling a better quality of life' for people with arthritis through support services, education, self management programmes, lobbying, and research funding.

|  |  |
| --- | --- |
| info@arthritis.org.nz (0800) 663 463 http://www.arthritis.org.nz | Some charges may apply. No referral required. |

**Arthritis New Zealand - Waitakere**

FSD0008258 Last updated 05/02/2021

Arthritis New Zealand is a positive, vibrant organisation committed to 'enabling a better quality of life' for people with arthritis through support services, education, self management programmes, lobbying, and research funding.

383 Khyber Pass Road Newmarket Auckland 1023



info@arthritis.org.nz  Some charges may apply.

(0800) 663 463 No referral required. http://www.arthritis.org.nz

**Asian Health Services (WDHB)**

FSD0003826 Last updated 10/09/2020

Asian Health Services (AHS) is part of Waitemata DHB. The service is responsible for providing cultural and language support services to the teams responsible for providing care to Asian migrant and refugee clients/patients. The aim is to ensure WDHB services are accessible, culturally appropriate and safe to meet the health care needs of the Asian migrant and refugee population.

Ground Floor 3 Mary Poynton Crescent Takapuna North Shore City



(09) 486 8314  Please see each service for more detail about http://www.asianhealthservices.co.nz opening hours.

All services free of charge. Referral may apply.

**Asthma New Zealand**

FSD0023595 Last updated 24/07/2020

Asthma New Zealand provides education, training and support to individuals with asthma/COPD and their families, in order that they may achieve their desired goals.

581 Mt Eden Road Mt Eden Auckland 1024



anz@asthma.org.nz  Mon-Fri 9am-5pm (0800) 227 328 All services free of charge.

(09) 623 0236 No referral required. http://www.asthma.org.nz

**Asthma New Zealand Inc.**

FSD0003284 Last updated 11/09/2020

Support groups, public meetings. One to one counselling and home visits. Group Education sessions on asthma and COPD. Free Information and advice to people and their families/whanau.

Participates in community Health days.

581 Mt Eden Road Mt Eden Auckland 1024



anz@asthma.org.nz  9 - 5 Mon - Fri

(09) 623 0236 toll-free 0800 227 328 (9am to 5pm weekdays) (0800) 227 328 for asthma and COPD information, advice and http://www.asthma.org.nz support

Some charges may apply. No referral required.

**Auckland Allergy and Eczema Clinic**

FSD0003506 Last updated 01/10/2020

We provide diagnosis and treatment for allergies. See our website for more details.

1/3 Cowan Street Ponsonby Auckland 1011



admin@allergyclinic.co.nz  Tuesday : 7.30am–7.30pm

(09) 376 6185 Wednesday : 7.30am–5pm

http://www.allergyclinic.co.nz Thursday : 7.30am–7.30pm Some charges may apply. No referral required.

**Auckland City Mission**

FSD0003285 Last updated 23/10/2020

The Mission provides unique and specialised health and social services to marginalised

Aucklanders.

23 Union Street Auckland 1010 info@aucklandcitymission.org.nz (09) 303 9200 http://www.aucklandcitymission.org.nz Reception - 8:30am to 5:00pm Some charges may apply. Referral may apply.



**Classification : THP**

**Auckland District Health Board - Interpreting Services**

FSD0015315 Last updated 06/08/2020

Auckland District Health Board ("ADHB") Interpreter Service provides a 24-hour health interpreting services to Auckland District Health Board. We also offer services to Non-ADHB/external services during normal business hours. For all enquires please contact our service on (09) 630 9943 (or 0800 559 555) and ask to speak with Interpreter Service or e-mail PHIP@adhb.govt.nz.

Telephone interpreting is available to all areas of New Zealand.

Level 4, Building 15, 214 Greenlane West Road Epsom Auckland 1051



phip@adhb.govt.nz  Opening hours Mon-Fri 8am to 5pm excluding

(0800) 55 95 55 Public Holidays

(09) 307 4949 x 26653 Some charges may apply. https://interpreterservices.custhelp.com No referral required.

**Auckland Hospital**

FSD0003853 Last updated 29/03/2021

A general public hospital catering for all needs.

2 Park Road Grafton Auckland



(09) 367 0000  Outpatient appointments

(09) 375 4300 09 638 0400

https://www.adhb.health.nz/hospitals-and- All services free of charge. clinics/auckland-city-hospital/ No referral required.

**Auckland Ostomy Society Inc**

FSD0003410 Last updated 09/02/2021

We provide support, information and a network for new and existing colostomates, ileostomates and urostomates and associated surgeries .

 1/17 Lush Avenue Saint Johns Auckland 1072

|  |  |
| --- | --- |
| aucklandostomy@gmail.com  (09) 521 1184  (027) 557 5122 https://ostomy.org.nz/find-support/ | Bi monthly meetings at Auckland Cancer Society, Domain Lodge, corner Boyle Crescent and Park Road, Grafton.  Some charges may apply.  No referral required. |

**Auckland Regional Dental Service**

FSD0017242 Last updated 05/02/2021

Free dental care is available for children aged 0 years to Year 8 (Form 2) by the Auckland Regional Dental Service (ARDS).

Dental care from Year 9 (Form 3) until their 18th birthday (adolescent dental service) is provided by a contracted dental provider.

For a list of ARDS clinics or for a list of contractors for adolescent patients please go to www.ards.co.nz

ARDS

The Auckland Regional Dental Service (ARDS) provides free dental care for pre-school and school children at ARDS clinics in the greater Auckland area.

Adolescent Dental Service

Free dental care is also available from Year 9 (Form 3) until the 18th birthday, regardless of whether the adolescent is still at school or not. They are still entitled to free dental care if they are in paid employment. Not all dentists provide this service so it is important to attend a dentist who has a contract with the District Health Board to treat adolescent patients.

Snelgar Building Ground Floor - Lincoln Road Henderson Auckland 0612



ards@waitematadhb.govt.nz  Office hours 8:00am-4:30pm (0800) TALK TEETH All services free of charge.

(0800) 825 583 No referral required. http://www.ards.co.nz

**Auckland Sexual Health Service**

FSD0003437 Last updated 13/08/2020

The service offers diagnosis and treatment of sexually transmitted infections and HIV. Also offers counselling and education for all matters relating to sexual health.

Auckland Sexual Health is a provider of gender affirming healthcare, supporting Hauora Tahine Pathways to Transgender Healthcare Services.

Greenlane Clinical Centre Building 7 Level 3 214 Green Lane Road West Greenlane Auckland akstd@adhb.govt.nz  Mon, Thur, Fri 9am-12pm and 1.30pm - 5.00pm (0800) 739 432 Tuesday 12.30 to 16.00, 17.00 - 20.00 http://www.ashs.org.nz Alternate Wednesday 9 am - 12 pm, 13.30 -



17.00

All services free of charge. No referral required.

**Auckland Women's Centre**

FSD0004148 Last updated 27/07/2020

A safe, accessible place offering support and facilitating empowerment and well-being for all women.

Unit 6 4 Warnock Street Grey Lynn Auckland 1021



info@womenz.org.nz  9.00am - 4.00pm Monday to Friday.

(09) 376 3227 extn 0 Some charges may apply. http://www.awc.org.nz No referral required.

**Auckland Women's Health Council**

FSD0003668 Last updated 22/04/2021

The Auckland Women’s Health Council provides a voice for women's health in the Auckland region and at a national level. We provide health information, advocacy, support and referral on a wide range of women's health issues. The AWHC is a voluntary organisation of individual women and women’s groups who have an interest in and commitment to women’s health issues.

The AWHC has a special interest in patient rights, informed consent and decision-making in health care, health consumer advocacy, the Code of Health Consumers’ Rights, the National Cervical Screening Programme, and ethics – issues that were highlighted during the Inquiry into the treatment of cervical cancer at National Women’s Hospital in 1987-88 and in the recommendations contained in the report known as the Cartwright Report.

awhc@womenshealthcouncil.org.nz  Monday - Friday 8:30 am - 12:30 pm

(09) 520 5175 Some charges may apply. http://www.womenshealthcouncil.org.nz No referral required.

**Babylon Community Development Charitable Trust**

FSD0024503 Last updated 25/02/2021

Babylon Community Development Charitable Trust is a not-for-profit organization, stranded in fundamentals of empowerment, shared vision, inclusion, collective action, determination, social cohesion, building leadership and collaboration. Committed to undertake a sustainable community development process through providing a wide range of quality services and performing a variety of essential activities and projects by and to the beneficiaries of the Trust at a grassroots level, with support from the New Zealand government agencies and non-government organizations to actively contribute in building and developing Auckland society’s safety, strength and well-being.

9 The Enclave Totara Heights Auckland 2105



(021) 067 7725  all days of the week, all hours of the day http://babylon.ac.nz All services free of charge.

No referral required.

**Bakerfield Medical & Urgent Care**

FSD0020183 Last updated 17/09/2020

Drug testing services for Work and Income beneficiaries.

Accident & Medical Centre offering specialist Services, Exray, Physio, Minor45 Surgery, GP

Services, Chronic Care Management of Diabetes, COPD, Depression CVD. Pre-employment

Medical and Drug Testing, Driving License Medicals, Travel Vaccines Childhood Immunisations, On-Site Pharmacy

Hours - Weekdays 08.00-20.00 - Weekends 08.00-20.00

16A Bakerfield Place Manukau 2104



ali@bakerfield.co.nz  7 days a week 8.00am to 8.00pm

(09) 263 7770

http://www.bakerfield.co.nz Open 364 days per year.

Christmas Day closed.

Some charges may apply. Referral may apply.

**Classification : DTS**

**Bay Audiology**

FSD0002453 Last updated 03/05/2021

Bay Audiology is New Zealand's largest independent hearing care service provider. With over 115 clinics across New Zealand, we provide a range of services to suit your hearing needs.

These services include hearing loss diagnosis, treatments, tinnitus diagnosis and management, as well as hearing aid fittings, servicing and maintenance. Our friendly team can conduct comprehensive hearing tests and design the best hearing solution for you.

Visit bayaudiology.co.nz or call 0800 700 851 to find a clinic near you.



Level 2 Aon Building 4 Fred Thomas Drive Takapuna Auckland 0622

enquiries@bayaudiology.co.nz 

(0800) 700 851 (09) 303 1374 http://www.bayaudiology.co.nz

**Birthcare Auckland Limited**

FSD0003819

Primary Maternity Hospital.

 20 Titoki Street Parnell Auckland Most clinics are open Monday - Friday 8.30am -

5.00pm.

Call 0800 700 851 to confirm the opening hours of your local Bay Audiology clinic.

Some charges may apply. No referral required.

Last updated 06/04/2021

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| parnell@birthcare.co.nz  (09) 374 0800 http://www.birthcare.co.nz      **Body Positive Inc.** | 08.00 - 21.00 Admin Hours only otherwise Birthcare is open 24hrs - 7days for maternity services.  All services free of charge. No referral required. |
| FSD0000152 | Last updated 04/03/2021 |

Body Positive Inc. is a group founded by and run for people with HIV/AIDS. We welcome all people living with HIV and AIDS in New Zealand.

Body Positive Inc. breaks down isolation and builds a sense of community while advocating on behalf of HIV+ people on a national level.

Unit 1 3 Poynton Terrace Auckland 1010



office@bodypositive.org.nz  Mon-Fri 10am-5pm (0800) HIV LINE (448 5463)  All services free of charge.

(09) 309 3989 No referral required. http://www.bodypositive.org.nz

**Brainwave Trust Aotearoa**

FSD0008292 Last updated 29/09/2020

We are a charitable trust set up in 1999 with the aim of educating all those involved with raising children on the importance of the early years of a child's life. Our work is based on scientific research which shows that early experiences shape the developing brain and set patterns for life. Good parenting and caregiving skills in the very early years are critical to producing happy, confident and successful adults.

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| info@brainwave.org.nz  (09) 528 3981 (021) 266 2264 http://www.brainwave.org.nz | Monday - Friday 9:00am - 1:00pm.  Some charges may apply.  No referral required. |

**Breast Cancer Aotearoa Coalition (BCAC)**

FSD0008168 Last updated 21/12/2020

The Breast Cancer Aotearoa Coalition (BCAC) provides a united voice for New Zealand women who have experienced breast cancer. Together we work to make world class detection, treatment and care accessible to all those affected by breast cancer in Aotearoa, New Zealand. BCAC is run by breast cancer survivors, and is an umbrella organisation representing more than 30 breast cancer-related groups.

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| bcac@breastcancer.org.nz  (021) 041 0581 http://www.breastcancer.org.nz      **Breast Cancer Support** | 8am-5pm  365 days year  All services free of charge. No referral required. |
| FSD0003302 | Last updated 18/08/2020 |

Our trained volunteers have experienced breast cancer too, and provide support for other women who have a past or present breast cancer diagnosis.

21 McKenzie Avenue Arkles Bay Whangaparaoa 0932



support@breastcancersupport.co.nz  Seven days a week, 365 days a year, 830am-

(0800) 273 222 500pm

http://www.breastcancersupport.co.nz All services free of charge. No referral required.

**Breastfeeding Support - La Leche League Auckland Region**

FSD0007206 Last updated 26/06/2020

La Leche League (pronounced La Lay-chay) is a volunteer non-profit organisation which provides information and mother-to-mother support for women breastfeeding their babies or wanting to. We encourage women to contact us before their baby is born, as well as while they are breastfeeding.

Support is available through group meetings, coffee groups, phone, Facebook and email.

help@lalecheleague.org.nz (Text only) 020 4116 9994 http://www.lalecheleague.org.nz

**Bupa New Zealand**

FSD0015328

Answerphone service - anytime. Or refer to the LLLNZ website for Group contact information http://www.lalecheleague.org.nz/get-help Koha/donation may apply. No referral required.

Last updated 27/08/2020

Providing safety, security and emergency assistance for those living alone or with medical conditions, through our personal medical alarm. We are always just the press of a button away.

109 Carlton Gore Road Newmarket Auckland 1023



info@bupa.co.nz  Some charges may apply.

(0800) 00 42 76 Referral may apply.

(09) 558 2488 http://www.bupa.co.nz

**Burn Support Group**

FSD0003304 Last updated 16/03/2021

MISSION STATEMENT

Our goal is to improve the lives of burn survivors and lower the incidents of burn injuries.

BURN SUPPORT CHARITABLE GROUP

is available for burn survivors, their families/whanau offering practical, emotional and psychological support during hospitalization and beyond sustaining burn injuries….

SERVICES AVAILABLE FOR THE BURN COMMUNITY THROUGHOUT N.Z.

. Annual Children’s Burn Camp

. Survivor Sunday meetings

. Women’s Burn Retreat

. Men’s Day Out

. Donation of beneficial equipment and services to Burn Units throughout N.Z

. Peer support, Buddy systems

. Education, Prevention presentations and resources

. Newsletters, web site www.burns.org.nz

. Re-entry support returning to schools and workforce

. Comfort Funds: please note “ each case is considered individually as granted by the

Charity Board”

(behind the fire station) 16 Albion Road Otahuhu Auckland 1062



michele@burns.org.nz  If you seek assistance or support via the BURNS

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| (09) 270 0640  (021) 863 670 http://www.burns.org.nz | SUPPORT GROUP, feel free to email or phone on a 24 hr basis. The office maybe closed however your questions will be answered ASAP, 24 hrs.  All services free of charge.  No referral required. |

**Cancer Society of NZ Auckland Northland Division Incorporated**

FSD0003487 Last updated 06/04/2021

Cancer Society of New Zealand Auckland Division Inc. is an independent, non-government organisation whose mission is to improve community wellbeing by reducing the incidence and impact of cancer. Our services include:

* A range of support services for people diagnosed with cancer, their family/whanau and friends.
* Health Promotion initiatives that aim to reduce the incidence of some cancers.
* Research into the development of more effective treatments for cancer.

Domain Lodge 1 Boyle Crescent Grafton Auckland 1023



info@akcansoc.org.nz  Monday to Friday 8:30 am to 4:30 pm

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| (09) 308 0160 (0800) CANCER  https://aucklandnorthland.cancernz.org.nz/      **CanTeen** | All services free of charge. No referral required. |
| FSD0001289 | Last updated 05/01/2021 |

Provides peer and professional support to young people aged 13-24 years who are dealing with their own cancer or that of a close family member, such as a sibling or parent.

111 Grafton Road Grafton Auckland



info@canteen.org.nz  Office hours 9am - 5pm.

(0800) 226 8336/CANTEEN All services free of charge.

(09) 303 4444 No referral required. http://www.canteen.org.nz

**CanTeen Aotearoa**

FSD0006242 Last updated 31/08/2020

Provides psychosocial services and support to young people aged 13-24 years who have cancer themselves or are the sibling or offspring of someone with cancer.

111 Grafton Road Grafton Auckland 1010



info@canteen.org.nz  0800 CANTEEN (0800) 226 8336 All services free of charge.

(09) 303 4444 No referral required. http://www.canteen.org.nz

**Carers New Zealand**

FSD0005886 Last updated 13/07/2020

Carers NZ provides information, advice, learning and support for the one in five of the population who care at home for frail, aged, sick, injured and disabled family members or friends, and those who manage their own health needs. Carers NZ is also the legal umbrella for the NZ Carers Alliance, a coalition of more than 40 national non-profits seeking policy progress for carers; Young

Carers NZ, a support network for young carers; and the NZ Gay and Lesbian Carer Support Network. It is also the Secretariat for the Coalition of Regional Carer Support Networks.

3 Vinegar Lane Grey Lynn Auckland 1021



centre@carers.net.nz  8.30am to 5.30pm Monday to Friday (0800) 777 797 Some charges may apply. http://www.carers.net.nz Referral may apply.

**Caroline Williams Therapy & Counselling**

FSD0016172 Last updated 31/10/2020

There are times in life when we need to reach out for professional support to end the silent struggle and create a life of hope. Caroline Williams, a qualified and experienced counsellor, can help you with a range of issues including:

Substance use problems or eating disorders

Anxiety and depression

Co dependency or abusive relationships

Relationship issues, families or couples welcomed

Trauma and abuse ( historical or recent)

Caroline provides individual and family therapy with WINZ subsidies and Victim Support subsidies available.

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| therapycaroline@gmail.com  (021) 070 6343 https://carolinewilliamsnz.com/ | Tuesday to Friday with evening sessions available.  Some charges may apply.  No referral required. |

**Central Auckland Parents Centre**

FSD0007313 Last updated 15/03/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education and parenting education. A locally run committee ensures good quality support and education is available for parents within the community.

enquiries@capc.org.nz  Email checked several times a week.

http://www.capc.org.nz Some charges may apply.

No referral required.

**Cherish Trust**

FSD0017217 Last updated 13/04/2021

Free support services for women experiencing any degree of postnatal distress including postnatal depression and anxiety. Weekly peer support groups in various areas of Auckland, and individual telephone support.

The Postnatal Distress Centre 300 Great South Road Greenlane Auckland 1546 help@postnataldistress.org.nz  Office is open part-time hours. When the office



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| (09) 846 4978  (021) 333 021 http://www.postnataldistress.org.nz | is closed, there is a answer phone to leave messages. The voicemail will clearly advise when our office is next attended All services free of charge.  No referral required. |

**Child Cancer Foundation - National Contact**

FSD0007609 Last updated 11/03/2021

Promoting services of excellence and consistency for children and young people with cancer and their families.

Free phone 0800 4 CHILD (0800 4 24453). We offer family support and coordination services throughout New Zealand

The Family Place 76 Grafton Road Grafton Auckland 1030 akl.familyplace@childcancer.org.nz  8.30am - 5.00pm, Monday to Friday.



(0800) 4 CHILD (0800 424 453)  All services free of charge.

(09) 366 1270 No referral required. http://www.childcancer.org.nz

**Child, Women and Family Service - Waitemata DHB**

FSD0003697 Last updated 22/12/2020

A community based multidisciplinary team consisting of Public Health Nurses, Medical Officers, Social Workers, Hearing Vision Technicians, Health Promoting Schools Coordinators, Ear Nurse Specialists and Health Assistants.

 55-75 Lincoln Road Henderson Waitakere

childhealthreferrals@waitematadhb.govt.n  All services free of charge. z Referral may apply.

(09) 839 0000 http://www.waitematadhb.govt.nz

**Coeliac New Zealand**

FSD0021751 Last updated 20/10/2020

Coeliac New Zealand is a not-for-profit organisation established in 1973 that supports those with coeliac disease, dermatitis herpetiformis and those on a gluten-free diet through education, collaboration with gluten free manufacturers, health professionals and research agencies.

1A Kent Street Newmarket Auckland 1023



admin@coeliac.org.nz  Mon to Fri 9 am to 5:00 pm

(09) 414 7467 Some charges may apply.

(09) 820 5157 (helpline) No referral required. https://www.coeliac.org.nz/

**Community Approach Trust**

FSD0017887 Last updated 22/03/2021

A social service agency that works with youth at risk and their families.

You can check out our facebook page under "Community Approach".

1213 Dominion Road Extention Mt Roskill Auckland 1041



director@communityapproach.co.nz  Monday - Friday 9am to 5pm

(021) 191 6136 All services free of charge. http://www.communityapproach.co.nz Referral may apply.

**Community Support Waitakere - Laingholm**

FSD0024348 Last updated 02/03/2021

The Laingholm area of Neighbourhood Support Waitakere is working to provide a broad range of resources including food relief, financial & budgeting advice, emotional & mental well-being support, schooling & childcare support to help empower our local community.

Neighbourhood Support Waitakere works alongside NZ Police, Auckland Council, FENZ Fire & Emergency New Zealand & Auckland Emergency Management CD to create safe and caring neighbourhoods and communities, reducing the incidents and effects of crime, building community resilience and strengthening community networks to improve the quality of life and enhance wellbeing.

21 Laingfield Terrace Laingholm Auckland 0604



support@laingholm.net  7am - 7pm 7-days a week

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| (0800) 007 008 (021) 28 38 062 https://laingholm.net | available after these hours only if vitally necessary  All services free of charge.  No referral required. |

**Cornelia de Lange Syndrome Support Group**

FSD0003857 Last updated 29/03/2021

Provides information and support on the syndrome, in New Zealand and worldwide. Closely Associated with Australian Support group and linked in with UK and USA groups.

11 Winsomere Crescent Westmere Auckland 1022



molloyvl@gmail.com  9.00am - 9.00pm daily.

(09) 378 0720 Koha/donation may apply. (021) 128 0781 No referral required.

**Crohn's & Colitis Support Group (CCSG) Inc**

FSD0001730 Last updated 06/04/2021

The Crohn's & Colitis Support Group (CCSG) Inc. is a voluntary non-profit organisation whose aims are to provide support, advice and information to interested individuals and people within New Zealand who have Crohn's disease or ulcerative colitis.

info@crohnsandcolitis.org.nz  24/7

(0800) 275 423 Some charges may apply. http://www.crohnsandcolitis.org.nz/ No referral required.

**Cystic Fibrosis New Zealand**

FSD0023868 Last updated 19/02/2021

CFNZ was established in 1968 as a volunteer support group for parents with a child newly diagnosed with Cystic Fibrosis.

As people with CF live longer and have a better quality of life, there are many life transitions, milestones and challenges to manage along the way. We offer personalised support, whether it is emotional guidance, practical advice, or financial assistance, to individuals and their families throughout their changing journeys.

Our team of Fieldworkers visit and support families, provide information packs, cover the costs of essential medical equipment, hospital allowances, welfare assistance and other means of support. We also fund CF Research and advocate on behalf of the community for better access to services and care.

As well as our national office, based near Starship Hospital in Auckland, we have regional branches that are run by CF families. The branches provide invaluable friendship, advice and a caring support network.

64 Grafton Road Grafton Auckland 1010



info@cfnz.org.nz  Office hours: 8am to 4pm weekdays only (0800) 651 122 All services free of charge.

(09) 308 9161 Referral may apply. http://www.cfnz.org.nz/

**Cystic Fibrosis New Zealand - Auckland**

FSD0015032 Last updated 20/01/2021

Providing support and education for people with Cystic Fibrosis and their families.

64 Grafton Road Grafton Auckland 1010



auckadmin@cfnz.org.nz  Mon - Thurs: 9.30 am - 3.00pm

(09) 379 0374 All services free of charge.

(021) 820 566 No referral required. http://www.cfnz.org.nz

**Dance & Arts Therapy NZ**

FSD0023989 Last updated 13/07/2020

Dance & Arts Therapy NZ (DTNZ) provides mental health and disability services. Our kaupapa is to support and empower vulnerable individuals and groups in Aotearoa New Zealand through the use of Dance Movement Therapy and Arts Therapy. We have a particular focus on those with disabilities and special needs but also work with at-risk tamariki from low income backgrounds and people of all ages struggling with trauma.

Community Office 1/Onehunga Community Centre 83 Church St Onehunga Auckland 1061 info@dancetherapy.co.nz  Office: Monday-Thursday, 7.30am-5pm



(09) 636 3029 Programmes operate within and outside of these http://www.dancetherapy.co.nz times.

Some charges may apply. Referral may apply.

**Dayspring Trust**

FSD0015682 Last updated 08/09/2020

Dayspring is passionate about fostering the wellbeing of both mother and child creating opportunities that inspire women to live, love, learn and connect.

Dayspring began over 30 years ago with a group of women in West Auckland who saw a need in the community that wasn't being met.

Since those early beginnings we have been working with vulnerable families and have a long history of positive involvement with mothers and their babies who are living with post natal depression or an ongoing mental illness. We have first hand experience on the impact their illness has on the mother/baby bonding processes and the associated risks of attachment disorder.

Daysprings programmes are designed to positively influence the pathways for women and their families.

Vision: To be the preferred provider of Maternal Mental Health Community Services in the Auckland Region.

Head Office 2 Seabrook Avenue New Lynn Waitakere City



info@dayspring.co.nz  9.00 am - 3.00 pm (09) 827 6321 Some charges may apply.

(09) 834 4893 Referral may apply. http://www.dayspring.co.nz

**Dementia - Auckland**

FSD0006724 Last updated 27/08/2020

Dementia Auckland represents people with dementia, their carers and families, through advocacy, raising public awareness and providing information. Dementia Auckland inspires people living with dementia to make the most of life.

Level 4, Suite 5 58 Surrey Crescent Grey Lynn Auckland



info@dementiaauckland.org.nz  Monday - Friday 9 am - 4 pm (0800) 433 636 All services free of charge.

(09) 622 4230 No referral required.

http://www.dementiaauckland.org.nz

**Diabetes Foundation Aotearoa**

FSD0003816 Last updated 25/08/2020

Support for people working with others who have diabetes.

2/100 Alexander Crescent Otara Manukau



admin@diabetesfoundationaotearoa.nz  Monday - Friday 8am-4pm

(09) 273 9650 Some charges may apply. http://www.diabetesfoundationaotearoa.nz No referral required.

**Classification : PACIFIC**

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| **Diabetes NZ Auckland Branch**  FSD0007786 | Last updated 13/07/2020 |
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Supporting all people in Auckland affected by diabetes to live well.

55 Hugo Johnston Drive Penrose Auckland 1061



office@diabetesauckland.org.nz  Mon- Fri 9.00am - 5.00pm by phone

(09) 622 0551 Some charges may apply. http://www.diabetesauckland.org.nz No referral required.

**Diabetes Youth Auckland**

FSD0007605 Last updated 17/08/2020

Provides support for families and youths with diabetes.

55 Hugo Johnston Drive Penrose Auckland 1061



youth@diabetesauckland.org.nz  9am-5pm Mon - Fri

(09) 622 0551 All services free of charge. https://www.diabetes.org.nz/diabetes- No referral required. youth-auckland

**Dmitri Biletzki**

FSD0023833 Last updated 14/12/2020

Maximise your chance to be able to climb mountains when you become 90 years old! I offer Counselling, Therapy and coaching to People Who Want to achieve the highest level of health, confidence and happiness! Increase Confidence, Gain Clarity, Stay Motivated on the Path have the healthiest lifestyle for human beings. High Energy | Strong and Healthy Body | Empowered, clear, positive mind! We are a match if you are striving to work hard, make the necessary changes and want to get the highest level of health at all levels.

What can I help you with?

Counselling Addictions, Drug & Alcohol, Smoking & Gambling Crisis & Trauma, Pain &

Depression, Grief & Bereavement Counselling Psychotherapy, Relationships, Family & Parenting,

Marriage & Divorce. Eating Disorders Mental Health Services, Adolescent, Mood & Anxiety Disorders, Social services, Finding life purpose, Creating happy healthy lifestyle, Life Coaching, Health Coaching.

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| db@health-mentor.co (022) 389 1007 https://www.health-mentor.co/      **Dove Hospice** | online booking through website calendar.  Some charges may apply. No referral required. |
| FSD0008195 | Last updated 06/08/2020 |

Dove Hospice is a present day hospice and supports people with a terminal prognosis as well as those who are expected to recover. Dove House is a place of refuge to those who come seeking relief from the fear and anxiety that often accompanies a life threatening illness. We offer an expansive programme with an holistic focus on health and well being.

Our highly skilled team offers a number of complementary therapies, counseling and emotional support to individuals, families and groups.

The focus of our service is on wellness within for those who come seeking to explore a

‘relationship’ with their illness. We help to empower patients to take control of their life and move forward with confidence. We also provide support for carers, families and bereaved.

207 A Riddell Road Glendowie Auckland 1071



support@dovehospice.org.nz  Monday-Friday 8.30am to 5.00pm.

(09) 575 4555 All services free of charge. http://www.dovehospice.org.nz Referral may apply.

**Eastern Community Health Service - Counties Manukau Health**

FSD0015177 Last updated 22/12/2020

This service provides care to clients in their own homes within Eastern Locality of the Counties Manukau Health area. Works with people coping with illness or a disability and helps them reach and maintain their achievable levels of health and independence.

292A Botany Road Golflands Auckland 2013



trish.johns@middlemore.co.nz  8am - 4:30pm 7 days (09) 270 4758 All services free of charge.

(09) 276 0044 x 53335 Referral may apply.

**Enliven Auckland**

FSD0020675 Last updated 27/04/2021

Enliven maximises the independence of older people and those with disabilities or injuries. Our home support and community services enable people to live in their own homes, stay healthy and engage socially with others. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Enliven Maximising Independence

* Home support services
* Community day programmes, conversation cafés, home share groups and pool programmes
* Dementia-specific community support
* Intergenerational project
* Individualised funding
* ACC-funded support
* Respite care
* Long term support for chronic conditions
* Transition services from hospital or rest home

77 Grey Street Onehunga Auckland 1061



enlivenauckland@psn.org.nz  Monday - Friday

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| (09) 622 4788 https://www.enlivennorthern.org.nz/servic e-centre/auckland-central      **Enliven Waitemata** | 8.30 am - 5.30 pm  All services free of charge. Referral may apply. |
| FSD0020683 | Last updated 27/04/2021 |

Enliven maximises the independence of older people and those with disabilities or injuries. Our home support and community services enable people to live in their own homes, stay healthy and engage socially with others. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Enliven Maximising Independence

* Home support services
* Community day services, home share groups and pool programmes
* Dementia-specific community support
* Intergenerational project
* Individualised funding
* ACC-funded rehabilitation and support
* Respite care
* Long term support for chronic conditions
* Transition services from hospital or rest home

2171 Great North Road Avondale Auckland 0600



EnlivenWaitemata@psn.org.nz  Monday - Friday

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| --- | --- |
| (09) 835 0490  (0508) 222 365 4836 (ACC referrals) https://www.enlivennorthern.org.nz/servic e-centre/auckland-west-north | 8.30 am - 5.00 pm  All services free of charge.  Referral may apply. |

**Epilepsy Association of New Zealand Auckland Branch**

FSD0007001 Last updated 03/12/2020

Epilepsy can affect anyone at anytime. Epilepsy New Zealand works to promote the welfare and interests of people, and their family/whanau, with epilepsy and to increase public awareness.

6 Vialou Street Hamilton Central Hamilton 3204



judith.wn@epilepsy.org.nz  Please phone 0800 EPILEPSY to arrange an (0800) 37 45 37 (0800 EPILEPSY) appointment with an Educator, or email http://www.epilepsy.org.nz auckland@epilepsy.org.nz

auckland.sth@epilepsy.org.nz auckland.nth@epilepsy.org.nz All services free of charge. No referral required.

**Epilepsy New Zealand Auckland Branch - Waitemata office**

FSD0007009 Last updated 03/12/2020

Epilepsy can affect anyone at anytime. Epilepsy New Zealand works to promote the welfare and interests of people, and their family/whanau, with epilepsy and to increase public awareness.

6 Vialou Street Hamilton Central Hamilton 3204



judith.wn@epilepsy.org.nz  Monday - Friday (9.00am - 5.00pm)

(09) 442 0977 All services free of charge.

(0800) 37 45 37 (0800 EPILEPSY) No referral required. http://www.epilepsy.org.nz

**Family Information Service**

FSD0003620 Last updated 15/03/2021

The Family Information Service provides families/whanau in New Zealand with information about children's medical conditions and disabilities and with support group contact details.

Level 3, Starship Children's Health 2 Park Road Grafton Auckland



ssfis@adhb.govt.nz  10am-2pm Monday to Friday. Answer phone,

(09) 307 4955 fax and email available 24 hours. http://www.starship.org.nz All services free of charge.

No referral required.

**Family Planning Clinic - Henderson**

FSD0007027 Last updated 14/09/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Level 2 6 Alderman Drive Henderson Waitakere City 0614



(09) 836 0026  Please ring to make an appointment. https://www.familyplanning.org.nz/clinics/h Some charges may apply. enderson-auckland No referral required.

**Family Planning Clinic - Manukau**

FSD0007026 Last updated 14/09/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Level 3, Westfield Shopping Centre 2 Manukau Station Road Manukau 2104



(09) 263 7600  Call on Monday 8.30am - 5.00pm

https://www.familyplanning.org.nz/clinics/ Tuesday 8.30am - 5.00pm

manukau-auckland Wednesday 8.30am - 5.00pm

Thursday 8.30am - 6.30pm

Friday 8.30am - 5.00pm Saturday 9.00am - 1.00pm Some charges may apply. No referral required.

**Family Planning Clinic - Newmarket**

FSD0007040 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Level 2, Newpark Centre 5 Short Street Newmarket Auckland



(09) 524 3341  Please ring to make an appointment. http://www.familyplanning.org.nz Some charges may apply.

No referral required.

**Family Planning Clinic - Panmure**

FSD0007031 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Next to Panmure Community Hall 7-13 Pilkington Road Panmure Auckland 1072



(09) 570 9871  Call us on 8am to 6pm Monday to Friday, and

http://www.familyplanning.org.nz/ 9am to 1pm on Saturdays Some charges may apply. No referral required.

**Family Planning Clinic - Papakura**

FSD0007030 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Trust Arcade 169 Great South Road Papakura 2110



(09) 298 4608  Please call us to make an appointment. (0800) 372 546 Some charges may apply. http://www.familyplanning.org.nz/ No referral required.

**Family Planning Clinic - Takapuna**

FSD0007033 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

15 Anzac Street Takapuna North Shore City 0622



(09) 486 1014  Please call us to make an appointment. http://www.familyplanning.org.nz Some charges may apply.

No referral required.

**Family Start Mangere**

FSD0015004 Last updated 08/03/2021

Family Start Mangere is part of Turuki Health Care and is an early intervention programme which aims to achieve positive health, education and social outcomes for babies, children and their whanau. It is an intensive home visiting service.

Level 1 37 Andrew Baxter Drive Airport Oaks Mangere, Auckland 2022



familystart@thc.org.nz  Monday - Friday 8:30am - 5:30pm.

(09) 278 5788 All services free of charge.

(0800) 4935 5246 Referral may apply. http://www.turukihealthcare.org.nz

**Fertility New Zealand National Office**

FSD0000235 Last updated 30/04/2021

To provide information and support for those faced with infertility, to raise public awareness and seek improvement in available services for people faced with fertility issues.

support@fertilitynz.org.nz  All services free of charge.

(0800) 333 306 No referral required. http://www.fertilitynz.org.nz

**FGM Education Programme**

FSD0001777 Last updated 15/01/2021

To provide national FGM resources, FGM service provider training and technical assistance and FGM education, training and resources for communites affected by FGM.

19-21 Sale Street Freemans Bay Auckland City 1010



hello@fgm.co.nz  Weekdays 9am - 5pm

(09) 302 4031 All services free of charge. https://fgm.co.nz/ No referral required.

**Fiona Hardy Counselling**

FSD0021223 Last updated 16/03/2021

I am a skilled Counsellor/Family Therapist located in Central Auckland - working from rooms in Grey Lynn and Remuera.

I focus on working positively with individuals, couples, groups, families and adolescents who may be wanting to understand and develop skills in managing anxiety, depression, processing grief and loss, relationships, sexual issues, identity, work related issues, self esteem, pregnancy and pregnancy loss.

I am narratively trained with a focus on short term work that is person centered and solution focussed.

I work from two relaxed and private locations in Grey Lynn and Remuera.

Please contact me to see how I may be able to assist you.

Skype sessions are also availabe.

Community of St Luke 130 Remuera Road Remuera Auckland 1024



fionahardycounsellor@gmail.com  Counselling appointments during the day and

(021) 294 0346 some evenings in Remuera and Grey Lynn.

(09) 620 2121 Please phone to discuss your requirements. http://www.fionahardycounselling.co.nz

Skype Sessions also available.

Some charges may apply. No referral required.

**Franklin Breast Cancer Support Group Inc.**

FSD0000948 Last updated 17/06/2020

Women who have been diagnosed with breast cancer we are a support group who provide practical and emotional support to women newly diagnosed/ being treated for/ recovering from breast cancer. We also provide access to fitness groups, eg yoga, pilates, nutrition.

217 Logan Road RD 2 Pukekohe



sharkandmona@xtra.co.nz  24/7

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| (027) 524 3137 | All services free of charge. No referral required. |

**Franklin Community Health Team**

FSD0015179 Last updated 05/02/2021

Upon receipt of an appropriate referral this service provides care to clients in their own homes within the Counties Manukau area. Works with people coping with illness or a disability and helps them reach and maintain their achievable levels of health and independence.

C/- Pukekohe Hospital 1 Tuakau Road Pukekohe



(09) 237 0650  Some charges may apply. https://countiesmanukau.health.nz/our- Referral may apply.

services/a-z/community-health-services/

**Franklin Hospice**

FSD0005861 Last updated 23/12/2020

We provide: Domiciliary Hospice service. Palliative care service in a shared care arrangement with the district nursing group.

29 Hall Street Pukekohe 2120



contact@franklinhospice.org.nz  8:00am - 4:30pm Monday to Friday

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| (09) 238 9376 http://www.franklinhospice.org.nz/      **Geneva Healthcare** | Koha/donation may apply. Referral may apply. |
| FSD0004525 | Last updated 29/01/2021 |

We are New Zealand’s trusted experts in aged care, illness, injury & disability support. Since 1996, we’ve been supporting New Zealanders to live their best life and thrive by keeping well, living independently and staying connected with their community.

We are part of the largest network of healthcare service providers working closely with the Ministry of Health, District Health Boards, Ministry of Social Development, and with ACC as a preferred national provider to give our Clients 24/7 wraparound support with our qualified, security-checked, Geneva Certified workers, nurses and Allied Health professionals, who are carefully selected to match their needs.

Our Services

* Home Support & Aged Care
* Flexible Disability & Injury Support
* Wellness & Rehabilitation
* Childcare & Youth Support
* Private Health & Wellness Support Packages (Private Care NZ)
* Healthcare Recruitment
* Health Staffing Services (Temporary & Permanent)
* Healthcare Training

Level 2 139 Quay Street Auckland 1010



info@genevahealth.com  24 hours a day, 7 days a week, 365 days a year.

(0800) 436 382 Some charges may apply. http://www.genevahealth.com Referral may apply.

**Gianna's Choice Pregnancy Support**

FSD0016607 Last updated 13/08/2020

Our purpose is to provide support for teens, women and couples facing an unplanned pregnancy, discover her needs and connect her with the resources she requires.

When pregnancy comes with no easy answers we are hear to listen to your concerns and challenges. We will support you as you explore your situation, always recognizing that the decisions to be made are ultimately yours.

We are here to support you because we believe in you and you matter.

Our help is private and non-judgmental. We will give you the information you need in a caring and supportive environment.

569A Richardson Road Mount Roskill Auckland 1041



nzgiannaschoice@gmail.com  24/7 Free Call: 0800 3675433

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| (0800) 367 5433 (027) 448 8070 http://pregnancyoptions.org.nz    **Classification : PACIFIC** | Interviews by Appointment All services free of charge.  No referral required. |

**Glen Eden Community House Inc**

FSD0017552 Last updated 04/05/2021

The Glen Eden Community House provides local people with opportunities to participate in and experience a mix of social, educational, cutural or recreational activities

13 Pisces Road Glen Eden Auckland 0602



manager@glenedencommunityhouse.co.  Monday to Friday 9.00 am to 4.00pm nz Some charges may apply.

(09) 818 2194 Referral may apply.

(09) 818 2198 http://glenedencommunityhouse.co.nz

**Classification : OSCAR**

**Graeme Dingle Foundation**

FSD0015275 Last updated 19/04/2021

The wellbeing of Aotearoa’s tamariki is at the heart of the Graeme Dingle Foundation. For 25 years the Foundation has been helping young New Zealanders find purpose and direction through our highly effective school based programmes across the country for young people aged 5-18 years old including Kiwi Can, Stars, Career Navigator, Project K, Kiwi Tahi and MYND. We want every child to know that what they have inside is greater than any obstacle they might face. Our young people develop true self-confidence and real skills for later life through community-focused, positive experiential learning and mentoring programmes. We empower them to find their purpose and direction in life.

Using fun and safe experiential learning through the great outdoors and inspirational classroom leaders and world-class mentors to help our young people keep on track, learn good values and set goals for the future.

We want every child to know: What they have inside is greater then any obstacle.

6 Triton Drive Rosedale Auckland 0632



info@dinglefoundation.org.nz  Monday – Friday 9.00 AM – 5.00 PM

(09) 477 6237 All services free of charge.

(0800) 435 775 Referral may apply. http://www.dinglefoundation.org.nz

**Great Potentials - Takanini Family Service Centre**

FSD0022363 Last updated 17/07/2020

We offer a range of social services and programmes to the community including counselling, parenting programmes, playgroup, English literacy classes. Most of our services/programmes are free however a small koha may apply to some.

8 Oakleigh Avenue Takanini Auckland 2112



fsc.info@greatpotentials.org.nz  9am - 4.30pm

(09) 974 4719 Monday to Friday

(021) 882 970 Some charges may apply. http://www.greatpotentials.org.nz/ No referral required.

**Hadiyyeh Zohoori-Dossa**

FSD0022715 Last updated 03/10/2020

Holistic, Multi-Cultural Counselling for individuals, groups, families and pre-marital couples.

Issues: Depression, Anxiety, Grief, Parenting, Stress, etc. Also, Nutrition-related conditions:

Obesity, Diabetes, Hypertension, etc.

Some benefits of counselling are:

* Developing Self-Awareness and Mindfulness
* Learning Problem-Solving, Effective Communication and Conflict Management
* Stress Management – Learning to go beyond coping to attain and maintain Lasting Happiness\* Personal Growth
* Behaviour Change, e.g. reduction in smoking, drug use, angry outbursts or other undesirablehabit, or increase in following a Healthy Diet, Physical Activity or any other desirable habit.

All services are multi-cultural and inter-faith by being sensitive to the ethnic, socio-economic, gender, racial and religious background of clients.

I also conduct:

* a pre-marital counselling programme, and
* Reiki Chanelling, a Japanese technique for stress reduction, relaxation and healing.

hadiyyehzd@yahoo.com  Please get in touch to arrange a suitable time

(021) 037 2456 and place.

Online counselling also available.

Some charges may apply. No referral required.

**Harbour Hospice**

FSD0008172 Last updated 13/07/2020

At Harbour Hospice, we provide compassionate, specialist care to those with any life limiting condition and offer wrap around support to whanau and caregivers. Together, we are dedicated to supporting your wellbeing in every way – medically, spiritually, psychologically and socially. Our range of specialist services are free of charge to people who need them.

7 Shea Terrace Takapuna Auckland 0622



infonorthshore@harbourhospice.org.nz  Office and community services: 8.30am - 5pm

(09) 486 1688 Monday to Friday.

https://harbourhospice.org.nz/ In Patient Unit operates 24/7

All services free of charge. Referral may apply.

**Harbour Hospice, Tui House**

FSD0008173 Last updated 29/04/2021

Harbour Hospice is the only specialist, palliative care provider for families living in the Warkworth / Wellsford, North Shore and Hibiscus Coast communities. We provide compassionate, free care working primarily with patients, families and carers in their homes, and also within our three hospice sites. Our bespoke services include medical care, spiritual support, physiotherapy, social activities and more, with an emphasis on helping people live every moment in whatever way is important to them.

47 Morrison Drive Warkworth 0910 tuihouse@harbourhospice.org.nz  Office hours are 8:30am to 4.00pm.



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| (09) 425 9535 https://www.harbourhospice.org.nz/ | All services free of charge. No referral required. |

**He Kamaka Waiora - Maori Health Services**

FSD0003760 Last updated 19/04/2021

He Kamaka Waiora provides support to Maori Patients across our North Shore Hospital and Waitakere Hospital.

Ground Floor, North Shore Hospital 124 Shakespeare Road Takapuna Auckland 0620 cherie.povey@waitematadhb.govt.nz  On call hours:



(09) 486 8324 ext 42324 8am-9pm Mon-Fri

9am - 9pm weekends

All services free of charge. Referral may apply.

**Health and Disability Commissioner**

FSD0000550 Last updated 05/02/2021

To promote and protect the rights of consumers of health and disability services; to facilitate the fair, simple, speedy and efficient resolution of complaints.

Level 10, Tower Centre 45 Queen Street Auckland 1010



hdc@hdc.org.nz  8.30am - 5pm

(0800) 11 22 33 All services free of charge. http://www.hdc.org.nz/ No referral required.

**Health Promotion Forum of NZ**

FSD0003865 Last updated 19/08/2020

We provide health promotion leadership, strategic partnership, workforce development and training through courses, workshops, and an annual Symposium. Our Quarterly newsletter and regular e-news bulletin features articles and topical papers to inform and update health promotion practitioners on local, regional and international issues and events. A monthly notice, our website, Facebook and Youtube channel offers further insights on health promotion. Subscribe today to receive regular updates and help us to create our vision: Hauora, everyone's right!

Level 2 89 Grafton Road Grafton Auckland 1010



hpf@hauora.co.nz  Office hours: 8.30am - 4.30pm Monday to

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| (09) 300 3071  (09) 300 3734 http://www.hauora.co.nz      **HealthCare NZ - Auckland** | Friday.  Some charges may apply. No referral required. |
| FSD0006283 | Last updated 15/01/2021 |

Our specialist home support and nursing services will help you to stay as active and healthy as possible; able to enjoy the comfort and freedom that comes with living in your own home.

We offer a wide range of services designed to enable you to live your life the way you want to from the security of your own home. They include: personal care such as grooming, showering and dressing; home help such as housework; assistance with meal preparation, shopping, mobility; and many other areas in which you may need help; nursing care such as post-operative care, wound care, medication management and many other specialised nursing services

Staying in your own home has never been easier!

60 Hugo Johnston Drive Penrose Auckland



auckland.office@healthcarenz.co.nz  Normal business hours

(09) 526 3570

http://www.healthcarenz.co.nz After hours service on 0800 300 114 Some charges may apply. No referral required.

**Heart Foundation**

FSD0003353 Last updated 15/10/2020

The Heart Foundation is New Zealand’s heart charity, leading the fight against heart disease - our country’s single biggest killer. We fund innovative heart research and specialist training for cardiologists, support people (and their families) living with heart disease and provide educational programmes that promote heart-healthy living. heartfoundation.org.nz

9 Kalmia Street Ellerslie Auckland 1051



supportercare@heartfoundation.org.nz  8am - 5pm Monday to Friday

(09) 571 9191 For general enquiries phone 0800 863 375 (0800) 863 375 All services free of charge. http://www.heartfoundation.org.nz/ No referral required.

**Heart Kids NZ**

FSD0003352 Last updated 17/07/2020

Heart Kids NZ is the only organisation in New Zealand dedicated to providing lifelong support for all those affected by a heart defect whether congenital or acquired through childhood illness.

Our practical and emotional support is vital for those affected, helping them cope with the day-today challenges of living with a childhood heart condition.

The services we provide include (but are not limited to) information, training, counselling and psychological support, specialised equipment, heart camps, family matching, social affiliation, and financial assistance (funds allowing).

We have a network of 18 affiliated branches and support groups throughout New Zealand.

Level 1 60 Grafton Road Auckland 1010



info@heartnz.org.nz  9.00am - 5.00pm Monday to Friday

(09) 377 9950 Some charges may apply.

(0800) 543 943 (KIDZ HEARTS) Referral may apply. http://www.heartkids.org.nz/

**Hearts & Minds**

FSD0003428 Last updated 11/09/2020

Hearts & Minds is a community development organisation promoting mental health and community wellbeing. Services include: Wellbeing and Resilience groups and workshops; Health and Support

Navigation; Community Development; Community Volunteering; Global Food and Friends; Support for migrants and newcomers and Strengthening Families.

Level 1 65 Pearn Crescent Northcote Auckland 0627



info@heartsandminds.org.nz  9.00 am - 4.00pm Mon-Fri (09) 441 8989 All services free of charge. http://www.heartsandminds.org.nz No referral required.

**Highbury Community House Inc**

FSD0015253 Last updated 07/09/2020

To enhance social and cultural well-being by providing accessible and affordable opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to make friends, meet people, learn, contribute and participate in the local community.

 Highbury Community House & ELC 110 Hinemoa Street Birkenhead North Shore 0626

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| manager@highburyhouse.org.nz  (09) 480 5279  (09) 480 5239 http://www.highburyhouse.org.nz | Office hours 9.00am - 2.30pm Mon - Fri  Community House is available for hire 7 days a week  Early Learning Centre open times 9.00-2.30 term time only  Some charges may apply.  No referral required. |

**Home Health Community Services**

FSD0003524 Last updated 11/09/2020

Auckland District Health Board. Service for people of Auckland Central. Home Health provides personal health care & disability support services to people whose health needs can be met at home or at community venues. All services offered have a co-ordinator.

Building 17, Greenlane Clinical Centre 214 Greenlane West Road Auckland



(0800) 631 1234  Some charges may apply. https://www.healthpoint.co.nz/public/com No referral required.

munity/auckland-dhb-community-servicesadult/

**Homecare Medical**

FSD0003836 Last updated 28/08/2020

We run digital telehealth services, which offer free health, mental health and addictions support across digital channels – we’ve been doing that since November 2015. We also provide clinical support for General Practices after hours – we’ve been doing that, for over 20 years. Check out our website for more details.

Level 1 110 Stanley Street Grafton Auckland 1010



info@homecaremedical.co.nz  24 x 7

(09) 354 7774 Some charges may apply. http://www.homecaremedical.co.nz/ No referral required.

**Hospice West Auckland**

FSD0008175 Last updated 03/08/2020

Hospice West Auckland provides free specialist palliative care and support to the people of West Auckland during terminal or life-limiting illness. Our unique blend of holistic care extends to families/whanau and carers and we offer our services both at Hospice House and in patients home.

52 Beach Road Te Atatu Peninsula Auckland 0610



info@hwa.org.nz  Office Hours 8.30 - 5 (09) 834 9750 Clinical Services 24/7

http://www.hwa.org.nz All services free of charge.

No referral required.

**Howick Leisure Centre**

FSD0022362 Last updated 21/07/2020

Howick Leisure Centre provides Holiday programmes during school holiday periods.

We also offer recreation activities for all ages. We have a fitness centre/gym as well as a child care facility that services the community.

563 Pakuranga Road Highland Park Auckland 2010



howickleisure@aucklandcouncil.govt.nz  Monday - Friday 7.30am-7.00pm

(09) 261 8436 Weekends 8am-4pm

https://aucklandleisure.co.nz/locations/ho Some charges may apply. wick-leisure-centre/ No referral required.

**Classification : OSCAR**

**Huakina Development Trust**

FSD0005729 Last updated 14/09/2020

Huakina has a mission statement to "Unleash the Potential of People" and they stand by it with passion. To provide support in health & wellbeing, education and environmental issues to the community.

 15-17 Roulston Street Pukekohe

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| admin@huakina.co.nz  (09) 238 0250 http://www.huakina.co.nz    **Classification : FVSS, OSCAR** | 8.30 am - 5.00 pm Monday to Friday All services free of charge.  Referral may apply. |

**Huntington's Disease Association (Auckland) Inc.**

FSD0003368 Last updated 21/12/2020

Not-for-profit organisation established by family members and people interested in the future of people with huntington's disease in their families.

14 Erson Avenue Royal Oak Auckland 1023



huntingtonsakld@xtra.co.nz  Monday - Friday 9 am - 5 pm (0800) 432 8255 All services free of charge.

(027) 432 8255 No referral required. http://www.huntingtons.org.nz

**Immunisation Advisory Centre**

FSD0003647 Last updated 13/04/2021

The Immunisation Advisory Centre gives help and practical advice based on international and New Zealand medical research.

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| 0800immune@auckland.ac.nz  (0800) 466 863 http://www.immune.org.nz | Monday to Friday 9.00am - 4.30pm All services free of charge.  No referral required. |

**Irlen Diagnostic Clinic - Auckland**

FSD0004900 Last updated 20/07/2020

Irlen Syndrome (a form of dyslexia) is a visual perceptual problem which affects many people who have difficulty reading. Symptoms include slow reading, skipping words or lines, light sensitivity, eye strain and sometimes migraines. Clinics diagnose and treat clients using tinted filters.

 3A Clonbern Road Remuera Auckland 1050

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| learn@zesteducation.co.nz  (09) 529 2686 http://www.zesteducation.co.nz      **Juliette Baertschi** | 9.00am - 5.00pm Monday to Friday.  Some charges may apply. No referral required. |
| FSD0015307 | Last updated 26/08/2020 |

I have experience in working with individuals (adults and adolescents) as well as couples. I work with a variety of issues including: grief, loss, depression, self esteem, identity issues, anxiety and relationships difficulties. I have expertise in supporting both women and their partners through pregnancy, miscarriage and post-termination related issues. In addition I have extensive experience in providing domestic violence counselling including physical, emotional and psychological abuse.

Youthline House 13 Maidstone Street Ponsonby Auckland



(021) 082 39385  Normal business hours Monday to Friday - 9am (09) 376 6645 to 5pm to make an appointment. After hrs

appointments can be discussed. Clients seen through Youthline premises.

Some charges may apply. No referral required.

**Kidney Kids NZ Incorporated**

FSD0000434 Last updated 30/11/2020

To provide emotional and practical support, information, education and assistance to children and the families of children living with kidney and urinary tract disease. To educate all New Zealanders about the early warning signs of Kidney Disease.

37 Wilkinson Road Ellerslie Auckland 1060



support@kidneykids.org.nz  Mon - Fri 8.30am - 5pm (0800) 215 437 All services free of charge. http://www.kidneykids.org.nz No referral required.

**Kidney Society**

FSD0003375 Last updated 22/03/2021

The Kidney Society, based in Auckland, provides support and information for people with kidney failure and their families throughout Northland, Auckland, Waikato, Bay of Plenty, Lakes, Tairawhiti and Hawkes Bay regions. Services are free. Phone 0800 335 711.

5 Swaffield Road Papatoetoe Auckland 2025 kidneysociety@adks.co.nz  Weekdays 9.00 - 5.00 except public holidays.



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| (0800) 235 711 (09) 278 1321 http://www.kidneysociety.co.nz | We are closed approx. two weeks over the Christmas period.  No appointment needed to visit our Centre.  All services free of charge.  Referral may apply. |

**Kidz First - Child Development Team**

FSD0015244 Last updated 05/10/2020

A community based team, providing therapy and social work to enable children with special needs and their families/whanau to achieve their full potential in their daily lives.

We are an interdisciplinary, allied health team which includes Occupational Therapy,

Physiotherapy, Speech Language Therapy, Social Work and Visiting Neurodevelopment Therapy.

95 Wiri Station Road Manukau City Manukau 2104



healthinfo@middlemore.co.nz  8am to 4.30pm Weekdays (09) 263 0792 ext 53202 All services free of charge.

(09) 263 0790 Referral may apply.

http://www.countiesmanukau.health.nz

**Kidz First - Home Care Nursing**

FSD0015247 Last updated 06/10/2020

A home visiting specialist paediatric nursing team, assisted by paediatric dieticians delivering nursing and dietary interventions for babies and children who are medically fragile, have a chronic illness or disability, or who require post discharge follow-up for 72 hours.

95 Wiri Station Road Manukau City Manukau



Sarikha.Devi@middlemore.co.nz  8.00am to 4.30pm Monday to Friday.

(09) 263 0796 All services free of charge.

(021) 585 731 Referral may apply. http://www.cmdhb.org.nz/

**Kidz First Centre for Youth Health**

FSD0015243 Last updated 23/12/2020

Kidz First Centre for Youth Health is a team of health professionals who provide advice and support for young people aged 12-24 years, along with their whaanau/families. Our team includes nurses, doctors, social workers and youth health workers. We provide support to young people experiencing health issues that have a significant impact on their lives.

95 Wiri Station Road Wiri Auckland 2104



cfyh@middlemore.co.nz  Monday to Friday, 8.00am to 4.30pm

(09) 261 2272 Some charges may apply. http://www.countiesmanukau.health.nz/ Referral may apply.

**Kiwi Fertility Information New Zealand**

FSD0023154 Last updated 25/02/2021

We provide education on Fertility Awareness and Natural Family Planning to individuals, couples, medical professionals.

Free CME available to general practitioners. Our course has been endorsed by The Royal New Zealand College of General Practitioners. You can receive up to 3.00 CME.

326 Sunset Road Windsor Park Auckland 0632



info@vitalis.co.nz  Available by appointment only.

(09) 486 5111 Some charges may apply. https://kiwi-fertility.info/ No referral required.

**Koru Care Charitable Trust New Zealand**

FSD0003871 Last updated 13/10/2020

"Making Dreams Come True," for terminally ill, disabled and disadvantaged children. We take children on a trip of a life time to California to visit Disneyland and other parks, or to Gold Coast, Australia.

21-23 Nixon Street Grey Lynn Auckland 1021



korucare@xtra.co.nz  The telephone is always manned but there is not

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| (09) 523 2456  (09) 523 0054 http://www.korucare.co.nz | always someone at the office.  Koha/donation may apply.  No referral required. |

**Leukaemia & Blood Cancer New Zealand**

FSD0000456 Last updated 19/04/2021

Leukaemia & Blood Cancer New Zealand (LBC) is the only organisation in New Zealand dedicated to supporting patients and their families living with leukaemia, lymphoma, myeloma and other related blood conditions. LBC is committed to improving the quality of life for patients and their families living with these blood cancers and conditions by providing patient support services, investing and supporting research, providing information, raising awareness and advocating on behalf of patients and their families.

6 Claude Road Epsom Auckland



info@leukaemia.org.nz  9 - 5 Mon - Fri

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| (0800) 15 10 15 (09) 638 3556 http://www.leukaemia.org.nz      **Life Unlimited Auckland** | All services free of charge. No referral required. |
| FSD0008339 | Last updated 12/04/2021 |

A free nationwide service funded by the Ministry of Health to provide support and independent advice for New Zealand residents or citizens, 16 years and over, who experience difficulty communicating effectively because of a hearing impairment

1. Lambie Drive Papatoetoe Auckland 2104



hearing@lifeunlimited.net.nz  Monday - Friday 8.30 am - 4:30pm (0800) 008 011 All services free of charge.

(09) 278 0152 No referral required. http://www.hearingtherapy.co.nz

**LIFEWISE**

FSD0003389 Last updated 08/09/2020

Established in 1851, we work with individuals and communities to address social issues such as poverty, homelessness, social isolation, substance abuse, caring for families and older people.

Level 7 385 Queen Street CBD Auckland 1010



lifewise@lifewise.org.nz  Monday to Friday 8.30am-5pm.

(09) 302 5390 Some charges may apply. http://www.lifewise.org.nz No referral required.

**Classification : THP**

**Lung Health Auckland (Inc)**

FSD0003459 Last updated 19/03/2021

Provides practical and financial support for patients and their families affected by tuberculosis and other respiratory diseases. Elected committee of approx 26, comprising chest physicians, related health professionals and interested lay persons.

info@lunghealth.org.nz  by cell phone or email, available at all times

(09) 630 0051 All services free of charge.

(021) 894 582 Referral may apply. http://www.lunghealth.org.nz

**Mahitahi Trust**

FSD0003776 Last updated 27/01/2021

Maori Mental Health providers for South Auckland.

15A Ronwood Avenue Manukau Auckland 2104



info@mahitahi.co.nz  5 days Mon - Fri 8.30am - 5pm

(09) 262 4533 All services free of charge. http://mahitahi.co.nz Referral may apply.

**Make-A-Wish Foundation of New Zealand**

FSD0003507 Last updated 24/10/2020

Creating life changing wishes for children and young people aged 3-17 with critical illnesses. Our Vision is to grant the wish of every eligible child

10 Eden Street Newmarket Auckland



info@makeawish.org.nz  Monday-Friday 8:30-17:00 (09) 920 4760 All services free of charge.

(0800) 80 70 80 No referral required. http://www.makeawish.org.nz

**MAMA maternity**

FSD0003811 Last updated 19/03/2021

Midwifery care for central Auckland women. Specialising in home births and primary birthing centre births.

1. Coyle street Sandringham Auckland



info@mamamaternity.co.nz  Midwife clinic open Monday to Friday. By

(09) 815 5024 appointment only. http://mamamaternity.co.nz All services free of charge.

No referral required.

**Mangere Community House**

FSD0016117 Last updated 19/11/2020

Developing programmes to meet the needs of the community.

141 Robertson Road Mangere East Auckland 2024



fatima.vaaga@aucklandcouncil.govt.nz  Office hours Wednesday - Friday 9am - 5pm, or

(09) 275 4920 Tuesday 9 am-3 pm

Some charges may apply. No referral required.

**Mangere Home Health Care - Counties Manukau District Health**

**Board**

FSD0003361 Last updated 28/01/2021

This service provides care to clients in their own homes within the Counties Manukau area. Works with people coping with illness or a disability and helps them reach and maintain their achievable levels of health and independence.

Building 38 Western Campus - Orakau Road Mangere East Auckland 2024



(09) 270 4730  8am - 4:30pm Monday to Friday (021) 518 627 Limited weekend district nursing services

Some charges may apply. Referral may apply.

**Manukau Superclinic Audiology**

FSD0008171 Last updated 14/07/2020

Manukau Superclinic provides public Audiology services for the Counties Manukau DHB region.

901 Great South Road Wiri Auckland 2104 customerservice@superclinic.co.nz  Monday to Friday 8:00 am - 4:30 pm.



(09) 277 1610 Some charges may apply. https://www.healthpoint.co.nz/public/ent- Referral may apply.

head-neck-surgery/counties-manukauhealth-audiology/

**Manukau Urban Maori Authority**

FSD0005969 Last updated 14/09/2020

MUMA is proud to be an accredited Whanau Ora Provider. The vision behind Whanau Ora is to focus on the whanau, not simply the individual. Whanau Ora empowers whanau, enabling them to direct their own steps, while providing support, services and opportunities to help them to achieve a better future. Whanau Ora outlines a flexible, collaborative approach to providing services and opportunities. It enables different accredited providers to come together to deliver a seamless solution for the betterment of the entire whanau.

31 Calthorp Close Favona Auckland 2024



info@muma.co.nz  Monday to Friday: 9am - 5pm.

(0800) 866 862 Saturday & Sunday: CLOSED.

(09) 277 7866 Public Holidays: CLOSED.

http://www.muma.co.nz Some charges may apply.

Referral may apply.

**Classification : BFC, FVSS, THP**

**Manurewa Parenting Hub Inc.**

FSD0021535 Last updated 25/08/2020

A community free of violence, where families have a strong sense of belonging, feel valued and supported by coming together to build skills and confidence to take their families forward. Hub programmes focus on building parenting skills, providing educational support for families, promoting active and healthy lifestyles and building community capacity.

29 Greenmeadows Avenue Manurewa Auckland 2102



manager@parentinghub.org.nz  Please phone the Manager on 021 296 8625 for (021) 296 8625 a current programme. Contact Us online form is http://www.parentinghub.org.nz available on website.

All services free of charge. No referral required.

**Maternity Services Consumer Council**

FSD0003589 Last updated 25/03/2021

A consumer organisation which focuses on maternity issues, providing information to individuals, attending meetings and community workshops representing childbearing women. Printed evidence based resources on a vast variety of topics are available on order. Our Choices for Childbirth resource is available in print in 10 languages and further 3 as pdf

1 Lavelle Road Henderson Auckland 0612



mscc@maternity.org.nz  Monday - Friday 10am - 3pm.

(022) 421 6008 Some charges may apply. http://www.maternity.org.nz No referral required.

**Motor Neurone Disease Association of New Zealand**

FSD0004120 Last updated 16/07/2020

The Motor Neurone Disease Association of New Zealand is a registered charity that has been supporting people with MND for over 30 years. We offer one-to-one support through our MND Support Team. We are pleased to offer our services FREE of charge. We do not provide an emergency or after-hours service.

Yarnton House 14 Erson Avenue Royal Oak Auckland 1061



admin@mnda.org.nz  Monday to Friday, 8.30am - 5.00pm

(09) 624 2148 All services free of charge. http://mnd.org.nz No referral required.

**Multiple Sclerosis Auckland**

FSD0003393 Last updated 31/03/2021

Multiple Sclerosis Auckland is a not-for-profit organisation that provides on-going support, education and advocacy for people with MS and their support networks. It also aims to educate the general public, employers and health professionals about MS and to actively encourage ongoing medical research.

Top Floor 5 The Strand Takapuna Auckland 0622



info@msakl.org.nz  Hours: Monday to Friday, 9:00 am – 5:00 pm

(09) 845 5921 Koha/donation may apply. http://www.msakl.org.nz No referral required.

**Narrative Pathways**

FSD0018647 Last updated 13/04/2021

Specialist counselling and support for boys, teenagers (male and female), families, men and couples. LGBTI specialist and ACC registered with Youthline.

Since 1993 Nigel has provided counselling support in New Zealand, England and USA, including work as a School Guidance Counsellor, E.A.P Counsellor and couples / family therapist in his own practice in Auckland.

Nigel holds a Masters Degree in Counselling (Narrative Practice) and is a lecturer in the Bachelor of Social Practice Programme at Unitec, Auckland.

Nigel is available in-person in Auckland and online nation-wide.

In addition to counselling, Nigel provides clinical supervision to counsellors, social workers and others in senior roles within the helping professions, and Wellbeing seminars and workshops nationwide by arrangement.

10 Fontenoy Street Mount Albert Auckland 1025



nigel@narrativepathways.com  Fridays (during business hrs) but also some

(021) 834 413 evenings by special arrangement. http://narrativepathways.com

Call me to discuss your needs and we will find a time that works for us both. In-home appointments can also be arranged.

Some charges may apply. No referral required.

**Natural Fertility NZ**

FSD0003604 Last updated 31/08/2020

National organisation with clinics throughout New Zealand and a distance learning programme. NFNZ Educators teach an individual or couple how to assess their fertility requirements to either achieve or avoid pregnancy.

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| admin@naturalfertility.co.nz  (0800) 101 637 http://www.naturalfertility.co.nz | Please find your educator on our website.  Some charges may apply.  No referral required. |

**Needle / Syringe Exchange Programme: Adio Trust**

FSD0003399 Last updated 14/08/2020

40 Needle exchange points in the Auckland and Northland region. The service is coordinated through the National Needle Exchange Office (NENZ). Operates 4 stand alone exchanges. Offers a full health promotion and disease prevention.

10 East Street Auckland 1145



lesley.mcturk@adio.org.nz  10am - 8pm weekdays, noon-8pm weekend

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| (09) 356 7373 http://www.adio.org.nz | All services free of charge. No referral required. |

**Needs Assessment - Central Auckland**

FSD0003665 Last updated 02/04/2021

Needs assessment information for Central Auckland. Provides assessments for people over 65 years of age.

Building 17, Greenlane Clinical Centre 214 Greenlane Road West Greenlane Auckland 1051 communityservices@adhb.govt.nz  All services free of charge.



(09) 631 1234 No referral required.

(0800) 631 1234

**Needs Assessment Service Coordination - NASC - Waitemata**

**District Health Board**

FSD0003736 Last updated 02/02/2021

NASC helps older adults access support services in the community. We enable older adults to stay at home as safely and independently as possible. NASC also assists younger adults who require support services following illness or hospitalisation, or as part of a palliative care package.

We work with patients and their families to assess and plan their need for support. NASC can then co-ordinate support services for as long as they are needed.

Te Whare 9 Karaka Street Takapuna Auckland 0622 nascinfo@waitematadhb.govt.nz  Monday - Friday 8:00am - 4:30pm.



(09) 442 7171 All services free of charge. http://www.waitematadhb.govt.nz/ No referral required.

**Neuro Connection Foundation**

FSD0003527 Last updated 10/08/2020

Rehabilitation through Conductive Education for people with Stroke, Multiple Sclerosis, Parkinson's, Head Injury, Cerebral Palsy and other Neurological Conditions.

Tui Glen Centre 2 Claude Brookes Drive Henderson Auckland 0612 admin@neuroconnection.org.nz  8:30am - 4:30pm



(09) 836 6830 Monday - Friday

http://www.neuroconnection.org.nz Some charges may apply.

No referral required.

**Neuro Rehab Results Ltd**

FSD0016217 Last updated 18/03/2021

Neuro Rehab Results is a private practice specialising in Neurological Rehabilitation. We treat any person with a neurological condition such as spinal cord injury, brain injury, stroke, Parkinsons Disease, cerebral palsy and multiple sclerosis. Our services include physiotherapy, occupational therapy, speech language therapy, social work, clinical psychology and dietetics.

Unit 4 41 View Road Wairau Valley Auckland 0627



results@neurorehab.co.nz  8.00am - 4.30pm Mon - Fri

(09) 480 6464 Some charges may apply. http://www.neurorehab.co.nz No referral required.

**never2old Exercise Programme**

FSD0018457 Last updated 03/11/2020

To provide safe, fun, active opportunities for older adults, including resistance (weight) training, falls prevention, outdoor challenges, modified sport competition, education and social activities.

Visit website www.never2old.net.nz to locate other never2old providers in your area.

AUT Sport & Fitness Centre, Northcote Campus 90 Akoranga Drive Northcote Auckland 0627 phillipa.batts@aut.ac.nz  Contact 8.30am - 4pm (09) 9219999 x7615 Some charges may apply.



(021) 171 7043 No referral required. http://never2old.net.nz

**New Zealand AIDS Foundation (NZAF)**

FSD0008153 Last updated 16/11/2020

The New Zealand AIDS Foundation is New Zealand's leading HIV prevention and health services organisation.

31 Hargreaves Street College Hill Auckland 1011



contact@nzaf.org.nz  Mon - Fri, 9.00am - 5.00pm

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| (0800) 802 437 (09) 303 3124 http://www.nzaf.org.nz | Testing and counselling times differ between centres - visit nzaf.org.nz/test/ to book an appointment with your nearest location.  All services free of charge.  No referral required. |

**New Zealand Homeopathic Society Inc**

FSD0003363 Last updated 27/07/2020

The NZ Homeopathic Society provides a resource centre for those interested in learning about the principals of and how to use homeopathy. The Society provides information through the centre, where their bookstore, lending and reference libraries are located. New members are welcome and membership is open to all. Members receive 4 "Homeopathica" journals per year and email newsletters at various times. Homeopathic books may be purchased through the website at the online bookstore.

320 Mt Eden Road Mt Eden Auckland



coordinator@homeopathy.ac.nz  Bookroom and libraries open Wednesdays 10.00

(09) 630 5458 am - 4.00 pm

http://www.homeopathy.ac.nz Some charges may apply.

No referral required.

**Ngati Whatua o Orakei Community Health Services**

FSD0003769 Last updated 15/02/2021

We are a Maori Health Provider, hapu (subtribe) owned. We provide primary health care services which include GP and Practice Nurse services at a low cost. We also provide a range of community services at no cost including Whanau Ora and Rongoaa - Maori Healing.

25/215 Kepa Road Orakei Auckland 1071



receptionohs@orakeihealth.org.nz  Monday to Friday 8:00am - 6:00pm

(09) 578 0956 Tuesday Late night until- 8:00pm http://orakeihealth.co.nz/

Closed weekends and Public Holidays Some charges may apply. No referral required.

**North Shore Women's Centre**

FSD0003480 Last updated 29/01/2021

Information, support and referral service for women and girls from age 12. Providing social work support, counselling service, free legal clinic and clothing exchange. Personal development and interest classes during school term.

5 Mayfield Road Glenfield Auckland 0747



women.ctr@xtra.co.nz  Monday to Friday 9am - 3.30pm

(09) 444 4618 Some charges may apply. http://www.nswomenscentre.co.nz No referral required.

**NZ Children's Transplant Support Trust**

FSD0001866 Last updated 07/04/2021

Provides support for families who have a child that is going through the transplant process.

david.searle@bakertillysr.nz  All services free of charge.

(09) 309 0463 No referral required.

**NZ Dystonia Patient Network**

FSD0001873 Last updated 23/01/2021

Information and support for dystonia patients. This includes spasmodic dysphonia, blepharospasm (BEB), writer's cramp, and spasmodic torticollis.

info@dystonia.org.nz  Service available 24/7 (0508) 397 866 Koha/donation may apply. http://www.dystonia.org.nz No referral required.

**Orakei Marae Social and Health Services Inc**

FSD0023641 Last updated 07/09/2020

To provide social and health services to the iwi of Ngaati Whaatua and the wider community. We have whanau ora services and social services working with tamariki and their whanau. We also have pre sentence community services.

59C Kitemoana Street Orakei Auckland 1071



tumanako.whare@xtra.co.nz  Monday - Friday 9am - 12pm to public, other (09) 521 0123 times including weekends by appointment only (022) 432 0676 Some charges may apply. https://orakeisocialservices.wordpress.co Referral may apply. m/

**Oranga Youth Collective**

FSD0022638 Last updated 18/12/2020

We serve the homeless, disadvantage families and senior citizens of the

Oranga/Onehunga/Mangere communities and Auckland wide. We also run weekly programmes for the Youth in the Maungakiekie Area and providing a free school holiday programme for Oranga/Onehunga/Penrose at the Oranga Community Centre on Waitangi Road.

Oranga Community Centre 52C Waitangi Road Onehunga Auckland 1061



info@synergypro.nz  Monday - Friday 10am to 3pm (027) 958 9070 All services free of charge. https://www.facebook.com/SynergyProject No referral required. s/

**Order of St John - Northern Region**

FSD0003444 Last updated 27/10/2020

Ambulance, Events first aid, first aid training, FED's (Friends of the Emergency Department), St John Medical Alarms, Youth and Caring Caller.

604 Great South Road Greenlane Auckland 1051



info@stjohn.org.nz  International calls 649 526 0528

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| (09) 579 1015 (0800) 785 646 http://www.stjohn.org.nz | Some charges may apply. No referral required. |

**Otahuhu Town Hall Community Centre**

FSD0018822 Last updated 11/02/2021

To provide a place for community residents to enable them to meet in a drop in situation or take part in programmes that are organized to meet the needs of the community. To act with the Auckland Council and the Local Board concerning the use of the community centre,supplying monthly reports as directed. To promote cultural,educational and recreational activities in and for the benefits of all residents of the Otahuhu district. To set hireage that may be reasonable and appropriate at a level that is affordable by user groups and to change these charges when necessary. To provide a venue for social services and community networking needs.

 10 High Street Auckland Central Auckland 1010

makeritaothcc@gmail.com 

(09) 276 7346

(09) 276 7343 https://www.otahuhutownhall.com/

**Classification : OSCAR**

**Otara Health Charitable Trust**

FSD0020612

OSCAR Monday - Friday

Before care 6am - 8am

ASP 1.45pm - 6pm

School Holiday 8am - 6pm

Centre office Monday - Friday 9am - 3pm Some charges may apply. Referral may apply.

Last updated 07/07/2020

Otara Health Inc started in May1998. In September 2010 its status was changed from an Incorporated Society to a Charitable Trust. Known as Otara Health, it remains today an integral part of the community. Otara Health is building a child centred community and want to have all Otara's children thrive and achieve within a nurturing family environment and a healthy, flourishing community.

General Information: Our services are free. including:

1. Kaitohutohu - home based service for people or families with complex needs. SUDI educationand Pepi pods.
2. Parenting programmes - teen parenting, HIPPY programme and Incredible Years.
3. Active Families - Healthy food sessions, and other lifestyle information.
4. Neighbourhood Support - we work together to provide and support healthy safeneighbourhoods.
5. Community Leadership - lead and support smokefree town centres, alcohol and gamblingoutlets, and supporting awareness and action on issues of child abuse and family violence.

Shop 3, Otara Town Centre - Fair Mall Lane Otara Auckland 2023 carol@otarahealth.org.nz  8.30am to 4.30pm



(09) 274 8355 Monday to Friday

http://www.otarahealth.org.nz All services free of charge. Referral may apply.

**Overeaters Anonymous - Auckland**

FSD0007761 Last updated 17/12/2020

Is food a problem for you? Overeaters Anonymous is a twelve-step programme for men and women who support each other in solving their common problem of compulsive eating including anorexia, bulimia, obesity and overeating.

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self- supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

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| aucklandoa@gmail.com  (021) 119 1442 http://www.aucklandoa.com | Overeaters Anonymous - We hold meetings everyday in Auckland in various suburbs. Please see meeting times and locations www.aucklandoa.com/meetings or visit our international page oa.org.  Koha/donation may apply.  No referral required. |

**Pacific Heartbeat | Heart Foundation**

FSD0001891 Last updated 30/04/2021

Pacific Heartbeat's aim is to reduce the high rate of heart disease among Pacific people living in New Zealand. We do this by encouraging and supporting Pacific people to make positive lifestyle changes.

9 Kalmia Street Ellerslie Auckland 1051



info@pacificheart.org.nz  Monday - Friday 8.30 am - 5.00 pm, excluding

(09) 571 4643 public holidays.

(09) 571 9191 Some charges may apply. http://www.heartfoundation.org.nz No referral required.

**Classification : PACIFIC**

**Papakura Home Health Care**

FSD0015178 Last updated 30/06/2020

This service provides care to clients in their own homes within the Counties Manukau area. Works with people coping with illness or a disability and helps them reach and maintain their achievable levels of health and independence.

South Auckland Health 5-19 Great South Road Papakura 2110



(09) 295 1250  7 Days 8.00 am - 4.30 pm

All services free of charge. No referral required.

**Papakura Marae Society Incorporated**

FSD0003762 Last updated 25/08/2020

We deliver Marae and home based health, education and social services.

29A Hunua Road Papakura 2110



admin@papakuramarae.co.nz  Monday- Friday

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| (09) 297 2036  (021) 519 812 http://www.papakuramarae.co.nz      **Parkinson's - Auckland** | 8:00am - 5:00pm  Some charges may apply.  Referral may apply. |  |
| FSD0007363 |  | Last updated 25/03/2021 |

Parkinson’s New Zealand provides support, education and information for people with Parkinson’s and Parkinsonism conditions, including their family, carers and health professionals.

Our team of Parkinson’s Nurses and Educators can provide home visits for personalised sessions. Parkinson’s New Zealand also has support groups for members for sharing their coping strategies, experiences, and is a chance to establish social networks.

Programmes for people with Parkinson’s can include some of the following: exercise, physiotherapy, hydrotherapy, and art or music therapy sessions.

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| info@parkinsons.org.nz (0800) 473 4636 http://www.parkinsons.org.nz | Please make contact through our national office – Monday to Friday 8.30am – 5.00pm or via the referral form on our website www.parkinsons.org.nz.  Some charges may apply.  No referral required. |

**Plunket - Northern Region - Central**

FSD0007434 Last updated 21/04/2021

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than eighty five percent of New Zealand families choose to use Plunket to help them care for their young children.

6 Enterprise Drive Henderson 0612



auckland.city@plunket.org.nz  8am-5pm Monday to Friday.

(09) 820 6532 All services free of charge. http://www.plunket.org.nz No referral required.

**Plunket - South Auckland Area Office**

FSD0007433 Last updated 23/08/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to help them care for their young children.

Level 1 11 Vogler Drive Wiri Manukau 2241



counties.manukau@plunket.org.nz  830am-430pm

(09) 260 4111 Koha/donation may apply. http://www.plunket.org.nz No referral required.

**Plunket - Waitemata Area Office**

FSD0007432 Last updated 04/03/2021

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to support them in caring for their young children.

6E Enterprise Drive Auckland



auckland.north@plunket.org.nz  8.30am - 4.30pm Monday to Friday

(09) 820 6532 All services free of charge.

(09) 838 0981 No referral required. http://www.plunket.org.nz

**Positive Women Incorporated**

FSD0023155 Last updated 18/03/2021

Positive Women Inc. provides support for women and families in New Zealand living with HIV. We also provide HIV awareness, education and destigmatisation programmes including free HIV Rapid Testing Services.

Level 1 35 Hargreaves Street St Mary's Bay Auckland 1011



jane@positivewomen.nz  Monday - Friday 9-5 (09) 303 0094 All services free of charge.

(0800) 769 848 Referral may apply. http://positivewomen.co.nz/

**Pregnancy Centre**

FSD0003423 Last updated 24/02/2021

Provides an, impartial, client centred counselling service for women of all ages who have a crisis or unplanned pregnancy. Also post-termination and miscarriage counselling. Counsellors are professionally externally trained and supervised. Locations: Central, North, South and West Auckland.

13 Maidstone Street Ponsonby Auckland



supportcentre@youthline.co.nz  8.30am-5pm Mon-Fri

(09) 361 4162 Some charges may apply. http://www.youthline.co.nz No referral required.

**Pregnancy Help Inc - Auckland**

FSD0007390 Last updated 02/11/2020

Pregnancy Help provides emotional and practical support for the well being of pregnant and recently pregnant women, new mothers and their families/whanau.

46D Stanley Street Auckland Central Auckland 1010



auckland@pregnancyhelp.org.nz  Office in Wyndham Street open Mon-Fri 9.30 am

(09) 373 2599 - 3.30 pm

http://www.pregnancyhelp.org.nz

Office Blockhouse Bay open Wednesday 9.30 am - 12 noon

Office in Otara South Auckland open Thursday

9.30 am - 12 noon

All services free of charge. No referral required.

**Pregnancy Options and Help**

FSD0016452 Last updated 24/04/2021

Support for pregnant women and partners, and new mothers, including advocacy, supported accomodation, education, and options around care of the child.

15 Paparimu Rd Paparimu Papakura, Auckland 2583



jgrant@maxnet.co.nz  24 hour phone contact (0800) 824 6673(U CHOOSE) 021 293 6687 texts welcome

(09) 292 4357 Koha/donation may apply. http://www.uchoose.org.nz No referral required.

**Prostate Cancer Foundation of New Zealand Inc.**

FSD0001377 Last updated 16/04/2021

A support group for sufferers. To increase public awareness of prostate problems and prostate cancer in particular.

Building C, Suite B 42 Tawa Drive Albany Auckland



info@prostate.org.nz  Monday - Friday 8:30 - 5pm (0800) 477 678 All services free of charge. http://www.prostate.org.nz No referral required.

**Pukekohe Cardiac Club Inc.**

FSD0015212 Last updated 14/01/2021

Rehabilitation and Support group. Our members are kept informed of best food for heart. How to lower cholesterol, how to perform easy healthy heart exercises. We take trips and outings decided on by members. The group often have lunches together and become great friends with support for each other.

Elevator to 2nd floor 8C Roulston Sreet Pukekohe 2120



wrpe@xtra.co.nz  Meetings each Friday 10am to 12pm (09) 239 2252 Please phone first as we may be on an outing.

(021) 206 4088 Some charges may apply.

No referral required.

**Pukekohe Stroke Club**

FSD0000960 Last updated 22/03/2021

Social group that meets weekly, play games such as scrabble, cards or rummy-o. Other activities include: doing exercises to music while sitting, having a good chat over morning tea and organised trips out for lunch.

52 Tasman Street Pukekohe 2120 northern@stroke.org.nz  Tuesday Meeting 9.15 am - 11.30 am.



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| (09) 475 0070  https://www.stroke.org.nz/stroke-clubs | Some charges may apply. Referral may apply. |

**Raukura Hauora O Tainui Trust**

FSD0003728 Last updated 24/06/2020

Primary health care provider.

47 Druces Road Manukau 2104



enquiries@raukura.com  8.30 a.m. - 5 p.m. Monday - Friday

(09) 263 8040 Some charges may apply. http://www.raukura.org.nz Referral may apply.

**RDNS New Zealand**

FSD0022612 Last updated 14/10/2020

RDNS (Royal District Nursing Service) New Zealand is for everyone and we embrace diversity. Our youngest client is two years old and our oldest is 94. We proudly support people from over 35 different cultural backgrounds. We are LGBTI friendly.

Whether you are experiencing illness, injury or just need some help around the home, RDNS New Zealand is here to help. We support people from all walks of life with dignity and compassion.

Level 1 8 Hugo Johnston Drive Penrose Auckland 1061



getinfonz@rdns.org.nz  7 Days 6am - 9pm. (0800) 736 769 Some charges may apply. https://www.rdns.org.nz/ No referral required.

**Safekids Aotearoa**

FSD0003488 Last updated 28/09/2020

Service of Starship Children's Health. Aim is to reduce the incidence and severity of unintentional injuries to children aged 0 to 14 years.

Level 5 40 Claude Road Epsom Auckland 1023 safekidsaotearoa@adhb.govt.nz  8.30 am - 5.00 pm weekdays.



(09) 630 9955 All services free of charge.

http://www.safekids.nz No referral required.

**SIDS and Kids New Zealand Incorporated**

FSD0015107 Last updated 30/06/2020

Established to provide services for families and communities who have been affected by SIDS (Cot Death), SIDS New Zealand Incorporated is a national organisation of parents, families and friends of children who have died suddenly and/or unexpectedly of any cause including SIDS.

info@sids.org.nz  24 Hours

(0800) 164 455  All services free of charge. http://www.sidsandkids.org.nz No referral required.

**Sisters of Mercy Wiri**

FSD0005894 Last updated 15/01/2021

Sisters of Mercy Wiri is a community based social service agency with a strong social justice and community development focus. We provide a range of services to meet the needs of children, families/whanau and the community.

14 Trevor Hosken Drive Wiri Auckland 2104 info@sistersofmercywiri.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 263 6464 The service is predominantly for the people who http://www.sistersofmercywiri.org.nz/ live in Wiri/Manurewa.

All services free of charge. No referral required.

**Sjogren's Syndrome Society of New Zealand Inc.**

FSD0003894 Last updated 15/01/2021

We are a friendly society and aim to help those living with Sjögren’s to find and share solutions to their problems and provide opportunities to meet and talk with others who have this condition.

Support available for members - please see website for details.

Patron and Founder - Lady Felicity Tompkins.

 74 Vipond Road Stanmore Bay Auckland 0932

david@tfdental.co.nz  Koha/donation may apply.

(09) 478 7041 No referral required.

http://www.sjogrensnewzealand.co.nz/

**Southseas Healthcare Trust**

FSD0024305 Last updated 26/03/2021

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

14 Fair Mall Otara Auckland 2023



wellbeing@southseas.org.nz  Monday to Friday 8:30am to 5pm

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| (027) 622 6221 http://www.southseas.org.nz/      **Sport Waitakere** | Some charges may apply. No referral required. |
| FSD0007921 | Last updated 12/04/2021 |

Everyone connected, healthy and active.

Making a difference in our West Auckland communities by enabling healthy and active lives.

96 Swanson Road Henderson Waitakere 0610



admin@sportwaitakere.nz  8.30am - 5.00pm Monday to Friday.

(09) 966 3120 Koha/donation may apply. http://www.sportwaitakere.nz No referral required.

**Stand T Mia - Auckland Region**

FSD0007823 Last updated 03/08/2020

Vision: A World Strong with Children

Mission statement: To transform the lives of tamariki and whanau through healing trauma and restoring healthy, respectful and protective relationships so that they can thrive in their communities

Cnr Pigeon Mountain Road 1-9 Pigeon Mountain Road Half Moon Bay Manukau 2012



Auckland@standforchildren.org.nz  Office hours are Monday to Friday 8.00 am to

(09) 534 4017 5.00 pm. http://www.standforchildren.org.nz All services free of charge. Referral may apply.

**Stanmore Bay Pool and Leisure Centre**

FSD0022322 Last updated 26/06/2020

To provide the Hibiscus Coast Community with health & fitness programmes.

We have programmes for all ages and abilities in fitness, pool (includes spa and sauna), Learn to Swim and Recreation. We have a newly opened Splash pad (available during the summer months)

We run an OSCAR approved school holiday programme call Leisure Kidz that caters for 5year olds through to 13 year olds.

We also have an onsite Early Childcare facility - Kauri Kids that caters for 0 - 5 years old. Oscar subsidies via Work&Income are available for holiday programmes and ECE.

Stanmore Bay Pool and Leisure Centre 159 Brightside Road Stanmore Bay Auckland 0932 Stanmorebaypools@aucklandcouncil.govt  Mon - Thurs 5.30am - 9pm



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| .nz  (09) 424 9227 http://www.aucklandleisure.co.nz    **Classification : OSCAR**    **Starship Community** | Fri 5.30am - 8pm  Sat - Sun & Public Holidays 7am - 6pm Some charges may apply. No referral required. |
| FSD0003426 | Last updated 19/04/2021 |

Starship Community is a multidisciplinary team of professionals providing nursing, allied health, technical and cultural support to children, young people and their families living within the Auckland DHB area.

Level 6 & 7, building 15 214 Greenlane West Epsom Auckland 1051 starship.community@adhb.govt.nz  8am - 4.30pm Monday to Friday



(09) 639 0200 All services free of charge. http://www.starship.org.nz No referral required.

**Classification : PACIFIC**

**STEPS Forward Family Services**

FSD0015141 Last updated 27/08/2020

Stepsforward provides a holistic approach with a focus on early intervention for families/whanau with children up to the age of 18years, where there is level of risk or concern for the health and safety of the children. Providing targeted, effective services for the most disadvantaged and marginalized living in our community, many with complex needs (Mental Health issues, learning disabilities, drug & alcohol, also for children who may have suffered historic abuse, displacement, family violence. Stepsforward has the ability to provide a wrap around service for these families with the various services we offer.

682 Whangaparaoa Road Stanmore Bay Whangaparaoa 0932 vivienne@stepsforward.co.nz  Mon - Fri: 8:30 am - 4:30 pm



(09) 424 4584 All services free of charge.

(09) 424 4014 No referral required. http://www.Stepsforward.co.nz

**Stroke Foundation of NZ - Northern Region Inc**

FSD0003481 Last updated 19/04/2021

Information, support, assistance, advice, counselling and advocacy for people who have had a stroke, for their spouse, families and caregivers.

Unit 2A 317 Sunset Road Sunnynook North Shore 0612



northern@stroke.org.nz  8.00am - 4.00pm, Monday to Friday.

(09) 475 0070 All services free of charge. http://www.stroke.org.nz No referral required.

**Susan Goldstiver, Psychotherapist**

FSD0015123 Last updated 06/10/2020

Experienced and registered psychotherapist who provides specialist psychotherapy and counselling help for antenatally and postnatally distressed mothers and fathers, as well as for adults experiencing depression, anxiety, abuse and trauma and relationship problems.

Level 2 300 Great South Rd Greenlane Auckland 1010 susangoldstiver@gmail.com  Monday to Friday with some late nights.



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| (09) 846 4978  (021) 333 021 http://www.postnataldistress.co.nz      **Te Ha Oranga** | Sessions by appointment only.  Some charges may apply. No referral required. |
| FSD0004530 | Last updated 16/03/2021 |

Te Ha Oranga o Ngati Whatua is an Iwi-based health service provider functioning under the umbrella of Te Runanga o Ngati Whatua. The service extends from the Waipoua Forest to Helensville and includes both coasts.

1 Rendall Place Eden Terrace Auckland



runanga@ngatiwhatua.iwi.nz  8:30am - 5.00pm Monday - Friday

(09) 366 1993 All services free of charge.

(0800) 698 342 No referral required. http://ngatiwhatua.iwi.nz

**Te Kotuku Ki Te Rangi Trust**

FSD0003745 Last updated 18/08/2020

A kaupapa Maori community health provider for Oranga Hinengaro Services.

20-40 Copsey Place Avondale Auckland 1026



reception@tekotuku.co.nz  Head Office

(09) 820 0045 Mon-Fri: 8.30am - 5:00pm

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| (0800) 731 188 http://www.tekotuku.co.nz | All services free of charge. Referral may apply. |

**Te Puna Hauora o Te Raki Paewhenua Society Incorporated**

FSD0003767 Last updated 07/09/2020

Te Puna Hauora provides a comprehensive range of medical and social services to our enrolled population.

58A Akoranga Drive Northcote Auckland 0627



(09) 489 3049  Monday-Friday 8.30am - 5.00pm. Closed http://www.tepuna.org.nz statutory holidays

All services free of charge. Referral may apply.

**Classification : BFC, FVSS**

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612 audrey.tinsley@waiwhanau.com  8.30am - 5.00pm Monday - Friday



(09) 836 6683 Some charges may apply.

(0800) 924 942 Referral may apply. https://www.waipareira.com/

**Classification : BFC, FVSS**

**The Fono Head Office**

FSD0023623 Last updated 01/10/2020

Established in 1989, The Fono is NZ's largest Pacific owned health and social services NGO.

 Level 2 6 Alderman Drive Henderson Auckland 0612

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| headoffice@thefono.org  (09) 267 6331  (09) 837 1780 http://thefono.org      **The Fono South** | Monday to Friday, business hours. | |
| All services free of charge. No referral required. |  |
| FSD0003588 |  | Last updated 28/09/2020 |

We offer Medical, Dental, Pharmacy and Whanau Ora services.

Some of our services are free to eligible patients while others are subsidised.

7 Halver Road Manurewa 2102



manurewamedical@thefono.org  Monday-Friday, 8am - 5pm

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| (09) 267 6331 (0800) FONO4U  http://www.thefono.org    **Classification : PACIFIC**    **The Fono West** | Some charges may apply. Referral may apply. |  |
| FSD0003550 |  | Last updated 28/09/2020 |

We offer a range of medical, dental, pharmacy, social and public health services. Our friendly, professional team are here to provide top quality service for everyone.

Head Office 411 Great North Road Waitakere City 0612



headoffice@thefono.org  Monday-Friday 8:30am-5pm

(09) 837 1780 Some charges may apply.

(0800) FONO4U Referral may apply. http://www.thefono.org

**Classification : BFC, FVSS, PACIFIC**

**The Fono West Central**

FSD0023205 Last updated 01/10/2020

We offer a range of medical services for the entire family. Some of our services are free to eligible patients while others are subsidised.

297 Blockhouse Bay Road Blockhouse Bay Auckland 0600



BHBmedical@thefono.org  Mon-Fri: 8.30am - 5pm

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| (09) 828 8421 (0800) FONO4U  http://www.thefono.org    **Classification : PACIFIC**    **TOA Pacific Inc** | Some charges may apply. No referral required. |
| FSD0003684 | Last updated 20/11/2020 |

To promote the health and wellbeing and rights of older Pacific people and Pacific Aiga carers by providing sustainable, responsive and culturally safe services. We are committed to developing and delivering positive outcomes for them.

214 Great South Road Otahuhu Auckland 1062



malia@toapacific.org.nz  9am - 5pm Monday to Friday

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| (09) 276 4596 http://www.toapacific.org.nz    **Classification : FVSS, PACIFIC**    **Toi Tangata** | Some charges may apply. No referral required. |
| FSD0003898 | Last updated 07/01/2021 |

Toi Tangata are specialists in the area of positive health, fitness, and nutrition and provide education programmes to a range clients, both Mori and non-Mori, throughout New Zealand. Toi Tangata are also the lead advisors to the Ministry of Health for Mori public health nutrition and physical activity.

Level 1 8/48 Maki Street Westgate Auckland 0814



info@toitangata.co.nz  Monday to Friday 9am-4pm

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| (09) 638 5800 http://toitangata.co.nz/ | Some charges may apply. No referral required. |

**Totara Hospice**

FSD0003447 Last updated 21/07/2020

Totara Hospice South Auckland provides a 24 hour 7 day a week comprehensive service for adults and children.

140 Charles Prevost Drive The Gardens Manukau



(09) 640 0025  Administration 8.30am-4.30pm. http://www.hospice.co.nz Clinical Services 24/7

All services free of charge. Referral may apply.

**Transitioning Out Aotearoa**

FSD0016447 Last updated 26/11/2020

He Whanau TOA, He Whanau ORA - A Strong Family is a Healthy Family strategy involves facilitating positive and adaptive relationships within whanau and recognising the interconnectedness of welfare, health, education, housing, justice, employment and lifestyle as elements of whanau wellbeing.

25 Druces Road Wiri Manukau 2104



info@toa.org.nz  9am to 5pm Monday to Friday (0800) 367 942 x2 Some charges may apply.

(09) 570 2679 Referral may apply. http://www.toa.org.nz

**Classification : PACIFIC**

**University Health and Counselling Service**

FSD0003461 Last updated 18/08/2020

Counselling and general practice medical services at the University of Auckland.

 Level 3, Kate Edger Information Commons 2 Alfred Street Auckland

uhsinfo@auckland.ac.nz  Monday, Tuesday, Wednesday & Thursday

(0800) 698 427 8:30am - 6:00pm (09) 923 7681 Friday 8:30am - 4:00pm http://www.auckland.ac.nz/healthandcoun Some charges may apply. selling No referral required.

**Village Collective**

FSD0003715 Last updated 18/09/2020

A Health and Sexual Reproduction Service promoting a positive view of sexuality. Has two contracts; 1. Provides comprehensive educational programmes to communities;

2. Operates a clinical school-based mobile clinic to South Auckland schools.

info@villagecollective.org.nz  Some charges may apply.

(021) 316 746 No referral required. https://www.villagecollective.org.nz

**Classification : PACIFIC**

**Visionwest Home HealthCare**

FSD0005955 Last updated 15/01/2021

Visionwest Home Healthcare is a long-standing provider of quality, professional, home healthcare in the West Auckland region. Services are available to the elderly, sick, injured and those with disabilities of all ages in West Auckland and the North Shore.

Building 4 97 Glendale Road Glen Eden Waitakere 0612



homecare@Visionwest.org.nz  Office hours: 9.00am - 5.00pm, Monday to

(0800) 222 040 Friday. http://www.Visionwest.org.nz Some charges may apply.

Referral may apply.

**Waiheke Homecare Hospice**

FSD0008190 Last updated 17/07/2020

To provide Volunteer support for people affected by a terminal illness and their loved ones.

Bereavement support, free equipment loans.

2/11 Moa Ave Oneroa Waiheke Island 1081 waihekehospice@xtra.co.nz  Contact hours: Monday to Friday 9am-4pm.



(09) 372 7131 All services free of charge. http://hospicewaihekehomecare.co.nz No referral required.

**Waitakere Union Health Centre**

FSD0021920 Last updated 23/03/2021

Waitakere Union Health is a Family Doctors Practice. Established in 1988. We provide FREE nurse and doctor consultations for enrolled:

* Children under 18 years of age
* Adults 65 years and over
* Union members and their family members

Our goal is to help you to improve your health through the prevention, diagnosis, management of illness in a caring and supportive environment.

We are committed to equality and treat all patients with dignity and respect by embracing all people irrespective of race, gender, sexual orientation, religion, social class, age, or medical condition.

The practice has Cornerstone Accreditation recognising the high quality of its primary health care service. Patients are seen on an 'Appointment Only" basis.

We are conveniently situated in the Waitakere Hospital Grounds, Lincoln Road in Henderson and provide free parking.

55-75 Lincoln Road Henderson Auckland 0612



admin@wuhealth.co.nz  Monday to Friday 8am-5pm

(09) 837 3933

http://www.waitakereunionhealth.com Please book an appointment via

ManageMyHealth or call reception on 09 837

3933 / 0800 489 237

All services free of charge. No referral required.

**Waitemata District Health Board - Child and Family Health Services**

FSD0003683 Last updated 14/12/2020

Community well child/youth and family, early intervention and illness prevention services covering

North Shore, Rodney and West Auckland. Multidisciplinary team including Public Health Nurses, Social Workers, Vision/Hearing Technicians and Health Promoting Schools Advisors.

Te Whare Karaka 9 Karaka Street Takapuna North Shore



hilary.mccluskey@waitematadhb.govt.nz  Monday - Friday 0800 - 1630

(09) 486 8996 All services free of charge.

(09) 486 8900 ext 43286 No referral required. http://www.waitematadhb.govt.nz

**Well Women Franklin**

FSD0022456 Last updated 08/08/2020

Well Women Franklin is a Peer Support Group. We support women and their families in Franklin and Papakura who are experiencing Antenatal or Postnatal Distress and Anxiety. We focus on wellness and resilience, using a holistic approach. Any women who feels they need some support is welcome to get in touch with us.

1 Tuakau Road Pukekohe



info@wellwomenfranklin.org.nz  We are available by telephone or email 24 hours

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| (021) 158 8134 http://www.wellwomenfranklin.org.nz | per day, 7 days a week.  All services free of charge.  No referral required. |

**West Auckland Parents Centre**

FSD0007312 Last updated 03/08/2020

West Auckland Parents Centre is an Incorporated Society affiliated to Parents Centre New Zealand Inc. We are a not-for-profit organisation run by parents, for parents and our committee is made up of a group of extremely dedicated volunteers. We have been very active in the West

Auckland community for almost 30 years. To quote from our national office website: Parents Centres share a vision of New Zealand being a society that values parenting as being fundamental to the well being of all members of society and believe that parenting creates the environment that sews the fabric of our social structure. We deliver education, support and services to support and drive that vision.

info@westaucklandparents.org.nz  Please email and someone will contact you as

(09) 837 8481 soon as possible. http://www.westaucklandparents.org.nz Some charges may apply.

No referral required.

**Whai Maia Ltd**

FSD0022876 Last updated 13/07/2020

Provides tribal development through social housing, health, environmental, whanau ora and educational services.

230 Kupe Street Orakei Auckland 1071



info@ngatiwhatuaorakei.com  Mon to Fri 8.30am to 4.30pm.

(09) 336 1670 All services free of charge.

(0508) NW rkei No referral required.

http://www.ngatiwhatuaorakei.com/

**Whanau Resource Centre o Pukekohe Charitable Trust**

FSD0016702 Last updated 08/10/2020

The Whanau Resource Centre is a one stop shop in community support servicing and prides itself on catering to the needs of its community. The Whanau Resource Centre's confidential service delivers a holistic approach to supportive care and is committed to promoting well being and assisting individuals to deal with the day to day matters of life.

17 McNally Road Pukekohe Auckland 2120



info@whanauresourcecentre.org.nz  Monday, Tuesday, Wednesday, Thursday and

(09) 238 5285 Friday 9am to 4.30pm (021) 532 178 Some charges may apply.

No referral required.

**Classification : FVSS, THP**

**Wilson Centre for Children**

FSD0003730 Last updated 02/03/2021

Respite Services

Respite (Out of Home Support) is provided by Waitemata DHB and is free for families in the Auckland and Northland regions. The service is for children 0-16 years old who have disabilities, are medically fragile and have high support needs.

Child Rehabilitation Service

Provides a comprhensive, family-centred rehabilitation service for children 0-16 years old or while still at school (Whole of New Zealand).

Wilson Centre for Children 1 St Leonards Road Hauraki North Shore 0622 respite@waitematadhb.govt.nz  Office hours: 08:00-16:30 Mon-Fri



(09) 488 4688 Respite/Rehab

https://www.waitematadhb.govt.nz/hospita Inpatients: 24hrs (365 days) ls-clinics/wilson-centre/ All services free of charge.

Referral may apply.

**Women's Health Action**

FSD0003341 Last updated 25/10/2020

A women's health group working in all areas of women's health with the aim of empowering women to be more informed health consumers.

13 Coyle Street Sandringham Auckland 1025



info@wha.org.nz  9am-5pm week days

(09) 520 5295 All services free of charge. http://www.womens-health.org.nz No referral required.

**Women's Health Information Unit**

FSD0003614 Last updated 01/02/2021

The Unit is based at National Women's Hospital, Level 9 of the support building at Auckland hospital in the atrium area. Provides a wide range of womans related health information. We are based in Auckland but welcome enquiries from anyone.

2 Park Road Grafton Auckland 1023



hiws@adhb.govt.nz  Normal business hours. We are based in (09) 367 0000 Auckland but welcome enquiries from anyone.

(09) 623 6455walkin centre All services free of charge. http://nationalwomenshealth.adhb.govt.nz/ No referral required.

**Young New Zealanders' Foundation**

FSD0005719 Last updated 17/04/2021

Young New Zealanders' Foundation supports a number of strategies and systems to try and prevent any young person "slipping through the net" without the specialised help they need. This is achieved through: Information Technology, Community Education and Specialist Support

For more info please visit our websites:

http://www.valuinglife.online/ www.youngnz.online

2/9 Kapiti Place Sunnynook Auckland 0743



valuinglifenz@gmail.com  8.00am - 5.00pm Monday to Friday.

(0800) 333088 Some charges may apply.

No referral required.

**Youthline**

FSD0006531 Last updated 18/02/2021

Youthline offers access to a wide range of youth development and support services.

Youthline is at the forefront in developing and providing youth and family services and we offer and can link young people to a comprehensive range of clinical services.

 Youthline House 13 Maidstone Street Ponsonby Auckland 1021

supportcentre@youthline.co.nz

(0800) 37 66 33 (09) 376 6645 http://www.youthline.co.nz

**Youthline - Manukau**

FSD0006533

Office open Monday to Friday 9am-5pm. Youth Help Line 24 hours a day, 7 days a week.

Free TXT 234 Some charges may apply. No referral required.

Last updated 19/02/2021

Counselling and programmes for people of all ages with a specific focus on 11 to 30 years. Youth Help and Counselling Line 8.00 am - midnight seven days.

145 St George Street Papatoetoe Manukau 2025



supportcentre@youthline.co.nz  24/7 Youth Help and Counselling Line 0800

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| (0800) 376 633 |  |
| (09) 376 6645  http://www.youthline.co.nz | Youthline Centre open 8.30am - 5pm Monday to Friday. |

Cafe 'Thyme Out @ The Station' open 7.30am 4.30pm Monday - Friday and 7.30am - 3pm Saturdays.

Some charges may apply. No referral required.

# Legal / Civil Services

**Auckland Community Law Centre**

FSD0021813 Last updated 07/10/2020

The Auckland Community Law Centre gives FREE legal advice to Aucklanders who can’t afford it.

ACLC (formerly Grey Lynn Neighbourhood Law Office) provides access to justice in the Auckland community.

ACLC's services are designed to empower people to resolve their own legal issues. This is mostly done over the phone with information, advice, assistance and self-help resources. ACLC also runs legal outreach clinics throughout Auckland.

If an Aucklander is facing a truly life changing legal situation, ACLC can sometimes do more than just give advice, including sending a letter, providing support at a meeting, representing at mediation, or even going to Court. However, ACLC can only do this provided they have enough resources, and usually only for truly serious, life changing issues. ACLC also provides legal education to the Auckland community, particularly through seminars and information sessions.

Level 2A, Tasman Building 16-22 Anzac Avenue Auckland 1010



info@aclc.org.nz  Monday - Thursday 9.00 am - 5.00pm (available (09) 377 9449 Thursday evenings by appointment only). Friday http://aclc.org.nz 9:00 am - 4:00 pm.

Koha/donation may apply. No referral required.

**Auckland Disability Law**

FSD0018267 Last updated 16/03/2021

Auckland Disability Law (ADL) provides free legal services to disabled people associated with their disability legal issues. ADL provides legal education on disability law in the community and within disability and legal organisations. We work with the Disability and Deaf communities through our community engagement and law reform activities.

 Unit 9, Shop 27, Mangere Town Centre 93 Bader Drive Mangere Manukau 2153 info@adl.org.nz Monday - Friday, 9am - 4pm.

(09) 257 5140 All services free of charge.

(027) 457 5140 Text Only No referral required.

http://www.aucklanddisabilitylaw.org.nz

**Auckland District Law Society**

FSD0003288 Last updated 01/09/2020

Member organisation providing education, services and events for members and the legal profession.

2-8 Chancery Street Auckland reception@adls.org.nz  Some charges may apply.



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| (09) 303 5270 http://www.adls.org.nz | No referral required. |

**Chinese New Settlers Services Trust**

FSD0001709 Last updated 15/04/2021

Chinese New Settlers Services Trust is a charitable trust since 1998, supporting Asian new comers and the entire community as a whole. We provide social services, education and social housing for 15,000 people every year.

CNSST provides wraparound services:

* Social work & Counseling
* Employment & Enterprise
* Education & Settlement
* Social Enterprise: Education Institute, Social Housing Project
* Accounting & taxation

20 Clifton Court Panmure Auckland 1072



info@cnsst.org.nz  Monday-Friday 9am-5pm.

(09) 570 1188 All services free of charge. http://www.cnsst.org.nz Referral may apply.

**Classification : FVSS**

**Citizens Advice Bureau - Avondale**

FSD0006841 Last updated 30/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

c/- Avondale Library 93 Rosebank Road Avondale Auckland 1026



avondale@cab.org.nz  Bureau hours - Mon-Fri 9.30am to 1pm (09) 828 7121 JP's Mon,Wed,Thurs & Fri 10-12noon http://www.cab.org.nz BUDGETING Tuesdays only @ 10.00am

LEGAL Clinic Saturdays fortnightly &

Appointment essential All services free of charge. No referral required.

**Citizens Advice Bureau - Birkenhead**

FSD0006842 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is resourced by trained volunteers who can access information from the extensive range of resources held by each branch. The service can be accessed by phone, email or in person.

* Legal clinic (run by Waitemata Community Law) Monday 1.30 pm - 3.30 pm.
* JP available most days of the week. Ring to confirm availability.

We provide our service from 91 locations around New Zealand from the far north to Invercargill, and also a free phone number (0800 FOR CAB / 0800 367-222) which ensures no cost anyone calling from a landline.

Information, support and advice is free of charge and confidential.

 Birkenhead Library & Civic Centre - Cnr Rawene Road & Hinemoa Street Birkenhead North

Shore 0626

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| birkenhead@cab.org.nz  (09) 418 0032 (0800) 367 222 http://www.cab.org.nz | Mon-Fri 9:00 am -4.00 pm.  Legal clinic by appointments only - Wed 7.00 pm-8.00 pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Browns Bay**

FSD0006843 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

- JP clinic available throughout the week. Ring for availability.

Information, support and advice is free of charge and confidential.

Ground Floor, Bays Community Centre 2 Glen Road Browns Bay Auckland 0630 brownsbay@cab.org.nz  Mon - Fri 9.00 am-4.00 pm



(09) 479 2222 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Central Auckland**

FSD0008344 Last updated 04/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 1st floor, Auckland Central City Library 44 Lorne Street Auckland 1010

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| centralauckland@cab.org.nz  (09) 302 3676 (0800) 367 222 http://www.cab.org.nz | Monday and Friday 9.30am-4.30pm  Monday-Friday (JP 12-2pm)  Sat: JP only 10am-12noon Closed Public Holidays All services free of charge.  No referral required. |

**Citizens Advice Bureau - Eden / Albert at St Lukes**

FSD0006856 Last updated 15/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

(adjoining Public Library) 82 St Lukes Road Mt Albert 2025 Auckland 1025



edenalbert@cab.org.nz  Branch opening hours: 9am to 4pm Mon to Fri, (09) 846 4023 5pm to 7pm Thu evening, 10am to 12pm Sat http://www.cab.org.nz morning.

J.P. service: 10.00am-2.30pm Mon-Fri, 5.00-

6.30pm Thu and 10.00-11.30am Sat.

All services free of charge. No referral required.

**Citizens Advice Bureau - Glen Eden**

FSD0006845 Last updated 10/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 Glen Eden Library 12-32 Glendale Road Glen Eden Auckland 0602

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| gleneden@cab.org.nz  (09) 818 8634  (09) 818 6886 http://www.cab.org.nz | We provide free, confidential, independent information and advice to anyone. We help people know what their rights are and how to access services they need.  Mon-Fri 9am - 4.30pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Glen Innes**

FSD0006846 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Glen Innes CAB 96 Line Road Glen Innes Auckland 1072



(09) 528 3682  Monday to Friday 9am - 4pm

(09) 528 9151 Saturday 9.15 - 11.30am

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Glenfield**

FSD0006847 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

JP available some days of the week. Ring to confirm availability.

Information, support and advice is free of charge and confidential.

 Library Buildings 90 Bentley Avenue Glenfield Auckland 0629

**Citizens Advice Bureau - Grey Lynn / Ponsonby**

FSD0006865 Last updated 28/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Grey Lynn Community Centre 510 Richmond Road Grey Lynn Auckland 1021



(09) 376 0392  Mon to Fri 10am-2pm

(09) 376 3531 Online ContactUs form is available on website http://www.cab.org.nz All services free of charge.

No referral required.

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| glenfield@cab.org.nz  (09) 444 9451 (0800) 367 222 http://www.cab.org.nz | Mon - Fri 9.00 am - 4.30 pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Helensville**

FSD0006848 Last updated 29/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

27 Commercial Road Helensville 0800



manager.helensville@cab.org.nz  Monday to Thursday - 10 am - 3 pm

(09) 420 7162 Friday 9.30am - 12.30pm

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Henderson**

FSD0006849 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

11 Trading Place Henderson Waitakere



(09) 836 4118  Closing Friday 20 December. Reopen 13th

(09) 836 4119 January 2020. http://www.cab.org.nz Normal Hours:

Mon to Fri 9am - 4:30pm All services free of charge. No referral required.

**Citizens Advice Bureau - Hibiscus Coast**

FSD0006850 Last updated 20/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteer interviewers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person at our office in Orewa, or on the online chat facility on the CAB website.

next to Community Centre 40-46 Orewa Square Orewa Auckland 0931



hibiscuscoast@cab.org.nz  Office Hours may vary from time to time. Please (09) 426 5338 check the CAB website on 'Find a CAB' for (0800) 367 222 current details. http://www.cab.org.nz https://www.cab.org.nz/location/cab-hibiscuscoast

All services free of charge. No referral required.

**Citizens Advice Bureau - Massey**

FSD0006854 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Te Manawa 11 Kohuhu Lane Westgate Auckland 0614



(09) 833 5775  Monday to Friday 9am - 4.30pm

(0800) FOR CAB (367 222) All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau - Mt Roskill**

FSD0006857 Last updated 07/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Common enquiries include but are not limited to - financial difficulties - tenancy - employment family dispute resolution - welfare of older people - consumer goods warranties and service quality - immigration - problems with neighbors - difficulties in education - beneficiary issues - vehicle purchase, loans and maintenance - insurance and accidents - and many more.

Library Building 546 Mt Albert Road Three Kings Auckland 1042



manager.mtroskill@cab.org.nz  Our CAB service is available MON - FRI 9.30am-

|  |  |
| --- | --- |
| (09) 625 4854 (0800) 367 222 http://www.cab.org.nz | 4pm, THURS 5-7pm or SAT 10am-12pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Lynn**

FSD0006858 Last updated 15/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

New Lynn Library Building 3 Memorial Drive New Lynn Waitakere 0600



newlynn@cab.org.nz  Open Hours Mon - Fri 9am - 4.30pm

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| --- | --- |
| (09) 827 4731 (0800) 367 222 http://www.cab.org.nz | Sat 10am - 1pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Northcote**

FSD0021090 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Mandarin, Cantonese, Korean speaking volunteers available; J.P.s available most weekdays - phone or email for availability.

Information, support and advice is free of charge and confidential.

Northcote Library Buildings 5 Ernie Mays Street Auckland 0627



northcote@cab.org.nz  Mon - Fri 9.15 am - 3.30 pm

(09) 480 2971 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Onehunga**

FSD0006859 Last updated 25/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 Community Centre & Library Building 81 Church Street East Onehunga Auckland 1061

|  |  |
| --- | --- |
| (09) 634 1613 (0800) 367 222 http://www.cab.org.nz | Monday, Tuesday, Thursday & Friday: 9.30am-  4pm  Wednesday 9.30-7pm  Saturday: 10am-12 noon All services free of charge.  No referral required. |

**Citizens Advice Bureau - Orakei / Remuera**

FSD0006867 Last updated 11/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. Citizens Advice Bureau is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

156 Kepa Road Orakei Auckland 1071



(09) 524 0298  Monday to Friday 9:30am - 4:30pm http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Pakuranga-Eastern Manukau**

FSD0006861 Last updated 03/05/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 576 8331, email pakuranga@cab.org.nz

Library Building 7 Aylesbury Street Pakuranga Auckland 2140



pakuranga@cab.org.nz  Monday – Friday 9.30am – 4pm

(09) 576 8331 Saturday 9.30am - 11.30am http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Panmure**

FSD0006862 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Above Panmure Library 7 - 13 Pilkington Road Panmure Auckland 1072



(09) 573 5707  Opening hours 9am-12.45pm weekdays http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Papakura**

FSD0006863 Last updated 09/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

4A Opaheke Road Papakura 2110



papakura@cab.org.nz  Weekdays 10am - 3.30pm.

(09) 299 6411

(09) 299 6412 Sat from 9am - legal advice by appointment only.

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Sylvia Park**

FSD0023055 Last updated 14/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Sylvia Park Shopping Centre 286 Mount Wellington Hwy Auckland 1060



sylviapark@cab.org.nz  Open Mon-Fri Currently 10am-4pm

(09) 573 5707 Saturday 10-12 http://www.cab.org.nz

See website for JP service times All services free of charge. No referral required.

**Citizens Advice Bureau - Takapuna**

FSD0006868 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Information, support and advice is free of charge and confidential.

Community Services Building 7 The Strand Takapuna Auckland 0622



takapuna@cab.org.nz  Mon- Fri 9.00 am to 4.30 pm

|  |  |
| --- | --- |
| (09) 486 3139 (0800) 367 222 http://www.cab.org.nz | Legal Clinic Thurs 7pm-8pm by appointments only  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Waiheke**

FSD0006869 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Specialist Advocacy.

 141 Ocean View Road Oneroa Waiheke Island 1081

|  |  |
| --- | --- |
| (09) 372 8640 http://www.cab.org.nz | Mon - Fri 9.30am - 3.30pm.  Sat 9.00am - 12 noon All services free of charge.  No referral required. |

**Citizens Advice Bureau - Wellsford**

FSD0006870 Last updated 01/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Wellsford Community Centre 1 Matheson Road Wellsford 0900



wellsford@cab.org.nz  Mon - Fri 10am - 2pm (09) 423 7333 All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau Botany**

FSD0024491 Last updated 19/01/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 271 5382, email botany@cab.org.nz

Botany Town Centre 251 Town Centre Drive Botany Auckland 2016



botany@cab.org.nz  Monday to Friday 9.30am to 1pm

(09) 271 5382 All services free of charge. http://cab.org.nz No referral required.

**Citizens Advice Bureau Mangere**

FSD0006852 Last updated 25/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained Volunteers who can access information by computer or from the extensive range of resources held by each Bureau. The service can be accessed by phone, email, fax or in person.

Shop 17 93 Bader Drive Mangere Town Centre Auckland 2022 mangere@cab.org.nz  Monday to Friday: 9am - 4pm.



|  |  |
| --- | --- |
| (09) 275 6885 http://www.cab.org.nz | Alternative Saturdays: 9.30am - 12.30 pm.  Closed on Public Holidays and Long Weekends.  All services free of charge.  No referral required. |

**Citizens Advice Bureau Manurewa**

FSD0006853 Last updated 10/11/2020

Citizens Advice Bureau Manurewa provides free and confidential, information and options to anyone about any query or problem. Citizens Advice Bureaux are staffed by trained volunteers who have access to information from an extensive range of resources, held by each bureau. The service may be accessed by phone, email or in person.

Library Complex 7 Hill Rd Manurewa 2102



manurewa@cab.org.nz  Mon - Fri 9am - 4pm

(09) 266 5729 Saturday 9am - 11am

(0800) 367 222 All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau Otara Incorporated**

FSD0006860 Last updated 12/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 Shops 1 & 2 46 Fair Mall Otara Town Centre, Bairds Road Auckland 2023

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| --- | --- |
| manager.otara@cab.org.nz  (09) 274 6577 http://www.cab.org.nz | Normal Bureau hours operation: 9am-4pm  Monday to Friday, 9am-12pm Saturday All services free of charge.  No referral required. |

**Community Law South Auckland**

FSD0005972 Last updated 15/06/2020

We deliver free community legal services to those who reside in Counties Manukau, the Franklin District and Otahuhu. To be able to access our services you must reside in the above areas, meet our income threshold criteria and not be able to get your legal needs met by another scheme provider. We also deliver free legal education to community groups and organisations.

120 Bairds Road Otara Manukau City



admin@clsstlaw.com  Monday-Friday (9am-5pm)

|  |  |
| --- | --- |
| (09) 274 4966 https://clsstlaw.com/      **Diversity Works New Zealand** | All services free of charge. No referral required. |
| FSD0003860 | Last updated 12/02/2021 |

The EEO Trust is a not-for-profit organisation tasked with providing EEO information and tools to employers and raising awareness of diversity issues in New Zealand workplaces.

The EEO Trust assists employers in introducing and managing proven EEO thinking and practices, encourages diversity by promoting the recruitment and development of people on the basis of merit and generates awareness of the business benefits and rewards of an inclusive workplace.

Based in Auckland, the EEO Trust works with employers around New Zealand providing the latest resources, ideas and information to support workplaces to achieve success through effectively managing diversity. The EEO Trust is resourced by fees from member organisations and Government contributions. It is governed by a Board of Trustees.

 Level 1 90 Symonds Street Auckland 1010

|  |  |  |
| --- | --- | --- |
| info@diversityworksnz.org.nz  (09) 525 3023 (0800) 348 377 http://www.diversityworksnz.org.nz      **Eden Family Law** | Monday - Friday  8 am - 5 pm  Some charges may apply.  No referral required. |  |
| FSD0020557 |  | Last updated 29/06/2020 |

Eden Family Law - Antoinette Vujnovich Family Lawyer

I am an experienced family lawyer who aims to reduce stress and achieve positive results for her clients. Family proceedings can be a stressful and emotional experience. As your family lawyer, it is my role to be a source of knowledgeable advice and carefully-directed action, so that you can make progress towards a positive result.

From my base at Eden Family Law, I can connect you with relevant support agencies and services. To overcome your legal challenges I identify and discuss options with you, so that we can together decide on the best course of action. I aim to be accessible and responsive at all times.

I specialise in the following areas:

* Custody and access
* Guardianship
* Oranga Tamariki - Ministry for Children
* Protection orders

Legal aid available for eligible clients.

Level 1 3/12 Laidlaw Way Auckland



info@edenfamilylaw.co.nz  Monday to Friday 9.00am - 5.00pm

|  |  |
| --- | --- |
| (09) 625 2044 |  |
| (021) 210 0930  http://www.edenfamilylaw.co.nz | I am available for appointments at several locations – please check my website for details Some charges may apply.  No referral required. |

**Ethnic Family Services**

FSD0020934 Last updated 08/01/2021

We offer support services for women, men and young people to build safe and happy families. We work in partnership with schools, various government and non-governmental organisations to offer specialised culturally appropriate intervention and prevention services for families and youth from Asian, African and Middle-Eastern communities in Aotearoa New Zealand.

Inside Manukau Medical & Health Centre 18 Manukau Station Road Manukau Auckland 2102 youth@shakti.org.nz  Mon-Thurs 10am-4pm



(0800) 742 584 (0800 SHAKTI) All services free of charge.

(09) 262 0487 non-urgent No referral required.

https://www.facebook.com/shaktiyouth

**Franklin Family Support Centre**

FSD0000964 Last updated 23/12/2020

To empower families and individuals with financial, personal or family issues by providing professional, compassionate and caring social services and educational programmes.

82 Manukau Road Pukekohe admin@familysupport.org.nz  9.00am - 4.00pm, Monday to Friday.



|  |  |
| --- | --- |
| (09) 238 6233 http://www.familysupport.org.nz    **Classification : BFC, FVSS**    **Friendship House** | Some charges may apply. No referral required. |
| FSD0003345 | Last updated 31/10/2020 |

Friendship House is a centre for social services, education, and community life set in the heart of Manukau.The Cafe offers quality affordable food and friendly centre staff provide information and practical assistance to visitors. Our qualified social service professionals offer individual and family support for people to build satisfying relationships and purposeful lives through social work, counselling, courses and programmes. The centre is available for hire to community and business groups on a casual or regular basis with rooms to suit 2 - 80 people. Our central location (behind Westfield Manukau) enables easy access to our services by both bus and rail.

20 Putney Way Manukau City Centre 2104



info@friendshiphouse.org.nz  Mon - Friday 8:30am-4:00pm

(09) 262 2322

(0800) 348 7878 Closed for Public Holidays http://www.friendshiphouse.org.nz Some charges may apply.

No referral required.

**Classification : FVSS**

**Health and Disability Commissioner**

FSD0000550 Last updated 05/02/2021

To promote and protect the rights of consumers of health and disability services; to facilitate the fair, simple, speedy and efficient resolution of complaints.

Level 10, Tower Centre 45 Queen Street Auckland 1010



hdc@hdc.org.nz  8.30am - 5pm

(0800) 11 22 33 All services free of charge. http://www.hdc.org.nz/ No referral required.

**Human Rights Commission**

FSD0003367 Last updated 25/10/2020

The Commission has the ability to mediate disputes relating to unlawful discrimination on the grounds of sex (including pregnancy) and sexual harassment, marital status (including being in a civil union), religious belief, ethical belief, colour, race and racial harassment, ethnic or national origins, disability, age, political opinion, employment status and sexual orientation in the areas of government or public sector activities, employment, education, access to public places, the provision of goods and services, housing and accommodation, partnerships, qualified bodies, organisations of employees and employers, vocational training and trade and professional associations.

 Level 7 The AIG Building 41 Shortland Street Auckland

infoline@hrc.co.nz (0800) 496 877 (Free TXT) 0210 236 4253 http://www.hrc.co.nz

**LIA Social Services**

FSD0024315

8.30am - 5.00pm Monday to Friday Language Line, an interpreting service, is available.

All services free of charge. No referral required.

Last updated 21/08/2020

Social services includes emergency housing accommodation, counselling, prevention programmes for the prevention of family violence, parenting programme.

12-16 High Street Otahuhu Auckland 1062



stuart.ramsay@lia.org.nz  Monday to Friday

(09) 270 0380 9.00 am - 5.00 pm http://lia.org.nz Weekend by appointment

Some charges may apply. No referral required.

**Classification : FVSS**

**Mangere Community Law Centre**

FSD0003516 Last updated 08/12/2020

The law office serves Mangere residents only! Telephone information and referral details for those outside our area. No commercial or estate work. Services generally aimed at low income earners and beneficiaries.

Unit 9/Shop 27 27 Mangere Town Square Mangere Auckland 2022 reception@mangerelaw.org.nz  Open 9.00am - 5.00pm, Monday to Friday. (09) 275 4310 closed 1.00 to 2.00pm Wednesdays & Fridays http://www.communitylaw.org.nz Some charges may apply.



No referral required.

**Orakei Marae Social and Health Services Inc**

FSD0023641 Last updated 07/09/2020

To provide social and health services to the iwi of Ngaati Whaatua and the wider community. We have whanau ora services and social services working with tamariki and their whanau. We also have pre sentence community services.

59C Kitemoana Street Orakei Auckland 1071



tumanako.whare@xtra.co.nz  Monday - Friday 9am - 12pm to public, other (09) 521 0123 times including weekends by appointment only (022) 432 0676 Some charges may apply. https://orakeisocialservices.wordpress.co Referral may apply. m/

**Otahuhu Town Hall Community Centre**

FSD0018822 Last updated 11/02/2021

To provide a place for community residents to enable them to meet in a drop in situation or take part in programmes that are organized to meet the needs of the community. To act with the Auckland Council and the Local Board concerning the use of the community centre,supplying monthly reports as directed. To promote cultural,educational and recreational activities in and for the benefits of all residents of the Otahuhu district. To set hireage that may be reasonable and appropriate at a level that is affordable by user groups and to change these charges when necessary. To provide a venue for social services and community networking needs.

10 High Street Auckland Central Auckland 1010



makeritaothcc@gmail.com  OSCAR Monday - Friday

|  |  |
| --- | --- |
| (09) 276 7346  (09) 276 7343 https://www.otahuhutownhall.com/ | Before care 6am - 8am  ASP 1.45pm - 6pm  School Holiday 8am - 6pm  Centre office Monday - Friday 9am - 3pm Some charges may apply.  Referral may apply. |

**Classification : OSCAR**

**Public Trust**

FSD0006151 Last updated 19/03/2021

Public Trust is best known as New Zealand's largest provider of Wills and estate planning and administration services. We offer independent, professional advice and a wide range of products and services including legal, financial, investment, trusts, estate administration and estate protection.

In fact wherever you're at in your life, we have the experience and expertise to help you protect and manage your family interests and assets.

Level 3 205 Great South Road Greenlane Auckland 1051



info@publictrust.co.nz  Phone Service: 8.00am to 5.30pm Monday to

(0800) 371 471 Friday

http://www.publictrust.co.nz Office Hours: 8.30am to 5.00pm Monday to

Friday

Some charges may apply. No referral required.

**Quay Law, Barrister and Solicitor**

FSD0015352 Last updated 27/10/2020

We are a well established and successful law firm based in Auckland, New Zealand. We provide high quality, affordable legal advice and assistance, and we look forward to working with you no matter what your legal requirements may be.

165 Orakei Road Remuera Auckland 1050



quaylaw@quaylaw.co.nz  Monday to Friday (09) 523 2408 8.30am to 5.00pm

http://www.quaylaw.co.nz Some charges may apply.

No referral required.

**Roopa Aur Aap Charitable Trust**

FSD0019584 Last updated 24/08/2020

Roopa Aur Aap charitable Trust is “Not for Profit” organisation. The organisation provides culturally appropriate counselling and other support services to the victims of family violence within the South Asian community in Auckland. The organization’s primary objective is to provide free counselling, support services, family advocacy with help of professionals, immigration help again with the help immigration advisers, interventions programmes for the victims of domestic violence and disputes, educating and empowering the weaker individuals and families of the South Asian community. Roopa Aur Aap Charitable Trust focuses on reducing discrimination, removes barriers, create opportunity and participation through workshops and support services.

1193B Dominion Road Mount Roskill Auckland 1041



roopa.suchdev@roopaauraap.org.nz  Monday to Friday - 10am to 4pm ( Physically)

(09) 620 4606 All Seven day- 24/7 on phone number:

(021) 665 609 021665609

http://roopaauraap.org.nz/ All services free of charge.

No referral required.

**Tenancy Services - Auckland**

FSD0006222 Last updated 18/03/2021

We offer advice and information for landlords and tenants who rent their homes. We administer the Residential Tenancies Act 1986. We receive and hold bonds until the end of a tenancy, we provide dispute resolution services, and we administer the State Housing Appeals Authority.

Level 8 280 Queen Street Auckland Central Auckland 1010



info@dbh.govt.nz  Open 8.30 am to 4.30 pm weekdays. It is best to (0800) 836 262 call and make an appointment to see someone.

(0800) TENANCY From overseas: +64 4 238 4695 https://www.tenancy.govt.nz/ Some charges may apply.

No referral required.

**Tenancy Services - Manukau**

FSD0006225 Last updated 18/03/2021

We offer advice and information for landlords and tenants who rent their homes. We administer the Residential Tenancies Act 1986. We receive and hold bonds until the end of a tenancy, we provide dispute resolution services, and we administer the State Housing Appeals Authority.

Level 4, MIT Building 25 Davies Avenue Manukau Auckland 2104



info@tenancy.govt.nz  Open 8.30 am to 4.30 pm weekdays. It is best to

|  |  |
| --- | --- |
| (0800) 836 262 (0800) TENANCY  https://www.tenancy.govt.nz/ | call and make an appointment to see someone. From overseas: +64 4 238 4695 Some charges may apply.  No referral required. |

**The Peace Foundation, Te Tuapapa Rongomau o Aotearoa**

FSD0003716 Last updated 21/10/2020

The Foundation offers a range of resources and programmes that encourage and promote alternatives to violence as a means to resolving conflicts.

Level 2 78 Pitt St Auckland 1010



peace@peacefoundation.org.nz  Monday-Friday, 10 a.m. to 5 p.m.

|  |  |
| --- | --- |
| (09) 373 2379 http://www.peace.net.nz      **Timaloa Law** | Some charges may apply. No referral required. |
| FSD0020677 | Last updated 15/09/2020 |

I am anexperienced Barristers and Solicitor in the following areas of Family Law :

•Parenting •Paternity •Relocation •Domestic Violence •Guardianship •Adoption •Oranga Tamariki Ministry for Children matters •Mental Health matters.

We are also experienced in dispute resolution, mediation and restorative justice including, in the areas of criminal, health and safety, employment matters.

We accept both legal aid and private client referrals, and currently attend matters in all Family Courts.

300 Richmond Road Grey Lynn Auckland 1021



saotimaloa@loia.co.nz  Open from Monday to Friday 8.30am to 5.00pm

(09) 360 2193 Some charges may apply.

(021) 022 54165 No referral required. http://www.timaloalaw.co.nz

**Victim Support - Auckland Central**

FSD0003477

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week All services free of charge.  No referral required. |

**Victim Support - Auckland East**

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM  (0800) 842 846 | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge. |

FSD0015693 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week All services free of charge.  No referral required. |

**Victim Support - Auckland West**

FSD0015692 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

**Victim Support - Counties Manukau Central**

FSD0008296

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau East**

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM  (0800) 842 846 | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge. |

FSD0015697 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau Pukekohe**

FSD0015698 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

**Victim Support - Counties Manukau South**

FSD0000962

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau West**

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM  (0800) 842 846 | The Victim Support Service is available 24 hours, 7 days a week  All services free of charge. |

FSD0015699 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Hibiscus Coast**

FSD0015700 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

**Victim Support - North Rodney**

FSD0015702

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM  (0800) 842 846 | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge. |

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz      **Victim Support - North Shore** | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge. No referral required. |
| FSD0015703 | Last updated 02/02/2021 |

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz      **Victim Support - Waitakere** | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge. No referral required. |
| FSD0015704 | Last updated 02/02/2021 |

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

**Waitemata Community Law Centre / Te Korowai Ture o Waitemata**

FSD0008165 Last updated 08/04/2021

We offer free legal service to people who are most in need in Waitakere, North Shore and Rodney region. There are no appointments necessary, and we do not charge for our services.

1A Trading Place Henderson Auckland 0612



info@waitematalaw.org.nz  Waitakere

(09) 835 2130 Monday – Thursday 10.00am – 3.30pm (0800) 529 463/LAW INFO Friday 10.00am - 1.00pm http://www.waitematalaw.org.nz

No appointment necessary.

0800 LAW INFO 9.30am-4.00pm

All services free of charge. Referral may apply.

**YouthLaw Aotearoa**

FSD0005709 Last updated 25/10/2020

We promote, protect and uphold the legal rights of children and young people in Aotearoa/New

Zealand, through the provision of a free service that helps children and young people under 25. We provide legal advice and information covering education, employment, driving, police, welfare, safety and general rights. We also run legal education sessions for young people, schools and other organisations.

More information and resources are available on our website here: http://www.youthlaw.co.nz

Level 3 21 Putney Way Manukau 2104



info@youthlaw.co.nz  Advice Line: 10:00am - 4:00pm Monday to

(0800) 884 529 Friday;

(09) 250 2660 Office hours: 9:00am - 5:00pm Monday - Friday http://www.youthlaw.co.nz Website contact: 24 hours

All services free of charge. No referral required.

# Mental Health

**Abelard House Counselling and Psychotherapy**

FSD0015487 Last updated 08/02/2021

Counselling, Psychotherapy and Psychology for adults, couples, families and adolescents. Our therapists provide professional supervision. Our services are available via online platforms.

Please contact us for details.

Abelard House, Suite 2 518 East Coast Road Windsor Park North Shore City 0630



abelardhouse@gmail.com  8am to 8pm Weekdays and Saturday mornings

(09) 478 2501 Some charges may apply. http://www.abelardhousecounselling.co.nz No referral required.

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**Adult Community Mental Health Service - Auckland**

FSD0003677 Last updated 02/02/2021

Mobile team that provides assessment and treatment in the community for people who suffer acute mental illness or distress. The CAS teams cover wider Auckland on a 24 hour basis.

(09) 638 0414  7 days a week, 24 hours for 0800 number. (0800) 800 717 crisis 09 number Monday to Friday 9am - 5pm. https://www.healthpoint.co.nz/mental- All services free of charge.

health-addictions/mental-health- No referral required.

addictions/auckland-dhb-mental-healthcommunity-acute/

**Agape Care**

FSD0021434 Last updated 24/10/2020

To transform the lives of people with intellectual / learning disabilities. The Agape Homes Trust (known as Agape Care) is a Christian Ministry, and is governed by a 'Caring with Love' philosophy, providing the highest standards in all relationships, encouraging innovation and diligence in all we do.

It is a place where each person is loved for themselves in an environment where they can freely grow spiritually, emotionally, socially and intellectually.

Agape Care has been providing services to people with intellectual disabilities since 1996.

4210 Great North Road Glendene Auckland 0602



paulr@agapecare.org.nz  Office Hours Mon to Fri: 9.00am to 5.00pm

(09) 837 8597 Some charges may apply.

(021) 682 809 Referral may apply. http://www.agapecare.org.nz

**All You Can Eat: Feeding Services for Kids**

FSD0023602 Last updated 26/06/2020

Kia ora, I’m Dr. Sarah Leadley, and I’m committed to helping children with feeding difficulties and their families, using evidence-based strategies that are also family friendly. I’m a Psychologist and Board Certified Behaviour Analyst. I use a behavioural approach, working closely with other health professionals: including paediatricians, dietitians and speech language therapists. I work with families in their own homes, at times that are best for them.

I can support children and young people between 1- 16 years old who have feeding challenges including fussy or picky eating, food selectivity (e.g., refusing to eat certain textures, or food groups), formula dependency or feeding tube dependency. I help children with a range of developmental disabilities, as well as children who do not have disabilities.

drsarahleadley@gmail.com  Flexible, including evenings and weekends

(027) 931 3551 Some charges may apply.

No referral required.

**Andrew Kirby**

FSD0015322 Last updated 21/12/2020

I am a registered psychotherapist in possession of a PhD and fifteen years experience helping individuals from all walks of life overcome obstacles and barriers that may prevent them from achieving happier, healthier, and more productive lives. This may mean finding help to resolve a specific problem, or learning more about yourselves, others and society to help you manage your lives more effectively and maximise your potential.

 Level 2 46 Taharoto Road Takapuna Auckland 0622

andrew@thesquarecircle.co.nz 

(09) 488 7647

(021) 723 203 http://www.thesquarecircle.co.nz

**Anxiety New Zealand Trust**

FSD0003383

Available on Mondays and Wednesdays.

Some charges may apply. No referral required.

Last updated 03/07/2020

For the specialist assessment, management and treatment of anxiety, phobic and obsessive compulsive disorders. Providing education around these disorders and providing research into the cause and management. Call 0800 ANXIETY (0800 269 4389). We also provide Family support groups, community education and workshops.

77 Morningside Drive St. Lukes Auckland



clinic@anxiety.org.nz  The clinic is open Tuesday – Saturday with late

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| (0800) ANXIETY (269 4389)  (09) 846 9776 http://www.anxiety.org.nz | nights Tuesday (8:30am-8:30pm), Wednesday  (8:30am-8:30pm) and Thursday (10am-7pm) Friday and Saturday (8:30am-5pm) Some charges may apply.  Referral may apply. |

**Aotearoa Latin American Community Incorporated**

FSD0020454 Last updated 29/01/2021

Our aims are: a) To preserve, enhance and promote the positive aspects of Latin American and Spanish culture; b) to provide holistic social services to the Latin American community, refugee and migrant communities in general; c) to be a link between the cultures of Spain, Latin America and New Zealand.

45 Cardwell Street Onehunga Auckland 1643



socialservices@alacinc.org.nz  Monday to Friday 09 am-16:00 pm

(09) 636 5313 All services free of charge. http://www.alacinc.org.nz No referral required.

**APM Workcare**

FSD0022810 Last updated 03/09/2020

APM WorkCare provides free services to employers, government and job seekers designed to place people into meaningful employment. As part of the employment process, we assist with job matching, pre-employment screening/assessment, preparation for work, job placement and postplacement support.

With our extensive network of locations across New Zealand, best-practice service delivery and product innovation, APM WorkCare is the provider of choice for many of New Zealand's leading companies.

Level 2 1B/25 Airborne Road Rosedale Auckland 0632



nzreferrals@apmworkcare.co.nz  We have locations across NZ, and available

(0800) 967 522 8am-5pm, Mon-Friday

http://apm-nz.co.nz All services free of charge.

Referral may apply.

**Aronui Ora**

FSD0003748 Last updated 28/01/2021

Specialist Mental Health service providing assessment and treatment for women who are suffering from mental health problems and who are either pregnant or up to one year post-partum.

 Ground Floor, Bldg 15, Greenlane Clinical Centre 214 Green Lane West Epsom Auckland

1051 maternalmh@adhb.govt.nz  8 am- 4:30 pm office hours

(09) 623 4671

(0800) 434 344 Crisis line 0800 800 717 after hours

Some charges may apply. No referral required.

**Asian Health Services (WDHB)**

FSD0003826 Last updated 10/09/2020

Asian Health Services (AHS) is part of Waitemata DHB. The service is responsible for providing cultural and language support services to the teams responsible for providing care to Asian migrant and refugee clients/patients. The aim is to ensure WDHB services are accessible, culturally appropriate and safe to meet the health care needs of the Asian migrant and refugee population.

Ground Floor 3 Mary Poynton Crescent Takapuna North Shore City



(09) 486 8314  Please see each service for more detail about http://www.asianhealthservices.co.nz opening hours.

All services free of charge. Referral may apply.

**Auckland City Mission**

FSD0003285 Last updated 23/10/2020

The Mission provides unique and specialised health and social services to marginalised Aucklanders.

23 Union Street Auckland 1010



info@aucklandcitymission.org.nz  Reception - 8:30am to 5:00pm

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| (09) 303 9200 http://www.aucklandcitymission.org.nz    **Classification : THP** | Some charges may apply. Referral may apply. |

**Auckland Mental Wellness Centre**

FSD0023975 Last updated 17/07/2020

Auckland Mental Wellness Centre has a team of registered psychologists, who provide general counselling and specialist psychological services for children, adolescents, adults, and families.

We also do report for court and Immigration New Zealand.

16 Fernly Rise Flat Bush Auckland 2019



aucklandmentalwellness@gmail.com  Monday - Friday 9am-8pm

(09) 558 4455 Saturday 9am-8pm

(021) 960 303 Some charges may apply. http://aucklandmentalwellness.com No referral required.

**Beth St. Claire - Psychotherapist**

FSD0015962 Last updated 13/07/2020

Youth and Community Services. Beth St. Claire provides face to face counselling and therapy for adolescents and adults; as well as providing clinical supervision for counsellors and others in helping industries; and facilitating personal development and counselling skills training groups. Approaches: Psychodynamic, Gestalt, PSI, EMDR, creative/experiential eg sand-tray, dreamwork, visualisation, mindfulness, IDT drawing therapy. Specialities - ACC approved sexual abuse / trauma work; Gender issues / gender minorities; survivors of fundamentalist and cultic groups.

Youthline House 13 Maidstone Street Ponsonby Auckland



beth@youthline.co.nz  Text messages and email to contact.

(Free TXT) "ACSS" to 234 Some charges may apply.

(09) 376 7481 No referral required.

http://www.counsellingsupport.co.nz/bethst-claire.html

**CADS Auckland - Central**

FSD0008280 Last updated 09/02/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

Level 1 409 New North Road Kingsland Auckland 1021



cads@waitematadhb.govt.nz  8:30 - 5:00pm Mon-Fri.

(09) 845 1818 (call centre) People can walk in between 10am - 1pm Mon-

(09) 845 1800 (reception) Fri and be seen without an appointment.

http://www.cads.org.nz Some after hour appointments and groups

available.

All services free of charge. No referral required.

**Classification : PACIFIC**

**CADS Auckland - South**

FSD0008278 Last updated 28/04/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

Building 4 17 Lambie Drive Manukau Manukau City



CADSDutySouth@waitematadhb.govt.nz  9am - 4.30pm Mon to Fri.

(09) 845 1818 Walk-in clinic 10am-1pm. http://www.cads.org.nz Some groups available after hours.

All services free of charge. No referral required.

**CADS Auckland - West**

FSD0008279 Last updated 28/04/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

Level 1 1 Trading Place Henderson Waitakere



cadsdutywest@waitematadhb.govt.nz  Mon to Fri 8:30a.m. - 4:45pm. People can walk

(09) 845 1818 in between 10am - 1pm Mon- Fri and be seen

http://www.cads.org.nz without an appointment. After hours groups also

available.

All services free of charge. No referral required.

**Care for Families**

FSD0024557 Last updated 21/04/2021

We provide free prem/newborn starter packs to families in neonatal units across NZ. We also work with bereavement charities to provide free bereavement packs with all the info needed to create lasting memories when a baby is sadly lost.

Alongside this we have Get through packs as available, that help families once off with a few days worth of baby essentials when they get stuck due to Covid, illness or lack of funds.

And lastly but so incredibly on my heart we offer Aroha packs to individuals going through severe depression or difficult times to remind them that they are Loved, I have seen so much hurt this is a great passion of mine right now to make sure no more lives are lost due to being left to feel like they are alone.

Suite 1 23 Bute Road Browns Bay Auckland 0630



C.f.f.trust@live.com  We check and try to respond to emails (021) 230 6965 immediately, packs are sent out from our office http://Care4families.org to the families.

Koha/donation may apply. Referral may apply.

**CARE Waitakere Trust**

FSD0003844 Last updated 17/12/2020

CARE Waitakere Trust offers professional counselling, budgeting and family support services to the community of West Auckland and beyond.

64 Waipani Road Te Atatu Peninsula Auckland 0610



admin@carewaitakere.org.nz  Office hours 8:30am-5:00pm Monday-Friday

(09) 834 6480 Some charges may apply. http://www.carewaitakere.org.nz No referral required.

**Classification : BFC**

**Caroline Williams Therapy & Counselling**

FSD0016172 Last updated 31/10/2020

There are times in life when we need to reach out for professional support to end the silent struggle and create a life of hope. Caroline Williams, a qualified and experienced counsellor, can help you with a range of issues including:

Substance use problems or eating disorders

Anxiety and depression

Co dependency or abusive relationships

Relationship issues, families or couples welcomed

Trauma and abuse ( historical or recent)

Caroline provides individual and family therapy with WINZ subsidies and Victim Support subsidies available.

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| therapycaroline@gmail.com  (021) 070 6343 https://carolinewilliamsnz.com/      **Cathy Langley** | Tuesday to Friday with evening sessions available.  Some charges may apply. No referral required. |
| FSD0022392 | Last updated 08/01/2021 |

I work with people who want things to be better in their relationships, their work, their families, and other areas of their lives. Issues often include depression, anxiety, conflict, loss, workplace stress, life transition, and responses to the challenges of illness and aging.

Whether you are distressed by recent change, or something needs to change, we would work together to make a lasting difference to your life and your connection with others.

There is more information about psychotherapy and about me at www.psychotherapyspace.nz.

Both of my practice locations are on major bus routes.

I would be very happy to speak with you by phone to help you decide whether you would like to meet for an initial session.

 Lister Centre 233 Mount Eden Road Mount Eden Auckland 1024

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| psychotherapyspace.nz@gmail.com  (027) 493 4102 and text http://www.psychotherapyspace.nz      **Changing Minds** | Please contact via website contact form.  Available to see clients in Mount Eden and Remuera.  Some charges may apply. No referral required. |
| FSD0021620 | Last updated 05/02/2021 |

Changing Minds is a not-for-profit organisation that works to provide information for those impacted by mental health and addictions including individuals, families, whanau, workplaces and industries. Changing Minds advocates for people's stories and experiences to support, educate and change conversations around mental health and addictions.

762 Mt Eden Road Mt Eden Auckland 1024



operations@changingminds.org.nz  9am - 4.30pm weekdays (09) 623 1762 All services free of charge. http://www.changingminds.org.nz No referral required.

**Chinese Mental Health Consultation Services Trust**

FSD0015125 Last updated 21/09/2020

Our trust is a non-profit organisation with a mission of fostering and restoring family harmony and individuals' wellbeing and safety. It is formed by a group of New Zealand experienced and registered mental health professionals.

134 Pah Road Royal Oak Auckland 1023



info@cmh.org.nz  10.00 am to 2:30 pm on Monday and Tuesday (09) 624 4639 10:00 am to 6:00 pm on Wednesday and Friday.

http://www.cmh.org.nz Please leave message on answer phone.

Some charges may apply. Referral may apply.

**Classification : FVSS**

**Community Mental Health Team**

FSD0003690 Last updated 22/09/2020

Provision of a comprehensive community follow up service for the seriously mentally ill and their families. Service of Waitemata Health

44 Taharoto Road Takapuna North Shore City



(09) 487 1500  Monday- Friday 8 - 4:30 p.m.

(09) 486 8900 After hours call North Shore Hospital: 486 8900. http://www.waitematadhb.govt.nz/hospital Some charges may apply. s-clinics/clinics-services/taharoto-road/ No referral required.

**Community Support Waitakere - Laingholm**

FSD0024348 Last updated 02/03/2021

The Laingholm area of Neighbourhood Support Waitakere is working to provide a broad range of resources including food relief, financial & budgeting advice, emotional & mental well-being support, schooling & childcare support to help empower our local community.

Neighbourhood Support Waitakere works alongside NZ Police, Auckland Council, FENZ Fire & Emergency New Zealand & Auckland Emergency Management CD to create safe and caring neighbourhoods and communities, reducing the incidents and effects of crime, building community resilience and strengthening community networks to improve the quality of life and enhance wellbeing.

21 Laingfield Terrace Laingholm Auckland 0604



support@laingholm.net  7am - 7pm 7-days a week

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| (0800) 007 008 (021) 28 38 062 https://laingholm.net      **Conversations for Change** | available after these hours only if vitally necessary  All services free of charge. No referral required. |
| FSD0023160 | Last updated 03/08/2020 |

Conversations for Change is a free resource for those who work with young people. It contains comprehensive facilitator’s guides to five group activities which challenge stigma and discrimination, and generate safe conversations about mental distress. The resource aims to encourage young people to reach out for support, and to include and support each other. Part of the Like Minds, Like Mine programme, the activities are creative, lively, and easy to implement!

395 Manukau Road Epsom Auckland 1023



rethink@mindandbody.co.nz  Online

(09) 630 5909 ext 817 All services free of charge. http://rethink.org.nz/conversationsforchan No referral required. ge/

**Counties Manukau Health Mental Health and Addictions Services**

FSD0003307 Last updated 01/04/2021

We are a specialist service for people with mental health concerns that can no longer be managed by supports in your community. We work with your family/whaanau, doctor and community to provide high quality support, when you need it, where you need it.

Our service is made up of a number of teams, each specialising in helping people with a variety of ages, cultural backgrounds and mental health concerns.

For contact details for each of our teams please visit our website at https://www.countiesmanukau.health.nz/our-services/mental-health/

For urgent support contact our after hours phoneline on 0800 775 222, or phone (09) 261 3700 at any time. If you need immediate help call 111.

(09) 261 3700  Office available 8.00am - 5.00am Monday to (Free call / text) 1737 Friday

https://www.countiesmanukau.health.nz/o ur-services/mental-health/ For urgent, after-hours support please contact

(09) 261 3700. If you need immediate help call 111.

All services free of charge. Referral may apply.

**Crossroads Clubhouse**

FSD0003552 Last updated 13/10/2020

Clubhouse is a supportive work focused community which provides opportunities for members to utilise their skills and discover their hidden talents. It is for people who have diagnosed mental illness ages 18-65.

393 Great North Road Grey Lynn Auckland



admin@crossroadsclubhouse.org.nz  9 - 5 Mon - Thurs

(09) 376 4267 9 - 3 Fri http://www.arahura.org.nz/crossroads- All services free of charge. clubhouse/ No referral required.

**Dance & Arts Therapy NZ**

FSD0023989 Last updated 13/07/2020

Dance & Arts Therapy NZ (DTNZ) provides mental health and disability services. Our kaupapa is to support and empower vulnerable individuals and groups in Aotearoa New Zealand through the use of Dance Movement Therapy and Arts Therapy. We have a particular focus on those with disabilities and special needs but also work with at-risk tamariki from low income backgrounds and people of all ages struggling with trauma.

Community Office 1/Onehunga Community Centre 83 Church St Onehunga Auckland 1061 info@dancetherapy.co.nz  Office: Monday-Thursday, 7.30am-5pm



(09) 636 3029 Programmes operate within and outside of these http://www.dancetherapy.co.nz times.

Some charges may apply. Referral may apply.

**Dayspring Trust**

FSD0015682 Last updated 08/09/2020

Dayspring is passionate about fostering the wellbeing of both mother and child creating opportunities that inspire women to live, love, learn and connect.

Dayspring began over 30 years ago with a group of women in West Auckland who saw a need in the community that wasn't being met.

Since those early beginnings we have been working with vulnerable families and have a long history of positive involvement with mothers and their babies who are living with post natal depression or an ongoing mental illness. We have first hand experience on the impact their illness has on the mother/baby bonding processes and the associated risks of attachment disorder.

Daysprings programmes are designed to positively influence the pathways for women and their families.

Vision: To be the preferred provider of Maternal Mental Health Community Services in the Auckland Region.

Head Office 2 Seabrook Avenue New Lynn Waitakere City



info@dayspring.co.nz  9.00 am - 3.00 pm (09) 827 6321 Some charges may apply.

(09) 834 4893 Referral may apply. http://www.dayspring.co.nz

**Debbie Rowberry**

FSD0019037 Last updated 22/09/2020

Emotion Regulation Therapy for Children and their Families.

Debbie Rowberry is a Child Therapist specialising in Child Emotion Regulation Therapy for high and complex needs children. The programme teaches Children how to recognise, monitor and moderate their States of Being. Parental Coaching is provided to teach conscious parenting skills. Children gain greater Emotion Resilience and Emotion I.Q. The programme also includes the development of a client specific behavioural management plan for home and school.

Debbie also facilitates early intervention, Emotion Education programmes for schools.

Debbie provides Therapeutic Services within a clinic setting as well as incorporating Equine Therapy, Canine Therapy and Nature based activities at Willow Therapy Farm in Clevedon.

610 Monument Road Clevedon Auckland 2582



D.rowberrynz@gmail.com  Please phone for an Appointment.

(021) 741 887 Some charges may apply. http://www.childbehaviourist.com No referral required.

**Dmitri Biletzki**

FSD0023833 Last updated 14/12/2020

Maximise your chance to be able to climb mountains when you become 90 years old! I offer Counselling, Therapy and coaching to People Who Want to achieve the highest level of health, confidence and happiness! Increase Confidence, Gain Clarity, Stay Motivated on the Path have the healthiest lifestyle for human beings. High Energy | Strong and Healthy Body | Empowered, clear, positive mind! We are a match if you are striving to work hard, make the necessary changes and want to get the highest level of health at all levels.

What can I help you with?

Counselling Addictions, Drug & Alcohol, Smoking & Gambling Crisis & Trauma, Pain &

Depression, Grief & Bereavement Counselling Psychotherapy, Relationships, Family & Parenting,

Marriage & Divorce. Eating Disorders Mental Health Services, Adolescent, Mood & Anxiety Disorders, Social services, Finding life purpose, Creating happy healthy lifestyle, Life Coaching, Health Coaching.

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| db@health-mentor.co (022) 389 1007 https://www.health-mentor.co/      **Ember** | online booking through website calendar.  Some charges may apply. No referral required. |
| FSD0003344 | Last updated 22/12/2020 |

Frame work delivers community based mental health and intellectual disability services in Greater Auckland from strategic locations throughout the city.

51 Huia Road Otahuhu Auckland 1062



info@ember.org.nz  Office hours 8-5pm (09) 523 2790 All services free of charge. http://www.ember.org.nz Referral may apply.

**Ember Employment**

FSD0015256 Last updated 24/02/2021

To provide individualised and ongoing support to people with experience of mental illness in looking and keeping jobs which are matched to their skills and interests. The service is client centred and will work in partnership with other support network that client has access to.

49B Apollo Drive Rosedale Auckland 0632



employment@ember.org.nz  Monday to Friday (09) 523 2791 8:30 AM to 5:00 PM

https://ember.org.nz/ All services free of charge.

Referral may apply.

**Ember Korowai Takitini**

FSD0021212 Last updated 07/06/2020

Ember Korowai Takitini , offers a wide range of services to people experiencing mental health and addictions issues including attaining goals in employment and accommodation.

Ember works strongly from a Values base, using them in recruitment, decision making, planning and evaluation of services.

Ember holds priorities in people development. That includes stakeholder development – service users, family/whanau and Maori – so that people can work more actively in partnership with the organisation both in individual service delivery and in organisational development.

So finally, here we are… Ember Korowai Takitini , Tama T Tama Ora which is Standing Together In Wellness.

49B Apollo Drive Rosedale Auckland 0632



reception@connectsr.org.nz  9am - 5pm Monday to Friday

(09) 443 3700 All services free of charge. http://connectsr.org.nz Referral may apply.

**Emerge Aotearoa - Central Auckland Office**

FSD0003431 Last updated 31/08/2020

Residential and non-residential mental health provider for adults and adolescents needing help in recovering and rehabilitating from mental health problems.

103 Richardson Road Mt Albert Auckland 1025



info@emergeaotearoa.org.nz  Mon - Fri

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| --- | --- |
| (09) 847 9187 http://emergeaotearoa.org.nz | 8 am - 5 pm  Some charges may apply.  Referral may apply. |

**Emerge Aotearoa - National Support Centre**

FSD0003606 Last updated 13/04/2021

Emerge Aotearoa is a not-for-profit charitable trust that provides community-based mental health,addiction, disability support and social housing services nationwide to people who are vulnerable or marginalised within their communities. We believe that everyone is capable of living full and rich lives in their chosen communities when they have access to support and opportunities for learning,skill development and rehabilitation. Our vision of Realising Potential Tautokohia te mana tangata, provides us with the ability to see what can be achieved when there is connection; the ability for someone to see the good in themselves and in others, to recognise the possibility for things to improve, and life to be meaningful and purposeful. Our values guide the way we work with service users and their families; Connecting with Purpose, Whakawhnaunga, Engaging with Respect, Manaaki, Walking and Learning Together, Ako and Acting with Integrity, Whakamana; they form the basis of everything we do.

320 Ti Rakau Drive Burswood Auckland 2013 info@emergeaotearoa.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 265 0255 All services free of charge. https://www.emergeaotearoa.org.nz Referral may apply.

**Classification : PACIFIC, THP**

**Emerge Aotearoa Family/Whnau**

FSD0024228 Last updated 01/04/2021

Family/Whanau Support Services is a free service that focuses on supporting family/whnau who have a loved one experiencing mental health issues. At Emerge Aotearoa, we understand the important roles family/whnau can have in the treatment and recovery of their loved one. Our services include: Support - Developing skills to confidently support their loved one.

Information/education - To gain a better understanding of diagnoses, self-care. Advocacy – To confidently navigate mental health services.

197 Universal Drive Henderson Auckland 0610



Jamie.Streak@emergeaotearoa.org.nz  Monday to Friday 0800-1700

(021) 495 720 All services free of charge.

(09) 839 7301 No referral required. https://emergeaotearoa.org.nz/ourservices/whanau-family-support/

**Emma Green, Psychotherapist**

FSD0022671 Last updated 18/02/2021

Registered psychotherapist providing therapy and counselling for adults, adolescents and couples. Therapy provides a space for reflection and healing, and can help build stronger, more mutually satisfying relationships. Emma works with depression and anxiety, as well as trauma and relationship difficulties.

Level 1 300 Great South Road Greenlane Auckland 1051



emmagreentherapy@gmail.com  Tuesday afternoons

(022) 063 5838 Wednesdays (09) 393 0051 Friday mornings

http://www.talkingworks.co.nz/dir/Emma+ By appointment

Green.html Some charges may apply.

No referral required.

**Equip**

FSD0008131 Last updated 27/01/2021

We are a non-governmental organisation providing recovery support for individuals experiencing major mental health disorders and their families.

 Windsor Park Centre 550 East Coast Road Mairangi Bay Auckland 0630

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| office@equip.net.nz  (09) 477 0338  (021) 815 139 http://www.equip.net.nz      **Family Works Waitakere** | 8.30am - 4.30pm, Monday to Friday.  All services free of charge. Referral may apply. |
| FSD0006493 | Last updated 09/12/2020 |

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

2171 Great North Road Avondale Auckland 0600



admin.waitakere@fwn.org.nz  Monday - Friday

(09) 835 1288 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-west Referral may apply.

**Fiona Hardy Counselling**

FSD0021223 Last updated 16/03/2021

I am a skilled Counsellor/Family Therapist located in Central Auckland - working from rooms in Grey Lynn and Remuera.

I focus on working positively with individuals, couples, groups, families and adolescents who may be wanting to understand and develop skills in managing anxiety, depression, processing grief and loss, relationships, sexual issues, identity, work related issues, self esteem, pregnancy and pregnancy loss.

I am narratively trained with a focus on short term work that is person centered and solution focussed.

I work from two relaxed and private locations in Grey Lynn and Remuera.

Please contact me to see how I may be able to assist you.

Skype sessions are also availabe.

Community of St Luke 130 Remuera Road Remuera Auckland 1024



fionahardycounsellor@gmail.com  Counselling appointments during the day and

(021) 294 0346 some evenings in Remuera and Grey Lynn.

(09) 620 2121 Please phone to discuss your requirements. http://www.fionahardycounselling.co.nz

Skype Sessions also available.

Some charges may apply. No referral required.

**Gateway Community Trust**

FSD0015197 Last updated 22/09/2020

We are a community-based trust focused on strengthening families, empowering our youth and are OSCAR approved for child care services.

26A Wood Street Papakura 2110



reception@navigators.community  Monday to Friday, 8am - 4pm

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| (09) 298 1807 http://www.thegate.co.nz    **Classification : OSCAR** | Some charges may apply. No referral required. |

**Gianna's Choice Pregnancy Support**

FSD0016607 Last updated 13/08/2020

Our purpose is to provide support for teens, women and couples facing an unplanned pregnancy, discover her needs and connect her with the resources she requires.

When pregnancy comes with no easy answers we are hear to listen to your concerns and challenges. We will support you as you explore your situation, always recognizing that the decisions to be made are ultimately yours.

We are here to support you because we believe in you and you matter.

Our help is private and non-judgmental. We will give you the information you need in a caring and supportive environment.

 569A Richardson Road Mount Roskill Auckland 1041

nzgiannaschoice@gmail.com 

(0800) 367 5433 (027) 448 8070 http://pregnancyoptions.org.nz

**Classification : PACIFIC**

**Glen Innes Family Centre**

FSD0016332

24/7 Free Call: 0800 3675433

Interviews by Appointment All services free of charge. No referral required.

Last updated 22/01/2021

Provide Social Work Support, Counselling (Individual/Family), Budgeting, Parenting Programmes, Domestic Violence Programmes, Senior Recreational Programmes.

122 Elstree Avenue Glen Innes Auckland 1743



admin@gifc.org.nz  Weekdays 9AM - 3PM

(09) 570 6250 Thursday 9am - 6pm

http://www.gifc.co.nz All services free of charge.

No referral required.

**Great Potentials - Takanini Family Service Centre**

FSD0022363 Last updated 17/07/2020

We offer a range of social services and programmes to the community including counselling, parenting programmes, playgroup, English literacy classes. Most of our services/programmes are free however a small koha may apply to some.

8 Oakleigh Avenue Takanini Auckland 2112



fsc.info@greatpotentials.org.nz  9am - 4.30pm

(09) 974 4719 Monday to Friday

(021) 882 970 Some charges may apply. http://www.greatpotentials.org.nz/ No referral required.

**GROW Group - Highland Park**

FSD0021341 Last updated 28/04/2021

GROW provides friendly help for people suffering from anxiety, distress, depression or any sort of emotional problems.

Highland Park House 47 Aviemore Drive Highland Park Auckland auckland@grow.org.nz  Mondays 7:00pm (09) 846 6869 All services free of charge.



(021) 049 1360 No referral required. http://www.grow.org.nz

**GROW Group - North Shore**

FSD0021352 Last updated 28/04/2021

GROW provides friendly help for people suffering from anxiety, distress, depression or any sort of emotional problems.

Glenfield Community Centre 111 Bentley Ave Glenfield Auckland auckland@grow.org.nz  Monday 1:00pm (09) 846 6869 All services free of charge.



(021) 049 1360 No referral required. http://www.grow.org.nz

**GROW Group - Onehunga**

FSD0021353 Last updated 28/04/2021

GROW provides friendly help for people suffering from anxiety, distress, depression or any sort of emotional problems. Online or physical groups available.

Onehunga Community House 83 Selwyn Street Onehunga Auckland 1061 auckland@grow.org.nz  Thursday 10:00am (09) 846 6869 Koha/donation may apply.



(021) 049 1360 No referral required. http://www.grow.org.nz

**GROW Group - Papatoetoe**

FSD0007733 Last updated 28/04/2021

GROW provides friendly help for people suffering from anxiety, distress, depression or any sort of emotional problems.

Seventh Day Adventist Church 16 Puhinui Road Papatoetoe Manukau



auckland@grow.org.nz  Meeting time: 10am Mondays

(09) 846 6869 All services free of charge.

(021) 049 1360 No referral required. http://www.grow.org.nz

**GROW Group - St Lukes**

FSD0022070 Last updated 28/04/2021

GROW provides friendly help for people suffering from anxiety, distress, depression or any sort of emotional problems. Online and Face-to-Face groups available.

97 St Lukes Rd Sandringham Auckland 1025



auckland@grow.org.nz  Monday 6:30 pm to 9pm (09) 846 6869 Koha/donation may apply.

(021) 049 1360 No referral required. http://www.grow.org.nz

**GROW Mental Health**

FSD0005675 Last updated 28/04/2021

GROW offers a supportive environment to help those who struggle to live well in the world. We are a community mental health movement with groups suitable for people recovering from mental illness, for anyone suffering from a crisis, and those who need support to self-manage their daily lives.

We offer friendship and support at weekly group meetings that are open to all. The physical meetings are regional and we cover all of New Zealand with online Zoom meetings. The GROW community are people who have been in your shoes and know how you feel. We have found our way back to wholeness and our passion is to help you do the same. Learn to live truly and conform your mind with reality, developing character and spiritual strength.

GROW is free to join and you don’t need a referral or diagnosis.

Visit our website for testimonies of people whose lives have been transformed by GROW or phone or email us today for your nearest group.

97 St Lukes Road Sandringham Auckland 1025



auckland@grow.org.nz  Office hrs: Mon10am-12pm,Tues,Wed10am-

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| (09) 846 6869 (021) 049 1360 http://www.grow.org.nz      **Hadiyyeh Zohoori-Dossa** | 4.30pm  Groups meet weekly for 2 hours according to each groups specified start time. For more information on where and when, please email or phone the office.  Koha/donation may apply. No referral required. |
| FSD0022715 | Last updated 03/10/2020 |

Holistic, Multi-Cultural Counselling for individuals, groups, families and pre-marital couples.

Issues: Depression, Anxiety, Grief, Parenting, Stress, etc. Also, Nutrition-related conditions:

Obesity, Diabetes, Hypertension, etc.

Some benefits of counselling are:

* Developing Self-Awareness and Mindfulness
* Learning Problem-Solving, Effective Communication and Conflict Management
* Stress Management – Learning to go beyond coping to attain and maintain Lasting Happiness\* Personal Growth
* Behaviour Change, e.g. reduction in smoking, drug use, angry outbursts or other undesirablehabit, or increase in following a Healthy Diet, Physical Activity or any other desirable habit.

All services are multi-cultural and inter-faith by being sensitive to the ethnic, socio-economic, gender, racial and religious background of clients.

I also conduct:

* a pre-marital counselling programme, and
* Reiki Chanelling, a Japanese technique for stress reduction, relaxation and healing.

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| hadiyyehzd@yahoo.com (021) 037 2456 | Please get in touch to arrange a suitable time and place.  Online counselling also available.  Some charges may apply.  No referral required. |

**He Kamaka Waiora - Maori Health Services**

FSD0003760 Last updated 19/04/2021

He Kamaka Waiora provides support to Maori Patients across our North Shore Hospital and Waitakere Hospital.

Ground Floor, North Shore Hospital 124 Shakespeare Road Takapuna Auckland 0620 cherie.povey@waitematadhb.govt.nz  On call hours:



(09) 486 8324 ext 42324 8am-9pm Mon-Fri

9am - 9pm weekends

All services free of charge. Referral may apply.

**Heartbeat City Ministries**

FSD0003351 Last updated 03/01/2021

Psychological Counselling Services delivering home based short term therapy approach within a Whnau Ora framework to predominately Mori whnau, children/tamariki and young people/rangatahi. HBCM Psychological Counselling Service aim to provide the highest standard of care for whnau, tamariki and rangatahi residing in the Counties Manukau region.

24 Huia Rd Papatoetoe Auckland 2025



heartbeat@xtra.co.nz  Office hours: 9.00am to 4.30pm.

(021) 112 7543 Phone voice message are welcomed and will be

(021) 213 6235 responded to.

Some charges may apply. Referral may apply.

**Hearts & Minds**

FSD0003428 Last updated 11/09/2020

Hearts & Minds is a community development organisation promoting mental health and community wellbeing. Services include: Wellbeing and Resilience groups and workshops; Health and Support

Navigation; Community Development; Community Volunteering; Global Food and Friends; Support for migrants and newcomers and Strengthening Families.

Level 1 65 Pearn Crescent Northcote Auckland 0627



info@heartsandminds.org.nz  9.00 am - 4.00pm Mon-Fri (09) 441 8989 All services free of charge. http://www.heartsandminds.org.nz No referral required.

**Hindu Niwas**

FSD0019247 Last updated 17/01/2021

Hindu Niwas aims to provide the most effective, financially and socially sustainable emergency, social and affordable housing and espouse the best provider reputation in New Zealand. Our service provides social & residential services and various activities throughout Auckland.

74 Retreat Drive Mangere Manukau 2022



hinduniwas@gmail.com  Office time 9am to 5pm.

(09) 275 1003 Emergency accommodation contact telephone

(021) 052 0323 Number 0800 275 100

Some charges may apply. Referral may apply.

**Home and Family Counselling Inc: Auckland Office.**

FSD0003359 Last updated 13/07/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. We have a Chinese counsellor available and a mix of male and female counsellors. Professional, experienced counsellors provide high quality services from our long-standing wellrespected independent organisation.

 344 Mt Eden Road Mt Eden Auckland 1024

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| (09) 630 8961 http://www.homeandfamily.org.nz    **Classification : FVSS** | Monday - Friday 9am - 5pm  Saturday 9am - 4.30pm  Late Nights: Tuesday, Wednesday, and Thursday.  Koha/donation may apply.  No referral required. |

**Home and Family Counselling Inc: North Shore Office**

FSD0015867 Last updated 16/06/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. Chinese counsellor available. Professional, experienced counsellors provide high quality services from our long-standing well-respected independent organisation.

2a Seaview Avenue Auckland 0627



Northshore@hfc.org.nz  Monday - Friday 9am - 5pm, Saturday 9am -

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| (09) 419 9853 http://www.homeandfamily.org.nz      **Hope Unlimited Trust** | 2pm.  Koha/donation may apply. Referral may apply. |
| FSD0008101 | Last updated 10/01/2021 |

We offer holistic, affordable, professional counselling and social services supporting parents and their families.

Our services include Counselling, Community Support, and Programmes: - Men's Living In Harmony/emotional intelligence/mana building; Women's Self Esteem /Personal

Development/Living in Harmony/Emotional management; plus a connect group; Parenting Toolbox 6-12yr-olds & Teenagers; Building Awesome Whanau; and Blended Families Programmes.

We have male & female counsellors, and we provide day & evening appointments.

 46 John Street Pukekohe 2120

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| hope@hopeunlimitedtrust.org.nz  (09) 239 1823 http://www.hopeunlimitedtrust.org.nz | 9am - 8pm, Monday to Friday. Sometimes  Saturday  Some charges may apply.  No referral required. |

**Iain Thomson - Insight Therapy**

FSD0024158 Last updated 20/01/2021

I provide private therapy, counselling and clinical supervision from my East Auckland location and online. I work with individuals (from 12 years of age) and families across a wide range of issues and experiences.

45A Marendellas Drive Bucklands Beach Auckland 2014



iain@insighttherapy.co.nz  By arrangement

(021) 276 1000 Some charges may apply. http://www.insighttherapy.co.nz No referral required.

**Iosis**

FSD0003294 Last updated 17/12/2020

Iosis is committed to transforming family life for good. Many families who access our services have complex issues and needs with limited resources. We provide a range of services addressing issues of parenting, family violence, relationships, safety of children, housing, finances, education, addictions etc, We are based in Manurewa and work across South Auckland.

Merivale Whanau Development Centre is a parenting residential programme for women and children. These families are referred by Oranga Tamariki and engage in our programme for a minimum of 6 months. It is our hope that through their engagement and successful completion these mothers will retain the care of their children. Referrals can be received from across the greater Auckland region and in some circumstances beyond Auckland.

112C Russell Road Manurewa Manukau City



enquiries@iosis.org.nz  Monday to Friday 8:30am to 5:00pm

(09) 269 0050 Some charges may apply. http://www.iosis.org.nz Referral may apply.

**Classification : BFC, FVSS, PACIFIC**

**Jenny Hylton Psychotherapy**

FSD0008265 Last updated 04/03/2021

I provide short or long term psychodynamic psychotherapy for clients wishing to address issues related to depression, anxiety, grief, stress, adoption, abuse and trauma. I work out of Onehunga, Auckland.

jenhyl123@gmail.com  8am - 8pm Weekdays (09) 622 2017 Some charges may apply. http://www.aucklandtherapy.co.nz/Psycho No referral required. therapists/JennyHylton.htm

**Jenny Jackson, Family Therapist/Counsellor**

FSD0008250 Last updated 30/03/2021

Counselling for teenagers, adults and families. Member of NZAC (New Zealand Association of Counsellors). Anxiety, depression, anger, grief/loss, relationships, bullying, stress, parenting/behaviour issues, supervision of counsellors/students/pastoral staff. Services offered face to face and online via skype or zoom.

Suite 2 518 East Coast Road Windsor Park Auckland 0630



jenny@jacksoncounselling.co.nz  Weekdays 9am to 6pm

(021) 167 0308 Some charges may apply.

(09) 478 2501 No referral required.

http://www.jacksoncounselling.co.nz

**JPS Counselling**

FSD0023100 Last updated 12/04/2021

My counselling services are for anyone who is searching for help with answers to problems that they feel unable to cope with on their own.

 1-3 Poynton Terrace Newton Auckland 1145

jpscounselling@gmail.com  Appointments available Monday to Saturday.

(020) 4171 0683 Available for contact 7 days. https://www.facebook.com/jpscounselling Some charges may apply. nz/ No referral required.

**KARI Centre (formerly CCAFS)**

FSD0003751 Last updated 13/10/2020

Outpatient mental health service for infants, children, adolescents and their families in the central Auckland area (Auckland DHB catchment). We provide multi disciplinary interventions for clients using a large range of evidence based treatments. Waiting times for first appointments are less than three weeks and crisis assessments are completed as necessary.

 Ground Floor, Bldg 13, Greenlane Clincial Centre 214 Green Lane West Epsom Auckland

1051 karicentreadmin@adhb.govt.nz  Monday - Friday, 8:30-4:30pm (09) 623 4646 All services free of charge.

Referral may apply.

**Kidsline**

FSD0003474 Last updated 22/12/2020

Kidsline is a free, nationwide telephone counselling serivce for children up to 18. Our service is free and confidential. Contacting Kidsline is easy. We are available 24/7 - call us on 0800 kidsline.

If you would like to speak with one of our Buddies call the same number between 4pm-9pm weekdays from your home phone or mobile phone.

Remember: It helps to talk.

95 Great South Road Greenlane Auckland City



(0800) 543 754   We are a 24/7 service. Callers can talk to a http://www.kidsline.org.nz trained Kidsline Buddy between 4 - 9pm weekdays.

All services free of charge. Referral may apply.

**Khui T Kaha**

FSD0003476 Last updated 22/04/2021

Khui T Kaha is a well-established, not-for-profit organisation providing social housing to young people aged 16 – 19 years who are on the MSD social housing register.

650 Great South Road Ellerslie Auckland 1051



reception@kahuitukaha.co.nz  Head Office 8:30am-5 pm.

(09) 531 4040 Some charges may apply. http://www.kahuitukaha.co.nz Referral may apply.

**Classification : THP**

**Kinga Tiaki Centre (formerly St Lukes Community Mental Health**

**Centre)**

FSD0003446 Last updated 19/02/2021

Auckland Healthcare crisis intervention, mental health assessment, client family therapy, group sessions.

1A Wynyard Road Mount Eden Auckland 1024



(09) 845 0940  8.30am - 4.30pm. After then answerphone will

(0800) 845 094 divert. http://www.adhb.health.nz 0800 number is for after hours crisis team pager.

All services free of charge. Referral may apply.

**Lifeline Aotearoa Suicide Prevention**

FSD0008305 Last updated 08/12/2020

Lifeline Aotearoa provides training in suicide prevention and resilience. Lifeline are working to support employee wellbeing being utilised as a platform for equipping everyday Kiwis with the skills to build knowledge, awareness and confidence to reduce suicides. This initiative arose from Lifeline’s desire to have as many people as possible trained in suicide awareness and prevention; and through equipping our workforce, these vital lifesaving skills transfer through to family, whnau, friends and communities of trained employees.

95 Great South Road Epsom Auckland 1051



office@lifeline.org.nz  Lifeline 24/7 Helpline

(09) 909 8750 0800 543 354 or free text HELP (4357)

http://www.lifeline.org.nz Suicide Crisis Helpline | 0508 TAUTOKO (0508

82 88 65)

Some charges may apply. No referral required.

**Lister Centre**

FSD0019503 Last updated 29/06/2020

Welcome to the Lister Centre. We are experienced psychotherapists who can assist you in addressing your personal issues in a safe, respectful and confidential way. If you’re struggling with feeling good about yourself and others in your life, we can be of help to you.

If you’re amidst a personal crisis, struggling with anxiety or depression, experiencing relationship difficulties, or battling with an addiction or unmanageable feelings, our services can help bring clarity and relief.

If you and your partner or family are trying to find a way to move through a difficult time, explore patterns that may be underlying these difficulties and improve communication with each other, you’re not alone in seeking help through psychotherapy.

233 Mount Eden Road Auckland 1024



lister.centre@xtra.co.nz  Some charges may apply.

(09) 623 1916 No referral required. http://www.listercentre.co.nz

**Liz Summerville Counsellor**

FSD0019117 Last updated 03/09/2020

Counsellor in private practice. Specialities are relationship counselling, sexual abuse (ACC), anxiety, depression, grief and trauma. Teens, adults, individuals, couples, families.

 19a Rangatira Road Birkenhead North Shore 0626

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| liz@summerville.co.nz (027) 488 9236 http://www.summerville.co.nz | 9am-5pm phone contact. Counselling available by arrangement outside those hours.  Some charges may apply.  No referral required. |

**Loneliness New Zealand Charitable Trust**

FSD0023489 Last updated 01/04/2021

We are intent on conquering loneliness in New Zealand. People with loneliness struggle having quality relationships, and that can spiral their loneliness further, affecting work, study and home life. The distress of ongoing loneliness causes higher risk of physical and mental health problems including depression and suicide.

Our vision is that those who have loneliness are enabled to better understand themselves and the way they connect to others, and their world. Research shows that people need support to overcome prolonged loneliness, and is most effectively done through changing the way they think about themselves and others.

With our help people will experience significantly less pain that loneliness brings with it, and become stronger emotionally and mentally within themselves, increasing their resilience and dependency on others.

We provide support in the form of mentoring, and coaching through technology from our client's own home.

30A Bell Road Remuera Auckland 1050



admin@loneliness.org.nz  By arrangement, as we use Zoom and Skype or https://loneliness.org.nz/ equivalent technology. Contact first made

through the Get Started Form on our website or email admin@loneliness.org.nz Some charges may apply. No referral required.

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| **Mahitahi Trust** |  |
| FSD0003776 | Last updated 27/01/2021 |

Maori Mental Health providers for South Auckland.

 15A Ronwood Avenue Manukau Auckland 2104

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| info@mahitahi.co.nz (09) 262 4533 http://mahitahi.co.nz | 5 days Mon - Fri 8.30am - 5pm All services free of charge.  Referral may apply. |

**Manaaki House Community Mental Health Clinic**

FSD0003325 Last updated 26/10/2020

Community mental health centre (Auckland Healthcare Services Ltd) East Auckland area

15 Pleasant View Road Panmure Auckland 1072



(0800) 570 651  Non urgent referrals & all appointments 8.30am -

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| http://www.healthpoint.co.nz/specialists/m ental-health/auckland-dhb-communitymental-health-services/at/manaaki-house/      **Manawanui Oranga Hinengaro** | 4.30pm Monday to Friday.  After hours urgent response service 0800 800  717  All services free of charge. No referral required. |
| FSD0003642 | Last updated 06/07/2020 |

We are the Auckland District Health Board Kaupapa Maori Mental Health Service for adults aged 17 - 65. We provide a range of clinical and support services as well as an extensive therapeutic group programme. This service is available to people who live within the Auckland District Health Board locality.

11 Sutherland Road Point Chevalier Auckland City



(09) 845 3084  Monday to Friday, 8.30am - 4.30pm (0800) 845 308 All services free of charge.

Referral may apply.

**Massey Community Trust**

FSD0020852 Last updated 23/04/2021

We focus on delivering programmes and services that empower people to make positive, effective changes in their lives and that enable positive integration to community and society. Our Trust achieves this through various support programmes including Celebrate Recovery and Breakfr3. “Celebrate Recovery” is a 12 step programme that runs for 52 weeks a year offering a community of care approach for adult participants to work through their hurts, habits and hangups through sharing a meal together, teaching, story telling and small groups. “BreakFr3” is a youth recovery programme for 12-24 year olds that are dealing with issues around abuse, drug and alcohol, petty crime, violence, sexuality, anxiety, depression, identity and family dysfunction. Breakfr3 runs weekly throughout the school terms, providing support, developing talent and growing selfconfidence through interactive learning, story telling and sharing in small groups.

8 Vadam Road Massey Auckland 0614 info@celebraterecovery.co.nz  Please call or email to make an appointment.



(09) 833 3107 Some charges may apply.

No referral required.

**Mental Health Foundation of New Zealand**

FSD0003388 Last updated 18/12/2020

The Mental Health Foundation is a charity that works towards creating a society free from discrimination, where everyone can enjoy positive mental health and wellbeing, throughout the ups and downs of life.

We aim to increase awareness about mental health and mental illness so everyone feels comfortable asking friends and whnau if they are okay.

Our information and resources are provided for free, and we also run national campaigns such as Mental Health Awareness Week and New Zealand’s largest anti-bullying campaign, Pink Shirt Day.

Level One (Units 109-110) 23 Edwin St Mt Eden Auckland 1024



info@mentalhealth.org.nz  9am - 4.30pm weekdays.

(09) 623 4810 All services free of charge.

(09) 623 4812 No referral required. http://www.mentalhealth.org.nz

**Mental Health Foundation: A-Z Get Help**

FSD0022947 Last updated 07/07/2020

Provides information and links to support on mental health issues.

Units 109-110, Zone 23 23 Edwin Street Mt Eden Auckland 1024



info@mentalhealth.org.nz  All services free of charge.

(09) 623 4812 No referral required.

(09) 623 4810 https://www.mentalhealth.org.nz/gethelp/a-z/l/s

**Mental Health Services & Addictions - Waitemata DHB**

FSD0015258 Last updated 28/10/2020

Specialist Mental Health & Addiction Services includes Adult Mental Health Services, Child & Youth Mental Health Services, Maori Mental Health Services and Pacific Mental Health Services to North Shore and Waitakere cities and rural Rodney County.

44 Taharoto Road Takapuna



(0800) 800 717  8am - 4.30pm office hours. Crisis teams are 24

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| (09) 487 1300 http://www.waitematadhb.govt.nz/      **Mothers Helpers** | hours 7 days on 0800 number.  All services free of charge. No referral required. |
| FSD0022150 | Last updated 10/11/2020 |

Mothers Helpers is a charitable trust established to help prevent postnatal depression (PND) in mothers who are at-risk, and to work towards wellness for mothers with existing PND.

Mothers Helpers:

* provides free, affordable and practical help for mothers with PND
* helps you understand how to manage PND
* helps prepare you for parenthood

COURSES AVAILABLE:

These courses are facilitated by counselling and social work students and are delivered in a support group environment.

Preparing for Parenthood: a 6-week course focused on helping soon-to-be parents prepare for the life-changing and wonderful experience of parenthood. This includes two one-on-one sessions with the parents.

PND Recovery Course: a 10-week course for mothers diagnosed with PND, covering:

* What is PND & Anxiety?
* Cognitive Behavioural Therapy
* Exercise
* Diet
* Risk factors
* Stressor & triggers
* Mindfulness
* Medication
* Self-care & self-esteem

Suite 7710 17B Farnham Street Parnell Auckland 1052



info@mothershelpers.co.nz  Operating hours Monday-Friday 9am-5pm

(0800) 002 717 http://www.mothershelpers.co.nz The best way to refer yourself or a mother to our

service, is through our online referral form,

https://www.mothershelpers.co.nz/referral-2/ Some charges may apply. No referral required.

**Narrative Pathways**

FSD0018647 Last updated 13/04/2021

Specialist counselling and support for boys, teenagers (male and female), families, men and couples. LGBTI specialist and ACC registered with Youthline.

Since 1993 Nigel has provided counselling support in New Zealand, England and USA, including work as a School Guidance Counsellor, E.A.P Counsellor and couples / family therapist in his own practice in Auckland.

Nigel holds a Masters Degree in Counselling (Narrative Practice) and is a lecturer in the Bachelor of Social Practice Programme at Unitec, Auckland.

Nigel is available in-person in Auckland and online nation-wide.

In addition to counselling, Nigel provides clinical supervision to counsellors, social workers and others in senior roles within the helping professions, and Wellbeing seminars and workshops nationwide by arrangement.

10 Fontenoy Street Mount Albert Auckland 1025



nigel@narrativepathways.com  Fridays (during business hrs) but also some

(021) 834 413 evenings by special arrangement. http://narrativepathways.com

Call me to discuss your needs and we will find a time that works for us both. In-home appointments can also be arranged.

Some charges may apply. No referral required.

**New Zealand Christian Counsellors Association**

FSD0015086 Last updated 15/01/2021

Christian counsellors seek to be qualified, accountable practitioners, who work with integrity within the wider community. They support their clients on their journey, deeply respecting both the uniqueness of each individual and the context within which they live.

Youthline Manukau 145 St George Street Papatoetoe 2025



info@nzcca.org.nz  Our members are based all around N.Z. A (09) 361 4183 directory of Christian Counsellors is available on http://www.nzcca.org.nz our website.

Can be emailed anytime, phone during normal working hours.

Mon to Friday 8am - 2pm.

Some charges may apply. No referral required.

**North Shore Women's Centre**

FSD0003480 Last updated 29/01/2021

Information, support and referral service for women and girls from age 12. Providing social work support, counselling service, free legal clinic and clothing exchange. Personal development and interest classes during school term.

5 Mayfield Road Glenfield Auckland 0747



women.ctr@xtra.co.nz  Monday to Friday 9am - 3.30pm

(09) 444 4618 Some charges may apply. http://www.nswomenscentre.co.nz No referral required.

**Oasis of Peace Counselling Limited**

FSD0021555 Last updated 12/04/2021

Supporting people to live a more peaceful and fulfilled life. Member of NZCCA. Bilingual counsellor (English / Arabic).

ACC-funded sexual abuse counselling.

9 Egret Court Unsworth Heights Auckland 0632



maysoonr@gmail.com  8 am- 8 pm

(022) 616 0276 Some charges may apply.

(09) 834 6480 No referral required.

http://www.oasisofpeacecounselling.com

**Open Home Foundation (OHF) - Auckland**

FSD0007283 Last updated 27/10/2020

Our Mission is to provide quality child centred family focused Christian social services. The Open Home Foundation is a Christian Child and Family Support Service that works within the provisions of the Children, Young Persons and Their Families Act (1989). We have 14 centres throughout NZ and we provide quality services for children, young people and their family/whanau.

Level 3 130 Khyber Pass Road Grafton Auckland 1023



auckland@ohf.org.nz  8:30am - 5:00pm Monday to Wednesday

(09) 634 2057 Some charges may apply. http://www.ohf.org.nz/ No referral required.

**Overeaters Anonymous - Auckland**

FSD0007761 Last updated 17/12/2020

Is food a problem for you? Overeaters Anonymous is a twelve-step programme for men and women who support each other in solving their common problem of compulsive eating including anorexia, bulimia, obesity and overeating.

Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self- supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.

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| aucklandoa@gmail.com  (021) 119 1442 http://www.aucklandoa.com | Overeaters Anonymous - We hold meetings everyday in Auckland in various suburbs. Please see meeting times and locations www.aucklandoa.com/meetings or visit our international page oa.org.  Koha/donation may apply.  No referral required. |

**Pacific Islands Mental Health Service**

FSD0003551 Last updated 09/06/2020

Pacific Islands Mental Health Team ensure that Pacific Island protocols, procedures and processes are adhered to and that appropriate care is provided to Pacific Island clients, caregivers and communities.

Lower Ground Floor, Building 16 - Cornwall Complex Greenlane Clinical Centre Auckland



(09) 623 4689  Monday - Fridays 8:00 AM to 5:00 PM.

(0800) 623 468 AFTER HOURS CRISIS LINE: 0800 800 717 https://www.adhb.health.nz/ Some charges may apply.

No referral required.

**Classification : PACIFIC**

**Pakuranga Counselling Centre**

FSD0003592 Last updated 15/03/2021

Confidential and professional counselling services for adults, adolescents and families including children from 4 years of age.

207 Ti Rakau Drive Pakuranga Auckland 2010 reception@pakcc.org.nz  Monday - Friday 9:00am - 5:00pm.



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| (09) 576 4248 (027) 717 8715 https://www.pakcc.org.nz/ | Saturday and after hours appointments available.  Some charges may apply.  No referral required. |

**Panic And Anxiety Disorder Specialist**

FSD0022829 Last updated 29/06/2020

Affordable psychological services for individuals and families experiencing anxiety or panic, depression, poor sleep or related symptoms. Free educational family workshops. I have rooms in Warkworth, the North Shore and Grey Lynn. Self referrals or GP referrals are OK.

lyn@anxietyhelp.co.nz  9-5 weekdays http://www.anxietyhelp.co.nz Some charges may apply.

No referral required.

**Pathways - Auckland Branch**

FSD0006191 Last updated 30/03/2021

Creating mental health and wellness opportunities that enable individuals to live their dreams.

Harakeke House 15 Ronwood Avenue Manukau northernservices@pathways.co.nz  Some charges may apply.



(09) 261 3401 No referral required. http://www.pathways.co.nz

**Patrick Au Professional Counselling Service for Chinese**

FSD0006093 Last updated 21/12/2020

Cultural specific services for Chinese people, Stopping Violence programmes, family counselling.

1/230 Manukau Road Epsom Auckland 1023



patau@xtra.co.nz  Some charges may apply.

(09) 522 0068 No referral required.

(021) 793 388

**Classification : FVSS**

**Paul Letham, Counsellor**

FSD0021752 Last updated 05/12/2020

A general counselling practice running as part of an established counselling practice in Mt Eden, Auckland. Specialist in LGBT, creatives/entertainment industry, depression, anxiety, existential issues, spirituality and relationship concerns.

92 Owens Road Mount Eden Auckland 1023



paul.letham@icloud.com  Monday: 11am to 9pm

(027) 255 3336 Tuesday: closed

https://www.talkingworks.co.nz/dir/Paul+L Wednesday: 11am to 7pm

etham.html Thursday: 11am to 9pm

Friday: 11am to 7pm Saturday: 9am to 1pm Some charges may apply. No referral required.

**Paula Yeatman Counsellor**

FSD0023048 Last updated 16/11/2020

I work with individuals (women, men and young people) and couples who want to make changes in life, family, relationships and work, who want to explore, discover or heal, or who want to work on issues like depression, anxiety, trauma, abuse, self esteem, grief and loss. I am happy to talk with you about what you need before you decide to work with me.

2a Komaru Street Remuera Auckland 1050



paula@paulayeatman.co.nz  I am available Monday to Thursday from 9:00am

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| (027) 483 0021  https://www.talkingworks.co.nz/dir/Paula+ Yeatman.html      **Penina Trust** | to 6:00pm close in my Remuera practice. I also see ACC sensitive claims clients from Te Atatu. Contact me to discuss times that work best for you.  Some charges may apply. No referral required. |
| FSD0023855 | Last updated 19/01/2021 |

Penina Trust is a Non-Government Organisation that provides Mental Health & Addiction, and Housing services in the community.

Penina provides a wide range of services that include:

* Residential Rehabilitation Services (RRS)
* Youth Community Living Services (YCLS)
* Adult Community Living Services (ACLS)
* Cultural Support Services (CSW)
* Alcohol and Other Drugs Learning Development (AOD L&D)
* Awhi Ora (Primary Mental health)
* Transitional Housing Services (PHT)
* Social Housing Services (CHP)

186 Russell Road Manurewa Auckland 2102



admin@peninatrust.org.nz  8:30am - 5pm Monday - Friday

(09) 269 7989 All services free of charge. http://www.peninahealth.org.nz Referral may apply.

**Peter James Counsellor**

FSD0024534 Last updated 25/03/2021

I provide professional counselling to help adults with with stress, anxiety and depression related to life transitions, such as job loss, career change, migration or returning home from life overseas, relationship crisis and grief.

19 Queensway Three Kings Auckland 1024



peterjamescounsellor@gmail.com  Mondays: Three Kings Room, by appointment

(028) 461 6708 https://www.talkingworks.co.nz/dir/Peter+J Tuesdays: Online Sessions [Zoom, MS Teams

ames.html etc.], by appointment

Some charges may apply. No referral required.

**Petra Charlewood**

FSD0020582 Last updated 16/04/2021

I am a registered psychotherapist providing short or long term therapy to individuals and couples. I provide a safe, confidential space to talk about whatever is troubling you. I aim to facilitate deeper understanding of your emotional and relationship difficulties and how they have evolved. I will work with you to develop more effective and satisfying ways of living.

Level 1 McInnes Building 1a Cook Street Howick Auckland 2014



pcharlewood@gmail.com  Monday - Friday (by appointment) at 1A Cook

(027) 820 5655 Street, Howick, Auckland http://www.cornerstonepsychotherapy.co. Some charges may apply. nz No referral required.

**Phoenix House Counselling and Psychotherapy**

FSD0003537 Last updated 01/02/2021

Psychotherapy and counseling for adults and couples, covering a wide range of issues.

Six experienced therapists, using a wide range of psychological modalities according to the client's needs. Our modalities include Psycho-dynamic, EMDR, DBT, IDT, ACT,IFS,CBT, EFT for couples, Mindfulness, Hakomi, Each therapist has their own fee structure, please ask when inquiring. Each therapist also sets their own hours of work, ensuring varying times available across week days.

 306 Great North Road Henderson Auckland 0650

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| info@phoenixhouse.co.nz  (09) 837 1797 (021) 232 2701 http://www.phoenixhouse.co.nz | 8.30am - 7.00pm Monday to Friday by appointment only. (Therapists' hours vary).  Some charges may apply.  No referral required. |

**Presbyterian Support Northern**

FSD0008142 Last updated 27/04/2021

Presbyterian Support Northern helps create a better life for everyone. Our social services:

* build strong families
* enable older people and those with disabilities or injuries to live in their own homes, stay healthyand engage socially with others
* show those who are struggling financially how to move toward financial independence.

Presbyterian Support Northern 111 Great South Road Epsom Auckland 1051



info@psn.org.nz  Monday to Friday, 8.30am to 5.00pm (09) 520 8600 Financial capability availability: AUCKLAND http://www.psn.org.nz WEST, CENTRAL and SOUTH.

Some charges may apply. Referral may apply.

**Classification : BFC, FVSS**

**Rainbow Family Services**

FSD0022720 Last updated 27/09/2020

To provide safe, effective counselling for children, young people, adults and their families in Auckland. Specializes in trauma, LBBTIQA+, self-harm, children, adolescents, and family therapy.

ACC registered for sensitive claims.

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| sgranich30@hotmail.com  (021) 038 2451 https://www.ry.org.nz/what-wedo/rainbow-friendly-counselling | Mondays 10am - 8pm in Takanini.  Tuesdays 10am - 8pm in Auckland City.  Skype, zoom and phone sessions available upon request.  Some charges may apply.  No referral required. |

**Raukura Hauora O Tainui Trust**

FSD0003728 Last updated 24/06/2020

Primary health care provider.

47 Druces Road Manukau 2104



enquiries@raukura.com  8.30 a.m. - 5 p.m. Monday - Friday

(09) 263 8040 Some charges may apply. http://www.raukura.org.nz Referral may apply.

**Real Counties Manukau**

FSD0020802 Last updated 27/10/2020

Real Counties Manukau operates a short stay respite service for young people experiencing difficult times in their lives. It is available on an as-needed basis for 14-22 year olds. Real has services available in several New Zealand regions and is steadily expanding around the country.

15 Ronwood Avenue Manukau counties.manukau@real.org.nz  As required.



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| (09) 263 0565 http://www.real.org.nz      **Reallife Counselling** | All services free of charge. Referral may apply. |
| FSD0023599 | Last updated 27/07/2020 |

I have experience in working with a wide range of emotional challenges including self esteem, depression, anxiety, abuse, trauma and relationship difficulties and other general real life issues.

I am a qualified Psychosynthesis Counsellor and a member of NZAC. I have been in private practice for the past 20 years. I am a registered Social Worker, currently practicing part-time for a District Health Board, and a member of ANZASW. I am also ACC sensitive claims approved.

I work with individuals, couples, and adolescents, and provide a confidential service following the code of ethics of the New Zealand Association of Counsellors and Aotearoa New Zealand Association of Social Workers.

Professional and Experienced Counselling and Therapy in two convenient clinic locations:

Ponsonby & Glen Eden, Auckland.

35 Jervois Rd Ponsonby Auckland 1010 michelle@reallifecounselling.co.nz  Sessions available by appointment.



(021) 360 063 Some charges may apply. http://www.aucklandcounsellor.co.nz No referral required.

**Regional Forensic Psychiatric Service**

FSD0003888 Last updated 23/06/2020

Forensic psychiatric inpatient service for acute Mental Health.

Mason Clinic, Gate 2 - Carrington Road Point Chevalier Auckland 1025



(09) 815 5860  Reception: 8:00 am - 4:30 pm http://www.waitematadhb.govt.nz/hospital All services free of charge. s-clinics/regional-forensic-psychiatric- Referral may apply. services/

**Rethink.org.nz**

FSD0023108 Last updated 29/06/2020

Free training for organisations in the Education and Social Housing sector.

Two+ Rethink is a Like Minds, Like Mine anti-stigma and discrimination education initiative.

These two projects centre on anti-stigma and discrimination education for selected Education

Providers (secondary, tertiary, alternative) in the North Island (Auckland, Wellington, Northland,

Bay of Plenty and Waikato) as well as Social Housing Providers in the North Island (Auckland,

Wellington, Hamilton and Tauranga to promote social inclusion for people with mental distress.

Two face-to-face workshops, organisational consultation and e-learning elements make up the project. Contact today to take one of the limited spots.

395A Manukau Road Auckland 1023



likeminds@mindandbody.co.nz  Monday to Friday 9am-5pm

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| (09) 630 5909 ext 817 http://rethink.org.nz      **Sahaayta** | All services free of charge. No referral required. |
| FSD0020667 | Last updated 13/07/2020 |

Sahaayta was conceived to serve and meet the growing needs of the South Asian community in Auckland. Sahaayta provides holistic, confidential, culturally appropriate counselling and support services for individuals, couples, families, youth, children and seniors. We also run support groups (Women's groups, Anger Management groups & Personal Development groups) periodically.

15A Norman Spencer Drive Papatoetoe Auckland 2104



info@sahaayta.org.nz  Monday - Friday 9.30 am - 5.00 pm

(09) 280 4064 Some charges may apply. http://www.sahaayta.org.nz No referral required.

**Sands Auckland Central Inc.**

FSD0008133 Last updated 21/12/2020

Sands Auckland Central is a parent-run group supporting families, throughout the Auckland region (mainly North Shore, Central Auckland and Waitakere), who have experienced the death of a baby - at any age or gestation, and in any circumstance.

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| info@sandsauckland.org.nz  (0508) Sands A (0508) 72 63 72 http://www.sandsauckland.org.nz | Email and phone support available.  Monthly support group - first Thursday evening of the month (no January group).  All services free of charge.  No referral required. |

**Seasons - Warkworth / Wellsford**

FSD0021727 Last updated 17/02/2021

Seasons for Growth is a programme for children, young people or adults who have experienced significant change or loss.

Seasons for Growth is based on the belief that change, loss and grief are a normal and valuable part of life. We examine the impact of changes such as separation, divorce, death, or other significant changes on our live, and explore how we can learn to live with and grow from these experiences.

The core intentions of the programme is to development resilience and emotional literacy to promote social and emotional wellbeing. The programme is educational in nature and does not provide therapy or counselling.

Groups are run through local schools and colleges for the children and young people. Adult groups meet in local halls.

Groups run for 9 - 4 weeks depending on the programme

There is no charge but donations to cover costs are always welcome.

seasonswarkworthwellsford@gmail.com  Groups are run during school term dates. Calls

(021) 081 33586 and emails answered on weekdays. https://www.facebook.com/SeasonsWark Koha/donation may apply. worthWellsford/ No referral required.

**Seasons for Growth Howick**

FSD0006650 Last updated 05/10/2020

Seasons for Growth is an innovative 8 week grief and loss education programme that uses the imagery of the seasons to illustrate the experience of grief. It aims to strengthen the emotional and social wellbeing of children and young people (aged 6-18) who are dealing with significant life changes by-

* exploring the impact of change and loss on every-day life
* learning new ways to respond to these changes

Trained adult companions facilitate the small group programme where participants support and learn from each other in age appropriate and engaging activities.

Young people learn that they are not alone in dealing with the effects of change, loss and grief and build their communication, decision making and problem solving skills within a supportive peer group.

All Saints' Community Centre 30 Cook Street Howick Manukau griefandloss@allsaintshowick.org.nz  School hours



(09) 533 0222 Koha/donation may apply.

(022) 423 8904 No referral required. https://www.goodgrief.org.au/

**SIDS and Kids New Zealand Incorporated**

FSD0015107 Last updated 30/06/2020

Established to provide services for families and communities who have been affected by SIDS (Cot Death), SIDS New Zealand Incorporated is a national organisation of parents, families and friends of children who have died suddenly and/or unexpectedly of any cause including SIDS.

info@sids.org.nz  24 Hours

(0800) 164 455  All services free of charge. http://www.sidsandkids.org.nz No referral required.

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| **Solace Support Group** |  |
| FSD0008267 | Last updated 01/04/2021 |

Peer support for those who have lost a loved one to suicide.

Community of St Luke 130 Remuera Road Remuera Auckland



solaceauckland@gmail.com  Available 7 days a week, no phone calls after

(021) 998 949 10:00pm please.

All services free of charge. No referral required.

**South Auckland Psychology**

FSD0016657 Last updated 13/04/2021

To provide clinical psychology services to the community of South Auckland.

 Suite 217, Level 2, Sylvia Park shopping Centre 286 Mount Wellington Highway Mt Wellington Auckland 1060

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| southaucklandpsychology@xtra.co.nz  (09) 579 1280 (027) 226 1581 http://southaucklandpsychology.co.nz      **Spectrum Care** | All consultations are by appointment. There is no drop-in service.  Mon -Thu: 8am to 8pm  Friday: 8am to 7pm  Saturday: 9am -3pm  Sunday: Closed  Some charges may apply. No referral required. |
| FSD0003492 | Last updated 01/10/2020 |

We provide support for children, young people and adults with disabilities and their whanau. We offer a wide array of personalised and flexible support options for people of all ages and stages in the Northland, Auckland, Waikato, Bay of Plenty and Wellington regions. This includes 24-hour residential support, a variety of flexible planned break options, and specialised Home Support, Transitions and Aspirations support. Our popular School Holiday,

After-school and Weekend programmes of activities for children are available in Whangarei, Auckland, Hamilton and Wellington – talk to us today to find out more!

Our independent living support is specifically focused on empowering people to their lives of choice – lives like any other – in the community, and our Specialist Clinical Team supports health, behaviour and speech-language outcomes.

205 Great South Road Greenlane Auckland 1051



info@spectrumcare.org.nz  8am-5pm Monday-Friday (09) 634 3790 Some charges may apply. http://www.spectrumcare.org.nz Referral may apply.

**Classification : PACIFIC**

**St Luke's Church Budgeting Service**

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| FSD0003573  Social services support drop-in centre. | Last updated 19/04/2021 |

3 Russell Road Manurewa Auckland



satellitestlukes@outlook.com  Monday mornings 10am - 2pm. Please make

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| (09) 266 3233 | appointment via phone. If urgent, late afternoon appointment possible.  All services free of charge.  No referral required. |

**Starship Children's Hospital Child & Family Mental Health Inpatient**

**Unit**

FSD0003724 Last updated 25/10/2020

Mental Health Inpatient Unit of Starship Children's Hospital.

Starship Childrens Hospital - Grafton Road Auckland



(09) 307 4901  Acute admissions are accepted 24/7 via a (0800) 307 490 referring CAMHS service.

http://www.adhb.health.nz Multi-Disciplinary Team are available during normal business hours.

All services free of charge. Referral may apply.

**Susan Goldstiver, Psychotherapist**

FSD0015123 Last updated 06/10/2020

Experienced and registered psychotherapist who provides specialist psychotherapy and counselling help for antenatally and postnatally distressed mothers and fathers, as well as for adults experiencing depression, anxiety, abuse and trauma and relationship problems.

 Level 2 300 Great South Rd Greenlane Auckland 1010

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| susangoldstiver@gmail.com  (09) 846 4978  (021) 333 021 http://www.postnataldistress.co.nz | Monday to Friday with some late nights.  Sessions by appointment only.  Some charges may apply.  No referral required. |

**Suzi Wallis | Counsellor & Family Therapist**

FSD0022969 Last updated 31/07/2020

My name is Suzi Wallis. I see my purpose as helping you navigate the challenges you face, so that you can experience more success and happiness.

Robust emotional health is key to having a fulfilling life, and managing the hurdles that you face. Even if you feel like life can't possibly improve, I want to assure you that what you're going through is temporary, and that you can find a way through.

I specialise in:

* communication upskilling
* conflict management
* working with couples (of any gender or gender combination) to work through relationship issues\* grief support for all.

I can also help with many other issues they may be facing.

I work with clients aged 14 upwards.

The counselling I offer is about making change, and making change stick. Clients regularly leave sessions with several things to work on between appointments.

102 Main Highway Ellerslie North Auckland 1051



suzi@lifejourney.co.nz  Please check my website for availability of

(021) 870 576 appointments. http://www.lifejourney.co.nz Some charges may apply.

No referral required.

**Synthesis Therapy & Counselling**

FSD0018392 Last updated 10/10/2020

Cian Kerrisk provides effective and professional psychotherapy, Cognitive Behavioural Therapy, Couple Counselling and Addiction Treatment for a range of issues.

 0 Atkinson Road Titirangi Auckland 0604

synthesis-therapy@slingshot.co.nz (021) 973 455 http://www.synthesistherapy.com

**Talk Counselling**

FSD0003756

We do Face to face and Video calls!

Mondays 4:30-8pm

Tuesdays 7pm-9pm

Thursdays 5:30-8pm Some Saturday sessions available Some charges may apply. No referral required.

Last updated 12/04/2021

Talk counselling and MensTalk is a face to face counselling and psychotherapy service for men women and couples. We are qualified and specialised in the areas that we work and cover issues such as: couples therapy Depression, Anxiety,addictions, relationship issues, erectile dysfunction, stress, couple counselling, anger management, personal growth, self esteem, and trauma.

147D Princes Street East Otahuhu Auckland 1062



ric@talkcounselling.co.nz  Monday to Friday 10am to 5.00pm

(0508) 636 782 Some charges may apply. http://www.talkcounselling.co.nz No referral required.

**Te Ata West Auckland Mental Health Support Trust**

FSD0003615 Last updated 14/09/2020

A consumer support centre offering support, education, recreational, courses, information and networking for people in the West Auckland area who experience and or live with mental unwellness.

H2&H3 52 Keeling Rd Henderson Auckland 0612



te-ata@xtra.co.nz  Open Monday - Friday 9.30am - 3.30pm

(09) 837 0671 All services free of charge.

(09) 837 0670 Referral may apply. https://www.teata.org.nz/

**Te Ha Oranga**

FSD0004530 Last updated 16/03/2021

Te Ha Oranga o Ngati Whatua is an Iwi-based health service provider functioning under the umbrella of Te Runanga o Ngati Whatua. The service extends from the Waipoua Forest to Helensville and includes both coasts.

1 Rendall Place Eden Terrace Auckland



runanga@ngatiwhatua.iwi.nz  8:30am - 5.00pm Monday - Friday

(09) 366 1993 All services free of charge.

(0800) 698 342 No referral required. http://ngatiwhatua.iwi.nz

**Te Kotuku Ki Te Rangi Trust**

FSD0003745 Last updated 18/08/2020

A kaupapa Maori community health provider for Oranga Hinengaro Services.

20-40 Copsey Place Avondale Auckland 1026



reception@tekotuku.co.nz  Head Office

(09) 820 0045 Mon-Fri: 8.30am - 5:00pm

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| (0800) 731 188 http://www.tekotuku.co.nz | All services free of charge. Referral may apply. |

**Te Puna Hauora o Te Raki Paewhenua Society Incorporated**

FSD0003767 Last updated 07/09/2020

Te Puna Hauora provides a comprehensive range of medical and social services to our enrolled population.

58A Akoranga Drive Northcote Auckland 0627



(09) 489 3049  Monday-Friday 8.30am - 5.00pm. Closed http://www.tepuna.org.nz statutory holidays

All services free of charge. Referral may apply.

**Classification : BFC, FVSS**

**Te Waipuna Puawai Mercy Oasis Ltd**

FSD0008245 Last updated 20/04/2021

Te Waipuna Puawai Mercy Oasis Ltd is a thriving community development initiative of the Sisters of Mercy New Zealand. We were established in 1999, building on a decade of highly respected community development work in Glen Innes.

We are committed to working with and alongside women, children and families who are in need.

We aim to improve lives of families by providing family support services and adult education.

We build supportive relationships with whanau by connecting them with others in the local community and developing a pathway to achieve and celebrate their goals.

Our Vision

Whakamana te oranga wairua o te tangata me te whenua.

Well-being for our communities and restoration of the earth.

Our Mission

Kia u ki te mahi kotahi whakarawea te mana wahine, te mana whanau me te mana iwi whanui.

Working together to strengthen women, strengthen families and strengthen community.

Ellerslie Site 12A Umere Crescent Ellerslie Auckland 1051



ceo@twp.org.nz  8.30am-5pm Monday to Friday.

(09) 527 6380(Glen Innes) Koha/donation may apply.

(09) 525 0337(Ellerslie) No referral required. http://www.twp.org.nz

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612 audrey.tinsley@waiwhanau.com  8.30am - 5.00pm Monday - Friday



(09) 836 6683 Some charges may apply.

(0800) 924 942 Referral may apply. https://www.waipareira.com/

**Classification : BFC, FVSS**

**The Fono West**

FSD0003550 Last updated 28/09/2020

We offer a range of medical, dental, pharmacy, social and public health services. Our friendly, professional team are here to provide top quality service for everyone.

Head Office 411 Great North Road Waitakere City 0612



headoffice@thefono.org  Monday-Friday 8:30am-5pm

(09) 837 1780 Some charges may apply.

(0800) FONO4U Referral may apply. http://www.thefono.org

**Classification : BFC, FVSS, PACIFIC**

**The Grief Centre**

FSD0016202 Last updated 23/06/2020

To provide affordable professional counselling, support, education, and information and resources, to those either experiencing or working with all forms of loss and grief.

92 Hinemoa Street Birkenhead Auckland 0626 office@griefcentre.org.nz  Office Hours are Mon-Fri 8.30am - 4.30pm.



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| (09) 418 1457 (022) 636 4211 http://www.griefcentre.org.nz | Appointments can be arranged outside of these hours in Whangarei and across the Auckland Region.  Some charges may apply.  No referral required. |

**The Raukatauri Music Therapy Centre**

FSD0023619 Last updated 02/07/2020

We are the only not-for-profit music therapy centre in New Zealand. Our team of nine music therapists provide individual, pair and group music therapy to a range of clients with special needs including cerebral palsy, autism, Down syndrome, mental health disorders and dementia.

We also offer outreach music therapy programmes in schools and community centres around Auckland, Hawke's Bay and Whangarei, as well as parent and caregiver support.

Level 0 5 Carlton Gore Road Grafton Auckland 1023



jenryckaert@rmtc.org.nz  Monday through Saturday 8:30-5:00

(09) 360 0889 Some charges may apply.

http://rmtc.org.nz No referral required.

**Therapyworx & Val Hayes Counselling**

FSD0015503 Last updated 07/12/2020

I offer short and long term counselling and psychotherapy for depression, anxiety, relationship problems, grief and trauma (to name a few) along with life coaching and clinical supervision in Remuera and Glendowie.

I work primarily with individuals and some couples.

130 Remuera Road Remuera Auckland 1050



val@therapyworx.co.nz  Tuesday, Wednesday in Glendowie 0800 until (09) 292 1035 1830. (No wheelchair access or waiting room) http://therapyworx.co.nz Friday in Remuera 0800 until 1700 (Wheelchair access and waiting room) Some charges may apply. No referral required.

**Toi Ora Live Art Trust**

FSD0003617 Last updated 27/07/2020

TOI ORA is a creative space which provides art activity based recovery support with tutored classes in a broad range of arts practice for people that have experience of mental health issues.

6 Putiki Street Grey Lynn Auckland 1021



info@toiora.org.nz  Available 9:00am - 4:30pm. Monday to Friday

(09) 360 4171 All services free of charge. http://www.toiora.org.nz Referral may apply.

**Tom Didovich Counselling & Coaching Services**

FSD0020058 Last updated 05/04/2021

New Lynn based provider for accessible counselling and coaching services for a broad range of requirements & needs with specific experience in relation to hurt & anger, anxiety, depression, grief, relationships, mens issues, couples, and an individual life path/direction.

72 Willerton Avenue New Lynn Auckland



tomdidovich@gmail.com  9am till 3.30pm Monday to Friday (027) 498 1555 Some charges may apply. http://www.talkingworks.co.nz/dir/84.html No referral required.

**Tongan Health Society**

FSD0003693 Last updated 29/06/2020

Medical, Health & Social Services provider. Pacific Family Violence Services for vulnerable children and their families. Integrated Outcomes Unit with Clinical and Non-Clinical Navigators (Registered Nurses & Social Workers). Social Sector Accredited. RNZCGP Cornerstone

Accreditation. At Risk Youth Services. Mental Health Services including Psychiatrist, Counsellor

& Mental Health Nurse Specialist. Referrals to THSreferrals@tonganhealth.com or phone

0800030902

119 Rowandale Avenue Manurewa Auckland



kasalanaita.puniani@tonganhealth.com  7.30am – 5.30pm Monday to Friday

(09) 266 2249 All services free of charge. http://www.tonganhealth.com No referral required.

**Classification : FVSS**

**Transitioning Out Aotearoa**

FSD0016447 Last updated 26/11/2020

He Whanau TOA, He Whanau ORA - A Strong Family is a Healthy Family strategy involves facilitating positive and adaptive relationships within whanau and recognising the interconnectedness of welfare, health, education, housing, justice, employment and lifestyle as elements of whanau wellbeing.

25 Druces Road Wiri Manukau 2104



info@toa.org.nz  9am to 5pm Monday to Friday (0800) 367 942 x2 Some charges may apply.

(09) 570 2679 Referral may apply. http://www.toa.org.nz

**Classification : PACIFIC**

**Vaka Tautua Limited**

FSD0015458 Last updated 01/10/2020

Vaka Tautua provides information and support for Pacific families in the areas of disability, older people, mental health and financial capability. Please get in touch if you would like more information on our services.

Unit 7 586 Great South Road Manukau Auckland 2025



administration@vakatautua.co.nz  Mon - Fri 8.30am - 5.00pm

(0800) 825 282 http://www.vakatautua.co.nz Elder Abuse Response Service for Auckland

region only.

All services free of charge. Referral may apply.

**Classification : EARS, FVSS, PACIFIC**

**Visionwest**

FSD0020227 Last updated 15/01/2021

Visionwest exists to meet the needs of people in the West Auckland community and beyond. As a community development based organisation, our vision is to build a place of trust and openness where people feel valued and loved.

We believe in the value of holistic care and support and offer an integrated range of wraparound services and supports that care for all people physically, emotionally, spiritually and intellectually.

Visionwest is a Registered Charitable Trust.

Building 7 97 Glendale Road Glen Eden Auckland 0602



office@visionwest.org.nz  Our Main Office for our Campus is open Monday

(09) 818 0700 to Friday 9am - 5pm.

http://www.VisionWest.org.nz Opening times of different services within the

Trust may vary

Some charges may apply. Referral may apply.

**Classification : BFC, YS**

**Waiheke Homecare Hospice**

FSD0008190 Last updated 17/07/2020

To provide Volunteer support for people affected by a terminal illness and their loved ones.

Bereavement support, free equipment loans.

2/11 Moa Ave Oneroa Waiheke Island 1081 waihekehospice@xtra.co.nz  Contact hours: Monday to Friday 9am-4pm.



(09) 372 7131 All services free of charge. http://hospicewaihekehomecare.co.nz No referral required.

**WALSH Trust**

FSD0003630 Last updated 22/12/2020

West Auckland Living Skills Homes Trust Board. A variety of support services for people living in the community who experience Mental Ill Health.

 8 Hickory Avenue Henderson Auckland 0650

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| reception@walsh.org.nz  (09) 837 5240 http://www.walsh.org.nz    **Classification : PACIFIC**    **Well Women Franklin** | 8.30am - 4.30pm Monday to Friday.  All services free of charge. Referral may apply. |
| FSD0022456 | Last updated 08/08/2020 |

Well Women Franklin is a Peer Support Group. We support women and their families in Franklin and Papakura who are experiencing Antenatal or Postnatal Distress and Anxiety. We focus on wellness and resilience, using a holistic approach. Any women who feels they need some support is welcome to get in touch with us.

1 Tuakau Road Pukekohe



info@wellwomenfranklin.org.nz  We are available by telephone or email 24 hours

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| (021) 158 8134 http://www.wellwomenfranklin.org.nz | per day, 7 days a week.  All services free of charge.  No referral required. |

**William Garden Counselling and Facilitation Services**

FSD0015132 Last updated 29/09/2020

Relationship Counselling. Also personal one on one counselling: Grief, Addictions, Stress, Depression, Anxiety, Mentoring, Personal Development Group Facilitation.

6 Airfield Road Takanini Papakura 2245



william.garden@xtra.co.nz  Weekday 10am - 6pm

(09) 298 2489 Weekend Counselling Available (Relationship (027) 450 0488 Counselling Only)

http://www.southcitycounselling.co.nz Some charges may apply. Referral may apply.

**Women's Centre Waitakere**

FSD0003464 Last updated 02/11/2020

A community based agency supporting women and their families. We provide a safe, accessible environment for women and their families to make their own choices in a supportive, nonjudgemental and confidential way.

Services provided include Counselling, Programmes and workshops. Access to community information and resources.

Cnr McLeod & Te Atatu Road 111 McLeod Road Te Atatu South Auckland 0610 info@womenscentre.org.nz  Monday to Friday 9am to 2.00pm



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| (09) 838 6381  (09) 836 2470 https://www.heartofthewest.org/    **Classification : FVSS** | Some charges may apply. No referral required. |

**Yellow Brick Road - Auckland Central**

FSD0021009 Last updated 08/12/2020

We're Yellow Brick Road, a national organisation that specialises in providing support for whnau who have a loved one experiencing mental health challenges. We will walk alongside any family who needs support, knowledge, advocacy and empowerment as their loved one journeys towards mental wellbeing.

423 Great North Road Grey Lynn Auckland 1021



admin.auckland@yellowbrickroad.org.nz  Monday - Friday 8.30 am-5 pm

(09) 378 9134 All services free of charge.

(0800) 732 825 No referral required. https://yellowbrickroad.org.nz/

**Yellow Brick Road - Northern Region**

FSD0007454 Last updated 08/12/2020

We're Yellow Brick Road, a national organisation that specialises in providing support for whnau who have a loved one experiencing mental health challenges. We will walk alongside any family who needs support, knowledge, advocacy and empowerment as their loved one journeys towards mental wellbeing.

423 Great North Road Grey Lynn Auckland



admin.auckland@yellowbrickroad.org.nz  8.30am - 5.00pm Monday to Friday

(09) 378 9134 All services free of charge.

(0800) 732 825 No referral required. https://yellowbrickroad.org.nz/

**Yellow Brick Road - Waitemata**

FSD0021017 Last updated 08/12/2020

We're Yellow Brick Road, a national organisation that specialises in providing support for whnau who have a love done experiencing mental health challenges. We will walk alongside any family who needs support, knowledge, advocacy and empowerment as their loved one journeys towards mental wellbeing.

423 Great North Road Grey Lynn Auckland 1021



admin.auckland@yellowbrickroad.org.nz  Monday to Friday 8.30 am to 5 pm

(09) 378 9134 All services free of charge.

(0800) 732 825 No referral required. https://yellowbrickroad.org.nz/

**Youth Horizons**

FSD0003785 Last updated 11/03/2021

Our Mission:

To enhance the lives of children and young people with conduct problems and those of their families and whnau.

To prevent the emergence or further development of conduct problems among those identified as at risk.

Our Services:

Youth Horizons supports children, young people and their families/whnau with challenging conduct, anti-social behaviour and/or mental health needs, through the use of evidence-based models.

Our focus is on behavioural management, parenting support, and reintegration with families within an in-home, out-of-home or community setting.

42 Vestey Drive Mt Wellington Auckland 1060



communications@youthorizons.org.nz  8.30am - 5pm for general enquiries

(09) 573 0954 Some charges may apply.

(0800) 375 210 Referral may apply. http://www.youthorizons.org.nz

**Classification : YS**

**Youthline**

FSD0006531 Last updated 18/02/2021

Youthline offers access to a wide range of youth development and support services.

Youthline is at the forefront in developing and providing youth and family services and we offer and can link young people to a comprehensive range of clinical services.

Youthline House 13 Maidstone Street Ponsonby Auckland 1021



supportcentre@youthline.co.nz  Office open Monday to Friday 9am-5pm. Youth

|  |  |
| --- | --- |
| (0800) 37 66 33 (09) 376 6645 http://www.youthline.co.nz | Help Line 24 hours a day, 7 days a week.  Free TXT 234  Some charges may apply.  No referral required. |

# Older People

**Access - Auckland (Main regional office )**

FSD0022382 Last updated 21/08/2020

Access is one of New Zealand's leading healthcare providers, specialising in home-based healthcare and support. We work with the Ministry of Health, DHB and ACC, among others, to support 20,000 people nationwide to live independently in their own homes.

60 Mt Eden Road Auckland 1024



info@access.org.nz  Call between 8.30-5.40, Monday - Friday on

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| (09) 630 1630 (0800) 284 663 http://www.access.org.nz | 0800 284 663.  All services free of charge.  Referral may apply. |

**Age Concern Auckland - North Shore Office**

FSD0006664 Last updated 19/10/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support for over 65's.

177B Shakespeare Road Milford North Shore 0620



ageconns@acns.co.nz  Monday - Friday 9 am - 4 pm

(09) 489 4975 Some charges may apply. http://www.ageconcernauckland.org.nz Referral may apply.

**Classification : EARS**

**Age Concern Auckland Counties Manukau Office**

FSD0006656 Last updated 19/10/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

 Cambria Park Homestead 250 Puhinui Road Papatoetoe Manukau

ageconcern@ageconak.org.nz 

(09) 279 4331

(09) 820 0184 http://www.ageconcernauckland.org.nz

**Classification : EARS**

**Age Concern Auckland Inc**

FSD0006655

By appointment only

Some charges may apply. Referral may apply.

Last updated 02/11/2020

Your local Age Concern is your first port of call for over 65's when you and your family/whanau need: information, advice, referral and support.

57 Rosebank Road Avondale Auckland



ageconcern@ageconak.org.nz  9.00am to 4.00pm Monday to Friday

(09) 820 0184 Some charges may apply. http://www.ageconcernauckland.org.nz Referral may apply.

**Classification : EARS**

**Age Concern Rodney Inc**

FSD0006666 Last updated 20/11/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

Unit JA2, Westpac Plaza - Tamariki Avenue Orewa 0931



info@ageconcernrodney.org.nz  Some charges may apply.

(09) 426 0916 No referral required.

(0800) 652 105 http://www.ageconcern.org.nz

**Albany Community Link**

FSD0007891 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44 Corinthian Drive Albany North Shore 0632



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Anxiety New Zealand Trust**

FSD0003383 Last updated 03/07/2020

For the specialist assessment, management and treatment of anxiety, phobic and obsessive compulsive disorders. Providing education around these disorders and providing research into the cause and management. Call 0800 ANXIETY (0800 269 4389). We also provide Family support groups, community education and workshops.

77 Morningside Drive St. Lukes Auckland



clinic@anxiety.org.nz  The clinic is open Tuesday – Saturday with late

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| (0800) ANXIETY (269 4389)  (09) 846 9776 http://www.anxiety.org.nz | nights Tuesday (8:30am-8:30pm), Wednesday  (8:30am-8:30pm) and Thursday (10am-7pm)  Friday and Saturday (8:30am-5pm) | |
| Some charges may apply. Referral may apply. |  |
| **Aotea Family Support Group Charitable Trust** | |
| FSD0006011 | | Last updated 07/08/2020 |

Provision of social services to residents of Great Barrier Island.

 Old School Building, Medland & Shoal Bay Roads 1 Medland Road Tryphena Great Barrier

Island 0962

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| --- | --- |
| office@aoteafamilysupport.co.nz  (09) 429 0465  (09) 429 0174 http://www.aoteafamilysupport.co.nz    **Classification : OSCAR**    **APM Workcare** | Every morning except Wednesdays and weekends.  Serves Great Barrier Island only.  Some charges may apply. No referral required. |
| FSD0022810 | Last updated 03/09/2020 |

APM WorkCare provides free services to employers, government and job seekers designed to place people into meaningful employment. As part of the employment process, we assist with job matching, pre-employment screening/assessment, preparation for work, job placement and postplacement support.

With our extensive network of locations across New Zealand, best-practice service delivery and product innovation, APM WorkCare is the provider of choice for many of New Zealand's leading companies.

Level 2 1B/25 Airborne Road Rosedale Auckland 0632



nzreferrals@apmworkcare.co.nz  We have locations across NZ, and available

(0800) 967 522 8am-5pm, Mon-Friday

http://apm-nz.co.nz All services free of charge.

Referral may apply.

**Auckland City Mission**

FSD0003285 Last updated 23/10/2020

The Mission provides unique and specialised health and social services to marginalised Aucklanders.

23 Union Street Auckland 1010



info@aucklandcitymission.org.nz  Reception - 8:30am to 5:00pm

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| (09) 303 9200  http://www.aucklandcitymission.org.nz | Some charges may apply. Referral may apply. |

**Classification : THP**

**Avondale Community Link**

FSD0007892 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44-48 Rosebank Road Avondale 1026



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Babylon Community Development Charitable Trust**

FSD0024503 Last updated 25/02/2021

Babylon Community Development Charitable Trust is a not-for-profit organization, stranded in fundamentals of empowerment, shared vision, inclusion, collective action, determination, social cohesion, building leadership and collaboration. Committed to undertake a sustainable community development process through providing a wide range of quality services and performing a variety of essential activities and projects by and to the beneficiaries of the Trust at a grassroots level, with support from the New Zealand government agencies and non-government organizations to actively contribute in building and developing Auckland society’s safety, strength and well-being.

9 The Enclave Totara Heights Auckland 2105



(021) 067 7725  all days of the week, all hours of the day http://babylon.ac.nz All services free of charge.

No referral required.

**Bupa New Zealand**

FSD0015328 Last updated 27/08/2020

Providing safety, security and emergency assistance for those living alone or with medical conditions, through our personal medical alarm. We are always just the press of a button away.

109 Carlton Gore Road Newmarket Auckland 1023



info@bupa.co.nz  Some charges may apply.

(0800) 00 42 76 Referral may apply.

(09) 558 2488 http://www.bupa.co.nz

**CADS Auckland - West**

FSD0008279 Last updated 28/04/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

Level 1 1 Trading Place Henderson Waitakere



cadsdutywest@waitematadhb.govt.nz  Mon to Fri 8:30a.m. - 4:45pm. People can walk

(09) 845 1818 in between 10am - 1pm Mon- Fri and be seen

http://www.cads.org.nz without an appointment. After hours groups also

available.

All services free of charge. No referral required.

**Care On Call**

FSD0004072 Last updated 23/04/2021

Care on Call provides support with personal care and housework to clients of all ages across New Zealand in their own homes. This includes clients with disabilities, people recovering after an accident or surgery. All enquiries are most welcome, and you may be eligible for government funding.

Level 5 55 Anzac Ave Auckland 1010 auckland@careoncall.co.nz  Office open Monday - Friday, 8:30am- 5:00pm.



(0800) 664 422 Some charges may apply.

(09) 966 0011 (24 hours) No referral required. http://careoncall.co.nz

**CCS Disability Action - Royal Oak Office**

FSD0008313 Last updated 06/07/2020

CCS Disability Action is New Zealand's leading provider of support and services to people with disabilities. We are also a leading advocate for the rights of disabled people.

14 Erson Avenue Royal Oak Auckland 1061



auckland@ccsdisabilityaction.org.nz  8.30 am - 4.30 pm Monday to Friday

(09) 625 9378 Some charges may apply.

(0800) 227 225 Referral may apply. http://www.ccsdisabilityaction.org.nz

**Cerebral Palsy Society of New Zealand**

FSD0003830 Last updated 10/08/2020

Information and support for people, their family and whanua with Cerebral Palsy.

Ground Floor Rear 8 Railway St Newmarket Auckland 1023



cpsociety@cpsociety.org.nz  Monday to Friday from 9am to 5pm, for (0800) 503 603 information, advice and support on all aspects of http://www.cerebralpalsy.org.nz Cerebral Palsy

Some charges may apply. No referral required.

**Citizens Advice Bureau Otara Incorporated**

FSD0006860 Last updated 12/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Shops 1 & 2 46 Fair Mall Otara Town Centre, Bairds Road Auckland 2023



manager.otara@cab.org.nz  Normal Bureau hours operation: 9am-4pm (09) 274 6577 Monday to Friday, 9am-12pm Saturday http://www.cab.org.nz All services free of charge.

No referral required.

**Communicare CMA (Formerly Civilian Maimed Association Auckland Inc)**

FSD0003319 Last updated 03/05/2021

Communicare is a multi-cultural non-profit organisation that supports the elderly, lonely and disabled in the community by providing companionship, recreation, activities and crafts, through 21 Friendship Centres across Auckland.

14 Erson Avenue Royal Oak Auckland 1061 office@communicare.org.nz  Head Office - Monday to Thursday 9am to 3pm. (09) 631 5968 Friendship centres - Monday to Thursdays 9am http://www.communicare.org.nz to 1pm.



School Term Times only- closed during holidays.

Some charges may apply. No referral required.

**Disabled Citizens Society Inc**

FSD0003331 Last updated 02/11/2020

Support people living with disabilities; In the Community – Into Employment;

Enable individuals to access, be assessed and register for the Total Mobility Transport Scheme.

421-423 Dominion Road Mt Eden Auckland



corina@dcsinc.org.nz  Monday to Friday, 7.45am - 4.30pm

(09) 638 8153 Some charges may apply. http://www.dcsinc.org.nz Referral may apply.

**Enliven Auckland**

FSD0020675 Last updated 27/04/2021

Enliven maximises the independence of older people and those with disabilities or injuries. Our home support and community services enable people to live in their own homes, stay healthy and engage socially with others. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Enliven Maximising Independence

* Home support services
* Community day programmes, conversation cafés, home share groups and pool programmes
* Dementia-specific community support
* Intergenerational project
* Individualised funding
* ACC-funded support
* Respite care
* Long term support for chronic conditions
* Transition services from hospital or rest home

77 Grey Street Onehunga Auckland 1061



enlivenauckland@psn.org.nz  Monday - Friday

|  |  |
| --- | --- |
| (09) 622 4788 https://www.enlivennorthern.org.nz/servic e-centre/auckland-central      **Enliven Counties Manukau** | 8.30 am - 5.30 pm  All services free of charge. Referral may apply. |
| FSD0008145 | Last updated 27/04/2021 |

Enliven maximises the independence of older people and those with disabilities or injuries. Our home support and community services enable people to live in their own homes, stay healthy and engage socially with others. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Enliven Maximising Independence

* Home support services
* Community day programmes, conversation cafés, home share groups and pool programmes
* Dementia-specific community support
* Intergenerational project
* Individualised funding
* ACC-funded support
* Respite care
* Long term support for chronic conditions
* Transition services from hospital or rest home

217 Weymouth Road Manurewa Auckland 2102



enlivencounties@psn.org.nz  Monday - Friday

* 1. 269 0112 8.30 am - 5.00 pm

https://www.enlivennorthern.org.nz/servic All services free of charge. e-centre/auckland-south Referral may apply.

**Enliven Waitemata**

FSD0020683 Last updated 27/04/2021

Enliven maximises the independence of older people and those with disabilities or injuries. Our home support and community services enable people to live in their own homes, stay healthy and engage socially with others. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Enliven Maximising Independence

* Home support services
* Community day services, home share groups and pool programmes
* Dementia-specific community support
* Intergenerational project
* Individualised funding
* ACC-funded rehabilitation and support
* Respite care
* Long term support for chronic conditions
* Transition services from hospital or rest home

 2171 Great North Road Avondale Auckland 0600

EnlivenWaitemata@psn.org.nz  Monday - Friday

* 1. 835 0490 8.30 am - 5.00 pm

(0508) 222 365 4836 (ACC referrals) All services free of charge. https://www.enlivennorthern.org.nz/servic Referral may apply. e-centre/auckland-west-north

**Franklin Family Support Centre**

FSD0000964 Last updated 23/12/2020

To empower families and individuals with financial, personal or family issues by providing professional, compassionate and caring social services and educational programmes.

82 Manukau Road Pukekohe admin@familysupport.org.nz  9.00am - 4.00pm, Monday to Friday.



|  |  |
| --- | --- |
| (09) 238 6233 http://www.familysupport.org.nz    **Classification : BFC, FVSS**    **Franklin Hospice** | Some charges may apply. No referral required. |
| FSD0005861 | Last updated 23/12/2020 |

We provide: Domiciliary Hospice service. Palliative care service in a shared care arrangement with the district nursing group.

29 Hall Street Pukekohe 2120



contact@franklinhospice.org.nz  8:00am - 4:30pm Monday to Friday

|  |  |
| --- | --- |
| (09) 238 9376 http://www.franklinhospice.org.nz/      **Geneva Healthcare** | Koha/donation may apply. Referral may apply. |
| FSD0004525 | Last updated 29/01/2021 |

We are New Zealand’s trusted experts in aged care, illness, injury & disability support. Since

1996, we’ve been supporting New Zealanders to live their best life and thrive by keeping well,

living independently and staying connected with their community.

We are part of the largest network of healthcare service providers working closely with the Ministry of Health, District Health Boards, Ministry of Social Development, and with ACC as a preferred national provider to give our Clients 24/7 wraparound support with our qualified, security-checked, Geneva Certified workers, nurses and Allied Health professionals, who are carefully selected to match their needs.

Our Services

* Home Support & Aged Care
* Flexible Disability & Injury Support
* Wellness & Rehabilitation
* Childcare & Youth Support
* Private Health & Wellness Support Packages (Private Care NZ)
* Healthcare Recruitment
* Health Staffing Services (Temporary & Permanent)
* Healthcare Training

Level 2 139 Quay Street Auckland 1010



info@genevahealth.com  24 hours a day, 7 days a week, 365 days a year.

(0800) 436 382 Some charges may apply. http://www.genevahealth.com Referral may apply.

**Glen Eden Community House Inc**

FSD0017552 Last updated 04/05/2021

The Glen Eden Community House provides local people with opportunities to participate in and experience a mix of social, educational, cutural or recreational activities

13 Pisces Road Glen Eden Auckland 0602



manager@glenedencommunityhouse.co.  Monday to Friday 9.00 am to 4.00pm nz Some charges may apply.

(09) 818 2194 Referral may apply.

(09) 818 2198 http://glenedencommunityhouse.co.nz

**Classification : OSCAR**

**Glen Innes Family Centre**

FSD0016332 Last updated 22/01/2021

Provide Social Work Support, Counselling (Individual/Family), Budgeting, Parenting Programmes, Domestic Violence Programmes, Senior Recreational Programmes.

122 Elstree Avenue Glen Innes Auckland 1743



admin@gifc.org.nz  Weekdays 9AM - 3PM

(09) 570 6250 Thursday 9am - 6pm

http://www.gifc.co.nz All services free of charge.

No referral required.

**Good Seed Trust**

FSD0017872 Last updated 26/01/2021

Good Seed Trust's mission is to provide quality care & learning experiences for children, youth & families. We have three early children centres in Mangere, Mt Wellington & Glendene. Our family support team operates 4 vans in Mangere to transport children. We run a community playgroup in Mangere.

The Trust also operates OSCAR approved programmes - Afterschool and Holiday programmes in Mangere, and Afterschool care at Panama Rd School. Fathers & Kids Events are held quarterly.

SuperGrans is being established in Mangere and Riverside through Good Seed Trust.

18A Mervan Street Mangere East Auckland 2024



info@goodseedtrust.co.nz  Monday to Friday

|  |  |
| --- | --- |
| (09) 275 1065 (027) 503 2470 http://www.goodseedtrust.co.nz | 7am to 6pm  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**GrandFriends**

FSD0022921 Last updated 28/12/2020

GrandFriends is a programme run by Surrogate Grandparents New Zealand Charitable Trust to provide social, caring connections for families around New Zealand.

A “GrandFriend” can be anyone, of any age who is interested in increasing their social connections and building a “village’ around themselves and their families, and to alleviate social isolation and loneliness.

GrandFriends set up to provide Intergenerational connections and find grandparents for families who may not have them for their children, and whilst this is still very much our focus, we have also evolved over the last three years. We have seen that the problem is much wider than this and people of all ages are looking for connections. We have single people in their 30’s, Aunties & Uncles, Teens wanting to give back, so we have now rebranded as “GrandFriends” to embrace this need in our communities of New Zealand.

info@grandfriends.nz  Monday - Friday 9am - 2.00pm

(09) 947 5815 Koha/donation may apply. http://www.grandfriends.nz No referral required.

**Grey Lynn Community Link**

FSD0007916 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

562 Richmond Road Grey Lynn 1011



(0800) 559 009 http://www.workandincome.govt.nz

Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Grey Power Federation New Zealand Inc**

FSD0003863 Last updated 19/06/2020

Support, advice and advocacy on behalf of the 50 plus age-group.

fed-office@greypower.co.nz  9am-3pm Monday to Friday

(0800) 473 979 Some charges may apply. http://www.greypower.co.nz No referral required.

**Haumaru Housing Limited Partnership**

FSD0023133 Last updated 15/02/2021

Haumaru Housing is a limited partnership between the Auckland Council and The Selwyn

Foundation, providing safe and affordable housing for older people. Sixty-three villages comprising 1452 self-contained residential units for older people ( 65 years +) across the Auckland region. Haumaru Housing aims to provide a safe community environment to meet the social and housing needs of older people.

Level 2 1 Nugent Street Grafton Auckland 1023



info@haumaruhousing.co.nz  8:00am - 5:00pm

(0800) 430 101 Plus After Hours Service

https://www.haumaruhousing.co.nz/ Some charges may apply.

No referral required.

**Highbury Community House Inc**

FSD0015253 Last updated 07/09/2020

To enhance social and cultural well-being by providing accessible and affordable opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to make friends, meet people, learn, contribute and participate in the local community.

 Highbury Community House & ELC 110 Hinemoa Street Birkenhead North Shore 0626

|  |  |
| --- | --- |
| manager@highburyhouse.org.nz  (09) 480 5279  (09) 480 5239 http://www.highburyhouse.org.nz | Office hours 9.00am - 2.30pm Mon - Fri  Community House is available for hire 7 days a week  Early Learning Centre open times 9.00-2.30 term time only  Some charges may apply.  No referral required. |

**Highland Park Community Link**

FSD0007900 Last updated 06/04/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit E 491 Pakuranga Road Manukau 2010



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Home and Family Counselling Inc: Auckland Office.**

FSD0003359 Last updated 13/07/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. We have a Chinese counsellor available and a mix of male and female counsellors. Professional, experienced counsellors provide high quality services from our long-standing wellrespected independent organisation.

 344 Mt Eden Road Mt Eden Auckland 1024

|  |  |
| --- | --- |
| (09) 630 8961 http://www.homeandfamily.org.nz    **Classification : FVSS**    **Howick Leisure Centre** | Monday - Friday 9am - 5pm  Saturday 9am - 4.30pm  Late Nights: Tuesday, Wednesday, and Thursday.  Koha/donation may apply. No referral required. |
| FSD0022362 | Last updated 21/07/2020 |

Howick Leisure Centre provides Holiday programmes during school holiday periods.

We also offer recreation activities for all ages. We have a fitness centre/gym as well as a child care facility that services the community.

563 Pakuranga Road Highland Park Auckland 2010



howickleisure@aucklandcouncil.govt.nz  Monday - Friday 7.30am-7.00pm

(09) 261 8436 Weekends 8am-4pm

https://aucklandleisure.co.nz/locations/ho Some charges may apply. wick-leisure-centre/ No referral required.

**Classification : OSCAR**

**Huakina Development Trust**

FSD0005729 Last updated 14/09/2020

Huakina has a mission statement to "Unleash the Potential of People" and they stand by it with passion. To provide support in health & wellbeing, education and environmental issues to the

community.

15-17 Roulston Street Pukekohe admin@huakina.co.nz (09) 238 0250 http://www.huakina.co.nz



**Classification : FVSS, OSCAR**

8.30 am - 5.00 pm Monday to Friday All services free of charge. Referral may apply.

**Hunters Corner Community Link**

FSD0007901 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

139 Great South Road Hunters Corner Manukau 2025



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**LIFEWISE**

FSD0003389 Last updated 08/09/2020

Established in 1851, we work with individuals and communities to address social issues such as poverty, homelessness, social isolation, substance abuse, caring for families and older people.

Level 7 385 Queen Street CBD Auckland 1010



lifewise@lifewise.org.nz  Monday to Friday 8.30am-5pm.

(09) 302 5390 Some charges may apply. http://www.lifewise.org.nz No referral required.

**Classification : THP**

**Lifewise Family Services**

FSD0003463 Last updated 16/07/2020

A service for families who are having difficulties or facing challenges, with children aged between 0-17 years. Principal aim is to support families to recognise their strengths and make lasting changes in their lives. Level one child and family support service approved under sections 396 and 403 of the Children, Young Persons and Their Families Act (1989).

3131 Great North Road New Lynn Waitakere 0600 familyservices@lifewise.org.nz  Monday to Friday, 8.30am-5pm.



(09) 818 6834 Some charges may apply. http://www.lifewise.org.nz Referral may apply.

**Loneliness New Zealand Charitable Trust**

FSD0023489 Last updated 01/04/2021

We are intent on conquering loneliness in New Zealand. People with loneliness struggle having quality relationships, and that can spiral their loneliness further, affecting work, study and home life. The distress of ongoing loneliness causes higher risk of physical and mental health problems including depression and suicide.

Our vision is that those who have loneliness are enabled to better understand themselves and the way they connect to others, and their world. Research shows that people need support to overcome prolonged loneliness, and is most effectively done through changing the way they think about themselves and others.

With our help people will experience significantly less pain that loneliness brings with it, and become stronger emotionally and mentally within themselves, increasing their resilience and dependency on others.

We provide support in the form of mentoring, and coaching through technology from our client's own home.

30A Bell Road Remuera Auckland 1050



admin@loneliness.org.nz  By arrangement, as we use Zoom and Skype or https://loneliness.org.nz/ equivalent technology. Contact first made

through the Get Started Form on our website or email admin@loneliness.org.nz Some charges may apply. No referral required.

**Mangere East Community Centre**

FSD0005829 Last updated 30/04/2021

We provide a variety of programmes for families in the community. Before and After school Care,

Holiday Programmes, Community Education and Study Support (ACCESS) programmes at the

Mangere East Community Centre. Community Classes include, English for Speakers of other Languages, Zumba, Samoan, Salsa, Fitness, Cook Island Dance, Ukulele, Korowai, Parenting Programmes, Te Reo Maori, Tai Chi.

372 Massey Road Mangere East Manukau



info@mangereeast.org  7.00am - 6.00pm Monday to Friday

(09) 275 6161 Some charges may apply.

(029) 773 0146 No referral required. http://www.mangereeast.org

**Classification : OSCAR**

**Manukau Superclinic Audiology**

FSD0008171 Last updated 14/07/2020

Manukau Superclinic provides public Audiology services for the Counties Manukau DHB region.

901 Great South Road Wiri Auckland 2104 customerservice@superclinic.co.nz  Monday to Friday 8:00 am - 4:30 pm.



(09) 277 1610 Some charges may apply. https://www.healthpoint.co.nz/public/ent- Referral may apply.

head-neck-surgery/counties-manukauhealth-audiology/

**Manurewa Community Link**

FSD0007904 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 12 Selwyn Road Manurewa Manukau City 2102

|  |  |
| --- | --- |
| (0800) 559 009 http://www.workandincome.govt.nz      **Meals on Wheels - Pukekohe** | Monday to Friday 8:30am - 5pm, Wednesday  9:30am - 5pm  All services free of charge. No referral required. |
| FSD0000965 | Last updated 21/04/2021 |

Meals delivered to people's home when they are incapable of cooking/preparing food.

10 Oakwood Place Pukekohe 2120



billandmaureen@xtra.co.nz  Some charges may apply.

(09) 238 2026 Referral may apply.

**Mount Eden Community Link**

FSD0007906 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

191-193 Dominion Road Mt Eden Auckland 1024



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Mycare**

FSD0022893 Last updated 03/08/2020

Mycare connects people needing help, directly with a community of people who provide support. Whether you need some help with house-keeping, personal care, gardening or meal preparation, there are people on Mycare ready and willing to help.

Mycare has New Zealand's largest online community of helpers and home care workers. We want to help people to find the support they need, in their local community, so they can live life their way. It’s as simple as that.

68-76 Taharoto Road Takapuna Auckland 0622



hello@mycare.co.nz  Contact Mycare for support Monday to Friday,

(0800) 677 700 8.30am to 5pm. http://www.mycare.co.nz Some charges may apply.

No referral required.

**Needs Assessment - Central Auckland**

FSD0003665 Last updated 02/04/2021

Needs assessment information for Central Auckland. Provides assessments for people over 65 years of age.

Building 17, Greenlane Clinical Centre 214 Greenlane Road West Greenlane Auckland 1051 communityservices@adhb.govt.nz  All services free of charge.



(09) 631 1234 No referral required.

(0800) 631 1234

**Needs Assessment Service Coordination - NASC - Waitemata**

**District Health Board**

FSD0003736 Last updated 02/02/2021

NASC helps older adults access support services in the community. We enable older adults to stay at home as safely and independently as possible. NASC also assists younger adults who require support services following illness or hospitalisation, or as part of a palliative care package. We work with patients and their families to assess and plan their need for support. NASC can then co-ordinate support services for as long as they are needed.

Te Whare 9 Karaka Street Takapuna Auckland 0622 nascinfo@waitematadhb.govt.nz  Monday - Friday 8:00am - 4:30pm.



(09) 442 7171 All services free of charge. http://www.waitematadhb.govt.nz/ No referral required.

**never2old Exercise Programme**

FSD0018457 Last updated 03/11/2020

To provide safe, fun, active opportunities for older adults, including resistance (weight) training, falls prevention, outdoor challenges, modified sport competition, education and social activities.

Visit website www.never2old.net.nz to locate other never2old providers in your area.

AUT Sport & Fitness Centre, Northcote Campus 90 Akoranga Drive Northcote Auckland 0627 phillipa.batts@aut.ac.nz  Contact 8.30am - 4pm (09) 9219999 x7615 Some charges may apply.



(021) 171 7043 No referral required. http://never2old.net.nz

**New Lynn Community Link**

FSD0007907 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

5-9 Hugh Brown Drive New Lynn Auckland 0600



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**North Shore CMA - Companionship and Morning Activities for**

**Seniors**

FSD0003686 Last updated 30/07/2020

Companionship and fun activities for older persons in the North Shore and Hibiscus Coast region. Approved Strength and Balance exercises available at some centres. Morning tea and lunch provided. Transport can be arranged for a small donation. Activities includes games, exercise, speakers, craft, outings and much more.

Level 1, Mary Thomas Centre 3 Gibbons Road Takapuna Auckland 0622



info@cmans.org.nz  Centres: 10.00 am - 12.30 pm (09) 489 8954 Mon: Mairangi Bay, Sunnynook http://www.cmans.org.nz Tues: Birkdale Albany

Wed: Red Beach

Thurs: Belmont, Glenfield, Stanmore Bay

Support Office: Mon - Fri. 9.00 am - 1.00 pm Some charges may apply. No referral required.

|  |  |
| --- | --- |
| **Nutrifare Ltd** |  |
| FSD0015112  Home Delivered Prepared Ready to Eat Meals. | Last updated 12/02/2021 |

5 Marjorie Jayne Cres Otahuhu Auckland 1640



accounts@nutrifare.co.nz  7am - 5pm Weekdays

|  |  |
| --- | --- |
| (0800) 303 232 (09) 270 2634 http://www.nutrifare.co.nz | Some charges may apply. No referral required. |

|  |  |
| --- | --- |
| **Older Women's Network Inc**  FSD0003543 | Last updated 08/08/2020 |
| 1334 |  |

Support, celebration and education for older women.

info@own.org.nz  Anytime

(027) 217 4783 Some charges may apply.

No referral required.

**Onehunga Community Link**

FSD0007908 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

201-211 Onehunga Mall Auckland 1061



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Onepoto Awhina Incorporated Society**

FSD0003739 Last updated 05/08/2020

To assist families and individuals within the Northcote area by addressing socio-cultural issues including education, health, employment, advocacy and empowerment through cultural growth.

Northcote Community House 65 Pearn Crescent Northcote Auckland 0627 onepoto1@xtra.co.nz  Weekdays



(09) 419 1692 Office 9.30-4.30

(021) 153 2126 Educare Centre 8.00-5.00 http://www.northcotecommunity.co.nz Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Otahuhu Community Link**

FSD0007910 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

4 Fairburn Road Otahuhu 1062



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Otahuhu Town Hall Community Centre**

FSD0018822 Last updated 11/02/2021

To provide a place for community residents to enable them to meet in a drop in situation or take part in programmes that are organized to meet the needs of the community. To act with the Auckland Council and the Local Board concerning the use of the community centre,supplying monthly reports as directed. To promote cultural,educational and recreational activities in and for the benefits of all residents of the Otahuhu district. To set hireage that may be reasonable and appropriate at a level that is affordable by user groups and to change these charges when necessary. To provide a venue for social services and community networking needs.

10 High Street Auckland Central Auckland 1010



makeritaothcc@gmail.com  OSCAR Monday - Friday

|  |  |
| --- | --- |
| (09) 276 7346  (09) 276 7343 https://www.otahuhutownhall.com/ | Before care 6am - 8am  ASP 1.45pm - 6pm  School Holiday 8am - 6pm  Centre office Monday - Friday 9am - 3pm Some charges may apply.  Referral may apply. |

**Classification : OSCAR**

**Pacific Homecare**

FSD0003800 Last updated 19/04/2021

Pacific Homecare is a Charitable Trust organisation providing home-based health care services and whanau ora services throughout the greater Auckland with elderly, people with disabilities and vulnerable families. Our vision is healthier communities in which our people enjoy a better quality of life.

Level 1 230 Great South Rd Papatoetoe Auckland 2025 info@pacifichomecare.org.nz  Monday - Friday 8:30 a.m. - 5:00 p.m.



(09) 274 9153 All services free of charge. http://www.pacifichomecare.org.nz Referral may apply.

**Classification : PACIFIC**

**Papakura Community Link**

FSD0007913 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20-22 Queen Street Papakura 2110



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Papatoetoe Community Link**

FSD0007914 Last updated 05/01/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

17 Shirley Road Papatoetoe 2025



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz      **Ponsonby U3A** | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0003669 | Last updated 06/04/2021 |

Ponsonby U3A is a branch of the nationwide (and worldwide) University of the Third Age, known as U3A. The U3A movement is essentially for senior people to partake in study and interest groups.

Meeting Venue: St Columba Centre 40 Vermont Street Ponsonby Auckland 1011 u3aponsonby@gmail.com  Monthly meeting is on the second Friday of the (027) 289 5514 month at 9:45am. Our email newsletter is



(09) 815 2460 (Lois) available on request.

http://www.u3a.org.nz Some charges may apply.

No referral required.

**Presbyterian Support Northern**

FSD0008142 Last updated 27/04/2021

Presbyterian Support Northern helps create a better life for everyone. Our social services:

* build strong families
* enable older people and those with disabilities or injuries to live in their own homes, stay healthyand engage socially with others
* show those who are struggling financially how to move toward financial independence.

Presbyterian Support Northern 111 Great South Road Epsom Auckland 1051



info@psn.org.nz  Monday to Friday, 8.30am to 5.00pm (09) 520 8600 Financial capability availability: AUCKLAND http://www.psn.org.nz WEST, CENTRAL and SOUTH.

Some charges may apply. Referral may apply.

**Classification : BFC, FVSS**

**Public Trust**

FSD0006151 Last updated 19/03/2021

Public Trust is best known as New Zealand's largest provider of Wills and estate planning and administration services. We offer independent, professional advice and a wide range of products and services including legal, financial, investment, trusts, estate administration and estate protection.

In fact wherever you're at in your life, we have the experience and expertise to help you protect and manage your family interests and assets.

Level 3 205 Great South Road Greenlane Auckland 1051



info@publictrust.co.nz  Phone Service: 8.00am to 5.30pm Monday to

(0800) 371 471 Friday

http://www.publictrust.co.nz Office Hours: 8.30am to 5.00pm Monday to

Friday

Some charges may apply. No referral required.

**Pukekohe Community Link**

FSD0007917 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

9-11 Tobin Street Pukekohe 2120



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Queen Street Community Link**

FSD0007918 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 3 450 Queen Street Auckland 1010



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**RDNS New Zealand**

FSD0022612 Last updated 14/10/2020

RDNS (Royal District Nursing Service) New Zealand is for everyone and we embrace diversity.

Our youngest client is two years old and our oldest is 94. We proudly support people from over 35 different cultural backgrounds. We are LGBTI friendly.

Whether you are experiencing illness, injury or just need some help around the home, RDNS New Zealand is here to help. We support people from all walks of life with dignity and compassion.

Level 1 8 Hugo Johnston Drive Penrose Auckland 1061



getinfonz@rdns.org.nz  7 Days 6am - 9pm. (0800) 736 769 Some charges may apply. https://www.rdns.org.nz/ No referral required.

**Relionus Mobility Services (Vehicles and Mobility Accessible Vans)**

FSD0021142 Last updated 22/03/2021

Relionus is a 24 hour, 7 day a week and every day of the year, Health Care Transport Specialists. We are New Zealand’s most trusted transport service company, dedicated to people with health care needs which affect their mobility. We are a New Zealand owned business and operate in all parts of the greater Auckland Region. We are also available to transfer from outside of Auckland to Auckland, or from Auckland to outside of Auckland. We are a pre-book service so the more notice you can give us the better. We operate a number of modern Mobility Equipped Vehicles all meeting the highest safety standards.

597 Rosebank Road Avondale Auckland



bookings@relionus.co.nz  Our service is available 24 hours a day, 7 days a

(0800) 025 999 week, 365 days a year. http://www.relionus.co.nz Some charges may apply.

No referral required.

**Selwyn Centre**

FSD0005891 Last updated 12/02/2021

An activities based programme for retired senior people. Partial funding by the Selwyn Foundation. Facilitated by All Saints Anglican Church. Co-ordinators Ann Hays and Mary Rolf

All Saints' Community Centre 30 Cook Street Howick Auckland



allsaints@xtra.co.nz  9.00am - 1.30pm Monday, Friday.

(09) 534 6864 Some charges may apply. http://www.allsaintshowick.org.nz No referral required.

**Seniorline**

FSD0003889 Last updated 05/01/2021

Seniorline is contracted by all NZ DHBs as a telephone information service to assist older people to navigate the health system. Information includes how to get help to stay at home and support services for caregivers. Seniorline also advise on the process for entry to rest home, dementia or hospital care, funding and the services that should be provided.

Ground Floor Building 17 Greenlane Clinical Centre Greenlane Auckland



seniorline@adhb.govt.nz  8.00am - 4.00pm Monday to Friday (0800) 725 463  All services free of charge.

(09) 375 4395 No referral required. http://www.seniorline.org.nz

**Shanti Niwas Charitable Trust**

FSD0022954 Last updated 21/09/2020

Shanti Niwas is a non-profit organisation, has a long history of working with senior citizens of Indian and South Asian origin living in the Auckland region since 1994 to ensure they are valued and treasured by society.

Our mission is to provide culturally appropriate aged care services along with social, emotional, educational, physical and spiritual support for the wellbeing of older people of Indian and South Asian origin.

The trust delivers Positive Ageing Day programmes for older people and people with special needs in the Auckland region. We also provide counselling, advocacy, translation services, help to access health related practical assistance etc and help them integrate into New Zealand society for the betterment of the quality of life of seniors and their families. Our other services include

KHUSHI – Elder Abuse and Neglect Prevention Services, SNEH – Shanti Niwas Emergency Home for the seniors, DOSTI – Volunteer Visiting services and many more.

 (Beside Dolphin Theater) 14 Spring Street Onehunga Auckland 1061

shantiniwas@xtra.co.nz  Mon - Fri 9.30am - 4pm (09) 622 1010 Some charges may apply.

(021) 202 8406 No referral required. http://www.shantiniwas.org.nz

**Classification : EARS**

**St George's Anglican Church**

FSD0003598 Last updated 19/04/2021

Services into the community include - Counselling Services, Elderly day centre and Indian Elderly day centre, Preschool, Playgroup, Foodbank.

St Georges Church 5 Landscape Road Papatoetoe Manukau



office@stgap.org.nz  Monday 9.00am - 12pm

(09) 278 3412 Tuesday-Friday 9.30am - 12.30pm http://www.stgap.org.nz Some charges may apply.

No referral required.

**St Luke's Church Budgeting Service**

FSD0003573 Last updated 19/04/2021

Social services support drop-in centre.

3 Russell Road Manurewa Auckland



satellitestlukes@outlook.com  Monday mornings 10am - 2pm. Please make

(09) 266 3233 appointment via phone. If urgent, late afternoon

appointment possible.

All services free of charge. No referral required.

**Sukhmani Charitable Trust**

FSD0024484 Last updated 06/01/2021

Purpose to help families to live healthy, happy and purposeful life contributing to society in building nation in the area of health, well being, child care, deal with abusive relationship, getting into employment and advocacy.

583A Blockhouse Bay Road Blockhouse Bay Auckland 0600



(022) 125 6775  Monday to Friday

10 am to 5 pm

All services free of charge. No referral required.

**SuperCare4u.com**

FSD0015234 Last updated 15/01/2021

SuperCare4u.com is a Health Care Service Provider owned and operated in New Zealand. Our transportation division offers a door-to-door, on demand,pickup/drop-off service, 7 days a week, 365 days a year. We operate a fleet of multi purpose vehicles equipped with wheelchair hoists, providing total mobility and non-medical emergency transportation to the aged, infirm and transport disadvantaged.

20 Bellwood Avenue Mt Eden Auckland 1024



information@supercare4u.com  On demand service.

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| (09) 630 2060 (027) 688 9957 http://www.supercare4u.com      **Taikura Trust** | 7 days a week, 365 days a year Some charges may apply. No referral required. |
| FSD0003742 | Last updated 28/07/2020 |

Provides Needs Assessment and Service Coordination (NASC) services to people aged 0-65 years with physical, intellectual, and sensory disabilities and Autistic Spectrum Disorder across the greater Auckland region (from Mercer to Te Hana).

Level 1, Building 1 570 Mt Wellington Highway Mt Wellington Auckland 1066



info@taikura.org.nz  8.30 am - 5.00 pm Monday to Friday. Message

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| (0800) 824 5872 (09) 278 6314 http://www.taikura.org.nz | service after hours.  All services free of charge.  No referral required. |

**Tamaki Community Link**

FSD0007898 Last updated 03/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 40-42 Mayfair Place Glen Innes Auckland 1072



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Te Iwi O Ngati Kahu Trust**

FSD0021607 Last updated 11/01/2021

Te Iwi O Ngati Kahu Trust is an Iwi service provider situated in Tamaki Makaurau to provide whanau support services in their own communities. We also provide care placement services for mokopuna Maori aged 0-16 years old throughout Tamaki Makaurau and the Far North and are committed to mokopuna remaining in the care of their whanau, hapu and Iwi.

19 Lambie Drive Papatoetoe Auckland 2104



admin@tionk.co.nz  Monday to Friday 8.30 - 5pm.

(09) 250 4797 Weekends by appointment only. https://tionk.co.nz/index.html Weekends/After Hour support for caregivers.

All services free of charge. Referral may apply.

**Te Oranga Kaumatua Kuia Disability Support Services Trust**

FSD0006043 Last updated 14/10/2020

A service that specifically seeks to provide support for Kaumatua and Kuia suffering from neglect and/or dementia that may lead to elder abuse and neglect.

Geographical Coverage Area: Te Puaha ki Manuka (South Auckland)

64 Mascot Avenue Mangere Manukau 2022



kingi.martin@teorangakk.org.nz  Monday to Friday

(09) 255 5470 8.30am - 5.00pm http://www.teorangakk.org.nz

Community Support Service.

Elder Abuse and Neglect Service.

All services free of charge. Referral may apply.

**The Salvation Army - Albany Bays**

FSD0008239 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army. (Corps and Korean Corps Plant)

90 Rosedale Road Albany Auckland 0632



albanybays.corps@salvationarmy.org.nz  Coordinator works from 8.00am - 4.00pm

(09) 478 7567 Monday to Friday. https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/albany-bays/albany-bays- No referral required. corps

**The Salvation Army - Auckland City Corps**

FSD0006317 Last updated 23/03/2021

Worship, community and welfare services of The Salvation Army (Auckland and Korean Corps and Community Ministries)

 18 Allright Place Mt Wellington Auckland 1060

aucklandcity.corps@salvationarmy.org.nz  Monday - Friday 9am - 4.30pm

(09) 379 7615 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/auckland/auckland-corps

**The Salvation Army - East City**

FSD0023575 Last updated 20/04/2021

Worship, community and welfare services of The Salvation Army.

37-45 Wellington Street Howick Auckland 2014 eastcity.corps@salvationarmy.org.nz  Drop in centre open Wed and Fri 11-2pm.



(09) 535 0847 Foodbank open Wed and Fri 11am-2pm. https://www.salvationarmy.org.nz/centres/ Budgeting available Fri by appointment.

nz/auckland/howick/east-city-corps Some charges may apply.

No referral required.

**The Salvation Army - Flat Bush**

FSD0023577 Last updated 27/04/2021

Corps Plant. Worship, community and welfare services of The Salvation Army

18 Fusion Road Flat Bush Auckland 2019 flatbushcorps.plant@salvationarmy.org.nz  Some charges may apply.



(09) 277 6829 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/auckland/flatbush/flat-bush-corps

**The Salvation Army - Glenfield**

FSD0008241 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army.

 430 Glenfield Road Glenfield Auckland 0629

glenfield.corps@salvationarmy.org.nz  Our offices are open 8.30am to 4pm, Monday to

(09) 441 2554 ext 2 Friday. https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/glenfield/glenfield-corps No referral required.

**Classification : BFC**

**The Salvation Army - Hibiscus Coast**

FSD0023583 Last updated 29/03/2021

Worship, community and welfare services of The Salvation Army on the Hibiscus Coast.

38 Greenview Lane Red Beach 0932



hibiscuscoastcorps@salvationarmy.org.nz  Office is open Tuesday, Wednesday, Thursday

(09) 426 0239 9.00am-12noon

https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/hibiscus-coast/hibiscus- No referral required. coast-corps

**The Salvation Army - Manukau Central**

FSD0005754 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army

16D Bakerfield Place Manukau Auckland 2104 manukaucentral.corps@salvationarmy.org  Monday to Friday, 9am-5pm.



.nz Some charges may apply.

(09) 262 2332 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/auckland/manukau/manukau-centralcorps

**Classification : BFC**

**The Salvation Army - Mt Albert**

FSD0023584 Last updated 26/03/2021

Worship, community and welfare services of The Salvation Army

218 Mt Albert Road Sandringham Auckland 1025



mtalbert.corps@salvationarmy.org.nz  Mon - Fri: 9.30am - 4.30pm,

(09) 629 5063 Sat: 9am - 4pm

https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/sandringham/mt-albert-corps No referral required.

**The Salvation Army - New Lynn**

FSD0005938 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

32 Delta Avenue New Lynn Auckland 0600 newlynn\_corps@nzf.salvationarmy.org  Mon - Fri 9.30am - 1pm for food bank.



(09) 827 3128 All services free of charge. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/new-lynn/new-lynn-corps

**Classification : BFC**

**The Salvation Army - Otahuhu**

FSD0023585 Last updated 22/04/2021

Worship, community and welfare services of The Salvation Army

99 Church Street Otahuhu Auckland 1062



otahuhu.corps@salvationarmy.org.nz  9am-2.30pm Monday to Friday

(09) 276 5793 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/otahuhu/otahuhu-corps

**The Salvation Army - Papakura**

FSD0023546 Last updated 23/03/2021

Worship, community and welfare services of The Salvation Army

87-91 Clevedon Road Auckland papakura.corps@salvationarmy.org.nz  /



(09) 299 6791 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/papakura

**The Salvation Army - Royal Oak**

FSD0003434 Last updated 17/04/2021

Community and Welfare services for The Salvation Army

691a Mt Albert Road Royal Oak Auckland 1023



ndhq@nzf.salvationarmy.org  9:15am-12pm, 1-3pm Monday, Tuesday,

(09) 639 1181 Thursday Friday. https://www.salvationarmy.org.nz/centres/ Wednesdays 10-12 and 1-3pm. nz/auckland/royal-oak Some charges may apply.

Referral may apply.

**Classification : BFC, THP**

**The Salvation Army - Waitakere Central**

FSD0008237 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

7-9 View Road Henderson Auckland 0612



WaitakereCentral\_Corps@nzf.salvationar my.org (09) 837 4471 https://www.salvationarmy.org.nz/centres/ nz/auckland/waitakere/waitakere-centralcorps

**Classification : BFC**

Community and Family Services: 9.00am -

5.00pm, Monday to Friday. Some charges may apply. No referral required.

**Three Kings Community Link**

FSD0007920 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Three Kings Plaza 536 Mt Albert Road Three Kings Auckland 1042



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**TOA Pacific Inc**

FSD0003684 Last updated 20/11/2020

To promote the health and wellbeing and rights of older Pacific people and Pacific Aiga carers by providing sustainable, responsive and culturally safe services. We are committed to developing and delivering positive outcomes for them.

214 Great South Road Otahuhu Auckland 1062



malia@toapacific.org.nz  9am - 5pm Monday to Friday

(09) 276 4596 Some charges may apply. http://www.toapacific.org.nz No referral required.

**Classification : FVSS, PACIFIC**

**Tongan Tamaki Langafonua Community Centre**

FSD0006054 Last updated 15/01/2021

Pasific social services provider, budgeting, MSD funded programs for anger management, Family violence and Parenting. Assistance for clients with disability, residential care and respite.

183 Taniwha Street Glen Innes Auckland



langafonua.centre@xtra.co.nz  Some charges may apply.

(09) 528 8280 No referral required.

**Classification : PACIFIC**

**Vaka Tautua Limited**

FSD0015458 Last updated 01/10/2020

Vaka Tautua provides information and support for Pacific families in the areas of disability, older people, mental health and financial capability. Please get in touch if you would like more information on our services.

Unit 7 586 Great South Road Manukau Auckland 2025



administration@vakatautua.co.nz  Mon - Fri 8.30am - 5.00pm

(0800) 825 282 http://www.vakatautua.co.nz Elder Abuse Response Service for Auckland

region only.

All services free of charge. Referral may apply.

**Classification : EARS, FVSS, PACIFIC**

**Vinnies**

FSD0003440 Last updated 27/10/2020

Food bank

Advocacy

Volunteering

Community Events

Youth volunteer programme

Social Justice programme in schools

 12 Gundry Street Newton Auckland 1010

auckland@stvinnies.co.nz  Monday-Friday 10-3:30pm

(09) 815 6122 Some charges may apply. http://www.svdpak.org.nz/ No referral required.

**Visionwest Home HealthCare**

FSD0005955 Last updated 15/01/2021

Visionwest Home Healthcare is a long-standing provider of quality, professional, home healthcare in the West Auckland region. Services are available to the elderly, sick, injured and those with disabilities of all ages in West Auckland and the North Shore.

Building 4 97 Glendale Road Glen Eden Waitakere 0612



homecare@Visionwest.org.nz  Office hours: 9.00am - 5.00pm, Monday to

(0800) 222 040 Friday. http://www.Visionwest.org.nz Some charges may apply.

Referral may apply.

**Waiheke Island Community Link**

FSD0007922 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Shop One 116 Ocean View Road Oneroa Waiheke Island 1081



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waitakere Community Link**

FSD0007924 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

36-44 Sel Peacock Drive Waitakere 0610



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waitakere Union Health Centre**

FSD0021920 Last updated 23/03/2021

Waitakere Union Health is a Family Doctors Practice. Established in 1988. We provide FREE nurse and doctor consultations for enrolled:

* Children under 18 years of age
* Adults 65 years and over
* Union members and their family members

Our goal is to help you to improve your health through the prevention, diagnosis, management of illness in a caring and supportive environment.

We are committed to equality and treat all patients with dignity and respect by embracing all people irrespective of race, gender, sexual orientation, religion, social class, age, or medical condition.

The practice has Cornerstone Accreditation recognising the high quality of its primary health care service. Patients are seen on an 'Appointment Only" basis.

We are conveniently situated in the Waitakere Hospital Grounds, Lincoln Road in Henderson and provide free parking.

 55-75 Lincoln Road Henderson Auckland 0612

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| admin@wuhealth.co.nz  (09) 837 3933 http://www.waitakereunionhealth.com      **Waiuku Community Link** | Monday to Friday 8am-5pm  Please book an appointment via  ManageMyHealth or call reception on 09 837  3933 / 0800 489 237  All services free of charge. No referral required. |
| FSD0007925 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

57b Queen Street Waiuku 2682



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz      **Warkworth Community Link** | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0007926 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Winscombe Mall 37 Queen Street Winscombe Mall Warkworth 0910



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Westgate Community Link**

FSD0007927 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

22-24 Cabernet Crescent Westgate Waitakere City 0614



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Whanau Resource Centre o Pukekohe Charitable Trust**

FSD0016702 Last updated 08/10/2020

The Whanau Resource Centre is a one stop shop in community support servicing and prides itself on catering to the needs of its community. The Whanau Resource Centre's confidential service delivers a holistic approach to supportive care and is committed to promoting well being and assisting individuals to deal with the day to day matters of life.

17 McNally Road Pukekohe Auckland 2120



info@whanauresourcecentre.org.nz  Monday, Tuesday, Wednesday, Thursday and

(09) 238 5285 Friday 9am to 4.30pm (021) 532 178 Some charges may apply.

No referral required.

**Classification : FVSS, THP**

**Work and Income - Auckland Regional Office**

FSD0015264 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 2, Building A 65 Main Highway Ellerslie Auckland 1051



(0800) 559 009  Monday to Friday, 8:30 am to 5:00 pm http://www.workandincome.govt.nz All services free of charge.

No referral required.

**Work and Income - Clendon Service Centre**

FSD0007895 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Clendon Shopping Centre Cnr Roscommon & Palmers Roads Clendon Manukau City 2103



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenfield**

FSD0007896 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

1 Peach Road Glenfield North Shore City 0629



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenmall Community Link**

FSD0007897 Last updated 14/12/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20 Oates Road Glen Eden Auckland 0602



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Helensville Service Centre**

FSD0007899 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

34-38 Commercial Road Helensville 0800



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Mangere Community Link**

FSD0007902 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

93 Mascot Avenue Mangere Auckland 2022



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Manukau Community Link**

FSD0007903 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

2 Osterley Way Manukau Auckland 2104



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Orewa Service Centre**

FSD0007909 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

27 Florence Avenue Orewa 0931



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Work and Income - Otara Service Centre**

FSD0007911 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

52-60 Lovegrove Crescent Otara 2023



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Takapuna Service Centre**

FSD0007919 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

519 Lake Road Takapuna 0622



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

# Parents and Caregivers

**3 O'clock Dash Before and After School Care**

FSD0022458 Last updated 12/01/2021

3 O'clock Dash is an OSCAR approved programme operating a Before & After school care service for the children of Bailey Road School, Mt Wellington, Auckland.

We also provide a one week School Holiday programme each holidays as well.

We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

19 Bailey Road Mt Wellington Auckland 1060



3oclockdash@gmail.com  Open to all Bailey Rd School students each

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| (09) 948 8969  (021) 322 774 https://www.3oclockdash.co.nz/    **Classification : OSCAR** | school day  Before School Care: 7am - 8.30am After School Care: 2.45pm - 6pm Some charges may apply.  Referral may apply. |

**4Kids & Whanau OSCAR Program**

FSD0017538 Last updated 27/04/2021

Provision of after school and holiday care for children 5-14 years of age that is relevant, fun and safe. The program operates from the Glenfield Baptist Church lower hall area and is structured, well resourced and professional with a great team. An additional venue was started in January 2020 located in the Belmont Baptist hall.

Glenfield Baptist Church 46 James Street Glenfield Auckland 0629 office@4kids.nz  Breakfast 7am-9am (09) 440 9394 After School 3-6pm



http://www.4kids.nz Holiday Care 7.00am-6pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Active Institute**

FSD0021367 Last updated 02/02/2021

Active Institute is a NZQA approved and accredited Private Training Provider who has been serving the Manukau and wider South Auckland community since 1988. We provide training courses in ESOL and Employment.

23 Norman Spencer Drive Papatoetoe Manukau 2104



it@activeinstitute.co.nz  8 am - 4 pm (09) 278 0849 All services free of charge.

(027) 560 1118 Referral may apply. http://www.activeinstitute.co.nz

**aDapt Family Solutions**

FSD0019662 Last updated 26/07/2020

aDapt Family Solutions is an organisation that provide a mobile Family Development program. Services are delivered in the home at times that suit the family. aDapt delivers programs that are customised addressing the challenges affecting each family. aDapt have a number of modules with a wide variety of topics, behaviour management for children, stress management and self care, co-parenting, family organisation, ADHD and other challenges, and other topics. aDapt respects and considers the culture, values and uniqueness of each family when tailoring a program to suit.

We have a high level of flexibility around times and dates where the programs can be delivered. We work 7 days a week and between the hours of 6.00am-10.00pm we can structure visits to suit our clients. aDapt Family Solutions are able to offer 6 to 12 week interventions. aDapt is a Social

Sector accredited provider offering; specialised parenting and family development program

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| paula@adapt.net.nz  (021) 318 879 (021) 318 139 http://www.adapt.net.nz | We can be contacted from 8am to 6pm weekdays and by appointment weekends.  All services free of charge.  No referral required. |

**Adventure Specialties Trust**

FSD0019387 Last updated 24/07/2020

Adventure Specialties Trust provides adventure activities, outdoor pursuits and wilderness education to community groups and schools with the aim of facilitating the holistic development of individuals and families through the medium of the outdoors.

Unit 1 4 Winston Place Henderson Auckland 0610



office@adventurespecialties.co.nz  Monday - Friday, 9am - 5pm

(09) 837 6033 Some charges may apply. http://www.adventurespecialties.co.nz Referral may apply.

**Affirming Works**

FSD0024453 Last updated 18/11/2020

Affirming Works (AW) is an innovative Pacific 'not-for-profit company which combines an effective team of multi-generational and multicultural professionals. AW offers an extensive range of mentoring services, social services and social enterprise to various communities in the Auckland region. AW began in 2001 and continues to provide for families; prevention to family violence, educational assistance for learners, food parcels, budgeting and case management of family plans. AW's ability to speak in pacific languages and have qualified staff has enabled a culturally competent yet safe practice approach to it's services. AW provides youth transition services for Oranga tamariki rangatahi, the Tupu'anga a mentoring programme for children and youth, Tautua a youth employment service for young people to work in the Community Cafes. AW also provides in five regions in Aotearoa the Young & Free conferences for the promotion of positive social messaging for Pacific youth.

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| office@affirmingworks.org.nz  (0800) 0AFFIRM (09) 276 6538 http://affirmingworks.org.nz | AW's service delivery is usually from 9am-5pm we have a site for our food hub, our community cafes and our offices, it is best to contact us via www.affirmingworks.org.nz or call free on 08000AFFIRM.  All services free of charge.  No referral required. |

**Classification : FVSS, PACIFIC**

**Ai Kihara-ACC Counsellor**

FSD0022552 Last updated 16/04/2021

Ai is an ACC Registered Trauma (Sexual Abuse) Therapist, NZCCA qualified counsellor and social worker (Registered in Japan) Ai can undertake counselling in either English or Japanese.

Ai works with group and individuals including children and adolescents regarding how trauma relates to cross-cultural issues, migrant issues, relationships, family issues, addiction, anxiety and depression. Ai has also had a Triple P certificate and can provide parenting advice.

1. Maidstone Street Grey Lynn Auckland 1021



tetoandken@gmail.com  All consultations are by appointment. There is no (021) 085 18838 (Client) drop-in service.

http://aikihara.jimdo.com Some charges may apply.

No referral required.

**Aiga Atia'e Pasefika Family Trust**

FSD0020505 Last updated 04/01/2021

We offer and target Pasefika families and the Community as a whole of whoever need our Education and Support Programmes etc.

1. Kirklow Place Goodwood Heights Auckland 2105



taulapapa.n.wulf@aigaatiaepftrust.org.nz  Start time : 9.00 am

(09) 262 3725 Finish time: 3.00/6.00 pm Monday to Friday, and

http://www.aigaatiaepftrust.org.nz weekends and after hours by voicemail message.

Also available weekends and after hours by arrangement.

Some charges may apply. Referral may apply.

**Classification : PACIFIC**

**Albany Community Link**

FSD0007891 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44 Corinthian Drive Albany North Shore 0632



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**All You Can Eat: Feeding Services for Kids**

FSD0023602 Last updated 26/06/2020

Kia ora, I’m Dr. Sarah Leadley, and I’m committed to helping children with feeding difficulties and their families, using evidence-based strategies that are also family friendly. I’m a Psychologist and Board Certified Behaviour Analyst. I use a behavioural approach, working closely with other health professionals: including paediatricians, dietitians and speech language therapists. I work with families in their own homes, at times that are best for them.

I can support children and young people between 1- 16 years old who have feeding challenges including fussy or picky eating, food selectivity (e.g., refusing to eat certain textures, or food groups), formula dependency or feeding tube dependency. I help children with a range of developmental disabilities, as well as children who do not have disabilities.

drsarahleadley@gmail.com  Flexible, including evenings and weekends

(027) 931 3551 Some charges may apply.

No referral required.

**Allan Brewster Leisure Centre**

FSD0021409 Last updated 04/09/2020

We run after school care, holidays programmes, early childhood centres, fitness centres, pools and group fitness classes.

7 Tavern Lane Papatoetoe Auckland 2025



allanbrewsterleisure@aucklandcouncil.go  Monday - Thursday, 7am-9pm

vt.nz Friday, 7am-6pm

(09) 262 5965 Weekends, 8am-6pm

(021) 277 6364 Some charges may apply. https://aucklandleisure.co.nz/locations/alla No referral required. n-brewster-leisure-centre/

**Classification : OSCAR**

**Anglican Community Church Birkdale / Beach Haven**

FSD0003659 Last updated 20/10/2020

Birkdale / Beach Haven Anglican Community Church. Emergency Foodbank assistance available by referral or by individual. Usually a one off unless extreme and/or budgeting advice is being sought by recipient. For residents in the Birkdale /Beach Haven area (available 10-12 Tuesday and Thursdays only)

We also provide mainly music for preschooolers and SPACE programmes for mostly first time parents.

56A Tramway Road Beach Haven Auckland 0626



office@cedarcentre.org.nz  Mondays - Thursday: 9am - 1pm

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| (09) 483 6989 https://www.cedarcentre.org.nz/ | Koha/donation may apply. No referral required. |

**Anglican Trust for Women and Children**

FSD0003280 Last updated 26/10/2020

ATWC’s integrated Family, Early Education and Social Work services and programmes help to protect, nurture and provide opportunities for up to 3000 children, young people and their families across Auckland.

Services include counselling and psychotherapy, parenting programmes, preschool education, early intervention (Family Start) and programmes in schools (SWiS & YWiSS).

10 Beatty Street Otahuhu Auckland 1062



info@atwc.org.nz  8.00am – 4.30pm Monday to Friday

(09) 276 3729 Some charges may apply. http://www.atwc.org.nz Referral may apply.

**Classification : FVSS**

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| **Aotea Family Support Group Charitable Trust** |  |
| FSD0006011 | Last updated 07/08/2020 |

Provision of social services to residents of Great Barrier Island.

 Old School Building, Medland & Shoal Bay Roads 1 Medland Road Tryphena Great Barrier Island 0962

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| --- | --- |
| office@aoteafamilysupport.co.nz  (09) 429 0465  (09) 429 0174 http://www.aoteafamilysupport.co.nz    **Classification : OSCAR** | Every morning except Wednesdays and weekends.  Serves Great Barrier Island only.  Some charges may apply.  No referral required. |

**Aotearoa Latin American Community Incorporated**

FSD0020454 Last updated 29/01/2021

Our aims are: a) To preserve, enhance and promote the positive aspects of Latin American and Spanish culture; b) to provide holistic social services to the Latin American community, refugee and migrant communities in general; c) to be a link between the cultures of Spain, Latin America and New Zealand.

45 Cardwell Street Onehunga Auckland 1643



socialservices@alacinc.org.nz  Monday to Friday 09 am-16:00 pm

(09) 636 5313 All services free of charge. http://www.alacinc.org.nz No referral required.

**aPlus Out of School Ltd - Auckland**

FSD0022791 Last updated 28/01/2021

Provider of Morning Care, After School Care and School Holiday programmes. OSCAR approved.

26 Lyons Ave Auckland 0630



auckland@aplus.kiwi.nz  Office: 9am to 4pm. Morning care from 7am and

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| (09) 443 5386 http://www.aplus.kiwi.nz    **Classification : OSCAR**    **AppleSeed Educare** | after school care till 6pm.  Some charges may apply. No referral required. |
| FSD0020932 | Last updated 06/07/2020 |

AppleSeed Educare is a quality childcare center in Mt Eden Auckland. AppleSeed Educare is conveniently located at 158 Balmoral Road, Mt Eden.

We understand that choosing the best Early Childhood Center for your child is one of the most important decisions that you will make as a parent. By choosing AppleSeed Educare Mt Eden, you can be certain that your child is cared for in an environment that fits well with your values, provides a safe, happy and social environment where your child can develop confidence and selfawareness along the journey.

We believe that children will learn and grow better in an environment where they feel happy and secure. AppleSeed Educare is licensed for 27 children and it is designed with a homely feeling and an extensive outdoor play area. We trust our daycare center will be a home away from home for your child.

158 Balmoral Road Mt Eden Auckland



info@appleseededucare.co.nz  7.30-6pm Monday to Friday

(09) 630 9158 Some charges may apply.

(0800) 000 158 No referral required.

http://www.appleseededucare.co.nz

**Auckland Kindergarten Association**

FSD0003870 Last updated 19/11/2020

Established in 1908, the Auckland Kindergarten Association (AKA) is a charitable trust made up of 107 kindergartens in Auckland, four Playgroups, and four KiNZ early learning daycare centres.

We are New Zealand’s largest kindergarten association. The AKA are proud to provide high quality early childhood education to over 10,000 young children who attend our services throughout Auckland each year.

At our kindergartens, playgroups and KiNZ care and early learning centres, we provide a safe and enriching learning environment where young children can develop as confident and competent learners.

We offer quality Early Childhood Education (ECE) to all Auckland children, with a strong focus on inclusiveness that values and recognises of the rich diversity of the children, parents and whnau that attend.

Head Office, Level 5 385 Queen Street Auckland 1010



info@aka.org.nz  Some charges may apply.

(09) 373 5635 Referral may apply.

(0800) 4 KINDY http://www.aka.org.nz

**Auckland Parents of Deaf Children Incorporated**

FSD0005772 Last updated 09/06/2020

APODC is led by a Committee of parents, working to support the needs of other parents, families and whanau, with deaf and hearing impaired children, across the Auckland region. Our primary purpose is to provide a varied monthly program of social and information based events, to support connections between families and whanau with a deaf or hearing impaired child. This provides critical access to peer support, information, and other resources, which support the needs, ages and stages of indivudal deaf children, and their families and whanau. In turn, families and whanau are empowered to advocate for their deaf or hearing impaired child, and to support them to reach their full potential.

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| coordinator@apodc.org.nz  (022) 084 2244 http://www.apodc.org.nz | Contact can be made with the Coordinator:  Monday - Friday 9-5pm  Events are usually run at the weekends Some charges may apply.  No referral required. |

**Auckland Sexual Health Service**

FSD0003437 Last updated 13/08/2020

The service offers diagnosis and treatment of sexually transmitted infections and HIV. Also offers counselling and education for all matters relating to sexual health.

Auckland Sexual Health is a provider of gender affirming healthcare, supporting Hauora Tahine Pathways to Transgender Healthcare Services.

Greenlane Clinical Centre Building 7 Level 3 214 Green Lane Road West Greenlane Auckland akstd@adhb.govt.nz  Mon, Thur, Fri 9am-12pm and 1.30pm - 5.00pm (0800) 739 432 Tuesday 12.30 to 16.00, 17.00 - 20.00 http://www.ashs.org.nz Alternate Wednesday 9 am - 12 pm, 13.30 -



17.00

All services free of charge. No referral required.

**Auckland Women's Centre**

FSD0004148 Last updated 27/07/2020

A safe, accessible place offering support and facilitating empowerment and well-being for all women.

Unit 6 4 Warnock Street Grey Lynn Auckland 1021



info@womenz.org.nz  9.00am - 4.00pm Monday to Friday.

(09) 376 3227 extn 0 Some charges may apply. http://www.awc.org.nz No referral required.

**Autism New Zealand Inc. - Auckland Branch**

FSD0006157 Last updated 16/04/2021

Provides information, support, education and training to people on the autism spectrum, their families/whanau, caregivers and those who work with people on the spectrum. We also work to raise awareness in the community and provide information to interested professionals and the wider community.

597 Rosebank Road Avondale Auckland 1026



auckland@autismnz.org.nz  Monday to Friday 9.00am – 3.00pm

(09) 846 0913 Some charges may apply.

(0800) AUTISM (0800 288 476) No referral required. http://www.autismnz.org.nz

**Avondale Community Link**

FSD0007892 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

44-48 Rosebank Road Avondale 1026



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge.  No referral required. |

**Babylon Community Development Charitable Trust**

FSD0024503 Last updated 25/02/2021

Babylon Community Development Charitable Trust is a not-for-profit organization, stranded in fundamentals of empowerment, shared vision, inclusion, collective action, determination, social cohesion, building leadership and collaboration. Committed to undertake a sustainable community development process through providing a wide range of quality services and performing a variety of essential activities and projects by and to the beneficiaries of the Trust at a grassroots level, with support from the New Zealand government agencies and non-government organizations to actively contribute in building and developing Auckland society’s safety, strength and well-being.

9 The Enclave Totara Heights Auckland 2105



(021) 067 7725  all days of the week, all hours of the day http://babylon.ac.nz All services free of charge.

No referral required.

**Babywearing with Jess Ltd**

FSD0022821 Last updated 30/06/2020

Trained as a Sling and Carrier consultant I offer workshops and training about babywearing and the use of carriers for children with parents-to-be, new parents, parents and caregivers of children who would like to know more about babywearing.

Workshops cover brief overview of baby physiology, history and benefits of babywearing, safety and positioning factors in a carrier, demonstrations of 5 different styles and a library of carriers for try and hire.

I also offer tailored professional development training programmes for retailers, related service providers, health practitioners and other medical professionals.

I am very passionate and enthusiastic about carrying my children in wraps, slings and carriers and have been doing so with my own two boys since they were very young.

babywearingwithjess@gmail.com  Flexible hours of operation, please enquire.

(022) 671 4060 Monthly workshops are offered both on week http://babywearingwithjess.wordpress.co days and weekends in various locations. m/my-services/ Some charges may apply.

No referral required.

**Barnardos - Auckland Central South (Te Atatu)**

FSD0016477 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

3/247 Edmonton Road Te Atatu South Auckland



(09) 625 3675  Monday to Friday 8.30am - 5pm (0800) BARNARDOS(227 627) Some charges may apply. http://www.barnardos.org.nz No referral required.

**Barnardos - Auckland North West**

FSD0006793 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

247 Edmonton Rd Te Atatu South Te Atatu 0610



Auckland\_Referrals@barnardos.org.nz  Monday - Friday 8:30-4:30

(09) 625 3730 Some charges may apply.

(027) 237 8862 Referral may apply. https://www.barnardos.org.nz/

**Barnardos North Shore (Albany)**

FSD0006794 Last updated 18/06/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

20 Alderman Drive Henderson Auckland 0612



AMAC@barnardos.org.nz  Monday to Friday 7.30 am to 5.30 pm

(09) 836 7506 Some charges may apply. https://www.barnardosearlylearning.org.nz No referral required.

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**Classification : OSCAR**

**Barnardos Onehunga**

FSD0016483 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

Level 2 173 Captain Springs Road Onehunga Auckland 1061



Lesley.Macken@Barnardos.org.nz  Contact : 0800 227 627

(09) 625 3687 Some charges may apply.

(0800) 543 782 No referral required. https://www.barnardos.org.nz/

**Bayview Community Centre**

FSD0021235 Last updated 08/04/2021

We provide OSCAR approved programmes for children aged 5-13 and early childhood education for children under 5.

The purpose of the Bayview Community Centre Association Incorporated society is to enhance social and cultural wellbeing by providing accessible and affordable facilities and opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to:

* Make friends, meet people, learn, contribute and participate in their local community
* Participate in programmes and services developed in response to changing community needs

72 Bayview Road Bayview Auckland 0629



office@bayviewcentre.org.nz  Community Centre Office is open 9am-2pm

(09) 443 0231 weekdays. Early Learning Centre is open (09) 444 8006 7.30am-5.30pm weekdays. Centre available for http://bayviewcentre.org.nz hire anytime.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Beach Haven Primary School After School Care**

FSD0021851 Last updated 15/10/2020

We provide After School Care programmes for the students of Beach Haven Primary School.

50 Tramway Road Beach Haven Auckland 0626



office@beachhaven.school.nz  Monday - Friday 3pm - 5.45pm

(09) 483 7615 Some charges may apply. http://www.beachhaven.school.nz Referral may apply.

**Classification : OSCAR**

**Belgravia Leisure**

FSD0021419 Last updated 05/08/2020

Community Recreation Centre with Child Care services, Stadium, Gym, Aquatic Pool, Badminton Courts and Meeting Rooms.

29 Franklin Road Pukekohe 2120



ismith@belgravialeisure.co.nz  when the organisation is open

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| (09) 238 5240  http://www.franklinleisure.co.nz | Some charges may apply. No referral required. |

**Classification : OSCAR**

**Best Start Glenfield**

FSD0022695 Last updated 17/02/2021

We provide Education and Care for children aged 3 months to 5 years. We are open 7am to 6pm and also offer a part time day. At ABC Glenfield we cater for all children from all backgrounds and pride ourselves on our links to the local Primary School and community.

26 Manuka Road Glenfield Auckland 0629



glenfield@best-start.org  7am to 6pm Weekdays (09) 443 3023 Some charges may apply. http://www.best-start.org No referral required.

**BestStart Avondale**

FSD0022570 Last updated 17/12/2020

Provide quality childcare services to children from infants to five years of age.

18-20 Wolverton Street Avondale Auckland 0600



avondale@best-start.org  Mon - Fri

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| (09) 828 9082 http://www.best-start.org      **Beststart Kenderdine Road** | 7.00 a.m. - 6.00 p.m.  Some charges may apply.  No referral required. |  |
| FSD0022569 |  | Last updated 12/10/2020 |

At Beststart Kenderdine road, we provide childcare and early learning for children 0-5 years old. Our centre offers 20 ECE for children 3 years and above and we have 80% registered teachers. The centre is a purpose built multicultural hub with children and teachers from different cultural background and language where exciting celebrations form a part of the regular events. We prepare hot nutritious meal at the premises for our children. Our online storypark system allows parents to visit children's learning and development regularly. The centre also provides Be School Ready framework which supports children's smooth transition to school. Community means a lot to us and we have different ways to connect to our community on a regular basis.

 19 Kenderdine Rd, Papatoetoe Auckland 2025

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| kenderdine@best-start.org  (09) 277 0994 https://www.best-start.org/      **BestStart Mangere East** | Our centre opens from Monday to Friday between 7:00am and 6:00pm. The centre operates throughout the year except on public holidays. We have easy access from 19 Kenderdine Road and 42 Wyllie Road.  Some charges may apply. No referral required. |
| FSD0022568 | Last updated 29/01/2021 |

We are a well established childcare in the heart of Mangere East catering for children from 0-6.

48 Tennessee Avenue Mangere East Auckland 2024



mangereeast@best-start.org  7am-6pm Monday to Friday

(09) 258 5093 Some charges may apply. http://www.best-start.org/ No referral required.

**BestStart New Lynn**

FSD0018492 Last updated 15/06/2020

FREE\* Childcare for 3 - 5 year olds (Conditions apply)

19 A Delta Avenue New Lynn Auckland 0600



newlynn@best-start.org  Open 7am - 6pm Mon - Fri

(09) 826 0866 https://best-start.org/centres/beststart- Free\* Session Options:

new-lynn 8.00am-12.00pm & 1.00pm-5.00pm

(depending on vacancies) All services free of charge. No referral required.

**BestStart Wolverton Street**

FSD0022571 Last updated 13/01/2021

Provider of quality Childcare Services to Children from Infants to Five Years of Age.

25 Wolverton Street Avondale Auckland 0600



wolverton@best-start.org  Monday - Friday (09) 828 9083 7.00 a.m - 6.00 p.m

http://best-start.org Some charges may apply.

No referral required.

**Biggles Childcare**

FSD0022490 Last updated 07/01/2021

Biggles is a fully licensed childcare centre in Glen Eden offering full and part-time care for children aged 3mths to 6 years.

Biggles provides the highest quality early childhood care and education. We have high teacher/child ratios, extensive playground space and are environmentally proactive.

We have an open-door policy so feel free to visit us any time to view our premises and meet our teachers.

9 Glenorchy St Glen Eden Auckland 0602 biggleschildcare@xtra.co.nz  7.30am to 5.30pm flexible contact by mobile.



(09) 813 3595 Some charges may apply.

(021) 022 58059 No referral required. http://biggleschildcare.co.nz

**Birkdale Beach Haven Community Project Inc**

FSD0018877 Last updated 30/11/2020

The aim of our Houses is to develop community spirit. The Houses belongs to all locals. Their role is to cater to the interests and needs of this community. We provide the opportunity for local people to get together with others and do worthwhile, enjoyable things of their choosing. The Beach Haven and Birkdale Community House are entity's which has seen many changes over the years. Always receptive to new ideas, we strive to maintain the regular classes and groups, in addition to assisting new ones to become established.

We currently run many classes in our two community houses, events in our community and our Kids at #134 holiday programme from Birkdale hall.

134 Birkdale Road Birkdale Auckland 0626 houses@birkdalebeachhaven.org.nz  9-3 Monday to Friday.



(09) 483 9149 Some charges may apply.

(09) 483 9942 No referral required.

http://www.birkdalebeachhaven.org.nz

**Classification : OSCAR**

**Birkenhead Pool and Leisure Centre**

FSD0022348 Last updated 13/07/2020

Offer out of school care and holiday programmes. The goal of Auckland Council Parks, Sport and Recreation is to make more Aucklanders, more Active, more often. Our role in this is to encourage and facilitate the local community to become active and to take part in sport and recreation activities. Specifically we are a site that focuses on Outdoor Recreation. One of our core businesses is to undertake Education Outside the Classroom activities for many Auckland schools.

Our School Holiday Programme involves a wide range of these Outdoor Recreation pursuits, including but not limited to, Rock Climbing, Archery, Kayaking, Bush Survival, High Ropes and Orienteering.

Our facilities also include a 33m heated outdoor pool and a smaller indoor children's pool which we utilise for many of our programmes.

46 Mahara Avenue Birkenhead Auckland 0626 birkenheadpools@aucklandcouncil.govt.n  Opening Hours;



z 6am-9pm Monday, Wednesday, Friday

(09) 484 7290 6am-10pm Tuesday, Thursday

https://aucklandleisure.co.nz/locations/birk 9am-7pm - Weekends enhead-pool-and-leisure-centre/

Opening hours are subject to change in Winter.

Some charges may apply. No referral required.

**Classification : OSCAR**

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| **Birthcare Auckland Limited** |  |
| FSD0003819  Primary Maternity Hospital. | Last updated 06/04/2021 |

20 Titoki Street Parnell Auckland



parnell@birthcare.co.nz  08.00 - 21.00 Admin Hours only otherwise

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| (09) 374 0800 http://www.birthcare.co.nz | Birthcare is open 24hrs - 7days for maternity services.  All services free of charge.  No referral required. |

**Bizzy Bodz – Auckland South&East**

FSD0024208 Last updated 23/03/2021

Bizzy Bodz Ltd provides Before and After Care as well as Holiday Programme services to the Auckland Region.

1/14 Whitford-Maraetai Road Whitford 2571



admin@bizzybodz.co.nz  Programme Hours are between 7am & 8.30am,

|  |  |
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| (09) 530 9020 http://www.bizzybodz.co.nz    **Classification : OSCAR** | 2.30 - 6.00pm and holidays between 7.30am -  6.00pm.  Our office hours are 9.00am - 4.30pm Monday to  Friday  Some charges may apply.  No referral required. |

**Blockhouse Bay Community Centre Inc**

FSD0021499 Last updated 25/08/2020

The Centre of Blockhouse Bay, providing a place for programmes and activities that are tailormade by and for our community. We play a key part in meeting the social, cultural, environmental, recreational and educational desires of our diverse community.

We offer a fantastic school holiday programme at affordable rates for children aged 5-13 years of age.

524 Blockhouse Bay Road Blockhouse Bay Auckland 0600 info@bhbaycommunitycentre.co.nz  Office



(09) 626 4980 9am - 3.30pm Monday, Thursday & Friday

http://www.blockhousebaycentre.co.nz 9am - 6pm on Tuesday & Wednesday

Programmes/Activities 8am-9pm 7 days per week.

School Holiday Programme 8.30am - 3.30pm school holidays.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Bluebells School Holiday Programme**

FSD0024079 Last updated 20/10/2020

We provide quality activity based school holiday care for children aged between 5-13

Glenhouse Hall 6 Glenside Ave Pakuranga Auckland 2013



stephanie@bluebells.co.nz  School holidays only between 7am and 6pm

(09) 215 8335 Some charges may apply.

(021) 338 639 No referral required. http://www.bluebells.co.nz

**Classification : OSCAR**

**Boomers Programme**

FSD0021834 Last updated 17/12/2020

Boomers is a vibrant and fun out of school programme for young people aged 5-12 yrs. Boomers is organised and run by Equippers Church Trust, and is based in the heart of Manukau City.

We offer an exciting OSCAR approved holiday programme during the school holidays. The programme is run very similarly to a camp. They compete in fun challenges, create different things with art and food, play some sports and even go on trips around Auckland City.

13-15 Gladding Place Manukau Auckland 2104



boomersholiday@gmail.com  Days during holiday: Mon-Fri (8.00am-4.00pm)

(09) 260 4255 Some charges may apply. https://www.facebook.com/boomersholida No referral required. y/

**Classification : OSCAR**

**Breastfeeding Support - La Leche League Auckland Region**

FSD0007206 Last updated 26/06/2020

La Leche League (pronounced La Lay-chay) is a volunteer non-profit organisation which provides information and mother-to-mother support for women breastfeeding their babies or wanting to. We encourage women to contact us before their baby is born, as well as while they are breastfeeding.

Support is available through group meetings, coffee groups, phone, Facebook and email.

help@lalecheleague.org.nz  Answerphone service - anytime. Or refer to the (Text only) 020 4116 9994 LLLNZ website for Group contact information http://www.lalecheleague.org.nz http://www.lalecheleague.org.nz/get-help Koha/donation may apply. No referral required.

**Bright Sparks Childcare - Henderson**

FSD0022438 Last updated 15/02/2021

We are a Childcare Centre conveniently situated in the heart of Henderson's light industrial and retail sector, at 40 Paramount Drive, opposite the WDHB.

40 Paramount Drive Henderson Auckland 0610



henderson@bscc.co.nz  We are open from 7.00am to 6.00pm Monday to

(09) 836 2500 Friday and closed only on the statutory days.

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| (09) 836 2509 http://www.bscc.co.nz | Some charges may apply. No referral required. |

**Brightside Education Ltd**

FSD0021860 Last updated 16/03/2021

We are an OSCAR Provider for After school programme & School Holiday Programme for up to 50 children.

Level 1 122 Wairau Road Auckland 0627



david.nsls@xtra.co.nz  Mon-Fri from 9am to 6:30pm.

(09) 442 4500 Some charges may apply. (021) 048 2570 Referral may apply.

**Classification : OSCAR**

**Busby Street Early Learning Childcare Centre**

FSD0022952 Last updated 22/12/2020

Busby Street Early Learning Childcare Centre is a well-established licensed all day childcare in Blockhouse Bay, which provides quality education and care for children between 3 months and 5 years of age. We have an excellent reputation, and in fact the centre has been in our community for over 35 years!

Our license is for 30 children, so being a small centre we have the advantage of a family-like environment, where the staff are able to get to know your child really well and work in conjunction with family and whanau to enable children to achieve their full potential. We genuinely believe that "small" is best for infants, toddlers and young children during these very important formative years in their life.

The staff are an extremely professional and motivated team and we have created a comprehensive early childhood curriculum which is brimming with variety, is highly interactive and full of fun for all age groups. The curriculum includes a transition to school programme.

19 Busby Street Blockhouse Bay Auckland 0600



info@busbychildcare.co.nz  Monday to Friday 7.30am to 5.30pm

(09) 828 7653 Some charges may apply. http://www.busbychildcare.co.nz No referral required.

**CARE 4 KIDZ**

FSD0021217 Last updated 21/08/2020

Provision of quality Before and After School Care and Holiday Programmes to children at the schools CARE 4 KIDZ is based.

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| care4kidz.nz@gmail.com (027) 362 8494    **Classification : OSCAR**    **Care for Families** | BSC: 7:00 till 8:30AM Mon - Fri  ASC: 3:00 till 6:00PM Mon - Fri HP : Term breaks only Mon - Fri Some charges may apply. Referral may apply. |
| FSD0024557 | Last updated 21/04/2021 |

We provide free prem/newborn starter packs to families in neonatal units across NZ. We also work with bereavement charities to provide free bereavement packs with all the info needed to create lasting memories when a baby is sadly lost.

Alongside this we have Get through packs as available, that help families once off with a few days worth of baby essentials when they get stuck due to Covid, illness or lack of funds.

And lastly but so incredibly on my heart we offer Aroha packs to individuals going through severe depression or difficult times to remind them that they are Loved, I have seen so much hurt this is a great passion of mine right now to make sure no more lives are lost due to being left to feel like they are alone.

Suite 1 23 Bute Road Browns Bay Auckland 0630



C.f.f.trust@live.com  We check and try to respond to emails (021) 230 6965 immediately, packs are sent out from our office http://Care4families.org to the families.

Koha/donation may apply. Referral may apply.

**Care For Kids Supervised Contact and Change over Services**

FSD0003309 Last updated 11/01/2021

Care for Kids provides a safe, child-focused environment where children can have facilitated contact visits with parents/whanau in order to build/restore positive parent/child relationships.

kids1@pl.net  Some charges may apply.

(09) 837 7780 No referral required.

**Care On Call**

FSD0004072 Last updated 23/04/2021

Care on Call provides support with personal care and housework to clients of all ages across New Zealand in their own homes. This includes clients with disabilities, people recovering after an accident or surgery. All enquiries are most welcome, and you may be eligible for government funding.

Level 5 55 Anzac Ave Auckland 1010 auckland@careoncall.co.nz  Office open Monday - Friday, 8:30am- 5:00pm.



(0800) 664 422 Some charges may apply.

(09) 966 0011 (24 hours) No referral required. http://careoncall.co.nz

**CARE Waitakere Trust**

FSD0003844 Last updated 17/12/2020

CARE Waitakere Trust offers professional counselling, budgeting and family support services to the community of West Auckland and beyond.

64 Waipani Road Te Atatu Peninsula Auckland 0610



admin@carewaitakere.org.nz  Office hours 8:30am-5:00pm Monday-Friday

(09) 834 6480 Some charges may apply. http://www.carewaitakere.org.nz No referral required.

**Classification : BFC**

**Care-a-Lot Early Learning Childcare Centre**

FSD0022951 Last updated 04/01/2021

Our well-resourced childcare centre has been serving Devonport families and their children for over 25 years. We cater for up to 21 children daily between the ages of 2 and 5. Our team of talented, qualified and caring teachers deliver a stimulating child-centred curriculum. Our teachers are dedicated to your child’s learning and wellbeing.

Whether your child is a 'sensitive soul' or a 'big personality', our intimate personal setting caters to all temperaments. We give every child the opportunity to blossom and shine. Our high teacher-tochild ratio means that we can provide individualised care for your child and support his or her needs appropriately. An individual ‘caregiver' teacher is assigned to each child to provide consistency of care and to guide them on their journey with us as well as support from extended teaching team.

21A Waterview Road Stanley Point Auckland 0624



carealot@xtra.co.nz  Monday to Friday 8.45am to 5.30pm

(09) 445 8551 Some charges may apply. http://www.carealot.co.nz No referral required.

**Carers New Zealand**

FSD0005886 Last updated 13/07/2020

Carers NZ provides information, advice, learning and support for the one in five of the population who care at home for frail, aged, sick, injured and disabled family members or friends, and those who manage their own health needs. Carers NZ is also the legal umbrella for the NZ Carers Alliance, a coalition of more than 40 national non-profits seeking policy progress for carers; Young

Carers NZ, a support network for young carers; and the NZ Gay and Lesbian Carer Support Network. It is also the Secretariat for the Coalition of Regional Carer Support Networks.

3 Vinegar Lane Grey Lynn Auckland 1021



centre@carers.net.nz  8.30am to 5.30pm Monday to Friday (0800) 777 797 Some charges may apply. http://www.carers.net.nz Referral may apply.

**Carpe Diem Kids Ltd**

FSD0021906 Last updated 22/01/2021

Providing OSCAR approved care for children aged 5 yrs to 13 yrs, before school, after school and during school Holidays. We run Before school care, After school care and School Holiday Programmes at seven schools in Auckland.

2 Amberley Ave Te Atatu South Auckland 0610



info@carpediemkids.co.nz  Monday to Friday 7.00 am to 6.00 pm

(021) 155 0242 Some charges may apply.

(0800) 235 437 No referral required. http://www.carpediemkids.co.nz

**Classification : OSCAR**

**Castor Bay Infant Care Centre**

FSD0022950 Last updated 15/09/2020

Castor Bay Infant Care Centre is a well-established all day childcare licensed for up to 20 infants from 0 to 3 years of age. We have an excellent reputation, and in fact the centre has been in our community for over 20 years!

1/14 Castor Bay Road Castor Bay Auckland 0620



info@cbicc.co.nz  Monday to Friday 8am to 5.30pm

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| (09) 410 3320 (027) 265 5867 http://www.cbicc.co.nz | Some charges may apply. No referral required. |

**Catholic Social Services - Auckland**

FSD0008234 Last updated 22/12/2020

Counselling for families, couples and individuals. Social work service for individuals and families.

Pacific Living without violence programme.

31 Lincoln Street Ponsonby Auckland 1021



reception@cssauckland.org.nz  Monday - Friday 9am-5pm

(09) 378 9650 Some charges may apply.

(09) 265 0841 (Otara office) No referral required. http://www.cssauckland.org.nz

**Central Auckland Parents Centre**

FSD0007313 Last updated 15/03/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education and parenting education. A locally run committee ensures good quality support and education is available for parents within the community.

enquiries@capc.org.nz  Email checked several times a week.

http://www.capc.org.nz Some charges may apply.

No referral required.

**Chatz**

FSD0022140 Last updated 13/01/2021

OSCAR approved After school care service.

Alfriston Primary School 137 Alfriston Road Manurewa Auckland 2576



chatz@ps.gen.nz  Open Monday- Friday during School terms from

(021) 916 677 2.45pm- 6.00pm (021) 916 677 Some charges may apply.

No referral required.

**Classification : OSCAR**

**Cherish Trust**

FSD0017217 Last updated 13/04/2021

Free support services for women experiencing any degree of postnatal distress including postnatal depression and anxiety. Weekly peer support groups in various areas of Auckland, and individual telephone support.

 The Postnatal Distress Centre 300 Great South Road Greenlane Auckland 1546

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| --- | --- |
| help@postnataldistress.org.nz  (09) 846 4978  (021) 333 021 http://www.postnataldistress.org.nz | Office is open part-time hours. When the office is closed, there is a answer phone to leave messages. The voicemail will clearly advise when our office is next attended All services free of charge.  No referral required. |

**Cherry Music Studio & JEI Learning Centre Mt Eden**

FSD0024024 Last updated 07/09/2020

Cherry Music Studio is a one stop learning centre which provides excellent education services to children in Balmoral/Mt Eden area.

Located in heart of Balmoral/Mt Eden, we provide quality and fun music instrumental lessons for ages 4 and above. We have highly professional and friendly team who teach piano, violin, guitar and ukulele. Since July 2019, we have also partnered with JEI learning center, to support kids up to Year 10 with areas such as Math, English, Reading & writing, Problem solving, or brain safari.

We also offer Holiday Programme.

First floor 2A Rocklands Avenue Mt Eden Auckland 1024



cherrypianomteden@gmail.com  Monday to Saturday

(027) 423 6414 Some charges may apply. http://cherrypianostudio.com No referral required.

**Child Connection**

FSD0015173 Last updated 19/03/2021

Touch and Massage programmes supporting the process of secure attachment for parents and professionals working with children to prevent violence, depression, suicide and to build healthy families and society.

125 Bruce Road North Shore North Shore City 0629



eva.childconnection@gmail.com  Some charges may apply.

(09) 442 5799 No referral required. http://childconnection.org.nz

**Child, Women and Family Service - Waitemata DHB**

FSD0003697 Last updated 22/12/2020

A community based multidisciplinary team consisting of Public Health Nurses, Medical Officers, Social Workers, Hearing Vision Technicians, Health Promoting Schools Coordinators, Ear Nurse Specialists and Health Assistants.

55-75 Lincoln Road Henderson Waitakere childhealthreferrals@waitematadhb.govt.n  All services free of charge. z Referral may apply.



(09) 839 0000 http://www.waitematadhb.govt.nz

**Childcare at Home**

FSD0023365 Last updated 09/03/2021

Childcare at Home is part of a network of privately owned home based-care services that span across the Auckland Region. We endeavour to match prospective families with the best-suited educators who will share similar values, traditions, and interests who will care for their children. Home-based care networks receive government funding and operate within education and other relevant legal parameters.

Home-based childcare differs from the more informal arrangement you may have with a babysitter or nanny in that our Educators are in many instances qualified early childhood teachers and through the assistance and support of Childcare at Home our Educators receive ongoing support and training in the form of professional development in order to maintain a high-quality wellmonitored learning environment for your child.

2/667 Whangaparaoa Road Stanmore Bay Auckland 0932



info@childcareathome.nz  Office open from 9 - 4pm

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| (09) 424 2499 (027) 431 4633 http://childcareathome.nz | Educators have their own working hours Some charges may apply.  No referral required. |

**Children’s Autism Foundation**

FSD0023146 Last updated 21/04/2021

We provide whanau/family support services to families of children with Autism Spectrum Disorders (ASD), from pre-diagnosis up to 21 years of age. We have a strong track record of quality service to families/whanau of children with ASD, providing advice, support, holistic, family-centred solutions to help families manage the intense emotional and practical impact of autism.

Office 13 Lion Foundation House 3 William Laurie Place Albany Auckland 0632 enquiry@autism.org.nz  By appointment



(09) 415 7406 Some charges may apply.

(021) 792855 No referral required. http://www.autism.org.nz

**Chinese Mental Health Consultation Services Trust**

FSD0015125 Last updated 21/09/2020

Our trust is a non-profit organisation with a mission of fostering and restoring family harmony and individuals' wellbeing and safety. It is formed by a group of New Zealand experienced and registered mental health professionals.

134 Pah Road Royal Oak Auckland 1023



info@cmh.org.nz  10.00 am to 2:30 pm on Monday and Tuesday (09) 624 4639 10:00 am to 6:00 pm on Wednesday and Friday.

http://www.cmh.org.nz Please leave message on answer phone.

Some charges may apply. Referral may apply.

**Classification : FVSS**

**Chinese New Settlers Services Trust**

FSD0001709 Last updated 15/04/2021

Chinese New Settlers Services Trust is a charitable trust since 1998, supporting Asian new comers and the entire community as a whole. We provide social services, education and social housing for 15,000 people every year.

CNSST provides wraparound services:

* Social work & Counseling
* Employment & Enterprise
* Education & Settlement
* Social Enterprise: Education Institute, Social Housing Project
* Accounting & taxation

20 Clifton Court Panmure Auckland 1072



info@cnsst.org.nz  Monday-Friday 9am-5pm.

(09) 570 1188 All services free of charge. http://www.cnsst.org.nz Referral may apply.

**Classification : FVSS**

**Citizens Advice Bureau - Onehunga**

FSD0006859 Last updated 25/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Community Centre & Library Building 81 Church Street East Onehunga Auckland 1061



(09) 634 1613  Monday, Tuesday, Thursday & Friday: 9.30am-

(0800) 367 222 4pm

http://www.cab.org.nz Wednesday 9.30-7pm

Saturday: 10am-12 noon All services free of charge. No referral required.

**City Impact Church**

FSD0003842 Last updated 10/11/2020

Assisting people of all ages and races to discover how God can improve their life and situation. We have five campuses - Two in the North Island - North Shore and at Mt Wellington in Auckland and three in the South Island - Queenstown, Balclutha and Invercargill. (OSCAR approved for Holiday Club for children.)

 794 East Coast Road Oteha Auckland 0630

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| info@cityimpactchurch.com  (09) 477 0300  (0800) CHURCH  http://www.cityimpactchurch.com    **Classification : OSCAR**    **Club Meadowbank** | Office hours Mon - Fri 8.30am - 5.00 pm Some charges may apply. No referral required. |
| FSD0021386 | Last updated 13/07/2020 |

We are an OSCAR (Out of School Care and Recreation) programme provider based at

Meadowbank School catering to Before School Care Programme, After School Care Programme, Holiday Programme and Recreation Programme.

Bruce McLaren Hall 68 Waiatarua Road Remuera Auckland 1050



clubmeadowbank@meadowbank.school.n  Monday - Friday (excl. Public Holidays)

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| z  (09) 520 3739 (021) 176 7069 http://www.meadowbank.school.nz    **Classification : OSCAR**    **Community Approach Trust** | 7:00 am- 6:00 pm  Some charges may apply.  No referral required. |  |
| FSD0017887 |  | Last updated 22/03/2021 |

A social service agency that works with youth at risk and their families.

You can check out our facebook page under "Community Approach".

1213 Dominion Road Extention Mt Roskill Auckland 1041



director@communityapproach.co.nz  Monday - Friday 9am to 5pm

(021) 191 6136 All services free of charge. http://www.communityapproach.co.nz Referral may apply.

**CONSCIOUS KIDS**

FSD0024399 Last updated 01/10/2020

Founded in 2015, Conscious Kids social enterprise has worked collaboratively across Auckland to deliver innovative educational programmes, build momentum and increase awareness about the importance of nature play and environmental sustainability in the lives of Kiwi children, youth and families. In partnership with various community organisations, as well as the not-for-profit and public sectors,Conscious Kids has helped bring the importance of nature play and environmental sustainability back into the minds and lives of thousands of children. Conscious Kids advocates for the right of every single child in New Zealand to play freely in our unique environment and natural heritage; connecting our children with nature is imperative not only for their own mental, physical and social health and wellbeing, but for motivating their future environmentally friendly behaviours.

They will be the future kaitiaki of Papatuanuku.

93 Moa Road Point Chevalier Auckland 1022



info@consciouskids.co.nz  During the holidays

(027) 847 4487 Monday-Friday 9 am to 4 pm http://www.consciouskids.co.nz Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**Counties Kidz Hingaia**

FSD0022892 Last updated 25/03/2021

We provide a before and after school care, along with school holiday programs. We are OSCAR approved and can collect your child from schools within the Karaka area. Our after-school program also offers sports coaching from our highly qualified staff.

School Hall 171 Hingaia Rd Karaka Auckland 2580



countieskidz@gmail.com  Monday-Friday 7am - 6pm (021) 213 2301 Some charges may apply.

(09) 299-362-809 Ext:2 No referral required. http://www.countieskidz.com

**Classification : OSCAR**

**Creative Kids NZ**

FSD0022130 Last updated 12/01/2021

Creative Kids NZ is a before and after school care program. Operating at Baverstock Oaks Primary School.

Baverstock Primary School 21 Baverstock Road Flat Bush Auckland



sshervell@gmail.com  7am - 8.30am Monday to Friday

(021) 663 226 3pm - 6.00pm Monday to Friday

Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Cute Kids Home Based Child Care**

FSD0022689 Last updated 08/01/2021

To provide quality care and education home based Auckland wide. Educators are trained, qualified and possess valid first aid certificate. They are supervised by early childcare qualified teacher in order to provide safe and nurturing environment to child under six years of age. Cute kids philosophy is every child is special and gifted. It is their right to get best care and learning environment.

77 Aintree Avenue Mangere Auckland 2022



info@cutekids.co.nz  7am to 12am 7 days (09) 390 4578 Some charges may apply. http://www.cutekids.co.nz Referral may apply.

**Dance & Arts Therapy NZ**

FSD0023989 Last updated 13/07/2020

Dance & Arts Therapy NZ (DTNZ) provides mental health and disability services. Our kaupapa is to support and empower vulnerable individuals and groups in Aotearoa New Zealand through the use of Dance Movement Therapy and Arts Therapy. We have a particular focus on those with disabilities and special needs but also work with at-risk tamariki from low income backgrounds and people of all ages struggling with trauma.

 Community Office 1/Onehunga Community Centre 83 Church St Onehunga Auckland 1061

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| --- | --- |
| info@dancetherapy.co.nz  (09) 636 3029 http://www.dancetherapy.co.nz      **Dayspring Trust** | Office: Monday-Thursday, 7.30am-5pm  Programmes operate within and outside of these times.  Some charges may apply. Referral may apply. |
| FSD0015682 | Last updated 08/09/2020 |

Dayspring is passionate about fostering the wellbeing of both mother and child creating opportunities that inspire women to live, love, learn and connect.

Dayspring began over 30 years ago with a group of women in West Auckland who saw a need in the community that wasn't being met.

Since those early beginnings we have been working with vulnerable families and have a long history of positive involvement with mothers and their babies who are living with post natal depression or an ongoing mental illness. We have first hand experience on the impact their illness has on the mother/baby bonding processes and the associated risks of attachment disorder.

Daysprings programmes are designed to positively influence the pathways for women and their families.

Vision: To be the preferred provider of Maternal Mental Health Community Services in the Auckland Region.

Head Office 2 Seabrook Avenue New Lynn Waitakere City



info@dayspring.co.nz  9.00 am - 3.00 pm (09) 827 6321 Some charges may apply.

(09) 834 4893 Referral may apply. http://www.dayspring.co.nz

**De Paul House**

FSD0016947 Last updated 13/07/2020

Transitional accommodation for homeless families and support for vulnerable families in the community. Residential and outreach families also have access to Learning Centre programmes (which include budget, literacy, computer skills, WISE hub) and an Early Childhood Centre.

Please see service detail for more information.

92 - 96 Onewa Road Northcote North Shore City 0627



jan@depaulhouse.org.nz  8.30am - 5pm Monday to Friday

(09) 480 5959 Some charges may apply. http://www.depaulhouse.org.nz Referral may apply.

**Classification : THP**

**Debbie Rowberry**

FSD0019037 Last updated 22/09/2020

Emotion Regulation Therapy for Children and their Families.

Debbie Rowberry is a Child Therapist specialising in Child Emotion Regulation Therapy for high and complex needs children. The programme teaches Children how to recognise, monitor and moderate their States of Being. Parental Coaching is provided to teach conscious parenting skills. Children gain greater Emotion Resilience and Emotion I.Q. The programme also includes the development of a client specific behavioural management plan for home and school.

Debbie also facilitates early intervention, Emotion Education programmes for schools.

Debbie provides Therapeutic Services within a clinic setting as well as incorporating Equine Therapy, Canine Therapy and Nature based activities at Willow Therapy Farm in Clevedon.

610 Monument Road Clevedon Auckland 2582



D.rowberrynz@gmail.com  Please phone for an Appointment.

(021) 741 887 Some charges may apply. http://www.childbehaviourist.com No referral required.

**Deirdre Tollestrup**

FSD0021340 Last updated 12/01/2021

Deirdre is a counsellor practicing in Ponsonby and Henderson, Auckland. She works with individuals and couples, using constructive narrative, mindfulness (ACT) and somatic awareness skills to help clients find insight and change with a wide range of problems (including anxiety, depression, relationship strife, trauma...).

Deirdre is also an experienced Counselling Supervisor, working collaboratively with counsellors and students. She is NZAC and ACC registered. For more information, see Deirdre's website.

Letham Cottage 35 Jervois Road Ponsonby Auckland 1011



dtollestrup@gmail.com  Tuesday through Friday 10am - 6pm. Make an (021) 232 3863 appointment or contact Deirdre via her website. http://dtollestrup.com/ Some Henderson appointments also available.

Some charges may apply. No referral required.

**Devonport Community House**

FSD0022492 Last updated 01/03/2021

We offer OSCAR approved School Holiday programmes for children aged 5-13 years old as well as Art Club Sessions.

The purpose of the Devonport Community House is to enhance the social, cultural and physical wellbeing of the local community by providing accessible and affordable facilities and a wide range of programmes, workshops and opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to meet people, make friends, try new things, learn, share, contribute and participate in their local community.

32 Clarence Street Devonport Auckland 0624 devonportcomhouse@xtra.co.nz  Office open daily from 8.30am to 4.30pm.



(09) 445 3068 Closed the two weeks over Xmas and New Year.

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| --- | --- |
| (027) 271 8961  http://devonportcomhouse.co.nz | School Holiday Programme. Monday to Friday from 7.30am to 6pm during school holidays.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Disability Connect**

FSD0003417 Last updated 27/01/2021

Disability Connect was established in 1990 as the Parent & Family Resource Centre Inc to primarily support parents of disabled children and young people. Today the primary service area for Disability Connect is to provide information and advice to families of disabled children and young people across the Auckland Region which includes Waitemata and Manukau. Information is provided in a variety of media including workshops and seminars. Disability Connect also provides culturally and linguistically appropriate disability information and advice including translated/interpreted information. Our Disability Support Guide booklet is available in English, Simplified Chinese, Korean and Arabic.

Parent and Family Resource Centre Inc. trading as Disability Connect (from 1 October 2014).

3B Olive Road Penrose Auckland 1061



admin@disabilityconnect.org.nz  9.00am - 4.30pm, weekdays

(09) 636 0351 Some charges may apply. https://disabilityconnect.org.nz/ No referral required.

**Dream Childcare**

FSD0020411 Last updated 10/02/2021

We are New Zealand's Premium Home Based Childcare agency. We match Kiwi Families with Au Pairs, Nannies and Home Based Educators. The Dream Vision is to "make family life easier" by offering tailored personalised childcare advice and solutions to Kiwi families.

Our team have been providing quality home based childcare options to Kiwi Families for over 15 years and we will work with you to create in home childcare solutions based on the ages and stages of your children.

We believe that personal relationships and genuine connections with others determine success. Our team go above and beyond every day to ensure that our Au Pairs, Nannies, Educators and our Families feel valued, understood and are supported every step of the way with exceptional service.

Contact us today to find your Dream Nanny, Dream Au Pair or Dream Home Based Educator.

contact@dream.co.nz

 Level 4 81 Grafton Rd Grafton Auckland 1010

contact@dream.co.nz  9am-5pm- Monday to Friday

(09) 969 5451 Some charges may apply. http://www.facebook.com/pages/Dream- No referral required. Au-Pair-NZ/108960772510911

**Drowning Prevention Auckland**

FSD0020595 Last updated 16/04/2021

Drowning Prevention Auckland (DPA) is a lead agency for regional water safety coordination and education in the Auckland region.

Our Mission is to prevent drowning through education, research and advocacy.

Our vision is an Auckland, free from drowning, achieved through the development of water competence and changing knowledge, attitudes and behaviours in, on and around water environments.

Water safety education is delivered across four core channels - where we learn (early childhood to tertiary); live and play (community); and work (workplace Health & Safety and group development) - all with a research and evidence-based approach.

85 Westhaven Drive Westhaven Auckland 1150



info@dpanz.org.nz  Monday to Friday 8.30am to 5.00pm

(09) 376 5114 All services free of charge. https://www.watersafe.org.nz/ No referral required.

**Dunkirk Road Activity Centre Inc**

FSD0021891 Last updated 09/11/2020

We provide a varitey of programmes and activities which meet the needs of the community. The community is encouraged and supported to develop and run their own activities to meet its needs. In particular, we operate a school holiday programme every school holidays. Our venue is available for other community groups to use for their activities and we hire our venue to the community. We are happy to support and encourage other groups to develop their services and have some capacity to umbrella funding for smaller community groups

50 Dunkirk Road Panmure Auckland 1740

dunkirk@xtra.co.nz Office hours are Monday to Thursday 9.30 -

(09) 570 5539 1.30, Friday 9 - 1

http://www.dunkirkrdactivitycentre.org.nz Some charges may apply. No referral required.

**Classification : OSCAR**

**Dynamix Out of School Care Limited**

FSD0024219 Last updated 08/10/2020

We are a Out of school care provider, providing before school, after school and holiday programmes.

Starling Sports Club 34 Glen Road Ranui Auckland 0610 amber@dynamixoutofschoolcare.co.nz  Monday - Friday



|  |  |
| --- | --- |
| (022) 402 5422 https://www.dynamixoutofschoolcare.co.n z/    **Classification : OSCAR**    **E Tipu E Rea Whanau Services** | Before School Care 6.45am - 9am  After School Care 3pm - 6.30pm Holiday Programme 6.45am - 6.30pm Some charges may apply. No referral required. |
| FSD0018532 | Last updated 28/09/2020 |

We are an Auckland-based community organisation providing whnau-based support, resources, and assistance to mtua taiohi.

unit C 1 Tony Street Henderson Auckland 0610



admin@etipuereaws.org.nz  Monday - Friday 8.30am - 5.00pm

|  |  |
| --- | --- |
| (09) 551 4367  (09) 551 4367 http://www.etipuereaws.org.nz | (closed during public holidays) All services free of charge.  No referral required. |

**East Coast Bays Holiday Programme**

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| FSD0022805  East Coast Bays Holiday Programme - School Terms. | Last updated 11/03/2021 |

12 Bute Road Auckland 0630



eastcoastbaysleisure@aucklandcouncil.g  6am - 9pm Mon - Friday

|  |  |  |
| --- | --- | --- |
| ovt.nz  (09) 478 3379 (027) 448 6885 https://aucklandleisure.co.nz/locations/eas t-coast-bays-leisure-centre/    **Classification : OSCAR**    **Eden Family Law** | 8am - 6pm Saturday  Closed Sunday  9 - 12 Public Holidays Some charges may apply.  No referral required. |  |
| FSD0020557 |  | Last updated 29/06/2020 |

Eden Family Law - Antoinette Vujnovich Family Lawyer

I am an experienced family lawyer who aims to reduce stress and achieve positive results for her clients. Family proceedings can be a stressful and emotional experience. As your family lawyer, it is my role to be a source of knowledgeable advice and carefully-directed action, so that you can make progress towards a positive result.

From my base at Eden Family Law, I can connect you with relevant support agencies and services. To overcome your legal challenges I identify and discuss options with you, so that we can together decide on the best course of action. I aim to be accessible and responsive at all times.

I specialise in the following areas:

* Custody and access
* Guardianship
* Oranga Tamariki - Ministry for Children
* Protection orders

Legal aid available for eligible clients.

Level 1 3/12 Laidlaw Way Auckland info@edenfamilylaw.co.nz (09) 625 2044 (021) 210 0930 http://www.edenfamilylaw.co.nz Monday to Friday 9.00am - 5.00pm

I am available for appointments at several locations – please check my website for details Some charges may apply. No referral required.

**Edmonton School OSCAR Program**

FSD0024116 Last updated 30/11/2020

Before, After School and Holiday Program for the children of Edmonton Primary School.

Edmonton School 1 School Road Te Atatu South Auckland 0610



edmonton.cash@xtra.co.nz  During the School Term 7am-8:30am and

(027) 550 5197 3:00pm-5:30pm

(09) 838 9318 School Holidays 7am-5:30pm with the exception

of the week of Xmas and the week of New Year Some charges may apply. No referral required.

**Classification : OSCAR**

**Edmund Rice Camps Auckland Incorporated**

FSD0024400 Last updated 01/10/2020

Edmund Rice Camps provide fun and exciting camps for children aged 8-12 who need a break due to social, financial or family reasons. Our camps aim to provide a fun-filled week of activities and challenges that encourage children to come out of their shells and realise their full potential. The diversity of children and leaders who come on camp creates a culturally enriched environment that explores, teaches and motivates positive behaviour, confidence, life skills, leadership amongst many other benefits.

Camps rely solely on volunteers aged between 17-25 years who are driven by passion and respect to care for young people. We provide a unique experience where the ratio of leaders to children is 1:1, providing an opportunity to learn self-worth through social skills and positive role modelling.

34 Queen Mary Avenue Epsom Auckland 1023 chairperson@ercampsauckland.org  Monday-Friday (Free call / text) 021 1023616 Some charges may apply. http://www.ercampsauckland.org.nz/about Referral may apply. -us/

**Classification : OSCAR**

**Eduplay Childcare OTAHUHU**

FSD0022393 Last updated 22/09/2020

Eduplay Otahuhu offers full day childcare for all ages. We are a purpose built centre in Otahuhu's newest commercial building complex. We welcome you to come and have a look at our centre and meet our teaching team!

First Floor 225 Great South Road Otahuhu Auckland 1062



adminotahuhu@edupac.co.nz  7.30am to 5.30pm

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| --- | --- |
| (09) 965 4489 (0800) 219 172 http://www.otahuhuchildcare.co.nz      **Ember Korowai Takitini** | Monday to Friday  Some charges may apply. No referral required. |
| FSD0021212 | Last updated 07/06/2020 |

Ember Korowai Takitini , offers a wide range of services to people experiencing mental health and addictions issues including attaining goals in employment and accommodation.

Ember works strongly from a Values base, using them in recruitment, decision making, planning and evaluation of services.

Ember holds priorities in people development. That includes stakeholder development – service users, family/whanau and Maori – so that people can work more actively in partnership with the organisation both in individual service delivery and in organisational development.

So finally, here we are… Ember Korowai Takitini , Tama T Tama Ora which is Standing Together In Wellness.

49B Apollo Drive Rosedale Auckland 0632

reception@connectsr.org.nz 9am - 5pm Monday to Friday

(09) 443 3700 All services free of charge. http://connectsr.org.nz Referral may apply.

**Emerge Aotearoa - National Support Centre**

FSD0003606 Last updated 13/04/2021

Emerge Aotearoa is a not-for-profit charitable trust that provides community-based mental health,addiction, disability support and social housing services nationwide to people who are vulnerable or marginalised within their communities. We believe that everyone is capable of living full and rich lives in their chosen communities when they have access to support and opportunities for learning,skill development and rehabilitation. Our vision of Realising Potential Tautokohia te mana tangata, provides us with the ability to see what can be achieved when there is connection; the ability for someone to see the good in themselves and in others, to recognise the possibility for things to improve, and life to be meaningful and purposeful. Our values guide the way we work with service users and their families; Connecting with Purpose, Whakawhnaunga, Engaging with Respect, Manaaki, Walking and Learning Together, Ako and Acting with Integrity, Whakamana; they form the basis of everything we do.

320 Ti Rakau Drive Burswood Auckland 2013 info@emergeaotearoa.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 265 0255 All services free of charge. https://www.emergeaotearoa.org.nz Referral may apply.

**Classification : PACIFIC, THP**

**Essentially Men Education Trust**

FSD0003523 Last updated 31/08/2020

Courses, seminars and support for men to explore their identity, recover their ability to feel and experience new ways of being a man - strong, emotionally adept and a skilled communicator - in connection with their family and community.

info@essentiallymen.net  Monday - Friday 9am - 4.30pm

(09) 376 2386 Some charges may apply.

(021) 159 1525 No referral required. http://www.essentiallymen.net

**Fairy Godmothers Home-based Childcare**

FSD0023368 Last updated 05/02/2021

Fairy Godmothers is a home-based childcare service that looks after children on the North Shore, Hibiscus Coast, Helensville and Rodney Districts. We offer small rations of 1 educator to 4 children. There are plenty of opportunities to join other educators for outings and playgroups. Home-based care gives parents more flexibility than larger childcare centres and the environment is more like their own home.

2/667 Whangaparaoa Road Stanmore Bay Auckland 0932



info@fairygodmothers.co.nz  Weekdays 9am - 4pm

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| --- | --- |
| (09) 424 8868 (0800) 324 7437 http://www.fairygodmothers.co.nz      **Family Action (Whanau Toa)** | 0800 FAIRIES  Some charges may apply. No referral required. |
| FSD0003511 | Last updated 15/01/2021 |

Counselling, Outreach & Refuge for women, youth, children and families who have experienced family or sexual violence, abuse or trauma.

13 Edsel Street Henderson Auckland



office@familyaction.org.nz  8.30am - 5pm Monday - Friday.

(09) 836 1987 Some charges may apply.

(0800) 326 327 No referral required. http://www.familyaction.org.nz/

**Classification : FVSS, SHSS**

**Family Planning Clinic - Henderson**

FSD0007027 Last updated 14/09/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Level 2 6 Alderman Drive Henderson Waitakere City 0614



(09) 836 0026  Please ring to make an appointment. https://www.familyplanning.org.nz/clinics/h Some charges may apply. enderson-auckland No referral required.

**Family Planning Clinic - Manukau**

FSD0007026 Last updated 14/09/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Level 3, Westfield Shopping Centre 2 Manukau Station Road Manukau 2104



(09) 263 7600  Call on Monday 8.30am - 5.00pm

https://www.familyplanning.org.nz/clinics/ Tuesday 8.30am - 5.00pm

manukau-auckland Wednesday 8.30am - 5.00pm

Thursday 8.30am - 6.30pm

Friday 8.30am - 5.00pm Saturday 9.00am - 1.00pm Some charges may apply. No referral required.

**Family Planning Clinic - Newmarket**

FSD0007040 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Level 2, Newpark Centre 5 Short Street Newmarket Auckland



(09) 524 3341  Please ring to make an appointment. http://www.familyplanning.org.nz Some charges may apply.

No referral required.

**Family Planning Clinic - Panmure**

FSD0007031 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Next to Panmure Community Hall 7-13 Pilkington Road Panmure Auckland 1072



(09) 570 9871  Call us on 8am to 6pm Monday to Friday, and

http://www.familyplanning.org.nz/ 9am to 1pm on Saturdays Some charges may apply. No referral required.

**Family Planning Clinic - Papakura**

FSD0007030 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Trust Arcade 169 Great South Road Papakura 2110



(09) 298 4608  Please call us to make an appointment. (0800) 372 546 Some charges may apply. http://www.familyplanning.org.nz/ No referral required.

**Family Planning Clinic - Takapuna**

FSD0007033 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

15 Anzac Street Takapuna North Shore City 0622



(09) 486 1014  Please call us to make an appointment. http://www.familyplanning.org.nz Some charges may apply.

No referral required.

**Family Start Mangere**

FSD0015004 Last updated 08/03/2021

Family Start Mangere is part of Turuki Health Care and is an early intervention programme which aims to achieve positive health, education and social outcomes for babies, children and their whanau. It is an intensive home visiting service.

Level 1 37 Andrew Baxter Drive Airport Oaks Mangere, Auckland 2022



familystart@thc.org.nz  Monday - Friday 8:30am - 5:30pm.

(09) 278 5788 All services free of charge.

(0800) 4935 5246 Referral may apply. http://www.turukihealthcare.org.nz

**Family Success Matters**

FSD0006138 Last updated 20/11/2020

Family Start Manukau (FSM) provides intensive home base support to infants and their families with high needs. The service works with whanau who face barriers in providing what their children need to be healthy, to learn and be confident. FSM offers hope for whanau and their young children.

Complementary to the Family Start programme we provide the Incredible Years parenting programme and the Fathers for Families programme, for those dads who feel they have blown their chances at life but really want to make a go at being a great dad.

Level 1 11 Dalgety Drive Wiri Manukau City 2104



receptionist@fsm.org.nz  8.30am - 5.00 pm, Monday to Friday. If you wish

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| --- | --- |
| (09) 252 0197  (0800) FAMSTART(3267 8278) http://www.fsm.org.nz      **Family Works Leslie Centre** | to contact an FSM staff member by email. Enter their firstname and first initial of their last name along with @fsm.org.nz For example:  joeb@fsm.org.nz  All services free of charge. Referral may apply. |
| FSD0006491 | Last updated 27/04/2021 |

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Leslie Centre 37B Dornwell Road Mt Roskill Auckland 1041



admin.lesliecentre@fwn.org.nz  Monday - Friday

(09) 639 2016 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-central Referral may apply.

**Family Works North Shore**

FSD0023443 Last updated 27/04/2021

Family Works Northern build safe, strong and connected families by providing over 20 different programmes and services including child and family counselling, support for children who have experienced abuse and parenting programmes.

10 Penzance Road Mairangi Bay Auckland 0630



(09) 835 1288  09:00AM - 4:30PM

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-north-shore No referral required.

**Family Works Northern**

FSD0020674 Last updated 01/09/2020

Family Works Northern helps children and their families overcome the consequences of poverty, lack of adequate housing, and living with violence. It helps families to stay safe, strong and connected so they can make positive and lasting changes in their lives.

111 Great South Road Epsom Auckland 1051



info@psn.org.nz  Monday to Friday (09) 520 8600 8.30 am to 5.00pm

https://www.familyworksnorthern.org.nz Koha/donation may apply. No referral required.

**Family Works Te Hononga**

FSD0006492 Last updated 27/04/2021

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Family Works Te Hononga 10 Mahia Road Manurewa Auckland 2102 admin.tehononga@fwn.org.nz  Monday - Friday



(09) 269 1009 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-south Referral may apply.

**Family Works Waitakere**

FSD0006493 Last updated 09/12/2020

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

2171 Great North Road Avondale Auckland 0600



admin.waitakere@fwn.org.nz  Monday - Friday

(09) 835 1288 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-west Referral may apply.

**Fertility New Zealand National Office**

FSD0000235 Last updated 30/04/2021

To provide information and support for those faced with infertility, to raise public awareness and seek improvement in available services for people faced with fertility issues.

support@fertilitynz.org.nz  All services free of charge.

(0800) 333 306 No referral required. http://www.fertilitynz.org.nz

**Fetu Taiala Aoga Amata**

FSD0024303 Last updated 19/08/2020

We provide a Samoan Full Immersion Early Learning service for all children. Our passionate teachers have years of experience in the ECE sector and are registered educators with the NZ Teachers Council. Our philosophy aims to empower children through their language, culture, identity and spiritual beliefs. We provide free 30 hours FOR ALL CHILDREN, free transportation, free morning tea, and afternoon. Our transition to school programme is developed to prepare 4 year old children for Primary School.

29 Wickman Way Mangere East Auckland 2024



(09) 257 0182  Monday to Friday 7.30am to 5pm http://www.tavaesinatrust.org.nz All services free of charge.

No referral required.

**Finlayson Park School**

FSD0024065 Last updated 19/10/2020

OSCAR approved programes at Primary School.

85 John Walker Drive Manurewa Auckland 2102 office@finlaysonpark.school.nz  7:30 am - 4:30 pm



(09) 266 5558 Some charges may apply. http://www.finlaysonpark.school.nz/ Referral may apply.

**Classification : OSCAR**

**Fiona Hardy Counselling**

FSD0021223 Last updated 16/03/2021

I am a skilled Counsellor/Family Therapist located in Central Auckland - working from rooms in Grey Lynn and Remuera.

I focus on working positively with individuals, couples, groups, families and adolescents who may be wanting to understand and develop skills in managing anxiety, depression, processing grief and loss, relationships, sexual issues, identity, work related issues, self esteem, pregnancy and pregnancy loss.

I am narratively trained with a focus on short term work that is person centered and solution focussed.

I work from two relaxed and private locations in Grey Lynn and Remuera.

Please contact me to see how I may be able to assist you.

Skype sessions are also availabe.

Community of St Luke 130 Remuera Road Remuera Auckland 1024



fionahardycounsellor@gmail.com  Counselling appointments during the day and

(021) 294 0346 some evenings in Remuera and Grey Lynn.

(09) 620 2121 Please phone to discuss your requirements. http://www.fionahardycounselling.co.nz

Skype Sessions also available.

Some charges may apply. No referral required.

**First Korean Presbyterian Church and Community Trust**

FSD0023075 Last updated 15/06/2020

Provide and develop a high quality cross-cultural community services, OSCAR Holiday/After School Care programmes and the Christian faith at and from the centre to meet the families and individual needs.

22 Edmonton Road Henderson Auckland 0612



kpcanz@kpcanz.com  Mon - Fri 9 - 6

(09) 836 0191 Some charges may apply.

http://kpcanz.com No referral required.

**Classification : OSCAR**

**Fonua Ola**

FSD0003695 Last updated 14/12/2020

We cater for the Auckland region covering the areas of South, West, Central and East Auckland.

We provide Social Work Support, Counselling, Youth Programme, Building Financial Capability,

Family Violence Intervention, Whanau Ora Support and Group Parenting Programme. Our aim is

to achieve better outcomes for our children and young people through journeying with their families on their voyage to sustainable futures

8 Hendon Avenue Mt Albert Auckland



cfohe@fonuaola.org.nz  Mondays to Fridays

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| (09) 828 4307 (022) 164 0627 https://www.fonuaola.org.nz/    **Classification : PACIFIC**    **Fonua Ola Network Trust** | 9am - 5pm  All services free of charge. No referral required. |
| FSD0021714 | Last updated 17/11/2020 |

Our Services include social work support services, counselling, youth mentoring, life fit programme, parenting programmes and financial mentoring/budgeting as well as Whanau Ora clientele.

We are based in Auckland and predominantly support the local Pacific Community to cope in times of economic, social and cultural adversity.

With a head office in Otahuhu, Fonua Ola has another additional site located at Hendon Avenue Mt Albert (former Pasifika Health & Social Services).

32 Station Road Otahuhu Auckland 1062



msuamili@fonuaola.org.nz  Mon - Fri - 9am to 5pm (09) 270 2089 All services free of charge.

(022) 043 0811 Referral may apply. http://www.fonuaola.org.nz

**Classification : BFC, FVSS, PACIFIC**

**Franklin Family Support Centre**

FSD0000964 Last updated 23/12/2020

To empower families and individuals with financial, personal or family issues by providing professional, compassionate and caring social services and educational programmes.

 82 Manukau Road Pukekohe

admin@familysupport.org.nz (09) 238 6233 http://www.familysupport.org.nz

**Classification : BFC, FVSS**

9.00am - 4.00pm, Monday to Friday. Some charges may apply. No referral required.

**Freemans Bay After School Care**

FSD0022282 Last updated 07/12/2020

Freeman Bay Before & After School Care Programmes provide safe, fun, supervised programmes which cater for the needs of primary school children.

Our programmes provide constructive opportunities for children to use their leisure time creatively in a caring and positive environment.

The programmes are structured to provide opportunities for children to play and enjoy themselves, to be treated fairly with dignity, respect, attention and support from staff. A positive, child-focused and culturally-responsive environment.

95 Wellington St Freemans Bay Auckland 1011



freemansbay@yahoo.co.nz  During school terms only

(021) 051 1976 Before school 7:00am - 8:45am

After school 3:00pm - 6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Funtimez Kids Club**

FSD0017823 Last updated 11/06/2020

Out of School Care Programme. Providing quality affordable before and after school care. Holiday Programmes run at the end of each school term and during January.

Fruitvale Primary School 9 Fruitvale Road New Lynn Auckland 0603



craynes@xtra.co.nz  Before School 7.00am - 8.30am (021) 024 98202 After School 3.00pm - 6.00pm

Holiday Programmes 7.30am - 6.00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Gateway Community Trust**

FSD0015197 Last updated 22/09/2020

We are a community-based trust focused on strengthening families, empowering our youth and are OSCAR approved for child care services.

26A Wood Street Papakura 2110



reception@navigators.community  Monday to Friday, 8am - 4pm

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| --- | --- |
| (09) 298 1807 http://www.thegate.co.nz    **Classification : OSCAR**    **Genesis Youth Trust** | Some charges may apply. No referral required. |
| FSD0019702 | Last updated 29/06/2020 |

Our Strategic Heartbeat:

Having a heart for youth that offers HOPE and RESTORATION for youth offenders and their families in the wider Auckland Region Our Core Competencies:

1. A holistic intervention combining youth work, social work, mentoring, counseling & familyservices to achieve lasting positive change
2. Forging and maintaining effective working partnerships with the Police and other key agencies
3. Ongoing research and best practice that shapes our programmes and interventions.

92 Bader Drive Mangere Auckland 2022



info@genesis.org.nz  9am - 5pm (09) 275 0599 Monday-Friday

http://www.genesisyouthtrust.org.nz All services free of charge. Referral may apply.

**Gianna's Choice Pregnancy Support**

FSD0016607 Last updated 13/08/2020

Our purpose is to provide support for teens, women and couples facing an unplanned pregnancy, discover her needs and connect her with the resources she requires.

When pregnancy comes with no easy answers we are hear to listen to your concerns and challenges. We will support you as you explore your situation, always recognizing that the decisions to be made are ultimately yours.

We are here to support you because we believe in you and you matter.

Our help is private and non-judgmental. We will give you the information you need in a caring and supportive environment.

569A Richardson Road Mount Roskill Auckland 1041



nzgiannaschoice@gmail.com  24/7 Free Call: 0800 3675433

(0800) 367 5433 Interviews by Appointment (027) 448 8070 All services free of charge. http://pregnancyoptions.org.nz No referral required.

**Classification : PACIFIC**

**Giraffe Early Learning Center**

FSD0024446 Last updated 05/11/2020

Giraffe ELC is a beautifully designed, purpose built Early Learning Centre located at 529 Mt Albert Road, Three Kings.

We are taking enrolments now for our opening in January 2021.

We welcome you and your child/children to what we trust is an early learning education in a nurturing and stimulating environment, that provides an extension of your family life and parenting goals, as well as a solid foundation for your child's future learning.

Your preschool child/children will have a full nutritional meal service from breakfast to dinner, experience high quality day care and a preschool education, where they participate in a wellresourced centre with a fun, supportive and challenging background to inquiry-based learning.

We offer a range of extra-curricular activities such as fencing, speech and drama, music, french, dancing classes on site for your little ones.

 529A Mount Albert Road Three Kings Auckland 1042

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| info@gece.co.nz (0800) 309 000 http://gece.co.nz | Monday to Saturday from 7:00 am to 6:30pm and Sunday from 9:00am to 6:30pm excluding public holidays.  Some charges may apply.  No referral required. |

**Gladstone Primary School OSCAR**

FSD0021424 Last updated 06/10/2020

To provide quality, safe, accessible childcare and recreational opportunities for the Gladstone community. We offer morning care, after school care and holiday programmes.

8 Seaview Terrace Mt Albert Auckland 1025



michellen@gladstone.school.nz  School Terms 7.30am - 8.30am and 3.00pm -

(027) 478 8158(2.30pm onwards) 6.00pm

(09) 845 2623 (2.30pm-6pm) Some charges may apply. https://gladstone.school.nz/category/oscar No referral required. -2/

**Classification : OSCAR**

**Glamorgan Kids Club**

FSD0024263 Last updated 17/07/2020

A Before and after school care, plus school holiday programme for students at Glamorgan Primary School, Torbay

Glamorgan School 145 Glamorgan Drive Torbay Auckland 0630



p.k.mccormack@outlook.com  Open 7.15-8.30am, 3-6pm, and during school

(021) 612 105 holidays 7.15am - 6pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Glen Eden Community House Inc**

FSD0017552 Last updated 04/05/2021

The Glen Eden Community House provides local people with opportunities to participate in and experience a mix of social, educational, cutural or recreational activities

13 Pisces Road Glen Eden Auckland 0602



manager@glenedencommunityhouse.co.  Monday to Friday 9.00 am to 4.00pm nz Some charges may apply.

(09) 818 2194 Referral may apply.

(09) 818 2198 http://glenedencommunityhouse.co.nz

**Classification : OSCAR**

**Glen Innes Family Centre**

FSD0016332 Last updated 22/01/2021

Provide Social Work Support, Counselling (Individual/Family), Budgeting, Parenting Programmes, Domestic Violence Programmes, Senior Recreational Programmes.

122 Elstree Avenue Glen Innes Auckland 1743



admin@gifc.org.nz  Weekdays 9AM - 3PM

(09) 570 6250 Thursday 9am - 6pm

http://www.gifc.co.nz All services free of charge.

No referral required.

**Glen Innes Out of School Care and Recreation**

FSD0024063 Last updated 19/10/2020

Welcome to our OSCAR approved Before and After school and Holiday programmes, where the safety and care of your child is our number one priority.We offer the programmes that parents can rely on and children love to attend. A safe,fun,supervised environment with lots on offer.

 171 Pilkington Road Glen Innes Auckland 1072

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| gleninnes@blossomseducare.co.nz  (09) 527 4282 http://Blossomseducare.co.nz    **Classification : OSCAR**    **Glendowie OSCARS** | Before School 7.00-8.30am  After School 3.00-6.00pm  Holiday Programme 7.30-6.00pm  Monday to Friday(Closed Public Holidays) Some charges may apply. No referral required. |
| FSD0018552 | Last updated 11/03/2021 |

To provide a caring, fun and safe out of school care programme that meets the needs of our local community.

Glendowie Primary School 217 Riddell Road Glendowie Auckland 1071 che@oscars.co.nz  During school terms: (021) 367 243 Monday - Friday 7.15am - 8.30am http://www.oscars.co.nz and 3pm-6pm



School Holidays 7.30am-6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Good Seed Trust**

FSD0017872 Last updated 26/01/2021

Good Seed Trust's mission is to provide quality care & learning experiences for children, youth & families. We have three early children centres in Mangere, Mt Wellington & Glendene. Our family support team operates 4 vans in Mangere to transport children. We run a community playgroup in Mangere.

The Trust also operates OSCAR approved programmes - Afterschool and Holiday programmes in Mangere, and Afterschool care at Panama Rd School. Fathers & Kids Events are held quarterly.

SuperGrans is being established in Mangere and Riverside through Good Seed Trust.

18A Mervan Street Mangere East Auckland 2024



info@goodseedtrust.co.nz  Monday to Friday

|  |  |
| --- | --- |
| (09) 275 1065 (027) 503 2470 http://www.goodseedtrust.co.nz    **Classification : OSCAR**    **GrandFriends** | 7am to 6pm  Some charges may apply. No referral required. |
| FSD0022921 | Last updated 28/12/2020 |

GrandFriends is a programme run by Surrogate Grandparents New Zealand Charitable Trust to provide social, caring connections for families around New Zealand.

A “GrandFriend” can be anyone, of any age who is interested in increasing their social connections and building a “village’ around themselves and their families, and to alleviate social isolation and loneliness.

GrandFriends set up to provide Intergenerational connections and find grandparents for families who may not have them for their children, and whilst this is still very much our focus, we have also evolved over the last three years. We have seen that the problem is much wider than this and people of all ages are looking for connections. We have single people in their 30’s, Aunties & Uncles, Teens wanting to give back, so we have now rebranded as “GrandFriends” to embrace this need in our communities of New Zealand.

info@grandfriends.nz  Monday - Friday 9am - 2.00pm

(09) 947 5815 Koha/donation may apply. http://www.grandfriends.nz No referral required.

**Grandparents Parenting Grandchildren Inc - Hibiscus Coast**

FSD0020987 Last updated 15/12/2020

Our aim is to provide practical, wrap-around support to grandparents and whanau caregivers in the greater Rodney District who are parenting full-time for these beautiful but often traumatised children. This is a life changing situation and one that comes with immense challenges. Our goal is to help lessen the effects of their hardships by providing as much care, fellowship and support to the grandparents as we possibly can, in any way we can.

We offer a monthly support group that meets on the first Wednesday of each month at 11am in the lounge of the Red Beach Methodist Church, 76 Red Beach Road (next to the Mobil Service Station). A light lunch is provided and on occasion we have a guest speaker.

We offer weekly coffee groups at various venues, and group events to meet up, to help break the isolation.

We offer support when dealing with other organisations, as well as refer onto other agencies that may be of service, and advocate, attend meetings and submit forms if required.

hbcgrandparentsinc@gmail.com  Available anytime via phone and/or email.

(021) 024 30064 All services free of charge. https://hbcgpg.weebly.com/ No referral required.

**Grandparents Raising Grandchildren - East Auckland**

FSD0007053 Last updated 25/08/2020

Providing local support for grandparents and whanau/kin carers in the East Auckland area who are raising their grandchildren/kin full-time.

tamaki@grg.org.nz  National Support Office (09) 535 6903 9:00am - 2:00pm

http://www.grg.org.nz Monday - Friday

All services free of charge. No referral required.

**Grandparents Raising Grandchildren - National Support Office**

FSD0007045 Last updated 25/08/2020

Providing support for grandparents and whanau/kin carers raising their grandchildren/kin full-time.

Unit C, Chelsea Business Park 162 Mokoia Road Birkenhead Auckland 0626



office@grg.org.nz  9 am to 2 pm (Monday, Tuesday, Thursday) (0800) 472 637 All services free of charge.

(09) 418 3753 No referral required. http://www.grg.org.nz

**Grandparents Raising Grandchildren - New Lynn**

FSD0024009 Last updated 31/08/2020

Providing local support for grandparents and whanau/kin carers in the New Lynn and surrounding areas who are raising their grandchildren/kin full-time.

newlynn@grg.org.nz  National Support Office

(021) 309 365 9:00am - 2:00pm

http://www.grg.org.nz Monday - Friday

All services free of charge. No referral required.

**Grandparents Raising Grandchildren - North Shore Coffee Group**

FSD0007050 Last updated 24/08/2020

Providing local support for grandparents and whanau/kin carers in the North Shore area who are raising their grandchildren/kin full-time.

office@grg.org.nz  National Support Office

(022) 080 2368 9:00am - 2:00pm http://www.grg.org.nz Monday - Friday

All services free of charge. No referral required.

**Grandparents Raising Grandchildren - Papakura**

FSD0024002 Last updated 28/08/2020

Providing local support for grandparents and whanau/kin carers in the Papakura area who are raising their grandchildren/kin full-time.

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| papakura@grg.org.nz (021) 129 4151 http://www.grg.org.nz/ | Meets: Second Thursday of each month  (starting 13/08/2020) at 10am Location: Smiths Avenue Community Hall, 20 Smiths Avenue, Papakura.  All services free of charge.  No referral required. |

**Grandparents Raising Grandchildren - Pukekohe/Waiuku**

FSD0024008 Last updated 28/08/2020

Providing local support for grandparents and whanau/kin carers in the Pukekohe/Waiuku area who are raising their grandchildren/kin full-time.

pukekohe@grg.org.nz  National Support Office

(09) 237 8161 9:00am - 2:00pm

http://www.grg.org.nz Monday - Friday

All services free of charge. No referral required.

**Grandparents Raising Grandchildren - Waitakere**

FSD0007051 Last updated 25/08/2020

Providing local support for grandparents and whanau/kin carers in the Waitakere area who are raising their grandchildren/kin full-time.

waitakere@grg.org.nz  National Support Office

(021) 251 0690 9:00am - 2:00pm http://www.grg.org.nz Monday - Friday

All services free of charge. No referral required.

**Great Potentials - Papakura Family Service Centre**

FSD0003679 Last updated 03/11/2020

Papakura Family Service Centre has integrated health, education and support services for children and parents and is part of the Great Potentials Foundation.

14 Maurice Street Papakura Auckland 2110



(09) 299 6610  Monday - Friday 9am - 4.30pm http://www.greatpotentials.org.nz Some charges may apply.

Referral may apply.

**Great Potentials - Takanini Family Service Centre**

FSD0022363 Last updated 17/07/2020

We offer a range of social services and programmes to the community including counselling, parenting programmes, playgroup, English literacy classes. Most of our services/programmes are free however a small koha may apply to some.

8 Oakleigh Avenue Takanini Auckland 2112



fsc.info@greatpotentials.org.nz  9am - 4.30pm

(09) 974 4719 Monday to Friday

(021) 882 970 Some charges may apply. http://www.greatpotentials.org.nz/ No referral required.

**Great Potentials Foundation**

FSD0003694 Last updated 20/07/2020

For Health, Education and Parent Support.

Level 6, Building 5 666 Great South Road Penrose Auckland 1061



info@greatpotentials.org.nz  08:00 - 16:00 Monday to Friday

(09) 974 2600 Some charges may apply. http://www.greatpotentials.org.nz Referral may apply.

**Classification : FVSS**

**Great Times Out of School Care**

FSD0021389 Last updated 19/12/2020

OSCAR approved Out of School Care provider. Operating from The Gardens School providing Morning Care, After School Care and Holiday Care & Conifer Grove School providing After School Care and Morning Care.

The Gardens School 101 Charles Prevost Dr The Gardens Manurewa



alecas@xtra.co.nz  Morning Care 7.00am-8.30am (027) 518 0077 After School Care 2.45pm-5.45pm,

School Holiday Care available Some charges may apply. No referral required.

**Classification : OSCAR**

**Great Times Out of School Care - Conifer Grove**

FSD0017832 Last updated 17/01/2021

OSCAR approved. Great Times Out of School Care operates out of Conifer Grove School Evanda Cres, Manurewa.

Conifer Grove School 1 Evanda Cr Takanini South Auckland



alecas@xtra.co.nz  Hours of operation 7am to 8.30am Morning

(027) 518 0077 Care. After School Care 2.45pm to 5.45pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Green Bay Community House**

FSD0018417 Last updated 16/07/2020

At the Green Bay Community House we provide a welcoming place for people of all ages. Our Community House is a place to build friendships, aspire to learn new things and share skills.

1 Barron Drive Green Bay Auckland 0604



gbcommunityhouse@gmail.com  9am - 2pm

(09) 827 3300 Some charges may apply. http://www.greenbaycommunityhouse.co. No referral required.

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**Classification : OSCAR**

**Green Bay Kids Own**

FSD0021405 Last updated 08/04/2021

Out of School Care, Before and After School care and Holiday programmes for children aged 5 13 years.

gbko@xtra.co.nz  School days 7.00 am - 8.30 am and 2.55 pm -

(027) 223 8386 5.45 pm

School Holidays 7.45 am - 5.45 pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Grey Lynn Community Centre**

FSD0021925 Last updated 09/04/2021

Provides a play group and OSCAR school holiday programme for children. Our purpose is to be the ‘hub’ in Grey Lynn, where our community meets to learn skills and get to know each other, forming an integrated and supportive community.

The Centre is a place that is welcoming, comfortable and accessible to all who want to use it. Our primary community includes the people of Grey Lynn, Westmere and Arch Hill.

510 Richmond Rd Grey Lynn Auckland 1021



office@greylynn.org.nz  Office Hours - Monday - Friday 8.30am until

(09) 378 4908 4.30pm

(027) 271 7210 after hours Some charges may apply. http://greylynn.org.nz No referral required.

**Classification : OSCAR**

**Grey Lynn Community Link**

FSD0007916 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

562 Richmond Road Grey Lynn 1011



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| --- | --- |
| http://www.workandincome.govt.nz      **GymCity Papatoetoe** | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0019627 | Last updated 15/12/2020 |

GymCity is a children's gymnastic club offering classes for all children from babies to teenagers. We teach fundamental skills development & gymnastics programmes for boys and girls, beginners to National level, Tumbling, TeamGym. We deliver to pre-school and school within the wider community. We run OSCAR approved School Holiday Programmes every holidays with lots of variety including Arts & Crafts, cooking, excursions, games and gymnastics, as well as lots of other exciting activities. We have very experienced coaches and wonderful helpers, and we are proud of the lovely atmosphere our club has, where everyone works together to make GymCity a great club for their children. We welcome anybody to come and join our club - you will be pleased you did.

Flat 2 64 Marne Road Papakura 2110



rowenadeadman@gmail.com  8am-8.30pm Mon- Fri, 8am-12.30pm Sat

(09) 279 9400 Some charges may apply. http://www.gymcity.org.nz No referral required.

**Classification : OSCAR**

**Hadiyyeh Zohoori-Dossa**

FSD0022715 Last updated 03/10/2020

Holistic, Multi-Cultural Counselling for individuals, groups, families and pre-marital couples.

Issues: Depression, Anxiety, Grief, Parenting, Stress, etc. Also, Nutrition-related conditions:

Obesity, Diabetes, Hypertension, etc.

Some benefits of counselling are:

* Developing Self-Awareness and Mindfulness
* Learning Problem-Solving, Effective Communication and Conflict Management
* Stress Management – Learning to go beyond coping to attain and maintain Lasting Happiness\* Personal Growth
* Behaviour Change, e.g. reduction in smoking, drug use, angry outbursts or other undesirablehabit, or increase in following a Healthy Diet, Physical Activity or any other desirable habit.

All services are multi-cultural and inter-faith by being sensitive to the ethnic, socio-economic, gender, racial and religious background of clients.

I also conduct:

* a pre-marital counselling programme, and
* Reiki Chanelling, a Japanese technique for stress reduction, relaxation and healing.

hadiyyehzd@yahoo.com  Please get in touch to arrange a suitable time

(021) 037 2456 and place.

Online counselling also available.

Some charges may apply. No referral required.

**HappyTots In home Childcare**

FSD0020937 Last updated 17/09/2020

HappyTots is licensed and funded by the Ministry of Education, which means families can access our programme at no cost to children, caregiver, and whanau who qualify.

If you are grandparents who are looking after your grandchild, you may qualify for our programme.

Our programme includes:

Non income tested subsidy to every child of up to $4.2 per hour

Free access to our toy library

Individual learning programme designed for your child

Free monthly visit from registered ECE teacher to help you on education

Free first aid training

Free monthly organised activities

Suite 1, Level 1, Annex Building 27 Gillies Ave Epsom Auckland 1023



info@happytots.co.nz  Monday to Friday 8.30am-4.30pm (0800) 208 000 All services free of charge. http://www.happytots.co.nz No referral required.

**Helensville After School care**

FSD0021404 Last updated 05/11/2020

After School childcare.

c/- Helensville Primary School 29 Rata Street Helensville 0800



emanddarren3@gmail.com  Monday - Friday 3 pm till 6 pm

(021) 120 8467 Some charges may apply.

No referral required.

**Classification : OSCAR**

**Hibiscus Coast Parents Centre Inc**

FSD0007311 Last updated 07/10/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

hibiscus.coast@parentscentre.org.nz  Please use our Facebook page to make contact.

(021) 0882 9339 https://www.facebook.com/hibiscuscoastp We respond to contact twice a week, our

arentscentre courses run 8 times a year with short courses in

between.

Some charges may apply. No referral required.

**Hibiscus Coast Youth Centre**

FSD0022060 Last updated 17/02/2021

The Hibiscus Coast Youth Centre is a non-profit organisation whose mission is to empower and strengthen youth and their families by providing comprehensive youth development through education, physically challenging activities, employment and training advocacy and other support services.

To provide opportunities and support for young people, encouraging them to become involved in, and contribute to the development of their community.

HBC HWY 214d Hibiscus Coast Highway Auckland 0930



findhbcyc@gmail.com  Mon-Fri 09:00 To 18:00

|  |  |
| --- | --- |
| (09) 426 5005 (027) 685 1415 http://www.hbcyouthcentre.org    **Classification : OSCAR** | Friday Night 18:00 To 22:00  Saturday 11:00 To 17:00  Room Hire 24/7 By Booking Some charges may apply.  No referral required. |

**Highbury Community House Inc**

FSD0015253 Last updated 07/09/2020

To enhance social and cultural well-being by providing accessible and affordable opportunities for people of all ages, cultures and interests to come together in a safe and supportive environment to make friends, meet people, learn, contribute and participate in the local community.

Highbury Community House & ELC 110 Hinemoa Street Birkenhead North Shore 0626 manager@highburyhouse.org.nz  Office hours 9.00am - 2.30pm Mon - Fri



|  |  |
| --- | --- |
| (09) 480 5279  (09) 480 5239 http://www.highburyhouse.org.nz | Community House is available for hire 7 days a week  Early Learning Centre open times 9.00-2.30 term time only  Some charges may apply.  No referral required. |

**Highland Park Community Link**

FSD0007900 Last updated 06/04/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit E 491 Pakuranga Road Manukau 2010



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**HIPPY North Shore**

FSD0024445 Last updated 06/11/2020

Community Education Foundation supports New Zealand Families to nurture their children and provide the opportunities and resources to help children and families to get what they suppose to have in today’s New Zealand modern societies.

Our service will take a holistic approach on how to achieve the best possible outcome for the children and the families. From their basic needs such as food to early childhood education.

HIPPY

Hippy is a home-based programme that supports parents to be involved in their children's learning.

Parents help their children to develop cognitive skills including language, problem solving, logical thinking, percepetual and other school readiness skills. All HIPPY activities can be linked to learning outcomes in the early childhood curriculum framework, Te Whaariki, or the New Zealand Curriculum Framework for primary schools.

 Suite 2 179A Archers Road Hillcrest Auckland 0629

jenny@vulnerable.org.nz  Monday to Friday 9-3pm except public holidays (027) 233 9788 All services free of charge. https://vulnerable.org.nz/activities/early- No referral required. intervention

**HJ Elite Academy Limited**

FSD0024535 Last updated 30/03/2021

HJ Elite Soccer Academy offers a plethora of programs that are geared towards optimising the soccer capabilities of children (and young adults) 4 to 21 years of age. To maximise impact, we have programs in South and East Auckland with operational hours that cater to the hectic schedule of our school-going kids, and their parents/caregivers. HJ Elite enhances its impact by utilising a long-term development model which spans the four seasons; offering year round training and development options for our young soccer stars: in the making. We also maximise outcomes by ensuring that training is conducted on both grass and turf settings; dependent on the training location. Check out our programs listed on the website, to identify which one is right for you.

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| info@hjeliteacademy.co.nz  (021) 089 36872 http://www.hjeliteacademy.co.nz      **HobbyCare** | Operational hours are based on program and location. Average after school hours are 3:15 - | |
| 5:15 pm (age dependent) Some charges may apply.  No referral required. |  |
| FSD0021415 |  | Last updated 17/08/2020 |

Before & After School Care for pupils of Hobsonville Primary School.

Hobsonville Primary School 104 Hobsonville Road Hobsonville Auckland 0618



info@hobbycare.co.nz  Monday to Friday during the school term.

(021) 667 713 7:00am to 8:30am (Morning Care). https://www.facebook.com/hobbycarenz 3:00pm to 5:45pm (Afternoon Care).

Not open Public or School Holidays.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Home and Family Counselling Inc: Auckland Office.**

FSD0003359 Last updated 13/07/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. We have a Chinese counsellor available and a mix of male and female counsellors. Professional, experienced counsellors provide high quality services from our long-standing wellrespected independent organisation.

344 Mt Eden Road Mt Eden Auckland 1024



(09) 630 8961  Monday - Friday 9am - 5pm

http://www.homeandfamily.org.nz Saturday 9am - 4.30pm

Late Nights: Tuesday, Wednesday, and Thursday.

Koha/donation may apply. No referral required.

**Classification : FVSS**

**Home and Family Counselling Inc: North Shore Office**

FSD0015867 Last updated 16/06/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. Chinese counsellor available. Professional, experienced counsellors provide high quality services from our long-standing well-respected independent organisation.

2a Seaview Avenue Auckland 0627



Northshore@hfc.org.nz  Monday - Friday 9am - 5pm, Saturday 9am -

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| (09) 419 9853 http://www.homeandfamily.org.nz | 2pm.  Koha/donation may apply.  Referral may apply. |

**Homebuilders Family Services - North Rodney (Inc.)**

FSD0006019 Last updated 21/08/2020

Homebuilders Family Service is an independent, community based family support agency. We work to support families under stress in ways that enable them to resolve current difficulties and acquire, or consolidate the skills and resources necessary to enable future difficulties to be successfully resolved.

5 Hexham Street Warkworth



homebuildersfs@gmail.com  Monday to Friday 9am - 12pm

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| (09) 425 7048 http://homebuildersfs.org    **Classification : FVSS**    **Hope Unlimited Trust** | All services free of charge. No referral required. |
| FSD0008101 | Last updated 10/01/2021 |

We offer holistic, affordable, professional counselling and social services supporting parents and their families.

Our services include Counselling, Community Support, and Programmes: - Men's Living In Harmony/emotional intelligence/mana building; Women's Self Esteem /Personal

Development/Living in Harmony/Emotional management; plus a connect group; Parenting Toolbox 6-12yr-olds & Teenagers; Building Awesome Whanau; and Blended Families Programmes.

We have male & female counsellors, and we provide day & evening appointments.

46 John Street Pukekohe 2120



hope@hopeunlimitedtrust.org.nz  9am - 8pm, Monday to Friday. Sometimes

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| --- | --- |
| (09) 239 1823 http://www.hopeunlimitedtrust.org.nz      **Howick Leisure Centre** | Saturday  Some charges may apply. No referral required. |
| FSD0022362 | Last updated 21/07/2020 |

Howick Leisure Centre provides Holiday programmes during school holiday periods.

We also offer recreation activities for all ages. We have a fitness centre/gym as well as a child care facility that services the community.

563 Pakuranga Road Highland Park Auckland 2010



howickleisure@aucklandcouncil.govt.nz  Monday - Friday 7.30am-7.00pm

(09) 261 8436 Weekends 8am-4pm

https://aucklandleisure.co.nz/locations/ho Some charges may apply. wick-leisure-centre/ No referral required.

**Classification : OSCAR**

**Huakina Development Trust**

FSD0005729 Last updated 14/09/2020

Huakina has a mission statement to "Unleash the Potential of People" and they stand by it with passion. To provide support in health & wellbeing, education and environmental issues to the community.

15-17 Roulston Street Pukekohe



admin@huakina.co.nz  8.30 am - 5.00 pm Monday to Friday

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| --- | --- |
| (09) 238 0250 http://www.huakina.co.nz    **Classification : FVSS, OSCAR**    **Huapai District School** | All services free of charge. Referral may apply. |
| FSD0024283 | Last updated 14/08/2020 |

Huapai plus provides Before, After school & Holiday programmes for children aged 5-13 years old operated at Huapai District School. We are fully OSCAR approved which means our services are regularly audited and are eligible for childcare subsidies through Work and Income New Zealand.

40 Station Road Huapai Kumeu 0810



huapaiplus@huapaidistrict.school.nz  Monday - Friday Before school 7am-8:30am,

(027) 359 5026 After School 3pm-6pm & the school holidays https://www.facebook.com/Huapaiplus 7am-6pm

All services free of charge. No referral required.

**Classification : OSCAR**

**Hunters Corner Community Link**

FSD0007901 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

139 Great South Road Hunters Corner Manukau 2025



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Immanuel Preschool - Favona Road**

FSD0023468 Last updated 12/04/2021

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

15 Favona Road Favona Auckland 0600



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

(09) 962 5237 Tuesday 7:30am to 5:30pm

(0800) 338 583 Wednesday 7:30am to 5:30pm

http://www.immanuelpreschool.ac.nz Thursday 7:30am to 5:30pm

Friday 7:30am to 5:30pm

Except Statutory Holidays Some charges may apply. No referral required.

**Immanuel Preschool - Mangere**

FSD0023462 Last updated 12/03/2021

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

55 Hokianga Street Mangere East Auckland 2024



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

|  |  |
| --- | --- |
| (09) 277 9409 (021) 022 45322 http://www.immanuelpreschool.ac.nz      **Immanuel Preschool - Otara** | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply. No referral required. |
| FSD0023461 | Last updated 12/04/2021 |

To provide great opportunities to bring out the best from each child. We are highly focussed on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of

the centre.

55 Clayton Avenue Otara Auckland 2023 enquire@immanuelpreschool.ac.nz 



(09) 271 1412 (021) 022 45322 http://www.immanuelpreschool.ac.nz Monday 7:30am to 5:30pm

Tuesday 7:30am to 5:30pm

Wednesday 7:30am to 5:30pm

Thursday 7:30am to 5:30pm

Friday 7:30am to 5:30pm

Except Statutory Holidays

Some charges may apply. No referral required.

**Immanuel Preschool - Papatoetoe**

FSD0023460 Last updated 23/03/2021

To provide great opportunities to bring out the best from each child. We are highly focused on quality care and education which would lay a strong foundation for the child and would enable the child to easily transition into the primary school environment with confidence and enthusiasm. We also respect different cultural beliefs and would encourage participation of the families in the life of the centre.

184 Portage Road Papatoetoe Auckland 2025



enquire@immanuelpreschool.ac.nz  Monday 7:30am to 5:30pm

|  |  |
| --- | --- |
| (021) 022 45322 (09) 279 4879 http://www.immanuelpreschool.ac.nz      **In-Work NZ Ltd** | Tuesday 7:30am to 5:30pm  Wednesday 7:30am to 5:30pm  Thursday 7:30am to 5:30pm  Friday 7:30am to 5:30pm  Except Statutory Holidays Some charges may apply. No referral required. |
| FSD0020335 | Last updated 09/02/2021 |

Preparing job seekers registered with Work and Income to re-enter the workforce, assisting clients of Work and Income into employment, providing transitional and on-going supporting for new employees and family/whanau while at work and retaining people in work, to achieve sustainable and social outcomes.

482 Te Atatu Road Te Atatu Peninsula Auckland 0651



info@inwork.co.nz  8.30am - 5.00pm Monday to Friday

(09) 834 1482 All services free of charge.

(0800) 478 902 Referral may apply. http://inwork.co.nz

**Classification : PACIFIC**

**Inner City Women's Group**

FSD0003518 Last updated 09/10/2020

Inner City Women's Group are DV specialists who provide programmes and support that empower women affected by domestic violence and abuse. Our services are free and available Auckland wide to any women.

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| tammy@icwg.org.nz  (09) 360 4933  (09) 279 8727 http://www.innercitywomensgroup.org.nz    **Classification : FVSS**    **Iosis** | 8:30am - 4:30pm, Monday to Friday Koha/donation may apply. Referral may apply. |
| FSD0003294 | Last updated 17/12/2020 |

Iosis is committed to transforming family life for good. Many families who access our services have complex issues and needs with limited resources. We provide a range of services addressing issues of parenting, family violence, relationships, safety of children, housing, finances, education, addictions etc, We are based in Manurewa and work across South Auckland.

Merivale Whanau Development Centre is a parenting residential programme for women and children. These families are referred by Oranga Tamariki and engage in our programme for a minimum of 6 months. It is our hope that through their engagement and successful completion these mothers will retain the care of their children. Referrals can be received from across the greater Auckland region and in some circumstances beyond Auckland.

112C Russell Road Manurewa Manukau City



enquiries@iosis.org.nz  Monday to Friday 8:30am to 5:00pm

(09) 269 0050 Some charges may apply. http://www.iosis.org.nz Referral may apply.

**Classification : BFC, FVSS, PACIFIC**

**Jigsaw Afterschool Centre**

FSD0021655 Last updated 22/08/2020

Jigsaw has been operating since 1987, providing care for children after school and in the school holidays. We are a registered centre, in a purpose built building in Mt Eden, and provide a wide range of activities for children, which include cooking, art and craft, tennis, and various leisure activities. Many outdoor pursuits and activities are also provided in the school holiday programme.

19 View Road Mt Eden kamiskis@hotmail.com  After school hours 3 - 6 pm. Monday to Friday.



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| (027) 277 7714    **Classification : OSCAR**    **Juliette Baertschi** | On the days the school closes early we also provide care School holiday hours 7.45am6pm. Monday to Friday.  Some charges may apply. No referral required. |
| FSD0015307 | Last updated 26/08/2020 |

I have experience in working with individuals (adults and adolescents) as well as couples. I work with a variety of issues including: grief, loss, depression, self esteem, identity issues, anxiety and relationships difficulties. I have expertise in supporting both women and their partners through pregnancy, miscarriage and post-termination related issues. In addition I have extensive experience in providing domestic violence counselling including physical, emotional and psychological abuse.

Youthline House 13 Maidstone Street Ponsonby Auckland



(021) 082 39385  Normal business hours Monday to Friday - 9am (09) 376 6645 to 5pm to make an appointment. After hrs

appointments can be discussed. Clients seen through Youthline premises.

Some charges may apply. No referral required.

**Kaleidocare**

FSD0022937 Last updated 23/07/2020

Provide day service programme for young adults with High and Complex special needs.

OSCAR approved After school and Holiday programme for young children with special needs.

6C Cape Hill Road Pukekohe 2120



office@kaleidocare.co.nz  8.30am - 5.30pm Monday to Friday

(09) 239 3701 Some charges may apply. http://www.kaleidocare.co.nz Referral may apply.

**Classification : OSCAR**

**Karma Kids**

FSD0022045 Last updated 28/04/2021

Karma Kids is an OSCAR approved organisation providing After Schoolcare to children at Westmere Primary School. Karma Kids provides a high quality program with trained, caring staff and the amazing resources for children. Activities include sports, crafts, dance, art, games and more - we even have a resident clown.

23 Picton Street Freemans Bay Auckland 1011



admin@karmakids.co.nz  Currently running ASC only.

(027) 668 4655 8.00AM to 6.00PM Mon-Fri (Head Office) (027) 451 4863 7.30AM to 8.30AM (BSC)

2.30PM to 6.00PM (ASC)

8.00AM to 6.00PM (Holidays) Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Kelly Club Albany**

FSD0024059 Last updated 21/09/2020

Kelly Club Albany provides OSCAR approved Before School Care, After School Care and Holiday Programmes at Albany Primary School.

 Albany Primary School 6 Bass Road Albany Auckland 0632

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| albany@kellyclub.co.nz (022) 693 7732 http://www.kellyclub.co.nz/albany    **Classification : OSCAR**    **Kelly Club Avondale** | Mondays-Fridays  Before School 7-830am  After School 3-6pm  Holiday Programme 7am-6pm Some charges may apply. No referral required. |
| FSD0021945 | Last updated 24/11/2020 |

We are a before and after school care provider and also a holiday programme provider run out of Avondale Primary School. We cater for primary school aged children 5-13yrs. Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the holiday programme we go on trip days.

Avondale Primary School 4 Crayford Street West Avondale Auckland



avondale@kellyclub.co.nz  Our venue times vary but 8am - 5pm office

(09) 427 9377 hours.

(021) 120 5575 Some charges may apply. http://kellyclub.co.nz No referral required.

**Classification : OSCAR**

**Kelly Club Bayswater Limited**

FSD0021402 Last updated 17/01/2021

To offer the children of Bayswater and Belmont School a Before and After School option where they can relax and enjoy themselves in a safe environment.

We offer:

\*Sports

\*Arts and Crafts

\*Cooking

Throughout a normal week, the session times are 7am-8.30am and 3pm-4.30pm or 3pm to 6pm. 181 Bayswater Avenue Bayswater North Shore City 0622



bayswater@kellyclub.co.nz  Morning session: 7am-8.30am

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| (022) 301 8610 (027) 278 4254 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Beachlands** | Afternoon half session: 3pm-4.30pm Afternoon full session: 3pm-6pm Some charges may apply. No referral required. |
| FSD0024090 | Last updated 27/09/2020 |

Kelly Club provides OSCAR approved Before and After School Care within the school grounds on a daily basis.

We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide quality childcare in safe and fun surroundings for children out of school. Our before and aftercare programmes are focused around sports, cooking, art and craft activities as well as relaxation time around a busy day at school. Children will be encouraged, educated and entertained during their time on our programmes.

Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid, art and craft activities and a range of basic sports skills.

18 Bell Road Beachlands Auckland 2018



beachlands@kellyclub.co.nz  Daily,

(021) 204 3824 Before School Care 7:00am to 8:15am (021) 733 714 Afterschool care 2:30pm to 6:00pm.

http://kellyclub.co.nz/beachlands Daily during school holidays 7:00am to 6:00pm

Plus Teacher Only Days Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Buckland**

FSD0024408 Last updated 02/10/2020

At Kelly Club Buckland, we offer quality, OSCAR approved before and after school care in safe and supportive surroundings, with programmes that are tailored to your kids' ages and skill levels.

Our dedicated and passionate staff are fully trained in all aspects of looking after your children.

72 George Crescent Buckland 2677



buckland@kellyclub.co.nz  After School Care

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| (021) 087 49579 https://www.kellyclub.co.nz/buckland    **Classification : OSCAR**    **Kelly Club Chelsea** | Monday to Friday - 3 pm to 6 PM  Holiday Programme  Monday to Friday - 7:30 am to 5:30 pm  Before School care  7:00 am - 8:30 am Some charges may apply. No referral required. |
| FSD0023011 | Last updated 19/02/2021 |

Provides before school care, after school care and holiday programmes at Chelsea Primary School.

Chelsea Primary School (corner Balmain Rd) 6 Onetaunga Rd Chatswood Auckland 0626 chelsea@kellyclub.co.nz  School Term time Mondays-Fridays



(022) 268 21155 Before Care 7.30-8.30am

https://kellyclub.co.nz/chelsea After Care 3-4.30pm or 3-6pm

School Holidays

8am - 6pm (with half day and school day options)

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Clevedon**

FSD0024034 Last updated 01/10/2020

Kelly Club Clevedon OSCAR approved programmes are packed with variety to entertain and inspire children.

Our goal is to give children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We use a professional programme model and have local people take control of the programme, this means Kelly Club programmes best meet the needs of the local community.

Programmes are focused around sports, cooking, trips, art and craft activities, as well as relaxation time around a busy life at school.

Children are encouraged, educated and entertained during their time on our programmes.

13 North Rd Clevedon Auckland 2580



clevedon@kellyclub.co.nz  7am-6pm Monday - Friday

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| (021) 082 00679 http://www.kellyclub.co.nz/clevedon    **Classification : OSCAR**    **Kelly Club Edendale Limited** | Some charges may apply. No referral required. |  |
| FSD0023933 |  | Last updated 22/04/2021 |

Children can have fun and benefit in a number of ways.

Kelly Club OSCAR approved programmes are packed with variety to entertain and inspire children.

Our goal is to give children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We use a professional programme model and have local people take control of the programme, this means Kelly Club programmes best meet the needs of the local community.

Programmes are focused around sports, cooking, trips, art and craft activities, as well as relaxation time around a busy life at school.

 Edendale Primary School 419 Sandringham Road Sandringham Auckland 1025

edendale@kellyclub.co.nz (021) 072 1723 https://www.kellyclub.co.nz/

**Classification : OSCAR**

**Kelly Club Elim Limited**

FSD0024212

1. - 8.30am and 2pm - 6pm during the SchoolTerm

7.30 - 6pm during School Holidays

Closed on public holidays Some charges may apply. No referral required.

Last updated 26/04/2021

We offer a range of activities that the children can be involved in while they are in our OSCAR approved programmes.

We run after school 3.00pm - 6pm, during term time.

Holiday Programmes open at 8am and close at 6pm.

We have a range of activities from sports, crafts, baking, scavenger hunts and trip days.

Something for everyone!

94 Golfland Drive Golflands Auckland 2013



elim@kellyclub.co.nz  Term time after school, and all day during

(021) 156 6256 holiday programmes

http://www.kellyclub.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kelly Club Glenbrook**

FSD0024033 Last updated 09/10/2020

Kelly Club Glenbrook provides OSCAR approved after school care to children attending Glenbrook School.

459 Waiuku Road RD1 Franklin 2681



glenbrook@kellyclub.co.nz  Monday - Friday (except public and school

(022) 647 8228 holidays)

http://kellyclub.co.nz 2:40pm-6:00pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Long Bay**

FSD0022122 Last updated 17/01/2021

We offer fun, engaging Before, After School Care and Holiday Programmes at Long Bay Primary School. A place where the children can enjoy themselves as well as making new friends along the way.

Long Bay Primary School - Ralph Eagles Place Long Bay Auckland



longbay@kellyclub.co.nz  Before School Care: 7.00am-8.30am (027) 363 3329 After School Care: 3.00pm-6.00pm http://kellyclub.co.nz Holiday Programme: 7.00am-6.00pm

Contactable throughout the day via phone or email for enquiries.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Marist School Herne Bay**

FSD0022457 Last updated 04/02/2021

Kelly Club Marist Herne Bay providing a Programme of FUN filled activities, Arts & Crafts, Sports, Discovery, Cooking & development for Before Care/After School Care and Holiday Progammes to the Community of Herne Bay/Ponsonby and also the wider Community.

 82 Kelmarna Ave Auckland 1011

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| marist@kellyclub.co.nz (022) 192 6889 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Newmarket** | 2.50 - 6pm, Monday - Friday during the School Term. 7am - 6pm, Monday - Friday during the School Holidays.  Some charges may apply. No referral required. |
| FSD0022015 | Last updated 02/02/2021 |

Kelly Club Newmarket provides OSCAR approved before and after school care. Our aim is to provide not just "a childcare facility", but to run programmes in a safe environment that entertain and inspire children.

7-11 Gillies Avenue Newmarket Auckland 1023



newmarket@kellyclub.co.nz  2.50pm - 6pm Monday - Friday During the

(021) 083 49109 School Term and 7am - 6pm during the school https://www.kellyclub.co.nz/ holiday periods.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club NZ**

FSD0021425 Last updated 25/04/2021

Kelly Club provide OSCAR beforecare, aftercare and holiday programmes throughout New Zealand. Our aim is to provide not just "a childcare facility", but to run programmes in a safe environment that entertain and inspire children.

paul@kellyclub.co.nz  Monday - Friday

(021) 409 241 7.00am - 6.00pm (09) 427 9377 Some charges may apply. http://www.kellyclub.co.nz No referral required.

**Classification : OSCAR**

**Kelly Club Orewa Ltd**

FSD0021460 Last updated 24/11/2020

We are a before and after school care provider and also a holiday programme provider run out of Orewa Primary School. We cater for primary school aged children 5-13yrs.

Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the holiday programme we go on trip days.

86 Maire Rd Orewa Auckland 0932



orewa@kellyclub.co.nz  Our venue times vary but 8am - 5pm office

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| (09) 427 9377  (021) 070 8839 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Orewa North** | hours.  Some charges may apply. No referral required. |
| FSD0024046 | Last updated 20/09/2020 |

Kelly Club childcare OSCAR approved programmes focus on giving children aged between 5 and 12 the opportunity to do things they enjoy in a safe, supportive and encouraging environment. Kelly Club programmes are packed with variety to entertain and inspire children. Programmes are full of exciting activities and trips that will guarantee your children have a great time!

Orewa North School 280 Centreway Rd Orewa Auckland 0932



orewanorth@kellyclub.co.nz  Monday-Friday 7am-8-30am Before school care (021) 195 1562 and 2-45-6pm after school care.

http://www.kellyclub.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kelly Club Point Chevalier**

FSD0024374 Last updated 14/09/2020

OSCAR Approved Before and Aftercare and Holiday programmes.

 7-31 Te Ra Road Point Chevalier Auckland 1022

ptchev@kellyclub.co.nz (022) 699 0573 http://kellyclub.co.nz

**Classification : OSCAR**

**Kelly Club Red Beach**

FSD0021934

7am - 8.30 M-F during the term

2pm - 6pm M-F During school term 7.30am - 6pm During the School Holidays Some charges may apply. No referral required.

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| We are a before and after school care provider and also a holiday programme provider run out of Red Beach Primary School. We cater for primary school aged children 5-13yrs. Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the holiday programme we go on trip days.  Red Beach School 20 Albert Hall Drive Red Beach Auckland 0932  redbeach@kellyclub.co.nz  Our venue times vary but 8am - 5pm office   |  |  | | --- | --- | | (09) 427 9377  (021) 189 3484 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Royal Oak** | hours.  Some charges may apply. No referral required. | | FSD0024029 | Last updated 31/08/2020 |   Kelly Club provide OSCAR beforecare, aftercare and holiday programmes throughout New  Zealand. Our aim is to provide not just "a childcare facility", but to run programmes in a safe |

Last updated 24/11/2020

environment that entertain and inspire children.

3 Chandler Avenue Royal Oak Auckland din@kellyclub.co.nz http://kellyclub.co.nz



Mondays-Fridays (Term) 7:00-8:30am and 3:00-

6:00pm

Mondays-Fridays (School Holidays) 7:00am-

6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Silverdale**

FSD0023258 Last updated 01/08/2020

We run OSCAR approved before school care, after school care and holiday programmes

Level 1 2 Milner Avenue Silverdale 0932



silverdale@kellyclub.co.nz  Before School Care- 7am-8-30am

(021) 146 4463 After School Care- 3pm-6pm

http://www.kellyclub.co.nz/silverdale Holiday Programme- 7am-6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Snells Beach**

FSD0024045 Last updated 20/09/2020

We run OSCAR approved Before and After School care, and Holiday programmes.

Snells Beach School 62 Dawson Rd Snells Beach Auckland 0932



snellsbeach@kellyclub.co.nz  Before School Care- 7am-8-30am After School (021) 195 4227 Care- 3pm-6pm Holiday Programme- 7am-6pm.

http://www.kellyclub.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kelly Club St Thomas's**

FSD0024041 Last updated 19/10/2020

We offer OSCAR approved quality Before and After School Care during term time for students at St Thomas's school.

We also run awesome school Holiday programmes that are available to children outside of the school between the ages of 5 and 13.

School Hall 113 Allum St Kohimarama Auckland 1071



stthomas@kellyclub.co.nz  Monday - Friday 7:00am-8:30am and 3:00pm(021) 080 33666 6:00pm during term (excludes public and school https://kellyclub.co.nz/kelly\_events/view/8 holidays)

816 Monday - Friday 7:30am-5:30pm during school

holidays (this excludes public holidays).

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Stanhope Road**

FSD0024173 Last updated 04/03/2021

Kelly Club Stanhope Road provides OSCAR approved before and after school care and holiday programmes run within the school grounds.

Suite 1 2 Harris Road Mount Wellington Auckland 1051



stanhoperoad@kellyclub.co.nz  Monday - Friday 7:00am - 8:30am and 3:00pm -

(021) 980 050 6:00pm during term time (excludes public https://www.kellyclub.co.nz/stanhope-road holidays)

Monday - Friday 7:30am - 5:30pm during school holidays (excludes public holidays) Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Stanmore Bay**

FSD0021944 Last updated 09/06/2020

We are a before and after school care provider and also a Holiday Programme provider run out of Orewa, Orewa North, Red Beach, Stanmore and Silverdale Primary Schools. We cater for primary school aged children 5-13yrs. Our programme offers a lot of activities from baking, arts'n'crafts, sports and in the Holiday Programme we go on trip days.

 Stanmore Bay School 30 Waiora Road Stanmore Bay Whangaparaoa 0931

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| hbc@kellysports.co.nz  (09) 427 9377  (021) 146 4463 http://kellyclub.co.nz    **Classification : OSCAR**    **Kelly Club Stonefields** | Our venue times vary but 8am - 5pm office hours.  Some charges may apply. No referral required. |
| FSD0021950 | Last updated 19/06/2020 |

Kelly Club Stonefields providing a Programme of FUN filled activities, Arts & Crafts, Sports, Discovery, Cooking & development for Before Care & After School Care to the Community of Stonefields and also the wider Community.

81 Tihi Street Orakei Auckland 1060



stonefields@kellyclub.co.nz  Monday to Friday

(021) 028 89746 7am - 6pm

http://www.kellyclub.co.nz Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**Kelly Club Sunnyhills**

FSD0023269 Last updated 14/09/2020

Kelly Club provides before and after school care within the school grounds on a daily basis. We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide quality childcare in safe and fun surroundings for children out of school. Our before and aftercare programmes are focused around sports, cooking, art and craft activities as well as relaxation time around a busy day at school. Children will be encouraged, educated and entertained during their time on our programmes.

Our friendly staff are passionate about working with children. They are provided with training on behaviour management techniques, first aid, art and craft activities and a range of basic sports skills.

 17 The Crest Sunnyhills Auckland 2010

sunnyhills@kellyclub.co.nz (09) 212 8658 (021) 131 7216 http://kellyclub.co.nz/sunnyhills

**Classification : OSCAR**

**Kelly Club Three Kings**

FSD0024030

School Term:

Before School care 7:00am - 8:30am

After School Care 3:00pm - 6:00pm

School holidays:

Daily 7:00am to 6:00pm

Some charges may apply. No referral required.

Last updated 31/08/2020

Kelly Club provide OSCAR beforecare, aftercare and holiday programmes throughout New Zealand. Our aim is to provide not just "a childcare facility", but to run programmes in a safe environment that entertain and inspire children.

944 Mt. Eden Road Mt. Roskill Auckland 1024



din@kellyclub.co.nz  Mondays-Fridays (Term) 7:00-8:30am and 3:00http://kellyclub.co.nz 6:00pm

Mondays-Fridays (School Holidays) 7:00am-

6:00pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Valley**

FSD0024032 Last updated 09/10/2020

Kelly Club Valley provides OSCAR approved before and after school care for children aged between 5-13 years and operates out of the Valley School hall.

42 East Street Auckland



natalie@kellyclub.co.nz  Kelly Club Valley is open Monday to Friday

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| (027) 467 3261 http://kellyclub.co.nz | (except public and school holidays) from 7:00am-8:30am and 3:00pm-6:00pm.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Kelly Club Wellsford**

FSD0022843 Last updated 13/09/2020

We are an OSCAR approved Before and After school care provider and also an OSCAR approved Holiday Programme provider run out of Wellsford Primary School. We cater for primary school aged children 5-13yrs. Our programmes offers various activities from baking, arts'n'crafts, sports and in the Holiday Programme we offer trip days.

Wellsford School 47 School Road Wellsford Auckland 0900



wellsford@kellyclub.co.nz  Our after school care programme operates 3pm (021) 176 9290 6pm. Our holiday programme operates 07:45am https://www.kellyclub.co.nz/ - 5:45pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kelly Club Willowbank Ltd**

FSD0023433 Last updated 24/11/2020

We offer a range of activities that the children can be involved in while they are in our OSCAR approved programmes.

We run before school from 7am-8.30am and after school 3.00pm - 6pm, during term time, at Willowbank School.

We also run holiday programmes opening at 7am and close at 6pm.

We have a range of activities from sports, crafts, baking, scavenger hunts and trip days.

Something for everyone!!

 56 Middlefield Drive East Tamaki Heights Auckland 2016

willowbank@kellyclub.co.nz  Term time before and after school, and all day

(09) 427 9377 during holiday programmes (021) 195 4822 Some charges may apply. http://www.kellyclub.co.nz No referral required.

**Classification : OSCAR**

**Kelly Sports East Auckland**

FSD0023299 Last updated 11/11/2020

We provide quality sporting opportunities for children as well as a quality fun and activity based holiday programme for 5-13 year olds. OSCAR approved.

Howick Pakuranga Netball Centre 451 Pakuranga Road Highland Park Auckland 2010 eastauckland@kellysports.co.nz  7am-6pm Mon-Fri during School Holidays



(021) 746 637 Some charges may apply. http://www.kellysports.co.nz/east- No referral required. auckland

**Classification : OSCAR**

**Kelly Sports Glenfield/Birkenhead**

FSD0022192 Last updated 04/10/2020

Kelly Sports encourages kids to have fun, build confidence and to give sport a go. We are passionate about what we do because we believe that sport has so much to offer young people. Sport and physical activity improves fitness, builds confidence, develops communication skills, teaches respect and consideration and gives children a place to channel their energy.

Kelly Sports G/B runs sports based holiday programmes from Target Road School, Glenfield, Auckland. Also after school programmes at various school in the Auckland Kaipatiki district.

felicia@kellysports.co.nz  8.00am - 6.00pm Mon - Friday

(022) 533 5420 Some charges may apply.

(09) 390 5000 No referral required. http://kellysports.co.nz

**Classification : OSCAR**

**Kelly Sports Papakura Franklin**

FSD0022825 Last updated 09/10/2020

Kelly Sports Papakura Franklin operates an OSCAR approved school holiday programme out of Valley School in Pukekohe for children between the ages of 5 - 13. We run a variety of sport based activities that help children gain and develop fundamental sporting skills as well as fair play and cooperation. We also offer games, food and craft activities, along with structured free time.

42 East Street Pukekohe



valley@kellyclub.co.nz  Monday to Friday during the school holidays

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| (021) 258 9040 http://www.kellysports.co.nz    **Classification : OSCAR**    **Key Assets** | (except public holidays) between the hours of 7:30am - 5:30pm.  Some charges may apply. No referral required. |
| FSD0021683 | Last updated 22/01/2021 |

Key Assets provides Foster Care and related Children's Services for children in need of out of home care and protection or at risk of needing out of home care.

Using our Key Care Team model we provide a wrap-around service to ensure carers have the best support possible in order to care for children.

Level 1 5/17 Lambie Drive Manukau Auckland 2024



info@keyassets.co.nz  Service available 24/7 (09) 263 5151 Some charges may apply. http://www.keyassets.co.nz Referral may apply.

**Kiddie Academy ELC**

FSD0024444 Last updated 02/11/2020

Kiddie Academy is a beautifully designed, purpose built Early Childhood Education and Day Care Centre in Pukekohe.

We welcome you and your child/children to what we trust is an extension of your family life; one that understands the importance of maintaining a close relationship between your preschool child, their teacher and the family.

Your child/children will have a full nutritional meal service from breakfast to dinner and experience high quality care and early childhood education in a well-resourced centre in a nurturing, fun, loving and challenging environment.

Our well-equipped facilities will create a stimulating environment where children can feel safe and learn through their play in a natural and un-hurried way.

Our vibrant and qualified teaching team will be the best buddy when your child/children are away from home and provide inquiry based learning to stimulate their developing brain.

93 Victoria Street Pukekohe 2120



info@kece.co.nz  Monday to Friday 7am - 6pm except public

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| (0800) 207000 http://www.kece.co.nz      **Kidney Kids NZ Incorporated** | holidays  Some charges may apply. No referral required. |
| FSD0000434 | Last updated 30/11/2020 |

To provide emotional and practical support, information, education and assistance to children and the families of children living with kidney and urinary tract disease. To educate all New Zealanders about the early warning signs of Kidney Disease.

37 Wilkinson Road Ellerslie Auckland 1060



support@kidneykids.org.nz  Mon - Fri 8.30am - 5pm (0800) 215 437 All services free of charge. http://www.kidneykids.org.nz No referral required.

**Kids After School Care - Hauraki Primary School**

FSD0021229 Last updated 14/09/2020

OSCAR approved Before and After School Child Care provider at Hauraki Primary School, Takapuna, North Shore City.

Hauraki School 82 Jutland Road Takapuna Auckland 0622 kaschauraki@gmail.com  7.30-8.30 am



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| (021) 940 197 (021) 183 3595 http://www.hauraki.school.nz    **Classification : OSCAR** | 3.00-5.30 pm  Some charges may apply.  No referral required. |

**Kids After School Ltd - Bombay**

FSD0021331 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school care arrangements that will fit in with you.

35 Paparata Road Bombay



admin@kidsafterschool.co.nz  Before School 6.30am to 8.15am,

|  |  |
| --- | --- |
| (09) 236 4078 (027) 694 3096 http://www.kidsafterschool.co.nz    **Classification : OSCAR** | After School 2.50pm to 6.00pm Holiday Programme 7.00am-6.00pm Some charges may apply.  No referral required. |

**Kids After School Ltd - Harrisville**

FSD0021645 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

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We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school care arrangements that will fit in with you.

202 Harrisville Road Taukau



admin@kidsafterschool.co.nz  Before school 6.30am to 8.30am.

|  |  |
| --- | --- |
| (09) 236 4078 (027) 694 3022 http://www.kidsafterschool.co.nz | After school 3pm to 6pm.  Holiday programme 7am to 6pm.  Some charges may apply.  No referral required. |

**Kids After School Ltd - Karaka**

FSD0023336 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holidays care arrangements that will fit in with you.

12 Blackbridge Rd RD1 Papakura



admin@kidsafterschool.co.nz  6.30am-8.30am – Before School Programme

|  |  |
| --- | --- |
| (09) 236 4078 (027) 694 3000 http://www.kidsafterschool.co.nz | After School 2.45pm-6.00pm Holiday Programme 8.00-6.00pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Kids After School Ltd - Patumahoe**

FSD0021642 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holidays care arrangements that will fit in with you.

38 Patumahoe Road Patumahoe



admin@kidsafterschool.co.nz  Before School 6.30am - 8.00am

|  |  |
| --- | --- |
| (09) 236 4078 http://www.kidsafterschool.co.nz    **Classification : OSCAR** | After School 2.20pm to 6.00pm Holiday Programme 7.00am-6.00pm Some charges may apply.  No referral required. |

**Kids After School Ltd - Pokeno**

FSD0024168 Last updated 08/04/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school care arrangements that will fit in with you.

54 Pokeno Road Pokeno 2472



(09) 236 4078  6.30am-8.30am – Before School Programme

|  |  |
| --- | --- |
| (027) 694 3025 http://www.kidsafterschool.co.nz    **Classification : OSCAR** | After School 3.00pm-6.00pm Some charges may apply.  No referral required. |

**Kids After School Ltd - Pukekohe Hill**

FSD0021633 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holidays care arrangements that will fit in with you.

12 Green Lane Pukekohe admin@kidsafterschool.co.nz  Before School 6.30am - 8.30pm.



(027) 694 3011 After School 3pm to 6pm.

(09) 236 4078 Holiday programme 7am to 6pm http://www.kidsafterschool.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kids After School Ltd - Waiuku**

FSD0021643 Last updated 04/05/2021

You can be sure your children are being looked after by carefully selected people who are really enthusiastic about providing quality care, promoting active participation, enhancing self esteem and delivering positive experiences.

We take pride in the fact that we get to know each child individually. Our supervisors and caregivers often know when one of the children has had a bad day or if something is bothering them. We really care and take an interest in things going on in their lives.

We have a Programme Manager (team leader) at the centre, supervisors and high school students provide assistance too. You don't need to feel stressed out about what happens to your children after school, who is picking them up or what they're getting up to. Don't wait any longer. Talk to us about a solution to your child's before and after school or school holiday care arrangements that will fit in with you.

- George Street Waiuku



admin@kidsafterschool.co.nz  Before School 6.30am - 8.30am,

|  |  |
| --- | --- |
| (09) 236 4078 (027) 694 3020 http://www.kidsafterschool.co.nz    **Classification : OSCAR**    **Kids at School Care** | After School 3pm to 6pm,  Holiday Programme 7am to 6pm Some charges may apply. No referral required. |
| FSD0022381 | Last updated 29/09/2020 |

We offer an organised program that provides before/after & holiday school care. This care is provided in a safe, stimulating and fun program that meets the development, emotional, intellectual and physical needs of the children.

6 Waipareira Avenue Henderson Auckland 0610



nanettecarillo@yahoo.com  Monday to Friday

(021) 0265 3242 7:00-8:20am (09) 833 4338 3:00-5:45pm

https://sunderland.acgedu.com/school- Some charges may apply. information/after-schools- No referral required. careprogrammes/

**Classification : OSCAR**

**Kids Care**

FSD0018202 Last updated 14/08/2020

We provide a professional service with dedicated staff and our priority is to create a relaxed and friendly environment. We offer a safe and stimulating OSCAR approved programmes.

55 Meadowood Drive Unsworth Heights North Shore City



martinvr@xtra.co.nz  7.30am-9am Before school.

|  |  |
| --- | --- |
| (021) 108 9904 (09) 478 9304 http://www.kids-care.co.nz    **Classification : OSCAR**    **Kids Choice Ltd** | 2.30pm - 6pm, after school care. 7.30am - 6pm holiday programme.  Some charges may apply. No referral required. |
| FSD0008211 | Last updated 12/08/2020 |

Provides OSCAR approved Before and After school care and School Holiday programmes for children aged 5 years old up to their 14th birthday. We cover all 'Teacher Only' days. We operate a free drop off/pick up service to/from the programme and several schools in the East Coast Bays area. We also take your child to their other sports & recreational activities free of charge. We are Social Sector accredited approved allowing for parents to apply for Work and Income subsidies towards the cost of out of school care.

 Presbyterian Church Hall plus St Johns Primary 10 Penzance Road Mairangi Bay Auckland 0632

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| --- | --- |
| kids.choice@infogen.net.nz  (027) 440 6363 (09) 478 3705 http://www.kidschoice.co.nz    **Classification : OSCAR** | Before School 7am till 8.30am.  After School 3pm till 6pm.  School Holidays 7am till 6pm.  All 'Teacher only' days.  Some charges may apply.  No referral required. |

**Kids Club @ Freyberg**

FSD0021664 Last updated 06/10/2020

Before School and After School Care and School Holiday Programmes.

60 Roberts Road Te Atatu South Auckland 0610



freybergkidsclub@gmail.com  Before School Care 7am - 8.30 am

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| --- | --- | --- |
| (027) 351 0205 (09) 838 8941 http://www.duckndive.co.nz    **Classification : OSCAR**    **Kids Club Waitakere** | After School Care 3pm - 6pm  School Holiday Programme 7am - 6pm | |
| Some charges may apply. No referral required. |  |
| FSD0021936 |  | Last updated 12/01/2021 |

Before and After School Care Provider at Waitakere Primary School.

Waitakere Primary School 10 Bethells Road Waitakere Auckland 0782 wensorholdings@titan.co.nz  Monday - Friday



(027) 655 6398 7am - 8.30am

(027) 604 0907 3pm - 5.30pm

https://www.waitakereprimary.school.nz/b After hours 810 8335 or the School Office phone

efore-after-school-care 810 9607

Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Kids Crafty Clubs**

FSD0021894 Last updated 13/07/2020

We provide After School and Holiday Programme.

At Kids Crafty Clubs we offer the programmes that parents can rely on and children love to attend.

A safe, fun, supervised environment with lots to do.

 118 Vincent Street Howick Auckland 2014

|  |  |
| --- | --- |
| kidscraftyclubs@xtra.co.nz  (09) 535 5522  (09) 537 8522 http://kidscraftyclub.co.nz    **Classification : OSCAR**    **Kids Knection Ltd** | Before school 7.00 to 8.30 am Owairoa and  Botany school only  After school programme 3 to 6 pm  Holiday programme 7.30am to 6.00pm Monday to Friday (closed public holidays) Some charges may apply. No referral required. |
| FSD0017817 | Last updated 15/04/2021 |

Kids Knection Ltd is an organised programme providing before care, after school and holiday care for children aged 5-13 years old. We are Ministry of Social Development OSCAR approved, so parents can be assured we provide a good quality programme.

Held in Marina View School grounds 97-99 Marina View Dr West Harbour Auckland 0632 cplewinski@xtra.co.nz  Before School Care: 7am - 9am Monday to



(09) 415 8321 Friday.

(021) 832 181 After School Care: 3pm - 6pm term time. http://www.kidsknection.com

School Holidays - Open 7:45am - 6pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Kids West Pomaria**

FSD0022167 Last updated 28/01/2021

After school care for students aged between 5 and 14.

Pomaria Primary School 33a Pomaria Road Henderson 0610



kidswest123@gmail.com  School Term Time 2:45 - 5:30pm (021) 052 9418 Some charges may apply. https://www.facebook.com/Kids-West- No referral required.

Pomaria-102529354803085/

**Classification : OSCAR**

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| **KidsRock Programmes** |  |
| FSD0021830  Before School Care, After School Care and Holiday Programme. | Last updated 20/11/2020 |

25 Druces Rd Manukau 2104



office@kidsrock.org.nz  Office Hrs 7.30am- 6pm

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| (029) 570 5700 Some charges may apply.  No referral required.    **Classification : OSCAR**    **Kidz in Care Limited - Skids Glenavon School**  FSD0022021  Provide Before / After School Care and Holiday Programme. | Last updated 19/06/2020 |

89 Vine Street Mangere East Auckland



ajneeta@skids.co.nz  7.30-8.30am Before School

|  |  |  |
| --- | --- | --- |
| (027) 627 5001 http://www.skids.co.nz/locations/glenavon/    **Classification : OSCAR** | 3 - 6pm After School 7.30am - 6pm Holiday time Some charges may apply.  No referral required. |  |
| **Kidz in Care Limited - Skids Koru** | |
| FSD0022845 | | Last updated 17/08/2020 |

Provide OSCAR approved before/after school care and holiday programme.

71 Robertson Road Favona Auckland 2024



koru@skids.co.nz  7.30-8.30am Before School 3 - 6pm After School (027) 627 5001 7.30am - 6pm Holiday time

(09) 558 3462 office Some charges may apply.

http://www.skids.co.nz No referral required.

**Classification : OSCAR**

**Kidz in Care Limited - Skids Sutton Park School**

FSD0022020 Last updated 19/06/2020

Provide Before / After School Care and Holiday Programme.

340 Blockhouse Bay Road Auckland 0600



suttonpark@skids.co.nz  Before School Care = 7:30am-8:30am After

(027) 627 5001 School Care = 2:50pm-6:00pm Holiday

(0800) 543 922 Programme = 8:00am-6:00pm http://www.skids.co.nz/locations/sutton\_p Some charges may apply. ark/ No referral required.

**Classification : OSCAR**

**Kidz Patch @ Kauri Flats**

FSD0021498 Last updated 26/03/2021

After School care for 5-13 year olds at Kauri Flats School. OSCAR approved.

Kauri Flats School 181 Walters Road Takanini Auckland 2582



kidzpatch@gmail.com  Mon - Fri 2:45pm - 6pm (021) 170 2900 Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**Kilkenny Kids**

FSD0021918 Last updated 05/11/2020

Before and afterschool care and holiday programme at Point view school Howick/Botany.

 Point View primary school 25 Kilkenny Drive Auckland 2016

simone@kilkennykids.co.nz  Term 3-5.45pm

(027) 477 8651 Holiday programme 8-5.30pm

http://www.kilkennykids.co.nz Closed public holidays Some charges may apply. No referral required.

**Classification : OSCAR**

**Kings Academy**

FSD0024360 Last updated 07/09/2020

Providing After School & Holiday Program

60 Airedale Street Auckland Central Auckland 1010



chupinamail@gmail.com  Monday to Friday 9am to 8pm

(0800) 115 354 Saturday 11am to 2pm

http://www.kingsacademy.club Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kits Club Ltd**

FSD0023570 Last updated 31/08/2020

This is Kit’s Club, which is an educational club of comprehension and arts in North Shore

Auckland, We concentrate on children’s study in a relaxed and happy environment. We have an after school care programme that runs from 3pm to 6pm every school day, which is convenience for parents who always find themselves rushing at end of the day, trying to collect children, do homework etc. We will provide afternoon tea and supervise their homework, then we do fun activities with them so parents can rest assured that children are safe, secure and having a friendly environment with great facilities.

We also provide tutorial classes after school time and on weekends, serving children and youth of all ages, encompassing a broad range of focus areas including academic support (Mathematics, English for international students, Science, Chinese language etc.), youth development, fun arts ( Digital Painting, Hip-Hop Dancing, Handcraft Making etc.).

 Floor 1 28 William Pickering Drive Rosedale Auckland 0632

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| kitsclub@hotmail.com  (09) 688 0018  (021) 753 636 http://www.kitsclub.co.nz/ | 10am to 6:00pm  Some charges may apply.  No referral required. |

**Kiwi Fertility Information New Zealand**

FSD0023154 Last updated 25/02/2021

We provide education on Fertility Awareness and Natural Family Planning to individuals, couples, medical professionals.

Free CME available to general practitioners. Our course has been endorsed by The Royal New Zealand College of General Practitioners. You can receive up to 3.00 CME.

326 Sunset Road Windsor Park Auckland 0632



info@vitalis.co.nz  Available by appointment only.

(09) 486 5111 Some charges may apply. https://kiwi-fertility.info/ No referral required.

**KiwiKapers Care and Education Centre**

FSD0022533 Last updated 02/12/2020

Kiwi Kapers founders Gail Lasenby and her husband opened the centre in 1989 with the intention of providing a friendly and approachable business for working families looking for a safe and interactive early learning environment for their children.

We offer 20 ECE hours free for all children aged 3 and above and can help parents with the application process for Work and Income subsidies if required.

We are open from 7.30am - 6.00pm Monday - Friday including school term breaks. We close for 2 weeks over the Christmas period.

51 Rosier Road Glen Eden Auckland 0602



kiwikapers@xtra.co.nz  Monday - Friday (09) 818 7741 7.30am - 6.00pm

http://www.kiwikaperspreschool.co.nz Some charges may apply.

No referral required.

**Kiwikids After School Ltd**

FSD0022288 Last updated 23/03/2021

At skids we provide quality care for the children for before and after school care. We also run holiday programs. We stand for Safe kids in daily supervision. "Kids just love it". We are Social Sector accredited. We do accept OSCAR subsidies through Work and Income. We also have family discounts for the families that have more than one child attending our services.

89 Browns Road Manurewa Auckland 2023



palwinder@skids.co.nz  Monday to Friday

(09) 265 2422 7AM to 8.30AM (021) 081 78012 2.30PM to 6.00PM

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Kohi Kids**

FSD0021872 Last updated 09/04/2021

The ASB Stadium operates an Afterschool Club, Holiday Programme and Children's Parties in addition to having a number of function and event spaces that can be used for both social and sporting activities.

237 Kohimarama Road Kohimarama Auckland 1071



afterschool@eastcitytrust.org.nz  Afterschool Club: Monday - Friday 3pm - 6pm

(09) 521 0009 xt0 Holiday Club: Monday - Friday 8am - 6pm

https://www.barfootstadium.co.nz/ Children's Parties at weekends Some charges may apply. No referral required.

**Classification : OSCAR**

**Kowhai Kids Early Learning Centre**

FSD0024460 Last updated 24/11/2020

High quality childcare and education at an affordable rate. Family owned with fantastic teacher: child ratios, spacious indoors with generous outdoor playground backing on to a bush reserve.

265 Albany Highway Rosedale Auckland 0632



office@kowhaikids.co.nz  Monday to Friday, 6.45am to 5.30pm

(09) 415 1665 Some charges may apply.

(021) 810642 No referral required. http://kowhaikids.co.nz

**Li'lChamps Early Learning Centre**

FSD0022655 Last updated 12/10/2020

This a center with a difference. This is run by team of educational specialists. We are a childcare/ daycare center . We provide quality care and learning for children aged 0-5yr. We offer free 20 hrs ECE sessions to children aged 3yr and over. We serve healthy meals cooked by our experienced cooks.

431 Great South Road Papatoetoe Auckland 2025



Admin@lilchamps.co.nz  Opening hours: Monday- Friday 7.30am-

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| --- | --- |
| (021) 033 8301 (09) 277 2556 http://www.lilchamps.co.nz      **LIA Social Services** | 6.00pm  Some charges may apply. No referral required. |
| FSD0024315 | Last updated 21/08/2020 |

Social services includes emergency housing accommodation, counselling, prevention programmes for the prevention of family violence, parenting programme.

12-16 High Street Otahuhu Auckland 1062



stuart.ramsay@lia.org.nz  Monday to Friday

(09) 270 0380 9.00 am - 5.00 pm http://lia.org.nz Weekend by appointment

Some charges may apply. No referral required.

**Classification : FVSS**

**LifeKidz Trust**

FSD0021383 Last updated 25/10/2020

LifeKidz Trust After School and School Holiday Programmes, aim to provide a community focused holiday programme that positively includes children with different special needs and disabilities. The children who attend the programme are cared for by young people from within the community, and has a theme for each programme. Children without special needs also attend.

Service objectives:-

To maintain family stability and well being of the child.

To provide a community service that promotes a sense of belonging to a child with a disability.

To provide a quality child focused respite service in the community.

To train youth workers to understand about the issues that face children and families with special needs.

To provide a team of trained carers.

To collaborate with the local community to create opportunities that promote the child disability sector in a positive sense.

The Depot, Lloyd Elsmore Park - Sir Lloyd Drive Highland Park Auckland 2143



deearna@lifekidz.org.nz  Monday to Friday 8:30am to 6pm.

(09) 533 6360 Some charges may apply.

(021) 543 350 No referral required. http://www.lifekidz.org.nz

**Classification : OSCAR**

**LIFEWISE**

FSD0003389 Last updated 08/09/2020

Established in 1851, we work with individuals and communities to address social issues such as poverty, homelessness, social isolation, substance abuse, caring for families and older people.

Level 7 385 Queen Street CBD Auckland 1010



lifewise@lifewise.org.nz  Monday to Friday 8.30am-5pm.

(09) 302 5390 Some charges may apply. http://www.lifewise.org.nz No referral required.

**Classification : THP**

**Lifewise Family Services**

FSD0003463 Last updated 16/07/2020

A service for families who are having difficulties or facing challenges, with children aged between 0-17 years. Principal aim is to support families to recognise their strengths and make lasting changes in their lives. Level one child and family support service approved under sections 396 and 403 of the Children, Young Persons and Their Families Act (1989).

3131 Great North Road New Lynn Waitakere 0600 familyservices@lifewise.org.nz  Monday to Friday, 8.30am-5pm.



(09) 818 6834 Some charges may apply. http://www.lifewise.org.nz Referral may apply.

**Lighthouse Preschool**

FSD0019297 Last updated 20/10/2020

Lighthouse Preschool is a fun, loving and brilliantly resourced private early learning centre in Howick/Highland park.

We cater for 6 months to 5-6 years and have a strong focus on whanau, relationships and the holistic development of the child.

69 Hutchinsons Road Howick Auckland 2014



lighthouse\_preschool@xtra.co.nz  7:30 - 5:30 Monday - Friday

(09) 535 3095 Some charges may apply. http://www.lighthousepreschool.co.nz No referral required.

**Little Loves Early Learning Centre**

FSD0023836 Last updated 11/02/2021

Little Loves childcare / pre-school is located in Ranui, West Auckland where we provide quality childcare service and safe supervision to 0 to 5 years old children. High-quality early childhood education is an essential to support social, emotional and cognitive development of children. Every child deserves the best start in life.

32 Pooks Road Ranui Auckland 0612



info@littleloves.co.nz  7am to 6pm

(09) 666 2020 Monday to Friday

(020) 404 04020 Some charges may apply. https://www.littleloves.co.nz No referral required.

**Live N Learn**

FSD0022340 Last updated 16/02/2021

We provide Before and After School Care Services and School Holiday Programmes.

Services the Greater Glen Eden area - Glen Eden, Konini, Kauri Lands and Titirangi.

44 Withers Road Glen Eden Auckland 0604



rene@livenlearn.co.nz  Before School Care: 7:00 - 8:30am (09) 215 9206 After School Care: 3:00 - 6:00pm (022) 175 8576 School Holidays: 7:00am - 6:00pm http://www.livenlearn.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Magnificent Kids Limited**

FSD0024211 Last updated 23/03/2021

Magnificent Kids offer OSCAR approved safe, fun-filled and action-packed After School Care and

Holiday Programmes for children aged 5 - 13 located at Victoria Avenue School. At Magnificent Kids we strive to ensure our programmes are run in a safe, welcoming, comfortable and appropriate environment. It is our fundamental aim that all children in our programmes feel nurtured, valued and secure while having a magnificent time during their time with us.

Victoria Avenue School 282 Victoria Avenue Remuera Auckland 1050



magnificentkidsoutofschoolcare@gmail.co  After School Care 3 pm - 6 pm every day during

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| --- | --- |
| m  (027) 4971554 http://www.magnificentkids.co.nz | each school term.  Holiday Programmes 8:30 am - 6 pm every day during the school holidays.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**mainly music New Zealand Trust**

FSD0008308 Last updated 04/02/2021

Fun music group for parents and preschool children followed by morning tea, chat and playtime.

55 Hugo Johnston Drive Penrose Auckland 1061



communication@mainlymusic.org  The office is open 9am to 12noon Monday to

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| --- | --- |
| (09) 629 6025 (0800) 424 552 http://www.mainlymusic.org.nz      **MAMA maternity** | Thursday. BUT each mainly music in a local community happens during the week.  Some charges may apply. No referral required. |
| FSD0003811 | Last updated 19/03/2021 |

Midwifery care for central Auckland women. Specialising in home births and primary birthing centre births.

13 Coyle street Sandringham Auckland



info@mamamaternity.co.nz  Midwife clinic open Monday to Friday. By

(09) 815 5024 appointment only. http://mamamaternity.co.nz All services free of charge.

No referral required.

**Manawanui Oranga Hinengaro**

FSD0003642 Last updated 06/07/2020

We are the Auckland District Health Board Kaupapa Maori Mental Health Service for adults aged 17 - 65. We provide a range of clinical and support services as well as an extensive therapeutic group programme. This service is available to people who live within the Auckland District Health Board locality.

 11 Sutherland Road Point Chevalier Auckland City

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| --- | --- |
| (09) 845 3084  (0800) 845 308 | Monday to Friday, 8.30am - 4.30pm All services free of charge.  Referral may apply. |

**Mangere East Community Centre**

FSD0005829 Last updated 30/04/2021

We provide a variety of programmes for families in the community. Before and After school Care,

Holiday Programmes, Community Education and Study Support (ACCESS) programmes at the

Mangere East Community Centre. Community Classes include, English for Speakers of other Languages, Zumba, Samoan, Salsa, Fitness, Cook Island Dance, Ukulele, Korowai, Parenting Programmes, Te Reo Maori, Tai Chi.

372 Massey Road Mangere East Manukau



info@mangereeast.org  7.00am - 6.00pm Monday to Friday

(09) 275 6161 Some charges may apply.

(029) 773 0146 No referral required. http://www.mangereeast.org

**Classification : OSCAR**

**Manukau Insitute of Technology Children's Education Centre**

FSD0023110 Last updated 18/08/2020

Manukau Insitute of Technology Children's Education Centre aim is to provide the best learning and nurturing environment for your child, to support parents and caregivers and be accessible at all times. Working alongside qualified and passionate educators, children will discover the joys of learning exploration, peer tutoring, through research and play. Children will be resilient through opportunities to problem solve, taking risks, compromise, and negotiate within a peaceful and respectful environment.

NE Block, Gate 11 - Otara Rd Otara Auckland 2023



child.centre@manukau.ac.nz  Childcare 7.30am-5.00pm Mon-Friday

(09) 968 7715 Some charges may apply. https://www.manukau.ac.nz No referral required.

**Manurewa Community Link**

FSD0007904 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

12 Selwyn Road Manurewa Manukau City 2102



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Manurewa Leisure Centre**

FSD0022331 Last updated 26/06/2020

We are the Manurewa Leisure Centre located on Frances Street.

We offer a range of recreation programmes including; Before and After school childcare which is

Ministry of Social Development approved with some families having the possibility of qualifying for WINZ subsidies. Exciting Holiday Programme activities are also a highlight for children attending along with our female youth programme T.W.E.R.K.

Other programmes we facilitate include Pre-school gymnastics, Timberwolves Basketball coaching and the McDribblers Junior Basketball Competition which help to build the dreams of our upcoming superstars.

If martial arts is more their speed sign them up in a karate class! Other activities here at the Centre include line dancing, Men's Move It and Tai Chi.

33 Frances Street Manurewa Auckland 2102



manurewaleisure@aucklandcouncil.govt.n  8am-6pm weekdays z Some charges may apply.

(09) 261 8303 No referral required. http://www.aucklandcouncil.govt.nz

**Classification : OSCAR**

**Manurewa Parenting Hub Inc.**

FSD0021535 Last updated 25/08/2020

A community free of violence, where families have a strong sense of belonging, feel valued and supported by coming together to build skills and confidence to take their families forward. Hub programmes focus on building parenting skills, providing educational support for families, promoting active and healthy lifestyles and building community capacity.

29 Greenmeadows Avenue Manurewa Auckland 2102



manager@parentinghub.org.nz  Please phone the Manager on 021 296 8625 for (021) 296 8625 a current programme. Contact Us online form is http://www.parentinghub.org.nz available on website.

All services free of charge. No referral required.

**Marshall Laing OSCAR**

FSD0021430 Last updated 15/07/2020

To provide a quality, safe accessible OSCAR programme for the community of Mt Roskill.

Marshall Laing Primary School 39 Marshall Laing Ave Mt Roskill Auckland



(027) 201 0034  Morning Care 7.30am - 8.30am Term Time

Afternoon Care 3.00pm - 6.00pm Term Time Some charges may apply. No referral required.

**Classification : OSCAR**

**Massey Park Aquatic Centre**

FSD0021966 Last updated 15/12/2020

Aquatic Centre with Swim School and Childcare Services.

 2R Ron Keat Drive Papakura 2110

|  |  |
| --- | --- |
| (09) 298 8526 http://clmnz.co.nz/masseypark    **Classification : OSCAR** | Monday - Thursday 5.30am - 8.00pm Friday  5.30am - 6.30pm Saturdays 6.30am - 8.00pm  Sundays 6.30am - 8.00pm Public Holidays 10.00am - 7.00pm Anzac Day 1.00pm - 7.00pm Some charges may apply.  No referral required. |

**Maternity Services Consumer Council**

FSD0003589 Last updated 25/03/2021

A consumer organisation which focuses on maternity issues, providing information to individuals, attending meetings and community workshops representing childbearing women. Printed evidence based resources on a vast variety of topics are available on order. Our Choices for Childbirth resource is available in print in 10 languages and further 3 as pdf

1 Lavelle Road Henderson Auckland 0612



mscc@maternity.org.nz  Monday - Friday 10am - 3pm.

(022) 421 6008 Some charges may apply. http://www.maternity.org.nz No referral required.

**Maungakiekie After School Care**

FSD0022454 Last updated 25/08/2020

MASC provides OSCAR approved before and after school care services for Primary/Intermediate aged children attending St Marys School, Ellerslie Primary School and other schools nearby.

Operating from the St Marys Parish Hall, Ellerslie Highway, Auckland.

56 Main Highway Ellerslie Auckland 1051 maungakiekiemasc@gmail.com  Mon - Fri - Regular school term operating days.



(021) 297 0657 Excluding school holidays/public holidays.

Before School - 7.10am to 8.30am After School - 2.45pm - 6.00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Maungarei Community Christian Trust**

FSD0022296 Last updated 22/01/2021

Provide after school/holiday programmes. We are a not-for-profit organisation established to facilitate improvement in the social, cultural, spiritual and economic lives of Mt Wellington people.

Our work focuses on improving outcomes for high needs communities – especially at risk youth. Mt Wellington is a multi-ethnic area with few available resources other than significant tracts of low quality government housing. Many socio-economically deprived families live here, including significant numbers of solo parent families and families where both parents are not at home during the day due to work commitments.

Risks to young people include self harm, depression, suicidal thoughts and abuse.

MCCT is arguably the area’s only social service, operating the only community centre in Mt Wellington. Our community workers influence lives of children, young people and their families, by getting alongside those at risk or in need of extra help, socially or behaviourally

3A Waipuna Road Mt Wellington Auckland 1060



admin@mcct.org.nz  9 am - 5 pm Weekdays (09) 527 5002 Some charges may apply. http://www.mcct.org.nz/ No referral required.

**Classification : OSCAR**

**Maungawhau School OSCAR**

FSD0021676 Last updated 04/10/2020

Out of school care programme that provides a fun, safe, and inclusive environment for children to

enjoy their time before and after school.

43 Ellerton Rd Mt Eden Auckland 1024 oscar@maungawhau.school.nz (021) 950 489 http://www.maungawhau.school.nz/out-ofschool-care/



Term time

7:30-8:30 am

3:00-6:00 pm

Holidays 8:00 am - 6:00 pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**ME Family Services**

FSD0003564 Last updated 19/03/2021

Our Mission:

ME Family Services offers young children and families a safe haven and the inspiration to develop their life skills, their enjoyment of life and their participation in a just and caring society.

16-18 Ferguson Street Mangere East Auckland 2024



mefsc@mefsc.org.nz  Mon - Fri 8.00am - 4.00pm

(09) 256 0810 Some charges may apply.

(09) 281 5805 Referral may apply. http://www.mefsc.org.nz

**Mi Casa ASC**

FSD0024383 Last updated 17/09/2020

Mi Casa After School Care and Holiday Progamme, we focus on smaller numbers to provide quality and nurturing care for each individual child. Our goal is to provide a safe "home away from home" environment for children to enjoy and have fun.

47 Church Street Northcote Point Auckland 0627



micasaasc@gmail.com  Monday to Friday 3pm - 6pm School Term Time

|  |  |
| --- | --- |
| (027) 217 2627 (022) 027 2930 http://www.micasaasc.co.nz    **Classification : OSCAR**    **Mika Haka Foundation** | Monday to Friday 8am - 6pm School Holiday  Time  Some charges may apply. Referral may apply. |
| FSD0020591 | Last updated 06/07/2020 |

The Mika Haka Foundation exists to ignite young minds and transform bodies towards better lives through the performing arts and physical culture.

The Mika Haka Foundation invites people of diverse ethnicities, cultures, sexualities and religions, living in Aotearoa/New Zealand, to find pathways towards better health and education opportunities through physical culture and the performing arts.

We aim to provide young people with direction and create an understanding of self-discipline and boundaries. Maori refer to this as Tikanga. This direction helps to empower young people to set goals and take responsibility for their own lives. We promote healthy living and always aim to lead by example.

We want to provide an environment of inspiration, encouraging dreams and the idea that nothing is impossible - to push yourself to new heights, to have no fear of failure and to be in a constant state of learning.

111B May Road Mount Roskill Auckland 1041



admin@mika.co.nz  Monday - Friday, 10am - 5pm

(09) 620 6111 All services free of charge. http://www.mikahaka.com/foundation Referral may apply.

**Mission Kids**

FSD0018482 Last updated 10/10/2020

Mission Kids offers OSCAR approved high-quality, award winning child care to the children and families of the Mission Heights Community.

Mission Heights Primary School 103 Jeffs Road Flat Bush Auckland 2016



paul@missionkids.org.nz  Term Time 7am - 8am, 3 - 6pm

|  |  |
| --- | --- |
| (020) 455 5015 (020) 433 3013 http://www.missionkids.org.nz | Holiday Time 7am - 6pm  Office Hours  8.30am – 1.30pm Monday to Friday Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Mitie Dragons Before & After School Care**

FSD0021296 Last updated 28/03/2021

Mitie Dragons provides Before/After school care and Holiday programmes. We are 17 years old and our staff have child-minding experience ranging from 6-30+ years. We are based in

Papatoetoe and are accredited under the Social Sector Accreditation Standards. We also provide a safe and happy environment for all children. We are OSCAR approved. We provide plenty of games. activities, ie: lego, blocks, board games, crafts, cooking, dress ups and Hut making, Dodge ball is very popular.

We also provide afternoon tea.

247 Great South Road Hunters Corner Papatoetoe Auckland 2102 roseyspl1956@gmail.com  7.00am - 8.30am (021) 120 1720 3.00pm - 6.00pm http://mitiedragons.com



Holiday Programmes 7.30 - 5.30 pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Moana-Nui-a-Kiwa Pool & Leisure Centre**

FSD0022368 Last updated 03/11/2020

We run after school care, holiday programmes, fitness centre, pools and group fitness classes.

66 Mascot Avenue Mangere Auckland 2022



mangerepools@aucklandcouncil.govt.nz  Monday – Friday: 6am-6.45pm. Weekends: 9am-

|  |  |
| --- | --- |
| (09) 261 8040 https://aucklandleisure.co.nz/locations/mo ana-nui-a-kiwa-pool-and-leisure-centre/ | 6.45pm  Hours Afterschool Care only  Monday – Friday: 3-6pm  Holiday Programme  Monday - Friday: 7:30am-6pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Mothers Helpers**

FSD0022150 Last updated 10/11/2020

Mothers Helpers is a charitable trust established to help prevent postnatal depression (PND) in mothers who are at-risk, and to work towards wellness for mothers with existing PND.

Mothers Helpers:

* provides free, affordable and practical help for mothers with PND
* helps you understand how to manage PND
* helps prepare you for parenthood

COURSES AVAILABLE:

These courses are facilitated by counselling and social work students and are delivered in a support group environment.

Preparing for Parenthood: a 6-week course focused on helping soon-to-be parents prepare for the life-changing and wonderful experience of parenthood. This includes two one-on-one sessions with the parents.

PND Recovery Course: a 10-week course for mothers diagnosed with PND, covering:

* What is PND & Anxiety?
* Cognitive Behavioural Therapy
* Exercise
* Diet
* Risk factors
* Stressor & triggers
* Mindfulness
* Medication
* Self-care & self-esteem

Suite 7710 17B Farnham Street Parnell Auckland 1052



info@mothershelpers.co.nz  Operating hours Monday-Friday 9am-5pm

(0800) 002 717 http://www.mothershelpers.co.nz The best way to refer yourself or a mother to our

service, is through our online referral form,

https://www.mothershelpers.co.nz/referral-2/ Some charges may apply. No referral required.

**Mount Eden Community Link**

FSD0007906 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

191-193 Dominion Road Mt Eden Auckland 1024



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**MPHS Community Trust**

FSD0020592 Last updated 11/01/2021

Local community development organisation enabling the development and co-ordination of local projects and programmes that promote a connected and well community.

27 Corban Avenue Henderson 0612



info@mphs.org.nz  9.00am to 4.30pm Monday to Friday

|  |  |
| --- | --- |
| (09) 838 4820 All services free of charge. http://www.mphscommunity.org No referral required.      **Mt Albert Community & Leisure Centre** |  |
| FSD0003392 | Last updated 15/09/2020 |

We build strong kids, strong families and strong communities

You’ll find it all at Mt Albert Community and Leisure Centre managed by YMCA.

We reckon that strong families have fun and stay healthy together.

The fitness facilities and programmes on offer at the YMCA Mt Albert Community and Leisure Centre will help to get your family moving together, with sports for kids, group fitness classes and a range of membership options to suit your needs.

773 New North Road Mt Albert Auckland 1025



mtalbert@ymcaauckland.org.nz  Monday to Thursday 6 am - 9 pm

(09) 846 0788 Friday 6 am to 8 pm

http://ymcaauckland.org.nz Saturday and Sunday 8 am till 5 pm.

Some charges may apply. No referral required.

**Mt Roskill After School Care**

FSD0022586 Last updated 02/02/2021

We are a After School center catering for children aged 5-11 years from Mt Roskill and Three Kings Primary. We provide transportation from Three Kings. We run homework groups and provide an afternoon tea snack and activities for children. We also run a school holiday programme with daily outings and various activities for children aged 5-11 years.

60 Somerset Road Mt Roskill Auckland 1041



admin.mrecc@mrgs.school.nz  Open 7am - 6pm Monday to Friday

(09) 629 0732 Some charges may apply. http://www.mountroskillearlychildhood.co. No referral required. nz

**Classification : OSCAR**

**Mt Royal Early Learning Centre**

FSD0023825 Last updated 28/01/2021

Mt Royal Early Learning Centre is a delightful childcare centre on Mt Royal Ave in Mt Albert catering for children from all backgrounds and pride ourselves on our links to the local Primary School and community. With only 24 children attending each day including four lovely babies, we are very much a “home away from home”.

Our programme is based around the New Zealand Early Childhood Curriculum, Te Whariki, and ensures that the full potential of your child is reached in a relaxed and an adaptable environment.

We acknowledge and celebrate the diversity of our community and embrace the different ethnic, linguistic and socio-cultural backgrounds from which our children come.

88 Mt Royal Avenue Mt Albert Auckland 1025



mtroyal88@hotmail.com  7:30am till 6:00pm Mon - Friday

(09) 849 7440 Some charges may apply. http://mtroyalelc.co.nz No referral required.

**Multiples Auckland Central**

FSD0007688 Last updated 28/01/2021

To provide information, advice and support to expectant parents, and parents and individuals directly involved with the care, raising and well-being of multiple-birth children”

contact@multiples-ac.org.nz  8am - 6pm 7 Days per week

(021) 495 444 Some charges may apply.

(0800) 489 467 No referral required. https://multiples-ac.org.nz/

**Multiples Auckland North**

FSD0007712 Last updated 02/05/2021

Our objective is to address the special and unique needs of families experiencing a multiple birth, by providing and sharing information, advice and support to those involved with the care, raising and wellbeing of multiples.

president@multiplesaucklandnorth.org.nz  9am - 4pm

(022) 390 9329 Some charges may apply. http://www.multiplesaucklandnorth.org.nz No referral required.

**Narrative Pathways**

FSD0018647 Last updated 13/04/2021

Specialist counselling and support for boys, teenagers (male and female), families, men and couples. LGBTI specialist and ACC registered with Youthline.

Since 1993 Nigel has provided counselling support in New Zealand, England and USA, including work as a School Guidance Counsellor, E.A.P Counsellor and couples / family therapist in his own practice in Auckland.

Nigel holds a Masters Degree in Counselling (Narrative Practice) and is a lecturer in the Bachelor of Social Practice Programme at Unitec, Auckland.

Nigel is available in-person in Auckland and online nation-wide.

In addition to counselling, Nigel provides clinical supervision to counsellors, social workers and others in senior roles within the helping professions, and Wellbeing seminars and workshops nationwide by arrangement.

10 Fontenoy Street Mount Albert Auckland 1025



nigel@narrativepathways.com  Fridays (during business hrs) but also some

(021) 834 413 evenings by special arrangement. http://narrativepathways.com

Call me to discuss your needs and we will find a time that works for us both. In-home appointments can also be arranged.

Some charges may apply. No referral required.

**Nathan Homestead**

FSD0024178 Last updated 18/03/2021

We run after school care, holidays programmes, early childhood centres, arts Centre, and Art classes

70 Hill Road Manurewa Manukau 2102



nathan.homestead@aucklandcouncil.govt  Monday to Friday 8.00am - 9.00pm

.nz Some charges may apply.

(09) 267 0180 No referral required.

https://bookings.aucklandcouncil.govt.nz/f acilities/facility/nathan-homestead

**Classification : OSCAR**

**Natural Fertility NZ**

FSD0003604 Last updated 31/08/2020

National organisation with clinics throughout New Zealand and a distance learning programme. NFNZ Educators teach an individual or couple how to assess their fertility requirements to either achieve or avoid pregnancy.

|  |  |
| --- | --- |
| admin@naturalfertility.co.nz  (0800) 101 637 http://www.naturalfertility.co.nz      **New Lynn Community Link** | Please find your educator on our website.  Some charges may apply. No referral required. |
| FSD0007907 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

5-9 Hugh Brown Drive New Lynn Auckland 0600



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**New Zealand Red Cross Refugee Services- Manukau**

FSD0000698 Last updated 17/12/2020

Refugee Services (formerly RMS Refugee Resettlement) provides initial settlement services to the annual quota of 750 refugees who are rebuilding their lives in New Zealand. Our 3-strand model of service-delivery utilizes the combined strengths of our Professional Social Workers, Cross Cultural workers and trained community volunteers. We are also involved in public education, advocacy, contribute to policy development and support ethnic community development. We have a global responsibility in the development of international refugee resettlement policies and resettlement best-practice and attend the Annual Tripartite Consultations on Resettlement (ATCR) held in Geneva each year.

33 Lambie Drive Manukau Auckland 2104



aucklandsouth@redcross.org.nz  9.00am - 5.00pm, Monday to Friday

(09) 262 0942 All services free of charge. https://www.redcross.org.nz/about- Referral may apply. us/service-centres/

**Ngati Whatua o Orakei Community Health Services**

FSD0003769 Last updated 15/02/2021

We are a Maori Health Provider, hapu (subtribe) owned. We provide primary health care services which include GP and Practice Nurse services at a low cost. We also provide a range of community services at no cost including Whanau Ora and Rongoaa - Maori Healing.

25/215 Kepa Road Orakei Auckland 1071



receptionohs@orakeihealth.org.nz  Monday to Friday 8:00am - 6:00pm

(09) 578 0956 Tuesday Late night until- 8:00pm http://orakeihealth.co.nz/

Closed weekends and Public Holidays Some charges may apply. No referral required.

**Nikau Kids**

FSD0023976 Last updated 18/07/2020

Nikau Kids is a unique, value-based, OSCAR programme created to enhance and advance the vision and values of Te Uho o te Nikau Primary School with a student-centred approach. We value excellence and offer students an opportunity to explore the word together in a safe, professional and incredibly fun environment during after school hours and during the holidays.

 187 Flat Bush School Road Flat Bush Auckland 2016

office@nikaukids.org.nz  8:30am - 1:30pm (Mon - Fri) - Office Hours (020) 455 5015 2:30pm - 6:00pm (Mon - Fri) - On site (020) 466 6016 Some charges may apply. http://www.nikaukids.org.nz No referral required.

**Classification : OSCAR**

**North Shore Women's Centre**

FSD0003480 Last updated 29/01/2021

Information, support and referral service for women and girls from age 12. Providing social work support, counselling service, free legal clinic and clothing exchange. Personal development and interest classes during school term.

5 Mayfield Road Glenfield Auckland 0747



women.ctr@xtra.co.nz  Monday to Friday 9am - 3.30pm

(09) 444 4618 Some charges may apply. http://www.nswomenscentre.co.nz No referral required.

**Oaklynn School Holiday Programme**

FSD0021244 Last updated 07/10/2020

Specialist school for students with special needs. OSCAR approved holiday programmes to Oaklynn school students and their siblings. Operating second week of school holidays and last two weeks of the summer break.

20 Mayville Avenue New Lynn Auckland 0600



office@oaklynn.school.nz  Usually 2nd week of school holidays Last two

(09) 827 4748 weeks of Summer holidays http://oaklynn.school.nz Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**Ohana Young Parent Charitable Trust**

FSD0021600 Last updated 17/07/2020

We are a charitable trust providing a parenting course for young parents in West Auckland.

Our Mission Statement:

Ohana Is for Young parents to learn to care and nurture their baby through becoming confident and self-assured. Young parents who know who they are, are resilient and feel nurtured themselves. Young parents, who can enjoy the love of parenthood, feel good about themselves and have ambitions and hopes for the future…

We also provide support and guidance for parents wishing to complete their NCEA levels 1, 2 and 3.

86 Kaurilands Road Glen Eden Waitakere 0604



info@ohana.org.nz  Open Mon-Fri 8.00am-4.00pm

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| --- | --- |
| (09) 818 5062 http://www.ohana.org.nz      **One Big Adventure** | All services free of charge. No referral required. |
| FSD0016997 | Last updated 01/04/2021 |

One Big Adventure operates Carey Park Christian Camp, and Ferndale Lodge. We operate safe, fun and challenging OSCAR approved camps for Kids, Teens and Families, as well as School, Church and Community Groups. We also host a range of seminars, events and small group accommodation at Ferndale Lodge.

397 Henderson Valley Road Henderson Valley Auckland 0612 info@onebigadventure.org.nz  8.00am to 4.30pm (office hours)



|  |  |
| --- | --- |
| (09) 837 0494 http://www.onebigadventure.org.nz    **Classification : OSCAR**    **Onehunga Community Link** | Some charges may apply. No referral required. |
| FSD0007908 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

201-211 Onehunga Mall Auckland 1061



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Onepoto Awhina Incorporated Society**

FSD0003739 Last updated 05/08/2020

To assist families and individuals within the Northcote area by addressing socio-cultural issues including education, health, employment, advocacy and empowerment through cultural growth.

Northcote Community House 65 Pearn Crescent Northcote Auckland 0627 onepoto1@xtra.co.nz  Weekdays



(09) 419 1692 Office 9.30-4.30

(021) 153 2126 Educare Centre 8.00-5.00 http://www.northcotecommunity.co.nz Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Open Home Foundation (OHF) - Auckland**

FSD0007283 Last updated 27/10/2020

Our Mission is to provide quality child centred family focused Christian social services. The Open Home Foundation is a Christian Child and Family Support Service that works within the provisions of the Children, Young Persons and Their Families Act (1989). We have 14 centres throughout NZ and we provide quality services for children, young people and their family/whanau.

Level 3 130 Khyber Pass Road Grafton Auckland 1023



auckland@ohf.org.nz  8:30am - 5:00pm Monday to Wednesday

(09) 634 2057 Some charges may apply. http://www.ohf.org.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Grey Lynn**

FSD0006951 Last updated 10/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

490 Richmond Road Grey Lynn Auckland 1021



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Mangere**

FSD0020392 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Level 1 93 Mascot Avenue Mangere Auckland 2022



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Manurewa**

FSD0006956 Last updated 09/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

7 Alfriston Road Manurewa Auckland 2102



contact@ot.govt.nz  All services free of charge.

(0508) 326 459 No referral required.

(0508) FAMILY https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Onehunga**

FSD0019126 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

281-289 Onehunga Mall Onehunga Auckland 1061



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Orewa**

FSD0019123 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

First Floor 27 Florence Avenue Orewa



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Otahuhu**

FSD0006953 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Level 1 4 Fairburn Road Otahuhu Auckland 1062



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Otara**

FSD0006954 Last updated 20/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

52 Lovegrove Crescent Otara Auckland



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Panmure**

FSD0019125 Last updated 21/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

 47 Lunn Avenue Panmure Auckland 1072

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| contact@ot.govt.nz (0508) 326 459 (0508) FAMILY https://www.orangatamariki.govt.nz/ | +64 9 912 3820 (from outside New Zealand) All services free of charge.  No referral required. |

**Oranga Tamariki-Ministry for Children, Papakura**

FSD0006955 Last updated 20/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

20-22 Queen Street Papakura Auckland 2110



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Pukekohe**

FSD0020381 Last updated 21/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Level 1 9-11 Tobin Street Pukekohe 2340



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Takapuna**

FSD0006948 Last updated 21/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

64 Anzac Street Takapuna 0622 contact@ot.govt.nz  If you're overseas:



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| (0508) 326 459 (0508) FAMILY https://www.orangatamariki.govt.nz/ | Call +64 9 912 3820  All services free of charge.  No referral required. |

**Oranga Tamariki-Ministry for Children, Waitakere**

FSD0006950 Last updated 20/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

1-st Floor 36-44 Sel Peacock Drive Henderson Auckland 0610



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Ormi Kids**

FSD0022984 Last updated 10/09/2020

Ormi Kids offers OSCAR approved one of a kind, value-based child care to the children and families of the Ormiston Community in Flat Bush. Our commitment is excellence, offering safe, professional and great fun childcare.

 291 Ormiston Road Flat Bush Auckland 2016

paul@ormikids.org.nz (020) 455 5015 (020) 499 9019 http://www.ormikids.org.nz

**Classification : OSCAR**

**Oscar Kool Kidz Ltd**

FSD0021423

School Term Time: 3pm - 6pm

Holiday Time: 7am - 6pm

Office Hours: 8.30am – 1.30pm Monday to

Friday

Some charges may apply. No referral required.

Last updated 16/04/2021

OKK provides OSCAR approved quality Before & After School and Holiday Programs onsite at Oratia District School, Oratia, Waitakere City, Auckland. We pride ourselves on the quality of our program and offer a wide range of trips, activities including use of the school swimming pool everyday onsite.

- Corner Shaw & West Coast Road Oratia Waitakere City



oscarkoolkidzltd@gmail.com  Term Time: 7am-8.30am, 3pm - 6pm

(021) 082 90794 Holiday Programme 7am-6pm http://www.oscarkoolkidz.com Some charges may apply.

No referral required.

**Classification : OSCAR**

**Otahuhu Community Link**

FSD0007910 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 4 Fairburn Road Otahuhu 1062

(0800) 559 009 Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Otahuhu Pool & Leisure Centre**

FSD0021961 Last updated 15/12/2020

Aquatic Centre with Fitness Centre, Library, Swim School, Stadium, Cafe and Childcare Services.

Fairburn Reserve - Mason Avenue Otahuhu Auckland 3200



(09) 276 8207  Pool

http://www.clmnz.co.nz/otahuhu- Monday - Friday recreation-and-youth-centre/ 6.00am - 8.00pm

Saturday - Sunday

7.00am - 6.00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Otahuhu Town Hall Community Centre**

FSD0018822 Last updated 11/02/2021

To provide a place for community residents to enable them to meet in a drop in situation or take part in programmes that are organized to meet the needs of the community. To act with the Auckland Council and the Local Board concerning the use of the community centre,supplying monthly reports as directed. To promote cultural,educational and recreational activities in and for the benefits of all residents of the Otahuhu district. To set hireage that may be reasonable and appropriate at a level that is affordable by user groups and to change these charges when necessary. To provide a venue for social services and community networking needs.

 10 High Street Auckland Central Auckland 1010

makeritaothcc@gmail.com

(09) 276 7346

(09) 276 7343 https://www.otahuhutownhall.com/

**Classification : OSCAR**

**Otara Health Charitable Trust**

FSD0020612

OSCAR Monday - Friday

Before care 6am - 8am

ASP 1.45pm - 6pm

School Holiday 8am - 6pm

Centre office Monday - Friday 9am - 3pm Some charges may apply. Referral may apply.

Last updated 07/07/2020

Otara Health Inc started in May1998. In September 2010 its status was changed from an Incorporated Society to a Charitable Trust. Known as Otara Health, it remains today an integral part of the community. Otara Health is building a child centred community and want to have all Otara's children thrive and achieve within a nurturing family environment and a healthy, flourishing community.

General Information: Our services are free. including:

1. Kaitohutohu - home based service for people or families with complex needs. SUDI educationand Pepi pods.
2. Parenting programmes - teen parenting, HIPPY programme and Incredible Years.
3. Active Families - Healthy food sessions, and other lifestyle information.
4. Neighbourhood Support - we work together to provide and support healthy safeneighbourhoods.
5. Community Leadership - lead and support smokefree town centres, alcohol and gamblingoutlets, and supporting awareness and action on issues of child abuse and family violence.

Shop 3, Otara Town Centre - Fair Mall Lane Otara Auckland 2023 carol@otarahealth.org.nz  8.30am to 4.30pm



(09) 274 8355 Monday to Friday

http://www.otarahealth.org.nz All services free of charge. Referral may apply.

**Otara Pool and Leisure Centre**

FSD0022346 Last updated 01/09/2020

Offer out of school care and holiday programmes.

Our goals: To create the worlds most livable city deliver great value for money to rate payers. To inspire Aucklanders to active. To inspire children, young people and their whanau to achieve their potential.

115 Bairds Road Otara Manukau city 2023



otarapools@aucklandcouncil.govt.nz  Monday-Thursday 5.30am - 9pm

(09) 274 6917 Friday 5.30am - 7pm

https://www.aucklandleisure.co.nz/locatio Saturday & Sunday 9.00am - 6.45pm ns/south/otara-pool-and-leisure- Some charges may apply. centre/recreation/ No referral required.

**Classification : OSCAR**

**Our Space Early Childhood Education Centre**

FSD0022418 Last updated 11/01/2021

Our Space is an early childhood education and care centre in Whangaparaoa, Hibiscus Coast. We are a privately owned centre licensed for 30 children. We take tamariki from 6 months to 6 year olds.

Our philosophy is based on a strong foundation of relationship. This is the base for both care and learning. The whnau is very much part of the centres life. We take your aspirations into account and look for your input in anything to do with your tamariki. We have a fish and chips evening with the parents in about February/March. We celebrate Matriki with a hangi and the whnau are invited.

We also have a Christmas Party at the end of the year.

We provide morning and afternoon tea and children bring in the lunchboxes everyday.

We take the children out of the centre quite regularly. The 3, 4 and 5 year olds attend a play at the Pumphouse once a year. They also have regular excursions to the beaches, the surrounding reserves as well as other activities such as strawberry picking.

5 Poplar Rd Whangaparaoa Auckland 0932



ourspacehbc@gmail.com  Monday to Friday 7 am to 6 pm

(09) 428 0978 Some charges may apply. (027) 434 3716 No referral required.

**Out Of School Care Network (OSCN)**

FSD0007275 Last updated 11/08/2020

OSCN has over 200 member organisations (sole traders, companies, community organisations, schools and local authorities) that operate before/after school and holiday programmes. These are located in schools, community and recreation centres, churches, early childhood centres and sports facilities. Originally OSCN's work was based mainly in the Auckland region but changes in the sector mean that our services are now offered over a wider area.

c/- PHAB, The Building 8 Auburn Street Takapuna Auckland



oscn@xtra.co.nz  10am-1pm Mon - Thurs (09) 366 0320 Some charges may apply. https://www.oscn.nz/parents.html No referral required.

**Classification : OSCAR**

**Owairaka District School - OSCAR After School Care**

FSD0021855 Last updated 23/03/2021

We run an OSCAR approved After School Care programme for students enrolled at Owairaka School.

113-115 Richardson Rd Mt Albert Auckland 1025



afterschoolcare@owairaka.school.nz  Monday to Friday 3.00pm until 5.30pm

(020) 4158 3155 Some charges may apply. http://www.owairaka.school.nz Referral may apply.

**Classification : OSCAR**

**Pakuranga Leisure Centre**

FSD0022244 Last updated 19/06/2020

We offer Holiday (OSCAR approved) programmes and recreation programmes.

Pakuranga Leisure Centre 13 Reeves Road Pakuranga Auckland 2010 pakurangaleisure@aucklandcouncil.govt.  Some charges may apply. nz No referral required.



(09) 261 8391 http://aucklandleisure.co.nz

**Classification : OSCAR**

**Papakura Community Link**

FSD0007913 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20-22 Queen Street Papakura 2110



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz      **Papakura Leisure Centre** | 5:00pm. Wednesday 9:30am - 5:00pm. | |
| All services free of charge. No referral required. |  |
| FSD0021965 |  | Last updated 15/12/2020 |

Fitness Centre with Stadium and Childcare Programmes.

294 Great South Road Papakura Auckland 2110



papakurarec@clmnz.co.nz  Monday - Friday 5.30am - 10:00pm Saturday (09) 298 6852 6:00am to 12:30pm Sunday 8.30am - 12.30pm

http://clmnz.co.nz/papakura Public Holidays 8.30am - 12.30pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Papakura Marae Society Incorporated**

FSD0003762 Last updated 25/08/2020

We deliver Marae and home based health, education and social services.

29A Hunua Road Papakura 2110



admin@papakuramarae.co.nz  Monday- Friday

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| (09) 297 2036  (021) 519 812 http://www.papakuramarae.co.nz | 8:00am - 5:00pm  Some charges may apply.  Referral may apply. |

**Papatoetoe Adolescent Christian Trust**

FSD0003545 Last updated 21/01/2021

Mentoring, counselling, support, and activities for youth, especially at risk youth. Parenting programmes and resources. OSCAR approved school holiday programmes.

311 Great South Road Papatoetoe Manukau City



neda@pact.org.nz  Mon - Fri 9am-5pm (09) 279 8340 Some charges may apply. http://www.pact.org.nz No referral required.

**Classification : OSCAR**

**Papatoetoe Community Link**

FSD0007914 Last updated 05/01/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 17 Shirley Road Papatoetoe 2025

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| (0800) 559 009 http://www.workandincome.govt.nz      **Parent Aid North West** | Monday, Tuesday, Thursday, Friday 8:30am 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0016677 | Last updated 03/08/2020 |

Parent Aid is a an organisation that assists parents who have the care of 0-5 year old children. This is practical support within the family home by providing childcare, light housework and/or meal preparation. The purpose is to give parent's a helping hand: "because you have your hands full, we'll lend one of ours". The outcome is supporting the role of parents as an important part of a healthy NZ society.

1 Porter Crescent Helensville 0840



hello@parentaidnorthwest.org.nz  Monday - Friday 9am - 3pm.

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| (09) 420 7002 (0800) 222 402 http://www.parentaidnorthwest.org.nz      **Parenting Place - Auckland** | All services free of charge. No referral required. |
| FSD0003514 | Last updated 26/03/2021 |

Parenting Place is the charity with a heart for New Zealand Families. We’re here to walk alongside you and your whnau from the moment your little one is born, until the time they raise tamariki of their own. Whether you have a newborn, a teenager, a troupe of grandkids, or nieces and nephews, we have a range of programmes, courses, camps and resources, tailored for you and your whnau. Everything we do is designed to inspire, encourage, and support the strengthening of your relationships. We make sure it’s fun and entertaining along the way too. Our team is also committed to engaging with the story of Aotearoa New Zealand and our unique place in the world – a journey which continues to shape the way we support your whnau to thrive.

Our services include six-week Toolbox parenting programmes, Space for you and your baby, and Family Coaching.

 Ground Floor & Level 2 300 Great South Road Greenlane Auckland

support@parentingplace.nz (09) 524 0025 (0800) 53 56 59 http://parentingplace.nz Monday to Friday - 8am to 4pm Some charges may apply. No referral required.

**Parents Centre New Zealand Inc - Auckland East**

FSD0007314 Last updated 09/04/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

info@aepc.org.nz  Some charges may apply.

(09) 537 0560 (answerphone) No referral required. http://www.parentscentre.org.nz

**Parents Centre New Zealand Inc - East and Bays (Auckland)**

FSD0007316 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

east.and.bays@parentscentre.org.nz  All services free of charge.

(09) 575 5998 No referral required.

(021) 710 499 https://www.parentscentre.org.nz/eastand-bays/index.asp

**Parents Centre New Zealand Inc - Franklin**

FSD0007322 Last updated 14/09/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

**Parents Centre New Zealand Inc - Manukau**

FSD0007315 Last updated 25/08/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

manukau@parentscentre.org.nz  Some charges may apply.

(09) 267 1224 No referral required. http://www.parentscentre.org.nz

**Parents Centre New Zealand Inc - Onewa**

FSD0007307 Last updated 23/06/2020

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| franklin@parentscentre.org.nz  (09) 283 8513 http://www.parentscentre.org.nz | Monday to Friday  Some charges may apply.  No referral required. |

Onewa Parents Centre encourages and empowers local families with childbirth education, new parent classes, parenting workshops, and community events. We are one of 46 centres within the wider Parents Centre New Zealand network and support parents in Birkenhead, Beach Haven, Birkdale, Glenfield, Bayview, Northcote, and Hillcrest.

Members enjoy a range of benefits including meeting other local parents, being part of our successful coffee groups, partner discounts and access to news and resources.

Rawene Centre | Level Three 33 Rawene Road Birkenhead Auckland



onewa@parentscentre.org.nz  Courses are held in the evenings and committee http://www.onewaparentscentre.org.nz is comprised of volunteers.

Some charges may apply. No referral required.

**Parents Centre New Zealand Inc - Papakura**

FSD0007317 Last updated 30/06/2020

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run by a pool of volunteers on the committees which in turn ensures good quality support and education is available for parents within the community.

2 Chapel Street Papakura Auckland 2110 papakura@parentscentre.org.nz  Antenatal Course - once a week, night session.



(09) 297 7461 http://www.parentscentre.org.nz/papakura Baby & You Course - during school Term, once a week, morning session.

Some charges may apply. No referral required.

**Parents Centre New Zealand Inc - Waitemata**

FSD0007308 Last updated 11/03/2021

Parents Centre NZ offers a wide range of support networks for parenting with the prime service being childbirth education. Internal supports are a priority for locally run committees which in turn ensures good quality support and education is available for parents within the community.

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| waitemata@parentscentre.org.nz  (09) 446 0959 http://www.parentscentre.org.nz      **Parnell Trust** | Answer phone available at all times. Leave a message as we check it every day or two.  Some charges may apply. No referral required. |
| FSD0021865 | Last updated 20/04/2021 |

We provide After School, Before School and School Holiday programmes for children in the Auckland area.

We run from Epsom Normal Primary, Parnell District School and Our Lady of the Sacred Heart School.

 Jubilee Building 545 Parnell Road Parnell Auckland 1052

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| pfc@parnell.org.nz (09) 379 2095 http://www.parnell.org.nz    **Classification : OSCAR** | Before and after school cares provided for further information please contact the service | |
| provider.  Some charges may apply.  No referral required. |  |
| **Party Kingdom After School Care** | |
| FSD0023636 | | Last updated 23/08/2020 |

What we offer -

After School Care & Holiday Programme

Indoor Playground (Open for public play)

Kids Birthday Parties with 12 themes to choose from

After School Pick up from 4 local schools Gulf Harbour School, Stanmore Bay School and

Whangaparoa School & College from 3pm-6pm.Before School Care offered from 7 am - 08.30 am to include breakfast & school drop off.

School Holiday Programme from 7am-6pm

Open for Public Play -Wednesday,Thursday & Friday 9am-1pm Exclusive for Birthday parties at weekends

Venue: Party Kingdom , 16 Karepiro Dr, Stanmore Bay, Whangaparaoa 0932 & Sports Cave Karepiro Dr, Stanmore Bay 0932

16a Karepiro Drive Stanmore Bay Auckland 0932



info@partykingdom.co.nz  After School 3pm-6pm Mon to Fri

(021) 919 169 Before School Care 7am-830am https://www.partykingdom.co.nz/school-

holidays Holiday Programme 7am-6pm

Public Play Wednesday,Thursday & Friday 9am-1pm

Parties please enquire Some charges may apply. No referral required.

**Classification : OSCAR**

**Pasifika at Home Home-based childcare**

FSD0023370 Last updated 25/03/2021

There is a saying “It takes a village to raise a child”, and we at Pasifika at Home realise how important it is to find the right person to help raise your child. We will support you in finding an educator, who respects and practices the same family traditions, values, religious beliefs, and shares with your child on a daily basis, the culture that they are used to experiencing in their own home.

Pasifika at Home’s objective is to ensure that all children are educated and cared for in a warm, loving and homely environment. A place where they are free to play, explore and develop into confident, happy and emotionally enriched young members of the Pasifika community. The educators at Pasifika at Home will offer for your child the opportunity to develop good social skills through organised playgroups and interactions with other children in a small group settings.

32 McInnes Rd Weymouth Auckland 2103



info@pasifikaathome.nz  Office is open between the hours 9am - 4pm

(0800) 324 7437 Individual Educators have their own designated

(027) 886 8911 working hours

http://www.pasifikaathome.nz Some charges may apply.

No referral required.

**Classification : PACIFIC**

**Patrick Au Professional Counselling Service for Chinese**

FSD0006093 Last updated 21/12/2020

Cultural specific services for Chinese people, Stopping Violence programmes, family counselling.

1/230 Manukau Road Epsom Auckland 1023



patau@xtra.co.nz  Some charges may apply.

(09) 522 0068 No referral required.

(021) 793 388

**Classification : FVSS**

**PAUA Poppetts Early Childhood**

FSD0015427 Last updated 24/11/2020

PAUA Poppetts ECE provides support and resources to the Caregivers/ Home Educators/Nanny's or Whnau carers of young children in the home. We aim to facilitate the growth and development of each child during the early years. We provide resources and support for home based Educators/Nannies to ensure that all who surround the child can create the best possible environment for future growth.

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| --- | --- |
| info@paua.ac.nz (09) 376 7774  (021) 352 364 http://www.pauapoppetts.co.nz/      **Petra Charlewood** | Service available 24/7 Some charges may apply. No referral required. |
| FSD0020582 | Last updated 16/04/2021 |

I am a registered psychotherapist providing short or long term therapy to individuals and couples. I provide a safe, confidential space to talk about whatever is troubling you. I aim to facilitate deeper understanding of your emotional and relationship difficulties and how they have evolved. I will work with you to develop more effective and satisfying ways of living.

Level 1 McInnes Building 1a Cook Street Howick Auckland 2014



pcharlewood@gmail.com  Monday - Friday (by appointment) at 1A Cook

(027) 820 5655 Street, Howick, Auckland http://www.cornerstonepsychotherapy.co. Some charges may apply. nz No referral required.

**Piritahi Hau Ora**

FSD0005932 Last updated 18/12/2020

Piritahi Hau Ora is a Marae-based health service for all people on Waiheke Island which is free and confidential.

 Piritahi Marae 54 Tahatai Road Blackpool Waiheke Island 1081

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| reception@piritahi.co.nz  (09) 372 0022 http://www.piritahi.co.nz    **Classification : FVSS**    **Playcentre Aotearoa** | Monday to Friday 8.30am - 4.30pm All services free of charge. No referral required. |
| FSD0018567 | Last updated 23/03/2021 |

Supporting families to provide early childhood experiences and education for their own, and other children in their communities. 'Whanau Tupu Ngatahi - Families Learning Together'

6A Glenside Ave Pakuranga Manukau



administrator@playcentre.org.nz  Weekdays 9am - 3pm

(027) 808 6360 Some charges may apply. http://www.playcentre.org.nz No referral required.

**Playgroup**

FSD0023732 Last updated 17/12/2020

Playgroups provide environments for children and parents to learn together. AKA playgroups operate 9:30am-12:30pm Tuesday, Wednesday and Thursday. Playgroup is completely free fro children 0-6 years.

Whakawhnaungatanga is at the heart of our playgroups for kids. We take pride in our communities: our identity, our beliefs and our values. As a whnau we endeavour to work together (Kotahitanga) making important decisions that will help with the day-to-day tasks of running the children’s play group, along with the support of the Playgroup coordinator.

All whnau are welcomed and children from birth to school age have a place to call their own. We welcome babies, toddlers, preschool and kindergarten aged children to participate in playgroup activities. An adult must stay with the child at community playgroup: Whnau have an important role to play in supporting children’s learning (Manaakitanga) and sharing in their achievements and challenges.

 Level 5 Otago House 385 Queen Street Auckland 1141

|  |  |
| --- | --- |
| info@playgroups.org.nz  (09) 373 1992 (027) 702 2539 https://www.aka.org.nz/playgroup | Tuesday, Wednesday & Thursday, 9:30am-  12:30pm  All services free of charge.  No referral required. |

**Plunket - Northern Region - Central**

FSD0007434 Last updated 21/04/2021

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than eighty five percent of New Zealand families choose to use Plunket to help them care for their young children.

6 Enterprise Drive Henderson 0612



auckland.city@plunket.org.nz  8am-5pm Monday to Friday.

(09) 820 6532 All services free of charge. http://www.plunket.org.nz No referral required.

**Plunket - South Auckland Area Office**

FSD0007433 Last updated 23/08/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to help them care for their young children.

Level 1 11 Vogler Drive Wiri Manukau 2241



counties.manukau@plunket.org.nz  830am-430pm

(09) 260 4111 Koha/donation may apply. http://www.plunket.org.nz No referral required.

**Plunket - Waitemata Area Office**

FSD0007432 Last updated 04/03/2021

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to support them in caring for their young children.

6E Enterprise Drive Auckland



auckland.north@plunket.org.nz  8.30am - 4.30pm Monday to Friday

|  |  |
| --- | --- |
| (09) 820 6532  (09) 838 0981 http://www.plunket.org.nz | All services free of charge. No referral required. |

**Plunket Family Centre - Franklin Parents Room**

FSD0000966 Last updated 23/08/2020

Plunket believes in supporting the development of healthy families.

23 Wesley Street Kaiapoi 7630



(021) 246 7609  Monday to Friday

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| http://www.plunket.org.nz      **Pregnancy Centre** | All services free of charge. No referral required. |  |
| FSD0003423 |  | Last updated 24/02/2021 |

Provides an, impartial, client centred counselling service for women of all ages who have a crisis or unplanned pregnancy. Also post-termination and miscarriage counselling. Counsellors are professionally externally trained and supervised. Locations: Central, North, South and West Auckland.

13 Maidstone Street Ponsonby Auckland



supportcentre@youthline.co.nz  8.30am-5pm Mon-Fri

(09) 361 4162 Some charges may apply. http://www.youthline.co.nz No referral required.

**Pregnancy Help Inc - Auckland**

FSD0007390 Last updated 02/11/2020

Pregnancy Help provides emotional and practical support for the well being of pregnant and recently pregnant women, new mothers and their families/whanau.

46D Stanley Street Auckland Central Auckland 1010



auckland@pregnancyhelp.org.nz  Office in Wyndham Street open Mon-Fri 9.30 am

(09) 373 2599 - 3.30 pm

http://www.pregnancyhelp.org.nz

Office Blockhouse Bay open Wednesday 9.30 am - 12 noon

Office in Otara South Auckland open Thursday

9.30 am - 12 noon

All services free of charge. No referral required.

**Pregnancy Options and Help**

FSD0016452 Last updated 24/04/2021

Support for pregnant women and partners, and new mothers, including advocacy, supported accomodation, education, and options around care of the child.

15 Paparimu Rd Paparimu Papakura, Auckland 2583



jgrant@maxnet.co.nz  24 hour phone contact (0800) 824 6673(U CHOOSE) 021 293 6687 texts welcome

(09) 292 4357 Koha/donation may apply. http://www.uchoose.org.nz No referral required.

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| **Premium Kids Care (2018) Limited** |  |
| FSD0018108 | Last updated 01/12/2020 |

After School care, Before School Care and Holiday programme provider.

 Northcote Intermediate School 145-157 Lake Rd Northcote Auckland kate@premiumkidscare.co.nz  Before School : 7 - 8:45am

(021) 448 886 After School: 3 - 6pm

http://premiumkidscare.co.nz Holidays: 7:30am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Premium Kids Care Birkdale**

FSD0022780 Last updated 21/12/2020

Before and After School care for children of Birkdale Primary School.

Birkdale Primary School 18 Salisbury Rd Birkdale Auckland 0626 rochelle@premiumkidscare.co.nz  Monday - Friday 7:00am - 8:30am



(027) 325 3229 Monday - Friday 3 - 6pm

http://www.premiumkidscare.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Premium Kids Care Northcross**

FSD0023259 Last updated 21/12/2020

Premium Kids Care offer OSCAR approved out of school care services for children between the ages of 5 and 14. We aim to provide a home away from home while parents are at work or busy.

Before school care 7am - 8:45am

After school care 3pm - 6pm

Holiday programme 7:30am - 6pm

Transporting to nearby schools daily. It is a place where your children are encouraged to relax and enjoy themselves. No two days are the same. Each day is exciting, varied, safe, and affordable but most of all will leave your child wanting to come back for more.

 10 Sartors Ave Northcross Auckland

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| rochelle@premiumkidscare.co.nz  (027) 325 3229 http://premiumkidscare.co.nz/    **Classification : OSCAR** | After school Care from 3pm - 6pm Before School  Care 7.30am - 8.30am Holiday programs 8am - | |
| 6 pm.  Some charges may apply.  No referral required. |  |
| **Premium Kids Care Pinehill School** | |
| FSD0022320 | | Last updated 21/12/2020 |

OSCAR approved before and after school care.

2 Spencer Road Browns Bay Auckland



rochelle@premiumkidscare.co.nz  Before School Care 7am - 8.30am

(027) 325 3229 After School Care 3pm - 6pm

http://www.premiumkidscare.co.nz 7.30am-6pm school holiday programme Some charges may apply. No referral required.

**Classification : OSCAR**

**Promise Education Ltd**

FSD0022840 Last updated 02/09/2020

We are a OSCAR approved provider for After School care and Holiday Programmes.

52-56 Anzac Road Browns Bay Auckland 0632



nzpromiseschool@gmail.com  2:30PM to 6:30PM during school day (09) 476 5004 8:30AM to 6:30PM during school holiday (021) 275 8234 Some charges may apply. http://www.facebook.com/promiseschool No referral required.

**Classification : OSCAR**

**Puawai Homebased Childcare**

FSD0020828 Last updated 29/09/2020

Puawai Homebased Childcare is an Early Childhood Education Service where Educators teach, nurture and care for your child in a safe, friendly environment.

166 Wellington Street Pukekohe 2120



puawai\_homebased@outlook.com  Office Hours Mon - Fri 9.00am-4.30pm

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| (0800) 427 829 http://www.puawaichildcare.co.nz/    **Classification : PACIFIC** | All services free of charge. No referral required. |

**Pukeko OSCAR Before and After School Care**

FSD0022398 Last updated 31/10/2020

Pukeko OSCAR runs fun, engaging before and after-school programmes every day of term time, based at Pakuranga Heights School (as well as school holiday programmes)!

Check out the cool things we do on our Facebook page, updated daily.

We'd love to see you here :)!

School Hall, Pakuranga Heights School 77 Udys Road Pakuranga Heights Auckland 2010 pukekopreschoolPH@gmail.com  Open every day except Statutory holidays.



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| (09) 576 4822 http://www.pukekopreschools.co.nz    **Classification : OSCAR**    **Pukekohe Community Link** | Term Time:  Morning: 7:30-8:30am  Afternoon: 3:00-6:00pm  Holiday Programme:  7:30 - 6:00  Some charges may apply. No referral required. |
| FSD0007917 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

9-11 Tobin Street Pukekohe 2120



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

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| http://www.workandincome.govt.nz      **Pukekohe Youth Centre**  FSD0000972  Youth Centre | 5:00pm. Wednesday 9:30am - 5:00pm. | |
| All services free of charge. No referral required. | Last updated 12/03/2021 |

1 Roulston Street Pukekohe Manukau



pyc@xtra.co.nz  8:30am-6:00pm during School Holidays, 3:00pm-

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| (09) 238 5125      **Puna Ole Atamai Aoga Amata** | 6:00pm During School Term Some charges may apply. No referral required. |
| FSD0023054 | Last updated 15/02/2021 |

We govern and manage Pasifika early childhood services in Mangere, Auckland.

5/29 Wickman Way Mangere Auckland 2024



punaoleatamai@gmail.com  Office open 8.30am to 2.30pm Weekdays

(09) 275 8430 Some charges may apply. (027) 757 9600 No referral required.

**Classification : PACIFIC**

**Quality Education Services**

FSD0021479 Last updated 29/04/2021

Quality Education Services Limited (QES) is a Private Training Establishment (PTE) based in

Auckland New Zealand. We provide education and training for youth and adult learners from our Manukau sites. Our organisation has been working hard in the south Auckland community for over 27 years.

Our mission is to improve the education and skill level of the community by providing high quality education and training within a student / client centered and supportive environment. We deliver six different programmes focused on working with people with little formal education and low foundation skills.

10 Norman Spencer Drive Manukau Auckland 2164



info@qes.org.nz  Weekdays 8.30am - 4.30pm

(09) 252 0055 All services free of charge.

(021) 290 0485 Referral may apply. http://www.qes.org.nz/

**Classification : YS**

**Queen Street Community Link**

FSD0007918 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 3 450 Queen Street Auckland 1010



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Rainbow Family Services**

FSD0022720 Last updated 27/09/2020

To provide safe, effective counselling for children, young people, adults and their families in Auckland. Specializes in trauma, LBBTIQA+, self-harm, children, adolescents, and family therapy.

ACC registered for sensitive claims.

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| sgranich30@hotmail.com  (021) 038 2451 https://www.ry.org.nz/what-wedo/rainbow-friendly-counselling      **Rainbow House** | Mondays 10am - 8pm in Takanini.  Tuesdays 10am - 8pm in Auckland City.  Skype, zoom and phone sessions available upon request.  Some charges may apply. No referral required. |
| FSD0005741 | Last updated 09/03/2021 |

Providing specialist counselling and psychological services for children and adolescents with Asperger's Syndrome and ADHD.

38 Green Lane East Remuera Auckland 1050



therainbowhouse@gmail.com  Different counsellors and psychologists available

(09) 520 4030 www.rainbowhouse.net.nz http://www.rainbowhouse.net.nz/ Some charges may apply.

No referral required.

**Ranui in Motion Trust**

FSD0021392 Last updated 13/07/2020

RIM Trust is an incorporated charitable trust which provides valuable services to Ranui and the greater Auckland. Two key Service providers are our Early Childhood Centre 'Puataunofo Aoga Amata' and our RIM OSCAR programs for 5-13 year olds.

 35A Armada Drive Ranui Waitakere 0612

office@paa.org.nz (09) 832 0033 http://www.puataunofo.org

**Classification : OSCAR**

**Raukura Hauora O Tainui Trust**

FSD0003728

Primary health care provider.

47 Druces Road Manukau 2104 enquiries@raukura.com (09) 263 8040 http://www.raukura.org.nz



**RDNS New Zealand**

FSD0022612

Monday - Friday 9am-5pm.

Koha/donation may apply. No referral required.

Last updated 24/06/2020

8.30 a.m. - 5 p.m. Monday - Friday Some charges may apply. Referral may apply.

Last updated 14/10/2020

RDNS (Royal District Nursing Service) New Zealand is for everyone and we embrace diversity. Our youngest client is two years old and our oldest is 94. We proudly support people from over 35 different cultural backgrounds. We are LGBTI friendly.

Whether you are experiencing illness, injury or just need some help around the home, RDNS New Zealand is here to help. We support people from all walks of life with dignity and compassion.

Level 1 8 Hugo Johnston Drive Penrose Auckland 1061



getinfonz@rdns.org.nz  7 Days 6am - 9pm. (0800) 736 769 Some charges may apply. https://www.rdns.org.nz/ No referral required.

**Reach for the Stars Early Learning Centre**

FSD0022281 Last updated 10/08/2020

Reach for the Stars Early Learning Centre is a privately owned and operated early childhood centre run by hands-on owners Karyn and Bruce Poole and a team of dedicated early childhood teachers.

At Reach for the Stars Early Learning Centre we empower our children to become confident, independent lifelong learners by providing an engaging learning environment where children are given every opportunity, encouragement, guidance and support to ‘reach for the stars’, and to develop to their full potential. Children at our centre are shown love and nurtured while they learn with teaching principles based on established philosophies including Reggio Emilia and Magda Gerber.

If you would like to see if Reach for the Stars Early Learning Centre is right for your family, you can give us a call, send us an email or even just pop in and visit - our centre manager will be happy to show you around.

19 Canaveral Drive Rosedale Auckland



albanychildcare@reachforthestars.co.nz  Mon-Fri, 7:30am to 6:00pm

(09) 476 3950 Some charges may apply. http://www.reachforthestars.co.nz No referral required.

**Reconnect Family Services**

FSD0003740 Last updated 09/02/2021

Reconnect provides a range of services for young people with challenging behaviours. These services include a national residential placement, therapeutic intervention and liaison around educational services for young people, specific youth justice mentoring and placement services and services in the area of supported bail in the Auckland region.

8 Puhinui Road Manukau



info@reconnect.org.nz  8am / 4pm Monday to Friday

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| (09) 926 5360 http://reconnect.org.nz/ | Some charges may apply. Referral may apply. |

**RecruitMum**

FSD0024233 Last updated 20/04/2021

A solution-focussed, social enterprise recruitment service - we champion work-ready Mums connecting them to part-time, flexible work. We put meaning back into recruitment while simplifing the time-to-hire. Affordable, no-fuss service plans on offer and access to talent set to make a difference in your organisation for tomorrow.

clare@recruitmum.co.nz  Mon-Thu 9.00am to 4.00pm

(021) 045 8694 Fri: 9.00am to 12.00pm

http://www.recruitmum.co.nz Some charges may apply.

Referral may apply.

**Redeemer Kids**

FSD0021275 Last updated 09/10/2020

Providing after school care in the Manukau area from 3pm to 6pm.

30 Hilltop Road Flat Bush Auckland 2019



tonyb@mcctrust.nz  3pm to 6pm (09) 262 4562 Some charges may apply.

(021) 217 3837 No referral required. http://www.redeemerkids.org.nz

**Classification : OSCAR**

**Regional Sports Trust - Counties Manukau Sport Foundation**

FSD0003719 Last updated 14/12/2020

Delivering free services in the community. Working in three different areas: Schools delivering

Primary Sport and Bike programmes; Community - Free events and school holiday programmes; Social Services - supporting youth to gain employment or education goals, including part time work in schools as a coach.

Finlayson Homestead 190 Weymouth Road Clendon Manurewa 2102



info@cmsport.co.nz  Office available Monday - Friday 9am - 3.30pm

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| (09) 269 0066 http://www.cmsport.co.nz | Answerphone available outside hours.  All services free of charge.  Referral may apply. |

**Classification : YS**

**Revive Family**

FSD0022765 Last updated 29/03/2021

Revive Family is a Family therapy, couple and individual counselling and social work service provider for Auckland region.

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| wonkon@revivefamily.co.nz  (021) 232 7658 http://www.revivefamily.co.nz | During a week  Some charges may apply.  No referral required. |

**Richmond Road Out of School Care**

FSD0021248 Last updated 26/03/2021

Our motto at Richmond Road OSCAR is 'to provide a safe and happy place for children between school and home'. It is a privately - home from home - out of school care establishment.

I have been running this care service within Richmond Road School in Ponsonby for 14 years. Although the programme is operated from Richmond Road School mainly for the school community the door is open to other schools and the wider community.

ALL ARE WELCOME.

I run a Before School, After School and Holiday Programmes every school day and school holidays. We have 5 - 13 year old attending and offer a wide range of activities and care and cater to our multilingual / multicultural community. I look forward to chatting more about what we offer for your children.

c/o Richmond Road School 113 Richmond Road Ponsonby Auckland 1021 suewinslow01@gmail.com  Available 24 hrs



(027) 278 2000 B4SC - 7 - 9am

(021) 066 8280 ASC - 3 - 6pm

http://www.richmondroad.school.nz Holiday Programmes - 8am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Roskill South Oasis Hub**

FSD0015562 Last updated 19/10/2020

To provide support for a network of early years services, improve the co-ordination and make access to these services easier for families with children pre-birth to 6 years of age.

Roskill South Oasis 56 Glass Road Mt Roskill Auckland 1041



thehub@roskillsouthoasis.org.nz  Monday to Friday

(09) 620 8079 8.30am to 12.30pm (021) 375 253 All services free of charge.

No referral required.

**Safe Kids in Daily Supervision (SKIDS) - Henderson**

FSD0008212 Last updated 16/12/2020

SKIDS provide on-site OSCAR approved programmes at around 170 sites across New Zealand.

We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Henderson Primary School, Assembly Hall 11b Montel Avenue Henderson Auckland 0612 henderson@skids.co.nz  Monday to Friday:



(09) 390 4545

(022) 447 5437 Before School Care:

http://www.skids.co.nz/location/henderson 6.45am – 8.15am

/ After School Care:

2.45pm – 6.00pm

We also run School Holiday programmes.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Limited - Waitoki**

FSD0022417 Last updated 14/12/2020

We provide OSCAR approved Before & After School Care for children aged 5-12. We are based at Waitoki School.

Waitoki School Hall 1119 Kahikatea Flat Road Waitoki 0871



waitoki@skids.co.nz  After School Care: 2:30pm-6:00pm (027) 846 1725 Some charges may apply.

(027) 723 6056 No referral required.

http://www.skids.co.nz/location/waitoki/

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - Halsey Drive**

FSD0008203 Last updated 22/04/2021

SKIDS Halsey Drive provides on-site Before and After School care programmes at Halsey Drive

Primary School, Lynfield, Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Halsey Drive School Hall 106 Halsey Drive Lynfield Auckland



purity@skids.co.nz  Before school care from 7.30-8.30am

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| (021) 035 6547 (021) 150 0912 http://www.skids.co.nz    **Classification : OSCAR** | After school care from 3-6pm, Holiday programmes from 7:30am -6pm. After hour contact: 09 9403665 Some charges may apply.  No referral required. |

**Safe Kids in Daily Supervision (SKIDS) Ltd - Hillsborough**

FSD0008205 Last updated 17/09/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

 Hillsborough Primary School Hall - Belfast St Hillsborough Auckland

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| hillsborough@skids.co.nz  (09) 818 9662 (021) 157 9344 https://www.skids.co.nz/locations/hillsboro ugh/    **Classification : OSCAR** | In office Monday to Friday 7.30am - 6.00pm Some charges may apply.  No referral required. |

**Safe Kids in Daily Supervision (SKIDS) Ltd - Massey**

FSD0008213 Last updated 14/12/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Massey Primary School 326 Don Buck Road Massey Waitakere massey@skids.co.nz  Monday to Friday



(021) 247 8828 (Manor Pillay, owner) 7am to 8.30am and 2.55pm to 6 pm

(09) 390 8828 (Office) Some charges may apply. http://www.skids.co.nz No referral required.

**Classification : OSCAR**

**Safe Kids In Daily Supervision (SKIDS) Ltd - Mellons Bay**

FSD0015214 Last updated 17/09/2020

After School Care and Holiday Program for children aged 5 - 13.

140 Mellons Bay Road Howick Manukau



mellonsbay@skids.co.nz  School Terms: Mon - Fri (3pm - 6pm) (021) 975 636 Holidays: Mon - Fri (8:30am - 5:30pm)

(09) 533 3629 (office) Some charges may apply. http://www.skids.co.nz/location/mellons\_b No referral required. ay/

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - Mt Albert**

FSD0008218 Last updated 16/02/2021

SKIDS provide on-site OSCAR programmes at more than 50 schools throughout New Zealand. We are Social Sector Accredited and our families can access Work and Income OSCAR subsidies when using our services.

Mt Abert Primary 6 Sainsbury Road Mt Albert Auckland



mtalbert@skids.co.nz  3pm-6pm weekdays in school terms and (021) 026 06460 8am-6pm during School Holidays http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - National Office**

FSD0008201 Last updated 16/11/2020

sKids provide on-site OSCAR approved programmes at 64 schools nationwide and 53 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

62A Diana Drive Wairau Valley Auckland 0627



admin@skids.co.nz  Office Daily 9am-5pm.

(0800) 274 172 Some charges may apply.

(09) 576 6602 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Safe Kids in Daily Supervision (SKIDS) Ltd - Titirangi**

FSD0008214 Last updated 18/12/2020

SKIDS provide on-site OSCAR approved programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

 Titirangi Primary School Hall - Atkinson Road Titirangi Auckland

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| titirangi@skids.co.nz  (021) 247 8828 (09) 390 8828 http://www.skids.co.nz    **Classification : OSCAR**    **Salt Community Trust** | Monday to Friday from:  7am - 8.30am  2.55pm - 6pm  Some charges may apply. No referral required. |
| FSD0024313 | Last updated 26/08/2020 |

We are funded by the MSD Community Food Response Fund to provide food to people in the Hibiscus Coast Community

6 Hibiscus Coast Highway Silverdale 0932



operationreach@salttrust.org.nz  Please contact us via email for times service is

(021) 090 63486 open (NB: When operating under Covid-19 Alert http://www.salttrust.org.nz/ Levels 3 and 4, hours of operation are manged

to meet the need accordingly) Some charges may apply. No referral required.

**Sands Auckland Central Inc.**

FSD0008133 Last updated 21/12/2020

Sands Auckland Central is a parent-run group supporting families, throughout the Auckland region (mainly North Shore, Central Auckland and Waitakere), who have experienced the death of a baby - at any age or gestation, and in any circumstance.

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| info@sandsauckland.org.nz  (0508) Sands A (0508) 72 63 72 http://www.sandsauckland.org.nz | Email and phone support available.  Monthly support group - first Thursday evening of the month (no January group).  All services free of charge.  No referral required. |

**School's Out Wolverton**

FSD0022226 Last updated 26/03/2021

School’s Out Wolverton caters for children between the ages of 5-13 years who are attending Primary or Intermediate school. OSCAR approved sessions run Before School, After School and during every School Holidays.

At School’s Out, we are committed to providing each child with a safe, positive, fun and happy environment in which to grow. Our daily, weekly and holiday programmes are tailored to meet the needs, interests and abilities of the children in our care.

c/- Best Start Wolverton St 25 Wolverton St Avondale Auckland 0600



wolverton@schoolsout.co.nz  Monday-Friday (excl. stat holidays)

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| (09) 828 9089 (027) 688 8477 https://schoolsout.co.nz/wolverton/    **Classification : OSCAR**    **School's Out Wyllie** | Before School 7am-9am  After School 3pm-6pm Holiday Programme 7am-6pm Some charges may apply. No referral required. |
| FSD0022222 | Last updated 26/03/2021 |

School’s Out caters for children between the ages of 5-13 years who are attending Primary or Intermediate school. Our OSCAR approved daily, weekly and holiday programmes are tailored to meet the needs, interests and abilities of the children in our care.

At School’s Out, we are committed to providing each child with a safe, positive, fun and happy environment in which to grow.

44 Wyllie Road Papatoetoe Auckland 2025



wyllie@schoolsout.co.nz  Monday to Friday (excluding stat. holidays)

(09) 277 1216 Before school 7am-9am

(027) 440 5072 After school 3pm-6pm

https://schoolsout.co.nz/wyllie/ Holiday programme 7am-6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Schools Out Before & After School Care New Windsor**

FSD0022831 Last updated 19/01/2021

Schools Out New Windsor Before and After School Care is a privately and locally owned business that has operated since 2001 and is conveniently based on site in the school hall at New Windsor Primary School. We are OSCAR approved & cater for Work & Income subsidies. Our aim is to provide a safe and secure, fun environment where the children and our dedicated staff can enjoy the great range of activities available. Breakfast & afternoon tea is provided offering the children a great range of tasty & healthy foods.

New Windsor Primary School 185 New Windsor Road New Windsor Auckland 0600



dazshaz@xtra.co.nz  Monday-Friday (excl. stat holidays) Before

|  |  |
| --- | --- |
| (021) 239 2116 (09) 828 0427 https://schoolsout.co.nz/    **Classification : OSCAR** | School Care 7am to 8.30am.  After School Care 3pm to 6pm.  Some charges may apply.  No referral required. |

**Schools Out Waimauku/Huapai**

FSD0022496 Last updated 12/01/2021

We specialise in OSCAR approved Before and After School Care and School Holiday programmes and are based at Huapai and Waimauku Schools.

At Schools Out we are committed to providing excellence in the school age child care. Our programme aims to provide a safe and enjoyable environment while attempting to encompass individual needs, cultures and interests. The atmosphere is relaxed with the necessary boundaries to ensure safety.

School's Out After School Care was established in May 1997 and before school care began in 2002 as demand from parents increased.

 Waimauku War Memorial Hall 24 Waimauku Station Road Waimauku Auckland 0812

sandra@afterschoolcare.net.nz (027) 226 0890 http://afterschoolcare.net.nz

**Classification : OSCAR**

**Seasons for Growth Howick**

FSD0006650

Monday to Friday 7am-8.30am & 3pm to 6pm during school term and 7am to 6pm during school holidays Some charges may apply. No referral required.

Last updated 05/10/2020

Seasons for Growth is an innovative 8 week grief and loss education programme that uses the imagery of the seasons to illustrate the experience of grief. It aims to strengthen the emotional and social wellbeing of children and young people (aged 6-18) who are dealing with significant life changes by-

* exploring the impact of change and loss on every-day life
* learning new ways to respond to these changes

Trained adult companions facilitate the small group programme where participants support and learn from each other in age appropriate and engaging activities.

Young people learn that they are not alone in dealing with the effects of change, loss and grief and build their communication, decision making and problem solving skills within a supportive peer group.

All Saints' Community Centre 30 Cook Street Howick Manukau griefandloss@allsaintshowick.org.nz  School hours



(09) 533 0222 Koha/donation may apply.

(022) 423 8904 No referral required. https://www.goodgrief.org.au/

**Seedlings Education**

FSD0022911 Last updated 18/08/2020

We are a home-based education program offering support and guidance to people caring for children in the home.

3/12 Laidlaw Way East Tamaki Manukau 2016



info@seedlingseducation.co.nz  Monday - Sunday 6am - 8:30pm

(09) 273 5525

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| --- | --- |
| (0800) 733 354 http://seedlingseducation.co.nz      **SENZ Charitable Trust** | 0800 SEEDLINGS  All services free of charge. No referral required. |
| FSD0003635 | Last updated 23/06/2020 |

SENZ Employment Centre offers employment services to adults registered with Work & Income.

13-15 Gladding Place Manukau



info@senz.org.nz  8am - 4.30pm Mon - Friday

|  |  |
| --- | --- |
| (09) 261 0070  (0800) SENZ4U http://www.senz.org.nz | All services free of charge. Referral may apply. |

**Sherwood Before & After School Care & Holiday Programmes**

FSD0017873 Last updated 12/04/2021

We provide quality care in a safe and stimulating environment with trained staff to ensure your child has the best care possible when you cannot be there for them.

Daily term time from 7am to 6pm. Teacher only days 7am - 6pm (dependent on staffing) Holiday programmes x 8 weeks per year. 7.30am - 6pm.

40 Sartors Avenue Browns Bay Auckland 0360



christinea@sherwoodprimary.school.nz  7am - 6pm daily Term time

(09) 476 2594 7.30am - 6pm Holiday Programmes http://sherwoodprimary.school.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Sherwood Primary Before & After School Care**

FSD0021219 Last updated 12/04/2021

We offer parents OSCAR approved Before & After School Care and Holiday Programmes in a safe, secure, stimulating and friendly environment for your child when you are unable to be at home.

Situated on school grounds in our own buildings with access to 3 age relative playgrounds, which are supervised by trained staff.

Outside provider activities are run onsite and we will take and bring back your child from any they may have booked in too.

Afternoon tea is provided and supervision of homework is completed 4 days of the week, however parents take full responsibility for content and signing off for teachers. . You are welcome to visit at anytime.

40 Sartors Avenue Browns Bay Auckland 0360



basc@sherwoodprimary.school.nz  Opening at 7am daily to 6pm Term time and

(09) 476 2594 730am - 6pm holidays. http://www.sherwoodprimary.school.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**SIAOLA**

FSD0023218 Last updated 14/09/2020

Siaola is a social service provider that is focused on the elimination of youth suicide and child abuse prevention. This is in line with the Methodist Mission ‘Let the Children Live’ 10 year Plan. We work with Tongan families in the areas of Family Violence Prevention and Child Protection through building successful and thriving lives for our Tongan families. Our programmes are focused on Famili Lelei - Relationships, Education and Health.

Level 1 409 Great South Rd Penrose Auckland 2022



Kathleent@methodist.org.nz  9am to 5pm

(09) 600 2662 Monday- Friday https://www.facebook.com/VahefonuaMet All services free of charge. hodistMission/ No referral required.

**Classification : PACIFIC**

**Sisters of Mercy Wiri**

FSD0005894 Last updated 15/01/2021

Sisters of Mercy Wiri is a community based social service agency with a strong social justice and community development focus. We provide a range of services to meet the needs of children, families/whanau and the community.

14 Trevor Hosken Drive Wiri Auckland 2104 info@sistersofmercywiri.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 263 6464 The service is predominantly for the people who http://www.sistersofmercywiri.org.nz/ live in Wiri/Manurewa.

All services free of charge. No referral required.

**Skids - Sylvia Park**

FSD0008219 Last updated 05/02/2021

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Sylvia Park School - Longford Street Mt Wellington Auckland



sylviapark@skids.co.nz  Breakfast Club 7.30 to 8.30 Mon to Fri

|  |  |
| --- | --- |
| (027) 291 9116 (027) 539 9412 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Anchorage Park** | After School Care 2.45 to 6.00 Mon to Friday. Holiday Programme runs from 8.00 to 6.00 Mon to Fri on the holiday weeks.  Some charges may apply. No referral required. |
| FSD0022025 | Last updated 16/11/2020 |

sKids Anchorage Park offers OSCAR approved after school care and holiday programmes servicing the Anchorage Park School community and greater Pakuranga communities. We are Social Sector accredited, qualifying families can access Work and Income subsidies.

Fantastic staff and amazing fun and safe programme for all children aged 5 to 14 years of age!

Anchorage Park School 16 Swan Crescent Pakuranga Auckland 2010 admin@skids.co.nz  Programme hours:



|  |  |
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| (0800) 274 172 (09) 576 6602 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Arahoe** | After School Care - 3pm to 6pm Holiday Care - 8am to 6pm Some charges may apply. No referral required. |
| FSD0022298 | Last updated 27/10/2020 |

Provider of OSCAR approved out of school care services for school aged (5years - 13years) children.

1. Arahoe road New Lynn Auckland 0600



arahoe@skids.co.nz  7.00am - 8.30am - Before School Care

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| --- | --- |
| (021) 931 133  (027) 565 5251 http://skids.co.nz    **Classification : OSCAR**    **Skids at Bairds Mainfreight** | 3.00pm - 6.00pm - After School Care 7.00am - 6.00pm - Holiday Care Some charges may apply. No referral required. |
| FSD0018562 | Last updated 22/04/2021 |

We offer you the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in: Before school care, After school care, and School holiday programmes. We take the care and welfare of your children very seriously. The safety and care of your child is our number one priority.

1. Edward Avenue Otara Auckland 2023



bairds@skids.co.nz  Hours of operation 2.45pm - 6.30pm, Monday to

(027) 627 5001 Friday.

(0800) 543 922 Some charges may apply. http://www.skids.co.nz No referral required.

**Classification : OSCAR**

**sKids Balmoral**

FSD0008215 Last updated 04/02/2021

SKIDS provide on-site OSCAR approved programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Balmoral School hall - Brixton Road Mount Eden Auckland



balmoral@skids.co.nz  Before / After School, 7.30-8.45am and 3.00-

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| --- | --- |
| (021) 975 632 (021) 683 763 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Bayfield** | 6.00pm daily in school term  8.00am-6.00pm school holidays Some charges may apply. No referral required. |
| FSD0023073 | Last updated 19/03/2021 |

SKIDS provide on-site OSCAR approved programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Bayfield School 2-12 Clifton Rd Herne Bay Auckland 1011



bayfield@skids.co.nz  After School, 3.00-6.00pm daily in school term.

(027) 528 6999 8.00am-6.00pm school holidays http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Belmont**

FSD0023183 Last updated 30/09/2020

SKIDS provide onsite before/after school care and holiday programmes at 150 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income out of school care and recreation subsidies when using our services.

Belmont Rose Centre 4 School Road Belmont Auckland 0622



belmont@skids.co.nz  Before School Care: 7.30-9am Monday to Friday (022) 692 0087 After school Care: 3-6pm Monday to Friday (021) 185 1239 Holiday Programme: 7.30-6pm Monday to Friday http://www.skids.co.nz/location/belmont/ between school terms.

Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Birkdale North School**

FSD0023307 Last updated 24/09/2020

OSCAR approved Before School Care, After School Care and School Holiday Programme Provider for ages 5-13 years old.

213 Birkdale Road Auckland 0626



birkdalenorth@skids.co.nz  Term time: Monday to Friday 7am to 8:30 am;

(022) 160 9033 3pm to 6pm

(022) 084 9253 School Holiday : Monday to Friday 7 am to 6pm https://www.skids.co.nz/locations/birkdale Some charges may apply.

\_north/ No referral required.

**Classification : OSCAR**

**Skids Birkenhead**

FSD0022364 Last updated 02/11/2020

We provide a quality Before, After School Care and Holiday Programme for many years. A Structure Programme runs according to theme including homework supervision, extra Maths practice, sports, art and craft, baking and cooking, science and fun games.

 77 Mokoia Road Birkenhead Auckland 0626

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| birkenhead@skids.co.nz  (021) 118 1621 (021) 127 1685 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Botany Downs** | Before School Care 7.00am till 8.30am  After School Care 3.00pm till 6.00pm  Holiday Programme 7.00am till 6.00pm | |
| Some charges may apply. No referral required. |  |
| FSD0021488 |  | Last updated 18/12/2020 |

OSCAR Approved Holiday Programme at Botony Downs School, Auckland.

Botany Downs School 35 Mirrabooka Avenue Botany Downs Auckland 2010 botanydowns@skids.co.nz  7.30am to 6pm during holidays (022) 020 0991 Some charges may apply. http://www.skids.co.nz/location/botany\_do No referral required. wns/



**Classification : OSCAR**

**sKids Browns Bay**

FSD0021649 Last updated 24/08/2020

Welcome to Safe Kids In Daily Supervision (sKids) where the safety and care of your child is our number one priority and offers the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in:

Before school care

After school care

School holiday programmes sKids Active! sports programmes

We pride ourselves on being New Zealands largest private out-of-school supervised care provider, we take the care and welfare of your children very seriously.

For us this is more than a business it's a PASSION - visit our website.

 Browns Bay School Hall - Masterton Road Browns Bay Auckland 0630

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| brownsbay@skids.co.nz  (021) 384 038 (022) 129 0050 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Bucklands Beach** | 7.00 - 8.30am Before School  3.00 - 6.00pm After School  7.00 - 6.00pm Holiday time Some charges may apply. No referral required. |
| FSD0021417 | Last updated 18/08/2020 |

We provide before and after school care and holiday programmes for primary aged school kids.

107 Clovelly road Bucklands Beach Manukau 2012



bucklandsbeach@skids.co.nz  School term times Between 7.30am and 8.30am

(021) 812 141 and between 3pm and 6pm. http://www.skids.co.nz/location/bucklands

\_beach School Holidays 7.30am - 6pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Campbells Bay**

FSD0023113 Last updated 11/02/2021

We Provide Out of School care. This includes Before, After school care. Holiday programme and most recently tuition Programmes.

Campbells Bay School 77 Aberdeen Road Castor Bay Auckland 0620 campbellsbay@skids.co.nz  Monday to Friday



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| (09) 390 0013  (022) 367 5011 http://skids.co.nz | 7:00 to 8:30am  3:00 to 6:00pm  Some charges may apply.  Referral may apply. |

**Classification : OSCAR**

**Skids Clayton Park**

FSD0023049 Last updated 23/04/2021

Programme: OSCAR approved programme. We offer Before School care, After School Care and holiday programme for ages 5 to 13 years.

187 Coxhead Road Manurewa Auckland 2110



admin@skids.co.nz  During School Term Centre times.

(0800) 274 172 7am to 8.30am (09) 576 6602 2pm to 6.15pm http://www.skids.co.nz

School Holidays 7am - 6pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Dawson**

FSD0022436 Last updated 24/08/2020

We provide OSCAR approved after school and holiday programme for primary and intermediate children. School based. MSD Approved. OSCAR subsidy available.

15 Haumia Way Otara Auckland 2023



dawson@skids.co.nz  After School 2:45 -6:15pm

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| --- | --- |
| (021) 252 9470 (021) 403 0009 https://www.facebook.com/skidsotara    **Classification : OSCAR**    **sKids Devonport** | Holiday Programme 8am - 6pm Some charges may apply. No referral required. |
| FSD0018342 | Last updated 12/04/2021 |

SKIDS provide onsite before/afterschool care and holiday programmes at 150 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income out of school care and recreation subsidies when using our services.

Devonport Primary School 18 Kerr Street Devonport North Shore 0624



devonport@skids.co.nz  Before School Care: 7.30-9am Monday to Friday (022) 173 7289 Afterschool Care: 3-6pm Monday to Friday (021) 185 1239 Holiday Programme: 7.30-6pm Monday to Friday http://www.skids.co.nz/locations/devonpor between school terms. t/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Don Buck**

FSD0022312 Last updated 15/03/2021

SKIDS provide on-site OSCAR programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Don Buck Primary School - Space 1 124 Don Buck Road Massey West Waitakere 0614 manel@skids.co.nz  Before School Care: 7:00am-8:30am (022) 654 5248 Before School Care: 7:30am-8:30am http://www.skids.co.nz After School Care: 3:00pm-6:00pm



School Holidays: 7:00am-6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Flat Bush**

FSD0022469 Last updated 24/08/2020

We provide OSCAR approved after school and holiday programme for primary and intermediate children. School based. MSD Approved and OSCAR subsidy available.

20 FlatBush Road Otara Auckland 2023



flatbush@skids.co.nz  After School 3:00 - 6:15pm (021) 252 9470 Holiday Programme 8am - 6pm (021) 403 0009 Some charges may apply. https://www.facebook.com/skidsotara No referral required.

**Classification : OSCAR**

**sKids Glen Eden**

FSD0023877 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services.

3 Glenview Road Glen Eden Auckland 0602



admin@skids.co.nz  Before School - 7.00am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/glen\_ed Some charges may apply. en/ No referral required.

**Classification : OSCAR**

**skids Glen Innes**

FSD0022847 Last updated 03/05/2021

We provide OSCAR approved after school care, before school care and holidays care for children age 5 to 13 years.

Glen Innes School 40 Eastview Road Glen Innes Auckland 1072



gleninnes@skids.co.nz  For school Term - Monday to Friday

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| (022) 50 SKIDS(75437) (021) 068 6892 http://www.skids.co.nz    **Classification : OSCAR**    **skids Glen Taylor** | 2:30pm-6:00pm.  For school holidays -Monday to Friday 8:00am-6:00pm.  Some charges may apply. No referral required. |
| FSD0022846 | Last updated 30/06/2020 |

We run OSCAR approved after school care, Before school care and Holiday programmes for children age 5-13.

172 West Tamaki Road Glendowie Auckland 1072



glentaylor@skids.co.nz  For School Term - Monday to Friday 2:30pm-

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| (021) 068 6892 (022) 587 5437 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Glenbrae** | 6:00pm.  For school Holidays - Monday to friday 8:00am6:00pm.  Some charges may apply. No referral required. |
| FSD0023235 | Last updated 20/08/2020 |

We provide OSCAR approved after school care, before school care and holidays care for children age 5 to 13 years.

18 Beltany Drive Flat Bush Auckland 2019



glenbrae@skids.co.nz  For school Term - Monday to Friday

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| (021) 068 6892  (022) 022 50 SKIDS (75437) http://skids.co.nz    **Classification : OSCAR**    **sKids Glendene** | 2:30pm-6:00pm.  For school holidays - Monday to Friday 8:00am-6:00pm.  Some charges may apply. No referral required. |
| FSD0022770 | Last updated 08/02/2021 |

sKids Glendene provides a safe, affordable, onsite supervised out-of-school care programmes for kids 5 - 12 years old. We are OSCAR approved and our families can access OSCAR subsidies through Work and Income when using our services.

60 Barry's Road Glendene Auckland 0602



glendene@skids.co.nz  School Term: Mon - Fri 3:00pm - 6:00pm (022) 657 7433 School Holiday: Mon - Fri 7:00am - 6:00pm http://skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Grey Lynn**

FSD0008216 Last updated 12/04/2021

SKIDS provide onsite OSCAR approved programmes in over 150 schools throughout New Zealand. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Grey Lynn Primary School 44 Surrey Crescent Grey Lynn Auckland 1021



greylynn@skids.co.nz  Weekdays from 7.30am to 9am and 3pm to 6pm (027) 316 3293 School holidays from 7.30am to 6pm (021) 185 1239 Some charges may apply. http://www.skids.co.nz/locations/grey\_lynn No referral required.

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**Classification : OSCAR**

**Skids Henderson Valley**

FSD0022579 Last updated 19/06/2020

OSCAR approved. Skids HENDERSON VALLEY provides Before & After School Care and Holiday Programmes for kids 5 to 13 years old onsite at Henderson Valley Primary School.

Henderson Valley Primary School 389 Henderson Valley Rd Henderson Auckland 0612 hendersonvalley@skids.co.nz  Before School Care programme runs from (021) 213 4652 bookings 7.00am - 8.30am and our After School Care



(021) 286 2807 onsite programme runs from 3.00pm - 6.00pm http://www.skids.co.nz/location/henderson

\_valley/ Holiday program service available from 7.30am

til 6pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Hillpark**

FSD0023297 Last updated 23/04/2021

Skids Hillpark provides OSCAR approved, exciting holiday programmes to school aged children from age 5 years to 13 years. Programmes held at Hillpark School, Manurewa.

57 Grande Vue Road Manurewa Auckland 2102



admin@skids.co.nz  7am to 6pm during holiday programme

|  |  |
| --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Holy Cross** | Office hours 9am to 5pm Some charges may apply. No referral required. |
| FSD0008206 | Last updated 08/02/2021 |

sKids Holy Cross provides a safe, affordable, onsite supervised out-of-school care programmes for kids 5 - 12 years old. We are OSCAR approved and our families can access Work and Income subsidies when using our services.

Holy Cross Catholic School Hall 8 Lavelle Road Henderson Waitakere City 0612



holycrosswest@skids.co.nz  Before School Care: 7:00am - 8:30am (021) 922 809 After School Care: 3:00pm - 6:00pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Skids Holy Trinity**

FSD0023300 Last updated 23/04/2021

Skids Holy Trinity run OSCAR approved before school care,after school care and holiday programmes for school aged children.

 137 Airfield Road Takanini Auckland 2110

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| admin@skids.co.nz  (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Homai** | Mon to Friday  7am to 8.30am  2pm to 6.15pm  Holiday program  7am to 6.15pm weekdays Some charges may apply. No referral required. |
| FSD0024223 | Last updated 19/04/2021 |

We provide before school care, after school care and holiday care for school aged children between the age of 5 to 13.

27 Moyrus Crescent East Tamaki Heights Auckland 2016



palwinder@skids.co.nz  Monday to Friday (021) 081 78012 Some charges may apply.

(021) 300 146 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Skids Howick**

FSD0024356 Last updated 04/09/2020

We offer OSCAR approved Programmes that provides Before and After School care and Holiday programmes. Based in Howick, Auckland.

1. Willoughby Avenue Howick Auckland 2014



wayne@skids.co.nz  Before School Care - 7am to 8.30am

(021) 616 513 After School Care - 3pm to 6pm

http://www.skids.co.nz/locations/howick/ Holiday Programmes - 7am to 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Kelston**

FSD0022610 Last updated 15/01/2021

OSCAR approved programmes Provider offers Before and After School childcare.

OSCAR Funding for 3 sites : Skids Kelston, Skids New Lynn, Skids \Sunnyvale.

1. Archibald Road Kelston Auckland 0602



kelston@skids.co.nz  7.00am to 8.30am - Before School

|  |  |  |
| --- | --- | --- |
| (09) 948 8332  (021) 669 201 http://www.skids.co.nz/location/kelston/    **Classification : OSCAR**    **SKIDS Kelvin Road** | 3pm to 6pm - After School  7am to 6pm - Holiday Programme | |
| Some charges may apply. No referral required. |  |
| FSD0021893 |  | Last updated 23/03/2021 |

Provide before/after school care and holiday programme.

Kelvin Road School 74 Kelvin Road Papakura 2110



palwinder@skids.co.nz  Before School Care - 7:00am - 8:30am

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| --- | --- | --- |
| (021) 081 78012 (09) 265 2422 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Kingsford** | After School Care - 2:30pm - 6:30pm  Holiday Porgamme - 8:00 am - 6:00pm | |
| Some charges may apply. No referral required. |  |
| FSD0021911 |  | Last updated 22/04/2021 |

Provide before/after school care and holiday programme.

54 Raglan Street Mangere East Auckland 2024



kingsford@skids.co.nz  Before School Care = 7:30am-8:30am (09) 940 3665 After School Care = 3:00pm-6:00 pm

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| --- | --- |
| (021) 035 6547 http://www.skids.co.nz | Holiday Programme = 8:00am-6:00pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**sKids KingsWay**

FSD0023238 Last updated 30/06/2020

sKids KingsWay is your one stop shop for a highly interactive programme designed to inspire and educate the children in our care through both structured play and free play. We do this by offering fun activities and homework help in a safe and nurturing environment that parents trust and kids love. Children in our care receive the goodness a growing body needs with our nutritional breakfasts & afternoon teas. We pride ourselves on being New Zealand's largest private out-ofschool supervised care provider. Being an OSCAR approved site means Work and Income OSCAR subsidies are available.

2 Bonair Crescent Silverdale Auckland 0932



kingsway@skids.co.nz  Term Time Monday - Friday Before School (021) 047 4834 7:00am-8:30am After School 3:00pm - 6:00pm

http://www.skids.co.nz/location/kingsway/ School Holiday Programme 7:00am-6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Laingholm**

FSD0021821 Last updated 18/12/2020

We run before/after school care and holiday care.

54 Victory Road Laingholm Auckland 0604



laingholm@skids.co.nz  Monday to Friday (term time)

(09) 390 8828 2.55pm - 6pm

(021) 247 8828 7 am - 6pm (holidays)

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Lincoln Heights**

FSD0022310 Last updated 15/03/2021

SKIDS provide on-site OSCAR programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

Lincoln Heights School - sKids Room 31 16 Keegan Drive Massey Waitakere 0614



manel@skids.co.nz  Before School Care: 7:00am-8:30am / 7:30am-

(022) 654 5248 8:30am

http://www.skids.co.nz After School Care: 3:00pm-6:00pm

School Holidays: 7:00am-6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Macleans**

FSD0023879 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services at Macleans Primary School.

10 Wycherley Drive Bucklands Beach Auckland 2014



admin@skids.co.nz  Before School - 7.00am - 8.30am (0800) 274 172 After School - 3.00pm - 6.00pm (09) 576 6602 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/maclean Some charges may apply. s/ No referral required.

**Classification : OSCAR**

**sKids Mairangi Bay**

FSD0023880 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services at Mairangi Bay School.

 Mairangi Bay School - Galaxy Drive Mairangi Bay Auckland 0630

admin@skids.co.nz  Before School - 7.30am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.30pm - 6.00pm https://www.skids.co.nz/locations/mairangi Some charges may apply.

\_bay/ No referral required.

**Classification : OSCAR**

**SKIDS Mangere Bridge**

FSD0008217 Last updated 16/11/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are Social Sector accredited and our families can access Work and Income OSCAR subsidies when using our services.

Mangere Bridge School 2 Domain Drive Mangere Bridge Manukau admin@skids.co.nz  7.30am - 8.30am



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| --- | --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Mangere Central** | 3.00pm - 6.00pm  Monday to Friday  Some charges may apply.  No referral required. |  |
| FSD0021888 |  | Last updated 29/06/2020 |

We provide before/after school care and holiday programme.

244 Kirkbride Road Mangere Auckland 2022



samuel@skids.co.nz  Before School Care = 7:30 am- 8:30am

|  |  |
| --- | --- |
| (09) 390 6700 (021) 040 2375 http://www.skids.co.nz | After School Care = 3:00 pm - 6:30pm Holiday Programme = 8:00 - 6:00 pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Skids Manuka**

FSD0022516 Last updated 15/01/2021

We provide a safe, quality, structure and well trained staff in our before and after school care and holiday programme.

Structured Programmes run according to the fun theme including sports, games, art and craft, baking and cooking and science, after home work supervising and extra Maths worksheet. All staff are trained in Behaviour Management, Child Protection, Health and Safety and of course First Aid.

34 Manuka Road Glenfield North Shore 0629



manuka@skids.co.nz  Before School 7.00 am - 8.30 am

|  |  |
| --- | --- |
| (09) 443 2183 (021) 118 1621 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Manurewa East** | After School 3.00 pm - 6 .00 pm Holiday Programme 7.30 am - 6.00 pm Some charges may apply. No referral required. |
| FSD0023302 | Last updated 23/04/2021 |

sKids Manurewa East offers OSCAR approved After-School-Care, Before-School-Care and Holiday Programmes to children aged 5-13 years. If you're looking for a safe, structured and fun Out-of-School Care environment for your children then you've come to the right place.

 The School Hall (Gate 6), Manurewa East School 10 Scotts Road Manurewa East Auckland 2102

|  |  |
| --- | --- |
| admin@skids.co.nz  (09) 576 6602 (0800) 274 172 http://www.skids.co.nz | BSC - 7:00am-8:30am Mondays to Fridays during school term.  ASC - 2:45pm-6:00pm Mondays to Fridays during school term.  Holiday Programme - 7:00am-6:00pm during programme.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Skids Manurewa South**

FSD0019332 Last updated 27/04/2021

Skids Manurewa is an after School Provider -

We offer before school care, afterschool care, Holiday Programme.

We also offer a pick up service from 8 of the local schools in Manurewa.

Manurewa South Primary School Hall 39 Tawa Crescent Manurewa South Manurewa 2102 admin@skids.co.nz  7am - 8.30am morning care (09) 576 6602 2pm to 6pm Afterschool care (0800) 274 172 Some charges may apply. http://skids.co.nz No referral required.



**Classification : OSCAR**

**SKIDS Mary McKillop School**

FSD0019102 Last updated 30/06/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Mary McKillop School 12 McNaughton Avenue Mangere Manukau 2024



samuel@skids.co.nz  Before School Care = 7:30 am- 8:30am

|  |  |
| --- | --- |
| (09) 390 6700 (021) 040 2375 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Matipo** | After School Care = 3:00 pm - 6:30pm Holiday Programme = 8:00 - 6:00 pm Some charges may apply. No referral required. |
| FSD0022305 | Last updated 03/11/2020 |

We are providers of OSCAR approved out of school care services (Before School Care, After School Care & Holiday Care) for school aged children from 5 years - 13 years of age.

 63B Matipo Road Te Atatu Peninsula Auckland 0610

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| matipo@skids.co.nz (021) 213 4652 http://skids.co.nz    **Classification : OSCAR**    **SKIDS MATUA NGARU** | School term - Weekdays-Before School Care -  7.00am-8.30am, After School Care-2.45pm-  6.00pm  Some charges may apply. No referral required. |
| FSD0023873 | Last updated 12/04/2021 |

SKIDS MATUA NGARU provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes.

47 Gilbransen Road Kumeu 0810



matuangaru@skids.co.nz  School Term Care

(027) 846 1725 Monday - Friday

(020) 478 9987 Before School Care 7:00am - 8.30am

https://www.skids.co.nz/locations/matua\_ After School Care 3:00pm - 6:00pm ngaru/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**Skids May Road**

FSD0022801 Last updated 22/04/2021

Skids May Road provides OSCAR approved Before School Care, After School Care and School Holiday Programmes.

504 Richardson Road Mt Roskill Auckland



mayroad@skids.co.nz  7:30 to 8:30

|  |  |
| --- | --- |
| (09) 940 3665  (021) 150 0912 http://skids.co.nz | 3 pm to 6 pm  School Holiday  8 am to 6 pm  Some charges may apply.  Referral may apply. |

**Classification : OSCAR**

**SKIDS Mayfield School**

FSD0019105 Last updated 17/08/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Mayfield School 12 Pearl Baker Drive East Tamaki Manukau



mayfield@skids.co.nz  Some charges may apply.

(021) 627 5001 No referral required.

(09) 558 3462 office http://www.skids.co.nz

**Classification : OSCAR**

**sKids Milford**

FSD0021835 Last updated 26/11/2020

We are an Out of School Care and Recreation (OSCAR) Provider for children aged 5-13 years old offering Before School Care, After School Care and Holiday Programmes. We are approved by the Ministry of Social Development. Our aim is to provide a fun and safe environment for kids where they can learn, interact and play in a supervised setting.

34 Shakespeare Road Milford Auckland 0623



milford@skids.co.nz  Mon-Fri (021) 022 30650 7am-6pm

http://www.skids.co.nz/locations/milford/ Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Monte Cecilia**

FSD0023252 Last updated 16/11/2020

We provide before school and after school care.

34 Whitmore Road Mt Roskill Auckland 1041



admin@skids.co.nz  We provide before school and after school care

(09) 576 6602 Some charges may apply.

(0800) 274 172 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Mt. Roskill**

FSD0021900 Last updated 16/11/2020

Provides before/after school care and holiday programme.

Mount Roskill Primary School 37 Frost Road Mount Roskill Auckland 1041



admin@skids.co.nz  Before School Care = 7:30am- 8:30am

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| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **Skids New Lynn** | After School Care = 3:00pm - 6:15pm Holiday Programme = 7:30am - 6:15pm Some charges may apply. No referral required. |
| FSD0021650 | Last updated 15/01/2021 |

OSCAR provider - We Offer Before/After School Care. Holiday programmes delivered from Kelston Primary School (5 Archibald Road, Kelston, Auckland).

1 Hutchinson Avenue New Lynn Auckland 0600



newlynn@skids.co.nz  Before School Care - 7am to 8.30am

(09) 948 8332 After School Care - 3 to 6pm

(021) 669 201 Holiday programmes (In Kelston)- 7am to 6pm http://www.skids.co.nz/location/new\_lynn Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Nga Iwi School**

FSD0019103 Last updated 17/08/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Nga Iwi School 60 Mascot Avenue Mangere Manukau



ngaiwi@skids.co.nz  Freephone: 0800 900754 (0800) 543 922 Some charges may apply.

(09) 558 3462 office No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Northcote**

FSD0022299 Last updated 14/12/2020

SKIDS provide onsite OSCAR programmes in over 150 schools throughout New Zealand. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

2 Lake Road Northcote Auckland 0620



northcote@skids.co.nz  Before school 7am - 8.30am

(021) 082 97693 After school 3pm to 6pm http://www.skids.co.nz/locations/northcote School holidays from 8am to 6pm.

\_primary/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**SKIDS Onehunga**

FSD0023838 Last updated 22/01/2021

We provide After School Care and Holiday Programmes.

 122 Arthur Street Onehunga Auckland

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| becca@skids.co.nz  (021) 050 7893 (0800) 754377 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Orakei** | No BSC Offered (as of yet)  3:00-6:00pm ASC  8:00-6:00pm Holiday Programmes Some charges may apply. No referral required. |
| FSD0023402 | Last updated 16/11/2020 |

OSCAR approved out of school care. After school and holiday programmes available.

1 Grace Street Orakei Auckland 1071



admin@skids.co.nz  After School - 3.00pm - 6.00pm (0800) 274 172 Holiday Programme - 8.00am - 6.00pm

(09) 576 6602 Some charges may apply. http://www.skids.co.nz No referral required.

**Classification : OSCAR**

**SKIDS Oranga**

FSD0023228 Last updated 25/08/2020

OSCAR approved before, after and school holiday programmes delivered from Oranga School

21 Rangipawa Road One Tree Hill Auckland 1061 oranga@skids.co.nz  /



(027) 610 0021 (Site phone) Some charges may apply.

(09) 390 6700 (Office) No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Otahuhu**

FSD0024043 Last updated 19/10/2020

SKIDS provide on-site OSCAR approved programmes throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care.

43 Station Rd Otahuhu Auckland 1062



otahuhu@skids.co.nz  ASC- 3pm -6pm Mon-Fri (09) 576 6602 Some charges may apply.

(027) 209 2547 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**SKIDS Oteha Valley**

FSD0021377 Last updated 12/04/2021

Skids Oteha Valley provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes and School Holiday Programmes.

Oteha Valley Primary School Hall 2 Medallion Drive Auckland



otehavalley@skids.co.nz  School Term Care

(027) 846 1725 Monday - Friday

(027) 558 8032 Before School Care 7:00am - 8.30am

http://www.skids.co.nz/location/oteha\_vall After School Care 3:00pm - 6:00pm ey/

School Holidays

Holiday Programme 7:00am - 6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Papakura Central**

FSD0021495 Last updated 11/12/2020

OSCAR approved Before and After School care and Holiday programmes at Papakura Central School.

Papakura Central School 23 Ray Small Drive Papakura Auckland 2110 vincent@skids.co.nz  7.00am to 8.30am



(027) 609 1220 2:30pm to 6pm

http://www.skids.co.nz/location/papakura\_ 7.30am to 6pm (holidays) central Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Papatoetoe Central**

FSD0021902 Last updated 16/11/2020

Provide before/after school care.

OSCAR approved.

71 C Montgomerie Road Mangere Bridge Auckland 2022



admin@skids.co.nz  Before School Care = 7:30am-8:30am

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| --- | --- | --- |
| (0800) 274 172 (09) 576 6602 http://www.skids.co.nz    **Classification : OSCAR**    **sKids Papatoetoe South** | After School Care = 3:00pm-6:15pm  Holiday Programme =7.30am-6:15pm | |
| Some charges may apply. No referral required. |  |
| FSD0021901 |  | Last updated 16/11/2020 |

Provide before/after school care and holiday.

OSCAR approved.

71 C Montgomerie Road Mangere Bridge Auckland 2022



admin@skids.co.nz  Before School Care = 7:30am-8:30am

|  |  |
| --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz | After School Care = 3:00pm-6:30pm Holiday Care= 7:30 am to 6:30 pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**sKids Papatoetoe West**

FSD0021907 Last updated 16/11/2020

We offer Oscar approved after school care and holiday programmes.

71 C Montgomerie Road Mangere Bridge Auckland 2022



admin@skids.co.nz  Before School Care = 7:30am-8:30am

|  |  |
| --- | --- |
| (09) 576 6602 (0800) 274 172 http://www.skids.co.nz    **Classification : OSCAR**    **Skids Parakai** | After School Care = 3:00pm-6:15pm Holiday Programme = 7:30am-6:15pm Some charges may apply. No referral required. |
| FSD0024214 | Last updated 12/04/2021 |

Skids Parakai provides on-site OSCAR programme. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer After School Care Programme.

10 Fordyce Road Parakai 0830



parakai@skids.co.nz  School Term Care

(027) 846 1725 Monday - Friday

http://www.skids.co.nz/location/parakai/ After School Care 3:00pm - 6:00pm

School Holidays

Holiday Programme 8:00am - 6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Peninsula**

FSD0023923 Last updated 30/03/2021

Provider of out of school care (OSCAR Approved) services at Peninsula Primary School

22 Waipani Road Te Atatu Auckland 0627



peninsula@skids.co.nz  Term time: 6.30am - 8.30am

(09) 576 6602 Term time: 3pm - 6pm

(027) 285 1704 Holiday: 6.30 - 6pm

http://www.skids.co.nz/locations/peninsula Some charges may apply. No referral required.

**Classification : OSCAR**

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| **sKids Puhinui** |  |
| FSD0023590 | Last updated 22/01/2021 |

Provider of Before/After School Care and Holiday Programme.

OSCAR approved Provider.

116 Puhinui Road Puhinui Auckland



becca@skids.co.nz  7:30 am - 8:30 am (021) 050 7893 3:00 pm - 6:00 pm

(0800) 754 377

http://WWW.SKIDS.CO.NZ Holiday Programme: 8:00am - 6:00pm

Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Skids Ramarama**

FSD0022982 Last updated 18/12/2020

Skids Ramarama is a child care centre that offers OSCAR approved before school care, after

school care and holiday programmes.

126 Ararimu Road RD 3 Drury 2579 rose@skids.co.nz (09) 298 5251 (office) (021) 289 9939 http://skids.co.nz



Centre Hours 7am to 8.30am & 3pm to 6pm

Office hours 9am-3pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Randwick Park**

FSD0018563 Last updated 01/04/2021

We offer you the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in: Before school care, After school care, and School holiday programmes. We take the care and welfare of your children very seriously. The safety and care of your child is our number one priority.

66 Riverton Drive Randwick Park Manukau 2016



randwickpark@skids.co.nz  weekdays 2.45 pm to 6.30 pm (027) 627 5001 Some charges may apply.

(021) 286 9900onsite No referral required.

http://www.skids.co.nz/location/randwick\_ park/

**Classification : OSCAR**

**sKids Remuera**

FSD0022209 Last updated 30/03/2021

We offer OSCAR approved Before School Care, After School Care and Holiday Programmes for children aged 5 to 13 years of age.

25 Dromorne Road Remuera Auckland



remuera@skids.co.nz  Term Care:

(027) 291 9115onsite Mon to Fri 7.30am to 8.30am and 3pm to 6pm

(09) 576 6602bookings

http://skids.co.nz Holiday Care:

Mon to Fri 7.30am to 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Riverhead**

FSD0023405 Last updated 09/04/2021

SKIDS Riverhead provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes and School Holiday Programmes.

21 School Road Riverhead 0820



riverhead@skids.co.nz  Monday-Friday

(027) 846 1725 After School (2.30pm – 5.30pm)

https://www.skids.co.nz/locations/riverhea Before School (7.00am – 8.00am) d/

School Holidays

Holiday Programme (7.00am – 6.00pm) Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Riverina**

FSD0023125 Last updated 22/01/2021

Out of school care (OSCAR approved) provider operating before school after school & holiday programs.

30 Millen Avenue Pakuranga Auckland 2010



riverina@skids.co.nz  Before school 7:30-8:30am (0800) 754 377 After care 3:00-6:00pm (021) 050 7893 Holiday care 8:00am-6:00pm http://www.skids.co.nz/location/riverina/ Some charges may apply. No referral required.

**Classification : OSCAR**

**SKIDS Robertson Road School**

FSD0019104 Last updated 17/08/2020

SKIDS provide on-site OSCAR programmes at 25 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services.

Robertson Road School 205 Robertson Road Mangere Manukau



robertsonroad@skids.co.nz  Landline 0800 900754 (027) 582 1131 onsite Some charges may apply.

(09) 558 3462 office No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Skids Rosebank**

FSD0024031 Last updated 17/10/2020

Provide OSCAR approved before after school and holiday care for school and community in the area.

217 Rosebank Road Avondale Auckland 1026



rosebank@skids.co.nz  7:30 to 8:30 am

|  |  |
| --- | --- |
| (027) 526 5321 (022) 031 5240 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Rowandale** | 3 to 6pm Monday to Friday Some charges may apply. No referral required. |
| FSD0022475 | Last updated 24/08/2020 |

We provide OSCAR approved after school and holiday programme for primary and intermediate children. School based. MSD Approved and OSCAR subsidy available.

73 Rowandale Avenue Manurewa Auckland 2102



rowandale@skids.co.nz  After School - Mon to Fri from 3:00-6.15pm (021) 252 9470 Holiday Programme - Mon to Fri from 8am-6pm (021) 403 009 Some charges may apply. https://www.facebook.com/skidsmanurew No referral required.

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**Classification : OSCAR**

**Skids Rutherford**

FSD0021374 Last updated 19/06/2020

OSCAR approved. Skids Rutherford provides Before & After School Care and Holiday Programmes for kids 5 to 13 years old onsite at Rutherford Primary School.

Rutherford Primary School 2 Kotuku Street Te Atatu Peninsula Auckland 0610



rutherford@skids.co.nz  Before School Care programme runs from 7.15 (021) 213 4652 8.30am, After School Care runs from 2.45 http://www.skids.co.nz/location/rutherford/ 5.30pm, Holiday programme from 7.30am -

5.30pm

Some charges may apply. Referral may apply.

**Classification : OSCAR**

**sKids Sancta Maria Catholic Primary School**

FSD0024019 Last updated 08/09/2020

Before and After School and Holiday Programme Service Provider for 5-13 year olds (Primary and Intermediate).

sKids Cottages 319 Te Irirangi Drive Flat Bush Auckland 2016



sanctamaria@skids.co.nz  7:30-8:30am Before School Care

|  |  |
| --- | --- |
| (021) 702 498 (0800) 754 377 http://www.skids.co.nz | 2:45-5:45pm After School Care 7:00-6:00pm Holiday Programme Some charges may apply.  Referral may apply. |

**Skids SASDA (South Auckland Seventh Day Adventist)**

FSD0023598 Last updated 22/01/2021

OSCAR approved Provider of before and after school care and holiday programme for 5-13 year olds.

42A Puhinui Road Papatoetoe Auckland



becca@skids.co.nz  7:15-8:15am Before School Care (021) 050 7893 2:45-5:45pm After School Care (0800) 754 377 8:00am-6:00pm Holiday Programme http://WWW.SKIDS.CO.NZ Some charges may apply.

Referral may apply.

**Classification : OSCAR**

**SKIDS Sir Edmund Hillary**

FSD0021908 Last updated 23/03/2021

Provide before/after school care and holiday programme.

2 Franklyne Road Otara Auckland 2023



palwinder@skids.co.nz  Before School Care = 7:30am-8:30am (021) 081 78012 After School Care = 3:00pm-6:30pm (09) 265 2422 Holiday Programme = 8:00am-6:00pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids St Annes Catholic School**

FSD0022794 Last updated 16/11/2020

We provide before school, after school and holiday programme.

124 Russell Road Manurewa Auckland



admin@skids.co.nz  Before School Care 7.00 am to 8:30 am (09) 576 6602 After School Care 2:45 pm to 6:00 pm (0800) 274 172 Holiday Programme : 7am to 6 pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**Skids St Francis Pt Chev**

FSD0022541 Last updated 11/03/2021

After School Care and Holiday Programmes available. OSCAR approved.

St Francis School 2 Montrose Street Point Chevalier Auckland 1022



stfrancisptchev@skids.co.nz  After School Care 3pm -6pm

|  |  |  |
| --- | --- | --- |
| (021) 975 642 (021) 025 14172 http://www.skids.co.nz    **Classification : OSCAR**    **sKids St Ignatius** | Holiday Programme 8am-6pm Some charges may apply.  No referral required. |  |
| FSD0022811 |  | Last updated 30/03/2021 |

sKids St Ignatius offers OSCAR approved before school are, after school care and holiday programmes servicing the St Ignatius Catholic community. We are Social Sector accredited, qualifying families can access Work and Income subsidies.

12 Kotiri Street Auckland



stignatius@skids.co.nz  Before School Care - 7am to 8.40am

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| --- | --- | --- |
| (022) 129 0221 (0800) 274 1722 http://www.skids.co.nz    **Classification : OSCAR**    **sKids St Leonards Road** | After School Care - 3pm to 6pm | |
| Holiday Care - 7am to 6pm Some charges may apply.  No referral required. |  |
| FSD0023881 |  | Last updated 16/11/2020 |

Provider of out of school care (OSCAR approved) services.

15 St Leonards Road Kelston Auckland 0602



admin@skids.co.nz  Before School - 7.00am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/st\_leona Some charges may apply. rds\_road/ No referral required.

**Classification : OSCAR**

**Skids St Marks**

FSD0023248 Last updated 17/09/2020

OSCAR approved Before / After School Care & Holiday Programme for kids 5-13 yrs old.

St Marks Catholic School 334 Pakuranga Rd Pakuranga Heights Auckland 2010



stmarks@skids.co.nz  Before School Care Mon-Fri 7am-8:30am

(09) 533 3629 After School Care Mon-Fri 3-6pm

(027) 230 8846 Holiday Programme Mon - Fri 8:30am-5:30pm. http://www.skids.co.nz/location/st\_marks\_ Some charges may apply. pakuranga/ No referral required.

**Classification : OSCAR**

**sKids St Mary's Avondale**

FSD0023628 Last updated 20/11/2020

We provide OSCAR approved Before/After School Care and Holiday Programmes.

2140 Great North Road Avondale Auckland 0600



ana@skids.co.nz  Term Time: Monday-Friday

|  |  |
| --- | --- |
| (022) 603 5298 (021) 227 5437 http://skids.co.nz    **Classification : OSCAR**    **Skids St Marys Northcote** | 7am-8:30am  2:30-6:00 pm  During Holidays  7am-6pm  Some charges may apply. No referral required. |
| FSD0023483 | Last updated 06/01/2021 |

We offer OSCAR approved out of school care in a safe and secure environment in a structured well balanced programme. Weekly themes are incorporated in the daily format of Arts and Crafts, Technology, Music and Drama, Sports and Fun activities. We provide daily morning and afternoon tea. Additional staff assistance to older kids to do their homework.

D9, Block D, St Marys School ( Northcote) 45 Gladstone Road Northcote Auckland 0627 stmarysnorthcote@skids.co.nz  Monday to Friday



|  |  |
| --- | --- |
| (022) 010 7177 (09) 390 6558 http://www.skids.co.nz/locations/st\_marys \_northcote/    **Classification : OSCAR**    **sKids St Patrick's Pukekohe** | 7:00 - 8:30 AM  3:00 - 6:00 PM  Some charges may apply. No referral required. |
| FSD0023906 | Last updated 15/03/2021 |

SKIDS provide on-site OSCAR approved programmes at 145 schools throughout New Zealand. We are MSD OSCAR approved and our families can access Work and Income OSCAR subsidies when using our services.

St Patricks Church 133 Seddon Street Pukekohe Auckland 2120 manel@skids.co.nz  Availability:



(022) 654 5248 After School Care: 2:45pm-6:00pm

https://www.skids.co.nz/locations/st\_patric School Holidays: 7:00am-6:00pm ks\_pukekohe/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids St. Joseph's Catholic Primary Onehunga**

FSD0023708 Last updated 22/01/2021

We offer OSCAR approved Before and After School and Holiday Programmes.

St Joseph's School 125 Church Street Onehunga Auckland 1061



becca@skids.co.nz  7:30-8:30am Before School

|  |  |
| --- | --- |
| (021) 050 7893 (0800) 754 377 http://skids.co.nz | 2:50-5:50pm After School  8:00am-6:00pm Holiday Programme Some charges may apply.  No referral required. |

**Classification : OSCAR**

**SKIDS St. Josephs Takapuna**

FSD0021253 Last updated 26/01/2021

St. Josephs Primary School, Daily After & Before School Care where the safety and care of your child is our number one priority.

We offer the opportunity for your child to have affordable, supervised care by our qualified team members, in a safe and nurturing environment.

A Healthy Afternoon Snack, Homework Help, Supervised Free Play and Organised Activities are on the daily schedule!

entrance Dominion Road 2 Taharoto Rd Auckland 0622



stjosephstakapuna@skids.co.nz  Before School Care: 7:00 - 8:30 Mo - Fri (022) 067 4840 After School Care: 2:50pm -6pm Mo - Fri (022) 092 6614 Some charges may apply. http://www.skids.co.nz/location/st\_josephs No referral required. \_takapuna/

**Classification : OSCAR**

**SKIDS Stella Maris**

FSD0008209 Last updated 12/04/2021

Skids Stella Maris provides on-site OSCAR programmes. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes and School Holiday Programmes.

Stella Maris Catholic Primary School Hall 50 Silverdale Street Silverdale stellamaris@skids.co.nz  Monday - Friday



(027) 846 1725 Before School Care 7:00am - 8.30am

(027) 275 4377 After School Care 3:00pm - 6:00pm http://www.skids.co.nz/location/stella\_mari

s/ School Holidays

Holiday Programme 7:00am - 6:00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**sKids Sunnynook**

FSD0022545 Last updated 13/10/2020

We pride ourselves on being New Zealands largest private out-of-school supervised care provider.

Being an OSCAR approved site means WINZ subsidies are available.

We provide a highly interactive programme designed to inspire and educate the children in our care through structured play. We do this by offering fun activities and homework help in a safe and nurturing environment that parents trust and kids love.

Children in our care receive the goodness a growing body needs with our nutritional breakfasts & afternoon teas.

Sunnynook Primary School 35 Lyford Crescent Sunnynook Auckland 0620 sunnynook@skids.co.nz  Term Time Monday - Friday (021) 026 73396 Before School 7:00am-8:30am http://www.skids.co.nz/ After School 3:00pm - 6:00pm



School Holiday Programme

7:00am-6:00pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Sunnyvale**

FSD0023335 Last updated 15/01/2021

Skids Sunnyvale is an OSCAR Programme - provider of Before/After School Care and holiday programme. We are located at Sunnyvale Primary School Hall - 34 Ribblesdale Crescent, Henderson.

 34 Ribblesdale Cres Auckland 0612

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| sunnyvale@skids.co.nz  (09) 948 8332  (021) 669 201 http://www.skids.co.nz    **Classification : OSCAR**    **SKIDS Taupaki** | Before School care  7am to 8.30am  After School care  3pm to 6pm  Holiday Programme  7am to 6pm  Some charges may apply. No referral required. |
| FSD0023408 | Last updated 12/04/2021 |

SKIDS TAUPAKI provides on-site OSCAR programme. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care Programmes.

14 Cottle Road Henderson Auckland 0782



taupaki@skids.co.nz  Monday - Friday (School Term) (027) 846 1725 Before School Care 7.00am – 8.30am

https://www.skids.co.nz/locations/taupaki/ After School Care 3.00pm – 6.00pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Skids Te Hihi**

FSD0015235 Last updated 11/12/2020

We are a provider of OSCAR approved Before and After School Care and Holiday programs. The kids are safe and supervised in a safe and secured environment.

767 Linwood Road Papakura



tehihi@skids.co.nz  7.00 - 8:30 am, 2:30pm-6:00pm Monday to

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| (027) 609 1220 (027) 846 1723 onsite http://www.skids.co.nz | Friday, during School Holidays 7:30a.m.-6p.m.  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**SKIDS Te Papapa**

FSD0023229 Last updated 25/08/2020

OSCAR approved before school, after school and holiday programmes, operating out of Te Papapa School.

Te Papapa School 219 Mount Smart Road Onehunga Auckland 1061 tepapapa@skids.co.nz  /



(021) 610 257 (On site mobile) Some charges may apply.

(09) 390 6700 (Office) No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Vauxhall**

FSD0024401 Last updated 04/10/2020

SKIDS provide onsite before/after school care and holiday programmes at 150 schools throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income out of school care and recreation subsidies when using our services.

Vauxhall School 2A Morrison Avenue Narrow Neck Auckland 0624



vauxhall@skids.co.nz  Before School Care: 7.30-9am Monday to Friday (022) 547 4203 After school Care: 3-6pm Monday to Friday (021) 185 1239 Holiday Programme: 7.30-6pm Monday to Friday https://www.skids.co.nz/locations/vauxhall between school terms.

/ Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Verran**

FSD0023123 Last updated 14/10/2020

Welcome to Safe Kids In Daily Supervision (sKids) where the safety and care of your child is our number one priority.

We offer affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in:

Before school care

After school care

School holiday programmes

OSCAR approved.

Verran Primary School 136 Verran Road Birkdale Auckland 0626 verran@skids.co.nz  BSC: 7am - 8:30am



(021) 298 8919 ASC: 3pm - 6pm

http://www.skids.co.nz/location/verran/ Holiday Program 7am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

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| **SKIDS Viscount** |  |
| FSD0021903 | Last updated 22/04/2021 |

Provide before/after school care and holiday programme.

65 Viscount Street Mangere Bridge Auckland 2022



viscount@skids.co.nz  Before School Care = 7:30am-8:30am

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| --- | --- |
| (021) 150 0912 (021) 035 6547 http://www.skids.co.nz | After School Care = 3:00pm-6:30pm Holiday Programme = 8:00am-6:00pm Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Skids Waiau Pa**

FSD0022313 Last updated 16/02/2021

We provide Before and After School Care and Holiday Programmes.

571 Waiau Pa Road Pukekohoe 2679 tiakikids@skids.co.nz (09) 390 9128 (027) 505 4518 http://www.skids.co.nz



**Classification : OSCAR**

**sKids Wakaaranga**

FSD0023999

Provider of out of school care services.

18 Butley Drive Farm Cove Auckland 2012 wakaaranga@skids.co.nz (027) 200 6266 (09) 576 6602 office https://www.skids.co.nz/locations/wakaara nga/



**SKIDS Waterlea School**

FSD0008220

daily except public holidays

7.30 - 9 am

2.30-6pm

7.30am - 6pm Some charges may apply. No referral required.

Last updated 20/08/2020

7.30am to 6pm during School Holidays Some charges may apply. No referral required.

Last updated 18/08/2020

We provide before, after school and holiday programme for primary and intermediate children. School based. We are accredited under the Social Sector Accreditation Standards and OSCAR subsidy is available

17 House Avenue Mangere Bridge Auckland 2022



admin@skids.co.nz  Before School 7:30 - 8:30 am

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| (09) 576 6602 (027) 240 0024 http://www.skids.co.nz | After School 3 - 6 pm  Some charges may apply.  No referral required. |

**Classification : OSCAR**

**Skids Waterview**

FSD0022338 Last updated 17/10/2020

Provide Before and After School Care

16 Herdman Street Waterview Auckland



waterview@skids.co.nz  3pm - 6pm and holidays 8am - 6pm (021) 299 0573 Some charges may apply.

(027) 526 5321 No referral required. http://www.skids.co.nz

**sKids Weymouth**

FSD0023148 Last updated 16/11/2020

We provide OSCAR approved before/after school care and holiday programme.

23 Evans Road Weymouth Auckland 2103



admin@skids.co.nz  Before School - 7.30am - 8.30am (0800) 274 172 After School - 3.00pm - 6.00pm (09) 576 6602 Holiday Programme - 7.30am - 6.00pm http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Whenuapai**

FSD0017869 Last updated 15/02/2021

We provide before/after school care and holiday programmes.

360 Albany highway Albany Auckland



whenuapai@skids.co.nz  3-6pm Monday to Friday (After School Care)

(021) 180 1172 7.30am-6pm Monday to Friday (Holiday

(021) 174 8473 Programme)

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**sKids Willow Park**

FSD0023347 Last updated 04/10/2020

Welcome to Safe Kids In Daily Supervision (sKids) where the safety and care of your child is our number one priority.

We offer OSCAR approved programmes for school kids.

We offer affordable, supervised care by our qualified team members, in a safe and nurturing environment. We specialise in:

Before school care

After school care

School holiday programmes

48 Normanton Street Auckland 0629



willowpark@skids.co.nz  BSC: 7am - 8:30am ASC: 3pm - 6pm (022) 035 7382 Some charges may apply.

(027) 475 4372 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**sKids Windy Ridge**

FSD0023878 Last updated 16/11/2020

Provider of out of school care (OSCAR approved) services.

54 Seaview Road Glenfield Auckland 0629



admin@skids.co.nz  Before School - 7.00am - 8.30am (09) 576 6602 After School - 3.00pm - 6.00pm

(0800) 274 172 Holiday Programme - 7.00am - 6.00pm https://www.skids.co.nz/locations/windy\_ri Some charges may apply. dge/ No referral required.

**Classification : OSCAR**

**sKids Wiri**

FSD0024042 Last updated 19/10/2020

SKIDS provide on-site OSCAR approved programmes throughout Auckland. We are accredited under the Social Sector Accreditation Standards and our families can access Work and Income OSCAR subsidies when using our services. We offer Before & After School Care.

11 Inverell Avenue Wiri Auckland 2104



admin@skids.co.nz  We offer OSCAR approved Before & After (027) 306 3231 School Care - please contact us for times.

http://www.skids.co.nz Some charges may apply.

No referral required.

**Classification : OSCAR**

**SKIDS Wymondley**

FSD0022470 Last updated 24/08/2020

We provide after school and holiday programme for primary and intermediate children. School based. OSCAR Approved and Work and Income subsidy available.

77 Wymondley Road Otara Auckland 2023



wymondley@skids.co.nz  Mon to Fri from 2.50-6.15pm

(021) 252 9470 Holiday Programme - Mon to Fri from 8am-6pm (021) 403 0009 Some charges may apply. https://www.facebook.com/skidsotara No referral required.

**Classification : OSCAR**

**Skids Yendarra**

FSD0022844 Last updated 16/11/2020

Provide OSCAR approved before/after school care and holiday programme.

 228 Bairds Road Otara Auckland 2023

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| admin@skids.co.nz  (0800) 274 172 (09) 576 6602 http://www.skids.co.nz    **Classification : OSCAR** | Before School - 7.30am - 8.30am  After School - 3.00pm - 6.00pm Holiday Programme - 7.30am - 6.00pm Some charges may apply.  No referral required. |

**Skills Update Training and Education Group**

FSD0021447 Last updated 14/08/2020

Skills Update Training Institute is a Private Training Establishment, registered and accredited by the New Zealand Qualifications Authority.

Founded in 1991, Skills Update Training Institute is a dynamic training organisation with one of the widest ranges of accreditation among NZ private Training establishments. The organisation operates from three branches and trains individuals for employment in various industries. Our courses aim to develop student’s skills and knowledge while also addressing identified needs within industry.

Our core operations cover adult and youth training courses that are funded by Tertiary Education Commission (TEC) and Ministry of Social Development (MSD). We also deliver a wide range of training under contract to several regional polytechnics and institutes of technology.

59 Tidal Rd Mangere Auckland 2022



qa@skillsupdate.co.nz  Monday - Friday from 8 AM till 4:30 PM

(09) 275 3155 All services free of charge. http://www.skillsupdate.co.nz Referral may apply.

**Space at Auckland Playcentres**

FSD0023088 Last updated 29/03/2021

A 3 term (approx 30 weeks) programme for mainly first time parents and their babies. Groups meet every week during the school term and are run by Space trained facilitators.

We have locations across Auckland (Bucklands Beach, Cockle Bay, Drury, Eden Epsom, Ellerslie,

Freemans Bay, Glen Eden, Glen Innes, Glendene, Helensville, Henderson Valley, Herne Bay, Hillsborough, Howick, Kumeu, Lynfield, Mairangi Bay, Mangere Bridge, Massey, Maungawhau,

Morningside, Mt Albert, Mt Wellington, Narrowneck, Onehunga, Pakuranga, Papatoetoe,

Silverdale, Takapuna, Remuera, Torbay, Totaravale, Warkworth, Waiatarua, Waimauku, West Harbour, Weymouth, Windy Ridge)

The programme has two focus areas, the first being The Heart of Parenting & The Growing Child. The second focus is on Exploring Play and provides play experiences for the babies alongside their parents. A range of discussion topics are covered and may vary according to group interests or needs.

debbie.iles@playcentre.org.nz  9.00am- 2.30pm

(027) 808 6676 Monday to Friday (09) 941 7443 Some charges may apply. https://www.facebook.com/SpaceBabiesA No referral required. uckland/

**Space for you and your Baby**

FSD0019403 Last updated 10/11/2020

Space for you and your Baby offers parenting support & early childhood education for new parents & their babies. It is delivered by a diverse range of organisations throughout NZ in collaboration with Parenting Place.

We offer a range of delivery models, a flexible curriculum & structure to ensure Space for you and your baby is adapted to best fit the needs of your community & culture of your organisation Our current partners include faith-based, early childhood & community organisations. Contact us to bring Space for you and your baby to your community.

At Parenting Place, we believe that every new parent can be vulnerable & in need of support as they transition to parenthood.

We are committed to ensuring that universally available & responsive post-natal support is an integral part of having a baby in NZ.

Parenting Place 300 Great South Road Greenlane Auckland 1051 support@parentingplace.nz  Monday - Friday,



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| (09) 524 0025ext201 (0800) 535 659 http://www.space.org.nz | 8.30 am - 4.30pm  Some charges may apply.  No referral required. |

**Space for you and your baby at Cedar Centre, Beach Haven/Birkdale**

FSD0023659 Last updated 07/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

56A Tramway Road Beach Haven Auckland 0626



admin@cedarsaplings.co.nz  Register for classes on website

(09) 483 6989 Some charges may apply.

(021) 396 888 No referral required. https://cedarsaplings.co.nz/

**Space for you and your baby at Church of the Saviour, Blockhouse**

**Bay**

FSD0023650 Last updated 03/11/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

2 Heaphy Street Blockhouse Bay Auckland 0600



office@cots.org.nz  Some charges may apply.

(09) 627 8779 No referral required.

(027) 495 6259 http://cots.org.nz/children

**Space for you and your baby at LifeCare Centre, Manukau**

FSD0023662 Last updated 13/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

 9 Lambie Drive Papatoetoe Auckland 2104

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| flc@citybaptist.org.nz (09) 278 8998 https://lifecarecentre.org/space | /  All services free of charge.  No referral required. |

**Space for you and your baby at Papakura Anglican Church**

FSD0023660 Last updated 24/11/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

40 Coles Crescent Papakura Auckland 2110 space@papakuraanglican.org.nz  Some charges may apply.



(09) 299 8086 No referral required.

http://www.papakuraanglican.org.nz/event s

**Space for you and your baby at Parenting Place, Greenlane**

FSD0023651 Last updated 05/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

300 Great South Road Greenlane Auckland 1051



space@parentingplace.nz  Some charges may apply.

(09) 524 0025 No referral required.

https://www.theparentingplace.com/

**Space for you and your baby at Pukekohe Community Action**

FSD0023661 Last updated 03/11/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

 43 Queen Street Pukekohe Auckland 2120

pukekohecommunityaction@xtra.co.nz Some charges may apply.

(09) 238 7723 (Jan) No referral required.

(027) 449 7290 (Lorna) http://pukekohecommunityaction.co.nz/gro ups

**Space for you and your baby at St Chads Church, Meadowbank**

FSD0023642 Last updated 03/11/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

space@stchads.org.nz  Some charges may apply.

(09) 521 5013 No referral required.

https://www.stchads.org.nz/community/

**Space for you and your baby at St Pauls Anglican Church, Flatbush**

FSD0023654 Last updated 05/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

141 Chapel Road Flat Bush Auckland 2016



carolynwellm@gmail.com  Some charges may apply.

(022) 657 5851 No referral required. http://stpaulsinthepark.nz/

**Space for you and your baby at St Peters, Pakuranga**

FSD0023655 Last updated 05/10/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

 71 Udys Road Pakuranga Auckland 2010

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| carolynwellm@gmail.com  (022) 657 5851 http://www.spacestpeters.org.nz | Some charges may apply. No referral required. |

**Space for you and your baby at the Salvation Army ECE Centre, Mt**

**Wellington**

FSD0023658 Last updated 03/11/2020

Space for you and your baby offers parenting support & early childhood education for new parents & their babies.

18 Allright Place Mt Wellington Auckland 1060



Sharon\_Reddy@nzf.salvationarmy.org  Some charges may apply.

(09) 905 4619 No referral required.

https://www.salvationarmy.org.nz/educatio n-learning/early-childhood-educationcentres/our-centres

**Spectrum Care**

FSD0003492 Last updated 01/10/2020

We provide support for children, young people and adults with disabilities and their whanau. We offer a wide array of personalised and flexible support options for people of all ages and stages in the Northland, Auckland, Waikato, Bay of Plenty and Wellington regions. This includes 24-hour residential support, a variety of flexible planned break options, and specialised Home Support, Transitions and Aspirations support. Our popular School Holiday,

After-school and Weekend programmes of activities for children are available in Whangarei, Auckland, Hamilton and Wellington – talk to us today to find out more!

Our independent living support is specifically focused on empowering people to their lives of choice – lives like any other – in the community, and our Specialist Clinical Team supports health, behaviour and speech-language outcomes.

205 Great South Road Greenlane Auckland 1051



info@spectrumcare.org.nz  8am-5pm Monday-Friday (09) 634 3790 Some charges may apply. http://www.spectrumcare.org.nz Referral may apply.

**Classification : PACIFIC**

**St George's Anglican Church**

FSD0003598 Last updated 19/04/2021

Services into the community include - Counselling Services, Elderly day centre and Indian Elderly day centre, Preschool, Playgroup, Foodbank.

St Georges Church 5 Landscape Road Papatoetoe Manukau



office@stgap.org.nz  Monday 9.00am - 12pm

(09) 278 3412 Tuesday-Friday 9.30am - 12.30pm http://www.stgap.org.nz Some charges may apply.

No referral required.

**St Heliers Community Centre**

FSD0003913 Last updated 14/12/2020

Reaching Out and Welcoming In to people in the community. We have a range of programmes & activities and spaces for hire. OSCAR approved before/after and school holiday programmes

St Heliers Community Centre 100 St Heliers Bay Road St Heliers Auckland 1071 centre@sthelierscentre.org.nz  9 am - 5 pm (Monday to Friday)



(09) 575 6098 Some charges may apply. http://www.sthelierscentre.org.nz/ No referral required.

**Classification : OSCAR**

**St Joseph Catholic School, Grey Lynn**

FSD0022197 Last updated 18/02/2021

This is an Oscar Programme Provided for our students.

office@st-joseph.school.nz  3.15pm - 5.20pm

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| (09) 376 5456 https://www.st-joseph.school.nz/afterschool-care/ | Some charges may apply. No referral required. |
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**Classification : OSCAR**

**Stand T Mia - Auckland Region**

FSD0007823 Last updated 03/08/2020

Vision: A World Strong with Children

Mission statement: To transform the lives of tamariki and whanau through healing trauma and restoring healthy, respectful and protective relationships so that they can thrive in their communities

Cnr Pigeon Mountain Road 1-9 Pigeon Mountain Road Half Moon Bay Manukau 2012



Auckland@standforchildren.org.nz  Office hours are Monday to Friday 8.00 am to

(09) 534 4017 5.00 pm. http://www.standforchildren.org.nz All services free of charge. Referral may apply.

**Stanley Bay Kelly Club**

FSD0022510 Last updated 13/10/2020

We believe in giving children opportunities to do the things they love and enjoy in a supportive and encouraging environment. We provide OSCAR approved programmes.

15 Russell Street Devonport Auckland 0622



stanleybay@kellyclub.co.nz  7am - 6pm weekdays

(021) 024 57903 Some charges may apply. http://www.kellyclub.co.nz No referral required.

**Classification : OSCAR**

**Stanmore Bay Pool and Leisure Centre**

FSD0022322 Last updated 26/06/2020

To provide the Hibiscus Coast Community with health & fitness programmes.

We have programmes for all ages and abilities in fitness, pool (includes spa and sauna), Learn to Swim and Recreation. We have a newly opened Splash pad (available during the summer months)

We run an OSCAR approved school holiday programme call Leisure Kidz that caters for 5year olds through to 13 year olds.

We also have an onsite Early Childcare facility - Kauri Kids that caters for 0 - 5 years old. Oscar subsidies via Work&Income are available for holiday programmes and ECE.

Stanmore Bay Pool and Leisure Centre 159 Brightside Road Stanmore Bay Auckland 0932 Stanmorebaypools@aucklandcouncil.govt  Mon - Thurs 5.30am - 9pm



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| .nz  (09) 424 9227 http://www.aucklandleisure.co.nz    **Classification : OSCAR**    **Starship Community** | Fri 5.30am - 8pm  Sat - Sun & Public Holidays 7am - 6pm Some charges may apply. No referral required. |
| FSD0003426 | Last updated 19/04/2021 |

Starship Community is a multidisciplinary team of professionals providing nursing, allied health, technical and cultural support to children, young people and their families living within the Auckland DHB area.

Level 6 & 7, building 15 214 Greenlane West Epsom Auckland 1051 starship.community@adhb.govt.nz  8am - 4.30pm Monday to Friday



(09) 639 0200 All services free of charge. http://www.starship.org.nz No referral required.

**Classification : PACIFIC**

**STEPS Forward Family Services**

FSD0015141 Last updated 27/08/2020

Stepsforward provides a holistic approach with a focus on early intervention for families/whanau with children up to the age of 18years, where there is level of risk or concern for the health and safety of the children. Providing targeted, effective services for the most disadvantaged and marginalized living in our community, many with complex needs (Mental Health issues, learning disabilities, drug & alcohol, also for children who may have suffered historic abuse, displacement, family violence. Stepsforward has the ability to provide a wrap around service for these families with the various services we offer.

682 Whangaparaoa Road Stanmore Bay Whangaparaoa 0932 vivienne@stepsforward.co.nz  Mon - Fri: 8:30 am - 4:30 pm



(09) 424 4584 All services free of charge.

(09) 424 4014 No referral required. http://www.Stepsforward.co.nz

**Sunny Days Community Pre School Inc**

FSD0022428 Last updated 06/07/2020

We provide an early Childhood education and care service to the parents and whanau of Helensville Township and surrounding areas.

Our Goal is to provide a safe, nurturing environment where a child’s needs and abilities are acknowledged and enhanced through exposure to a wide range of learning resources and experiences. At Sunny Days children will be given the opportunity to develop a positive self-image and experience success through developmentally appropriate activities in the aspects of mathematics, construction, language, literacy, social skills, music and movement, science and nature and arts and crafts. All of these are based on child-initiated interests within the centre.

Sunny Days has been operating for 28 years.

130 Commercial Road Helensville



sunnydays102@yahoo.com  Monday to Friday 7:30am to 5:30pm

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| (09) 420 7253 (027) 245 0885 http://sunnydayspreschool.co.nz | Open all year round.  Some charges may apply.  No referral required. |

**Sunnynook Community Centre Incorporated**

FSD0018227 Last updated 30/11/2020

We are a Community Centre in Sunnynook on the North Shore. We run an MSD approved OSCAR Holiday Programme for 5 to 9 year olds, and a Youth Holiday Programme for 10 to 14 year olds. Daily charge is $24.50 - 8.00am to 3.30pm - one day a week is trip day and there is an extra charge for this.

 Sunnynook Community Centre 148 Sycamore Drive Sunnynook Auckland 0620

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| snook.com.cen@xtra.co.nz  (09) 410 4902  (027) 2847761    **Classification : OSCAR** | Office hours 9.00am - 4.00pm Monday to Friday The Community Centre is open 7 days a week.  The Holiday Programme and Youth Programme operate every week in the school holidays.  Some charges may apply.  No referral required. |

**Supportline Women's Refuge (now part of Shine)**

FSD0003450 Last updated 22/01/2021

We provide safe accommodation for women & children, advocacy, support and other services at Supportline Women's Refuge that is now part of Shine.

enquiries@2shine.org.nz  Availability: 8am - 4pm Mon - Fri

(09) 849 5692 Some charges may apply.

(09) 815 4601 No referral required.

https://www.2shine.org.nz/how-shinehelps/supportline-womens-refuge

**Susan Goldstiver, Psychotherapist**

FSD0015123 Last updated 06/10/2020

Experienced and registered psychotherapist who provides specialist psychotherapy and counselling help for antenatally and postnatally distressed mothers and fathers, as well as for adults experiencing depression, anxiety, abuse and trauma and relationship problems.

Level 2 300 Great South Rd Greenlane Auckland 1010 susangoldstiver@gmail.com  Monday to Friday with some late nights.



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| (09) 846 4978  (021) 333 021 http://www.postnataldistress.co.nz | Sessions by appointment only.  Some charges may apply.  No referral required. |

**Talented Tots Childcare - West Coast**

FSD0022604 Last updated 15/01/2021

Childcare provider in Glen Eden and Mt Albert areas. We offer free sessions for 3 and 4 year olds.

306 West Coast Road Glen Eden Auckland 0602



colleen@talentedtots.co.nz  7.30 am to 5.30 pm

(09) 818 6138 Some charges may apply.

(09) 818 9577 No referral required. http://talentedtots.co.nz

**Tamaki Community Development Trust**

FSD0021632 Last updated 11/02/2021

Our vision is '"partnership for change" We exist to partner with families, schools, Oranga Tamariki, and other agencies in the best interest of promoting overall wellbeing for families. Our intention is to provide longer term mentoring and support to assist families build capacity and become successfully independent. We also provide mentoring and counselling for at risk youth.

Our services are provided via referral only and we usually work through a child i.e. if we are working with a family it is because a child has been referred.

4A Court Crescent Panmure Auckland 1072



office@tcdt.net.nz  9.00am to 4.00pm daily (09) 570 4314 All services free of charge.

(021) 027 11458 Referral may apply. http://www.tcdt.net.nz

**Tamaki Community Link**

FSD0007898 Last updated 03/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Unit 1 40-42 Mayfair Place Glen Innes Auckland 1072



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Taonga Education Centre Charitable Trust**

FSD0019302 Last updated 02/02/2021

Mission Statement: “Totally acknowledging our next generation’s abilities”Taonga Education Centre is a Maori Teenage Mothers’ Education and Parenting Programme situated in the community of Manurewa. Non-Maori students are able to be enrolled, on the understanding that the programme is delivered from a tikanga Maori perspective.

11 Dalgety Drive Wiri Auckland 2104



admin@taonga.org.nz  Monday to Friday 8am - 5pm

(09) 269 2861 All services free of charge.

(0508) Taonga (826642) No referral required. https://taonga.org.nz/

**Te Aho O Te Kura Pounamu (Te Kura) - Auckland**

FSD0021112 Last updated 17/12/2020

We provide distance education from early childhood level to Year 13. Our learning advisors, teachers and in-region staff work with students, their whanau and communities to help our students achieve their potential.

Level 7 124 Vincent Street Auckland 1140



info@tekura.school.nz  Some charges may apply.

(0800) 65 99 88 Referral may apply. http://www.tekura.school.nz

**Te Ao Hou Community Childcare Centre Inc**

FSD0021682 Last updated 06/11/2020

We provide early childhood education to children from birth to 5 years. We offer up to 30 hours free early childcare education to children of all ages. Our experienced teachers are all qualified and fully registered. We are licensed for 28 children per day. We can assist with MSD childcare subsidy applications.

134 Elstree Avenue Point England Auckland 1072



teaohouchildcare@xtra.co.nz  7.30am to 5.30pm Monday to Thursday

(09) 527 8489 7.30am to 5.00pm Friday

Some charges may apply. No referral required.

**Te Ha Oranga**

FSD0004530 Last updated 16/03/2021

Te Ha Oranga o Ngati Whatua is an Iwi-based health service provider functioning under the umbrella of Te Runanga o Ngati Whatua. The service extends from the Waipoua Forest to Helensville and includes both coasts.

1 Rendall Place Eden Terrace Auckland



runanga@ngatiwhatua.iwi.nz  8:30am - 5.00pm Monday - Friday

(09) 366 1993 All services free of charge.

(0800) 698 342 No referral required. http://ngatiwhatua.iwi.nz

**Te Huruhi Trusts Kids Extreme OSCAR Programme**

FSD0021287 Last updated 27/09/2020

Providing care, entertainment and fun for kids aged 5 to 12 during their school holidays.

 Access off Omaru Lane 77 Line Rd Glen Innes Auckland 1072

|  |  |
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| gleninnesoscar@gmail.com  (09) 528 1050  (027) 271 0270    **Classification : OSCAR** | School holidays, Monday-Friday, 8am-6pm  Please confirm opening ours over Christmas/Summer Holidays Some charges may apply.  No referral required. |

**Te Matariki Clendon Community Centre & Library**

FSD0022330 Last updated 22/09/2020

We are an OSCAR approved childcare provider.

Also at Te Matariki Clendon we’ve got something for everyone – including you. Whether you want to play social sports, get your kids involved in activities such as gymnastics or friendly competitive sports leagues, sign up to some of our dedicated programmes, such as Green Prescription, or one of our FREE Youth Programmes Te Matariki Clendon Community Centre is your place to do it.

17 Palmers Road Clendon Auckland 2103



clendoncommunitycentre@aucklandcoun  8am-6pm Monday-Friday cil.govt.nz Some charges may apply.

(09) 261 8080 No referral required.

https://aucklandleisure.co.nz/locations/tematariki-clendon-community-centre-andlibrary/

**Classification : OSCAR**

**Te Puna Hauora o Te Raki Paewhenua Society Incorporated**

FSD0003767 Last updated 07/09/2020

Te Puna Hauora provides a comprehensive range of medical and social services to our enrolled population.

58A Akoranga Drive Northcote Auckland 0627



(09) 489 3049  Monday-Friday 8.30am - 5.00pm. Closed http://www.tepuna.org.nz statutory holidays

All services free of charge. Referral may apply.

**Classification : BFC, FVSS**

**Te Puru Community Charitable Trust**

FSD0022472 Last updated 24/10/2020

We offer School Holiday programmes for school age children. To promote, support and develop programmes, actions and initiatives that provide for the recreational, social and community needs for the residents of Beachlands/Maraetai/Whitford and the Clevedon regions of Franklin together with encouraging usage of the facility by the wider Auckland Region in accordance with the Te Puru Strategic Plan.

954R Whitford-Maraetai Road Beachlands 2018



admin@tepuru.co.nz  Monday - Thursday 9.00am - 9.00pm (09) 536 5360 Friday 9.00am - 5.00pm http://www.tepuru.co.nz Weekends on request

Some charges may apply. No referral required.

**Classification : OSCAR**

**Te Roopu O Te Whanau Rangimarie O Tamaki Makaurau**

FSD0006046 Last updated 03/08/2020

Our mission is to empower families and individuals by providing support, advocacy, temporary accommodation options and services with a focus towards family violence intervention and prevention leading to an improved quality life.

2 Cameo Court Road Mangere Auckland 2024



admin@twr.org.nz  Monday to Friday, 9.00am-5.00pm.

(09) 275 1230 Some charges may apply. https://www.twr.org.nz/ No referral required.

**Classification : FVSS, THP**

**Te Tai Awa o Te Ora**

FSD0003732 Last updated 23/09/2020

To provide culturally appropriate services to whanau incorporating key values of Tika, Pono and Aroha. All staff have qualifications in social work and/or counselling and offer a range of services, information and assistance to individuals, couples and whanau. These include

* help and advocacy with budgeting and financial matters, social circumstances, e.g. housing,benefits
* the facilitation of programmes (Parenting, Stopping VIolence, support for people with alcohol andother drug related issues
* counselling for personal, relationship and whanau concerns
* We also have a Social Workers in Schools (SWiS) service with Social Workers based in 11Otara schools.

18 Otara Road Otara Auckland 2023



admin@taiawa.org.nz  Monday, Tuesday, Wednesday & Thursday 9 am

(09) 274 4220 - 5 pm

(027) 274 4220 Friday 9 am - 4 pm

http://www.taiawa.org.nz/ Some charges may apply.

Referral may apply.

**Classification : FVSS**

**Te Waipuna Puawai Mercy Oasis Ltd**

FSD0008245 Last updated 20/04/2021

Te Waipuna Puawai Mercy Oasis Ltd is a thriving community development initiative of the Sisters of Mercy New Zealand. We were established in 1999, building on a decade of highly respected community development work in Glen Innes.

We are committed to working with and alongside women, children and families who are in need.

We aim to improve lives of families by providing family support services and adult education.

We build supportive relationships with whanau by connecting them with others in the local community and developing a pathway to achieve and celebrate their goals.

Our Vision

Whakamana te oranga wairua o te tangata me te whenua.

Well-being for our communities and restoration of the earth.

Our Mission

Kia u ki te mahi kotahi whakarawea te mana wahine, te mana whanau me te mana iwi whanui.

Working together to strengthen women, strengthen families and strengthen community.

Ellerslie Site 12A Umere Crescent Ellerslie Auckland 1051



ceo@twp.org.nz  8.30am-5pm Monday to Friday.

(09) 527 6380(Glen Innes) Koha/donation may apply.

(09) 525 0337(Ellerslie) No referral required. http://www.twp.org.nz

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612 audrey.tinsley@waiwhanau.com  8.30am - 5.00pm Monday - Friday



(09) 836 6683 Some charges may apply.

(0800) 924 942 Referral may apply. https://www.waipareira.com/

**Classification : BFC, FVSS**

**Te Whare Awhina**

FSD0003741 Last updated 04/02/2021

Community social service centre

4 Tamworth Close Manurewa Auckland 2102 jaylene.ball@twa.org.nz  Office open 9am - 3pm, Monday - Friday.



(09) 267 2860 Some charges may apply. https://bookings.aucklandcouncil.govt.nz/f No referral required.

acilities/facility/te-whare-awhinacommunity-services-centre

**Te Whare Ruruhau O Meri**

FSD0003489 Last updated 12/01/2021

Multi-cultural family support, therapy and advocacy.

Building 2 19 Lambie Drive Papatoetoe Auckland 2104



admin@tewhare.org.nz  8 am - 5.30 pm Monday to Friday

(09) 270 2631 All services free of charge.

(0800) 839 4273 No referral required. https://tewhare.org.nz/index.html

**Classification : FVSS, SHSS**

**TenForward Technology Lounge**

FSD0024373 Last updated 11/09/2020

TenForward is a gaming themed after school care and holiday programme and birthday party destination for kids aged 7-13. Our video and board gaming experts help kids to learn social development skills and behaviours to manage their online activities, esports training, imaginative play, strategies and teamwork.

81 Green Lane East Remuera Auckland 1050



belinda@tenforward.co.nz  After school every day 3pm - 6pm

(021) 288 9323 Holiday Programme and Teacher Only Days http://www.tenforward.co.nz 8:30am - 6pm

Birthday Parties - weekends, flexible times

$10 per hour

Some charges may apply. No referral required.

**Classification : OSCAR**

**The Auckland Rugby Football Union Incorporated**

FSD0020589 Last updated 17/08/2020

Pro Sport Career Programme - Tertiary Education Provider for school leavers delivering the National Certificate in Recreation and Sport Core Skills Level 2 and school and community based activities and coaching programmes.

Level 6 North Stand, Gate B - Walters Rd Eden Park Auckland 1446



info@aucklandrugby.co.nz  8.30am to 5.00pm Monday to Friday

(09) 815 4850 All services free of charge.

(09) 815 4828 infoline Referral may apply. http://www.aucklandrugby.co.nz/

**The Fabulous Kids Club**

FSD0024409 Last updated 01/10/2020

After School care for children aged 5 to 13

Te Huruhi Primary School 11 Donald Bruce Road Surfdale Waiheke Island 1081



thefabkidsclub@gmail.com  Term time, Monday to Friday, 2.30 to 6pm

(021) 103 1199 Some charges may apply. https://www.facebook.com/fabkidsclub/ Referral may apply.

**The Fono West**

FSD0003550 Last updated 28/09/2020

We offer a range of medical, dental, pharmacy, social and public health services. Our friendly, professional team are here to provide top quality service for everyone.

Head Office 411 Great North Road Waitakere City 0612



headoffice@thefono.org  Monday-Friday 8:30am-5pm

(09) 837 1780 Some charges may apply.

(0800) FONO4U Referral may apply. http://www.thefono.org

**Classification : BFC, FVSS, PACIFIC**

**The Fono West Central**

FSD0023205 Last updated 01/10/2020

We offer a range of medical services for the entire family. Some of our services are free to eligible patients while others are subsidised.

297 Blockhouse Bay Road Blockhouse Bay Auckland 0600



BHBmedical@thefono.org  Mon-Fri: 8.30am - 5pm

(09) 828 8421 Some charges may apply.

(0800) FONO4U No referral required. http://www.thefono.org

**Classification : PACIFIC**

**The Grief Centre**

FSD0016202 Last updated 23/06/2020

To provide affordable professional counselling, support, education, and information and resources, to those either experiencing or working with all forms of loss and grief.

92 Hinemoa Street Birkenhead Auckland 0626 office@griefcentre.org.nz  Office Hours are Mon-Fri 8.30am - 4.30pm.



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| (09) 418 1457 (022) 636 4211 http://www.griefcentre.org.nz      **The iHub Greenmeadows** | Appointments can be arranged outside of these hours in Whangarei and across the Auckland Region.  Some charges may apply. No referral required. |
| FSD0023304 | Last updated 22/01/2021 |

OSCAR approved programmes. The iHub is a place where tweens can go after school to chill and spend time with mates. It’s also a place that opens doors to Big Opportunities!

We know that hanging out with mates and having fun matters, so at The iHub there are plenty of opportunities for tweens to chill out and initiate their own fun/activities. We also know during these years its important to give new things ‘a go’ because the experiences may trigger a passion to last a lifetime.

The iHub was founded by (Safe Kids in DailySupervision), so Whanau know that when kids are at The iHub, they are safe.

 Technology Dept, Greenmeadows Intermediate School 29 Greenmeadows Avenue Manurewa Auckland 2102

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| --- | --- |
| greenmeadows@theihub.co.nz  (09) 298 5251 (021) 289 9939 http://www.theihub.co.nz/    **Classification : OSCAR** | 3:00pm-6:00pm, Mondays-Fridays during the school term.  8:00am-6:00pm, Mondays-Fridays during school holidays  Some charges may apply.  No referral required. |

**The Laingholm & Woodlands Park Buzz Club**

FSD0022123 Last updated 25/06/2020

We are an out of school care provider operating in the Laingholm and Woodlands park area of Auckland. We provide before school, after school and holiday programmes.

6 Dorothy Road Laingholm Auckland 0604



neigh41@gmail.com  Monday - Friday during school terms (027) 722 1944 Before school care 7am - 8.30am https://buzzclub.fun/ After school care 3pm - 6pm

School holidays

Holiday Programme 7.30am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**The Neonatal Trust**

FSD0003822 Last updated 09/04/2021

We provide support to families of premature or sick full term babies as they make their journey through Neonatal Intensive Care, the transition home, and onwards.

We are committed to supporting these courageous families, the people who care for them, and partnering with organisations and people who want to support us.

Level 9, Ward 92, Auckland City Hospital - Park Road Grafton Auckland 1010



info@neonataltrust.org.nz  Contact us via phone or email for times.

(021) 684 871 All services free of charge. http://www.neonataltrust.org.nz/ No referral required.

**The Peace Foundation, Te Tuapapa Rongomau o Aotearoa**

FSD0003716 Last updated 21/10/2020

The Foundation offers a range of resources and programmes that encourage and promote alternatives to violence as a means to resolving conflicts.

Level 2 78 Pitt St Auckland 1010



peace@peacefoundation.org.nz  Monday-Friday, 10 a.m. to 5 p.m.

|  |  |
| --- | --- |
| (09) 373 2379 http://www.peace.net.nz      **The Rock International** | Some charges may apply. No referral required. |
| FSD0017087 | Last updated 03/07/2020 |

Religious activities that involves families, parents and children in the community.

64 Everglade Dr Goodwood Heights Manukau 2105



zvidzaiphil@xtra.co.nz  Anytime

(021) 230 8773 All services free of charge. https://www.therockint.co.nz/ No referral required.

**The Salvation Army - Waitakere Central**

FSD0008237 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

 7-9 View Road Henderson Auckland 0612

WaitakereCentral\_Corps@nzf.salvationar my.org (09) 837 4471 https://www.salvationarmy.org.nz/centres/ nz/auckland/waitakere/waitakere-centralcorps

**Classification : BFC**

**The Shane Cameron Foundation**

FSD0020783

Community and Family Services: 9.00am -

5.00pm, Monday to Friday. Some charges may apply. No referral required.

Last updated 03/02/2021

The Shane Cameron Foundation - Creating Champions.

Our aim is to improve communities through educational programmes for youth.

mw@shanecameron.co.nz  Monday - Friday: 9am - 5pm (021) 322 970 All services free of charge.

No referral required.

**The Sleep Store**

FSD0008102 Last updated 25/09/2020

We source the world's best sleep solutions for babies and toddlers. Our website provides comprehensive free sleep information.

31 Portage Road New Lynn Auckland 0600 team@thesleepstore.co.nz  9.00-5.00pm - Online Store only.



(09) 816 8706 All services free of charge. http://www.thesleepstore.co.nz No referral required.

**The Sowers Trust**

FSD0015527 Last updated 11/12/2020

Sowers provides mentoring and youth development programmes for young people and social work support for individuals and families within Howick Ward.

The Picton Centre 120 Picton Street Howick Auckland 2014



SOWERS@HCC.CO.NZ  We are flexible but generally work between 9am

(09) 538 0050 and 5pm Monday to Friday. http://www.sowers.co.nz Some charges may apply.

No referral required.

**The Umma Trust**

FSD0023163 Last updated 03/08/2020

UMMA Trust’s mission is to provide support for Muslim refugee and migrant families with a specific focus on women who are in the process of resettlement in New Zealand. We aim to ensure that families are able to lead productive and quality lives and be actively involved in New Zealand society. UMMA Trust believes that women are the backbone of the family so we aim to increase their strengths; health and well-being. They are then able to be successfully integrated and empowered to provide for their family and community, resulting in a positive resettlement.

Ferndale House 830 New North Road Mount Albert Auckland 1025 whitney.jessett@ummatrust.co.nz  Monday to Friday 9:00 - 5:00



(09) 815 0153 All services free of charge. https://www.facebook.com/theummatrust/ No referral required.

**Classification : BFC**

**Three Kings Community Link**

FSD0007920 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 Three Kings Plaza 536 Mt Albert Road Three Kings Auckland 1042

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| (0800) 559 009 http://www.workandincome.govt.nz      **Tiaki Kids** | Monday to Friday 8:30am - 5pm, Wednesday  9:30am - 5pm  All services free of charge. No referral required. |
| FSD0022307 | Last updated 14/02/2021 |

We provide before and after school care for primary and intermediate school kids plus holiday programmes.

38 Park Estate Road Papakura 2113



tiakikids@skids.co.nz  3-6 pm

(09) 390 9128 Some charges may apply. (021) 104 9128 No referral required.

**Classification : OSCAR**

**Tigers Den Ltd**

FSD0021420 Last updated 08/04/2021

We are an o.s.c.a.r program providing before and after school care to a limited number of children in a safe, stimulating environment.

The staff of this program work together to plan exciting activities, craft and games for the children to do. All staff are fully trained. And there is always a staff member on site with first aid training.

Families that qualify can apply for the o.s.c.a.r wins subsidy.

We are Ministry of Social Development funded.

West Harbour School 74 Oriel Avenue West Harbour Auckland



jewelstiger17@gmail.com  We are open Monday to Friday.

(09) 833 1886 Before school from 6-45 am to 8-40 am. (027) 4717 213 After school from 3 pm to 6 pm.

Term time only. Holiday Programme Hours 6.45 am to 6 pm.

Some charges may apply. No referral required.

**Classification : OSCAR**

**Titirangi Community House Society Incorporated**

FSD0022841 Last updated 02/02/2021

We support the local community with our OSCAR approved School Holiday Programme which runs 9 weeks a year and we also run events. The Titirangi Community House offers opportunities for the people of Titirangi to expand their knowledge and abilities, make and maintain friendships, and to enjoy their leisure, hobbies and pursuits in a stimulating, inclusive and environmentally friendly atmosphere. We are a community based Not for Profit and rent rooms out to people who want to come in and run classes or attend classes.

500 South Titirangi Road Titirangi Auckland 0604



admin@titirangihouse.co.nz  8.30 to 4.30 Monday to Friday

(09) 817 7448 Some charges may apply.

(027) 217 7448 No referral required. http://www.titirangihouse.co.nz

**Classification : OSCAR**

**Toddlers Turf Childcare Centre Inc**

FSD0022420 Last updated 19/04/2021

Toddlers Turf Childcare Centre Inc aspires to be a front runner in the field of community based early childhood education. We plan to achieve this objective by working closely with parents, whanau, and the community and by providing a first class environment which values the future leaders of Aotearoa New Zealand.

66 Trevor Hosken Drive Wiri Auckland 2104



officeadmin@toddlersturf.co.nz  Centre is open Monday to Friday, 7.30 am to

(09) 263 9680 5.30 pm

http://toddlersturf.co.nz Some charges may apply.

No referral required.

**Toughlove - Auckland Parent Support Groups**

FSD0007574 Last updated 21/07/2020

TOUGHLOVE New Zealand is a non-profit organisation providing support and education, that gives parents confidence to cope with unacceptable adolescent behaviour.

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| toughlovenz.info@gmail.com  (0800) 868 445 http://www.toughlove.org.nz      **Transitioning Out Aotearoa** | For meeting locations refer to website.  Some charges may apply. No referral required. |
| FSD0016447 | Last updated 26/11/2020 |

He Whanau TOA, He Whanau ORA - A Strong Family is a Healthy Family strategy involves facilitating positive and adaptive relationships within whanau and recognising the interconnectedness of welfare, health, education, housing, justice, employment and lifestyle as elements of whanau wellbeing.

25 Druces Road Wiri Manukau 2104



info@toa.org.nz  9am to 5pm Monday to Friday (0800) 367 942 x2 Some charges may apply.

(09) 570 2679 Referral may apply. http://www.toa.org.nz

**Classification : PACIFIC**

**Trend Tots**

FSD0024118 Last updated 10/11/2020

Our Mission at Trend Tots is to provide Inspirational and Safe “Boutique Childcare @ HOME” in a Relaxed, Focused, Trusting and Balanced Environment.

Our focus is, when the time comes, your child will be ‘online’ and ready for their next step of learning as they start their formal school journey.

Our core values are Education, Fun, Wellbeing, Whnau and Culture.

Our approach is to enrich those formative years, while providing a stable base.

Trend Tots “Boutique” Childcare in a home environment.

 Level 1 5B/41 Smales Road East Tamaki Auckland 2013

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| --- | --- | --- |
| info@trendtots.co.nz (021) 965594  https://trendtots.co.nz/      **Ultimate Kidz** | Monday to Sunday 7:00am to 10:00pm | |
| Some charges may apply. No referral required. |  |
| FSD0022141 |  | Last updated 13/01/2021 |

Before and After School Care provider. OSCAR approved.

12 Scotsmoor Drive Manukau 2103



chatz@ps.gen.nz  7.00am- 8.30am Mon- Fri term time

(021) 916 677 3.00pm- 6.00pm monday to friday during school

(021) 916 677 terms

Some charges may apply. No referral required.

**Classification : OSCAR**

**Vaka Pasifika Charitable Trust**

FSD0021525 Last updated 09/11/2020

Vaka Pasifika is a charitable Trust set up with the mission and vision to “empower Pacific Island People to take charge of their lives and those of their family(s) to enjoy and participate in developing New Zealand Society”.

Unit 3 9 Northside Drive Westgate Auckland 0814



info@vakapasifika.org.nz  Monday - Friday

(021) 029 00701 9am - 5pm

http://www.vakapasifika.org.nz All services free of charge.

No referral required.

**Classification : FVSS, PACIFIC**

**VEEPEE TotallySafe kids LTD**

FSD0024361 Last updated 08/09/2020

Skids is a before and after school care provider.

Sandspit Road School 60 Sandspit Road Waiuku 2123



sandspit@skids.co.nz  Monday to Friday (021) 800 250 Some charges may apply.

(021) 029 61005 No referral required. http://www.skids.co.nz

**Classification : OSCAR**

**Village Collective**

FSD0003715 Last updated 18/09/2020

A Health and Sexual Reproduction Service promoting a positive view of sexuality. Has two contracts; 1. Provides comprehensive educational programmes to communities;

2. Operates a clinical school-based mobile clinic to South Auckland schools.

info@villagecollective.org.nz  Some charges may apply.

(021) 316 746 No referral required. https://www.villagecollective.org.nz

**Classification : PACIFIC**

**Visionwest Home HealthCare**

FSD0005955 Last updated 15/01/2021

Visionwest Home Healthcare is a long-standing provider of quality, professional, home healthcare in the West Auckland region. Services are available to the elderly, sick, injured and those with disabilities of all ages in West Auckland and the North Shore.

Building 4 97 Glendale Road Glen Eden Waitakere 0612



homecare@Visionwest.org.nz  Office hours: 9.00am - 5.00pm, Monday to

(0800) 222 040 Friday. http://www.Visionwest.org.nz Some charges may apply.

Referral may apply.

**Waiheke Island Community Link**

FSD0007922 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Shop One 116 Ocean View Road Oneroa Waiheke Island 1081



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waitakere Community Link**

FSD0007924 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

36-44 Sel Peacock Drive Waitakere 0610



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Waiuku Community Link**

FSD0007925 Last updated 26/02/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

57b Queen Street Waiuku 2682



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am -

|  |  |
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| http://www.workandincome.govt.nz      **Warkworth Community Link** | 5:00pm. Wednesday 9:30am - 5:00pm.  All services free of charge. No referral required. |
| FSD0007926 | Last updated 26/02/2021 |

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Winscombe Mall 37 Queen Street Winscombe Mall Warkworth 0910



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Wee Wisdom Montessori Drury**

FSD0022636 Last updated 26/12/2020

Montessori Pre-school catering for children 6 months - 6 years old. We offer long day/short day and sessional classes in a beautiful purpose built classroom with large play areas and qualified Montessori and ECE teachers. Montessori is truly the best start for your child to develop a lifelong love of learning.

159 Great South Road Drury Auckland 2113



managerdrury@weewisdommontessori.co  7.30am-5.30pm

.nz Some charges may apply.

(09) 294 7978 No referral required.

(022) 043 0310 http://www.weewisdommontessori.co.nz/

**Well Women Franklin**

FSD0022456 Last updated 08/08/2020

Well Women Franklin is a Peer Support Group. We support women and their families in Franklin and Papakura who are experiencing Antenatal or Postnatal Distress and Anxiety. We focus on wellness and resilience, using a holistic approach. Any women who feels they need some support is welcome to get in touch with us.

1 Tuakau Road Pukekohe



info@wellwomenfranklin.org.nz  We are available by telephone or email 24 hours

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| --- | --- |
| (021) 158 8134 http://www.wellwomenfranklin.org.nz | per day, 7 days a week.  All services free of charge.  No referral required. |

**Wellsford Preschool Education Centre**

FSD0022505 Last updated 03/01/2021

We are a preschool centre and provide care and education from 3 months old to 5years old. We are a purpose built centre with large outdoor and indoor areas. We are situated in a rural part of Wellsford and are licensed for 50 children.

 107 Centennial Park Road Wellsford 0900

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| --- | --- |
| wellsfordpreschool@hotmail.com  (09) 423 7956 | We are open from 7.30am to 5.30pm. Monday to Friday.  Some charges may apply.  No referral required. |

**West Auckland Parents Centre**

FSD0007312 Last updated 03/08/2020

West Auckland Parents Centre is an Incorporated Society affiliated to Parents Centre New Zealand Inc. We are a not-for-profit organisation run by parents, for parents and our committee is made up of a group of extremely dedicated volunteers. We have been very active in the West

Auckland community for almost 30 years. To quote from our national office website: Parents Centres share a vision of New Zealand being a society that values parenting as being fundamental to the well being of all members of society and believe that parenting creates the environment that sews the fabric of our social structure. We deliver education, support and services to support and drive that vision.

info@westaucklandparents.org.nz  Please email and someone will contact you as

(09) 837 8481 soon as possible. http://www.westaucklandparents.org.nz Some charges may apply.

No referral required.

**West Wave Pool and Leisure Centre**

FSD0022218 Last updated 05/08/2020

OSCAR Programmes.

Join in and get involved with West Wave! We’ve got recreation programmes to suit you – from social sports to gymnastics and from preschoolers to seniors, we’ve got you covered.

Your recreation options at West Wave include gymnastics for toddlers, preschoolers and school age children. We have added value programmes for West Wave members, along with adaptive programmes, social and sports programmes for adults and senior activities.

 20 Alderman Drive Henderson Auckland 0612

reccentre@aucklandcouncil.govt.nz  Monday – Friday: 9am-9pm

(09) 892 4920 Weekends: 9am-5pm

https://aucklandleisure.co.nz/locations/we st-wave-pool-and-leisure-centre/ Holiday Programme times: Monday - Friday 7.30am - 6pm Some charges may apply. No referral required.

**Classification : OSCAR**

**Westgate Community Link**

FSD0007927 Last updated 11/03/2021

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

22-24 Cabernet Crescent Westgate Waitakere City 0614



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Whanau Marama Parenting Courses**

FSD0020071 Last updated 08/09/2020

We provide parenting courses based primary on the 6 Principles of Effective Discipline as contained in the Discipline and Guidance of Children: A Summary of Research. Positive Discipline for under 4's, Effective Discipline for 4 - 11 years, Parenting Adolescents, Courses are delivered in English, Korean and Mandarin. Most are available during the day but some in evening.

Inquires and enrollments can be made via our website www.whanaumarama-parenting.co.nz

Whnau Marama Parenting’s Mission and Key Purpose is :

To work towards a society where whnau/ families are strong, supportive and loving and where

their tamariki/ children experience daily that they are indeed the precious taonga/ treasures of those whose responsibility it is to care for them.

Whnau Marama Parenting’s vision:

We believe that parents have the power to transform our world for the better.

4 Locket Road Glenfield Auckland 0629



elizabethwmp@gmail.com  9am 4.30pm Monday to Friday (022) 341 6212 Some charges may apply. http://www.whanaumarama- No referral required. parenting.co.nz

**Whanau Resource Centre o Pukekohe Charitable Trust**

FSD0016702 Last updated 08/10/2020

The Whanau Resource Centre is a one stop shop in community support servicing and prides itself on catering to the needs of its community. The Whanau Resource Centre's confidential service delivers a holistic approach to supportive care and is committed to promoting well being and assisting individuals to deal with the day to day matters of life.

17 McNally Road Pukekohe Auckland 2120



info@whanauresourcecentre.org.nz  Monday, Tuesday, Wednesday, Thursday and

(09) 238 5285 Friday 9am to 4.30pm (021) 532 178 Some charges may apply.

No referral required.

**Classification : FVSS, THP**

**Whangaparaoa School After School Care**

FSD0023772 Last updated 20/10/2020

Before School Care / After School Care / Holiday Program for Whangaparaoa School

39 Ladies Mile Manly Auckland 0930 karen@wgpasc.co.nz (021) 705 804 https://www.wgp.school.nz/before-andafter-school-care



Term Time 7.30-8.30 School finish to 5.45pm

Holidays 7.30-5.30

Some charges may apply. No referral required.

**Classification : OSCAR**

**Wizard Child Out of School Care**

FSD0021441 Last updated 19/07/2020

Provide out of school care for children for ages 5 to 12.

Manurewa West Primary School 31 McKean Avenue Manurewa Auckland wizardchild@outlook.com  Monday to Friday



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| (09) 214 5427 (021) 023 44428 http://www.manurewawest.school.nz    **Classification : OSCAR**    **Women's Centre Waitakere** | 7:00 am to 9:00 am  2:45 pm to 6:00 pm  Some charges may apply.  No referral required. |  |
| FSD0003464 |  | Last updated 02/11/2020 |

A community based agency supporting women and their families. We provide a safe, accessible environment for women and their families to make their own choices in a supportive, nonjudgemental and confidential way.

Services provided include Counselling, Programmes and workshops. Access to community information and resources.

Cnr McLeod & Te Atatu Road 111 McLeod Road Te Atatu South Auckland 0610 info@womenscentre.org.nz  Monday to Friday 9am to 2.00pm



(09) 838 6381 Some charges may apply.

(09) 836 2470 No referral required. https://www.heartofthewest.org/

**Classification : FVSS**

**Work and Income - Auckland Regional Office**

FSD0015264 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 2, Building A 65 Main Highway Ellerslie Auckland 1051



(0800) 559 009  Monday to Friday, 8:30 am to 5:00 pm http://www.workandincome.govt.nz All services free of charge.

No referral required.

**Work and Income - Clendon Service Centre**

FSD0007895 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Clendon Shopping Centre Cnr Roscommon & Palmers Roads Clendon Manukau City 2103



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenfield**

FSD0007896 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

1 Peach Road Glenfield North Shore City 0629



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenmall Community Link**

FSD0007897 Last updated 14/12/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

20 Oates Road Glen Eden Auckland 0602



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Helensville Service Centre**

FSD0007899 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

34-38 Commercial Road Helensville 0800



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Mangere Community Link**

FSD0007902 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

93 Mascot Avenue Mangere Auckland 2022



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Manukau Community Link**

FSD0007903 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family. 2 Osterley Way Manukau Auckland 2104



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Orewa Service Centre**

FSD0007909 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

27 Florence Avenue Orewa 0931



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Work and Income - Otara Service Centre**

FSD0007911 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 52-60 Lovegrove Crescent Otara 2023

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| (0800) 559 009 http://www.workandincome.govt.nz | Monday to Friday 8:30am - 5pm, Wednesday  9:30am - 5pm  All services free of charge.  No referral required. |

**Work and Income - Takapuna Service Centre**

FSD0007919 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

519 Lake Road Takapuna 0622



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| http://www.workandincome.govt.nz      **YMCA Auckland City** | 9:30am - 5pm  All services free of charge.  No referral required. |  |
| FSD0022365 |  | Last updated 21/01/2021 |

We offer School Holiday Programmes.

To build strong kids, strong families, strong communities.

YMCA Auckland City 149 Greys Avenue Auckland 1010



aucklandcity@ymcaauckland.org.nz  5:30am-9:00pm Monday-Thursday

(09) 303 2069 5:30am-8:00pm Friday

http://www.ymcaauckland.org.nz 8:00am-4:00pm Saturday-Sunday Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Camp Adair**

FSD0023041 Last updated 13/01/2021

OSCAR approved YMCA Camp Adair in Hunua has provided thousands of Kiwis the opportunity to develop themselves using the great outdoors. Overlooking the stunning Hunua Ranges Regional Park, YMCA Camp Adair covers 100 acres and includes four self-contained areas that can accommodate a total of 434 people.

At YMCA Camp Adair, we love welcoming people from all walks of life. Examples of groups that have used our camp have included (but are not limited to); community groups, family groups, corporate team building, church retreats, sports teams and school camps from Auckland and beyond. If you are a group of people who need a venue, you will find everything you need for your outdoor adventure experience – accommodation, indoor facilities, catering and most importantly our amazing activities!

Everyone who visits our unique camp in Hunua gets the opportunity to enjoy the fresh air, open fields and the native bush of Auckland’s oldest regional park right on our doorstep.

2487 Hunua Road Hunua Auckland 2583



campadair@ymcaauckland.org.nz  8:30am - 5pm Weekdays

(09) 292 4886 Some charges may apply. https://www.ymcaauckland.org.nz/find- No referral required. your-local/camp-adair-hunua/

**Classification : OSCAR**

**YMCA Ellerslie**

FSD0021898 Last updated 16/03/2021

We have a licenced Early Learning Centre for children from 6 months of age, and of course Out of

School Care and Recreation (OSCAR) with both Before and After School Programmes and

Holiday Programmes all of which are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a vast range of recreational and sport programmes catering to all ages and abilities. Specialising in Family Programming we operate many successful programmes such as Fitness including group exercise, never2old (for the over 60's), Jumpstart (for those living with Diabetes) and K-Club (a fitness programme aimed at kids between 8-12 years), Children's Activities e.g. gymnastics, dance, basketball and birthday parties. Other programmes include Stadium sports such as badminton, basketball, volleyball and indoor soccer.

We’d love you family to visit ours.

46 Michaels Avenue Ellerslie Auckland 1051



ellerslie@ymcaauckland.org.nz  Monday to Thursday 5:30am-9:00pm

(09) 579 4716 Friday 5:30am-8:00pm

http://www.ymcaauckland.org.nz/ellerslie/ Saturday 8:00am-4:00pm

Pages/ellerslie.aspx Sunday 8:00am-4:00pm

Public Holiday hours may vary.

Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Jordan Recreation Centre**

FSD0022361 Last updated 22/01/2021

We have Out of School Care and Recreation (OSCAR) with an After School Programme and

Holiday Programmes, all of which are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a comprehensive range of recreational and sports programmes catering to all ages and abilities.

Specialising in Family Programming, we operate many successful programmes such as: Group Exercise; Never2Old (for the over 60's); Jumpstart (for those living with Diabetes); K-Club (a fitness programme aimed at kids between 8-12 years); Gymnastics/Active Gym Play; Mini-Ball and Birthday Parties.

Other programmes include Stadium sports such as Basketball, Netball and Badminton.

Our mission is "strong kids, strong families and strong communities".

We’d love you and your family to visit us.

 5 Pearce Street Onehunga Auckland 1061

jordan@ymcaauckland.org.nz  Mon-Fri: 6.00am - 8.30pm (0800) 548 034 Saturday: 8.00am - 4.00pm

http://www.ymcaauckland.org.nz/jordan Sunday: 9.00am - 4.00pm Public Holiday hours may vary.

Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Lagoon Stadium**

FSD0022366 Last updated 31/10/2020

Out of School Care and Recreation (OSCAR) services run from our centre in the capacity of Before and After School Care and Holiday Programmes. All programmes are MSD and WINZ approved.

Our centre provides the community with a vast range of recreational and sport programmes catering to all ages and abilities.

We have a childrens basketball programme along with stadium sports such as - badminton, soccer/futsal, basketball, table tennis, kyudo, hockey etc.

We also have a function room and dance studio. Making YMCA Lagoon Stadium your one stop family fitness and recreation spot.

We look forward to you visiting our centre.

44 Domain Road Panmure Auckland 1072 reception.lagoonstadium@ymcaauckland.  Mon - Fri 9:00am - 9:30pm.



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| org.nz  (09) 570 5321 http://www.ymcaauckland.org.nz/lagoonst adium/Pages/lagoonstadiumhome.aspx    **Classification : OSCAR**    **YMCA Lynfield** | Saturday 9:00am - 6:00pm.  Sunday 10:00am - 6:00pm.  Some charges may apply. No referral required. |
| FSD0018887 | Last updated 22/12/2020 |

A Family Recreation and Fitness Centre offering children term and OSCAR approved holiday programmes.

 Margaret Griffen Park 16-18 Griffen Park Road Lynfield Auckland 1041 lynfield@ymcaauckland.org.nz  Monday - Friday 6am - 9pm

(09) 627 1642 Saturday and Sunday 8am-5pm (0800) 534 535 Some charges may apply. https://www.ymcaauckland.org.nz/find- No referral required. your-local/lynfield/lynfield-leisure-youthcentre/

**Classification : OSCAR**

**YMCA Massey Leisure Centre**

FSD0022390 Last updated 25/08/2020

YMCA Auckland is a not-for-profit community organisation that offers programmes and services for children, teenagers and adults in and around Auckland and Hamilton.

From fully licensed early learning centres that give children the best start in life, to term programmes for pre-school and school age children that support co-ordination, motor skill and social skill development, holiday programmes and before and after school care, every day can be a new adventure for kids at YMCA.

YMCA Massey Leisure Centre 545 Don Buck Road Massey Auckland 0614 massey@ymcaauckland.org.nz  5:30am to 9pm weekdays



(09) 833 8100 8am to 4pm weekends and public holidays http://www.ymcaauckland.org.nz/massey Some charges may apply.

No referral required.

**Classification : OSCAR**

**YMCA Mt Albert**

FSD0022367 Last updated 15/09/2020

We provide Out of School Care and Recreation (OSCAR) After School Programmes and Holiday Programmes all of which are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a vast range of recreational and sport programmes catering to all ages and abilities. Specialising in Family Programming we operate many successful programmes such as Fitness including group exercise, Gold Fit (for the over 60's), Jumpstart (for those living with Diabetes) and Play Strong (a fitness programme aimed at kids between 8-12 years), Children's Activities e.g. gymnastics, basketball, and birthday parties.

Other programmes include Stadium sports such as badminton, basketball, and indoor soccer.

The Y is a place where you can be yourself, feel comfortable with who you are and enjoy a sense of belonging. Your local YMCA is not just a place to go; it's a culture, a feeling and a place of support. We’d love your family to visit ours.

Mt Albert Community & Leisure Centre 773 New North Road Auckland 1025 mtalbert@ymcaauckland.org.nz  Monday - Thursday 6am -9am



(09) 846 0788 Friday 6am- 8pm

http://ymcaauckland.org.nz Saturday & Sunday 8am -5pm

Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Onehunga War Memorial Pool**

FSD0022374 Last updated 19/10/2020

We have Out of School Care and Recreation (OSCAR) with an After School Programme and Holiday Programmes, all of which are are accredited under the Social Sector Accreditation Standards.

Our centre provides the community with a comprehensive range of recreational and sports programmes catering to all ages and abilities. Specialising in Family Programming, we operate many successful programmes such as: Swim School Lessons and Tri Squads; Group Exercise; Jumpstart (for those living with Diabetes); K-Club (a fitness programme aimed at kids between 812 years); and Birthday Parties.

Our mission is "strong kids, strong families and strong communities". We’d love you and your

family to visit us!

1 Park Gardens Onehunga Auckland 1060 oscar.onehunga@ymcaauckland.org.nz 



(09) 634 3748

(021) 516 744 http://www.ymcaauckland.org.nz/onehung apool/Pages/onehungapool.aspx

Mon-Fri: 5:15am - 9:00pm

Saturday: 7:00am - 7:30pm

Sunday: 7:00am - 7:30pm

Public Holiday hours may vary.

Some charges may apply. No referral required.

**Classification : OSCAR**

**YMCA Shakespear Lodge**

FSD0022430 Last updated 30/07/2020

Our residential school holiday programmes are for children from 9 to 14 years old. Our programmes normally they run from Sunday to Friday with a big part of the programme being in the outdoors - climbing, sailing, archery, kayaking, orienteering, mt boarding are but a few of the activities we are likely to do.

YMCA Shakespear Lodge 1503 Whangaparaoa Rd Army Bay Whangaparaoa 0930 shakespear@ymcaauckland.org.nz  We aim to be available between 9am to 4pm



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| (09) 424 7111 http://www.ymcaauckland.org.nz/findyour-ymca/shakespearlodge/Pages/default.aspx    **Classification : OSCAR**    **YMCA Warkworth** | Weekdays, however due to the nature of Camp you may need to leave a message and let us get back to you.  Some charges may apply. No referral required. |
| FSD0022373 | Last updated 24/08/2020 |

Provider of out of school care before / after school and during the school holidays for children aged 5yrs-13yrs.

35 Hill Street Warkworth 0910



kthomson@warkworth.school.nz  7.15 am-8.30am /3.00pm-6.00pm term time.

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| (027) 700 8605 http://www.warkworth.school.nz    **Classification : OSCAR** | 7.30am-6.00pm school holidays Some charges may apply.  No referral required. |

**Young New Zealanders' Foundation**

FSD0005719 Last updated 17/04/2021

Young New Zealanders' Foundation supports a number of strategies and systems to try and prevent any young person "slipping through the net" without the specialised help they need. This is achieved through: Information Technology, Community Education and Specialist Support

For more info please visit our websites:

http://www.valuinglife.online/ www.youngnz.online

2/9 Kapiti Place Sunnynook Auckland 0743



valuinglifenz@gmail.com  8.00am - 5.00pm Monday to Friday.

(0800) 333088 Some charges may apply.

No referral required.

**Youth Horizons**

FSD0003785 Last updated 11/03/2021

Our Mission:

To enhance the lives of children and young people with conduct problems and those of their families and whnau.

To prevent the emergence or further development of conduct problems among those identified as at risk.

Our Services:

Youth Horizons supports children, young people and their families/whnau with challenging conduct, anti-social behaviour and/or mental health needs, through the use of evidence-based models.

Our focus is on behavioural management, parenting support, and reintegration with families within an in-home, out-of-home or community setting.

42 Vestey Drive Mt Wellington Auckland 1060



communications@youthorizons.org.nz  8.30am - 5pm for general enquiries

(09) 573 0954 Some charges may apply.

(0800) 375 210 Referral may apply. http://www.youthorizons.org.nz

**Classification : YS**

**Youthline**

FSD0006531 Last updated 18/02/2021

Youthline offers access to a wide range of youth development and support services.

Youthline is at the forefront in developing and providing youth and family services and we offer and can link young people to a comprehensive range of clinical services.

Youthline House 13 Maidstone Street Ponsonby Auckland 1021



supportcentre@youthline.co.nz  Office open Monday to Friday 9am-5pm. Youth

|  |  |
| --- | --- |
| (0800) 37 66 33 (09) 376 6645 http://www.youthline.co.nz      **Youthline - Manukau** | Help Line 24 hours a day, 7 days a week.  Free TXT 234  Some charges may apply. No referral required. |
| FSD0006533 | Last updated 19/02/2021 |

Counselling and programmes for people of all ages with a specific focus on 11 to 30 years. Youth Help and Counselling Line 8.00 am - midnight seven days.

145 St George Street Papatoetoe Manukau 2025



supportcentre@youthline.co.nz  24/7 Youth Help and Counselling Line 0800

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| --- | --- |
| (0800) 376 633 |  |
| (09) 376 6645  http://www.youthline.co.nz | Youthline Centre open 8.30am - 5pm Monday to Friday. |

Cafe 'Thyme Out @ The Station' open 7.30am 4.30pm Monday - Friday and 7.30am - 3pm Saturdays.

Some charges may apply. No referral required.

**Youthtown Inc: Auckland Central**

FSD0003473 Last updated 03/02/2021

Community Youth Facility for all youth aged under 18 years. Aims to build self-esteem by offering youth a safe place to express themselves physically, creatively and socially. Run OSCAR approved after school and holiday programmes.

110 Mt Eden Road Mt Eden Auckland



info@youthtown.org.nz  Weekdays 9am - 5pm

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| (0800) 004 566 http://www.youthtown.org.nz    **Classification : OSCAR**    **Youthtown Inc: Panmure** | Weekends closed Some charges may apply. No referral required. |
| FSD0018712 | Last updated 11/01/2021 |

Community Youth Facility for all youth aged under 18 years. Aims to build self-esteem by offering youth a safe place to express themselves physically, creatively and socially.

143 Tripoli Road Panmure Auckland 1072



panmure@youthtown.org.nz  Some charges may apply.

(027) 763 5610 No referral required. http://www.youthtown.org.nz

**Classification : OSCAR**

# Special Needs / Disability

**A Supported Life / Kotuku Trust**

FSD0003872 Last updated 23/03/2021

Residential and community inclusion support services for teenagers and young adults with mild to moderate intellectual disability.

104 Lincoln Road Henderson Waitakere City



stuart@asupportedlife.co.nz  24 hours 7 days a week (09) 836 1740 All services free of charge. http://www.asupportedlife.co.nz Referral may apply.

**A.I.M (Adults In Motion) Inc**

FSD0021480 Last updated 03/05/2021

AIM provides a vocational day programme in Warkworth for young adults with an intellectual disability,who have left school,or are transitioning from school.

16 Auckland Rd Warkworth 0920



adultsinmotion@gmail.com  Monday - Thursday: 8.30am - 3pm

(09) 422 3554 Some charges may apply. http://www.adultsinmotionnz.com Referral may apply.

**Abilities Incorporated**

FSD0003267 Last updated 16/04/2021

Enriching the lives of people with disabilities.

Abilities is a major recycler on The North Shore, covering E-Waste, Secure Document and Data Destruction, Polystyrene, Batteries, Cardboard and Paper. General packaging, shrink wrapping work is also provided.

 91 Hillside Road Glenfield Auckland 0627

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| judit@abilities.co.nz (09) 444 0611 http://www.abilities.co.nz | Monday to Friday 8am-4.30pm.  Sat & Sun until 2pm  All services free of charge.  No referral required. |

**Access - Auckland (Main regional office )**

FSD0022382 Last updated 21/08/2020

Access is one of New Zealand's leading healthcare providers, specialising in home-based healthcare and support. We work with the Ministry of Health, DHB and ACC, among others, to support 20,000 people nationwide to live independently in their own homes.

60 Mt Eden Road Auckland 1024



info@access.org.nz  Call between 8.30-5.40, Monday - Friday on

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| (09) 630 1630 (0800) 284 663 http://www.access.org.nz      **aDapt Family Solutions** | 0800 284 663.  All services free of charge. Referral may apply. |
| FSD0019662 | Last updated 26/07/2020 |

aDapt Family Solutions is an organisation that provide a mobile Family Development program. Services are delivered in the home at times that suit the family. aDapt delivers programs that are customised addressing the challenges affecting each family. aDapt have a number of modules with a wide variety of topics, behaviour management for children, stress management and self care, co-parenting, family organisation, ADHD and other challenges, and other topics. aDapt respects and considers the culture, values and uniqueness of each family when tailoring a program to suit.

We have a high level of flexibility around times and dates where the programs can be delivered. We work 7 days a week and between the hours of 6.00am-10.00pm we can structure visits to suit our clients. aDapt Family Solutions are able to offer 6 to 12 week interventions. aDapt is a Social

Sector accredited provider offering; specialised parenting and family development program

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| paula@adapt.net.nz  (021) 318 879 (021) 318 139 http://www.adapt.net.nz | We can be contacted from 8am to 6pm weekdays and by appointment weekends.  All services free of charge.  No referral required. |

**ADHD New Zealand**

FSD0003609 Last updated 11/01/2021

Our mission is to educate, support and advocate for children, teens and adults affected by Attention Deficit Hyperactivity Disorder (ADHD) by:

* assisting people in making informed choices
* being a credible national voice
* being a centre of excellence for services offered
* providing a repository of information accessible to all.

Yarnton House 14 Erson Avenue Royal Oak Auckland 1061



info@adhd.org.nz  Everyday. Variable times.

(09) 625 1754 Some charges may apply. http://www.adhd.org.nz No referral required.

**Adventure Specialties Trust**

FSD0019387 Last updated 24/07/2020

Adventure Specialties Trust provides adventure activities, outdoor pursuits and wilderness education to community groups and schools with the aim of facilitating the holistic development of individuals and families through the medium of the outdoors.

Unit 1 4 Winston Place Henderson Auckland 0610



office@adventurespecialties.co.nz  Monday - Friday, 9am - 5pm

(09) 837 6033 Some charges may apply. http://www.adventurespecialties.co.nz Referral may apply.

**Agape Care**

FSD0021434 Last updated 24/10/2020

To transform the lives of people with intellectual / learning disabilities. The Agape Homes Trust (known as Agape Care) is a Christian Ministry, and is governed by a 'Caring with Love' philosophy, providing the highest standards in all relationships, encouraging innovation and diligence in all we do.

It is a place where each person is loved for themselves in an environment where they can freely grow spiritually, emotionally, socially and intellectually.

Agape Care has been providing services to people with intellectual disabilities since 1996.

4210 Great North Road Glendene Auckland 0602



paulr@agapecare.org.nz  Office Hours Mon to Fri: 9.00am to 5.00pm

(09) 837 8597 Some charges may apply.

(021) 682 809 Referral may apply. http://www.agapecare.org.nz

**Age Concern Auckland - North Shore Office**

FSD0006664 Last updated 19/10/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support for over 65's.

177B Shakespeare Road Milford North Shore 0620



ageconns@acns.co.nz  Monday - Friday 9 am - 4 pm

(09) 489 4975 Some charges may apply. http://www.ageconcernauckland.org.nz Referral may apply.

**Classification : EARS**

**Age Concern Auckland Counties Manukau Office**

FSD0006656 Last updated 19/10/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

Cambria Park Homestead 250 Puhinui Road Papatoetoe Manukau ageconcern@ageconak.org.nz  By appointment only



(09) 279 4331 Some charges may apply.

(09) 820 0184 Referral may apply.

http://www.ageconcernauckland.org.nz

**Classification : EARS**

**Age Concern Auckland Inc**

FSD0006655 Last updated 02/11/2020

Your local Age Concern is your first port of call for over 65's when you and your family/whanau need: information, advice, referral and support.

57 Rosebank Road Avondale Auckland



ageconcern@ageconak.org.nz  9.00am to 4.00pm Monday to Friday

(09) 820 0184 Some charges may apply. http://www.ageconcernauckland.org.nz Referral may apply.

**Classification : EARS**

**Age Concern Rodney Inc**

FSD0006666 Last updated 20/11/2020

Your local Age Concern is your first port of call when you and your family/whanau need: information, advice, referral and support.

Unit JA2, Westpac Plaza - Tamariki Avenue Orewa 0931



info@ageconcernrodney.org.nz  Some charges may apply.

(09) 426 0916 No referral required.

(0800) 652 105 http://www.ageconcern.org.nz

**Ambury Park Centre Incorporated**

FSD0003279 Last updated 29/06/2020

To provide physical, educational, psychological and work training opportunities for people with disabilities using the horse and related activities as the therapeutic medium.

66 Wellesley Road Mangere Bridge Auckland 2022



office@amburyparkcentre.org.nz  Monday-Friday from 8.00am to 3.30pm

(09) 634 0763 Some charges may apply. http://www.amburyparkcentre.org.nz No referral required.

**Anxiety New Zealand Trust**

FSD0003383 Last updated 03/07/2020

For the specialist assessment, management and treatment of anxiety, phobic and obsessive compulsive disorders. Providing education around these disorders and providing research into the cause and management. Call 0800 ANXIETY (0800 269 4389). We also provide Family support groups, community education and workshops.

77 Morningside Drive St. Lukes Auckland



clinic@anxiety.org.nz  The clinic is open Tuesday – Saturday with late

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| (0800) ANXIETY (269 4389)  (09) 846 9776 http://www.anxiety.org.nz      **APM Workcare** | nights Tuesday (8:30am-8:30pm), Wednesday  (8:30am-8:30pm) and Thursday (10am-7pm) Friday and Saturday (8:30am-5pm) Some charges may apply. Referral may apply. |
| FSD0022810 | Last updated 03/09/2020 |

APM WorkCare provides free services to employers, government and job seekers designed to place people into meaningful employment. As part of the employment process, we assist with job matching, pre-employment screening/assessment, preparation for work, job placement and postplacement support.

With our extensive network of locations across New Zealand, best-practice service delivery and product innovation, APM WorkCare is the provider of choice for many of New Zealand's leading companies.

Level 2 1B/25 Airborne Road Rosedale Auckland 0632



nzreferrals@apmworkcare.co.nz  We have locations across NZ, and available

(0800) 967 522 8am-5pm, Mon-Friday

http://apm-nz.co.nz All services free of charge.

Referral may apply.

**Association of Blind Citizens of New Zealand - Auckland Branch**

FSD0006629 Last updated 04/02/2021

Founded in 1945, the Association of Blind Citizens of New Zealand Inc (Blind Citizens NZ) is New Zealand's leading blindness consumer organisation and one of the country's largest organisations of disabled consumers. Our aim is to heighten awareness of the rights of blind and vision impaired people and to remove the barriers that impact upon our ability to live in an accessible, equitable and inclusive society. Blind Citizens NZ ensures that we, blind and vision-impaired citizens, speak for ourselves with Government, service providers, and the community in general. We do this through communication, advocacy, and peer support. We strive to maintain and improve the quality of life for all blind New Zealanders.

mary@lansink.co.nz  Auckland Branch is run by blind people

(09) 520 4242 themselves. The national office is open Monday http://www.abcnz.org.nz to Friday, 8.30am - 5pm.

Some charges may apply. No referral required.

**Attainable Trust**

FSD0003425 Last updated 30/04/2021

Provides employment and support to people with disabilities and disadvantaged groups so that they can participate fully in their community.

50 Lovegrove Crescent Otara Manukau 2023



Nalini@attainabletrust.org.nz  8.00am - 4.00pm Monday to Friday

(09) 278 1678 Some charges may apply.

(09) 216 7366 No referral required. http://www.attainabletrust.org.nz

**Auckland Centre**

FSD0006271 Last updated 09/02/2021

NZALS is a specialist healthcare provider that manufactures high technology medical devices, mainly artificial limbs, for individual patients with an integrated rehabilitation and coordination of care service.

7 Horopito Street Mount Eden Auckland 1024



auckland@nzals.co.nz  Monday to Friday

(0508) 630 630 7am to 4pm

http://www.nzals.co.nz Closed weekends and public holidays

All services free of charge. Referral may apply.

**Auckland Deaf Society (Inc)**

FSD0003287 Last updated 30/10/2020

A place where the Deaf community can come and identify with their culture and language.

Providing a focus on sports social and educational activities.

16 Hillsborough Road Hillsborough Auckland 1042



office@auckland-deaf.org.nz  Office Hours 9am - 5pm Monday - Friday

(09) 630 6980 Some charges may apply. http://www.auckland-deaf.org.nz No referral required.

**Auckland Disability Law**

FSD0018267 Last updated 16/03/2021

Auckland Disability Law (ADL) provides free legal services to disabled people associated with their disability legal issues. ADL provides legal education on disability law in the community and within disability and legal organisations. We work with the Disability and Deaf communities through our community engagement and law reform activities.

Unit 9, Shop 27, Mangere Town Centre 93 Bader Drive Mangere Manukau 2153 info@adl.org.nz  Monday - Friday, 9am - 4pm.



(09) 257 5140 All services free of charge.

(027) 457 5140 Text Only No referral required.

http://www.aucklanddisabilitylaw.org.nz

**Auckland Down Syndrome Association Inc.**

FSD0007767 Last updated 16/11/2020

The Auckland Down Syndrome Association Inc.provides support to the parents of children and young adults with Down syndrome. We work to develop the potential of these special people and promote awareness about the abilities and special needs of individuals with Down syndrome to the general public.

Level 3 45 Mt Wellington Highway Mt Wellington Auckland 1061



clo@adsa.org.nz  Office hours are Monday to Friday 9.30am-

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| (0800) 693 724 (ext 3)  (09) 527 0060 http://www.adsa.org.nz | 2.30pm  All services free of charge.  No referral required. |

**Auckland Parents of Deaf Children Incorporated**

FSD0005772 Last updated 09/06/2020

APODC is led by a Committee of parents, working to support the needs of other parents, families and whanau, with deaf and hearing impaired children, across the Auckland region. Our primary purpose is to provide a varied monthly program of social and information based events, to support connections between families and whanau with a deaf or hearing impaired child. This provides critical access to peer support, information, and other resources, which support the needs, ages and stages of indivudal deaf children, and their families and whanau. In turn, families and whanau are empowered to advocate for their deaf or hearing impaired child, and to support them to reach their full potential.

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| coordinator@apodc.org.nz  (022) 084 2244 http://www.apodc.org.nz | Contact can be made with the Coordinator:  Monday - Friday 9-5pm  Events are usually run at the weekends Some charges may apply.  No referral required. |

**Auckland Society for Music Therapy**

FSD0003502 Last updated 10/02/2021

Music based Psychotherapy and music for special needs, individual and group, for all ages.

(027) 418 4441  Some charges may apply.

No referral required.

**Auckland Speech Therapy**

FSD0023128 Last updated 25/03/2021

A private Speech Language Therapy practice offering assessment, individual or group therapy for children and adults. We also can provide education or training for adults who work with children with speech and language difficulties.

Auckland Speech Therapy is passionate that any service empowers those around a child to promote and enrich speech, language and communication development beyond the time spent with the Speech Language Therapist. We aim to provide flexible options that can be tailored to individual children, families and education settings.

12A Havelle Ave Titirangi Auckland 0604 contact@aucklandspeechtherapy.co.nz  Mon to Fri



(021) 024 77545 8.00am till 20.00pm (027) 426 9250 Some charges may apply. https://www.aucklandspeechtherapy.co.nz No referral required.

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**Audika**

FSD0018312 Last updated 21/09/2020

Hearing Technology offers a complete range of services and products to assist you with hearing loss, noise management or hearing protection. Best place to look for hearing aids.

You are welcome to contact us with any queries on hearing health or noise management you may have. Our friendly, professional team are only too happy to be of assistance - and advice is given without obligation.

Hearing Technology Head Office may be contacted by telephone, toll free on 0508 120 120 during our normal office hours: 8.30am - 5.00pm, Monday - Friday.

82 Remuera Road Remuera Auckland 1050



contactus@audika.co.nz  8:30am - 5:00pm weekdays

(0800) 001 726 appointment booking online form on website

(09) 520 1091 available

http://www.audika.co.nz/ All services free of charge.

No referral required.

**Autism New Zealand Inc. - Auckland Branch**

FSD0006157 Last updated 16/04/2021

Provides information, support, education and training to people on the autism spectrum, their families/whanau, caregivers and those who work with people on the spectrum. We also work to raise awareness in the community and provide information to interested professionals and the wider community.

597 Rosebank Road Avondale Auckland 1026



auckland@autismnz.org.nz  Monday to Friday 9.00am – 3.00pm

(09) 846 0913 Some charges may apply.

(0800) AUTISM (0800 288 476) No referral required. http://www.autismnz.org.nz

**Bay Audiology**

FSD0002453 Last updated 03/05/2021

Bay Audiology is New Zealand's largest independent hearing care service provider. With over 115 clinics across New Zealand, we provide a range of services to suit your hearing needs.

These services include hearing loss diagnosis, treatments, tinnitus diagnosis and management, as well as hearing aid fittings, servicing and maintenance. Our friendly team can conduct comprehensive hearing tests and design the best hearing solution for you.

Visit bayaudiology.co.nz or call 0800 700 851 to find a clinic near you.

 Level 2 Aon Building 4 Fred Thomas Drive Takapuna Auckland 0622

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| enquiries@bayaudiology.co.nz  (0800) 700 851 (09) 303 1374 http://www.bayaudiology.co.nz | Most clinics are open Monday - Friday 8.30am -  5.00pm.  Call 0800 700 851 to confirm the opening hours of your local Bay Audiology clinic.  Some charges may apply.  No referral required. |

**Blind & Low Vision Education Network New Zealand**

FSD0003358 Last updated 01/03/2021

National residential school for blind and low vision learners aged 5 - 21 years. Includes itinerant teaching services for blind and low vision students all over New Zealand. Assessment centre for birth - 21 years. Kickstart programme for students 18 - 21 who live on the premises learning to live independently. This is a 1 - 2 year course.

2 McVilly Road Manurewa Auckland 2102



aucklandsouthvrc@blennz.school.nz  8am - 5pm Monday to Friday

(09) 268 3219 Some charges may apply. http://blennz.school.nz No referral required.

**Blind & Low Vision NZ - National Office**

FSD0003343 Last updated 16/04/2021

The Blind Foundation empowers blind and partially sighted members by giving them the training, tools, and tips they need to deal with blindness and achieve their goals.

Awhina House 4 Maunsell Road Parnell Auckland 1052



GeneralEnquiries@blindfoundation.org.nz  Monday - Friday 8:30am - 5:00pm

(0800) 24 33 33 Some charges may apply.

(09) 355 6900 No referral required. http://blindfoundation.org.nz/

**Blind & Low Vision NZ Telephone Information Service**

FSD0001406 Last updated 12/03/2021

The telephone information service (TIS) enables Blind Foundation clients to access a variety of recorded bulletins via their touch-tone telephone, to choose favourites using the special functions menu and to access local information.

The services geographically cover the whole of New Zealand.

4 Maunsell Road Parnell Auckland 1042



generalenquiries@blindfoundation.org.nz  The Blind Foundation office is open 8.30am -

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| (0800) 24 33 33 https://blindlowvision.org.nz/how-we-canhelp/technology/telephone-informationservice/ | 5pm Monday - Friday. Call us on 0800 24 33 33 from 8am – 8pm Monday to Friday.  All services free of charge.  Referral may apply. |

**Blind Low Vision - Deafblind Services**

FSD0001938 Last updated 12/01/2021

Provides hands on service to people who are deafblind. Provides training to people who are working with people who are deafblind including service providers, & professionals, providers information & technical advice about the deafblind condition.

4 Maunsel Road Parnell Auckland 1052



info@blindlowvision.org.nz  Some charges may apply.

(0800) 24 33 33 No referral required. https://blindlowvision.org.nz/

**Brainwave Trust Aotearoa**

FSD0008292 Last updated 29/09/2020

We are a charitable trust set up in 1999 with the aim of educating all those involved with raising children on the importance of the early years of a child's life. Our work is based on scientific research which shows that early experiences shape the developing brain and set patterns for life. Good parenting and caregiving skills in the very early years are critical to producing happy, confident and successful adults.

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| info@brainwave.org.nz  (09) 528 3981 (021) 266 2264 http://www.brainwave.org.nz      **Breast Cancer Support** | Monday - Friday 9:00am - 1:00pm.  Some charges may apply. No referral required. |
| FSD0003302 | Last updated 18/08/2020 |

Our trained volunteers have experienced breast cancer too, and provide support for other women who have a past or present breast cancer diagnosis.

21 McKenzie Avenue Arkles Bay Whangaparaoa 0932



support@breastcancersupport.co.nz  Seven days a week, 365 days a year, 830am-

(0800) 273 222 500pm

http://www.breastcancersupport.co.nz All services free of charge. No referral required.

**Budgeting and Family Support Services Otara Inc**

FSD0005928 Last updated 29/03/2021

Otara Budgeting Service provides budgeting skills and education through free, supportive, confidential and culturally aware services to the community.

Shops 1 & 2, Fairmall 46 Bairds Road Otara Auckland 2023 tuliana@mangerebudgeting.org.nz  Monday to Friday 9am to 4pm



(09) 274 6432 Some charges may apply. http://mangerebudgeting.org.nz/contact- No referral required. us-mainmenu-3

**Bupa New Zealand**

FSD0015328 Last updated 27/08/2020

Providing safety, security and emergency assistance for those living alone or with medical conditions, through our personal medical alarm. We are always just the press of a button away. 109 Carlton Gore Road Newmarket Auckland 1023



info@bupa.co.nz  Some charges may apply.

(0800) 00 42 76 Referral may apply.

(09) 558 2488 http://www.bupa.co.nz

**Care On Call**

FSD0004072 Last updated 23/04/2021

Care on Call provides support with personal care and housework to clients of all ages across New Zealand in their own homes. This includes clients with disabilities, people recovering after an accident or surgery. All enquiries are most welcome, and you may be eligible for government funding.

Level 5 55 Anzac Ave Auckland 1010 auckland@careoncall.co.nz  Office open Monday - Friday, 8:30am- 5:00pm.



(0800) 664 422 Some charges may apply.

(09) 966 0011 (24 hours) No referral required. http://careoncall.co.nz

**Carers New Zealand**

FSD0005886 Last updated 13/07/2020

Carers NZ provides information, advice, learning and support for the one in five of the population who care at home for frail, aged, sick, injured and disabled family members or friends, and those who manage their own health needs. Carers NZ is also the legal umbrella for the NZ Carers Alliance, a coalition of more than 40 national non-profits seeking policy progress for carers; Young

Carers NZ, a support network for young carers; and the NZ Gay and Lesbian Carer Support Network. It is also the Secretariat for the Coalition of Regional Carer Support Networks.

3 Vinegar Lane Grey Lynn Auckland 1021



centre@carers.net.nz  8.30am to 5.30pm Monday to Friday (0800) 777 797 Some charges may apply. http://www.carers.net.nz Referral may apply.

**CCS Disability Action - Royal Oak Office**

FSD0008313 Last updated 06/07/2020

CCS Disability Action is New Zealand's leading provider of support and services to people with disabilities. We are also a leading advocate for the rights of disabled people.

14 Erson Avenue Royal Oak Auckland 1061



auckland@ccsdisabilityaction.org.nz  8.30 am - 4.30 pm Monday to Friday

(09) 625 9378 Some charges may apply.

(0800) 227 225 Referral may apply. http://www.ccsdisabilityaction.org.nz

**Cerebral Palsy Society of New Zealand**

FSD0003830 Last updated 10/08/2020

Information and support for people, their family and whanua with Cerebral Palsy.

Ground Floor Rear 8 Railway St Newmarket Auckland 1023



cpsociety@cpsociety.org.nz  Monday to Friday from 9am to 5pm, for (0800) 503 603 information, advice and support on all aspects of http://www.cerebralpalsy.org.nz Cerebral Palsy

Some charges may apply. No referral required.

**Children’s Autism Foundation**

FSD0023146 Last updated 21/04/2021

We provide whanau/family support services to families of children with Autism Spectrum Disorders (ASD), from pre-diagnosis up to 21 years of age. We have a strong track record of quality service to families/whanau of children with ASD, providing advice, support, holistic, family-centred solutions to help families manage the intense emotional and practical impact of autism.

 Office 13 Lion Foundation House 3 William Laurie Place Albany Auckland 0632

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| enquiry@autism.org.nz  (09) 415 7406 (021) 792855 http://www.autism.org.nz | By appointment  Some charges may apply.  No referral required. |

**Citizen Advocacy Auckland Inc.**

FSD0003494 Last updated 20/03/2021

Citizen Advocacy promotes one to one relationships between people who have an intellectual/learning disability and commited citizens who are prepared to act voluntarily to make a positive difference in the life of a person who may be alone, face difficult challenges or be in a risky situation.

citizenadvocacyauckland@gmail.com  Contact Jules via phone or email.

(027) 625 7994 All services free of charge.

(09) 625 7994 No referral required. http://www.caauckland.org.nz

**Citizens Advice Bureau - Hibiscus Coast**

FSD0006850 Last updated 20/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteer interviewers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person at our office in Orewa, or on the online chat facility on the CAB website.

next to Community Centre 40-46 Orewa Square Orewa Auckland 0931



hibiscuscoast@cab.org.nz  Office Hours may vary from time to time. Please (09) 426 5338 check the CAB website on 'Find a CAB' for (0800) 367 222 current details. http://www.cab.org.nz https://www.cab.org.nz/location/cab-hibiscuscoast

All services free of charge. No referral required.

**Citizens Advice Bureau Otara Incorporated**

FSD0006860 Last updated 12/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Shops 1 & 2 46 Fair Mall Otara Town Centre, Bairds Road Auckland 2023



manager.otara@cab.org.nz  Normal Bureau hours operation: 9am-4pm (09) 274 6577 Monday to Friday, 9am-12pm Saturday http://www.cab.org.nz All services free of charge.

No referral required.

**Communicare CMA (Formerly Civilian Maimed Association Auckland Inc)**

FSD0003319 Last updated 03/05/2021

Communicare is a multi-cultural non-profit organisation that supports the elderly, lonely and disabled in the community by providing companionship, recreation, activities and crafts, through 21 Friendship Centres across Auckland.

14 Erson Avenue Royal Oak Auckland 1061 office@communicare.org.nz  Head Office - Monday to Thursday 9am to 3pm. (09) 631 5968 Friendship centres - Monday to Thursdays 9am http://www.communicare.org.nz to 1pm.



School Term Times only- closed during holidays.

Some charges may apply. No referral required.

**Complex Care Group**

FSD0005896 Last updated 18/12/2020

The Complex Care Group (CCG) was established to provide support, information and a collective voice to families / carers who provide an intensive level of care for a child/young person with a disability . This person will have one or more of the following: Multiple disabilities, a serious and ongoing medical condition, autistic spectrum disorder, or behaviour that requires a high level of support.

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| complexcaregroup@xtra.co.nz  (027) 266 7690 (0800) 852 693 http://www.complexcaregroup.org.nz      **Creative Abilities** | 10.00am - 4.00pm, Monday to Friday.  All services free of charge. No referral required. |
| FSD0003528 | Last updated 03/08/2020 |

Provides support within the community, supported independent, residential living and day centre activities to adults with diverse physical and intellectual impairments.

14 Silverfield Estate Wairau Valley Auckland 0627



jey@creativeabilities.co.nz  8.00am - 4.30pm Monday to Friday.

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| (09) 444 0608 http://www.creativeabilities.co.nz      **Dance & Arts Therapy NZ** | Some charges may apply. Referral may apply. |
| FSD0023989 | Last updated 13/07/2020 |

Dance & Arts Therapy NZ (DTNZ) provides mental health and disability services. Our kaupapa is to support and empower vulnerable individuals and groups in Aotearoa New Zealand through the use of Dance Movement Therapy and Arts Therapy. We have a particular focus on those with disabilities and special needs but also work with at-risk tamariki from low income backgrounds and people of all ages struggling with trauma.

 Community Office 1/Onehunga Community Centre 83 Church St Onehunga Auckland 1061

info@dancetherapy.co.nz (09) 636 3029 http://www.dancetherapy.co.nz

**Deaf Aotearoa - Auckland**

FSD0006930

Office: Monday-Thursday, 7.30am-5pm Programmes operate within and outside of these times.

Some charges may apply. Referral may apply.

Last updated 03/02/2021

Deaf Aotearoa is a Deaf-led, not-for-profit organisation that focuses on promoting Awareness of,

Access to and Advancement of New Zealand Sign Language - to help strengthen the rights of Deaf people and give them the confidence to be an active part of society. As the only nationwide provider of services to Deaf people, it provides information on a range of services for Deaf and works with businesses and organisations to provide information and resources on life for Deaf New Zealanders and NZSL.

1836-1848 Great North Road Avondale Auckland 1026



national@deaf.org.nz  Open for enquiries and appointments Mon to

(0800) 332 322 Thur 9:00am - 4:00pm

http://www.deaf.org.nz/ For appointment only Friday

All services free of charge. No referral required.

**Debbie Rowberry**

FSD0019037 Last updated 22/09/2020

Emotion Regulation Therapy for Children and their Families.

Debbie Rowberry is a Child Therapist specialising in Child Emotion Regulation Therapy for high and complex needs children. The programme teaches Children how to recognise, monitor and moderate their States of Being. Parental Coaching is provided to teach conscious parenting skills. Children gain greater Emotion Resilience and Emotion I.Q. The programme also includes the development of a client specific behavioural management plan for home and school.

Debbie also facilitates early intervention, Emotion Education programmes for schools.

Debbie provides Therapeutic Services within a clinic setting as well as incorporating Equine Therapy, Canine Therapy and Nature based activities at Willow Therapy Farm in Clevedon.

610 Monument Road Clevedon Auckland 2582



D.rowberrynz@gmail.com  Please phone for an Appointment.

(021) 741 887 Some charges may apply. http://www.childbehaviourist.com No referral required.

**Disability Connect**

FSD0003417 Last updated 27/01/2021

Disability Connect was established in 1990 as the Parent & Family Resource Centre Inc to primarily support parents of disabled children and young people. Today the primary service area for Disability Connect is to provide information and advice to families of disabled children and young people across the Auckland Region which includes Waitemata and Manukau. Information is provided in a variety of media including workshops and seminars. Disability Connect also provides culturally and linguistically appropriate disability information and advice including translated/interpreted information. Our Disability Support Guide booklet is available in English, Simplified Chinese, Korean and Arabic.

Parent and Family Resource Centre Inc. trading as Disability Connect (from 1 October 2014).

3B Olive Road Penrose Auckland 1061



admin@disabilityconnect.org.nz  9.00am - 4.30pm, weekdays

(09) 636 0351 Some charges may apply. https://disabilityconnect.org.nz/ No referral required.

**Disabled Citizens Society Inc**

FSD0003331 Last updated 02/11/2020

Support people living with disabilities; In the Community – Into Employment;

Enable individuals to access, be assessed and register for the Total Mobility Transport Scheme.

421-423 Dominion Road Mt Eden Auckland



corina@dcsinc.org.nz  Monday to Friday, 7.45am - 4.30pm

(09) 638 8153 Some charges may apply. http://www.dcsinc.org.nz Referral may apply.

**Eastern Community Health Service - Counties Manukau Health**

FSD0015177 Last updated 22/12/2020

This service provides care to clients in their own homes within Eastern Locality of the Counties Manukau Health area. Works with people coping with illness or a disability and helps them reach and maintain their achievable levels of health and independence.

292A Botany Road Golflands Auckland 2013



trish.johns@middlemore.co.nz  8am - 4:30pm 7 days (09) 270 4758 All services free of charge.

(09) 276 0044 x 53335 Referral may apply.

**Elevate Christian Disability Trust**

FSD0003314 Last updated 24/02/2021

An interdenominational Christian Group that offers fellowship for people with all types of disabilities and able bodied helpers.

173 Mt Smart Rd Onehunga Auckland 1643



reception@elevatecdt.org.nz  Drop In Centre is open Tuesday - Thursday, 10

(09) 636 4763 AM to 1 PM, during the NZ School term.

http://www.elevatecdt.org.nz Office open 4 days a week (Tuesday-Friday till

9:30am - 4:30pm) Some charges may apply. No referral required.

**Elevator**

FSD0003788 Last updated 17/11/2020

Employment agency for job seekers with disability.

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| --- | --- |
| enquires@genevaelevator.co.nz  (0508) 353 828 (09) 531 5600 https://www.genevahealth.com/findsupport/flexible-disability-injurysupport/supported-employment/      **Ember Korowai Takitini** | All services free of charge. No referral required. |
| FSD0021212 | Last updated 07/06/2020 |

Ember Korowai Takitini , offers a wide range of services to people experiencing mental health and addictions issues including attaining goals in employment and accommodation.

Ember works strongly from a Values base, using them in recruitment, decision making, planning and evaluation of services.

Ember holds priorities in people development. That includes stakeholder development – service users, family/whanau and Maori – so that people can work more actively in partnership with the organisation both in individual service delivery and in organisational development.

So finally, here we are… Ember Korowai Takitini , Tama T Tama Ora which is Standing Together In Wellness.

49B Apollo Drive Rosedale Auckland 0632



reception@connectsr.org.nz  9am - 5pm Monday to Friday

(09) 443 3700 All services free of charge. http://connectsr.org.nz Referral may apply.

**Emerge Aotearoa - Central Auckland Office**

FSD0003431 Last updated 31/08/2020

Residential and non-residential mental health provider for adults and adolescents needing help in recovering and rehabilitating from mental health problems.

 103 Richardson Road Mt Albert Auckland 1025

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| --- | --- |
| info@emergeaotearoa.org.nz  (09) 847 9187 http://emergeaotearoa.org.nz      **Enliven Auckland** | Mon - Fri  8 am - 5 pm  Some charges may apply. Referral may apply. |
| FSD0020675 | Last updated 27/04/2021 |

Enliven maximises the independence of older people and those with disabilities or injuries. Our home support and community services enable people to live in their own homes, stay healthy and engage socially with others. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Enliven Maximising Independence

* Home support services
* Community day programmes, conversation cafés, home share groups and pool programmes
* Dementia-specific community support
* Intergenerational project
* Individualised funding
* ACC-funded support
* Respite care
* Long term support for chronic conditions
* Transition services from hospital or rest home

77 Grey Street Onehunga Auckland 1061



enlivenauckland@psn.org.nz  Monday - Friday

|  |  |
| --- | --- |
| (09) 622 4788 https://www.enlivennorthern.org.nz/servic e-centre/auckland-central      **Enliven Waitemata** | 8.30 am - 5.30 pm  All services free of charge. Referral may apply. |
| FSD0020683 | Last updated 27/04/2021 |

Enliven maximises the independence of older people and those with disabilities or injuries. Our home support and community services enable people to live in their own homes, stay healthy and engage socially with others. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

Enliven Maximising Independence

* Home support services
* Community day services, home share groups and pool programmes
* Dementia-specific community support
* Intergenerational project
* Individualised funding
* ACC-funded rehabilitation and support
* Respite care
* Long term support for chronic conditions
* Transition services from hospital or rest home

2171 Great North Road Avondale Auckland 0600



EnlivenWaitemata@psn.org.nz  Monday - Friday

|  |  |
| --- | --- |
| (09) 835 0490  (0508) 222 365 4836 (ACC referrals) https://www.enlivennorthern.org.nz/servic e-centre/auckland-west-north      **Family Works Waitakere** | 8.30 am - 5.00 pm  All services free of charge. Referral may apply. |
| FSD0006493 | Last updated 09/12/2020 |

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

2171 Great North Road Avondale Auckland 0600



admin.waitakere@fwn.org.nz  Monday - Friday

(09) 835 1288 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-west Referral may apply.

**Franklin Community Health Team**

FSD0015179 Last updated 05/02/2021

Upon receipt of an appropriate referral this service provides care to clients in their own homes within the Counties Manukau area. Works with people coping with illness or a disability and helps them reach and maintain their achievable levels of health and independence.

C/- Pukekohe Hospital 1 Tuakau Road Pukekohe



(09) 237 0650  Some charges may apply. https://countiesmanukau.health.nz/our- Referral may apply. services/a-z/community-health-services/

**Geneva Healthcare**

FSD0004525 Last updated 29/01/2021

We are New Zealand’s trusted experts in aged care, illness, injury & disability support. Since 1996, we’ve been supporting New Zealanders to live their best life and thrive by keeping well, living independently and staying connected with their community.

We are part of the largest network of healthcare service providers working closely with the Ministry of Health, District Health Boards, Ministry of Social Development, and with ACC as a preferred national provider to give our Clients 24/7 wraparound support with our qualified, security-checked, Geneva Certified workers, nurses and Allied Health professionals, who are carefully selected to match their needs.

Our Services

* Home Support & Aged Care
* Flexible Disability & Injury Support
* Wellness & Rehabilitation
* Childcare & Youth Support
* Private Health & Wellness Support Packages (Private Care NZ)
* Healthcare Recruitment
* Health Staffing Services (Temporary & Permanent)
* Healthcare Training

Level 2 139 Quay Street Auckland 1010



info@genevahealth.com  24 hours a day, 7 days a week, 365 days a year.

(0800) 436 382 Some charges may apply. http://www.genevahealth.com Referral may apply.

**Halberg Disability Sport Foundation**

FSD0000365 Last updated 08/01/2021

Honouring sporting excellence. Linking disabled people to sport and active leisure within their own communities

Level 5 56 Cawley St Ellerslie Auckland 1051



office@halberg.co.nz  8.30 am - 5 pm Monday to Friday

(09) 579 9931 All services free of charge.

(0800) HALBERG No referral required. http://www.halberg.co.nz

**Health and Disability Commissioner**

FSD0000550 Last updated 05/02/2021

To promote and protect the rights of consumers of health and disability services; to facilitate the fair, simple, speedy and efficient resolution of complaints.

Level 10, Tower Centre 45 Queen Street Auckland 1010



hdc@hdc.org.nz  8.30am - 5pm

(0800) 11 22 33 All services free of charge. http://www.hdc.org.nz/ No referral required.

**HealthCare NZ - Auckland**

FSD0006283 Last updated 15/01/2021

Our specialist home support and nursing services will help you to stay as active and healthy as possible; able to enjoy the comfort and freedom that comes with living in your own home.

We offer a wide range of services designed to enable you to live your life the way you want to from the security of your own home. They include: personal care such as grooming, showering and dressing; home help such as housework; assistance with meal preparation, shopping, mobility; and many other areas in which you may need help; nursing care such as post-operative care, wound care, medication management and many other specialised nursing services

Staying in your own home has never been easier!

60 Hugo Johnston Drive Penrose Auckland



auckland.office@healthcarenz.co.nz  Normal business hours

(09) 526 3570

http://www.healthcarenz.co.nz After hours service on 0800 300 114 Some charges may apply. No referral required.

**Hearing Association (Auckland) Inc.**

FSD0007112 Last updated 17/09/2020

We are a not-for-profit organisation providing independent, professional information and advice on managing hearing loss and other hearing related concerns. We have an audiology clinic providing hearing solutions, plus an ear wax removal clinic using the micro-suction method. We sell assistive listening devices, like telephones, and these can be tested at our premises prior to purchase. We also give talks to organisations and provide free information and advice to individuals upon request.

8 St Vincent Avenue Remuera Auckland 1050



info@hearingnz.org.nz  Monday to Friday 9am - 4pm

(09) 524 9847 Some charges may apply. http://www.hearingauckland.co.nz No referral required.

**Hearing Association New Zealand**

FSD0004115 Last updated 20/07/2020

Founded in 1932, Hearing New Zealand has been working hard with the help of our members and volunteers to help individuals around the country who are deaf or hard of hearing. Our work is dedicated to improving the lives of our members and non-members through one-on-one support and free services such as free hearing tests. We're also involved in advocacy and education around hearing protection as well as research.

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| liaison@hearing.org.nz (0800) 233 445 http://www.hearing.org.nz      **Heart Kids NZ** | By appointment  Koha/donation may apply. No referral required. |
| FSD0003352 | Last updated 17/07/2020 |

Heart Kids NZ is the only organisation in New Zealand dedicated to providing lifelong support for all those affected by a heart defect whether congenital or acquired through childhood illness.

Our practical and emotional support is vital for those affected, helping them cope with the day-today challenges of living with a childhood heart condition.

The services we provide include (but are not limited to) information, training, counselling and psychological support, specialised equipment, heart camps, family matching, social affiliation, and financial assistance (funds allowing).

We have a network of 18 affiliated branches and support groups throughout New Zealand.

Level 1 60 Grafton Road Auckland 1010



info@heartnz.org.nz  9.00am - 5.00pm Monday to Friday

(09) 377 9950 Some charges may apply.

(0800) 543 943 (KIDZ HEARTS) Referral may apply. http://www.heartkids.org.nz/

**Hohepa Auckland**

FSD0019752 Last updated 19/11/2020

Services for people with intellectual disabilities: Residential Services (including a specialised service for Prader-Willi syndrome), Vocational and Day Services, Transition Services, Individualised Services.

50 Atkinson Road Titirangi Auckland 0604



michelle.ashby@hohepa.com  Some charges may apply.

(09) 555 5050 No referral required. http://www.hohepaauckland.com/

**Homes of Choice**

FSD0023393 Last updated 20/11/2020

Great homes enabling choice, affordability and happiness for people with disabilities.

205 Great South Road Greenlane Auckland 1051



julie.sutherland@homesofchoice.org.nz  8.30am - 5.00pm Mon-Fri

(09) 634 9766 Exception: Public Holidays

Some charges may apply. Referral may apply.

**Huakina Development Trust**

FSD0005729 Last updated 14/09/2020

Huakina has a mission statement to "Unleash the Potential of People" and they stand by it with passion. To provide support in health & wellbeing, education and environmental issues to the community.

15-17 Roulston Street Pukekohe



admin@huakina.co.nz  8.30 am - 5.00 pm Monday to Friday

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| (09) 238 0250 http://www.huakina.co.nz    **Classification : FVSS, OSCAR** | All services free of charge. Referral may apply. |

**IDEA Services - West / Central Auckland**

FSD0007172 Last updated 06/04/2021

IDEA Services provides support for people with intellectual disabilities so they can live, learn, work and enjoy life as part of the community. We provide vocational and day services, accommodation services, supported employment and supported living.

 3047 Great North Road New Lynn Waitakere 0600

west.central@idea.org.nz  8:30 a.m. - 5 p.m. Monday to Friday

(09) 529 8758 Some charges may apply. http://www.ihc.org.nz Referral may apply.

**IDEA Services - North Shore**

FSD0007199 Last updated 06/04/2021

IDEA Services provides support for people with intellectual disabilities so they can live, learn, work and enjoy life as part of the community. We provide vocational and day services, accommodation services, supported employment and supported living.

1st Floor 48 Enterprise Street Birkenhead Auckland 0626 north.shore@idea.org.nz  All hours



(09) 529 8730 Some charges may apply.

(09) 418 2870 Referral may apply. http://www.ihc.org.nz

**IDEA Services - Northern Regional Office**

FSD0007187 Last updated 06/04/2021

IDEA Services provides support for people with intellectual disabilities so they can live, learn, work and enjoy life as part of the community. We provide vocational and day services, accommodation services, supported employment and supported living.

48 Enterprise Street Birkenhead Auckland 0626



northern@idea.org.nz  Business hours

(09) 529 8716 Some charges may apply. http://www.ihc.org.nz/contact/ Referral may apply.

**IDEA Services - South / East Auckland**

FSD0007198 Last updated 06/04/2021

IDEA Services provides support for people with intellectual disabilities so they can live, learn, work and enjoy life as part of the community. We provide vocational and day services, accommodation services, supported employment and supported living.

68 Dawson Road Otara Auckland 2023



south.east@idea.org.nz  all hours

(09) 529 8790 Some charges may apply. http://www.idea.org.nz Referral may apply.

**IDEA Services – Counties**

FSD0024548 Last updated 08/04/2021

IDEA Services provides support for people with intellectual disabilities so they can live, learn, work and enjoy life as part of the community. We provide vocational and day services, supported employment and specialist services.

15 Ray Small Drive Papakura 2110



northern@idea.org.nz  All hours

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| (09) 529 8790 http://www.idea.org.nz | All services free of charge. Referral may apply. |

**Independent Living Service Charitable Trust**

FSD0003330 Last updated 19/04/2021

The Independent Living Service (ILS) provides free disability information and advice in accessible formats for disabled people, their families, whanau and support networks.

Our Royal Oak, Botany & Browns Bay stores have a large range of assistive products available for purchase and mobility equipment for hire - making daily living easier for you, a family member or someone you're supporting.

Our aim is to assist you in making informed decisions on accessing services or choosing products that will assist you in your daily life. We do this by giving you options about what services and products are available.

Our mobile information and equipment service, ILS Mobile is available to present at your next group meeting. This service covers the greater Auckland region. Enjoy an interactive presentation, demonstration of assistive products, and mobility safety checks for walking sticks & walkers. EFTPOS facilities available if you'd like to purchase products.

14 Erson Avenue Royal Oak Auckland 1061



info@ilsnz.org  Royal Oak Store (14 Erson Ave): Mon-Fri: 9am-

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| --- | --- |
| (0800) 625 100 (09) 625 0322 http://www.ilsnz.org | 5pm, Sat: 9am-4pm  Botany Store (308 Te Irirangi Drive): Mon-Fri:  9am-5pm, Sat: 9am-4pm  Browns Bay Store (13-15 Bute Rd): Mon-Fri: 9am-5pm, Sat: 9am-4pm Some charges may apply.  No referral required. |

**Irlen Diagnostic Clinic - Auckland**

FSD0004900 Last updated 20/07/2020

Irlen Syndrome (a form of dyslexia) is a visual perceptual problem which affects many people who have difficulty reading. Symptoms include slow reading, skipping words or lines, light sensitivity, eye strain and sometimes migraines. Clinics diagnose and treat clients using tinted filters.

3A Clonbern Road Remuera Auckland 1050 learn@zesteducation.co.nz  9.00am - 5.00pm Monday to Friday.



(09) 529 2686 Some charges may apply. http://www.zesteducation.co.nz No referral required.

**Kaleidocare**

FSD0022937 Last updated 23/07/2020

Provide day service programme for young adults with High and Complex special needs.

OSCAR approved After school and Holiday programme for young children with special needs.

6C Cape Hill Road Pukekohe 2120



office@kaleidocare.co.nz  8.30am - 5.30pm Monday to Friday

(09) 239 3701 Some charges may apply. http://www.kaleidocare.co.nz Referral may apply.

**Classification : OSCAR**

**Kelston Deaf Education Centre**

FSD0003374 Last updated 04/02/2021

Residential special school for the Deaf. Service provider for the Deaf students and their family and whanau.

3 Archibald Road Kelston Auckland 0602



kdec@deafeducation.nz  8.00am-4.30pm, Monday-Friday

(09) 827 4859 Some charges may apply. http://www.kdec.school.nz No referral required.

**Kidz First - Child Development Team**

FSD0015244 Last updated 05/10/2020

A community based team, providing therapy and social work to enable children with special needs and their families/whanau to achieve their full potential in their daily lives.

We are an interdisciplinary, allied health team which includes Occupational Therapy,

Physiotherapy, Speech Language Therapy, Social Work and Visiting Neurodevelopment Therapy.

95 Wiri Station Road Manukau City Manukau 2104



healthinfo@middlemore.co.nz  8am to 4.30pm Weekdays (09) 263 0792 ext 53202 All services free of charge.

(09) 263 0790 Referral may apply.

http://www.countiesmanukau.health.nz

**Koru Care Charitable Trust New Zealand**

FSD0003871 Last updated 13/10/2020

"Making Dreams Come True," for terminally ill, disabled and disadvantaged children. We take children on a trip of a life time to California to visit Disneyland and other parks, or to Gold Coast, Australia.

21-23 Nixon Street Grey Lynn Auckland 1021



korucare@xtra.co.nz  The telephone is always manned but there is not

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| (09) 523 2456  (09) 523 0054 http://www.korucare.co.nz      **LIFE Homes** | always someone at the office.  Koha/donation may apply. No referral required. |
| FSD0021983 | Last updated 18/12/2020 |

LIFE Homes provides residential care and a fulfilled life for adults with an intellectual disability. Our loving homes are founded on Christian character and values and are based in Warkworth and Orewa.

Lavender house 27 Lilburn Street Warkworth Auckland 0910 julia.withers@lifehomes.org  7am-5pm



(027) 433 8581 Some charges may apply.

(09) 283 3536 No referral required.

**Life Unlimited Auckland**

FSD0008339 Last updated 12/04/2021

A free nationwide service funded by the Ministry of Health to provide support and independent advice for New Zealand residents or citizens, 16 years and over, who experience difficulty communicating effectively because of a hearing impairment

12 Lambie Drive Papatoetoe Auckland 2104



hearing@lifeunlimited.net.nz  Monday - Friday 8.30 am - 4:30pm (0800) 008 011 All services free of charge.

(09) 278 0152 No referral required. http://www.hearingtherapy.co.nz

**LifeKidz Trust**

FSD0021383 Last updated 25/10/2020

LifeKidz Trust After School and School Holiday Programmes, aim to provide a community focused holiday programme that positively includes children with different special needs and disabilities. The children who attend the programme are cared for by young people from within the community, and has a theme for each programme. Children without special needs also attend.

Service objectives:-

To maintain family stability and well being of the child.

To provide a community service that promotes a sense of belonging to a child with a disability.

To provide a quality child focused respite service in the community.

To train youth workers to understand about the issues that face children and families with special needs.

To provide a team of trained carers.

To collaborate with the local community to create opportunities that promote the child disability sector in a positive sense.

The Depot, Lloyd Elsmore Park - Sir Lloyd Drive Highland Park Auckland 2143



deearna@lifekidz.org.nz  Monday to Friday 8:30am to 6pm.

(09) 533 6360 Some charges may apply.

(021) 543 350 No referral required. http://www.lifekidz.org.nz

**Classification : OSCAR**

**Mangere East Community Centre**

FSD0005829 Last updated 30/04/2021

We provide a variety of programmes for families in the community. Before and After school Care,

Holiday Programmes, Community Education and Study Support (ACCESS) programmes at the

Mangere East Community Centre. Community Classes include, English for Speakers of other Languages, Zumba, Samoan, Salsa, Fitness, Cook Island Dance, Ukulele, Korowai, Parenting Programmes, Te Reo Maori, Tai Chi.

372 Massey Road Mangere East Manukau



info@mangereeast.org  7.00am - 6.00pm Monday to Friday

(09) 275 6161 Some charges may apply.

(029) 773 0146 No referral required. http://www.mangereeast.org

**Classification : OSCAR**

**Mangere Home Health Care - Counties Manukau District Health**

**Board**

FSD0003361 Last updated 28/01/2021

This service provides care to clients in their own homes within the Counties Manukau area. Works with people coping with illness or a disability and helps them reach and maintain their achievable levels of health and independence.

Building 38 Western Campus - Orakau Road Mangere East Auckland 2024



(09) 270 4730  8am - 4:30pm Monday to Friday (021) 518 627 Limited weekend district nursing services

Some charges may apply. Referral may apply.

**Manukau Superclinic Audiology**

FSD0008171 Last updated 14/07/2020

Manukau Superclinic provides public Audiology services for the Counties Manukau DHB region.

901 Great South Road Wiri Auckland 2104 customerservice@superclinic.co.nz  Monday to Friday 8:00 am - 4:30 pm.



(09) 277 1610 Some charges may apply. https://www.healthpoint.co.nz/public/ent- Referral may apply.

head-neck-surgery/counties-manukauhealth-audiology/

**Matea Trust**

FSD0022133 Last updated 12/10/2020

In addition to providing a residential service, we also provide employment opportunities and work experience through our Vocational Service at Dairy Flat. Our services are for men with intellectual disabilities.

1016 Dairy Flat Highway Dairy Flat Auckland 0792



matea.trust@xtra.co.nz  Vocational Service operates Monday to Friday,

(09) 415 7103 8am to 4pm. http://mateatrust.co.nz All services free of charge.

No referral required.

**Maurice Paykel Centre**

FSD0021845 Last updated 12/04/2021

Millennium 21 Trust provides a day service at the Maurice Paykel Centre in Panmure for very high needs intellectually disabled adults. Established in 2004, the Centre has 16 service users and 8 full time staff (as at 2015).

7B Benghazi Road Panmure Auckland 1072



mpcentre@xtra.co.nz  Monday to Friday 8.30am to 4:30pm (09) 527 3885 Some charges may apply.

No referral required.

**Mt Tabor Trust**

FSD0003876 Last updated 15/02/2021

An intentional community welcoming adults with an intellectual disability into houses in Helensville and West Auckland. Lifestyle encourages independence, personal values, personal responsibilities and awareness of individual choices for people with intellectual or sensory disabilities.

20 Garfield Road Helensville 0800



office@mt-tabor.org.nz  Monday to Friday 9am - 5pm

|  |  |
| --- | --- |
| (09) 420 9701 http://www.mt-tabor.org.nz | Some charges may apply. No referral required. |

**Muscular Dystrophy Association of New Zealand Inc**

FSD0004122 Last updated 06/11/2020

Supporting Neuromuscular Conditions.

419 Church Street East Penrose Auckland 1061



info@mda.org.nz  Monday to Friday 9am - 5pm (0800) 800 337 All services free of charge. http://www.mda.org.nz No referral required.

**Mycare**

FSD0022893 Last updated 03/08/2020

Mycare connects people needing help, directly with a community of people who provide support. Whether you need some help with house-keeping, personal care, gardening or meal preparation, there are people on Mycare ready and willing to help.

Mycare has New Zealand's largest online community of helpers and home care workers. We want to help people to find the support they need, in their local community, so they can live life their way. It’s as simple as that.

68-76 Taharoto Road Takapuna Auckland 0622



hello@mycare.co.nz  Contact Mycare for support Monday to Friday,

|  |  |
| --- | --- |
| (0800) 677 700 http://www.mycare.co.nz | 8.30am to 5pm.  Some charges may apply.  No referral required. |

**Needs Assessment - Central Auckland**

FSD0003665 Last updated 02/04/2021

Needs assessment information for Central Auckland. Provides assessments for people over 65 years of age.

Building 17, Greenlane Clinical Centre 214 Greenlane Road West Greenlane Auckland 1051 communityservices@adhb.govt.nz  All services free of charge.



(09) 631 1234 No referral required.

(0800) 631 1234

**Needs Assessment Service Coordination - NASC - Waitemata**

**District Health Board**

FSD0003736 Last updated 02/02/2021

NASC helps older adults access support services in the community. We enable older adults to stay at home as safely and independently as possible. NASC also assists younger adults who require support services following illness or hospitalisation, or as part of a palliative care package. We work with patients and their families to assess and plan their need for support. NASC can then co-ordinate support services for as long as they are needed.

Te Whare 9 Karaka Street Takapuna Auckland 0622 nascinfo@waitematadhb.govt.nz  Monday - Friday 8:00am - 4:30pm.



(09) 442 7171 All services free of charge. http://www.waitematadhb.govt.nz/ No referral required.

**Neuro Connection Foundation**

FSD0003527 Last updated 10/08/2020

Rehabilitation through Conductive Education for people with Stroke, Multiple Sclerosis, Parkinson's, Head Injury, Cerebral Palsy and other Neurological Conditions.

Tui Glen Centre 2 Claude Brookes Drive Henderson Auckland 0612 admin@neuroconnection.org.nz  8:30am - 4:30pm



(09) 836 6830 Monday - Friday

http://www.neuroconnection.org.nz Some charges may apply.

No referral required.

**Neuro Rehab Results Ltd**

FSD0016217 Last updated 18/03/2021

Neuro Rehab Results is a private practice specialising in Neurological Rehabilitation. We treat any person with a neurological condition such as spinal cord injury, brain injury, stroke, Parkinsons Disease, cerebral palsy and multiple sclerosis. Our services include physiotherapy, occupational therapy, speech language therapy, social work, clinical psychology and dietetics.

Unit 4 41 View Road Wairau Valley Auckland 0627



results@neurorehab.co.nz  8.00am - 4.30pm Mon - Fri

(09) 480 6464 Some charges may apply. http://www.neurorehab.co.nz No referral required.

**New Dawn Partnership Incorporated**

FSD0003786 Last updated 12/08/2020

To provide a stimulating, safe and stable environment where adults with intellectual and physical disabilities can be empowered, grow, thrive, and contribute by learning, exploring, and having fun.

They will be connected to and respected by the community in which they live, work and play.

18 Pierce Road Milford North Shore City 0620



info@newdawnpartnership.org  Monday to Friday 8am to 4pm

(09) 486 4869 All services free of charge.

(021) 104 8907 No referral required. http://newdawnpartnership.org

**New Zealand Down Syndrome Association**

FSD0005743 Last updated 16/11/2020

Vision – That people with Down syndrome are valued and equal members of their community, fulfilling their goals.

Mission – To work alongside families, whanau and carers to support and empower people with Down syndrome to realise their potential and aspirations through all life stages and within all communities.

Essence – To accept, understand and connect.

To enable the NZDSA to achieve its vision, mission and essence we:

* Provide information and support to families/whanau of people with Down syndrome throughout alllife stages.
* Equip and empower people with Down syndrome and their families/whanau to build positivefutures by enhancing their lives.
* Raise awareness of Down syndrome in the wider community to promote rights. Inclusion and bestpractice.
* Review and lobby government and other institutions.
* Develop self-advocacy and leadership skills for people with Down syndrome.

nzdsai@xtra.co.nz  9.00am - 5.00pm Monday to Friday.

(0800) 693 724 All services free of charge. http://www.nzdsa.org.nz No referral required.

**Ngati Whatua o Orakei Community Health Services**

FSD0003769 Last updated 15/02/2021

We are a Maori Health Provider, hapu (subtribe) owned. We provide primary health care services which include GP and Practice Nurse services at a low cost. We also provide a range of community services at no cost including Whanau Ora and Rongoaa - Maori Healing.

25/215 Kepa Road Orakei Auckland 1071



receptionohs@orakeihealth.org.nz  Monday to Friday 8:00am - 6:00pm

(09) 578 0956 Tuesday Late night until- 8:00pm http://orakeihealth.co.nz/

Closed weekends and Public Holidays Some charges may apply. No referral required.

**North Shore Riding for the Disabled**

FSD0015304 Last updated 12/01/2021

Provide therapeutic horse riding for disabled clients in the North Shore and Rodney Districts.

79 Aubrey Road Stillwater Auckland 0993



info@northshorerda.org  Monday - Thursday 8.30 am - 1.30 pm during the

(09) 426 8110 school terms only

http://www.northshorerda.org Some charges may apply.

Referral may apply.

**Pacific Homecare**

FSD0003800 Last updated 19/04/2021

Pacific Homecare is a Charitable Trust organisation providing home-based health care services and whanau ora services throughout the greater Auckland with elderly, people with disabilities and vulnerable families. Our vision is healthier communities in which our people enjoy a better quality of life.

Level 1 230 Great South Rd Papatoetoe Auckland 2025 info@pacifichomecare.org.nz  Monday - Friday 8:30 a.m. - 5:00 p.m.



(09) 274 9153 All services free of charge. http://www.pacifichomecare.org.nz Referral may apply.

**Classification : PACIFIC**

**Pacific Information Advocacy & Support Services Trust (PIASS**

**TRUST)**

FSD0003885 Last updated 21/12/2020

Advocacy services for Pacific Island families. Expertise in disability and older peoples services.

7/586 Great South Road Manukau Auckland 2025



administration@vakatautua.co.nz  Mon - Fri 8:30am - 5pm (0800) 825 282 All services free of charge.

(09) 250 1812 No referral required. http://www.vakatautua.co.nz/

**Classification : PACIFIC**

**Papakura Home Health Care**

FSD0015178 Last updated 30/06/2020

This service provides care to clients in their own homes within the Counties Manukau area. Works with people coping with illness or a disability and helps them reach and maintain their achievable levels of health and independence.

 South Auckland Health 5-19 Great South Road Papakura 2110

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| (09) 295 1250      **Parafed Auckland** | 7 Days 8.00 am - 4.30 pm All services free of charge. No referral required. |
| FSD0003290 | Last updated 25/10/2020 |

Parafed Auckland is New Zealand’s oldest disability sport organisation, and the largest of the regional Parafed’s. Our mission is to enhance the lives of physically disabled Aucklanders through sport and recreation; we achieve this aim through our network of 20 clubs and activities.

Otara Spinal Unit 30 Bairds Road Otara Manukau



office@parafedauckland.co.nz  Monday - Wednesday 9am - 3pm.

(09) 270 2503 Thursday 9am - 12pm. http://www.parafedauckland.co.nz Some charges may apply.

No referral required.

**Paralympics New Zealand Inc**

FSD0001897 Last updated 16/02/2021

Our mission is to:

LEAD - Prepare, select and lead teams to Paralympic Games

EXCEL - Ensure development of programmes, systems and events to support Para athletes to win medals

CHAMPION - Acknowledge and celebrate disabled New Zealanders ADVOCATE - Promote equity through sport

Suite 2.10, Axis Building 1 Cleveland Road Parnell Auckland 1052



info@paralympics.org.nz  8.30am - 5pm Mon - Fri

(09) 526 0760 All services free of charge. http://www.paralympics.org.nz No referral required.

**Parkinson's - Auckland**

FSD0007363 Last updated 25/03/2021

Parkinson’s New Zealand provides support, education and information for people with Parkinson’s and Parkinsonism conditions, including their family, carers and health professionals.

Our team of Parkinson’s Nurses and Educators can provide home visits for personalised sessions. Parkinson’s New Zealand also has support groups for members for sharing their coping strategies, experiences, and is a chance to establish social networks.

Programmes for people with Parkinson’s can include some of the following: exercise, physiotherapy, hydrotherapy, and art or music therapy sessions.

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| info@parkinsons.org.nz (0800) 473 4636 http://www.parkinsons.org.nz      **PHAB Association Inc** | Please make contact through our national office – Monday to Friday 8.30am – 5.00pm or via the referral form on our website www.parkinsons.org.nz.  Some charges may apply. No referral required. |
| FSD0003509 | Last updated 15/04/2021 |

PHAB facilitates a social groups for people with Physical Disabilities Auckland wide.

Our groups meet for 2 hours weekly during school terms.

PHAB is an inclusive organisation that "walks the talk" promoting self reliance that enhances the social opportunities for people with disabilities, and supporting our members towards designing meaningful lives for themselves.

8 Auburn Street Takapuna Auckland 0740



chewy@phab.org.nz  Mon - Fri 9.30am - 5pm (027) 433 4627 All services free of charge. http://www.phab.org.nz/ No referral required.

**Polyemp Employment & Advisory Service - Unitec and MIT**

FSD0003886 Last updated 12/11/2020

Placement service for graduates of MIT or Unitec with intellectual disabilities in paid employment with support.

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| --- | --- |
| Mreilly@unitec.ac.nz  (09) 980 9660  (021) 552 860 http://www.polyemp.org.nz | 8am - 4pm Monday to Friday All services free of charge.  Referral may apply. |

**Presbyterian Support Northern**

FSD0008142 Last updated 27/04/2021

Presbyterian Support Northern helps create a better life for everyone. Our social services:

* build strong families
* enable older people and those with disabilities or injuries to live in their own homes, stay healthyand engage socially with others
* show those who are struggling financially how to move toward financial independence.

Presbyterian Support Northern 111 Great South Road Epsom Auckland 1051



info@psn.org.nz  Monday to Friday, 8.30am to 5.00pm (09) 520 8600 Financial capability availability: AUCKLAND http://www.psn.org.nz WEST, CENTRAL and SOUTH.

Some charges may apply. Referral may apply.

**Classification : BFC, FVSS**

**Quality of Life Trust**

FSD0003803 Last updated 15/12/2020

Provides residential care for people with multiple disabilities, particularly deaf and blind.

23 Muir Avenue Mangere Bridge Auckland 2022



qlifetrust@gmail.com  Service available 24/7 (09) 634 6105 Some charges may apply.

Referral may apply.

**Rainbow House**

FSD0005741 Last updated 09/03/2021

Providing specialist counselling and psychological services for children and adolescents with Asperger's Syndrome and ADHD.

38 Green Lane East Remuera Auckland 1050



therainbowhouse@gmail.com  Different counsellors and psychologists available

(09) 520 4030 www.rainbowhouse.net.nz http://www.rainbowhouse.net.nz/ Some charges may apply.

No referral required.

**Ranfurly Care Society Incorporated**

FSD0021850 Last updated 12/01/2021

We provide Residential and structured Activity day programme services for people with an intellectual disability as assessed by NASC. See the website for full details.

Ranfurly Care started in 1992 as a parent-based Society.

52-56 Ranfurly Road Auckland 1023



info@ranfurlycare.co.nz  Activity Centre hours are

(09) 630 3010

(09) 630 4108activity centre 8.00am to 4.00pm http://ranfurlycare.co.nz Some charges may apply.

Referral may apply.

**RDNS New Zealand**

FSD0022612 Last updated 14/10/2020

RDNS (Royal District Nursing Service) New Zealand is for everyone and we embrace diversity. Our youngest client is two years old and our oldest is 94. We proudly support people from over 35 different cultural backgrounds. We are LGBTI friendly.

Whether you are experiencing illness, injury or just need some help around the home, RDNS New Zealand is here to help. We support people from all walks of life with dignity and compassion.

Level 1 8 Hugo Johnston Drive Penrose Auckland 1061



getinfonz@rdns.org.nz  7 Days 6am - 9pm. (0800) 736 769 Some charges may apply. https://www.rdns.org.nz/ No referral required.

**Recreate NZ**

FSD0005869 Last updated 11/08/2020

Recreate NZ is an adventure, recreation, social, work and life-skills events provider for children and young persons with disabilities.

The Clubrooms - upstairs 48 Windmill Road Epsom Auckland 1023



info@recreate.org.nz  Monday - Friday 10 am - 4 pm

(09) 638 5364 Some charges may apply. http://www.recreate.org.nz No referral required.

**Relionus Mobility Services (Vehicles and Mobility Accessible Vans)**

FSD0021142 Last updated 22/03/2021

Relionus is a 24 hour, 7 day a week and every day of the year, Health Care Transport Specialists. We are New Zealand’s most trusted transport service company, dedicated to people with health care needs which affect their mobility. We are a New Zealand owned business and operate in all parts of the greater Auckland Region. We are also available to transfer from outside of Auckland to Auckland, or from Auckland to outside of Auckland. We are a pre-book service so the more notice you can give us the better. We operate a number of modern Mobility Equipped Vehicles all meeting the highest safety standards.

597 Rosebank Road Avondale Auckland



bookings@relionus.co.nz  Our service is available 24 hours a day, 7 days a

(0800) 025 999 week, 365 days a year. http://www.relionus.co.nz Some charges may apply.

No referral required.

**Renaissance Group**

FSD0005758 Last updated 04/05/2021

Renaissance is contracted to the Ministry of Health to deliver Supported Living services in the greater Auckland region and Choices in Community Living in the greater Auckland and Waikato region. We support individuals with intellectual, physical and/or sensory disabilities between the ages of 17 to 65 years.

We can help individuals across all different disability groups, with varied levels of needs, get the best services and support they need - at no cost to them. To access our services a referral is required from Taikura Trust - the needs assessment and service coordination agency for all disability support services. You are welcome to have an informal chat with us prior to assessing formal services by calling us on (09) 250 4346.

29 Grove Road Papakura 2110



info@ren2001.co.nz  Monday-Friday 8.00am to 4.30pm

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| (09) 250 4346 http://www.renaissancegroup.co.nz      **Rescare Homes Trust Inc.** | All services free of charge. Referral may apply. |
| FSD0021863 | Last updated 05/04/2021 |

To provide residential services and day services for adults with an intellectual disability.

7 Rebecca Rise Weymouth Auckland 2103



admin@rescarehomestrust.org.nz  Office hours of 8:00am to 4:00pm Monday to

(09) 267 9812 Friday.

Some charges may apply. Referral may apply.

**Salt Community Trust**

FSD0024313 Last updated 26/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the Hibiscus Coast Community

6 Hibiscus Coast Highway Silverdale 0932



operationreach@salttrust.org.nz  Please contact us via email for times service is

(021) 090 63486 open (NB: When operating under Covid-19 Alert http://www.salttrust.org.nz/ Levels 3 and 4, hours of operation are manged

to meet the need accordingly) Some charges may apply. No referral required.

**Shanti Niwas Charitable Trust**

FSD0022954 Last updated 21/09/2020

Shanti Niwas is a non-profit organisation, has a long history of working with senior citizens of Indian and South Asian origin living in the Auckland region since 1994 to ensure they are valued and treasured by society.

Our mission is to provide culturally appropriate aged care services along with social, emotional, educational, physical and spiritual support for the wellbeing of older people of Indian and South Asian origin.

The trust delivers Positive Ageing Day programmes for older people and people with special needs in the Auckland region. We also provide counselling, advocacy, translation services, help to access health related practical assistance etc and help them integrate into New Zealand society for the betterment of the quality of life of seniors and their families. Our other services include

KHUSHI – Elder Abuse and Neglect Prevention Services, SNEH – Shanti Niwas Emergency Home for the seniors, DOSTI – Volunteer Visiting services and many more.

(Beside Dolphin Theater) 14 Spring Street Onehunga Auckland 1061 shantiniwas@xtra.co.nz  Mon - Fri 9.30am - 4pm (09) 622 1010 Some charges may apply.



(021) 202 8406 No referral required. http://www.shantiniwas.org.nz

**Classification : EARS**

**ShoreTrust**

FSD0022155 Last updated 28/04/2021

We provide quality lives and homes for people with an intellectual disability. The principles that Shore Trust lives by are that we are family connected, enable inclusion in the community, support and encourage choice and ensure high quality in all that we do.

Both homes are located on the North Shore, in Auckland and are conveniently situated near established communities, bus links, amenities and North Shore Hospital.

manager@shoretrust.org.nz  Office hours are 9.30am to 4.30pm Monday to

(09) 410 3096 Friday.

All services free of charge. Referral may apply.

**Special Education Services**

FSD0003890 Last updated 25/03/2021

Special education services for children aged 5-21 with intellectual and physical disabilities.

48-52 Rosehill Drive Papakura 2113



office@rosehill.school.nz  Monday - Friday 8a.m. to 4p.m.

(09) 298 4569 Some charges may apply. http://www.rosehill.school.nz Referral may apply.

**Spectrum Care**

FSD0003492 Last updated 01/10/2020

We provide support for children, young people and adults with disabilities and their whanau. We offer a wide array of personalised and flexible support options for people of all ages and stages in the Northland, Auckland, Waikato, Bay of Plenty and Wellington regions. This includes 24-hour residential support, a variety of flexible planned break options, and specialised Home Support, Transitions and Aspirations support. Our popular School Holiday,

After-school and Weekend programmes of activities for children are available in Whangarei, Auckland, Hamilton and Wellington – talk to us today to find out more!

Our independent living support is specifically focused on empowering people to their lives of

choice – lives like any other – in the community, and our Specialist Clinical Team supports health, behaviour and speech-language outcomes.

205 Great South Road Greenlane Auckland 1051



info@spectrumcare.org.nz  8am-5pm Monday-Friday (09) 634 3790 Some charges may apply. http://www.spectrumcare.org.nz Referral may apply.

**Classification : PACIFIC**

**SPELD NZ Inc - Auckland Local Liaison Group**

FSD0007471 Last updated 12/10/2020

SPELD NZ Inc offers one-on-one diagnostic assessment and specialised tuition for people with specific learning disabilities, including dyslexia. It also offers information, support, advice and training.

14 Erson Avenue Royal Oak Auckland 1061



northern@speld.org.nz  Office administration open 9am to 3pm.

(0800) 773 536 Some charges may apply. http://www.speld.org.nz No referral required.

**SPELD NZ Inc - Franklin Local Liaison Group**

FSD0007485 Last updated 01/09/2020

SPELD NZ Inc offers one-on-one diagnostic assessment and specialised tuition for people with specific learning disabilities, including dyslexia. It also offers information, support, advice and training.

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| northern@speld.org.nz (0800) 773 536 http://www.speld.org.nz | Office administration open Monday to Friday, 9am - 3pm.  Some charges may apply.  No referral required. |

**SPELD NZ Inc. - National Office**

FSD0004143 Last updated 12/10/2020

SPELD NZ Inc offers one-on-one diagnostic assessment and specialised tuition for people with specific learning disabilities, including dyslexia. It also offers information, support, advice and training.

14 Erson Avenue Royal Oak Auckland 1061



nationaloffice@speld.org.nz  National Office administration open Monday to

(0800) 773 536 Friday, 9am-5pm. http://www.speld.org.nz Some charges may apply.

No referral required.

**Spinal Support NZ**

FSD0003534 Last updated 21/08/2020

Provide a "Buddy" for newly spinal injured persons. To support spinal injured persons in their everyday life. Activities plus advocacy services; also support to families of a spinal injured person.

30 Bairds Road Otara Manukau City



info@spinalsupport.nz  Monday – Friday, 9:30 am – 4:00 pm

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| (09) 270 3526  (09) 270 3548 http://www.spinalsupport.nz      **Sport Waitakere** | Some charges may apply. No referral required. |
| FSD0007921 | Last updated 12/04/2021 |

Everyone connected, healthy and active.

Making a difference in our West Auckland communities by enabling healthy and active lives.

96 Swanson Road Henderson Waitakere 0610



admin@sportwaitakere.nz  8.30am - 5.00pm Monday to Friday.

(09) 966 3120 Koha/donation may apply. http://www.sportwaitakere.nz No referral required.

**StarJam**

FSD0023334 Last updated 15/01/2021

StarJam's aim is to assist young New Zealanders with disabilities (Jammers) to reach their potential and to participate fully in their communities through music.

Weekly music workshops.

6 Porters Avenue Eden Terrace Auckland 1024



info@starjam.org  School terms evenings Mon to Thurs 6.30 pm to

(09) 300 6257 8.00 pm

http://www.starjam.org Koha/donation may apply.

No referral required.

**Starship Community**

FSD0003426 Last updated 19/04/2021

Starship Community is a multidisciplinary team of professionals providing nursing, allied health, technical and cultural support to children, young people and their families living within the Auckland DHB area.

Level 6 & 7, building 15 214 Greenlane West Epsom Auckland 1051 starship.community@adhb.govt.nz  8am - 4.30pm Monday to Friday



(09) 639 0200 All services free of charge. http://www.starship.org.nz No referral required.

**Classification : PACIFIC**

**Stuttering Treatment and Research Trust (START)**

FSD0003536 Last updated 19/01/2021

START is a registered charitable trust that provides specialist treatment and support for people of all ages who stutter. START works with preschool, school age children, teens and adults. We provide individual and group therapy and offer therapy. We have two clinics in Auckland Greenlane and Albany and also provide therapy via Skype for those live outside the Auckland area. We also raise awareness of stuttering in the community. Please don't hesitate to contact us if you or someone you know is stuttering - there is help available.

The Stichbury Bidwill Centre 251 Campbell Road Greenlane Auckland



support@start.org.nz  Monday to Thursday - 8:30 am to 6:00 pm.

(09) 579 6775 Some charges may apply. http://www.stuttering.co.nz/ No referral required.

**SuperCare4u.com**

FSD0015234 Last updated 15/01/2021

SuperCare4u.com is a Health Care Service Provider owned and operated in New Zealand. Our transportation division offers a door-to-door, on demand,pickup/drop-off service, 7 days a week, 365 days a year. We operate a fleet of multi purpose vehicles equipped with wheelchair hoists, providing total mobility and non-medical emergency transportation to the aged, infirm and transport disadvantaged.

20 Bellwood Avenue Mt Eden Auckland 1024



information@supercare4u.com  On demand service.

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| (09) 630 2060 (027) 688 9957 http://www.supercare4u.com      **Taikura Trust** | 7 days a week, 365 days a year Some charges may apply. No referral required. |
| FSD0003742 | Last updated 28/07/2020 |

Provides Needs Assessment and Service Coordination (NASC) services to people aged 0-65 years with physical, intellectual, and sensory disabilities and Autistic Spectrum Disorder across the greater Auckland region (from Mercer to Te Hana).

Level 1, Building 1 570 Mt Wellington Highway Mt Wellington Auckland 1066



info@taikura.org.nz  8.30 am - 5.00 pm Monday to Friday. Message

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| (0800) 824 5872 (09) 278 6314 http://www.taikura.org.nz | service after hours.  All services free of charge.  No referral required. |

**TalkLink Trust**

FSD0003812 Last updated 13/11/2020

Assists people with disabilities by developing technology solutions which optimise their spoken and/or written communication.

Building 51, Entry 3, UNITEC - Carrington Rd, Mt Albert Auckland 1025



auckland@talklink.org.nz  Monday - Friday 8.30am - 5.00pm

(0800) 825 554 Some charges may apply.

(09) 815 3232 No referral required. http://www.talklink.org.nz

**Te Apiti Trust**

FSD0021932 Last updated 09/01/2021

Te Apiti Trust is an organisation that provides residential and vocational services for people with an intellectual disability. The Trust provides 24/7 care to 12 people in 3 facilities on the North Shore in Auckland. The Trust supports these people with every day life-skills, community participation and inclusion and tries to provide and promote the highest quality of life possible for all its residents.

384 Upper Harbour Drive Greenhithe Auckland 0632



grassmere1@xtra.co.nz  9am to 5pm Monday to Friday (021) 632 065 Koha/donation may apply.

(09) 444 8313 Referral may apply.

**Te Kotuku Ki Te Rangi Trust**

FSD0003745 Last updated 18/08/2020

A kaupapa Maori community health provider for Oranga Hinengaro Services.

20-40 Copsey Place Avondale Auckland 1026



reception@tekotuku.co.nz  Head Office

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| (09) 820 0045 (0800) 731 188 http://www.tekotuku.co.nz | Mon-Fri: 8.30am - 5:00pm All services free of charge.  Referral may apply. |
| 1691 |  |

**Te Oranga Kaumatua Kuia Disability Support Services Trust**

FSD0006043 Last updated 14/10/2020

A service that specifically seeks to provide support for Kaumatua and Kuia suffering from neglect and/or dementia that may lead to elder abuse and neglect.

Geographical Coverage Area: Te Puaha ki Manuka (South Auckland)

64 Mascot Avenue Mangere Manukau 2022



kingi.martin@teorangakk.org.nz  Monday to Friday

(09) 255 5470 8.30am - 5.00pm http://www.teorangakk.org.nz

Community Support Service.

Elder Abuse and Neglect Service.

All services free of charge. Referral may apply.

**Te Puna Hauora o Te Raki Paewhenua Society Incorporated**

FSD0003767 Last updated 07/09/2020

Te Puna Hauora provides a comprehensive range of medical and social services to our enrolled population.

58A Akoranga Drive Northcote Auckland 0627



(09) 489 3049  Monday-Friday 8.30am - 5.00pm. Closed http://www.tepuna.org.nz statutory holidays

All services free of charge. Referral may apply.

**Classification : BFC, FVSS**

**Te Roopu Taurima O Manukau**

FSD0003899 Last updated 27/07/2020

A Kaupapa Maori organisation providing residential services for Maori people with intellectual disabilities and high complex needs clients with behavioural problems in the Kaitaia, Kaikohe and Auckland, Hamilton and Christchurch area.

Ground Floor 519 Great South Road Otahuhu Auckland



(09) 276 6282  Monday to Friday, 8:30am - 5pm. http://www.terooputaurima.org.nz Some charges may apply.

Referral may apply.

**Te Roopu Waiora Trust**

FSD0003900 Last updated 23/06/2020

Te Roopu Waiora Trust is involved in a number of projects at various stages of development. We actively support & encourage disabled people & their whanau to participate in the projects & we provide disability supports to enable this participation.

Projects include: \* the development of the first kohanga reo for disabled tamariki or the children of disabled parents; \* the first Marae designed by disabled Maori for disabled maori; \* Pae Huarahi Whanau Measurement Tool - encouraging & supporting whanau to report about the effectiveness & quality of the services they receive from providers.

6B Ryan Place Manukau Auckland 2104



enquiries@teroopuwaiora.nz  Monday to Friday 10am to 3pm

(09) 277 4513 All services free of charge.

(Text only) 021 491256 No referral required.

https://www.facebook.com/Te.Roopu.Wai ora/

**Te Rori a Mua Trust**

FSD0021871 Last updated 24/02/2021

Te Rori a Mua Trust provides 24hour residential and vocational services for adults with intellectual disabilities.

The meaning of Te Rori a Mua is ‘the road ahead’ and this provides the foundation to ensure the organisation focuses on the future to offer a supportive environment and quality services to meet the needs, aspirations and well-being of participants and their families.

162 Pooks Road Swanson Auckland 0612



teroriamua@gmail.com  Call 022 565 3173 after hours.

(09) 832 4988 All services free of charge.

(022) 565 3173 Referral may apply. http://teroriamua.org.nz

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612 audrey.tinsley@waiwhanau.com  8.30am - 5.00pm Monday - Friday



(09) 836 6683 Some charges may apply.

(0800) 924 942 Referral may apply. https://www.waipareira.com/

**Classification : BFC, FVSS**

**The Brain Injury Association - Auckland**

FSD0007566 Last updated 08/01/2021

The Brain Injury Association New Zealand provides information, advocacy and support to people with brain injury and their families/whanau.

Headway House 207 Manukau Rd Newmarket Auckland 1023



information@headway.org.nz  9am to 4:30 pm most day but please telephone (09) 520 4807 09 520 4807 if you wish to come in to see the http://www.brain-injury.org.nz liaison officers

All services free of charge. No referral required.

**The Eastgate Community Trust**

FSD0021854 Last updated 12/10/2020

Day and Respite services for adults with an intellectual disability.

427 Pakuranga Rd Pakuranga Auckland 2010



felicity@eastgatetrust.co.nz  8-30am to 4-30pm Monday to Friday

(09) 577 4556 Some charges may apply.

(027) 667 2396 No referral required. http://www.eastgatetrust.co.nz

**The Fono West Central**

FSD0023205 Last updated 01/10/2020

We offer a range of medical services for the entire family. Some of our services are free to eligible patients while others are subsidised.

297 Blockhouse Bay Road Blockhouse Bay Auckland 0600



BHBmedical@thefono.org  Mon-Fri: 8.30am - 5pm

(09) 828 8421 Some charges may apply.

(0800) FONO4U No referral required. http://www.thefono.org

**Classification : PACIFIC**

**The National Foundation for the Deaf**

FSD0001859 Last updated 07/08/2020

The National Foundation for the Deaf Inc promotes the rights, interests and welfare of the one in six New Zealanders with hearing loss. We offer people support to communicate effectively, live positively and achieve to their potential.

We do this by collaborating with people who are deaf or hard of hearing, and with professionals in our sector to address issues affecting human rights and quality of life.

We also work to address noise-induced hearing loss, and to promote prevention.

Our vision is a world where...

* hearing and listening is valued
* the consequences of hearing loss are understood
* people with hearing disorders and disability can lead fulfilling lives
* the impact of hearing loss is reduced through access to treatments, technology and socialsupport.

Level 2 11 York Street Parnell Auckland 1052



enquiries@nfd.org.nz  8.30am - 5.00pm (Mon-Thurs)

(0800) 867 446 8.30am - 4.00pm (Fridays)

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| (09) 307 2922 http://www.nfd.org.nz | All services free of charge. No referral required. |

**The Pride Project Charitable Trust**

FSD0024469 Last updated 30/11/2020

The Pride Project is a Charitable Trust operating in the suburb of Manurewa, South Auckland. We have been working intensively in the community for the last four years and evolved what we know is a unique kaupapa and approach to community empowerment, pride and holistic development. Clendon/Manurewa is a community that suffers from high levels of deprivation, inter-generational poverty, over-crowding in homes particularly among its majority of Mori and Pacific households. Our understanding of our community comes from our local knowledge. We deal with the failings and silo-effects of the dominant socio-economic and political system and what we do is not about filling gaps but building an alternative healing system of well-being around Manurewa people as individuals, whanau, hapu and as a kainga. We are immersed in Kaupapa Mori; it is a deeply held foundation, as well as an expression of what we do and why.

60 Maplesden Drive Clendon Park Auckland 2103



melissaatama@theprideproject.co.nz  Community House, Volunteers and Whare

(027) 237 8756 Tautoko - 9.30am - 2.00pm

Hope Navigators Available - 9.30am-5.30pm

Tool Library - 9.30am-1.00pm

Koha Kutz Mon,Wed,Fri by appnt - 10.00am-

1.30pm

Koha/donation may apply. No referral required.

**The Puhinui Homes Trust**

FSD0003493 Last updated 26/01/2021

Long term home for people with a intellectual disabilities.

noori@puhinuihomestrust.org.nz  24 hours 7 days

(09) 279 9029 Some charges may apply. https://www.pht.org.nz/ Referral may apply.

**The Raukatauri Music Therapy Centre**

FSD0023619 Last updated 02/07/2020

We are the only not-for-profit music therapy centre in New Zealand. Our team of nine music therapists provide individual, pair and group music therapy to a range of clients with special needs including cerebral palsy, autism, Down syndrome, mental health disorders and dementia.

We also offer outreach music therapy programmes in schools and community centres around Auckland, Hawke's Bay and Whangarei, as well as parent and caregiver support.

Level 0 5 Carlton Gore Road Grafton Auckland 1023



jenryckaert@rmtc.org.nz  Monday through Saturday 8:30-5:00

(09) 360 0889 Some charges may apply.

http://rmtc.org.nz No referral required.

**The Wilson Home Trust**

FSD0023754 Last updated 19/01/2021

The Wilson Home Trust supports children and young adults with physical disabilities, up to the age of 22 years. The child or young adult must live in the northern half of the North Island. The Trust is active in facilitating a wide range of educational, social and support services across their Trust deed are. The Trust offers a range of activities and support to children and young adults with a disability, and to their families, and whanau. The Trust also has various types of grants funding available for equipment, activities, holidays, emergency and wellbeing and counselling.

The Wilson Home Trust Cottage 1 St Leonards Road Hauraki Auckland 0622 info@wilsonhometrust.org.nz  Monday to Friday 08.30 to 17.00 (0800) 948 787 All services free of charge.



(09) 485 3461 No referral required. http://www.wilsonhometrust.org.nz

**Toi Ora Live Art Trust**

FSD0003617 Last updated 27/07/2020

TOI ORA is a creative space which provides art activity based recovery support with tutored classes in a broad range of arts practice for people that have experience of mental health issues.

6 Putiki Street Grey Lynn Auckland 1021



info@toiora.org.nz  Available 9:00am - 4:30pm. Monday to Friday

(09) 360 4171 All services free of charge. http://www.toiora.org.nz Referral may apply.

**UpsideDowns**

FSD0023458 Last updated 25/02/2021

UpsideDowns helps fund speech language therapy for kids with Down syndrome. For children with

Down syndrome, learning to speak can be a real challenge. We're the UpsideDowns Education Trust, a charity established in 2003 by parents of kids with Down syndrome.

We're giving a voice to kids with Down syndrome all over New Zealand and equipping them with the skills to talk, read and write. By funding their speech language therapy, we're ensuring these kids have the best possible start to life.

The Trust plays a vital role in improving the learning development of the children, enabling them to integrate better into the community and enrich their lives.

4 Stilwell Rd Mt Albert Auckland 1025



info@upsidedowns.co.nz  Monday, Wednesday, Thursday, Friday, 8.30am

(022) 123 0944 - 5pm

http://upsidedowns.co.nz Some charges may apply.

No referral required.

**Vaka Tautua Limited**

FSD0015458 Last updated 01/10/2020

Vaka Tautua provides information and support for Pacific families in the areas of disability, older people, mental health and financial capability. Please get in touch if you would like more information on our services.

Unit 7 586 Great South Road Manukau Auckland 2025



administration@vakatautua.co.nz  Mon - Fri 8.30am - 5.00pm

(0800) 825 282 http://www.vakatautua.co.nz Elder Abuse Response Service for Auckland

region only.

All services free of charge. Referral may apply.

**Classification : EARS, FVSS, PACIFIC**

**WALSH Trust**

FSD0003630 Last updated 22/12/2020

West Auckland Living Skills Homes Trust Board. A variety of support services for people living in the community who experience Mental Ill Health.

8 Hickory Avenue Henderson Auckland 0650



reception@walsh.org.nz  8.30am - 4.30pm Monday to Friday.

(09) 837 5240 All services free of charge. http://www.walsh.org.nz Referral may apply.

**Classification : PACIFIC**

**WDHB Community Child Health (North)**

FSD0003608 Last updated 15/03/2021

Community and Centre-based service for children with disabilities and developmental delay 0-16 years.

 Level 1 3 Shea Terrace Takapuna Auckland 0622

(09) 447 0100 Monday - Friday 8 - 4.30 p.m.

(09) 447 0111 All services free of charge. https://www.waitematadhb.govt.nz/hospita Referral may apply.

ls-clinics/clinics-services/community-childhealth/

**Wilson Centre for Children**

FSD0003730 Last updated 02/03/2021

Respite Services

Respite (Out of Home Support) is provided by Waitemata DHB and is free for families in the Auckland and Northland regions. The service is for children 0-16 years old who have disabilities, are medically fragile and have high support needs.

Child Rehabilitation Service

Provides a comprhensive, family-centred rehabilitation service for children 0-16 years old or while still at school (Whole of New Zealand).

Wilson Centre for Children 1 St Leonards Road Hauraki North Shore 0622 respite@waitematadhb.govt.nz  Office hours: 08:00-16:30 Mon-Fri



(09) 488 4688 Respite/Rehab

https://www.waitematadhb.govt.nz/hospita Inpatients: 24hrs (365 days) ls-clinics/wilson-centre/ All services free of charge.

Referral may apply.

**Work and Income - Auckland Regional Office**

FSD0015264 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Level 2, Building A 65 Main Highway Ellerslie Auckland 1051



(0800) 559 009  Monday to Friday, 8:30 am to 5:00 pm http://www.workandincome.govt.nz All services free of charge.

No referral required.

**Work and Income - Clendon Service Centre**

FSD0007895 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Clendon Shopping Centre Cnr Roscommon & Palmers Roads Clendon Manukau City 2103



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenfield**

FSD0007896 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 1 Peach Road Glenfield North Shore City 0629

**Work and Income - Helensville Service Centre**

FSD0007899 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

34-38 Commercial Road Helensville 0800



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Orewa Service Centre**

FSD0007909 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 27 Florence Avenue Orewa 0931

**Work and Income - Otara Service Centre**

FSD0007911 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

52-60 Lovegrove Crescent Otara 2023



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Takapuna Service Centre**

FSD0007919 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 519 Lake Road Takapuna 0622

**Workbridge Inc - Auckland**

FSD0007855 Last updated 24/06/2020

Our mission is to enable people with disabilities to participate and experience equal opportunities in the labour market.

Bldg. 14 Central Park 660 Great South Road Ellerslie Auckland



garyn@workbridge.co.nz  8.30am - 5.00pm Monday to Friday

(09) 263 6665 All services free of charge.

(0508) 858 858 No referral required. http://www.workbridge.co.nz

**Youth Horizons**

FSD0003785 Last updated 11/03/2021

Our Mission:

To enhance the lives of children and young people with conduct problems and those of their families and whnau.

To prevent the emergence or further development of conduct problems among those identified as at risk.

Our Services:

Youth Horizons supports children, young people and their families/whnau with challenging conduct, anti-social behaviour and/or mental health needs, through the use of evidence-based models.

Our focus is on behavioural management, parenting support, and reintegration with families within an in-home, out-of-home or community setting.

 42 Vestey Drive Mt Wellington Auckland 1060

communications@youthorizons.org.nz 8.30am - 5pm for general enquiries

(09) 573 0954 Some charges may apply.

(0800) 375 210 Referral may apply. http://www.youthorizons.org.nz

**Classification : YS**

# Youth Services

**A.I.M (Adults In Motion) Inc**

FSD0021480 Last updated 03/05/2021

AIM provides a vocational day programme in Warkworth for young adults with an intellectual disability,who have left school,or are transitioning from school.

16 Auckland Rd Warkworth 0920



adultsinmotion@gmail.com  Monday - Thursday: 8.30am - 3pm

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| (09) 422 3554 http://www.adultsinmotionnz.com | Some charges may apply. Referral may apply. |

**Abelard House Counselling and Psychotherapy**

FSD0015487 Last updated 08/02/2021

Counselling, Psychotherapy and Psychology for adults, couples, families and adolescents. Our therapists provide professional supervision. Our services are available via online platforms.

Please contact us for details.

Abelard House, Suite 2 518 East Coast Road Windsor Park North Shore City 0630



abelardhouse@gmail.com  8am to 8pm Weekdays and Saturday mornings

(09) 478 2501 Some charges may apply. http://www.abelardhousecounselling.co.nz No referral required.

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**Abilities Incorporated**

FSD0003267 Last updated 16/04/2021

Enriching the lives of people with disabilities.

Abilities is a major recycler on The North Shore, covering E-Waste, Secure Document and Data Destruction, Polystyrene, Batteries, Cardboard and Paper. General packaging, shrink wrapping work is also provided.

 91 Hillside Road Glenfield Auckland 0627

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| judit@abilities.co.nz (09) 444 0611 http://www.abilities.co.nz | Monday to Friday 8am-4.30pm.  Sat & Sun until 2pm  All services free of charge.  No referral required. |

**Abuse Prevention Services Inc**

FSD0005858 Last updated 18/12/2020

Not-for-profit organisation specialising in the delivery of family violence/abuse intervention and prevention programmes and counselling for men, women, children, youth and couples. clinicalmanager@abuseprevention.org.nz  Office Hours:

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| (021) 54 5975 (09) 427 4317 http://www.abuseprevention.org.nz/    **Classification : FVSS**    **Action Education Inc** | Generally Monday to Friday 9.00 am to 3.00pm.  Some charges may apply. No referral required. |
| FSD0003700 | Last updated 25/10/2020 |

Action Education uses action and creative based methods to ignite the engagement of young people at all stages of their development. This acts as a catalyst to begin a self-motivated journey of reflection and exploration which strengthens their esteem, confidence and sense of identity.

Youthline House 13 Maidstone Street Ponsonby Auckland



info@actioneducation.co.nz  8.30am-5pm Monday to Friday.

(09) 361 4176 Some charges may apply. http://www.actioneducation.co.nz/ No referral required.

**ADHD New Zealand**

FSD0003609 Last updated 11/01/2021

Our mission is to educate, support and advocate for children, teens and adults affected by Attention Deficit Hyperactivity Disorder (ADHD) by:

* assisting people in making informed choices
* being a credible national voice
* being a centre of excellence for services offered
* providing a repository of information accessible to all.

Yarnton House 14 Erson Avenue Royal Oak Auckland 1061



info@adhd.org.nz  Everyday. Variable times.

(09) 625 1754 Some charges may apply. http://www.adhd.org.nz No referral required.

**Adult Community Mental Health Service - Auckland**

FSD0003677 Last updated 02/02/2021

Mobile team that provides assessment and treatment in the community for people who suffer acute mental illness or distress. The CAS teams cover wider Auckland on a 24 hour basis.

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| (09) 638 0414 (0800) 800 717 crisis https://www.healthpoint.co.nz/mentalhealth-addictions/mental-healthaddictions/auckland-dhb-mental-healthcommunity-acute/      **Adventure Specialties Trust** | 7 days a week, 24 hours for 0800 number.  09 number Monday to Friday 9am - 5pm.  All services free of charge. No referral required. |
| FSD0019387 | Last updated 24/07/2020 |

Adventure Specialties Trust provides adventure activities, outdoor pursuits and wilderness education to community groups and schools with the aim of facilitating the holistic development of individuals and families through the medium of the outdoors.

Unit 1 4 Winston Place Henderson Auckland 0610



office@adventurespecialties.co.nz  Monday - Friday, 9am - 5pm

(09) 837 6033 Some charges may apply. http://www.adventurespecialties.co.nz Referral may apply.

**Affirming Works**

FSD0024453 Last updated 18/11/2020

Affirming Works (AW) is an innovative Pacific 'not-for-profit company which combines an effective team of multi-generational and multicultural professionals. AW offers an extensive range of mentoring services, social services and social enterprise to various communities in the Auckland region. AW began in 2001 and continues to provide for families; prevention to family violence, educational assistance for learners, food parcels, budgeting and case management of family plans. AW's ability to speak in pacific languages and have qualified staff has enabled a culturally competent yet safe practice approach to it's services. AW provides youth transition services for Oranga tamariki rangatahi, the Tupu'anga a mentoring programme for children and youth, Tautua a youth employment service for young people to work in the Community Cafes. AW also provides in five regions in Aotearoa the Young & Free conferences for the promotion of positive social messaging for Pacific youth.

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| office@affirmingworks.org.nz  (0800) 0AFFIRM (09) 276 6538 http://affirmingworks.org.nz    **Classification : FVSS, PACIFIC**    **Agape Care** | AW's service delivery is usually from 9am-5pm we have a site for our food hub, our community cafes and our offices, it is best to contact us via www.affirmingworks.org.nz or call free on 08000AFFIRM.  All services free of charge. No referral required. |
| FSD0021434 | Last updated 24/10/2020 |

To transform the lives of people with intellectual / learning disabilities. The Agape Homes Trust (known as Agape Care) is a Christian Ministry, and is governed by a 'Caring with Love' philosophy, providing the highest standards in all relationships, encouraging innovation and diligence in all we do.

It is a place where each person is loved for themselves in an environment where they can freely grow spiritually, emotionally, socially and intellectually.

Agape Care has been providing services to people with intellectual disabilities since 1996.

4210 Great North Road Glendene Auckland 0602



paulr@agapecare.org.nz  Office Hours Mon to Fri: 9.00am to 5.00pm

(09) 837 8597 Some charges may apply.

(021) 682 809 Referral may apply. http://www.agapecare.org.nz

**Altered High Youth Service, CADS Auckland**

FSD0017122 Last updated 20/10/2020

CADS Altered High is a free health service, with a core focus on alcohol and other drug use, as well as co-existing problems. We work with young people (13-20) and their whanau in all areas of Auckland, being mobile we can travel to your local area. We are the service for you if you want some advice or have concerns about your own substance use or someone elses.

Level 2 409 New North Road Kingsland Auckland 1021



alteredhigh@waitematadhb.govt.nz  Monday to Friday 0830 to 16:45

(09) 845 1893 All services free of charge. https://alteredhigh.com/ No referral required.

**Andrew Kirby**

FSD0015322 Last updated 21/12/2020

I am a registered psychotherapist in possession of a PhD and fifteen years experience helping individuals from all walks of life overcome obstacles and barriers that may prevent them from achieving happier, healthier, and more productive lives. This may mean finding help to resolve a specific problem, or learning more about yourselves, others and society to help you manage your lives more effectively and maximise your potential.

Level 2 46 Taharoto Road Takapuna Auckland 0622 andrew@thesquarecircle.co.nz  Available on Mondays and Wednesdays.



(09) 488 7647 Some charges may apply.

(021) 723 203 No referral required. http://www.thesquarecircle.co.nz

**Anti-dose Ltd**

FSD0023898 Last updated 17/01/2021

At Anti-dose we provide private, confidential and affordable addiction counselling to individuals wanting to make positive changes in their lives. We work in a collaborative and motivational way and use evidence based modalities which are considered the "GOLD STANDARD" in the treatment of addiction.

As addiction counsellors in recovery we believe it's crucial to have a personal history with addiction when providing addiction counselling. At Anti-dose we recognise how important it is for our clients to feel truly understood when it comes to the reality and insanity of addiction. Our understanding of addiction enables us to walk alongside our clients with an empathetic and nonjudgmental approach. We are passionate about helping others reclaim their lives and believe that anyone can find recovery and a life worth living when provided with the right kind of support.

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| antidoseltd@gmail.com  (021) 146 0060 (021) 222 8945 https://anti-dose.co.nz/      **Anxiety New Zealand Trust** | Hours  Mon - Thu 9am - 8pm  Some charges may apply. No referral required. |
| FSD0003383 | Last updated 03/07/2020 |

For the specialist assessment, management and treatment of anxiety, phobic and obsessive compulsive disorders. Providing education around these disorders and providing research into the cause and management. Call 0800 ANXIETY (0800 269 4389). We also provide Family support groups, community education and workshops.

77 Morningside Drive St. Lukes Auckland



clinic@anxiety.org.nz  The clinic is open Tuesday – Saturday with late

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| (0800) ANXIETY (269 4389)  (09) 846 9776 http://www.anxiety.org.nz | nights Tuesday (8:30am-8:30pm), Wednesday  (8:30am-8:30pm) and Thursday (10am-7pm)  Friday and Saturday (8:30am-5pm) | |
| Some charges may apply. Referral may apply. |  |
| **Aotea Family Support Group Charitable Trust** | |
| FSD0006011 | | Last updated 07/08/2020 |

Provision of social services to residents of Great Barrier Island.

 Old School Building, Medland & Shoal Bay Roads 1 Medland Road Tryphena Great Barrier Island 0962

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| office@aoteafamilysupport.co.nz  (09) 429 0465  (09) 429 0174 http://www.aoteafamilysupport.co.nz    **Classification : OSCAR** | Every morning except Wednesdays and weekends.  Serves Great Barrier Island only.  Some charges may apply.  No referral required. |

**Aotearoa Latin American Community Incorporated**

FSD0020454 Last updated 29/01/2021

Our aims are: a) To preserve, enhance and promote the positive aspects of Latin American and Spanish culture; b) to provide holistic social services to the Latin American community, refugee and migrant communities in general; c) to be a link between the cultures of Spain, Latin America and New Zealand.

45 Cardwell Street Onehunga Auckland 1643



socialservices@alacinc.org.nz  Monday to Friday 09 am-16:00 pm

(09) 636 5313 All services free of charge. http://www.alacinc.org.nz No referral required.

**Applied Theatre Company Ltd**

FSD0022108 Last updated 10/08/2020

Creating awareness, participation and action on issues of social change and justice, through drama education.

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| briar@appliedtheatre.co.nz  (021) 104 8677 http://www.appliedtheatre.co.nz | Mon - Fri office hours Some charges may apply.  Referral may apply. |

**Attitude**

FSD0008082 Last updated 11/09/2020

Attitude is the youth division of The Parenting Place and provides presentations and resources to secondary schools. The Attitude programmes are designed to give young people the tools to construct meaningful lives.

Level 2 300 Great South Road Greenlane Auckland 1051



northisland@attitude.org.nz  Monday-Friday 8-5

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| (09) 524 0025 http://www.attitude.org.nz/      **Auckland Deaf Society (Inc)** | Some charges may apply. No referral required. |
| FSD0003287 | Last updated 30/10/2020 |

A place where the Deaf community can come and identify with their culture and language.

Providing a focus on sports social and educational activities.

16 Hillsborough Road Hillsborough Auckland 1042



office@auckland-deaf.org.nz  Office Hours 9am - 5pm Monday - Friday

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| (09) 630 6980 http://www.auckland-deaf.org.nz | Some charges may apply. No referral required. |

**Auckland Dream Centre Community Trust**

FSD0024301 Last updated 18/08/2020

We are funded by the MSD Community Food Response Fund to provide food to people in the Community

Harbourside Church Office 48 Esmonde Road Takapuna Auckland 0622 info@dreamcentre.org.nz  Please phone for hours the food service is



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| (09) 489 0930  http://www.dreamcentre.org.nz | available.  All services free of charge.  No referral required. |

**Auckland Leisure**

FSD0016028 Last updated 12/01/2021

To inspire Aucklanders to be more active.

To help children and families to achieve their potential by providing quality learning experiences.

aucklandleisure@aucklandcouncil.govt.nz  Monday - Sunday 5.30am – 10.00pm

(09) 301 0101 Weekends & public holidays: varies according to http://www.aucklandleisure.co.nz/ centre

All services free of charge. No referral required.

**Auckland Parents of Deaf Children Incorporated**

FSD0005772 Last updated 09/06/2020

APODC is led by a Committee of parents, working to support the needs of other parents, families and whanau, with deaf and hearing impaired children, across the Auckland region. Our primary purpose is to provide a varied monthly program of social and information based events, to support connections between families and whanau with a deaf or hearing impaired child. This provides critical access to peer support, information, and other resources, which support the needs, ages and stages of indivudal deaf children, and their families and whanau. In turn, families and whanau are empowered to advocate for their deaf or hearing impaired child, and to support them to reach their full potential.

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| coordinator@apodc.org.nz  (022) 084 2244 http://www.apodc.org.nz | Contact can be made with the Coordinator:  Monday - Friday 9-5pm  Events are usually run at the weekends Some charges may apply.  No referral required. |

**Auckland Rainbow Community Church**

FSD0003286 Last updated 22/10/2020

Offers a Christian ministry to the people of Auckland especially those who are gay, lesbian, bisexual, intersex and transgender.

St Matthew's Church Corner Wellesley and Hobson Streets CBD Auckland 1011 aucklandrainbowchurch@gmail.com  Use cell phone during week daytimes.



(027) 715 3987 All services free of charge.

(09) 360 5595 No referral required.

http://www.aucklandrainbowchurch.org/

**Auckland Regional Dental Service**

FSD0017242 Last updated 05/02/2021

Free dental care is available for children aged 0 years to Year 8 (Form 2) by the Auckland Regional Dental Service (ARDS).

Dental care from Year 9 (Form 3) until their 18th birthday (adolescent dental service) is provided by a contracted dental provider.

For a list of ARDS clinics or for a list of contractors for adolescent patients please go to www.ards.co.nz

ARDS

The Auckland Regional Dental Service (ARDS) provides free dental care for pre-school and school children at ARDS clinics in the greater Auckland area.

Adolescent Dental Service

Free dental care is also available from Year 9 (Form 3) until the 18th birthday, regardless of whether the adolescent is still at school or not. They are still entitled to free dental care if they are in paid employment. Not all dentists provide this service so it is important to attend a dentist who has a contract with the District Health Board to treat adolescent patients.

Snelgar Building Ground Floor - Lincoln Road Henderson Auckland 0612



ards@waitematadhb.govt.nz  Office hours 8:00am-4:30pm (0800) TALK TEETH All services free of charge.

(0800) 825 583 No referral required. http://www.ards.co.nz

**Auckland Sexual Health Service**

FSD0003437 Last updated 13/08/2020

The service offers diagnosis and treatment of sexually transmitted infections and HIV. Also offers counselling and education for all matters relating to sexual health.

Auckland Sexual Health is a provider of gender affirming healthcare, supporting Hauora Tahine Pathways to Transgender Healthcare Services.

Greenlane Clinical Centre Building 7 Level 3 214 Green Lane Road West Greenlane Auckland akstd@adhb.govt.nz  Mon, Thur, Fri 9am-12pm and 1.30pm - 5.00pm (0800) 739 432 Tuesday 12.30 to 16.00, 17.00 - 20.00 http://www.ashs.org.nz Alternate Wednesday 9 am - 12 pm, 13.30 -



17.00

All services free of charge. No referral required.

**Auckland Speech Therapy**

FSD0023128 Last updated 25/03/2021

A private Speech Language Therapy practice offering assessment, individual or group therapy for children and adults. We also can provide education or training for adults who work with children with speech and language difficulties.

Auckland Speech Therapy is passionate that any service empowers those around a child to promote and enrich speech, language and communication development beyond the time spent with the Speech Language Therapist. We aim to provide flexible options that can be tailored to individual children, families and education settings.

12A Havelle Ave Titirangi Auckland 0604 contact@aucklandspeechtherapy.co.nz  Mon to Fri



(021) 024 77545 8.00am till 20.00pm (027) 426 9250 Some charges may apply. https://www.aucklandspeechtherapy.co.nz No referral required.

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**Auckland Women's Refuge**

FSD0007649 Last updated 08/09/2020

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111.

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| info@awrefuge.org.nz  (09) 378 7635 (0800) 733 843 http://www.womensrefuge.org.nz | 24 hour crisis line service (09) 378 7635 or (0800) 733 843 (REFUGE) Some charges may apply.  No referral required. |

**Babylon Community Development Charitable Trust**

FSD0024503 Last updated 25/02/2021

Babylon Community Development Charitable Trust is a not-for-profit organization, stranded in fundamentals of empowerment, shared vision, inclusion, collective action, determination, social cohesion, building leadership and collaboration. Committed to undertake a sustainable community development process through providing a wide range of quality services and performing a variety of essential activities and projects by and to the beneficiaries of the Trust at a grassroots level, with support from the New Zealand government agencies and non-government organizations to actively contribute in building and developing Auckland society’s safety, strength and well-being.

9 The Enclave Totara Heights Auckland 2105



(021) 067 7725  all days of the week, all hours of the day http://babylon.ac.nz All services free of charge.

No referral required.

**Barnardos - Auckland Central South (Te Atatu)**

FSD0016477 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

3/247 Edmonton Road Te Atatu South Auckland



(09) 625 3675  Monday to Friday 8.30am - 5pm (0800) BARNARDOS(227 627) Some charges may apply. http://www.barnardos.org.nz No referral required.

**Barnardos - Auckland North West**

FSD0006793 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

247 Edmonton Rd Te Atatu South Te Atatu 0610



Auckland\_Referrals@barnardos.org.nz  Monday - Friday 8:30-4:30

(09) 625 3730 Some charges may apply.

(027) 237 8862 Referral may apply. https://www.barnardos.org.nz/

**Barnardos North Shore (Albany)**

FSD0006794 Last updated 18/06/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

 20 Alderman Drive Henderson Auckland 0612

AMAC@barnardos.org.nz  Monday to Friday 7.30 am to 5.30 pm

(09) 836 7506 Some charges may apply. https://www.barnardosearlylearning.org.nz No referral required.

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**Classification : OSCAR**

**Barnardos Onehunga**

FSD0016483 Last updated 09/07/2020

Barnardos is Aotearoa New Zealand's leading children's charity, doing more for Kiwi kids. Our reach is nationwide and our unique combination of social services and early childhood education means we provide the broadest range of child–centred services in Aotearoa. Barnardos also advocates at a systemic level to influence policies, practices, systems, laws and organisations so that they protect and promote children and their rights and well-being. For more information please visit our websites.

Level 2 173 Captain Springs Road Onehunga Auckland 1061



Lesley.Macken@Barnardos.org.nz  Contact : 0800 227 627

(09) 625 3687 Some charges may apply.

(0800) 543 782 No referral required. https://www.barnardos.org.nz/

**Bays Youth Community Trust**

FSD0020027 Last updated 08/01/2021

Bays Youth Community Trust values young people, and provides programmes, mentoring, counselling and services that focus on positive early intervention and support for 11-18 year old youth and their families.

We help young people make positive changes in their own lives and become more involved in their community. Our programmes and services provide positive early intervention and support to 11-18 year-olds and we help them develop the skills, confidence and experience they need to overcome challenges and create plans and steps towards achieving a bright future!

 550 East Coast Road Mairangi Bay Auckland 0630

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| info@baysyouth.org.nz  (022) 010 6978 (022) 010 6967 http://www.baysyouth.org.nz | Monday - Friday from 9am - 5pm.  Some charges may apply.  Referral may apply. |

**Beth St. Claire - Psychotherapist**

FSD0015962 Last updated 13/07/2020

Youth and Community Services. Beth St. Claire provides face to face counselling and therapy for adolescents and adults; as well as providing clinical supervision for counsellors and others in helping industries; and facilitating personal development and counselling skills training groups. Approaches: Psychodynamic, Gestalt, PSI, EMDR, creative/experiential eg sand-tray, dreamwork, visualisation, mindfulness, IDT drawing therapy. Specialities - ACC approved sexual abuse / trauma work; Gender issues / gender minorities; survivors of fundamentalist and cultic groups.

Youthline House 13 Maidstone Street Ponsonby Auckland



beth@youthline.co.nz  Text messages and email to contact.

(Free TXT) "ACSS" to 234 Some charges may apply.

(09) 376 7481 No referral required.

http://www.counsellingsupport.co.nz/bethst-claire.html

**Big Brothers Big Sisters Auckland**

FSD0023591 Last updated 13/08/2020

BBBS Auckland matches children ages 7 through 11 with mentors in a professionally supported one to one relationship which can continue until the young person is 18 years of age. Our programme matches a volunteer Big Brother or Big Sister with a child who could benefit from a one to one relationship with a caring adult.

auckland@bbbs.nz  All services free of charge. https://bigbrothersbigsisters.org.nz/ No referral required.

**Big Buddy Mentoring Trust**

FSD0006009 Last updated 01/04/2021

Making a positive difference for boys who don't have their dads around. Check out our web site for more information.

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| --- | --- |
| info@bigbuddy.org.nz  (09) 828 1358  (021) 929 741 http://www.bigbuddy.org.nz | Weekdays 9.00am - 5.00pm.  All services free of charge.  No referral required. |

**Birkdale Beach Haven Community Project Inc**

FSD0018877 Last updated 30/11/2020

The aim of our Houses is to develop community spirit. The Houses belongs to all locals. Their role is to cater to the interests and needs of this community. We provide the opportunity for local people to get together with others and do worthwhile, enjoyable things of their choosing. The Beach Haven and Birkdale Community House are entity's which has seen many changes over the years. Always receptive to new ideas, we strive to maintain the regular classes and groups, in addition to assisting new ones to become established.

We currently run many classes in our two community houses, events in our community and our Kids at #134 holiday programme from Birkdale hall.

134 Birkdale Road Birkdale Auckland 0626 houses@birkdalebeachhaven.org.nz  9-3 Monday to Friday.



(09) 483 9149 Some charges may apply.

(09) 483 9942 No referral required.

http://www.birkdalebeachhaven.org.nz

**Classification : OSCAR**

**Blind & Low Vision Education Network New Zealand**

FSD0003358 Last updated 01/03/2021

National residential school for blind and low vision learners aged 5 - 21 years. Includes itinerant teaching services for blind and low vision students all over New Zealand. Assessment centre for birth - 21 years. Kickstart programme for students 18 - 21 who live on the premises learning to live independently. This is a 1 - 2 year course.

2 McVilly Road Manurewa Auckland 2102



aucklandsouthvrc@blennz.school.nz  8am - 5pm Monday to Friday

(09) 268 3219 Some charges may apply. http://blennz.school.nz No referral required.

**Body Positive Inc.**

FSD0000152 Last updated 04/03/2021

Body Positive Inc. is a group founded by and run for people with HIV/AIDS. We welcome all people living with HIV and AIDS in New Zealand.

Body Positive Inc. breaks down isolation and builds a sense of community while advocating on behalf of HIV+ people on a national level.

Unit 1 3 Poynton Terrace Auckland 1010



office@bodypositive.org.nz  Mon-Fri 10am-5pm (0800) HIV LINE (448 5463)  All services free of charge.

(09) 309 3989 No referral required. http://www.bodypositive.org.nz

**Budgeting and Family Support Services Otara Inc**

FSD0005928 Last updated 29/03/2021

Otara Budgeting Service provides budgeting skills and education through free, supportive, confidential and culturally aware services to the community.

Shops 1 & 2, Fairmall 46 Bairds Road Otara Auckland 2023 tuliana@mangerebudgeting.org.nz  Monday to Friday 9am to 4pm



(09) 274 6432 Some charges may apply. http://mangerebudgeting.org.nz/contact- No referral required. us-mainmenu-3

**CADS Auckland - Central**

FSD0008280 Last updated 09/02/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

Level 1 409 New North Road Kingsland Auckland 1021



cads@waitematadhb.govt.nz  8:30 - 5:00pm Mon-Fri.

(09) 845 1818 (call centre) People can walk in between 10am - 1pm Mon-

(09) 845 1800 (reception) Fri and be seen without an appointment.

http://www.cads.org.nz Some after hour appointments and groups

available.

All services free of charge. No referral required.

**Classification : PACIFIC**

**CADS Auckland - South**

FSD0008278 Last updated 28/04/2021

When you are ready to change your alcohol and other drug use, or you are concerned about someone else, Community Alcohol and Drug Services (CADS) Auckland is here to help. Each CADS unit/service has a clinician with a special interest in sexuality and gender diversity. Some CADS are fluent in the main Asian languages. CADS also have access to free interpreters specialising in over 20 languages

Building 4 17 Lambie Drive Manukau Manukau City



CADSDutySouth@waitematadhb.govt.nz  9am - 4.30pm Mon to Fri.

(09) 845 1818 Walk-in clinic 10am-1pm. http://www.cads.org.nz Some groups available after hours.

All services free of charge. No referral required.

**Campus Connections Aotearoa**

FSD0023755 Last updated 23/11/2020

Campus Connections Aotearoa (CC-A) is a powerful, multi-level, therapeutic youth mentoring programme that provides one-to-one mentoring, prosocial activities and counselling support to disadvantaged young people who have been excluded from mainstream school. The youth attending the CC-A mentoring programme are enrolled with partnering alternative education (AE) providers in Auckland. CC-A youth participants are paired one-to-one with trained university students for four hours weekly of intensive mentoring over nine months.

H Block 74 Epsom Ave Epsom Auckland 1023



campus.connections@auckland.ac.nz  Monday-Friday 9-5

(021) 262 9363 All services free of charge.

(020) 464 9363 Referral may apply.

https://www.campusconnections.ac.nz/

**CanTeen**

FSD0001289 Last updated 05/01/2021

Provides peer and professional support to young people aged 13-24 years who are dealing with their own cancer or that of a close family member, such as a sibling or parent.

111 Grafton Road Grafton Auckland



info@canteen.org.nz  Office hours 9am - 5pm.

(0800) 226 8336/CANTEEN All services free of charge.

(09) 303 4444 No referral required. http://www.canteen.org.nz

**CanTeen Aotearoa**

FSD0006242 Last updated 31/08/2020

Provides psychosocial services and support to young people aged 13-24 years who have cancer themselves or are the sibling or offspring of someone with cancer.

 111 Grafton Road Grafton Auckland 1010

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| info@canteen.org.nz  (0800) 226 8336 (09) 303 4444 http://www.canteen.org.nz      **CARE Waitakere Trust** | 0800 CANTEEN  All services free of charge. No referral required. |
| FSD0003844 | Last updated 17/12/2020 |

CARE Waitakere Trust offers professional counselling, budgeting and family support services to the community of West Auckland and beyond.

64 Waipani Road Te Atatu Peninsula Auckland 0610



admin@carewaitakere.org.nz  Office hours 8:30am-5:00pm Monday-Friday

(09) 834 6480 Some charges may apply. http://www.carewaitakere.org.nz No referral required.

**Classification : BFC**

**CareNZ Ltd - Auckland**

FSD0006830 Last updated 19/04/2021

To provide alcohol and other drug treatment services for people and their families affected by alcohol and drug abuse/dependence in Counties Manukau.

521 Great South Road Manukau Auckland



auckland@carenz.co.nz  Monday to Friday 8.30am - 5.00pm

(09) 276 7193 Some charges may apply.

(0800) 682 468 No referral required. http://www.carenz.co.nz

**Carers New Zealand**

FSD0005886 Last updated 13/07/2020

Carers NZ provides information, advice, learning and support for the one in five of the population who care at home for frail, aged, sick, injured and disabled family members or friends, and those who manage their own health needs. Carers NZ is also the legal umbrella for the NZ Carers Alliance, a coalition of more than 40 national non-profits seeking policy progress for carers; Young

Carers NZ, a support network for young carers; and the NZ Gay and Lesbian Carer Support Network. It is also the Secretariat for the Coalition of Regional Carer Support Networks.

3 Vinegar Lane Grey Lynn Auckland 1021



centre@carers.net.nz  8.30am to 5.30pm Monday to Friday (0800) 777 797 Some charges may apply. http://www.carers.net.nz Referral may apply.

**CCS Disability Action - Royal Oak Office**

FSD0008313 Last updated 06/07/2020

CCS Disability Action is New Zealand's leading provider of support and services to people with disabilities. We are also a leading advocate for the rights of disabled people.

14 Erson Avenue Royal Oak Auckland 1061



auckland@ccsdisabilityaction.org.nz  8.30 am - 4.30 pm Monday to Friday

(09) 625 9378 Some charges may apply.

(0800) 227 225 Referral may apply. http://www.ccsdisabilityaction.org.nz

**Child, Women and Family Service - Waitemata DHB**

FSD0003697 Last updated 22/12/2020

A community based multidisciplinary team consisting of Public Health Nurses, Medical Officers, Social Workers, Hearing Vision Technicians, Health Promoting Schools Coordinators, Ear Nurse Specialists and Health Assistants.

55-75 Lincoln Road Henderson Waitakere childhealthreferrals@waitematadhb.govt.n  All services free of charge. z Referral may apply.



(09) 839 0000 http://www.waitematadhb.govt.nz

**Children’s Autism Foundation**

FSD0023146 Last updated 21/04/2021

We provide whanau/family support services to families of children with Autism Spectrum Disorders (ASD), from pre-diagnosis up to 21 years of age. We have a strong track record of quality service to families/whanau of children with ASD, providing advice, support, holistic, family-centred solutions to help families manage the intense emotional and practical impact of autism.

Office 13 Lion Foundation House 3 William Laurie Place Albany Auckland 0632 enquiry@autism.org.nz  By appointment



(09) 415 7406 Some charges may apply.

(021) 792855 No referral required. http://www.autism.org.nz

**Chinese New Settlers Services Trust**

FSD0001709 Last updated 15/04/2021

Chinese New Settlers Services Trust is a charitable trust since 1998, supporting Asian new comers and the entire community as a whole. We provide social services, education and social housing for 15,000 people every year.

CNSST provides wraparound services:

* Social work & Counseling
* Employment & Enterprise
* Education & Settlement
* Social Enterprise: Education Institute, Social Housing Project
* Accounting & taxation

20 Clifton Court Panmure Auckland 1072



info@cnsst.org.nz  Monday-Friday 9am-5pm.

(09) 570 1188 All services free of charge. http://www.cnsst.org.nz Referral may apply.

**Classification : FVSS**

**Christians Against Poverty New Zealand**

FSD0019638 Last updated 08/03/2021

CAP’s purpose is to release people from poverty and all its causes. To achieve this, CAP targets key drivers of poverty through the following five FREE services:

1. Debt Help: releasing people from the burden of unmanageable debt. Clients work with teams inlocal communities around New Zealand whilst receiving long-term support from trained and experienced specialist teams based at our Head Office.

1. CAP Money Courses: three-session, interactive money management courses that encouragepeople to budget, save and spend wisely.

1. CAP Job Clubs: Helping job seekers back into the workforce through practical help, personalcoaching and a supportive environment.

1. Life skills: a friendly, fun community group which empowers people to thrive on a low income.

1. Release groups: a confidential, caring group that support people to find freedom from lifecontrolling habits.

55 Hugo Johnston Drive Penrose Auckland 1061



info@capnz.org  9-5 Monday to Friday (09) 270 0334 All services free of charge.

(0508) 227 111 No referral required. http://capnz.org

**Christopher Caruana**

FSD0024152 Last updated 02/03/2021

To provide quality online or face to face counselling for individuals, couples and families. I am the sole practitioner and am a full member of the New Zealand Association of counsellors, I have a Masters Degree in Counselling and have 20 years experience working as a counsellor.

271 Kepa Road Mission Bay Auckland 1071



caruana@xtra.co.nz  7 days week 8am - 8pm (027) 318 7593 Some charges may apply. http://www.aucklandcounselling.com No referral required.

**Citizens Advice Bureau - Avondale**

FSD0006841 Last updated 30/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

c/- Avondale Library 93 Rosebank Road Avondale Auckland 1026



avondale@cab.org.nz  Bureau hours - Mon-Fri 9.30am to 1pm (09) 828 7121 JP's Mon,Wed,Thurs & Fri 10-12noon http://www.cab.org.nz BUDGETING Tuesdays only @ 10.00am

LEGAL Clinic Saturdays fortnightly &

Appointment essential All services free of charge. No referral required.

**Citizens Advice Bureau - Birkenhead**

FSD0006842 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is resourced by trained volunteers who can access information from the extensive range of resources held by each branch. The service can be accessed by phone, email or in person.

* Legal clinic (run by Waitemata Community Law) Monday 1.30 pm - 3.30 pm.
* JP available most days of the week. Ring to confirm availability.

We provide our service from 91 locations around New Zealand from the far north to Invercargill, and also a free phone number (0800 FOR CAB / 0800 367-222) which ensures no cost anyone calling from a landline.

Information, support and advice is free of charge and confidential.

 Birkenhead Library & Civic Centre - Cnr Rawene Road & Hinemoa Street Birkenhead North

Shore 0626

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| birkenhead@cab.org.nz  (09) 418 0032 (0800) 367 222 http://www.cab.org.nz | Mon-Fri 9:00 am -4.00 pm.  Legal clinic by appointments only - Wed 7.00 pm-8.00 pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Browns Bay**

FSD0006843 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

- JP clinic available throughout the week. Ring for availability.

Information, support and advice is free of charge and confidential.

Ground Floor, Bays Community Centre 2 Glen Road Browns Bay Auckland 0630 brownsbay@cab.org.nz  Mon - Fri 9.00 am-4.00 pm



(09) 479 2222 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Central Auckland**

FSD0008344 Last updated 04/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 1st floor, Auckland Central City Library 44 Lorne Street Auckland 1010

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| centralauckland@cab.org.nz  (09) 302 3676 (0800) 367 222 http://www.cab.org.nz | Monday and Friday 9.30am-4.30pm  Monday-Friday (JP 12-2pm)  Sat: JP only 10am-12noon Closed Public Holidays All services free of charge.  No referral required. |

**Citizens Advice Bureau - Eden / Albert at St Lukes**

FSD0006856 Last updated 15/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

(adjoining Public Library) 82 St Lukes Road Mt Albert 2025 Auckland 1025



edenalbert@cab.org.nz  Branch opening hours: 9am to 4pm Mon to Fri, (09) 846 4023 5pm to 7pm Thu evening, 10am to 12pm Sat http://www.cab.org.nz morning.

J.P. service: 10.00am-2.30pm Mon-Fri, 5.00-

6.30pm Thu and 10.00-11.30am Sat.

All services free of charge. No referral required.

**Citizens Advice Bureau - Glen Eden**

FSD0006845 Last updated 10/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 Glen Eden Library 12-32 Glendale Road Glen Eden Auckland 0602

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| gleneden@cab.org.nz  (09) 818 8634  (09) 818 6886 http://www.cab.org.nz | We provide free, confidential, independent information and advice to anyone. We help people know what their rights are and how to access services they need.  Mon-Fri 9am - 4.30pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Glen Innes**

FSD0006846 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Glen Innes CAB 96 Line Road Glen Innes Auckland 1072



(09) 528 3682  Monday to Friday 9am - 4pm

(09) 528 9151 Saturday 9.15 - 11.30am

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Glenfield**

FSD0006847 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

JP available some days of the week. Ring to confirm availability.

Information, support and advice is free of charge and confidential.

 Library Buildings 90 Bentley Avenue Glenfield Auckland 0629

**Citizens Advice Bureau - Grey Lynn / Ponsonby**

FSD0006865 Last updated 28/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Grey Lynn Community Centre 510 Richmond Road Grey Lynn Auckland 1021



(09) 376 0392  Mon to Fri 10am-2pm

(09) 376 3531 Online ContactUs form is available on website http://www.cab.org.nz All services free of charge.

No referral required.

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| glenfield@cab.org.nz  (09) 444 9451 (0800) 367 222 http://www.cab.org.nz | Mon - Fri 9.00 am - 4.30 pm All services free of charge.  No referral required. |

**Citizens Advice Bureau - Helensville**

FSD0006848 Last updated 29/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

27 Commercial Road Helensville 0800



manager.helensville@cab.org.nz  Monday to Thursday - 10 am - 3 pm

(09) 420 7162 Friday 9.30am - 12.30pm

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Henderson**

FSD0006849 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

11 Trading Place Henderson Waitakere



(09) 836 4118  Closing Friday 20 December. Reopen 13th

(09) 836 4119 January 2020. http://www.cab.org.nz Normal Hours:

Mon to Fri 9am - 4:30pm All services free of charge. No referral required.

**Citizens Advice Bureau - Hibiscus Coast**

FSD0006850 Last updated 20/04/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteer interviewers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person at our office in Orewa, or on the online chat facility on the CAB website.

next to Community Centre 40-46 Orewa Square Orewa Auckland 0931



hibiscuscoast@cab.org.nz  Office Hours may vary from time to time. Please (09) 426 5338 check the CAB website on 'Find a CAB' for (0800) 367 222 current details. http://www.cab.org.nz https://www.cab.org.nz/location/cab-hibiscuscoast

All services free of charge. No referral required.

**Citizens Advice Bureau - Massey**

FSD0006854 Last updated 08/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Te Manawa 11 Kohuhu Lane Westgate Auckland 0614



(09) 833 5775  Monday to Friday 9am - 4.30pm

(0800) FOR CAB (367 222) All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau - Mt Roskill**

FSD0006857 Last updated 07/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Common enquiries include but are not limited to - financial difficulties - tenancy - employment family dispute resolution - welfare of older people - consumer goods warranties and service quality - immigration - problems with neighbors - difficulties in education - beneficiary issues - vehicle purchase, loans and maintenance - insurance and accidents - and many more.

Library Building 546 Mt Albert Road Three Kings Auckland 1042



manager.mtroskill@cab.org.nz  Our CAB service is available MON - FRI 9.30am-

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| (09) 625 4854 (0800) 367 222 http://www.cab.org.nz | 4pm, THURS 5-7pm or SAT 10am-12pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - New Lynn**

FSD0006858 Last updated 15/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

New Lynn Library Building 3 Memorial Drive New Lynn Waitakere 0600



newlynn@cab.org.nz  Open Hours Mon - Fri 9am - 4.30pm

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| --- | --- |
| (09) 827 4731 (0800) 367 222 http://www.cab.org.nz | Sat 10am - 1pm  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Northcote**

FSD0021090 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Mandarin, Cantonese, Korean speaking volunteers available; J.P.s available most weekdays - phone or email for availability.

Information, support and advice is free of charge and confidential.

Northcote Library Buildings 5 Ernie Mays Street Auckland 0627



northcote@cab.org.nz  Mon - Fri 9.15 am - 3.30 pm

(09) 480 2971 All services free of charge.

(0800) 367 222 No referral required. http://www.cab.org.nz

**Citizens Advice Bureau - Onehunga**

FSD0006859 Last updated 25/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

 Community Centre & Library Building 81 Church Street East Onehunga Auckland 1061

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| --- | --- |
| (09) 634 1613 (0800) 367 222 http://www.cab.org.nz | Monday, Tuesday, Thursday & Friday: 9.30am-  4pm  Wednesday 9.30-7pm  Saturday: 10am-12 noon All services free of charge.  No referral required. |

**Citizens Advice Bureau - Orakei / Remuera**

FSD0006867 Last updated 11/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. Citizens Advice Bureau is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

156 Kepa Road Orakei Auckland 1071



(09) 524 0298  Monday to Friday 9:30am - 4:30pm http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Pakuranga-Eastern Manukau**

FSD0006861 Last updated 03/05/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Phone (09) 576 8331, email pakuranga@cab.org.nz

Library Building 7 Aylesbury Street Pakuranga Auckland 2140



pakuranga@cab.org.nz  Monday – Friday 9.30am – 4pm

(09) 576 8331 Saturday 9.30am - 11.30am http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Panmure**

FSD0006862 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Above Panmure Library 7 - 13 Pilkington Road Panmure Auckland 1072



(09) 573 5707  Opening hours 9am-12.45pm weekdays http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Papakura**

FSD0006863 Last updated 09/03/2021

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

4A Opaheke Road Papakura 2110



papakura@cab.org.nz  Weekdays 10am - 3.30pm.

(09) 299 6411

(09) 299 6412 Sat from 9am - legal advice by appointment only.

http://www.cab.org.nz All services free of charge.

No referral required.

**Citizens Advice Bureau - Sylvia Park**

FSD0023055 Last updated 14/10/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Sylvia Park Shopping Centre 286 Mount Wellington Hwy Auckland 1060



sylviapark@cab.org.nz  Open Mon-Fri Currently 10am-4pm

(09) 573 5707 Saturday 10-12 http://www.cab.org.nz

See website for JP service times All services free of charge. No referral required.

**Citizens Advice Bureau - Takapuna**

FSD0006868 Last updated 07/12/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Information, support and advice is free of charge and confidential.

Community Services Building 7 The Strand Takapuna Auckland 0622



takapuna@cab.org.nz  Mon- Fri 9.00 am to 4.30 pm

|  |  |
| --- | --- |
| (09) 486 3139 (0800) 367 222 http://www.cab.org.nz | Legal Clinic Thurs 7pm-8pm by appointments only  All services free of charge.  No referral required. |

**Citizens Advice Bureau - Waiheke**

FSD0006869 Last updated 11/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person. Specialist Advocacy.

 141 Ocean View Road Oneroa Waiheke Island 1081

|  |  |
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| (09) 372 8640 http://www.cab.org.nz | Mon - Fri 9.30am - 3.30pm.  Sat 9.00am - 12 noon All services free of charge.  No referral required. |

**Citizens Advice Bureau - Wellsford**

FSD0006870 Last updated 01/09/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Wellsford Community Centre 1 Matheson Road Wellsford 0900



wellsford@cab.org.nz  Mon - Fri 10am - 2pm (09) 423 7333 All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau Mangere**

FSD0006852 Last updated 25/11/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained Volunteers who can access information by computer or from the extensive range of resources held by each Bureau. The service can be accessed by phone, email, fax or in person.

Shop 17 93 Bader Drive Mangere Town Centre Auckland 2022



mangere@cab.org.nz  Monday to Friday: 9am - 4pm.

(09) 275 6885 Alternative Saturdays: 9.30am - 12.30 pm.

http://www.cab.org.nz Closed on Public Holidays and Long Weekends.

All services free of charge. No referral required.

**Citizens Advice Bureau Manurewa**

FSD0006853 Last updated 10/11/2020

Citizens Advice Bureau Manurewa provides free and confidential, information and options to anyone about any query or problem. Citizens Advice Bureaux are staffed by trained volunteers who have access to information from an extensive range of resources, held by each bureau. The service may be accessed by phone, email or in person.

Library Complex 7 Hill Rd Manurewa 2102



manurewa@cab.org.nz  Mon - Fri 9am - 4pm

(09) 266 5729 Saturday 9am - 11am

(0800) 367 222 All services free of charge. http://www.cab.org.nz No referral required.

**Citizens Advice Bureau Otara Incorporated**

FSD0006860 Last updated 12/08/2020

Citizens Advice Bureau provides free, confidential information and advice to anyone about any query or problem. CAB is staffed by trained volunteers who can access information by computer or from the extensive range of resources held by each bureau. The service can be accessed by phone, email or in person.

Shops 1 & 2 46 Fair Mall Otara Town Centre, Bairds Road Auckland 2023



manager.otara@cab.org.nz  Normal Bureau hours operation: 9am-4pm (09) 274 6577 Monday to Friday, 9am-12pm Saturday http://www.cab.org.nz All services free of charge.

No referral required.

**City Impact Church**

FSD0003842 Last updated 10/11/2020

Assisting people of all ages and races to discover how God can improve their life and situation. We have five campuses - Two in the North Island - North Shore and at Mt Wellington in Auckland and three in the South Island - Queenstown, Balclutha and Invercargill. (OSCAR approved for

Holiday Club for children.)

794 East Coast Road Oteha Auckland 0630



info@cityimpactchurch.com  Office hours Mon - Fri 8.30am - 5.00 pm

(09) 477 0300 Some charges may apply.

(0800) CHURCH No referral required. http://www.cityimpactchurch.com

**Classification : OSCAR**

**Coast Youth Community Trust**

FSD0016602 Last updated 04/05/2021

Coast Youth Community Trust is a charitable entity established with the vision of working with and implementing key strategies to positively affect the lives of youth and families in the Hibiscus Coast.

Whangaparaoa Baptist Church 733 Whangaparaoa Road Whangaparaoa 0943 admin@cyctrust.org.nz  All services free of charge.



(09) 972 5759 Referral may apply.

(027) 310 5981 http://www.cyctrust.org.nz

**Conversations for Change**

FSD0023160 Last updated 03/08/2020

Conversations for Change is a free resource for those who work with young people. It contains comprehensive facilitator’s guides to five group activities which challenge stigma and discrimination, and generate safe conversations about mental distress. The resource aims to encourage young people to reach out for support, and to include and support each other. Part of the Like Minds, Like Mine programme, the activities are creative, lively, and easy to implement!

395 Manukau Road Epsom Auckland 1023



rethink@mindandbody.co.nz  Online

(09) 630 5909 ext 817 All services free of charge. http://rethink.org.nz/conversationsforchan No referral required. ge/

**Counselling Services Centre**

FSD0003355 Last updated 31/08/2020

Counselling service for survivors and victims of sexual abuse. Counselling for victims of domestic and family violence. Counselling for people strugglling with depression, anxiety, stress, grief and loss. Counselling for women, children, men and couples. 24 hour Crisis service for victims of acute sexual violence. Professional Supervision.

22 Alexander Avenue Papatoetoe Manukau City 2025



admin@cscnz.org.nz  Monday-Friday 8.00am-7.00pm

(09) 277 9324

http://www.cscnz.org.nz Crisis 24/7

Some charges may apply. Referral may apply.

**Classification : FVSS, SHSS**

**Counties Manukau Health Mental Health and Addictions Services**

FSD0003307 Last updated 01/04/2021

We are a specialist service for people with mental health concerns that can no longer be managed by supports in your community. We work with your family/whaanau, doctor and community to provide high quality support, when you need it, where you need it.

Our service is made up of a number of teams, each specialising in helping people with a variety of ages, cultural backgrounds and mental health concerns.

For contact details for each of our teams please visit our website at https://www.countiesmanukau.health.nz/our-services/mental-health/

For urgent support contact our after hours phoneline on 0800 775 222, or phone (09) 261 3700 at any time. If you need immediate help call 111.

(09) 261 3700  Office available 8.00am - 5.00am Monday to (Free call / text) 1737 Friday

https://www.countiesmanukau.health.nz/o ur-services/mental-health/ For urgent, after-hours support please contact

(09) 261 3700. If you need immediate help call 111.

All services free of charge. Referral may apply.

**Creative Abilities**

FSD0003528 Last updated 03/08/2020

Provides support within the community, supported independent, residential living and day centre activities to adults with diverse physical and intellectual impairments.

14 Silverfield Estate Wairau Valley Auckland 0627



jey@creativeabilities.co.nz  8.00am - 4.30pm Monday to Friday.

(09) 444 0608 Some charges may apply. http://www.creativeabilities.co.nz Referral may apply.

**Dance & Arts Therapy NZ**

FSD0023989 Last updated 13/07/2020

Dance & Arts Therapy NZ (DTNZ) provides mental health and disability services. Our kaupapa is to support and empower vulnerable individuals and groups in Aotearoa New Zealand through the use of Dance Movement Therapy and Arts Therapy. We have a particular focus on those with disabilities and special needs but also work with at-risk tamariki from low income backgrounds and people of all ages struggling with trauma.

Community Office 1/Onehunga Community Centre 83 Church St Onehunga Auckland 1061 info@dancetherapy.co.nz  Office: Monday-Thursday, 7.30am-5pm



(09) 636 3029 Programmes operate within and outside of these http://www.dancetherapy.co.nz times.

Some charges may apply. Referral may apply.

**Dayspring Trust**

FSD0015682 Last updated 08/09/2020

Dayspring is passionate about fostering the wellbeing of both mother and child creating opportunities that inspire women to live, love, learn and connect.

Dayspring began over 30 years ago with a group of women in West Auckland who saw a need in the community that wasn't being met.

Since those early beginnings we have been working with vulnerable families and have a long history of positive involvement with mothers and their babies who are living with post natal depression or an ongoing mental illness. We have first hand experience on the impact their illness has on the mother/baby bonding processes and the associated risks of attachment disorder.

Daysprings programmes are designed to positively influence the pathways for women and their families.

Vision: To be the preferred provider of Maternal Mental Health Community Services in the Auckland Region.

Head Office 2 Seabrook Avenue New Lynn Waitakere City



info@dayspring.co.nz  9.00 am - 3.00 pm (09) 827 6321 Some charges may apply.

(09) 834 4893 Referral may apply. http://www.dayspring.co.nz

**Deaf Aotearoa - Auckland**

FSD0006930 Last updated 03/02/2021

Deaf Aotearoa is a Deaf-led, not-for-profit organisation that focuses on promoting Awareness of,

Access to and Advancement of New Zealand Sign Language - to help strengthen the rights of Deaf people and give them the confidence to be an active part of society. As the only nationwide provider of services to Deaf people, it provides information on a range of services for Deaf and works with businesses and organisations to provide information and resources on life for Deaf New Zealanders and NZSL.

 1836-1848 Great North Road Avondale Auckland 1026

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| --- | --- | --- |
| national@deaf.org.nz (0800) 332 322 http://www.deaf.org.nz/      **Debbie Rowberry** | Open for enquiries and appointments Mon to | |
| Thur 9:00am - 4:00pm For appointment only Friday All services free of charge.  No referral required. |  |
| FSD0019037 |  | Last updated 22/09/2020 |

Emotion Regulation Therapy for Children and their Families.

Debbie Rowberry is a Child Therapist specialising in Child Emotion Regulation Therapy for high and complex needs children. The programme teaches Children how to recognise, monitor and moderate their States of Being. Parental Coaching is provided to teach conscious parenting skills. Children gain greater Emotion Resilience and Emotion I.Q. The programme also includes the development of a client specific behavioural management plan for home and school.

Debbie also facilitates early intervention, Emotion Education programmes for schools.

Debbie provides Therapeutic Services within a clinic setting as well as incorporating Equine Therapy, Canine Therapy and Nature based activities at Willow Therapy Farm in Clevedon.

610 Monument Road Clevedon Auckland 2582



D.rowberrynz@gmail.com  Please phone for an Appointment.

(021) 741 887 Some charges may apply. http://www.childbehaviourist.com No referral required.

**Depot Arts and Music Space Trust**

FSD0020043 Last updated 09/10/2020

Depot Artspace is an open and inclusive creative community in Devonport, Auckland that encourages engagement in all art forms. Depot Artspace offers a variety of facilities, services and events that support the creative community including galleries, a professional development programme, publications, a recording studio and a design studio.

The Depot Artspace philosophy of encouragement, support and inclusiveness has been its touchstone since 1996, the year it opened, and has been the basis on which the Depot has grown into a multi-disciplinary creative community encompassing all art forms and supporting artists at many different levels and across all generations.

This philosophy is encapsulated in its circular mantra “creating an environment that encourages creating….”

Over the years the Depot has been responsive to changing needs, interests, trends and opportunities and has developed services, activities and programmes accordingly.

28 Clarence Street Devonport Auckland 0624 lynn.lawton@depotartspace.co.nz  9 am to 5 pm Monday to Friday.



(09) 963 2328 All services free of charge. http://www.depotartspace.co.nz Referral may apply.

**Diabetes NZ Auckland Branch**

FSD0007786 Last updated 13/07/2020

Supporting all people in Auckland affected by diabetes to live well.

55 Hugo Johnston Drive Penrose Auckland 1061



office@diabetesauckland.org.nz  Mon- Fri 9.00am - 5.00pm by phone

(09) 622 0551 Some charges may apply. http://www.diabetesauckland.org.nz No referral required.

**Diabetes Youth Auckland**

FSD0007605 Last updated 17/08/2020

Provides support for families and youths with diabetes.

55 Hugo Johnston Drive Penrose Auckland 1061



youth@diabetesauckland.org.nz  9am-5pm Mon - Fri

(09) 622 0551 All services free of charge. https://www.diabetes.org.nz/diabetes- No referral required. youth-auckland

**Dingwall Trust**

FSD0003329 Last updated 03/08/2020

Dingwall Trust is an organisation that provides services to children and young people. We provide residential care to children aged 0 - 18 in need of care & protection. We provide transition service to young people leaving care and boarding school, scholarships to young people at risk.

8 Dingwall Place Papatoetoe Manukau 2025



admin@dingwall.co.nz  Office hours 8.30am - 5pm Mon - Fri

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| (09) 278 3699  (09) 250 2073 http://www.dingwall.co.nz      **Disability Connect** | Open 24/7  All services free of charge. Referral may apply. |
| FSD0003417 | Last updated 27/01/2021 |

Disability Connect was established in 1990 as the Parent & Family Resource Centre Inc to primarily support parents of disabled children and young people. Today the primary service area for Disability Connect is to provide information and advice to families of disabled children and young people across the Auckland Region which includes Waitemata and Manukau. Information is provided in a variety of media including workshops and seminars. Disability Connect also provides culturally and linguistically appropriate disability information and advice including translated/interpreted information. Our Disability Support Guide booklet is available in English, Simplified Chinese, Korean and Arabic.

Parent and Family Resource Centre Inc. trading as Disability Connect (from 1 October 2014).

3B Olive Road Penrose Auckland 1061



admin@disabilityconnect.org.nz  9.00am - 4.30pm, weekdays

(09) 636 0351 Some charges may apply. https://disabilityconnect.org.nz/ No referral required.

**Dmitri Biletzki**

FSD0023833 Last updated 14/12/2020

Maximise your chance to be able to climb mountains when you become 90 years old! I offer

Counselling, Therapy and coaching to People Who Want to achieve the highest level of health, confidence and happiness! Increase Confidence, Gain Clarity, Stay Motivated on the Path have the healthiest lifestyle for human beings. High Energy | Strong and Healthy Body | Empowered, clear, positive mind! We are a match if you are striving to work hard, make the necessary changes and want to get the highest level of health at all levels.

What can I help you with?

Counselling Addictions, Drug & Alcohol, Smoking & Gambling Crisis & Trauma, Pain &

Depression, Grief & Bereavement Counselling Psychotherapy, Relationships, Family & Parenting,

Marriage & Divorce. Eating Disorders Mental Health Services, Adolescent, Mood & Anxiety Disorders, Social services, Finding life purpose, Creating happy healthy lifestyle, Life Coaching, Health Coaching.

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| db@health-mentor.co (022) 389 1007 https://www.health-mentor.co/      **Dream Big** | online booking through website calendar.  Some charges may apply. No referral required. |
| FSD0021265 | Last updated 22/03/2021 |

Dream big delivers a free community and mentoring programme to children and youth in Pukekohe. Our mentors and coaches support the children to develop their personal well-being (including self-worth, self-belief), life skills and sense of community.

The programme is delivered after school in local parks and during school time, it aims to proactively engage with young people through fun and entertaining activities that they may not have experienced before. The activities include gymnastics, hip hop, team building, boxing, selfdefence, rugby, soccer and many more. Our mentoring programme is run at school for intermediate age young people and aims to present opportunities where the young people can learn about themselves, discover their purpose, connect with other people and feel proud of achieving in and out of the classroom.

We go to where the young people are and we work with them and their families, to introduce and develop positive life skills, relationships and experiences

 53 Eden Road Pukekohe 2120

brenda@dreambig.org.nz  Monday - Friday

(021) 255 9290 9.00-5.00pm

http://www.dreambig.org.nz Programme run 2.40-5.00pm Tuesday/Thursday

- After School

Programme run 1.15-1.40 Tuesday/Thursday -

During School

Mentoring Programme 1.45 - 2.40 - Wednesday All services free of charge. No referral required.

**Dress for Success Auckland**

FSD0023371 Last updated 13/04/2021

We will help you build your confidence and support your employment journey by providing you with a full wrap around service - we are 'more than a dress'!

Our interview and employment dressing service supports women in need with confidence via outfits to keep (clothing, shoes and accessories) and with being better prepared to secure work.

This service is available while job searching, when interviewing or if a job offer has been made. Referrals from the MSD require a TTW authorization, a set fee for this service paid by the Ministry to DFS Auckland. This payment also allows each client to participate in our Career Centre programme for up to 2 years, providing skills workshops and coaching to help with the transition to work, job retention and career development which can be a challenging time.

Our mission is to support women to achieve economic independence for the benefit of themselves, their families and their community.

Ground Level 12 Lambie Drive Papatoetoe Auckland 2104



manukau@dfsa.org.nz  Monday to Friday - 9.30am to 3.00pm (020) 4377 276 Saturday - 10.00am to 1.00pm (monthly)

(09) 377 2762 Some charges may apply. http://auckland.dressforsuccess.org Referral may apply.

**Drowning Prevention Auckland**

FSD0020595 Last updated 16/04/2021

Drowning Prevention Auckland (DPA) is a lead agency for regional water safety coordination and education in the Auckland region.

Our Mission is to prevent drowning through education, research and advocacy.

Our vision is an Auckland, free from drowning, achieved through the development of water competence and changing knowledge, attitudes and behaviours in, on and around water environments.

Water safety education is delivered across four core channels - where we learn (early childhood to tertiary); live and play (community); and work (workplace Health & Safety and group development) - all with a research and evidence-based approach.

85 Westhaven Drive Westhaven Auckland 1150



info@dpanz.org.nz  Monday to Friday 8.30am to 5.00pm

(09) 376 5114 All services free of charge. https://www.watersafe.org.nz/ No referral required.

**DT Driver Training**

FSD0021634 Last updated 11/08/2020

Road Code practice for learner licence tests for car, motorbike and heavy vehicle using NZTA's questions.

Learner drivers can use the tests to reduce the costs of obtaining a learner licence in any vehicle class (1 to 6).

Fleet drivers can use the plans to improve fuel economy, reduce accident risk and improve driver health and wellbeing.

Additional information and resources available for new drivers and drivers upskilling to a different class of licence.

|  |  |
| --- | --- |
| contact@drivingtests.co.nz  (021) 222 0888 https://www.drivingtests.co.nz | 24-hour online service All services free of charge.  No referral required. |

**E Tipu E Rea Whanau Services**

FSD0018532 Last updated 28/09/2020

We are an Auckland-based community organisation providing whnau-based support, resources, and assistance to mtua taiohi.

unit C 1 Tony Street Henderson Auckland 0610



admin@etipuereaws.org.nz  Monday - Friday 8.30am - 5.00pm

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| --- | --- |
| (09) 551 4367  (09) 551 4367 http://www.etipuereaws.org.nz      **Eastern Refuge Society Inc** | (closed during public holidays) All services free of charge. No referral required. |
| FSD0007647 | Last updated 16/10/2020 |

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111.

Eastern Refuge provides residential/community social work, supplies a team of 10 social work Kaiawhina to Whangaia Nga Pa Harakeke, Counties Manukau Police, Emergency Housing through Te Whare o Honore, programmes, counseling, intervention and advocacy.

info@ewr.org.nz  24 Hour crisis line 0800 733 843 REFUGE (0800) REFUGE (733 843) Some charges may apply.

(09) 576 6551 Referral may apply.

http://www.easternrefugesociety.org.nz

**Classification : FVSS**

**Emerge Aotearoa - National Support Centre**

FSD0003606 Last updated 13/04/2021

Emerge Aotearoa is a not-for-profit charitable trust that provides community-based mental health,addiction, disability support and social housing services nationwide to people who are vulnerable or marginalised within their communities. We believe that everyone is capable of living full and rich lives in their chosen communities when they have access to support and opportunities for learning,skill development and rehabilitation. Our vision of Realising Potential Tautokohia te mana tangata, provides us with the ability to see what can be achieved when there is connection; the ability for someone to see the good in themselves and in others, to recognise the possibility for things to improve, and life to be meaningful and purposeful. Our values guide the way we work with service users and their families; Connecting with Purpose, Whakawhnaunga, Engaging with Respect, Manaaki, Walking and Learning Together, Ako and Acting with Integrity, Whakamana; they form the basis of everything we do.

320 Ti Rakau Drive Burswood Auckland 2013 info@emergeaotearoa.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 265 0255 All services free of charge. https://www.emergeaotearoa.org.nz Referral may apply.

**Classification : PACIFIC, THP**

**Emma Green, Psychotherapist**

FSD0022671 Last updated 18/02/2021

Registered psychotherapist providing therapy and counselling for adults, adolescents and couples. Therapy provides a space for reflection and healing, and can help build stronger, more mutually satisfying relationships. Emma works with depression and anxiety, as well as trauma and relationship difficulties.

Level 1 300 Great South Road Greenlane Auckland 1051



emmagreentherapy@gmail.com  Tuesday afternoons

(022) 063 5838 Wednesdays (09) 393 0051 Friday mornings

http://www.talkingworks.co.nz/dir/Emma+ By appointment

Green.html Some charges may apply.

No referral required.

**English Language Partners North Shore**

FSD0007830 Last updated 19/04/2021

Our aims and objectives are to provide English language skills and social support for the effective resettlement of adult refugees and migrants on the North Shore.

Our vision is that migrants and refugees have the opportunity to learn English, to pursue aspirations for themselves and their families, and to participate in all aspects of life in Aotearoa New Zealand.

1st floor 424 Lake Road Takapuna Auckland 0622



northshore@englishlanguage.org.nz  Monday - Friday 9am-4pm

(09) 489 2078 Koha/donation may apply.

(027) 297 7069 No referral required. http://www.englishlanguage.org.nz

**Essentially Men Education Trust**

FSD0003523 Last updated 31/08/2020

Courses, seminars and support for men to explore their identity, recover their ability to feel and experience new ways of being a man - strong, emotionally adept and a skilled communicator - in connection with their family and community.

info@essentiallymen.net  Monday - Friday 9am - 4.30pm

(09) 376 2386 Some charges may apply.

(021) 159 1525 No referral required. http://www.essentiallymen.net

**Ethnic Family Services**

FSD0020934 Last updated 08/01/2021

We offer support services for women, men and young people to build safe and happy families. We work in partnership with schools, various government and non-governmental organisations to offer specialised culturally appropriate intervention and prevention services for families and youth from Asian, African and Middle-Eastern communities in Aotearoa New Zealand.

Inside Manukau Medical & Health Centre 18 Manukau Station Road Manukau Auckland 2102 youth@shakti.org.nz  Mon-Thurs 10am-4pm



(0800) 742 584 (0800 SHAKTI) All services free of charge.

(09) 262 0487 non-urgent No referral required.

https://www.facebook.com/shaktiyouth

**Family Action (Whanau Toa)**

FSD0003511 Last updated 15/01/2021

Counselling, Outreach & Refuge for women, youth, children and families who have experienced family or sexual violence, abuse or trauma.

13 Edsel Street Henderson Auckland



office@familyaction.org.nz  8.30am - 5pm Monday - Friday.

(09) 836 1987 Some charges may apply.

(0800) 326 327 No referral required. http://www.familyaction.org.nz/

**Classification : FVSS, SHSS**

**Family Action - ChangeWorks Programmes**

FSD0016052 Last updated 15/02/2021

ChangeWorks is an organisation dedicated to working with young people and their families to stop violence and abuse. We work in a unique way to bring about change through interactive group process.

Imagination is the key to change. To imagine how your life could be different.

13 Edsel Street Henderson Auckland



office@familyaction.org.nz  Monday toThursday 8.30 to 5.30

(09) 836 1987 Koha/donation may apply.

(0800) 326 327 No referral required. http://familyaction.org.nz

**Family Planning Clinic - Henderson**

FSD0007027 Last updated 14/09/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

 Level 2 6 Alderman Drive Henderson Waitakere City 0614

(09) 836 0026  Please ring to make an appointment. https://www.familyplanning.org.nz/clinics/h Some charges may apply. enderson-auckland No referral required.

**Family Planning Clinic - Manukau**

FSD0007026 Last updated 14/09/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Level 3, Westfield Shopping Centre 2 Manukau Station Road Manukau 2104



(09) 263 7600  Call on Monday 8.30am - 5.00pm

https://www.familyplanning.org.nz/clinics/ Tuesday 8.30am - 5.00pm

manukau-auckland Wednesday 8.30am - 5.00pm

Thursday 8.30am - 6.30pm

Friday 8.30am - 5.00pm Saturday 9.00am - 1.00pm Some charges may apply. No referral required.

**Family Planning Clinic - Newmarket**

FSD0007040 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Level 2, Newpark Centre 5 Short Street Newmarket Auckland



(09) 524 3341  Please ring to make an appointment. http://www.familyplanning.org.nz Some charges may apply.

No referral required.

**Family Planning Clinic - Panmure**

FSD0007031 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Next to Panmure Community Hall 7-13 Pilkington Road Panmure Auckland 1072



(09) 570 9871  Call us on 8am to 6pm Monday to Friday, and

http://www.familyplanning.org.nz/ 9am to 1pm on Saturdays Some charges may apply. No referral required.

**Family Planning Clinic - Papakura**

FSD0007030 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

Trust Arcade 169 Great South Road Papakura 2110



(09) 298 4608  Please call us to make an appointment. (0800) 372 546 Some charges may apply. http://www.familyplanning.org.nz/ No referral required.

**Family Planning Clinic - Takapuna**

FSD0007033 Last updated 18/08/2020

Family Planning works to promote a positive view of sexuality and to enable people to make informed choices about their sexual and reproductive health and well-being.

15 Anzac Street Takapuna North Shore City 0622



(09) 486 1014  Please call us to make an appointment. http://www.familyplanning.org.nz Some charges may apply.

No referral required.

**Family Works Waitakere**

FSD0006493 Last updated 09/12/2020

Family Works Northern builds strong families that learn, grow and thrive. Our social services help make Aotearoa New Zealand the best place to raise children. As part of Presbyterian Support Northern, we’re committed to creating a better life for everyone.

2171 Great North Road Avondale Auckland 0600



admin.waitakere@fwn.org.nz  Monday - Friday

(09) 835 1288 8.30 am - 5.00 pm

https://www.familyworksnorthern.org.nz/s All services free of charge. ervice-centre/auckland-west Referral may apply.

**Fiona Hardy Counselling**

FSD0021223 Last updated 16/03/2021

I am a skilled Counsellor/Family Therapist located in Central Auckland - working from rooms in Grey Lynn and Remuera.

I focus on working positively with individuals, couples, groups, families and adolescents who may be wanting to understand and develop skills in managing anxiety, depression, processing grief and loss, relationships, sexual issues, identity, work related issues, self esteem, pregnancy and pregnancy loss.

I am narratively trained with a focus on short term work that is person centered and solution focussed.

I work from two relaxed and private locations in Grey Lynn and Remuera.

Please contact me to see how I may be able to assist you.

Skype sessions are also availabe.

Community of St Luke 130 Remuera Road Remuera Auckland 1024



fionahardycounsellor@gmail.com  Counselling appointments during the day and

(021) 294 0346 some evenings in Remuera and Grey Lynn.

(09) 620 2121 Please phone to discuss your requirements. http://www.fionahardycounselling.co.nz

Skype Sessions also available.

Some charges may apply. No referral required.

**Fonua Ola**

FSD0003695 Last updated 14/12/2020

We cater for the Auckland region covering the areas of South, West, Central and East Auckland.

We provide Social Work Support, Counselling, Youth Programme, Building Financial Capability, Family Violence Intervention, Whanau Ora Support and Group Parenting Programme. Our aim is to achieve better outcomes for our children and young people through journeying with their families on their voyage to sustainable futures

8 Hendon Avenue Mt Albert Auckland



cfohe@fonuaola.org.nz  Mondays to Fridays

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| (09) 828 4307 (022) 164 0627 https://www.fonuaola.org.nz/    **Classification : PACIFIC**    **Fonua Ola Network Trust** | 9am - 5pm  All services free of charge. No referral required. |
| FSD0021714 | Last updated 17/11/2020 |

Our Services include social work support services, counselling, youth mentoring, life fit programme, parenting programmes and financial mentoring/budgeting as well as Whanau Ora clientele.

We are based in Auckland and predominantly support the local Pacific Community to cope in times of economic, social and cultural adversity.

With a head office in Otahuhu, Fonua Ola has another additional site located at Hendon Avenue Mt Albert (former Pasifika Health & Social Services).

32 Station Road Otahuhu Auckland 1062



msuamili@fonuaola.org.nz  Mon - Fri - 9am to 5pm (09) 270 2089 All services free of charge.

(022) 043 0811 Referral may apply. http://www.fonuaola.org.nz

**Classification : BFC, FVSS, PACIFIC**

**Franklin Family Support Centre**

FSD0000964 Last updated 23/12/2020

To empower families and individuals with financial, personal or family issues by providing professional, compassionate and caring social services and educational programmes.

82 Manukau Road Pukekohe admin@familysupport.org.nz  9.00am - 4.00pm, Monday to Friday.



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| (09) 238 6233 http://www.familysupport.org.nz    **Classification : BFC, FVSS**    **Gateway Community Trust** | Some charges may apply. No referral required. |
| FSD0015197 | Last updated 22/09/2020 |

We are a community-based trust focused on strengthening families, empowering our youth and are OSCAR approved for child care services.

26A Wood Street Papakura 2110



reception@navigators.community  Monday to Friday, 8am - 4pm

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| (09) 298 1807 http://www.thegate.co.nz    **Classification : OSCAR**    **Genesis Youth Trust** | Some charges may apply. No referral required. |
| FSD0019702 | Last updated 29/06/2020 |

Our Strategic Heartbeat:

Having a heart for youth that offers HOPE and RESTORATION for youth offenders and their families in the wider Auckland Region Our Core Competencies:

1. A holistic intervention combining youth work, social work, mentoring, counseling & familyservices to achieve lasting positive change
2. Forging and maintaining effective working partnerships with the Police and other key agencies
3. Ongoing research and best practice that shapes our programmes and interventions.

 92 Bader Drive Mangere Auckland 2022

info@genesis.org.nz  9am - 5pm (09) 275 0599 Monday-Friday

http://www.genesisyouthtrust.org.nz All services free of charge. Referral may apply.

**Geneva Healthcare**

FSD0004525 Last updated 29/01/2021

We are New Zealand’s trusted experts in aged care, illness, injury & disability support. Since 1996, we’ve been supporting New Zealanders to live their best life and thrive by keeping well, living independently and staying connected with their community.

We are part of the largest network of healthcare service providers working closely with the Ministry of Health, District Health Boards, Ministry of Social Development, and with ACC as a preferred national provider to give our Clients 24/7 wraparound support with our qualified, security-checked, Geneva Certified workers, nurses and Allied Health professionals, who are carefully selected to match their needs.

Our Services

* Home Support & Aged Care
* Flexible Disability & Injury Support
* Wellness & Rehabilitation
* Childcare & Youth Support
* Private Health & Wellness Support Packages (Private Care NZ)
* Healthcare Recruitment
* Health Staffing Services (Temporary & Permanent)
* Healthcare Training

Level 2 139 Quay Street Auckland 1010



info@genevahealth.com  24 hours a day, 7 days a week, 365 days a year.

(0800) 436 382 Some charges may apply. http://www.genevahealth.com Referral may apply.

**Girls Brigade NZ Inc**

FSD0003529 Last updated 17/10/2020

Youth Organisation. To help girls develop into confident and self respecting young women. For girls aged 5 to 17.

Unit 5 81 Hillside Road Auckland 0627



info@girlsbrigade.org.nz  Office Hours are 8.30am to 5.00pm Monday to

(09) 442 5055 Friday

http://www.girlsbrigade.nz Some charges may apply.

No referral required.

**Glen Eden Community House Inc**

FSD0017552 Last updated 04/05/2021

The Glen Eden Community House provides local people with opportunities to participate in and experience a mix of social, educational, cutural or recreational activities

13 Pisces Road Glen Eden Auckland 0602



manager@glenedencommunityhouse.co.  Monday to Friday 9.00 am to 4.00pm nz Some charges may apply.

(09) 818 2194 Referral may apply.

(09) 818 2198 http://glenedencommunityhouse.co.nz

**Classification : OSCAR**

**Glen Innes Family Centre**

FSD0016332 Last updated 22/01/2021

Provide Social Work Support, Counselling (Individual/Family), Budgeting, Parenting Programmes, Domestic Violence Programmes, Senior Recreational Programmes.

122 Elstree Avenue Glen Innes Auckland 1743



admin@gifc.org.nz  Weekdays 9AM - 3PM

(09) 570 6250 Thursday 9am - 6pm

http://www.gifc.co.nz All services free of charge.

No referral required.

**Graeme Dingle Foundation**

FSD0015275 Last updated 19/04/2021

The wellbeing of Aotearoa’s tamariki is at the heart of the Graeme Dingle Foundation. For 25 years the Foundation has been helping young New Zealanders find purpose and direction through our highly effective school based programmes across the country for young people aged 5-18 years old including Kiwi Can, Stars, Career Navigator, Project K, Kiwi Tahi and MYND. We want every child to know that what they have inside is greater than any obstacle they might face. Our young people develop true self-confidence and real skills for later life through community-focused, positive experiential learning and mentoring programmes. We empower them to find their purpose and direction in life.

Using fun and safe experiential learning through the great outdoors and inspirational classroom leaders and world-class mentors to help our young people keep on track, learn good values and set goals for the future.

We want every child to know: What they have inside is greater then any obstacle.

6 Triton Drive Rosedale Auckland 0632



info@dinglefoundation.org.nz  Monday – Friday 9.00 AM – 5.00 PM

(09) 477 6237 All services free of charge.

(0800) 435 775 Referral may apply. http://www.dinglefoundation.org.nz

**GymCity Papatoetoe**

FSD0019627 Last updated 15/12/2020

GymCity is a children's gymnastic club offering classes for all children from babies to teenagers. We teach fundamental skills development & gymnastics programmes for boys and girls, beginners to National level, Tumbling, TeamGym. We deliver to pre-school and school within the wider community. We run OSCAR approved School Holiday Programmes every holidays with lots of variety including Arts & Crafts, cooking, excursions, games and gymnastics, as well as lots of other exciting activities. We have very experienced coaches and wonderful helpers, and we are proud of the lovely atmosphere our club has, where everyone works together to make GymCity a great club for their children. We welcome anybody to come and join our club - you will be pleased you did.

Flat 2 64 Marne Road Papakura 2110 rowenadeadman@gmail.com (09) 279 9400 http://www.gymcity.org.nz



**Classification : OSCAR**

**Hadiyyeh Zohoori-Dossa**

FSD0022715

8am-8.30pm Mon- Fri, 8am-12.30pm Sat Some charges may apply. No referral required.

Last updated 03/10/2020

Holistic, Multi-Cultural Counselling for individuals, groups, families and pre-marital couples.

Issues: Depression, Anxiety, Grief, Parenting, Stress, etc. Also, Nutrition-related conditions:

Obesity, Diabetes, Hypertension, etc.

Some benefits of counselling are:

* Developing Self-Awareness and Mindfulness
* Learning Problem-Solving, Effective Communication and Conflict Management
* Stress Management – Learning to go beyond coping to attain and maintain Lasting Happiness\* Personal Growth
* Behaviour Change, e.g. reduction in smoking, drug use, angry outbursts or other undesirablehabit, or increase in following a Healthy Diet, Physical Activity or any other desirable habit.

All services are multi-cultural and inter-faith by being sensitive to the ethnic, socio-economic, gender, racial and religious background of clients.

I also conduct:

* a pre-marital counselling programme, and
* Reiki Chanelling, a Japanese technique for stress reduction, relaxation and healing.

hadiyyehzd@yahoo.com  Please get in touch to arrange a suitable time

(021) 037 2456 and place.

Online counselling also available.

Some charges may apply. No referral required.

**Halberg Disability Sport Foundation**

FSD0000365 Last updated 08/01/2021

Honouring sporting excellence. Linking disabled people to sport and active leisure within their own communities

Level 5 56 Cawley St Ellerslie Auckland 1051



office@halberg.co.nz  8.30 am - 5 pm Monday to Friday

(09) 579 9931 All services free of charge.

(0800) HALBERG No referral required. http://www.halberg.co.nz

**Heart Kids NZ**

FSD0003352 Last updated 17/07/2020

Heart Kids NZ is the only organisation in New Zealand dedicated to providing lifelong support for all those affected by a heart defect whether congenital or acquired through childhood illness.

Our practical and emotional support is vital for those affected, helping them cope with the day-today challenges of living with a childhood heart condition.

The services we provide include (but are not limited to) information, training, counselling and psychological support, specialised equipment, heart camps, family matching, social affiliation, and financial assistance (funds allowing).

We have a network of 18 affiliated branches and support groups throughout New Zealand.

Level 1 60 Grafton Road Auckland 1010



info@heartnz.org.nz  9.00am - 5.00pm Monday to Friday

(09) 377 9950 Some charges may apply.

(0800) 543 943 (KIDZ HEARTS) Referral may apply. http://www.heartkids.org.nz/

**Heartbeat City Ministries**

FSD0003351 Last updated 03/01/2021

Psychological Counselling Services delivering home based short term therapy approach within a Whnau Ora framework to predominately Mori whnau, children/tamariki and young people/rangatahi. HBCM Psychological Counselling Service aim to provide the highest standard of care for whnau, tamariki and rangatahi residing in the Counties Manukau region.

24 Huia Rd Papatoetoe Auckland 2025



heartbeat@xtra.co.nz  Office hours: 9.00am to 4.30pm.

(021) 112 7543 Phone voice message are welcomed and will be

(021) 213 6235 responded to.

Some charges may apply. Referral may apply.

**Heartland Services - Helensville**

FSD0016527 Last updated 07/07/2020

Face to face government and community services in the community. One stop shop for government and community services and information.

16 Commercial Road Te Awaroa Helensville 0840



heartland@kaiparamoana.com  Mon - Fri 10:00am - 2:00pm (09) 420 9761 Some Services by appointment. (022) 426 3397 All services free of charge. http://www.heartlandservices.govt.nz/ No referral required.

**Heartland Services - Pukekohe**

FSD0007140 Last updated 07/07/2020

Heartland Service Centre is a one-stop-shop from which the local population may access a range of Government, and other related services.

82 Manukau Road Pukekohe 2120



pukekohe@heartlandservices.govt.nz  Mon, Wed, Thur, Fri 9.00am – 4.00pm; Tues

(09) 238 6233 10.30am – 4.00pm

http://www.heartlandservices.govt.nz All services free of charge. No referral required.

**Helensville / Waimauku Family Budgeting Service Inc**

FSD0005913 Last updated 12/11/2020

Helensville / Waimauku Family Budgeting Service offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

49 Commercial Road Helensville



hlv.budget@xtra.co.nz  Between 9.00am and 12.00 noon, Monday

(09) 420 7740 through Friday.

https://www.facebook.com/HelensvilleWai mauku-Family-Budgeting-Service- Other times possible by arrangement.

732945183477198/ All services free of charge.

No referral required.

**Classification : BFC**

**HELP - Support for Sexual Abuse Survivors**

FSD0003354 Last updated 18/02/2021

A community service offering specialist crisis support and counselling to survivors of sexual abuse.

We support survivors through police, forensic medical, court and restorative justice processes. We are available by phone 24/7 to provide support when you need it. We also offer short and long-term counselling for survivors and their families and friends recovering from the impacts of sexual violence - for children, young people, and adults.

info@helpauckland.org.nz  0800 623 1700 (24 hour confidential phone line)

(09) 623 1700 All services free of charge.

(0800) 623 1700 No referral required. http://www.helpauckland.org.nz

**Classification : SHSS**

**Henderson Budget Service Inc.**

FSD0005914 Last updated 15/04/2021

Henderson Budget Service offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

20 Alderman Drive Henderson Auckland 0612



info@budgeting.org.nz  Mon - Sat 9am - 5 pm (09) 836 4141 All services free of charge.

(027) 450 7760 No referral required.

https://www.facebook.com/Hendersonbud getserviceinc/

**Classification : BFC**

**Hestia Rodney Women's Refuge**

FSD0007643 Last updated 28/09/2020

Hestia works within the area of the Hibiscus Coast and Rodney District. We provide integrated Family Violence Services for women and children whose safety is at risk due to abuse in their homes. 85% of our work is with families in the community.

24/7 crisisline 0800 321 361

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| hestiarwr@xtra.co.nz  (09) 427 5154 (0800) 321 361 http://www.hestiawomensrefuge.co.nz    **Classification : FVSS**    **Hibiscus Coast Youth Centre** | 24 hour service. 0800321361 crisis line. 09  4275154 office Monday - Friday  We have another phone number for women from all areas of Rodney to contact us toll free 09  4250452  Some charges may apply. No referral required. |
| FSD0022060 | Last updated 17/02/2021 |

The Hibiscus Coast Youth Centre is a non-profit organisation whose mission is to empower and strengthen youth and their families by providing comprehensive youth development through education, physically challenging activities, employment and training advocacy and other support services.

To provide opportunities and support for young people, encouraging them to become involved in, and contribute to the development of their community.

HBC HWY 214d Hibiscus Coast Highway Auckland 0930



findhbcyc@gmail.com  Mon-Fri 09:00 To 18:00

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| (09) 426 5005 (027) 685 1415 http://www.hbcyouthcentre.org    **Classification : OSCAR** | Friday Night 18:00 To 22:00  Saturday 11:00 To 17:00  Room Hire 24/7 By Booking Some charges may apply.  No referral required. |

**Hillary Outdoors Education Centres**

FSD0023637 Last updated 24/10/2020

Hillary Outdoors provides leading outdoor education programmes and events. Our purpose is youth learning through adventure. We help young people experience the outdoors through our programmes and nationwide events, we train students to become leaders in the outdoors, and we up-skill outdoor specialists.

31D Bartley Terrace Devonport Auckland 0624



sallyt@hillaryoutdoors.co.nz  Monday - Friday 8.30am - 5.00pm

(0800) 688 843 Some charges may apply.

(09) 973 4740 No referral required. http://hillaryoutdoors.co.nz

**HJ Elite Academy Limited**

FSD0024535 Last updated 30/03/2021

HJ Elite Soccer Academy offers a plethora of programs that are geared towards optimising the soccer capabilities of children (and young adults) 4 to 21 years of age. To maximise impact, we have programs in South and East Auckland with operational hours that cater to the hectic schedule of our school-going kids, and their parents/caregivers. HJ Elite enhances its impact by utilising a long-term development model which spans the four seasons; offering year round training and development options for our young soccer stars: in the making. We also maximise outcomes by ensuring that training is conducted on both grass and turf settings; dependent on the training location. Check out our programs listed on the website, to identify which one is right for you.

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| info@hjeliteacademy.co.nz  (021) 089 36872 http://www.hjeliteacademy.co.nz | Operational hours are based on program and location. Average after school hours are 3:15 -  5:15 pm (age dependent) Some charges may apply.  No referral required. |

**Home and Family Counselling Inc: Auckland Office.**

FSD0003359 Last updated 13/07/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. We have a Chinese counsellor available and a mix of male and female counsellors. Professional, experienced counsellors provide high quality services from our long-standing wellrespected independent organisation.

344 Mt Eden Road Mt Eden Auckland 1024



(09) 630 8961  Monday - Friday 9am - 5pm

http://www.homeandfamily.org.nz Saturday 9am - 4.30pm

Late Nights: Tuesday, Wednesday, and Thursday.

Koha/donation may apply. No referral required.

**Classification : FVSS**

**Home and Family Counselling Inc: North Shore Office**

FSD0015867 Last updated 16/06/2020

Donation-based affordable counselling for individual adults, teens, children and families and couples. Chinese counsellor available. Professional, experienced counsellors provide high quality services from our long-standing well-respected independent organisation.

2a Seaview Avenue Auckland 0627



Northshore@hfc.org.nz  Monday - Friday 9am - 5pm, Saturday 9am -

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| (09) 419 9853  http://www.homeandfamily.org.nz | 2pm.  Koha/donation may apply.  Referral may apply. |

**Howick Leisure Centre**

FSD0022362 Last updated 21/07/2020

Howick Leisure Centre provides Holiday programmes during school holiday periods.

We also offer recreation activities for all ages. We have a fitness centre/gym as well as a child care facility that services the community.

563 Pakuranga Road Highland Park Auckland 2010



howickleisure@aucklandcouncil.govt.nz  Monday - Friday 7.30am-7.00pm

(09) 261 8436 Weekends 8am-4pm

https://aucklandleisure.co.nz/locations/ho Some charges may apply. wick-leisure-centre/ No referral required.

**Classification : OSCAR**

**Huakina Development Trust**

FSD0005729 Last updated 14/09/2020

Huakina has a mission statement to "Unleash the Potential of People" and they stand by it with passion. To provide support in health & wellbeing, education and environmental issues to the community.

15-17 Roulston Street Pukekohe



admin@huakina.co.nz  8.30 am - 5.00 pm Monday to Friday

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| (09) 238 0250 http://www.huakina.co.nz    **Classification : FVSS, OSCAR**    **Human Rights Commission** | All services free of charge. Referral may apply. |
| FSD0003367 | Last updated 25/10/2020 |

The Commission has the ability to mediate disputes relating to unlawful discrimination on the grounds of sex (including pregnancy) and sexual harassment, marital status (including being in a civil union), religious belief, ethical belief, colour, race and racial harassment, ethnic or national origins, disability, age, political opinion, employment status and sexual orientation in the areas of government or public sector activities, employment, education, access to public places, the provision of goods and services, housing and accommodation, partnerships, qualified bodies, organisations of employees and employers, vocational training and trade and professional associations.

Level 7 The AIG Building 41 Shortland Street Auckland



infoline@hrc.co.nz  8.30am - 5.00pm Monday to Friday (0800) 496 877 Language Line, an interpreting service, is (Free TXT) 0210 236 4253 available.

http://www.hrc.co.nz All services free of charge.

No referral required.

**IDEA Services - North Shore**

FSD0007199 Last updated 06/04/2021

IDEA Services provides support for people with intellectual disabilities so they can live, learn, work and enjoy life as part of the community. We provide vocational and day services, accommodation services, supported employment and supported living.

1st Floor 48 Enterprise Street Birkenhead Auckland 0626 north.shore@idea.org.nz  All hours



(09) 529 8730 Some charges may apply.

(09) 418 2870 Referral may apply. http://www.ihc.org.nz

**IDEA Services - South / East Auckland**

FSD0007198 Last updated 06/04/2021

IDEA Services provides support for people with intellectual disabilities so they can live, learn, work and enjoy life as part of the community. We provide vocational and day services, accommodation services, supported employment and supported living.

68 Dawson Road Otara Auckland 2023



south.east@idea.org.nz  all hours

(09) 529 8790 Some charges may apply. http://www.idea.org.nz Referral may apply.

**IDEA Services – Counties**

FSD0024548 Last updated 08/04/2021

IDEA Services provides support for people with intellectual disabilities so they can live, learn, work and enjoy life as part of the community. We provide vocational and day services, supported employment and specialist services.

15 Ray Small Drive Papakura 2110



northern@idea.org.nz  All hours

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| (09) 529 8790 http://www.idea.org.nz      **In-Work NZ Ltd** | All services free of charge. Referral may apply. |
| FSD0020335 | Last updated 09/02/2021 |

Preparing job seekers registered with Work and Income to re-enter the workforce, assisting clients of Work and Income into employment, providing transitional and on-going supporting for new employees and family/whanau while at work and retaining people in work, to achieve sustainable and social outcomes.

482 Te Atatu Road Te Atatu Peninsula Auckland 0651



info@inwork.co.nz  8.30am - 5.00pm Monday to Friday

(09) 834 1482 All services free of charge.

(0800) 478 902 Referral may apply. http://inwork.co.nz

**Classification : PACIFIC**

**Iosis**

FSD0003294 Last updated 17/12/2020

Iosis is committed to transforming family life for good. Many families who access our services have complex issues and needs with limited resources. We provide a range of services addressing issues of parenting, family violence, relationships, safety of children, housing, finances, education, addictions etc, We are based in Manurewa and work across South Auckland.

Merivale Whanau Development Centre is a parenting residential programme for women and children. These families are referred by Oranga Tamariki and engage in our programme for a minimum of 6 months. It is our hope that through their engagement and successful completion these mothers will retain the care of their children. Referrals can be received from across the greater Auckland region and in some circumstances beyond Auckland.

112C Russell Road Manurewa Manukau City



enquiries@iosis.org.nz  Monday to Friday 8:30am to 5:00pm

(09) 269 0050 Some charges may apply. http://www.iosis.org.nz Referral may apply.

**Classification : BFC, FVSS, PACIFIC**

**Irlen Diagnostic Clinic - Auckland**

FSD0004900 Last updated 20/07/2020

Irlen Syndrome (a form of dyslexia) is a visual perceptual problem which affects many people who have difficulty reading. Symptoms include slow reading, skipping words or lines, light sensitivity, eye strain and sometimes migraines. Clinics diagnose and treat clients using tinted filters.

3A Clonbern Road Remuera Auckland 1050 learn@zesteducation.co.nz  9.00am - 5.00pm Monday to Friday.



(09) 529 2686 Some charges may apply. http://www.zesteducation.co.nz No referral required.

**Island Child Charitable Trust NZ**

FSD0021091 Last updated 08/09/2020

ICCT provides safe and caring support to whanau who are homeless and in need of immediate Transitional Housing.

Our residential program empowers whanau to believe in themselves and improve their life, health and educational outcome.

 3/59 Point England Rd Point England Auckland 1072

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| admin@islandchild.org.nz  (09) 574 5530 http://www.islandchild.org.nz    **Classification : THP** | Business office hours:  Monday to Friday 9am - 3pm  On call for weekends and holiday periods.  Some charges may apply.  No referral required. |

**Jenny Jackson, Family Therapist/Counsellor**

FSD0008250 Last updated 30/03/2021

Counselling for teenagers, adults and families. Member of NZAC (New Zealand Association of Counsellors). Anxiety, depression, anger, grief/loss, relationships, bullying, stress, parenting/behaviour issues, supervision of counsellors/students/pastoral staff. Services offered face to face and online via skype or zoom.

Suite 2 518 East Coast Road Windsor Park Auckland 0630



jenny@jacksoncounselling.co.nz  Weekdays 9am to 6pm

(021) 167 0308 Some charges may apply.

(09) 478 2501 No referral required.

http://www.jacksoncounselling.co.nz

**Jody Allen Counselling**

FSD0016362 Last updated 19/03/2021

Couple counselling for relationship difficulties and individual counselling for grief, depression, anxiety, stress, motivation, trauma and CBT based therapies. Jody also provides professional supervision for other practitioners.

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| kidzsocialservices@xtra.co.nz  (027) 403 6422 | Works out of Pukekohe and Tuakau Some charges may apply.  No referral required. |

**JPS Counselling**

FSD0023100 Last updated 12/04/2021

My counselling services are for anyone who is searching for help with answers to problems that they feel unable to cope with on their own.

1-3 Poynton Terrace Newton Auckland 1145 jpscounselling@gmail.com  Appointments available Monday to Saturday.



(020) 4171 0683 Available for contact 7 days. https://www.facebook.com/jpscounselling Some charges may apply. nz/ No referral required.

**Kaipatiki Youth Development Trust**

FSD0021502 Last updated 16/06/2020

Youth Programmes & Services support for 10-years. Mentoring services in and out of school.

Early Intervention Programmes (individual & small group). Social work Support for all referrals. Counselling referrals through Healthwest

Referrals from kaipatiki Rohe only. O.T Y.J referrals - Police Youth Aid, School and community.

Marlborough Park Hall 13r Chartwell Avenue Marlborough Park Hall Auckland 0629 kydt13@outlook.com  Monday- Friday 8.30 - 5.00 (027) 605 2300 Some charges may apply. https://www.facebook.com/pg/KaipatikiYo Referral may apply.



uthDevelopmentTrust/about/?ref=page\_int ernal

**Kaleidocare**

FSD0022937 Last updated 23/07/2020

Provide day service programme for young adults with High and Complex special needs.

OSCAR approved After school and Holiday programme for young children with special needs.

 6C Cape Hill Road Pukekohe 2120

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| office@kaleidocare.co.nz  (09) 239 3701 http://www.kaleidocare.co.nz    **Classification : OSCAR** | 8.30am - 5.30pm Monday to Friday Some charges may apply.  Referral may apply. |

**KARI Centre (formerly CCAFS)**

FSD0003751 Last updated 13/10/2020

Outpatient mental health service for infants, children, adolescents and their families in the central Auckland area (Auckland DHB catchment). We provide multi disciplinary interventions for clients using a large range of evidence based treatments. Waiting times for first appointments are less than three weeks and crisis assessments are completed as necessary.

 Ground Floor, Bldg 13, Greenlane Clincial Centre 214 Green Lane West Epsom Auckland

1051 karicentreadmin@adhb.govt.nz  Monday - Friday, 8:30-4:30pm (09) 623 4646 All services free of charge.

Referral may apply.

**Kelston Deaf Education Centre**

FSD0003374 Last updated 04/02/2021

Residential special school for the Deaf. Service provider for the Deaf students and their family and whanau.

3 Archibald Road Kelston Auckland 0602



kdec@deafeducation.nz  8.00am-4.30pm, Monday-Friday

(09) 827 4859 Some charges may apply. http://www.kdec.school.nz No referral required.

**Kereru Psychotherapy and Counselling Services Ltd**

FSD0015078 Last updated 05/10/2020

We specialise in working with children, young people, adults and families/whanau with a range of issues. We offer critical incident debriefing, cultural and clinical supervision and consultancy services. Our service specialises in indigenous models of practice.

Presenting issues may include parenting, fertility issues, alienation and dispossession, mens issues, depression, anger management, developmental and attachment issues, grief and loss, mental health issues, sexuality, difficult behaviours, medical illness and more.

33 Mokoia Road Birkenhead Auckland 0626



kereru.psychotherapy@gmail.com  Monday to Friday. Different practitioners work

(021) 251 2829 varying hours. (021) 034 0764 Some charges may apply. http://www.kidslink.co.nz/services- Referral may apply. view/kereru-psychotherapy-counselling/

**Kidsline**

FSD0003474 Last updated 22/12/2020

Kidsline is a free, nationwide telephone counselling serivce for children up to 18. Our service is free and confidential. Contacting Kidsline is easy. We are available 24/7 - call us on 0800 kidsline.

If you would like to speak with one of our Buddies call the same number between 4pm-9pm weekdays from your home phone or mobile phone.

Remember: It helps to talk.

95 Great South Road Greenlane Auckland City



(0800) 543 754   We are a 24/7 service. Callers can talk to a http://www.kidsline.org.nz trained Kidsline Buddy between 4 - 9pm weekdays.

All services free of charge. Referral may apply.

**Kidz First - Child Development Team**

FSD0015244 Last updated 05/10/2020

A community based team, providing therapy and social work to enable children with special needs and their families/whanau to achieve their full potential in their daily lives.

We are an interdisciplinary, allied health team which includes Occupational Therapy,

Physiotherapy, Speech Language Therapy, Social Work and Visiting Neurodevelopment Therapy.

95 Wiri Station Road Manukau City Manukau 2104



healthinfo@middlemore.co.nz  8am to 4.30pm Weekdays (09) 263 0792 ext 53202 All services free of charge.

(09) 263 0790 Referral may apply.

http://www.countiesmanukau.health.nz

**Kidz First Centre for Youth Health**

FSD0015243 Last updated 23/12/2020

Kidz First Centre for Youth Health is a team of health professionals who provide advice and support for young people aged 12-24 years, along with their whaanau/families. Our team includes nurses, doctors, social workers and youth health workers. We provide support to young people experiencing health issues that have a significant impact on their lives.

95 Wiri Station Road Wiri Auckland 2104



cfyh@middlemore.co.nz  Monday to Friday, 8.00am to 4.30pm

(09) 261 2272 Some charges may apply. http://www.countiesmanukau.health.nz/ Referral may apply.

**Kidz Social Services**

FSD0017562 Last updated 08/01/2021

We are a counselling and social worker agency specialising in therapuetic work with children and

their families/whanau.

8 Graham Street Pukekohe 2120 kidzsocialservices@xtra.co.nz 



(09) 238 1612

(027) 536 0612

Contact by phone or email Koha/donation may apply. No referral required.

**Kirk Vette - Counsellor**

FSD0015442 Last updated 02/07/2020

Provides counselling for individuals , couples and families. I work with a wide range of issues including Depression, Anxiety , Relationship issues and anger management to name a few.

I also offer Clinical supervision. And do work for various EAP companies.

Youthline House 13 Maidstone Street Ponsonby Auckland



kirkdv@gmail.com  Please contact for appointment times.

(027) 222 5637 Some charges may apply.

No referral required.

**Kits Club Ltd**

FSD0023570 Last updated 31/08/2020

This is Kit’s Club, which is an educational club of comprehension and arts in North Shore

Auckland, We concentrate on children’s study in a relaxed and happy environment. We have an after school care programme that runs from 3pm to 6pm every school day, which is convenience for parents who always find themselves rushing at end of the day, trying to collect children, do homework etc. We will provide afternoon tea and supervise their homework, then we do fun activities with them so parents can rest assured that children are safe, secure and having a friendly environment with great facilities.

We also provide tutorial classes after school time and on weekends, serving children and youth of all ages, encompassing a broad range of focus areas including academic support (Mathematics, English for international students, Science, Chinese language etc.), youth development, fun arts ( Digital Painting, Hip-Hop Dancing, Handcraft Making etc.).

Floor 1 28 William Pickering Drive Rosedale Auckland 0632



kitsclub@hotmail.com  10am to 6:00pm (09) 688 0018 Some charges may apply.

(021) 753 636 No referral required. http://www.kitsclub.co.nz/

**Lets Get Legal NZ**

FSD0023090 Last updated 26/03/2021

Lets Get Legal NZ exists to support young people & families to open up new opportunities for themselves in the area of Education, Employment & to help them gain their independence by attaining a drivers licence.

We provide one of the fastest learner licence workshops in the country, Fast

Learner/Restricted/Full licence Ebooks and are the creators of New Zealand's first and only Restricted driving licence APP.

We have a 98% pass rate.

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| info@letsgetlegalnz.co.nz  (021) 802 791 http://www.letsgetlegalnz.com      **Life Therapies** | ONLINE ONLY  Some charges may apply. No referral required. |
| FSD0022894 | Last updated 06/04/2021 |

Providing private and confidential counselling, life coaching, and personal training services to anyone looking for life changes. Receive support that is unwavering, encouraging, accepting, and empowering.

300 Richmond Road Grey Lynn Auckland 1021



contact@lifetherapies.co.nz  Mon & Tues 9am - 6pm

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| (022) 456 6540 http://lifetherapies.co.nz      **Lifeline Aotearoa** | Wednesday to Friday: 9am-4pm | |
| Some charges may apply. No referral required. |  |
| FSD0003380 |  | Last updated 09/06/2020 |

24/7 crisis helpline and face to face counselling service.

 95 Great South Road Epsom Auckland

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| info@lifeline.org.nz (09) 909 8750  (0800) 543 354 http://www.lifeline.org.nz | Office: 9 -5 p.m.  Helpline 24/7 0800543354 Some charges may apply.  No referral required. |

**Lifeline Aotearoa Suicide Prevention**

FSD0008305 Last updated 08/12/2020

Lifeline Aotearoa provides training in suicide prevention and resilience. Lifeline are working to support employee wellbeing being utilised as a platform for equipping everyday Kiwis with the skills to build knowledge, awareness and confidence to reduce suicides. This initiative arose from Lifeline’s desire to have as many people as possible trained in suicide awareness and prevention; and through equipping our workforce, these vital lifesaving skills transfer through to family, whnau, friends and communities of trained employees.

95 Great South Road Epsom Auckland 1051



office@lifeline.org.nz  Lifeline 24/7 Helpline

(09) 909 8750 0800 543 354 or free text HELP (4357)

http://www.lifeline.org.nz Suicide Crisis Helpline | 0508 TAUTOKO (0508

82 88 65)

Some charges may apply. No referral required.

**Literacy Aotearoa, Auckland North**

FSD0020522 Last updated 21/12/2020

Literacy Aotearoa is ...

a national organisation of adult literacy providers and is a leading commentator on literacy issues in Aotearoa (New Zealand).

Our definition of literacy is...

Literacy is listening, speaking, reading, writing, numeracy and critical thinking, interwoven with the knowledge of social and cultural practices.

Literacy empowers people to contribute to and improve society.

96 Bentley Avenue Glenfield Auckland 0629



info.c2@literacy.org.nz  Monday to Friday. 9.00 am - 3.30 pm (022) 359 6007 All services free of charge. https://www.literacy.org.nz/ No referral required.

**Literacy Aotearoa, Pukekohe**

FSD0000942 Last updated 16/04/2021

Mission

Literacy Aotearoa is established to develop, promote and deliver accessible, quality literacy services designed to ensure the peoples of Aotearoa are critically literate and able to realise their full social, cultural and economic potential.

Kaupapa

Literacy Aotearoa will honour Te Tiriti o Waitangi\* by operating in accordance with Tino Rangatiratanga and guided by Manaaki Tangata.

2 Wesley Street Pukekohe 2120



info.c2@literacy.org.nz  Monday - Friday 9:00 to 4:00

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| --- | --- |
| (09) 239 0316 (027) 2734263 http://www.literacy.org.nz/ | Or by appointment outside these hours.  All services free of charge.  No referral required. |

**Living Without Violence (Waiheke Network) Inc**

FSD0003646 Last updated 14/12/2020

We aim to empower the community of Waiheke to choose safe and respectful ways of living and relating. We work to eliminate interpersonal violence in all its forms by providing primary intervention services (counselling and group programmes), raising community awareness about the impacts of family abuse and domestic violence and advocating for just social and legal systems to protect and respect those impacted by family abuse and domestic violence.

 28 Hamilton Road Surfdale Waiheke Island 1081

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| office@livingwithoutviolence.co.nz  (09) 372 9220 (027) 385 3998 http://www.livingwithoutviolence.co.nz    **Classification : FVSS** | Monday to Thursday 9am-3pm.  Koha/donation may apply.  No referral required. |

**Loneliness New Zealand Charitable Trust**

FSD0023489 Last updated 01/04/2021

We are intent on conquering loneliness in New Zealand. People with loneliness struggle having quality relationships, and that can spiral their loneliness further, affecting work, study and home life. The distress of ongoing loneliness causes higher risk of physical and mental health problems including depression and suicide.

Our vision is that those who have loneliness are enabled to better understand themselves and the way they connect to others, and their world. Research shows that people need support to overcome prolonged loneliness, and is most effectively done through changing the way they think about themselves and others.

With our help people will experience significantly less pain that loneliness brings with it, and become stronger emotionally and mentally within themselves, increasing their resilience and dependency on others.

We provide support in the form of mentoring, and coaching through technology from our client's own home.

30A Bell Road Remuera Auckland 1050



admin@loneliness.org.nz  By arrangement, as we use Zoom and Skype or https://loneliness.org.nz/ equivalent technology. Contact first made

through the Get Started Form on our website or email admin@loneliness.org.nz Some charges may apply. No referral required.

**Mad Ave Community Trust**

FSD0023364 Last updated 13/01/2021

Mad Ave Community Trust is an NGO that is committed to activating thriving communities.

111 Apirana Ave Glen Innes Auckland 1072



tamati@madave.co.nz  Monday - Friday

(021) 025 04776 9.00 - 5.00pm

http://www.madave.co.nz Koha/donation may apply.

Referral may apply.

**Mahi Marumaru**

FSD0021213 Last updated 15/04/2021

Community Based Alcohol and Other Drug Peer Support Services Counties Manukau&Franklin Area.

The peer support service supports people who have alcohol and/or other drug issues by inspiring hope and motivation; sharing information about resources and enabling service users’ active participation in their own recovery process. This support is provided by peers who have gained strength and understanding through their own lived experience.

The service is mobile and actively works with providers of specialist alcohol and other drug services in order to enhance outcomes for people using their services.

The holistic support provided by this service is individualised in order to best engage with each service user, model hope for recovery, encourage self-awareness about what works for the person, and develop understanding and support by becoming part of the community.

28D Lambie Drive Papatoetoe Auckland 2104



reception@ember.org.nz  Mahi Marumaru - Alcohol and Other Drug Peer (09) 263 5923 Support Service is 9am - 5pm service with http://www.ember.org.nz flexibility around supportive activities to be negotiated outside of these times.

All services free of charge. No referral required.

**Man Alive Charitable Trust**

FSD0003555 Last updated 22/12/2020

Working for men and boys in the community. Man Alive Men's Centre Offices in Auckland Region:

Henderson, Glen Innes; Northland Region: Whangarei, Kaikohe, Dargaville and Kaitaia.

11 Edmonton Road Waitakere City



info@manalive.org.nz  8.30am - 5.00pm Monday to Friday, groups

(09) 835 0509 meetings run in the evening. (0800) 826 367 Some charges may apply. http://www.manalive.org.nz No referral required.

**Classification : FVSS**

**Mangere Budgeting Services Trust**

FSD0005954 Last updated 01/10/2020

We are a not-for-profit, social service providing Budgeting, Education, Housing Advocacy, Food

Parcels (criteria applies) and Social Service Support to the community of Mangere and South Auckland. We are also a Lead Agency for Strengthening Families.

59B Mahunga Drive Mangere Manukau 2022



appointments@mangerebudgeting.org.nz  Monday to Friday. 9am to 4pm. Financial

(09) 275 2266 capability: AUCKLAND CENTRAL and SOUTH http://www.mangerebudgeting.org.nz ONLY.

All services free of charge. No referral required.

**Classification : BFC**

**Mangere Community Law Centre**

FSD0003516 Last updated 08/12/2020

The law office serves Mangere residents only! Telephone information and referral details for those outside our area. No commercial or estate work. Services generally aimed at low income earners and beneficiaries.

 Unit 9/Shop 27 27 Mangere Town Square Mangere Auckland 2022

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| reception@mangerelaw.org.nz  (09) 275 4310 http://www.communitylaw.org.nz | Open 9.00am - 5.00pm, Monday to Friday.  closed 1.00 to 2.00pm Wednesdays & Fridays Some charges may apply.  No referral required. |

**Mangere East Community Centre**

FSD0005829 Last updated 30/04/2021

We provide a variety of programmes for families in the community. Before and After school Care,

Holiday Programmes, Community Education and Study Support (ACCESS) programmes at the

Mangere East Community Centre. Community Classes include, English for Speakers of other Languages, Zumba, Samoan, Salsa, Fitness, Cook Island Dance, Ukulele, Korowai, Parenting Programmes, Te Reo Maori, Tai Chi.

372 Massey Road Mangere East Manukau



info@mangereeast.org  7.00am - 6.00pm Monday to Friday

(09) 275 6161 Some charges may apply.

(029) 773 0146 No referral required. http://www.mangereeast.org

**Classification : OSCAR**

**Manukau Superclinic Audiology**

FSD0008171 Last updated 14/07/2020

Manukau Superclinic provides public Audiology services for the Counties Manukau DHB region.

901 Great South Road Wiri Auckland 2104 customerservice@superclinic.co.nz  Monday to Friday 8:00 am - 4:30 pm.



(09) 277 1610 Some charges may apply. https://www.healthpoint.co.nz/public/ent- Referral may apply.

head-neck-surgery/counties-manukauhealth-audiology/

**Manurewa Leisure Centre**

FSD0022331 Last updated 26/06/2020

We are the Manurewa Leisure Centre located on Frances Street.

We offer a range of recreation programmes including; Before and After school childcare which is

Ministry of Social Development approved with some families having the possibility of qualifying for WINZ subsidies. Exciting Holiday Programme activities are also a highlight for children attending along with our female youth programme T.W.E.R.K.

Other programmes we facilitate include Pre-school gymnastics, Timberwolves Basketball coaching and the McDribblers Junior Basketball Competition which help to build the dreams of our upcoming superstars.

If martial arts is more their speed sign them up in a karate class! Other activities here at the Centre include line dancing, Men's Move It and Tai Chi.

33 Frances Street Manurewa Auckland 2102



manurewaleisure@aucklandcouncil.govt.n  8am-6pm weekdays z Some charges may apply.

(09) 261 8303 No referral required. http://www.aucklandcouncil.govt.nz

**Classification : OSCAR**

**Margo Regan**

FSD0023428 Last updated 04/03/2021

Specialised counselling for couples, relationship, addiction, sex therapy, alcohol, drug, pornography and sex addiction.

72 College Hill Freemans Bay Auckland 1011



margotoregan@gmail.com  Mon-Sat 9.30am-7pm (021) 032 2563 Some charges may apply. https://www.relationshipcounsellingtherap No referral required. y.com/

**Massey Community Trust**

FSD0020852 Last updated 23/04/2021

We focus on delivering programmes and services that empower people to make positive, effective changes in their lives and that enable positive integration to community and society. Our Trust achieves this through various support programmes including Celebrate Recovery and Breakfr3. “Celebrate Recovery” is a 12 step programme that runs for 52 weeks a year offering a community of care approach for adult participants to work through their hurts, habits and hangups through sharing a meal together, teaching, story telling and small groups. “BreakFr3” is a youth recovery programme for 12-24 year olds that are dealing with issues around abuse, drug and alcohol, petty crime, violence, sexuality, anxiety, depression, identity and family dysfunction. Breakfr3 runs weekly throughout the school terms, providing support, developing talent and growing selfconfidence through interactive learning, story telling and sharing in small groups.

8 Vadam Road Massey Auckland 0614 info@celebraterecovery.co.nz  Please call or email to make an appointment.



(09) 833 3107 Some charges may apply.

No referral required.

**ME Family Services**

FSD0003564 Last updated 19/03/2021

Our Mission:

ME Family Services offers young children and families a safe haven and the inspiration to develop their life skills, their enjoyment of life and their participation in a just and caring society.

16-18 Ferguson Street Mangere East Auckland 2024



mefsc@mefsc.org.nz  Mon - Fri 8.00am - 4.00pm

(09) 256 0810 Some charges may apply.

(09) 281 5805 Referral may apply. http://www.mefsc.org.nz

**Mental Health Foundation of New Zealand**

FSD0003388 Last updated 18/12/2020

The Mental Health Foundation is a charity that works towards creating a society free from discrimination, where everyone can enjoy positive mental health and wellbeing, throughout the ups and downs of life.

We aim to increase awareness about mental health and mental illness so everyone feels comfortable asking friends and whnau if they are okay.

Our information and resources are provided for free, and we also run national campaigns such as Mental Health Awareness Week and New Zealand’s largest anti-bullying campaign, Pink Shirt Day.

Level One (Units 109-110) 23 Edwin St Mt Eden Auckland 1024



info@mentalhealth.org.nz  9am - 4.30pm weekdays.

(09) 623 4810 All services free of charge.

(09) 623 4812 No referral required. http://www.mentalhealth.org.nz

**Mental Health Services & Addictions - Waitemata DHB**

FSD0015258 Last updated 28/10/2020

Specialist Mental Health & Addiction Services includes Adult Mental Health Services, Child & Youth Mental Health Services, Maori Mental Health Services and Pacific Mental Health Services to North Shore and Waitakere cities and rural Rodney County.

44 Taharoto Road Takapuna



(0800) 800 717  8am - 4.30pm office hours. Crisis teams are 24

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| (09) 487 1300 http://www.waitematadhb.govt.nz/      **Migrant Action Trust** | hours 7 days on 0800 number.  All services free of charge. No referral required. |
| FSD0015982 | Last updated 15/04/2021 |

Support migrants and former refugees successfully settle in NZ through finding employment, helping get an appropriate driver's license via the community driving school, giving away free blankets, provision of a community toy library and supporting various ethnic community groups. 766 Sandringham Road Extension Mt Roskill Auckland 1041 info@migrantactiontrust.org.nz  9 am - 5 pm Mon - Fri



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| (09) 629 3500 (027) 229 35002 http://www.migrantactiontrust.org.nz      **Mika Haka Foundation** | After hours and weekends by appointment Some charges may apply. Referral may apply. |
| FSD0020591 | Last updated 06/07/2020 |

The Mika Haka Foundation exists to ignite young minds and transform bodies towards better lives through the performing arts and physical culture.

The Mika Haka Foundation invites people of diverse ethnicities, cultures, sexualities and religions, living in Aotearoa/New Zealand, to find pathways towards better health and education opportunities through physical culture and the performing arts.

We aim to provide young people with direction and create an understanding of self-discipline and boundaries. Maori refer to this as Tikanga. This direction helps to empower young people to set goals and take responsibility for their own lives. We promote healthy living and always aim to lead by example.

We want to provide an environment of inspiration, encouraging dreams and the idea that nothing is impossible - to push yourself to new heights, to have no fear of failure and to be in a constant state of learning.

111B May Road Mount Roskill Auckland 1041



admin@mika.co.nz  Monday - Friday, 10am - 5pm

(09) 620 6111 All services free of charge. http://www.mikahaka.com/foundation Referral may apply.

**Ministry of Education, Learning Support, Auckland**

FSD0006541 Last updated 31/10/2020

We work with others to ensure children with additional learning needs have the opportunity to learn alongside their peers.

 Level 1 102 Rosedale Road Albany Auckland 0632

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| enquiries.auckland@education.govt.nz  (09) 487 1100  (0800) 622 222 https://education.govt.nz/ministry-ofeducation/specific-initiatives/specialeducation-update/ | 8.00am - 5.00pm Monday to Friday.  All services free of charge.  Referral may apply. |

**Monte Cecilia Emergency Housing Trust**

FSD0003875 Last updated 14/01/2021

Provision of emergency housing for low income families and their children.

housing@montececilia.org.nz  Office hours - 9.00am - 5.00pm, Mon - Fri

(09) 275 6661 Some charges may apply. http://montececilia.org.nz/ No referral required.

**Classification : THP**

**MPHS Community Trust**

FSD0020592 Last updated 11/01/2021

Local community development organisation enabling the development and co-ordination of local projects and programmes that promote a connected and well community.

27 Corban Avenue Henderson 0612



info@mphs.org.nz  9.00am to 4.30pm Monday to Friday

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| (09) 838 4820 http://www.mphscommunity.org      **MSL Training** | All services free of charge. No referral required. |
| FSD0021528 | Last updated 15/09/2020 |

MSL Training is a South Auckland based tertiary educator, with over 13 years experience.

MSL delivers education and training in three main areas:

Service Sector courses Hospitality, Retail and Customer Service

English language, Literacy, Numeracy and Core Foundation Skills

Targeted training, career development and employment placement.

Our core business and organisational focus is in providing Foundation, Breakthrough and SecondChance Education to under-represented groups in the Auckland region.

MSL Training is a New Zealand government endorsed Category 1 provider with a dual ‘Highly Confident’ rating in our latest EER. This puts us among the most successful training providers in the country.

MSL has an outstanding track record of success and a real passion for what we do. An NZQA external review [EER] observed that “Programmes of study are clearly meeting the needs of the learner and are effectively delivered by competent, passionate, and caring staff”.

603 Great South Road Manukau Auckland 2241



info@msltraining.ac.nz  Office Hours: 8:30am - 5pm Monday through

|  |  |
| --- | --- |
| (0800) 22 44 38 Thursday  (09) 263 6940 Friday close at 4:30pm  http://www.msltraining.ac.nz All services free of charge.  Referral may apply.      **Mt Albert Community & Leisure Centre** |  |
| FSD0003392 | Last updated 15/09/2020 |

We build strong kids, strong families and strong communities

You’ll find it all at Mt Albert Community and Leisure Centre managed by YMCA.

We reckon that strong families have fun and stay healthy together.

The fitness facilities and programmes on offer at the YMCA Mt Albert Community and Leisure Centre will help to get your family moving together, with sports for kids, group fitness classes and a range of membership options to suit your needs.

773 New North Road Mt Albert Auckland 1025



mtalbert@ymcaauckland.org.nz  Monday to Thursday 6 am - 9 pm

(09) 846 0788 Friday 6 am to 8 pm

http://ymcaauckland.org.nz Saturday and Sunday 8 am till 5 pm.

Some charges may apply. No referral required.

**Mt Tabor Trust**

FSD0003876 Last updated 15/02/2021

An intentional community welcoming adults with an intellectual disability into houses in Helensville and West Auckland. Lifestyle encourages independence, personal values, personal responsibilities and awareness of individual choices for people with intellectual or sensory disabilities.

20 Garfield Road Helensville 0800



office@mt-tabor.org.nz  Monday to Friday 9am - 5pm

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| (09) 420 9701 http://www.mt-tabor.org.nz      **Narrative Pathways** | Some charges may apply. No referral required. |
| FSD0018647 | Last updated 13/04/2021 |

Specialist counselling and support for boys, teenagers (male and female), families, men and couples. LGBTI specialist and ACC registered with Youthline.

Since 1993 Nigel has provided counselling support in New Zealand, England and USA, including work as a School Guidance Counsellor, E.A.P Counsellor and couples / family therapist in his own practice in Auckland.

Nigel holds a Masters Degree in Counselling (Narrative Practice) and is a lecturer in the Bachelor of Social Practice Programme at Unitec, Auckland.

Nigel is available in-person in Auckland and online nation-wide.

In addition to counselling, Nigel provides clinical supervision to counsellors, social workers and others in senior roles within the helping professions, and Wellbeing seminars and workshops nationwide by arrangement.

 10 Fontenoy Street Mount Albert Auckland 1025

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| nigel@narrativepathways.com  (021) 834 413 http://narrativepathways.com      **Netsafe** | Fridays (during business hrs) but also some evenings by special arrangement.  Call me to discuss your needs and we will find a time that works for us both. In-home appointments can also be arranged.  Some charges may apply. No referral required. |
| FSD0005952 | Last updated 15/12/2020 |

We keep people safe online. Our service is free and confidential, and available to everyone seven days a week.

As New Zealand’s independent, non-profit online safety organisation we can help you. Whether you’re dealing with online bullying, scams or need advice about another online issue for yourself or someone else, we can support you.

Under the Harmful Digital Communications Act 2015, we can also provide support and advise how the law may apply to you if you're being harassed, abused or bullied online. Find out more at netsafe.org.nz/what-is-the-hdca.

Visit netsafe.org.nz for information on a range of online topics. There’s advice for parents, young people in fact everyone in New Zealand. You can contact the team in four ways.

Call toll-free 0508 NETSAFE (0508 638 723)

Email help@netsafe.org.nz

Fill out a report form netsafe.org.nz/report

Text ‘Netsafe’ to 4282

help@netsafe.org.nz  8am-8pm Monday to Friday. 9am-5pm on (0508) 638 723 weekends and public holidays. https://www.netsafe.org.nz/ All services free of charge.

No referral required.

**New Zealand AIDS Foundation (NZAF)**

FSD0008153 Last updated 16/11/2020

The New Zealand AIDS Foundation is New Zealand's leading HIV prevention and health services organisation.

31 Hargreaves Street College Hill Auckland 1011



contact@nzaf.org.nz  Mon - Fri, 9.00am - 5.00pm

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| --- | --- |
| (0800) 802 437 (09) 303 3124 http://www.nzaf.org.nz | Testing and counselling times differ between centres - visit nzaf.org.nz/test/ to book an appointment with your nearest location.  All services free of charge.  No referral required. |

**New Zealand Chinese Youth Trust**

FSD0003827 Last updated 20/03/2021

The Youth Trust aims to equip youths of Chinese origin, residing in New Zealand, with the necessary social, leadership and life skills to become fully integrated and contributing members of New Zealand society.

Milford Sea Scout Centre 24 Craig Road Milford North Shore City mario@nzcyt.org.nz  9 am to 5 pm (09) 479 9736 Some charges may apply.



(021) 258 5418 No referral required. http://www.nzcyt.org.nz

**New Zealand Creative Enterprise**

FSD0021362 Last updated 03/02/2021

A niche contractor providing programmes for sustained employment for clients of Work & Income. We provide a number of workshops and career counselling services designed for improving the working life of our participants. These programmes focus on CV preparation, job search, career action plans, business action plans, business plans, business development and mentoring, and creative careers planning. Workshops: Be Your Own Boss course, interview coaching, personal branding and identity development, portfolio and presentation, digital strategies, social media marketing, freelancing/contracting, and marketing. Services: CV writing, MBTI™ personality profiling, interview coaching, career coaching, and career counselling.

830 New North Road Mt Albert Auckland



(027) 599 8188  By appointment and referral only as workshops

http://www.nzcreativeenterprises.com run at different times. Otherwise appointments

are made at the appropriate W&I sites. Visitors check website for contact information.

All services free of charge. Referral may apply.

**North Harbour Budgeting Services Inc**

FSD0005924 Last updated 05/12/2020

North Harbour Budgeting Services Inc. offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

We also offer custom made seminars on money management by Community Educators for community organisations, businesses, education providers and other groups upon request.

Call us free on 0800 159 158

Room 12 Level 2 Lion Foundation House 3 William Laurie Place Albany Auckland info@nhbudgeting.org.nz  Mon-Fri 8.30am - 4.30pm



|  |  |
| --- | --- |
| (09) 448 5655 (0800) 159 158 http://www.nhbudgeting.org.nz    **Classification : BFC** | Evening and weekend appointments available upon request.  We are available for appointments at locations throughout the North Shore and Orewa.  Call free on 0800 159 158 All services free of charge.  No referral required. |

**North Harbour Living Without Violence Inc.**

FSD0003542 Last updated 27/07/2020

Education programmes for male perpetrators of violence; support and education programmes for women and children victims of violence and abuse; anger management.

The Richardson Centre 431 Lake Road Takapuna North Shore 0622



(09) 489 3770  9am - 4pm Monday to Friday, some sessions http://www.livingwithoutviolence.org.nz Sat.

Some charges may apply. No referral required.

**Classification : FVSS**

**North Shore Riding for the Disabled**

FSD0015304 Last updated 12/01/2021

Provide therapeutic horse riding for disabled clients in the North Shore and Rodney Districts.

79 Aubrey Road Stillwater Auckland 0993



info@northshorerda.org  Monday - Thursday 8.30 am - 1.30 pm during the

(09) 426 8110 school terms only

http://www.northshorerda.org Some charges may apply.

Referral may apply.

**North Shore Women's Centre**

FSD0003480 Last updated 29/01/2021

Information, support and referral service for women and girls from age 12. Providing social work support, counselling service, free legal clinic and clothing exchange. Personal development and interest classes during school term.

5 Mayfield Road Glenfield Auckland 0747



women.ctr@xtra.co.nz  Monday to Friday 9am - 3.30pm

(09) 444 4618 Some charges may apply. http://www.nswomenscentre.co.nz No referral required.

**NZ Al-Anon General Services**

FSD0003586 Last updated 06/08/2020

Support groups for family and friends who have been affected by someone else's drinking. It is an anonymous programme.

Level 2 78 Pitt Street Auckland 1010



office@al-anon.org.nz  Office Hours: 10.00am-3.30pm Tuesday to (09) 309 4792 Thursday. Please visit website for meeting times

(0508) 692 476 and venues. http://www.al-anon.org.nz All services free of charge.

No referral required.

**Odyssey - Adult / Young Adult**

FSD0003407 Last updated 12/02/2021

A charitable trust which runs residential and non-residential (youth only) drug, alcohol / gambling and other associated problems treatment with separate programmes for young adults, adults, adolescents and parents with children and the Co-Existing disorders clients.

Unit 4 3029 Great North Road New Lynn Auckland



admissioncentre@odyssey.org.nz  9.00am - 5.00pm, Monday to Friday

(09) 638 4957 All services free of charge. http://www.odyssey.org.nz No referral required.

**Ohana Young Parent Charitable Trust**

FSD0021600 Last updated 17/07/2020

We are a charitable trust providing a parenting course for young parents in West Auckland.

Our Mission Statement:

Ohana Is for Young parents to learn to care and nurture their baby through becoming confident and self-assured. Young parents who know who they are, are resilient and feel nurtured themselves. Young parents, who can enjoy the love of parenthood, feel good about themselves and have ambitions and hopes for the future…

We also provide support and guidance for parents wishing to complete their NCEA levels 1, 2 and 3.

 86 Kaurilands Road Glen Eden Waitakere 0604

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| info@ohana.org.nz (09) 818 5062 http://www.ohana.org.nz | Open Mon-Fri 8.00am-4.00pm All services free of charge.  No referral required. |

**Onepoto Awhina Incorporated Society**

FSD0003739 Last updated 05/08/2020

To assist families and individuals within the Northcote area by addressing socio-cultural issues including education, health, employment, advocacy and empowerment through cultural growth.

Northcote Community House 65 Pearn Crescent Northcote Auckland 0627 onepoto1@xtra.co.nz  Weekdays



(09) 419 1692 Office 9.30-4.30

(021) 153 2126 Educare Centre 8.00-5.00 http://www.northcotecommunity.co.nz Some charges may apply. Referral may apply.

**Classification : OSCAR**

**Open Home Foundation (OHF) - Auckland**

FSD0007283 Last updated 27/10/2020

Our Mission is to provide quality child centred family focused Christian social services. The Open Home Foundation is a Christian Child and Family Support Service that works within the provisions of the Children, Young Persons and Their Families Act (1989). We have 14 centres throughout NZ and we provide quality services for children, young people and their family/whanau.

Level 3 130 Khyber Pass Road Grafton Auckland 1023



auckland@ohf.org.nz  8:30am - 5:00pm Monday to Wednesday

(09) 634 2057 Some charges may apply. http://www.ohf.org.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Grey Lynn**

FSD0006951 Last updated 10/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

490 Richmond Road Grey Lynn Auckland 1021



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Mangere**

FSD0020392 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Level 1 93 Mascot Avenue Mangere Auckland 2022



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Manurewa**

FSD0006956 Last updated 09/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

7 Alfriston Road Manurewa Auckland 2102



contact@ot.govt.nz  All services free of charge.

(0508) 326 459 No referral required.

(0508) FAMILY https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Onehunga**

FSD0019126 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

281-289 Onehunga Mall Onehunga Auckland 1061



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Orewa**

FSD0019123 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

First Floor 27 Florence Avenue Orewa



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand)

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| (0508) 326 459 (0508) FAMILY https://www.orangatamariki.govt.nz/ | All services free of charge. No referral required. |

**Oranga Tamariki-Ministry for Children, Otahuhu**

FSD0006953 Last updated 13/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Level 1 4 Fairburn Road Otahuhu Auckland 1062



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Otara**

FSD0006954 Last updated 20/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

52 Lovegrove Crescent Otara Auckland



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Panmure**

FSD0019125 Last updated 21/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

47 Lunn Avenue Panmure Auckland 1072



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Papakura**

FSD0006955 Last updated 20/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

20-22 Queen Street Papakura Auckland 2110



contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Pukekohe**

FSD0020381 Last updated 21/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

Level 1 9-11 Tobin Street Pukekohe 2340



contact@ot.govt.nz  +64 9 912 3820 (from outside New Zealand) (0508) 326 459 All services free of charge.

(0508) FAMILY No referral required. https://www.orangatamariki.govt.nz/

**Oranga Tamariki-Ministry for Children, Takapuna**

FSD0006948 Last updated 21/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

 64 Anzac Street Takapuna 0622

contact@ot.govt.nz  If you're overseas:

(0508) 326 459 Call +64 9 912 3820

(0508) FAMILY All services free of charge. https://www.orangatamariki.govt.nz/ No referral required.

**Oranga Tamariki-Ministry for Children, Waitakere**

FSD0006950 Last updated 20/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

1-st Floor 36-44 Sel Peacock Drive Henderson Auckland 0610



contact@ot.govt.nz  If you're overseas:

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| (0508) 326 459 (0508) FAMILY https://www.orangatamariki.govt.nz/      **Oranga Youth Collective** | Call +64 9 912 3820  All services free of charge.  No referral required. |  |
| FSD0022638 |  | Last updated 18/12/2020 |

We serve the homeless, disadvantage families and senior citizens of the

Oranga/Onehunga/Mangere communities and Auckland wide. We also run weekly programmes for the Youth in the Maungakiekie Area and providing a free school holiday programme for Oranga/Onehunga/Penrose at the Oranga Community Centre on Waitangi Road.

Oranga Community Centre 52C Waitangi Road Onehunga Auckland 1061



info@synergypro.nz  Monday - Friday 10am to 3pm (027) 958 9070 All services free of charge. https://www.facebook.com/SynergyProject No referral required. s/

**Order of St John - Youth Services**

FSD0015957 Last updated 23/10/2020

To provide a safe and secure environment where young people learn first aid, health care, self discipline and general life skills.

604 Great South Road Greenlane Auckland



youth.northern@stjohn.org.nz  Monday to Friday 8am - 5pm

(0800) STJOHN Koha/donation may apply.

(0800) 785 646 No referral required. http://www.stjohn.org.nz/What-wedo/Youth-Programmes/

**Otahuhu Pool & Leisure Centre**

FSD0020593 Last updated 20/04/2021

The Otahuhu Pool & Leisure Centre is a community facility with a youth focus. We have NZ's only indoor "bombing" pool, a specialist learn to swim pool, lap & leisure pools, a sports stadium with dance mirrors, outdoor basketball court, park and playground areas. The complex is also comprised of the Otahuhu Library and a Cafe. It is the Otahuhu community hub where young people love to gather.

30 Mason Avenue Otahuhu Auckland



otr@clmnz.co.nz  All services free of charge.

(09) 276 8207 No referral required.

(027) 467 7131 http://www.otahuhurec.co.nz

**Otahuhu Town Hall Community Centre**

FSD0018822 Last updated 11/02/2021

To provide a place for community residents to enable them to meet in a drop in situation or take part in programmes that are organized to meet the needs of the community. To act with the Auckland Council and the Local Board concerning the use of the community centre,supplying monthly reports as directed. To promote cultural,educational and recreational activities in and for the benefits of all residents of the Otahuhu district. To set hireage that may be reasonable and appropriate at a level that is affordable by user groups and to change these charges when necessary. To provide a venue for social services and community networking needs.

10 High Street Auckland Central Auckland 1010



makeritaothcc@gmail.com  OSCAR Monday - Friday

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| (09) 276 7346  (09) 276 7343 https://www.otahuhutownhall.com/    **Classification : OSCAR**    **Otara Health Charitable Trust** | Before care 6am - 8am  ASP 1.45pm - 6pm  School Holiday 8am - 6pm  Centre office Monday - Friday 9am - 3pm Some charges may apply. Referral may apply. |
| FSD0020612 | Last updated 07/07/2020 |

Otara Health Inc started in May1998. In September 2010 its status was changed from an Incorporated Society to a Charitable Trust. Known as Otara Health, it remains today an integral part of the community. Otara Health is building a child centred community and want to have all Otara's children thrive and achieve within a nurturing family environment and a healthy, flourishing community.

General Information: Our services are free. including:

1. Kaitohutohu - home based service for people or families with complex needs. SUDI educationand Pepi pods.
2. Parenting programmes - teen parenting, HIPPY programme and Incredible Years.
3. Active Families - Healthy food sessions, and other lifestyle information.
4. Neighbourhood Support - we work together to provide and support healthy safeneighbourhoods.
5. Community Leadership - lead and support smokefree town centres, alcohol and gamblingoutlets, and supporting awareness and action on issues of child abuse and family violence.

Shop 3, Otara Town Centre - Fair Mall Lane Otara Auckland 2023 carol@otarahealth.org.nz  8.30am to 4.30pm



(09) 274 8355 Monday to Friday

http://www.otarahealth.org.nz All services free of charge. Referral may apply.

**OUTLine New Zealand Incorporated**

FSD0003347 Last updated 19/10/2020

OUTLine is a national service that helps LGBTIQ+ New Zealanders (and their friends and whnau) to access support, information and a sense of community. We currently provide a free peer support phone line, a transgender peer support service for trans and non-binary people in Auckland, and specialist face-to-face and video counselling exploring gender and sexuality for LGBTIQ+ people across Aotearoa.

OUTLineNZ (Nationwide), Level 2 31 Hargreaves Street Auckland 1011



info@outline.org.nz  Every Day: 6 pm - 9 pm (messages can be left

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| (0800) 688 5463 / OUTLINE  (09) 281 3409 http://www.outline.org.nz/ | outside of these hours) Some charges may apply.  Referral may apply. |

**Pakuranga & Howick Budgeting Service Inc**

FSD0005930 Last updated 21/12/2020

To provide advice on budgeting to members of our community. To also provide learning opportunities where clients can understand what has worked for them in the past and how working with budgets and cashflows can help with planning for the future.

Pakuranga Library Building 7 Aylesbury Street Pakuranga Auckland 2010 budgeting@phbs.org.nz  Call for appointments



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| (09) 576 5222 (021) 026 09063 http://www.phbs.org.nz    **Classification : BFC** | All services free of charge. No referral required. |

**Pakuranga Counselling Centre**

FSD0003592 Last updated 15/03/2021

Confidential and professional counselling services for adults, adolescents and families including children from 4 years of age.

 207 Ti Rakau Drive Pakuranga Auckland 2010

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| reception@pakcc.org.nz  (09) 576 4248 (027) 717 8715 https://www.pakcc.org.nz/      **Pakuranga Leisure Centre** | Monday - Friday 9:00am - 5:00pm.  Saturday and after hours appointments | |
| available.  Some charges may apply.  No referral required. |  |
| FSD0022244 |  | Last updated 19/06/2020 |

We offer Holiday (OSCAR approved) programmes and recreation programmes.

Pakuranga Leisure Centre 13 Reeves Road Pakuranga Auckland 2010 pakurangaleisure@aucklandcouncil.govt.  Some charges may apply. nz No referral required.



(09) 261 8391 http://aucklandleisure.co.nz

**Classification : OSCAR**

**Panic And Anxiety Disorder Specialist**

FSD0022829 Last updated 29/06/2020

Affordable psychological services for individuals and families experiencing anxiety or panic, depression, poor sleep or related symptoms. Free educational family workshops. I have rooms in Warkworth, the North Shore and Grey Lynn. Self referrals or GP referrals are OK.

lyn@anxietyhelp.co.nz  9-5 weekdays http://www.anxietyhelp.co.nz Some charges may apply.

No referral required.

**Papatoetoe Adolescent Christian Trust**

FSD0003545 Last updated 21/01/2021

Mentoring, counselling, support, and activities for youth, especially at risk youth. Parenting programmes and resources. OSCAR approved school holiday programmes.

311 Great South Road Papatoetoe Manukau City



neda@pact.org.nz  Mon - Fri 9am-5pm (09) 279 8340 Some charges may apply. http://www.pact.org.nz No referral required.

**Classification : OSCAR**

**Papatoetoe Seventh Day Adventist Community Church**

FSD0023958 Last updated 22/04/2021

We provide community services for those in our immediate area (South Auckland) and for the Auckland region.

Church 16 Puhinui Road Papatoetoe Auckland 2104



info@papsda.co.nz  Office: Monday to Friday, 9am - 2pm.

(09) 278 7786

http://papsda.co.nz Enquire with the office for specific programs and

their times.

All services free of charge. No referral required.

**Patrick Au Professional Counselling Service for Chinese**

FSD0006093 Last updated 21/12/2020

Cultural specific services for Chinese people, Stopping Violence programmes, family counselling.

1/230 Manukau Road Epsom Auckland 1023



patau@xtra.co.nz  Some charges may apply.

(09) 522 0068 No referral required.

(021) 793 388

**Classification : FVSS**

**Paul Letham, Counsellor**

FSD0021752 Last updated 05/12/2020

A general counselling practice running as part of an established counselling practice in Mt Eden, Auckland. Specialist in LGBT, creatives/entertainment industry, depression, anxiety, existential issues, spirituality and relationship concerns.

92 Owens Road Mount Eden Auckland 1023



paul.letham@icloud.com  Monday: 11am to 9pm

(027) 255 3336 Tuesday: closed

https://www.talkingworks.co.nz/dir/Paul+L Wednesday: 11am to 7pm

etham.html Thursday: 11am to 9pm

Friday: 11am to 7pm Saturday: 9am to 1pm Some charges may apply. No referral required.

**Penina Trust**

FSD0023855 Last updated 19/01/2021

Penina Trust is a Non-Government Organisation that provides Mental Health & Addiction, and Housing services in the community.

Penina provides a wide range of services that include:

* Residential Rehabilitation Services (RRS)
* Youth Community Living Services (YCLS)
* Adult Community Living Services (ACLS)
* Cultural Support Services (CSW)
* Alcohol and Other Drugs Learning Development (AOD L&D)
* Awhi Ora (Primary Mental health)
* Transitional Housing Services (PHT)
* Social Housing Services (CHP)

186 Russell Road Manurewa Auckland 2102



admin@peninatrust.org.nz  8:30am - 5pm Monday - Friday

(09) 269 7989 All services free of charge. http://www.peninahealth.org.nz Referral may apply.

**Peter James Counsellor**

FSD0024534 Last updated 25/03/2021

I provide professional counselling to help adults with with stress, anxiety and depression related to life transitions, such as job loss, career change, migration or returning home from life overseas, relationship crisis and grief.

19 Queensway Three Kings Auckland 1024



peterjamescounsellor@gmail.com  Mondays: Three Kings Room, by appointment

(028) 461 6708 https://www.talkingworks.co.nz/dir/Peter+J Tuesdays: Online Sessions [Zoom, MS Teams

ames.html etc.], by appointment

Some charges may apply. No referral required.

**PGF Services - Auckland Branch**

FSD0006202 Last updated 01/04/2021

The Problem Gambling Foundation of New Zealand is now trading as PGF Group, the overarching brand for PGF Services, Asian Family Services and Mapu Maia Pasifika Service.

All services provide free, professional and confidential counselling for anyone affected by gambling problems. We also provide health promotion, education and information.

PGF Services: 0800 664 262 or email help@pgf.nz www.pgf.nz

Mapu Maia Pasifika Service: English, Samoan, Tongan and Tokelauan. Ph 0800 212 122 or email help@mapumaia.nz www.mapumaia.nz

Asian Family Services: Provided in English, Korean, Japanese, Cantonese, Mandarin, Thai,

Vietnamese and Hindi. Asian Helpline 0800 862 342 www.asianfamilyservices.nz All our teams provide presentations to community groups, businesses and schools We also provide referrals to budgeting or other services if required.

If you would like to make a time to discuss your own or someone else’s gambling contact us. It's free and confidential.

Problem Gambling Foundation of NZ, Level 1 128 Khyber Pass Road Grafton Auckland help@pgf.nz  8.30am to 5.00pm phone contact (0800) 664 262 All services free of charge. http://www.pgf.nz No referral required.



**PGF Services - Henderson**

FSD0017919 Last updated 16/04/2021

The Problem Gambling Foundation of New Zealand is now trading as PGF Group, the overarching brand for PGF Services, Asian Family Services and Mapu Maia Pasifika Service.

All services provide free, professional and confidential counselling for anyone affected by gambling problems. We also provide health promotion, education and information.

PGF Services: 0800 664 262 or email help@pgf.nz www.pgf.nz

Mapu Maia Pasifika Service: English, Samoan, Tongan and Tokelauan. Ph 0800 212 122 or email help@mapumaia.nz www.mapumaia.nz

Asian Family Services: Provided in English, Korean, Japanese, Cantonese, Mandarin, Thai,

Vietnamese and Hindi. Asian Helpline 0800 862 342 www.asianfamilyservices.nz All our teams provide presentations to community groups, businesses and schools We also provide referrals to budgeting or other services if required.

If you would like to make a time to discuss your own or someone else’s gambling contact us. It's free and confidential.

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| help@pgfnz.org.nz (09) 369 0723 (0800) 664 262 http://www.pgf.nz      **PGF Services - Takapuna** | 8.30am to 5.00pm phone contact All services free of charge. No referral required. |
| FSD0017921 | Last updated 01/04/2021 |

The Problem Gambling Foundation of New Zealand is now trading as PGF Group, the overarching brand for PGF Services, Asian Family Services and Mapu Maia Pasifika Service.

All services provide free, professional and confidential counselling for anyone affected by gambling problems. We also provide health promotion, education and information.

PGF Services: 0800 664 262 or email help@pgf.nz www.pgf.nz

Mapu Maia Pasifika Service: English, Samoan, Tongan and Tokelauan. Ph 0800 212 122 or email help@mapumaia.nz www.mapumaia.nz

Asian Family Services: Provided in English, Korean, Japanese, Cantonese, Mandarin, Thai,

Vietnamese and Hindi. Asian Helpline 0800 862 342 www.asianfamilyservices.nz

All our teams provide presentations to community groups, businesses and schools We also provide referrals to budgeting or other services if required.

If you would like to make a time to discuss your own or someone else’s gambling contact us. It's free and confidential.

1-7 The Strand Takapuna Auckland 0622



help@pgf.nz  8.30am to 5.00pm phone contact (0800) 664 262 All services free of charge. http://www.pgf.nz No referral required.

**PHAB Association Inc**

FSD0003509 Last updated 15/04/2021

PHAB facilitates a social groups for people with Physical Disabilities Auckland wide.

Our groups meet for 2 hours weekly during school terms.

PHAB is an inclusive organisation that "walks the talk" promoting self reliance that enhances the social opportunities for people with disabilities, and supporting our members towards designing meaningful lives for themselves.

8 Auburn Street Takapuna Auckland 0740



chewy@phab.org.nz  Mon - Fri 9.30am - 5pm (027) 433 4627 All services free of charge. http://www.phab.org.nz/ No referral required.

**Phoenix Centre (AOD)**

FSD0023450 Last updated 15/02/2021

The Phoenix Centre is a Mobile Community Alcohol & other Drug assessment and treatment service, based in the Counties Manukau District Health Board. Qualified Clinicians and Peer Support Specialists work together to deliver tailored and intensive treatment programmes that support clients in their immediate and long term recovery from addiction and substance abuse. Our team works closely with the individual to put together their recovery plan, supporting them to set goals, empower individuals with the skills they need to effect change in their own lives and community, and provide a key coordination role between the client, their family, the community and the resources they wish to access and use.

24 Coles Cres Papakura 2110



(09) 296 0983  8.00am - 4.30pm

Monday to Friday

All services free of charge. No referral required.

**Pillars Inc. - Auckland**

FSD0003639 Last updated 14/01/2021

Pillars provides wraparound support services for children of prisoners and their families / whanau during the sentence and up to 12 months after release of their parent from prison.

This provider offers a national helpline service.

Level 1 6A Jack Conway Avenue Manukau Auckland 2104



enquiries@pillars.org.nz  Availability 8.00am - 5.00, Mon-Fri (0508) 745 527 All services free of charge.

(021) 300 569 Referral may apply. http://pillars.org.nz

**Play It Strange Trust**

FSD0021815 Last updated 04/02/2021

We encourage young New Zealanders to develop interests and skills in music, composing and performance. We provide young New Zealanders with positive role models;

Give life skills to young New Zealanders, such as self-confidence, reliability, responsibility, communication and leadership, which will enable those young persons to make a positive contribution to New Zealand communities.

We encourage and facilitate opportunities for young New Zealanders to make, and experiment in, music that will reflect New Zealand’s unique characteristics, thereby encouraging creativity and innovation in New Zealand music.

The Play It Strange Trust was established in November 2003 to encourage young New Zealanders to develop interests and skills in songwriting and musical performance. The Trust intends running a range of programmes across New Zealand to achieve its purpose.

 Level 2 31C Cheshire Street Parnell Auckland 1052

|  |  |
| --- | --- |
| info@playitstrange.org.nz  (09) 377 7919 http://playitstrange.org.nz | Monday - Friday 9am-4pm All services free of charge.  No referral required. |

**Plunket - Northern Region - Central**

FSD0007434 Last updated 21/04/2021

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than eighty five percent of New Zealand families choose to use Plunket to help them care for their young children.

6 Enterprise Drive Henderson 0612



auckland.city@plunket.org.nz  8am-5pm Monday to Friday.

(09) 820 6532 All services free of charge. http://www.plunket.org.nz No referral required.

**Plunket - South Auckland Area Office**

FSD0007433 Last updated 23/08/2020

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to help them care for their young children.

Level 1 11 Vogler Drive Wiri Manukau 2241



counties.manukau@plunket.org.nz  830am-430pm

(09) 260 4111 Koha/donation may apply. http://www.plunket.org.nz No referral required.

**Plunket - Waitemata Area Office**

FSD0007432 Last updated 04/03/2021

Plunket believes in supporting the development of healthy families. All families with children under age five are welcome to use Plunket services and more than ninety percent of New Zealand families choose to use Plunket to support them in caring for their young children.

6E Enterprise Drive Auckland auckland.north@plunket.org.nz 



(09) 820 6532

(09) 838 0981 http://www.plunket.org.nz

8.30am - 4.30pm Monday to Friday All services free of charge. No referral required.

**Plunket Family Centre - Franklin Parents Room**

FSD0000966 Last updated 23/08/2020

Plunket believes in supporting the development of healthy families.

23 Wesley Street Kaiapoi 7630



(021) 246 7609  Monday to Friday

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| http://www.plunket.org.nz      **Pohutukawa Service** | All services free of charge. No referral required. |  |
| FSD0003696 |  | Last updated 13/04/2021 |

The Pohutukawa Clinic is a specialist medical and forensic service for adults and older adolescents (women and men) who have been sexually assaulted or abused.

We are a dedicated team of specially trained doctors and nurses.

We are committed to providing the highest quality health service that is sensitive, appropriate, accessible and that acknowledges social and cultural differences.If not available please contact Auckland Sexual Abuse HELP on (09) 6231700 counselling service.

Level 3, Building 7, Greenlane Clinical Centre 214 Green Lane West Epsom Auckland pohutukawa@adhb.govt.nz  Monday to Friday 9:00am - 5:00pm. (09) 630 9772 A/H via Police or Crisis Support (0800) 739 432 Option 2 All services free of charge. http://ashs.org.nz No referral required.



**Polyemp Employment & Advisory Service - Unitec and MIT**

FSD0003886 Last updated 12/11/2020

Placement service for graduates of MIT or Unitec with intellectual disabilities in paid employment with support.

Mreilly@unitec.ac.nz  8am - 4pm Monday to Friday

(09) 980 9660 All services free of charge.

(021) 552 860 Referral may apply. http://www.polyemp.org.nz

**Positive Women Incorporated**

FSD0023155 Last updated 18/03/2021

Positive Women Inc. provides support for women and families in New Zealand living with HIV. We also provide HIV awareness, education and destigmatisation programmes including free HIV Rapid Testing Services.

Level 1 35 Hargreaves Street St Mary's Bay Auckland 1011



jane@positivewomen.nz  Monday - Friday 9-5 (09) 303 0094 All services free of charge.

(0800) 769 848 Referral may apply. http://positivewomen.co.nz/

**Problem Gambling Foundation of New Zealand**

FSD0000673 Last updated 01/04/2021

The Problem Gambling Foundation's mission is building healthy communities together, free from gambling harm.

128 Khyber Pass Road Grafton Auckland



help@pgfnz.org.nz  8.30am to 5.00pm phone contact (0800) 664 262  All services free of charge.

(09) 368 1520 No referral required. http://www.pgf.nz

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| **Pukekohe Youth Centre** |  |
| FSD0000972 Youth Centre | Last updated 12/03/2021 |

1 Roulston Street Pukekohe Manukau



pyc@xtra.co.nz  8:30am-6:00pm during School Holidays, 3:00pm-

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| (09) 238 5125      **Quality Education Services** | 6:00pm During School Term Some charges may apply. No referral required. |
| FSD0021479 | Last updated 29/04/2021 |

Quality Education Services Limited (QES) is a Private Training Establishment (PTE) based in

Auckland New Zealand. We provide education and training for youth and adult learners from our Manukau sites. Our organisation has been working hard in the south Auckland community for over 27 years.

Our mission is to improve the education and skill level of the community by providing high quality education and training within a student / client centered and supportive environment. We deliver six different programmes focused on working with people with little formal education and low foundation skills.

10 Norman Spencer Drive Manukau Auckland 2164



info@qes.org.nz  Weekdays 8.30am - 4.30pm

(09) 252 0055 All services free of charge.

(021) 290 0485 Referral may apply. http://www.qes.org.nz/

**Classification : YS**

**Rainbow Family Services**

FSD0022720 Last updated 27/09/2020

To provide safe, effective counselling for children, young people, adults and their families in Auckland. Specializes in trauma, LBBTIQA+, self-harm, children, adolescents, and family therapy.

ACC registered for sensitive claims.

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| sgranich30@hotmail.com  (021) 038 2451 https://www.ry.org.nz/what-wedo/rainbow-friendly-counselling      **RainbowYOUTH** | Mondays 10am - 8pm in Takanini.  Tuesdays 10am - 8pm in Auckland City.  Skype, zoom and phone sessions available upon request.  Some charges may apply. No referral required. |
| FSD0003596 | Last updated 05/10/2020 |

RainbowYOUTH is a charitable organisation based on providing support, information and advocacy for young queer and gender diverse people up to the ages of 27. Additionally, we have services to support the friends and whnau of queer and gender diverse youth, as well as their schools and others that work with them.

At RainbowYOUTH, we’re about fostering a safe, inclusive, accepting and diverse family environment. We are drug, smoke, and alcohol free.

Our motto is Know Who You Are, Be Who You Are. The Tiwhanawhana Trust in Wellington have gifted us a version of our motto in te reo Maori: Whaia to ake ngakaunui, i te pono, i te marama.

Simply translated, it means: Follow your desires with truth and clarity.

Level 1 11 Edinburgh Street Auckland Central Auckland 1010



info@ry.org.nz  11.00am - 5.00pm Monday to Friday.

(09) 376 4155 All services free of charge. http://www.ry.org.nz No referral required.

**Ranfurly Care Society Incorporated**

FSD0021850 Last updated 12/01/2021

We provide Residential and structured Activity day programme services for people with an intellectual disability as assessed by NASC. See the website for full details.

Ranfurly Care started in 1992 as a parent-based Society.

 52-56 Ranfurly Road Auckland 1023

info@ranfurlycare.co.nz (09) 630 3010 (09) 630 4108activity centre http://ranfurlycare.co.nz

Activity Centre hours are

8.00am to 4.00pm

Some charges may apply. Referral may apply.

**Rape Prevention Education - Whakatu Mauri (formerly Rape Crisis**

**Auckland)**

FSD0003429 Last updated 25/10/2020

Rape Prevention Education (RPE) Whakatu Mauri (formerly Rape Crisis Auckland) is a non-profit organisation working to eliminate sexual violence and abuse through the delivery of specialised training programmes for youth, professionals and communities.

RPE also supports survivors of sexual violence and abuse, their whanau/friends and professionals with an informative website.

Whether you are a survivor, a loved one of a survivor, a professional or a community member visit the website to link to rape crisis help throughout the country.

52 Hepburn Street Freemans Bay Auckland 1011



info@rpe.org.nz  9.00am - 4.30pm Monday to Friday.

(09) 360 4001 Some charges may apply. http://www.rpe.co.nz No referral required.

**Raukura Hauora O Tainui Trust**

FSD0003728 Last updated 24/06/2020

Primary health care provider.

47 Druces Road Manukau 2104



enquiries@raukura.com  8.30 a.m. - 5 p.m. Monday - Friday

(09) 263 8040 Some charges may apply. http://www.raukura.org.nz Referral may apply.

**Reading (English and Learning Disabilities)**

FSD0020697 Last updated 23/09/2020

Personal Description:

I teach nationally within New Zealand, and also internationally via Skype. I provide new learning theory, teaching techniques and learning resources.

My clientele:

1. English learning needs
2. Specific Learning Disabilities

Experience:

I am a former primary teacher and primary school principal.

Tutoring:

1, Listening and reading comprehension

2, English speaking 3, Working memory

4, Written expression

A unique, specialised library. 36 learning levels

4,000 handpicked, authentic books . Available for extensive, independent reading

SPECIFIC LEARNING DISABILITIES

NEW LEARNING THEORY AND PRACTICE NOT FOUND IN SCHOOLS

I provide an assessment of the learners overall control of reading. Most schools will only give you a word recognition assessment.

I successfully teach English learners of all ages I fully remediate:

Dyslexia

Dyspraxia

A.d.h.D

Down Syndrome

Auditory Processing Disorder

Working memory disorder

D11 Westwood Estate 30 Westward Ho Road Kelston Auckland 0630



readspeaknz@gmail.com  Monday - Sunday 8 am - 8 pm (027) 446 0821 Skype: john.david.callahan https://www.readspeak.co.nz Some charges may apply.

Referral may apply.

**Real Counties Manukau**

FSD0020802 Last updated 27/10/2020

Real Counties Manukau operates a short stay respite service for young people experiencing difficult times in their lives. It is available on an as-needed basis for 14-22 year olds. Real has services available in several New Zealand regions and is steadily expanding around the country.

15 Ronwood Avenue Manukau counties.manukau@real.org.nz  As required.



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| (09) 263 0565 http://www.real.org.nz      **Reconnect Family Services** | All services free of charge. Referral may apply. |
| FSD0003740 | Last updated 09/02/2021 |

Reconnect provides a range of services for young people with challenging behaviours. These services include a national residential placement, therapeutic intervention and liaison around educational services for young people, specific youth justice mentoring and placement services and services in the area of supported bail in the Auckland region.

8 Puhinui Road Manukau



info@reconnect.org.nz  8am / 4pm Monday to Friday

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| (09) 926 5360 http://reconnect.org.nz/ | Some charges may apply. Referral may apply. |

**Recreate NZ**

FSD0005869 Last updated 11/08/2020

Recreate NZ is an adventure, recreation, social, work and life-skills events provider for children and young persons with disabilities.

The Clubrooms - upstairs 48 Windmill Road Epsom Auckland 1023



info@recreate.org.nz  Monday - Friday 10 am - 4 pm

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| (09) 638 5364 http://www.recreate.org.nz | Some charges may apply. No referral required. |

**Regional Sports Trust - Counties Manukau Sport Foundation**

FSD0003719 Last updated 14/12/2020

Delivering free services in the community. Working in three different areas: Schools delivering

Primary Sport and Bike programmes; Community - Free events and school holiday programmes; Social Services - supporting youth to gain employment or education goals, including part time work in schools as a coach.

Finlayson Homestead 190 Weymouth Road Clendon Manurewa 2102



info@cmsport.co.nz  Office available Monday - Friday 9am - 3.30pm

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| (09) 269 0066 http://www.cmsport.co.nz    **Classification : YS**    **Rethink.org.nz** | Answerphone available outside hours. | |
| All services free of charge. Referral may apply. |  |
| FSD0023108 |  | Last updated 29/06/2020 |

Free training for organisations in the Education and Social Housing sector.

Two+ Rethink is a Like Minds, Like Mine anti-stigma and discrimination education initiative.

These two projects centre on anti-stigma and discrimination education for selected Education

Providers (secondary, tertiary, alternative) in the North Island (Auckland, Wellington, Northland,

Bay of Plenty and Waikato) as well as Social Housing Providers in the North Island (Auckland,

Wellington, Hamilton and Tauranga to promote social inclusion for people with mental distress.

Two face-to-face workshops, organisational consultation and e-learning elements make up the project. Contact today to take one of the limited spots.

395A Manukau Road Auckland 1023



likeminds@mindandbody.co.nz  Monday to Friday 9am-5pm

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| (09) 630 5909 ext 817 http://rethink.org.nz      **Revive Family** | All services free of charge. No referral required. |
| FSD0022765 | Last updated 29/03/2021 |

Revive Family is a Family therapy, couple and individual counselling and social work service provider for Auckland region.

wonkon@revivefamily.co.nz  During a week

(021) 232 7658 Some charges may apply. http://www.revivefamily.co.nz No referral required.

**Riverside Community Centre**

FSD0023969 Last updated 13/07/2020

Riverside (Taha Awa) Community Centre is a small community facility on the western banks of the Tamaki Estuary. It has long served the local community since the early 1970s providing a safe space for local youth, church groups, community activities, birthday parties and private functions.

Its central location provides easy access to the wider Auckland suburbs.

20-22 Peace Avenue Mt Wellington Auckland 1060



bevan.chuang@aucklandcouncil.govt.nz  Monday - Friday 9am - 5pm

(09) 301 0101 Some charges may apply.

(09) 379 2030 No referral required.

https://www.aucklandcouncil.govt.nz/

**SADD - Students Against Dangerous Driving**

FSD0003834 Last updated 23/12/2020

SADD is an effective, student-led, schools-based road safety programme driven by secondary aged students across New Zealand to reduce the harm caused on our roads by dangerous driving.

Level 12, AA Building 99 Albert Street Auckland Central Auckland 1010 team@sadd.org.nz  Mon-Fri 8:30am-5pm (03) 470 1973 All services free of charge. http://www.sadd.org.nz No referral required.



**Safer Aotearoa Family Violence Prevention Network**

FSD0003597 Last updated 19/03/2021

We aim to create communities where we experience Safe, Peaceful and Loving Relationships and celebrate Flourishing Families.

25 Druces Road Wiri Auckland 2104



manager@safvpn.org.nz  Mondays - Fridays

(09) 278 9266 8.30am - 4.00pm

(0800) 367 942 All services free of charge.

No referral required.

**Classification : FVSS**

**Sahaayta**

FSD0020667 Last updated 13/07/2020

Sahaayta was conceived to serve and meet the growing needs of the South Asian community in Auckland. Sahaayta provides holistic, confidential, culturally appropriate counselling and support services for individuals, couples, families, youth, children and seniors. We also run support groups (Women's groups, Anger Management groups & Personal Development groups) periodically.

15A Norman Spencer Drive Papatoetoe Auckland 2104



info@sahaayta.org.nz  Monday - Friday 9.30 am - 5.00 pm

(09) 280 4064 Some charges may apply. http://www.sahaayta.org.nz No referral required.

**Seasons - Warkworth / Wellsford**

FSD0021727 Last updated 17/02/2021

Seasons for Growth is a programme for children, young people or adults who have experienced significant change or loss.

Seasons for Growth is based on the belief that change, loss and grief are a normal and valuable part of life. We examine the impact of changes such as separation, divorce, death, or other significant changes on our live, and explore how we can learn to live with and grow from these experiences.

The core intentions of the programme is to development resilience and emotional literacy to promote social and emotional wellbeing. The programme is educational in nature and does not provide therapy or counselling.

Groups are run through local schools and colleges for the children and young people. Adult groups meet in local halls.

Groups run for 9 - 4 weeks depending on the programme

There is no charge but donations to cover costs are always welcome.

seasonswarkworthwellsford@gmail.com  Groups are run during school term dates. Calls

(021) 081 33586 and emails answered on weekdays. https://www.facebook.com/SeasonsWark Koha/donation may apply. worthWellsford/ No referral required.

**Seasons for Growth Howick**

FSD0006650 Last updated 05/10/2020

Seasons for Growth is an innovative 8 week grief and loss education programme that uses the imagery of the seasons to illustrate the experience of grief. It aims to strengthen the emotional and social wellbeing of children and young people (aged 6-18) who are dealing with significant life changes by-

* exploring the impact of change and loss on every-day life
* learning new ways to respond to these changes

Trained adult companions facilitate the small group programme where participants support and learn from each other in age appropriate and engaging activities.

Young people learn that they are not alone in dealing with the effects of change, loss and grief and build their communication, decision making and problem solving skills within a supportive peer group.

All Saints' Community Centre 30 Cook Street Howick Manukau griefandloss@allsaintshowick.org.nz  School hours



(09) 533 0222 Koha/donation may apply.

(022) 423 8904 No referral required. https://www.goodgrief.org.au/

**SENZ Charitable Trust**

FSD0003635 Last updated 23/06/2020

SENZ Employment Centre offers employment services to adults registered with Work & Income.

13-15 Gladding Place Manukau



info@senz.org.nz  8am - 4.30pm Mon - Friday

(09) 261 0070 All services free of charge.

(0800) SENZ4U Referral may apply. http://www.senz.org.nz

**Shakti Asian Women's Centre**

FSD0007645 Last updated 27/01/2021

This organisation provides a 24-hour national crisis call service (0800 SHAKTI) for ethnic women in domestic violence, drop in centres for women, outreach, case work, advocacy, counselling, legal referral, interpreting, life skills programmes, domestic violence intervention and awareness training for communities and lobbying for legislation change.

3 Cardwell Street Onehunga Auckland



scc@shakti.org.nzDrop In Centre 9am to 4pm

(0800) 742 584 SHAKTI (24 hr crisis) All services free of charge. http://shaktiinternational.org/ No referral required.

**Shine (Safer Homes In New Zealand Everyday)**

FSD0003515 Last updated 18/09/2020

Shine (Safer Homes In New Zealand Everyday) is making homes violence free. Shine offers a free national Helpline, frontline services for adult and child victims of domestic abuse and for men who've used violence, as well as training programmes, the DVFREE workplace programme, and Shine in School programme.

Ground Floor 409 New North Road Kingsland Auckland 1021



enquiries@2shine.org.nz  Helpline (0508 744 633) is answered 9am -

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| (0508) 744 633 (09) 815 4601 http://www.2shine.org.nz      **SIAOLA** | 11pm, 7 days a week . Our office hours are  8.30am - 5.00pm weekdays. Some charges may apply. Referral may apply. |
| FSD0023218 | Last updated 14/09/2020 |

Siaola is a social service provider that is focused on the elimination of youth suicide and child abuse prevention. This is in line with the Methodist Mission ‘Let the Children Live’ 10 year Plan. We work with Tongan families in the areas of Family Violence Prevention and Child Protection through building successful and thriving lives for our Tongan families. Our programmes are focused on Famili Lelei - Relationships, Education and Health.

Level 1 409 Great South Rd Penrose Auckland 2022



Kathleent@methodist.org.nz  9am to 5pm

(09) 600 2662 Monday- Friday https://www.facebook.com/VahefonuaMet All services free of charge. hodistMission/ No referral required.

**Classification : PACIFIC**

**Silent Gays**

FSD0021759 Last updated 18/09/2020

The Silent Gays Project helps people who have suffered in religion because of their sexual and gender identity.

We provide the freedom and security to question everything without fear, and address the pain, suffering and abuse of being gay (LGBT) in religion.

This is NOT a “gay christian” service that attempts to simply reconcile traditional Christianity with being LGBT.

We are NOT interested in changing your orientation.

We ARE however, interested in helping you understand the spiritual, emotional, physical, and social aspects of the way you are and, most importantly, help you to see how absolutely and unconditionally loved you are, just as you are.

We have a full range of online services as well as monthly get togethers.

info@silentgays.com  Our online groups are constantly active. http://silentgays.com

Our face to face groups are run monthly - please contact us for details.

All services free of charge. No referral required.

**Silver Fern Motorsport Charitable Trust**

FSD0021627 Last updated 14/01/2021

Our purpose is:

To provide training, education and mentorship to people, particularly young people who are identified as “at-risk” or disadvantaged, focusing on the automotive and motorsport based industries, and to better place them for future employment and for self-development.

4087b Great North Road Glen Eden Auckland 0602



ted.jarvis@silverfernmotorsport.com  Monday - Friday 8:30am to 5pm

(021) 635 031 All services free of charge. http://www.silverfernmotorsport.com No referral required.

**Sistema Aotearoa**

FSD0019047 Last updated 22/12/2020

Sistema Aotearoa is a system of musical tuition based on El Sistema, one of the world's most successful music and social development projects. The programme involves professionally trained musicians working in a community setting after school and in holidays to bring the joy and discipline of music making to children. There is no cost to participants. Pupils will learn basic musicianship and the skills of playing an instrument in a way suitable to their age.

46 Fair Mall Otara Auckland 2023



info@sistemaaotearoa.org.nz  9am-6pm Monday to Friday

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| (021) 618 922 http://sistemaaotearoa.org.nz      **Sisters of Mercy Wiri** | All services free of charge. No referral required. |
| FSD0005894 | Last updated 15/01/2021 |

Sisters of Mercy Wiri is a community based social service agency with a strong social justice and community development focus. We provide a range of services to meet the needs of children, families/whanau and the community.

14 Trevor Hosken Drive Wiri Auckland 2104 info@sistersofmercywiri.org.nz  8.30am - 5.00pm Monday to Friday.



(09) 263 6464 The service is predominantly for the people who http://www.sistersofmercywiri.org.nz/ live in Wiri/Manurewa.

All services free of charge. No referral required.

**Skills Update Training and Education Group**

FSD0021447 Last updated 14/08/2020

Skills Update Training Institute is a Private Training Establishment, registered and accredited by the New Zealand Qualifications Authority.

Founded in 1991, Skills Update Training Institute is a dynamic training organisation with one of the widest ranges of accreditation among NZ private Training establishments. The organisation operates from three branches and trains individuals for employment in various industries. Our courses aim to develop student’s skills and knowledge while also addressing identified needs within industry.

Our core operations cover adult and youth training courses that are funded by Tertiary Education Commission (TEC) and Ministry of Social Development (MSD). We also deliver a wide range of training under contract to several regional polytechnics and institutes of technology.

59 Tidal Rd Mangere Auckland 2022



qa@skillsupdate.co.nz  Monday - Friday from 8 AM till 4:30 PM

(09) 275 3155 All services free of charge. http://www.skillsupdate.co.nz Referral may apply.

**Solomon Group**

FSD0019358 Last updated 01/10/2020

This organisation provides one or more elements of the Youth Service package.

236 Great South Road Manurewa Auckland 2102



marketing.support@solomongroup.co.nz  Normal business hours Monday to Friday

(0800) 747 687 All services free of charge.

(0800) SGROUP Referral may apply. http://www.solomongroup.co.nz/

**Classification : YS**

**South Auckland Family Refuge Inc.**

FSD0007651 Last updated 14/09/2020

Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection. For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111.

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| mariap@southaucklandrefuge.co.nz  (0800) 733 843 (09) 276 8868 http://www.womensrefuge.org.nz    **Classification : PACIFIC**    **Special Education Services** | Monday- Friday 9am-4.30pm  0800 733 843 - 24 hours crisis line Some charges may apply. No referral required. |
| FSD0003890 | Last updated 25/03/2021 |

Special education services for children aged 5-21 with intellectual and physical disabilities.

48-52 Rosehill Drive Papakura 2113



office@rosehill.school.nz  Monday - Friday 8a.m. to 4p.m.

(09) 298 4569 Some charges may apply. http://www.rosehill.school.nz Referral may apply.

**Spectrum Care**

FSD0003492 Last updated 01/10/2020

We provide support for children, young people and adults with disabilities and their whanau. We offer a wide array of personalised and flexible support options for people of all ages and stages in the Northland, Auckland, Waikato, Bay of Plenty and Wellington regions. This includes 24-hour residential support, a variety of flexible planned break options, and specialised Home Support, Transitions and Aspirations support. Our popular School Holiday,

After-school and Weekend programmes of activities for children are available in Whangarei, Auckland, Hamilton and Wellington – talk to us today to find out more!

Our independent living support is specifically focused on empowering people to their lives of choice – lives like any other – in the community, and our Specialist Clinical Team supports health, behaviour and speech-language outcomes.

205 Great South Road Greenlane Auckland 1051



info@spectrumcare.org.nz  8am-5pm Monday-Friday (09) 634 3790 Some charges may apply. http://www.spectrumcare.org.nz Referral may apply.

**Classification : PACIFIC**

**SPELD NZ Inc - Auckland Local Liaison Group**

FSD0007471 Last updated 12/10/2020

SPELD NZ Inc offers one-on-one diagnostic assessment and specialised tuition for people with specific learning disabilities, including dyslexia. It also offers information, support, advice and training.

14 Erson Avenue Royal Oak Auckland 1061



northern@speld.org.nz  Office administration open 9am to 3pm.

(0800) 773 536 Some charges may apply. http://www.speld.org.nz No referral required.

**SPELD NZ Inc. - National Office**

FSD0004143 Last updated 12/10/2020

SPELD NZ Inc offers one-on-one diagnostic assessment and specialised tuition for people with specific learning disabilities, including dyslexia. It also offers information, support, advice and training.

14 Erson Avenue Royal Oak Auckland 1061



nationaloffice@speld.org.nz  National Office administration open Monday to

(0800) 773 536 Friday, 9am-5pm. http://www.speld.org.nz Some charges may apply.

No referral required.

**Spirit of Adventure Trust**

FSD0003442 Last updated 14/01/2021

Spirit of Adventure Trust runs 10 day youth development voyages on board The Spirit of New Zealand. The programme is for 16-18 year olds' from secondary schools throughout New Zealand. Focus is on character building, team work, leadership and community spirit.

 Level 1, The Maritime Room, Princes Wharf 149 Quay Street Auckland Central Auckland 1010

info@spiritofadventure.org.nz 

(09) 373 2060 (0800) 472 454 http://www.spiritofadventure.org.nz

**Sport Waitakere**

FSD0007921

Everyone connected, healthy and active. 8 am to 4.30 pm Weekdays Some charges may apply. No referral required.

Last updated 12/04/2021

Making a difference in our West Auckland communities by enabling healthy and active lives.

96 Swanson Road Henderson Waitakere 0610



admin@sportwaitakere.nz  8.30am - 5.00pm Monday to Friday.

(09) 966 3120 Koha/donation may apply. http://www.sportwaitakere.nz No referral required.

**Sports Recreation and Outdoors Trust**

FSD0015317 Last updated 23/11/2020

Sports Recreation and Outdoors Trust (SPROUT) is a grassroots based, charitable, voluntary and non-profitable trust meant to educate, encourage, promote and provide opportunities in sports, recreation and outdoor pursuits to achieve greater wellbeing for people of South Asian origin in New Zealand.

Our mission is to provide a platform for "Every South Asian in New Zealand to achieve greater well being through balanced nutrition, sports, recreation and outdoor pursuits".

sproutnz@gmail.com  after hours http://www.sprouthealth.org.nz Koha/donation may apply.

No referral required.

**Springboard Community Works**

FSD0020184 Last updated 30/09/2020

Primary Aims:

Empowering people who are disadvantaged.

Fostering community connection and wellbeing.

Mission:

To work with at risk youth and their families in Snells Beach, Warkworth, Wellsford and surrounding areas. To empower them with essential truths, skills, and mentors to facilitate personal transformation and connection to community. We have a number of programmes, services and partnerships that identify and work with families and youth to bring about the changes needed for positive living.

By providing proven wrap around support programmes, Springboard creates opportunities for young people to achieve positive outcomes and pathways to success. We focus on personal wellbeing by creating a place of belonging and celebrating one-to-one connections, whilst also engaging family and the wider community.

58 Hamatana Road Snells Beach Auckland 0920



mail@springboard.org.nz  Mon -Fri

(09) 425 4623 8.00-5.00

http://www.springboard.org.nz All services free of charge. Referral may apply.

**Classification : YS**

**St Elizabeth's Anglican Church in Clendon**

FSD0003443 Last updated 20/08/2020

Family support, home assessment & support, family advocacy plus JP services.

182 Finlayson Avenue Clendon Park Auckland 2103



office@steliz.co.nz  All services free of charge.

(021) 268 8441 No referral required.

https://aucklandanglican.org.nz/find-achurch/auckland-south/clendon/stelizabeths-clendon/

**St George's Anglican Church**

FSD0003598 Last updated 19/04/2021

Services into the community include - Counselling Services, Elderly day centre and Indian Elderly day centre, Preschool, Playgroup, Foodbank.

St Georges Church 5 Landscape Road Papatoetoe Manukau



office@stgap.org.nz  Monday 9.00am - 12pm

(09) 278 3412 Tuesday-Friday 9.30am - 12.30pm http://www.stgap.org.nz Some charges may apply.

No referral required.

**Stanmore Bay Pool and Leisure Centre**

FSD0022322 Last updated 26/06/2020

To provide the Hibiscus Coast Community with health & fitness programmes.

We have programmes for all ages and abilities in fitness, pool (includes spa and sauna), Learn to Swim and Recreation. We have a newly opened Splash pad (available during the summer months)

We run an OSCAR approved school holiday programme call Leisure Kidz that caters for 5year olds through to 13 year olds.

We also have an onsite Early Childcare facility - Kauri Kids that caters for 0 - 5 years old. Oscar subsidies via Work&Income are available for holiday programmes and ECE.

Stanmore Bay Pool and Leisure Centre 159 Brightside Road Stanmore Bay Auckland 0932



Stanmorebaypools@aucklandcouncil.govt  Mon - Thurs 5.30am - 9pm

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| .nz  (09) 424 9227 http://www.aucklandleisure.co.nz    **Classification : OSCAR**    **StarJam** | Fri 5.30am - 8pm  Sat - Sun & Public Holidays 7am - 6pm Some charges may apply. No referral required. |
| FSD0023334 | Last updated 15/01/2021 |

StarJam's aim is to assist young New Zealanders with disabilities (Jammers) to reach their potential and to participate fully in their communities through music.

Weekly music workshops.

6 Porters Avenue Eden Terrace Auckland 1024



info@starjam.org  School terms evenings Mon to Thurs 6.30 pm to

(09) 300 6257 8.00 pm

http://www.starjam.org Koha/donation may apply.

No referral required.

**Starship Children's Hospital Child & Family Mental Health Inpatient**

**Unit**

FSD0003724 Last updated 25/10/2020

Mental Health Inpatient Unit of Starship Children's Hospital.

Starship Childrens Hospital - Grafton Road Auckland



(09) 307 4901  Acute admissions are accepted 24/7 via a (0800) 307 490 referring CAMHS service.

http://www.adhb.health.nz Multi-Disciplinary Team are available during normal business hours.

All services free of charge. Referral may apply.

**Starship Community**

FSD0003426 Last updated 19/04/2021

Starship Community is a multidisciplinary team of professionals providing nursing, allied health, technical and cultural support to children, young people and their families living within the Auckland DHB area.

Level 6 & 7, building 15 214 Greenlane West Epsom Auckland 1051 starship.community@adhb.govt.nz  8am - 4.30pm Monday to Friday



(09) 639 0200 All services free of charge. http://www.starship.org.nz No referral required.

**Classification : PACIFIC**

**STRIVE Community Trust**

FSD0003775 Last updated 20/01/2021

STRIVE Community Trust is a long-standing social service provider based in Mangere and servicing the wider Manukau area. These services include Integrated Attendance Services; Counselling; Transitional Housing; Family Wellbeing; Financial Capability; Teen Dads; Sustaining Tenancies; Social Work in High Schools in Mangere, Otahuhu, Otara & Papatoetoe; Youth Development; Youth Services.

Unit 5 197 Montgomerie Road Mangere Auckland



info@strive.org.nz  8.30am to 5.00pm (09) 954 1548 Some charges may apply.

(021) 609 039 Referral may apply. http://www.strive.org.nz

**Classification : BFC, THP, YS**

**Suzi Wallis | Counsellor & Family Therapist**

FSD0022969 Last updated 31/07/2020

My name is Suzi Wallis. I see my purpose as helping you navigate the challenges you face, so that you can experience more success and happiness.

Robust emotional health is key to having a fulfilling life, and managing the hurdles that you face. Even if you feel like life can't possibly improve, I want to assure you that what you're going through is temporary, and that you can find a way through.

I specialise in:

* communication upskilling
* conflict management
* working with couples (of any gender or gender combination) to work through relationship issues\* grief support for all.

I can also help with many other issues they may be facing.

I work with clients aged 14 upwards.

The counselling I offer is about making change, and making change stick. Clients regularly leave sessions with several things to work on between appointments.

 102 Main Highway Ellerslie North Auckland 1051

|  |  |
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| suzi@lifejourney.co.nz  (021) 870 576 http://www.lifejourney.co.nz | Please check my website for availability of appointments.  Some charges may apply.  No referral required. |

**Synthesis Therapy & Counselling**

FSD0018392 Last updated 10/10/2020

Cian Kerrisk provides effective and professional psychotherapy, Cognitive Behavioural Therapy, Couple Counselling and Addiction Treatment for a range of issues.

0 Atkinson Road Titirangi Auckland 0604



synthesis-therapy@slingshot.co.nz  Mondays 4:30-8pm

(021) 973 455 Tuesdays 7pm-9pm

http://www.synthesistherapy.com Thursdays 5:30-8pm

Some Saturday sessions available Some charges may apply. No referral required.

**Talk Counselling**

FSD0003756 Last updated 12/04/2021

We do Face to face and Video calls!

Talk counselling and MensTalk is a face to face counselling and psychotherapy service for men women and couples. We are qualified and specialised in the areas that we work and cover issues such as: couples therapy Depression, Anxiety,addictions, relationship issues, erectile dysfunction, stress, couple counselling, anger management, personal growth, self esteem, and trauma.

147D Princes Street East Otahuhu Auckland 1062



ric@talkcounselling.co.nz  Monday to Friday 10am to 5.00pm

(0508) 636 782 Some charges may apply. http://www.talkcounselling.co.nz No referral required.

**Tamaki Budgeting**

FSD0003859 Last updated 27/04/2021

Provide budgeting advice and support including information regarding benefits. Also referral to counselling and rehabilitation services.

18 Clifton Court Panmure Auckland 1072



admin@homebudget.org.nz  9 am - 3 pm Monday to Friday by appointment.

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| (09) 570 9023 http://www.facebook.com/tamakibudgetin g/    **Classification : BFC** | Sometimes after hours appointments can be arranged.  Saturdays at Glen Innes CAB - 9am - 11.30am.  All services free of charge.  No referral required. |

**Tamaki Community Development Trust**

FSD0021632 Last updated 11/02/2021

Our vision is '"partnership for change" We exist to partner with families, schools, Oranga Tamariki, and other agencies in the best interest of promoting overall wellbeing for families. Our intention is to provide longer term mentoring and support to assist families build capacity and become successfully independent. We also provide mentoring and counselling for at risk youth.

Our services are provided via referral only and we usually work through a child i.e. if we are working with a family it is because a child has been referred.

4A Court Crescent Panmure Auckland 1072



office@tcdt.net.nz  9.00am to 4.00pm daily (09) 570 4314 All services free of charge.

(021) 027 11458 Referral may apply. http://www.tcdt.net.nz

**Taonga Education Centre Charitable Trust**

FSD0019302 Last updated 02/02/2021

Mission Statement: “Totally acknowledging our next generation’s abilities”Taonga Education Centre is a Maori Teenage Mothers’ Education and Parenting Programme situated in the community of Manurewa. Non-Maori students are able to be enrolled, on the understanding that the programme is delivered from a tikanga Maori perspective.

11 Dalgety Drive Wiri Auckland 2104



admin@taonga.org.nz  Monday to Friday 8am - 5pm

(09) 269 2861 All services free of charge.

(0508) Taonga (826642) No referral required. https://taonga.org.nz/

**Te Aho O Te Kura Pounamu (Te Kura) - Auckland**

FSD0021112 Last updated 17/12/2020

We provide distance education from early childhood level to Year 13. Our learning advisors, teachers and in-region staff work with students, their whanau and communities to help our students achieve their potential.

Level 7 124 Vincent Street Auckland 1140



info@tekura.school.nz  Some charges may apply.

(0800) 65 99 88 Referral may apply. http://www.tekura.school.nz

**Te Ha Oranga**

FSD0004530 Last updated 16/03/2021

Te Ha Oranga o Ngati Whatua is an Iwi-based health service provider functioning under the umbrella of Te Runanga o Ngati Whatua. The service extends from the Waipoua Forest to Helensville and includes both coasts.

1 Rendall Place Eden Terrace Auckland



runanga@ngatiwhatua.iwi.nz  8:30am - 5.00pm Monday - Friday

(09) 366 1993 All services free of charge.

(0800) 698 342 No referral required. http://ngatiwhatua.iwi.nz

**Te Manawanui Charitable Trust**

FSD0003676 Last updated 27/07/2020

Provision of emergency housing to families, solo mums / dads & pregnant women on their own.

Free budget services to individuals & families in need of financial advice or assistance.

te.manawanui@xtra.co.nz  9am - 5pm Mon -Fri (09) 624 3906 Outside of these hours 24/7

(021) 280 4000 mob: 021 280 4000

Some charges may apply. No referral required.

**Classification : THP**

**Te Puaruruhau**

FSD0003567 Last updated 23/07/2020

We are a health service based at Puawatahi: A multi-agency centre opposite Starship Hospital. We accept referrals for 0-19 year olds for historic, current and acute cases of sexual and physical assault.

Puawaitahi, Level 1 99 Grafton Road Grafton Auckland 1010



(09) 307 2860  Office hours Monday - Friday 8am - 5pm http://www.starship.org.nz/directory-ofservices?index=T&type=see\_all&cat=see Acute Service: 24/7 referral number 021492365

\_all All services free of charge.

No referral required.

**Te Roopu O Te Whanau Rangimarie O Tamaki Makaurau**

FSD0006046 Last updated 03/08/2020

Our mission is to empower families and individuals by providing support, advocacy, temporary accommodation options and services with a focus towards family violence intervention and prevention leading to an improved quality life.

 2 Cameo Court Road Mangere Auckland 2024

admin@twr.org.nz (09) 275 1230 https://www.twr.org.nz/

**Classification : FVSS, THP**

**Te Roopu O Wai Ora Inc.**

FSD0021500

Monday to Friday, 9.00am-5.00pm.

Some charges may apply. No referral required.

Last updated 23/09/2020

Te Kaupapa O Te Roopu O Wai Ora Inc. Child & Family Support Service aims to help, and support Youth ‘at risk’ and their families. By providing a culturally appropriate Service’s for youth ‘at risk’ in their own communities. Running local community club programmes, youth camps, early intervention programmes in local schools, and working with Oranga Tamariki supporting young people by providing one on one mentoring service.

6B Ryan Place Manukau Auckland 2104



Enquiries@teroopuwaiora.nz  Mon to Fri - 9am -5pm

(09) 2774513 All services free of charge.

(021) 491 256 Referral may apply. http://www.waiora.kiwi

**Te Tai Awa o Te Ora**

FSD0003732 Last updated 23/09/2020

To provide culturally appropriate services to whanau incorporating key values of Tika, Pono and Aroha. All staff have qualifications in social work and/or counselling and offer a range of services, information and assistance to individuals, couples and whanau. These include

* help and advocacy with budgeting and financial matters, social circumstances, e.g. housing,benefits
* the facilitation of programmes (Parenting, Stopping VIolence, support for people with alcohol andother drug related issues
* counselling for personal, relationship and whanau concerns
* We also have a Social Workers in Schools (SWiS) service with Social Workers based in 11Otara schools.

 18 Otara Road Otara Auckland 2023

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| admin@taiawa.org.nz  (09) 274 4220 (027) 274 4220 http://www.taiawa.org.nz/    **Classification : FVSS** | Monday, Tuesday, Wednesday & Thursday 9 am  - 5 pm  Friday 9 am - 4 pm  Some charges may apply.  Referral may apply. |

**Te Waipuna Puawai Mercy Oasis Ltd**

FSD0008245 Last updated 20/04/2021

Te Waipuna Puawai Mercy Oasis Ltd is a thriving community development initiative of the Sisters of Mercy New Zealand. We were established in 1999, building on a decade of highly respected community development work in Glen Innes.

We are committed to working with and alongside women, children and families who are in need.

We aim to improve lives of families by providing family support services and adult education.

We build supportive relationships with whanau by connecting them with others in the local community and developing a pathway to achieve and celebrate their goals.

Our Vision

Whakamana te oranga wairua o te tangata me te whenua.

Well-being for our communities and restoration of the earth.

Our Mission

Kia u ki te mahi kotahi whakarawea te mana wahine, te mana whanau me te mana iwi whanui.

Working together to strengthen women, strengthen families and strengthen community.

Ellerslie Site 12A Umere Crescent Ellerslie Auckland 1051



ceo@twp.org.nz  8.30am-5pm Monday to Friday.

(09) 527 6380(Glen Innes) Koha/donation may apply.

(09) 525 0337(Ellerslie) No referral required. http://www.twp.org.nz

**Te Whanau O Waipareira Trust**

FSD0003672 Last updated 08/09/2020

Integrated whanau first plan that incorporates - Early Intervention programs, Early Childhood

Centre, Family Start, PPP, Youth Services Team, Wrap-a-round Service for youth, Court support,

Prison visits, Residential services, Health services, GP's, Practice Nurses, Child Health Services,

Health & Disability Services, Community Health Programs, Health Promotion, Budgeting, Strengthening Families, Domestic Violence.

Level 2 Whanau House 6-8 Pioneer Street Waitakere Auckland 0612 audrey.tinsley@waiwhanau.com  8.30am - 5.00pm Monday - Friday



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| (09) 836 6683 (0800) 924 942 https://www.waipareira.com/    **Classification : BFC, FVSS**    **Te Whare Ruruhau O Meri** | Some charges may apply. Referral may apply. |  |
| FSD0003489 |  | Last updated 12/01/2021 |

Multi-cultural family support, therapy and advocacy.

Building 2 19 Lambie Drive Papatoetoe Auckland 2104



admin@tewhare.org.nz  8 am - 5.30 pm Monday to Friday

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| --- | --- |
| (09) 270 2631 (0800) 839 4273 https://tewhare.org.nz/index.html    **Classification : FVSS, SHSS**    **Tenancy Services - Auckland** | All services free of charge. No referral required. |
| FSD0006222 | Last updated 18/03/2021 |

We offer advice and information for landlords and tenants who rent their homes. We administer the Residential Tenancies Act 1986. We receive and hold bonds until the end of a tenancy, we provide dispute resolution services, and we administer the State Housing Appeals Authority.

 Level 8 280 Queen Street Auckland Central Auckland 1010

info@dbh.govt.nz  Open 8.30 am to 4.30 pm weekdays. It is best to (0800) 836 262 call and make an appointment to see someone.

(0800) TENANCY From overseas: +64 4 238 4695 https://www.tenancy.govt.nz/ Some charges may apply.

No referral required.

**Tenancy Services - Manukau**

FSD0006225 Last updated 18/03/2021

We offer advice and information for landlords and tenants who rent their homes. We administer the Residential Tenancies Act 1986. We receive and hold bonds until the end of a tenancy, we provide dispute resolution services, and we administer the State Housing Appeals Authority.

Level 4, MIT Building 25 Davies Avenue Manukau Auckland 2104



info@tenancy.govt.nz  Open 8.30 am to 4.30 pm weekdays. It is best to

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| --- | --- |
| (0800) 836 262 (0800) TENANCY  https://www.tenancy.govt.nz/ | call and make an appointment to see someone. From overseas: +64 4 238 4695 Some charges may apply.  No referral required. |

**The Auckland Rugby Football Union Incorporated**

FSD0020589 Last updated 17/08/2020

Pro Sport Career Programme - Tertiary Education Provider for school leavers delivering the National Certificate in Recreation and Sport Core Skills Level 2 and school and community based activities and coaching programmes.

Level 6 North Stand, Gate B - Walters Rd Eden Park Auckland 1446



info@aucklandrugby.co.nz  8.30am to 5.00pm Monday to Friday

(09) 815 4850 All services free of charge.

(09) 815 4828 infoline Referral may apply. http://www.aucklandrugby.co.nz/

**The Big Idea | Te Ari Nui**

FSD0024538 Last updated 25/03/2021

The Big Idea | Te Ari Nui is Aotearoa's home of creative opportunities, jobs, news, events and inspiration. It has been supporting Aotearoa creatives for 20 years. This is our kaupapa, this is what we do. We are passionate about supporting artists to turn their big ideas into big successes.

toipotomentoring1@thebigidea.co.nz  Available by appointment.

(0800) 824 332 All services free of charge. https://www.thebigidea.nz/toipoto No referral required.

**The Peace Foundation, Te Tuapapa Rongomau o Aotearoa**

FSD0003716 Last updated 21/10/2020

The Foundation offers a range of resources and programmes that encourage and promote alternatives to violence as a means to resolving conflicts.

Level 2 78 Pitt St Auckland 1010



peace@peacefoundation.org.nz  Monday-Friday, 10 a.m. to 5 p.m.

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| (09) 373 2379 http://www.peace.net.nz | Some charges may apply. No referral required. |

**The Pride Project Charitable Trust**

FSD0024469 Last updated 30/11/2020

The Pride Project is a Charitable Trust operating in the suburb of Manurewa, South Auckland. We have been working intensively in the community for the last four years and evolved what we know is a unique kaupapa and approach to community empowerment, pride and holistic development. Clendon/Manurewa is a community that suffers from high levels of deprivation, inter-generational poverty, over-crowding in homes particularly among its majority of Mori and Pacific households. Our understanding of our community comes from our local knowledge. We deal with the failings and silo-effects of the dominant socio-economic and political system and what we do is not about filling gaps but building an alternative healing system of well-being around Manurewa people as individuals, whanau, hapu and as a kainga. We are immersed in Kaupapa Mori; it is a deeply held foundation, as well as an expression of what we do and why.

60 Maplesden Drive Clendon Park Auckland 2103



melissaatama@theprideproject.co.nz  Community House, Volunteers and Whare

(027) 237 8756 Tautoko - 9.30am - 2.00pm

Hope Navigators Available - 9.30am-5.30pm

Tool Library - 9.30am-1.00pm

Koha Kutz Mon,Wed,Fri by appnt - 10.00am-

1.30pm

Koha/donation may apply. No referral required.

**The Raukatauri Music Therapy Centre**

FSD0023619 Last updated 02/07/2020

We are the only not-for-profit music therapy centre in New Zealand. Our team of nine music therapists provide individual, pair and group music therapy to a range of clients with special needs including cerebral palsy, autism, Down syndrome, mental health disorders and dementia.

We also offer outreach music therapy programmes in schools and community centres around Auckland, Hawke's Bay and Whangarei, as well as parent and caregiver support.

Level 0 5 Carlton Gore Road Grafton Auckland 1023



jenryckaert@rmtc.org.nz  Monday through Saturday 8:30-5:00

(09) 360 0889 Some charges may apply.

http://rmtc.org.nz No referral required.

**The Salvation Army - Albany Bays**

FSD0008239 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army. (Corps and Korean Corps Plant)

90 Rosedale Road Albany Auckland 0632



albanybays.corps@salvationarmy.org.nz  Coordinator works from 8.00am - 4.00pm

(09) 478 7567 Monday to Friday. https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/albany-bays/albany-bays- No referral required.

corps

**The Salvation Army - Auckland City Corps**

FSD0006317 Last updated 23/03/2021

Worship, community and welfare services of The Salvation Army (Auckland and Korean Corps and Community Ministries)

18 Allright Place Mt Wellington Auckland 1060



aucklandcity.corps@salvationarmy.org.nz  Monday - Friday 9am - 4.30pm

(09) 379 7615 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/auckland/auckland-corps

**The Salvation Army - East City**

FSD0023575 Last updated 20/04/2021

Worship, community and welfare services of The Salvation Army.

37-45 Wellington Street Howick Auckland 2014 eastcity.corps@salvationarmy.org.nz  Drop in centre open Wed and Fri 11-2pm.



(09) 535 0847 Foodbank open Wed and Fri 11am-2pm. https://www.salvationarmy.org.nz/centres/ Budgeting available Fri by appointment.

nz/auckland/howick/east-city-corps Some charges may apply.

No referral required.

**The Salvation Army - Epsom Lodge**

FSD0003336 Last updated 25/03/2021

A Salvation Army Accommodation Service for men and women, providing a program of rehabilitation for people, with addictions, ex psychiatric patients, prison discharges and those unable to live independently in the community. Formal referral and assessment required.

 18 Margot Street Epsom Auckland 1051

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| epsom.lodge@salvationarmy.org.nz  (09) 524 0252 http://www.salvationarmy.org.nz/    **Classification : THP** | 24 Hours  Some charges may apply.  Referral may apply. |

**The Salvation Army - Flat Bush**

FSD0023577 Last updated 27/04/2021

Corps Plant. Worship, community and welfare services of The Salvation Army

18 Fusion Road Flat Bush Auckland 2019 flatbushcorps.plant@salvationarmy.org.nz  Some charges may apply.



(09) 277 6829 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/auckland/flatbush/flat-bush-corps

**The Salvation Army - Hibiscus Coast**

FSD0023583 Last updated 29/03/2021

Worship, community and welfare services of The Salvation Army on the Hibiscus Coast.

38 Greenview Lane Red Beach 0932



hibiscuscoastcorps@salvationarmy.org.nz  Office is open Tuesday, Wednesday, Thursday

(09) 426 0239 9.00am-12noon

https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/hibiscus-coast/hibiscus- No referral required. coast-corps

**The Salvation Army - Manukau Central**

FSD0005754 Last updated 19/04/2021

Worship, community and welfare services of The Salvation Army

 16D Bakerfield Place Manukau Auckland 2104

manukaucentral.corps@salvationarmy.org  Monday to Friday, 9am-5pm.

.nz Some charges may apply.

(09) 262 2332 No referral required.

https://www.salvationarmy.org.nz/centres/ nz/auckland/manukau/manukau-centralcorps

**Classification : BFC**

**The Salvation Army - Mt Albert**

FSD0023584 Last updated 26/03/2021

Worship, community and welfare services of The Salvation Army

218 Mt Albert Road Sandringham Auckland 1025



mtalbert.corps@salvationarmy.org.nz  Mon - Fri: 9.30am - 4.30pm,

(09) 629 5063 Sat: 9am - 4pm

https://www.salvationarmy.org.nz/centres/ Some charges may apply. nz/auckland/sandringham/mt-albert-corps No referral required.

**The Salvation Army - Otahuhu**

FSD0023585 Last updated 22/04/2021

Worship, community and welfare services of The Salvation Army

99 Church Street Otahuhu Auckland 1062



otahuhu.corps@salvationarmy.org.nz  9am-2.30pm Monday to Friday

(09) 276 5793 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/otahuhu/otahuhu-corps

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| **The Salvation Army - Papakura**  FSD0023546 | Last updated 23/03/2021 |
| 1852 |  |

Worship, community and welfare services of The Salvation Army

87-91 Clevedon Road Auckland papakura.corps@salvationarmy.org.nz  /



(09) 299 6791 Some charges may apply. https://www.salvationarmy.org.nz/centres/ No referral required. nz/auckland/papakura

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| **The Salvation Army - Royal Oak** |  |
| FSD0003434 | Last updated 17/04/2021 |

Community and Welfare services for The Salvation Army

691a Mt Albert Road Royal Oak Auckland 1023



ndhq@nzf.salvationarmy.org  9:15am-12pm, 1-3pm Monday, Tuesday,

(09) 639 1181 Thursday Friday. https://www.salvationarmy.org.nz/centres/ Wednesdays 10-12 and 1-3pm. nz/auckland/royal-oak Some charges may apply.

Referral may apply.

**Classification : BFC, THP**

**The Salvation Army - Waitakere Central**

FSD0008237 Last updated 29/04/2021

Worship, community and welfare services of The Salvation Army

7-9 View Road Henderson Auckland 0612



WaitakereCentral\_Corps@nzf.salvationar  Community and Family Services: 9.00am -

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| my.org  (09) 837 4471 https://www.salvationarmy.org.nz/centres/ nz/auckland/waitakere/waitakere-centralcorps | 5.00pm, Monday to Friday. Some charges may apply.  No referral required. |

**Classification : BFC**

**The Shane Cameron Foundation**

FSD0020783 Last updated 03/02/2021

The Shane Cameron Foundation - Creating Champions.

Our aim is to improve communities through educational programmes for youth.

mw@shanecameron.co.nz  Monday - Friday: 9am - 5pm (021) 322 970 All services free of charge.

No referral required.

**The Sowers Trust**

FSD0015527 Last updated 11/12/2020

Sowers provides mentoring and youth development programmes for young people and social work support for individuals and families within Howick Ward.

The Picton Centre 120 Picton Street Howick Auckland 2014



SOWERS@HCC.CO.NZ  We are flexible but generally work between 9am

(09) 538 0050 and 5pm Monday to Friday. http://www.sowers.co.nz Some charges may apply.

No referral required.

**The Village Community Services Trust**

FSD0017247 Last updated 21/07/2020

The Village Community Services Trust (The Village) is a registered charitable trust lead by Auckland community leaders committed to serving the wider community with a strategic focus on marginalised individuals and communities, in particular at risk Pacific and Maori youth. The Trust mission is to support marginalized individuals and groups in our community by providing relevant and cutting edge programmes and services that give them hope and a future by maximising their potential.

At the very heart of the organisation is the creed that 'it takes a Village to raise a child'.

Underpinning this notion is the belief that we have a collective responsibility to play to reconnect the disconnected youths and individuals in our community into safe environments, discover pathways that lead to lives operating to their full potential.

 24 Racecourse Parade Avondale Auckland 1026

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| (09) 828 6520 http://villagetrust.co.nz      **Timaloa Law** | Mon to Fri 9am to 5pm Some charges may apply. Referral may apply. |
| FSD0020677 | Last updated 15/09/2020 |

I am anexperienced Barristers and Solicitor in the following areas of Family Law :

•Parenting •Paternity •Relocation •Domestic Violence •Guardianship •Adoption •Oranga Tamariki Ministry for Children matters •Mental Health matters.

We are also experienced in dispute resolution, mediation and restorative justice including, in the areas of criminal, health and safety, employment matters.

We accept both legal aid and private client referrals, and currently attend matters in all Family Courts.

300 Richmond Road Grey Lynn Auckland 1021



saotimaloa@loia.co.nz  Open from Monday to Friday 8.30am to 5.00pm

(09) 360 2193 Some charges may apply.

(021) 022 54165 No referral required. http://www.timaloalaw.co.nz

**Tongan Health Society**

FSD0003693 Last updated 29/06/2020

Medical, Health & Social Services provider. Pacific Family Violence Services for vulnerable children and their families. Integrated Outcomes Unit with Clinical and Non-Clinical Navigators (Registered Nurses & Social Workers). Social Sector Accredited. RNZCGP Cornerstone

Accreditation. At Risk Youth Services. Mental Health Services including Psychiatrist, Counsellor

& Mental Health Nurse Specialist. Referrals to THSreferrals@tonganhealth.com or phone

0800030902

119 Rowandale Avenue Manurewa Auckland



kasalanaita.puniani@tonganhealth.com  7.30am – 5.30pm Monday to Friday

(09) 266 2249 All services free of charge. http://www.tonganhealth.com No referral required.

**Classification : FVSS**

**Transitioning Out Aotearoa**

FSD0016447 Last updated 26/11/2020

He Whanau TOA, He Whanau ORA - A Strong Family is a Healthy Family strategy involves facilitating positive and adaptive relationships within whanau and recognising the interconnectedness of welfare, health, education, housing, justice, employment and lifestyle as elements of whanau wellbeing.

25 Druces Road Wiri Manukau 2104



info@toa.org.nz  9am to 5pm Monday to Friday (0800) 367 942 x2 Some charges may apply.

(09) 570 2679 Referral may apply. http://www.toa.org.nz

**Classification : PACIFIC**

**Tu Wahine Trust**

FSD0003813 Last updated 19/10/2020

A service for Maori women and children living in West Auckland who have been affected by violence and abuse.

247 Edmonton Road Te Atatu South Waitakere City 0610



echo@tuwahine.org.nz  All services free of charge.

(09) 838 8700 No referral required.

https://www.facebook.com/pg/TuWahineT rust

**Classification : FVSS, SHSS**

**Tuilaepa Youth Mentoring Service**

FSD0019607 Last updated 19/02/2021

The Tuilaepa Youth Mentoring Service (TYMS) TYMS is a youth mentoring service (both individual and group) which works with at-risk youth, supporting them to achieve their full potential either academically or through training and employment.

Our TYMS vision is of Pasifika and Maori youth who feel a sense of belonging and pride in our communities living their full potential.

Our mission is to break the cycle of disengagement

TYMS partners with young people to create quality life paths and ensure they have the support networks, tools, resources, and life skills to navigate and succeed in education, employment or training.

Our approach to improving young people’s wellbeing is strengths-based, holistic (combining academic mentoring with family/student advocacy), and culturally appropriate, delivered by our Pasifika and Mori mentors and student/family advocates (all of whom are parents, certified youth workers with teaching experience and sporting backgrounds).

644 Swanson Road Swanson Auckland 0612



admin@tyms.org.nz  Monday-Friday 9am - 5pm

(09) 971 2746 Some charges may apply.

(021) 192 8607 Referral may apply. http://www.TYMS.org.nz

**Tyde Solutions**

FSD0023792 Last updated 03/02/2021

Inspire, motivate and build confidence in your people while assisting them to understand their unique identities. With our Take Charge! program we help individuals and groups from all walks of life to grow and be more self-managed and self-responsible to achieve success. From goal setting to action planning to success. Using easy to use templates and workbooks, we will guide you from

'I am not getting anywhere and going around in circles' to 'WOW! I did it!'

svincentguy@tydesolutions.com  8.30 am to 5 pm business days, or after hours on

(022) 084 4024 request. http://www.tydesolutions.com Some charges may apply.

No referral required.

**TYLA Youth Trust**

FSD0017312 Last updated 21/07/2020

TYLA Youth Trust is a not-for-profit long term, early intervention programme aimed at 10-17 year olds. We aim to assist youth in making healthy choices in order to turn their lives around. Referrals to TYLA are made through the NZ Police, Oranga Tamariki and schools in the appropriate areas (Otara and Central West Auckland).

Avondale Police Station 1832 Great North Road Avondale Auckland 1026



admin@tyla.org.nz  8.30am-5pm Monday-Friday.

(09) 828 2331 Closed on weekends and public holidays.

http://tyla.org.nz All services free of charge.

Referral may apply.

**University Health and Counselling Service**

FSD0003461 Last updated 18/08/2020

Counselling and general practice medical services at the University of Auckland.

Level 3, Kate Edger Information Commons 2 Alfred Street Auckland



uhsinfo@auckland.ac.nz  Monday, Tuesday, Wednesday & Thursday

(0800) 698 427 8:30am - 6:00pm (09) 923 7681 Friday 8:30am - 4:00pm http://www.auckland.ac.nz/healthandcoun Some charges may apply. selling No referral required.

**UpsideDowns**

FSD0023458 Last updated 25/02/2021

UpsideDowns helps fund speech language therapy for kids with Down syndrome. For children with

Down syndrome, learning to speak can be a real challenge. We're the UpsideDowns Education Trust, a charity established in 2003 by parents of kids with Down syndrome.

We're giving a voice to kids with Down syndrome all over New Zealand and equipping them with the skills to talk, read and write. By funding their speech language therapy, we're ensuring these kids have the best possible start to life.

The Trust plays a vital role in improving the learning development of the children, enabling them to integrate better into the community and enrich their lives.

4 Stilwell Rd Mt Albert Auckland 1025



info@upsidedowns.co.nz  Monday, Wednesday, Thursday, Friday, 8.30am

(022) 123 0944 - 5pm

http://upsidedowns.co.nz Some charges may apply.

No referral required.

**Vaiola PI Budgeting Service Trust**

FSD0005942 Last updated 03/01/2021

Vaiola PI Budgeting Service Trust offers free, supportive, confidential and culturally aware budget advisory services with trained and certified budget advisers.

Baptist Church Cnr Ashgrove and Bader Drive Mangere Auckland 2022



vpibs@vaiola.org  9:00 am - 3:00pm Monday - Friday

(09) 256 9639 All services free of charge.

(09) 280 4190 No referral required. http://www.vaiola.org

**Classification : BFC**

**Vaka Pasifika Charitable Trust**

FSD0021525 Last updated 09/11/2020

Vaka Pasifika is a charitable Trust set up with the mission and vision to “empower Pacific Island People to take charge of their lives and those of their family(s) to enjoy and participate in developing New Zealand Society”.

Unit 3 9 Northside Drive Westgate Auckland 0814



info@vakapasifika.org.nz  Monday - Friday

(021) 029 00701 9am - 5pm

http://www.vakapasifika.org.nz All services free of charge.

No referral required.

**Classification : FVSS, PACIFIC**

**Victim Support - Auckland Central**

FSD0003477 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

nationaloffice@victimsupport.org.nz

(0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz



The Victim Support Service is available 24 hours, 7 days a week All services free of charge.

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| --- |
| **Victim Support - Auckland East**  FSD0015693 Last updated 02/02/2021  Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime. |

No referral required.

nationaloffice@victimsupport.org.nz

(0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz The Victim Support Service is available 24 hours, 7 days a week All services free of charge.

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| **Victim Support - Auckland West**  FSD0015692 Last updated 02/02/2021  Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and |

No referral required.

recognition of the effects of crime.

nationaloffice@victimsupport.org.nz 

(0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz The Victim Support Service is available 24 hours, 7 days a week.

All services free of charge. No referral required.

**Victim Support - Counties Manukau Central**

FSD0008296

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau East**

FSD0015697 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau Pukekohe**

FSD0015698 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.



hours, 7 days a week.

**Victim Support - Counties Manukau South**

FSD0000962

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Counties Manukau West**

FSD0015699 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victim Support - Hibiscus Coast**

FSD0015700 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.



hours, 7 days a week

**Victim Support - North Rodney**

FSD0015702

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
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| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz      **Victim Support - North Shore** | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge. No referral required. |
| FSD0015703 | Last updated 02/02/2021 |

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

|  |  |
| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) VICTIM (0800) 842 846 http://www.victimsupport.org.nz      **Victim Support - Waitakere** | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge. No referral required. |
| FSD0015704 | Last updated 02/02/2021 |

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.



hours, 7 days a week.

**Visionwest**

FSD0020227 Last updated 15/01/2021

Visionwest exists to meet the needs of people in the West Auckland community and beyond. As a community development based organisation, our vision is to build a place of trust and openness where people feel valued and loved.

We believe in the value of holistic care and support and offer an integrated range of wraparound services and supports that care for all people physically, emotionally, spiritually and intellectually.

Visionwest is a Registered Charitable Trust.

Building 7 97 Glendale Road Glen Eden Auckland 0602



office@visionwest.org.nz  Our Main Office for our Campus is open Monday

(09) 818 0700 to Friday 9am - 5pm.

http://www.VisionWest.org.nz Opening times of different services within the

Trust may vary

Some charges may apply. Referral may apply.

**Classification : BFC, YS**

**Visionwest Budgeting Service**

FSD0005773 Last updated 15/01/2021

Visionwest’s Budgeting and Money Management Service provides advice and guidance to people who are facing financial difficulties, struggling with overspending, experiencing changes in financial circumstances or just want to be better and managing their money.

Our service is FREE and we can offer one off, short term, and long-term support. We will work with you for as long as it takes to ensure you have a positive financial future.

We are situated at 97 Glendale Rd, Glen Eden, West Auckland. Appointments can be face-toface, phone or online video-chat. Our opening hours are Monday - Friday, 9am - 5pm with some limited appointments available if prearranged.

VisionWest Community Trust, Building 11 97 Glendale Road Glen Eden Waitakere 0641



Budgeting@visionwest.org.nz  9.00am - 4.00pm Monday to Friday

(09) 818 0714 All services free of charge. http://visionwest.org.nz No referral required.

**Waiheke Youth Centre Trust**

FSD0021666 Last updated 21/07/2020

We provide a range of services for children, young people and their whanau/families.

6 Hamilton Road Surfdale Waiheke Island 1081



dorisaoina@gmail.com  Monday, Tuesday, Thursday, 3 pm to 5 pm.

(09) 372 6899 Fridays 3 pm to 6 pm and Multisports 6.30 pm to (027) 432 7661 8.30 pm at the Waiheke Recreation Centre.

Saturday and Sunday occasionally for special events

All services free of charge. Referral may apply.

**Waitakere Union Health Centre**

FSD0021920 Last updated 23/03/2021

Waitakere Union Health is a Family Doctors Practice. Established in 1988. We provide FREE nurse and doctor consultations for enrolled:

* Children under 18 years of age
* Adults 65 years and over
* Union members and their family members

Our goal is to help you to improve your health through the prevention, diagnosis, management of illness in a caring and supportive environment.

We are committed to equality and treat all patients with dignity and respect by embracing all people irrespective of race, gender, sexual orientation, religion, social class, age, or medical condition.

The practice has Cornerstone Accreditation recognising the high quality of its primary health care service. Patients are seen on an 'Appointment Only" basis.

We are conveniently situated in the Waitakere Hospital Grounds, Lincoln Road in Henderson and provide free parking.

55-75 Lincoln Road Henderson Auckland 0612



admin@wuhealth.co.nz  Monday to Friday 8am-5pm

(09) 837 3933

http://www.waitakereunionhealth.com Please book an appointment via

ManageMyHealth or call reception on 09 837

3933 / 0800 489 237

All services free of charge. No referral required.

**Waiuku Family Support Network**

FSD0000974 Last updated 16/04/2021

To strengthen family life by helping individuals and families through their own efforts, to develop their skills and to become aware of resources available to them in the surrounding community.

56 Queen Street Waiuku 2123



admin@waiukufamilysupport.co.nz  Monday, Friday 10am – 2pm

|  |  |
| --- | --- |
| (09) 235 9099 http://waiukufamilysupport.co.nz/    **Classification : FVSS** | Tue – Thur 9.30am – 4.00pm Some charges may apply.  No referral required. |

**Warkworth/Wellsford Budget Service**

FSD0005947 Last updated 02/01/2021

To provide budgeting help and education to families, individuals and interested groups.

Citizens Advice Bureau 1 Matheson Road Wellsford Auckland 0900



admin@wwbudgetservice.co.nz  9.00am - 3.00pm Monday to Friday

(09) 423 7123 All services free of charge.

(021) 423 788 No referral required.

https://www.wwbudgetservice.co.nz/

**Classification : BFC**

**WDHB Community Child Health (North)**

FSD0003608 Last updated 15/03/2021

Community and Centre-based service for children with disabilities and developmental delay 0-16 years.

Level 1 3 Shea Terrace Takapuna Auckland 0622



(09) 447 0100  Monday - Friday 8 - 4.30 p.m.

(09) 447 0111 All services free of charge. https://www.waitematadhb.govt.nz/hospita Referral may apply.

ls-clinics/clinics-services/community-childhealth/

**West Auckland Budget Service**

FSD0003512 Last updated 25/08/2020

Work together with people, their family and whanau to increase effective management of finances, knowledge of smart use of debt and financial products, improve longer term financial capability.

Admin Office 26 Belvedere Court West Harbour Auckland 0618



wabs@wabs.org.nz  New Lynn Citizens Advice Bureau (09) 416 4727 Monday, Tuesday 10 to 1pm

(027) 242 6719 Wednesday Thursday 10 to 1pm

Massey CAB

Monday & Friday 10 to 1pm

Home Visits available, must meet a criterion All services free of charge. No referral required.

**Classification : BFC**

**Whanau Resource Centre o Pukekohe Charitable Trust**

FSD0016702 Last updated 08/10/2020

The Whanau Resource Centre is a one stop shop in community support servicing and prides itself on catering to the needs of its community. The Whanau Resource Centre's confidential service delivers a holistic approach to supportive care and is committed to promoting well being and assisting individuals to deal with the day to day matters of life.

17 McNally Road Pukekohe Auckland 2120



info@whanauresourcecentre.org.nz  Monday, Tuesday, Wednesday, Thursday and

(09) 238 5285 Friday 9am to 4.30pm (021) 532 178 Some charges may apply.

No referral required.

**Classification : FVSS, THP**

**William Garden Counselling and Facilitation Services**

FSD0015132 Last updated 29/09/2020

Relationship Counselling. Also personal one on one counselling: Grief, Addictions, Stress, Depression, Anxiety, Mentoring, Personal Development Group Facilitation.

6 Airfield Road Takanini Papakura 2245



william.garden@xtra.co.nz  Weekday 10am - 6pm

(09) 298 2489 Weekend Counselling Available (Relationship (027) 450 0488 Counselling Only)

http://www.southcitycounselling.co.nz Some charges may apply. Referral may apply.

**Wilson Centre for Children**

FSD0003730 Last updated 02/03/2021

Respite Services

Respite (Out of Home Support) is provided by Waitemata DHB and is free for families in the Auckland and Northland regions. The service is for children 0-16 years old who have disabilities, are medically fragile and have high support needs.

Child Rehabilitation Service

Provides a comprhensive, family-centred rehabilitation service for children 0-16 years old or while still at school (Whole of New Zealand).

Wilson Centre for Children 1 St Leonards Road Hauraki North Shore 0622 respite@waitematadhb.govt.nz  Office hours: 08:00-16:30 Mon-Fri



(09) 488 4688 Respite/Rehab

https://www.waitematadhb.govt.nz/hospita Inpatients: 24hrs (365 days) ls-clinics/wilson-centre/ All services free of charge.

Referral may apply.

**Women's Centre Waitakere**

FSD0003464 Last updated 02/11/2020

A community based agency supporting women and their families. We provide a safe, accessible environment for women and their families to make their own choices in a supportive, nonjudgemental and confidential way.

Services provided include Counselling, Programmes and workshops. Access to community information and resources.

Cnr McLeod & Te Atatu Road 111 McLeod Road Te Atatu South Auckland 0610 info@womenscentre.org.nz  Monday to Friday 9am to 2.00pm



(09) 838 6381 Some charges may apply.

(09) 836 2470 No referral required. https://www.heartofthewest.org/

**Classification : FVSS**

**Work and Income - Auckland Regional Office**

FSD0015264 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

 Level 2, Building A 65 Main Highway Ellerslie Auckland 1051

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| --- | --- |
| (0800) 559 009 http://www.workandincome.govt.nz | Monday to Friday, 8:30 am to 5:00 pm All services free of charge.  No referral required. |

**Work and Income - Clendon Service Centre**

FSD0007895 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

Clendon Shopping Centre Cnr Roscommon & Palmers Roads Clendon Manukau City 2103



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Glenfield**

FSD0007896 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

1 Peach Road Glenfield North Shore City 0629



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Helensville Service Centre**

FSD0007899 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

34-38 Commercial Road Helensville 0800



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Manukau Community Link**

FSD0007903 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

2 Osterley Way Manukau Auckland 2104



(0800) 559 009  Monday, Tuesday, Thursday, Friday 8:30am http://www.workandincome.govt.nz 5:00pm. Wednesday 9:30am - 5:00pm.

All services free of charge. No referral required.

**Work and Income - Orewa Service Centre**

FSD0007909 Last updated 21/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

27 Florence Avenue Orewa 0931



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

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| --- | --- |
| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Work and Income - Otara Service Centre**

FSD0007911 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

52-60 Lovegrove Crescent Otara 2023



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday http://www.workandincome.govt.nz 9:30am - 5pm

All services free of charge. No referral required.

**Work and Income - Takapuna Service Centre**

FSD0007919 Last updated 18/09/2020

COVID-19: All of our service centres are open at Level 1, however, please telephone ahead or go online to access services in the first instance – you may not need to leave home to get our help (see links above).

Work and Income is a service of the Ministry of Social Development (MSD) and delivers support and employment services to more than 1 million New Zealanders. Work and Income provides assistance in a number of ways; see our services to find out how we can help you and your family.

519 Lake Road Takapuna 0622



(0800) 559 009  Monday to Friday 8:30am - 5pm, Wednesday

|  |  |
| --- | --- |
| http://www.workandincome.govt.nz | 9:30am - 5pm  All services free of charge.  No referral required. |

**Yellow Brick Road - Auckland Central**

FSD0021009 Last updated 08/12/2020

We're Yellow Brick Road, a national organisation that specialises in providing support for whnau who have a loved one experiencing mental health challenges. We will walk alongside any family who needs support, knowledge, advocacy and empowerment as their loved one journeys towards mental wellbeing.

423 Great North Road Grey Lynn Auckland 1021



admin.auckland@yellowbrickroad.org.nz  Monday - Friday 8.30 am-5 pm

(09) 378 9134 All services free of charge.

(0800) 732 825 No referral required. https://yellowbrickroad.org.nz/

**Yellow Brick Road - Northern Region**

FSD0007454 Last updated 08/12/2020

We're Yellow Brick Road, a national organisation that specialises in providing support for whnau who have a loved one experiencing mental health challenges. We will walk alongside any family who needs support, knowledge, advocacy and empowerment as their loved one journeys towards mental wellbeing.

423 Great North Road Grey Lynn Auckland



admin.auckland@yellowbrickroad.org.nz  8.30am - 5.00pm Monday to Friday

(09) 378 9134 All services free of charge.

(0800) 732 825 No referral required. https://yellowbrickroad.org.nz/

**Yellow Brick Road - Waitemata**

FSD0021017 Last updated 08/12/2020

We're Yellow Brick Road, a national organisation that specialises in providing support for whnau who have a love done experiencing mental health challenges. We will walk alongside any family who needs support, knowledge, advocacy and empowerment as their loved one journeys towards mental wellbeing.

423 Great North Road Grey Lynn Auckland 1021



admin.auckland@yellowbrickroad.org.nz  Monday to Friday 8.30 am to 5 pm

(09) 378 9134 All services free of charge.

(0800) 732 825 No referral required. https://yellowbrickroad.org.nz/

**YMCA - North Shore Recreation Centre**

FSD0003601 Last updated 11/01/2021

We build strong kids, strong families, strong communities. From babies to grandparents and everyone in between, the YMCA offers something for every member of the family.

YMCA North Shore includes one of the largest indoor soccer courts in Auckland, three squash courts, table tennis hire and we also host a basketball competition for primary school aged children.

Our clean and modern fitness facilities can help you achieve your goals. We think exercise is more fun when it’s done together, so we’ve got a group fitness class to suit everyone. Plus, for those wanting an extra push or a bit of support, our team of fitness trainers and personal trainers are always on board and ready to help. Pop in or give us call on (09) 480 7099 to find out more.

5 Akoranga Drive Northcote Auckland northshore@ymcaauckland.org.nz 



(09) 480 7099 (0800) 456 094 https://www.ymcaauckland.org.nz

**YMCA Camp Adair**

FSD0023041

Mon - Fri 5.30am - 10.00pm

Sat/Sun 7.30am - 6.00pm

Public holiday times vary Some charges may apply. No referral required.

Last updated 13/01/2021

OSCAR approved YMCA Camp Adair in Hunua has provided thousands of Kiwis the opportunity to develop themselves using the great outdoors. Overlooking the stunning Hunua Ranges Regional Park, YMCA Camp Adair covers 100 acres and includes four self-contained areas that can accommodate a total of 434 people.

At YMCA Camp Adair, we love welcoming people from all walks of life. Examples of groups that have used our camp have included (but are not limited to); community groups, family groups, corporate team building, church retreats, sports teams and school camps from Auckland and beyond. If you are a group of people who need a venue, you will find everything you need for your outdoor adventure experience – accommodation, indoor facilities, catering and most importantly our amazing activities!

Everyone who visits our unique camp in Hunua gets the opportunity to enjoy the fresh air, open fields and the native bush of Auckland’s oldest regional park right on our doorstep.

2487 Hunua Road Hunua Auckland 2583



campadair@ymcaauckland.org.nz  8:30am - 5pm Weekdays

(09) 292 4886 Some charges may apply. https://www.ymcaauckland.org.nz/find- No referral required. your-local/camp-adair-hunua/

**Classification : OSCAR**

**YMCA Lynfield**

FSD0018887 Last updated 22/12/2020

A Family Recreation and Fitness Centre offering children term and OSCAR approved holiday programmes.

Margaret Griffen Park 16-18 Griffen Park Road Lynfield Auckland 1041



lynfield@ymcaauckland.org.nz  Monday - Friday 6am - 9pm

(09) 627 1642 Saturday and Sunday 8am-5pm (0800) 534 535 Some charges may apply. https://www.ymcaauckland.org.nz/find- No referral required. your-local/lynfield/lynfield-leisure-youthcentre/

**Classification : OSCAR**

**Young New Zealanders' Foundation**

FSD0005719 Last updated 17/04/2021

Young New Zealanders' Foundation supports a number of strategies and systems to try and prevent any young person "slipping through the net" without the specialised help they need. This is achieved through: Information Technology, Community Education and Specialist Support

For more info please visit our websites:

http://www.valuinglife.online/ www.youngnz.online

2/9 Kapiti Place Sunnynook Auckland 0743



valuinglifenz@gmail.com  8.00am - 5.00pm Monday to Friday.

(0800) 333088 Some charges may apply.

No referral required.

**Youth Advisory Group**

FSD0019597 Last updated 13/04/2021

The Youth Advisory Group (YAG) is a diverse group of young people from around the country facilitated by Youthline and Youthlaw to provide leadership and advice on youth issues, services and resource development. We are passionate about improving the health and wellbeing of young people and have an impressive C.V of past projects.

The YUAG was established in 2007 to redevelop Youthline’s youth health information website www.Urge.co.nz and have since guided the content and design of the website. Over the years, we have worked on many projects providing expert youth advice and providing feedback on how to improve youth services and resources so that they are ‘youth-friendly’. Throughout the year, we look for projects where we can assist other organisations and government departments in their work with young people, in exchange for a small koha to help with our running costs (if available – we really just want to be able to help where we can!) depending on what is involved.

Youthline House 13 Maidstone St Ponsonby Auckland 1021 supportcentre@youthline.co.nz  Monday to Friday 9am to 5pm



(09) 376 6645 Koha/donation may apply. https://www.youthline.co.nz/youth- No referral required. advisory-groups.html

**Youth Horizons**

FSD0003785 Last updated 11/03/2021

Our Mission:

To enhance the lives of children and young people with conduct problems and those of their families and whnau.

To prevent the emergence or further development of conduct problems among those identified as at risk.

Our Services:

Youth Horizons supports children, young people and their families/whnau with challenging conduct, anti-social behaviour and/or mental health needs, through the use of evidence-based models.

Our focus is on behavioural management, parenting support, and reintegration with families within an in-home, out-of-home or community setting.

42 Vestey Drive Mt Wellington Auckland 1060



communications@youthorizons.org.nz  8.30am - 5pm for general enquiries

(09) 573 0954 Some charges may apply.

(0800) 375 210 Referral may apply. http://www.youthorizons.org.nz

**Classification : YS**

**Youth Mentoring Network**

FSD0017317 Last updated 09/03/2021

Our charitable trust was established to promote effective youth mentoring opportunities for young New Zealanders and to provide professional development initiatives for individuals and organisations working with young people.

We can help you to find youth mentoring programmes throughout New Zealand, access valuable tools and resources - like our Guide to Effective Practice in Youth Mentoring, attend training opportunties - for Mentors working with young people or organisations wanting to set-up and run an effective Youth Mentoring Programmes in New Zealand.

With indications highlighting the growing effectiveness of youth mentoring as a social intervention in New Zealand, we encourage you to stay up-to-date by registering for our e-newsletter now.

joy@youthmentoring.org.nz  Week days

(021) 468 851 Some charges may apply. http://www.youthmentoring.org.nz No referral required.

**Youth Service West**

FSD0020124 Last updated 25/01/2021

Youth Service West (YSW) is a FREE Hub supporting young people aged between 16 – 24 with Education and Employment options, Health and Wellbeing support, advice and referrals, Career Planning and Guidance, Budgeting, Parenting and Life skills Training, Skills and Tools.

Whether you need a chat over a drink, advice, support or individual guidance, we're approachable, friendly and easy to talk with... come see one of our awesome youth coaches!

Our skilled staff will work with you, your family/whanau and other support services to develop a tailored, individual plan to address your identified areas of need.

If we can't help you, we'll know who can!

 3 Rata Street New Lynn Auckland 0600

carmen.atama@youthorizons.org.nz  Monday to Friday 8:30 to 5:00pm

(09) 835 1176 ext 404 All services free of charge.

(0800) 937 887 Referral may apply. http://youthorizons.org.nz

**YouthLaw Aotearoa**

FSD0005709 Last updated 25/10/2020

We promote, protect and uphold the legal rights of children and young people in Aotearoa/New

Zealand, through the provision of a free service that helps children and young people under 25. We provide legal advice and information covering education, employment, driving, police, welfare, safety and general rights. We also run legal education sessions for young people, schools and other organisations.

More information and resources are available on our website here: http://www.youthlaw.co.nz

Level 3 21 Putney Way Manukau 2104



info@youthlaw.co.nz  Advice Line: 10:00am - 4:00pm Monday to

(0800) 884 529 Friday;

(09) 250 2660 Office hours: 9:00am - 5:00pm Monday - Friday http://www.youthlaw.co.nz Website contact: 24 hours

All services free of charge. No referral required.

**Youthline**

FSD0006531 Last updated 18/02/2021

Youthline offers access to a wide range of youth development and support services.

Youthline is at the forefront in developing and providing youth and family services and we offer and can link young people to a comprehensive range of clinical services.



Youthline House 13 Maidstone Street Ponsonby Auckland 1021

supportcentre@youthline.co.nz 

(0800) 37 66 33 (09) 376 6645 http://www.youthline.co.nz Office open Monday to Friday 9am-5pm. Youth Help Line 24 hours a day, 7 days a week.

Free TXT 234 Some charges may apply. No referral required.

**Youthline - Manukau**

FSD0006533 Last updated 19/02/2021

Counselling and programmes for people of all ages with a specific focus on 11 to 30 years. Youth Help and Counselling Line 8.00 am - midnight seven days.

145 St George Street Papatoetoe Manukau 2025



supportcentre@youthline.co.nz  24/7 Youth Help and Counselling Line 0800

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| (0800) 376 633 (09) 376 6645 http://www.youthline.co.nz      **Youthline - North Shore** | Youthline Centre open 8.30am - 5pm Monday to Friday.  Cafe 'Thyme Out @ The Station' open 7.30am 4.30pm Monday - Friday and 7.30am - 3pm Saturdays.  Some charges may apply. No referral required. |
| FSD0006532 | Last updated 18/02/2021 |

Youth helpline via telephone, text and email, available 24/7. Training and leadership programmes and face to face counselling for young people and families available in the local community. Visit www.youthline.co.nz for more information about North Shore based services.

49 Galaxy Drive Mairangi Bay Auckland 0630



supportcentre@youthline.co.nz  Monday-Friday 8.30am-5pm.

(09) 419 4397 Some charges may apply.

(0800) 376 633 No referral required. http://www.youthline.co.nz

**Youthline Auckland Central and North Shore Advisory Group**

FSD0019637 Last updated 24/07/2020

The Youthline Auckland Central and North Shore Advisory Group has a particular focus on issues facing young people in employment and supports agencies that require help around this topic.

The YAG is made up of 16 to 20 year olds, and is made up of fourteen members from the Auckland Central and North Shore regions. The group meets once a month.

Youthline House 13 Maidstone Street Ponsonby Auckland 1021 supportcentre@youthline.co.nz  8am - 4.30pm Monday to Friday



(09) 376 6645 Koha/donation may apply.

(0800) 376 633 No referral required. http://www.youthline.co.nz

**Youthline Auckland Counselling and Family Support Service**

FSD0003472 Last updated 18/02/2021

Face to face, family and pregnancy counselling for young people, families and individuals of all ages, with a focus on youth aged 12-25 and families supporting young people. All counsellors are externally professionally trained and supervised. Face to face counselling is available in Ponsonby, Manukau, Waitakere and the North Shore.

Youthline House 13 Maidstone Street Ponsonby Auckland



supportcentre@youthline.co.nz  9am-5pm Monday - Friday (09) 361 4168 All services free of charge.

(09) 376 6645 Referral may apply. http://www.youthline.co.nz

**Youthline Youth Services**

FSD0023144 Last updated 13/08/2020

0800 2 YOUTH | Txt MENTORING to 234

Services to assist young people with achieving sustainable education, training or employment outcomes, developing goals for future achievement, and with accessing and receiving financial assistance from Work and Income.

 13 Maidstone Street Grey Lynn Auckland 1021

youthservice@youthline.co.nz (0800) 296 884 (2 YOUTH) (Free TXT) MENTORING to 234 http://www.youthline.co.nz

**Classification : YS**

9.00am-5.00pm Monday-Friday Closed on Saturdays, Sundays and public holidays.

All services free of charge. Referral may apply.

**Youthtown Inc: Auckland Central**

FSD0003473 Last updated 03/02/2021

Community Youth Facility for all youth aged under 18 years. Aims to build self-esteem by offering youth a safe place to express themselves physically, creatively and socially. Run OSCAR approved after school and holiday programmes.

110 Mt Eden Road Mt Eden Auckland



info@youthtown.org.nz  Weekdays 9am - 5pm

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| (0800) 004 566 http://www.youthtown.org.nz    **Classification : OSCAR**    **Youthtown Inc: Avondale** | Weekends closed Some charges may apply. No referral required. |
| FSD0018722 | Last updated 10/02/2021 |

Community Youth Facility free for all youth aged under 18 years. Aims to build self-esteem by offering youth a safe place to express themselves physically, creatively and socially.

12 Holly Street Avondale Auckland 1026



info@youthtown.org.nz  All services free of charge.

(09) 379 5430 No referral required. http://www.youthtown.org.nz

**Youthtown Inc: Panmure**

FSD0018712 Last updated 11/01/2021

Community Youth Facility for all youth aged under 18 years. Aims to build self-esteem by offering youth a safe place to express themselves physically, creatively and socially.

143 Tripoli Road Panmure Auckland 1072



panmure@youthtown.org.nz  Some charges may apply.

(027) 763 5610 No referral required. http://www.youthtown.org.nz

**Classification : OSCAR**

# National Helplines

**Alcohol Drug Helpline**

FSD0003840 Last updated 28/08/2020

The Alcohol Drug Helpline offers confidential information, insight and support on any problem, issue or query people may have about their own or someone else's drinking or drug use.

We offer brief interventions which allow someone to anonymously identify their level of use, consider the pros and cons of continuing to use, and the reasons they would like to change. We offer referrals to treatment services. The person making contact is then offered a selection of options in an affirming confidential manner.

We work with concerned others and support families/whanau to stay well when their loved ones are struggling with an alcohol or other drug problem.

info@alcoholdrughelp.org.nz  24 hours/ 7 days/ 365 days a year (0800) 787 797  All services free of charge.

(Free TXT) 8681 No referral required. http://www.alcoholdrughelp.org.nz

**Body Positive Inc.**

FSD0000152 Last updated 04/03/2021

Body Positive Inc. is a group founded by and run for people with HIV/AIDS. We welcome all people living with HIV and AIDS in New Zealand.

Body Positive Inc. breaks down isolation and builds a sense of community while advocating on behalf of HIV+ people on a national level.

Unit 1 3 Poynton Terrace Auckland 1010



office@bodypositive.org.nz  Mon-Fri 10am-5pm (0800) HIV LINE (448 5463)  All services free of charge.

(09) 309 3989 No referral required. http://www.bodypositive.org.nz

**Child Cancer Foundation - National Contact**

FSD0007609 Last updated 11/03/2021

Promoting services of excellence and consistency for children and young people with cancer and their families.

Free phone 0800 4 CHILD (0800 4 24453). We offer family support and coordination services throughout New Zealand

The Family Place 76 Grafton Road Grafton Auckland 1030 akl.familyplace@childcancer.org.nz  8.30am - 5.00pm, Monday to Friday.



(0800) 4 CHILD (0800 424 453)  All services free of charge.

(09) 366 1270 No referral required. http://www.childcancer.org.nz

**Continence New Zealand**

FSD0001723 Last updated 14/10/2020

Continence New Zealand aims and ideals are to work towards the promotion and expansion of continence issues providing information and support for people experiencing continence problems and the professionals working with them.

PO Box 254 Waiuku 2341



info@continence.org.nz  8.30am-5pm (0800) 650 659  All services free of charge. http://www.continence.org.nz No referral required.

**Depression Helpline**

FSD0017387 Last updated 28/08/2020

The Depression Helpline 0800 111 757 and text 1737 - callers can talk through emotional and psychological issues with counsellors and via the national depression initiatives:

* www.depression.org.nz – helping people find a way through depression
* The Lowdown - www.thelowdown.co.nz and text 5626 – support to help young people recogniseand understand depression or anxiety
* The Journal @ depression.org.nz - an online programme to help people learn skills to tackle

depression.

PO Box 105346 Auckland 1010



(0800) 111 757  (Free TXT) 4202 http://www.depression.org.nz

All support is available 24 hours a day, seven days a week, 365 days a year.

All services free of charge. No referral required.

**Elder Abuse Response Service**

FSD0023052 Last updated 30/04/2021

A 24/7 freephone helpline service that connects callers to information and/or support services in relation to elder abuse.

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| support@elderabuse.nz  (0800) 32 668 65(EA NOT OK)    **Classification : EARS, FVSS**    **Ezispeak** | Freephone service available 24/7.  Text 5032 or email support@elderabuse.nz All services free of charge. No referral required. |
| FSD0024013 | Last updated 31/08/2020 |

Ezispeak is a telephone based interpreting service which offers clients of the participating agencies free interpreting in over 180 different languages.

Level 16 157 Lambton Quay Te Aro Wellington 6011



(0800) 453 771   Call us Monday to Friday: 8.00am to 6.00pm http://www.ezispeak.nz/ All services free of charge.

No referral required.

**Family Court**

FSD0022756 Last updated 14/10/2020

The Family Court deals with lots of issues, from making orders for children not yet born right through to older people who are in need of care and protection. Providing families with help doesn't always involve actually going to court. There are many advice and support services that the Court will provide or recommend to you first, depending on the nature of your problem.

(0800) 224 733   Call between 8:30am and 5:00pm Monday to (0800) AGREE Friday. Otherwise, go to the website to find your http://justice.govt.nz/family/contact-us/ local district court.

Some charges may apply. No referral required.

**Family Violence Information Line**

FSD0015122 Last updated 16/04/2021

A Family Violence Information Line that provides information about services that can help you if you are experiencing or witnessing violence, or want to change your own behaviour. The line provides self-help information and connects people to services where appropriate. It is available seven days a week, from 9am to 11pm, with an after-hours message redirecting callers in the case of an emergency.

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| areyouok@msd.govt.nz (0800) 456 450 http://www.areyouok.org.nz    **Classification : FVSS**    **Gambling Helpline** | Available seven days a week, from 9am to 11pm, with an after-hours message redirecting callers in the case of an emergency.  All services free of charge. No referral required. |
| FSD0003595 | Last updated 31/08/2020 |

Worried about your gambling? Or somone else's? Call 0800 654 655 or text 8006 for support or information 24 x 7. Calls and texts are free.

info@gamblinghelpline.co.nz  Available 24/7 (0800) 654 655  All services free of charge.

(Free TXT) 8006 No referral required. http://www.gamblinghelpline.co.nz

**Classification : PACIFIC**

**Healthline**

FSD0000029 Last updated 28/08/2020

Healthline is a free telephone health information service 24 hours/ 7 days a week. Phone 0800 611 116 to talk to a registered nurse for health advice. Calls are free – including from a mobile phone. Interpreters available.

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| (0800) 611 116 http://www.healthline.govt.nz      **Hey Bro Helpline** | 24 hours a day, seven days a week.  All services free of charge. No referral required. |
| FSD0023413 | Last updated 18/01/2021 |

Providing 24/7 helpline support for men who feel they’re going to harm a loved one or whanau member

161 Pages Road Aranui Christchurch



(0800) 439 276   All services free of charge. https://www.hewakatapu.org.nz/services/0 No referral required. 800-hey-bro

**Immigration New Zealand**

FSD0006147 Last updated 29/01/2021

Immigration New Zealand (INZ) is part of the Ministry of Business, Innovation and Employment.

Immigration New Zealand aims to bring the best people to New Zealand to enhance New Zealand’s social and economic outcomes. We directly support labour market growth by attracting the best people to New Zealand and supporting them into the workforce so they become long-term contributors. We also contribute to key export industries.

The role of Immigration New Zealand includes:

deciding visa applications attracting migrant skills and labour matching migrant skills with employer needs managing border security with regard to the movement of people supporting migrant settlement and retention implementing the Government’s refugee quota programme enforcing compliance with immigration law and policy.

2 Amersham Way Manukau Auckland 2104



(0508) 558 855   To phone from outside of New Zealand +64 9 http://www.immigration.govt.nz 914 4100

You can also send us an online query from the website.

Some charges may apply. No referral required.

**Kidsline**

FSD0003474 Last updated 22/12/2020

Kidsline is a free, nationwide telephone counselling serivce for children up to 18. Our service is free and confidential. Contacting Kidsline is easy. We are available 24/7 - call us on 0800 kidsline.

If you would like to speak with one of our Buddies call the same number between 4pm-9pm weekdays from your home phone or mobile phone.

Remember: It helps to talk.

95 Great South Road Greenlane Auckland City



(0800) 543 754   We are a 24/7 service. Callers can talk to a http://www.kidsline.org.nz trained Kidsline Buddy between 4 - 9pm weekdays.

All services free of charge. Referral may apply.

**LifeLine New Zealand**

FSD0003381 Last updated 12/01/2021

LifeLine is here to listen to the unheard, to empower the caller to retake control of their situation, making callers aware of options rather than offering advice.

(0800) 543 354   24 hours a day, seven days a week.

(Free TXT) 4357 All services free of charge. http://www.lifeline.org.nz No referral required.

**MoneyTalks**

FSD0023449 Last updated 18/01/2021

MoneyTalks is a helpline to provide free financial and budgeting advice to individuals, family and whnau

Level 6 330 Lambton Quay Wellington 6146



help@moneytalks.co.nz  Monday to Friday 8am to 8pm (0800) 345 123  Saturday 9am to 4pm

http://www.moneytalks.co.nz Sunday 10am to 2pm

All services free of charge. No referral required.

**National Collective Of Independent Women's Refuges**

FSD0005514 Last updated 26/01/2021

For support, please ring our Crisis Line: 0800 REFUGE (0800 733 843). In an emergency, please ring 111. Women's Refuges work to raise public awareness of violence against women and children, promoting the prevention and elimination of violence, and the rights of women and children to care and protection.

 Ground Floor 275 Cuba Street Wellington 6141

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| info@refuge.org.nz  (0800) 733 843 (04) 802 5078 http://www.womensrefuge.org.nz    **Classification : FVSS** | 9.00 am - 5.00pm Monday - Friday (09) 8025078  National Office  24/7 Crisis line 0800 733 843 All services free of charge.  No referral required. |

**Nationwide Health & Disability Advocacy Service**

FSD0001042 Last updated 01/02/2021

Free support or guidance with resolving your concerns about a Health or Disability Service.

advocacy@advocacy.org.nz  Monday to Friday or 24 hours via website (0800) 555 050  www.advocacy.org.nz for complaint form or https://www.advocacy.org.nz/ LiveChat messages

All services free of charge. No referral required.

**Oranga Tamariki-Ministry for Children**

FSD0004110 Last updated 10/07/2020

Our social workers work with families to: protect children and young people up to the age of 18 years; manage young offenders up to the age of 18 years; ensure that children in need are cared for; help families maintain and strengthen their child-rearing role.

The Aurora Centre 56 The Terrace Wellington



contact@ot.govt.nz  24/7

(0508) FAMILY  After hours: from 5pm – 8 am Monday to Friday, (0508) 326 459 weekends and public holidays, social workers https://www.orangatamariki.govt.nz/ will only assess emergency situations. But we encourage you to call if you're unsure.

All services free of charge. No referral required.

**OUTLine New Zealand Incorporated**

FSD0003347 Last updated 19/10/2020

OUTLine is a national service that helps LGBTIQ+ New Zealanders (and their friends and whnau) to access support, information and a sense of community. We currently provide a free peer support phone line, a transgender peer support service for trans and non-binary people in Auckland, and specialist face-to-face and video counselling exploring gender and sexuality for LGBTIQ+ people across Aotearoa.

OUTLineNZ (Nationwide), Level 2 31 Hargreaves Street Auckland 1011



info@outline.org.nz  Every Day: 6 pm - 9 pm (messages can be left

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| (0800) 688 5463 / OUTLINE  (09) 281 3409 http://www.outline.org.nz/      **Parent Help Inc.** | outside of these hours) Some charges may apply. Referral may apply. |
| FSD0003082 | Last updated 16/06/2020 |

Supporting parents and families to raise their children in a positive environment in order to prevent child abuse.

We help parents build resilient and positive families/whnau through our free parenting Helpline 0800 568 856, affordable parenting courses and counselling.

Level 4 175 Victoria Street Wellington 6011



info@parenthelp.org.nz  Helpline 0800 568 856 - 9am-9pm, 7 days a

(0800) 568 856  week.

(04) 802 5767

http://www.parenthelp.org.nz For office and counselling service Monday to

Friday, 9am - 5pm

Some charges may apply. No referral required.

**PlunketLine**

FSD0002324 Last updated 19/03/2021

A toll free telephone support service staffed by specially trained Plunket Nurses is available to respond to caregivers' concerns on child health and parenting (0-5 years).

(0800) 933 922   24 hours a day, 7 days a week http://www.plunket.org.nz All services free of charge.

No referral required.

**Problem Gambling Foundation of New Zealand**

FSD0000673 Last updated 01/04/2021

The Problem Gambling Foundation's mission is building healthy communities together, free from gambling harm.

128 Khyber Pass Road Grafton Auckland



help@pgfnz.org.nz  8.30am to 5.00pm phone contact (0800) 664 262  All services free of charge.

(09) 368 1520 No referral required. http://www.pgf.nz

**Rural Support Trust**

FSD0023593 Last updated 13/08/2020

Rural People Helping Rural People

Are times a bit tough? How about talking to someone who really understands the pressures of rural life?

We are local rural people that know from experience that severe weather, finances, relationships, and work pressures can all mount up.

Contact us any time. Call 0800 RURAL HELP - for a confidential chat about you, your business, the weather, your finances; or a neighbour, partner, friend, family member, or worker.

Our support is FREE and private. And if you need more than a chat, we can point you in the right direction.

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| (0800) 787 254 http://rural-support.org.nz      **Safe to talk helpline** | call us anytime.  All services free of charge. No referral required. |
| FSD0023298 | Last updated 20/04/2021 |

A 24/7 freephone helpline service that connects callers to information and/or support services in relation to sexual harm.

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| support@safetotalk.nz  (0800) 044 334 (Free TXT) 4344 http://www.safetotalk.nz    **Classification : SHSS**    **Samaritans** | 24 hours/7 days a week online chats  All services free of charge. No referral required. |
| FSD0004140 | Last updated 07/01/2021 |

A voluntary 24/7 telephone service providing a listening ear to those who need someone to talk to. We offer sympathetic, caring and confidential support to callers who may be experiencing a wide range of mental health issues, including such things as anxiety, loneliness, relationship difficulties, financial problems or suicidal thoughts.

Basement of St Paul's Cathedral 45 Molesworth Street Thorndon Wellington marketing-wellington@samaritans.org.nz  24/7 365 days of the year.



(0800) 726 666  All services free of charge.

(04) 473 9739 No referral required. http://www.samaritans.org.nz

**Seniorline**

FSD0003889 Last updated 05/01/2021

Seniorline is contracted by all NZ DHBs as a telephone information service to assist older people to navigate the health system. Information includes how to get help to stay at home and support services for caregivers. Seniorline also advise on the process for entry to rest home, dementia or hospital care, funding and the services that should be provided.

Ground Floor Building 17 Greenlane Clinical Centre Greenlane Auckland



seniorline@adhb.govt.nz  8.00am - 4.00pm Monday to Friday (0800) 725 463  All services free of charge.

(09) 375 4395 No referral required. http://www.seniorline.org.nz

**Settling into New Zealand - 0508 558 855**

FSD0021008 Last updated 15/02/2021

Are you a new migrant? Do you need help to live, work or settle successfully in New Zealand? Ring the Immigration New Zealand’s contact centre on 0508 558 855 and press ‘2’ or email newmigrantinfo@mbie.govt.nz.

newmigrantinfo@mbie.govt.nz  From overseas or mobile: +64 9 914 4100 (0508) 558 855  All services free of charge. http://www.newzealandnow.govt.nz/ No referral required.

**Shakti Asian Women's Centre**

FSD0007645 Last updated 27/01/2021

This organisation provides a 24-hour national crisis call service (0800 SHAKTI) for ethnic women in domestic violence, drop in centres for women, outreach, case work, advocacy, counselling, legal referral, interpreting, life skills programmes, domestic violence intervention and awareness training for communities and lobbying for legislation change.

3 Cardwell Street Onehunga Auckland



scc@shakti.org.nzDrop In Centre 9am to 4pm

(0800) 742 584 SHAKTI (24 hr crisis) All services free of charge. http://shaktiinternational.org/ No referral required.

**Shine (Safer Homes In New Zealand Everyday)**

FSD0003515 Last updated 18/09/2020

Shine (Safer Homes In New Zealand Everyday) is making homes violence free. Shine offers a free national Helpline, frontline services for adult and child victims of domestic abuse and for men who've used violence, as well as training programmes, the DVFREE workplace programme, and Shine in School programme.

Ground Floor 409 New North Road Kingsland Auckland 1021



enquiries@2shine.org.nz  Helpline (0508 744 633) is answered 9am -

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| (0508) 744 633 (09) 815 4601 http://www.2shine.org.nz | 11pm, 7 days a week . Our office hours are  8.30am - 5.00pm weekdays. Some charges may apply.  Referral may apply. |

**SIDS and Kids New Zealand Incorporated**

FSD0015107 Last updated 30/06/2020

Established to provide services for families and communities who have been affected by SIDS (Cot Death), SIDS New Zealand Incorporated is a national organisation of parents, families and friends of children who have died suddenly and/or unexpectedly of any cause including SIDS.

info@sids.org.nz  24 Hours

(0800) 164 455  All services free of charge. http://www.sidsandkids.org.nz No referral required.

**Skylight Trust**

FSD0003787 Last updated 30/04/2021

Skylight supports children, young people, adults, and families/whnau who are facing any kind of tough life situation. We specialise in providing counselling support services and information around grief, loss and trauma. We aim to provide the right help, at the right time, in the right way.

 Level 3 5-7 Vivian Street Te Aro Wellington 6011

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| info@skylight.org.nz  (0800) 299 100 (04) 939 6767 http://www.skylight.org.nz      **Student Rights Service** | Monday - Friday 8.30am - 5pm. Messages can be left on the answerphone.  Some charges may apply. No referral required. |
| FSD0002323 | Last updated 27/07/2020 |

We provide parents and caregivers with knowledge about their own and their children's legal rights and obligations within the state and integrated school system.

PO Box 24005 Wellington 6142



info@wclc.org.nz  Available Monday to Friday with caller asked to

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| (0800) 499 488 (04) 499 2928 http://www.studentrights.nz | leave a message and they will be contacted.  All services free of charge.  No referral required. |

**Suicide Crisis Helpline, 0508 TAUTOKO**

FSD0021157 Last updated 14/09/2020

0508 TAUTOKO is Lifeline Aotearoa's suicide crisis helpline. Operated by highly trained and experienced telephone counsellors who have undergone advanced suicide prevention training, 0508 TAUTOKO is a free, nationwide service available 12 noon until 12 midnight, 7 days a week for those in distress, or for those who may be concerned about the wellbeing of family, whanau or friends.

info@lifeline.org.nz  Free, nationwide service available 24 hours, 7

(0508) 82 88 65  days a week

(0508) TAUTOKO All services free of charge. https://www.lifeline.org.nz/services/suicide No referral required. -crisis-helpline

**Utilities Disputes Ltd**

FSD0023339 Last updated 22/01/2021

Utilities Disputes offers a free service for resolving complaints about electricity, gas, and water, and disputes about access to shared property for fibre installations.

Freepost 192682 PO Box 5785 Wellington 6140



info@utilitiesdisputes.co.nz  8.30 am - 5.00 pm Weekdays or leave a

(0800) 22 33 40  voicemail

http://www.utilitiesdisputes.co.nz/ All services free of charge. No referral required.

**Victim Support**

FSD0002001 Last updated 02/02/2021

Victim support provides information, support and assistance to victims, witnesses, their families and friends. Victim Support also promotes victims' rights through raising public awareness and recognition of the effects of crime.

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| --- | --- |
| nationaloffice@victimsupport.org.nz  (0800) 842 846 (04) 474 8862 http://www.victimsupport.org.nz | The Victim Support Service is available 24 hours, 7 days a week.  All services free of charge.  No referral required. |

**Victims of Crime Information Line**

FSD0015207 Last updated 26/01/2021

A national free phone line that provides information for people affected by crime about their rights and what support services are available.

19 Aitken Street Wellington



victimscentre@justice.govt.nz  Call 24/7

(0800) 650 654 

(0800) 842 846 Victims Information Line - 0800 650 654

http://www.victimsinfo.govt.nz Victim support 0800 VICTIM (842 846)

All services free of charge. No referral required.

**Warmlines (select to access regional helpline numbers)**

FSD0023002 Last updated 03/07/2020

National helpline supporting people accessing Mental Health Services that is delivered under regional coverage by three organisations.

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| (0800) Regional numbers https://www.mentalhealth.org.nz/gethelp/in-crisis/helplines/      **What's Up (0800 WHAT'S UP)** | South Island 03 379 8415/0800 899 276 (1pm to midnight, 7 nights)  Wellington 0800 200 207 (7pm–1am, Tuesday to  Sunday)  Auckland Central 0508 927 654 or 0508 WARMLINE (8pm to midnight, 7 nights) All services free of charge. No referral required. |
| FSD0015942 | Last updated 09/07/2020 |

What's Up is a free, national telephone counselling service for New Zealanders aged 5 to 18 years. The service operates seven days a week and is open Monday to Friday 12.00pm-11.00pm Saturday and Sunday 3pm -11pm. Online chat is open 3pm-10pm every day. Paid, fully trained and closely supervised professional counsellors answer the telephones.

Barnardos WhatsUp PO Box 24153 Royal OAk Auckland 1345



info@whatsup.co.nz  The helpline is available between 12pm and

|  |  |
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| (0800) 942 87 87 (0800) WHATSUP  http://www.whatsup.co.nz      **Youthline** | 11pm Mon - Fri, 3pm - 11pm Sat - Sun open everyday of the year. Online chat 3.00pm -  10.00pm  WhatsUp is unable to offer counselling by email.  All services free of charge. No referral required. |
| FSD0006531 | Last updated 18/02/2021 |

Youthline offers access to a wide range of youth development and support services.

Youthline is at the forefront in developing and providing youth and family services and we offer and can link young people to a comprehensive range of clinical services.

Youthline House 13 Maidstone Street Ponsonby Auckland 1021



supportcentre@youthline.co.nz  Office open Monday to Friday 9am-5pm. Youth

|  |  |
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| (0800) 37 66 33 (09) 376 6645 http://www.youthline.co.nz | Help Line 24 hours a day, 7 days a week.  Free TXT 234  Some charges may apply.  No referral required. |